

**WEDNESDAY EVENING: TONE IV  
AT VESPERS**

On “Lord, I have cried ...”, 3 Stichera of the apostles, in Tone IV:

Spec. Mel.: “As one valiant among the martyrs ...”:

**Verse:** If Thou shouldest mark iniquities, O Lord, O Lord, who shall stand? \* For with Thee there is forgiveness.

**O** ye glorious ones, who with a most mighty understanding waged war, arraying yourselves against the wicked foe, for having valiantly armed yourselves with the weaponry of the Spirit, ye destroyed all the might of the demons, who seize men’s souls like plunder; wherefore, we honor you throughout the ages, O apostles.

**Verse:** For Thy name’s sake have I patiently waited for Thee, O Lord; my soul hath waited patiently for Thy word, \* my soul hath hoped in the Lord.

**S**preading out the net of the Faith in the form of the Cross, Thy twelve divine apostles dragged all the nations to the knowledge of Thee, O Christ, and dried up the salty sea of the passions; wherefore, I beseech Thee: By their wholly well pleasing supplications recall me from the depths of transgressions.

**Verse:** From the morning watch until night, from the morning watch \* let Israel hope in the Lord.

**W**ith divine hymns let the divinely chosen and all-honorable twelve apostles be praised: Peter, Paul and James, Luke and John, Matthew and Thomas, Mark, Simon and Philip, the most glorious Andrew and Matthias, with the godly and most wise Bartholomew, and the seventy others.

**Then the Stichera of the saint, from the Menaion; or if there is no Menaion, these Stichera of the holy & great wonderworker Nicholas, in Tone IV:**

**Verse:** For with the Lord there is mercy, and with Him there is plenteous redemption; \* and He shall redeem Israel out of all his iniquities.

**W**ith divine myrrh, the divine grace of the Spirit anointed thee the chief hierarch of the people of Myra, for with most sacred virtues as with myrrh thou hast perfumed the ends of the earth, and with thy sweet-smelling supplications thou dost ever dispel the fetid passions; wherefore, we glorify thee with faith and keep thine all-holy memory, O Nicholas.

**Verse:** O praise the Lord, all ye nations; \* praise Him, all ye peoples.

**A**s is meet, we bless thee, O Nicholas, as an ever-shining lamp, a universal luminary who hath shone forth in the firmament of the Church and enlightened the world, driving away the gloom of grievous misfortunes, dispelling the winter of griefs, and creating profound serenity.

**Verse:** For He hath made His mercy to prevail over us, \* and the truth of the Lord abideth forever.

**A**s one compassionate, and right loving, as a most fervent deliverer, and a true intercessor for the faithful who ask thine aid, O most sacred father Nicholas, appearing and manifesting thyself in dreams, thou didst save those who were about to die unjustly, O fellow citizen with the angels, who standest with the venerable and the righteous.

**Glory ..., Now & ever ..., Theotokion:**

**O** all-pure one, \* who hath contained the infinite God in thy womb \* Who, in His love for mankind, hath become a man, \* and hath received our substance from thee, \* deifying it: \* disdain me not who am now sorrowing, \* but quickly take pity \* and free me from divers enemies \*\* and the malice of the evil one.

**Then, “O Joyous Light ...”, the Prokeimenon in Tone V:**

**Prokeimenon:** O God, in Thy name save me, \* and in Thy strength do Thou judge me.

**Verse:** O God, hearken unto my prayer, give ear unto the words of my mouth.

**Vouchsafe, O Lord ..., Litany: Let us complete ..., Then:**

**On the Aposticha, the Stichera of the apostles, in Tone IV:**

**T**hou didst enlighten the choir of the apostles with the Holy Spirit, O Christ God. By them wash away the defilement of our sin, and have mercy on us.

**Verse:** Unto Thee have I lifted up mine eyes, unto Thee that dwellest in heaven. Behold, as the eyes of servants look unto the hands of their masters, as the eyes of the handmaid look unto the hands of her Mistress, so do our eyes look unto the Lord our God, \* until He take pity on us.

**T**hy Holy Spirit revealed the illiterate disciples to be teachers, O Christ God, and set at naught the deception of the pagans with their greatly eloquent harmony, in that He is almighty.

**Verse:** Have mercy on us, O Lord, have mercy on us, for greatly are we filled with abasement. Greatly hath our soul been filled therewith; let reproach come upon them that prosper, \* and abasement on the proud.

**To the Martyrs:** **O** martyrs of the Lord, ye animate sacrifices, noetic whole-burnt offerings, perfect offerings to God, ye lambs who know God and are known of Him, and to whose fold the wolves have no entry: Pray ye that with you we also may be tended by the water of peace.

