

**Crew Off-duty Day**

TIME	CREW	ACTIVITY
06:00-06:10	CDR,FE-1, FE-3,FE-5	Morning inspection
06:00-06:10	FE-4	Morning inspection. RSS1,2 reboot
06:00-06:10	FE-2	Morning inspection. Laptop RS1(2) reboot
06:10-06:40	.	Post-sleep
06:40-07:30	CDR,FE-2, FE-3,FE-4, FE-5	Morning meal.
06:40-07:30	FE-1	Morning meal. SM ПСС c/o ( <i>after the morning meal</i> )
09:00-10:00	CDR	T2 exercise
10:00-11:30	FE-1	ARED exercise
10:00-11:00	FE-5	T2 exercise
10:30-11:30	FE-4	БД-2 1 exercise
11:30-12:30	FE-1	БД-2 2 exercise
11:30-13:00	FE-3	ARED exercise
12:00-13:00	FE-2	VELO-1 exercise
12:30-12:45	FE-1	PFC ( <i>S+Ku-band</i> )
13:00-14:00	.	Midday meal
14:05-14:20	FE-2	PFC ( <i>S+Ku-band</i> )
14:30-14:50	CDR	HRF – sampling h/w install
15:00-15:40	FE-2	COЖ maintenance. <b>SM and FGB's CBO, CGO, СПКУ ACY counter, POTOK data dumps</b>
15:00-15:10	FE-5	HRF – sampling h/w install
15:30-17:00	CDR	ARED exercise
16:30-18:00	FE-2	БД-2 1 exercise
17:00-18:00	FE-3	T2 exercise
17:05-18:35	FE-5	ARED exercise
17:20-17:35	CDR	PFC
17:45-19:15	FE-4	БД-2-1 exercise
19:15-19:30	FE-1,FE-2, FE-4	DPC ( <i>S-band</i> )
19:30-21:20	CDR,FE-1, FE-5	Pre-sleep
19:30-21:30	FE-2,FE-4	Pre-sleep
19:30-20:40	FE-3	Pre-sleep
20:40-20:55	FE-3	PFC
20:55-21:25	FE-3	Pre-sleep
21:20-21:25	CDR,FE-5	REMINDER – reminder review
21:20-21:30	FE-1	VIRU. Battery charging (start)
21:25-21:30	CDR,FE-3, FE-5	REMINDER – reminder review

21:30-06:00	.	Sleep.
<b>Task List</b>	<b>FE-1,FE-2, FE-4</b>	Prepare features for Roskosmos web-site
		URAGAN. Observation and photography
	<b>FE-1</b>	SEYNER. Ocean study
	<b>FE-1,FE-4</b>	EKON-M. Observation and photography
	<b>FE-1,FE-2</b>	Test run of [МИС] multi-functional information system's [СПО] module on RSK2 laptop

**Comments:**

1. Window shutter #9 opening will be at crew discretion and **report to MCC**
  2. Pre-sleep: evening meal, food preparation, evening hygiene
  3. Refer to OSTPV for the missing USOS activity links
  4. Russian crew shall use US exercisers in strict compliance with F24 or OSTPV.
- End of r/g