Crew off-duty, БИЛУ hardware calibration on Soyuz TMA-3

GMT	CREW	ACTIVITY
10:45-10:55		Morning inspection
10:55-11:25		Post-sleep
11:25-12:15		BREAKFAST
12:15-14:10		Weekend housekeeping
14:10-14:40		Weekly planning conference (S-band)
14:40-15:45		Weekend housekeeping
16:00-17:30	FE-1	Physical Exercise (TVIS) day 4
17:30-18:30		LUNCH
18:30-18:50		ISS crew/Program Management weekly conference (S-band)
20:10-20:25	FE-1	PFC (VHF)
20:38-20:53	кэ	PFC (S + Ku-band)
21:10-22:10		Physical Exercise (CEVIS)
22:10-23:25		Physical Exercise (RED)
22:45-23:15	FE-1	СОЖ maintenance (Inspection of БРПК separator)
23:15-00:15		Physical Exercise (VELO + Force Loader/cycle 1) day 4
23:25-23:35	КЭ	PromISS 3: tape exchange
23:35-23:50		Questionnaire: journal entry (CDR)
00:15-00:45		DINNER and pill ingestion
00:45-01:15		Daily food prep
01:15-02:15		Pre-sleep
02:15-10:45		SLEEP
Task List	БИ-1	IMS delta file prep
		EVA from DC1 updates
		NIKON. Photo camera lens and CCD matrix cleaning

Note: See OSTP for references to US activities End of radiogram