SM Terminal Computer (TBM) and SM Central Computer (LBM) Complete Reprogramming

| GMT | CREW | ACTIVITY |
|-------------|-------------|---|
| 06:00-06:10 | | Morning inspection |
| 06:10-06:40 | | Post-sleep |
| 06:40-07:30 | | BREAKFAST |
| 07:30-07:55 | FE-1 | Work prep |
| 07:30-08:00 | CDR, FE-2 | Work prep |
| 07:55-08:00 | FE-1 | PLANTS-2. Payload status check |
| 08:00-08:15 | | Daily planning conference (S-band) |
| 08:15-11:15 | FE-1 | Cable installation/connector config (TMO). Tagup w/ ground specialists (S-band) |
| 08:15-11:15 | CDR, FE-2 | TCS-MTL PUMP-R/R |
| 11:15-12:45 | CDR | Physical exercise RED |
| 11:15-11:25 | FE-1 | Replacement of CO2 filter unit (БΦ) in ИК0501 (the new one, number 054 is in FGB1ΠΓO_2_213_1) |
| 11:15-11:25 | FE-2 | Glove Box (MSG): troubleshooting |
| 11:30-12:30 | FE-1 | Physical exercise (VELO + Load Trainer 1, day 1) |
| 11:45-12:30 | FE-2 | Monthly TVIS maintenance |
| 12:30-13:30 | FE-1, FE-2 | LUNCH |
| 12:45-13:45 | CDR | |
| 13:30-14:35 | FE-1 | SM ventilation system preventive maintenance. Group A |
| 13:30-13:40 | FE-2 | Glove Box (MSG): troubleshooting |
| 13:45-14:00 | CDR | Scheduled RED inspection |
| 14:00-14:40 | FE-2 | СОЖ maintenance |
| 14:20-14:35 | CDR FE-1 | Private medical conference (S-band) |
| 14:35-14:50 | | |
| 14:40-15:10 | CDR | Thermal control system (ITCS) sampling |
| 14:40-14:45 | FE-2 | Glove Box (MSG): troubleshooting |
| 15:00-15:15 | | Private medical conference (S-band) |
| 15:15-15:20 | | Glove Box (MSG): troubleshooting |
| 15:20-15:30 | CDR | Setup for PAO event |
| 15:30-15:40 | CDR,FE-2 | Prep for PAO event |
| 15:40-16:00 | | PAO event: Indianapolis and Silverton TV channels (S +Ku-band) |
| 15:40-16:10 | FE-1 | TMO hard disk installation |
| 16:00-17:00 | CDR | Physical exercise CEVIS |
| 16:00-17:00 | FE-2 | Physical exercise TVIS |
| 16:10-16:40 | FE-1 | IMS file prep |

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| 16:40-17:10 | | Daily plan review |
| 17:00-18:00 | CDR | FOOT: setup |
| 17:00-17:05 | FE-2 | Glove Box (MSG): troubleshooting |
| 17:05-18:35 | | Physical exercise – RED |
| 17:10-18:40 | FE-1 | Physical exercise (TVIS)-1 |
| 18:00-18:30 | CDR | FOOT EMG calibration prep |
| 18:30-18:45 | | Daily plan review |
| 18:40-18:45 | FE-1 | Weekly TVIS maintenance |
| 18:35-18:40 | FE-2 | Glove Box (MSG): troubleshooting |
| 18:40-18:50 | | Daily plan review |
| 18:45-18:55 | CDR, FE-1. FE-2 | Report prep |
| 18:50-18:55 | | |
| 18:55-19:10 | | Daily planning conference (S-band) |
| 19:10-19:30 | | Report prep |
| 19:30-20:00 | | DINNER |
| 20:00-20:30 | | Daily food prep |
| 20:30-21:30 | | Pre-sleep |
| 21:30-06:00 | | SLEEP |

Note: See OSTP for references to US activities End of radiogram