



Radiogram No. 4424u CREW OFF-DUTY		Form 24 for 01/01/07
GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection. Inspection of circuit breaker [A3C] on DC1 Power Switch Panel (БВП) and fuses on БПП-30, БПП-36 in DC1
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
11:00-11:05	CDR	TVIS Weekly Maintenance
11:05-12:35	CDR	Physical Exercise (TVIS + CEVIS)
11:25-12:55	FE-1	Physical Exercise (TVIS), day 2
12:00-13:00	FE-2	Physical Exercise (RED)
12:55-13:00	FE-1	On MCC Go ISS O2 repress from Progress 357 CpΠK (start)
13:00-14:00		LUNCH
14:00-14:05	FE-1	ISS O2 repress from Progress 357 CpΠK (terminate)
14:05-14:35	FE-1	COЖ maintenance
15:15-16:15	CDR	Physical Exercise (RED)
16:10-17:10	FE-1	Physical Exercise (VELO+RED) day 2
16:25-17:55	FE-2	Physical Exercise (CEVIS)
16:58-17:13	CDR	Private Family Conference (S-band)
17:55-18:00	FE-2	Payload status check
18:00-18:15	FE-2	Questionnaire - journal entry
18:10-18:15	CDR	Transfer TVIS/RED/CEVIS/HRM data to MEC
18:15-18:45	-	Evening work prep
18:45-19:00		Daily Planning Conference (S-band)
19:00-19:30		Evening work prep
19:30-20:00		DINNER
20:00-20:30		Daily Food Prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	FE-1	Sigma s/w application adjustment

Note: See OSTP for references to US activities.



Today, we are celebrating the New Year with you at MCC!

End of Radiogram