CREW OFF DUTY. TV GREETING.

GMT	CREW	ACTIVITY
06:00-06:10	CDR, FE-1, FE-3 , FE-4,FE-5	Morning Inspection
06:00-06:05	FE-2	SLEEP Data Log Entry
06:05-06:10	FE-2	Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
08:10-08:30	FE-5	Crew Discretionary Conference (S-band)
08:30-09:30	FE-5	Physical Exercise (TVIS)
09:00-09:10	FE-2	Moon Photography Prep
09:45-10:00	FE-2	Moon Photography
09:30-10:30	FE-4	Physical Exercise (TVIS)
09:30-11:00	FE-5	Physical Exercise (ARED)
10:00-11:00	FE-3	Physical Exercise (VELO), day 1
10:20-11:20	FE-2	Physical Exercise (TVIS)
11:05-12:35	FE-4	Physical Exercise (ARED)
11:20-11:35	FE-2	Moon Photography
11:35-12:35	CDR	Physical Exercise (TVIS), day 2
11:35-11:50	FE-2	Moon Photography Closeout Ops
11:40-11:55	FE-3	Private Family Conference (S+Ku-band)
12:30-12:45	FE-5	Private Family Conference (S+Ku-band)
12:35-13:05	CDR	Hygiene Procedures
12:35-13:05	FE-1,FE-2,FE-4	PMC Procedure Review
13:05-14:05		LUNCH
14:05-14:45	CDR	СОЖ Maintenance. Flush Counter (СП), Water Supply System (СВО), POTOK Air Purification System Data Calldowns for SM and FGB
14:15-14:30	FE-2	Private Family Conference (S+Ku-band)
14:55-15:10	CDR,FE-1	Shuttle RPM Conference (S-band)
15:10-16:40	FE-2	Physical Exercise (ARED)
15:25-16:25	FE-1	Physical Exercise (CEVIS)
15:50-16:50	FE-3	Physical Exercise (TVIS), day 1
16:00-16:15	FE-4	Private Family Conference (S+Ku-band)
16:25-17:55	FE-1	Physical Exercise (ARED)
16:50-17:20	FE-3	Hygiene Procedures
17:20-17:45	CDR,FE-3	TV ISS-MCC, TELEPHONE (S-band) Greeting to the Pacific Meridians Film Festival in Vladivostok. (To= 17:20, T1, T2, T3 activated from Daily Flight Program [CΠΠ])
17:45-18:45	CDR	Physical Exercise (ARED)
18:15-19:05	FE-1,FE-2, FE-3 , FE-4,FE-5	Evening Work Prep
18:45-19:05	CDR	
19:05-19:30		Daily Planning Conference (S-band)
19:30-20:10		Pre-sleep

20:10-20:40		Flight Director / ISS Crew Tagup (S-band)
20:40-21:30	CDR ,FE-2, FE-3 , FE-4,FE-5	Pre-sleep
20:45-21:00	FE-1	Private Family Conference (S+Ku-band)
21:00-21:30	FE-1	Pre-sleep
21:30-06:00		SLEEP
Task List	CDR,FE-3	ECON. Observations and Photography
	CDR	SEINER World Ocean Observations

Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
 See OSTP for references to US activities
- 3. Pre-sleep: dinner, daily food prep, evening toilet End of Radiogram