

Radiogram No. 2237u  
**Weekly Housekeeping**

Form 24 for 01/30/10

GMT	CREW	ACTIVITY
06:00-06:10	CDR, <b>FE-1</b> , FE-5, FE-6	Morning Inspection
06:00-06:05	<b>FE-4</b>	Elektron-VM Aerosol Filter Inspection
06:05-06:10	<b>FE-4</b>	Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-10:30	CDR, FE-5, FE-6	Weekly Housekeeping
07:30-10:30	<b>FE-1, FE-4</b>	Weekly Housekeeping. SM Ventilation Subsystem Preventive Maintenance, Group E; Cleaning FGB ЦБ2 ФГБ / MO, Book 1, 1.2.1, pp. 1-2
10:30-12:00	CDR	Physical Exercise (ARED)
11:00-12:00	FE-6	Physical Exercise T 2
12:00-13:00	CDR	Physical Exercise T 2
12:00-13:30	FE-6	Physical Exercise (ARED)
12:00-13:30	<b>FE-1</b>	Physical Exercise (TVIS), Day 4
12:30-13:30	FE-5	Physical Exercise (CEVIS)
13:00-13:10	CDR	CIR Alignment Guide Installation
13:10-13:25	CDR	Food Frequency Questionnaire
13:10-13:30	<b>FE-4</b>	Vozdukh deactivation
13:30-14:30		LUNCH
14:30-15:00		Weekly Planning Conference (S-band)
15:05-15:35	<b>FE-1</b>	Installation of Vozdukh Vacuum Pump Control Unit (BY BH) (on <b>MCC Go</b> install TLM cnctr)
15:15-16:15	FE-6	Take Velocicalc readings in the specified locations
15:35-17:05	FE-5	Physical Exercise (ARED)
15:40-16:00	<b>FE-4</b>	Vozdukh Activation
16:00-17:30	<b>FE-4</b>	Physical Exercise (TVIS), Day 1
16:20-16:40	FE-6	BIOLAB and gloves leak check with BIOLAB off
17:00-17:05	CDR	SSC File Server Reboot
17:05-17:20	FE-5	Vol Sci MWA Relocation
17:10-17:20	CDR	Station Support Computer (SSC) File Server Reboot
17:20-18:10	FE-5	Marangoni Deformation (MD) Core Setup
17:30-17:35	CDR	OCA SSC Router Reboot
17:30-18:30	<b>FE-4</b>	Physical Exercise (VELO), Day 1
17:40-18:00	CDR	EPO (PL) Demonstration Procedure Review
18:00-18:15	CDR	Educational Payload Ops (EPO) Camcorder Set Up
18:10-18:20	<b>FE-1</b>	Monitoring Secondary Combustion Unit Temperature After Elektron Activation
18:10-19:30	FE-5	Marangoni Deformation (MD) Leak Check
18:15-18:40	CDR	Educational Payload Operations (EPO) Centripetal Force and Acceleration Demo
18:30-19:30	<b>FE-1</b>	Physical Exercise (ARED)

18:30-18:35	<b>FE-4</b>	Elektron-VM Aerosol Filter Inspection
18:40-18:50	CDR	Post-EPO Hardware Stow
18:55-19:00	CDR	MPC Power on
19:25-19:30	CDR	MPC Power off
19:30-21:30		Presleep (dinner, daily food prep, evening toilet)
21:30-06:00		SLEEP
<b>Task List</b>	<b>FE-1, FE-4</b>	ECON. Observations and Photography
		URAGAN. Observations and Photography

**Notes:**

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
2. See OSTP for references to US activities

End of Radiogram