

How to Make Myself More Creative

B05902120 / Yu-Ting, TSENG

May 17, 2016

Creativity is not a talent you either have or you don't; it is a skill that you can build with these practices. Now, I am going to introduce some of the tips.

First of all, become an explainer. The most creative people in any field are people who have a tremendous amount of knowledge, such as Einstein as well as Edison. In order to maximize the quality of your knowledge, you have to develop the habit to explain things back to yourself. After listening a speech or taking a course, try to think thoroughly over it, and also explain things back to yourself.

Moreover, practice openness and keep asking new questions. The most creative people are typically very open people. If you are someone who doesn't resist new ideas and experiences, it is very possible that you are creative. The most creative people don't settle on a single way to think about a problem. Instead, they keep finding new descriptions of that problem and allowing their memory to find more information that might help to solve it.