



Log In

Username

Password

Log In

No account? Sign up now!

Sign Up



Let's start your Infinitum journey!

First Name

Last Name

Username

Password

Confirm Password

Next



Log In

Username

Password

Log In

No account? Sign up now!

Sign Up



Let's start your Infinitum journey!

First Name

Last Name

Username

Password

Confirm Password

Next



Welcome to Infinitum, Amruth!
Let's get to know you a little better.

Date of Birth



Gender



Height

Weight

Body Fat Percentage



Next



Great! One more step- let's personalize your experience so that we can better understand your goals.

Activity Level



Goal



Date of Birth



Gender



Next



Calendar



July 2022



S M T W Th F S

26	27	28	29	30	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6

July 5, 2022



Push A



3.2 mile run



2500 cal

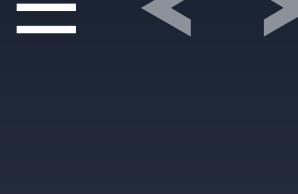
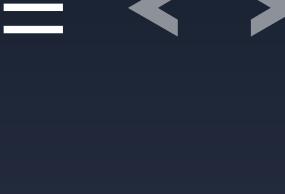
Lorem

Ipsum

Dolor

Ad Infinitum

© 2022 Peter Humphreys



John's Routine A

LOREM IPSUM DOLOR SIT AMET,
CONSETETUR SADIPSCING ELITR, SED
DIAM NONUMY EIRMOD TEMPOR
INVIDUNT UT LABORE ET DOLORE
MAGNA ALIQUYAM ERAT, SED
DIAM VOLUPTUA. AT VERO EOS ET



