## Radiogram No. 3019u Form 24 for 05/08/2010 Commanding CAYΠ OHA [High-Gain Antenna Automatic Drive Control System] from Position 1 to Position 2. Crew Off-Duty

06:00-06:05         FE-1         Elektron-VM Aerosol Filter Inspection           06:00-06:05         FE-2, FE-6         Morning Inspection           06:05-06:10         FE-1         Morning Inspection           06:05-06:10         FE-1         Morning Inspection           06:10-06:40         FE-2, FE-6         Post-sleep           06:15-06:45         FE-2, FE-6         Post-sleep           06:40-07:30         FE-1, FE-1, FE-1, FE-3, FE-5         BREAKFAST           06:40-07:30         FE-2, FE-6         Physical Exercise (ARED)           07:30-09:00         FE-5         Physical Exercise (ARED)           07:30-07:35         FE-1         BBU (Universal Bioengineering Thermostat). Temperature Check. Report to MCC TBU Temperature           07:30-10:30         FE-1         Weekly Housekeeping           07:35-10:30         FE-1         Weekly Housekeeping           08:00-09:00         FE-6         Physical Exercise (TVIS)           09:00-10:30         FE-6         Physical Exercise (TVIS)           09:00-10:30         FE-5         Weekly Housekeeping           10:20-11:20         FE-2         Physical Exercise (TVIS)           10:20-11:20         FE-5         Weekly Housekeeping           10:30-12:50         FE-6         Weekly Housekeeping </th <th>GMT</th> <th>CREW</th> <th>ACTIVITY</th>	GMT	CREW	ACTIVITY
06:00-06:10         CDR, FE-3 FE-5 FE-5 FE-5 FE-5         Morning Inspection           06:00-06:05         FE-2, FE-6 SLEEP Data Log Entry           06:05-06:15         FE-1 Morning Inspection           06:05-06:15         FE-2, FE-6 Morning Inspection           06:10-06:40         CDR, FE-1, FE-3, FE-5 Post-sleep           06:40-07:30         CDR, FE-1, FE-3, FE-5 Post-sleep           06:40-07:30         CDR, FE-1, FE-3, FE-5 Physical Exercise (ARED)           07:30-09:00         FE-5 Physical Exercise (ARED)           07:30-07:35         FE-1 TBU (Universal Bioengineering Thermostat). Temperature Check. Report to MCC TBU Temperature           07:30-07:35         FE-1 TBU (Universal Bioengineering Thermostat). Temperature Check. Report to MCC TBU Temperature           07:30-10:30         FE-1 Te-2 Weekly Housekeeping           07:30-10:30         FE-1 Weekly Housekeeping           08:00-09:00         FE-6 Physical Exercise (TVIS)           09:00-10:30         FE-6 Physical Exercise (TVIS)           09:00-10:20         FE-5 Physical Exercise (TVIS)           10:20-11:20         FE-2 Physical Exercise (TVIS)           10:20-11:20         FE-2 Physical Exercise (TVIS)           10:30-12:50         FE-6 Weekly Housekeeping           10:20-12:50         FE-1 Physical Exercise (VELO), Day 1           11:20-12:50         FE-	06:00-06:05	<u> </u>	
06:05-06:10         FE-1         Morning Inspection           06:05-06:15         FE-2, FE-6         Morning Inspection           06:10-06:40         CDR, FE-1, FE-3, FE-5         Post-sleep           06:15-06:45         FE-2, FE-6         Post-sleep           06:40-07:30         CDR, FE-1, FE-3, FE-5         BREAKFAST           07:30-09:00         FE-5         Physical Exercise (ARED)           07:30-07:35         FE-1         BREAKFAST           07:30-07:35         FE-1         TBU (Universal Bioengineering Thermostat). Temperature Check. Report to MCC TBU Temperature           07:30-10:30         CDR, FE-3         Weekly Housekeeping           07:35-10:20         FE-1         Weekly Housekeeping           08:00-10:30         FE-6         Physical Exercise (TVIS)           09:00-10:30         FE-6         Physical Exercise (TVIS)           09:00-10:30         FE-5         Weekly Housekeeping           10:00-12:50         FE-5         Weekly Housekeeping           10:20-11:20         FE-5         Physical Exercise (TVIS)           10:30-11:30         FE-6         Weekly Housekeeping           10:30-11:30         FE-3         Physical Exercise (TVIS)           10:30-12:50         FE-1         Physical Exercise (VELO), Day 1 <td>1</td> <td>CDR,FE-3,</td> <td>·</td>	1	CDR,FE-3,	·
