## **SOYUZ RELOCATION TRAINING**

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-08:00		Work prep
08:05-08:20		Daily Planning Conference (S-band)
08:20-11:20		Soyuz relocation training. Tagup (S-band)
11:20-12:00	FE-1	Activation of Elektron system. Tagup (S-band)
11:20-11:35	CDR	GASMAP HRF - routine health check power up
11:35-12:35		Physical Exercise (TVIS)
12:00-12:30	FE-1	СОЖ maintenance
12:30-14:00		Physical Exercise (TVIS), day 3
12:35-14:05	CDR	Physical Exercise (RED)
14:05-15:05		LUNCH
15:05-15:10	CDR	Setting up HAM radio
15:10-15:20		HAM radio session
15:25-16:45		Descent procedure change training
16:45-16:55	CDR	HAM radio session
17:00-17:10		Verification of electronic address configuration SoyuzTaxil (Part 2)
17:05-18:05	FE-1	Physical Exercise (VELO + RED) day 3
17:30-17:45	CDR	Replacement of EMERGENCY procedures
18:00-18:05		GASMAP HRF - routine health check power down
18:05-18:20		FD / ISS crew conference (S-band)
18:45-19:00		Daily Planning Conference (S-band)
19:00-19:30	FE-1	Daily Plan Review
19:00-19:05	CDR	Transferring TVIS, RED, and HRM data to MEC
19:05-19:10		Rebooting OCA SSC router
19:10-19:15		O2 and CO2 status check.
19:30-20:00		DINNER
20:00-20:30		Daily Food Prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	FE-1	GCF-JAXA. TБУ temperature check
		PLANTS-2. Payload status check

Note: Note: See OSTP for references to US activities.

End of radiogram