Glory ..., Now & ever ..., Theotokion:

**D**eliver us from our needs, \* O Mother of Christ God, \* thou who hast given birth to the Creator of all, \* that we all may cry out to thee: \*\* Rejoice, O thou who alone art the intercessor for our souls!

Then, “Now lettest Thou Thy servant depart ...”, Trisagion through Our Father ..., Troparia. Litany: Have mercy on us ..., and Dismissal.

WEDNESDAY NIGHT: TONE IV  
AT COMPLINE

Canon of Supplication to the Most Holy Theotokos

ODE I

**Irmos:** **T**hrough the deep of the Red Sea, \* marched dry shod Israel of old, \* and by Moses' outstretched hands, \* raised in the form of a cross, \* the power of Amalek was routed in the wilderness.

**T**ruly, yea surely, thou hast given birth to the Lord God, and truly, yea surely, thou alone hast been called the Theotokos, O pure one. Wherefore, with faith we hymn and glorify thee as is meet.

**F**rom thee, O most pure one, hath the Star shone forth out of Jacob, Who as God hath numbered the multitude of the stars. Wherefore, by His effulgence remove thou the darkness of my sins.

**Glory ...**, **I** know thee to be clearly the rational bridal-chamber of the incarnation of God, O pure and all-immaculate one; and I entreat thee to deliver me from carnal passions, tribulations, temptations and evil circumstances.

**Now & ever ...**, **I**n that thou art the ladder of the coming of the Almighty unto us, whereby God descended to the earth, raise me up to heaven from earthly carnal passions, and lead me to God.

ODE III

**Irmos:** **N**ot in wisdom, nor in power do we glory, \* but we glory in Thee O Christ, \* the Hypostatic Wisdom of the Father, \* for there is none more holy than Thee, O Lover of mankind.

**T**hou art a wellspring pouring forth consolation upon the sorrowful, O Lady; wherefore, pour forth upon me a torrent of the waters of thy supplications, and quench thou the furnace of my passions.

**O** pure one who hast healed the grievous wounds of our nature by giving birth to the Creator and Lord, heal me who am wounded by unseemly thoughts.

**Glory ...**, **T**empest-tossed amid the deep of my many transgressions, passions and temptations, O all-immaculate one, by thine aid I hasten to the most tranquil haven.

**Now & ever ...**, **B**y the divine Rain which descended into thy womb as upon a fleece, and with thy supplications, bedew thou my heart, which is aflame with the fire of the passions.

## ODE IV

**Irmos:** Beholding Thee, the Sun of righteousness, \* lifted up upon the Cross, \* the Church now standeth arrayed and doth worthily cry aloud: \* Glory be to Thy power, O Lord!

From the flowing ointment of thy Son, the Perfume of the life of all, O pure one, pour forth the myrrh of dispassion upon my soul, and remove from it the mire of its passions.

With the hyssop of thy prayers sprinkle me who am defiled with the mire of sin, O Lady; wash me clean and cleanse me of the impurity of my passions, and show me to be a dwelling- place of Christ.

Glory ..., I beseech thee, O most pure one, thou book inscribed and sealed by the finger of God: with the finger of thy supplications prescribe for me the remission of sins, and deliver me from perils.

Now & ever ..., Thou wast the temple of God out of all the holy mountains, as the prophet said of old. Show me to be a pure temple of Christ, O Lady, by thine aid.

## ODE V

**Irmos:** Thou, O Lord, who camest into the world, \* art my light, \* a holy light turning from the darkness of ignorance \* those who sing Thy praises in faith.

Knowing thee to be the dew of Hermon which descended upon Sion, O Birthgiver of God, I pray that thou quench the burning of my flesh.

As the paradise of life, O Theotokos, do thou quickly deliver me from deadly sin and the many and varied passions.

Glory ..., O pure one, thou art the noetic phial of alabaster. Wherefore, with the perfume of the Myrrh Who was poured forth upon earth from heaven, do thou fill me now.

Now & ever ..., Thou hast restored mankind who was inclined toward corruption, O Bride of God. Wherefore, lead me up now from the depths of transgressions and the passions.

## ODE VI

**Irmos:** The church crieth out unto Thee O Lord, \* 'I will sacrifice unto Thee with a voice of praise \* having been cleansed of the blood of the demons' \* by the blood that for mercy's sake flowed from Thy side.

**H**aving become the exceedingly beauteous palace of the King of glory, O glorious Lady, thou hast glorified mankind; wherefore, grant incorrupt glory to me.

