PRE-EVA CREW REST

GMT	CREW	ACTIVITY
06:00-06:10		Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30	CDR,FE-1	BREAKFAST
	FE-2	BREAKFAST
07:30-07:35	CDR,FE-2	SLEEP Journal Entry
07:35-08:00	FE-2	Pre-EVA Crew Health Status Prep
08:00-08:10	CDR, FE-2 assists.	Pre-EVA Crew Health Status
08:10-08:20	CDR	Pre-EVA Crew Health Status Data Transfer
08:20-08:30		Pre-EVA Crew Health Status Equipment Stow
08:40-08:45		D2Xs EVA Camera Battery Charge
08:40-10:10	FE-2	Physical Exercise (RED)
09:30-09:50	FE-1	Testing КВД [Pressure Equalization VIv] from ПОВ panels in ПхО and in DC1
10:10-11:10	FE-2	Physical Exercise (TVIS)
11:10-11:50		TOCA Water Analysis T + 2 days
11:10-12:40	FE-1	Physical Exercise (TVIS), day 2
11:55-12:00	CDR	D2Xs EVA Camera Battery Charge
12:00-13:00		Physical Exercise (RED)
13:00-14:00		LUNCH
14:00-15:00	CDR	Pre-EVA D2Xs TV Camera Prep
14:00-14:30	FE-1	Preparation of Incomplete Fuel Combustion Product [ΠΗCΤ] Protection Kit
14:30-14:45		Soyuz ACY Activation
14:45-15:00		Setting up PILLE dosimeters for EVA
15:00-15:40		COЖ Maintenance. Flush Counter (СП), SVO, POTOK Air Purification System Data Calldowns Vozdukh Deactivation
15:10-15:25	CDR	Pre-EVA PMC (Ku+S-band)
15:25-15:55		DIDB Fill And Install In Orlan
15:45-16:15	FE-1	Elektron Purge And Power Down
15:55-17:25	CDR	Physical Exercise (TVIS), day 2
16:30-16:45	- FE-1	Private Medical Conference (Ku + S-band)
17:15-18:15		Physical Exercise (VELO+RED), day 2
17:25-17:40	CDR	Private Family Conference (Ku + S-band)
18:10-18:15	FE-2	Connect LAB RWS DCP bypass cable
18:15-19:00		Evening Work Prep
19:00-19:15	-	Daily Planning Conference (S-band)
19:15-19:30		Evening Work Prep
19:30-21:30		Presleep (dinner, daily food prep, evening toilet)
21:30-15:45		SLEEP
Task List	FE-1	PLANTS-1. Payload Status Check

Notes:

^{1.} SM Window #9 shutter opening is at crew discretion w/ Report to MCC

2. See OSTP for references to US activities. End of Radiogram