六级写作必背范文(2023.12 考季)

Part 1: 写作核心词组

创造性思维： creative thinking

高度重视： attach great importance to

有利于…： be beneficial to

对….产生一个积极的影响：exert a positive influence on

对…有害： be detrimental to

对…产生一个不利影响：have an adverse effect on

成功的企业家: successful entrepreneurs

找到商机：find business opportunities

跳出思维定式思考：think outside the box

确保更理想的结果：ensure more desirable results

广泛阅读：read extensively

丰富思想：enrich mind

有据可查的好处：well-documented benefits

满意的人际关系：satisfactory interpersonal relationships

拓展视野：widen horizons

丰富知识: expand knowledge

提高批判性思维: improve critical thinking

提高人际交往能力: improve interpersonal skills

促使身心健康: breed physical health and mental well-being

努力做某事： invest effort to do sth

实现工作和休闲平衡：achieve a balance between work and leisure

平和工作和休闲： strike a balance between work and leisure

时间管理能力：time management ability

工作效率：working efficiency

使公众注意到 … : draw public attention to ….

创造一个积极愉快的工作氛围: create a positive and enjoyable working atmosphere

为 … 打一个坚实的基础：lay a solid foundation for ….

竞技体育：competitive sports

促进一个谐和成功的团队：contribute to a harmonious and successful team

采取有效的方法：take effective methods

缺乏媒体素养：lack media literacy

信息爆炸：information explosion

培养 … 的习惯：cultivate a habit of ….

收集可信资源: gather credible resources

信息素养: information literacy

发现错误信息：spot misinformation

实施一揽子政策: implement a package of policies

监督和规范网络环境: supervise and regulate network environment

掌握必要技能: acquire necessary skills

成为有见地的和理性的公民: become informed and rational citizens

技术发明: technological inventions

抵消负面影响: counteract the negative effects

提高判断力: improve the ability of judgment

技术进步: technological advancement

经济增长: economic growth

筹集资金：raise plenty of funds

提高个人的竞争优势：improve individuals' competitive edge

有助于整个社会的可持续发展：contribute to the sustainable development of the whole society

Part 2. 范文总结

◆ **范文 1: 鼓励学生培养创造力**

Directions: For this part, you are allowed 30 minutes to write an essay on why students should be encouraged to develop creativity? (2020.12 卷三)

In the contemporary society where technology is developing at a rapid rate, creative thinking has been brought into focus. At the same time, many experts suggest that both teachers and schools should attach great importance to encouraging students to develop creativity. A number of reasons can be collected to explain the suggestion.

The reasons why the development of students' creativity is of considerable importance are as follows. Perhaps the primary reason is that developing a creative mindset is beneficial to academic success. In addition, no one could deny the fact that creative ability can exert a positive influence on future career. The stories of most successful entrepreneurs in the world, such as Steve Jobs, provide a glimpse into how creative mind can help them find business opportunities and build a prosperous company. Lastly, with competition growing fiercely, thinking outside the box is increasingly a requirement of ensuring more desirable results. Then how to develop creativity? Perhaps the first step is that students need to read extensively to enrich mind. Another crucial step is to put novel ideas into practice.

In conclusion, there are many well-documented benefits of being creative and I highly suggest that everyone, especially university students invest effort to cultivate creativity.

译文:

在科技飞速发展的当代社会，创造性思维成为人们关注的焦点。与此同时，许多专家建议老师和学校都应该重视鼓励学生发展创造力。许多原因可以来解释这一建议。

学生创造力的发展很重要的原因如下。也许最主要的原因是，发展一种创造性的思维方式有利于学术成功。此外，没有人能否认创造力可以对未来的职业产生积极的影响。世界上最成功的企业家的故事，如史蒂夫·乔布斯，可以让我们一窥创造性思维如何帮助他们找到商业机会并建立一个繁荣的公司。最后，随着竞争日益激烈，跳出思维定式思考越来越是确保获得更理想结果的必要条件。那么如何培养创造力？也许第一步是学生需要广泛阅读来丰富思想。另一个关键步骤是将新想法付诸实践。

总之，有创造力有许多有据可查的好处，我强烈建议每个人，尤其是大学生，努力培养创造力。

◆ 范文 2: 名言作文（尊重他人）

Directions: For this part, you are allowed 30 minutes to write an essay commenting on the remark: "Respect others, and you will be respected." You may cite examples to support your view. (2013.6 卷一）

A famous and enlightening saying goes that "Respect others, and you will be respected." This remark conveys a thought-provoking notion that people should attach great importance to showing respect for others, as this behavior is the key to gaining respect from people around us. In my opinion, examples from history, science and everyday experience can attest the notion mentioned above.

