

**Single Burn ISS Reboost Using 4 ДПО-БТ Thrusters and Progress Refueling System**

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-08:00		Work prep
08:00-08:15		Daily planning conference ( <i>S-band</i> )
08:15-08:45	CDR	Dual Sorbent Tube (DST) Sampling
08:40-10:00	FE-1	Laptop hard drive recovery. <i>Tagup with specialists (S-band)</i>
08:45-09:00	CDR	Set up video equipment for video imagery of exercise on TVIS
09:00-10:00		Physical Exercise (TVIS)
10:00-11:45	FE-1	PROFILAKTIKA. Test exercise on TVIS. <i>Tagup with specialists (S-band)</i>
10:00-11:30	CDR	Physical Exercise (RED)
11:30-11:40		Setting up TV camera in A/L to video record EMU fit check
11:40-11:50		FMK deployment ops
11:45-12:00	FE-1	PROFILAKTIKA. Copy data from Cardiocassette-2000 and OCA dump
11:50-12:00	CDR	Grab Sample Container (GSC) ops
12:00-12:15		Stow video equipment used for video imagery of exercise on TVIS
12:00-12:10	FE-1	Taking readings from Real-Time Harmful Contaminant Gas Analyzer ГАНК-4М [AOK]
12:10-12:40		Elektron activation <i>Tagup with specialists as necessary (S-band)</i>
12:15-12:45	CDR	COЖ maintenance (Verifying ИП-1 Sensor Installation)
12:40-12:55	FE-1	SM air sampling for CO using ИПД samplers
12:45-13:45	CDR	EMU Don/Doff procedure review
12:55-13:05	FE-1	SM air sampling for Freon using AK-1M sampler
13:05-13:30		Air sampling using AK-1M adsorber in SM and FGB
13:30-13:35		Transfer TVIS, RED, and HRM data to MEC
13:35-13:40		<b>On MCC GO:</b> ISS O2 repress from Progress 354 CpПК (Oxygen Supply Facility) (start)
13:40-14:40	FE-1	LUNCH
13:45-14:45	CDR	
14:40-14:45	FE-1	ISS O2 repress from Progress 354 CpПК (terminate)
14:45-16:45		EMU Don/Doff procedure review
16:45-17:15		EVA tagup with MCC ( <i>S-band</i> )
17:15-18:00		Equipment lock prep
18:00-18:10	CDR	Terminate BSA battery charge
18:00-18:20	FE-1	IMS update
18:10-18:25	CDR	Questionnaire - journal entry
18:20-18:45	FE-1	Daily plan review
18:25-18:45	CDR	
18:45-19:00		Daily planning conference ( <i>S-band</i> )
19:00-19:30		Report prep
19:30-20:00		DINNER
20:00-20:30	CDR	Daily food prep

20:00-20:30	FE-1	Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

**Note:** See OSTP for references to US activities.

End of Radiogram