

**Satellite Navigation Equipment [ACH-M] Test. Medical Experiments**

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-06:50	FE-1	Calf measurement
06:40-06:50	CDR	MO-8. Set-up
06:50-07:05	FE-1	Body mass measurement
06:50-07:00	CDR	Calf measurement
07:05-07:20		Body mass measurement
07:05-07:55	FE-1	BREAKFAST
07:20-07:30	CDR	MO-8. Close-out ops
07:30-08:20		SPRUT. Study of liquid media in human body. <i>Tagup with specialists (S-band)</i>
07:55-08:20	FE-1	Work prep
08:20-08:35		Daily planning conference ( <i>S-band</i> )
08:35-09:25	CDR	BREAKFAST
08:35-08:50	FE-1	Renal Stone: diet log
08:50-09:05		Renal Stone: urine collection
09:05-09:25		Start EMU battery charge
09:25-10:25		Physical Exercise (TVIS)
09:25-09:45	CDR	Work prep
09:45-10:00		Renal Stone: diet log
10:00-11:30		SM Rodnik Water Tank 1 [ББ1] bladder compression (use any new EDV, update IMS)
10:25-10:35	FE-1	TVIS Weekly Maintenance
10:35-12:05		Physical Exercise (RED)
11:30-14:00	CDR	PROFILAKTIKA. Test exercise with Load Trainer HC-1
12:05-12:10	FE-1	Transfer TVIS, RED, and HRM data to MEC
12:10-13:40		Shuttle hardware prepack
13:40-13:55		Renal Stone: urine collection
14:00-15:00		LUNCH
15:00-15:30	FE-1	Photo skills training for the Shuttle R-Bar Pitch Maneuver
15:00-15:10	CDR	Replace CO2 filter unit (БФ) ГА ИК0501 (БФ CO2 #087 b/c 009845R ФГБ1_ПГО_2_210_1 white bag 350-6). Stow removed unit for return. Update the IMS
15:15-15:30		Private medical conference ( <i>S-band</i> )
15:30-15:45	FE-1	Renal Stone: urine collection
15:30-16:00	CDR	Photo skills training for the Shuttle R-Bar Pitch Maneuver
15:45-16:00	FE-1	Questionnaire - log entry
16:00-16:15		Private medical conference ( <i>S-band</i> )
16:15-16:45		COЖ maintenance
16:15-16:45	CDR	NEUROCOG. Equipment setup
16:45-17:45		LF1 timeline review
17:45-18:15		<i>LF1 timeline conference (S-band)</i>

18:15-18:20	CDR	<b>On MCC GO</b> ISS repress with O2 from Progress 353 CpПK (Oxygen Supply Facility) (start)
18:15-18:30	FE-1	Renal Stone: urine collection
18:20-18:40	CDR	Daily plan review
18:30-18:45	FE-1	
18:40-19:10	CDR	Report prep
18:45-19:15	FE-1	
19:10-19:25	CDR	Daily food prep
19:15-19:30	FE-1	
19:25-19:30	CDR	ISS O2 repress from Progress 353 CpПK (terminate)
19:30-19:45		Daily planning conference ( <i>S-band</i> )
19:45-20:00		Daily food prep
20:00-20:30		DINNER
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
<b>Task List</b>	CDR	IMS file prep

**Note:** See OSTP for references to US activities.

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