

CREW OFF-DUTY

GMT	CREW	ACTIVITY
06:00-06:10	.	Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
10:45-10:55	CDR	Scopmeter battery charge
11:10-12:40		Physical Exercise (RED)
	FE-1	Physical exercise (TVIS), Day 2
13:00-14:00	.	LUNCH
14:00-14:30	FE-1	COX maintenance / <i>CBO, CП data calldown</i>
15:35-16:35	CDR	Physical Exercise (TVIS)
16:35-17:05	.	Daily plan review
17:05-17:20		Daily planning conference (<i>S-band</i>)
17:20-17:50		Report prep
17:50-18:50	FE-1	Physical exercise (TVIS), Day 2
18:25-18:35	CDR	Search for MEC hard drive
18:35-19:15		MEC computer S/W upgrade
19:15-19:30		Private psychological conference (<i>S-band</i>)
19:30-20:00	.	DINNER
20:00-20:30		Daily food prep
20:30-20:45	CDR	Private family conference (<i>Ku + S-band</i>)
20:30-21:30	FE-1	Pre-sleep
20:45-21:30	CDR	
21:30-06:00	.	SLEEP
Task list	FE-1	PLANTS-2. Payload status check
		TP2 hard drive monitoring

Note: See OSTP for references to US activities.

End of radiogram