SM & FGB Solar Array Performance Evaluation. Crew Rest

GMT	Crew	Activity / ODF or R/G
06:00–06:10		Morning inspection
06:10–06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-08:30	CDR	PMA2 Depress ;Uplinked Procedures;OCA_1479 PMA2 Depress:Steps 5.6 through end of the procedure
08:00–08:15	FE-1	Private family conference
09:35–09:50	PLT	
10:00–11:30	FE-1	Physical exercise (TVIS-2)
11:30–12:30	PLT	Physical exercise (IRED-2)
11:30–12:30	CDR	Physical exercise (TVIS)
12:30–13:30		LUNCH
14:40-14:55	CDR	Private Family Conference
17:00–18:00	FE-1	Physical exercise (IRED-2)
18:00–19:30	CDR	Physical exercise (IRED)
18:00–19:30	PLT	Physical exercise (TVIS-2)
19:30–20:00		DINNER
20:00–20:30		Daily food ration prep
20:30–21:30		Pre-sleep
21:30–06:00		SLEEP

End of radiogram