

Radiogram No. 3106u, Form 24 for 03.22.02

**TORU Training**

<b>GMT</b>	<b>CREW</b>	<b>ACTIVITY</b>
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:45		Prep for work
07:45-08:00		Morning DPC (S-band)
08:00-08:15		Prep for work
08:25-09:05	FE-2	Life support ( ? ? ? ) maintenance
08:30-08:45	CDR, FE-1	TORU training tagup (S-band)
08:45-10:45		TORU training
09:05-09:20	FE-2	UF1 payload status check
09:20-10:00		EVARM - Pre-EVA background read, part 1
10:30-11:30		Physical Exercise (TVIS)
10:45-11:00	CDR, FE-1	TORU training tagup (S-band)
11:00-12:30	FE-1	Physical Exercise (RED)
11:30-12:30	CDR	Physical Exercise (TVIS-3)
11:30-11:45	FE-2	EVARM – Pre-EVA background read, part 2
11:45-12:15		EVARM – Data dump, deactivation, stowage
12:30-13:30	.	Lunch
13:30-13:35	CDR	Inspection of ? ? ? ?-1 separator
14:05-14:55	FE-2	EHS: Surface Sampler Kit SSK/ Water Microbiology Kit WMK/ Microbial Air Sampler MAS ops
14:40-15:00	CDR	Comm configuration for Progress TORU docking
15:00-16:30	FE-2	Physical Exercise (RED)
15:15-15:45	CDR,FE-1	TEST TV transmit from Soyuz via Ku-Band (TV system config for Progress docking) (Ku + S-band)
15:45-17:15	CDR	Physical Exercise (CYCLE+RED day 3)
15:45-16:45	FE-1	Physical Exercise (TVIS)
16:30-16:35	FE-2	TEPC power cycle
17:15-17:40		FD / ISS crew conference (S-band)
17:45-18:15		Daily plan review
18:15-18:30		Evening DPC (S-band)
19:00-19:30		Prep for work
19:30-20:00		Dinner
20:00-20:30		Prep food rations
20:30-21:30		Pre-Sleep
21:30-06:00		SLEEP

NOTE: See OSTP for references to US activities. End of radiogram