



LEND A HAND 2023

PERPETUALISTA

TJE COMMUNITY OUTREACH DEPARTMENT ANNUAL REPORT



“LEND A HAND 2023”

REVIVING THE SPIRIT OF CHRISTMAS TRADITION WITH PERPETUALITE



The famous quotation, “It is better to give than to receive,” epitomizes the spirit of the University of Perpetual Help System Laguna (UPHSL) during the Christmas season. This ethos was embodied in the “Lend a Hand” activity, a cherished tradition where our university reaches out to the adopted communities to share the joy and warmth of the holiday season. Gift-giving, when done from the heart, conveys thoughtfulness and care, making someone feel special and appreciated. This year’s “Lend a Hand” activity saw a significant collaboration across all academic and non-academic departments, illustrating our collective commitment to community service and support.



On December 20, 2023, the entire university came together to make the “Lend a Hand” event a memorable occasion for our adopted communities. Every department, from the College of Arts and Sciences to the School of Engineering, contributed in unique ways. Academic departments coordinated the collection of gifts, with students and faculty donating items ranging from educational materials to personal care products.

Non-academic departments played a crucial role in logistics and event management. The administration ensured seamless coordination between different departments, while the facilities team worked tirelessly to transform the campus into a festive venue. The health services department provided health checks and basic medical services, emphasizing our holistic approach to community care. The security team ensured the safety and smooth flow of the event, allowing everyone to enjoy the festivities without concern.

The heart of the "Lend a Hand" event was the gift-giving ceremony. As guests arrived, they were greeted with warmth and enthusiasm by volunteers from various departments. Volunteers from the Supreme Student Council distributed carefully prepared gift packages to children and families. The smiles and expressions of gratitude from the recipients were heartwarming, reaffirming the impact of our collective efforts.



The "Lend a Hand" activity not only provided material gifts but also created an opportunity for genuine connection and engagement. Faculty, staff, and students interacted with the community members and sharing stories. This interaction fostered a sense of belonging and strengthened the bond between the university and the adopted communities.



In conclusion, the "Lend a Hand" Christmas celebration was a resounding success, thanks to the collective efforts of all academic and non-academic departments at UPHSL. This event exemplified our commitment to service, compassion, and community support. The enthusiastic participation and generous contributions from every department demonstrated the power of collective action in making a positive impact. As we reflect on the event, it is clear that the joy of giving, especially when done from the heart, brings immense happiness and strengthens the spirit of community. We look forward to continuing this tradition and exploring new ways to extend our support and care to those in need, embodying the true meaning of the Christmas season.