

Radiogram 4221u Form 24 9/30/2010  
**MRM2 Kurs (+Y) Test (2 strings). PCE Checkout Test 1.**

TIME	CREW	Activity
06:00-06:05	CDR, FE-6	SLEEP: data recording
06:00-06:05	<b>FE-5</b>	Elektron-VM Aerosol Filter Inspection
06:05-06:15	CDR, FE-5	Morning Inspection
06:05-06:10	FE-6	Spot Urine Test
06:10-06:15	FE-6	Reaction Self-Exam
06:15 -06:45	.	Post-Sleep
06:45-07:35	.	Breakfast
07:35-07:50	.	Daily Planning Conference ( <i>S-band</i> )
07:50-08:15	<b>FE-5</b>	Work Prep
07:50-08:45	CDR, FE-6	T2 Adjustment
08:15-08:35	<b>FE-5</b>	Tightening of Quick-Disconnect Clamps on DC1 Side
08:35-09:05	<b>FE-5</b>	Bioelectric Cardiac Activity at Rest. <b>To=08:44</b> <i>Tagup w/specialists (VHF)</i>
08:45-10:20	CDR, FE-6	T2 Alignment
09:05-11:05	<b>FE-5</b>	Urine Transfer from EDV-U to Progress 405 Rodnik Tank 1
10:20-10:40	CDR, FE-6	Crew Quarters Installation
10:45-11:45	CDR	Physical Exercise - CEVIS
11:05-11:35	<b>FE-5</b>	PCE, PCE Antenna Feeder, ATV Control Panel Checkout Test 1 <i>Tagup w/specialists.(S-band)</i>
11:25-11:30	FE-6	Use any unloaded and empty EDV-U in WHS.
11:30-11:45	FE-6	Rack removal from Columbus
11:35-12:15	<b>FE-5</b>	COX Maintenance
11:45-13:15	CDR	Physical Exercise - ARED
11:45-12:45	FE-6	Physical Exercise - CEVIS
12:15-13:15	<b>FE-5</b>	Progress 407 Unloading w/IMS Updates
12:45-13:10	FE-6	Hatch Leak Check. Lab Forward and Nadir Hatch Inspection
13:15-14:15	.	Lunch
14:15-15:45	CDR	PFS Power Supply Installation
14:15-14:20	FE-6	PROK: Diet Data Logging (Day 1)
14:15-15:45	<b>FE-5</b>	Progress 407 Unloading w/IMS Updates
14:20-16:05	FE-6	T2 Annual Maintenance
15:45-15:55	CDR	CWC Audit
16:05-17:35	<b>FE-5</b>	Physical Exercise - TVIS, Day 2
16:05-17:35	FE-6	Physical Exercise - ARED
16:30-16:35	CDR	VCA1 Camera Setup
16:35-17:05	CDR	Ultrasonic Examination Equipment Setup
17:05-17:20	CDR	Ultrasonic Equipment Checkout
17:20-17:35	CDR	Ultrasonic Examination Equipment Setup Part 2
17:35-18:15	CDR	Ultrasonic Examination
17:35-18:15	FE-6	Ultrasonic Scan - Operator
17:35-18:35	<b>FE-5</b>	Physical Exercise - ARED

18:15-18:35	CDR	Ultrasonic Examination Equipment Stow
18:15-19:00	FE-6	Evening Work Prep
18:35-18:55	<b>FE-5</b>	Evening Work Prep
18:35-19:00	CDR	Evening Work Prep
18:55-19:00	<b>FE-5</b>	Elektron-VM Aerosol Filter Inspection
19:00-19:15	.	Daily Planning Conference ( <i>S-band</i> )
19:15-19:30	FE-6	IMS Conference ( <i>S-band</i> )
19:15-19:30	CDR, FE-5	Evening Work Prep
19:30-19:35	FE-6	MPC: Powerup
19:30-21:30	CDR, FE-5	Pre-Sleep
19:35-21:20	FE-6	Pre-Sleep
21:20-21:25	FE-6	Reaction Self-Exam
21:25-21:30	FE-6	MPC: Power Down
21:30-06:00	.	Sleep
<b>Task List</b>	<b>FE-5</b>	IMS Update
		URAGAN. Observation and Imagery

**Notes:**

1. SM Window 9 shutter opening is at crew discretion w/ **Report to MCC**
  2. See OSTP for missing references to US Activities
  3. Pre-Sleep: dinner, daily food prep, evening ablutions
- End of Radiogram