

GMT	CREW	ACTIVITY
09:05-09:15	CDR, FE-1	Morning Inspection
09:15-09:45	CDR, FE-1	Post-sleep
09:45-10:25	CDR, FE-1	BREAKFAST
10:35-10:55	CDR, FE-1	Prep for Work
10:55-11:10		Daily planning conference (VHF)
11:10-11:20	CDR, FE-1	Prep for Work
11:20-11:25	CDR	HAM radio powerdown in FGB
11:25-12:55	CDR	SM Rodnik Water Tank 1 [BB1] Bladder Compression.
11:30-11:35	FE-1	VTR swapout
11:40-12:20	FE-1	COЖ maintenance. Monitoring ИП-1
12:20-12:50	FE-1	DYKHANIE [RESPIRATION]. Experiment setup
12:50-13:10	FE-1	IMS update
12:55-14:55	CDR	Restoration of Air duct BTK2
13:10-14:10	FE-1	DYKHANIE [RESPIRATION]. Experiment ops and closeout ops
14:10-14:25	FE-1	CEVIS - calibration
14:25-15:00	FE-1	Physical Exercise (CEVIS)
14:55-16:25	CDR	Physical Exercise (TVIS), Day 2
15:00-15:05	FE-1	Transfer TVIS/RED/CEVIS/HRM data to MEC
15:05-15:50	FE-1	O2 circulation system reconfig
15:50-16:50	FE-1	Physical Exercise (RED)
16:45-17:45	CDR	LUNCH
16:50-17:50	FE-1	LUNCH
17:45-17:50	CDR	SM Rodnik Water Tank 1 [BB1] Bladder Compression.
17:50-18:25	CDR, FE-1	Review Double Coldbags 13A.1 Pack Procedure
18:25-19:55	CDR, FE-1	Double Coldbags Flight 13A.1 Pack
19:55-20:25	CDR, FE-1	Transfer DCB1 and DCB2
20:30-20:45	CDR	DCS 760 EVA Camera Reconfiguration
20:45-21:00		Crew Farewell
21:00-22:00	CDR	Physical Exercise (VELO+RED), Day 2
21:00-21:25	FE-1	Orbiter transfer hatch closure
22:10-22:25		Daily Planning Conference (S-band)
22:25-22:55	CDR, FE-1	DINNER
23:05-23:35	CDR, FE-1	Daily food prep
23:35-00:05	CDR, FE-1	Pre-sleep
00:05-08.35		SLEEP
Task List	FE-1	GSF-JAXA. TBY temperature monitoring (in the morning)
		PLANTS-1. Payload status check

Note: Note: See OSTP for references to US and FE2 activities.
End of Radiogram