Practicum 1 Analysis

Peter Claussen Ben Derenge Stephanie Liebl 10/5/2021

Data Processing

Our initial step in processing the 'Practicum 1 Data' data set was to remove any rows where the Snumber column was "NA". We identified the Snumber column as a unique identifier, and thus were only concerned with nonempty rows. Initially, the data set has 392 rows. After removing removing the 'NA' identifiers, we are left with 352 rows.

```
metrics.dat <- read.csv('Practicum 1 Data.csv',header=TRUE)
metrics.dat <- metrics.dat[!is.na(metrics.dat$Snumber),]</pre>
```

Next, we verified that the column Total_Met_Min had correct computations. We created a separate column CalcTMM to check against the values in Total_Met_Min. In our observations of the shift variable, we discovered that there existed an 'other' category and missing values. We decided to refrain from combining these categories and created a 'missing' category for values of shift that were blank.

```
metrics.dat$CalcTMM <- with(metrics.dat, 8*Vig.ex.Time + 4*Mod.ex.time + 3.3*Walk.ex.Time)
#metrics.dat$shift[metrics.dat$shift==''] <- 'missing'</pre>
\#shift.levels \leftarrow c(paste(c(7:11), 'am', sep=''), paste(c(12,1:2), 'pm', sep=''), 'other', 'missing')
metrics.dat$shift[metrics.dat$shift==''] <- 'other'</pre>
shift.levels \leftarrow c(paste(c(7:11), 'am', sep=''), paste(c(12,1:2), 'pm', sep=''), 'other')
metrics.dat$shift <- factor(metrics.dat$shift,shift.levels)</pre>
summary(metrics.dat$shift)
##
     7am
            8am
                   9am
                        10am
                               11am
                                      12pm
                                             1pm
                                                    2pm other
```

```
metrics.dat$MissingLbs <- is.na(metrics.dat$pounds_gained)
table(metrics.dat$MissingLbs,metrics.dat$weightgain)</pre>
```

15

```
## No Yes
## FALSE 0 1 231
## TRUE 4 110 6
```

115

50

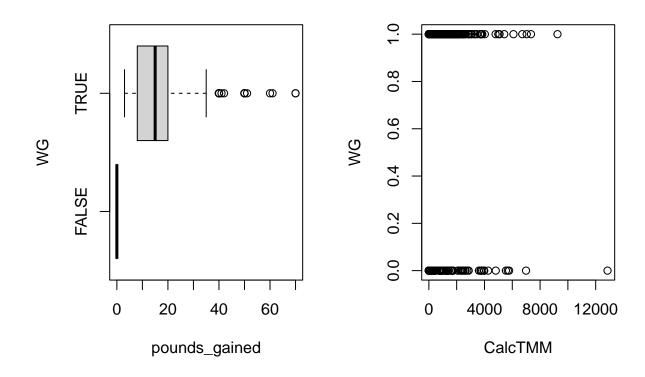
##

31

We consider two subsets for analysis. First we create a data table that has appropriate values for weightgain. This will be the larger of the two data sets. Our original data set contained a binary 'yes/no' column titled weightgain. This column was missing data for four rows, and thus, we subset the data to obtain a data

table with values for weightgain in all rows. This data table left us with 348 rows. It should be noted that the original data set contains a numeric pounds_gained column as well. This column had many missing values, but we were able to impute a '0' if we knew that row had a 'No' for weightgain. Lastly, we observed a single missing value for the column CalcTMM, and so we once more subset the data to obtain a table with values of CalcTMM for all rows.

```
gained.dat <- metrics.dat[metrics.dat$weightgain %in% c('Yes','No'),]</pre>
gained.dat$WG <- FALSE</pre>
gained.dat$WG[gained.dat$weightgain=='Yes'] <- TRUE</pre>
gained.dat$pounds_gained[!gained.dat$WG] <- 0</pre>
dim(gained.dat)
## [1] 348 86
gained.dat$MissingLbs <- is.na(gained.dat$pounds_gained)</pre>
table(gained.dat$MissingLbs,gained.dat$weightgain)
##
##
            No Yes
##
     FALSE 111 231
     TRUE
gained.dat <- gained.dat[!is.na(gained.dat$CalcTMM),]</pre>
dim(gained.dat)
## [1] 347 86
#gained.dat <- gained.dat[!gained.dat$MissingLbs,]</pre>
dim(gained.dat)
## [1] 347 86
par(mfrow=c(1,2))
boxplot(pounds_gained ~ WG,data=gained.dat,horizontal = TRUE)
plot(WG~CalcTMM, data=gained.dat)
```



Analysis of Binary Response (WG)

(SA1) Does total metabolic minutes have an effect on weight gain?

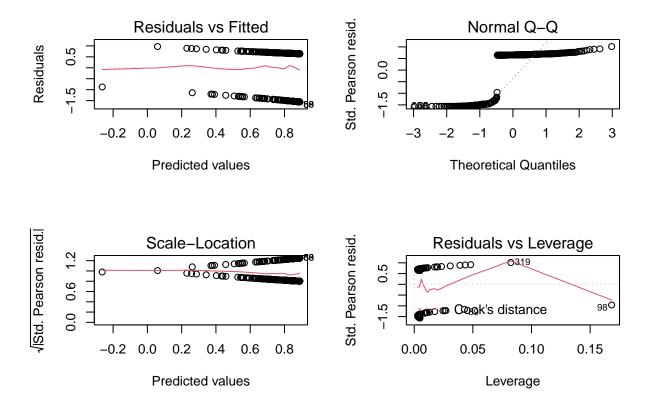
Simple logistic regression

The client provided us two specific aims to address in our analysis. We will begin with the first specific aim, which we will refer to as SA1. SA1 says, "Does total metabolic minutes have an effect on weight gain?". To address this question, we began by creating a simple linear regression model of our binary weight gain versus calculated total metabolic minutes. The summary output of this model suggests that CalcTMM has very little effect on weight gain, as the p-value for CalcTMM is 0.21, quite large.

```
SA1.model1 <- glm(WG ~ CalcTMM, data=gained.dat, family = binomial) summary(SA1.model1)
```

```
##
## Call:
  glm(formula = WG ~ CalcTMM, family = binomial, data = gained.dat)
## Deviance Residuals:
                       Median
##
       Min
                  1Q
                                     3Q
                                             Max
                       0.8403
##
   -1.5702
                                0.8697
                                          1.1523
            -1.4777
##
```

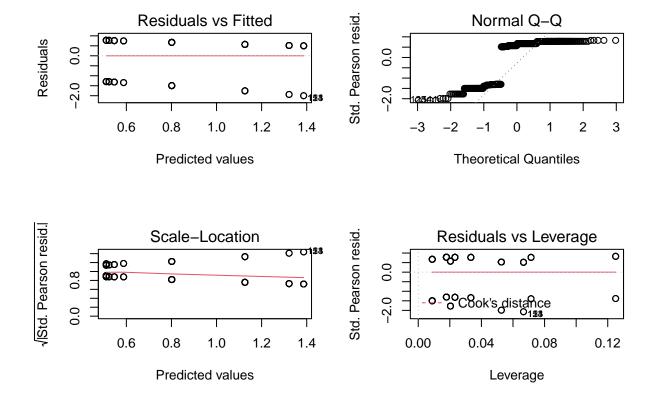
```
## Coefficients:
##
                 Estimate Std. Error z value Pr(>|z|)
##
   (Intercept)
                8.882e-01
                            1.517e-01
                                        5.855 4.78e-09 ***
               -8.959e-05
                            7.141e-05
   CalcTMM
                                       -1.255
                                                   0.21
##
##
  Signif. codes:
                   0
                     '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
##
##
   (Dispersion parameter for binomial family taken to be 1)
##
##
       Null deviance: 433.47
                               on 346
                                       degrees of freedom
  Residual deviance: 431.91
                               on 345
                                       degrees of freedom
   AIC: 435.91
##
##
## Number of Fisher Scoring iterations: 4
par(mfrow=c(2,2))
plot(SA1.model1)
```



(SA2) Does *shift* have an effect on *weight gain*?

The second specific aim given to us by the client says, "Does shift have an effect on weight gain?". To address this question, we began by creating a simple linear regression model of our binary weight gain versus shift. From the summary output of this model, we see that no value of shift seems to have much significance in the model. The p-value for each of these values is greater than 0.1, suggesting each has little effect on weight gain.

```
SA2.model1 <- glm(WG ~ shift, data=gained.dat,family = binomial)
summary(SA2.model1)
##
## Call:
## glm(formula = WG ~ shift, family = binomial, data = gained.dat)
## Deviance Residuals:
                     Median
      Min
                1Q
                                  3Q
                                         Max
                     0.7495
                                      0.9695
## -1.7941 -1.4006
                             0.9400
##
## Coefficients:
##
              Estimate Std. Error z value Pr(>|z|)
## (Intercept) 0.54654
                       0.37887
                                   1.443
                                            0.149
                       0.43004
                                            0.553
## shift8am
              0.25482
                                  0.593
## shift9am -0.03572
                       0.46875 -0.076
                                            0.939
## shift10am 0.57947
                          0.50389
                                  1.150
                                            0.250
## shift11am -0.02330
                          0.49303
                                  -0.047
                                            0.962
## shift12pm 0.04124
                          0.67428
                                   0.061
                                            0.951
                                  -0.043
## shift1pm
              -0.03572
                          0.82272
                                            0.965
## shift2pm
             0.83975
                          0.74847
                                   1.122
                                            0.262
## shiftother 0.77521
                                            0.253
                          0.67839
                                   1.143
##
## (Dispersion parameter for binomial family taken to be 1)
##
      Null deviance: 433.47 on 346 degrees of freedom
##
## Residual deviance: 428.11 on 338 degrees of freedom
## AIC: 446.11
##
## Number of Fisher Scoring iterations: 4
par(mfrow=c(2,2))
plot(SA2.model1)
```



