TIME	CREW	ACTIVITY
06:00-06:10	CDR	Morning Inspection Laptop RS2(1) Reboot
06:00-06:10	FE-2	Morning Inspection Reboot Laptop RSS1, RSS2
06:00-06:10	FE-4	Morning Inspection БРИ Temperature Monitoring
06:00-06:10	FE-3,FE-5,FE-6	Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30	CDR,FE-2 , FE-3,FE-5,FE-6	BREAKFAST
06:40-07:30	FE-4	BREAKFAST SM ΠCC (Caution & Warning Panel) Test
07:30-07:35	FE-5	Reminder to crew about applicable constraints for the Skin B experiment
09:10-09:25	FE-5	Private Family Conference
09:50-10:00	FE-3	ARED – Flywheel Cylinder Evacuation
10:00-11:30	FE-3	ARED Exercise
10:00-11:00	FE-4	VELO Exercise, Day 3
10:30-11:30	FE-6	T2 Exercise
11:00-12:10	FE-2	VELO Exercise, Day 3
11:30-12:30	FE-3	T2 Exercise
11:30-13:00	FE-6	ARED Exercise
12:00-13:00	CDR	БД-2 Exercise, Day 4
13:00-14:00		LUNCH
14:00-14:40	FE-2	СОЖ Maintenance. SM and FGB CBO, СГО, СПКУ АСУ Counter, POTOK Air Purification System Data Call down
14:05-14:20	FE-6	Private Family Conference
15:30-17:00	CDR	ARED Exercise
15:45-17:05	FE-2	БД-2 Exercise, Day 3
15:50-16:05	FE-3	Private Family Conference
16:05-17:05	FE-5	CEVIS Exercise
17:05-18:35	FE-4	БД-2 Exercise, Day 3
17:05-18:35	FE-5	ARED Exercise
18:35-19:05		Evening Work Prep
19:05-19:15		Pre-sleep
19:15-19:40		Daily Planning Conference (S-band)
19:40-21:30	CDR,FE-2,FE-4 , FE-5,FE-6	Pre-sleep
19:40-21:25	FE-3	Pre-sleep
21:25-21:30	FE-3	REMINDER Reading
21:30-06:00		SLEEP

Task List	CDR,FE-2,FE-4	URAGAN. Observations and Photography
		Preparation of reports for Roskosmos site
		ECON-M. Observations and Photography
		SEINER Ocean Observations

Примечания:

- 1. SM Window No. 9 shutter opening is at crew discretion w/ Report to MCC
- 2. See OSTPV for references to US activities
- 3. Pre-sleep ops: daily food prep, dinner, pre-sleep
- 4. Russian crew uses US exercise equipment strictly per F24 or OSTPV
- **5. Do not use ISS RS windows at 05:25- 05:40**, **01:20- 01:35**, **04:35- 04:50** End of Radiogram