

# D4 Data and Ethics

Autumn 2022 – Lecture 2 - Part IV

Focus: Information security & cybersecurity | Author: Prof. Dr. Petra Maria Aspiron | FHNW



# Follow the white rabbit .....

The white rabbit and the metaphors referring to it stand for the fact that people start to investigate small doubts and discover a gigantic conspiracy.

Back in the 1980s computer programmers would sometimes leave a 'back door' in their code so if it got screwed up when they installed it at a business, they could get back in. These back doors were sometimes referred to as 'white rabbits'. There is quite a famous reference to the practice in Jurassic Park (the book, not the movie).

On December 14, 2021, the Lodestone Forensic Investigations team responded to a client whose environment was affected by what appeared to be a new strain of ransomware: White Rabbit. Lodestone identified via open-source intelligence (OSINT) that White Rabbit was first publicly disclosed on Twitter on the same date by security researcher Michael Gillespie <https://lodestone.com/insight/white-rabbit-ransomware-and-the-f5-backdoor>).



If you have time, follow the "White Rabbit" phenomenon ... You will come across many interesting stories and also movies, etc. and last but not least ransomware , job offers, etc..

Part I -- Intro: data & more → SD1

Part II -- From yesterday until today → SD2

Part III -- Organization Layer: Be informed! → SD3

Part IV -- Organization Layer: Be prepared -- GRCM → SD4

Coaching Session #2 → SD5

→ SD = Slide Deck

**GRC Today ---**

# **Governance, Risk Management and Compliance -- GRC**

**is the basis for a company to  
operate efficiently and sustainably!**

## Today --

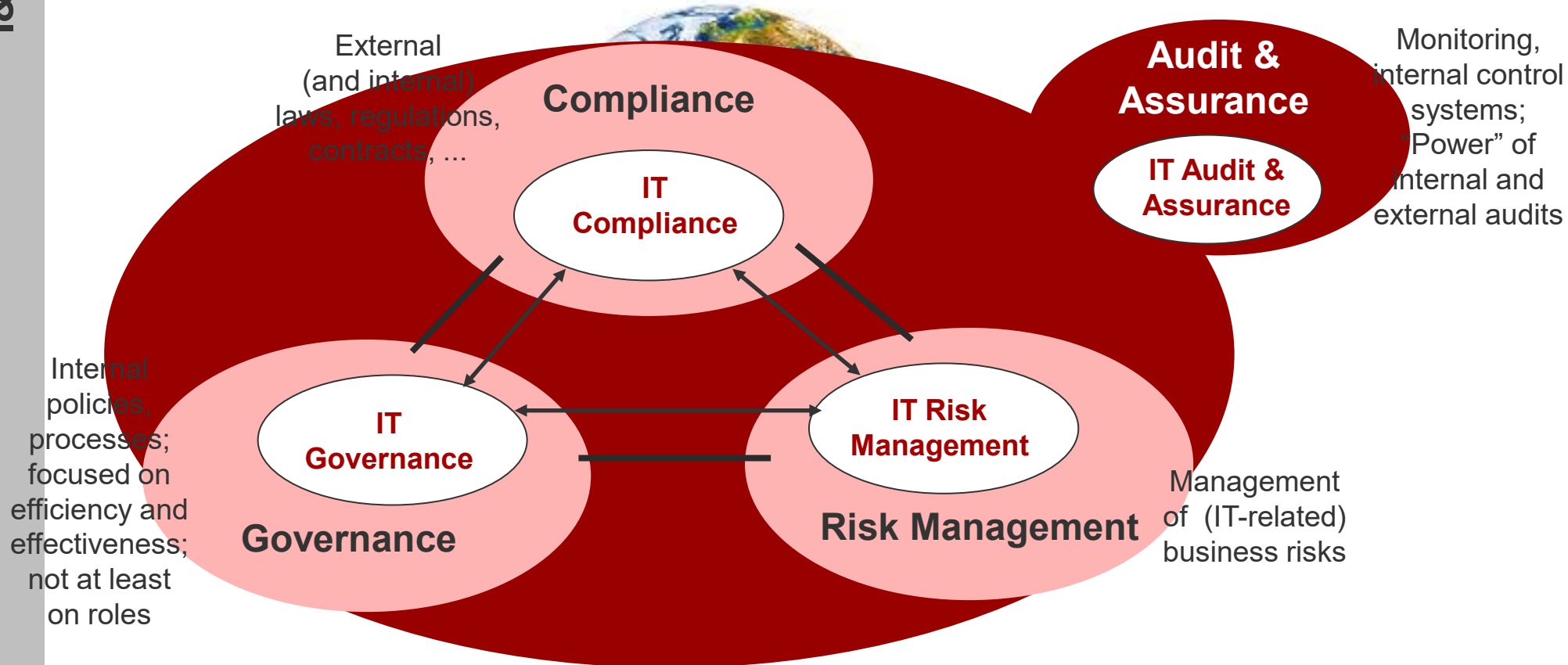
Government policies, stagnating R&D funding levels, laws and regulations which are constantly changing around the globe, these continue to affect how life sciences organizations operate.

**GRC Management (GRCM) helps to  
be **Compliant**  
with relevant requirements and  
supports Risk Management**

A short statement to explain GRCM ...

# Governance, Risks, Compliance Management

## -- it's all related with each other ...



Klotz, 2009, p. 11 (adapted)

# Let's start with Compliance

in Life Sciences ...

# What is Compliance? In Short --



**Conforming to a rule** (law, regulation, policy, standard, directive..).  
Companies work to be compliant with relevant rules.



To ensure high product **quality** and **services**  
To ensure ethical behavior  
To ensure patient **safety**



Doing business  
Business integrity  
Build **trust** & **reputation**

© Schmiedeberger, 2021

## And for Life Sciences?



# What is Compliance for Life Sciences? FDA --

FDA prioritizes **the safety of all staff**, as well as **compliance with applicable laws and regulations** including, but not limited to **laboratory safety**, **use of animals**, **the environment**, **human subjects**, and **select agents and toxins**.

To ensure compliance with safety and other regulatory requirements, **staff complete trainings on a regular basis relevant to their work duties or potential exposure to workplace hazards**.

In addition, FDA promotes laboratory quality and adherence to quality elements among FDA researchers and regulatory personnel to achieve robust and reproducible findings. FDA researchers are encouraged to publish original research findings in scientifically accepted, peer-reviewed scientific journals after appropriate review and clearance. Quality programs are imperative to ensure the highest scientific rigor that leads to data-based decisions.



Picture FDA <https://www.fda.gov/science-research/focus-areas-regulatory-science-report/safety-and-compliance>

<https://www.fda.gov/science-research/focus-areas-regulatory-science-report/safety-and-compliance>

# The focussed Industry ...

## Pharma

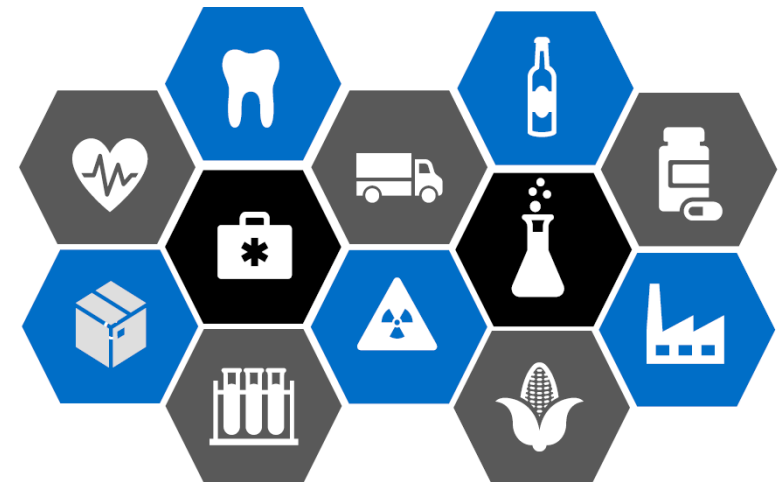
Prescription, Biotech, Generics, OTC/Consumer  
Supplier, Provider  
Provider  
Logistics

## Medtech

Manufacturer  
In-vitro Diagnostic Manufacturer  
Supplier, Provider  
Software manufacturer