Model 2 Interactions

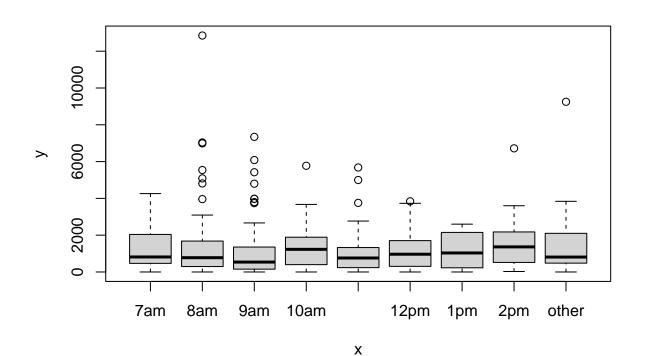
After observing the models representing weight gain versus total met minutes and shift, respectively, we sought to examine whether shift*CalcTMM had an effect on weight gain.

```
SA12.model2 <- glm(WG ~ shift*CalcTMM, data=gained.dat,family = binomial) summary(SA12.model2)
```

```
##
## Call:
  glm(formula = WG ~ shift * CalcTMM, family = binomial, data = gained.dat)
##
## Deviance Residuals:
##
       Min
                  1Q
                       Median
                                    3Q
                                             Max
   -1.9466
           -1.3601
                       0.7570
                                0.9131
                                          1.4612
##
##
##
  Coefficients:
                         Estimate Std. Error z value Pr(>|z|)
##
## (Intercept)
                        1.060e+00
                                   5.867e-01
                                                1.806
                                                         0.0709 .
## shift8am
                        8.686e-02
                                   6.470e-01
                                                0.134
                                                         0.8932
## shift9am
                       -6.779e-01
                                   6.792e-01
                                               -0.998
                                                         0.3182
## shift10am
                        6.941e-01
                                   8.161e-01
                                                0.851
                                                         0.3950
## shift11am
                       -6.229e-01
                                   7.194e-01
                                               -0.866
                                                         0.3866
## shift12pm
                       -2.265e-01
                                  1.000e+00
                                               -0.226
                                                         0.8209
```

```
7.634e-02 1.377e+00
## shift1pm
                                               0.055
                                                       0.9558
## shift2pm
                       2.430e-01
                                 1.101e+00
                                               0.221
                                                       0.8253
                                  1.066e+00
                                                       0.3473
## shiftother
                      -1.002e+00
                                              -0.940
## CalcTMM
                                  2.972e-04
                                              -1.200
                      -3.565e-04
                                                       0.2303
## shift8am:CalcTMM
                       1.019e-04
                                  3.249e-04
                                               0.314
                                                       0.7538
## shift9am:CalcTMM
                       4.652e-04
                                 3.455e-04
                                               1.346
                                                       0.1782
## shift10am:CalcTMM
                      -6.172e-05
                                  4.110e-04
                                              -0.150
                                                       0.8806
## shift11am:CalcTMM
                                                       0.2693
                       4.393e-04
                                  3.977e-04
                                               1.105
## shift12pm:CalcTMM
                       1.608e-04
                                  5.436e-04
                                               0.296
                                                       0.7674
## shift1pm:CalcTMM
                      -1.489e-04
                                  8.233e-04
                                             -0.181
                                                       0.8565
## shift2pm:CalcTMM
                       4.062e-04
                                  5.046e-04
                                               0.805
                                                       0.4209
## shiftother:CalcTMM 1.696e-03
                                  1.084e-03
                                               1.564
                                                       0.1178
##
## Signif. codes: 0 '*** 0.001 '** 0.01 '* 0.05 '.' 0.1 ' 1
##
## (Dispersion parameter for binomial family taken to be 1)
##
##
       Null deviance: 433.47
                              on 346
                                      degrees of freedom
## Residual deviance: 415.04 on 329 degrees of freedom
  AIC: 451.04
##
## Number of Fisher Scoring iterations: 6
```

plot(metrics.dat\$shift, metrics.dat\$CalcTMM)



Model 3 SA1 and 2 plus anthropometric variables

The original data set included anthropometric variables such as gender, Age, height, and BMI. We wanted to inspect whether such variables affect weight gain, and so we created a generalized linear model including them. We began by including just variables for gender and age, and then height. It can be seen that the p-values for these variables in both models are large, suggesting little effect on weight gain.

```
subset3a.dat <- gained.dat[which(complete.cases(gained.dat[, c("gender", "Age", "shift", "CalcTMM")])),</pre>
SA12.model3a <- glm(WG ~ gender + Age + shift + CalcTMM, data=subset3a.dat,family = binomial)
summary(SA12.model3a)
##
## Call:
## glm(formula = WG ~ gender + Age + shift + CalcTMM, family = binomial,
       data = subset3a.dat)
##
##
## Deviance Residuals:
##
      Min
                10
                     Median
                                   3Q
                                           Max
## -2.0693 -1.3158
                     0.7675
                               0.8650
                                        1.4108
##
## Coefficients:
                 Estimate Std. Error z value Pr(>|z|)
##
## (Intercept)
                 1.003e-01 1.626e+00
                                       0.062
                                                 0.951
## genderFemale 1.323e+00 1.476e+00
                                       0.896
                                                 0.370
## genderMale
                8.046e-01 1.489e+00
                                       0.541
                                                 0.589
                -6.123e-03 1.265e-02 -0.484
## Age
                                                 0.628
## shift8am
               -1.468e-01 4.819e-01 -0.305
                                                 0.761
## shift9am
               -3.807e-01 5.238e-01 -0.727
                                                 0.467
## shift10am
               1.770e-01 5.523e-01
                                       0.320
                                                 0.749
## shift11am
               -1.926e-01 5.540e-01 -0.348
                                                 0.728
## shift12pm
               -4.136e-01 7.190e-01 -0.575
                                                 0.565
## shift1pm
               -4.508e-01 8.569e-01 -0.526
                                                 0.599
                1.337e+00 1.150e+00
## shift2pm
                                       1.162
                                                 0.245
## shiftother
                7.151e-01 8.013e-01
                                       0.892
                                                 0.372
## CalcTMM
               -1.124e-04 7.651e-05 -1.469
                                                 0.142
##
## (Dispersion parameter for binomial family taken to be 1)
##
       Null deviance: 393.55 on 318 degrees of freedom
## Residual deviance: 380.39 on 306 degrees of freedom
## AIC: 406.39
##
## Number of Fisher Scoring iterations: 4
subset3b.dat <- gained.dat[which(complete.cases(gained.dat[, c("gender", "Age", "height", "shift", "Calc"
SA12.model3b <- glm(WG ~ gender + Age + height +shift + CalcTMM, data=subset3b.dat, family = binomial)
summary(SA12.model3b)
```

glm(formula = WG ~ gender + Age + height + shift + CalcTMM, family = binomial,

##

data = subset3b.dat)

```
##
## Deviance Residuals:
##
       Min
                 1Q
                      Median
                                           Max
  -2.0225 -1.2973
                      0.7586
                                         1.3909
##
                               0.8560
##
## Coefficients:
                  Estimate Std. Error z value Pr(>|z|)
## (Intercept) -2.136e-01
                           3.385e+00
                                      -0.063
                                                  0.950
  genderFemale 1.355e+00
                            1.491e+00
                                        0.909
                                                  0.364
## genderMale
                 7.863e-01
                           1.485e+00
                                        0.529
                                                  0.597
## Age
                -2.485e-03 1.296e-02
                                       -0.192
                                                  0.848
## height
                 2.457e-03 4.172e-02
                                        0.059
                                                  0.953
                -1.088e-01 4.832e-01
                                       -0.225
                                                  0.822
## shift8am
## shift9am
                -3.487e-01 5.275e-01
                                       -0.661
                                                  0.509
## shift10am
                 2.378e-01
                            5.610e-01
                                        0.424
                                                  0.672
## shift11am
                -1.791e-01
                            5.546e-01
                                       -0.323
                                                  0.747
                -4.104e-01
                                       -0.570
                                                  0.568
## shift12pm
                           7.196e-01
## shift1pm
                -4.375e-01
                           8.575e-01
                                       -0.510
                                                  0.610
## shift2pm
                 1.346e+00
                           1.153e+00
                                        1.167
                                                  0.243
## shiftother
                 6.555e-01 8.067e-01
                                        0.813
                                                  0.416
## CalcTMM
                -1.077e-04 7.696e-05 -1.399
                                                  0.162
  (Dispersion parameter for binomial family taken to be 1)
##
##
       Null deviance: 384.25
                              on 312
                                      degrees of freedom
## Residual deviance: 371.25
                              on 299
                                      degrees of freedom
## AIC: 399.25
## Number of Fisher Scoring iterations: 4
```

