Radiogram No. 3881 u

Form 24 for 08/20/2010

КЛ-154М	TV	CAMERA	TEST

GMT	CREW	ACTIVITY	
06:00-06:05	CDR,FE-5	Morning Inspection	
06:00-06:20	FE-2	HRF Urine Sample Collection Subject	
06:00-06:05	FE-3	Elektron-VM Aerosol Filter Inspection	
06:00-06:05	FE-4, FE-6	PROK- PH Urine Test	
06:05-06:35	CDR	Post-sleep	
06:05-06:15	FE-3	MO-8. Setup	
06:05-06:10	FE-4	REACTION Self Test	
06:05-06:25	FE-5	Post-sleep	
06:05-06:10	FE-6	SLEEP Data Log Entry	
06:10-06:15	FE-4	SLEEP Data Log Entry	
06:10-06:30	FE-6	Post-sleep	
06:15-06:20	FE-3	Body Mass Measurement	
06:15-06:20	FE-4	Post-sleep	
06:20-06:25	FE-2	PROK- PH Urine Test	
06:20-06:50	FE-3	Post-sleep	
06:20-06:25	FE-4	Body Mass Measurement	
06:25-06:35	FE-2	HRF Urine Sample Insertion Into MELFI	
06:25-06:45	FE-4	Post-sleep	
06:25-06:30	FE-5	Body Mass Measurement	
06:30-06:40	FE-5	Post-sleep	
06:30-06:35	FE-6	Body Mass Measurement	
06:35-06:40	FE-2	SLEEP Data Log Entry	
06:35-07:30	FE-6	BREAKFAST	
06:35-06:40	CDR	Body Mass Measurement	
06:40-07:30	CDR, FE-5	BREAKFAST	
06:40-06:45	FE-2	REACTION Self Test	
06:45-06:50	FE-2	Body Mass Measurement	
06:45-07:30	FE-4	BREAKFAST	
06:50-07:30	FE-2	Post-sleep	
06:50-07:00	FE-3	MO-8. Cleanup	
07:00-07:40	FE-3	BREAKFAST	
07:30-07:40	CDR , FE-2, FE-4, FE-5 , FE-6	Work Prep	
07:40-08:05		Daily Planning Conference (S-band)	
08:05-08:20		ISS Crew and ГОГУ (RSA Flight Control Team Management) Weekly Conference (S-band)	
08:20-09:20	FE-2	Inspection of Node 2 Emergency Light Power Supply (ELPS) 1	
08:20-08:50	FE-4	CMO Proficiency Training	
08:20-08:25	FE-6	Bioprocessor and CGBA 5 Status Check	

08:20-08:35	CDR, FE-3, FE-5	IMS Tagup (S-band) / r/g 3901
08:35-08:55	FE-6	VO2max. Crew Pulmonary Function System Setup
08:35-11:05	FE-3	Stowing disposal hardware in Progress 406 and IMS updates
08:35-08:50	CDR	EHS Relocation of Acoustic Dosimeter
08:35-12:05	FE-5	FGB Stowage Area Equipment Audit
08:50-09:30	CDR	US Sound Level Meter (SLM) Setup and Acoustic Survey
08:55-09:05	FE-6	VO2max. Hardware Activation
09:05-10:55	FE-6	VO2max. Experiment Protocol Prep
09:05-09:35	FE-4	Physical Exercise (ARED)
09:20-09:40	FE-2	HRF Urine Sample Collection Subject
09:30-11:15	CDR	US Sound Level Meter (SLM) Setup and Acoustic Survey
09:40-09:45	FE-2	HRF Urine Sample Insertion Into MELFI
09:45-10:45	FE-2	Physical Exercise T 2
10:35-11:35	FE-4	Physical Exercise T 2
10:45-12:15	FE-2	Physical Exercise (ARED)
10:55-11:40	FE-6	VO2max Experiment Protocol
11:15-11:30	CDR	SLM Data Transfer To MEC
11:30-13:00	FE-3	Physical Exercise (TVIS), Day 1
11:35-11:45	FE-4	Battery Stowage Assembly (BSA) Battery Recharge Terminate
11:40-11:55	FE-6	VO2max. Thermolab Closeout Ops
11:45-12:45	FE-4	Airlock restow after EMU related activities are complete
11:55-12:00	FE-6	VO2max. Crew Portable Pulmonary Function System Data Downlink
12:00-13:00	CDR	Physical Exercise (VELO), Day 4
12:00-12:45	FE-6	VO2max. VO2max Crew Mixing Bag System Stow
12:05-12:45	FE-5	EXPOSE-R. Connecting RSS1 to 6CMM
12:15-12:45	FE-2	System Laptop Terminal (SLT) T61p Swap
12:45-13:00	FE-4	IMS Tagup
12:45-13:00	FE-5	EXPOSE-R. Start Copying ECMM (System & Multiplex Bus Unit) Data
13:00-14:00		LUNCH
14:00-14:20		Crew Conference with Astronaut Office Management (S-band)
14:20-15:05	CDR	USOS Hatch Seal Inspection
14:20-14:25	FE-2	PROK Diet Logging (Day 1)
14:20-14:25	FE-4	PROK Diet Logging (Day 1)
14:20-14:35	FE-5	EXPOSE-R. ECMM Data Copy Closeout Ops
14:20-14:25	FE-6	PROK Diet Logging (Day 1)
14:25-14:55	FE-2	Psychological Evaluation Program (WinSCAT)
14:25-15:15	FE-6	VO2max PPFS Conclude
14:30-14:35	FE-3	On MCC Go ISS N2 repress from Progress 406 CpΠK (start)
14:35-15:05	FE-5	ITCS Sample Collection
14:40-14:50	FE-4	T2 Snubber Arm Inspection
14:50-15:30	FE-3	СОЖ Maintenance

