

**Suit Drying. Post-EVA Crew Off Duty**

GMT	CREW	ACTIVITY
06:00-06:10		Morning Inspection
06:10-06:40		Post-Sleep
06:40-07:30		Breakfast
07:30-07:50		Work Prep
07:50-08:05		Daily Planning Conference ( <i>S-band</i> )
08:05-08:15		Work Prep
08:20-09:00		EVA Debrief. <i>Tagup w/specialists. (S-band)</i>
09:00-10:30	CDR	Physical Exercise – RED
09:00-10:30	FE-1	Physical Exercise – TVIS – Day 1
10:30-10:40		EK-3 and Storage Battery Removal from BPTA
10:40-11:30	FE-1	Orlan Water Tank Servicing
11:30-11:40		Orlan Drying
11:40-11:50	FE-1	UROLUX Hardware Stowage
11:50-12:05	FE-1	Post EVA PILLE Dosimeter Reading
12:20-12:30	FE-1	MICROSPACE. Transfer of Kits 1 (b/c 00037340R) and 2 (00037341R) from SM to CO1LHC_23_203
12:30-12:40	FE-1	CRYOGEM-03M. Transfer from SM to DC1
12:40-13:40		LUNCH
13:40-13:45	FE-1	Orlan Drying
13:45-14:15	CDR	US ODF and Crew Safety Kit Transfer to RS
14:15-14:55	CDR	USOS TCS Reconfig Post-EVA
14:25-14:50	FE-1	Elektron Gas Analyzer Test Mode Termination
14:50-15:20	FE-1	EDV-CB Servicing from EDV
15:00-15:15	CDR	Private Medical Conference ( <i>S + Ku-band</i> )
15:15-15:45	CDR	COX Maintenance
15:45-15:55		Orlan Drying
15:55-16:25		Orlan and ECC Deactivation for Storage
16:25-16:30	CDR	HAM Hardware Setup
16:30-16:40	CDR	HAM Radio Pass
16:45-17:00	FE-1	Private Medical Conference ( <i>S + Ku-band</i> )
17:05-17:20		Daily Planning Conference ( <i>S-band</i> )
17:20-18:20	CDR	Physical Exercise – TVIS
17:20-17:25	FE-1	Weekly TVIS Maintenance
17:30-18:30	FE-1	Physical Exercise (VELO + FL1) – Day 1
18:20-18:25	CDR	Weekly TVIS Maintenance
18:25-18:30	CDR	TVIS, RED, and HRM Data Transfer to MEC
18:30-19:00		Daily Plan Review
19:00-19:30		Report Prep
19:30-20:00		DINNER
20:00-20:30		Food Prep
20:30-21:30		Pre-Sleep
21:30-06:00		SLEEP

**Note:** See OSTP for references to US activities

End of Radiogram