

Radiogram No. 0090u

Form 24 for 04/19/09

**CREW OFF-DUTY**

<b>GMT</b>	<b>CREW</b>	<b>ACTIVITY</b>
06:00-06:10	CDR	Morning Inspection
06:00-06:20	FE-1	Nutrition and Repository Urine Collection
06:00-06:05	FE-2	SLEEP FE2 Data Log
06:05-06:15	FE-2	Morning Inspection
06:10-06:40	CDR	Post-sleep
06:15-06:25	FE-2	Post-sleep
06:20-06:25	FE-1	Nutrition and Repository - Insertion of Urine Sample into MELFI
06:25-06:45	FE-1	Nutrition and Repository - Blood Samples
06:25-06:40	FE-2	Nutrition and Repository - Blood Draw Operator
06:40-07:00	FE-2	Post-sleep
06:40-07:30	CDR	BREAKFAST
06:45-06:55	FE-1	Nutrition and Repository FE2 - Refrigerated Centrifuge Setup
06:55-07:05	FE-1	Nutrition and Repository- Refrigerated Centrifuge Config
07:00-07:20	FE-2	Nutrition and Repository Urine Collection
07:05-07:35	FE-1	Post-sleep
07:20-07:25	FE-2	Nutrition and Repository - Insertion of Urine Sample into MELFI
07:25-08:15	FE-2	BREAKFAST
07:35-07:55	FE-1	Nutrition and Repository - Blood Sample Insertion into MELFI
07:55-08:00	FE-1	BCAT-4 Camera checkout
08:00-09:00	FE-1	BREAKFAST
08:30-08:45	CDR	Easter Greetings - a Conference with the Patriarch (VHF)
08:50-09:00	FE-2	Nutrition and Repository - Stow Blood Sample Collection and Processing Hardware
09:00-10:30	FE-2	Physical Exercise (ARED)
10:30-11:30	FE-2	Physical Exercise (TVIS)
10:40-10:55	CDR	Private Family Conference ( <i>Ku+S-band</i> )
11:30-13:00	CDR	Physical Exercise (TVIS), day 4
13:00-14:00	.	LUNCH
14:00-14:10	FE-2	Potable Water Dispenser (PWD) - Daily Ambient Flush
14:00-14:15	CDR	IRIDIUM phone charging - setup, start charge. <i>Tagup as necessary (S-band)</i>
14:00-14:20	FE-1	Nutrition and Repository Urine Collection
14:20-14:25	FE-1	Nutrition and Repository - Insertion of Urine Sample into MELFI
14:30-14:35	CDR	IRIDIUM phone charging - status check
14:50-14:55	CDR	IRIDIUM phone charging - status check
14:50-15:10	FE-2	Nutrition and Repository - Urine Sample Collection
15:10-15:15	FE-2	Nutrition and Repository - Urine Sample MELFI Insertion
15:10-15:15	CDR	IRIDIUM phone charging - status check
15:15-15:25	CDR	IRIDIUM phone charging - terminate charge, cleanup
15:15-15:35	FE-2	Nutrition and Repository - Stow Urine Sampling Hardware

15:30-16:30	FE-1	Physical Exercise (TVIS)
16:30-18:00	FE-1	Physical Exercise (ARED)
16:35-17:35	CDR	Physical Exercise (VELO), day 4
17:35-18:15	CDR	COЖ Maintenance. <b><i>CBO, CП, and POTOK Air Purification System Data Calldowns</i></b> <b><i>Inspection of CM-Y connector on MHP-HC separator pump in ACY (behind panel 139 for moisture)</i></b>
18:15-18:50	.	Evening Work Prep
18:50-19:05	.	Daily Planning Conference ( <i>S-band</i> )
19:05-19:30	.	Evening Work Prep
19:30-21:30	CDR,FE-2	Presleep (dinner, daily food prep, evening toilet)
19:30-20:50	FE-1	Presleep (dinner, daily food prep, evening toilet)
20:50-21:05	FE-1	Private Family Conference ( <i>Ku+S-band</i> )
21:05-21:30	FE-1	Presleep (dinner, daily food prep, evening toilet)
21:30-06:00	.	SLEEP
Task List	CDR	URAGAN. Observations and Photography
		ECON. Observations and Photography
		CARD. Search for and removal of batteries from Holter

**Notes:**

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
  2. See OSTP for references to US activities
- End of Radiogram