

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-10:30		Weekly housekeeping
10:30-11:00	CDR	EarthKAM: hardware deactivation and stowage
10:50-12:20	FE-1	Physical Exercise (TVIS) day 3
11:15-12:00	CDR	SSC 760XD Laptop reboot
12:20-12:50		Weekly planning conference (<i>S-band</i>)
12:50-13:50		LUNCH
13:50-14:10		ISS crew / Program management weekly conference (<i>S-band</i>)
15:10-16:10	CDR	Physical Exercise (CEVIS)
16:10-17:40		Physical Exercise (RED)
16:55-17:25	FE-1	COX maintenance
17:40-17:45	CDR	TVIS exercise data download to MEC
18:30-19:30	FE-1	Physical Exercise (VELO + Force Loader/cycle 1) day 3
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	FE-1	Molniya-SM-LSO. Hardware deactivation
		BCPH data copying to flash card via ISS Wiener
		GTS. Set up and function test of FSH3

Note: See OSTP for references to US activities

End of radiogram