## CREW REST BEFORE EVA. EVA TIMELINE REVIEW.

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30	CDR,FE-1	BREAKFAST
06:40-07:20	FE-2	BREAKFAST
07:20-07:25	FE-2	HAM radio setup
07:25-07:35	FE-2	HAM radio session
07:30-08:00	CDR,FE-1	Prep for Work
07:35-08:00	FE-2	Prep for Work
08:00-09:30		EVA timeline review. Tagup with specialists (S-band)
09:30-10:00	CDR	FORP Decontamination Kit Setup
10:30-11:30	FE-2	Physical Exercise (RED)
10:30-12:00	FE-1	Physical Exercise (TVIS), Day 2
11:30-12:05	FE-2	Crew return prep
12:00-13:00	CDR	Physical Exercise (VELO+RED) day 2
12:15-12:45	FE-2	STS 13A EVA Conference (S-band)
12:55-13:00	FE-1	On MCC Go ISS air repress from Progress 360 CpΠK (start)
13:00-14:00		LUNCH
14:00-14:05	FE-2	DCS 760 EVA Camera Battery Charging
14:00-14:05	FE-1	ISS air repress from Progress №360 CpΠK (terminate)
14:00-14:40	CDR	Filling EDV (KOB) for Elektron from CWC 1043
14:05-14:10	FE-2	Payload status check
14:05-14:20	FE-1	Soyuz ACY activation
14:10-14:20	FE-2	ALTEA DAU Restart
14:20-14:35	FE-1	Setting up PILLE dosimeters for EVA
14:35-14:50	FE-1	UROLUX hardware setup
14:40-15:10	CDR	СОЖ Maintenance /
15:25-15:40	FE-2	Private Medical Conference (Ku + S-band)
15:30-17:00	CDR	Physical Exercise (TVIS), Day 2
15:40-17:10	FE-2	Physical Exercise (CEVIS)
16:15-16:35	FE-1	IMS Update
16:35-16:50	FE-1	Private Medical Conference (Ku + S-band)
16:50-17:50	FE-1	Physical Exercise (VELO+RED) day 2
17:10-17:25	CDR	Private Medical Conference (Ku + S-band)
17:10-18:10	FE-2	Transfer of DCS 760 camera
17:50-18:00	FE-1	Evening work prep
18:05-18:45	CDR	Evening work prep
18:10-18:15	FE-2	Transfer TVIS, RED, HRM, and CEVIS data to MEC.
18:15-18:55	FE-1	Evening work prep
18:15-19:15	FE-2	Evening work prep
18:55-19:15	CDR	Evening work prep
19:10-19:15	FE-1	Evening work prep
19:15-19:30		Daily Planning Conference (S-band)
19:30-20:00		DINNER

20:00-20:30	Daily Food Prep
20:30-21:30	Pre-sleep
21:30-10:20	SLEEP

**Note:** See OSTP for references to US activities.

End of Radiogram