

Refill of FGB Prop Tanks БНДГ)О3. Satellite Navigation System (ПИНТ-2+ПМ-2) Test Completion

GMT	Crew	Activity
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-08:00		Prep for work
08:00-08:15		Daily planning conference (<i>S-band</i>)
08:15-09:45		Stow deorbit items in Progress M1-10 (with IMS tracking)
09:45-11:00	FE-1	Physical exercise (CEVIS)
09:45-11:45	CDR	Continuity test of КЛ140CT-M video camera power circuit
11:00-11:30	FE-1	Tagup with robotics specialists regarding robotics OBCT (<i>S-band</i>)
11:30-11:55		SSRMS DOUG review
11:45-12:30	CDR	CARDIO-LBNP. Prep for session 1. $T_0 = 12:15$
11:50-12:25	FE-1 (helping)	
12:25-13:05	FE-1	SSRMS DOUG review
12:45-12:50	CDR	PLANTS-2. Data downlink
12:50-13:50		LUNCH
13:05-13:10	FE-1	
13:10-13:15		Prep equipment for ham radio session
13:15-13:25		Ham radio session
13:25-14:05		LUNCH
13:50-14:10	CDR	VOZDUKH: Test closure of emergency vacuum valves (ABK)
14:05-14:15	FE-1	Setup equipment for PAO event
14:15-14:25		Prep for PAO event
14:25-14:45		PAO event (<i>S+Ku-band</i>)
14:45-15:25	CDR	Maintenance of COЖ
14:50-15:00	FE-1	EMU battery charge: finish
15:00-15:15		Coarsening in Solid Liquid Mixtures (CSLM): SPU1 data downlink
15:15-15:45		Laptop SSC4 reconfig for A/L ops
15:25-16:05	CDR	IMS file prep
15:45-16:00	FE-1	Coarsening in Solid Liquid Mixtures (CSLM): replacement of Sample 1
16:00-16:20		EMU battery discharge
16:05-17:35	CDR	Physical exercise (TVIS-2)
16:25-16:30	FE-1	Microgravity Science Glovebox (MSG): powerdown
16:30-17:00		Laptop SSC4 reconfig to nominal
17:00-18:15		Physical exercise (RED)
17:35-18:15	CDR	INTERACTIONS: Data collection and backup
18:15-18:30		Daily plan review
18:30-18:45		Daily planning conference (<i>S-band</i>)
18:45-19:00		Daily plan review

GMT	Crew	Activity
19:00-19:30		Prep for work
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

NOTE: See OSTP for references to US activities

Task List: CDR - Noise meter checkout

End of radiogram