

Radiogram No. 0084 u Form 24 for 04/18/2009

CREW OFF DUTY. ПЗУ-Б [ROM] Backup Test (Transition to Backup String)

GMT	CREW	ACTIVITY
06:00-06:10	CDR, FE-1	Morning Inspection
06:00-06:20	FE-2	Nutrition and Repository: Urine Sample Collection
06:10-06:30	FE-1	Post-sleep
06:10-06:40	CDR	Post-sleep
06:20-06:30	FE-2	Nutrition and Repository: MELFI Urine Sample First Insertion
06:30-06:45	FE-1	Nutrition and Repository: Blood Draw Operator
06:30-06:50	FE-2	Nutrition and Repository: Blood Samples
06:40-07:30	CDR	BREAKFAST
06:50-07:00	FE-2	Nutrition and Repository: FE2 - Refrigerated Centrifuge Setup
06:55-07:15	FE-1	Nutrition and Repository: Urine Sample Collection
07:00-07:10	FE-2	Nutrition and Repository: Refrigerated Centrifuge Config
07:10-07:15	FE-2	SLEEP: FE2 data log
07:15-07:40	FE-2	Post-sleep
07:15-07:25	FE-1	Nutrition and Repository: MELFI Urine Sample First Insertion
07:25-08:25	FE-1	BREAKFAST
07:30-08:00	CDR	Weekly Housekeeping Replacement of Dust Filter in DC1 (ФГБ1ПГО_2_226_1, bag #362-28, b/c 00046585R). Update the IMS. Cleaning B1, B2 in DC1/ Grille cleaning in fans: ВПpK, ВПxO, ΦC5, ΦC6, ΦC9, FGB ЦB2
07:40-08:00	FE-2	Nutrition and Repository: Blood Sample Insertion into MELFI
08:00-09:05	FE-2	BREAKFAST
08:00-08:15	CDR	HAM radio session with Nizhny Novgorod
08:15-10:45	CDR	Weekly Housekeeping Replacement of Dust Filter in DC1 (ФГБ1ПГО_2_226_1, bag #362-28, b/c 00046585R). Update the IMS. Cleaning B1, B2 in DC1/ Grille cleaning in fans: ВПpK, ВПxO, ΦC5, ΦC6, ΦC9, FGB ЦB2
08:40-08:55	FE-1	Camcorder Installation for BISE Experiment
08:55-09:40	FE-1	Hardware installation for BISE Experiment
09:05-10:25	FE-2	Weekly Housekeeping
09:40-10:10	FE-1	Weekly Housekeeping
10:10-10:50	FE-1	BISE Experiment ops /
10:25-10:30	FE-2	BISE: Historical Photography
10:30-11:30	FE-2	Physical Exercise (TVIS)
10:50-12:30	FE-1	Weekly Housekeeping
11:00-11:10	CDR	Greetings to trainees on Kruzenschtern training Sail Boat (<i>S-band</i>)
11:20-12:50	CDR	Physical Exercise (TVIS), day 3
11:30-13:00	FE-2	Physical Exercise (ARED)

12:30-12:50	FE-1	Nutrition and Repository: Urine Sample Collection
12:50-12:55	FE-1	Nutrition and Repository: Insertion of Urine Sample into MELFI
12:50-13:00	CDR	Pre-filter cleaning in POTOX-150MK Air Purification System in FGB (<i>Use vacuum cleaner equipped with narrow nozzle attachment; POTOX unit should be powered down</i>)
13:00-14:00	.	LUNCH
14:00-14:30	.	Weekly Planning Conference (<i>S-band</i>)
14:30-15:10	CDR	COX Maintenance
14:30-14:45	FE-1	Food Frequency Questionnaire
14:45-14:55	FE-1	Potable Water Dispenser (PWD): Daily Ambient Flush
14:55-15:00	FE-1	BCAT-4: Camera Checkout
15:00-15:20	FE-2	Nutrition and Repository: Urine Sample Collection
15:15-15:30	FE-1	Private Psychological Conference (<i>S-band</i>)
15:20-15:25	FE-2	Nutrition and Repository: Insertion of Urine Sample into MELFI
15:30-16:20	FE-1	Weekly Housekeeping
16:15-17:45	FE-2	Weekly Housekeeping
16:25-16:45	FE-1	Nutrition and Repository: Urine Sample Collection
16:45-16:50	FE-1	Nutrition and Repository: Insertion of Urine Sample into MELFI
16:50-17:50	FE-1	Physical Exercise (TVIS)
17:50-19:20	FE-1	Physical Exercise (ARED)
18:30-19:30	CDR	Physical Exercise (VELO) day 3
19:05-19:25	FE-2	Nutrition and Repository: Urine Sample Collection
19:20-19:25	FE-1	Transfer of TVIS, RED, and HRM data to MEC
19:25-19:30	FE-2	Nutrition and Repository: Insertion of Urine Sample into MELFI
19:30-20:20	FE-1	Presleep (dinner, daily food prep, evening toilet)
19:30-21:30	CDR, FE-2	Presleep (dinner, daily food prep, evening toilet)
20:20-20:35	FE-1	Private Family Conference (<i>S + Ku-band</i>)
20:35-21:30	FE-1	Pre-sleep (Dinner, Daily Food Prep, Evening Toilet)
21:30-06:00		Crew sleep
Task List	CDR	URAGAN. Observations and photography
		ECON. Observations and Photography
		CARD. Search and removal of batteries from Holter

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ Report to MCC
2. See OSTP for references to US activities

End of Radiogram