## Healthcare

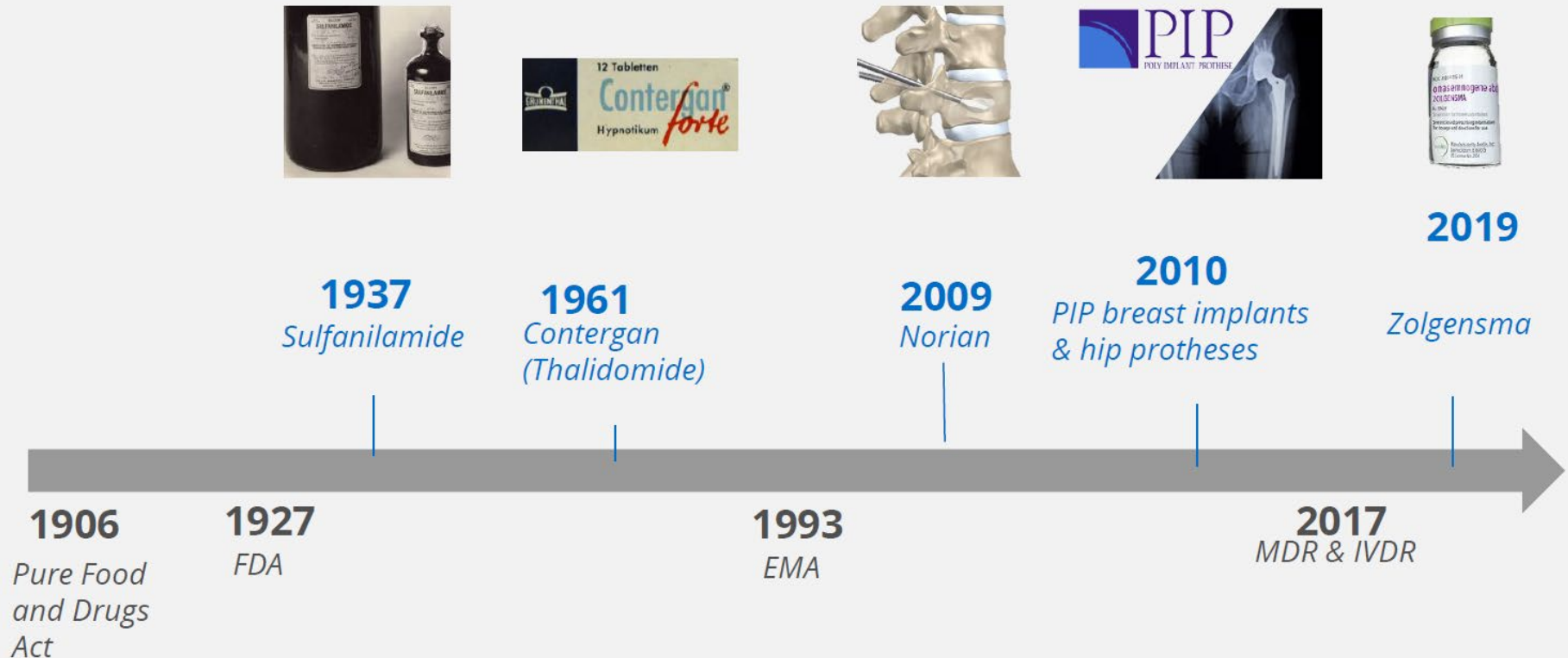
Hospitals  
Pharmacies  
Medics  
Insurance



© Schmiedeberger, 2021

# Why is Compliance in Life Science important?

© Schmiedeberger, 2021



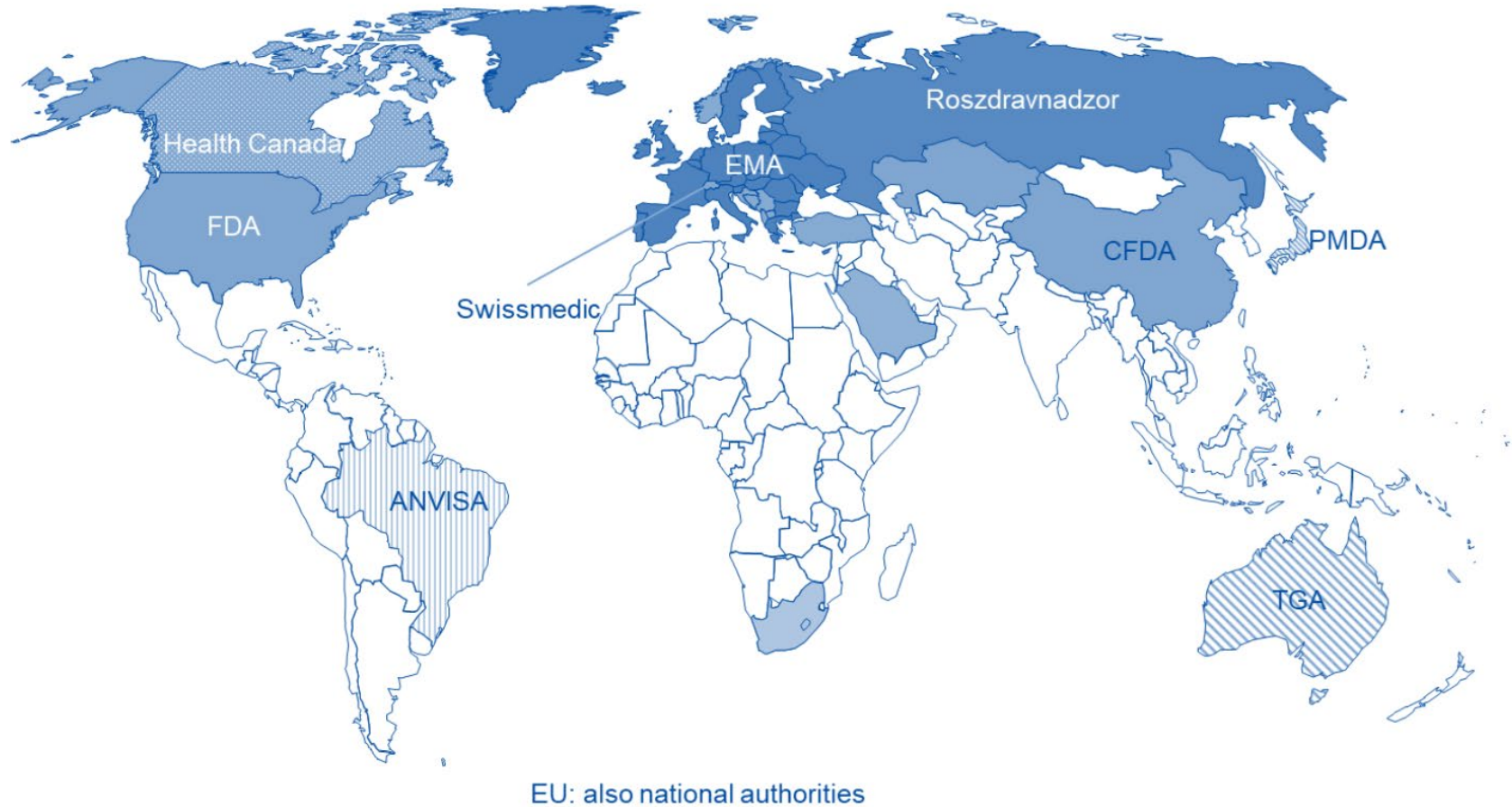
2019: Zolgensma (Novartis) <https://www.pharmaceutical-technology.com/analysis/manipulated-data-novartis-zolgensma/>

2010: PIP scandal <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3676226/>

1961: Contergan <https://www.autentic.com/63/pid/8/Behind-Closed-Doors:-The-Contergan-Scandal.htm>

1937: <https://www.fda.gov/files/about%20fda/published/The-Sulfanilamide-Disaster.pdf>

# Global/National Regulatory Authorities



# Authorities and International Organisations



## International Organisations

### Pharmaceutical Inspection Convention Scheme – PIC/S

International association of 46 GMP-monitoring institutions. Goal: Development, Implementation and fostering of GMP Standards & Quality System.

### International Medical Device Regulators Forum (IMDRF)

International forum of medical device regulation

### International Society for Pharmaceutical Engineering (ISPE)

ISPE as international operating agency that represents the interests of Pharmacoepidemiology and Pharmacovigilance.

### Council for Harmonisation

International Council for Harmonisation of Technical Requirements for Pharmaceuticals for Human Use (ICH) is responsible for the harmonization of human pharmaceuticals as basis for the pharmaceutical admission in Europe, the USA and Japan.



