

Radiogram No. 1224u

Form 24 for 09/27/09

CREW OFF DUTY

GMT	CREW	ACTIVITY
06:00-06:10	CDR,FE-1,FE-3,FE-4,FE-5	Morning Inspection
06:00-06:20	FE-2	Nutrition and Repository Urine Sample Collection
06:10-06:40	CDR,FE-3,FE-4,FE-5	Post-sleep
06:10-06:25	FE-1	
06:20-06:25	FE-2	Nutrition and Repository Urine Sample MELFI Insertion
06:25-06:45	FE-2	Nutrition and Repository - Blood Samples
06:25-06:40	FE-1	Nutrition and Repository - Blood Draw Operator
06:40-07:30	CDR,FE-3,FE-4,FE-5	BREAKFAST
06:45-06:55	FE-2	Nutrition and Repository Refrigerated Centrifuge Setup
06:45-07:05	FE-1	Nutrition and Repository Urine Sample Collection
06:55-07:05	FE-2	Nutrition and Repository - Refrigerated Centrifuge Config
07:05-07:35	FE-2	Post-sleep
07:05-07:10	FE-1	Nutrition and Repository Urine Sample MELFI Insertion
07:10-07:25	FE-1	Post-sleep
07:25-08:15	FE-1	BREAKFAST
07:35-07:55	FE-2	Nutrition and Repository Blood Sample Insertion into MELFI
07:55-08:55	FE-2	BREAKFAST
08:15-08:25	FE-1	Nutrition and Repository - Stow Blood Sample Collection and Processing Hardware
09:00-10:30	FE-4	Physical Exercise (ARED)
09:30-10:30	FE-5	Physical Exercise (CEVIS)
10:30-12:00	FE-5	Physical Exercise (ARED)
10:30-11:30	FE-4	Physical Exercise (CEVIS)
10:45-11:00	CDR	Private Family Conference (<i>Ku+S-band</i>)
11:30-12:30	CDR	Physical Exercise (TVIS), day 1
11:30-11:45	FE-3	Private Family Conference (<i>Ku+S-band</i>)
12:00-13:00	FE-3	Physical Exercise (ARED)
12:30-13:00	CDR	TVIS Crew Hygiene
12:35-12:55	FE-1	Nutrition and Repository Urine Sample Collection
12:55-13:00	FE-1	Nutrition and Repository Urine Sample MELFI Insertion
13:00-14:00	.	LUNCH
14:00-14:05	FE-4	Compound Specific Analyzer- Combustion Products (CSA-CP) CSA-O2 Check
14:00-14:20	FE-2	Nutrition and Repository Urine Sample Collection
14:00-14:05	FE-3	PLANTS-2 Payload Status Check
14:00-14:40	CDR	COX Maintenance. <i>CBO, CП, and POTOK Air Purification System Data Calldowns</i>
14:05-14:10	FE-4	Oxygen Level Check
14:20-14:25	FE-2	Nutrition and Repository Urine Sample MELFI Insertion

14:25-14:45	FE-1	Nutrition and Repository: Stow Urine Sampling Equipment
15:35-16:35	FE-1	Physical Exercise (TVIS)
15:35-16:35	FE-2	Physical Exercise (CEVIS)
16:30-16:45	FE-5	Private Family Conference (<i>Ku+S-band</i>)
16:35-17:35	CDR	Physical Exercise (TVIS), day 1
16:35-18:05	FE-2	Physical Exercise (ARED)
17:35-18:35	FE-3	Physical Exercise (TVIS), day 4
18:00-19:30	FE-1	Physical Exercise (ARED)
18:05-18:20	FE-2	Private Family Conference (<i>Ku+S-band</i>)
18:35-19:05	FE-3	TVIS Crew Hygiene
18:50-19:05	FE-4	Private Family Conference (<i>Ku+S-band</i>)
19:25-19:30	FE-5	SOLO. Daily Diet Monitoring
19:30-21:30	CDR,FE-2,FE-3,FE-4,FE-5	Pre-sleep
19:30-19:40	FE-1	
19:40-19:55	FE-1	Private Family Conference (<i>Ku+S-band</i>)
19:55-21:30	FE-1	Pre-sleep
21:30-06:00	.	SLEEP
Task List	CDR,FE-3	URAGAN Observations and Photography
		ECON. Observations and Photography
	FE-3	SEINER Ocean Observations

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep dinner, daily food prep, evening toilet
- End of Radiogram