

Radiogram No. 3019u

Form 24 for 05/08/2010

**Commanding CAYП OHA [High-Gain Antenna Automatic Drive Control System] from Position 1 to Position 2. Crew Off-Duty**

GMT	CREW	ACTIVITY
06:00-06:05	FE-1	Elektron-VM Aerosol Filter Inspection
06:00-06:10	CDR, FE-3, FE-5	Morning Inspection
06:00-06:05	FE-2, FE-6	SLEEP Data Log Entry
06:05-06:10	FE-1	Morning Inspection
06:05-06:15	FE-2, FE-6	Morning Inspection
06:10-06:40	CDR, FE-1, FE-3, FE-5	Post-sleep
06:15-06:45	FE-2, FE-6	Post-sleep
06:40-07:30	CDR, FE-1, FE-3, FE-5	BREAKFAST
06:45-07:35	FE-2, FE-6	BREAKFAST
07:30-09:00	FE-5	Physical Exercise (ARED)
07:30-07:35	FE-1	TBU (Universal Bioengineering Thermostat). Temperature Check. <b>Report to MCC TBU Temperature</b>
07:30-10:30	CDR, FE-3	Weekly Housekeeping
07:35-10:30	FE-1	SM Ventilation System Preventive Maintenance Group E, Cleaning FGB ЦВ2 Fan
07:35-10:20	FE-2	Weekly Housekeeping
08:00-09:00	FE-6	Physical Exercise (TVIS)
09:00-10:30	FE-6	Physical Exercise (ARED)
09:00-10:00	FE-5	Physical Exercise (TVIS)
10:00-12:50	FE-5	Weekly Housekeeping
10:20-11:20	FE-2	Physical Exercise (TVIS)
10:30-12:50	FE-6	Weekly Housekeeping
10:30-11:30	FE-3	Physical Exercise (VELO), Day 1
11:20-12:50	FE-2	Physical Exercise (ARED)
11:20-12:50	FE-1	Physical Exercise (TVIS), Day 4
12:00-12:15	FE-3	Private Psychological Conference (VHF)
12:30-12:45	FE-3	Private Family Conference (Ku+S-band)
12:50-13:20		Weekly Planning Conference (S-band)
13:20-14:20		LUNCH
14:20-15:00	FE-5	JAXA Letter Message Verification and Photo Taking
14:20-15:30	CDR, FE-3	Video Footage for Channel One
14:20-15:00	FE-1	Video Footage for Channel One
15:00-15:15	FE-1	Private Psychological Conference (VHF)
15:30-16:00		Expedition 23/STS-132 Crew Conference (S-band)
16:00-16:30	FE-2, FE-5, FE-6	ULF4 Transfer Conference (S-band)
16:00-16:40	CDR	COЖ Maintenance

16:00-16:10	<b>FE-3</b>	Pre-filter cleaning in POTOK-150MK Air Purification System in SM and FGB <i>(Use vacuum cleaner equipped with narrow nozzle attachment with POTOK unit powered down)</i>
16:30-16:35	FE-6	Video Camera Assembly Adjustment
16:30-18:00	<b>FE-3</b>	Physical Exercise (TVIS), Day 1
16:30-17:30	<b>FE-1</b>	Physical Exercise (ARED)
16:35-17:00	FE-6	European Recording Binocular (ERB) Unpack and Power ON
17:00-17:05	FE-2	HAM Radio Setup
17:00-18:00	<b>CDR</b>	Physical Exercise (VELO), Day 3
17:05-17:15	FE-2	HAM Radio Session
17:25-17:30	FE-6	Video Camera Assembly Adjustment
17:30-17:50	FE-6	ERB Calibration
18:00-19:30	<b>CDR</b>	Physical Exercise (TVIS), Day 3
18:00-18:05	<b>FE-1</b>	Elektron-VM Aerosol Filter Inspection
19:30-21:30	<b>CDR, FE-1, FE-3, FE-5, FE-6</b>	Pre-sleep
19:30-20:10	FE-2	Pre-sleep
20:10-20:25	FE-2	Private Family Conference
20:25-21:30	FE-2	Pre-sleep
21:30-05:30	<b>FE-1</b>	SLEEP
21:30-06:00	<b>CDR, FE-2, FE-3, FE-5, FE-6</b>	SLEEP
<b>Task List</b>	<b>CDR</b>	ECON. Observations and Photography
	<b>FE-3</b>	URAGAN. Observations and Photography
	<b>FE-1</b>	SEINER Ocean Observations
	<b>FE-1, FE-3</b>	Video Footage for Channel One

**Notes:**

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
  2. See OSTP for references to US activities
  3. Pre-sleep ops: dinner, daily food prep, evening toilet
- End of Radiogram