Model 4 Partition CalcTMM into components

In the background information given to us by our client, it stated that the $Total_Met_Min$ column was calculated by a combination of Vig.ex.Time, Mod.ex.Time, and Walk.ex.Time. Although as previously discovered, total met minutes as a whole does not have a large effect on weight gain, we wanted to determine whether its individual components have an effect. We see that none have significant effects (p > .05).

```
subset4a.dat <- gained.dat[which(complete.cases(gained.dat[, c("gender", "Age", "shift", "Vig.ex.Time",
SA12.model4a <- glm(WG ~ gender + Age + shift + Vig.ex.Time + Mod.ex.time + Walk.ex.Time, data=subset4
summary(SA12.model4a)</pre>
```

```
##
   glm(formula = WG ~ gender + Age + shift + Vig.ex.Time + Mod.ex.time +
##
       Walk.ex.Time, family = binomial, data = subset4a.dat)
##
## Deviance Residuals:
##
       Min
                 1Q
                      Median
                                    3Q
                                            Max
## -2.0683 -1.3096
                      0.7628
                                0.8637
                                          1.4283
##
## Coefficients:
##
                  Estimate Std. Error z value Pr(>|z|)
```

```
## (Intercept)
                2.830e-01 1.662e+00
                                       0.170
                                                0.865
## genderFemale 1.133e+00 1.518e+00
                                       0.746
                                                0.456
## genderMale
                6.236e-01 1.527e+00
                                       0.408
                                                0.683
## Age
               -6.496e-03 1.271e-02 -0.511
                                                0.609
## shift8am
               -1.226e-01 4.844e-01 -0.253
                                                0.800
## shift9am
               -3.866e-01 5.257e-01 -0.735
                                                0.462
## shift10am
               2.055e-01 5.556e-01
                                       0.370
                                                0.712
## shift11am
               -1.591e-01 5.581e-01
                                      -0.285
                                                0.776
## shift12pm
               -4.121e-01 7.195e-01
                                     -0.573
                                                0.567
## shift1pm
               -4.472e-01 8.571e-01
                                     -0.522
                                                0.602
## shift2pm
                1.340e+00 1.159e+00
                                       1.156
                                                0.248
## shiftother
                7.275e-01 8.023e-01
                                       0.907
                                                0.365
## Vig.ex.Time -1.443e-03 1.231e-03 -1.172
                                                0.241
## Mod.ex.time -6.436e-05 1.166e-03 -0.055
                                                0.956
## Walk.ex.Time -2.553e-04 5.873e-04 -0.435
                                                0.664
## (Dispersion parameter for binomial family taken to be 1)
##
      Null deviance: 393.55 on 318 degrees of freedom
## Residual deviance: 380.13 on 304 degrees of freedom
## AIC: 410.13
## Number of Fisher Scoring iterations: 4
subset4b.dat <- gained.dat[which(complete.cases(gained.dat[, c("gender", "Age", "height", "shift", "Vig</pre>
SA12.model4b <- glm(WG ~ gender + Age + height + shift + Vig.ex.Time + Mod.ex.time + Walk.ex.Time, dat
summary(SA12.model4b)
##
## Call:
## glm(formula = WG ~ gender + Age + height + shift + Vig.ex.Time +
      Mod.ex.time + Walk.ex.Time, family = binomial, data = subset4b.dat)
##
## Deviance Residuals:
##
      Min
                10
                    Median
                                  3Q
                                          Max
## -2.0204 -1.2916
                     0.7557
                              0.8589
                                       1.3908
##
## Coefficients:
                 Estimate Std. Error z value Pr(>|z|)
## (Intercept) -0.0537081 3.4176533 -0.016
                                                0.987
## genderFemale 1.1810847 1.5395473
                                       0.767
                                                0.443
## genderMale
                                       0.402
                0.6147096 1.5279091
                                                0.687
## Age
               -0.0026950 0.0130268 -0.207
                                                0.836
## height
                0.0024623 0.0417659
                                       0.059
                                                0.953
## shift8am
               -0.0816507 0.4857681
                                      -0.168
                                                0.867
## shift9am
               -0.3446730 0.5295749
                                      -0.651
                                                0.515
## shift10am
                0.2666934 0.5637140
                                       0.473
                                                0.636
## shift11am
               -0.1444094 0.5590046
                                     -0.258
                                                0.796
## shift12pm
               -0.4134012 0.7198845
                                     -0.574
                                                0.566
## shift1pm
               -0.4307054 0.8575452 -0.502
                                                0.615
## shift2pm
                1.3264224 1.1620886
                                       1.141
                                                0.254
## shiftother
                0.6683115 0.8076087
                                       0.828
                                                0.408
## Vig.ex.Time -0.0013616 0.0012588 -1.082
                                                0.279
## Mod.ex.time 0.0000909 0.0011976
                                      0.076
                                                0.939
```

```
## Walk.ex.Time -0.0003440 0.0005891 -0.584 0.559
##
## (Dispersion parameter for binomial family taken to be 1)
##
    Null deviance: 384.25 on 312 degrees of freedom
## Residual deviance: 370.99 on 297 degrees of freedom
## AIC: 402.99
##
## Number of Fisher Scoring iterations: 4
```

Model 5 - Model 4 plus BMI and initial body weight

For these models, we may include BMI, or just the anthropometric variables used to calculate BMI. Using the columns for body weight, height, and pounds gained, we were able to obtain initial_BMI and initial_bweight columns.

```
gained.dat['initial_bweight'] <- gained.dat$bweight - gained.dat$pounds_gained
gained.dat['initial_BMI'] <- (gained.dat$initial_bweight / (gained.dat$height)^2)*703</pre>
```

In the following models, we used the anthropometric variables, the individual total met minute components in addition to the initial BMI and initial body weight variables, respectively. We know that BMI is calculated using height and weight, so we avoided using all three (initial_BMI, height, initial_bweight) in a model to avoid confounding. We see that in the first model, initial_BMI has a small p-value and in the second model, initial_bweight also has a small p-value. This suggests that the variables effect weight gain in their respective models.

```
subset5a.dat <- gained.dat[which(complete.cases(gained.dat[, c("gender", "Age", "shift", "Vig.ex.Time",
SA12.model5a <- glm(WG ~ gender + Age + shift + Vig.ex.Time + Mod.ex.time + Walk.ex.Time + initial_BMI
summary(SA12.model5a)</pre>
```

```
##
## Call:
   glm(formula = WG ~ gender + Age + shift + Vig.ex.Time + Mod.ex.time +
##
##
       Walk.ex.Time + initial_BMI, family = binomial, data = subset5a.dat)
##
## Deviance Residuals:
       Min
##
                 1Q
                      Median
                                    30
                                            Max
  -2.1210 -1.2011
                      0.7118
                                0.8860
                                          1.2865
##
## Coefficients:
##
                  Estimate Std. Error z value Pr(>|z|)
## (Intercept)
                 3.748e-01
                            1.804e+00
                                         0.208
                                                  0.8355
## genderFemale
                 1.606e+00
                                          1.038
                            1.548e+00
                                                  0.2995
## genderMale
                 1.126e+00
                                         0.721
                             1.561e+00
                                                  0.4707
## Age
                 1.232e-02
                            1.540e-02
                                         0.800
                                                  0.4237
                                        -0.506
## shift8am
                -2.743e-01
                            5.420e-01
                                                  0.6128
                 1.975e-01
                            6.326e-01
                                         0.312
## shift9am
                                                  0.7548
## shift10am
                 5.448e-01
                            6.418e-01
                                         0.849
                                                  0.3960
## shift11am
                -2.802e-01
                            6.240e-01
                                        -0.449
                                                  0.6535
## shift12pm
                 3.528e-01
                            8.418e-01
                                         0.419
                                                  0.6751
## shift1pm
                                         0.067
                                                  0.9465
                 6.855e-02 1.022e+00
```

```
1.593e+01 9.552e+02
                                        0.017
## shift2pm
                                                0.9867
## shiftother
                7.029e-01 8.472e-01
                                        0.830
                                                0.4067
## Vig.ex.Time -4.839e-04 1.427e-03
                                       -0.339
                                                0.7344
## Mod.ex.time -6.368e-04
                           1.477e-03
                                       -0.431
                                                0.6663
## Walk.ex.Time -3.513e-04 6.585e-04
                                       -0.533
                                                0.5938
## initial BMI -5.113e-02 2.660e-02
                                      -1.922
                                                0.0546
## Signif. codes: 0 '***' 0.001 '**' 0.05 '.' 0.1 ' ' 1
##
## (Dispersion parameter for binomial family taken to be 1)
##
       Null deviance: 301.19 on 241 degrees of freedom
## Residual deviance: 282.10 on 226 degrees of freedom
## AIC: 314.1
##
## Number of Fisher Scoring iterations: 15
subset5b.dat <- gained.dat[which(complete.cases(gained.dat[, c("gender", "Age", "height", "shift", "Vig</pre>
SA12.model5b <- glm(WG ~ gender + Age + height + shift + Vig.ex.Time + Mod.ex.time + Walk.ex.Time +ini
summary(SA12.model5b)
##
## Call:
## glm(formula = WG ~ gender + Age + height + shift + Vig.ex.Time +
      Mod.ex.time + Walk.ex.Time + initial_bweight, family = binomial,
##
       data = subset5b.dat)
##
## Deviance Residuals:
##
      Min
                 1Q
                      Median
                                   30
                                           Max
  -2.0781
           -1.2123
                      0.7194
                               0.8883
                                        1.2876
##
## Coefficients:
##
                     Estimate Std. Error z value Pr(>|z|)
                   -2.620e+00 3.892e+00 -0.673
## (Intercept)
                                                   0.5008
## genderFemale
                    1.647e+00 1.573e+00
                                           1.047
                                                   0.2953
## genderMale
                   1.132e+00 1.561e+00
                                           0.725
                                                   0.4683
## Age
                    1.180e-02 1.542e-02
                                           0.765
                                                   0.4441
## height
                   4.312e-02 5.131e-02
                                           0.840
                                                   0.4007
## shift8am
                   -2.751e-01 5.424e-01
                                         -0.507
                                                   0.6120
## shift9am
                   1.908e-01 6.324e-01
                                           0.302
                                                   0.7629
## shift10am
                   5.317e-01 6.431e-01
                                           0.827
                                                   0.4084
## shift11am
                   -2.783e-01 6.256e-01
                                         -0.445
                                                   0.6564
## shift12pm
                    3.137e-01 8.402e-01
                                           0.373
                                                   0.7089
                                           0.054
## shift1pm
                    5.504e-02 1.017e+00
                                                   0.9568
## shift2pm
                    1.596e+01 9.524e+02
                                           0.017
                                                   0.9866
## shiftother
                    7.036e-01 8.478e-01
                                           0.830
                                                   0.4065
                   -4.411e-04 1.425e-03
                                          -0.310
## Vig.ex.Time
                                                   0.7569
## Mod.ex.time
                   -6.720e-04 1.475e-03
                                          -0.456
                                                   0.6487
                   -3.420e-04 6.609e-04
## Walk.ex.Time
                                          -0.517
                                                   0.6049
## initial_bweight -7.408e-03 4.208e-03
                                         -1.760
                                                   0.0784 .
## ---
## Signif. codes: 0 '*** 0.001 '** 0.01 '* 0.05 '.' 0.1 ' 1
## (Dispersion parameter for binomial family taken to be 1)
```

```
##
## Null deviance: 301.19 on 241 degrees of freedom
## Residual deviance: 282.60 on 225 degrees of freedom
## AIC: 316.6
##
## Number of Fisher Scoring iterations: 15
```

Lastly, we utilized the function 'stepAIC' to find the simplest model. We called this function twice—once with the model consisting of the anthropometric variables, the total met minutes components, shift, and initial body weight, and once with the model consisting of the same variables but instead of initial weight, we have initial BMI. The stepAIC function suggest that the simplest model that includes initial BMI uses variables gender and initial_BMI as predictors. The simplest model that includes the initial body weight uses just initial_bweight as a predictor.

