

Workout Data Schema Documentation

Link to schema: <https://app.quickdatabasediagrams.com/#/d/hlhHY3>

user

Field	Description	Type	Default	Other
id		Integer		PK
username		String		UNIQUE
password		String		
first_name		String		
last_name		String		
birthday		Date		

goals

Field	Description	Type	Default	Other
id		Integer		PK
user_id		Integer		FK
current_weight		Float		
goal_weight		Float		

comments

Field	Description	Type	Default	Other
id		integer		PK
user_id		Integer		FK
title		VarChar(50)		
content		VarChar(250)		
date_posted		Date/Time		
workout_id		Integer		