

Radiogram No. 5831nu

Form 24 for 04/10/2011 (Updated)

**CREW OFF DUTY**

<b>GMT</b>	<b>CREW</b>	<b>ACTIVITY</b>
06:00-06:10	<b>FE-2,FE-3</b>	Morning Inspection
06:00-06:05	FE-5,FE-6	Reaction Self-test
06:00-06:05	<b>CDR,FE-1</b>	Elektron-VM System Monitoring
06:05-06:10	<b>CDR,FE-1,FE-6</b>	Morning Inspection
06:05-06:10	FE-5	Urine Spot Test
06:10-06:40	.	Post-sleep
06:40-07:30	.	BREAKFAST
09:00-10:00	FE-5	Physical Exercise T 2
09:10-09:20	<b>CDR</b>	PAO Hardware Setup
09:20-09:35	<b>CDR,FE-1,FE-2</b>	Crew Prep for PAO
09:35-09:50	<b>CDR,FE-1,FE-2</b>	<b>TV Greetings</b> - TV Answers To Questions From Kaliningrad Schoolchildren, TV Greetings To Baikonur Personnel ( <i>Ku+S-band</i> )
10:00-11:30	FE-5	Physical Exercise (ARED)
10:15-10:30	<b>CDR,FE-1,FE-3</b>	Crew Prep for PAO
10:30-10:45	<b>CDR,FE-1,FE-3</b>	<b>TV PAO</b> with Channel One correspondent ( <i>Ku + S-band</i> )
10:30-11:30	FE-6	Physical Exercise T 2
10:45-11:00	<b>FE-1</b>	Answers to Soviet Sport Newspaper Questions
11:15-12:45	<b>FE-2</b>	Physical Exercise (TVIS) (Introduction)
11:30-13:00	FE-6	Physical Exercise (ARED)
12:00-12:15	FE-5	Private Family Conference
12:30-12:45	<b>FE-1</b>	Soyuz <b>231</b> Gas Analyzer Deactivation
12:30-12:45	<b>CDR</b>	Soyuz 230 Gas Analyzer Deactivation
12:45-13:00	<b>FE-1,FE-2</b>	CMS and ARED Introduction
13:00-14:00	.	LUNCH
14:00-14:40	<b>CDR,FE-1</b>	COX Maintenance. <b>SM and FGB ЦП (Flush Counter), CBO (Water Supply System), Potok Air Purification Unit Data Calldowns</b>
14:00-14:05	FE-5	PROK Diet Logging (Day 1)
14:55-15:05	FE-6	WRS EDV-U Fill
15:40-17:10	<b>CDR</b>	Physical Exercise (TVIS), Day 4
16:10-16:25	FE-3	Private Medical Conference
16:30-16:45	FE-3	Private Family Conference
17:00-18:30	<b>FE-1</b>	Physical Exercise (VELO) -Introduction
17:10-18:10	<b>CDR</b>	Physical Exercise (ARED)
18:15-18:30	FE-3	VELO Exercise Overview
18:30-18:35	<b>CDR,FE-1</b>	Elektron-VM System Monitoring
18:40-18:55	.	Evening Work Prep
18:55-19:20	.	Daily Planning Conference ( <i>S-band</i> )
19:20-19:30	.	Evening Work Prep
19:30-21:30	<b>CDR,FE-1,FE-2, FE-3</b>	Pre-sleep
19:30-21:25	FE-5	

19:30-20:15	FE-6	
20:15-20:30	FE-6	Private Family Conference
20:30-21:25	FE-6	Pre-sleep
21:25-21:30	FE-5,FE-6	Reaction Self-test
21:30-06:00	.	SLEEP
<b>Task list</b>	<b>CDR</b>	ECON. Observations and Photography
		SEINER World Ocean Observations

**Notes:**

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
  2. See OSTP for references to US activities
  3. Pre-sleep ops: daily food prep, dinner, pre-sleep
- End of Radiogram