

# HUMSS & GAS

COMMUNITY UNLEASHING  
THE POWER OF THE SOCIETY

*A Psychosocial Awareness  
Campaign*

PERPETUALISTA

THE OFFICIAL NEWSLETTER OF THE COMMUNITY OUTREACH DEPARTMENT



# HUMSS AND GAS

Community unleashing the power of the society

(April 18, 2023)

## WHAT'S NEW NEXT YEAR?

The Community Outreach Department of the University of Perpetual Help System Laguna once again serve its purpose by providing another community project which focused on strengthening the Psycho-Social Aspect of the adopted community through a seminar and gift-giving activity. With this, the university is proud to present the "HUMSS and GAS Community Series: Unleashing the Power of the Community (A Psycho-Social Awareness Campaign) which was held at the Chapel of Brgy. Palma, Municipality of Alaminos, Laguna on April 18, 2023.

## NEW OUTREACH?

The volunteers had several meetings for planning and conceptualizing of the entire project which contribute to the overall success of the program implementation with 30 parents together with their family member as beneficiaries. In general, this activity focused on how each family will deal with social and mental problems they might encounter as family. Possible solutions and coping mechanism were also emphasized by our resource speaker, Ms. Jeanette Ana O. Mallari. On the other hand, Mr. Mark Braian B. Tandoc (COP Coordinator) and Ms. Cherry Karen M. Catador (COP Volunteer) worked together with Ms. Clarisse Anne G. Lebios (OIC of COD) for the smooth program implementation.

The Counselors delivered their closing remarks and ended the program with picture taking for both the organizers and the audience. At the end of the seminar, beneficiaries were asked to answer an evaluation form to assess the effectiveness of the program.

