Emergency Descent OBT

| GMT | Crew | Activity |
|-------------|------------|--|
| 06:00-06:10 | | Morning inspection |
| 06:10-06:40 | | Post-sleep |
| 06:40-07:30 | FE-1, FE-2 | BREAKFAST |
| 06:40-06:55 | CDR | Regeneration of ? 1 absorption cartridge in ??? (end) |
| 06:55–07:30 | | BREAKFAST |
| 07:30-07:45 | | Daily planning conference (S-band) |
| 07:45–08:10 | CDR | Prep for work |
| 07:45–08:15 | FE-1, FE-2 | |
| 08:10–08:25 | CDR | Regeneration of ? 2 absorption cartridge in ??? (init) |
| 08:15–08:40 | FE-2 | ADVASC historical photography |
| 08:25–08:30 | CDR | Inspection of ????-1 separator |
| 08:30–10:00 | FE-1 | Physical exercise (RED) |
| 09:25–10:55 | CDR | Physical exercise (TVIS+IRED day 2) |
| 09:25–09:40 | FE-2 | Private medical conference (S-band) |
| 10:00–10:50 | FE-1, FE-2 | SSRMS DOUG review |
| 10:50–11:50 | FE-2 | Physical exercise (TVIS) |
| 10:50–11:30 | FE-1 | IMS file prep |
| 10:55–11:10 | CDR | Private medical conference (S-band) |
| 11:10–11:50 | | Maintenance of ??? |
| 11:30–11:40 | FE-1 | Setup for PAO media event |
| 11:55–12:55 | | LUNCH |
| 12:55–15:55 | | Emergency descent OBT |
| 15:55–16:05 | | Prep for PAO media event |
| 16:05–16:25 | | PAO media event |
| 16:30–16:45 | | UF1 payload status check |
| 16:50–17:05 | FE-1 | Private medical conference (S-band) |
| 17:05–18:05 | | Physical exercise (TVIS) |
| | CDR | Physical exercise (cycle-2) |
| 17:05–18:30 | FE-2 | Physical exercise (RED) |
| 18:05–18:30 | CDR, FE-1 | Daily plan review |
| 18:30–18:45 | | Daily planning conference (S-band) |
| 18:45–19:30 | | Prep for work |
| 19:30–20:00 | | DINNER |
| 20:00–20:30 | | Daily food prep |
| 20:30–21:30 | | Pre-sleep |
| 21:30–06:00 | | SLEEP |

NOTES: See OSTP for references to US activities

End of radiogram