

Radiogram 6119u

Form 24 for 07.14.03

**Medical Tests • Electrical Power User Audit**

GMT	Crew	Activity
06:00-06:10	.	Morning inspection
06:10-06:20	CDR	MO-8: hardware setup
	FE-1	MO-7: calf volume measurement
06:20-06:30	CDR	
06:20-06:35	FE-1	Body mass measurement
06:35-06:50	CDR	
	FE-1	Post-sleep
06:50-07:00	CDR	MO-8: closeout ops
06:50-07:30	FE-1	BREAKFAST
07:00-07:30	CDR	Post-sleep
07:30-07:55	CDR	
07:30-08:00	FE-1	Prep for work
07:55-08:00	CDR	PLANTS-2: payload status check
08:00-08:15	.	Daily planning conference ( <i>S-band</i> )
08:15-09:00	CDR	BREAKFAST
08:20-08:35	FE-1	HRF GASMAP: powerup for 30-day functionality test
08:35-10:20	FE-1	Detailed audit of electrical power users
09:10-09:50	CDR	Control of microbial contamination of environment (data registration). Media 2
09:50-10:50	CDR	SM dust filters ПФ1-4: cartridge changeout (vertical, located in FGB_227_1, white bags)
10:20-10:30	FE-1	Hardware setup for EARQ audiogram: photo ops
10:30-11:00	FE-1	EARQ audiogram recording
10:50-11:50	CDR	Physical exercise (TVIS-4)
11:00-11:05	FE-1	Hardware setup for ham radio pass
11:05-11:15	FE-1	Ham radio pass
11:35-12:50	FE-1	Physical exercise (TVIS)
11:50-12:15	CDR	EARQ audiogram recording
12:15-12:50	CDR	COЖ maintenance
12:50-12:55	CDR	Inspection of БРПК-1 separator
12:50-12:55	FE-1	Weekly maintenance of TVIS
12:55-13:55	.	LUNCH
13:55-14:40	FE-1	HRF GASMAP: 30-day functionality test
13:55-14:35	CDR	UROLUX functionality test
14:35-15:15	CDR	IMS file prep
14:40-14:50	FE-1	Daily payload status check
15:05-15:15	FE-1	Setup for PAO event
15:15-15:25	.	Prep for PAO event

15:25-15:45	.	PAO event (for Rockefeller Center in New York)
15:45-16:45	.	DOUG S/W review
16:45-17:00	FE-1	HRF GASMAP powerdown
16:45-18:15	CDR	Physical exercise (TVIS-4)
17:00-18:15	FE-1	Physical exercise (RED)
18:15-18:45	.	Daily plan review
18:45-19:00	.	Daily planning conference ( <i>S-band</i> )
19:00-19:30	.	Prep for work
19:30-20:00	.	DINNER
20:00-20:30	.	Daily food prep
20:30-21:30	.	Pre-sleep
21:30-06:00	.	SLEEP

**NOTE:** See OSTP for references to US activities.

End of radiogram