Group Guideline

Goal of the project:

Rate replies to answers using a 5-point Likert scale from (1) Not Helpful to (5) Very helpful.

What is each tag called and how is it used?

1. 1 - Not Helpful

The reply doesn't make sense, or is irrelevant to the question. No reasoning. Inappropriate assumptions. The questioner will not take this advice.

Q: What is something people make WAY too much of a deal about?

A: f*cking cow milk, y'all nasty for that.

explanation:

I think the questioner wants to know what worries people too much and I don't understand what milk has to do with making way too much. This answer also makes an inappropriate assumption that everyone dislikes milk, and doesn't give any reason for the reply.

2. 2 - Slightly helpful

Clear answers but not complete, or is slightly irrelevant to the question. The reply has no reasons or examples, and maybe aggressive. The questioner will not take this advice.

Q: What is your favorite song, and why?

A: Walk all over you AC/DC

explanation:

The reply gives an answer, but no reason. The question asks for the reason, so this reply is not complete, and thus not convincing.

3. 3 - Somewhat helpful

There are clear and complete answers, reasons may be given but simple and less convincing. No example. The questioner may take this advice. Generally speaking, replies rated 3 tend to be very short sentences.

Q: What middle names go well with the first name Callie?

A: Callie Jean would be cute

explanation:

This reply gives a middle name, and the reason is that it's cute. However, it would be more convincing to give an example, such as who is called this middle name.

4. 4 - Helpful

The reply has answers with multiple or convincing reasons. There are several differences between 4 and 5:

- a. Some reasons or examples not convincing enough.
- b. No clear conclusions.
- c. A lot of reasons or examples but no advices or predictions.
- d. Very long replies which are time consuming to read.
- **Q:** Why do I feel like everyone secretly hates me?
- A: Low self-esteem most likely. I can almost guarantee that to be the case, even if

I don't know you. I will also bet you have no actual proof of them not liking you. It is all in your head. This will sound weird and arbitrary, but close your eyes and think of some really good food you like. Really try to imagine the flavours and the consistency of it. Do so for a minute. Now, if you did that, what happened? Did you perhaps feel how you had a reaction to the food? Feel the saliva in your mouth? If you imagined the food that is likely what happened. You had a bodily reaction to the mere thought of food. Same goes for anything. Yet there is no food, because thoughts are not facts and they don't reflect reality. The same is true about what you worry about. Because of low self-esteem you have this thought, but it doesn't actually correspond to reality. But you can feel the rejection and the uncertainty by the mere thought of them *not really liking you*. So you probably have to work on building up your low self-esteem. But apart from that, and until you've worked through whatever is causing your low self-esteem, try alternative thoughts whenever these thoughts of "they don't like me" appear. I am not telling you to just be positive instead, because if you're like most people you can't be positive all the time. Instead, remember thoughts are not = reality. So when these thoughts appear, try to shift your thought from "they don't like me" to "I have a thought that they don't like me". Then recognise that as all it is:) Good luck:)

explanation:

This reply gives a very long replies with lots of reasonings and logics, but in the end it doesn't give any useful advice. This reply doesn't actually help reducing the questioner's anxiety about being hated.

5. 5 - Very helpful

The reply has very clear answers, multiple or convincing reasons. It also has very specific examples. The questioner should take a look and maybe take this advice.

question: What is the most stupid/crazy thing you have done in " automatic pilot"?

reply: The neighborhood I live in recently built a new house in an empty lot, and I used to cross that empty lot to get from my bus stop to my house. Well, the mailbox was put in mid-build and I was looking at my phone while walking to my house (yeah real smart). I was going to cut through the grass like normal, not remembering there was a HOUSE there. I then smacked right into that metal mailbox, leaving a large cut on my chin. I then had to explain to my parents why I had I giant stream of blood gushing down my chin and neck... I now have the stupidest scar.

explanation:

This reply gives an example as its answer, very specific and impressive.