HANDOVER

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:35	FE-1	
06:10-06:40	CDR, FE-2, FE-1- 7	Post-sleep
06:10-06:30	CDR-7	
06:30-07:00		BREAKFAST
06:35-06:45	FE-1	DIURESIS. Experiment start (Day 1 ops)
06:40-07:30	CDR, FE-2, FE-1- 7	BREAKFAST
06:45-07:45	FE-1	HEMATOLOGY. Day 1 ops (with ERITROCITE kit)
07:00-07:10	-CDR-7	PMC for Bracelet questionnaire
07:10-07:25	CDR-1	HEMATOLOGY. Assist in capillary blood sampling
07:30-08:00	CDR, FE-2, ISS7	Work prep
07:45-07:50		PLANTS-2. Payload status check
07:50-08:25	FE-1	BREAKFAST
08:00-08:15	CDR, FE-2, ISS7	Daily planning conference (S-band)
08:15-08:20	CDR-7	БРПК separator inspection
08:25-08:35	FE-1	Urine collection and logging food / fluid intake in crew procedures
08:35-08:55	CDR, FE-1-7	Comm config check prior to Soyuz undocking
08:35-08:50	FF 1	URAGAN. Observation and imaging
08:50-09:30	FE-1	Data transfer from Laptop TP1 to SM-FOTO-HDD-01
08:55-09:00	FE-2	Weekly TVIS maintenance (TVIS)
08:55-09:55	CDR	Physical exercise (TVIS)
09:00-10:00	FE-2	Physical exercise (CEVIS)
09:00-09:15	CDR-7, FE-1-7	Private medical conference (S-band)
09:30-10:35	FE-1, CDR-7	Handover
09:35-09:45	FE-1-7	LAB payload status check
09:45-10:10	FE-1-/	Combustion products analyzer scheduled maintenance
09:55-10:00	CDR	TVIS weekly maintenance
10:00-10:20	FE-2	CEVIS monthly maintenance
10:10-10:20	FE-1-7	Activation / deactivation of combustion products analyzer
10:25-10:35	CDR, FE-1-7	Set up for PAO
10:35-10:45		Prep for PAO
10:45-11:00		PAO: ABC and NBC
11:00-12:30	CDR, FE-2, FE-1- 7	Handover
11:00-11:15	FE-1, CDR-7	БМП: Adsorbent cartridge Ф1 regeneration (term)
11:15-12:15	FE-1	Physical exercise (TVIS, day 4)
	CDR-7	Handover
12:15-12:30	FE-1, CDR-7	БМП: Adsorbent cartridge Ф2 regeneration (init)
12:30-13:30		LUNCH

13:30-15:30	FE-2, FE-1-7	Handover
13:30-13:40	FE-1	Urine collection and logging food / fluid intake in crew procedures
13:40-16:40	CDR, FE-1, CDR-	Nominal descent training. Tagup with specialist (S-band)
15:30-16:30	FE-2	Physical exercise (TVIS)
15:30-15:50	FE-1-7	HRF PC: PC hard drive removal
15:50-16:50		Physical exercise (CEVIS)
16:40-17:40	FE-1	Physical exercise (TVIS, day 4)
16:40-17:20	CDR-7	СОЖ maintenance
16:50-16:55	CDR, FE-1-7	Mass constituents analyzer (MCA): valve open
16:55-18:25	FE-2, FE-1-7	RED: Flexpack changeout
17:15-18:15	CDR	Physical exercise (CEVIS)
17:20-18:00	-CDR-7	IMS file prep
18:00-18:15	ODIC-1	CONJUGATION. Cold accumulators change-out in "Biokont-T"
18:10-18:15	FE-1	CONJUGATION. Imaging "Biokont-T" activity
18:15-18:50	FE-1, CDR-7 FE-2	Daily plan review
18:25-18:50		
18:25-18:30	CDR, FE-1-7	Mass constituents analyzer (MCA): valve close
18:30-18:50		Daily plan review
18:50-19:05		Daily planning conference (S-band)
19:05-19:30	,	Evening prep for work
19:30-20:00		DINNER
20:00-20:10	FE-1	DIURESIS. Urine collection and logging food / fluid intake in crew procedures
20:00-20:30	CDR, FE-2, ISS7	Daily food prep
20:10-20:30	FE-1	
20:30-21:30		Pre-sleep
21:30-21:40	FE-1	DIURESIS. Urine collection and logging food / fluid intake in crew procedures
21:30-06:00	CDR, FE-2, ISS7	SLEEP
21:40-06:00	FE-1	

Note: See OSTP for references to US activities.

End of radiogram