

Radiogram 8221u

Form 24 for 06/15..04

Disable/Enable БД-CY Mode and БМTC Power On/Off

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:20	CDR	MO-8. System set up
06:10-06:20	FE-1	Calf volume measurement
06:20-06:30	CDR	
06:20-06:35	FE-1	Body mass measurement
06:35-07:05		Post-sleep
06:35-06:50	CDR	Body mass measurement
06:50-07:20		Post-sleep
07:05-07:55	FE-1	Breakfast
07:20-08:10	CDR	
07:55-08:05	FE-1	MO-8. Closeout ops
08:05-08:30	FE-1	Prep for work
08:10-08:35	CDR	
08:30-08:35	FE-1	Food log entry
08:35-08:50		DPC (<i>S-band</i>)
08:50-09:00	CDR	Food log entry
08:50-09:35	FE-1	TVIS monthly maintenance
09:05-09:20	CDR	Regeneration of БМП cartridge Ф2 (end)
09:20-10:50		Condensate evacuation from non-running CKB-2
09:35-10:35	FE-1	Physical Exercise (TVIS)
10:35-12:05		Physical Exercise (RED)
10:50-11:05	CDR	Private medical conference (<i>S-band</i>)
11:05-12:05		Physical Exercise (VELO + Force Loader/cycle 1) day 3
12:05-13:05		LUNCH
13:05-13:10	FE-1	Food log entry
13:05-13:15	CDR	Condensate evacuation from running CKB-2
13:10-13:25	FE-1	RED maintenance
13:15-14:35	CDR	Installation of Navigation Receiver Module (НПМ). <i>Tagup with specialists (S-band)</i>
13:45-14:05	FE-1	Download of new S/W to EXPRESS rack 5 controller (start)
14:10-14:25		PMC (<i>S-band</i>)
14:25-14:35		TEPC relocate
14:35-14:45	CDR	On MCC go: НПМ telemetry connector re-mate
14:35-14:45	FE-1	Download of new S/W to EXPRESS rack 5 controller (end)
14:45-14:50	CDR	Closeout ops with НПМ
14:45-14:50	FE-1	EXPRESS rack 5. Power off
14:50-15:15	CDR	COЖ maintenance
15:15-15:45		INTERACTION
15:30-15:50	FE-1	Download of new S/W to EXPRESS rack 3 controller (start)
15:45-15:55	CDR	Condensate evacuation from running CKB-2
15:55-16:35		Manual pump removal
16:00-16:10	FE-1	PAO equipment set up
16:10-16:20		PAO prep

16:20-16:40		PAO. Prep for EVA (<i>Ku</i> + <i>S-band</i>)
16:35-18:05	CDR	Physical Exercise (TVIS + RED) day 3
16:40-16:50	FE-1	Download of new S/W to EXPRESS rack 3 controller (end)
16:50-16:55		EXPRESS rack 3. Power off
18:05-18:35	CDR	UROLUX: hardware set up
18:20-18:35	FE-1	Journal entry (FE-1)
18:35-19:00		Daily plan review
19:00-19:15		DPC (<i>S-band</i>)
19:15-19:20		Food log entry
19:20-19:30		Report prep
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

Note: See OSTP for references to US activities
End of radiogram