## Authorities

### Food & Drug Administration (FDA)

U. S. Food and Drug Administration monitors food and pharmaceuticals in the USA

### Federal Institute for Drugs and Medical Devices (BfArM)

BfArM is an agency under the Federal Ministry for Health in Germany

### European Medicines Agency (EMA)

The European pharmaceutical agency, responsible for the testing and monitoring pharmaceuticals

### Medicines & Healthcare Products Regulatory Agency (MHRA)

MHRA is the monitoring and admission authority of medicines in the UK

### Swissmedic

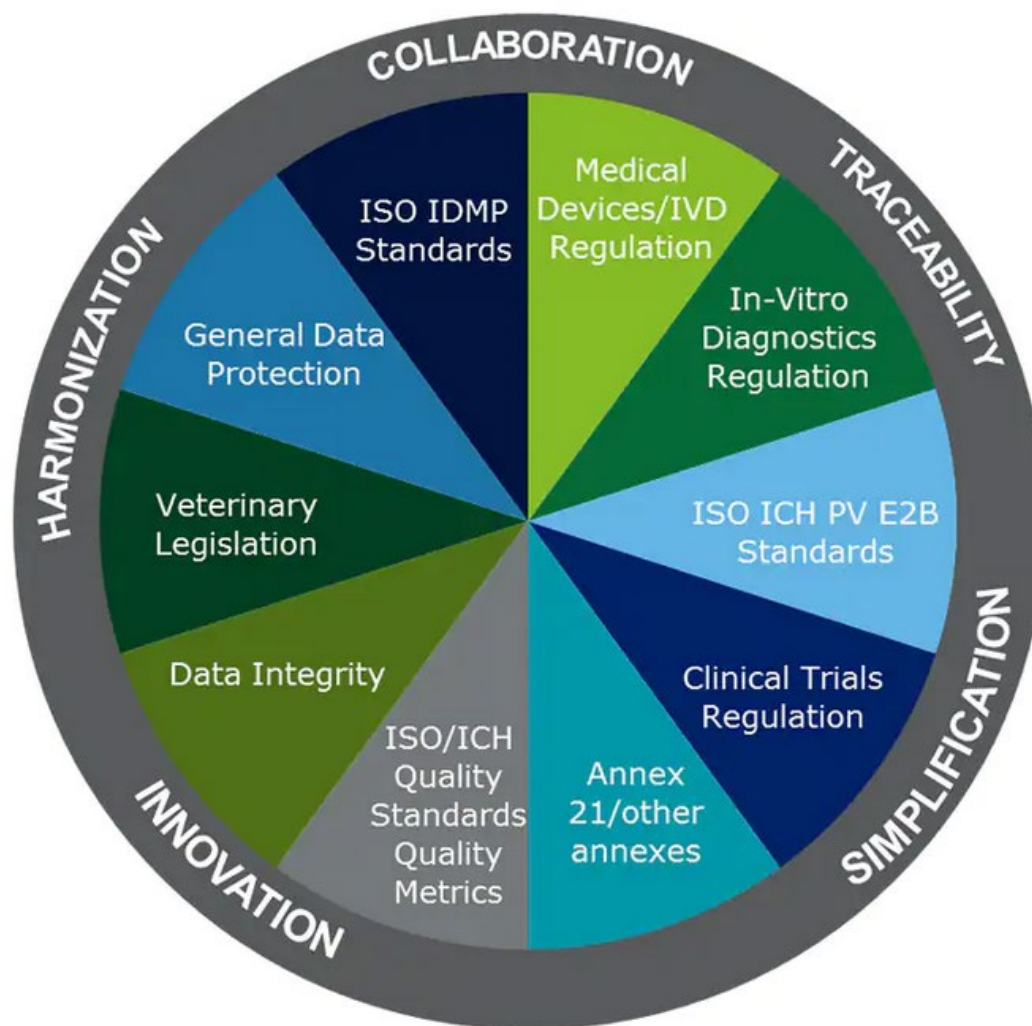
Swissmedic is the Swiss admission and control authority for medication.

### World Health Organization (WHO)

Coordinating authority of the United States for the international public healthcare.



# Overview of EU regulatory changes



*“Recent and ongoing European regulatory changes will impact every pharmaceutical, biotechnology or medical technology (medtech) company that currently sells or sponsors products in the European Union (EU). Companies can be well-equipped by taking a proactive approach to tracking and monitoring the regulatory developments and understanding their independent and combined impact on the business.” (Deloitte, 2022)*

Source: Deloitte (2022) <https://www2.deloitte.com/global/en/pages/life-sciences-and-healthcare/articles/eu-regulatory-changes-impact-global-life-sciences-industry.html>

# Examples of regulated Products ...

Over the counter



some herbal products



Prescription drugs



Vaccines



Personalized medicine



Medtech



Combination products

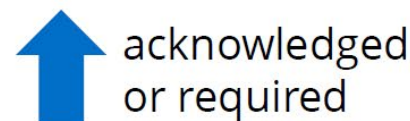


Note: The FDA is responsible for protecting public health by regulating **human drugs and biological products, animal drugs, medical devices, tobacco products, food (including animal food), cosmetics, and electronic products that emit radiation**

Have a Look: <https://www.fda.gov/industry/import-program-food-and-drug-administration-fda/importing-fda-regulated-products>

# Regulations, Guidelines & Procedures

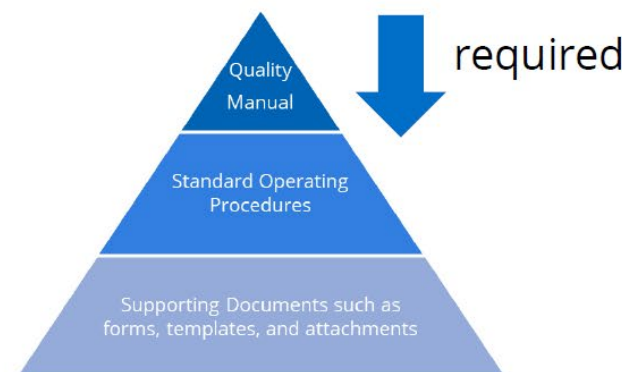
Regulations



Guidelines (GxP)

