CREW OFF DUTY

GMT	CREW	ACTIVITY0
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-10:30	CDR,FE-2	Weekly Housekeeping
07:30-10:30	FE-1	Weekly Housekeeping Cleaning B3 DC1, ВПрК, ВПхО, ВДПрК, FGB ЦВ2 Fan Grilles
10:30-11:30	CDR	Physical Exercise (CEVIS)
11:30-13:00	CDR	Physical Exercise (RED)
12:00-13:00	FE-2	Physical Exercise (TVIS)
13:00-14:00		LUNCH
14:00-14:15	FE-1	Telephone conference with a correspondent from Rossiyski Kosmos [Russian Space] magazine (S-band)
14:00-14:30	CDR,FE-2	EVA water refill
14:30-14:45	FE-2	Private Family Conference (S + Ku-band)
14:30-15:10	CDR	PMA2 Depress
14:55-15:05	FE-2	FMK deployment ops
15:05-16:35	FE-2	Physical Exercise (RED)
15:05-15:45	FE-1	СОЖ Maintenance. CBO , СП , and POTOK Air Purification System data calldown
15:45-17:15	FE-1	Physical Exercise (TVIS), day 4
15:45-16:00	CDR	Private family conference (S + Ku-band)
16:30-16:50	CDR	PMA2 Pressure Monitoring
16:35-16:45	FE-2	N2 Hatch Unlatch
16:45-17:15	FE-2	Centerline Berthing Camera System (CBCS) Installation and Checkout
17:15-18:15	CDR,FE-2	DOUG Software Review
17:15-18:15	FE-1	Physical Exercise (VELO+RED), day 4
18:15-18:55		Prep for Work
18:55-19:10		Daily Planning Conference (S-band)
19:10-19:30		Prep for Work
19:30-20:00		DINNER
20:00-20:30		Daily Food Prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

Note: 1. See OSTP for references to US activities.

2. SM Window #9 shutter opening is at crew discretion

End of Radiogram