

Radiogram No. 6830u

Form 24 for 10/29/03

**Familiarization with Location and Condition of Equipment for Emergency Response (DAC)**

GMT	Crew	Activity
06:00-06:10	.	Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-08:00		Work prep
08:00-08:15		Daily planning conference ( <i>S-band</i> )
08:15-08:25	CDR	Daily US LAB payload status check
10:05-10:20	FE-1	Regeneration of $\Phi 1$ absorbent bed in БМП (start)
10:20-11:00		RODF updates
10:30-11:30	CDR	Physical exercise (CEVIS)
11:00-12:30	FE-1	Physical exercise (TVIS-1)
11:30-12:30	CDR	Portable Breathing Apparatus (PBA) and Portable Fire Extinguisher (PFE) inspection
12:30-13:30	.	LUNCH
13:30-15:30		Familiarization with location and condition of emergency response (DAC) equipment. <i>Tagup with ground specialist (S-band)</i>
15:30-16:30	CDR	RED canister changeout
15:40-16:10	FE-1	COЖ maintenance
16:10-17:10		Physical exercise (VELO + Load Trainer-1 / Day 1)
16:30-18:00	CDR	Physical exercise (RED)
17:10-17:30	FE-1	Replace laptop TP1 hard drive with SM-FOTO-HDD-01 drive. <i>Tagup with ground specialist (S-band)</i>
17:30-17:45		Installation check of ИП-1 sensors
17:45-18:05		Tightening Q/D screw clamps on SM Assembly Compartment (AO) side
18:10-18:15	CDR	CSA-CP: O2 reading
	FE-1	HEMATOCRIT: setup
18:15-18:25	.	Daily plan review
18:25-18:40	CDR	Daily planning conference ( <i>S-band</i> )
	FE-1	Daily planning conference ( <i>S-band</i> ) VHF comm check via WHS
18:40-19:00	.	Daily plan review
19:00-19:30		Work prep
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

**Note:** See OSTP for US procedure references  
End of radiogram