

LBNP Exercise. CYBA CABLE REMOVAL FROM THE RS

TIME	CREW	ACTIVITY
06:00-06:10	CDR	Morning Inspection. SM ПСС (Caution & Warning Panel) Test Inspection of CM-Y connector on MHP-HC separator pump behind ACY panel 139
06:00-06:10	FE-2	Morning Inspection. Laptop RS1(2) Reboot
06:00-06:05	FE-3	PROK - Urine Sample Collection
06:00-06:10	FE-4	Morning Inspection. RSS1,2 Reboot
06:00-06:10	FE-5,FE-6	Morning Inspection
06:05-06:10	FE-3	Morning Inspection
06:10-06:20	CDR	Calf Volume Measurement
06:10-06:20	FE-2	MO-8. Setup
06:10-06:35	FE-3	Post-sleep
06:10-06:25	FE-4	Post-sleep
06:10-06:40	FE-5	Post-sleep
06:10-06:45	FE-6	Post-sleep
06:20-06:25	CDR	Body Mass Measurement
06:20-06:30	FE-2	Calf Volume Measurement
06:25-06:50	CDR	Post-sleep
06:25-06:30	FE-4	Body Mass Measurement
06:30-06:35	FE-2	Body Mass Measurement
06:30-06:40	FE-4	Calf Volume Measurement
06:35-06:40	FE-3	Body Mass Measurement
06:35-06:50	FE-2	Post-sleep
06:40-07:30	FE-3, FE-4	BREAKFAST

06:40-06:45	FE-5	Body Mass Measurement
06:45-07:30	FE-5	BREAKFAST
06:45-06:50	FE-6	Body Mass Measurement
06:50-07:30	CDR ,FE-6	BREAKFAST
06:50-07:00	FE-2	MO-8. Cleanup
07:00-07:30	FE-2	Post-sleep
07:30-07:50	.	Daily Planning Conference (<i>S-band</i>)
07:50-08:35	FE-2	BREAKFAST
07:50-08:15	FE-3,FE-6	Work Prep
07:50-08:30	FE-5	MSL-GAS. Gas Supply Drawer Exchange
07:55-08:10	FE-4	Makita drill battery capacity check - equipment prep
08:05-08:25	CDR	Work Prep
08:10-08:15	FE-4	Install Makita drill battery for discharge
08:15-09:45	FE-3	ARED Exercise
08:15-08:40	FE-4	Monitor Makita drill battery discharge
08:15-08:25	FE-6	ANISO - Rack Hub Deactivation.
08:25-09:45	CDR	VIRTUAL. Setup, Conduct Experiment and Closeout Ops
08:25-08:40	FE-6	ANISO - Closeout Ops
08:35-08:45	FE-2	CASKAD. Manual Mixing in Bioreactor
08:40-08:45	FE-4	End Makita Battery discharge, Remove battery from the drill
08:40-08:45	FE-6	G1 - Camcorder Setup
08:45-09:45	FE-2,FE-4	Removal and pre-packing of CYBA cables for disposal from RS. <i>Tagup with specialists (as necessary)</i>
08:45-09:15	FE-6	HICARI - Cartridge Removal
09:15-10:00	FE-6	HICARI - Cartridge Installation

