

**Synthetic Medical Report: Priya Desai – Year: 2024**

Patient ID: PD-3142

Date of Birth: November 3, 1990

Prepared by: Dr. Laura Finch, Rheumatologist

**Patient Overview**

Diagnoses:

- Rheumatoid Arthritis (RA), seropositive
- Vitamin D deficiency (improving trend)

Medications:

- Methotrexate 15 mg weekly
- Folic Acid 1 mg daily
- Vitamin D3 4000 IU daily (increased dose)
- Occasional Ibuprofen PRN

Lifestyle:

- Reports improved flexibility with consistent yoga (3x/week)
- Increased awareness of ergonomic practices at work
- Maintains Mediterranean diet

Family History:

- Mother: Osteoarthritis
- No autoimmune conditions reported in extended family

**Encounter Note – June 20, 2024**

Chief Complaint:

- Routine RA monitoring
- Patient reports good control with mild morning stiffness (<15 min)

Objective Findings:

- Vital Signs: BP 114/72 mmHg, HR 70 bpm, afebrile
- Musculoskeletal Exam: No joint swelling; mild tenderness in MCP joints
- No evidence of deformities or synovitis
- Skin and nail exam unremarkable

**Diagnostic Results – June 15, 2024**

Test	Result	Reference Range
ESR	14 mm/hr	< 20 mm/hr (female)
CRP	2.8 mg/L	< 5.0 mg/L
Rheumatoid Factor	Positive	Negative
Anti-CCP Antibodies	High-positive	Negative to low
Vitamin D (25-OH)	32 ng/mL	30–100 ng/mL

CBC	Normal	Normal
ALT/AST	Normal	Normal