The reasons why respecting other people is of considerable importance are as follows. In the first place, respecting workmates in the workplace is beneficial to creating a positive and enjoyable working atmosphere, which can lay a solid foundation for team success. The stories of famous teams in the field of competitive sports, such as Chinese Women Volleyball Team, provide a glimpse into how mutual respect among team members can contribute to a harmonious and successful team. In addition, no one could deny the fact that treating friends, acquaintances, and strangers with respect in daily communication can exert a positive influence on interpersonal relationships. Lastly, with

competition growing fiercely, achieving mutual respect is increasingly a requirement of ensuring more desirable results.

In conclusion, there are many well-documented benefits of respecting other people and I highly suggest that everyone, especially young people behave in the way the proverb suggests.

译文:

一句有名且启迪人的话语说道: "尊重别人，别人也会尊重你。" 这句话语揭示了一个发人深省的道理: 人们应该高度重视尊重他人, 因为这一行为是获得周围人尊重的关键。在我看来，来自历史、科学和日常经验的例子可以证明上述观点。

尊重他人很重要的原因如下。首先，在工作场所尊重同事有利于创造一个积极愉快的工作氛围, 这可以为团队成功奠定坚实的基础。竞技体育领域著名队伍的故事，如中国女排, 可以让我们一窥球队成员间的相互尊重如何促进一个谐和成功的团队。此外，没有人能否认，在日常交往中尊重朋友、熟人和陌生人对人际关系有积极的影响。最后，随着竞争日益激烈，实现相互尊重越来越是确保获得更理想结果的必备条件。

总的来说, 尊重他人有很多有据可查的好处, 并且我强烈建议每个人, 尤其是年轻人按照名言建议的那样去做。

◆ **范文 3：平衡工作和休闲**

Directions: For this part, you are allowed 30 minutes to write an essay on how to balance work and leisure. (2018.12.卷二)

In the contemporary society where pressure is increasing steadily, achieving a balance between work and leisure has been brought into focus. From my point of view, both employers and employees should attach great importance to work-leisure balance and seek effective measures to achieve this balance.

It would be universally acknowledged that the balance between work and leisure is beneficial to individuals' career success and physical health. However, recent years have witnessed an increase in the number of young people who fail to achieve this balance. Then how to strike a balance between work and leisure? Perhaps the first step is that workers need to improve working efficiency and time management ability. Specifically speaking, it is necessary to prioritize tasks and focus on the most important things. Another crucial step is that employers are supposed to create a company culture of work-life balance. Lastly, it is imperative for the media coverage to draw public attention to the balance between work and leisure.

In conclusion, there are many well-documented benefits of achieving work-leisure balance and I highly suggest that everyone, especially young people invest effort to balance work and leisure.

译文：

在压力稳步增加的当代社会，取得工作和休闲的平衡成为人们关注的焦点。在我看来，雇主和雇员都应该重视工作休闲的平衡并找到有效的方法来实现这一平衡。

得到普遍认同的是工作和休闲的平衡利于个人的职业成功和身体健康。然而，近年来无法实现这种平衡的年轻人数量越来越多。那么如何平衡工作和休闲？也许第一步是工作者需要提高工作效率和时间管理能力。具体来说，有必要对任务进行优先级排序，并专注于最重要的事情。另一个关键步骤是，雇主应该创造一种工作与生活平衡的企业文化。最后，媒体报道有必要使公众注意到工作和休闲之间的平衡。

总之，取得工作和休闲的平衡有许多有据可查的好处，我强烈建议每个人，尤其是年轻人，努力平衡工作和休闲。

◆ 范文 4：无法识别网上虚假信息

Directions: Write an essay related to the short passage given below. In your essay, you are to comment on the phenomenon described in the passage and suggest measures to address the issue. (2021.12.18 卷一)

Young people spend a lot of time on the Internet. However, they are sometimes unable to recognize false information on the Internet, judge the reliability of online information sources, or tell real news stories from fake ones.

