CREW OFF DUTY. COMMANDING CAYП OHA [HIGH-GAIN ANTENNA AUTOMATIC DRIVE CONTROL SYSTEM] FROM POSITION 2 TO POSITION 1.

GMT	CREW	ACTIVITY
	CDR,FE-5	
06:00-06:10		Morning Inspection
06:00-06:05	FE-2	REACTION Self Test
06:00-06:05	FE-4,FE-6	SLEEP Data Log Entry
06:00-06:05	FE-3	Elektron-VM Aerosol Filter Inspection
06:05-06:15	FE-3 ,FE- 4,FE-6	Morning Inspection
06:05-06:10	FE-2	SLEEP Data Log Entry
06:10-06:40	CDR,FE-5	Post-sleep
06:10-06:20	FE-2	Morning Inspection
06:15-06:45	FE-3 ,FE- 4,FE-6	Post-sleep
06:20-06:50	FE-2	Post-sleep
06:40-07:30	CDR,FE-5	BREAKFAST
06:45-07:35	FE-3 ,FE-4,FE-6	BREAKFAST
06:50-07:40	FE-2	BREAKFAST
08:05-08:15	FE-6	HAM Radio Powerup
08:10-09:25	CDR	Progress 405 and DC1 Interface Leak Check
08:15-08:45	FE-5	EVA Photo Downlink
08:15-08:25	FE-6	Set up video equipment to record ARED exercise
08:40-08:50	FE-4	FSL Tape Insertion
08:45-10:25	FE-6	CBEF Centrifuge Installation
08:45-10:15	FE-3,FE-5	EVA-25 Debrief. Tagup with specialists (S-band)
08:50-10:20	FE-4	Physical Exercise (ARED)
09:25-09:45	CDR	DC1/CY and CY/Progress-405 Transfer Hatch Opening
09:25-10:25	FE-2	Physical Exercise (CEVIS)
09:45-10:05	CDR	Installation of QD Screw Clamps on DC1/Progress 405 Interface
10:05-10:50	CDR	Progress 405 deactivation, air duct installation
10:20-11:20	FE-4	Physical Exercise T 2
10:25-11:55	FE-2	Physical Exercise (ARED)
10:45-10:55	FE-3,FE-5	БК-3 and battery removal from Orlan Telemetry Unit (БРТА)
10:55-11:55	FE-5	Orlan feedwater bladder refill
10:55-11:05	CDR	Charging Progress 406 CpΠK Section 2 with N2
10:55-11:10	FE-3	Post-EVA Medical Kit Restow
11:05-12:35	CDR	Physical Exercise (TVIS), Day 1
11:10-11:25	FE-3	Post-EVA Pille Dosimeter Reading
11:30-12:00	FE-3	БНП #3 п.1 Removal From SM [PO]. Stow in Soyuz 229
11:55-12:50	FE-2,FE- 4,FE-6	Handover
12:00-13:00	FE-3	Physical Exercise (ARED)
12:00-13:00	FE-5	Physical Exercise (VELO), Day 2

12:45-13:00	CDR	Verify ИП-1 Flow Meter Configuration
12:50-13:00	FE-6	EHS GC/DMS Ops Start
13:00-14:00	i.	LUNCH
14:00-14:10	FE-3,FE-5	Orlan-MK Drying
14:00-15:00	FE-2	EVA Tool Config
14:00-14:15	CDR	Private Medical Conference (Ku+S-band)
14:00-15:30	FE-4	EVA Tool Config
14:05-14:10	FE-6	CGBA 5 Bioprocessor Status Check
14:10-14:45	FE-6	WHC ЕДВ-СВ Manual Fill
14:10-14:20	FE-3	Set up the first Orlan-MK battery pack 825M3 for discharge and start discharging the first pack
14:20-15:00	FE-3	СОЖ Maintenance
14:25-14:30	CDR	On MCC GO ISS N2 Repress from Progress 406 CpΠK Section 2 (start)
14:45-15:00	FE-5	Post-EVA Private Medical Conference (Ku+S-band)
15:00-15:15	FE-3	Post-EVA Private Medical Conference (Ku+S-band)
15:15-16:45	FE-6	Physical Exercise (ARED)
15:15-16:45	FE-3	Physical Exercise (TVIS), Day 2
15:30-15:45	FE-2	Private Medical Conference
15:30-15:35	CDR	ISS N2 repress from Progress 406 CpΠK Section 2 (terminate)
15:40-16:40	CDR	Progress 405 Docking Mechanism Removal
16:00-16:10	FE-2,FE-4	Installation of REBA batteries
16:10-16:25	FE-2,FE-4	REBA powered equipment test
16:10-16:15	FE-5	Orlan-MK Drying
16:25-16:55	FE-2,FE-4	SAFER Checkout
16:30-18:00	FE-5	Physical Exercise (TVIS), Day 2
16:45-17:45	FE-6	Physical Exercise T 2
16:45-17:45	CDR	Physical Exercise (VELO), Day 1
16:55-17:10	FE-4	Private Psychological Conference
16:55-17:50	FE-2	MELF3 Hardware Checkout
17:45-17:55	FE-6	T2 Snubber Arm Inspection
18:00-18:05	FE-6	Terminate EHS GC/DMS Ops
18:05-18:20	FE-6	Private Psychological Conference
18:15-18:25	FE-3,FE-5	Orlan-MK Drying
18:20-18:45	CDR,FE-2, FE-4,FE-6	Evening Work Prep
18:25-18:45	FE-3,FE-5	Evening Work Prep
18:40-18:45	FE-3	Elektron-VM Aerosol Filter Inspection
18:45-19:10		Daily Planning Conference (S-band)
19:10-19:40	FE-3,FE-5	Setting up Orlan and BCC for storage mode
19:10-19:30	CDR,FE-2, FE-4,FE-6	Evening Work Prep
19:30-19:35	FE-2	REACTION Self Test
19:30-21:20	CDR	Pre-sleep
19:30-21:30	FE-4	Pre-sleep

19:30-19:35	FE-6	MPC Power Up
19:35-21:25	FE-6	Pre-sleep
19:35-21:30	FE-2	Pre-sleep
19:40-21:30	FE-3,FE-5	Pre-sleep
21:20-21:30	CDR	SONOCARD Experiment Start
21:25-21:30	FE-6	MPC Power Down
21:30-06:00	-	SLEEP
Task List	CDR	IMS Update

Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
 See OSTP for references to US activities
 Pre-sleep ops: dinner, daily food prep, evening toilet
 End of Radiogram