MO-14. LOADING DISPOSAL HARDWARE TO PROGRESS.

GMT	CREW	ACTIVITY
06:00-06:05	CDR	Reaction Self Test
06:00-06:10	FE-1	Morning Inspection. Inspection of CM-У connector on MHP-HC pump behind ACУ panel пан.139. SM ПСС [Caution & Warning Panel] Test
06:00-06:10	FE-2,FE-4	Morning Inspection
06:00-06:05	FE-6	Reaction Self Test
06:00-06:05	FE-5	Reaction Self Test
06:05-06:45	CDR	Post-sleep
06:05-06:10	FE-5,FE-6	Morning Inspection
06:10-06:40	<b>FE-1,FE-2,FE-4</b> , FE-5,FE-6	Post-sleep
06:40-07:30	<b>FE-1,FE-2,FE-4</b> , FE-5,FE-6	BREAKFAST
06:45-07:30	CDR	BREAKFAST
07:30-07:55		Daily Planning Conference (S-band)
07:55-08:25	FE-5	Work Prep
07:55-08:10	FE-1,FE-2,FE- 4	Work Prep
07:55-08:15	CDR,FE-6	Work Prep
08:10-10:10	FE-1, FE-2- assists	MO-14.Orthostatic stability evaluation (w/o LBNP). <i>Tagup with</i> specialists
08:10-10:10	FE-4	Loading disposal hardware onto Progress 414 and IMS updates
08:15-08:25	FE-6	Glove Box (MSG) Activation
08:25-09:55	FE-6	Physical Exercise (ARED)
08:50-09:00	CDR	CIR Alignment Guide Removal
08:55-09:25	FE-5	HTV Control Panel Light Indication and Command Test
09:00-10:00	CDR	Physical Exercise (T2)
09:35-10:05	FE-5	HTV Hardware Command Panel (HCP) Checkout
09:55-10:35	FE-6	SLICE Ops Prep
10:00-11:30	CDR	Physical Exercise (ARED)
10:05-10:15	FE-5	MARES Photography
10:10-10:20	FE-4	ГФИ-1 [Geophysical Studies]. Relaksatsiya Experiment Battery Charging
10:10-11:00	FE-2	Replacing filters in FGB dust collectors ΠC1, ΠC2 (ΦΓБ1ΠΓΟ_2_224_1 bag 367-20 (00045613R) or bag 413-38 (00054837R)). Discard the removed filters. Update IMS
10:10-10:35	FE-1	Elektron-[BM] Liquid Unit pressurization prior to activation
10:15-11:30	FE-5	Weekly Housekeeping
10:20-11:50	FE-4	Physical Exercise (TVIS), Day 2
10:35-11:05	FE-1	SEINER Ocean Observations

