

**DC1-TO-PROGRESS INTERFACE LEAK CHECK WITH ATTITUDE THRUSTERS [DO] INHIBITED**

GMT	CREW	ACTIVITY
12:00-12:10		Morning inspection
12:10-12:40		Post-sleep
12:40-13:30		BREAKFAST
13:30-13:45		Daily Planning Conference ( <i>S-band</i> )
13:45-14:00		Prep for Work
14:00-14:10	CDR, FE-2	Crew Discretionary Conference ( <i>S-band</i> )
14:10-15:10	CDR	Personal items and equipment prepack for return
14:15-14:20	FE-2	SVG. Power up
14:25-14:40		RED calibration
14:30-14:50	FE-1	RELAXATION. Hardware teardown. <i>Tagup with specialists (S-band)</i>
14:40-15:40	FE-2	Physical Exercise (RED)
15:10-15:40	FE-1, CDR-assistance	MO-1. Study of cardiac bioelectric activity at rest. <b>To=15:22.</b> <i>Tagup with specialists (VHF)</i>
15:40-16:40	CDR	Physical Exercise (RED)
15:40-16:10	FE-2	Skills training for the Shuttle R-Bar Pitch Maneuver
16:10-16:15		Download of Images taken during R-bar Pitch Maneuver On-Board Training
16:40-18:10	FE-1	Physical Exercise (TVIS), Day 3
16:55-17:00	FE-2	PAO hardware setup
17:05-17:15	CDR, FE-2	Crew prep for PAO
17:15-17:35		PAO event ( <i>Ku + S-band</i> )
18:20-18:40		ISS Crew / Kent Rominger tagup (Astronaut Office) ( <i>S-band</i> )
18:40-19:40		LUNCH
19:40-19:45	FE-2	Connect LTL QD
19:45-20:30		Program Internal Wireless Integrated System (IWIS) software
19:50-20:35	FE-1	Activation of Progress 359
20:35-20:55	CDR, FE-1	Removal of quick-release screw clamps from DC1, inspection, video of DC1-Progress interface (US assets)
20:55-21:05	FE-1	Downlink DC1-to-Progress Interface Video ( <i>S + Ku-band</i> )
21:00-22:30	FE-2	Physical Exercise (TVIS)
21:05-21:25	CDR, FE-1	TKF-CO1 and CO1-CY Hatch Closing
21:25-22:25	FE-1	DC1/Progress hatch leak check
22:15-22:25	CDR	CWC audit
22:25-23:25	FE-1	Personal items and equipment prepack for return
22:25-22:55	CDR	COX Maintenance
22:55-00:25		Physical Exercise (TVIS + CEVIS)
23:25-00:25	FE-1	Physical Exercise (TVIS), Day 3
23:35-23:40	FE-2	Setting up v/camera
23:40-23:50		Transfer US items (USOS ODF CDs) to RS before Soyuz 219 relocation
23:50-00:10		PCS relocation
00:10-00:40	FE-2	Evening work prep

00:25-00:45	FE-1	
00:25-00:30	CDR	TVIS Weekly Maintenance
00:30-00:45		Evening work prep
00:40-00:45	FE-2	Transfer TVIS/RED/CEVIS/HRM data to MEC
00:45-01:00		Daily Planning Conference ( <i>S-band</i> )
01:00-01:30		Evening work prep
01:30-02:00		DINNER
02:00-02:30		Daily Food Prep
02:30-03:30		Pre-sleep
03:30-12:00		SLEEP
<b>Task List</b>	FE-1	PLANTS-2. Payload status check
		TBY (Universal Bioengineering Thermostat). Temperature check

**Note.** See OSTP for references to US activities.  
End of Radiogram