**W**ith pure incorruption thou hast allayed the vile corruption of nature, O most pure one; wherefore, dry up the torrents of my passions and the rivers of my carnal knowledge.

**Glory ...**, **Q**uell thou the passionate movements of my body and tame thou the uprisings of my flesh, making them subject to my mind as if they were a foal, O pure one, lulling them to sleep by thy prayers.

**Now & ever ...**, **I** hymn thee who hast given birth to the supremely hymned God, O Maiden, and I beseech thee: O Theotokos, deliver and save me from dreadful strife and everlasting condemnation.

**Lord, have mercy, (Thrice).**

**Glory ..., Now & ever ..., Sessional hymn, in Tone IV:**

**O** intercessor unopposed, O Birthgiver of God, thou ready advocate for those who have recourse unto thee: deliver me from misfortunes, and disdain me not, O helper of all.

## **ODE VII**

**Irmos:** **In the Persian furnace the youths and descendants of Abraham, \* burning with a love of piety \* rather than by a flame of fire, \* cried aloud saying: \* Blessed art Thou in the temple of Thy glory, O Lord.**

**I**n that thou art the fiery and God-bearing bush, O pure one, burn up the thorns of my wicked contemplations, illumine the thoughts of my soul, and dry up the abyss of my passions.

**T**hou alone hast manifestly acquired the majesty and divine glory of eternity on the earth, having been revealed to be another heaven; wherefore, set at naught mine enemies, the boastful demons.

**Glory ...**, **O** divine vessel of loving-kindness and goodness, pour forth upon me the riches of thy compassions in abundance, washing away the defilement of my transgressions, and quench thou the burning of my flesh.

**Now & ever ...**, **H**aving lived prodigally, I have ever wasted the spiritual wealth given me by God in carnal pleasures; yet by thy supplications do thou grant me justification, O Virgin.

## **ODE VIII**

**Irmos:** **Having spread his hands, Daniel closed the lions jaws \* in their den; \* while the zealously pious youths, \* girded with virtue, \* quenched the power of the fire and cried aloud: \* Bless ye the Lord, all ye works of the Lord.**

**Break** thou the chains of my transgressions and quell thou the uprisings of my body, cut down mine evil thoughts and quickly cleanse thy servant of secret thoughts, O Theotokos, thou intercessor and help of all the faithful.

**O** most pure one, who hast been shown to be the unquarried mountain of God, rich, densely wooded and overshadowed, shield me with the shelter of thy supplications, deliver me from the snares of the hunters, and preserve me from the darts of the demons and from vile thoughts.

**Glory ...**, **O** Lady, grant that I may receive the fear of God and the spirit of compunction within me, and that I may bring forth a virtuous life; and render me frightful to the wicked demons and a partaker of the divine glory of the angelic choirs.

**Now & ever ...**, **Quickly** open unto me the doors of life, the portals of my hope, O most pure one; guide me to life without end, and show me, thy servant, to be an heir to the kingdom of heaven and a partaker of the divine glory of the saints.

### ODE IX

**Irmos: Eve** dwelt under the curse of sin \* because of the infirmity of disobedience; \* but thou, O Virgin Theotokos, \* hast through the Offspring of thy pregnancy \* blossomed forth blessing upon the world. \* Wherefore, we all magnify thee.

**In** thy prayers look down upon thy servant, O pure one; go thou quickly before me, and deliver me from the invisible foes who afflict and oppress me. Save me from misfortunes, sorrows and multifarious evil circumstances.

**O** Virgin, heal me who am condemned and wounded by the stripes of sin, and deliver me from wicked thoughts, O thou who hast given birth to the omnipotent Word, the Good One Who lovest mankind.

**Glory ...**, **For** the sake of Adam who of old fell into sin, thy Son, O exceedingly good one, Who hath dominion over life and death, partook of death; wherefore, by thy supplications raise me up from the passions and the fall.

**Now & ever ...**, **O** Theotokos, from misfortunes and falls, from sin and tempest, from the passions of the body, from the billows and violent griefs of life, and from wicked malice save those who have recourse unto thee.

**Then, “It is truly meet ...,” and a prostration. Trisagion through Our Father ..., Troparia, and the rest as usual. Dismissal.**



**ON THURSDAY MORNING: TONE IV**  
**AT MATINS**

After the 1<sup>st</sup> chanting of the Psalter,  
the Sessional hymns of the apostles, in Tone IV:

**O** first enthroned apostles and universal teachers, entreat the Master of all, that He grant peace to the whole world and great mercy to our souls.

