

ISS Emergency Descent Training

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-08:00		Work prep
08:00-08:15		Daily planning conference (<i>S-band</i>)
08:15-08:30	FE-1	БМП Φ1 cartridge regeneration (start)
08:15-08:20	CDR	Volatile Organic Analyzer (VOA) deactivation
08:20-08:25		Clearing event log on SSC server
08:25-08:30		BCAT-3: camera checkout
08:30-11:30		ISS Emergency descent drill. <i>Tagup (S-band)</i>
11:30-13:00	FE-1	Physical Exercise (TVIS) day 1
11:30-12:00	CDR	COЖ maintenance
12:00-13:00		Physical exercise (CEVIS)
13:00-14:00		LUNCH
14:00-15:00	FE-1	Glisser-M Video Camera prep for EVA, Glisser-M recording test <i>Tagup (S--band)</i>
14:50-15:50	CDR	FOOT- hardware assembly
15:00-15:10	FE-1	Terminate charging the first Battery Pack 825M3 and start charging the second 825M3 pack
15:10-15:50		Microbial sample collection (medium 2), To + 7 days
15:50-16:00		Prep for Testing Antenna Feeder Units НПМ-3, НПМ-4. <i>Tagup with specialists (S-band)</i>
15:50-16:20	CDR	FOOT- calibration prep
16:00-16:40	FE-1	Glisser-M recording test. <i>Tagup (S--band)</i>
16:20-17:50	CDR	Physical Exercise (RED)
16:55-17:10	FE-1	Soyuz Gas Analyzer deactivation
17:10-17:25		<i>Tagup with a Glisser-M specialist (S-band)</i>
17:25-18:25		Physical Exercise (VELO+RED) day 1
17:50-18:10	CDR	IMS update
18:10-18:40	CDR	Daily plan review
18:25-18:45	FE-1	
18:40-18:45	CDR	Transferring TVIS, RED, and HRM data to MEC
18:45-18:55		Grab Sample Container (GSC) ops
18:45-19:00	FE-1	Report prep
19:00-19:15		Daily planning conference (<i>S-band</i>)
19:15-19:30		Report prep
19:30-20:00		DINNER
20:00-20:30	FE-1	Daily food prep
	CDR	Daily food prep
20:30-21:30	CDR	Pre-sleep
20:30-20:40	FE-1	
20:40-20:55	FE-1	БМП Φ1 cartridge regeneration (termination)

20:55-21:30	FE-1	Pre-sleep
21:30-06:00		SLEEP
Task List	FE-1	GCF-JAXA. TBY incubator temperature check
		PLANTS-2. Payload status check

Note: See OSTP for references to US activities.

End of Radiogram