

ORLAN DRYING. CREW OFF-DUTY

GMT	CREW	ACTIVITY
02:00-02:10		Morning inspection
02:10-02:40		Post-sleep
02:40-03:30		BREAKFAST
05:45-05:55	CDR, FE-1	Removing БК-3 and battery from Orlan Telemetry Unit [БРТА] <i>DC1 comm config</i>
05:55-06:45	FE-1	Orlan feedwater bladder refill
06:45-06:55	CDR, FE-1	Orlan drying
06:55-07:25	FE-1	Monthly readings of PILLE sensors
07:25-08:55	CDR	Physical Exercise (CEVIS)
07:30-09:00	FE-1	Physical Exercise (TVIS) day 4
07:30-08:30	FE-2	Physical Exercise (RED)
08:45-08:50	FE-2	HAM radio setup
08:50-09:00	FE-2	HAM radio session
08:55-09:00	CDR	Orlan drying
09:00-10:00		LUNCH
10:00-10:30	FE-2	СОЖ Maintenance
11:00-11:10	CDR, FE-1	Orlan drying
11:10-11:40	CDR, FE-1	Orlan and БСС storage mode operation <i>Return to nominal comm reconfig</i>
11:40-12:40	FE-1	Physical Exercise (VELO + RED) day 4
12:20-13:50	FE-2	Physical Exercise (TVIS)
12:55-13:55	CDR	Physical Exercise (RED)
13:50-13:55	FE-2	Transfer TVIS/RED/CEVIS/HRM data to MEC
13:55-14:25		Weekly Planning Conference (<i>S-band</i>)
14:25-14:35	FE-2	EarthKAM -Hardware deactivation
15:00-15:15	FE-2	Private Psychological Conference (<i>Ku + S-band</i>)
15:15-15:30	CDR	Private Psychological Conference (<i>Ku + S-band</i>)
15:30-16:00		DINNER
16:00-16:30		Daily Food Prep
16:30-17:30		Pre-sleep
17:30-02:00	.	SLEEP
Task List	FE-1	ТБУ (Universal Bioengineering Thermostat). Temperature check

Note: See OSTP for references to US activities.

End of Radiogram