Thus, we cannot state, to statistical significance, that either specific aim 1 or aim 2 are true. We can, however, suggest that initial BMI and gender are better predictors of weight gain than either Total MET Minutes or shift. See the summary of the recommended model below.

summary(best.modela)

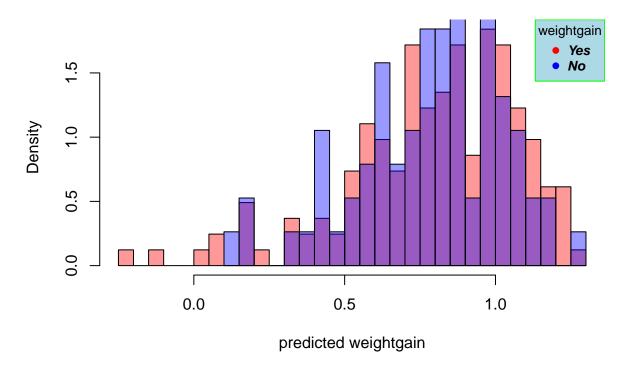
```
##
## Call:
  glm(formula = WG ~ gender + initial BMI, family = binomial, data = subset5a.dat)
##
## Deviance Residuals:
##
                      Median
       Min
                 1Q
                                    3Q
                                            Max
## -1.7865 -1.3332
                      0.7443
                                0.8789
                                         1.1867
##
  Coefficients:
##
                Estimate Std. Error z value Pr(>|z|)
## (Intercept)
                 0.88171
                             1.53086
                                       0.576
                                                0.565
  genderFemale
                 1.07788
                             1.42643
                                       0.756
                                                0.450
  genderMale
                 0.47359
                             1.43401
                                       0.330
                                                0.741
                             0.02406
                                      -1.505
                                                0.132
  initial\_BMI
                -0.03621
##
   (Dispersion parameter for binomial family taken to be 1)
##
##
##
       Null deviance: 301.19
                               on 241
                                       degrees of freedom
                              on 238
## Residual deviance: 293.63
                                       degrees of freedom
## AIC: 301.63
## Number of Fisher Scoring iterations: 4
```

summary(best.modelb)

```
##
## Call:
## glm(formula = WG ~ initial_bweight, family = binomial, data = subset5b.dat)
##
## Deviance Residuals:
##
       Min
                  1Q
                       Median
                                     3Q
                                             Max
                       0.7904
                                          1.2352
##
  -1.7275
           -1.4288
                                0.8762
##
```

```
## Coefficients:
##
                    Estimate Std. Error z value Pr(>|z|)
                    1.874684
                               0.573019 3.272 0.00107 **
## (Intercept)
## initial_bweight -0.006504
                               0.003272 -1.988 0.04684 *
## Signif. codes: 0 '*** 0.001 '** 0.01 '* 0.05 '.' 0.1 ' 1
## (Dispersion parameter for binomial family taken to be 1)
##
##
       Null deviance: 301.19 on 241 degrees of freedom
## Residual deviance: 297.23 on 240 degrees of freedom
## AIC: 301.23
## Number of Fisher Scoring iterations: 4
AIC(best.modela,best.modelb)
##
               df
                       AIC
## best.modela 4 301.6251
## best.modelb 2 301.2257
par(mfrow=(c(1,1)))
p = predict.glm(best.modelb)
Histogram_1 <- hist((subset(p, metrics.dat$weightgain == "Yes")), plot = FALSE,breaks=40)</pre>
Histogram_2 <- hist((subset(p, metrics.dat$weightgain == "No")), plot = FALSE, breaks =30)</pre>
{plot (Histogram_1, col = rgb(1,0,0,0.4),xlab = 'predicted weightgain',freq = FALSE, main = 'Predicted 'predicted' |
plot (Histogram_2, xaxt = 'n', yaxt = 'n', col = rgb(0,0,1,0.4), add = TRUE, freq = FALSE)
legend("topright",c("Yes","No"),cex=.8,col=c("red","blue"),pch=c(19,19),box.col="green", title="weightg
```

Predicted weightgain with actual weightgain



We find the best, simplest model for weightgained includes only the single predictor, initial_bodyweight.

Model 6

Lastly, we wanted to observe the binomial models created from initial_BMIxshiftxCalcTMM as well as initial_bweightxshiftxCalcTMM. We then ran the stepAIC() function through both models, and obtained a lower AIC value for the model using initial_BMIxshiftxCalcTMM. This suggests this model is simpler than the other. In this model, the following predictors had p-values <0.1: shift10am:CalcTMM, initial_BMI:shift10am:CalcTMM. This suggests that these products are significant in predicting whether an employee has gained weight. See the appendix at the end for model summaries.

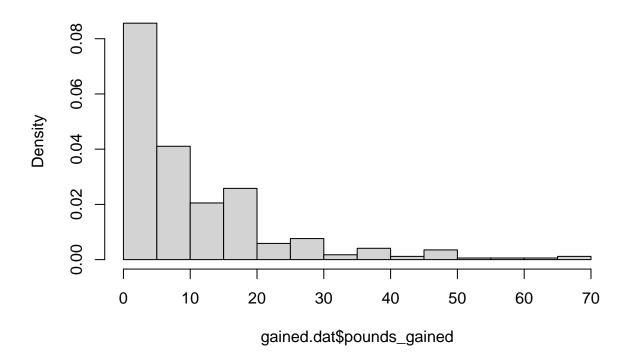
Analysis of Continuous Response (pounds gained)

(SA1) Does total metabolic minutes have an effect on weight gain?

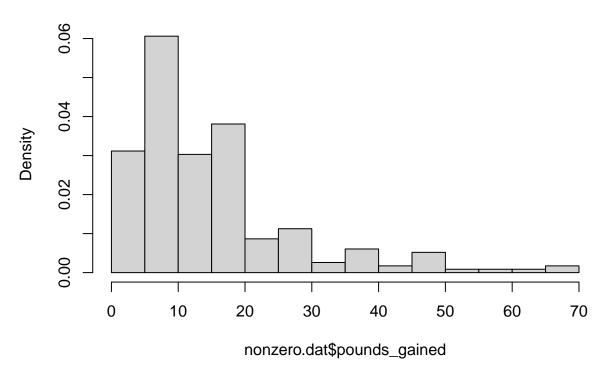
We have information about net pounds gained. We assume that when weightgained is false, we can substitute a value of 0 for pounds_gained. This allows us to analyze a full data set; otherwise, we limit our observations. It is worth noting that we may be oversimplifying cases were pounds_gained may be negative, thus creating a censored or zero-inflated data set. Therefore, we consider all possible data, and the subset where pounds gained is non-zero.

[1] 6

Histogram of gained.dat\$pounds_gained

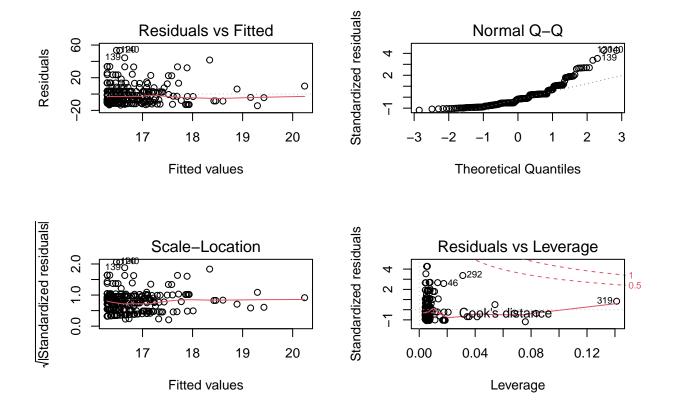


Histogram of nonzero.dat\$pounds_gained



Pounds gained is highly skewed, even when zero observations are excluded. Thus, a linear model, with the assumption of normally distributed errors, may not be appropriate. We include a linear model here for reference only; this is not the recommended analysis. ### Linear model, gaussian errors

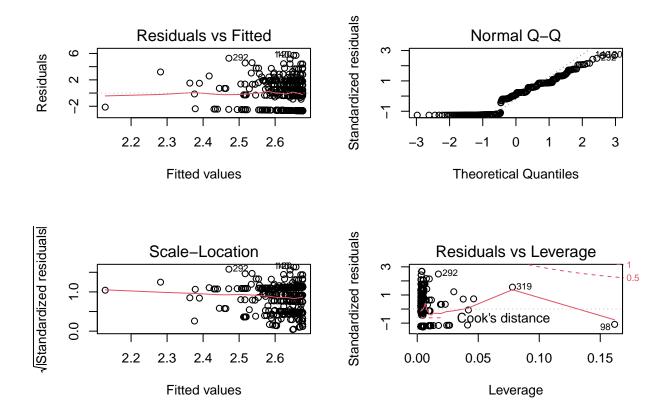
```
SA1.model1.lm <- lm(pounds_gained ~ CalcTMM, data=nonzero.dat)
#summary(SA1.model1.lm)
par(mfrow=c(2,2))
plot(SA1.model1.lm)</pre>
```



Square-Root Transform

The distribution of weight gain is highly left-skewed. We may correct this by applying a square-root transformation. We apply this to both the full data (with extra 0s) and the data limited to nonzero weight gain.

```
#error in log(0)
SA1.model1.root <- lm(sqrt(pounds_gained) ~ CalcTMM, data=gained.dat)
#summary(SA1.model1.root)
par(mfrow=c(2,2))
plot(SA1.model1.root)</pre>
```

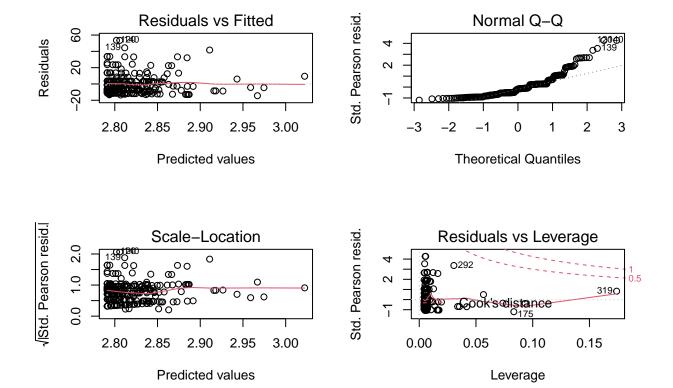


The square-root transformation does appear to improve upon the skewness of the data, although the residuals are not clearly normally distributed.

