

Radiogram No. 4808u

Form 24 for 12.05.02

FGB Nadir KURS Test (2 Subsets)

GMT	CREW	ACTIVITY
09:00–09:10		Morning inspection
09:10–09:40		Post-sleep
09:40–10:30		BREAKFAST
10:30–11:00		Prep for work
11:00–11:15		Daily planning conference (<i>S-band</i>)
11:15–12:15	FE-1	Familiarization with the ISS
11:15–11:45	CDR, FE-2	Crew Medical Restraint System (CMRS) test
11:45–12:05	FE-2	RENAL STONE: urine collection
11:45–12:00	CDR	LAB CCAA reconfig
12:05–13:35		Periodic Fitness Evaluation (PFE): nominal ops
12:15–12:45	FE-1	RENAL STONE: OBT
12:35–13:05	FE-2	Periodic Fitness Evaluation (PFE): nominal ops
12:45–13:00	FE-1	RENAL STONE: metabolic log
13:00–13:05		Inspection of БРПК separator
13:05–13:25		Laptop 2 battery cycling
13:05–14:35	FE-2	Physical exercise (RED)
13:25–14:55	FE-1	Periodic Fitness Evaluation (PFE): nominal ops
13:35–13:55	CDR	Familiarization with the ISS
13:55–14:25		Periodic Fitness Evaluation (PFE): nominal ops
14:25–15:55		Physical exercise (RED)
14:35–15:35	FE-2	Familiarization with the ISS
14:55–15:20	FE-1	Maintenance of COЖ
15:20–15:45		IMS file prep
15:35–15:55	FE-2	RENAL STONE: urine collection
15:45–15:55	FE-1	Setup for PAO
15:55–16:55		LUNCH
16:55–17:05		Prep for PAO
17:05–17:25		PAO video downlink (<i>KU+S-band</i>)
17:35–17:55	FE-2	RENAL STONE: urine collection
17:40–17:50	FE-1	Laptop 2 battery cycling
17:50–18:10	CDR, FE-1	METOX canister installation
17:55–18:10	FE-2	RENAL STONE: metabolic log
18:10–19:40		SS fit check
19:40–20:10	CDR	Familiarization with the ISS
19:40–21:10	FE-2	Periodic Fitness Evaluation (PFE): nominal ops
19:40–21:10	FE-1	Physical exercise (TVIS-1)
20:10–20:40	CDR	Periodic Fitness Evaluation (PFE): nominal ops
20:40–21:40		Post-11A stowage ops
21:10–21:30	FE-2	RENAL STONE: urine collection

21:20–21:50	FE-1	Daily plan review
21:30–21:50	FE-2	
21:40–21:50	CDR	
21:50–22:05		Daily planning conference (<i>S-band</i>)
22:05–22:30		Prep for work
22:30–23:00		DINNER
23:00–23:30		Daily food prep
23:30–00:30		Pre-sleep
00:30–09:00		SLEEP

Note: See OSTP for references to US procedures

End of radiogram