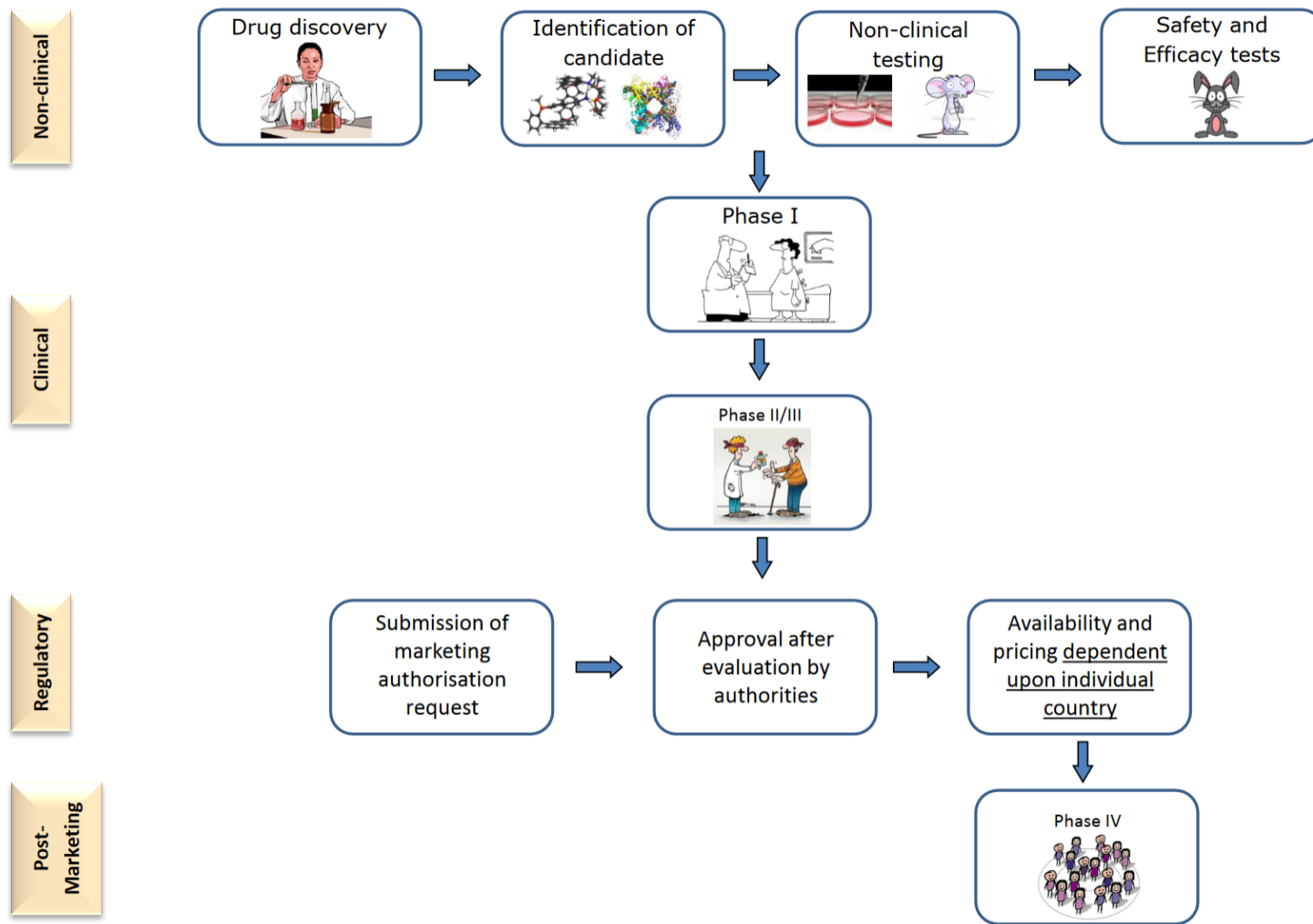


Companies  
Procedures



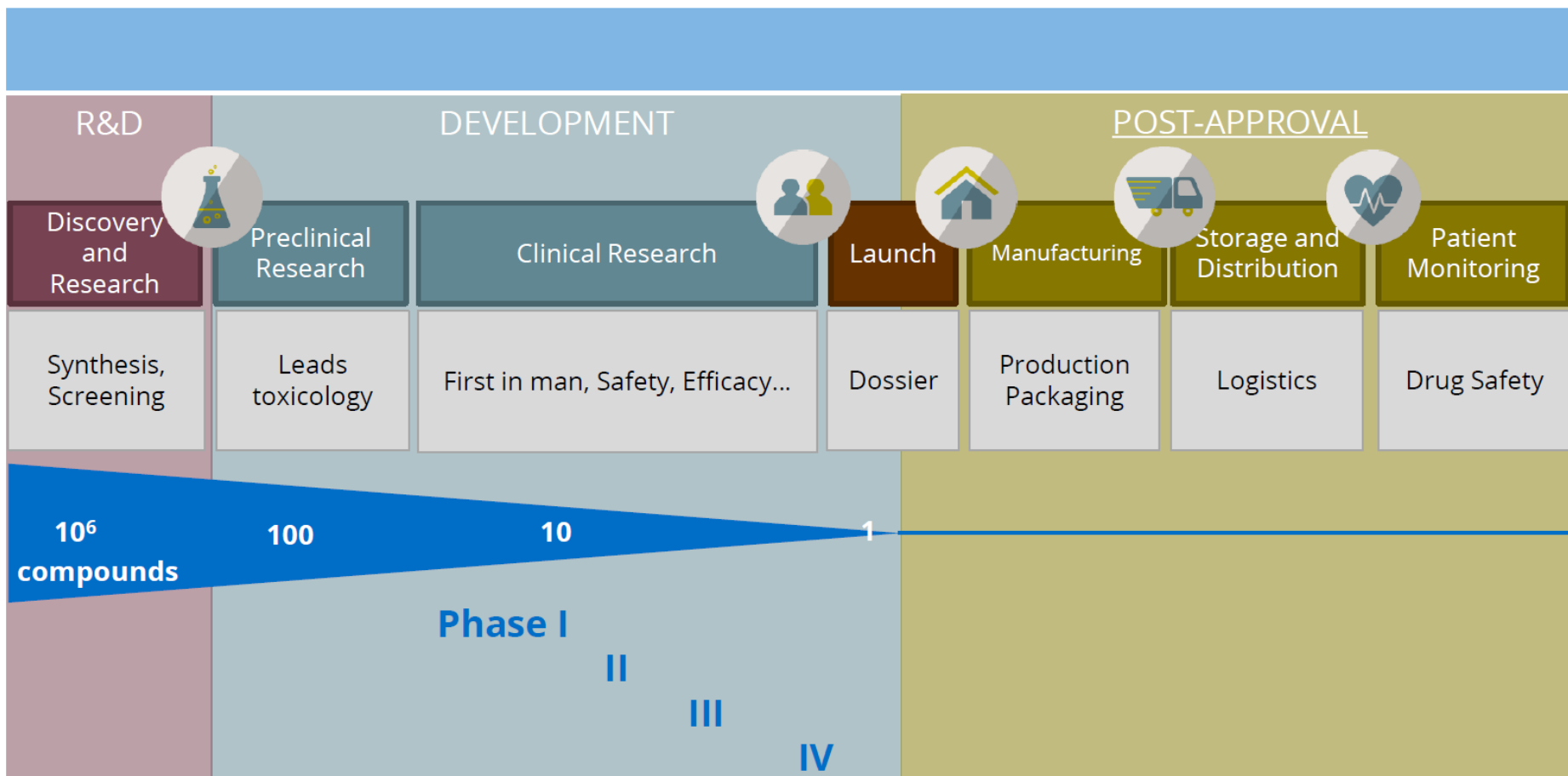


# Overview of medicines development



Source: EMA (2022) „How are medicines evaluated at the EMA” [https://www.ema.europa.eu/en/documents/presentation/presentation-how-are-medicines-evaluated-ema-nathalie-bere\\_en.pdf](https://www.ema.europa.eu/en/documents/presentation/presentation-how-are-medicines-evaluated-ema-nathalie-bere_en.pdf)

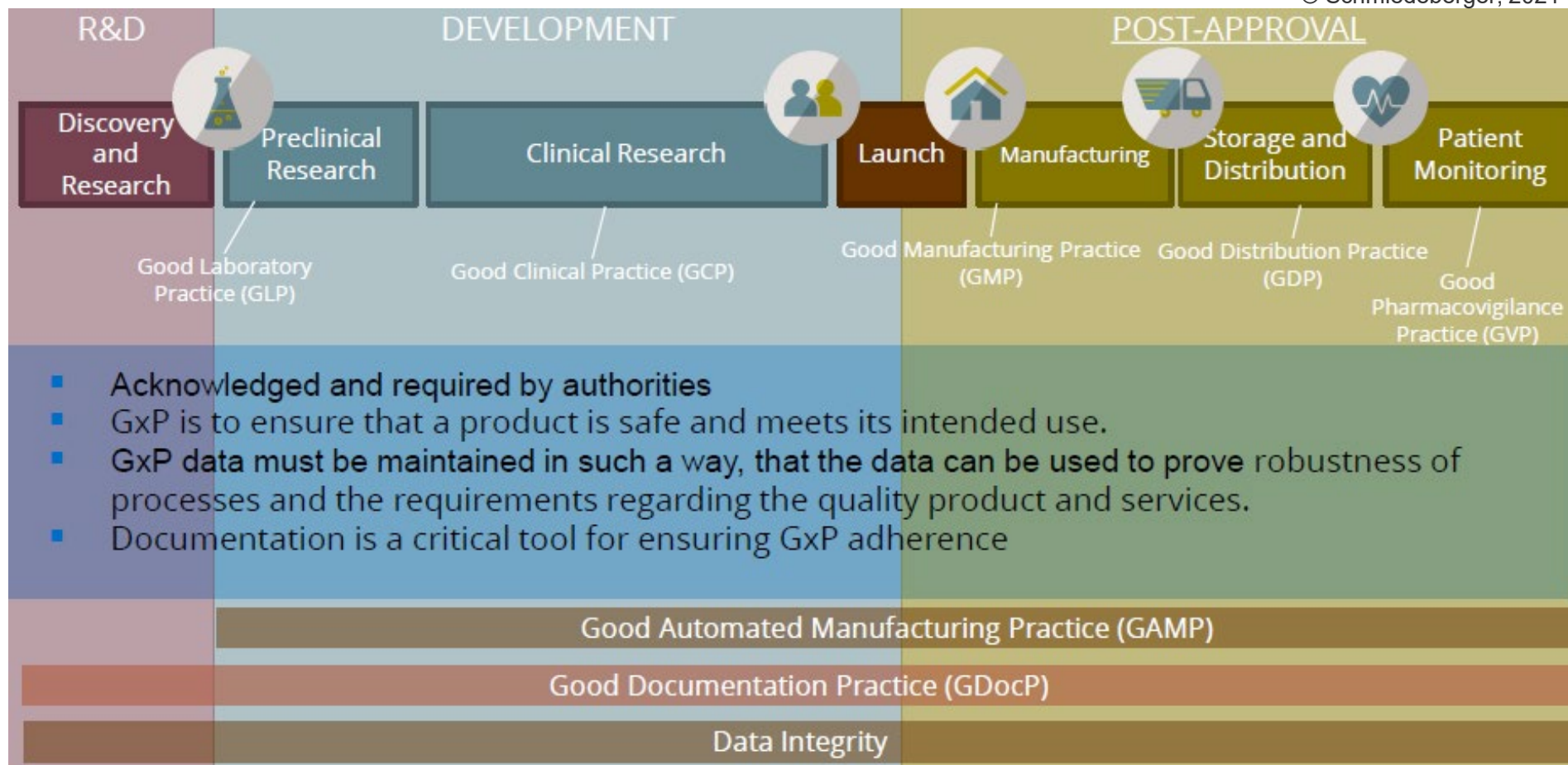
# The regulated lifecycle of a medicine – an overview



