CREW OFF DUTY

GMT	CREW	ACTIVITY
22:40-22:45	CDR,FE-5	Bisphosphonates Pill Ingestion
22:40-22:45	FE-1	Elektron-VM Aerosol Filter Inspection
22:40-22:50	FE-4 ,FE-6	Morning Inspection
22:45-22:50	CDR, FE-1 ,FE-5	
22:50-23:20		Post-sleep
23:20-23:35	CDR	BREAKFAST
23:20-00:10	FE-1,FE-4 , FE-5,FE-6	BREAKFAST
23:35-23:50	CDR	Private Family Conference (Ku+S-band)
23:50-00:10	CDR	BREAKFAST
01:10-01:25	FE-5	Private Family Conference (Ku+S-band)
03:00-04:30	FE-6	Physical Exercise (ARED)
03:30-04:30	CDR	Physical Exercise T 2
04:30-06:00		Physical Exercise (ARED)
04:30-06:00	FE-1	Physical Exercise (TVIS), Day 4
04:30-05:30	FE-6	Physical Exercise T 2
06:00-07:00		LUNCH
07:00-07:15	FE-5	Private Family Conference (Ku+S-band)
07:00-07:05	CDR	Columbus Camera Setup
07:05-07:35		Foam Casting Experiment Part 1
07:15-07:55	FE-4	COЖ Maintenance. SM and FGB SVO, СП (Flush Counter), and POTOK Air Purification System Data Calldowns Inspection of CPB-K2M hoses from МФ-Р up to БРПК separator
08:10-08:25	=	Private Family Conference (Ku+S-band)
08:20-09:50	FE-5	Physical Exercise (ARED)
08:20-08:30	CDR	Foam Casting Experiment Part 2
08:25-09:25		Physical Exercise (VELO), Day 1
09:25-10:55	FE-4	Physical Exercise (TVIS), Day 1
09:25-09:40	FE-1	Private Family Conference (Ku+S-band)
09:30-10:00	CDR	Foam Casting Experiment Closeout
09:50-10:50	FF 4	Physical Exercise (ARED)
10:50-10:55	FE-1	Elektron-VM Aerosol Filter Inspection
10:55-11:20		Evening Work Prep
11:20-11:45		Daily Planning Conference (S-band)
11:45-12:10		Evening Work Prep
12:10-12:35	CDR	
12:10-14:10	FE-1,FE-4 ,FE-5	Pre-sleep
12:10-12:35	FE-6	
12:35-12:50	FE-6	Private Family Conference (Ku+S-band)
12:50-14:10	FE-6	Pre-sleep
12:50-14:10	CDR	

14:10-22:40		SLEEP
Task List	FE-1,FE-4	ECON. Observations and Photography
		SEINER Ocean Observations
		URAGAN. Observations and Photography
	FE-1	PLANTS-2. Payload Status Check
		Shooting News From Zero G Episodes

Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
 See OSTP for references to US activities
 Pre-sleep ops: dinner, daily food prep, evening toilet
 End of Radiogram