

CREW OFF DUTY

GMT	CREW	ACTIVITY
10:00-10:10	.	Morning inspection
10:10-10:40	.	Post-sleep
10:40-11:30	.	BREAKFAST
13:35-14:35	CDR	Physical Exercise (RED)
13:40-13:55	FE-1	Motorola phone charging: setup, start charge. <i>Tagup with specialists (as necessary) (S-band)</i>
14:10-14:15		Motorola phone charging - status check
14:30-14:35		
14:35-15:35	FE-2	Physical Exercise (RED)
14:50-14:55	FE-1	Motorola phone charging - status check
14:55-15:05		Motorola phone charging - terminate charge, cleanup
15:05-16:35		Physical Exercise (TVIS) day 1
16:35-16:50		Private Psychological Conference (VHF)
17:15-18:15	.	LUNCH
18:40-18:55	FE-2	Private family conference (S + Ku-band)
19:15-19:45	FE-2	COX maintenance
19:45-21:15	FE-2	Physical Exercise (TVIS)
19:45-21:15	CDR	Physical Exercise (CEVIS)
21:15-22:15	FE-1	Physical Exercise (VELO+RED) day 1
22:15-23:00	.	Evening work prep
23:00-23:15	.	Daily Planning Conference (S-band)
23:15-23:30	.	Evening work prep
23:30-00:00	.	DINNER
00:00-00:30	.	Daily Food Prep
00:30-01:30	.	Pre-sleep
01:30-10:00	.	SLEEP
Task List	FE-1	PLANTS-2. Payload status check
		TBY (Universal Bioengineering Thermostat). Temperature check
		DIATOMEA. World Ocean Observations

See OSTP for references to US activities.

End of Radiogram