

Questionnaire

Study Title: The Association between BMI self-selection, self-reported BMI and objectively measured BMI

Chief Investigator: Dr Frances Shiely

Medical Student: Emily Johnson, 4th Year Medical Student, University College Cork

1. Gender

Male ☐ Female ☐ Other ☐

2. Age_____

3. Do you think you are...

Underweight ☐ Normal Weight ☐

Overweight ☐ Obese ☐

4. Estimated Height without shoes. Please fill in one below.

_____ feet _____ inches

_____ meters _____ cm

Estimated Weight without shoes. Please fill in one below.

_____ stone _____ lbs

_____ lbs _____ kgs

5. Educational Level

Primary School education only ☐

Secondary School ☐

Post-leaving Cert Course
Some third level ☐

Complete Third Level ☐

6. Do you have a medical card Yes ☐ No ☐

7. In general, would you say your health is

Excellent ☐ Very good ☐ Good ☐ Fair ☐ Poor ☐

8. How would you rate your quality of life

Very good ☐ Good ☐ Neither poor nor good ☐

Poor ☐ Very poor ☐

9. How many days, if any, in an average week do you walk or
exercise for 30 minutes or more

_____ days

10. Do you currently smoke daily, occasionally or not at all?

Daily ☐ Occasionally ☐ Not at all ☐

11. Thinking about your alcohol intake, do you usually take alcohol on a weekly basis

Yes ☐ No ☐

If yes, how many drinks in a typical week would you take _____

If you know, can you equate that to units of alcohol _____

12. Do you think you have a healthy diet?

Yes ☐ No ☐ Don't know ☐

FOR RESEARCH TEAM:

Objectively Measured Height (m):

Objectively Measured Weight (kg):

BMI: