

CREW OFF DUTY

TIME	CREW	ACTIVITY
06:00-06:10	CDR,FE-4, FE-6	Morning Inspection
06:00-06:10	FE-1	Morning Inspection, Laptop RSS1,2 Reboot
06:00-06:10	FE-2	Morning Inspection, Laptop RS1(2) Reboot
06:00-06:05	FE-5	PROK – Urine Sample Collection
06:05-06:25	FE-5	HRF - Urine Sample Collection
06:10-06:40	CDR,FE-1, FE-2,FE-4, FE-6	Post-Sleep
06:25-06:30	FE-5	HRF – Sample MELFI Insertion
06:30-06:50	FE-5	Post-Sleep
06:40-07:30	FE-4	Breakfast. SM ПСС Test (<i>after Breakfast</i>)
06:40-07:30	CDR,FE-1, FE-2,FE-6	Breakfast
06:50-07:30	FE-5	Breakfast
08:50-10:20	CDR	ARED Exercise
09:00-10:00	FE-5	T2 Exercise
09:00-10:00	FE-6	CEVIS Exercise
10:10-10:25	FE-4	Private Family Conference (<i>Ku+S-band</i>)
10:20-11:20	CDR	T2 Exercise
10:20-11:50	FE-2	ARED Exercise
10:50-11:50	FE-4	БД-2 Exercise, Day 4
11:50-12:05	FE-2	Private Family Conference (<i>Ku+S-band</i>)
12:30-12:45	FE-1	Private Family Conference (<i>Ku+S-band</i>)
12:35-12:55	FE-5	HRF - Urine Sample Collection
12:55-13:00	FE-5	HRF - Sample MELFI Insertion
13:00-14:00	.	LUNCH
14:00-14:40	FE-2	COЖ Maintenance. SM and FGB CBO, CГО, АСУ СПКУ counter, POTOK Air Purification System Data Calldowns
14:00-14:05	FE-5	PROK – Diet Log Preparation
15:00-16:30	FE-4	ARED Exercise
15:10-15:25	FE-5	Private Family Conference
15:30-16:30	FE-2	БД-2 Exercise, Day 4
16:15-17:15	FE-1	БЕЛО-1 Exercise
16:30-18:00	FE-5	ARED Exercise
16:50-17:05	FE-6	Private Family Conference
17:15-18:45	FE-1	БД-2 Exercise, Day 1
18:10-18:20	FE-5	HRF – Hardware Setup
18:20-18:40	FE-5	HRF - Urine Sample Collection
18:25-18:40	CDR	Private Family Conference
18:40-18:45	FE-5	HRF - Sample MELFI Insertion

18:45-19:05	CDR	Transferring from EDB-Y tank into UPA WSTA for processing
18:45-19:15	FE-1,FE-2, FE-4	Evening Work Prep
19:15-19:30	FE-1,FE-2, FE-4	Daily Planning Conference (<i>S-band</i>)
19:15-19:30	FE-6	Health Maintenance System (HMS) – Photography of Food Rations
19:30-21:30	CDR, FE-1, FE-2,FE-4, FE-6	Pre-Sleep
19:30-21:25	FE-5	
21:25-21:30	FE-5	Reading REMINDER
21:30-06:00	.	SLEEP
Task List	FE-1,FE-2, FE-4	Preparation of Reports for Roscosmos Site
		ECON-M. Observations and Photography
	FE-1,FE-2	Test Operation of MMC on ISS RS
	FE-2,FE-4	URAGAN. Observations and Photography

Notes:

1. SM Window No. 9 shutter opening is at crew discretion w/ **Report to MCC**
2. Pre-sleep ops: daily food prep, dinner, pre-sleep.
3. See OSTPV for references to US activities.
4. Russian crew uses US Exercise equipment strictly per F24 or OSTPV