## Crew rest, 3УΓ [Fuel Refilling Device] and 3УΟ [Oxidizer Refilling Device] Leak Tests

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
08:25-08:40		Private psychological conference (UHF)
09:00-10:00	CDR	Setting up Local Temperature Sensor Commutator ЛКТ (TA251M 1Б s/n 1417726327, no bar code, stowed at: CM1PO_3_314_1 in a white bag III-1/256-2) and Π3У in Progress
09:45-11:15	FE-1	Physical Exercise (RED)
10:15-11:15	CDR	Physical exercise (TVIS-2)
11:15-11:45		Physical Exercise (RED)
11:15-12:15	FE-1	Physical Exercise (TVIS)
12:15-12:45		Weekly planning conference (S-band)
12:45-13:45		LUNCH
13:45-16:45		Weekly housekeeping
16:45-17:15	FE-1	СОЖ maintenance (CBO and СП counter data calldown)
17:15-17:20		Rebooting OCA SSC router
17:15-18:15	CDR	Physical Exercise (VELO+Load Trainer/cycle 1) day 2
17:20-17:35	FE-1	Rebooting all PCS (once a week)
18:00-18:15		Food questionnaire
18:15-18:45		Daily plan review
18:45-19:15		Report prep
19:15-19:30		Daily planning conference (S-band)
19:30-20:00		DINNER
20:00-20:20	CDR	Daily food prep
20:00-20:30		
20:30-21:30		Pre-sleep
20:20-20:50	FE-1	Private family conference (Ku + S-band)
20:50-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	CDR	Downoad data from the Payload Server Unit [БСПН] to flash card via ISS WIENER
		PLANTS-2. Payload status check
		URAGAN Observation and photo imagery

**Note:** See OSTP for references to US activities.

End of radiogram