

REPLACING ACY COMPONENTS. UPLOADING S/W PATCH TO TERMINAL COMPUTER. ACH [SATELLITE NAVIGATION EQUIPMENT] TEST.

GMT	CREW	ACTIVITY
06:00-06:10	.	Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:50	CDR	Work prep
07:30-07:40	FE-1	
07:40-07:50		PAO hardware setup/prep
07:50-08:00	.	Crew prep for PAO
08:00-08:15		Daily Planning Conference (<i>S-band</i>)
08:15-08:45		Voice Conference: ISS Crew Interviewed by Novosti Cosmonavtiki [Cosmonautics News] magazine (<i>S-band</i>)
08:45-09:05		Voice conference with participants of the XVI th Schoolchildren Aerospace Festival in Ulyanovsk (<i>S-band</i>)
09:10-09:20		TV interview to Channel One (<i>Ku-band</i>)
09:20-12:50	CDR	Replacement of ACY components
09:20-10:20	FE-1	Cleaning Fan B3 Screen in DC1
10:20-11:10		Replacement of filters in DC1 Dust Collector ПФ1, ПФ2 (<i>FGB_404 bag #354-5, FGB_221_1 bag #353-22, FGB_226_1 bag #352-2. Update IMS</i>) and cleaning fan screens B1, B2 in DC1
11:10-11:25		Routine inspection of RED
11:25-12:25		Physical Exercise (RED)
12:25-13:55		Physical Exercise (CEVIS)
12:50-13:50	CDR	Physical Exercise (VELO + Load Trainer-1) Day 2
13:55-14:55	.	LUNCH
14:55-15:25	FE-1	Psychological evaluation program (WinSCAT)
14:55-15:05	CDR	Post-PAO hardware stowage
15:10-15:25		Private medical conference (<i>S-band</i>)
15:25-16:25		Crew time for adaptation and ISS familiarization
15:25-15:40	FE-1	IMS update
15:40-15:55		Private medical conference (<i>S-band</i>)
15:55-16:25		COЖ maintenance
16:25-16:55	.	Crew Medical Restraint System (CMRS) checkout
16:55-18:25	CDR	Physical Exercise (TVIS) Day 2
16:55-17:55	FE-1	Crew time for adaptation and ISS familiarization
18:05-18:25		Evening work prep
18:25-18:40	.	Daily Planning Conference (<i>S-band</i>)
18:40-18:45	FE-1	O2 and CO2 monitoring
18:40-19:30	CDR	Evening work prep
18:45-18:50	FE-1	Transferring TVIS, RED, and HRM data to MEC
18:50-19:30		Evening work prep
19:30-20:00	.	DINNER
20:00-20:30		Daily Food Prep

20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task list	CDR	Transfer Kit ИЗОГ #78, 010850R (for MO-7) from ТКГ355_ГрО_1_container 5

Note: See OSTP for references to US activities.

End of Radiogram