

DATA SHEET

VANILLA ABSOLUTE

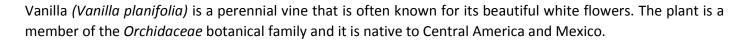
INCI name: Vanilla planifolia

Typical Country of Origin: United Kingdom

Available as: Pure Essential Oil

Appearance: Dark brown / black liquid

Product Specifications



Technique of Extraction

The vanilla pods, or beans, are used to extract the absolute. Interestingly enough, it takes 6-9 months before the pods are mature enough to be cured. The actual curing process may take another 6 months to complete. Given this complex and intensive process, it is easy to see why pure vanilla comes with a high price.

Usage and Functions

- Used as a scent in perfume making
- Used as a scent in lotions, soap and face care products
- Used in aromatherapy primarily for its relaxing, aphrodisiac effect

Additional Information

Most people have experienced the warm, inviting scent of vanilla. To some, the scent of vanilla is an open invitation to pick up a good book, make a warm mug of something special and cuddle up on the couch on a cold winter's morning. True vanilla absolute has a warm, rich, balsamic aroma and it exists as a dark brown solid liquid, which requires warming up before it can be blended.







- Contains Antioxidants The antioxidant properties of vanilla oil protect the body from wear and tear
 by neutralizing free radicals.
- **Boosts Libido** Vanilla oil stimulates the secretion of certain hormones like testosterone and estrogen, which helps people who suffer from erectile dysfunction, impotence and loss of libido.
- Relieves PMS Symptoms Because vanilla oil activates estrogen levels, it also regularizes menstruation
 and relieves PMS symptoms. It activates or balances hormone levels and manages stress, leaving your
 body and mind relaxed.
- **Prevents the Growth of Cancer Cells** Vanilla absolute has anticarcinogenic properties, which inhibit the development of cancer before it becomes a problem.



- **Fights infections** Some components present in vanilla oil, such as eugenol and vanillin hydroxybenzaldehyde, are able to fight infections.
- Works as an antidepressant Vanilla absolute has a calming effect on the brain, which helps with anger, insomnia, stress and anxiety.
- **Reduces inflammation** Vanilla absolute is a sedative, so it reduces stress on the body such as inflammation, this is helpful to the respiratory, digestive, nervous, circulatory and excretory systems.



• **Lowers Blood Pressure** - Vanilla oil's sedative effects on the body allow it to naturally lower blood pressure by relaxing the body and mind. It also reduces oxidative stress and dilates the arteries.

For those wanting to add the scent of Vanilla into their products, but who cannot afford to use Vanilla Absolute, try our Vanilla Standard Composed oil.



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