Log Transformation

The log transformation is also commonly used to correct skewed data. The log-transform, however, is not defined for 0 values. We include an model using the log transform for the non-zero pounds gained data. This is included for reference; we do not recommend analyzing these data using a log transformation.

```
#error in log(0)
SA1b.model1.loggauss <- glm(pounds_gained ~ CalcTMM, data=nonzero.dat,family = gaussian(link="log"))
par(mfrow=c(2,2))
plot(SA1b.model1.loggauss)</pre>
```

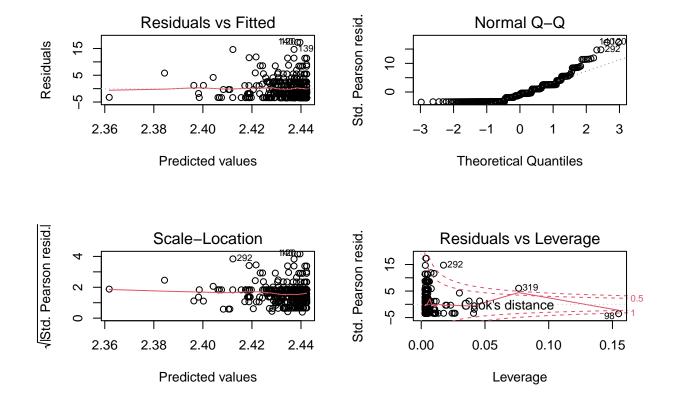


Poisson Regression

The square root transformation is commonly applied to count data. This suggests a possible Poisson model for pounds gained. Poisson requires integer values. We'll round pounds gained for this.

```
gained.dat$LBS <- round(gained.dat$pounds_gained)
nonzero.dat$LBS <- round(nonzero.dat$pounds_gained)

SA1.model1.poisson <- glm(LBS ~ CalcTMM, data=gained.dat,family = poisson)
#SA1b.model1.poisson <- glm(LBS ~ CalcTMM, data=nonzero.dat,family = poisson)
#summary(SA1.model1.poisson)
par(mfrow=c(2,2))
plot(SA1.model1.poisson)</pre>
```



This model provides a similar improvement on residual errors as did the square root transform. Thus, a Poisson model may be recommended for these data.

Quasi-poisson

We can, alternatively, fit a quasi-poisson family. This does not require integer values. This also provides a dispersion parameter that may help account for excess 0s.

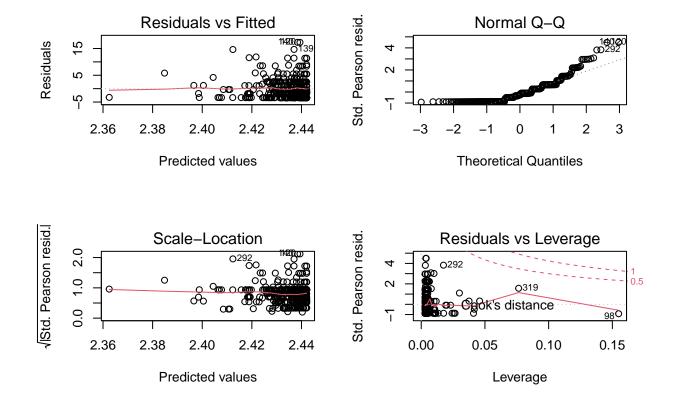
```
SA1.model1.quasi <- glm(pounds_gained ~ CalcTMM, data=gained.dat,family = quasipoisson)

#SA1b.model1.quasi <- glm(pounds_gained ~ CalcTMM, data=nonzero.dat,family = quasipoisson)

#summary(SA1.model1.quasi)

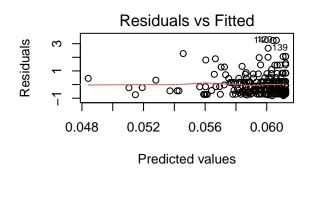
par(mfrow=c(2,2))

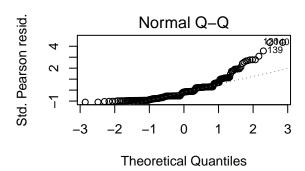
plot(SA1.model1.quasi)
```

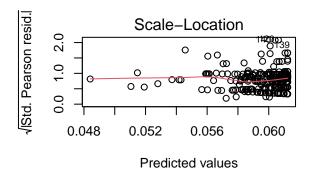


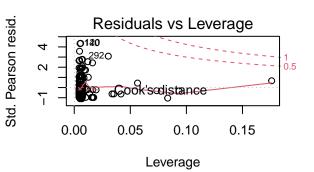
The shape of the distribution of weight gain suggests a gamma distribution. However, the gamma distribution is not defined for 0 values. We include a gamma family model for reference, but we do not recommend this model.

```
SA1b.model1.Gamma <- glm(pounds_gained ~ CalcTMM, data=nonzero.dat,family = Gamma)
#summary(SA1b.model1.Gamma)
par(mfrow=c(2,2))
plot(SA1b.model1.Gamma)</pre>
```









Zero-inflated Poisson

Of the statistical models considered to this point, the Poisson distribution family seems most suitable for these data. We now consider a zero-inflated Poisson (ZIP) analysis.

Briefly, ZIP defines a conditional probability model. The first stage is modeled as binomial - weight gain is either false (0 pounds gained) or true (a non-zero pounds gained value), with a defined probability. Then, conditional on weight gain being true, the remaining values are fit to a Poisson distribution. This is computed in R using the pscl library:

library(pscl)

```
## Warning: package 'pscl' was built under R version 4.1.1

## Classes and Methods for R developed in the
## Political Science Computational Laboratory
## Department of Political Science
## Stanford University
## Simon Jackman
## hurdle and zeroinfl functions by Achim Zeileis

SA1.model1.zero <- zeroinfl(LBS ~ CalcTMM, data = gained.dat)
summary(SA1.model1.zero)</pre>
```

Warning in sqrt(diag(object\$vcov)): NaNs produced

```
##
## Call:
## zeroinfl(formula = LBS ~ CalcTMM, data = gained.dat)
## Pearson residuals:
               1Q Median
##
      Min
                                3Q
                                       Max
## -1.3941 -1.2980 -0.4077 0.7914 7.0383
##
## Count model coefficients (poisson with log link):
                Estimate Std. Error z value Pr(>|z|)
##
## (Intercept) 2.792e+00
                                {\tt NaN}
                                        NaN
                                                 NaN
              2.426e-05
## CalcTMM
                                NaN
                                        NaN
                                                 NaN
##
## Zero-inflation model coefficients (binomial with logit link):
                 Estimate Std. Error z value Pr(>|z|)
##
## (Intercept) -8.509e-01 1.851e-01 -4.596 4.32e-06 ***
               8.009e-05 1.241e-04 0.646
## CalcTMM
                                                0.519
## ---
## Signif. codes: 0 '*** 0.001 '** 0.01 '* 0.05 '.' 0.1 ' 1
## Number of iterations in BFGS optimization: 1
## Log-likelihood: -1631 on 4 Df
```

(SA2) Does shift have an effect on weight gain?

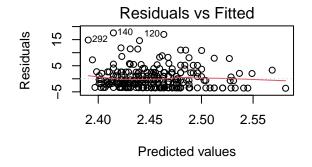
We repeat the analysis of different statistical distributions from above, using shift as a predictor variable. See appendix for model summaries.

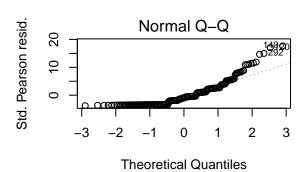
```
SA2.model1.lm <- lm(pounds_gained ~ shift, data=nonzero.dat)
par(mfrow=c(2,2))
plot(SA2.model1.lm)
SA2.model1.root <- lm(sqrt(pounds_gained) ~ shift, data=gained.dat)
par(mfrow=c(2,2))
plot(SA2.model1.root)
SA2b.model1.loggauss <- glm(pounds_gained ~ shift, data=nonzero.dat,family = gaussian(link="log"))
par(mfrow=c(2,2))
plot(SA2b.model1.loggauss)
SA2.model1.poisson <- glm(LBS ~ shift, data=gained.dat,family = poisson)
par(mfrow=c(2,2))
plot(SA2.model1.poisson)
summary(SA2.model1.poisson)
SA2.model1.quasi <- glm(pounds_gained ~ shift, data=gained.dat,family = quasipoisson)
par(mfrow=c(2,2))
plot(SA2.model1.quasi)
summary(SA2.model1.quasi)
SA2b.model1.Gamma <- glm(pounds_gained ~ shift, data=nonzero.dat,family = Gamma)
par(mfrow=c(2,2))
plot(SA2b.model1.Gamma)
SA2.model1.zero <- zeroinfl(LBS ~ shift, data = gained.dat)
summary(SA2.model1.zero)
```

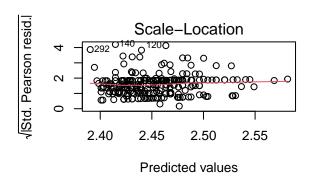
Best Model (Initial Bodyweight)

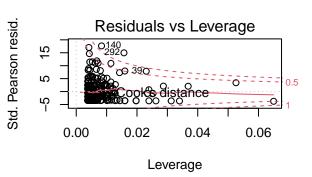
We now consider the different statistical families in the analysis of initial body weight and pounds gained, in the context of a zero-inflated poisson model.

```
SA12.best.poisson <- glm(LBS ~ initial_bweight, data=gained.dat,family = poisson)
par(mfrow=c(2,2))
plot(SA12.best.poisson)</pre>
```







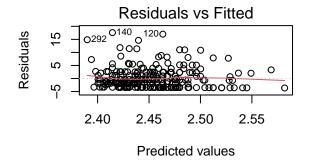


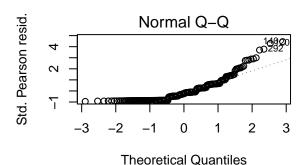
summary(SA12.best.poisson)

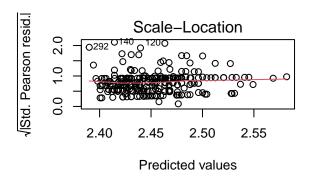
```
##
## Call:
## glm(formula = LBS ~ initial_bweight, family = poisson, data = gained.dat)
##
## Deviance Residuals:
               1Q Median
##
      Min
                               3Q
                                      Max
##
           -4.760
                   -1.006
                            1.803
                                   11.794
##
## Coefficients:
##
                    Estimate Std. Error z value Pr(>|z|)
## (Intercept)
                   2.3170820
                             0.0743207
                                         31.177
                                                   <2e-16 ***
  initial_bweight 0.0008137 0.0004303
                                           1.891
                                                   0.0586 .
                 0 '*** 0.001 '** 0.01 '* 0.05 '.' 0.1 ' ' 1
## Signif. codes:
```

