

Radiogram 8346u

Form 24 for 07/04/04

**CREW OFF DUTY**

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
08:15-08:30	CDR	Regeneration of БМП cartridge $\Phi 1$ (start)
10:20-11:50	FE -1	Physical Exercise (RED)
10:50-11:50	CDR	Physical Exercise (TVIS), day 2
11:50-12:20		Physical Exercise (RED), day 2
11:50-12:50	FE -1	Physical Exercise (TVIS)
12:20-12:30	CDR	Orlan 825M3 unit 1 discharge (end), unit 2 (start)
12:50-13:50		LUNCH
14:10-14:25	CDR	PPC ( <i>YKB</i> )
15:40-15:55	FE -1	PFC ( <i>S-band</i> )
16:45-17:15	CDR	COЖ maintenance (CBO and CП data calldown)
17:15-18:15		Physical Exercise (VELO + Force Loader/cycle 1), day 2
18:15-18:45		Daily plan review
18:45-19:00		Report prep
19:00-19:15		DPC ( <i>S-band</i> )
19:15-19:30		Report prep
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

**Note:** See OSTP for references to US activities

End of radiogram