

STANDARD ATTITUDE CHANGE. CREW OFF-DUTY

GMT	CREW	ACTIVITY
02:00-02:10		Morning inspection
02:10-02:40		Post-sleep
02:40-03:30		BREAKFAST
03:30-06:30	CDR, FE-2	Weekly Housekeeping
03:30-06:30	FE-1	Weekly Housekeeping Fan screen cleaning Changeout of ВПО10 (<i>new #9911171, b/c 005961R ФГБ_2_217</i>), ВАП2 (<i>new #10384353, b/c 004158R ФГБ_303_1, bag 3</i>) and ВПО3 (<i>new #1033515261, b/c 004389R ФГБ_406_1, bag 350-4. Update IMS</i>) Installation of SKV2 noise barrier components
06:30-07:30	FE-2	Physical Exercise (RED)
06:30-08:00	CDR	Physical Exercise (CEVIS)
06:30-08:00	FE-1	Physical Exercise (TVIS), day 3
07:30-08:45	FE-2	Equipment setup for "Capillary Flow" experiment.
08:55-09:00	FE-1	On MCC Go ISS O2 repress from Progress 358 CpПК (start)
09:00-10:00	.	LUNCH
10:00-10:05	FE-1	ISS O2 repress from Progress 358 CpПК (terminate)
10:00-12:00	FE-2	"Capillary Flow" Experiment Test Ops
11:30-11:50	FE-1	Private family conference (<i>S + Ku-band</i>)
11:55-12:55	FE-1	Physical Exercise (VELO + RED) day 3
12:00-12:30	FE-2	"Capillary Flow" Experiment equipment setup teardown.
12:30-14:00	FE-2	Physical Exercise (TVIS)
12:55-13:55	CDR	Physical Exercise (RED)
13:55-14:00	CDR	Transfer TVIS/RED/CEVIS/HRM data to MEC
14:00-14:30		Weekly Planning Conference (<i>S-band</i>)
14:30-14:40	FE-2	Terminate EMU Metox Regeneration
14:40-14:45	FE-2	Disconnecting LTL
14:45-15:15	FE-2	CO2 (CDM) sensor data downlink
15:00-15:30	CDR	COЖ Maintenance
15:30-16:00		DINNER
16:00-16:30		Daily Food Prep
16:30-17:30		Pre-sleep
17:30-02:00		SLEEP
Task List	FE-1	RASTENIYA-2. Recharging water tank
		ТБУ (Universal Bioengineering Thermostat). Temperature check
		URAGAN. Observations and photography
		Photography of Panels 412, 415 and cables behind panel 413

Note: See OSTP for references to US activities.

End of Radiogram