## Radiogram 8465u CREW OFF DUTY

## Form 24 for 07/25/04

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
08:20-08:35	CDR	Regeneration of БМП cartridge Φ1 (start)
10:55-12:25	CDR	Physical Exercise (TVIS + RED), day 3
12:30-13:30		LUNCH
15:00-15:15	CDR	BCMM log file downlink (when BCMM is activated)
15:45-17:15	FE -1	Physical Exercise (RED)
16:45-17:15	CDR	СОЖ Maintenance (Calldown on CBO and СП counter)
17:15-18:15	CDR	Physical Exercise (VELO + Force Loader/ cycle 1), day 3
17:15-18:15	FE -1	Physical Exercise (TVIS)
18:15-18:45		Daily plan review
18:45-19:00		DPC (S-band)
19:00-19:30		Report prep
19:30-20:00		Dinner
20:00-20:30	CDR	Daily food prep
20:00-20:15	FE -1	
20:15-20:30	FE -1	PFC (S-band)
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	CDR	MOLNIYA. Hardware activation
		URAGAN

Note: See OSTP for references to US activities

End of radiogram