10:35-11:15	FE-6	SLICE Operations
11:00-12:00	FE-2	ГЖТ1,2,3 removable screens cleaning
11:15-11:25	FE-6	SPICE Burner Exchange
11:25-11:35	FE-6	SLICE- Flash Card Exchange
11:30-12:30	CDR,FE-5	ATV3 Stowage Preparation
11:30-12:30	FE-1	Physical Exercise (ARED)
11:35-12:15	FE-6	SLICE Operations
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12:00-13:00	FE-2	Physical Exercise (TVIS), Day 2
12:00-12:30	FE-4	ΠΓΟ-SM PEV replacement in FGB – locate equipment, review r/g, view the film. <i>Tagup with specialists (S-band)</i>
12:15-12:25	FE-6	SPICE Burner Exchange
12:25-12:35	FE-6	SLICE- Flash Card Exchange
12:30-13:00	FE-4	AOK ΓΑΗΚ-4M Activation and Measurement Ops. Tagup with specialists
12:30-13:10	FE-5	LUNCH
12:55-13:55	FE-6	LUNCH
13:00-14:00	CDR, <b>FE-1</b> , <b>FE-2</b> , <b>FE-4</b>	LUNCH
13:10-13:25	FE-5	Private Family Conference
13:25-13:45	FE-5	LUNCH
13:45-14:45	FE-5	VO2max PPFS Stowage
13:55-15:05	FE-6	Weekly Housekeeping
14:00-15:00	FE-1	Cleaning ventilation screens on FGB interior panels (panels 201, 301, 401)
14:00-14:40	FE-2	СОЖ Maintenance
14:10-14:25	CDR	CFE Maintenance Work Area Prep
14:20-15:20	FE-4	RELAXATION Hardware Setup. Tagup with specialists
14:25-15:45	CDR	CFE Hardware Setup
14:45-15:15	FE-5	Activation of Portable Pulmonary Function System (PFS) MBS Module
15:00-17:00	FE-1,FE-2	Relocating Russian items from unauthorized FGB stowage locations
15:05-15:45	FE-6	SLICE Operations
15:20-15:50	FE-4	RELAXATSIYA. Operation mode setup. Tagup with specialists as necessary (S-band)
15:25-16:55	FE-5	Physical Exercise (ARED)
15:45-15:55	FE-6	SLICE- Flash Card Exchange
15:45-17:40	CDR	CFE VG2 Test
15:50-16:10	FE-4	RELAXATSIYA. Measurement Session
15:55-16:55	FE-6	Physical Exercise (T2)
16:10-16:30	FE-4	RELAXATSIYA. Repeat operation mode setup. <i>Tagup with specialists</i> (as necessary) (S-band)
16:30-16:50	FE-4	RELAXATSIYA. Measurement Session 2
		RELAXATSIYA. Closeout and Hardware Teardown. <i>Tagup with</i>
16:50-17:30	FE-4	specialists as necessary (S-band)
16:55-17:55	FE-5	Physical Exercise (T2)
17:00-18:00	FE-1	Physical Exercise (TVIS), Day 2
17:00-18:30	FE-2	Physical Exercise (ARED)

17:10-17:30	FE-6	SLICE Fan Checkout
17:30-18:30	FE-4	Physical Exercise (VELO), Day 2
17:30-17:40	FE-6	SLICE Video Tape Exchange
17:40-18:10	CDR	CFE Teardown
17:55-18:05	FE-5	Crew Prep for PAO
18:00-18:10	FE-6	Glove Box (MSG) Powerdown
18:05-18:15	FE-5	PAO Hardware Setup
18:10-18:20	CDR	Evening Work Prep
18:10-18:25	FE-6	Journal Entry
18:15-18:35	FE-5	PAO Event
18:15-18:55	FE-1	Evening Work Prep
18:20-18:30	CDR	ISS HAM Radio Setup in Service Module
18:25-18:55	FE-6	Evening Work Prep
18:30-18:50	FE-4	IMS Update
18:30-18:45	CDR	ISS HAM Radio Session from SM
18:30-18:55	FE-2	Evening Work Prep
18:35-18:55	FE-5	Evening Work Prep
18:45-18:55	CDR	Evening Work Prep
18:55-19:20		Daily Planning Conference (S-band)
19:20-19:30		Evening Work Prep
19:30-21:25	CDR,FE-5	Pre-sleep
19.30-21.30	FE-1,FE-2,FE- 4	Pre-sleep
19:30-19:35	FE-6	Start Video
19:35-21:20	FE-6	Pre-sleep
21:20-21:25	FE-6	Reaction Self Test
21:25-21:30	FE-5	Reaction Self Test
21:25-21:30	CDR	Reaction Self Test
21:25-21:30	FE-6	Terminate Video
21:30-06:00		SLEEP
	FF 4 FF 0 FF	Preparation of reports for Roskosmos site
Task List	FE-1,FE-2, FE- 4	URAGAN. Observations and Photography

## Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
   See OSTP for references to US activities
- 3. Pre-sleep ops: daily food prep, dinner, pre-sleep End of Radiogram