

KURS TESTS FROM SM AO AND FROM -Y FGB

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
09:10-09:20		Roscosmos Voice Conference(VHF)
09:25-10:05	FE-1	Electron activation <i>Tagup with specialists (S-band)</i>
09:50-10:05	CDR	Private Family Conference (<i>Ku + S-band</i>)
10:05-10:35	FE-1	COX maintenance.
10:15-11:15	CDR	Physical Exercise (TVIS)
11:15-12:45		Physical Exercise (RED)
11:15-12:45	FE-1	Physical Exercise (TVIS), day 3
12:45-13:45		LUNCH
13:50-13:55	CDR	Setting up HAM radio
13:56-14:04		HAM radio session
15:15-15:30		Private Medical Conference (<i>Ku+S-band</i>)
16:05-16:20	FE-1	Private Medical Conference (<i>Ku+S-band</i>)
17:10-17:15	CDR	Photo/TV - Camcorder deactivation
17:15-18:15	FE-1	Physical Exercise (TVIS), day 3
17:15-17:45	CDR	Update the two remaining EMERGENCY-1 procedures after Soyuz relocation
17:45-18:15		Daily Plan Review
18:15-18:45	FE-1	
18:19-18:27	CDR	HAM radio session
18:35-18:40		O2 and CO2 status check.
18:40-18:45		Transferring TVIS, RED, and HRM data to MEC
18:45-19:00		Daily Planning Conference (<i>S-band</i>)
19:00-19:30		Report prep
19:30-20:00		DINNER
20:00-20:30	CDR	Daily food prep
20:00-20:30	FE-1	Daily Food Prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	FE-1	GCF-JAXA. TBY temperature check

Note: Note: See OSTP for references to US activities.

End of radiogram