

TV CABLE CHECKOUT. AIR SAMPLING.

GMT	CREW	ACTIVITY
06:00-06:10	.	Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:50		Work prep
07:50-08:05		Daily planning conference (<i>S-band</i>)
08:05-08:15	CDR	Work prep
08:05-08:20	FE-1	IMS tagup (<i>S-band</i>)
08:15-08:20	CDR	Carbon dioxide monitoring
08:20-08:50	.	Crew Medical Restraint System (CMRS) checkout
08:50-09:05	FE-1	Dump Sigma log file via BCP-TM
09:20-09:50		Photography of scuffmark left by the Active Docking Mechanism Pin on the FGB Passive Mechanism Receiving Cone
09:20-09:50	CDR	HRF1 - setting up for laptop 1 upgrade
09:50-10:00	FE-1	Downlink photo imagery of the Docking Cone internal surface (via OCA)
09:50-10:20	CDR	COX maintenance
10:00-10:25	FE-1	SM and FGB air sampling using AK-1M
10:20-11:05	CDR	HRF1 - terminate laptop 1 upgrade
10:25-10:40	FE-1	SM air sampling for CO using ИПД samplers
10:40-10:50		SM air sampling for Freon using AK-1M sampler
10:50-11:00		Taking readings from Real-Time Harmful Contaminant Gas Analyzer ГАНК-4М [AOK]
11:00-12:50	CDR	Auditing of hardware stowed behind FGB panels. <i>Tagup with specialists (S-band)</i>
11:05-11:55		BCAT-3 – photography of samples group 1-6
11:55-12:10		HRF1 laptop hard drive swap
12:10-13:10		Physical exercise (CEVIS)
12:50-13:50	FE-1	Physical Exercise (VELO+RED) day 2
13:10-13:50	CDR	Ku-band TV link configuration set up
13:50-14:50	.	LUNCH
14:50-15:10	.	Testing TV-cable 77KM.2912-160 (<i>S+Ku-band</i>)
15:10-16:50	FE-1	Replacing E-K container in ACY
15:10-15:40	CDR	Disassemble Ku-band TV link configuration
15:40-15:45		Rebooting OCA SSC router
15:45-15:50		EXPRES Rack 1 laptop power down
15:50-16:20		Dual Sorbent Tube (DST) Sampling
16:20-16:35		Grab Sample Container (GSC) ops
16:35-16:45		FMK ops
16:45-18:15		Physical Exercise (RED)
16:50-18:20	FE-1	Physical exercise (TVIS), day 2
18:15-18:20	CDR	Transfer TVIS, RED, and HRM data to MEC
18:20-18:35	FE-1	Report prep
18:35-18:50	.	Daily planning conference (<i>S-band</i>)

19:00-19:15		Crew conference with K. Rominger from Astronaut Office (<i>S-band</i>)
19:15-19:25		Daily food prep
19:25-19:40		FD / ISS crew conference (<i>S-band</i>)
19:40-20:00		Daily food prep
20:00-20:30		DINNER
20:30-21:30	FE-1	Pre-sleep
20:30-21:00		
21:00-21:20	CDR	Crew Discretionary Conference (<i>Ku +S-band</i>)
21:20-21:30		Pre-sleep
21:30-06:00	.	SLEEP

Note: See OSTP for references to US activities.
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