GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-08:00		Work prep
08:00-08:05	FE-1	Glove Box (MSG): activation
08:05-08:10		Glove Box (MSG): video equipment set up
08:10-08:25		Daily planning conference (S-band)
08:25-10:25	FE-1	FOOT - video ops
08:25-10:25	CDR	IMS audit of SM panels 134, 135
10:25-11:25	FE-1	FOOT- calibration w/video
10:30-12:45	CDR	PROFILAKTIKA. Test exercise on TVIS. Tagup with specialists (S-band+VHF)
11:35-13:05	FE-1	Physical Exercise (RED)
12:45-13:00	CDR	PROFILAKTIKA. Cardiocassette-2000 data copying, downlink via OCA
13:05-14:05		LUNCH
14:05-14:30	FE-1	RED exercise playback (Ku+band)
14:05-14:35	CDR	СОЖ maintenance
14:35-16:35		ISS RS IMS Audit (port sleep station)
14:30-14:35	FE-1	Glove Box (MSG): videocassette changeout
14:35-15:05		P/L Serial Network Flow Monitor - Laptop S/W installation
15:05-15:20		Rebooting all PCS (weekly)
15:20-15:25		Rebooting OCA SSC router
15:25-15:30		Carbon dioxide monitoring
15:30-15:40		Formaldehyde Monitoring Kit (FMK) removal
15:40-15:55		Video equipment set up for video imagery of exercise on TVIS
15:55-16:55		Physical Exercise (TVIS)
16:35-17:35	CDR	Cleaning D1X CCD and lenses. Tagup with specialists (S-band+VHF)
16:55-17:00	FE-1	Transfer TVIS, RED, and HRM data to MEC
17:00-17:20		EPO with P/L demonstration - procedure review
17:20-17:35		Educational Payload Ops (EPO): camcorder set up
17:35-18:00		Educational Payload Ops (EPO)- crew leisure demonstration
18:00-18:15	FE-1	Daily plan review
18:00-18:20	CDR	IMS file prep
18:15-18:45	FE-1	FOOT - equipment stow
18:20-18:45	CDR	Daily plan review
18:45-19:00		Daily planning conference (S-band)
19:00-19:30		Report prep
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	CDR	URAGAN. Observation and photo imagery

Note: See OSTP for references to US activities.

End of Radiogram