## Radiogram No. 9016u Form 24 for 11/14/2008 **Progress 365 Undocking from SM AO (Propulsion Compartment)**

GMT	CREW	ACTIVITY
06:00-06:10		Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:50	FE-2	Nutrition and Repository - blood samples
07:30-07:45	CDR	Nutrition and Repository - blood sampling operator
07:50-08:00	FE-2	Nutrition and Repository FE2 - Refrigerated Centrifuge Setup
07:55-08:25	CDR, FE-1	Prep for Work
08:00-08:10	FE-2	Nutrition and Repository- Refrigerated Centrifuge Config
08:10-08:25		Prep for Work
08:25-08:40		Daily Planning Conference (S-band)
08:40-09:00	FE-2	Nutrition and Repository - MELFI Blood Sample Insertion
09:00-09:15		ISS Crew and ГОГУ (RSA Flight Control Team) Weekly Conference (S-band)
09:20-09:30	FE-2	Nutrition and Repository - Stow Blood Sample Collection and Processing Hardware
09:30-10:30	CDR	Physical Exercise (RED)
09:40-10:00	FE-1	Soyuz 223 MLI Photography
10:00-10:40		RESPIRATION. Experiment setup. Tagup with specialists (S-band)
10:30-10:35	CDR, FE-2	BCAT-4 handover
10:35-11:05	CDR	BCAT-4 Hardware Removal
10:40-10:55	FE-1	IMS tagup (S-band)
11:00-12:30	FE-2	Periodic Fitness Evaluation -NOM OPS (subject)
11:10-12:30	FE-1	RESPIRATION. Experiment ops and cleanup. <i>Tagup with specialists (S-band)</i>
11:35-12:05	CDR (assists)	Periodic fitness evaluation -Nom Ops
12:30-14:00	FE-1	Physical Exercise (TVIS), day 1
12:30-13:00	CDR	Start Filling CWC from the Lab Condensate Tank
12:30-14:00	FE-2	Physical Exercise (RED)
13:15-13:30	CDR	Terminate Filling CWC
13:50-13:55	CDK	JPM and LAB window shutter closure
14:00-15:00	CDR, FE-2	Hardware Pre-pack for Return on Shuttle Flight ULF2
14:35-14:55	FE-1	ISS-MCC-M TV. 60 <sup>th</sup> Anniversary Greetings to I. L. Derevyachenko, General Director of Conversia XXI Association ( <i>To=14:31, T1, T2,T3 from CΠΠ</i> )
15:00-15:15	FE-2	Food frequency questionnaire
15:00-15:05	CDR	HAM Radio Setup
15:05-15:15		HAM Radio Session
15:15-15:20		HAM radio powerdown in FGB
15:20-16:20		Midday meal (crew discretion)
16:35-16:45	CDR	CSA-CP battery replacement
16:40-16:45	FE-1	On MCC Go Switch ΠpK-TK PEV to CLOSED position

16:45-16:55	CDR	Battery Stowage Assembly (BSA) Battery Recharge Terminate
16:55-17:25	CDR, FE-2	EVA System Configuration
17:40-17:45	CDR	SSC file server reboot
17:45-17:50		OCA SSC router reboot
17:55-21:25	FE-2	Synchronized Position Hold, Engage, Reorient, Experimental Satellites (SPHERES)
18:20-19:00	FE-1	СОЖ Maintenance
19:00-20:30	CDR	Physical Exercise (TVIS)
20:25-21:25	FE-1	Physical Exercise (VELO+RED), day 1
21:10-21:25	CDR	Questionnaire - CDR journal entry
21:25-21:55		Evening Work Prep
21:55-22:10		Daily Planning Conference (S-band)
22:10-22:30		Flight Director / ISS Crew Tagup (Ku + S-band)
22:40-23:00	FE-2	Nutrition and Repository - equipment setup for urine sample collection
23:00-01:00	CDR, FE-1	Presleep (Dinner, Daily Food Prep, Evening Toilet)
23:00-00:55	FE-2	
00:55-01:00	FE-2	Questionnaire - journal entry
01:00-09:30		SLEEP

## Notes:

- SM Window #9 shutter opening is at crew discretion with Report to MCC
  See OSTP for references to US activities.
  Progress 365 undocking at 16:17

End of Radiogram