## **CREW OFF DUTY**

GMT	CREW	ACTIVITY
13:00-13:10		Morning Inspection
13:10-13:40		Post-sleep
13:40-14:30		BREAKFAST
14:35-14:50	CDR	Private Family Conference (Ku + S-band)
15:15-15:55	FE-1	Restore Suit #27 arm lacing. Tagup (S-band)
17:00-17:15	CDR	Private Psychological Conference (S-band)
17:30-19:00		Physical Exercise (TVIS)
19:00-20:30	FE-1	Physical Exercise (TVIS) day 4
19:00-20:00	CDR	Physical Exercise (RED)
20:30-21:30		LUNCH
21:40-21:55	FE-1	Motorola phone charging: setup, start charge
22:10-22:15		Motorola phone charging - status check
22:30-22:35		
22:50-22:55		
23:10-23:20		Motorola phone charging - terminate charging, cleanup
23:45-00:15		СОЖ maintenance / СВО, СП data calldown
00:15-01:15		Physical Exercise (VELO+RED)-4.
01:00-01:05	CDR	CSA O2/CO2 status check
01:15-01:45		Daily Plan Review
01:45-02:00		Daily Planning Conference (S-band)
02:00-02:30		Report prep
02:30-03:00		DINNER
03:00-03:30		Daily Food Prep
03:30-04:30		Pre-sleep
04:30-13:00		SLEEP
Task List	FE-1	GCF-JAXA. TБУ incubator temperature check
		PLANTS-2. Payload status check

Note: See OSTP for references to US activities.

End of Radiogram