

Radiogram No. 4354 u

Form 24 for 10/17/2010

CREW OFF DUTY

GMT	CREW	ACTIVITY
06:00-06:05	CDR	SLEEP Data Log Entry
06:00-06:10	FE-1,FE-5	Morning Inspection
06:00-06:05	FE-3	SLEEP Data Log Entry
06:00-06:05	FE-6	SLEEP Data Log Entry
06:05-06:15	CDR, FE-2 ,FE-3,FE-6	Morning Inspection
06:10-06:40	FE-1,FE-5	Post-sleep
06:15-06:45	CDR, FE-2 ,FE-3,FE-6	Post-sleep
06:40-07:30	FE-1,FE-5	BREAKFAST
06:45-07:35	CDR, FE-2 ,FE-3,FE-6	BREAKFAST
09:30-10:30	FE-1	Physical Exercise (ARED)
10:00-10:15	FE-5	Private Family Conference (<i>S+Ku-band</i>)
10:30-11:30	CDR	Physical Exercise T 2
10:30-11:30	FE-3	Physical Exercise (CEVIS)
10:30-11:30	FE-2	Physical Exercise (ARED)
10:30-12:00	FE-5	Physical Exercise (TVIS), Day 3
11:30-13:00	CDR	Physical Exercise (ARED)
12:00-13:00	FE-5	Physical Exercise (VELO), Day 3
12:30-12:45	FE-2	Private Family Conference (<i>S+Ku-band</i>)
13:00-14:00	.	LUNCH
14:00-14:40	FE-1	COЖ Maintenance. SM and FGB Flush Counter (CП), Water Supply System (CBO), Potok Air Purification System Data Calldowns
14:05-14:20	FE-2	Private Psychological Conference (<i>VHF</i>)
15:35-15:50	FE-6	Private Conference
15:40-17:10	FE-2	Physical Exercise (TVIS), Day 4
15:40-17:10	FE-3	Physical Exercise (ARED)
16:10-17:10	FE-6	Physical Exercise T 2
17:10-18:40	FE-1	Physical Exercise (TVIS), Day 4
17:10-18:40	FE-6	Physical Exercise (ARED)
17:15-17:30	FE-3	Private Family Conference
18:35-18:45	FE-2	Evening Work Prep
18:40-18:50	CDR, FE-1 ,FE-3, FE-5 ,FE-6	Evening Work Prep
18:50-19:15	.	Daily Planning Conference (<i>S-band</i>)
19:15-19:30	CDR, FE-1 , FE-2 ,FE-3, FE-5	Evening Work Prep
19:15-19:20	FE-6	Evening Work Prep
19:20-19:35	FE-6	Private Family Conference
19:30-21:30	FE-1,FE-2 ,FE-3, FE-5	Pre-sleep

19:30-20:25	CDR	Pre-sleep
19:35-21:30	FE-6	Pre-sleep
20:25-20:40	CDR	Private Family Conference
20:40-21:30	CDR	Pre-sleep
21:30-06:00	.	SLEEP
Task List	FE-1	SEINER Ocean Observations
	FE-5	ECON. Observations and Photography
		URAGAN. Observations and Photography

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep ops: dinner, daily food prep, evening toilet
- End of Radiogram