1-burn Reboost on 8 Progress No. 248 Thrusters (SM(+"X")) (Method 1)

GMT	CREW	ACTIVITY	
06:00-06:10		Morning inspection	
06:10-06:40		Post-sleep	
06:40-07:30		BREAKFAST	
07:30-08:00		Prep for work	
08:05-08:20		Daily planning conference (S-band)	
08:20-09:20	FE-1	ESTER – set up (lens – 400 mm)	
08:40-09:00	CDR	CRYOGEM: installation and test activation of Cryogem-03M hardware	
09:00-10:30	CDK	Physical exercise (TVIS – 3)	
09:20-10:35	FE-1	Physical exercise (CEVIS)	
10:30-10:40	CDR	CRYOGEM: Cryogem-03M hardware deactivation	
10:35-12:05	FE-1	EPO: procedure review for payload presentation	
10:45-11:10		MOLNIYA-SM: LSO hardware assembly	
11:10-11:30	CDR	MOLNIYA-SM: hardware assembly	
11:30-12:05		СОЖ maintenance	
12:05-12:15	FE-1	Daily payload status check for Expedition 7	
12:05-12:15	CDR	PAO setup	
12:15-12:25		Prep for PAO event	
12:25-12:45		PAO event dedicated to NASA 45 th anniversary (Ku + S-band)	
12:45-13:45		LUNCH	
13:45-13:50	CDR	DVCAM (DSR PD-1P) battery charge setup	
13:45-13:50	FE-1	MSG: activation	
13:50-15:10	CDR	M34-22 unit removal (YBB-3 input/output device) (panel 308)	
13:50-15:50	FE-1	PFMI: stowage ops	
15:10-17:25	CDR	M34-21 unit removal (УВВ-1 input/output device), system power panel ΠΠС 134, and structure elements (panel 308) removal, photo imaging.	
15:50-16:25	FE-1	PromISS 2 – setup 1	
16:25-16:30		MSG glove box: power down	
16:30-17:00		ISSI: computer-based training	
17:00-18:15		Physical exercise (RED)	
17:25-17:30	CDR	DVCAM (DSR PD-1P) battery charge closeout ops	
17:30-17:35		Status check of circuit breakers (A3C) on DC-1 panel $\ensuremath{BB\Pi}$ and fuses in DC-1 $\ensuremath{B\Pi\Pi}$ fuse box panels	
17:35-18:35		Physical exercise (VELO + Load Trainer – 1 / day 3)	
18:15-18:45	FE-1	Daily plan ravious	
18:35-18:45	CDR	Daily plan review	
18:45-19:00		Prep for work	
19:00-19:15		Daily planning conference (S-band)	
19:15-19:30		Prep for work	
19:30-20:00		DINNER	
20:00-20:30		Daily food prep	

20:30-21:30	Pre-sleep	
21:30-06:00	SLEEP	

Note: See OSTP for references to US activities

End of radiogram