

Radiogram No. 1086u

Form 24 for 08/23/05

Crew Health Check.**Post-EVA Tool Stowage and SM ПxO / DC1 Reconfiguration**

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-06:50	FE-1	Calf measurement
06:40-06:50	CDR	MO-8. Set-up
06:50-07:00		Calf measurement
06:50-07:05	FE-1	Body mass measurement
07:05-07:55		BREAKFAST
07:05-07:20	CDR	Body mass measurement
07:20-07:30		MO-8. Close-out ops
07:30-08:20		BREAKFAST
07:55-08:20	FE-1	Work prep
08:20-08:35		Daily planning conference (<i>S-band</i>)
08:35-09:05	CDR	Work prep
08:35-09:05	FE-1	MEC shell replacement
09:05-10:05		Unpacking cargo delivered by the Shuttle
09:05-09:20	CDR	Regeneration of Micropurification unit [БМП] Φ2 cartridge (start)
09:20-09:50		Remove БМП from SM [PO] and stow
09:50-11:50		Stow EVA tools, update IMS
10:05-10:35	FE-1	Portable Breathing Apparatus (PBA) and Portable Fire Extinguisher (PFE) inspection.
10:40-10:45		On MCC GO: ISS O2 repress from Progress 353 CpПК (Oxygen Supply Facility) (start)
10:45-11:45		Physical exercise (TVIS)
11:45-11:50		ISS O2 repress from Progress 353 CpПК (terminate)
11:50-13:20	CDR	Physical exercise (TVIS), day 4
11:50-13:20	FE-1	Physical exercise (RED)
13:20-14:20		LUNCH
14:20-16:20	FE-1	SM ПxO and DC1 reconfig to initial state after EVA. Comm config from DC1 (as necessary)
14:20-15:10	CDR	Replacement of Vacuum Valve Group (БВК) on Vozdukh line 2. Tagup with specialists as necessary (<i>S-band</i>)
15:10-15:20		On MCC GO Mating telemetry [ТМИ] connectors
15:20-15:30		VOZDUKH Activation. Tagup with specialists as necessary (<i>S-band</i>)
15:30-16:20		SM ПxO and DC1 reconfig to initial state after EVA Comm config from DC1 (as necessary)
16:20-16:25	FE-1	Transfer TVIS, RED, and HRM data to MEC
16:25-16:35		PAO hardware setup
16:35-16:45		PAO prep
16:45-17:05		EPO for the Cincinnati Museum Center (<i>Ku + S-band</i>)
17:05-17:10	CDR	Greetings on 1000th Anniversary of Kazan (<i>Ku + S-band</i>)
17:05-17:35	FE-1	Psychological evaluation program (WinSCAT)
17:10-17:25	CDR	Private medical conference (<i>Ku + S-band</i>)

17:25-18:20		Physical Exercise (VELO + Load Trainer/Cycle 1), day 4
17:35-17:50	FE-1	Private medical conference (<i>Ku + S-band</i>)
17:50-18:20		COЖ maintenance
18:20-18:35		Daily planning conference (<i>S-band</i>)
18:35-19:00	CDR	MO-21 set up. Ecosphere battery charging and Cryogem activation (+37 degrees)
18:35-18:45	FE-1	Daily plan review
18:45-19:05		IMS file prep
19:00-19:30	CDR	Report prep
19:05-19:30	FE-1	Report prep
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30	FE-1	Pre-sleep
20:30-21:00	CDR	Pre-sleep
21:00-21:15		Regeneration of Micropurification unit [БМП] Φ2 cartridge (terminate)
21:15-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	CDR	Food Utensils Audit

Note: See OSTP for references to US activities.

End of radiogram