

Radiogram No. 8093u

Form 24 for 07/05/08

**CREW OFF-DUTY**

GMT	CREW	ACTIVITY
09:30-09:50	FE-2	Post-sleep
09:30-09:40	CDR,FE-1	Morning Inspection
09:40-10:10		Post-sleep
09:50-10:10	FE-2	Nutrition and Repository - Blood Samples
10:10-11:00	FE-1	BREAKFAST
10:10-10:20	FE-2	Nutrition and Repository - Refrigerated Centrifuge Setup
10:10-10:35	CDR	BREAKFAST
10:20-10:30	FE-2	Nutrition and Repository- Refrigerated Centrifuge Config
10:30-11:00		BREAKFAST
10:35-10:50	CDR	БМП Ф2 Absorption Cartridge Regeneration (start)
10:50-11:15		BREAKFAST
11:00-11:20	FE-2	Nutrition and Repository - MELFI Blood Sample Insertion
11:00-12:05	FE-1	Weekly Housekeeping. ВПхО, ФC5, ФC6, ФC9 (ВДПpK), ВПpK, B3 DC1, FGB ЦB2 Screen Cleaning
11:15-12:05	CDR	
11:20-11:40	FE-2	BREAKFAST
11:40-11:50		Nutrition and Repository - Blood Sample Collection And Processing Hardware Stow
11:50-12:05		Crew Conference About the Nutrition Experiment ( <i>S-band</i> )
12:05-13:35	.	Tagup with Cosmonaut Corps Representatives about EVA logistics and preparation ( <i>S-band</i> )
13:35-15:05	FE-2	Weekly Housekeeping
13:45-14:05	CDR	Private Family Conference ( <i>S + Ku-band</i> )
14:00-15:30	FE-1	Physical Exercise (TVIS), day 1
14:05-15:30	CDR	Weekly Housekeeping. ВПхО, ФC5, ФC6, ФC9 (ВДПpK), ВПpK, B3 DC1, FGB ЦB2 Screen Cleaning
15:30-15:50	FE-1	Private Family Conference ( <i>S + Ku-band</i> )
15:30-16:30	CDR	Physical Exercise (VELO+RED), day 1
17:00-18:00	.	LUNCH
18:00-18:30	FE-1	Changeout of CPBK-2M Purification Column Assembly ( <b>Multi-Filtration Unit БКО S/N 601027, b/c 00046393R, ФГБ1ПГО_2_229_1. Discard the removed БКО filter</b> )
18:00-18:05	CDR	POTOK-150MK Air Purification System Pre-Filter Cleaning ( <b>use vacuum cleaner and narrow slit nozzle attachment; POTOK must be powered down</b> )
18:30-19:30	FE-1	Replacement of CPBK-2M Gas-Liquid Mixture Filter (ФГC) ( <b>Install ФГC #601009, b/c 00043708R, ФГБ1ПГО_4_415_1. Discard the removed unit</b> )
18:55-19:15	FE-2	Nutrition and Repository - Equipment Configuration For Urine Sample Collection
19:15-19:55		COЖ Maintenance
19:35-19:50	CDR	IRIDIUM phone charging setup, start charge

20:05-20:10		IRIDIUM phone charging - status check
20:25-20:30		
20:25-21:55	FE-2	Physical Exercise (RED)
20:45-20:50	CDR	IRIDIUM phone charging - status check
20:50-21:00		IRIDIUM phone charging - terminate charge, cleanup
21:15-22:45		Physical Exercise (TVIS), day 1
21:55-22:55	FE-2	Physical Exercise (CEVIS)
22:00-23:00	FE-1	Physical Exercise (VELO+RED), day 1
22:55-23:00	FE-2	Transfer of TVIS, RED, and HRM data to MEC
23:00-23:30	.	DINNER
23:30-00:00	FE-1	Daily Food Prep
23:30-23:45	CDR,FE-2	
23:45-00:45	FE-2	Pre-sleep
23:45-00:30	CDR	
00:00-01:00	FE-1	
00:30-00:45	CDR	БМП Ф2 Absorption Cartridge Regeneration (termination)
00:45-01:00	FE-2	Questionnaire - journal entry
00:45-01:00	CDR	Pre-sleep
01:00-09:30	.	SLEEP

**Note**

1. SM Window #9 shutter opening is at crew discretion with **Report to MCC**
2. See OSTP for references to US activities.

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End of Radiogram