

GMT	Crew	Activity / <i>ODF or R/G</i>
08:00–08:10		Morning inspection
08:10–08:40		Personal hygiene (post-sleep)
08:40–09:30		BREAKFAST
09:30–09:55		Work prep
09:55–10:10		Daily planning conference
10:10–10:55	CDR	HRF Rack powerup / PuFF setup
10:10–11:00	PLT, FE-1	Orlan water tank refill / <i>RODF ????? ? ?? ???? ??????, item 2.4.14, pg. 2-19</i>
11:00–11:10	PLT, FE-1	Orlan dryout (start) / <i>RODF ????? ? ?? ???? ??????, item 3.3, page 3-3</i>
11:05–11:15	CDR	TEPC relocation
11:15–11:35		PuFF: initial calibration
11:20–11:40	PLT, FE-1	Voice conference with EVA officer
11:35–12:20	CDR	PuFF: standard test (CDR)
11:40–12:20	FE-1	Delta file downlink prep
11:40–12:20	PLT	Maintenance of ???
12:20–13:20	CDR	EarthCAM activation
12:30–13:15	FE-1	PuFF: standard test (FE-1)
12:35–14:05	PLT	Physical exercise (TVIS+RED day 2)
13:15–13:20	FE-1	Orlan dryout (switching to backup fan) / <i>RODF ????? ? ?? ???? ??????, item 3.3, page 3-3</i>
13:20–14:20	CDR	Physical exercise (TVIS – US plan)
13:20–14:20	FE-1	Physical exercise (cycle day 2)
14:20–15:20		LUNCH
15:20–15:30	FE-1, PLT	Orlan dryout (end) / <i>RODF ????? ? ?? ???? ??????, item 3.3, page 3-3</i>
15:20–15:30	CDR	Prep for PAO media event
15:30–15:40		Prep for PAO media event
15:40–16:00		PAO media event
16:00–16:55	PLT	PuFF: standard test (PLT)
16:00–17:25	CDR	Physical exercise (RED – US plan)
16:25–17:55	FE-1	Physical exercise (TVIS+RED day 2)
16:55–17:55	PLT	Physical exercise (cycle day 2)
17:25–17:40	CDR	LAB payload daily status check
17:40–17:55		Private medical conference
17:55–18:25		Reviewing plan for the next day
18:25–18:40		Daily planning conference
18:40–19:30		Report prep
19:30–20:00		DINNER
20:00–20:30		Daily food ration prep
20:30–21:30		Personal hygiene (pre-sleep)

21:30–06:00		SLEEP
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**Note:** see OSTP for references to US activities

End of radiogram