© Schmiedeberger, 2021

# GxP\* – An established standardized good practices

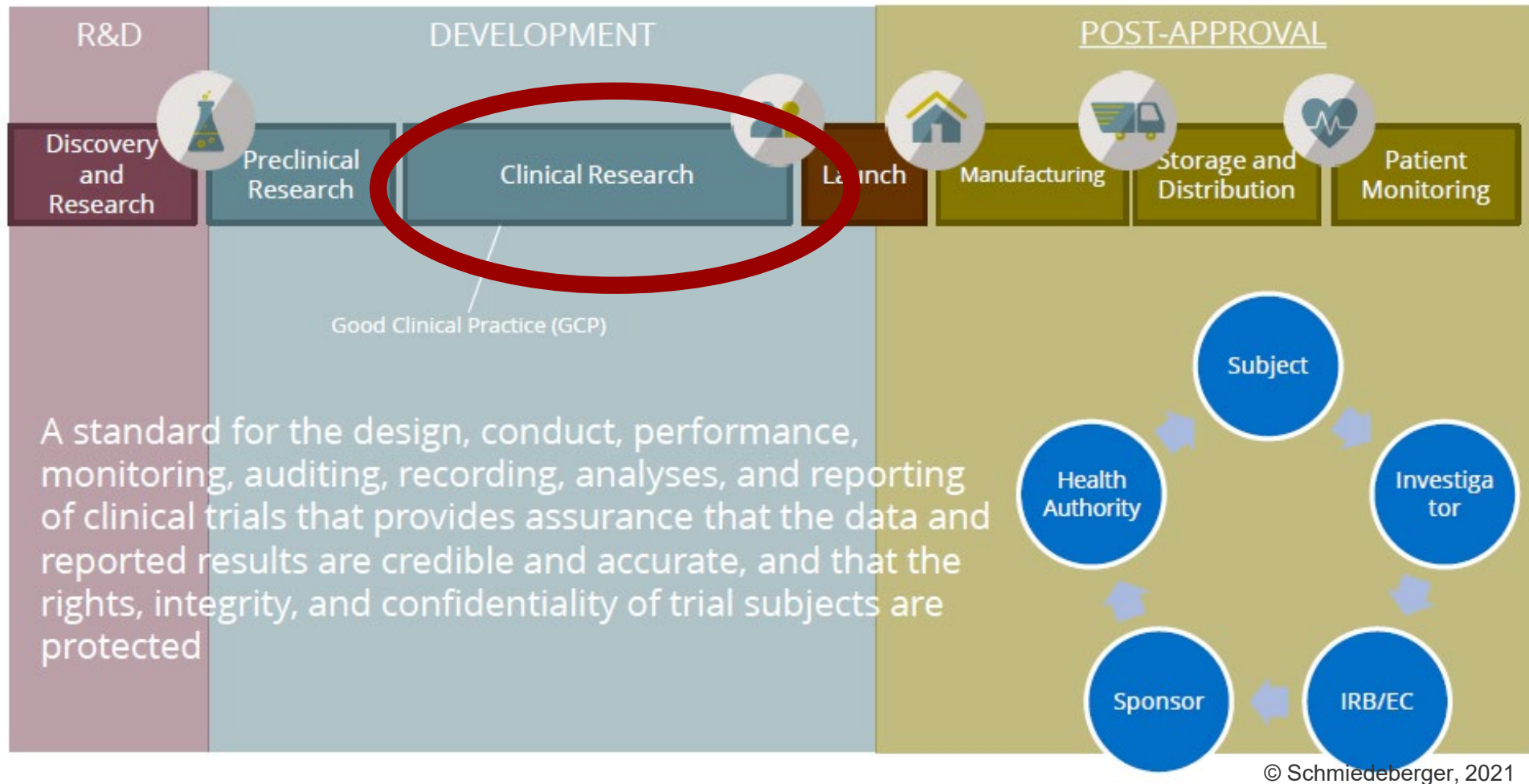
© Schmiedeberger, 2021



\* GxP -- is a general abbreviation for the "good practice" quality guidelines and regulations. The "x" stands for the various fields, including the pharmaceutical and food industries, for example good agricultural practice, or GAP.


In the pharmaceutical industry, the 'x' denotes the following areas: Manufacturing, Distribution, Laboratory, Clinical facilities related, and Documentation

# Example I: Good Clinical Practices (GCP)



Have a Look: <https://www.ema.europa.eu/en/ich-e6-r2-good-clinical-practice>

# Good Clinical Practices – Why is the protection of the study participants extremely important?

	1947	Nuremberg Code
	1964	Declaration of Helsinki
	1990	International Committee for Harmonization (ICH)
	1992	WHO GCP

\* see details  
next page

\*

# International Committee for Harmonization (ICH)



## Four main focus Areas

Pharmaceutical Quality System

Electronic submission standards  
(ESTRI, eCTD)

Medical Dictionary for Regulatory  
Activities (MedDRA)

