

CREW OFF-DUTY

GMT	CREW	ACTIVITY
06:00-06:10	.	Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-08:30	CDR	Physical Exercise (CEVIS)
09:00-09:10		MSG - Glove Box Activation
09:20-09:35	FE-1	Private Psychological Conference (<i>VHF</i>)
09:40-10:20	CDR	InSpace2 - Experiment Run
11:05-11:15		InSpace2 - Tape Changeout
11:15-12:45		Physical Exercise (RED)
11:30-13:00	FE-1	Physical Exercise (TVIS), day 1
11:45-13:00	FE-2	Physical Exercise (CEVIS)
13:00-14:00	.	LUNCH
14:00-14:10	CDR	FMK Deployment Ops
14:30-15:10		InSpace2 - Experiment Run
15:20-16:00	FE-1	COX Maintenance
15:50-16:00	CDR	InSpace2 - Tape Changeout
16:00-16:40		InSpace2 - Experiment Run
16:00-17:00	FE-1	Physical Exercise (VELO+RED), day 1
16:15-16:30	FE-2	Private Family Conference (<i>Ku + S-band</i>)
17:00-18:15		Physical Exercise (TVIS)
17:20-17:30	CDR	InSpace2 - Tape Changeout
17:30-17:50		InSpace2 - Vial Exchange
17:50-18:05		Private Family Conference (<i>Ku + S-band</i>)
18:05-18:10		Disconnect LTL jumper from LAB1D6 rack after CDRA Deactivation
18:10-18:15		MSG - power off
18:15-18:45	.	Evening work prep
18:45-19:00		Daily Planning Conference (<i>S-band</i>)
19:00-19:30		Evening work prep
19:30-20:00		DINNER
20:00-20:30		Daily Food Prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	FE-1	TBY (Universal Bioengineering Thermostat). Temperature check
		URAGAN. Observations and Photography
		DIATOMEA. World Ocean Observations
		PLANTS-2. Payload Status Check and Photography

Notes: 1. See OSTP for references to US activities.

2. SM Window #9 shutter opening is at crew discretion with **Report to MCC**

End of Radiogram