```java
1 package PrintNumber1to10;
2
3 class printNumbers extends Thread
4 {
5     public void run()
6     {
7         for(int x=1; x<=10; x++)
8         {
9             System.out.print(" " + x);
10        }
11        for(int x=1; x<=10; x++)
12        {
13            try
14            {
15                System.out.println(" " + x);
16                Thread.sleep(1000);
17            }
18            catch(InterruptedException e)
19            {
20
21            }
22        }
23    }
24 }
25
26 public class CallNumbers {
27
28     public static void main(String args[])
29     {
30         printNumbers pn = new printNumbers();
31         pn.start();
32     }
33
34 }
35
```