Difficulty



Length



Avg Duration



Days Per Week



S

M

T

W

Th

F

S

S

M

T

W

Th

F

S

Monday's Workout



Barbell Squat

Sets 3
Reps 10-12
Weight 220 lbs
Rest 2 min



Sets 3
Reps 10-12
Weight 220 lbs
Rest 2 min



Sets 3
Reps 10-12
Weight 220 lbs
Rest 2 min



Sets 3
Reps 10-12
Weight 220 lbs
Rest 2 min



Save

Lorem

Dolor

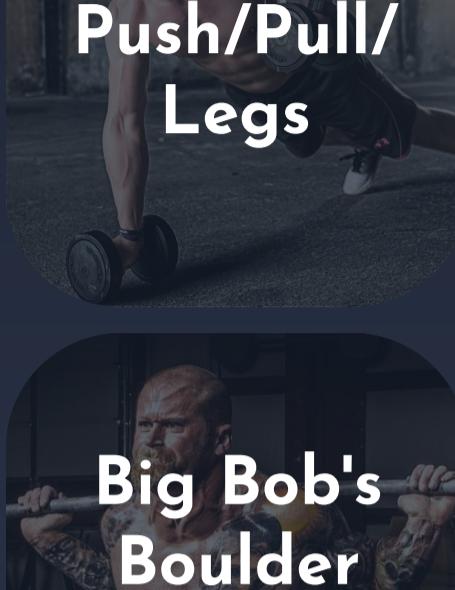
Ipsum

Ad Infinitum

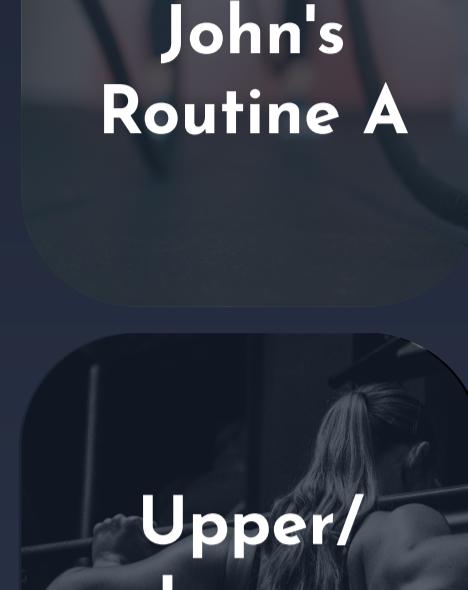
© 2022 Peter Humphreys



Your Routines



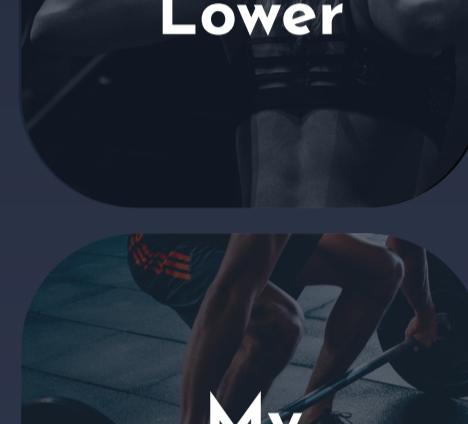
**Push/Pull/
Legs**



**John's
Routine A**



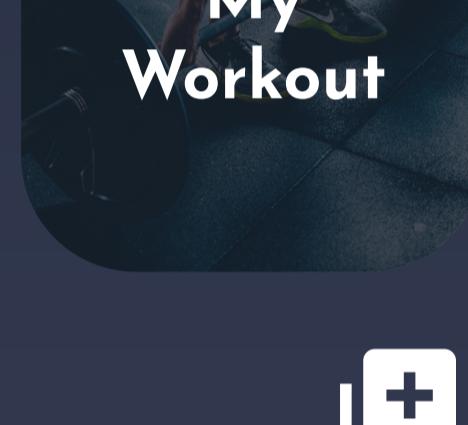
**Big Bob's
Boulder
Builder**



**Upper/
Lower**



**Muhammad's
Workout**



**My
Workout**



Saved Routines



Push/Pull/Legs



John's Routine A



Big Bob's Boulder Builder



Upper/Lower



**Muhammad's
Workout**



My Workout



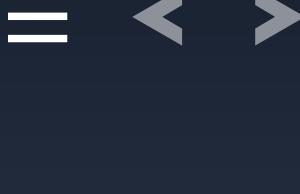
Lorem

Ipsum

Dolor

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Good Morning John!



July 5, 2022

Pull A

3 - 4:15 p.m.



Deadlift



Pullups



Barbell Row



Dumbbell Curl



Cable Crunch

Log

More

Today's Nutrition

2500 Calories

200g Protein

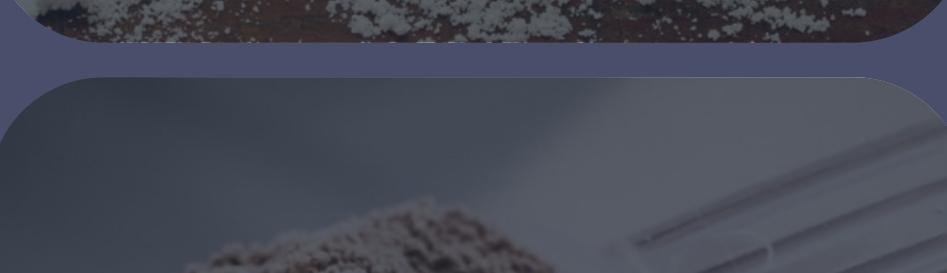
180g Carbohydrates

46g Fat

Log

More

Discover New Workouts



No Steroids Involved Here



Cycling with Frosty the Snowman



Keep on Joggin, Baby



Whatever this Guy is Doing

Hot Items in the Store



Snake- Err... Fish Oil



Casein

Whey

Lorem

Ipsum

Dolor

Ad Infinitum

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John Doe

search...

Good Morning John!