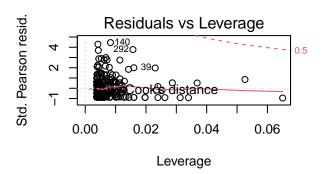
```
##
## (Dispersion parameter for poisson family taken to be 1)
##
## Null deviance: 3890.9 on 263 degrees of freedom
## Residual deviance: 3887.3 on 262 degrees of freedom
## (77 observations deleted due to missingness)
## AIC: 4687.3
##
## Number of Fisher Scoring iterations: 5

SA12.best.quasi <- glm(pounds_gained ~ initial_bweight, data=gained.dat,family = quasipoisson)
par(mfrow=c(2,2))
plot(SA12.best.quasi)</pre>
```









summary(SA12.best.quasi)

```
##
  glm(formula = pounds_gained ~ initial_bweight, family = quasipoisson,
##
       data = gained.dat)
##
##
## Deviance Residuals:
      Min
##
               1Q Median
                                3Q
                                       Max
  -5.142 -4.759 -1.005
                            1.803
                                   11.796
##
```

```
## Coefficients:
##
                   Estimate Std. Error t value Pr(>|t|)
## (Intercept)
                   2.3164063 0.2948052
                                          7.857 1.02e-13 ***
## initial_bweight 0.0008167 0.0017068
                                          0.479
                                                   0.633
## Signif. codes: 0 '*** 0.001 '** 0.01 '* 0.05 '.' 0.1 ' ' 1
##
   (Dispersion parameter for quasipoisson family taken to be 15.73252)
##
##
       Null deviance: 3891.3 on 263 degrees of freedom
## Residual deviance: 3887.7 on 262 degrees of freedom
     (77 observations deleted due to missingness)
##
## AIC: NA
##
## Number of Fisher Scoring iterations: 5
SA12.best.zero <- zeroinfl(LBS ~ initial_bweight, data = gained.dat)
summary(SA12.best.zero)
##
## Call:
## zeroinfl(formula = LBS ~ initial_bweight, data = gained.dat)
##
## Pearson residuals:
##
      Min
                10 Median
                                3Q
                                       Max
  -1.5774 -1.2374 -0.4178 0.6181
                                   7.9549
##
##
  Count model coefficients (poisson with log link):
                    Estimate Std. Error z value Pr(>|z|)
##
                   2.3636253  0.0739544  31.961  < 2e-16 ***
## (Intercept)
## initial_bweight 0.0028943 0.0004268
                                          6.781 1.2e-11 ***
##
## Zero-inflation model coefficients (binomial with logit link):
##
                    Estimate Std. Error z value Pr(>|z|)
                   -1.776149
                               0.552489 -3.215 0.00131 **
## (Intercept)
## initial bweight 0.006145
                               0.003170
                                          1.939 0.05255 .
## Signif. codes: 0 '***' 0.001 '**' 0.05 '.' 0.1 ' ' 1
## Number of iterations in BFGS optimization: 1
```

Conclusions and Recommendations

Log-likelihood: -1293 on 4 Df

- The specific aims stated for this project are partially support with these data. Specifically, we find no significant effect of calculated *Total MET-Minutes* (CalcTMM) or *shift* on weightgain as a binomial response, using logistic regression models.
- However, we do find a statistical significant effect of **shift** on *pounds gained*. This result is most strongly suggested using a zero-inflated poisson model to account for the individuals reporting 0 pounds gained, and weakly supported using a quasi-poisson model to account for the excess 0 values when no weight gain is reported.

• The logistic regression model suggest that *initial body weight* or *initial BMI* are possible predictors. This was identified from a step-wise model selection algorithm implemented using the stepAIC function is R. We considered other combinations of variables, but the best, simplest model included only BMI or initial body weight.

-When interactions among shift, CalcTMM and initial_BMI are included in the model, there is a slight (but not significant at p<0.05) suggestion that weight gain may differ among shifts. Thus, initial body weight or initial BMI may be a confounding factor that influences the two variables identified in the specific aims. We note, however, that there were ~100 observations that did not have initial body weight or initial BMI, so this may warrant further investigation, and greater care should be taken when collecting data.

```
boots.zero.model1.tbl$Estimate <- coef(zero.model1)
boots.zero.model1.tbl
confint(zero.model1)</pre>
```

Appendix

```
library(MASS)
subset6a.dat <- gained.dat[which(complete.cases(gained.dat[, c("initial_BMI", "shift", "CalcTMM")])),]
subset6a.model <- glm(WG~ initial_BMI*shift*CalcTMM, data=subset6a.dat, family =binomial)
summary(subset6a.model)</pre>
```

```
##
## Call:
  glm(formula = WG ~ initial_BMI * shift * CalcTMM, family = binomial,
##
       data = subset6a.dat)
##
## Deviance Residuals:
##
       Min
                 1Q
                      Median
                                    3Q
                                            Max
  -2.2295
                      0.4149
                               0.8852
                                         1.7377
##
           -0.9711
##
## Coefficients:
##
                                    Estimate Std. Error z value Pr(>|z|)
## (Intercept)
                                   -2.628e-01 6.010e+00 -0.044
                                                                   0.9651
## initial BMI
                                    2.560e-02 2.107e-01
                                                           0.122
                                                                   0.9033
## shift8am
                                    2.106e+00 6.172e+00
                                                           0.341
                                                                   0.7329
## shift9am
                                    1.581e+00 6.427e+00
                                                           0.246
                                                                   0.8057
## shift10am
                                   3.699e+00
                                               7.138e+00
                                                           0.518
                                                                   0.6044
## shift11am
                                   2.334e+00
                                              6.698e+00
                                                           0.348
                                                                   0.7275
## shift12pm
                                   -3.378e+01
                                               3.150e+01
                                                          -1.072
                                                                   0.2836
## shift1pm
                                   -1.231e+02
                                               9.497e+03
                                                          -0.013
                                                                   0.9897
## shift2pm
                                   9.971e+00
                                              1.507e+01
                                                                   0.5082
                                                           0.662
## shiftother
                                   -9.214e-01
                                              1.075e+01
                                                          -0.086
                                                                   0.9317
## CalcTMM
                                   7.085e-03 6.059e-03
                                                           1.169
                                                                   0.2423
## initial_BMI:shift8am
                                   -6.524e-02
                                               2.174e-01
                                                          -0.300
                                                                   0.7641
## initial_BMI:shift9am
                                   -4.026e-02
                                              2.243e-01
                                                          -0.180
                                                                   0.8575
## initial BMI:shift10am
                                   -4.925e-02
                                               2.552e-01
                                                          -0.193
                                                                   0.8470
## initial_BMI:shift11am
                                   -1.263e-01
                                              2.412e-01
                                                          -0.524
                                                                   0.6005
## initial_BMI:shift12pm
                                               1.404e+00
                                                                   0.2679
                                   1.555e+00
                                                           1.108
## initial_BMI:shift1pm
                                   5.311e+00 3.915e+02
                                                           0.014
                                                                   0.9892
## initial_BMI:shift2pm
                                   -4.352e-01 6.045e-01
                                                          -0.720
                                                                   0.4716
## initial BMI:shiftother
                                   5.928e-03 3.751e-01
                                                           0.016
                                                                   0.9874
```

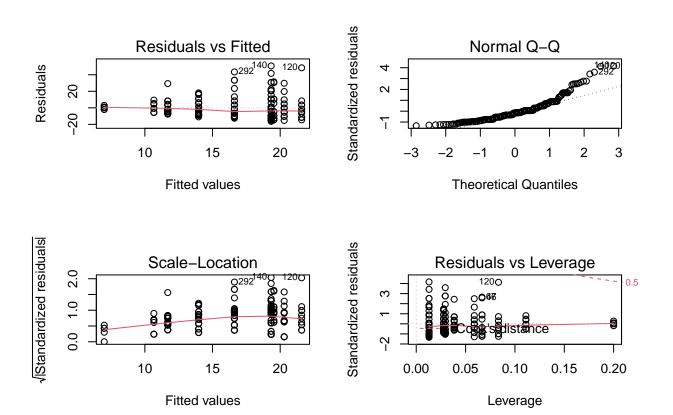
```
## initial BMI:CalcTMM
                                -2.448e-04 2.083e-04 -1.175
                                                                0.2401
## shift8am:CalcTMM
                                -7.153e-03 6.101e-03 -1.172
                                                               0.2411
## shift9am:CalcTMM
                                -5.916e-03 6.316e-03 -0.937
                                                                0.3489
## shift10am:CalcTMM
                                -1.260e-02 7.094e-03 -1.776
                                                               0.0757
## shift11am:CalcTMM
                                -6.444e-04 7.331e-03 -0.088
                                                               0.9300
## shift12pm:CalcTMM
                                3.956e-02 3.951e-02
                                                      1.001
                                                                0.3167
## shift1pm:CalcTMM
                                6.347e-02 4.363e+00
                                                       0.015
                                                               0.9884
                                -1.103e-02 9.804e-03 -1.125
## shift2pm:CalcTMM
                                                                0.2604
## shiftother:CalcTMM
                                 3.146e-04 1.840e-02
                                                        0.017
                                                                0.9864
## initial_BMI:shift8am:CalcTMM 2.398e-04 2.103e-04
                                                      1.140
                                                               0.2542
## initial_BMI:shift9am:CalcTMM 1.948e-04 2.196e-04
                                                        0.887
                                                                0.3750
## initial_BMI:shift10am:CalcTMM 4.277e-04 2.531e-04
                                                        1.690
                                                              0.0910
## initial_BMI:shift11am:CalcTMM 5.416e-05 2.462e-04
                                                       0.220
                                                              0.8259
## initial_BMI:shift12pm:CalcTMM -1.679e-03 1.610e-03 -1.043
                                                                0.2969
## initial_BMI:shift1pm:CalcTMM
                                -2.472e-03 1.662e-01 -0.015
                                                                0.9881
## initial_BMI:shift2pm:CalcTMM
                                 4.828e-04 3.984e-04
                                                       1.212
                                                                0.2255
## initial_BMI:shiftother:CalcTMM 6.881e-05 6.422e-04
                                                      0.107
                                                                0.9147
## ---
## Signif. codes: 0 '*** 0.001 '** 0.01 '* 0.05 '.' 0.1 ' 1
## (Dispersion parameter for binomial family taken to be 1)
##
      Null deviance: 311.15 on 248 degrees of freedom
## Residual deviance: 253.08 on 213 degrees of freedom
## AIC: 325.08
## Number of Fisher Scoring iterations: 15
anova(subset6a.model)
## Analysis of Deviance Table
## Model: binomial, link: logit
##
## Response: WG
## Terms added sequentially (first to last)
##
##
                            Df Deviance Resid. Df Resid. Dev
##
## NULL
                                             248
                                                     311.15
## initial_BMI
                             1
                                2.9539
                                             247
                                                     308.19
## shift
                               5.7818
                                             239
                                                     302.41
## CalcTMM
                                1.9492
                                             238
                                                     300.46
                             1
## initial_BMI:shift
                             8 11.4590
                                             230
                                                     289.00
## initial_BMI:CalcTMM
                                             229
                             1
                                0.6388
                                                     288.37
## shift:CalcTMM
                             8 17.4487
                                             221
                                                     270.92
## initial_BMI:shift:CalcTMM 8 17.8323
                                             213
                                                     253.08
summary(stepAIC(subset6a.model, direction="both"))
## Start: AIC=325.08
```

