

Radiogram No. 4405nu
CREW OFF-DUTY

Updated

Form 24 for 10/23/2010

GMT	CREW	ACTIVITY
06:00-06:05	CDR	REACTION Reaction Self Test
06:00-06:10	FE-1, FE-2	Morning Inspection
06:00-06:05	FE-5	Elektron-VM Aerosol Filter Inspection
06:00-06:20	FE-3	HRF Urine Sample Collection Subject
06:00-06:05	FE-6	REACTION Reaction Self Test
06:05-06:20	CDR	Post-sleep
06:05-06:10	FE-5	Morning Inspection
06:05-06:10	FE-6	ICV Battery Replacement
06:10-06:40	FE-1, FE-2, FE-5, FE-6	Post-sleep
06:20-06:25	CDR	Nutrition Photography
06:20-06:30	FE-3	HRF Urine Sample MELFI Insertion
06:25-06:40	CDR	Post-sleep
06:30-06:35	FE-3	REACTION Reaction Self Test
06:35-06:45	FE-3	Morning Inspection
06:40-07:30	CDR, FE-1, FE-2, FE-5, FE-6	BREAKFAST
06:45-07:15	FE-3	Post-sleep
07:15-08:05	FE-3	BREAKFAST
07:30-10:30	CDR, FE-6	Weekly Housekeeping
07:30-10:30	FE-1, FE-2, FE-5	Weekly Housekeeping SM Ventilation Subsystem Preventive Maintenance, Group E; Cleaning FGB LJB2 Fan
08:05-11:05	FE-3	Weekly Housekeeping
10:30-12:00	CDR	Physical Exercise (ARED)
10:30-10:35	FE-6	ICV Battery Replacement
10:30-12:00	FE-1	Physical Exercise (TVIS), Day 2
10:35-10:45	FE-6	ICV 10-minute Resting Event
11:25-12:25	FE-2	Physical Exercise (VELO), Day 2
11:25-12:25	FE-3	Physical Exercise T2
12:15-12:25	FE-1	Cleaning Potok-150MK Air Purification System Pre-filters in SM and FGB /(Use vacuum cleaner and narrow slit nozzle attachment; POTOK 150MK must be powered down)
12:25-12:55		Weekly Planning Conference
13:00-14:00		LUNCH
14:00-14:05	FE-6	P/L Multi-Protocol Converter (MPC) Power On
14:00-14:20	FE-3	HRF Urine Sample Collection Subject
14:20-14:25	FE-3	HRF Urine Sample Insertion into MELFI
14:25-14:35	FE-3	Terminate EMU Metox Regeneration
14:45-14:50	FE-6	ICV Battery Replacement

14:00-14:40	FE-2	COX Maintenance
14:55-15:20	FE-1, FE-2, FE-5	TV Greetings to RAKETAFEST 2010 Rocket-Modeling Festival Participants. To=, 14:51, T2, T3 from CПП / (VHV)
15:10-15:25	FE-6	Private Family Conference
15:30-17:00	FE-2	Physical Exercise (TVIS), Day 2
15:30-16:30	FE-5	Physical Exercise (VELO), Day 1
16:30-18:00	FE-5	Physical Exercise (TVIS), Day 1
16:45-17:45	FE-6	Physical Exercise (CEVIS)
17:30-18:30	FE-1	Physical Exercise (VELO), Day 2
17:55-18:00	FE-6	SSC File Server Reboot
18:00-19:30	FE-3	Physical Exercise (ARED)
18:10-18:15	FE-6	OCA SSC Router Reboot
18:15-18:20	FE-6	ISS File Server Reboot
18:25-19:25	CDR	Physical Exercise T 2
18:25-18:30	FE-6	P/L Multi-Protocol Converter (MPC) Power Off
19:25-19:30	FE-5	Elektron-VM Aerosol Filter Inspection
19:25-20:00	CDR	Pre-sleep
19:30-21:30	FE-1, FE-2	Pre-sleep
19:30-21:00	FE-3	Pre-sleep
19:30-21:30	FE-5	Pre-sleep
19:30-19:35	FE-6	ICV Battery Replacement
19:35-19:55	FE-6	Integrated Cardiovascular (ICV) Monitoring Midpoint
19:55-21:25	FE-6	Pre-sleep
20:00-20:15	CDR	Private Family Conference
20:15-21:25	CDR	Pre-sleep
21:00-21:20	FE-3	HRF Urine Sample Collection Subject
21:20-21:25	FE-3	HRF Urine Sample Insertion into MELFI
21:25-21:30	FE-3	REACTION Reaction Self Test
21:25-21:30	CDR	REACTION Reaction Self Test
21:25-21:30	FE-6	REACTION Reaction Self Test
21:30-06:00		SLEEP
Task List	FE-2	ECON. Observations and Photography
	FE-2,FE-5	URAGAN. Observations and Photography

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep ops: dinner, daily food prep, evening toilet
- End of Radiogram