< >

Dashboard

Calendar

Workouts

Nutrition

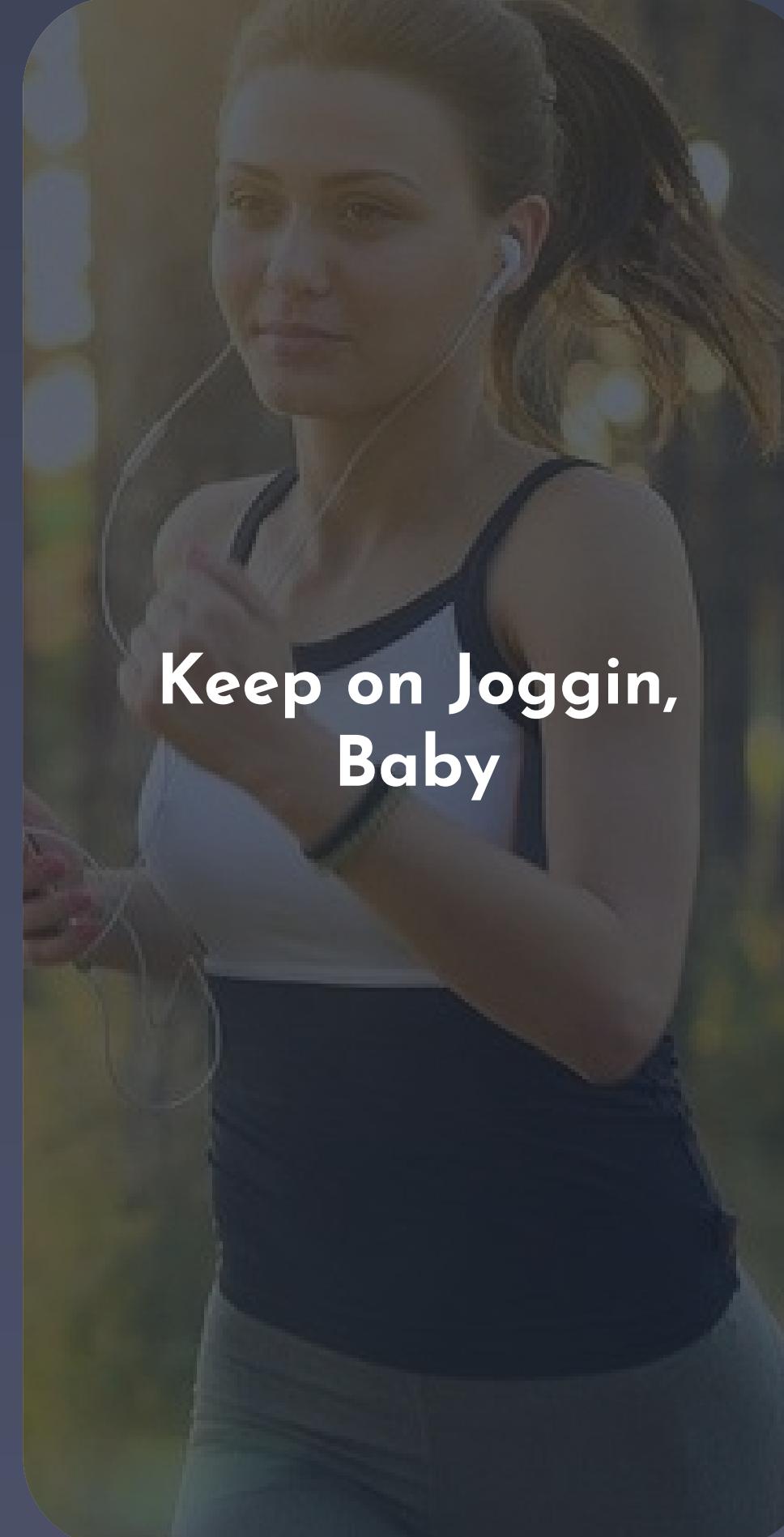
Store

Help

Settings



Discover New Workouts



Log Meal

More Details

Hot Items in the Store



July 5, 2022

Pull A

3 - 4:15 p.m.