Updated regularly

Quality

■ 54 guidelines

Safety

■ 20 guidelines

Efficacy

■ 37 guidelines

Multidisciplinary

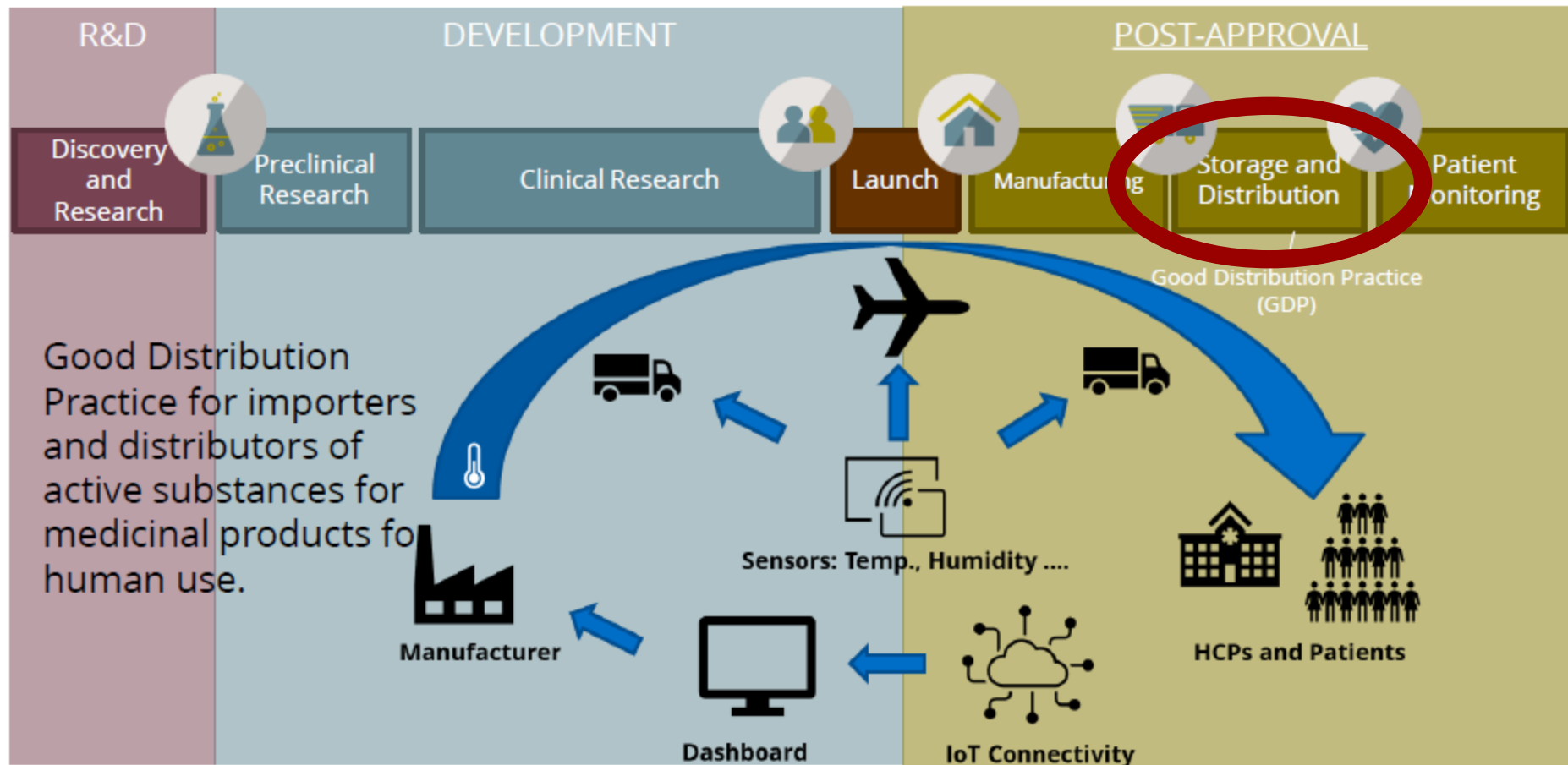
■ 25 guidelines

Source: <https://www.ich.org/>

Habe a look on the guidelines overview: <https://www.ich.org/page/ich-guidelines>



## Example II: Good Distribution Practice (GDP)



© Schmiedeberger, 2021

Have a look: <https://www.ema.europa.eu/en/human-regulatory/post-authorisation/compliance/good-distribution-practice>

# Distribution Risks: Falsified, illegal and stolen medicines

## Definition?

medicine which is deliberately and fraudulently mislabeled with respect to identity and/or source WHO

## Facts?

Falsified medicines industry much bigger than illicit drug trade combined

No active pharmaceutical ingredient

Wrong pharmaceutical ingredient

Wrong doses of correct ingredient

Harmful chemicals

with fake packaging

## Impacts?

Harmful to patients

Side effects

Serious health issues

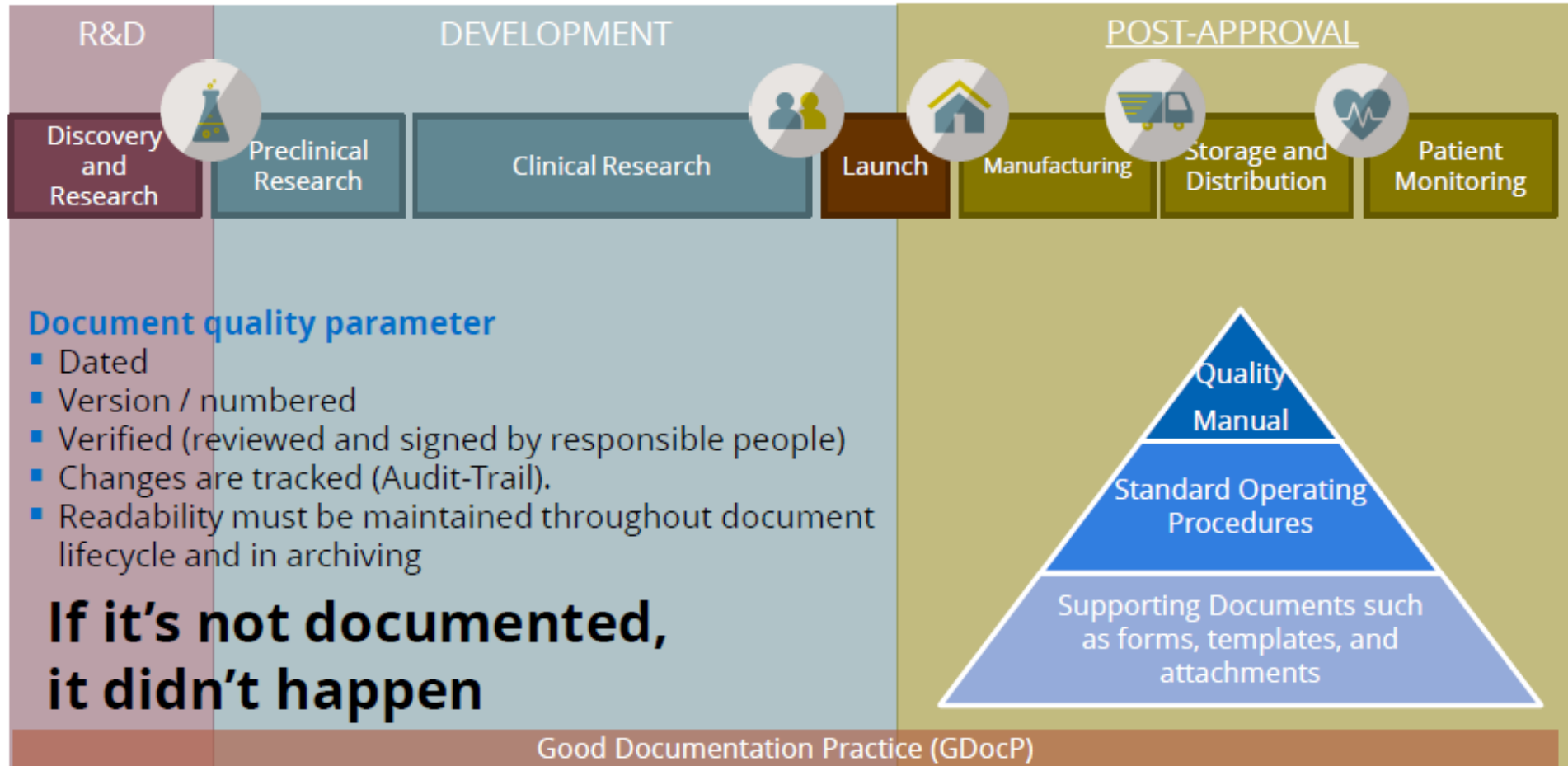
Building of disease resistance (e.g., malaria, HIV)



Have a Look: <https://www.ema.europa.eu/en/human-regulatory/overview/public-health-threats/falsified-medicines-overview>