06:05-06:15         FE-2, FE-6         Morning Inspection           06:10-06:40         CDR, FE-1, FE-3, FE-5         Post-sleep           06:15-06:45         FE-2, FE-6         Post-sleep           06:40-07:30         CDR, FE-1, FE-1, FE-3, FE-5         BREAKFAST           06:45-07:35         FE-2, FE-6         Physical Exercise (ARED)           07:30-09:00         FE-5         Physical Exercise (ARED)           07:30-07:35         FE-1         TBU (Universal Bioengineering Thermostat). Temperature Check. Report to MCC TBU Temperature           07:30-10:30         CDR, FE-3         Weekly Housekeeping           07:35-10:20         FE-1         Weekly Housekeeping           08:00-09:00         FE-6         Physical Exercise (TVIS)           09:00-10:00         FE-5         Physical Exercise (TVIS)           09:00-10:00         FE-5         Weekly Housekeeping           10:20-11:20         FE-2         Physical Exercise (TVIS)           10:30-11:30         FE-3         Physical Exercise (TVIS)           10:30-11:30         FE-6         Weekly Housekeeping           10:20-12:50         FE-2         Physical Exercise (TVIS)           10:30-15:30         FE-3         Physical Exercise (TVIS), Day 1           11:20-12:50         FE-1	06:00-06:05	FE-2, FE-6	SLEEP Data Log Entry
06:10-06:40         CDR, FE-1, FE-3, FE-5         Post-sleep           06:15-06:45         FE-2, FE-6         Post-sleep           06:40-07:30         CDR, FE-1, FE-3, FE-5         BREAKFAST           06:45-07:35         FE-2, FE-6         BREAKFAST           07:30-09:00         FE-5         Physical Exercise (ARED)           07:30-07:35         FE-1         TBU (Universal Bioengineering Thermostat). Temperature Check. *Report to MCC TBU Temperature*           07:30-10:30         CDR, FE-3         Weekly Housekeeping           307:35-10:30         FE-1         Weekly Housekeeping           07:35-10:20         FE-2         Weekly Housekeeping           08:00-09:00         FE-6         Physical Exercise (TVIS)           09:00-10:30         FE-6         Physical Exercise (TVIS)           09:00-10:00         FE-5         Weekly Housekeeping           10:20-11:20         FE-5         Weekly Housekeeping           10:30-12:50         FE-6         Weekly Housekeeping           10:30-12:50         FE-6         Weekly Housekeeping           10:30-12:50         FE-6         Weekly Housekeeping           10:30-12:50         FE-6         Physical Exercise (TVIS)           10:20-12:50         FE-1         Physical Exercise (VELO), Day 1 <td>06:05-06:10</td> <td>FE-1</td> <td>Morning Inspection</td>	06:05-06:10	FE-1	Morning Inspection
06:10-06:40         FE-3, FE-5         Post-sleep           06:40-07:30         CDR, FE-1, FE-6         Post-sleep           06:40-07:35         FE-2, FE-6         BREAKFAST           06:45-07:35         FE-2, FE-6         BREAKFAST           07:30-09:00         FE-5         Physical Exercise (ARED)           07:30-07:35         FE-1         TBU (Universal Bioengineering Thermostat). Temperature Check. Report to MCC TBU Temperature           07:30-10:30         CDR, FE-3         Weekly Housekeeping           07:35-10:20         FE-1         Meekly Housekeeping           08:00-09:00         FE-6         Physical Exercise (TVIS)           09:00-10:30         FE-6         Physical Exercise (TVIS)           09:00-10:30         FE-5         Physical Exercise (TVIS)           10:00-12:50         FE-5         Weekly Housekeeping           10:20-11:20         FE-5         Weekly Housekeeping           10:30-12:50         FE-6         Weekly Housekeeping           10:30-12:50         FE-6         Weekly Housekeeping           10:30-12:50         FE-7         Physical Exercise (TVIS)           10:30-12:50         FE-8         Physical Exercise (VIEO), Day 1           11:20-12:50         FE-1         Physical Exercise (VIEO), Day 4	06:05-06:15	FE-2, FE-6	Morning Inspection
