

WEEK IN REVIEW

1. The Burn-Up List from this previous week helped with prioritizing my assignments. Being able to see it on paper has proved to save time and frustration when done right.
2. This passed week I have gotten good feedback on a couple assignments, my Call to Action, and my LinkedIn profile. With my LinkedIn, I got good feedback from Zena and Emanuel, and from the Call to Action, Theresa and Charles posted some motivating words.
3. With the LinkedIn feedback, I am especially excited because LinkedIn is so new for me and reading the suggestions of fellow peers really helped out a lot. Also, being able to connect with them on LinkedIn is also really exciting.
4. Looking at my log files, it seems like I have met mostly all the expectations I have set for myself; managing my time this passed week could have been better though.

ANCHOR POINTS

1. **What Have I Done?** This passed week my time management has been alright, I haven't really exceeded any expectations I set for myself
2. **What Am I Doing?** Trying to make a better attempt at setting attainable goals for myself
3. **What's Next?** Gain a better understanding of what I need to do to make these goals attainable and find out what works best for me.
4. **How Will I Accomplish This?** I plan to set aside some time this week to just go over everything, write things down, and set a plan for achieving these goals.

CONNECT AND REFLECT

My time and effort this week was alright. I expected better, but so much as been going on with my daughter that I haven't had much time to myself. I would I put in more effort this week though. Putting more effort into my work not only relates to my goals, but it is a very vital part of pushing through.

1. **How did I add value to this?** Well, like I said, I gave a more effort this past week in keeping up with watching videos and reading more articles in the Career Module.
2. **How did I perform?** I did alright. In the Career Module, I didn't do too good on the first quiz. I thought I had the information down and I was really surprised when I saw my grade. I am definitely going to go back to re-read and re-watch everything that was on the first quiz. The second quiz I did a lot better on because I took my time.
3. **Have I improved on work, skill, or knowledge this week?** Yes, I think I have.
4. **How?** I took a lot away from the career module this passed week. I had only briefly skimmed it before, but this passed week I took more time to look into it and I realized there are some very vital information in there! Even though I didn't do well on my first quiz, I did learn a lot about creating a personal brand and I found it very useful.
5. **What results can you expect to see from me next?** Positive results! Hopefully. This is definitely always one of the expectations I have for myself. I expect to get through my work with ease, but a lot of the time that just isn't the case. I have to prepare myself for complications and setbacks. So I need to plan ahead and set my deadlines for at least a day before my assignments are actually due.
6. **How does what I've learned relate to my past learning and future development?** Well, I have a better understanding of what doesn't work for me and that is assuming I have enough time to get things done. I do alright under pressure, but I rarely count in complications when I wait until the last minute to get things done. I am figuring out what works for me and what I need to do to achieve goals. I found that when I finish an assignment at least a day before it is due, I have a great sense of achievement and I feel good about myself, and that gives me the confidence I need to push myself forward.

