## **CREW OFF DUTY**

GMT	CREW	ACTIVITY
06:00-06:05	CDR,FE-5,FE-	Reaction Self Test
06:00-06:10	FE-1,FE-4	Morning Inspection
06:00-06:10	FE-2	Morning Inspection. SM ΠCC [Caution & Warning Panel] Test (after breakfast)
06:05-06:10	CDR,FE-5,FE-	Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-08:30	CDR	Weekly Housekeeping
07:30-10:20	FE-1	Weekly Housekeeping SM Ventilation Subsystem Preventive Maintenance, Group E. FGB ЦВ2 Fan Cleaning
07:30-10:00	FE-2	Weekly Housekeeping
07:30-10:30	FE-4	SM Ventilation Subsystem Preventive Maintenance, Group E
07:30-10:30	FE-5	Weekly Housekeeping
07:30-09:00	FE-6	Weekly Housekeeping
08:30-10:00	CDR	Physical Exercise (ARED)
09:00-10:00	FE-6	Physical Exercise (CEVIS)
10:00-11:30	FE-2	Physical Exercise (ARED)
10:00-11:00	CDR	Physical Exercise (CEVIS)
10:00-11:30	FE-6	Weekly Housekeeping
10:20-10:35	FE-1	Private Family Conference (Ku+S-band)
11:00-13:00	CDR	Weekly Housekeeping
11:00-12:30	FE-4	Physical Exercise (TVIS), Day 2
11:30-13:00	FE-1	Physical Exercise (ARED)
12:00-12:30	FE-2	Cleaning Potok Air Purification System Pre-filters in SM and FGB
12:50-13:00	FE-5	Food Frequency Questionnaire
13:00-14:00		LUNCH
14:00-14:10	CDR	Food Frequency Questionnaire
14:00-14:40	FE-2	СОЖ Maintenance. SM and FGB Flush Counter (СП), Water Supply System (SVO), POTOK Air Purification System Data Calldowns
14:10-14:05	CDR	CGBA Status Check
15:10-15:25	FE-6	Private Family Conference
15:25-15:55	FE-5	Evening Work Prep
15:30-16:30	FE-1	Physical Exercise (TVIS), Day 2
15:45-17:15	FE-6	Physical Exercise (ARED)
15:55-16:55	FE-5	Physical Exercise (T2)
16:30-17:30	FE-2	Physical Exercise (TVIS), Day 2
17:00-17:15	FE-5	Private Family Conference
17:15-18:45	FE-5	Physical Exercise (ARED)
17:30-18:30	FE-4	Physical Exercise (VELO), Day 2

18:00-18:15	CDR	Journal Entry
18:15-18:45	CDR, <b>FE-1</b> , <b>FE-2</b> ,FE-6	Evening Work Prep
18:30-18:45	FE-4	Evening Work Prep
18:45-19:10		Daily Planning Conference (S-band)
19:10-19:30		Evening Work Prep
19:30-21:20	FE-4	Pre-sleep
19:30-20:10	CDR	Pre-sleep
19:30-21:25	FE-5,FE-6	Pre-sleep
19:30-21:30	FE-1,FE-2	Pre-sleep
20:10-20:25	CDR	Private Family Conference
20:25-21:25	CDR	Pre-sleep
21:25-21:30	CDR,FE-5,FE-	Reaction Self Test
21:30-06:00		SLEEP
Task List	FE-1, FE-2, FE-4	Preparation of reports for Roskosmos site
		URAGAN. Observations and Photography
		ECON. Observations and Photography
		SEINER Ocean Observations

## Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
  See OSTP for references to US activities
  Pre-sleep ops: daily food prep, dinner, pre-sleep
  End of Radiogram