06:40-07:30         CDR, FE-1, FE-3, FE-5         BREAKFAST           06:45-07:35         FE-2, FE-6         BREAKFAST           07:30-09:00         FE-5         Physical Exercise (ARED)           07:30-07:35         FE-1         TBU (Universal Bioengineering Thermostat). Temperature Check. Report to MCC TBU Temperature           07:30-10:30         CDR, FE-3         Weekly Housekeeping           07:35-10:30         FE-1         Weekly Housekeeping           08:00-09:00         FE-6         Physical Exercise (TVIS)           09:00-10:30         FE-6         Physical Exercise (TVIS)           09:00-10:00         FE-5         Physical Exercise (TVIS)           10:00-12:50         FE-5         Weekly Housekeeping           10:20-11:20         FE-2         Physical Exercise (TVIS)           10:30-12:50         FE-6         Weekly Housekeeping           10:30-12:50         FE-6         Weekly Housekeeping           10:30-12:50         FE-2         Physical Exercise (TVIS)           10:30-12:50         FE-6         Weekly Housekeeping           10:30-12:50         FE-6         Weekly Housekeeping           10:30-12:50         FE-1         Physical Exercise (TVIS)           10:30-12:50         FE-1         Physical Exercise (WELO), Day 1	06:10-06:40		Post-sleep
10.40-07-30   FE-3, FE-5   BREAKFAST	06:15-06:45	FE-2, FE-6	Post-sleep
07:30-09:00         FE-5         Physical Exercise (ARED)           07:30-07:35         FE-1         TBU (Universal Bioengineering Thermostat). Temperature Check. Report to MCC TBU Temperature           07:30-10:30         CDR, FE-3         Weekly Housekeeping SM Ventilation System Preventive Maintenance Group E, Cleaning FGB LB2 Fan           07:35-10:20         FE-2         Weekly Housekeeping           08:00-09:00         FE-6         Physical Exercise (TVIS)           09:00-10:00         FE-5         Physical Exercise (ARED)           09:00-10:00         FE-5         Physical Exercise (TVIS)           10:00-12:50         FE-5         Weekly Housekeeping           10:20-11:20         FE-2         Physical Exercise (TVIS)           10:30-12:50         FE-6         Weekly Housekeeping           10:30-11:30         FE-3         Physical Exercise (TVIS)           10:30-11:30         FE-3         Physical Exercise (VELO), Day 1           11:20-12:50         FE-1         Physical Exercise (ARED)           11:20-12:50         FE-1         Physical Exercise (TVIS), Day 4           12:30-12:45         FE-3         Private Psychological Conference (VHF)           12:30-12:40         Weekly Planning Conference (S-band)           14:20-15:30         FE-5         JAXA Letter Message Verification and	06:40-07:30		BREAKFAST
07:30-07:35         FE-1         TBU (Universal Bioengineering Thermostat). Temperature Check. Report to MCC TBU Temperature           07:30-10:30         CDR, FE-3         Weekly Housekeeping SM Ventilation System Preventive Maintenance Group E, Cleaning FGB LB2 Fan           07:35-10:20         FE-1         Weekly Housekeeping           08:00-09:00         FE-6         Physical Exercise (TVIS)           09:00-10:30         FE-6         Physical Exercise (ARED)           09:00-10:00         FE-5         Physical Exercise (TVIS)           10:00-12:50         FE-5         Weekly Housekeeping           10:20-11:20         FE-2         Physical Exercise (TVIS)           10:30-12:50         FE-6         Weekly Housekeeping           10:30-11:30         FE-3         Physical Exercise (VELO), Day 1           11:20-12:50         FE-6         Weekly Housekeeping           11:20-12:50         FE-1         Physical Exercise (VELO), Day 1           11:20-12:50         FE-2         Physical Exercise (VELO), Day 1           11:20-12:50         FE-1         Physical Exercise (TVIS), Day 4           12:00-12:50         FE-3         Private Psychological Conference (VHF)           12:30-13:20         Weekly Planning Conference (Ku+S-band)           12:50-13:20         EXPEDITION FE-3         Video Footage	06:45-07:35	FE-2, FE-6	BREAKFAST
