

**CREW OFF DUTY**

<b>GMT</b>	<b>CREW</b>	<b>ACTIVITY</b>
05:00-05:10	FE-1	Morning inspection. Check ACY CM-Y cnctr behind pnl 139 for moisture
	CDR	Morning inspection
05:10-05:40		Post-sleep
05:40-05:55		BREAKFAST
05:55-06:15		Conference on crew's request. Paul McCartney's concert ( <i>S-band</i> )
06:15-06:50		BREAKFAST
11:00-12:00	CDR	Physical Exercise (TVIS)
12:00-13:30	FE-1	Physical Exercise (TVIS)-2
12:00-12:30	CDR	COX maintenance. CBO, CП data calldown
13:35-14:35	.	LUNCH
15:10-15:25	CDR	Private psychological conference ( <i>Ku+S-band</i> )
15:25-16:55		Physical Exercise (RED)
16:30-17:30	FE-1	Physical Exercise (VELO+RED)-2
17:30-18:00		Daily plan review
18:00-18:15		Daily planning conference ( <i>S-band</i> )
18:30-18:45	CDR	Private family conference ( <i>Ku+S-band</i> )
19:00-19:30		Report prep
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
<b>Task List</b>	FE-1	KROMKA. Photo imagery
		LSO activation

**Note:** See OSTP for references to US activities.

End of radiogram