WG ~ initial_BMI * shift * CalcTMM

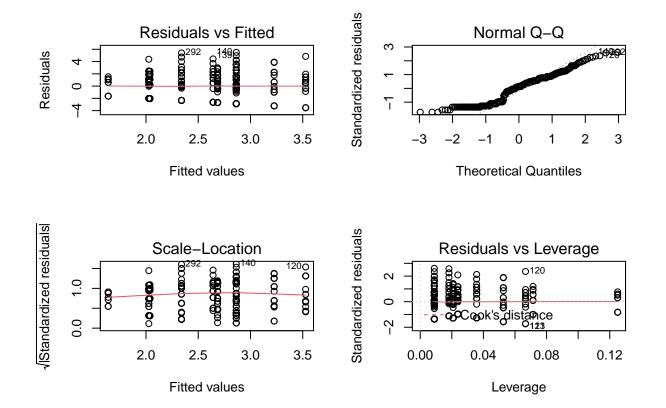
```
##
##
                                            ATC
                             Df Deviance
                                  253.08 325.08
## <none>
## - initial_BMI:shift:CalcTMM 8
                                  270.92 326.92
## Call:
## glm(formula = WG ~ initial_BMI * shift * CalcTMM, family = binomial,
      data = subset6a.dat)
## Deviance Residuals:
                   Median
      Min
               10
                                 3Q
                                         Max
## -2.2295 -0.9711
                   0.4149
                             0.8852
                                      1.7377
##
## Coefficients:
##
                                  Estimate Std. Error z value Pr(>|z|)
## (Intercept)
                                -2.628e-01 6.010e+00 -0.044
                                                               0.9651
## initial_BMI
                                 2.560e-02 2.107e-01
                                                       0.122
                                                               0.9033
## shift8am
                                 2.106e+00 6.172e+00
                                                       0.341
                                                               0.7329
## shift9am
                                 1.581e+00 6.427e+00
                                                       0.246
                                                               0.8057
## shift10am
                                 3.699e+00
                                            7.138e+00
                                                       0.518
                                                               0.6044
## shift11am
                                2.334e+00 6.698e+00
                                                       0.348
                                                               0.7275
## shift12pm
                                -3.378e+01 3.150e+01 -1.072
                                                               0.2836
## shift1pm
                                -1.231e+02 9.497e+03 -0.013
                                                               0.9897
## shift2pm
                                 9.971e+00 1.507e+01
                                                      0.662
                                                               0.5082
## shiftother
                                -9.214e-01 1.075e+01 -0.086
                                                               0.9317
## CalcTMM
                                7.085e-03 6.059e-03
                                                      1.169
                                                               0.2423
## initial_BMI:shift8am
                                -6.524e-02 2.174e-01 -0.300
                                                               0.7641
## initial_BMI:shift9am
                                -4.026e-02 2.243e-01 -0.180
                                                               0.8575
## initial_BMI:shift10am
                                -4.925e-02 2.552e-01 -0.193
                                                               0.8470
## initial BMI:shift11am
                                -1.263e-01 2.412e-01 -0.524
                                                               0.6005
## initial_BMI:shift12pm
                                 1.555e+00 1.404e+00
                                                       1.108
                                                               0.2679
## initial_BMI:shift1pm
                                                               0.9892
                                 5.311e+00 3.915e+02
                                                      0.014
## initial_BMI:shift2pm
                                -4.352e-01 6.045e-01 -0.720
                                                               0.4716
## initial_BMI:shiftother
                                5.928e-03 3.751e-01
                                                      0.016
                                                               0.9874
## initial_BMI:CalcTMM
                                -2.448e-04
                                            2.083e-04
                                                      -1.175
                                                               0.2401
## shift8am:CalcTMM
                                -7.153e-03 6.101e-03 -1.172
                                                               0.2411
                                -5.916e-03 6.316e-03 -0.937
## shift9am:CalcTMM
                                                               0.3489
## shift10am:CalcTMM
                                -1.260e-02 7.094e-03
                                                      -1.776
                                                               0.0757
## shift11am:CalcTMM
                                -6.444e-04
                                           7.331e-03 -0.088
                                                               0.9300
## shift12pm:CalcTMM
                                3.956e-02 3.951e-02
                                                      1.001
                                                               0.3167
## shift1pm:CalcTMM
                                6.347e-02 4.363e+00
                                                       0.015
                                                               0.9884
                                -1.103e-02 9.804e-03 -1.125
## shift2pm:CalcTMM
                                                               0.2604
## shiftother:CalcTMM
                                 3.146e-04 1.840e-02
                                                       0.017
                                                               0.9864
## initial_BMI:shift8am:CalcTMM
                                 2.398e-04 2.103e-04
                                                       1.140
                                                               0.2542
## initial_BMI:shift9am:CalcTMM
                               1.948e-04 2.196e-04
                                                       0.887
                                                               0.3750
1.690
                                                               0.0910
## initial BMI:shift11am:CalcTMM 5.416e-05 2.462e-04
                                                       0.220
                                                               0.8259
## initial_BMI:shift12pm:CalcTMM -1.679e-03 1.610e-03 -1.043
                                                               0.2969
## initial_BMI:shift1pm:CalcTMM
                                -2.472e-03 1.662e-01 -0.015
                                                               0.9881
## initial_BMI:shift2pm:CalcTMM
                                 4.828e-04
                                            3.984e-04
                                                       1.212
                                                               0.2255
## initial_BMI:shiftother:CalcTMM 6.881e-05 6.422e-04
                                                       0.107
                                                               0.9147
## ---
## Signif. codes: 0 '*** 0.001 '** 0.01 '* 0.05 '.' 0.1 ' 1
```

```
##
   (Dispersion parameter for binomial family taken to be 1)
##
##
       Null deviance: 311.15 on 248 degrees of freedom
## Residual deviance: 253.08 on 213 degrees of freedom
## AIC: 325.08
## Number of Fisher Scoring iterations: 15
subset6b.dat <- gained.dat[which(complete.cases(gained.dat[,c("initial_bweight", "shift", "CalcTMM")]))</pre>
subset6b.model <- glm(WG~ initial_bweight*shift*CalcTMM, data=subset6b.dat, family=binomial)</pre>
## Warning: glm.fit: fitted probabilities numerically 0 or 1 occurred
stepAIC(subset6b.model, direction="both")
## Start: AIC=342.84
## WG ~ initial_bweight * shift * CalcTMM
##
                                                    AIC
##
                                    Df Deviance
## <none>
                                         270.84 342.84
## - initial_bweight:shift:CalcTMM 8
                                         295.76 351.76
## Call: glm(formula = WG ~ initial bweight * shift * CalcTMM, family = binomial,
       data = subset6b.dat)
##
## Coefficients:
                                                            initial_bweight
##
                           (Intercept)
                            -1.171e+00
                                                                  6.679e-03
                                                                   shift9am
                              shift8am
##
##
                             2.956e+00
                                                                  4.596e+00
##
                             shift10am
                                                                  shift11am
##
                             3.806e+00
                                                                  2.077e+00
##
                             shift12pm
                                                                    shift1pm
##
                            -1.470e+03
                                                                 -1.370e+02
##
                              shift2pm
                                                                 shiftother
##
                             9.155e+00
                                                                  1.744e+00
##
                               CalcTMM
                                                   initial_bweight:shift8am
##
                             4.110e-03
                                                                  -1.263e-02
##
             initial_bweight:shift9am
                                                  initial_bweight:shift10am
##
                            -2.021e-02
                                                                  -8.342e-03
##
            initial_bweight:shift11am
                                                  initial_bweight:shift12pm
##
                                                                  8.984e+00
                            -1.623e-02
##
             initial_bweight:shift1pm
                                                   initial_bweight:shift2pm
##
                             1.062e+00
                                                                  -5.852e-02
           initial_bweight:shiftother
                                                    initial_bweight:CalcTMM
##
                            -1.049e-02
                                                                  -1.986e-05
##
                      shift8am:CalcTMM
                                                           shift9am:CalcTMM
##
                            -4.223e-03
                                                                  -4.397e-03
##
                    shift10am:CalcTMM
                                                          shift11am:CalcTMM
##
                            -6.391e-03
                                                                  5.051e-04
```

