## Shuttle Undocking. Progress 403 Fuel And Oxidizer Refilling Devices (3Y $\Gamma$ , 3YO) Purging And Venting.

GMT	CREW	ACTIVITY
04:25-05:50	CDR FE-3,FE-	BREAKFAST
05:50-06:20		Work Prep
06:20-06:35		Daily Planning Conference (S-band)
07:25-08:55	FE-1	Physical Exercise (ARED)
07:25-08:55	FE-3	Physical Exercise T 2
07:30-07:45	CDR,FE-2	Review Double Coldbag Ops
07:45-08:15	CDR,FE-2	Stow Double Coldbag
08:55-09:55		LUNCH
09:55-10:10		ISS and Shuttle Crew Farewell
10:10-10:40		Shuttle/ISS Hatch Closing
11:15-12:15	FE-3	Physical Exercise (VELO), Day 4
11:20-12:50	CDR	Physical Exercise T 2
13:00-14:00	FE-1	Physical Exercise (VELO), Day 3
13:25-13:30	CDR	IZGIB -DAKON. Payload Status Check
14:30-15:30	CDR	Physical Exercise (VELO), Day 2
14:30-16:00	CDR	Physical Exercise T 2
15:25-16:05	FE-3	СОЖ Maintenance
16:00-16:05	CDR	IZGIB -DAKON. Start Copying Data
16:05-16:55	FE-1,FE-3	Evening Work Prep
16:05-16:10	CDR	Restore nominal comm config after Shuttle undocking
16:10-16:25	CDR	Evening Work Prep
16:25-16:55	CDR	IZGIB -DAKON. Copy data to USB, clear archive, downlink data to the ground
16:55-17:10		Daily Planning Conference (S-band)
17:10-17:15	CDR	Elektron-VM Aerosol Filter Inspection
17:10-17:20	FE-1,FE-3	Evening Work Prep
17:10-17:20	FE-1,FE-3	Evening Work Prep
17:15-17:20	CDR	Evening Work Prep
19:20-06:00		SLEEP

## Notes:

- 1. SM Window #9 shutter opening is at crew discretion w/ Report to MCC
- 2. See OSTP for references to US activities
- 3. Pre-sleep ops: dinner, daily food prep, evening toilet End of Radiogram