07:30-10:30         CDR, FE-3         Weekly Housekeeping SM Ventilation System Preventive Maintenance Group E, Cleaning FGB LB2 Fan           07:35-10:30         FE-1         SM Ventilation System Preventive Maintenance Group E, Cleaning FGB LB2 Fan           07:35-10:20         FE-2         Weekly Housekeeping           08:00-09:00         FE-6         Physical Exercise (TVIS)           09:00-10:30         FE-6         Physical Exercise (TVIS)           09:00-10:00         FE-5         Physical Exercise (TVIS)           10:00-12:50         FE-5         Weekly Housekeeping           10:20-11:20         FE-2         Physical Exercise (TVIS)           10:30-12:50         FE-6         Weekly Housekeeping           10:30-12:50         FE-3         Physical Exercise (VELO), Day 1           11:20-12:50         FE-3         Physical Exercise (VELO), Day 1           11:20-12:50         FE-1         Physical Exercise (TVIS), Day 4           12:00-12:15         FE-3         Private Psychological Conference (VHF)           12:30-12:45         FE-3         Private Psychological Conference (VHF)           12:50-13:20         Weekly Planning Conference (S-band)           14:20-15:00         FE-5         JAXA Letter Message Verification and Photo Taking           14:20-15:00         FE-1         Video F	07:30-09:00	FE-5	Physical Exercise (ARED)
07:35-10:30         FE-1         SM Ventilation System Preventive Maintenance Group E, Cleaning FGB ЦВ2 Fan           07:35-10:20         FE-2         Weekly Housekeeping           08:00-09:00         FE-6         Physical Exercise (TVIS)           09:00-10:00         FE-6         Physical Exercise (TVIS)           10:00-12:50         FE-5         Weekly Housekeeping           10:20-11:20         FE-2         Physical Exercise (TVIS)           10:30-12:50         FE-6         Weekly Housekeeping           10:30-12:50         FE-6         Weekly Housekeeping           10:30-11:30         FE-3         Physical Exercise (VELO), Day 1           11:20-12:50         FE-2         Physical Exercise (ARED)           11:20-12:50         FE-1         Physical Exercise (TVIS), Day 4           12:00-12:15         FE-3         Private Psychological Conference (VHF)           12:30-12:45         FE-3         Private Psychological Conference (Ku+S-band)           12:50-13:20         Weekly Planning Conference (Ku+S-band)           13:20-14:20         LUNCH           14:20-15:00         FE-5         JAXA Letter Message Verification and Photo Taking           14:20-15:00         FE-1         Video Footage for Channel One           15:00-15:15         FE-1         Private	07:30-07:35	FE-1	
07:35-10:30         FE-1         Fan           07:35-10:20         FE-2         Weekly Housekeeping           08:00-09:00         FE-6         Physical Exercise (TVIS)           09:00-10:00         FE-5         Physical Exercise (TVIS)           10:00-12:50         FE-5         Weekly Housekeeping           10:20-11:20         FE-2         Physical Exercise (TVIS)           10:30-12:50         FE-6         Weekly Housekeeping           10:30-11:30         FE-3         Physical Exercise (VELO), Day 1           11:20-12:50         FE-2         Physical Exercise (ARED)           11:20-12:50         FE-1         Physical Exercise (TVIS), Day 4           12:00-12:15         FE-3         Private Psychological Conference (VHF)           12:30-12:45         FE-3         Private Psychological Conference (Ku+S-band)           12:50-13:20         Weekly Planning Conference (S-band)           13:20-14:20         LUNCH           14:20-15:00         FE-5         JAXA Letter Message Verification and Photo Taking           14:20-15:00         FE-5         Video Footage for Channel One           15:00-15:15         FE-1         Private Psychological Conference (VHF)           15:30-16:00         Expedition 23/STS-132 Crew Conference (S-band)           16:	07:30-10:30	CDR, FE-3	
