

Connection Established!



04:07

STOP MONITOR

Expand for Statistics

A

Connection Established!

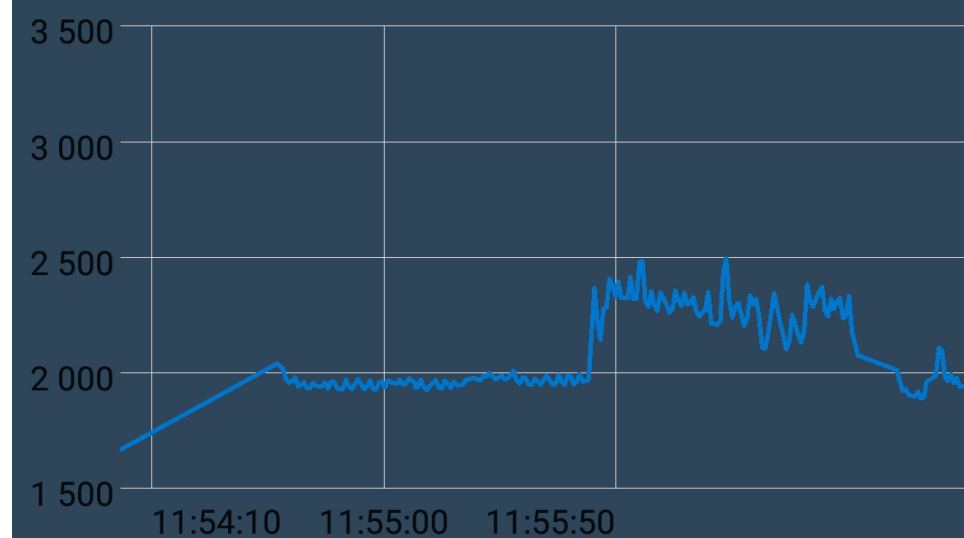
Expand for Statistics

Sensors



SweetZpot: Flow

Graph



B

Store Monitored Session

Monitoring lasted for x hours and x minutes  
x samples gathered

Record 8

Afternoon nap



Give a rating from (bad) 1 - 5 (good) on your sleep!

SAVE SESSION

Discard monitored session...

C