

Radiogram No. 6833u

Form 24 for 01/05/08

Housekeeping

GMT	CREW	ACTIVITY
06:00-06:10	CDR, FE-1	Morning inspection
06:00-06:20	FE-2	Urine sample collection
06:10-06:40	CDR, FE-1	Post-sleep
06:20-06:30	FE-2	MELFI Urine Sample Insertion
06:30-06:45		Repository Blood Sample Draw
06:40-07:30	CDR, FE-1	BREAKFAST
06:45-06:55	FE-2	Repository Refrigerated Centrifuge Setup
06:55-07:05		Repository Refrigerated Centrifuge Config
07:05-07:15		Repository Blood Sample Hardware Stow
07:15-07:25		Morning inspection
07:25-07:35		Post-sleep
07:30-10:30	CDR	Weekly housekeeping
	FE-1	Weekly Housekeeping Screen cleaning in ВПхО, ФС5, ФС6, ФС9 (ВДПРК), ВПРК, В3 DC1, FGB ЦБ2
07:35-07:55	FE-2	MELFI Urine Sample Insertion
07:55-08:15		Post-sleep
08:15-09:05		BREAKFAST
09:05-12:05		Weekly housekeeping
10:35-11:35	CDR	Physical Exercise (CEVIS)
11:35-13:05	CDR	Physical Exercise (RED)
12:05-12:30	FE-2	InSPACE2-photo backup
12:30-12:50		Taking urine samples
12:45-13:00	FE-1	Conference with an editor of Rossiyskiy Kosmos [Russian Space] magazine
12:50-12:55	FE-2	MELFI Urine Sample Insertion
13:00-13:05	FE-1	On MCC Go ISS O2 repress from Progress 362 CpПК (start)
13:05-14:05		LUNCH
14:05-14:10	FE-1	ISS O2 repress from Progress 362 CpПК (terminate)
14:10-14:40		Weekly Planning Conference (<i>S-band</i>)
14:40-15:00	FE-1	Private Family Conference (<i>Ku + S-band</i>)
14:40-14:45	FE-2	BCAT-3. Camera checkout
14:45-15:05		Taking urine samples
15:05-15:10		MELFI Urine Sample Insertion
15:20-16:00	CDR	InSPACE2 #1 experiment ops
15:35-16:35	FE-2	Physical Exercise (TVIS)
16:05-16:20	CDR	InSPACE2 experiment monitoring
16:20-17:00	FE-1	COЖ maintenance
16:35-18:05	FE-2	Physical Exercise (RED)
16:45-16:55	CDR	InSPACE2 Hardware Tape Changeout
16:55-17:35		InSPACE2 #2 experiment ops

17:00-18:30	FE-1	Physical Exercise (TVIS), day 3
17:40-17:55	CDR	InSPACE2 experiment monitoring
18:20-18:30		InSPACE2 Hardware Tape Changeout
18:30-19:30	FE-1	Physical Exercise (VELO+RED), day 3
18:30-18:40	CDR	InSPACE2 - Hardware Deactivation
18:40-18:45		MSG deactivation
19:05-19:35	FE-2	Daily Food Prep
19:25-19:30	CDR	Transfer TVIS/RED/CEVIS/HRM data to MEC
19:30-20:00	CDR, FE-1	DINNER
19:35-20:05	FE-2	
20:00-20:30	CDR, FE-1	Daily Food Prep
20:05-21:05	FE-2	Pre-sleep
20:30-21:30	CDR, FE-1	
21:05-21:25	FE-2	Taking urine samples
21:25-21:30		MELFI Urine Sample Insertion
21:30-06:00		SLEEP
Task List	FE-1	ECON. Observations and photography
		Removable Cassette Container [CKK]. Photography of Cassettes

Note:

1. See OSTP for references to US activities.
2. SM Window #9 shutter opening is at crew discretion

End of Radiogram