

Crew Rest

GMT	Crew	Activity / <i>ODF or R/G</i>
11:00–11:10		Morning inspection
11:10–11:40		Personal hygiene (post-sleep)
11:40–12:30		BREAKFAST
12:30–12:40	CDR	Recharging camcorder battery / <i>RODF ? ?? ??? ?? , page 3-2, item 3.2</i>
12:45–13:10	FE-1	LAB payload status monitoring
12:45–13:25	CDR	Maintenance of ??? on MCC go
13:25–13:30	CDR	???-? data
13:30–13:35	CDR	??? data
14:00–14:15	FE-1	PRIVATE PSYCHOLOGICAL CONFERENCE
14:45–15:45	FE-2	Reviewing DOUG software
15:00–15:15	FE-1	PRIVATE FAMILY CONFERENCE
16:33–16:48	FE-2	PRIVATE PSYCHOLOGICAL CONFERENCE
18:00–19:00		LUNCH
01:05–01:35	CDR	Reviewing plan for the next day
01:05–01:35	FE-1, FE-2	Work prep
01:35–01:50		Evening DPC
02:05–02:30		PAO TV event: Addressing the Academician A. Prokhorov / <i>RODF ? ?? ??? ?? , item 3.4, pages 3-5, 3-6 + r/g 1486</i>
02:30–03:00		DINNER
03:00–03:30		Daily food ration prep
03:30–04:30		Personal hygiene (pre-sleep)
04:30–13:00		SLEEP

End of radiogram