Form 24 for 08/07/09

Radiogram No. 0867u For КЦП2, RS2 UPGRADE TO VERSION 8.03

GMT	CREW	ACTIVITY
06:00-06:10	CDR , FE-1, FE- 3 , FE-4, FE-5	Morning Inspection
06:00-07:30	FE-2	Physical Exercise (ARED)
06:10-06:40	CDR , FE-1, FE- 3 , FE-4, FE-5	Post-sleep
06:40-07:30	CDR , FE-1, FE- 3 , FE-4, FE-5	BREAKFAST
07:30-07:55		Daily Planning Conference (S-band)
07:55-08:10		ISS Crew and ГОГУ (RSA Flight Control Team Management) Weekly Conference (S-band)
08:10-08:30		Crew Weekly Conference With ESA (S-band)
08:30-08:45	FE-2	PMA3 Leak Check Closeout Ops
08:30-08:45	FE-5	Work Prep
08:30-08:40	FE-4	LAB Window Shutter Closure
08:30-09:00	FE-1	Work Prep
08:30-10:30	FE-3	Urine Transfer from ЕДВ-У to Progress 367 Rodnik Tank БВ2
08:30-08:45	CDR	IMS Tagup (S-band)
08:45-09:15	FE-4, FE-5	SSRMS Ops. PMA3 Grapple
08:45-08:50	CDR	ON MCC GO Laptop2 Activation
08:45-09:00	FE-2	CBCS Powerup
08:50-11:20	CDR	Upgrade КЦП2, RS2 to SW Version 8.03. <i>Tagup with specialists (S-band + VHF)</i>
09:10-10:25	FE-1	RED Removal
09:15-10:15	FE-2, FE-5	PMA3 CBM Demate
10:15-11:15	FE-4, FE-5	SSRMS Ops PMA3 Maneuver to Node1 Port
10:25-11:25	FE-1	RED Configuration for Stowage
10:30-12:00	FE-3	Soyuz 225 ИнПУ1 Log Data Dump (MБС [Hard Line] Comm in S/G1) Tagup with Specialists (S-band)
11:15-11:25	FE-5	CBM Mode Change
11:20-11:25	CDR	ON MCC GO Laptop2 Deactivation
11:25-12:55	FE-1	US EVA Tool Stow
11:25-11:35	FE-2, FE-5	Node 1 Port CBM Pre-mate Status Verification
11:35-12:05	FE-4, FE-5	SSRMS Ops. PMA3 Installation on Node1 Port
11:35-11:50	FE-2	Food Frequency Questionnaire
12:00-12:15	CDR	IRIDIUM Phone Charging, Setup, Start Charge
12:05-12:20	FE-2, FE-5	CBM Node11 Port First Stage Capture
12:20-12:25	FE-4, FE-5	SSRMS Maneuver to Limp Mode
12:25-12:30	CDR	IRIDIUM Phone Charging, Terminate
12:25-13:10	FE-2, FE-5	CBM Node11 Port Second Stage Capture
12:30-12:40	FE-3	IRIDIUM Phone Charging, Start Charging
12:50-13:00	FE -3	IRIDIUM Phone Charging, Terminate Charge, Cleanup

13:10-13:15	FE-4, FE-5	SSRMS Brake Activation
13:15-14:15	1 - 4, 1 - 3	LUNCH
14:15-14:35		Crew Conference With Astronaut Office Management (S-band)
14:35-14:55	FE-3	IMS Update
14:35-14:33	FE-4, FE-5	SSRMS Ops. PMA3 Ungrapple
14:35-15:10	CDR	Clean Ventilation Screens on FGB Interior Panels (panels 201, 301, 401)
14:45-15:35	FE-2	Physical Exercise (TVIS)
	FE-3	
14:55-15:15	FE-1	MATRYOSHKA-R. Monitoring Lulin-5 readings
15:05-15:20		Food Frequency Questionnaire
15:10-15:35	FE-4, FE-5	SSRMS Ops
15:20-16:40	FE-1	Physical Exercise (ARED)
15:35-16:15	CDR	COX Maintenance
15:35-15:50	FE-4	Filling CWC-I Part 1
15:50-15:55	FE-2	N1 Port Hatch Unlatch
15:50-16:20	FE-4	BIORHYTH Data Save
15:50-16:00	FE-5	BIORHYTH Data Save
15:55-16:55	FE-2	ISS Crew Orientation
16:00-17:00	FE-5	Physical Exercise (CEVIS)
16:10-17:10	FE-3	Physical Exercise (VELO), day 1
16:15-17:15	CDR	Physical Exercise (TVIS), day 2
16:20-16:35	FE-4	Filling CWC-I Part 2
16:40-16:55	FE-4	Food Frequency Questionnaire
16:40-17:25	FE-1	RED Stowage
16:55-17:55	FE-4	Physical Exercise (CEVIS)
16:55-17:10	FE-2	PWD Cleaning
17:00-18:30	FE-5	Physical Exercise (ARED)
17:10-17:25	FE-2	Removal of Centerline Berthing Camera System (CBCS)
17:10-18:10	FE-3	Physical Exercise (TVIS), day 1
17:15-17:45	CDR	Hygiene Procedures
17:25-17:35	FE-2	Terminate EMU Metox Regeneration
17:35-17:45	FE-2	Start EMU METOX Regeneration
17:40-18:40	FE-1	Physical Exercise (CEVIS)
17:45-17:55	FE-2	Nutrition and Repository Crew Blood Collection Hardware Setup
17:45-18:45	CDR	Physical Exercise (VELO), day 2
17:55-18:05	FE-4	MELFI Icepac Insert 4
17:55-18:15	FE-2	Nutrition and Repository Crew Urine Collection Hardware Setup
18:05-18:40	FE-4	JEM PL. MS-IPU Exchange
18:10-18:40	FE-3	Hygiene Procedures
18:15-18:45	FE-2	Evening Work Prep
18:30-18:45	FE-5	Evening Work Prep
18:40-18:45	FE-1	Transfer TVIS, CEVIS, and HRM data to MEC
18:45-19:10	·	Daily Planning Conference (S-band)

19:10-19:30		Flight Director / ISS Crew Tagup (Ku + S-band)
19:30-21:00	FE-4	Physical Exercise (ARED)
19:30-19:35	FE-1	MPC Activation
19:30-21:30	CDR , FE-2, FE- 3 , FE-5	Pre-sleep
19:35-21:25	FE-1	Pre-sleep
21:00-21:30	FE-4	Pre-sleep
21:25-21:30	FE-1	MPC Deactivation
21:30-06:00		SLEEP
Task List	CDR,FE-3	URAGAN. Observations and Photography

Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
 See OSTP for references to US activities
- 3. Pre-sleep: dinner, daily food prep, evening toilet

End of Radiogram