

**Progress ДПО Dynamic Test. Crew Off-Duty.**

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection. Circuit breaker [A3C] status check on БВП and fuses on БПП-30, БПП-36 in DC1
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
09:00-09:15	FE -1	Regeneration of БМП cartridge FILTER 2 (Φ2) (start)
09:35-10:15		ELECTRON БЖ and БССК cable change out and system activation
10:15-10:20		PLANTS-2. Hardware status check
	CDR	Soyuz 7 Payload status check (Increment 8)
10:20-11:00	.	EVA9 debrief. <i>Tag up with specialists. (S-band)</i>
11:00-12:30	FE -1	Physical Exercise (TVIS) day 1
12:30-13:30	.	LUNCH
16:30-17:00	CDR	СОЖ maintenance ( <i>БРПК separator inspection</i> )
17:07-17:12		HAM radio hardware set up
17:12-17:22		HAM radio session
17:22-19:30		Physical Exercise (TVIS + RED)
18:30-19:30	FE -1	Physical Exercise (VELO + Force Loader/cycle 1), day 1
19:30-20:00		DINNER (Renal: pill ingestion)
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
<b>Task List</b>	FE -1	URAGAN
		DIATOMEA
		KROMKA

Note: See OSTP for references to US activities  
End of radiogram