PROGRESS 407 UNDOCKING FROM SM AO ON USOS CMG

GMT	CREW	ACTIVITY
06:00-06:10	FE-1 , FE-2 ,FE-6	Morning Inspection
06:00-06:05	CDR	SLEEP Data Log Entry
06:00-06:15	FE-5	SLAMMD Stowage
06:00-06:05	FE-4	Elektron-VM Aerosol Filter Inspection
06:05-06:10	CDR, FE-4	Morning Inspection
06:10-06:40	CDR, FE-1 , FE-2 , FE-4 ,FE-6	Post-sleep
06:15-06:35	FE-5	SLAMMD Setup
06:35-06:45	FE-5	SLAMMD Activation
06:40-07:30	CDR, FE-1,FE-2 , FE-4 ,FE-6	BREAKFAST
06:45-06:55	FE-5	SLAMMD Stowage
06:55-07:25	FE-5	Post-sleep
07:25-08:15	FE-5	BREAKFAST
08:25-08:30	FE-5	HAM Radio Deactivation
09:00-10:30	FE-4	Physical Exercise (TVIS), Day 3
09:30-10:30	FE-2	Physical Exercise (ARED)
10:30-11:30	CDR	Physical Exercise T 2
10:30-11:30	FE-4	Physical Exercise (ARED)
11:20-11:30	FE-2	IZGIB -DAKON. Hardware Activation
11:25-12:55	FE-1	Physical Exercise (TVIS), Day 2
11:30-13:00	CDR	Physical Exercise (ARED)
11:55-12:00	FE-2	IZGIB -DAKON. Payload Status Check
12:10-12:20	FE-6	USOS Window Shutter Close
12:55-13:00	FE-4	On MCC Go ISS N2 repress from Progress 409 CpΠK (start)
13:00-14:00		LUNCH
14:00-14:05	FE-5	SOLO Daily Diet Monitoring
14:00-14:05	FE-4	ISS N2 repress from Progress 409 CpΠK (terminate)
14:30-15:10	FE-4	IDENTIFICATION. Copy ИМУ-Ц micro-accelerometer data to laptop
14:30-14:35	FE-1	On MCC Go Switch ПрК-ТК PEV to CLOSED position
14:30-15:05	FE-2	IZGIB-DAKON data download to a USB drive, archive clearing & data downlink
15:05-15:10	FE-2	IZGIB-DAKON. Hardware Deactivation
15:10-15:50	FE-2	COЖ Maintenance. SM and FGB СП (Flush Counter), CBO (Water Supply System), Potok Air Purification Unit Data Calldowns
15:20-16:20	FE-5	Physical Exercise T 2
15:30-17:00	FE-6	Physical Exercise (ARED)
15:55-17:25	FE-2	Physical Exercise (TVIS), Day 2
16:20-16:35	FE-5	Private Family Conference
17:00-18:00	FE-1	Physical Exercise (VELO), Day 2
17:00-18:30	FE-5	Physical Exercise (ARED)

17:00-18:00	FE-6	Physical Exercise (CEVIS)
18:20-18:25	FE-6	HAM Radio Power Up
18:20-18:35	FE-4	Roskosmos video file prep and downlink via OCA
18:25-18:40	FE-1	BAR Pyren Charging Start
18:30-18:40	FE-5	SOLO - Retrieval of PCBA Pouch from MELFI
18:35-18:50	FE-4	
18:40-18:55	CDR, FE-1,FE-2 , FE-5,FE-6	Evening Work Prep
18:50-18:55	FE-4	Elektron-VM Aerosol Filter Inspection
18:55-19:20		Daily Planning Conference (S-band)
19:20-19:30	CDR, FE-1,FE-2 , FE-4 ,FE-5	Evening Work Prep
19:20-19:35	FE-6	
19:30-21:30	CDR, FE-1,FE-2 , FE-4 ,FE-5	Pre-sleep
19:35-20:50	FE-6	Crew Discretionary Conference
20:50-21:30	FE-6	Pre-sleep
21:30-06:00		SLEEP
Task list	FE-1,FE-2	Checkout of Nikon D3X, D3 Cameras

Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
 See OSTP for references to US activities
 Pre-sleep ops: daily food prep, dinner, pre-sleep