




MANAGING HEALTH IN THE WORKPLACE

HR Manager



WHY IS EMPLOYEE HEALTH IMPORTANT TO THE COMPANY?

A blurred background image of a modern office. In the foreground, a man with a beard is sitting at a desk, looking at a laptop. Behind him, a woman in a tan blazer is standing. To the left, another person is partially visible. The office has large windows and brick walls.

1. IMPROVE PRODUCTIVITY: EMPLOYEES CAN OPERATE MORE PRODUCTIVELY AND EFFECTIVELY WHEN THEY ARE HEALTHY. ADDITIONALLY, THEY ARE ALSO LESS LIKELY TO BE ABSENT FROM WORK DUE TO ILLNESS. THIS MEANS THAT THE COMPANY CAN SAVE MONEY ON SICK DAYS AND MISSED WORK HOURS.

2. IMPROVE MORALE: EMPLOYEES ARE HAPPIER AND MORE PRODUCTIVE WHEN THEY FEEL THE COMPANY CARES ABOUT THEIR WELL-BEING. ADDITIONALLY, THEY COULD BE LESS INCLINED TO QUIT THEIR JOBS, WHICH COULD COST THE COMPANY LESS MONEY.

A woman with dark hair and sunglasses on her head is sitting at a desk. She has her eyes closed and her arms crossed, appearing to be stressed or exhausted. In front of her is a laptop and a white mug. The background is a blurred office setting with a plant and a clock.

WAYS WE MANAGE EMPLOYEES HEALTH



1. Healthy Canteen Food

2. Gym Membership Card





3. Bonding moment

Thank
you!

