

EMERGENCY RESPONSE TRAINING. RAPID DEPRESS DRILL.

GMT	CREW	ACTIVITY
06:00-06:10	.	Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:45	CDR	Work prep
07:30-08:00	FE-1	
07:45-08:00	CDR	GASMAP HRF - routine health check: power up
08:00-08:15	.	Daily planning conference (<i>S-band</i>)
08:15-09:45	FE-1	ИПК-1M personal protection gear remove and replace. <i>Tagup (S-band) / r/g 2027</i>
08:15-09:15	CDR	Smoke Detector #2 cleaning in NODE1
09:45-09:50	FE-1	Elektron shutdown with purge
09:45-10:45	CDR	Physical Exercise (TVIS)
10:05-10:20	FE-1	BIOECOLOGY. Replacing APT batteries
10:20-10:40		Elektron shutdown with purge
10:40-11:40		Search for Glisser-M Video Kits. (<i>3 bags, LAB105_D2</i>). <i>Tagup (S-band)</i>
10:45-11:00	CDR	Routine inspection of RED
11:00-12:30		Physical Exercise (RED)
11:40-12:00	FE-1	Glisser-M Video Camera Battery #1 charging
12:00-13:30		MO-3.Physical Fitness Evaluation (on treadmill)
12:30-13:30	CDR	RED cable replacement.
13:30-14:30	.	LUNCH
14:30-15:15	CDR	RED on-orbit calibration
14:30-14:40	FE-1	Set up the first Orlan Battery Pack 825M3 for charging and start charging the first Pack
14:40-15:10		Vacuum pressure gauge accuracy check
15:10-15:15		Glisser-M Video Camera Battery #1 charging
15:15-15:20		Glisser-M Video Camera Battery #2 charging
15:15-15:30	CDR	GASMAP HRF - health check
15:20-15:45	FE-1	COЖ maintenance
15:30-15:45	CDR	Private medical conference (<i>Ku + S-band</i>)
15:45-17:15	.	Emergency response training. Rapid depress drill. <i>Tagup (S-band)</i>
17:15-17:20	CDR	BCAT-3: camera checkout
17:20-18:20	FE-1	Physical Exercise (VELO + RED) day 4
17:20-17:35	CDR	Private family conference (<i>Ku + S-band</i>)
17:35-17:40		GASMAP HRF - health check: power down
17:40-18:10		Office Pantry Questionnaire (<i>S-band</i>)
18:10-18:15		Transferring TVIS, RED, and HRM data to MEC
18:15-18:40		Daily plan review
18:20-18:40	FE-1	Glisser-M Video Camera Battery #2 charging
18:40-18:55	.	Daily planning conference (<i>S-band</i>)
18:55-19:15	CDR	IMS update

19:00-19:15	FE-1	Report prep
19:15-19:30		Private medical conference (<i>S-band</i>)
19:15-19:30	CDR	Report prep
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	FE-1	GCF-JAXA. TBY incubator temperature check

Note: See OSTP for references to US activities.

End of Radiogram