

SM and FGB SA Efficiency Test

| GMT | CREW | ACTIVITY |
|-------------|------|---|
| 06:00-06:10 | | Morning inspection |
| 06:10-06:40 | | Post-sleep |
| 06:40-07:30 | | BREAKFAST |
| 07:30-07:45 | | Work prep |
| 07:45-08:00 | | Daily planning conference (<i>S-band</i>) |
| 08:00-08:15 | | Work prep |
| 08:15-11:15 | | Removal of Progress 353 Kurs A hardware |
| 11:15-12:45 | CDR | Physical Exercise (TVIS) |
| 11:15-11:45 | FE-1 | COЖ maintenance |
| 11:45-12:45 | | Physical Exercise (VELO+RED) day 3 |
| 12:45-12:50 | CDR | On MCC Go ISS O2 repress from Progress 354 CpПК (start) |
| 12:50-13:50 | . | LUNCH |
| 13:50-16:50 | FE-1 | Audit of CД Lamp units in RS. Health check of light and power supply units |
| 13:50-13:55 | CDR | ISS O2 repress using Progress 354 CpПК (terminate) |
| 13:55-14:15 | | IMS update |
| 14:15-14:40 | | Routine maintenance of Compound Specific Analyzer- Combustion Products (CSA-CP) |
| 14:40-15:10 | | RED bolt maintenance |
| 15:10-15:40 | | EXPRESS Rack 5: Starting software upload |
| 15:40-15:45 | | CSA-CP data take |
| 15:45-16:45 | | Physical Exercise (RED) |
| 16:45-16:55 | | EXPRESS Rack 5: terminate Interface Controller software upload |
| 16:50-18:20 | FE-1 | Physical exercise (TVIS), Day 3 |
| 16:55-17:25 | CDR | EXPRESS Rack 4: Starting software upload |
| 17:25-17:30 | | Setting up ham radio |
| 17:30-17:40 | | HAM radio session |
| 17:45-18:00 | | Inspection of Internal Thermal Control System |
| 18:00-18:10 | | EXPRESS Rack 4: terminate Interface Controller software upload |
| 18:10-18:20 | | CWC inventory |
| 18:20-18:45 | FE-1 | Daily plan review |
| 18:20-18:25 | CDR | Transferring TVIS, RED, and HRM data to MEC |
| 18:25-18:45 | | Daily plan review |
| 18:45-19:15 | | Report prep |
| 19:15-19:30 | | Daily planning conference (<i>S-band</i>) |
| 19:30-20:00 | | DINNER |
| 20:00-20:30 | CDR | Daily food prep |
| 20:00-20:30 | FE-1 | Daily food prep |
| 20:30-21:30 | | Pre-sleep |
| 21:30-06:00 | | SLEEP |

Note: See OSTP for references to US activities.
End of Radiogram