

Radiogram No. 2187u

Form 24 for 04/28/2013

ISS Reboost Using TTK 419 (AO) ДПО Thrusters. Crew Off-Duty

TIME	CREW	ACTIVITY
06:00-06:10	FE-2	Morning Inspection. RSS1, RSS2 Reboot
06:00-06:10	FE-4	Morning Inspection
06:00-06:10	FE-1	Morning Inspection. Reboot Laptop RS2(1)
06:00-06:05	CDR, FE-6	Reaction Self-test
06:00-06:05	FE-3	PROK - Urine Spot Test
06:05-06:25	FE-3	HRF Urine Sample Collection
06:05-06:15	CDR	Morning Inspection
06:05-06:15	FE-6	Morning Inspection
06:10-06:40	FE-1, FE-2, FE-4	Post-Sleep
06:15-06:45	CDR	Post-Sleep
06:15-06:45	FE-6	Post-Sleep
06:25-06:35	FE-3	HRF - Urine Sample Insertion Into MELFI
06:35-06:45	FE-3	BCAT - Camera Battery Changeout
06:40-07:30	FE-4	BREAKFAST SM PICC (Caution & Warning Panel) Test (after breakfast)
06:40-07:30	FE-1, FE-2	BREAKFAST
06:45-06:55	FE-3	Morning Inspection
06:45-07:35	CDR	BREAKFAST
06:45-07:25	FE-6	BREAKFAST
06:55-07:25	FE-3	Post-Sleep
07:25-08:15	FE-3	BREAKFAST
07:25-07:35	FE-6	USOS window shutter closure
07:35-07:55	FE-6	BREAKFAST
08:50-09:50	FE-1	Physical Exercise (TVIS-4)
09:00-09:10	FE-2	PLAZMIDA. Recomb-K Setup in Thermostat at +4 deg C
09:15-10:45	FE-3	Physical Exercise (ARED)
10:00-10:15	FE-4	Private Family Conference (<i>S + Ku-band in S/G2, S/G1 - backup</i>)
10:30-11:30	CDR	Physical Exercise (T2)
11:00-12:00	FE-2	Physical Exercise (VELO-3)
11:15-11:25	FE-1	BIOEMULSIYA. Setup in Thermostat at +4 deg C. <i>Tagup with specialists (S-band)</i>
11:25-11:40	FE-1	BIOEMULSIYA. Photography
11:30-13:00	CDR	Physical Exercise (ARED)
11:40-11:55	FE-1	Private Family Conference (<i>S + Ku-band in S/G2, S/G1-- backup</i>)
12:00-13:00	FE-4	Physical Exercise (TVIS-1)
12:25-12:35	FE-3	HRF Blood Collection Hardware Setup
12:35-12:55	FE-3	HRF Urine Sample Collection

12:55-13:00	FE-3	HRF - Urine Sample Insertion Into MELFI
13:00-14:00		LUNCH
14:00-14:40	FE-4	COЖ Maintenance. <i>SM and FGB CBO, CГО, СПКУ АСУ Counter, ПОТОК Air Purification System Data Calldowns</i>
14:00-14:05	FE-3	PROK - Diet Log (Day 2-4)
14:05-14:20	FE-3	Private Family Conference
14:20-14:30	FE-3	BCAT3 - Camera Checkout
15:00-15:05	CDR	ISERV - Opening LAB window shutters
15:30-17:00	FE-2	Physical Exercise (TVIS-3)
15:35-17:05	FE-1	Physical Exercise (ARED)
16:05-17:05	FE-3	Physical Exercise (T2)
16:05-17:05	FE-6	Physical Exercise (CEVIS)
16:20-16:35	CDR	Private Family Conference
16:30-18:00	FE-4	Physical Exercise (TVIS-1)
17:05-18:35	FE-6	Physical Exercise (ARED)
18:10-18:30	FE-3	HRF Urine Sample Collection
18:30-18:35	FE-3	HRF - Urine Sample Insertion Into MELFI
18:35-19:10		Evening Work Prep
19:10-19:35		Daily Planning Conference (<i>S-band</i>)
19:35-21:15	FE-3	Pre-sleep
19:35-19:55	FE-2	ARIL. Insert ARIL pack into thermostat +4 deg C and power down TBU-V 02
19:35-21:30	FE-1, FE-4	Pre-sleep
19:35-21:25	CDR	Pre-sleep
19:35-21:20	FE-6	Pre-sleep
19:55-21:30	FE-2	Pre-sleep
21:15-21:20	FE-3	REMINDER - Review
21:20-21:25	FE-6	REMINDER-MERLIN - Reading Reminder
21:20-21:30	FE-3	BCAT - Camera Battery Changeout
21:25-21:30	CDR, FE-6	Reaction Self-test
21:30-06:00		SLEEP
Task List	FE-1, FE-4	ECON-M. Observations and Photography
	FE-1, FE-2, FE-4	Preparation of Reports for Roskosmos site
	FE-4	РСПИ (Data Transmission Radio Link). Data Prep on RSS2 for Downlink via РСПИ

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ Report to MCC
2. See OSTP for references to US activities.
3. Pre-sleep ops: daily food prep, dinner, pre-sleep
4. Russian crew uses US exercise equipment strictly per F24 or OSTPV