

**Test Correction of БИНС (СД+ИКВ) • Crew Off Duty.**

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:35	CDR	PLANTS-2. Hardware monitoring
08:00-08:05		СП counter calldown
08:05-08:10		CBO data calldown
08:10-08:15		ELECTRON-VM: monitoring free air in gas/fluid mix
10:00-11:00	FE -1	Physical exercise (TVIS)
11:00-12:30	CDR	Physical exercise (TVIS-1)
12:30-13:30		LUNCH
13:40-13:55	CDR	Private family conference (S-band)
14:40-14:55	FE -1	Private psychological conference (S-band)
15:00-16:00	CDR	Physical exercise (VELO + Load Trainer-1 / day 1)
15:25-15:40	FE -1	Private family conference (S-band)
16:00-17:30	FE -1	Physical exercise (RED)
16:35-17:10	CDR	COЖ maintenance
18:00-18:05	FE -1	IMS auto import/export
18:15-18:45		Daily plan review
18:45-19:00		Daily planning conference (S-band)
19:00-19:30		Prep for work
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

**Note:** See OSTP for US procedure references

Task List:      DIATOMEA  
                      STARMAIL

End of radiogram