

Radiogram No. 1794u

Form 24 for 11/29/09

**Dismantling ЛКТ From Soyuz 225 Orbital Compartment. LBNP Exercises.**

Time	CREW	ACTIVITY
06:00-06:05	FE-5	Integrated Immune - Dry Saliva Sample Collection
06:00-06:05	CDR	Immune: CDR Dry Saliva Sample Collection
06:00-06:05	FE-4	Integrated Immune - Dry Saliva Sample Collection
06:00-06:10	<b>FE-3</b>	Morning Inspection
06:00-06:05	<b>FE-1</b>	Elektron-VM Aerosol Filter Inspection
06:05-06:10	CDR, <b>FE-1</b> , FE-4,FE-5	Morning Inspection
06:10-06:40	.	Post-sleep
06:40-07:30	.	BREAKFAST
07:30-07:35	FE-5	Bisphosphonates Pill Ingestion
07:30-07:50	CDR, <b>FE-1</b> , <b>FE-3</b> ,FE-4	Work Prep
07:35-07:50	FE-5	Work Prep
07:55-08:15	.	Daily Planning Conference ( <i>S-band</i> )
08:15-08:45	FE-4	TVIS Monthly Maintenance
08:15-08:25	FE-5	FMK Deployment Ops
08:15-08:30	<b>FE-3</b>	SM air sampling using AK-1M sampler
08:15-09:45	<b>FE-1</b>	Transfers to MRM2 and IMS Updates
08:20-09:50	CDR	Physical Exercise (ARED)
08:25-08:45	FE-5	Grab Sample Container (GSC) Sampling Operations
08:30-08:40	<b>FE-3</b>	ИПД Air Sampling for Ammonia in SM
08:40-09:30	<b>FE-3</b>	Stowing Return Equipment In Soyuz
08:45-09:55	FE-4	ICV ECHO Setup
08:50-09:00	FE-5	EHS Sampling Start
09:00-09:15	FE-5	Dosimeter Reattachment
09:20-10:20	FE-5	ULF3 Transfer Operations
09:30-09:45	<b>FE-3</b>	Private Family Conference ( <i>Ku+S-band</i> )
09:45-11:15	<b>FE-3</b> <b>FE-1- assists</b>	LBNP Exercise (FINAL). <i>Tagup with specialists (VHF), To=10:46</i>
09:55-10:55	FE-4	ICV Scanning
10:00-10:50	CDR	ICV - Assistance During Experiment
10:20-11:20	FE-5	Water Orbit Replacement Unit (ORU) Filter Install
10:55-11:15	FE-4	ICV Hardware Stow
11:15-11:30	<b>FE-1</b>	Private Family Conference ( <i>Ku+S-band</i> )
11:15-12:15	<b>FE-3</b>	Dismantling ЛКТ (TA251МБ) from Soyuz 225 Orbital Compartment
11:20-12:50	FE-4	Physical Exercise (ARED)
11:20-12:20	FE-5	PWD Cleaning And Inspection
11:30-12:30	<b>FE-1</b>	Physical Exercise (TVIS), day 2
12:00-13:00	CDR	Crew Departure Prep
12:15-12:45	<b>FE-3</b>	Crew Departure Prep
12:20-12:40	FE-5	Flush stagnant water from PWD Filter

12:30-13:00	<b>FE-1</b>	Hygiene Procedures
12:50-13:05	<b>FE-3</b>	Private Medical Conference ( <i>S-band</i> )
12:55-13:00	FE-4	BCAT-5 Sample Check / Photography
13:00-14:00	CDR, <b>FE-1</b> , FE-4,FE-5	LUNCH
13:05-14:00	<b>FE-3</b>	
14:00-14:15	<b>FE-1,FE-3</b>	Signing ISS RS Handover Protocol
14:00-15:00	FE-4	Crew Departure Prep
14:00-14:05	FE-5	EHS Sampling Termination
14:00-15:20	CDR	Waste and Hygiene Compartment (WHS) Urine Receptacle and Insert Filter Changeout
14:05-15:05	FE-5	Unpack and stow items brought up on ULF3
14:15-16:25	<b>FE-3</b>	Stowing Return Equipment In Soyuz <i>Tagup with specialists (S-band)</i>
14:15-16:15	<b>FE-1</b>	Stowing Disposal Equipment In Soyuz
15:00-15:15	FE-4	Private Family Conference
15:05-15:20	FE-5	FIR Photo/Video Setup
15:15-15:20	FE-4	FIR Rack Door Open Type 2 Configuration
15:20-16:00	FE-4	LMM Microscope Installation
15:20-16:20	CDR	Physical Exercise (TVIS)
15:20-15:30	FE-5	Start EMU Metox Regeneration
15:30-16:55	FE-5	Physical Exercise (ARED)
16:00-16:45	FE-4	LMM Latching Block Installation
16:15-16:35	<b>FE-1</b>	Life On The Station Video Downlink ( <i>Ku+S-band</i> )
16:20-16:40	CDR	Water Orbit Replacement Unit (ORU) Stow
16:25-17:15	<b>FE-3</b>	Microbial Sample Collection
16:35-17:15	<b>FE-1</b>	COX Maintenance. <b>SM and FGB Flush Counter (CП), Water Supply System (CBO), Potok Air Purification System Data Calldowns</b>
16:45-16:50	FE-4	LMM Configuration For Operation
16:50-16:55	FE-4	FIR Rack Door Close Type 2 Configuration
16:55-17:55	FE-5	Physical Exercise (CEVIS)
17:15-18:15	<b>FE-1</b>	Physical Exercise (ARED)
17:15-18:15	FE-4	Physical Exercise T 2
17:15-18:15	<b>FE-3</b>	Physical Exercise (TVIS), day 3
18:00-18:15	FE-5	Private Family Conference
18:15-18:40	.	Daily Planning Conference ( <i>S-band</i> )
18:40-19:30	FE-4,FE-5	Evening Work Prep
18:40-18:45	<b>FE-1</b>	Elektron-VM Aerosol Filter Inspection
18:40-18:55	CDR	Integrate Immune -Configure Blood Sample Collection Hardware
18:40-19:10	<b>FE-3</b>	Crew Departure Prep
18:45-19:30	<b>FE-1</b>	Evening Work Prep
18:55-19:30	CDR	Evening Work Prep
19:10-19:30	<b>FE-3</b>	Evening Work Prep
19:30-21:30	.	Pre-sleep
21:30-07:30	.	SLEEP

<b>Task List</b>	<b>FE-1</b>	PLANTS-2. Payload Status Check
		IMS Update
	<b>FE-1,FE-3</b>	Life On The Station Video Footage

**Notes:**

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
  2. See OSTP for references to US activities
  3. Pre-sleep: dinner, daily food prep, evening toilet
- End of Radiogram