14:50-14:55	EE_1	T2 Guide Installation		
	FE-2			
14:55-16:50		US EVA Tool Stow		
15:05-15:55		Gathering of US trash to be loaded into Progress 406 Collecting Coolant Samples		
15:15-16:45				
15:30-15:35		Physical Exercise (ARED)		
15:35-16:05		ISS N2 repress from Progress 406 CpΠK (terminate)		
		On MCC GO Test Activation of KJI-154 TV Camera		
15:55-17:25	FE-5	Physical Exercise (TVIS), Day 1		
15:55-16:35	CDR	IDENTIFICATION. Copy ИМУ-Ц Micro-Accelerometer Data to Laptop. <i>Tagup with specialists (S-band)</i>		
15:55-16:00		Panoptic Video Setup		
16:00-16:15	FE-2	HMS PanOptic Installation		
16:05-17:05	FE-3	Physical Exercise (VELO), Day 1		
16:15-16:20	FE-2	Health Maintenance System (HMS) - Pan Optic1 Exam Setup		
16:20-16:40	FE-2	HRF Urine Sample Collection Subject		
16:35-16:55	CDR	IMS Update		
16:40-16:45	FE-2	HRF Urine Sample Insertion Into MELFI		
16:45-17:45	FE-6	Physical Exercise (CEVIS)		
16:50-17:20	FE-2	Conduct PanOptic Exam		
16:50-17:20	FE-4	Conduct PanOptic Exam		
16:55-18:25	CDR	Physical Exercise (TVIS), Day 4		
17:05-17:10	FE-3	Elektron-VM Aerosol Filter Inspection		
17:10-17:40	FE-3	On MCC GO Test Activation of КЛ-154 TV Camera		
17:20-17:25	FE-2	Treadmill T2 Monthly Inspection		
17:20-17:25	FE-4	Health Maintenance System (HMS) - Pan Optic1 Exam Setup		
17:25-18:25	FE-5	Physical Exercise (VELO), Day 1		
17:45-17:50	FE-6	Treadmill T2 Monthly Inspection		
17:50-18:00	FE-6	Closing JEM window shutters		
18:00-18:10	FE-2	JPM Window Shutter Closure		
18:00-18:30	FE-4	Conduct PanOptic Exam		
18:00-18:30	FE-6	Conduct PanOptic Exam		
18:10-18:20	FE-2	HRF Blood Collection Hardware Setup		
18:20-18:40	FE-2	HRF Urine Sample Collection Subject		
18:25-18:45	CDR	Evening Work Prep		
18:30-18:45	FE-4	Pan Optic Hardware Stowage and Data Downlink		
18:30-18:45	FE-6	VO2max. Stow Crew Portable Pulmonary Function System		
18:40-18:45	FE-2	HRF Urine Sample Insertion Into MELFI		
18:45-19:10		Daily planning conference (S-band). Progress 406 loading status report		
19:10-19:30		Flight Director / ISS Crew Tagup (Ku+S-band)		
19:30-21:30	CDR, FE-3, FE-5	Pre-sleep		
19:30-19:50	FE-2	Crew Discretionary Conference		
19:30-19:35	FE-4	Panoptic Video Stow		
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19:30-19:35	FE-6	MPC Power Up
19:35-19:40	FE-4	REACTION Self Test
19:35-21:25	FE-6	Pre-sleep
19:40-20:00	FE-4	Pre-sleep
19:50-19:55	FE-2	REACTION Self Test
19:55-21:30	FE-2	Pre-sleep
20:00-20:15	FE-4	Private Family Conference
20:15-21:30	FE-4	Pre-sleep
21:25-21:30	FE-6	MPC Power Down
21:30-06:00		SLEEP

- Notes:
 1. SM Window #9 shutter opening is at crew discretion w/ Report to MCC
 2. See OSTP for references to US activities
- 3. Pre-sleep ops: dinner, daily food prep, evening toilet End of Radiogram