

Radiogram No. 1436u

Form 24 for 10/16/09

Prep for Progress Docking. Attitude Control Thruster (DO) Inhibit for USOS Ops

GMT	CREW	ACTIVITY
06:00-06:05	FE-5	REACTION Self Test
06:00-06:10	FE-2, CDR, FE-1, FE-3, FE-4	Morning Inspection
06:05-06:15	FE-5	
06:10-06:40	FE-1, FE-4, CDR, FE-2, FE-3	Post-sleep
06:15-06:45	FE-5	
06:40-07:30	FE-2, FE-1, CDR, FE-3, FE-4	BREAKFAST
06:45-07:35	FE-5	
07:30-07:35	CDR	Connect DCP Power Cable
07:35-07:40	FE-5	Water Recovery System (WRS) Urine Processor Assembly (UPA) Fill
07:40-07:50	FE-4, FE-5	Mice Drawer System Status Check
07:50-08:00	FE-3	PAO Hardware Setup
08:00-08:10		Crew prep for PAO
08:10-08:30		PAO with Participants of XVII International Space Olympiad for Schoolchildren (S + Ku-band)
08:30-09:30	FE-3, FE-1	Progress Docking Conference (S-band)
08:40-10:10	CDR	Physical Exercise (ARED)
08:40-09:40	FE-5	Physical Exercise (CEVIS)
09:00-09:30	FE-4	SDTO Equipment Transfer
09:10-09:20	FE-2	ICV Materials Overview
09:20-09:50		Procedure Review prior to First Run
09:40-09:50	FE-1, FE-3	Crew prep for PAO
09:50-10:05		Downlink of TV Greetings (S + Ku-band)
09:50-10:00	FE-2	SDTO TVIS Harness Setup
10:00-10:10	FE-4	Camcorder Configuration
10:00-11:00	FE-2	Physical Exercise (TVIS)
10:05-10:15	FE-3	PAO Hardware Deactivation
10:05-11:35	FE-5	Physical Exercise (ARED)
10:20-10:25	CDR	WOOV8 Valve Cycling
10:25-10:40	FE-4	Terminate Cardio Vascular System Monitoring
11:00-12:00	FE-1	Physical Exercise (TVIS), day 2
11:00-11:10	FE-2	SDTO Data Downlink
11:10-11:20		SDTO TVIS Inspection
11:15-12:15	CDR	Food Relocation
11:20-11:35	FE-2	Crew Discretionary Conference (S-band)

11:35-13:00		Physical Exercise (ARED)
12:00-13:00	FE-3	Physical Exercise (VELO), day 3
12:00-12:30	FE-1	Hygiene Procedures
12:00-13:00	FE-4	Physical Exercise (TVIS)
12:20-12:40	CDR	Crew Weekly Conference With ESA (<i>S-band</i>)
13:00-13:20		Crew Discretionary Conference (<i>S-band</i>)
13:20-14:20		LUNCH
14:35-15:05		Weekly Planning Conference (<i>S-band</i>)
15:05-15:45	FE-3	COX Maintenance
15:25-15:55	FE-2, CDR,FE-4	HTV Tagup (S + Ku-band)
15:35-16:35	FE-1	Physical Exercise (ARED)
16:35-17:35	FE-3	Physical Exercise (TVIS), day 3
16:35-18:05	FE-4	Physical Exercise (ARED)
17:35-17:55	FE-5	Nutrition and Repository Crew Urine Collection Hardware Setup
17:35-18:35	CDR	Physical Exercise (TVIS)
17:35-18:05	FE-3	Hygiene Procedures
17:55-18:05	FE-5	Nutrition and Repository Equipment Configuration for Blood Draw
18:20-18:25	FE-4	Glove Box (MSG) Powerdown
18:25-18:55	FE-2, FE-5	Skills training for the Shuttle R-Bar Pitch Maneuver
18:25-18:35	FE-4	TVIS Weekly Maintenance
18:35-18:40	CDR	Transfer TVIS, CEVIS, and HRM data to MEC
18:40-19:30	FE-3, FE-1, FE-4	Evening Work Prep
18:40-18:55	CDR	
18:55-19:30	FE-2	
18:55-19:00	CDR	SSRMS Commanding
18:55-19:00	FE-5	Video Downlink.
19:00-19:30	CDR,FE-5	Evening Work Prep
19:30-21:15	FE-2	Pre-sleep
19:30-21:25	FE-5	
19:30-21:30	FE-4, FE-3,FE-1	
19:30-19:35	CDR	MPC Power Up
19:35-19:55		Pre-sleep
19:55-20:00		SSRMS Commanding
20:00-21:25		Pre-sleep
21:15-21:30	FE-2	Crew Discretionary Conference
21:25-21:30	CDR	MPC Power Down
21:25-21:30	FE-5	REACTION Self Test
21:30-06:00		SLEEP
Task List	FE-3	URAGAN. Observations and Photography
		PLANTS. Payload Status Check

	FE-1, FE-3	SEINER Ocean Observations / r/g 1456, 1457
		ECON. Observations and Photography

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC** 2. See OSTP for references to US activities
3. Pre-sleep: dinner, daily food prep, evening toilet

End of Radiogram