# Example III: Good Documentation Practice (GDocP)

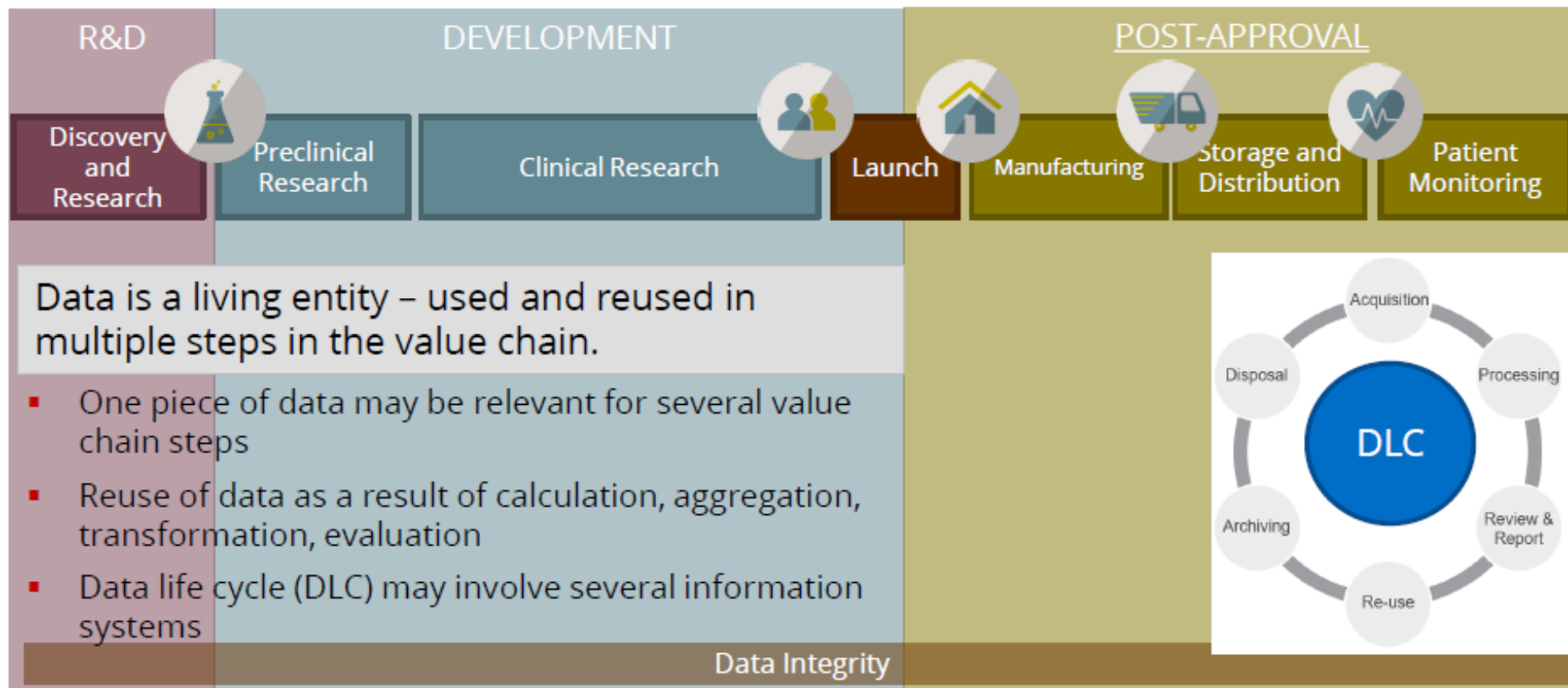


© Schmiedeberger, 2021

Have a Look: <https://www.ema.europa.eu/en/human-regulatory/research-development/compliance/good-manufacturing-practice/guidance-good-manufacturing-practice-good-distribution-practice-questions-answers>

# GDocP requires: Data Integrity

Generating, transforming, maintaining and assuring the **accuracy**, **completeness** and **consistency** of data over its entire life cycle in compliance with applicable regulations.



© Schmiedeberger, 2021

Have a Look: <https://www.chromatographyonline.com/view/data-integrity-focus-part-viii-what-good-documentation-practice-gdocp>

# Examples of data integrity problems



## Technology

**Inadequate or misconfigured IT systems**

**Missing functionality in infrastructure and applications**

**Weak technical security controls**



## Organization & Personnel

- Inadequate business processes
- Weak organizational security controls
- Time pressure on workforce
- Inadequate incentive systems, fear to fail
- Lack of understanding GxP regulations
- Lack of training on IT systems and business processes



# Conclusion.

## Why should you care about data integrity?

The **regulators care** about data integrity

- Increasing amount of findings in audits/inspections
- Release of guides on data integrity (FDA, MHRA, WHO, PIC/S)
- Sanctions (Recall, Import ban, ...)

Integrity facilitates **evidence-based** business decision making

Good data management practice is a good foundation to manage **data-centered** business requirements such as digital transformation and implementation of data privacy (e.g. GDPR)

Revelation of data integrity problems has **reputational impacts** on business

Ensuring data integrity **reduces** data ownership costs through the data lifecycle

**Integrity is the foundation of business excellence and patient safety. Integrity builds trust.**

# Computerized System Validation

Computer system validation (CSV) is a documented process that is required by regulatory agencies around the world to verify that a computerized system does exactly what it is designed to do in a consistent and reproducible manner. ([https://www.complianceonline.com/dictionary/computer\\_system\\_validation.html](https://www.complianceonline.com/dictionary/computer_system_validation.html)).

## What is a Computerized System?

**A system that includes software, hardware, application software, operating system software, supporting documentation, e.g. automated laboratory systems, control systems, manufacturing, clinical, or compliance monitoring database systems, etc.**

Source. <https://www.igi-global.com/dictionary/practical-approach-computerized-system-validation/5177>

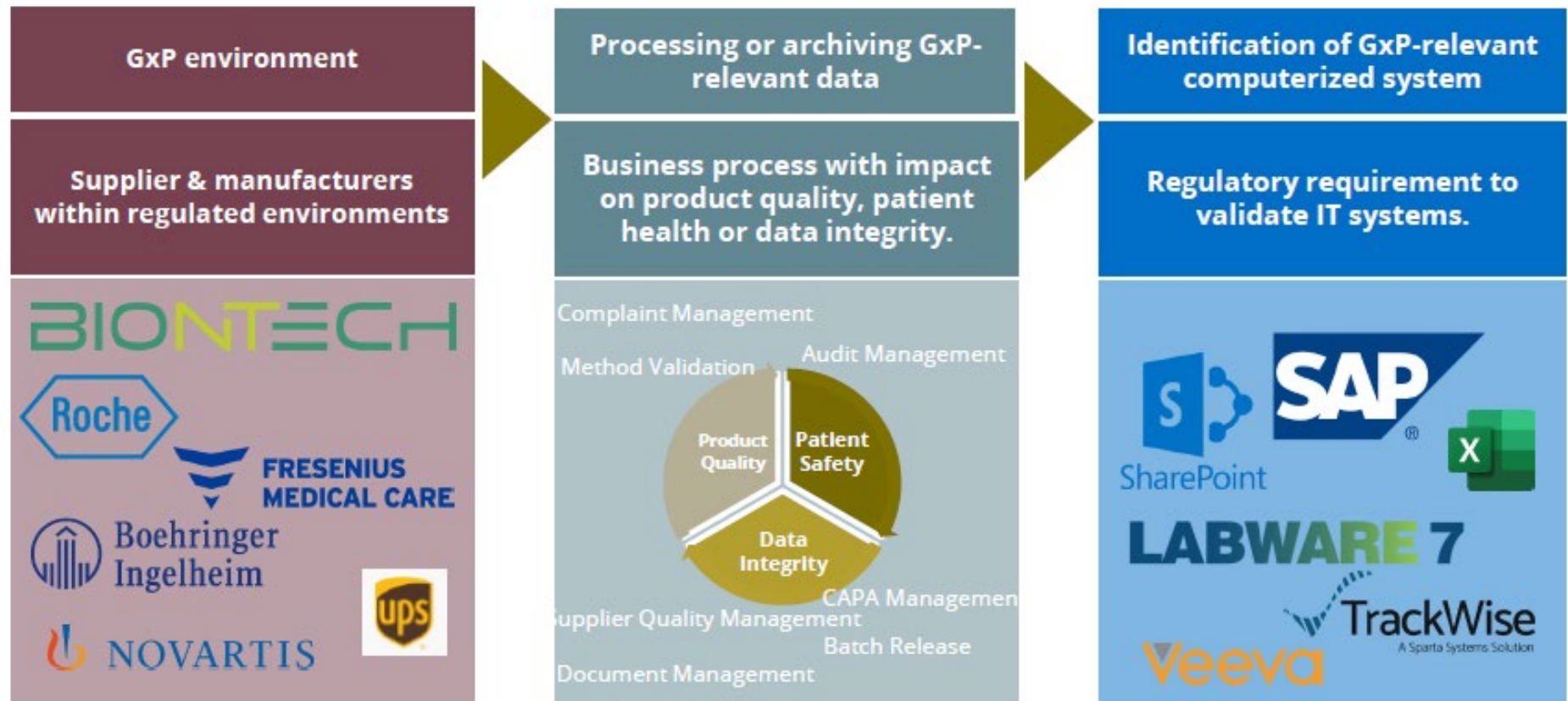
## What is Validation?

**Establishing documented evidence** which provides a **high degree of assurance** that a specific process will **consistently** produce a product -- **meeting** its **pre-determined specifications** and **quality attributes!**

Source. <https://www.igi-global.com/dictionary/practical-approach-computerized-system-validation/5177>



