Preparing Orlans for EVA (Day 1)

GMT	Crew	Activity / ODF or R/G
06:00-06:10	Ì	Morning inspection
06:10-06:40	ĺ	Personal hygiene (post-sleep)
06:40-07:30		BREAKFAST
07:30-07:50		Work prep
07:50-08:05		Daily planning conference
08:05-08:20		Work prep
08:20-09:20	CDR	HRF Rack/GASMAP: 90-day functional test
08:20-09:00	FE-1, PLT	Activation and visual inspection of spacesuit / RODF Orlan Operations item 2.1, pages 2-1 to 2-2
09:00-09:40	FE-1, PLT	Activation and visual inspection of Orlan interface units (???) in ??? and
09:20-09:40	CDR	DC-1 / RODF Orlan Operations item 2.2, page 2-2
09:20-09:40	CDR	Activation and visual inspection of Orlan interface units (???) in ??? and DC-1 / RODF Orlan Operations item 2.2, page 2-2
09:40–10:10		EVA equipment prep / RODF Orlan Operations item 2.6, page 2-23
10:10–12:20	CDR	Water sample collection
10:10–11:10	FE-1, PLT	Water/gas separation of water systems in Orlan suits and ??? in DC1 / RODF Orlan Operations, pages 2-5 to 2-6, item 2.3.6
11:10–12:10	FE-1	Physical exercise (cycle)
11:10–12:10	PLT	Physical exercise (TVIS+RED)
12:10–13:10	FE-1, PLT	LUNCH
12:20–13:20	CDR	LUNCH
13:20–13:45	CDK	LAB payload daily status check
13:10–14:10	FE-1, PLT	Water/gas separation of ??? water system in ??? / RODF Orlan Operations, page 4-20 to 4-21, item 4.13.2
14:10–15:20		Operations with Orlan replaceable elements / RODF Orlan Operations items 2.4.2-2.4.4, pages 2-11 to 2-12, item 2.4.9, page 2-17, item 2.4.6, page 2-14, item 2.4.7, page 2-15, item 2.4.15, page 2-20 + r/g 1956
14:20–15:50	CDR	GASMAP HRF: 90-day functional test
15:50–16:00		GASMAP HRF: 90-day functional test and powerdown
15:20–16:20	FE-1, PLT	Orlan size adjustment / RODF Orlan Operations item 2.5, pages 2-21 to 2-22
16:00–17:00	CDR	Physical exercise (CEVIS)
16:20–17:50	PLT	Physical exercise (cycle)
17:00–18:30	CDR	Physical exercise (RED)
16:20–17:50	FE-1	Physical exercise (RED+TVIS)
17:50–18:30	-	Maintenance of ???
17:50–18:05	PLT	ICE: N016 archive video / setup and activation
18:15–18:25		ICE: N016 archive video / deactivation
18:30–18:45		Reviewing plan for the next day
18:45–19:00		Daily planning conference
19:00–19:15		Reviewing plan for the next day
19:15–19:30		Report prep
19:30–19:45	CDR	Water sample collection: concluding ops

19:30–20:00	FE-1, PLT	DINNER
19:45–20:15	CDR	
20:00–20:30	FE-1, PLT	Daily food ration prep
20:15–20:30	CDR	
20:30–21:30		Personal hygiene (pre-sleep)
21:30-06:00		SLEEP

Note: see OSTP for references to US activities

End of radiogram