

Emergency Descent OBT. Plasma Crystal.

GMT	Crew	Activity
06:00-06:10	.	Morning inspection
06:10-06:40	.	Post-sleep
06:40-06:50	FE-1	MO-8. System set up
06:40-06:50	CDR	Calf measurement
06:50-07:05	CDR	Body mass measurement
06:50-07:00	FE-1	Calf measurement
07:05-07:55	CDR	BREAKFAST
07:05-07:20	FE-1	Body mass measurement
07:20-07:30	FE-1	MO-8. Closeout ops
07:30-08:15	FE-1	BREAKFAST
07:55-08:25	CDR	Prep for work
08:15-08:25	FE-1	Prep for work
08:25-08:40	.	DPC (<i>S-band</i>)
08:40-11:40	.	Emergency descent OBT. <i>Tagup (S-band)</i>
11:40-13:10	FE-1	Physical Exercise (TVIS) day 1
11:40-11:50	CDR	RED: routine inspection
11:50-13:20	CDR	Physical Exercise (RED)
13:20-14:20	.	LUNCH
14:20-16:20	CDR	Installation of new SSC A31P laptops in RS
14:20-14:40	FE-1	ELECTRON activation. <i>Tagup (S-band)</i>
15:10-15:15	FE-1	ELECTRON activation (switch to 32A). <i>Tagup (S-band)</i>
15:20-16:20	FE-1	PLASMA CRYSTAL-3. Hardware set up. <i>Tagup (S-band)</i>
16:20-16:40	FE-1	PLASMA CRYSTAL-3. Leak check before vacuuming. <i>Tagup (S-band)</i>
16:25-16:45	CDR	TEPC transfer
16:40-17:40	FE-1	Physical Exercise (VELO+HC-1) day 1
16:45-17:45	CDR	Physical Exercise (TVIS)
17:40-18:15	FE-1	Post-EVA ПxO to initial. Report to MCC-M each item on hardware placement in ПxO.
17:45-17:50	CDR	TVIS weekly maintenance
17:50-17:55	CDR	TVIS/RED/HRM date transfer to MEC
17:55-18:15	CDR	IMS file prep
18:15-18:30	.	DPC (<i>S-band</i>)
18:30-19:00	.	Daily plan review
19:00-19:30	.	Report prep
19:30-20:00	.	Daily food prep
20:00-20:30	.	DINNER
20:30-21:30	.	Pre-sleep
21:30-06:00	.	SLEEP
Task List	FE-1	PLANTS-2. Hardware monitoring

Note: See OSTP for references to USOS activities

End of radiogram