    In the contemporary society where information technology is developing at a rapid rate, the phenomenon that young people fail to recognize false information on the internet has been gradually brought into focus. From my point of view, reasons behind this phenomenon are various and we need to take effective methods to address the issue.

I can think of no better reasons than the following ones to explain this social phenomenon. In the first place, an increasing number of young people lack media literacy. Another contributing factor is information explosion. Then how to reverse this situation? Perhaps the first step is that young people need to improve their critical thinking ability and cultivate a habit of gathering credible resources via multiple channels. Another crucial step is that educators are supposed to teach students information literacy, helping them learn to spot misinformation in the use of the Internet and social media. Lastly, it is imperative for the government to implement a package of policies to supervise and regulate network environment.

In conclusion, information technology is a double-edged sword and I highly suggest that people, especially our younger generation acquire necessary skills to evaluate online information to become informed and rational citizens.
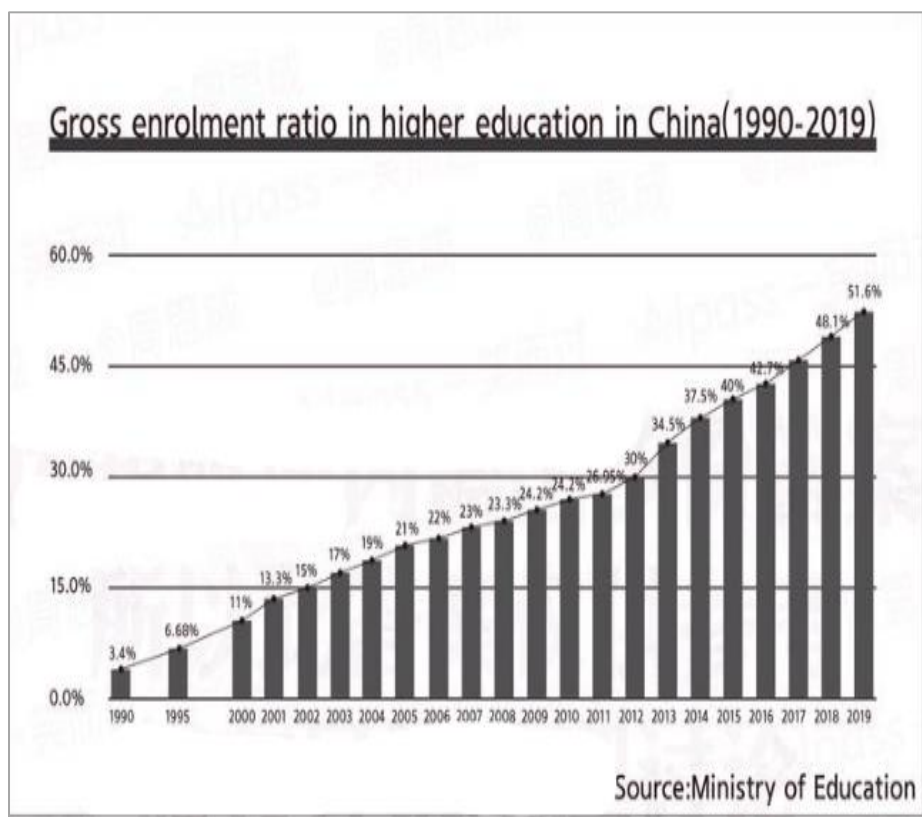
译文：

在信息技术飞速发展的当代社会，年轻人无法识别网络上虚假信息的现象已经逐渐成为人们关注的焦点。在我看来，这一现象背后的原因是多方面的，且我们需要采取有效的方法来解决这个问题。

我想不出比下面这些更好的理由来解释这一社会现象。首先，越来越多的年轻人缺乏媒体素养。另一个因素是信息爆炸。 那么如何扭转这一局面？也许第一步是年轻人需要提高他们的批判性思维能力，培养通过多种渠道收集可信资源的习惯。 另一个关键的步骤是教育工作者应该教学生信息素养，帮助他们学会在使用互联网和社交媒体时发现错误信息。最后，政府必须实施一揽子政策来监督和规范网络环境。

总之，信息技术是一把双刃剑，我强烈建议人们，特别是我们的年轻一代掌握必要技能来评判网络信息，以成为有见地的和理性的公民。

◆ **范文 5: 图表作文（高等教育的成就）**

Directions: Write an essay an essay based on the chart below. You should start your essay with a brief description of the chart and comment on China's achievements in higher education. （2021.6.卷二）

Gross enrolment ratio in higher education in China(1990-2019)

Source:Ministry of Education

As is clearly demonstrated in the bar chart, the gross enrollment ratio in higher education in China increased dramatically from 3.4% in 1990 to 51.6% in 2019. Apparently, the figures reveal that China has made remarkable achievements in higher education. From my perspective, the reasons behind accomplishments are various.

