

GMT	CREW	ACTIVITY
06:00-06:10		Morning Inspection
06:10-06:40		Post-Sleep
06:40-07:30	CDR	Breakfast
06:40-06:50		HEMATOCRIT. Hematocrit Number Determination
06:50-06:55	FE-1	HEMATOCRIT. Stowage
06:55-07:55		SPRUT. Study of Human Bodily Fluids
07:30-08:00	CDR	Work Prep
07:55-08:15	FE-1	Breakfast
08:15-08:30		Daily Planning Conference ( <i>S-band</i> )
08:30-09:55	CDR	Advanced Ultrasound – Hardware Setup for C Scanning
08:30-08:55		Breakfast
08:55-09:05		Work Prep
09:05-10:35	FE-1	SM Storage Battery 800A No. 1 Replacement ( <i>install s/n 2392751402, bar code 009604R, located at FGB_113; dispose of one removed, report to MCC its bar code or serial number; plan available in IMS</i> ) / SM IFM IVA, para. 5.6, steps 2 through 11 (step 8 may be performed without <b>Ground Go</b> ), pp. 5-14 - 5-15.
10:25-11:55	CDR	Physical Exercise – RED
10:35-11:35	FE-1	SM Panel Photo Imagery. Stage 1
11:35-11:55		Tagup w/CBO specialist ( <i>S-band</i> )
11:55-12:30	CDR (operator)	Advanced Ultrasound – C Scan
11:55-12:35	FE-1 (subj.)	
12:35-13:25	FE-1 CDR (Assist)	Cardiovascular System Assessment Under Controlled Physical Stress on VELO ( <b>To = 12:54</b> ) Tagup w/specialists (VHF)
13:25-14:25		Lunch
14:25-14:40	CDR	SNFM – Training
14:30-14:45	FE-1	Norton Ghost (5.1D) Floppy File Updates. Tagup w/specialists (VHF)
14:40-14:55	CDR	SHFM – Crew Conference w/PL Developer ( <i>S-band</i> )
14:45-15:15	FE-1	COX Maintenance
14:55-15:15	CDR	IMS File Prep
15:15-17:10		Atmosphere Scrubbing System Electronics Box Cleaning
15:15-15:20		
15:20-15:35	FE-1	Advanced Ultrasound – Equipment Deactivation and Stowage
15:45-17:15		Physical Exercise – TVIS – Day 3
17:10-18:10	CDR	Physical Exercise - TVIS
17:15-18:15	FE-1	Physical Exercise (VELO + FL1) – Day 3
18:10-18:15	CDR	Weekly TVIS Maintenance
18:15-18:20		TVIS and RED Data Transfer to MEC
18:15-18:45	FE-1	Review of Next Day's Plan
18:20-18:30	CDR	
18:30-18:45		Advanced Ultrasound – Closeout Ops
18:45-19:00		Daily Planning Conference ( <i>S-band</i> )
19:00-19:30		Report Prep
19:30-20:00		Dinner
20:00-20:30		Food Prep
20:30-21:30		Pre-Sleep
21:30-06:00		Sleep

**Note:** cf. OSTP for missing references to US activities  
End of Radiogram