

**CREW OFF DUTY**

TIME	CREW	ACTIVITY
06:00-06:10	<b>K3</b>	Morning Inspection. Laptop RS1(2) Reboot
06:00-06:10	<b>FE-1</b>	Morning Inspection. Laptop RSS2 Reboot
06:00-06:10	<b>FE-2, FE-5, FE-6</b>	Morning Inspection
06:00-06:05	FE-3	Reading REMINDER
06:05-06:20	FE-3	HRF - Sample Collection and Prep for Stowage
06:10-06:40	<b>K3, FE-1, FE-2, FE-5, FE-6</b>	Post-sleep
06:20-06:25	FE-3	HRF - MELFI Sample Insertion
06:25-06:35	FE-3	Morning Inspection
06:35-07:00	FE-3	Post-sleep
06:40-07:30	<b>K3, FE-1, FE-5, FE-6</b>	BREAKFAST
06:40-07:30	<b>FE-2</b>	BREAKFAST. SM ПСС (Caution & Warning Panel) Test
07:00-07:25	FE-3	HRF Urine Sample Collection
07:25-07:30	FE-3	HRF - MELFI Sample Insertion
07:30-07:45	<b>FE-2</b>	CASKAD. Manual Mixing in Bioreactor
07:30-08:20	FE-3	BREAKFAST
08:00-09:20	FE-5	ARED Exercise
08:20-09:20	FE-3	CEVIS Exercise
09:20-10:50	FE-3	ARED Exercise
10:30-11:30	<b>FE-2</b>	БД-2 Exercise, Day 4
10:30-11:30	FE-6	CEVIS Exercise
10:45-11:00	<b>K3</b>	Private Family Conference ( <i>Ku + S-band</i> )

10:50-11:15	FE-3	HRF Urine Sample Collection
11:15-11:20	FE-3	HRF - Sample MELFI Insertion
11:30-13:00	<b>K3</b>	ARED Exercise
11:30-13:00	<b>FE-1</b>	БД-2 Exercise, Day 1
12:20-12:35	<b>FE-2</b>	Private Family Conference ( <i>Ku + S-band</i> )
13:00-14:00	.	LUNCH
14:00-14:10	FE-6	DRMET - Removal of Ziploc Bags with Samples from Glacier
14:10-14:15	FE-6	DRMET - Installation
15:00-15:25	FE-3	HRF Urine Sample Collection
15:15-15:20	FE-5	MOD29 - Retrieval from MELFI
15:25-15:30	FE-3	HRF - MELFI Sample Insertion
15:30-16:10	<b>FE-1</b>	COЖ Maintenance. <b><i>SM and FGB SVO, Sanitary and Hygienic Equipment (CFO), CПKY ACY Counter, POTOK Air Purification System Data Calldowns</i></b>
16:00-17:10	FE-5	CEVIS Exercise
16:00-17:30	FE-6	DRMET - Experiment Ops
16:10-17:10	<b>FE-1</b>	VELO Exercise, Day 1
16:50-17:05	<b>FE-2</b>	CASKAD. Manual Mixing in Bioreactor
17:05-18:35	<b>FE-2</b>	ARED Exercise
17:10-18:10	<b>K3</b>	БД-2 Exercise, Day 2
17:25-18:05	FE-5	PLATE - scanning
17:30-17:40	FE-6	DRMET - Placement of Drug Metabolism Ziploc bag into MELFI
18:35-18:45	<b>K3, FE-1, FE-2</b>	Evening Work Prep
18:45-19:00	<b>K3, FE-1, FE-2</b>	Daily Planning Conference ( <i>S-band</i> )
18:45-19:00	FE-6	Private Family Conference
18:50-19:00	FE-3	HRF - Hardware Setup

19:00-19:30	<b>K3, FE-1, FE-2</b>	Evening Work Prep
19:00-19:25	FE-3	HRF Urine Sample Collection
19:25-19:30	FE-3	HRF - Sample MELFI Insertion
19:30-21:30	<b>K3, FE-1, FE-2, FE-5, FE-6</b>	Pre-sleep
19:30-20:20	FE-3	Pre-sleep
20:20-20:35	FE-3	Private Family Conference
20:35-21:20	FE-3	Pre-sleep
21:20-21:25	FE-3	Reading REMINDER
21:25-21:30	FE-3	Reading REMINDER
21:30-06:00	.	SLEEP
<b>Task List</b>	<b>K3, FE-1, FE-2</b>	Preparation of reports for Roscosmos site
		ECON-M. Observations and Photography
		URAGAN Observations and Photography
	<b>FE-2</b>	MATRIOSHKA-R. Gathering of equipment to be returned on P-713

**Notes:**

1. See OSTPV for references to US activities.
2. Pre-sleep ops: daily food prep, dinner, pre-sleep
3. Russian crew uses US exercise equipment strictly per F24 or OSTPV