

**Plazma Crystal-3**

GMT	CREW	ACTIVITY
06:00-06:10	.	Morning inspection
06:10-06:40	.	Post-sleep
06:40-07:30	.	BREAKFAST
07:30-08:00	.	Prep for work
08:00-08:15	.	DPC ( <i>S-band</i> )
08:15-10:45	FE-1	PLAZMA CRYSTAL-3 PLUS. Hardware install. <i>Tagup (S-band)</i>
08:20-08:30	CDR	Photo Imagery of the HRF rack 2 Pulmonary Function System turbine flow meter
08:30-08:45		Renal Stone Pill Photographs
08:45-09:45		FOOT: CDR - hardware install
09:45-10:15		FOOT: CDR- calibration exercises prep
10:15-10:20		BCAT-3: camera checkout
10:40-10:50		PAO hardware setup
10:45-11:15	FE-1	PLAZMA CRYSTAL-3 PLUS. Leak check prior to volume evacuation. <i>Tagup (S-band)</i>
10:50-11:00	CDR	PAO crew prep
11:00-11:20		EPO for JAXA ( <i>Ku+S-band</i> )
11:15-11:45	FE-1	ПК3П/T-04 cable install to connect Plazma Crystal-3 Plus to БПИ. <i>Tagup (S-band)</i>
11:20-11:50	CDR	PBA and PFE inspection
11:45-12:05	FE-1	Installation of s/w for Plazma Crystal-3 Plus and БПИ, from CD to ISS Wiener. <i>Tagup (S-band)</i>
11:50-12:05	CDR	Food questionnaire
12:05-12:35	FE-1	Replacing БПИ network configuration file from the ISS Wiener laptop. <i>Tagup (S-band)</i>
12:05-13:05	CDR	Physical exercise (RED)
12:35-13:05	FE-1	БСПН hard drive replace. <i>Tagup (S-band)</i>
13:05-13:10		<b>On MCC Go</b> ISS O2 repress from Progress 354 CpПК (start)
13:10-14:10	.	LUNCH
14:10-14:40	CDR	COЖ maintenance
14:10-14:15	FE-1	ISS O2 repress from Progress 354 CpПК (terminate)
14:15-15:05		PLANTS-2. Start of experiment. <i>Tagup (S-band)</i>
14:40-15:00	CDR	EPO with P/L demonstration - procedure review
15:00-15:10		Educational Payload Ops (EPO): camcorder set up
15:10-15:35		Education Payload Operations Lab Safety Demonstration
15:15-15:40	FE-1	Preparation for MO-21. Ecosphere battery charging and Cryogem activation Подготовка к МО-21. Зарядка блока питания "Экосфера" и вкл. "Криогем"
15:35-15:50	CDR	PMC ( <i>S-band</i> )
15:40-17:10	FE-1	Physical exercise (TVIS-1)
15:50-16:10	CDR	IMS update
16:10-16:55		CWC inspection

16:55-18:25		Physical exercise (TVIS)
17:10-18:10	FE-1	Physical exercise (BEJO+RED) – day 1
18:10-18:25		PMC ( <i>S-band</i> )
18:25-18:40	CDR	TVIS weekly maintenance
18:25-18:45	FE-1	Daily plan review
18:40-18:45	CDR	TVIS/RED/HRM data transfer to MEC
18:45-19:00	.	DPC ( <i>S-band</i> )
19:00-19:30	.	Report prep
19:30-20:00	.	DINNER
20:00-20:30	.	Daily food prep
20:30-21:30	.	Pre-sleep
21:30-06:00	.	SLEEP
<b>Task List</b>	FE-1	GCF-JAXA. incubator temperature check

**Note:** See OSTP for references to US activities.

End of Radiogram