## Radiogram No. 3172 u CREW OFF-DUTY

## Form 24 for 05/25/2010

GMT	CREW	ACTIVITY
06:00-06:10	CDR, FE-3, FE-5	Morning Inspection
06:00-06:05	FE-2	SLEEP Data Log Entry
06:00-06:05	FE-6	PROK- PH Urine Test
06:00-06:05	FE-1	Elektron-VM Aerosol Filter Inspection
06:05-06:10	<b>FE-1</b> , FE-2	Morning Inspection
06:05-06:10	FE-6	Integrated Immune Liquid Saliva Sample Collection
06:10-06:40	<b>CDR, FE-1, FE-3</b> , FE-2, FE-5	Post-sleep
06:10-06:15	FE-6	SLEEP Data Log Entry
06:15-06:40	FE-6	Post-sleep
06:40-07:30		BREAKFAST
07:30-07:35	FE-1	TBU (Universal Bioengineering Thermostat) Temperature Check. <i>Report to MCC TBU temperature</i>
07:30-10:30	FE-5, FE-6	Weekly Housekeeping
07:30-09:30	FE-2	Weekly Housekeeping
07:30-07:55	CDR, FE-3	Weekly Housekeeping SM Ventilation System Preventive Maintenance Group
07:35-10:35	FE-1	E, Cleaning FGB ЦВ2
07:55-08:05	CDR, FE-3	On MCC GO Initiate C&W signals from MRM2 MПИ (Multifunction Indicator Panel) Pause for 30 sec between issuing FIRE, □P / □T, ATM, ACK commands
08:05-08:55	CDR,FE-3	Weekly Housekeeping SM Ventilation System Preventive Maintenance Group E, Cleaning FGB ЦВ2
08:55-09:50	CDR, FE-3 (assists)	LBNP Exercise (PRELIMINARY) CMO. Tagup with specialists (VHF)
09:30-09:45	FE-2	Private Family Conference
09:45-10:45	FE-2	Weekly Housekeeping
09:50-10:50	FE-3	Physical Exercise (ARED)
10:50-12:20	FE-1	Physical Exercise (TVIS), Day 1
11:20-13:00	CDR, FE-3	Weekly Housekeeping SM Ventilation System Preventive Maintenance Group E, Cleaning FGB ЦВ2
11:30-13:00	FE-2	Physical Exercise (ARED)
12:00-13:00	FE-5	Physical Exercise (CEVIS)
12:20-13:00	FE-1	СОЖ Maintenance
13:00-13:30		Weekly Planning Conference (S-band)
13:30-14:30		LUNCH
14:30-14:35	FE-6	PROK Diet Logging (Day 2-4)
14:40-14:50	FE-2	WRS Water Sample Analysis
14:45-15:00	CDR	Private Medical Conference (Ku+S-band)
15:15-15:30	FE-2	Private Medical Conference
15:15-16:45	CDR	Physical Exercise (TVIS), Day 4

15:15-15:30	FE-5	VHF Comm Check Using US Ground Sites
15:40-17:10	FE-6	Physical Exercise (ARED)
16:00-17:00	FE-2	Physical Exercise T2
16:10-16:25	FE-3	Private Medical Conference (Ku+S-band)
16:45-18:15	FE-3	Physical Exercise (TVIS), Day 2
17:00-17:10	FE-2	TOCA 2 Data Recording
17:00-17:15	FE-1	Private Medical Conference (Ku+S-band)
17:10-18:40	FE-5	Physical Exercise (ARED)
17:10-18:10	FE-6	Physical Exercise T 2
17:15-17:35	FE-1	Evening Work Prep
17:35-18:35	FE-1	Physical Exercise (VELO), Day 1
17:45-17:55	FE-2	Closing USOS Window Shutters
17:50-18:40	CDR	Evening Work Prep
17:55-18:15	FE-2	Procedure review prior to CIR DCM replacement
18:15-18:40	FE-2, <b>FE-3</b> , FE-6	Evening Work Prep
18:35-18:40	FE-1	Elektron-VM Aerosol Filter Inspection
18:40-19:05		Daily Planning Conference (S-band)
19:05-19:25	CDR	4 Day ACH-M Test w/Laptop Data Recording. Connect and start the laptop. Tagup with specialists (S-band) (as necessary)
19:05-19:30	<b>FE-1, FE-3</b> , FE-2, FE-5, FE-6	Evening Work Prep
19:25-19:30	CDR	Evening Work Prep
19:30-19:35	FE-6	MPC Power Up
19:30-20:55	FE-5	Pre-sleep
19:30-21:30	CDR, FE-1, FE-3, FE-2	Pre-sleep
19:35-21:25	FE-6	Pre-sleep
20:55-21:10	FE-5	Private Family Conference
21:10-21:30	FE-5	Pre-sleep
21:25-21:30	FE-6	MPC Power Down
21:30-06:00		SLEEP
Task List	CDR	ECON. Observations and Photography
	FE-1	SEINER Ocean Observations
	FE-3	URAGAN. Observations and Photography

## Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
  See OSTP for references to US activities
  Pre-sleep ops: dinner, daily food prep, evening toilet
  End of Radiogram