

БД-СУ Mode Deactivation and БИТС Power Off. Crew off duty

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-10:30	FE-1	Weekly housekeeping
07:30-10:10	CDR	Weekly housekeeping
10:10-10:25	CDR	Orlan unit 825M3 CK charge (end)
10:30-12:15	FE-1	CD transfer from 14P NGSD to 14P CD transfer bag
10:40-10:45	CDR	SSC OCA router reboot
11:00-12:00	CDR	Physical Exercise (TVIS) day 1
12:00-12:30	CDR	Physical Exercise (RED)
12:15-12:20	FE-1	LAB window leak check
12:20-13:20	FE-1	LUNCH
12:30-13:25	CDR	LUNCH
13:30-13:50		Downloading CDs from 14P NGSD to file server
13:50-14:20		Weekly planning conference (<i>S-band</i>)
14:30-14:50	FE-1	Reboot 14P NGSD
14:30-14:45	CDR	PCS reboot (once a week)
14:50-15:05	FE-1	PPC (<i>S-band</i>)
15:05-15:30	FE-1	Reboot 14P NGSD
15:30-15:45	FE-1	PDA reboot
15:30-16:30	CDR	PDA reboot
15:45-15:35	FE-1	PFC (<i>S-band</i>)
16:00-16:20	FE-1	PDA reboot
16:20-16:40	FE-1	NiMH battery charge (end) and equipment stowage
16:45-17:45	CDR	Physical Exercise (VELO + Force Loader/ cycle 1) day 1
16:45-18:00	FE-1	Physical Exercise (RED)
17:55-18:25	CDR	COЖ maintenance
18:00-19:00	FE-1	Physical Exercise (CEVIS)
19:00-19:15	FE-1	Questionnaire: journal entry (FE1)
19:15-19:30	FE-1	PDA reboot
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

Note: See OSTP for references to US activities
End of radiogram