

CREW OFF-DUTY. Family Conference.

GMT	CREW	ACTIVITY
06:00-06:10	.	Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
08:50-08:55	CDR	PLANTS-2: payload status check
08:55-09:00		Calldown of CП counter status
09:00-09:05		CBO data calldown
09:05-09:10		ELECTRON-VM: monitoring free air in the gas/fluid mix
10:15-11:30	FE -1	Physical exercise (TVIS)
11:30-12:30	CDR	Physical exercise (TVIS, day 3)
12:25-12:30	FE -1	IMS file auto import/export
12:30-13:30	.	LUNCH
13:30-13:55	CDR	Maintenance of COЖ
14:40-14:55		
15:35-15:50	FE -1	Private family conference (<i>S-band</i>)
16:20-16:35		
16:45-18:15	CDR	Physical exercise (TVIS, day 3)
17:00-18:15	FE -1	Physical exercise (RED)
18:15-18:35	.	Daily plan review
18:35-18:50		Daily planning conference (<i>S-band</i>)
18:50-19:30		Prep for work
19:30-20:00		Daily food prep
20:00-20:30		DINNER
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

Note: See OSTP for references to US activities.

End of radiogram