Radiogram No. 6697u Form 24 for 12/13/07 **Testing KURS Hardware from DC1 side. CARDIO-LBNP**

GMT	CREW	ACTIVITY
06:00-06:10		Morning Inspection
06:10-06:30	FE-2	Post-sleep
06:10-06:20	FE-1	MO-8. Set-up
06:10-06:20	CDR	Calf volume measurement
06:20-06:30	FE-1	Call volume measurement
06:20-06:35	CDR	Body mass measurement
06:30-06:40	FE-2	Calf volume measurement
06:30-06:55	FE-1	Deat alon
06:35-07:05	CDR	Post-sleep
06:40-06:55	FE-2	Podu masa masaurament
06:55-07:10	FE-1	Body mass measurement
06:55-07:05	FE-2	Post-sleep
07:05-07:55	CDR, FE-2	BREAKFAST
07:10-07:20	FE-1	MO-8. Close-out ops
07:20-07:25	FE-1	Post-sleep
07:25-08:15	FE-1	BREAKFAST
07:55-08:15	CDR, FE-2	Prep for Work
08:15-08:30		Daily Planning Conference (S-band)
08:30-08:40	CDR, FE-2	Prep for Work
08:30-08:44	FE-1	Prep for Work
08:44-08:54	FE-1	Comm ops in VHF2D (SM) mode on a backup string
08:40-08:55	FE-2	BCAT-3: familiarization
08:54-09:00	FE-1	Prep for Work
08:55-09:10	FE-2	BCAT-3 - Hardware installation ops
09:05-10:05	FE-1, CDR (assists)	CARDIO-LBNP. Experiment setup during comm pass. Tagup (Sband)
09:30-11:00	FE-2	Physical Exercise (RED)
10:05-10:25	FE-1, CDR	CARDIO-LBNP. To=10:04 Tagup (VHF)
10:25-10:55	(assists)	CARDIO-LBNP. Close-out ops Tagup (Sband)
11:00-12:00	FE-2	Physical Exercise (CEVIS)
11:05-12:05	CDR	Cleaning FGB ГЖТ [Gas-Liquid Heat Exchanger] detachable screens 1, 2, and 3
11:05-12:05	FE-1	Physical Exercise (VELO+RED), Day 4
12:00-13:00	FE-2	BCAT-3 - Maintenance Work Area Setup with EarthKAM
12:05-13:35	CDR	Physical Exercise (RED)
12:05-13:35	FE-1	Physical Exercise (TVIS), Day 4
13:00-13:35	FE-2	BCAT-3. Specimen 3 initialize
13:35-14:35		LUNCH
14:35-14:50	FE-1	Pressurizing Elektron Liquid Unit #056 using spares

14:35-14:50	FE-2	Food frequency questionnaire
14:50-15:30	FE-1	СОЖ Maintenance.
14:55-15:00	FE-2	PAO Hardware Setup
15:00-15:10	CDR, FE-2	Crew prep for PAO
15:10-15:30	CDR, FE-2	PAO event (S + Ku-band)
15:30-16:30	FE-1, FE-2	Progress 361 Packing and IMS Updates
16:30-16:50		Crew conference with Astronaut Office (S-band)
16:50-17:50	CDR	Physical Exercise (TVIS)
16:50-18:15	FE-1	Progress M-361 Packing and IMS Updates
16:50-18:05	FE-2	Progress 361 Packing and IMS Updates
18:00-18:10	CDR	CWC audit
18:05-18:15	FE-2	CSA-CP Sensor Deactivation
18:10-18:15	CDR	Transfer TVIS/RED/CEVIS/HRM data to MEC
18:15-18:45	CDR	Prep for Work
18:15-18:35	FE-1	IMS Update
18:15-18:30	FE-2	CSLM2 - prep for experiment
18:30-18:45	FE-2	Prep for Work
18:35-18:45	FE-1	Prep for Work
18:45-19:00		Daily Planning Conference (S-band)
19:00-19:30	CDR, FE-1	Prep for Work
19:00-19:20	FE-2	Prep for Work
19:20-19:30	FE-2	CSLM2 – activation ops
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:20	FE-1	Pre-sleep
20:30-21:30	CDR, FE-2	Pre-sleep
21:20-21:30	FE-1	SONOCARD. Experiment (Start)
21:30-06:00		SLEEP

Note:

- 1. See OSTP for references to US activities.
- 2. SM Window #9 shutter opening is at crew discretion

End of Radiogram