

Radiogram No. 1881u

Form 24 for 12/12/09

CREW OFF DUTY

GMT	CREW	ACTIVITY
06:00-06:05	FE-1	Elektron-VM Aerosol Filter Inspection
06:00-06:20	CDR	Nutrition and Repository Urine Collection
06:05-06:15	FE-1	Morning Inspection
06:15-06:45	FE-1	Post-sleep
06:20-06:30	CDR	Nutrition and Repository MELFI Urine Sample First Insertion
06:30-06:40	CDR	Post-sleep
06:40-07:30	CDR	BREAKFAST
06:45-07:35	FE-1	BREAKFAST
07:30-07:35	CDR	SLEEP Data Log Entry
07:35-10:35	FE-1	Weekly Housekeeping. SM Ventilation Subsystem Preventive Maintenance, Group E; Cleaning FGB LJB2 ventilation System
07:35-09:15	CDR	Weekly Housekeeping
09:15-09:20	CDR	HAM Radio Setup
09:20-09:30	CDR	HAM Radio Session
09:30-10:35	CDR	Weekly Housekeeping
10:35-11:35	CDR	Physical Exercise T 2
10:40-10:55	FE-1	Private Family Conference (<i>Ku + S-band</i>)
11:35-13:05	CDR	Physical Exercise (ARED)
11:35-13:05	FE-1	Physical Exercise (T2) day 3
13:05-13:10	CDR	APXC Status Monitoring
13:10-13:40		Weekly planning conference
13:40-14:40		LUNCH
14:40-15:30	CDR	SSC. Station Support Computer Wireless Client Registration
15:30-16:10	CDR	Emergency Book Pen and Ink Change
16:10-16:30	CDR	Retrieving T2 long duration test data
16:20-17:00	FE-1	COX Maintenance
16:30-16:40	CDR	Retrieving ARED Long Duration Test Data
16:40-16:50	CDR	MELFI - N2 pressure check
16:50-17:00	CDR	MELFI - N2 pressure check
17:00-17:10	CDR	OpsLAN Reload Procedure Cleanup
17:00-18:00	FE-1	Physical Exercise (VELO), day 3
17:10-17:25	CDR	Private Family Conference
17:25-17:45	CDR	Nutrition and Repository Urine Collection
17:45-17:50	CDR	Nutrition and Repository Urine Sample MELFI Insertion
18:30-18:50	CDR	Nutrition and Repository Urine Collection
18:50-18:55	CDR	Nutrition and Repository Urine Sample MELFI Insertion
19:25-19:30	FE-1	Elektron-VM Aerosol Filter Inspection
19:25-19:30	CDR	Transfer TVIS, CEVIS, and HRM data to MEC
19:30-21:05	CDR	Pre-sleep
19:30-21:30	FE-1	Pre-sleep

21:05-21:25	CDR	Nutrition and Repository Urine Collection
21:25-21:30	CDR	Nutrition and Repository Urine Sample MELFI Insertion
21:30-06:00		SLEEP
Task List	FE-1	Audit of MRM2 K1 and K2 Bags
		URAGAN. Observations and Photography
		ECON. Observations and Photography
		Removable Cassette Container [CKK]. Cassette Photography

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep: dinner, daily food prep, evening toilet
- End of Radiogram