

Radiogram 9089u Form 24 for 10/22/04

LBNP Exercise (Final). Crew Handover

GMT	CREW	Activity
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30	ISS9, ISS10	BREAKFAST
06:40-07:20	VCFE2	
07:20-08:05		EKON. Observation and imagery
07:30-07:40	ISS9, ISS10	Conference with participants of the International Space Olympiad (<i>S-band</i>)
07:40-07:55	ISS10, FE-1	Prep for work
07:40-07:50	CDR	
07:50-07:55		PLANTS-2. Hardware monitoring
07:55-08:10	ISS9, ISS10	Daily planning conference (<i>S-band</i>)
08:05-08:30	VCFE2	Prep for work
08:10-10:00	FE-1	ISS9 / ISS10 crew handover
08:10-08:18	CDR-10	Tagup with specialists in reference to RELAXATION experiment (<i>S-band</i>)
08:10-08:25	FE-1-10	BIODEGRADATION. Photo of bio-sampling
08:10-09:40	CDR	BIODEGRADATION. Structure surface sampling (Primary and supplementary sampling). <i>Tagup with specialists. (S-band)</i>
08:10-10:00	CDR-10	ISS9 / ISS10 crew handover
08:25-09:25	FE-1-10	SCORPION. Spika hardware activation <i>Tagup with specialists. (S-band)</i>
08:35-08:38	VCFE2	ARISS: HAM radio session set up
08:38-08:50		ARISS: HAM radio session
08:50-09:45		PULSE. Experiment ops
09:25-09:40	FE-1-10	BIODEGRADATION. Photo of bio-sampling
09:40-09:55		Air sampling for ammonia using ИПД samplers
09:40-09:55	CDR	Dismantling ПЗУ (ROM) TA765Б in Soyuz 214
09:45-12:25	VCFE2	TOXICITY. Experiment ops, 2 nd session. <i>Tagup with specialists (S-band)</i>
09:55-10:10	FE-1-10	Air sampling with AK-1M sampler
10:00-11:10	CDR	Equipment packing for return
10:00-10:50	FE-1	
10:00-11:00	CDR-10	Physical Exercise (TVIS) day 1
10:50-11:20	FE-1-10	Preparation and signing of RS ISS9 / ISS10 crew handover statement
10:50-11:50	FE-1	Physical Exercise (TVIS)
11:00-12:50	CDR-10	Increment 10 crew familiarization with the ISS
11:10-11:20	CDR	Signing of RS ISS9 / ISS10 crew handover statement
11:20-11:50	FE-1-10, CDR	Copying БСПН data to flash card via ISS Wiener
11:50-12:55	FE-1-10	Increment 10 crew familiarization with the ISS
11:50-12:50	FE-1	Physical Exercise (RED)
11:50-12:50	CDR	Physical Exercise (TVIS) day 1
12:25-12:50	VCFE2	TOXICITY. Session 2 close out ops
12:50-13:05	ISS9, VCFE2	Private medical conference (<i>S-band, from MCC-M</i>)
12:50-13:00	CDR-10	Equipment set up for PAO
13:05-14:05		LUNCH
14:05-15:00	FE-1-10	Increment 10 crew familiarization with the ISS

14:05-15:00	CDR, VCFE2	Equipment packing for return
14:05-14:25	FE-1, CDR-10	TVIS/RED data transfer to MEC
14:25-14:45		HRM data transfer to MEC
14:45-15:00		HRM data file erase
15:00-15:10		Crew prep for PAO
15:10-15:25		PAO event. ISS handover ceremony (<i>Ku+S-band</i>)
15:25-16:25	CDR,VCFE2	Equipment packing for return
15:25-15:35	FE-1, CDR-10	CWC IMS audit
15:25-16:25	FE-1-10	Physical Exercise (VELO + Force Loading/ cycle 1) day 1
15:35-16:05	CDR-10, FE-1	CWC filling with condensate tank in the Lab
16:05-16:35		MTL fluid sampling
16:25-16:55	VCFE2	DIATOMEA. Ocean observation
16:25-16:35	CDR	SM dust filter cartridge replacement and stow for return
16:35-16:50	FE-1	Rebooting all PCS's (once a week)
	CDR-10	Questionnaire: journal entry
16:35-18:05	CDR	LBNP exercise (FINAL). <i>Tagup with specialists. (S-band + VHF)</i>
16:45-17:15	FE-1-10	COЖ maintenance (<i>Inspection of БРПК separator</i>)
16:50-16:55	FE-1	Increment 9 P/L status check
16:50-17:40	CDR-10	Increment 10 crew familiarization with the ISS
16:55-17:50	FE-1 (assist)	LBNP exercise (FINAL)
17:15-17:35	FE-1-10	IMS file prep
17:35-17:55		Prep for MO-21M. Ecosphera PSU charge
17:50-17:55	CDR-10,FE-1	Carbon dioxide level monitoring
17:55-18:10	ISS10	Private medical conference (<i>S-band</i>)
18:05-18:15	CDR	ИП-1 sensor set up check
18:10-18:15	CDR-10	SSC OCA router reboot
18:15-18:25	CDR	Flash-card replacement in PILLE hardware
18:15-18:45	FE-1, ISS10, VCFE2	Daily plan review
18:25-18:45	CDR	
18:45-19:00	ISS9, VCFE2, CDR-10	Report prep
18:45-18:55	FE-1-10	
18:55-19:00		Cryogem-03 refrigerator temperature monitoring
19:00-19:15		Daily planning conference (<i>S-band</i>)
19:15-19:20	CDR, FE-1-10, VCFE2	ISS crew audio greetings to the participants of VIth Youth Tsyilkovsky Science Readings (VHF)
19:15-19:30	ISS10, FE1	Report prep
19:20-19:30	CDR, FE-1-10, VCFE2	
19:30-20:00		DINNER-
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-09:00		SLEEP

Note: See OSTP for references to US activities
End of radiogram