**Verse:** Their sound hath gone forth into all the earth, \* and their words unto the end of the world.

**O** Christ, Thou hast shown Thy disciples to be beacons unto the ends of the earth, shining forth the knowledge of Thee upon souls in darkness; and having for their sake cast the deception of idolatry into darkness, O Master, Thou hast enlightened the world with teachings of piety. By their intercessions save Thou our souls.

**Glory ..., Now & ever ..., Theotokion:**

**H**earken speedily to our supplications, O Lady, and bear them to thy Son and God. Remedy the adverse circumstances of those who have recourse unto thee, O most pure Sovereign Lady, and confound the ambushes and fury of those who now array themselves against thy servants, O Virgin.

After the 2<sup>nd</sup> chanting of the Psalter, the Sessional hymns, in Tone IV:

**Spec. Mel.: “Go Thou quickly before ...”:**

**Y**our tidings raced round about the whole earth and rendered foolish the false wisdom of the unwise, O glorious apostles; drawing mankind from the depths of delusion, and showing the path of salvation unto all; wherefore, we now call you blessed, as is meet.

**Verse:** The heavens declare the glory of God, \* and the firmament proclaimeth the work of His hands.

**O** Savior, Thou hast shown Thy disciples to the world as preachers of the Faith, through them guiding the world to the knowledge of Thee; for with rays of the word they shed light upon all, dispelling the darkness of ignorance with faith. By their supplications save Thou our souls.

**Verse:** Wondrous is God in His saints, the God of Israel.

**To the Martyrs:** **I**n their sufferings, Thy martyrs O Lord, received imperishable crowns from Thee, our God; for, possessed of Thy might, they set at naught the tyrants and crushed the feeble audacity of the demons. By their supplications save Thou our souls.



Glory ..., Now & ever ..., Theotokion:

**O** Lady, hearken to thy servant, for I cry out from the depths of my pain-wracked soul, and grant me the remission of my many evils, for thee do I have as an intercessor day and night. O Theotokos, deliver me from the fire of Gehenna, and set me at the right hand of thy Son and God.

After the 3<sup>rd</sup> chanting of the Psalter, the Sessional hymns, in Tone IV:

Spec. Mel.: “Go Thou quickly before ...”:

**T**he Sun of righteousness emitted you like rays to enlighten the whole earth, O glorious apostles. By your divine prayers ye illumine all with the never-waning light of God, enlightening those who celebrate your holy memory with faith.

**G**o thou quickly on before, O Nicholas, and save thy servants from the misfortunes and tribulations which assail us, for thou hast boldness before God the Creator; wherefore, come now speedily unto those who call upon thee with faith, granting us thine intercession and protection.

Glory ..., Now & ever ..., Theotokion:

**O** thou who art more exalted than all created beings, I am in doubt as to how to worthily hymn thee O Theotokos, have mercy upon us for we freely entreat thee.

## ODE I

Canon of the holy, glorious & all-praised apostles, the composition of Theophanes, in Tone IV:

**Irmos:** **T**hrough the deep of the Red Sea, \* marched dry shod Israel of old, \* and by Moses’ outstretched hands, \* raised in the form of a cross, \* the power of Amalek was routed in the wilderness.

**A**s divine instruments of the Comforter, ever heralding Him with divine inspirations, the right glorious apostles of Christ have played for us a truly salvific song. (Twice)

**O** glorious eye-witnesses of Christ, grant enlightenment unto me who languish on the bed of slothfulness and am grievously wasting away in the death of sin through sickness of spirit.

**O** apostles who by your discourse loosed the irrationality of the nations, by the grace of the Comforter enlighten my heart, which hath, been grievously darkened by irrational acts, O apostles.

**Theotokion:** **T**hou didst remain an incorrupt virgin even after birthgiving, O thou who in a manner transcending understanding hast given birth to Him Who for our sake appeared on earth. Him do thou earnestly entreat, that He enlighten our souls.

Another canon, of the holy Nicholas, the acrostic whereof is “This is the fourth weaving for Nicholas”, the composition of Joseph, in the same tone:

**Irmos:** **O** Thou who wast born of the Virgin, \* drown I implore Thee, in the depth of dispassion \* the triune nature of my soul, \* as Thou didst the mighty strongholds of the warriors, \* that in the mortality of my flesh \* as on a timbrel \* I may chant a hymn of victory.

**H**aving inherited the life which is devoid of grief, O blessed one, ever filled with, spiritual joy drive all grief from my soul, I pray, that, rejoicing, I may glorify thee, O most sacred father Nicholas.

