

Dear Angie,

I am writing you a letter because I want to share a lot of thoughts with you and I'm afraid I might be accused of ranting if I sent you a flurry of texts or Facebook messages :P. A letter feels like a more appropriate medium for a bunch of thoughts at once, anyways (I like writing, you read fast—it works out good!).

Yesterday's love research went very well! I took some notes, rated my love languages from primary onwards, and answered Dr. Gary Chapman's three questions. I guessed your five love languages' rating and your potential three answers as well (bottom half of that first picture I sent you).

You do not have to rate your five love languages, but I think it would be awesome if you did (You *did* tell me you like gifts and quality time a lot, and not so much with words of affirmation). I was so excited to share I forgot to say that you were supposed to do that before I showed you mine.... oops, sorry xD!!

Thank you for introducing me to the five love languages :D I see now that understanding words of affirmation is my primary love language is critical, and I may have never learned this if it were not for you! After thinking about it all day and applying it to past memories, I understand my life and how I operate a lot more. It also explains my parents and why they act the way they do. I also guessed a few random people's love languages based on their behaviors that I have observed over time, hehe.

I don't think words of affirmation is my love language though. I've been told many many things by guys, but at the end of the day they're literally just words. I don't trust them. Plus my dad is exactly that kind of guy too and I HATE IT. That's why I think I value the other things more. I mean don't get me wrong of course I like to hear nice things sometimes but yeah.

Unfortunately for us, your weakest/least love language is my strongest/greatest love language. Which sucks for us. A lot, actually... but I believe there are solutions!

I agree with you that words don't technically do anything. It is very similar to how trinket gifts typically serve no utilitarian/practical purpose. Or how time spent as quality time is not the best use of time from a business perspective. But, gifts mean a ton to you, words mean a ton to me, and quality time means a ton to both of us.

Plus my dad is exactly that kind of guy too and I HATE IT

Your dad is just like me, and you're just like my mom (gifts)... looks like we're in the same boat. So we might as well paddle in the same direction! I think we both need some good quality time to rest up though. I can't wait until I see you!

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So I guess I naturally communicate my love with words. I know you've built up a huge defense against words (for good reason too... I wouldn't trust them from other people either after knowing what you've been through). But I must ask that you continue to make exceptions for me (whenever you do, I appreciate it a TON) at least until I can learn to rebalance my love languages.

Personally, I have always felt that words are super weak and meaningless at the end of the day when compared to actions. However, it is not easy work and it will take a bit of time for me to train my heart and mind to talk love with less emphasis on words of affirmation, and more on others. Quality time will surely help with this.

It *is* super weird how love languages work. My mind will keep attempting to analyze every conversation and think up as many interpretations as possible. It does have its applications, but I have learned it is downright terrifying when applied to a relationship. A word of affirmation will silence this and heal me right up. Now that I have done this research, I can make the connection between gifts and words of affirmation. I understand how you feel when I didn't give you flowers, and over time, it becomes downright terrifying. Words of affirmation is the same to me. I have a TON of respect for you keeping your cool all this time. I was completely ignorant of the five love languages.

Okay, this turned out to be three times as long as I intended, but I feel a TON better now and I hope you do too. I know we're both working extremely hard. I think with some time, our hard work will pay off immensely. So I guess all I wanted to say with this letter was "hang in there cutie <3", from the bottom of my heart.