

CREW OFF DUTY. REGENERATION OF БМП Ф1 [MICROPURIFICATION UNIT CARTRIDGE Ф1].

GMT	CREW	ACTIVITY
06:00-06:10	.	Morning inspection
06:10-06:40	.	Post-sleep
06:40-07:30	.	BREAKFAST
07:30-07:40	FE-1	SCORPIO. Hardware activation
07:30-08:00	CDR	USOS configuration for manned operation after Soyuz docking
07:45-08:00	FE-1	БМП Ф1 cartridge regeneration (start)
08:00-08:25	CDR	Reconfigure OPS LAN following USOS Hatch Opening
08:25-08:30		Rebooting OCA SSC router
08:30-08:45		Install Service Pack 01 to Laptop SSC
08:45-08:50		Carbon dioxide monitoring
08:45-09:55	FE-1	КЦП1 Laptop1 checkout
08:50-09:00	CDR	US hardware transfer
10:55-11:00		TVIS activation
11:00-12:00		Physical Exercise (TVIS)
12:00-13:30	FE-1	Physical Exercise TVIS-4
	CDR	Physical Exercise (RED)
13:30-13:35	CDR	Transfer TVIS, RED, and HRM data to MEC
13:35-14:35	.	LUNCH
15:30-15:45	.	Flight Director / ISS Crew Tagup (S-band)
17:45-18:45	FE-1	Physical Exercise (VELO+RED)-4
18:45-19:15		COЖ maintenance
19:15-19:45	FE-1	Daily food prep
19:30-19:45	CDR	
19:45-20:15	.	DINNER
20:15-21:05	FE-1	Pre-sleep
20:15-20:30	CDR	Daily food prep
20:30-21:30		Pre-sleep
21:05-21:20	FE-1	БМП Ф1 cartridge regeneration (termination)
21:20-21:30		Pre-sleep
21:30-06:00	.	SLEEP

Note: See OSTP for references to US activities.
End of Radiogram