**T**hou wast set upon the lampstand of exalted virtues, and like a lamp dost enlighten the hearts of the faithful, O holy hierarch Nicholas; wherefore, I entreat thee with faith: By thy luminous prayers drive away darkness from my soul.

**O** most wise father, overwhelmed now by the abyss of this corrupt life and divers temptations, fleeing unto thee, I cry: Let me find thee to be a helmsman who by thy divine supplications transformeth the storm into calm.

**Theotokion:** **O** pure one, who art possessed of ever-vigilant prayer, lull to sleep the passions of our souls by thy sacred mediations, granting us divine and saving watchfulness for the fulfillment of the will of God.

### ODE III

#### Canon of the Apostles

**Irmos:** **T**hy Church, O Christ, rejoiceth in Thee crying aloud: \* Thou, O Lord, art my strength, \* my refuge and foundation.

**T**he currents of Thy disciples, Thy noetic rivers, O God, gladden Thy city with sanctity. (Twice)

**O** citizens of heaven, fellow ministers with the noetic ranks, all-glorious apostles: Deliver us from all tribulation.

**O** Christ Who established the apostles, Thy noetic heavens: By their prayers establish me steadfast upon the rock of Thy will, in that Thou art full of loving-kindness.

**Theotokion:** **I**n that the Mother who gave Thee birth in purity prayeth with the choir of the disciples, O Lord, grant us Thy mercies.

### Canon of Saint Nicholas

**Irmos:** Not in wisdom, nor in power do we glory, \* but we glory in Thee O Christ, \* the Hypostatic Wisdom of the Father, \* for there is none more holy than Thee, O Lover of mankind.

**T**hou wast revealed to be a sword slaughtering the rampaging foe, O Nicholas; wherefore, preserve us unharmed by their temptations, that we may do the will of God.

**H**eal the broken state of my soul, O holy hierarch who broke all the snares and traps of the enemy, that with faith I may honor thee, mine intercessor.

**O** father Nicholas, who didst raze the lifeless temple of Venus, by thy divine mediations demolish the passionate fantasies of my mind.

**Theotokion:** Thee have we acquired as an intercessor, O most pure Virgin. Transform our grief into joy, and deliver us from the sorrow which giveth rise to death.

### ODE IV

### Canon of the Apostles

**Irmos:** Beholding Thee, the Sun of righteousness, \* lifted up upon the Cross, \* the Church now standeth arrayed and doth worthily cry aloud: \* Glory be to Thy power, O Lord!

**T**hou didst ride Thy chosen steeds into the sea, O Lover of mankind, and they roiled the waters of false belief, proclaiming to all the true understanding of Thee. (Twice)

**O** glorious apostles, ye stars who have enlightened the noetic firmament of the Church with piety: Deliver me from the night of ignorance and transgressions.

**H**aving been shown to be like well-honed arrows, O apostles, quench now the burning arrows of mine evil, making steadfast my thoughts.

**Theotokion:** By the prayers of her who gave birth to Thee, and those of Thy sacred apostles, O Christ, heal my soul with their effective remedies, for it hath been embittered by venom through the sting of the adversary.

### Canon of Saint Nicholas

**Irmos:** He who sitteth in glory upon the throne of the Godhead, \* Jesus the true God, \* is come in a swift cloud \* and with His sinless hands he hath saved those who cry: \* Glory to Thy power, O Christ.

**T**hy most glorious life, O Nicholas, hath everywhere shown thee to be most glorious, radiant with divine miracles, the adornment of hierarchs and boast of all who honor thee with hymns of joy,

**R**esplendent with the divine rays of humble-mindedness, thou didst praise God on thine exalted cathedra, O blessed one, and by thy right acceptable supplications, O wise father, thou hast caused us to also partake of them.

**A**fire with priestly zeal, thou didst deliver those unjustly led forth to be slain, O father; wherefore, we cry out to thee: Rescue us thus from the perils which cruelly slay the heart.

**J**oyfully going about the heavens, O father Nicholas, stand forth invisibly before all who call upon thee, easing the sickness of our souls and granting us consolation in a godly manner.

**Theotokion:** **T**he angelic armies are filled with awe, O most pure one, hymning the majesty of thy divine birthgiving. With them pray, O Virgin, that all may be saved who bless thee with pure faith.

## ODE V

### Canon of the Apostles

**Irmos:** **T**hou, O Lord, who camest into the world, \* art my light, \* a holy light turning from the darkness of ignorance \* those who sing Thy praises in faith.

**T**he Cause of all gave you to drink of noetic gladness, O glorious apostles, who art branches putting forth the grapes of life. (Twice)

**O** apostles, unto the light of the commandments of God guide those who mindlessly remain in the darkness of despondency of soul.

