

Mated Flight Day One. Handover

GMT	CREW	ACTIVITY
18:00-18:05	FE-1-15	BIOEMULSION. Activate mixing mode
18:00-18:10	CDR, FE-1, FE-2, CDR-15, SFPVC	Morning inspection
18:05-18:10	FE-1-15	Morning inspection
18:10-18:40		Post-sleep
18:40-19:30		BREAKFAST
19:30-19:40	SFPVC	Tagup with Consultants Team via VHF1
19:30-19:45	CDR, FE-1, FE-2, CDR-15, FE-1-15	Prep for Work
19:45-20:15	SFPVC	Prep for Work
19:45-20:00	CDR, FE-1, FE-2, CDR-15, FE-1-15	Daily Planning Conference (<i>S-band</i>)
20:00-20:10	FE-1	Crew prep for PAO
20:00-20:10	FE-1-15	Prep for Work
20:00-20:15	CDR, FE-2, CDR-15	Prep for Work
20:10-20:25	FE-1	BIOEMULSION. Photography during experiment ops
20:10-20:30	FE-1-15	BIOEMULSION. KT deactivation, bioreactor retrieval and setup in CRYOGEM-03M
20:15-20:30	FE-2	HRF - replace UltraBay adaptor on laptop 1
20:25-20:40	FE-1	Installing removable HDD on RSE Laptop
20:25-20:55	SFPVC	Installing removable HDD on RSE Laptop
20:30-20:45	FE-2	HRF - replace UltraBay adaptor on laptop 2
20:35-20:45	CDR-15, FE-1-15	Crew prep for PAO
20:45-21:15	FE-1, CDR-15, FE-1-15	TV downlink for a conference with Patriarch Alexis II (To= 20:53 , T1,T2,T3 - from CПП)
20:45-21:00	CDR	Private medical conference (<i>S-band</i>)
20:50-21:00	FE-2	PAO hardware setup
21:00-21:15	CDR, FE-2, SFPVC	TV downlink for a conference with Patriarch Alexis II (To= 20:53 , T1,T2,T3 - from CПП)
21:15-21:25	FE-1-15	CONJUGATION. Removal of Recomb-K from CRYOGEM-03M
21:15-21:30	FE-1	PILLE. Gather 9 dosimeters after exposure
21:15-21:30	CDR-15	Verify ИП-1 sensor installation
21:20-21:30	CDR, FE-2, SFPVC	Crew prep for PAO
21:30-22:00		USOS PAO event (<i>S + Ku-band</i>)
22:00-22:15	FE-1-15	CONJUGATION. Process activation, setup at ambient temperature
22:00-22:15	FE-1	Private medical conference (<i>S-band</i>)
22:00-22:30	FE-2	LAB1D3 UIP Polarity Check
22:00-23:30	SFPVC	PILLE. Start Experiment. Photography
22:30-00:00	CDR	Physical Exercise (TVIS + CEVIS)
22:35-22:55	FE-1	PILLE. Assistance in sensor placement
22:40-22:45	CDR-15	Private medical conference (for the Bracelet questionnaire) (<i>VHF</i>) /

