

## Synthetic Medical Report: Priya Desai – Year: 2023

Patient ID: PD-3142

Date of Birth: November 3, 1990

Prepared by: Dr. Laura Finch, Rheumatologist

### Patient Overview

Diagnoses:

- Rheumatoid Arthritis (RA), seropositive (diagnosed 2019)
- Vitamin D deficiency

Medications:

- Methotrexate 15 mg weekly (oral)
- Folic Acid 1 mg daily
- Vitamin D3 2000 IU daily
- Occasional NSAID use (Ibuprofen PRN for flares)

Lifestyle:

- Office-based job with regular sitting; does yoga twice weekly
- Non-smoker, drinks wine occasionally
- Reports moderate stress levels; adheres to medication

Family History:

- Mother with osteoarthritis
- No family history of autoimmune disease

### Encounter Note – May 17, 2023

Chief Complaint:

- Intermittent joint stiffness and mild morning pain in wrists and knees
- No major flare in the past 4 months

Objective Findings:

- Vital Signs: BP 116/70 mmHg, HR 74 bpm, afebrile
- Joints: Mild tenderness in bilateral wrists, no significant swelling
- Gait: Normal
- Skin: No rashes or nodules

### Diagnostic Results – May 14, 2023

Test	Result	Reference Range
ESR	18 mm/hr	< 20 mm/hr (female)
CRP	4.1 mg/L	< 5.0 mg/L
Rheumatoid Factor	Positive	Negative
Anti-CCP Antibodies	High-positive	Negative to low
Vitamin D (25-OH)	24 ng/mL	30–100 ng/mL

CBC	WNL	WNL
ALT/AST	WNL	WNL