**D**eliver us from transgressions of soul and from the judgment which is to come, from corruption and misfortunes, O blessed apostles.

**Theotokion:** **S**ave me, O God, Thou Lover of mankind! Save me by the supplications of her who ineffably gave birth to Thee, and of all Thy divine apostles!

### Canon of Saint Nicholas

**Irmos:** **T**he wicked will not behold Thy glory, O Christ, \* but we who rise early to hymn Thee shall behold Thee, \* the Only-Begotten effulgence of Thy Father's divinity, \* O Lover of mankind.

**D**ying, O wise father, thou didst set like the sun, but in Christ thou hast shone forth in the luminous effulgence of thy miracles, illumining the whole world, O Nicholas.

**O** sacred Nicholas, hearken unto us in these days, when temptations and tribulations befall us, relieving all oppression by the grace of the Spirit Who dwelleth within thee.

**I**n that I have a soul broken by the passions of life, I call upon thee for help, O sacred Nicholas: Hasten thou, and grant me perfect healing, entreating the Supremely good One!

**Theotokion:** **B**eholding thee with noetic eyes, O Virgin, Isaiah cried out: Behold, Jesus the Lord will be born from the Virgin, the divine Maiden, unto the regeneration of mankind!

## ODE VI

### Canon of the Apostles

**Irmos:** **T**he church crieth out unto Thee O Lord, \* 'I will sacrifice unto Thee with a voice of praise \* having been cleansed of the blood of the demons' \* by the blood that for mercy's sake flowed from Thy side.

**O** divinely chosen sheep of the good Shepherd, ye who are scattered throughout the world, by faith ye transformed all the bestiality of the wolves into the meekness of lambs. (Twice)

**O** apostles, ye right fruitful trees of divine paradise, transform all the barrenness of my soul into the goodly fruitfulness of virtuous ways.

**I** have been wounded by the sword of the passions and deadened thereby. O glorious ones, who received from Christ the grace to resurrect the dead, give life to my wretched soul, which hath been slain.

**Theotokion:** **S**till Thou the raging storm of my soul, O compassionate God of all, by the supplications of the Theotokos who gave birth to Thee, and of Thine apostles and martyrs.

### Canon of Saint Nicholas

**Irmos:** **I** have reached the depths of the sea \* and the tempest of my many sins hath engulfed me; \* but do Thou raise up my life from the abyss \* O Greatly-merciful One.

**T**hou wast strengthened by the might of the Savior, O divinely wise one, who art able to destroy the invisible foe. By thy prayers, O father Nicholas, deliver us from his grievous harm.

**B**y thy sacred supplications, O most glorious Nicholas, deliver us from torment in Gehenna, and from the most harmful oppression of wicked men.

**T**he military officers, who of old were unjustly sentenced to die, were delivered by thine intercessions, O right wondrous one. Rescue us from all harm as thou didst them.

**Theotokion:** **T**hy people and city entreat thee, O Mother of God: Rescue us from all need, O all-holy Lady, and from eternal damnation in the life to come.

## ODE VII

### Canon of the Apostles

**Irmos:** **I**n the Persian furnace the youths and descendants of Abraham, \* burning with a love of piety \* rather than by a flame of fire, \* cried aloud saying: \* Blessed art Thou in the temple of Thy glory, O Lord.

**W**ith the strength of your all-holy preaching, O true apostles of Christ, ye have broken the winter of deception and enlightened the minds of the faithful with the knowledge of God. (Twice)

**E**ver pouring forth fragrant myrrh, O divine disciples, fill with the sweet smell of noetic myrrh those who have recourse unto you, and drive away the foul-smelling passions.

**O** glorious disciples of the incorrupt Word, save me, who am become corrupt through carnal offenses, yet who sing: Blessed art Thou in the temple of Thy glory, O Lord!

**Theotokion:** **T**he choir of the angels, the choir of the martyrs and Thine apostles, O Word, ever entreat the magnitude of Thy loving-kindness: Through the Theotokos have pity on all, in that Thou art compassionate.

### Canon of Saint Nicholas

**Irmos:** **T**he three youths in Babylon, \* regarded the tyrant's command as foolishness, \* and cried aloud in the midst of the flame: \* Blessed art Thou, O Lord God of our fathers!

**O** holy Nicholas, entreat the one Creator of all, Who resteth in the saints, that He sanctify us and send down upon us His rich mercies.

**H**oly, righteous and meek, gentle and humble, O glorious one, thou didst ascend to the most glorious heights of the priesthood, working signs and wonders.