08:00-09:00         FE-6         Physical Exercise (TVIS)           09:00-10:30         FE-6         Physical Exercise (ARED)           09:00-10:00         FE-5         Physical Exercise (TVIS)           10:00-12:50         FE-5         Weekly Housekeeping           10:20-11:20         FE-2         Physical Exercise (TVIS)           10:30-12:50         FE-6         Weekly Housekeeping           10:30-11:30         FE-3         Physical Exercise (VELO), Day 1           11:20-12:50         FE-2         Physical Exercise (ARED)           11:20-12:50         FE-1         Physical Exercise (TVIS), Day 4           12:00-12:15         FE-3         Private Psychological Conference (VHF)           12:30-12:45         FE-3         Private Family Conference (Ku+S-band)           12:50-13:20         Weekly Planning Conference (S-band)           13:20-14:20         LUNCH           14:20-15:00         FE-5         JAXA Letter Message Verification and Photo Taking           14:20-15:30         CDR, FE-3         Video Footage for Channel One           14:20-15:00         FE-1         Video Footage for Channel One           15:00-15:15         FE-1         Private Psychological Conference (VHF)           15:30-16:00         Expedition 23/STS-132 Crew Conference (S-band)     <			
09:00-10:30         FE-6         Physical Exercise (ARED)           09:00-10:00         FE-5         Physical Exercise (TVIS)           10:00-12:50         FE-5         Weekly Housekeeping           10:20-11:20         FE-2         Physical Exercise (TVIS)           10:30-12:50         FE-6         Weekly Housekeeping           10:30-11:30         FE-3         Physical Exercise (VELO), Day 1           11:20-12:50         FE-2         Physical Exercise (ARED)           11:20-12:50         FE-1         Physical Exercise (TVIS), Day 4           12:00-12:15         FE-3         Private Psychological Conference (VHF)           12:30-12:45         FE-3         Private Family Conference (Ku+S-band)           12:50-13:20         Weekly Planning Conference (S-band)           13:20-14:20         LUNCH           14:20-15:00         FE-5         JAXA Letter Message Verification and Photo Taking           14:20-15:30         CDR, FE-3         Video Footage for Channel One           14:20-15:00         FE-1         Video Footage for Channel One           15:30-16:00         Expedition 23/STS-132 Crew Conference (S-band)           16:00-16:30         FE-2, FE-5, FE-5, FE-6         ULF4 Transfer Conference (S-band)	07:35-10:20	FE-2	Weekly Housekeeping
09:00-10:00         FE-5         Physical Exercise (TVIS)           10:00-12:50         FE-5         Weekly Housekeeping           10:20-11:20         FE-2         Physical Exercise (TVIS)           10:30-12:50         FE-6         Weekly Housekeeping           10:30-11:30         FE-3         Physical Exercise (VELO), Day 1           11:20-12:50         FE-2         Physical Exercise (ARED)           11:20-12:50         FE-1         Physical Exercise (TVIS), Day 4           12:00-12:15         FE-3         Private Psychological Conference (VHF)           12:30-12:45         FE-3         Private Family Conference (Ku+S-band)           12:50-13:20         Weekly Planning Conference (S-band)           13:20-14:20         LUNCH           14:20-15:00         FE-5         JAXA Letter Message Verification and Photo Taking           14:20-15:00         FE-5         Video Footage for Channel One           14:20-15:00         FE-1         Video Footage for Channel One           15:00-15:15         FE-1         Private Psychological Conference (VHF)           15:30-16:00         Expedition 23/STS-132 Crew Conference (S-band)           16:00-16:30         FE-2, FE-5, FE-5, FE-6, FE-6	08:00-09:00	FE-6	. ,
