

Radiogram No. 4983u

Form 24 for 12/30/2010

Emergency Descent Training

GMT	CREW	ACTIVITY
06:00-06:10	CDR, FE-1 , FE-2 , FE-6	Morning Inspection
06:00-06:05	FE-4	Elektron-VM Aerosol Filter Inspection
06:00-06:05	FE-5	Urine Spot Test
06:05-06:10	FE-4	Morning Inspection
06:05-06:25	FE-5	HRF Urine Sample Collection Subject
06:10-06:40	CDR, FE-2 , FE-6	Post-sleep
06:10-06:25	FE-4	
06:10-06:25	FE-1	Biochemical Urine Test
06:25-06:40	FE-4	
06:25-06:40	FE-1	Post-sleep
06:25-06:30	FE-5	HRF Urine Sample Insertion into MELFI
06:30-06:40		HRF Refrigerated Centrifuge Setup
06:40-07:30	FE-1 , FE-4 , FE-6	BREAKFAST
06:40-06:55	CDR	HRF Blood Draw Operator
06:40-06:55	FE-2	Biochemical Urine Test
06:40-07:00	FE-5	HRF Blood Sample Draw Subject
06:55-07:05	FE-2	URISIS Hardware Stowage
06:55-07:30	CDR	BREAKFAST
07:00-07:10	FE-5	Post-sleep
07:05-07:30	FE-2	BREAKFAST
07:10-07:20	FE-5	HRF Refrigerated Centrifuge Configure
07:20-07:30		BREAKFAST
07:30-07:50		Daily Planning Conference (<i>S-band</i>)
07:50-08:05	CDR, FE-1 , FE-2 , FE-4 , FE-6	ISS Crew and TOFY (RSA Flight Control Team Management) Weekly Conference (<i>S-band</i>)
07:50-07:55	FE-5	HRF Refrigerated Centrifuge Spin Terminate
07:55-08:05		HRF Blood Sample Insertion into MELFI
08:05-08:15	FE-1	Work Prep
08:05-10:05	FE-2 , FE-4	Preparation of spacesuit replaceable elements, service, and personal gear. <i>Tagup with specialists as necessary (S-band)</i>
08:05-09:05	CDR, FE-5, FE-6	Crew Handover
08:15-08:55	FE-1	COX Maintenance
08:55-09:55	FE-1	Physical Exercise (VELO), Day 2
09:05-09:20	FE-5	ESA Weekly Crew Conference
09:20-10:30	FE-6	ICV ECHO Setup
09:20-09:25	FE-5	PROK - Ration Photography

09:25-09:40		HRF Blood Collection Hardware Stowage
09:40-10:00		HRF - Stow Urine Collection Equipment
09:45-10:00	CDR	JEM Comm Check
09:55-10:05	FE-1	PAO Hardware Setup
10:00-10:10	FE-5	BLB - ATCS 1 and 2 Removal
10:05-10:15	FE-1, FE-2, FE-4	Crew Prep For PAO
10:10-11:40	CDR	Physical Exercise (ARED)
10:15-10:30	FE-1, FE-2, FE-4	TV Conference with RSC Energia Management. New Year Greetings (<i>Ku+S-band</i>)
10:30-11:30	FE-6	ICV ECHO Setup
10:30-12:00	FE-2	Physical Exercise (TVIS), Day 2
10:35-11:25	FE-5	ICV - Assistance During Experiment
10:40-11:30	FE-1	MATRYOSHKA-R. BUBBLE-Dosimeter Retrieval And Readout
	FE-4	RUSALKA Hardware Setup and Observations
11:30-12:30	FE-1	Stowage of discarded hardware in Progress 408 and IMS updates
11:30-11:35	FE-5	ICV Software Close
11:30-11:50	FE-4	RUSALKA. Closeout Ops, Data Copy
11:35-12:35	FE-5	Crew time for ISS adaptation and orientation
11:40-12:40	CDR	Physical Exercise (CEVIS)
11:50-12:35	FE-6	VI Scanning Ops
11:50-12:20	FE-4	Crew time for ISS adaptation and orientation
12:00-13:00	FE-2	Physical Exercise (ARED)
12:20-12:35	FE-4	RUSALKA Terminate Data Copy and Downlink via OCA
12:35-13:05	FE-6	WHC EDB-CB Manual Fill
12:35-12:45	FE-4	RUSALKA Hardware Removal
12:35-12:50	FE-5	ICV-USND hardware deactivation and stowage
12:40-12:50	CDR	EHS GC/DMS Ops Start
12:45-13:00	FE-1, FE-4	IMS Tagup (<i>S-band</i>)
12:50-13:00	CDR	CWC Audit
13:00-14:00	CDR, FE-1, FE-2, FE-4, FE-5	LUNCH
13:05-14:05	FE-6	LUNCH
14:00-14:15	FE-5	Food Frequency Questionnaire
14:00-15:05	CDR	ISS Emergency Descent Drill for Soyuz 701 crew. <i>Tagup with specialists in SG2 (S-band)</i>
14:00-17:00	FE-1, FE-2	
14:05-15:05	FE-6	Crew time for ISS adaptation and orientation
14:10-15:10	FE-4	Scheduled Maintenance Test of Wide-Angle Vertical Sight (BШTB)
14:55-15:05	FE-5	PAO Hardware Setup
15:05-15:15	CDR, FE-5, FE-6	Crew Prep for PAO
15:15-15:35		PAO Event
15:30-17:00	FE-4	Physical Exercise (TVIS), Day 3

15:35-15:40	FE-5	PAO Hardware Deactivation
	FE-6	Configure Waste and Hygiene Compartment (WHC) for integration with EDV
15:35-17:00	CDR	ISS Emergency Descent Drill For Soyuz 701 Crew. <i>Tagup with specialists in SG2 (S-band)</i>
15:40-16:10	FE-6	WRS. WPA Relocation
15:45-17:15	FE-5	Physical Exercise (ARED)
16:15-17:15	FE-6	Physical Exercise (CEVIS)
17:00-18:00	FE-4	Physical Exercise (VELO), Day 3
	FE-2	Stowage of discarded hardware in Progress 408 and IMS updates
17:00-18:30	FE-1	Physical Exercise (TVIS), Day 2
17:00-17:45	CDR	Reload PCS at Cupola RWS
17:15-18:45	FE-6	Physical Exercise (ARED)
17:15-18:15	FE-5	Physical Exercise (CEVIS)
17:45-18:00	CDR	IMS conference
18:00-18:05		Terminate EHS GC/DMS Ops
18:00-18:20	FE-4	IMS Update
18:05-18:50	FE-2	Evening Work Prep
18:15-18:45	CDR	BCAT5. Start the Experiment with Sample 10
18:15-18:50	FE-5	Evening Work Prep
18:20-18:45	FE-4	Evening Work Prep
18:30-18:50	FE-1	Evening Work Prep
18:45-18:50	FE-4	Elektron-VM Aerosol Filter Inspection
18:50-19:10		Daily Planning Conference (<i>S-band</i>)
19:10-19:30		Flight Director/ISS Crew Tagup
19:30-19:35	CDR	MPC Power Up
19:30-21:30	FE-1, FE-2, FE-4, FE-5, FE-6	Pre-sleep
19:35-21:25	CDR	Pre-sleep
21:25-21:30		MPC Power Down
21:30-06:00	.	SLEEP

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep ops: daily food prep, dinner, pre-sleep
- End of Radiogram