

**Synthetic Medical Report: Priya Desai – Year: 2025**

Patient ID: PD-3142

Date of Birth: November 3, 1990

Prepared by: Dr. Laura Finch, Rheumatologist

**Patient Overview**

Diagnoses:

- Rheumatoid Arthritis (RA), seropositive (diagnosed 2019)
- Resolved Vitamin D deficiency

Current Medications:

- Methotrexate 15 mg weekly (stable dose)
- Folic Acid 1 mg daily
- Vitamin D3 2000 IU/day (maintenance dose)

Lifestyle:

- Yoga and light weight training 3–4 times/week
- Uses ergonomic mouse and wrist splints at work
- Reports low stress and good medication adherence

Family History:

- No change; maternal osteoarthritis only

**Encounter Note – February 26, 2025**

Chief Complaint:

- Routine follow-up with no flares or new symptoms
- Patient reports improved flexibility and zero morning stiffness

Objective Findings:

- Vital Signs: BP 110/68 mmHg, HR 68 bpm, afebrile
- Musculoskeletal Exam: No joint swelling, tenderness, or limitation
- No signs of joint damage or systemic involvement

**Diagnostic Results – February 22, 2025**

Test	Result	Reference Range
ESR	11 mm/hr	< 20 mm/hr (female)
CRP	1.9 mg/L	< 5.0 mg/L
Rheumatoid Factor	Positive	Negative
Anti-CCP Antibodies	High-positive	Negative to low
Vitamin D (25-OH)	36 ng/mL	30–100 ng/mL

CBC	Within normal limits	—
ALT/AST	Within normal limits	—