10:00-12:50         FE-5         Weekly Housekeeping           10:20-11:20         FE-2         Physical Exercise (TVIS)           10:30-12:50         FE-6         Weekly Housekeeping           10:30-11:30         FE-3         Physical Exercise (VELO), Day 1           11:20-12:50         FE-2         Physical Exercise (ARED)           11:20-12:50         FE-1         Physical Exercise (TVIS), Day 4           12:00-12:15         FE-3         Private Psychological Conference (VHF)           12:30-12:45         FE-3         Private Family Conference (Ku+S-band)           12:50-13:20         Weekly Planning Conference (S-band)           13:20-14:20         LUNCH           14:20-15:00         FE-5         JAXA Letter Message Verification and Photo Taking           14:20-15:00         FE-5         Video Footage for Channel One           14:20-15:00         FE-1         Video Footage for Channel One           15:00-15:15         FE-1         Private Psychological Conference (VHF)           15:30-16:00         Expedition 23/STS-132 Crew Conference (S-band)           16:00-16:30         FE-2, FE-5, FE-5, FE-5, FE-6	09:00-10:30	FE-6	Physical Exercise (ARED)
10:20-11:20         FE-2         Physical Exercise (TVIS)           10:30-12:50         FE-6         Weekly Housekeeping           10:30-11:30         FE-3         Physical Exercise (VELO), Day 1           11:20-12:50         FE-2         Physical Exercise (ARED)           11:20-12:50         FE-1         Physical Exercise (TVIS), Day 4           12:00-12:15         FE-3         Private Psychological Conference (VHF)           12:30-12:45         FE-3         Private Family Conference (Ku+S-band)           12:50-13:20         Weekly Planning Conference (S-band)           13:20-14:20         LUNCH           14:20-15:00         FE-5         JAXA Letter Message Verification and Photo Taking           14:20-15:30         CDR, FE-3         Video Footage for Channel One           14:20-15:00         FE-1         Video Footage for Channel One           15:00-15:15         FE-1         Private Psychological Conference (VHF)           15:30-16:00         Expedition 23/STS-132 Crew Conference (S-band)           16:00-16:30         FE-2, FE-5, FE-5, FE-6           FE-6         ULF4 Transfer Conference (S-band)	09:00-10:00	FE-5	Physical Exercise (TVIS)
10:30-12:50         FE-6         Weekly Housekeeping           10:30-11:30         FE-3         Physical Exercise (VELO), Day 1           11:20-12:50         FE-2         Physical Exercise (ARED)           11:20-12:50         FE-1         Physical Exercise (TVIS), Day 4           12:00-12:15         FE-3         Private Psychological Conference (VHF)           12:30-12:45         FE-3         Private Family Conference (Ku+S-band)           12:50-13:20         Weekly Planning Conference (S-band)           13:20-14:20         LUNCH           14:20-15:00         FE-5         JAXA Letter Message Verification and Photo Taking           14:20-15:30         CDR, FE-3         Video Footage for Channel One           14:20-15:00         FE-1         Video Footage for Channel One           15:00-15:15         FE-1         Private Psychological Conference (VHF)           15:30-16:00         Expedition 23/STS-132 Crew Conference (S-band)           16:00-16:30         FE-2, FE-5, FE-5, FE-6         ULF4 Transfer Conference (S-band)	10:00-12:50	FE-5	Weekly Housekeeping
