

**CREW OFF DUTY. OBC TEST.**

GMT	CREW	ACTIVITY
06:00-06:10	.	Morning inspection
06:10-06:40	.	Post-sleep
06:40-07:30	.	BREAKFAST
11:40-13:10	FE-1	Physical Exercise (TVIS) Day 3
	CDR	Physical Exercise (RED)
13:10-14:10	.	LUNCH
14:10-14:25	CDR	Rebooting all PCS (weekly)
14:25-14:30		Rebooting OCA SSC router
14:30-14:35		Carbon dioxide monitoring
15:50-15:55	FE-1	<b>On MCC GO</b> ISS repress with O2 from Progress 351CpПK (start)
16:10-16:40		COЖ maintenance
16:40-16:45		ISS repress with O2 from Progress 351CpПK (terminate)
16:45-17:45		Physical exercise (VELO+Load Trainer/Cycle 1), day 3
16:45-17:45	CDR	Physical Exercise (TVIS)
17:50-18:05		Private psychological conference ( <i>S-band</i> )
18:15-18:45	.	Daily plan review
18:45-19:00	.	Report prep
19:00-19:15	.	Daily planning conference ( <i>S-band</i> )
19:15-19:30	.	Report prep
19:30-20:00	FE-1	Daily food prep
19:31-19:46	CDR	Private family conference ( <i>Ku + S -band</i> )
19:46-20:00		Daily food prep
20:00-20:30	.	DINNER
20:30-21:30	.	Pre-sleep
21:30-06:00	.	SLEEP
<b>Task List</b>	FE-1	PLANTS-2. Payload status check
		ECON. Observation and photo imagery
		URAGAN Observation and photo imagery

**Note:** See OSTP for references to US activities.  
End of Radiogram