

Verbal Instructions (Remember/ Know)

OK, so let's do a few examples. Suppose you are asked about the word "FROG," and you happen to remember seeing frog because you thought about Kermit. In this case, you are recollecting and should press "R." Recollection is when you can remember actually seeing the word. But suppose, alternatively, in your gut, you know FROG was there, but can't actually remember seeing the word at study. In this case, press "K". The difference between recollection and knowing is kind of like trying to figure out where you parked your car at the mall. Sometimes you can recall the act of parking including a detail or two like the car next to you or the song on the radio. Other times you just walk back there because you know where to go.

Verbal Instructions (Sure/ Unsure)

OK, so let's do a few examples. Suppose you are asked about the word "FROG," and you happen to strongly remember seeing FROG, and you are equally sure it wasn't TOAD or anything like that. Hit Sure, bet on it. But suppose your memory is a bit fuzzier. Maybe there was reptile, maybe toad, maybe not. Then hit "U" for unsure. Don't bet on things you don't know for sure.