## Progress 408/DC1 Interface Leak Check. Transfer Hatch Opening. Crew Off Duty.

GMT	CREW	ACTIVITY
06:00-06:05	CDR,FE-6	REACTION Self Test
06:00-06:05	FE-2	Elektron-VM Aerosol Filter Inspection
06:00-06:10	FE-1,FE-5	Morning Inspection
06:00-06:20	FE-3	HRF Urine Sample Collection Subject
06:05-06:15	CDR,FE-6	Morning Inspection
06:05-06:10	FE-2	Morning Inspection
06:10-06:40	FE-1,FE-2,FE- 5	Post-sleep
06:15-06:45	CDR,FE-6	Post-sleep
06:20-06:25	FE-3	HRF Urine Sample Insertion into MELFI
06:25-06:30	FE-3	REACTION Self-test
06:30-06:40	FE-3	Morning Inspection
06:40-07:30	FE-1,FE-2,FE- 5	BREAKFAST
06:40-07:10	FE-3	Post-sleep
06:45-07:35	CDR,FE-6	BREAKFAST
07:10-08:00	FE-3	BREAKFAST
07:30-07:45	FE-1,FE-2,FE- 5	Daily Planning Conference (S-band)
07:55-09:10	FE-1	On MCC Go Progress 408/DC1 Interface Leak Check
08:00-08:10	CDR	EHS GC/DMS Ops Start
08:00-08:05	FE-3	Sphinx Cue Card Printout
08:05-08:10	FE-3	Kubik Preheating for Sphinx Experiment
09:00-09:20	FE-3	HRF Urine Sample Collection Subject
09:10-09:30	FE-1	On MCC GO Open DC1-CY and CY-Progress 408 Transfer Hatches
09:20-09:25	FE-3	HRF Urine Sample Insertion into MELFI
09:25-10:25	FE-3	Physical Exercise T 2
09:30-09:50	FE-1	On MCC GO Install Quick Release Screw Clamps
09:30-09:45	FE-2	Progress Air Sampling Using AK-1M Sampler
09:45-10:05	FE-2	Photo of a scuff mark left by the Active Docking Mechanism Probe on the DC1 Passive Mechanism Receiving Cone
09:50-10:20	FE-1	Progress 408 Deactivation, Air Duct Installation / ( <b>DC1 BΠC bag 404-33, b/c 00050407R)</b>
10:05-10:25	FE-2	Downlink Docking Cone Internal Surface Photos and Data via OCA
10:25-11:55	FE-3	Physical Exercise (ARED)
10:25-11:25	FE-2	Physical Exercise (VELO), Day 2
10:25-11:25	FE-5	On MCC GO Removal of Progress 408 Docking Mechanism
10:55-11:55	FE-6	Physical Exercise T 2
11:25-12:25	FE-2,FE-5	Progress 408 Unloading And IMS Updates
11:25-12:55	FE-1	Physical Exercise (TVIS), Day 2
11:55-13:25	FE-6	Physical Exercise (ARED)
11:55-12:15	FE-3	HRF urine collection equipment stowage
12:25-12:45	FE-2	SPHINX Kit Transfer from Progress, Inspection, Handover and Photos

12:30-12:35	FE-3	Video Camera Assembly 1 (VCA1) Adjustment
12:35-12:45	FE-5	SPHINX Photos
12:35-12:45	FE-3	SPHINX Kit Transfer from Progress, Inspection, Handover and Photos
12:45-13:25	FE-3	SPHINX Insertion into KUBIK 6
12:45-13:00	FE-5	Private Family Conference (S-band)
12:45-13:25	FE-2	STRUCTURE transfer from Progress 408 to SM, activation, photos, and set up
12:55-13:10	FE-1	CONSTANTA RECOMB-K Hardware Transfer from Progress and Setup in SM
13:20-13:25	CDR	EHS Sampling Termination
13:25-14:25		LUNCH
14:25-15:05	FE-5	СОЖ Maintenance. Flush Counter (СП), Water Supply System (СВО), POTOK Air Purification System Data Calldowns for SM and FGB Inspection of БРПК-2 hoses from МФ-Р up to БРПК separator
14:30-14:35	FE-6	Shield Dosimeters Deactivation
14:40-14:45	FE-6	Shield Dosimeters Activation
14:45-15:00	FE-2	Private Family Conference (S-band)
15:30-15:45	FE-3	Private Family Conference
16:00-17:30	FE-2	Physical Exercise (TVIS), Day 2
16:10-17:40	CDR	Physical Exercise (ARED)
16:10-17:10	FE-5	Physical Exercise (VELO), Day 1
17:10-17:15	FE-6	OCA SSC Router Reboot
17:10-18:10	FE-1	Physical Exercise (VELO), Day 2
17:10-18:40	FE-5	Physical Exercise (TVIS), Day 1
17:15-17:20	FE-6	ISS File Server Reboot
17:30-17:35	FE-6	SSC File Server Reboot
17:40-18:40	CDR	Physical Exercise T 2
18:00-18:15	FE-6	Vascular Blood Collection Hardware Setup
18:10-18:15	FE-2	Elektron-VM Aerosol Filter Inspection
18:40-18:55		Evening Work Prep
18:55-19:20		Daily Planning Conference (S-band)
19:20-19:30		Evening Work Prep
19:30-20:30	CDR	Pre-sleep
19:30-21:25	FE-3,FE-6	Pre-sleep
19:30-21:30	FE-1,FE-2,FE- 5	Pre-sleep
20:30-20:45	CDR	Private Family Conference
20:45-21:25	CDR	Pre-sleep
21:25-21:30	CDR,FE-3,FE-	REACTION Self-test
21:30-06:00		SLEEP
Task List	FE-2	Window Inspection

## Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
  See OSTP for references to US activities
  Pre-sleep ops: dinner, daily food prep, evening toilet
  End of Radiogram