

Work area setup for VC-12. КД1, КД2 Cover Opening Test

GMT	CREW	ACTIVITY
15:30-15:40		Morning inspection
15:40-16:10		Post-sleep
16:10-16:45		BREAKFAST
16:45-17:00		ISS14/ISS15 Crew Conference (<i>S-band</i>)
17:00-17:15		Daily Planning Conference (<i>S-band</i>)
17:15-17:45		Prep for Work
17:45-17:55	FE-2	Activation of control box 1 for Acceleration in Space Registration System
17:45-18:05	FE-1	24-hour ECG (termination)
18:00-18:10	FE-2	PAO hardware setup
18:05-20:05	FE-1	Setting Up Work Areas for VC-12
18:10-18:20	CDR, FE-2	Crew prep for PAO
18:20-18:40	CDR, FE-2	USOS PAO
18:40-20:10	CDR	Periodic Fitness Evaluation
18:40-19:10	FE-2	IWIS removal
19:15-19:45	FE-2 (assists)	Periodic Fitness Evaluation
19:45-21:10	FE-2	Physical Exercise (CEVIS)
20:10-21:10	CDR	Physical Exercise (RED)
20:40-22:10	FE-1	Physical Exercise (TVIS), day 2
21:10-22:10	FE-2	Physical Exercise (RED)
22:10-23:10	CDR, FE-1	LUNCH
22:10-22:35	FE-2	LUNCH
22:35-22:40	FE-2	Set up for HAM radio session.
22:40-22:50	FE-2	HAM radio session
22:50-23:25	FE-2	LUNCH
23:10-23:50	FE-1	Progress 359 Rodnik Water Tank 1 [BB1] Bladder Compression
23:10-23:15	CDR	ALTEA - dosimeter deactivation
23:15-23:20	CDR	ALTEA - dosimeter activation
23:20-23:35	CDR	ALTEA - video equipment set up
23:25-23:30	FE-2	Payload status check
23:30-23:35	FE-2	ALTEA - deleting data from CNSM laptop
23:35-00:30	CDR, FE-2	ALTEA - CNSM Hardware Setup
23:50-00:20	FE-1	COЖ Maintenance
00:20-00:30	FE-1	Progress 359 Rodnik Water Tank 1 [BB1] Bladder Compression
00:30-00:50	CDR, FE-2	ALTEA - CNSM hardware activation
00:30-01:00	FE-1	Crew departure prep
00:50-02:20	CDR	ALTEA - crew member CNSM (subject)
00:50-01:20	FE-2	Node 1 Emergency Light Power Supply Inspection

01:00-01:10	FE-1	Progress 359 Rodnik Water Tank 1 [BB1] Bladder Compression
01:10-01:40	FE-1	Crew departure prep
01:20-01:25	FE-2	ALTEA - CNSM check
01:25-01:50	FE-2	Node 1 Emergency Light Power Supply Inspection
01:40-01:50	FE-1	Progress 359 Rodnik Water Tank 1 [BB1] Bladder Compression
01:50-02:50	FE-1	Physical Exercise (TVIS), day 2
01:50-01:55	FE-2	ALTEA - CNSM check
01:55-02:05	FE-2	A/L Emergency Light Power Supply Inspection
02:05-02:20	FE-2	LAB Emergency Light Power Supply Inspection
02:20-02:35	CDR	ALTEA - CNSM hardware deactivation
02:20-02:30	FE-2	ALTEA - CNSM hardware deactivation
02:30-03:00	FE-2	Nutrition - Hardware set up for urine collection
02:35-02:40	CDR	ALTEA - CNSM data transfer
02:40-03:40	CDR	Crew departure prep
02:50-03:50	FE-1	Soyuz 219 stowage layout r/g review
03:00-03:30	FE-2	Nutrition: hardware setup
03:30-03:50	FE-2	IMS update
03:50-04:05		Daily Planning Conference (<i>S-band</i>)
04:05-04:20	FE-1	Evening work prep
04:05-05:00	CDR	Evening work prep
04:05-04:10	FE-2	Transfer TVIS, RED, HRM, and CEVIS data to MEC.
04:10-05:00	FE-2	Evening work prep
04:20-04:50	FE-1	DINNER
04:50-05:05	FE-1	Daily Food Prep
05:00-05:30	CDR, FE-2	DINNER
05:05-05:45	FE-1	Tagup with Soyuz TMA-219 stowage specialists (<i>S-band</i>)
05:30-06:00	CDR, FE-2	Daily Food Prep
05:45-06:00	FE-1	Daily Food Prep
06:00-07:00		Pre-sleep
07:00-15:30		SLEEP
Task List	FE-1	TBY (Universal Bioengineering Thermostat). Temperature check
		PLANTS-2. Payload Status Check
		URAGAN. Observations and photography

Note: See OSTP for references to US activities.

End of Radiogram