**K**eeping the laws of God, O venerable one, thou wast revealed to be a most pure temple of God; wherefore, we cry aloud: O all-blessed one, deliver thy servants from all iniquity!

**Theotokion:** **P**ut down the uprisings of the passions of my soul, and by thy vigilant supplications grant me watchfulness, O Maiden, driving far away the slumber of despondency.



## ODE VIII

### Canon of the Apostles

**Irmos:** **H**aving spread his hands, Daniel closed the lions jaws \* in their den; \* while the zealously pious youths, \* girded with virtue, \* quenched the power of the fire and cried aloud: \* Bless ye the Lord, all ye works of the Lord.

**O** mouths of Christ inspired by the fire of the Spirit, ye who closed the mouths of the unrestrained and spread the preaching of salvation everywhere: Ye have delivered from the jaws of the noetic wolf those who cry aloud: Hymn the Lord, all ye works, and supremely exalt Him throughout all ages! (Twice)

**S**ound ye the melodious trumpets of Christ round about my deadened soul, O glorious apostles, and raise it up from the grave of despair and despondency, that it may chant: Hymn the Lord, all ye works, and supremely exalt Him throughout all ages!

**B**y the prayers of Thy disciples, O Christ, disdain me not, who with depravity of mind have trampled underfoot Thy laws and, a prodigal, have stumbled headlong into the abyss, and am ever captive to wicked habits.

**Theotokion:** **O** Mary, Sovereign Lady of all, by thy supplications free me, who am dominated by the serpent and ever sin; that I may labor for Christ in a pure life, and chant: Hymn the Lord, all ye works, and supremely exalt Him throughout all ages!

### Canon of Saint Nicholas

**Irmos:** **O** almighty Redeemer of all, \* having descended and bedewed the children \* in the midst of the flame, \* Thou didst teach them to sing: \* All ye works bless and hymn the Lord.

**M**aking proclamation concerning divine things, O Nicholas, thou didst clearly shut the gaping mouths of the iniquitous, and from the corruption of Arius delivered many, who chant in a Orthodox manner: Hymn the Lord, and supremely exalt Him throughout all ages!

**O** holy one, thou namesake of victory, by thy prayers show us forth, who ever pray to thee with faith, as victors over the passions which engender death, and over the lying tongue of all-iniquitous men.

**S**end down upon us thy salvific help, O wonderworker Nicholas, that we may be succored in the day of need when we call upon thee with faith, we pray thee.



**Triadicon:** In an Orthodox manner, O ye faithful, let us worship the Holy Trinity, glorifying the Father, the Son and the all-holy Spirit, crying aloud: Bless and hymn the Lord, and supremely exalt Him throughout all ages!

**Theotokion:** Grant me thy mercy, O blessed and all-pure one who hast given birth to the exceedingly merciful Word; stand before me at the hour of judgment, and deliver me then from damnation, O pure one.

We then chant the Hymn of the Theotokos (the Magnificat), with the refrain: “More honorable than the cherubim ...”, and make prostrations.

## ODE IX

### Canon of the Apostles

**Irmos:** A cornerstone not cut by hand O Virgin, \* was cut from thee the unhewn mountain: \* even Christ, Who hath joined together the disparate natures; \* therefore rejoicing we magnify thee, \* O Theotokos.

O apostles, ye chosen stones of the Stone set as the Chief Cornerstone, ye have built up the hearts of all the faithful, toppling the foundations of the enemy with the rock of the Faith. (Twice)

O apostles, who received from Christ the authority to loose and to bind, loose the bonds of mine evils, bind me to the love of God, and cause me to share in the kingdom, of God.

O divine clouds of the Master, with divine showers water my heart, which hath become dry through every evil deed, and show it to be fruitful.

**Theotokion:** With the holy angels, with the divine apostles and the glorious martyrs, O most pure Birthgiver of God, entreat thy Son and God, that He deliver our souls from misfortunes.

### Canon of Saint Nicholas

**Irmos:** Eve dwelt under the curse of sin \* because of the infirmity of disobedience; \* but thou, O Virgin Theotokos, \* hast through the Offspring of thy pregnancy \* blossomed forth blessing upon the world. \* Wherefore, we all magnify thee.

Ever working healings, O venerable Nicholas, thy tomb poureth forth fragrant myrrh upon those who approach it with faith and love, burying the assaults of illness; wherefore, we all call thee blessed.

Like the sun thou dost shed light upon the whole world, O divinely blessed Nicholas, driving away the darkness of grievous circumstances with the radiance of divine miracles by thy sacred mediations, O adornment of hierarchs.

