```java
1 package ForLoop;
2
3 public class Loop {
4
5     public static void main(String args[])
6     {
7         int x,y;
8
9         for(x=10; x>=1; x--)
10        {
11            System.out.println("Value of x is: " + x);
12        }
13
14        System.out.println("\n");
15
16        for(y=1; y<=10; y++)
17        {
18            System.out.println("The value of y is: " + y);
19        }
20    }
21
22 }
23
```