

Radiogram No. 7287u

Form 24 for 03/19-03/20/08

GMT	CREW	ACTIVITY
17:30-17:35	FE-1	PLASMA CRYSTAL-3 PLUS. Turbo-pump activation
17:30-17:40	FE-2-16,CDR	Morning Inspection
17:30-17:35	FE-2	Integrate Immune - FE-2 1J/A Liquid Saliva Sample Collection
17:35-17:40		Morning Inspection
17:35-17:45	FE-1	
17:40-18:10	FE-2,FE-2-16, CDR	Post-sleep
17:45-18:10	FE-1	
18:10-18:55	FE-2	BREAKFAST
18:10-19:00	FE-1,FE-2-16, CDR	
19:12-19:27	FE-2	Private Family Conference (<i>Ku + S-band</i>)
20:35-22:05	FE-1	Physical Exercise (TVIS), day 1
20:40-21:40	CDR	Physical Exercise (CEVIS)
21:40-23:10		Physical Exercise (RED)
22:10-23:10	FE-2-16	Physical Exercise (TVIS)
22:45-23:00	FE-2	Food frequency questionnaire
23:00-00:00		Physical Exercise (TVIS)
23:10-23:30	CDR	PAO Event (<i>Ku+S-band</i>)
00:00-01:00	FE-2	Physical Exercise (RED)
00:50-01:00	FE-2-16	PAO hardware setup
01:00-01:20	.	PAO Event (<i>Ku + S-band</i>)
01:30-02:30		LUNCH
02:30-02:35	CDR	DCS battery charging
02:30-02:45	FE-2-16	Food frequency questionnaire
02:45-05:00	FE-2-16,FE-2	Handover
03:00-03:15	FE-1	Verify ИП-1 Flow Meter Positions
03:15-03:55		COЖ Maintenance
03:55-04:55		Physical Exercise (VELO+RED), day 1
04:55-05:00		Transfer TVIS/RED/CEVIS/HRM data to MEC
05:00-05:30	.	Prep for Work
05:30-06:30		EVA procedure review
06:30-07:00		Prep for Work
07:00-07:30		DINNER
07:30-08:00		Daily food prep
08:00-08:45	FE-1	Pre-sleep
08:00-09:00	FE-2-16, CDR,FE-2	
08:45-08:55	FE-1	SONOCARD. Experiment (Start)
08:55-09:00		PLASMA CRYSTAL-3. Turbo-pump deactivation
09:00-17:30	.	SLEEP
Task List	FE-1	T5Y (Universal Bioengineering Thermostat). Temperature check

- Notes:**
1. See OSTP for references to US activities.
 2. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 3. **No VELO or RED Exercises (18:12 - 20:12)**

End of Radiogram