## Radiogram No. 3263u CREW OFF DUTY

## Form 24 for 06/05/2010

GMT	CREW	ACTIVITY
06:00-06:10	CDR, FE-3	Morning Inspection
06:00-06:05	FE-2	PROK- PH Urine Test
06:05-06:10	FE-2	REACTION Self Test
06:10-06:40		Post-sleep
06:40-07:25	FE-3	BREAKFAST
06:40-07:30	CDR, FE-2	BREAKFAST
07:25-07:30	FE-3	Elektron-VM Aerosol Filter Inspection
07:30-10:15	FE-2	Weekly Housekeeping
07:30-10:30	CDR, FE-3	Weekly Housekeeping SM Ventilation System Preventive Maintenance Group E, Cleaning FGB ЦВ2
10:20-10:25	FE-2	HAM Radio Setup
10:25-10:35	FE-2	HAM Radio Session
10:30-12:00	CDR	Physical Exercise (TVIS), Day 4
11:05-11:20	FE-3	Private Family Conference (Ku+S-band)
12:00-13:00	FE-3	Physical Exercise (VELO), Day 1
13:10-13:40		Weekly Planning Conference (S-band)
13:40-14:40		LUNCH
14:40-14:45	FE-2	PROK Diet Logging (Day 2-4)
14:40-14:50	FE-3	Pre-filter cleaning in POTOK-150MK Air Purification System in SM and FGB (Use vacuum cleaner equipped with narrow nozzle attachment; POTOK unit should be powered down)
14:40-14:55	CDR	Inspection of MRM1/ [СУ ТК] hatch grid
14:45-14:50	FE-2	SSC File Server Reboot
14:50-14:55	FE-2	OCA SSC Router Reboot
14:50-15:30	FE-3	СОЖ Maintenance
15:00-15:10	FE-2	Caution & Warning (C&W) Video Monitoring
16:10-17:10	FE-2	Physical Exercise T2
16:10-17:10	CDR	Physical Exercise (ARED)
17:00-18:30	FE-3	Physical Exercise (TVIS), Day 1
17:10-18:40	FE-2	Physical Exercise (ARED)
19:05-19:25	FE-2	Urine Sampling Kit Prep
19:25-19:30	FE-2	REACTION Self Test
19:25-19:30	FE-3	Elektron-VM Aerosol Filter Inspection
19:30-21:30		Pre-sleep
21:30-06:00		SLEEP
	CDR, FE-3	ECON. Observations and Photography
Task List		URAGAN. Observations and Photography
		SEINER Ocean Observations

## Notes:

- 1. SM Window #9 shutter opening is at crew discretion w/ Report to MCC
- 2. See OSTP for references to US activities
- 3. Pre-sleep ops: dinner, daily food prep, evening toilet End of Radiogram