## Radiogram No. 2669u Form 24 for 03/23/2010 **ACH-M TEST IN ISS+MRM2/NO VEHICLE CONFIGURATION. RELAXATION EXPERIMENT**

GMT	CREW	ACTIVITY
06:00-06:05	CDR	Elektron-VM Aerosol Filter Inspection
06:00-06:10	FE-5	Morning Inspection
06:00-06:05	FE-6	SLEEP Data Log Entry
06:05-06:10	CDR	Biochemical Urine Test
06:05-06:15	FE-6	Morning Inspection
06:10-06:20	CDR	Morning Inspection
06:10-06:15	FE-5	Biochemical Urine Test
06:15-06:25	FE-6	Post-sleep
06:15-06:25	FE-5	PHS Evaluation Setup
06:20-06:50	CDR	Post-sleep
06:25-06:55	FE-5, FE-6 (assists)	Periodic Health Status
06:50-07:00	CDR	Lake Baikal Video
06:55-07:25	FE-6, FE-5 (assists)	Periodic Health Status
07:00-07:50	CDR	BREAKFAST
07:25-08:05	FE-5	Periodic Health Status (PHS) Data Entry and Stow
07:25-07:45	FE-6	Post-sleep
07:45-08:05	FE-6	BREAKFAST
07:50-08:05	CDR	Work Prep
08:05-08:20		Daily Planning Conference (S-band)
08:20-09:20	CDR	ACH-M Test in ISS+MRM2/No Vehicle Configuration – tear down. <i>Tagup with specialists as necessary (S-band)</i>
08:20-08:55	FE-5	Post-sleep
08:20-08:50	FE-6	BREAKFAST
08:50-09:05	FE-6	Crew Acoustic Dosimeters Data Trasnfer
08:55-09:45	FE-5	BREAKFAST
09:10-09:20	FE-6	APEX KFT MELFI Insertion
09:20-09:25	FE-6	MERLIN Condensation Status Check
09:20-09:50	CDR	ACH-M Test in ISS+MRM2/No Vehicle Configuration - Data Downlink
09:25-10:30	FE-6	EDR KUBIK 6 Setup
10:00-11:00	CDR	Physical Exercise (VELO), Day 1
10:10-11:40	FE-5	Physical Exercise (ARED)
10:30-12:00	FE-6	Hardware Prepack for Return on 19A
11:00-12:30	CDR	Physical Exercise T 2
11:40-12:40	FE-5	Hardware Prepack for Return on 19A
12:25-12:30	FE-6	Camera positioning in the A/L for METOX monitoring
12:30-12:55	CDR	КЛ-103Ц TV camera test from SM and MRM2 in MPEG-2 format. <i>Tagup with specialists (S-band)</i>
12:30-12:40	FE-6	Start EMU Metox Regeneration

12:45-13:45	FE-5, FE-6	19A Transfer List Review
13:15-13:45	CDR	19A Transfer List Review
13:45-14:15		19A Pre-Pack Conference (S-band)
14:15-15:15		LUNCH
15:35-16:05		Expedition 23/STS-131 Crew Conference (S-band)
16:05-17:35	FE-6	Physical Exercise (ARED)
16:05-16:55	FE-5	Repacking and consolidation of Columbus items before 19A
16:20-17:50	CDR	RELAXATION Hardware Setup. Tagup with specialists (S-band)
16:55-17:15	FE-5	SDTO TVIS Harness Configuration
17:15-17:45	FE-5	SDTO TVIS Troubleshooting
17:35-17:50	FE-6	Private Medical Conference
17:45-18:45	FE-5	Physical Exercise T2
17:50-18:50	FE-6	Physical Exercise (CEVIS)
17:50-18:10	CDR	RELAXATION Earth Observation and Video. Tagup with specialists (S-band)
18:10-18:20	CDR	RELAXATION Closeout Ops
18:20-18:50	CDR	RELAXATION Hardware Removal
18:45-18:55	FE-5	USOS Window Shutter Close
18:50-18:55	CDR	Elektron-VM Aerosol Filter Inspection
18:50-19:05	FE-6	VHF Comm Check Using US Ground Sites
18:55-19:15	CDR, FE-5	Evening Work Prep
19:15-19:30		Daily Planning Conference (S-band)
19:30-19:35	FE-6	MPC Power Up
19:30-20:30	CDR	Pre-sleep
19:30-21:30	FE-5	Pre-sleep
19:35-21:25	FE-6	Pre-sleep
20:30-20:45	CDR	ISS Crew / Kent Rominger tagup (Astronaut Office) (S-band)
20:45-21:20	CDR	Pre-sleep
21:20-21:30	CDR	SONOCARD Experiment Start
21:25-21:30	FE-6	MPC Power Down
21:30-06:00		SLEEP
Took Liet	CDB	IMS Update
Task List	CDR	СОЖ Maintenance

## Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
  See OSTP for references to US activities
- 3. Pre-sleep ops: dinner, daily food prep, evening toilet End of Radiogram