

Radiogram 6339u

Form 24 for 08.22.03

Periodic Health Evaluation • Test of Backup Control Center (BCC)

GMT	Crew	Activity
06:00–06:10		Morning inspection
06:10–06:20	FE-1	Post-sleep
06:10–06:30	CDR	
06:20–06:30	FE-1	HEMATOCRIT: hematocrit determination
06:30–06:50	FE-1, CDR (assist)	PCBA blood test
06:50–07:10	CDR, FE-1 (assist)	
07:10–07:20	CDR	BREAKFAST
07:10–07:35	FE-1	
07:20–07:35	CDR	Prep for TV downlink ($T_0=07:24$; T_1, T_2, T_3 will be initiated by СПП)
07:35–07:45		TV downlink: Addressing Participants of the 6TH International Aviation & Space Salon MAKS-2003 (City of Zhukovski)
07:45–08:00		BREAKFAST
08:00–08:15		Daily planning conference (<i>S-band</i>)
08:15–08:40		Prep for work
08:40–09:10	FE-1, CDR (assist)	Periodic Health Evaluation (PHS) w/ blood test
09:10–09:40	CDR, FE-1 (assist)	
09:40–10:50	CDR	PULSE: experiment ops. Tagup w/ ground specialists (<i>S-band</i>)
09:40–10:05	FE-1	Periodic Health Evaluation (PHS): data registration
10:05–10:20		PHS hardware stowage
10:20–10:50		Pore Formation and Mobility Investigation (PFMI): sample removal
10:50–11:00		Backup of PCMCIA data to MLC card
10:50–11:10	CDR	VOZDUKH: test of Emergency Vacuum Valve (ABK)
11:00–11:10	FE-1	Pore Formation and Mobility Investigation (PFMI): videotape removal
11:10–11:15	CDR	Inspection of БРПК separator
11:10–11:15	FE-1	Microgravity Science Glovebox (MSG): powerdown
11:15–11:25	CDR	On MCC GO: pressurization of ISS with O ₂ from Progress-247 СрПК system
11:15–11:25	FE-1	Periodic inspection of TVIS
11:25–12:40		Physical exercise (TVIS)
11:25–11:40	CDR	IMS tagup (<i>S-band</i>)
11:40–12:40		Physical exercise (VELO + Load Trainer-1 / day 3)
12:40–12:50	FE-1	Setup for PAO event
12:50–13:00		Prep for PAO event
13:00–13:15		PAO event: Houston News 24 (<i>Ku+S-band</i>)
13:25–14:25		LUNCH
14:25–14:35	FE-1	Prep for PAO event

14:35–14:45		PAO event: Wolf Trap Foundation (<i>Ku+S-band</i>)
14:45–15:25	CDR	A-H hose flushing
14:50–15:05	FE-1	Food questionnaire
15:05–15:15		Increment 7 daily payload status check
15:15–15:45		Restart of all PCS computers (once a week)
15:25–16:05	CDR	Maintenance of COЖ
15:55–16:15	FE-1	Transfer of TVIS/RED files to MEC
16:05–16:35	CDR	TMO cable reconnect
16:15–16:35	FE-1	HRM file download to MEC
16:35–16:50		HRM file erase
16:45–18:15	CDR	Physical exercise (TVIS-3)
17:00–18:15	FE-1	Physical exercise (RED)
18:15–18:30		Daily planning conference (<i>S-band</i>)
18:40–19:05		FD/ISS crew conference (<i>S-band</i>)
19:05–19:30		Daily plan review
19:30–20:00		DINNER
20:00–20:30		Daily food prep
20:30–21:30		Pre-sleep
21:30–06:00		SLEEP

NOTE: See OSTP for references to US activities.

End of radiogram