**A**s is thy wont, have pity, O Nicholas, upon those who are ever cruelly tempest-tossed by the circumstances of life, the deceptions of the demons and the temptations of wicked men, that we may all call thee blessed.

**O** my soul, be thou mindful of the dread day and hour, when the Master will call thee to trial and judge thy secret acts; and cry out to Him: O Savior, save me by the prayers of Nicholas!

**Theotokion:** **W**e joyfully offer thee the salutation of the divine Gabriel, and we cry aloud: Rejoice, O paradise who ever hast within thee the Tree of life, O most glorious palace of the Word! Rejoice, O all-immaculate Virgin!

Then, “It is truly meet to bless thee ...”, and a prostration.

**Litany:** Let us complete ..., Exapostilarion, and the usual psalms.

On the Aposticha, the Stichera of the apostles, in Tone IV:

**T**hou didst enlighten the choir of the apostles with the Holy Spirit, O Christ God. For their sake, wash away the defilement of our sin, and have mercy on us.

**Verse:** We were filled in the morning with Thy mercy, O Lord, and we rejoiced and were glad. In all our days, let us be glad for the days wherein Thou didst humble us, for the years wherein we saw evils. And look upon Thy servants, and upon Thy works, \* and do Thou guide their sons.

**T**hy Holy Spirit revealed the illiterate disciples to be teachers, O Christ God, and set at naught the delusion of the pagans with their greatly eloquent harmony, in that He is almighty.

**Verse:** And let the brightness of the Lord our God be upon us, and the works of our hands do Thou guide aright upon us, \* yea, the work of our hands do Thou guide aright.

**To the Martyrs:** **P**recious is the death of Thy saints, O Lord! For broken by swords, fire and freezing cold, they poured forth their blood, placing in Thee their hope, that they would receive reward for their toils. They endured, O Savior, and have received great mercy from Thee.

Glory ..., Now & ever ..., Theotokion:

**T**hee have we obtained as a rampart, \* O most pure Theotokos, \* a favorably calm harbor and confirmation. \* Wherefore, I who am tempest-tossed in this life beseech thee: \*\* do thou guide me and save me!

Then, “It is good to give thanks ...,” Trisagion ..., Our Father ..., Troparia.

**Litany:** Have mercy on us ..., First Hour, and Dismissal.

**ON THURSDAY MORNING: TONE IV**  
**AT LITURGY**

**On the Beatitudes, these Troparia, in Tone IV:**

**O**f old Adam was banished from paradise through the tree, but by the tree of the Cross the thief hath come to dwell in paradise: the one by tasting rejected the commandment of the Creator, but the other, crucified with Christ, confessed the hidden God, crying out: Remember me in Thy kingdom!

**A**s reason-endowed members of the flock of the Lamb and Shepherd, O wise ones, ye were sent by Him like lambs into the midst of wolves to preach God; and ye transformed their savagery into meekness, so that with faith they cry out with steadfast intent: Remember us, O Savior, in Thy kingdom!

**P**assing over the fullness of the earth, like radiant stars, O apostles of the Lord, ye loosed those darkened by deception and shone the light of salvation upon the deceived; wherefore, we call you blessed, O preachers of Christ, and ask: Ever pray to the Lord for us!

**To the Martyrs:** **C**onsumed by material fire and slain, O wise and blessed ones, ye utterly consumed the tinder of bitter polytheism; and ye now pour forth streams of healings upon those who approach you with faith, and cry out fervently unto Christ, exclaiming: Remember us in Thy kingdom!

**Glory ..., W**ith unwavering resolve and sobriety of mind let us say unto Him Who in the highest is enthroned with the Father and the Spirit: O indivisible Trinity, Who in the beginning created all things by Thy word and enlightenest all: In Thy kingdom remember us who call upon Thee with faith!

**Now & ever ..., T**hou art truly the never-fading wreath of the passion-bearers, O Birthgiver of God, joy of the apostles, all-immaculate Maiden. With them, O Lady, ask deliverance from transgressions and correction of life for us who petition thee with faith and cry out to thee: Rejoice, O thou who art most truly the treasury of good things!

**On Thursday, the Prokeimenon, in Tone VIII:**

**Prokeimenon, in Tone VIII:** Their sound hath gone forth into all the earth,  
\* and their words unto the ends of the world.

**Verse:** The heavens declare the glory of God, and the firmament  
proclaimeth the work of His hands.

Alleluia, in Tone I: The heavens shall confess Thy wonders, O Lord, and Thy truth in the congregation of saints.

Verse: God Who is glorified in the council of the saints.

Communion Verse: Their sound hath gone forth into all the earth, and their words unto the ends of the world.