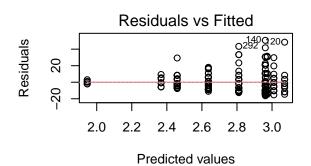
```
shift12pm:CalcTMM
##
                                                           shift1pm:CalcTMM
                             2.910e+00
                                                                   7.789e-02
##
                      shift2pm:CalcTMM
                                                         shiftother: CalcTMM
##
                            -6.893e-03
                                                                  -4.326e-03
##
##
     initial_bweight:shift8am:CalcTMM
                                           initial_bweight:shift9am:CalcTMM
##
                             1.946e-05
                                                                  2.085e-05
##
    initial_bweight:shift10am:CalcTMM
                                         initial_bweight:shift11am:CalcTMM
                             2.992e-05
##
                                                                   1.521e-06
##
    initial_bweight:shift12pm:CalcTMM
                                           initial_bweight:shift1pm:CalcTMM
##
                            -1.641e-02
                                                                  -5.248e-04
##
     initial_bweight:shift2pm:CalcTMM
                                        initial_bweight:shiftother:CalcTMM
                             5.005e-05
##
                                                                  2.939e-05
##
   Degrees of Freedom: 263 Total (i.e. Null); 228 Residual
  Null Deviance:
                         331.8
## Residual Deviance: 270.8
                                 AIC: 342.8
SA2.model1.lm <- lm(pounds_gained ~ shift, data=nonzero.dat)
par(mfrow=c(2,2))
plot(SA2.model1.lm)
```

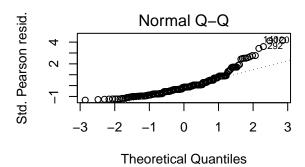


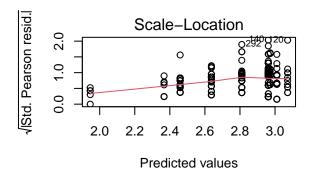
```
SA2.model1.root <- lm(sqrt(pounds_gained) ~ shift, data=gained.dat)
par(mfrow=c(2,2))
plot(SA2.model1.root)
```

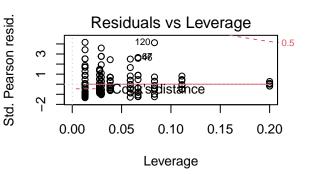


```
SA2b.model1.loggauss <- glm(pounds_gained ~ shift, data=nonzero.dat,family = gaussian(link="log"))
par(mfrow=c(2,2))
plot(SA2b.model1.loggauss)
```

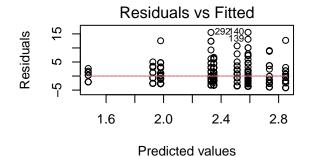


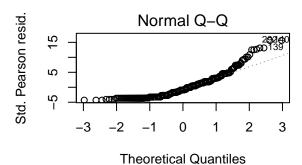


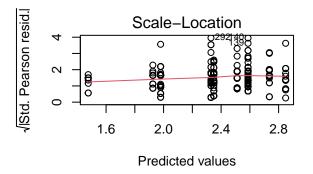


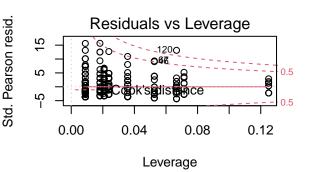


```
SA2.model1.poisson <- glm(LBS ~ shift, data=gained.dat,family = poisson)
par(mfrow=c(2,2))
plot(SA2.model1.poisson)</pre>
```







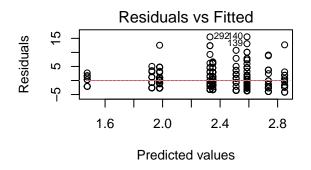


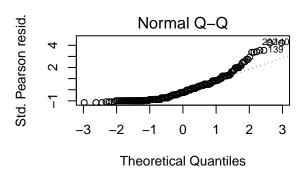
summary(SA2.model1.poisson)

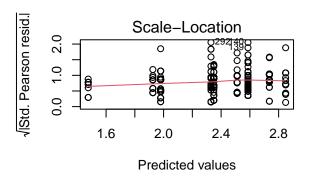
```
##
  glm(formula = LBS ~ shift, family = poisson, data = gained.dat)
##
##
  Deviance Residuals:
##
       Min
                 10
                      Median
                                    30
                                            Max
  -5.8765
           -4.5327
                     -0.9454
                                1.7100
                                        10.9155
##
##
##
  Coefficients:
               Estimate Std. Error z value Pr(>|z|)
##
                2.51134
                            0.05384
                                     46.648 < 2e-16
## (Intercept)
##
  shift8am
                0.07602
                            0.05975
                                      1.272
                                             0.20325
## shift9am
               -0.18185
                            0.06832
                                     -2.662
                                             0.00778 **
## shift10am
               -0.16195
                            0.06990
                                     -2.317 0.02051 *
               -0.53198
                                     -6.763 1.35e-11
## shift11am
                            0.07866
## shift12pm
               -0.58605
                            0.11539
                                     -5.079 3.80e-07
## shift1pm
               -1.03543
                            0.17740
                                     -5.837 5.32e-09
## shift2pm
                0.33744
                            0.08222
                                      4.104 4.06e-05 ***
##
  shiftother
                0.22439
                            0.07944
                                      2.825
                                             0.00473 **
##
                   0 '***, 0.001 '**, 0.01 '*, 0.05 '.', 0.1 ', 1
## Signif. codes:
##
## (Dispersion parameter for poisson family taken to be 1)
```

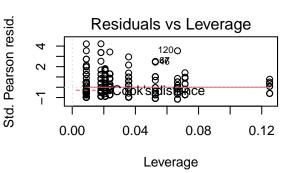
```
##
## Null deviance: 4843.1 on 340 degrees of freedom
## Residual deviance: 4585.9 on 332 degrees of freedom
## AIC: 5629.6
##
## Number of Fisher Scoring iterations: 5

SA2.model1.quasi <- glm(pounds_gained ~ shift, data=gained.dat,family = quasipoisson)
par(mfrow=c(2,2))
plot(SA2.model1.quasi)</pre>
```





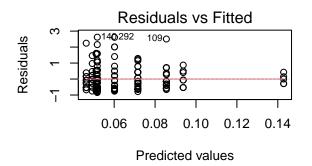


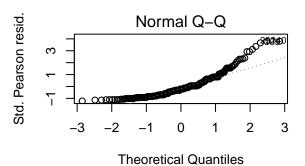


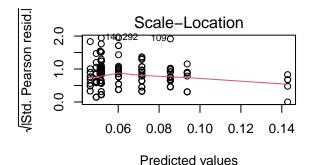
summary(SA2.model1.quasi)

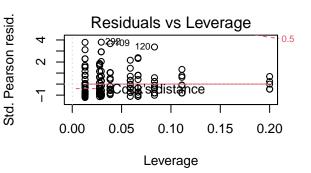
```
##
## Call:
   glm(formula = pounds_gained ~ shift, family = quasipoisson, data = gained.dat)
##
##
  Deviance Residuals:
                      Median
##
       Min
                  1Q
                                    3Q
                                             Max
            -4.5327
                      -0.9442
                                1.7113
                                        10.9172
##
## Coefficients:
##
               Estimate Std. Error t value Pr(>|t|)
                2.51134
                            0.19968
                                     12.577
                                               <2e-16 ***
## (Intercept)
                                               0.7329
## shift8am
                0.07569
                            0.22162
                                      0.342
```

```
## shift9am
               -0.18185
                           0.25341
                                    -0.718
                                              0.4735
## shift10am
               -0.16195
                           0.25927
                                    -0.625
                                              0.5326
## shift11am
               -0.53198
                           0.29176
                                     -1.823
                                              0.0691 .
               -0.58605
                                     -1.369
## shift12pm
                           0.42799
                                              0.1718
## shift1pm
               -1.03543
                           0.65797
                                     -1.574
                                              0.1165
## shift2pm
                0.33744
                           0.30494
                                      1.107
                                              0.2693
## shiftother
                0.22439
                           0.29466
                                      0.762
                                              0.4469
##
## Signif. codes: 0 '*** 0.001 '** 0.01 '* 0.05 '.' 0.1 ' ' 1
##
##
  (Dispersion parameter for quasipoisson family taken to be 13.75713)
##
       Null deviance: 4843.5 on 340 degrees of freedom
##
## Residual deviance: 4586.5 on 332 degrees of freedom
## AIC: NA
##
## Number of Fisher Scoring iterations: 5
SA2b.model1.Gamma <- glm(pounds_gained ~ shift, data=nonzero.dat,family = Gamma)
par(mfrow=c(2,2))
plot(SA2b.model1.Gamma)
```









```
SA2.model1.zero <- zeroinfl(LBS ~ shift, data = gained.dat)
summary(SA2.model1.zero)</pre>
```

##

```
## Call:
## zeroinfl(formula = LBS ~ shift, data = gained.dat)
## Pearson residuals:
      Min
               1Q Median
                               3Q
                                      Max
## -1.8022 -1.1719 -0.3405 0.6929 5.8602
## Count model coefficients (poisson with log link):
##
              Estimate Std. Error z value Pr(>|z|)
                         0.05384 55.914 < 2e-16 ***
## (Intercept) 3.01033
## shift8am
              -0.04828
                          0.05975 -0.808 0.41910
## shift9am
                          0.06833 -2.925 0.00344 **
              -0.19987
                          0.06990 -5.340 9.32e-08 ***
## shift10am
             -0.37326
## shift11am
             -0.55141
                          0.07867 -7.009 2.39e-12 ***
## shift12pm -0.64323
                          0.11540 -5.574 2.49e-08 ***
## shift1pm
              -1.06534
                          0.17792 -5.988 2.13e-09 ***
## shift2pm
              0.06159
                          0.08222
                                   0.749 0.45378
## shiftother -0.03821
                          0.07945 -0.481 0.63056
## Zero-inflation model coefficients (binomial with logit link):
##
              Estimate Std. Error z value Pr(>|z|)
## (Intercept) -0.43539
                          0.38696 -1.125
## shift8am -0.35314
                          0.43737 -0.807
                                             0.419
## shift9am
              -0.04652
                          0.47620 -0.098
                                             0.922
## shift10am
                          0.51074 - 1.299
             -0.66329
                                             0.194
## shift11am
             -0.05019
                          0.50070 -0.100
                                             0.920
## shift12pm
             -0.15247
                          0.67888 -0.225
                                             0.822
## shift1pm
              -0.07558
                          0.82729 -0.091
                                             0.927
## shift2pm
              -0.95098
                          0.75261 - 1.264
                                             0.206
## shiftother -0.88644
                          0.68295 - 1.298
                                             0.194
## ---
## Signif. codes: 0 '*** 0.001 '** 0.01 '* 0.05 '.' 0.1 ' ' 1
## Number of iterations in BFGS optimization: 2
## Log-likelihood: -1539 on 18 Df
```