

**CREW OFF DUTY**

GMT	CREW	ACTIVITY
06:00-06:10	.	Morning inspection
06:10-06:40	.	Post-sleep
06:40-07:30	.	BREAKFAST
07:30-07:35	FE-1	LAB window leak check
07:35-07:45	FE-1	BSA battery charge TERM
07:45-08:05	FE-1	BSA battery charge INIT
11:00-12:30	CDR	Physical exercise TVIS – day 3
11:00-12:30	FE-1	Physical exercise RED
12:30-13:30	.	LUNCH
13:30-13:35	FE-1	Increment 9 payload status check
16:15-17:15	FE-1	Physical exercise TVIS
16:30-17:00	CDR	COX maintenance
17:00-17:15	CDR	Questionnaire – journal entry
17:15-18:15	CDR	Physical exercise (VELO+ForceLoader-1) – day 3
17:15-17:20	FE-1	TVIS weekly maintenance
18:00-18:15	FE-1	Questionnaire – journal entry
18:15-18:45	.	Daily plan review
18:45-19:00	.	Report prep
19:00-19:15	.	DPC ( <i>S-band</i> )
19:15-19:30	.	Report prep
19:30-20:00	.	DINNER
20:00-20:30	.	Daily food prep
20:30-21:30	.	Pre-sleep
21:30-06:00	.	SLEEP
<b>Task list</b>	CDR	DIATOMEA
		ETD ( <i>performed in the morning prior to physical exercises</i> )

**Note:** See OSTP for references to US activities

End of radiogram