

RULES OF THE CLUB

Health and safety:

- All paddlers must be capable of swimming 25 metres
- Buoyancy aids must be worn whilst on the water, in the water or within 1 metre of the river at the Centre
- The coach in charge will have the final say on whether a member's paddling ability is adequate to participate in a specific activity
- Paddlers must ensure that they inform their coach of any relevant medical conditions
- It is the responsibility of paddlers to ensure that they are dressed appropriately for the weather and paddling conditions – seek guidance if you are unsure
- All paddlers must supply and wear appropriate footwear whilst paddling. Bare feet are not allowed
- Members should not paddle with open cuts or wounds
- Helmets will be used at the Coach's discretion and in accordance with the activity's risk assessment
- If you bring your own boat or equipment, please ensure it is in a safe condition to use and not likely to cause risk or harm to you or others.
- The slide can only be used if you are wearing a helmet and if you have permission from the coaches in charge. A supervisor is to be on the slide when it is in use.
- Members are not to go into or on the water if there is lightning.
- Smoking is not allowed within the gates of the Eagle Canoe Centre.
- Members should not run within the site, especially on the access ramp to the clubhouse.
- Members must never push anyone into the water.

Club night safety:

- Parents or carers must not leave younger members at the club without checking that there is a place available in a group with a coach and checking on the finish time for collection.
- Valuables and belongings should NOT be left on the premises at any time as the Club accepts no responsibility for loss of, damage to or theft of personal belongings and equipment.
- All members must sign the attendance sheet in the clubroom at the start of each session.
- All members wishing to paddle must attend the briefing session before going on the water.
- Paddlers will canoe in groups under the supervision of a coach except for competent paddlers paddling in a group of 3 or more authorised by a coach
- Members are not to go into or on the water without the permission of a coach
- Coaches will determine the number of paddlers at their discretion. This may mean occasionally that not everyone gets on the water.
- Without exception, members breaching the club rules will be refused admittance the following week.

Consideration for people and the environment:

- Members are to observe the health and safety rules at all times.
- All members have the right to enjoy canoeing without harassment or discrimination.
- Members should look after club and centre equipment to avoid unnecessary wear and tear or damage.
- After each session, every member is expected to help clear away equipment, boats etc.
- Members should always have respect for wildlife and the environment.

The club committee: (A list of committee members is displayed in the clubroom.)

The committee manages the running of the club, is elected by members at the Annual General Meeting every year and has responsibilities including:

- Appointment of Welfare Officer and Deputy to receive information on concerns regarding any Child and Vulnerable Adult Protection issues.
- Acceptance or rejection of membership applications and setting the annual membership fees.
- Terminating or suspending membership on the grounds of safety or behaviour.
- Organising the Annual General Meeting.
- Ensuring that proper financial accounts are kept and that all income or property of the club is used only for the objectives of the club.

The club is a Limited Company by Guarantee, and the Articles of Association are on the Club's website. The Board of Directors comprises the Chairman, Vice Chairman and Secretary and are elected for 3 year terms and meet after each Committee meeting to agree the matters discussed.