I can think of no better reasons than the following ones to explain this social phenomenon. In the first place, this success is bound up with technological advancement and economic growth. Besides, Chinese government has implemented a package of policies and raised plenty of funds to make higher education more accessible to students from families in poverty. At the same time, both citizens and the whole society are the beneficiaries of the accomplishments in higher education. To be specific, receiving higher education can improve individuals' competitive edge and contribute to the sustainable development of the whole society.

In conclusion, this chart is a perfect index of the remarkable achievements made in China's higher education. Meanwhile, it is reasonable for us to believe that such a tendency will continue in the forthcoming years and definitely contribute to our country's prosperity in the long run.

译文：

如图所示，中国高等教育毛入学率从 1990 年的 3.4%大幅上升到 2019 年的 51.6%。显然，这些数字表明中国在高等教育方面取得了显著的成就。在我看来，成就背后的原因是多方面的。

我想不出比下面的更好的理由来解释这个社会现象。首先，这种成功与技术进步和经济增长密切相关。此外，中国政府已经实施了一揽子政策并筹集了大量资金，让更多的来自贫困家庭的学生接受高等教育。同时，公民和整个社会都是高等教育成就的受益者。具体来说，接受高等教育可以提高个人的竞争优势，有助于整个社会的可持续发展。

总之，这张图表完美地反映了中国高等教育取得的显著成就。同时，我们有理由相信，这种趋势将在未来几年继续下去, 并肯定有助于我国的长期繁荣。

◆ 范文 6. 图画作文（误导信息带来的危害）

Directions: For this part, you are allowed 30 minutes to write a short essay based on the picture below. You should focus on the harm caused by misleading information in spite of advanced information technology. （2015.12.卷三）

"I just feel unfortunate to live in a world with so much misleading information!"

◆ 范文 6. 图画作文（误导信息带来的危害）

In the contemporary society where technology is developing at a rapid rate, the problems caused by technological inventions have been gradually brought into focus. As is vividly depicted in the picture, a man is complaining "I just feel unfortunate to live in a world with so much misleading information!" The man's words reveal that nowadays false information online can influence people's daily life in harmful ways.

The negative consequences of online misleading information **can be illustrated from two aspects**. **For one thing, it would be universally acknowledged that** false information on the internet **is detrimental to** learning and working efficiency. **For another, many psychological researchers found that** online spread of misleading information **can have an adverse effect on** individuals' mental well-being. For example, during Covid-19 crisis, many people felt depressed and anxious when they saw some misleading advice or statistics in social media, such as Weibo and Twitter. **Then how to counteract the negative effects mentioned above? Perhaps the first step is that the government need to implement relevant policies to** supervise and regulate network environment.

In conclusion, information technology is a double-edged sword and I highly suggest that people, especially students improve their ability of judgment.

译文：

在科技飞速发展的当代社会，技术发明带来的问题逐渐成为人们关注的焦点。如图所示，一个男人抱怨说:"生活在一个有这么多误导性信息的世界里，我感到很不幸!" 这名男子的话揭示了如今网络上的虚假信息会有害地影响人们的日常生活。

网络误导信息的负面后果可以从两个方面来说明。一方面，得到普遍认同的是网络上的虚假信息不利于学习和工作效率。其次, 许多心理学研究人员发现, 误导信息的网上传播可能对个人的心理健康产生不利影响。例如，在 Covid-19 危机期间，许多人在微博和推特等社交媒体上看到一些误导性的建议或数据时, 感到抑郁和焦虑。 那么如何抵消上述负面影响? 也许第一步是政府需要实施相关政策来监督和规范网络环境。

总之，信息技术是一把双刃剑，我强烈建议人们，特别是学生提高他们的判断能力。