Form 24 for 12/01/2012

Radiogram No. 0913u Form Weekly Housekeeping. CREW OFF DUTY

TIME	CREW	ACTIVITY
06:00-06:05	CDR	Reaction Self Test
06:00-06:10	FE-2	Morning Inspection. RSS1, RSS2 Reboot
06:00-06:10	FE-1	Morning Inspection. Visual Inspection of Circuit Breakers [A3C] on DC Power Switch Panel (БВП) and Fuses on Fuse Boxes 30, 36 Reboot Laptop RS2(1)
06:05-06:10	CDR	Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30	FE-2, CDR	BREAKFAST
06:40-07:30	FE-1	BREAKFAST. SM ПСС (Caution & Warning Pane)] Test (after breakfast)
07:30-10:30	FE-1	Weekly Housekeeping
07:30-10:10	FE-2	SM Ventilation Subsystem Preventive Maintenance, Group E FGB ЦВ2 Fan Cleaning Inspection of Air Conditioner
07:30-10:30	CDR	Weekly Housekeeping
10:30-11:30	FE-2	Physical Exercise (VELO), Day 1
10:30-10:35	CDR	CGBA Status Check
10:40-11:40	CDR	Physical Exercise (TVIS)
11:30-11:45	FE-2	Private Family Conference (S + Ku-band, S/G2, S/G1- backup)
11:40-12:55	FE-1	Physical Exercise (TVIS), Day 2
11:40-13:10	CDR	Physical Exercise (ARED)
12:30-12:50	FE-2	Weekly Housekeeping Cleaning SM and FGB Potok-150MK Air Purification System Pre-filters
13:10-13:40		Weekly Planning Conference (S-band)
13:40-14:40		LUNCH
14:40-14:50	CDR	Food Frequency Questionnaire
14:50-15:05	CDR	Journal Entry (CDR)
14:50-15:05	FE-1	Private Psychological Conference (VHF)
15:05-15:45	FE-1	СОЖ Maintenance
16:25-16:40	FE-2	Private Psychological Conference (VHF)
16:40-18:10	FE-2	Physical Exercise (TVIS), Day 1
17:30-18:45	FE-1	Physical Exercise (ARED)
19:30-21:25	CDR	Pre-sleep
19:30-21:30	FE-1, FE-2	Pre-sleep
21:25-21:30	CDR	Reaction Self Test
21:30-06:00		SLEEP
Task List	FE-1, FE-2	ECON-M. Observations and photography
		SEINER Ocean Observations
		URAGAN Observations and Photography

Preparation of reports for Roskosmos site
reparation of reports for resolution site

Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
 See OSTP for references to US activities.

- 3. Pre-sleep ops: Dinner, Daily food prep, pre-sleep)4. Russian crew uses US exercise equipment strictly per F24 or OSTPV End of Radiogram