10:30-11:30         FE-3         Physical Exercise (VELO), Day 1           11:20-12:50         FE-2         Physical Exercise (ARED)           11:20-12:50         FE-1         Physical Exercise (TVIS), Day 4           12:00-12:15         FE-3         Private Psychological Conference (VHF)           12:30-12:45         FE-3         Private Family Conference (Ku+S-band)           12:50-13:20         Weekly Planning Conference (S-band)           13:20-14:20         LUNCH           14:20-15:00         FE-5         JAXA Letter Message Verification and Photo Taking           14:20-15:00         FE-5         Video Footage for Channel One           14:20-15:00         FE-1         Video Footage for Channel One           15:00-15:15         FE-1         Private Psychological Conference (VHF)           15:30-16:00         Expedition 23/STS-132 Crew Conference (S-band)           16:00-16:30         FE-2, FE-5, FE-5, FE-6         ULF4 Transfer Conference (S-band)	10:20-11:20	FE-2	Physical Exercise (TVIS)
11:20-12:50         FE-2         Physical Exercise (ARED)           11:20-12:50         FE-1         Physical Exercise (TVIS), Day 4           12:00-12:15         FE-3         Private Psychological Conference (VHF)           12:30-12:45         FE-3         Private Family Conference (Ku+S-band)           12:50-13:20         Weekly Planning Conference (S-band)           13:20-14:20         LUNCH           14:20-15:00         FE-5         JAXA Letter Message Verification and Photo Taking           14:20-15:00         FE-1         Video Footage for Channel One           14:20-15:00         FE-1         Video Footage for Channel One           15:00-15:15         FE-1         Private Psychological Conference (VHF)           15:30-16:00         Expedition 23/STS-132 Crew Conference (S-band)           16:00-16:30         FE-2, FE-5, FE-5, FE-6         ULF4 Transfer Conference (S-band)	10:30-12:50	FE-6	Weekly Housekeeping
11:20-12:50         FE-1         Physical Exercise (TVIS), Day 4           12:00-12:15         FE-3         Private Psychological Conference (VHF)           12:30-12:45         FE-3         Private Family Conference (Ku+S-band)           12:50-13:20         Weekly Planning Conference (S-band)           13:20-14:20         LUNCH           14:20-15:00         FE-5         JAXA Letter Message Verification and Photo Taking           14:20-15:30         CDR, FE-3         Video Footage for Channel One           14:20-15:00         FE-1         Video Footage for Channel One           15:00-15:15         FE-1         Private Psychological Conference (VHF)           15:30-16:00         Expedition 23/STS-132 Crew Conference (S-band)           16:00-16:30         FE-2, FE-5, FE-6, FE-6         ULF4 Transfer Conference (S-band)	10:30-11:30	FE-3	Physical Exercise (VELO), Day 1
12:00-12:15 FE-3 Private Psychological Conference (VHF) 12:30-12:45 FE-3 Private Family Conference (Ku+S-band) 12:50-13:20 Weekly Planning Conference (S-band) 13:20-14:20 LUNCH 14:20-15:00 FE-5 JAXA Letter Message Verification and Photo Taking 14:20-15:30 CDR, FE-3 Video Footage for Channel One 14:20-15:00 FE-1 Video Footage for Channel One 15:00-15:15 FE-1 Private Psychological Conference (VHF) 15:30-16:00 Expedition 23/STS-132 Crew Conference (S-band) 16:00-16:30 FE-2, FE-5, FE-6 ULF4 Transfer Conference (S-band)	11:20-12:50	FE-2	Physical Exercise (ARED)
12:30-12:45 FE-3 Private Family Conference (Ku+S-band)  12:50-13:20 Weekly Planning Conference (S-band)  13:20-14:20 LUNCH  14:20-15:00 FE-5 JAXA Letter Message Verification and Photo Taking  14:20-15:30 CDR, FE-3 Video Footage for Channel One  14:20-15:00 FE-1 Video Footage for Channel One  15:00-15:15 FE-1 Private Psychological Conference (VHF)  15:30-16:00 Expedition 23/STS-132 Crew Conference (S-band)  16:00-16:30 FE-2, FE-5, FE-6 ULF4 Transfer Conference (S-band)	11:20-12:50	FE-1	Physical Exercise (TVIS), Day 4
