

**Weekly Housekeeping**

GMT	CREW	ACTIVITY
09:00-09:10		Morning Inspection
09:10-09:40		Post-sleep
09:40-10:30		BREAKFAST
11:00-13:00	CDR	4СПН1 H1 REPLACEABLE PUMP PANEL (КОБ2) R&R
	FE-1	SPHERES Saturday Science, Session 2
13:15-13:45		Weekly planning conference ( <i>S-band</i> )
13:45-13:50	FE-1	BCAT-3: camera checkout
13:50-15:20		Physical Exercise (TVIS)
15:10-16:40	CDR	Physical exercise (TVIS), day -1
15:20-16:20	FE-1	Physical Exercise (RED)
16:25-16:45		Start BSA battery charge
16:40-16:45	CDR	<b>On MCC GO</b> ISS O2 repress from Progress CpПK (start)
16:45-17:45		LUNCH
17:45-17:50	CDR	ISS O2 repress from Progress CpПK (terminate)
17:50-18:20	CDR	COЖ maintenance
18:15-18:20	FE-1	CDRA deactivation support
18:20-21:20		Weekly Housekeeping
21:20-22:20	CDR	Physical Exercise (VELO + Force Loader/Cycle 1) day 1
22:05-22:20	FE-1	Questionnaire - journal entry
22:20-22:25		O2 and CO2 monitoring
22:25-22:30		Transferring TVIS, RED, and HRM data to MEC
22:30-23:00		DINNER
23:00-23:30		Daily food prep
23:30-00:30		Pre-sleep
00:30-12:00		SLEEP
<b>Task List</b>	CDR	STATOKONIA. APT temperature check
		PULSE. Experiment ops
		Monitoring RSK1, RSE-1 hard drives

**Note:** See OSTP for references to US activities.

End of Radiogram