Deadlift



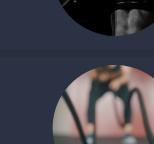
Pullups



Barbell Row



Dumbbell Curl



Cable Crunch

Log Workout

More Details

Today's Nutrition

2500 Calories

200g Protein

180g Carbohydrates

46g Fat

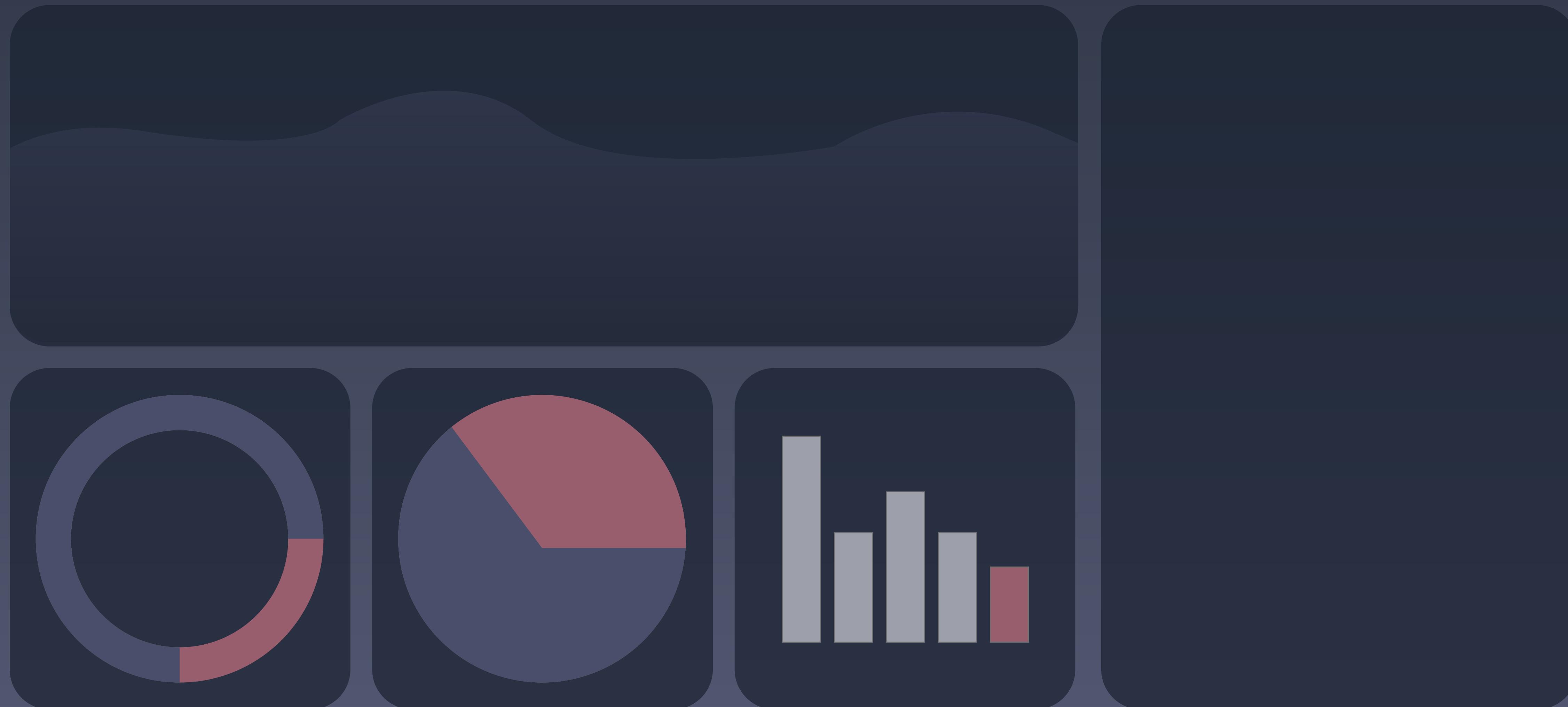


John Doe



Dashboard

< >



Lorem

Ipsum

Dolor

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John Doe



Your Routines

< >



Saved Routines



Push/Pull/Legs



John's Routine A



Big Bob's Boulder Builder



Upper/Lower



Muhammad's Workout



My Workout



Lorem

Ipsum

Dolor

Ad Infinitum

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John Doe



Calendar

< >

< July 2022 >

26	27	28	29	30	1	2
2500 cal	2500 cal	2500 cal	2500 cal	2500 cal	Push A 3.2 mile run 2500 cal	Pull A 1 mile run 2500 cal
3	4	5 Push A 3.2 mile run 2500 cal	6 2500 cal	7 Push A 3.2 mile run 2500 cal	8 Push A 3.2 mile run 2500 cal	9 2500 cal
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6
7	8	9	10	11	12	13

Ancillary Info



Lorem



Ipsum Dolor



Trente et une



Mon pere



Blablab



Fudge and Dingoes





John Doe



John's Routine A



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**Difficulty****Length****6 Weeks****Avg Duration****90 Min****Days Per Week****3****Schedule**

Monday's Workout



Barbell Squat

Sets 3
Reps 10-12
Weight 220 lbs
Rest 2 min



Barbell Squat

Sets 3
Reps 10-12
Weight 220 lbs
Rest 2 min



Barbell Squat

Sets 3
Reps 10-12
Weight 220 lbs
Rest 2 min



DAILY SUMMARY

**Save**

Saved Routines

**Push/Pull/Legs****John's Routine A****Big Bob's Boulder Builder****Upper/Lower****Muhammad's Workout****My Workout**

