Radiogram ? 1785 Form 24 for 09/01/01 Crew Rest.

Time	Crew	Activity / Reference to ODF or R/G
06:00-06:10		MORNING INSPECTION OF THE STATION
06:10-06:40		Post-sleep
06:40-07:30	CDR, FE-1	BREAKFAST
06:40-07:05	PLT	Breakfast
07:05-07:30	PLT	RENAL STONE – completion of urine collection
07:30 -07:45	FE-1	Regeneration of F1 micro purification unit (? 1 ?? ?) absorption cartridge (completion) /ARS (????), para.7.3, pp. 7-4,7-5, steps 2,3
07:30-09:20	PLT	Weekly station housekeeping /? ed ? ps, book1, para.2.2.1, pg. 2-2
07:30-09:30	CDR	
07:45-09:15	FE-1	
09:15-09:30	FE-1	Regeneration of F2 micro purification unit (? 2 ?? ?) absorption cartridge (start) /ARS (????), para. 7.3, pg. 7-3, step 1
09:20-09:35	PLT	Private psychological conference
09:30-10:00	CDR	Daily US payload status check
09:45-10:05	PLT	RENAL STONE – stowage of equipment
10:30-12:00	PLT	IRED exercise- 2
10:55-11:10	FE-1	Private psychological conference
11:30-12:30	CDR	CVIS exercise
11:30-12:30	FE-1	CYCLE ERGOMETER exercise - 2
12:30-13:30		LUNCH
15:30-15:45	CDR	Private psychological conference
15:45-15:55	CDR	Inspect ????-1 separator
16:15-17:45	FE-1	IRED exercise- 2
16:35-17:15	PLT	ECLSS (???) on MCC go
17:45-19:15	CDR	RED exercise
18:15-19:15	PLT	CYCLE ERGOMETER exercise - 2
19:20-19:30	PLT	Charge Camcoder storage battery (as necessary) / Audio & Video Equipment ODF, pg. 3-2. para.3.2.
19:30-20:00		DINNER
20:00-20:30		Ration prep
20:30-21:30		Pre-sleep
21:30-06:00		Crew sleep

Notes: 1. See OSTP for missing references to US activities.
2. During free time, perform activities per r/g 1799 (where possible).

End of r/g