

Crew Rest Before EVA. ROKVISS Test

| GMT | CREW | ACTIVITY |
|-------------|------|---|
| 13:00-13:10 | | Morning inspection |
| 13:10-13:40 | | Post-sleep |
| 13:40-14:30 | | BREAKFAST |
| 14:30-14:45 | | Daily Planning Conference (<i>S-band</i>) |
| 14:45-15:15 | CDR | Work prep |
| 14:45-14:50 | FE-1 | EXPRESS Rack4 Laptop power off |
| 14:50-15:00 | FE-1 | Work prep |
| 15:05-15:10 | FE-1 | HAM radio setup |
| 15:10-15:20 | FE-1 | HAM radio session |
| 15:20-16:50 | | EVA timeline update. <i>Tagup with specialists (S-band)</i> |
| 16:50-16:55 | FE-1 | Connect DCP power cable |
| 16:55-17:10 | FE-1 | Set up video equipment to record RED exercise |
| 17:10-18:40 | FE-1 | Physical Exercise (TVIS) |
| 17:20-17:35 | CDR | Setting up PILLE dosimeters for EVA |
| 17:35-17:45 | CDR | NOA (ESANO2). Hardware setup and activation |
| 18:15-18:30 | CDR | NOA (ESANO2). Measurements and hardware deactivation |
| 18:35-20:05 | CDR | Physical Exercise (TVIS), day 1 |
| 18:40-19:40 | FE-1 | Physical Exercise (RED) |
| 19:40-20:10 | FE-1 | Drink bag (DIDB) fill and install in Orlan |
| 20:05-20:10 | CDR | On MCC GO ISS O2 repress from Progress 356 CpПK (start) |
| 20:10-21:10 | . | LUNCH |
| 21:10-21:40 | FE-1 | DCS 760 photo camera config for EVA |
| 21:10-21:15 | CDR | ISS O2 repress from Progress 356 CpПK (terminate). |
| 21:20-21:30 | CDR | Closing external window 6, 8 (SM Working Compartment sm. diam., plane 1) and 13,14 covers (SM ПxO, plane 4) |
| 21:30-22:00 | CDR | COЖ maintenance |
| 21:40-21:55 | FE-1 | Questionnaire - journal entry |
| 22:00-22:15 | CDR | UROLUX hardware setup |
| 22:15-22:30 | CDR | Pressurizing Elektron Liquid Unit (to P (ДАК) = 0.8 kg/cm²) |
| 22:35-23:05 | CDR | ACH-M raw data prep for downlink via OCA. <i>Tagup with specialists (as necessary) (S-band)</i> |
| 22:35-22:50 | FE-1 | Private Medical Conference (<i>Ku + S-band</i>) |
| 23:05-23:20 | CDR | Private Medical Conference (<i>Ku + S-band</i>) |
| 23:20-00:20 | CDR | Physical Exercise (VELO + Force Loader /Cycle 1), day 1 |
| 23:25-00:05 | FE-1 | US ECLSS reconfiguration for EVA |
| 00:12-00:17 | FE-1 | EXPRESS Rack4 Laptop power up |
| 00:17-00:20 | FE-1 | BCAT-3: camera checkout |
| 00:20-00:25 | FE-1 | Transferring TVIS, RED, and HRM data to MEC |
| 00:20-00:30 | CDR | PAYLOAD SERVER (БСПН). Synchronization |

| | | |
|-------------|------|---|
| 00:25-00:30 | FE-1 | O2 and CO2 monitoring |
| 00:30-00:45 | | Evening work prep |
| 00:45-01:00 | | Daily Planning Conference (<i>S-band</i>) |
| 01:00-01:30 | | Evening work prep |
| 01:30-02:00 | | DINNER |
| 02:00-02:30 | | Daily food prep |
| 02:30-03:30 | | Pre-sleep |
| 03:30-13:00 | | SLEEP |

Note: See OSTP for references to US activities.
End of Radiogram