

**CREW DAY OFF**

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:35	FE-1	PLANTS-2: payload status check
07:35-07:40		Inspection of БРПК separator
07:40-10:40		Weekly housecleaning
10:40-11:20	FE-1	Maintenance of COЖ
10:40-10:45	FE-2	Atmosphere Control and Supply (ACS): CO2 level readout
10:45-10:50		Automatic import/export of IMS files
11:00-12:30	CDR	Physical exercise (RED)
11:30-12:30	FE-1	Physical exercise (CEVIS-3)
12:30-13:30		LUNCH
14:30-15:00		Weekly planning conference (S-band)
15:00-16:00	FE-2	Physical Exercise CEVIS
15:40-15:50	CDR	US LAB payload status check
16:15-17:15		EVA Prep Conference ( <i>S-band</i> )
18:00-19:30	FE-2	Physical exercise (RED)
	FE-1	Physical exercise (TVIS-3)
18:30-19:30	CDR	Physical exercise (CEVIS)
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

**Note:** Cf. OSTP for missing references to US tasks.

END OF RADIOGRAM