09:45-10:40	CDR FE-2 assist	LBNP Exercise (PRELIMINARY) / <i>Tagup with specialists</i>
09:45-10:45	FE-3	T2 Exercise
09:45-09:50	FE-4	Install Makita drill battery for charging
10:00-10:05	FE-4	Monitor Makita drill battery charge
10:00-10:05	FE-6	G1 - Closeout Ops
10:05-11:35	FE-6	ARED Exercise
10:10-11:20	FE-5	ZSR rack bags audit
10:15-10:20	FE-4	Monitor Makita drill battery charge
10:30-10:35	FE-4	Monitor Makita drill battery charge
10:45-11:40	FE-2 CDR assist	LBNP Exercise (PRELIMINARY) / <i>Tagup with specialists</i>
10:45-10:50	FE-4	Monitor Makita drill battery charge
11:00-11:05	FE-4	Monitor Makita drill battery charge
11:15-11:20	FE-4	End Makita drill battery charge, log charge time into the table, remove battery from the charger
11:20-12:50	FE-3	RWS-LAB - Jumper Cable Reconfig
11:20-11:35	FE-4	Makita drill battery capacity monitoring. Closeout Ops
11:20-12:20	FE-5	T2 Exercise
11:35-13:00	FE-4	БД-2 Exercise, Day 3
11:35-13:10	FE-6	Microbial analysis T + 5
11:40-12:00	CDR,FE-2	Conference of Search and Rescue (ГПСК) specialists with returning crew. <i>Tagup with specialists</i>
12:00-12:20	CDR,FE-2	GREAT START. Script Review. <i>Tagup with specialists (as necessary)</i> 4927 , 4928
12:20-13:00	CDR	COЖ Maintenance
12:30-13:00	FE-5	WRS Sample Collection
12:45-13:00	FE-2	Exercise data downlink

12:50-13:00	FE-3	PROK Diet Logging (Day 1)
13:00-13:10	FE-5	TOCA Potable Water Dispenser (PWD) Sample Analysis
13:00-14:00	CDR,FE-2, FE-3,FE-4	LUNCH
13:10-14:10	FE-5,FE-6	LUNCH
14:00-14:20	CDR	On MCC Go Elektron-VM Purge After Activation
14:00-16:00	FE-2,FE-4	Removal and pre-packing of CYBA cables for disposal from RS. <i>Tagup with specialists (as necessary)</i>
14:00-14:10	FE-3	CIR - Hardware Teardown
14:10-14:30	FE-3	FIR - Hardware Checkout, Rack Doors Open. Video Recording
14:10-14:20	FE-5	MSL-GAS. Gas Supply Drawer Exchange
14:10-17:40	FE-6	IFM. Crew Quaters (CQ) Overhead Cleaning
14:20-15:45	FE-5	Potable Water Collection in SM for In-Flight Chemical and Microbial Analysis
14:30-14:40	FE-3	LMM - Module Rotation To Service Position and Video Recording
14:40-17:55	FE-3	Petri config from CVB
15:10-15:30	CDR	IMS Update
15:30-16:00	CDR	SPLANH. Experiment Setup
16:00-17:30	CDR,FE-4	Video Footage for Gagarin-80 documentary
16:00-17:00	FE-2	
16:00-16:30	FE-5	Crew Discretionary Conference
16:30-18:00	FE-5	ARED Exercise
17:00-17:50	FE-2	Evening Work Prep
17:30-19:00	CDR	БД-2 Exercise, Day 3
17:35-18:35	FE-4	VELO Exercise, Day 3
17:40-18:40	FE-6	T2 Exercise
17:50-18:00	FE-2	CASKAD. Manual Mixing in Bioreactor
18:00-19:10	FE-2	ARED Exercise

17:55-18:05	FE-3	LMM - Module Rotation to Operation Position. Video Recording
18:00-18:55	FE-5	WMK In-Flight Water Processing
18:05-18:20	FE-3	FIR Rack Door Close
18:35-19:10	FE-4	Evening Work Prep
18:40-19:10	FE-6	Evening Work Prep
18:50-19:05	FE-3	NanoRacks Ops
18:55-19:00	FE-5	TOCA 2 Data Recording
19:00-19:10	CDR,FE-5	Evening Work Prep
19:05-19:10	FE-3	Evening Work Prep
19:10-19:30	.	Daily Planning Conference (<i>S-band</i>)
19:30-21:30	.	Pre-sleep
21:30-06:00	.	SLEEP
Task List	CDR,FE-2, FE-4	Preparation of reports for Roscosmos site / r/g
		ECON-M. Observations And Photography

Notes:

1. SM Window No. 9 shutter opening is at crew discretion w/ **Report to MCC** 2. Pre-sleep ops: daily food prep, dinner, pre-sleep

3. See OSTPV for references to US activities.

4. Russian crew uses US exercise equipment strictly per F24 or OSTPV

End of Radiogram