# When & Why is Computerized System Validation needed?

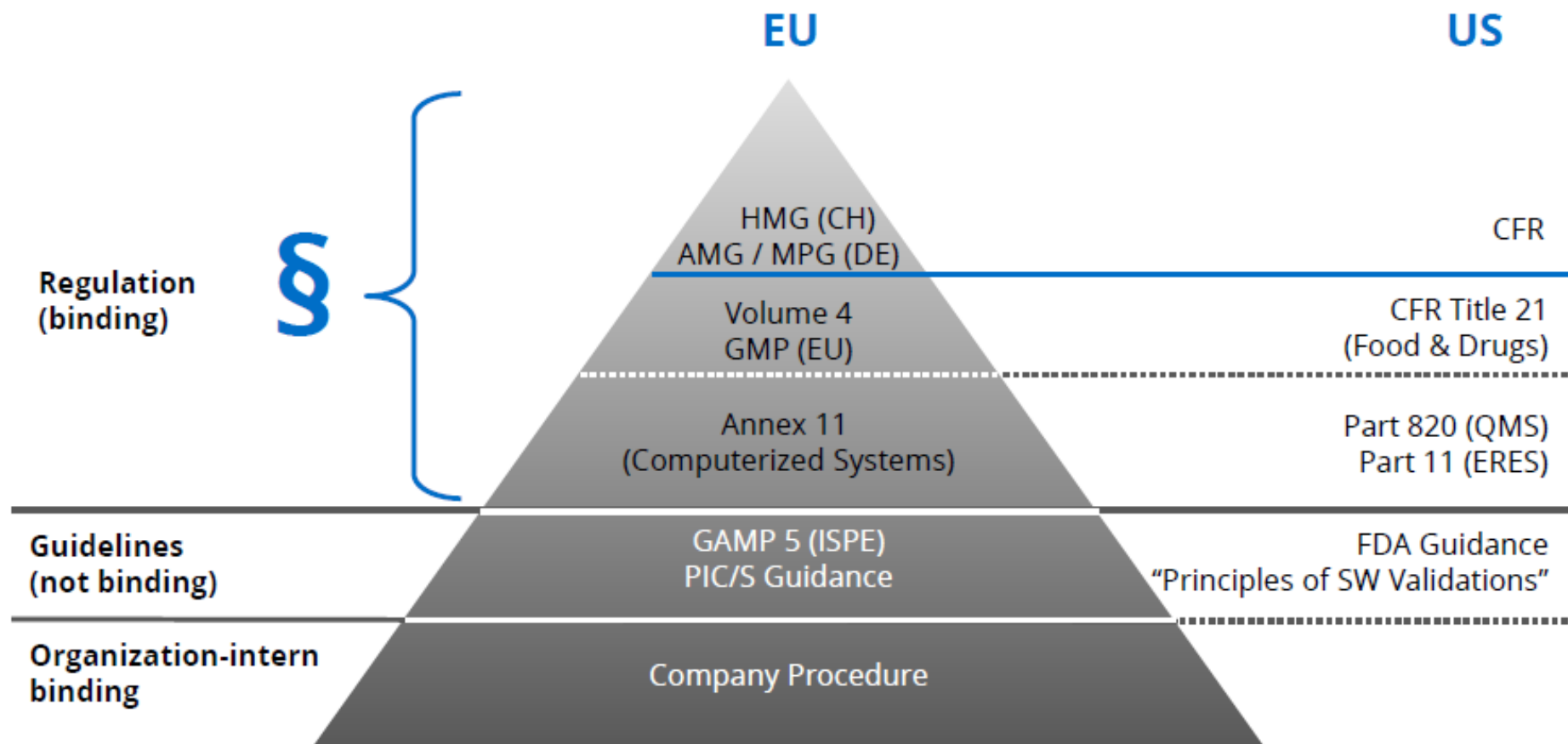


© Schmiedeberger, 2021



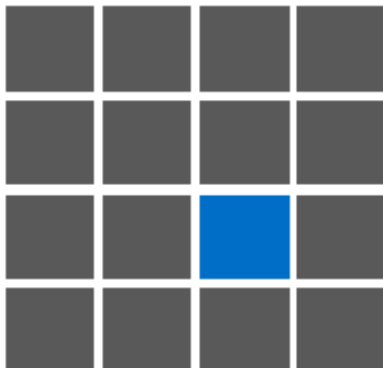
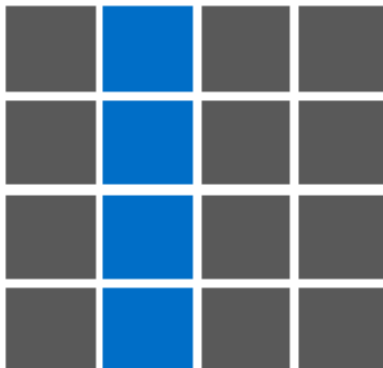
Have a Look: EMA (2022) EMA clarifies Computer Validation and Data Integrity responsibilities in Clinical Trials  
<https://www.gmp-compliance.org/gmp-news/ema-clarifies-computer-validation-and-data-integrity-responsibilities-in-clinical-trials>



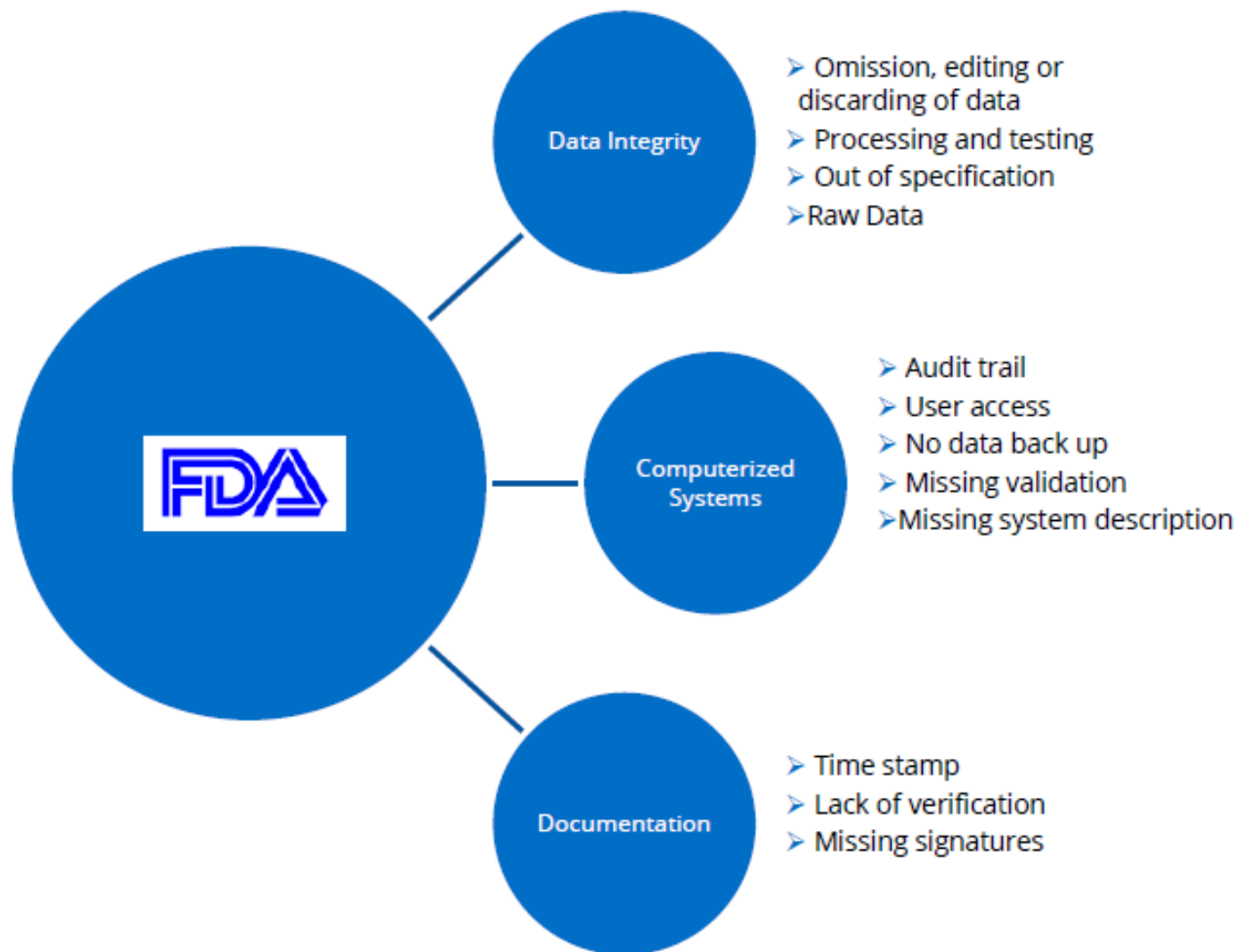
# Regulatory Requirements for computerized Systems



# Monitoring Streams ...

System Audit	Process Audit	Procedure Audit	Product Audit
All processes of the system	One individual (part) process	One concrete procedure	Relevant basic elements for achieving product specification
In all organisational fields	In the responsible organizational fields	In the responsible organizational field	In the responsible organizational fields
Individual samples (products, orders)	Individual samples (products, orders)	Individual samples (products, orders)	One concrete product
			

# Frequent Findings ...



# What have we discussed so far?

Governance, Risk Management and Compliance Management as precondition for secure data and to comply with regulations

Definition of Compliance

Life Science - The focussed Industry ...

Regulations in Life Science

GxP

Data integrity

**and as add-on ...**

Monitoring Streams and Frequent Findings ...

Computerized System Validation – the “documented evidence”