Radiogram No. 7999u CREW OFF DUTY

Form 24 for 06/22/08

GMT	CREW	ACTIVITY
06:00-06:10		Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-09:00	FE-2	Physical Exercise (RED)
08:45-08:50	FE-1	HAM radio equipment set up
08:50-09:05	CDR	Private Psychological Conference (VHF)
08:50-09:00	FE-1	Ham radio session
09:00-10:00	FE-2	Physical Exercise (TVIS)
10:00-11:30	CDR	Physical Exercise (TVIS), day 4
10:00-10:10	FE-2	ANITA - power down
10:25-10:40	FE-1	Private Psychological Conference (VHF)
11:30-13:00	FE-1	Physical Exercise (TVIS), day 4
12:40-12:45	FE-2	ANITA - power up
12:55-13:00	FE-2	Disconnect the Lab Robotic Workstation (RWS) Display and Control Panel (DCP) power cable.
13:00-14:00		LUNCH
14:00-14:40	CDR	СОЖ Maintenance.
14:05-14:20	FE-2	Private psychological conference (Ku + S-band)
16:15-17:15	CDR	Physical Exercise (VELO + RED), day 4
17:15-18:15	FE-1	Physical Exercise (VELO + RED), day 4
17:25-17:40	FE-2	Private Family Conference (Ku + S-band)
18:15-19:05		Prep for Work
19:05-19:20		Daily Planning Conference (S-band)
19:20-19:30		Prep for Work
19:30-20:00		DINNER
20:00-20:30		Daily Food Prep
20:30-21:30	FE-1	Pre-sleep
20:30-21:30	CDR,FE-2	Pre-sleep
21:30-06:00		SLEEP
TaskList	FE-1	Expedition-16 Food Ration Containers prep for disposal (Food Ration Container repack)
	CDR	URAGAN. Observations and photography
	CDR	DIATOMEA. World Ocean Observations
	FE-1	ECON. Observations and photography

Note: 1. SM Window #9 shutter opening at crew discretion with Report to MCC

2. See OSTP for references to US activities.

End of Radiogram