

GMT	CREW	ACTIVITY
06:00-06:10	.	Morning Inspection
06:10-06:40	.	Post-sleep
06:40-07:30	.	BREAKFAST
07:30-07:50	.	Prep for Work
07:50-08:05	.	Daily Planning Conference (<i>S-band</i>)
08:05-08:35	CDR	Bracelet Ops Prep (SDTO)
08:05-08:15	FE-1,FE-2	Prep for Work
08:15-08:45	FE-2	IMV Valve Checkout
08:15-09:30	FE-1	Disassembly of CPBK-2M БРПК-2 Electromagnetic Valve. <i>Tagup (S-band)</i>
08:35-09:35	CDR	Physical Exercise (CEVIS)
09:20-09:35	FE-2	Fluid System Servicer (FSS) Ops
09:30-11:00	FE-1	Cleaning ГЖТ4 BT-7 Fan Screen
09:35-12:35	FE-2	Lab LTL/MTL Loop Fill
09:35-11:25	CDR	Lab LTL/MTL Loop Fill
11:00-11:30	FE-1	FGB ЦБ1 Fan Screen Cleaning
11:25-12:55	CDR	Physical Exercise (RED)
11:30-12:30	FE-1	SM ПФ1-ПФ4 Dust Collector Cartridge Changeout (ФГБ1ПГО_2_224_1, 0.5 CTB 1050, update IMS)
12:30-12:45	FE-1	Verify ИП-1 Sensor Installation
12:35-12:50	FE-2	Fluid System Servicer (FSS) Ops
12:45-12:55	FE-1	ALTCRISS. PCMCIA Card Replacement (Use Card #940)
12:55-13:55	.	LUNCH
13:55-14:00	FE-2	PAO Hardware Setup
14:00-14:10	.	Crew prep for PAO
14:10-14:30	.	PAO Event (<i>S + Ku-band</i>)
14:30-15:00	FE-1	Counter Measure System (CMS) Harmful Contaminant Measurements in SM
14:50-15:45	CDR	Bracelet Ops Prep (SDTO)
15:00-15:30	FE-1	COЖ Maintenance
15:30-16:30	FE-1	Physical Exercise (VELO+RED), day 1
15:40-15:45	FE-2	Bracelet - preparation
15:45-16:45	CDR	Bracelet - operator
15:45-16:45	FE-2	Bracelet – scanning (SDTO)
16:30-18:00	FE-1	Physical Exercise (TVIS), day 1
16:45-17:05	CDR	Bracelet - stow
16:45-18:15	FE-2	Physical Exercise (RED)
18:00-18:20	FE-1	IMS Update
18:10-18:15	CDR	Transfer TVIS/RED/CEVIS/HRM data to MEC
18:15-18:40	CDR,FE-2	Evening work prep
18:20-18:40	FE-1	Evening work prep
18:40-18:55	.	Daily Planning Conference (<i>S-band</i>)
18:55-19:30	.	Evening work prep
19:30-20:00	.	DINNER

20:00-20:30	.	Daily Food Prep
20:30-21:30	.	Pre-sleep
21:30-06:00	.	SLEEP

Note: 1. See OSTP for references to US activities.
2. SM Window #9 shutter opening is at crew discretion
End of Radiogram