

BIOECOLOGY

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-06:50	CDR	MO-8. Set-up
06:40-06:50	FE-1	Calf volume measurement
06:50-07:00	CDR	
06:50-07:05	FE-1	Body mass measurement
07:00-07:05	CDR	Post-sleep
07:05-07:20		Body mass measurement
07:05-07:30	FE-1	BREAKFAST
07:20-07:30	CDR	MO-8. Close-out ops
07:30-07:45		Daily Planning Conference (<i>S-band</i>)
07:45-08:30	CDR	BREAKFAST
07:45-08:10	FE-1	
08:10-08:25		Work prep
08:25-11:05		CFE-Contact Line 2- – experiment run
08:30-08:45	CDR	Work prep
08:45-09:10		Preparation of BCM-M2 for s/w upgrade. <i>Tagup (S-band)</i>
09:10-10:05		ECB-M2 firmware upgrade. <i>Tagup (S-band)</i>
10:05-10:35		RSE-MED LAPTOP. Functionality checkout. <i>Tagup (S-band)</i>
10:35-11:35		BIOECOLOGY. APT data download to Laptop. <i>Tagup as necessary (S-band)</i>
11:05-12:35	FE-1	Physical Exercise (TVIS)
11:35-11:45	CDR	BIOECOLOGY. Replacing APT batteries
11:45-12:45		Search for [CKB] PSU (БП # A14)
12:35-13:35	FE-1	Physical Exercise (RED)
12:45-12:50	CDR	RSE-MED Laptop power off
12:50-13:50		Physical Exercise (VELO + Force Loader 1) day 1
13:35-14:35	FE-1	LUNCH
13:50-14:50	CDR	
14:35-15:05	FE-1	COЖ maintenance
14:50-15:10	CDR	Search for 11Φ732.Г1021-OA handle in FGB and DC1
15:05-15:15	FE-1	PAO hardware setup
15:15-15:25		
15:25-15:45		ESA greetings on successful completion of Columbus work (<i>S + Ku-band</i>)
15:45-15:55	FE-1	Post-PAO equipment stowage
15:45-16:00	CDR	Private medical conference (<i>S-band</i>)
15:55-16:15	FE-1	IMS update
16:00-17:00	CDR	Crew time for adaptation and ISS orientation

16:20-16:25	FE-1	Monitoring of O2 and CO2 readings
16:25-16:40		Private medical conference (<i>S-band</i>)
16:40-17:40		Crew time for adaptation and ISS orientation
17:00-18:30	CDR	Physical Exercise (TVIS), day 1
17:40-17:55	FE-1	Questionnaire - journal entry
17:55-18:25		Defibrillator checkout
18:25-19:10		Evening work prep
18:30-19:15	CDR	
19:10-19:15	FE-1	Transferring TVIS, RED, and HRM data to MEC
19:15-19:30		Daily Planning Conference (<i>S-band</i>)
19:30-20:00		DINNER
20:00-20:30	CDR	Daily Food Prep
	FE-1	Daily Food Prep
20:30-21:30	.	Pre-sleep
21:30-06:00		SLEEP

Note: Note: See OSTP for references to US activities.

End of Radiogram