22:45-22:50	FE-1-15	
22:50-23:00	FE-2,CDR-15, FE-1-15	Crew prep for PAO
22:55-23:55	FE-1	Physical Exercise (TVIS), day 4
23:00-23:20	FE-2,CDR-15, FE-1-15	USOS PAO event
23:20-23:35	FE-2	Private Medical Conference (<i>S-band</i>)
23:30-00:30	SFPVC	MATRIX Experiment procedure review
23:50-00:00	FE-2	HRF - change Laptop 2 IP address
00:00-01:00	FE-2	Physical Exercise (RED)
00:10-00:30	FE-1, CDR-15	ISS-14 /ISS-15 Crew Handover
00:10-00:45	FE-1-15	BIOEMULSION. Removal from Soyuz Orbital Compartment, transfer and stowage in SM
00:30-00:45	CDR-15	PLAZMIDA. Removal from KUBIK AMBER and set up in Cryogem-03M (at +4 deg C)
00:30-00:45	SFPVC	MATRIX Z1. Preparations and filming using SM-HDV-U01 #01 camcorder
00:30-00:45	FE-1	PLAZMIDA. Photography of Recomb-K ops
00:45-01:00	FE-1	CONJUGATION. Photography of Recomb-K ops
00:45-01:00	FE-1-15	CONJUGATION. Complete the activation process
00:55-01:00	CDR	On MCC Go ISS O2 repress from Progress 359 CpПK (start)
01:00-02:00	.	LUNCH
02:00-02:10	FE-1-15	CONJUGATION. Setting up in Cryogem-03M at +4 degrees
02:00-02:05	CDR	ISS O2 repress from Progress 359 CpПK (terminate)
02:00-02:35	CDR-15	ISS-14 / ISS-15 Crew Handover
02:00-02:40	FE-1	БРП-М water sampling to drink bags
02:05-02:35	CDR,FE-2	Fluid sampling from the internal TCS loop
02:10-02:40	FE-1-15	БРП-М water sampling to drink bags
02:15-02:30	SFPVC	E-MAIL ops
02:35-02:55	CDR-15	БРП-М water collection to sampling containers [ЕДП]
02:35-03:20	CDR	Audit of Headset Pouch
02:35-03:05	FE-2	COЖ Maintenance
02:40-03:35	FE-1, FE-1-15	Expedition 14 / Expedition 15 crew handover
02:45-03:00	SFPVC	MATRIX Z1. Closeout ops with camcorder SM-HDV-U01 #01
02:55-03:35	CDR-15	ISS-14 / ISS-15 Crew Handover / CREW HANDOVER RECOMMENDATIONS BOOK (ПРК) items 7, 8
03:05-04:35	FE-2	Physical Exercise (TVIS)
03:20-04:20	CDR	Physical Exercise (RED)
03:20-03:35	SFPVC	MATRIX Z1. Preparations and filming using MCENT-NIP-U1-2 camcorder
03:35-04:35	FE-1, CDR-15	ODF replacement
03:35-04:35	FE-1-15	Installation of Local Temperature Sensor Switching Unit [ЛКТ] (TA251M1Б) and ROM in the Soyuz 220 Orbital Module (ЛКТ #1417726325 with ROM #1417726934, CM1PO_307_1)
04:05-04:15	SFPVC	Private conference using IP-Phone
04:25-04:40	SFPVC	VC12 HAM radio session with Seattle

04:35-04:40	CDR	Transfer of TVIS/RED/CVIS data to MEC
04:35-05:35	FE-1	LBNP Exercise (PRELIMINARY)
04:35-04:40	FE-2, CDR-15	TVIS Weekly Maintenance
04:40-05:35	CDR	LBNP – Exercise (PRELIMINARY) assistance
04:50-05:35	FE-2	Cleaning Node1 Aft Hatch Window
05:15-05:35	CDR-15	IMS Update
05:20-05:35	SFPVC	MATRIX Z1. Closeout ops with camcorder MCENT-NIP-U1-2 #01
05:35-05:45	.	Crew prep for PAO
05:45-06:00	.	Russian media PAO (<i>S + Ku-band</i>)
06:00-06:40	FE-1	Familiarization with computer network. Tagup with specialists / (<i>S-band</i>)
06:05-06:10	SFPVC	MUSCLE (LOW BACK PAIN) -Low Back Pain Questionnaire
06:05-06:20	CDR-15, FE-1-15	Private Medical Conference (<i>S-band</i>)
06:10-07:05	CDR, FE-2, SFPVC	Evening work prep
06:20-07:05	CDR-15, FE-1-15,	Evening work prep
06:40-07:05	FE-1	Evening work prep
07:05-07:20	CDR,FE-1,FE-2, CDR-15, FE-1-15	Daily Planning Conference (<i>S-band</i>)
07:20-07:50	.	DINNER
07:50-08:20	.	Daily Food Prep
08:20-09:05	.	Pre-sleep
09:05-09:15	CDR,FE-1,FE-2, CDR-15, FE-1-15	Telephone conference with leaders of Saratov Oblast (VHF1)
09:05-09:20	SFPVC	Private medical conference (<i>VHF2</i>)
09:15-09:30	FE-1,FE-2, CDR-15, FE-1-15	Pre-sleep
09:20-09:30	SFPVC	Pre-sleep
09:20-09:35	CDR	Crew discretionary conference (<i>S + Ku-band</i>)
09:30-18:00	FE-1,FE-2,CDR-15, FE-1-15, SFPVC	SLEEP
09:35-18:00	CDR	

See OSTP for references to US activities.

End of Radiogram