CREW OFF DUTY. TV Greeting For Yu. N. Koptev.

GMT	CREW	ACTIVITY
06:00-06:05	CDR,FE-6	SLEEP Data Log Entry
06:00-06:10	FE-1	Morning Inspection
06:00-06:05	FE-4	Elektron-VM Aerosol Filter Inspection
06:00-06:05	FE-5	Bisphosphonates Pill Ingestion
06:05-06:10	CDR	Bisphosphonates Pill Ingestion
06:05-06:15	FE-4 ,FE- 5,FE-6	Morning Inspection
06:10-06:20	CDR	Morning Inspection
06:10-06:40	FE-1	Post-sleep
06:15-06:45	FE-4 ,FE- 5,FE-6	Post-sleep
06:20-06:50	CDR	Post-sleep
06:40-07:30	FE-1	BREAKFAST
06:45-07:35	FE-4 ,FE- 5,FE-6	BREAKFAST
06:50-07:40	CDR	BREAKFAST
09:30-09:45	FE-5	Setup G1 Camcorder and MPC
09:45-10:00		Video message recording for the Heads of Agencies (HOA)
10:00-11:05	FE-4	Progress 403 Rodnik Water Tank 2 [БВ2] Bladder Compression
10:00-10:05	FE-5	HOA Video Downlink Start
10:00-11:30	FE-6	Physical Exercise (ARED)
10:30-11:30	CDR	Physical Exercise T 2
10:30-10:35	FE-5	JAXA Video Downlink End
11:20-11:35	FE-4	Private Family Conference (Ku+S-band)
11:30-13:00	CDR	Physical Exercise (ARED)
11:30-13:00	FE-1	Physical Exercise (TVIS), Day 4
11:30-12:30	FE-6	Physical Exercise T 2
12:55-13:00	FE-4	On MCC Go ISS O2 repress from Progress CpΠK (start)
13:00-14:00		LUNCH
14:00-14:05	FE-4	ISS O2 repress from Progress CpΠK (terminate)
14:10-14:40	FE-4	TV PAO 70th Birthday Greetings to Yu. N. Koptev, Former Roskosmos General Director. Greeting to participants and guests of the 37 th International Social & Scientific Readings. <i>To=14:09, T1, T2, T3 from CΠΠ</i>
14:25-14:40	CDR, FE-1 , FE-5,FE-6	TV PAO 70th Birthday Greetings to Yu. N. Koptev, Former Roskosmos General Director. Greeting to participants and guests of the 37th International Social & Scientific Readings.
15:40-16:40	FE-1	Physical Exercise (ARED)
15:35-15:40	FE-4	Progress 403 Rodnik Water Tank 2 [5B2] Bladder Compression Terminate
15:40-16:40	FE-4	Physical Exercise (VELO), Day 1

15:45-16:45	FE-5	Physical Exercise T 2
16:40-17:20	FE-1	СОЖ Maintenance. Inspection of CPB-K2M hoses from MФP filter to БРПК separator. SM and FGB CBO, СП, and POTOK Air Purification System Data Calldowns
16:40-18:10	FE-4	Physical Exercise (TVIS), Day 1
16:45-18:15	FE-5	Physical Exercise (ARED)
17:45-17:50	CDR	OGS Deactivation
17:50-18:15	CDR	OGS HOPA Ops
18:10-18:15	FE-4	Elektron-VM Aerosol Filter Inspection
18:15-18:35		Evening Work Prep
18:35-19:00		Daily Planning Conference (S-band)
19:00-19:30		Evening Work Prep
19:30-21:10	CDR	Pre-sleep
19:30-21:30	FE-1,FE- 4 ,FE-6	Pre-sleep
19:30-19:35	FE-5	Pre-sleep
19:35-19:50	FE-5	Private Family Conference (Ku+S-band)
21:10-21:25	CDR	Private Family Conference (Ku+S-band)
21:25-21:30	CDR	Pre-sleep
19:50-21:30	FE-5	Pre-sleep
21:30-06:00		SLEEP
Task List	FE-1,FE-4	E21/22 Photo/Video
		Video Footage For ТВЦ TV Channel
		ECON. Observations and Photography
	FE-1	PLANTS-2. Box A (KM 22) Pump Activation
		PLANTS-2. Payload Status Check
		RUSALKA Setup. Photo/video, and cleanup
	FE-4	URAGAN. Observations and Photography
		SEINER Ocean Observations

Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
 See OSTP for references to US activities
- 3. Pre-sleep ops: dinner, daily food prep, evening toilet End of Radiogram