

Wet Cleanup / Crew rest

GMT	Crew	Activity / <i>ODF or R/G</i>
06:00–06:10		Morning inspection
06:10–06:40		Personal hygiene (post-sleep)
06:33–06:40	FE-1	Mating of ?? -connector for ??? in DC-1 / <i>r/g 2263u steps 2 to 6</i>
06:40–07:30		BREAKFAST
07:30–07:55	CDR	LAB payload daily status check
08:05–08:15	PLT	Private psychological support conference
08:45–09:20	PLT, FE-1	HDTV: video recording of crewmembers for subsequent health status evaluation / session 1 / <i>??? item 1.1.4, page 1-17; ??? items 1.1.1-1.1.2, pages 1-2 to 1-11</i>
09:35–09:45	PLT	Activation of CO gas analyzer (??2106) / <i>???? ??, item 10.3, page 10-3</i>
09:40–09:50		Private psychological support conference
10:05–10:25	FE-1	Delta file downlink prep / <i>R/G 2272u</i>
10:30–12:00		Physical exercise (TVIS+IREDD day 2)
10:30–10:40		Inspection of ???-1 separator
10:40–10:45	PLT	Activation of CO gas analyzer (??2106) / <i>???? ??, item 10.3, page 10-3</i>
11:00–12:00		Physical exercise (cycle-2)
12:00–13:00		LUNCH
13:00–16:00		Weekly station cleanup / <i>MO Vol. 1, item 2.2.1, page 2-2</i>
16:00–16:40	FE-1	Maintenance of ???
16:00–17:30	CDR	Physical exercise (TVIS)
17:30–19:00	PLT	Physical exercise (TVIS+IREDD day 2)
17:30–18:30	CDR	Physical exercise (cycle-2)
18:30–19:30	FE-1	Physical exercise (RED)
19:30–20:00		DINNER
20:00–20:30		Daily food ration prep
20:30–21:30		Personal hygiene (pre-sleep)
21:30–06:00		SLEEP

NOTE: see OSTP for references to US activities

End of radiogram