12:50-13:20 Weekly Planning Conference (S-band)  13:20-14:20 LUNCH  14:20-15:00 FE-5 JAXA Letter Message Verification and Photo Taking  14:20-15:30 CDR, FE-3 Video Footage for Channel One  14:20-15:00 FE-1 Video Footage for Channel One  15:00-15:15 FE-1 Private Psychological Conference (VHF)  15:30-16:00 Expedition 23/STS-132 Crew Conference (S-band)  16:00-16:30 FE-2, FE-5, FE-6 ULF4 Transfer Conference (S-band)	12:00-12:15	FE-3	Private Psychological Conference (VHF)
13:20-14:20 LUNCH  14:20-15:00 FE-5 JAXA Letter Message Verification and Photo Taking  14:20-15:30 CDR, FE-3 Video Footage for Channel One  14:20-15:00 FE-1 Video Footage for Channel One  15:00-15:15 FE-1 Private Psychological Conference (VHF)  15:30-16:00 Expedition 23/STS-132 Crew Conference (S-band)  16:00-16:30 FE-2, FE-5, FE-6 ULF4 Transfer Conference (S-band)	12:30-12:45	FE-3	Private Family Conference (Ku+S-band)
14:20-15:00FE-5JAXA Letter Message Verification and Photo Taking14:20-15:30CDR, FE-3Video Footage for Channel One14:20-15:00FE-1Video Footage for Channel One15:00-15:15FE-1Private Psychological Conference (VHF)15:30-16:00Expedition 23/STS-132 Crew Conference (S-band)16:00-16:30FE-2, FE-5, FE-6ULF4 Transfer Conference (S-band)	12:50-13:20		Weekly Planning Conference (S-band)
14:20-15:30CDR, FE-3Video Footage for Channel One14:20-15:00FE-1Video Footage for Channel One15:00-15:15FE-1Private Psychological Conference (VHF)15:30-16:00Expedition 23/STS-132 Crew Conference (S-band)16:00-16:30FE-2, FE-5, FE-6ULF4 Transfer Conference (S-band)	13:20-14:20		LUNCH
14:20-15:00FE-1Video Footage for Channel One15:00-15:15FE-1Private Psychological Conference (VHF)15:30-16:00Expedition 23/STS-132 Crew Conference (S-band)16:00-16:30FE-2, FE-5, FE-6ULF4 Transfer Conference (S-band)	14:20-15:00	FE-5	JAXA Letter Message Verification and Photo Taking
15:00-15:15 FE-1 Private Psychological Conference (VHF) 15:30-16:00 Expedition 23/STS-132 Crew Conference (S-band) 16:00-16:30 FE-2, FE-5, FE-6 ULF4 Transfer Conference (S-band)	14:20-15:30	CDR, FE-3	Video Footage for Channel One
15:30-16:00 Expedition 23/STS-132 Crew Conference (S-band)  16:00-16:30 FE-2, FE-5, FE-6 ULF4 Transfer Conference (S-band)	14:20-15:00	FE-1	Video Footage for Channel One
16:00-16:30 FE-2, FE-5, FE-6 ULF4 Transfer Conference (S-band)	15:00-15:15	FE-1	-
16:00-16:30 FE-2, FE-5, FE-6 ULF4 Transfer Conference (S-band)	15:30-16:00		Expedition 23/STS-132 Crew Conference (S-band)
16:00-16:40 <b>CDR</b>	16:00-16:30		
	16:00-16:40	CDR	СОЖ Maintenance

16:00-16:10	FE-3	Pre-filter cleaning in POTOK-150MK Air Purification System in SM and FGB (Use vacuum cleaner equipped with narrow nozzle attachment with POTOK unit powered down)
16:30-16:35	FE-6	Video Camera Assembly Adjustment
16:30-18:00	FE-3	Physical Exercise (TVIS), Day 1
16:30-17:30	FE-1	Physical Exercise (ARED)
16:35-17:00	FE-6	European Recording Binocular (ERB) Unpack and Power ON
17:00-17:05	FE-2	HAM Radio Setup
17:00-18:00	CDR	Physical Exercise (VELO), Day 3
17:05-17:15	FE-2	HAM Radio Session
17:25-17:30	FE-6	Video Camera Assembly Adjustment
17:30-17:50	FE-6	ERB Calibration
18:00-19:30	CDR	Physical Exercise (TVIS), Day 3
18:00-18:05	FE-1	Elektron-VM Aerosol Filter Inspection
19:30-21:30	<b>CDR, FE-1, FE-3,</b> FE-5, FE-6	Pre-sleep
19:30-20:10	FE-2	Pre-sleep
20:10-20:25	FE-2	Private Family Conference
20:25-21:30	FE-2	Pre-sleep
21:30-05:30	FE-1	SLEEP
21:30-06:00	<b>CDR</b> , FE-2, <b>FE-3</b> , FE-5, FE-6	SLEEP
Task List	CDR	ECON. Observations and Photography
	FE-3	URAGAN. Observations and Photography
	FE-1	SEINER Ocean Observations
	FE-1, FE-3	Video Footage for Channel One

- Notes:

  1. SM Window #9 shutter opening is at crew discretion w/ Report to MCC

  2. See OSTP for references to US activities

  3. Pre-sleep ops: dinner, daily food prep, evening toilet
  End of Radiogram