

**Video Camera Test (КЛ-140СТ-М "-X")**

GMT	Crew	Activity
06:00–06:10		Morning inspection
06:10–06:40		Post-sleep
06:40–07:30		BREAKFAST
07:30–07:55	FE-1	Prep for work
07:30–07:50	CDR	
07:50–07:55		PLANTS-2: payload status check
07:55–08:10		Daily planning conference ( <i>S-band</i> )
08:15–10:15	CDR	IMS inventory check
08:15–08:20	FE-1	Microgravity Science Glovebox (MSG): activation
08:20–08:50		InSPACE ops
09:05–09:15		ISS-7 daily payload status check
09:15–09:25		INSPACE experiment observations (prep)
09:45–09:55		INSPACE experiment monitoring
10:15–10:25		INSPACE experiment observations (prep)
10:15–12:45	CDR	PROFILAKTIKA: HC-1 Load Trainer test. Tagup w/ ground specialist ( <i>S-band</i> + <i>VHF</i> )
10:35–10:40	FE-1	Repeat connect of UOP to DCP
10:40–10:50		InSPACE cassette changeout
10:50–11:10		InSPACE coil assembly 3 changeout
11:10–11:15		Microgravity Science Glovebox (MSG): powerdown
11:15–11:40		PROFILAKTIKA: assist
11:45–12:45		Physical exercise (TVIS)
12:45–13:45		LUNCH
13:45–16:15		Mobile Servicing System (MSS) skill training
16:15–16:55	CDR	INTERACTIONS: questionnaire and data backup
16:15–16:45	FE-1	Applying yellow decal on TV camera
16:45–18:15		Physical exercise (RED)
16:55–17:35	CDR	IMS file prep
17:35–17:50		Amateur radio pass
17:50–18:20		Maintenance of COЖ
18:20–18:45		Daily plan review
18:45–19:00		Daily planning conference ( <i>S-band</i> )
19:00–19:30		Prep for work
19:30–20:00		DINNER
20:00–20:30		Daily food prep
20:30–21:30		Pre-sleep
21:30–06:00		SLEEP

NOTE: See OSTP for references to US procedures  
End of radiogram