

Radiogram No. 1454u

Form 24 for 10/17/09-10/18/09

PROGRESS 403 DOCKING TO DC1

GMT	CREW	ACTIVITY
21:30-22:00	FE-3	Post-sleep
21:30-21:35	FE-5	Bisphosphonates Pill Ingestion
21:30-21:45	FE-2	Private Family Conference (<i>S-band</i>)
21:30-21:40	CDR, FE-1 ,FE-4	Morning Inspection
21:35-21:50	FE-5	Post-sleep
21:40-22:10	CDR, FE-1 ,FE-4	
21:45-21:50	FE-2	Morning Inspection
21:50-22:15	FE-2	Post-sleep
21:50-21:55	FE-5	HAM Radio Setup
21:55-22:05	FE-5	HAM Radio Session
22:00-22:50	FE-3	BREAKFAST
22:05-22:55	FE-5	
22:10-22:20	FE-4	
22:10-23:00	CDR, FE-1	
22:15-23:00	FE-2	
22:20-23:20	FE-4	Physical Exercise (TVIS)
22:50-23:00	FE-3	Monitoring SSC1 Laptop Image during MPEG-2 Streaming Test
22:55-23:00	FE-5	REACTION Self Test
23:00-23:20	CDR, FE-1 ,FE-2, FE-3 ,FE-5	Work Prep
23:20-23:45	.	Daily Planning Conference (<i>S-band</i>)
23:45-00:15	FE-1,FE-3	Preparation for Progress 403 docking
23:45-01:15	FE-4	Physical Exercise (ARED)
23:45-23:50	CDR	SM HAM Radio Deactivation
23:45-00:55	FE-5	ICV ECHO Setup
23:50-23:55	CDR	Activation of A31P Laptop
00:00-01:00	FE-2	Physical Exercise (TVIS)
00:00-00:05	CDR	Connecting DCP Power Cable
00:05-01:05	CDR	Physical Exercise (CEVIS)
00:15-01:45	FE-1,FE-3	Progress 403 docking to DC1
00:55-01:55	FE-5	ICV/C Crew Resting Echo Scan
01:00-01:50	FE-2	ICV Assistance During Experiment
01:15-01:30	FE-4	Private Family Conference (<i>S-band</i>)
01:30-02:30	CDR	HTV1 Transfer Ops
01:50-02:20	FE-2	On-orbit Hearing Assessment using EARQ
01:55-02:15	FE-5	ICV Hardware Stow
02:00-03:00	FE-1	Physical Exercise (CEVIS)
02:00-03:00	FE-3	Physical Exercise (VELO), day 4
02:20-02:25	FE-2	Urine Processor Assembly (UPA) Fill
02:20-02:40	FE-5	On-orbit Hearing Assessment using EARQ
02:30-03:00	FE-4	Light Housing Assembly (LHA) Remove & Replace

02:35-02:50	FE-2	FIR Photo/TV Video Setup
02:40-03:45	FE-5	ICV-CARDIO Data Downlink
02:45-04:15	CDR	Physical Exercise (ARED)
02:50-04:35	FE-2	FIR Rack Door Launch Hardware Removal
03:00-03:20	FE-4	A/L Light Housing Assembly (LHA) R&R
03:00-04:00	FE-1,FE-3	LUNCH
03:20-03:40	FE-4	JLP Light Housing Assembly (LHA) R&R
03:40-04:00	FE-4	JPM Light Housing Assembly (LHA) R&R
04:00-05:15	FE-1,FE-3	Progress 403 and DC1 Interface Leak Check
04:00-04:20	FE-4	JPM Light Housing Assembly (LHA) R&R
04:20-04:40	CDR	On-orbit Hearing Assessment using EARQ
04:20-04:40	FE-4	JPM Light Housing Assembly (LHA) R&R
04:35-04:50	FE-2	FIR Rack Door Close
04:40-05:40	CDR,FE-4,FE-5	LUNCH
04:50-05:50	FE-2	LUNCH
05:15-05:35	FE-1,FE-3	On MCC GO Open DC1-CY and CY-Progress Transfer Hatches
05:35-05:55	FE-1,FE-3	Install Quick Release Screw Clamps
05:40-06:00	FE-4	JPM Light Housing Assembly (LHA) R&R
05:40-07:10	CDR	Food Container Transfer From HTV
05:55-06:15	FE-3	Photography of scuff mark left by the Active Docking Mechanism Probe on the Passive Mechanism Receiving Cone
05:55-06:10	FE-1	Progress Air Sampling Using AK-1M Sampler
06:00-07:30	FE-2	Physical Exercise (ARED)
06:00-06:20	FE-5	Nutrition and Repository Urine Sample Collection
06:00-06:20	FE-4	Node2 Light Housing Assembly (LHA) R&R
06:10-06:55	FE-1	Progress 403 deactivation, air duct installation
06:15-06:35	FE-3	Downlink photo imagery of the docking cone internal surface using OCA
06:20-06:25	FE-5	Nutrition and Repository Urine Sample MELFI Insertion
06:20-07:20	FE-4	HTV1 Transfer Ops
06:25-07:25	FE-5	Physical Exercise (TVIS)
06:35-07:35	FE-3	Progress 403 Docking Mechanism Removal
06:55-07:55	FE-1	Evening Work Prep
07:15-07:30	CDR	Removal of equipment used for Ku-band TV downlink (after Progress docking)
07:20-07:35	FE-4	HTV1 Cargo Tagup
07:25-08:55	FE-5	Physical Exercise (ARED)
07:30-09:00	CDR,FE-2	HTV Undocking OBT
07:35-09:15	FE-4	Sleep Actiwatch Battery swap and data download using HRF PC 1
07:35-08:35	FE-3	Progress 403 Unloading and IMS Updates
07:55-08:35	FE-1	COX Maintenance. CBO, CП, and POTOK Air Purification System data calldowns
08:35-09:05	FE-1	Structure. Transferring Luch-2 Hardware to SM
08:35-09:35	FE-3	Physical Exercise (TVIS), day 1
09:00-09:15	CDR	Food Frequency Questionnaire

09:00-09:20	FE-5	Nutrition and Repository Urine Sample Collection
09:05-09:35	FE-1	CRYSTALLIZER. Transfer to SM, Activation and Setup
09:15-09:30	FE-4	Private Family Conference (<i>S-band</i>)
09:20-09:25	FE-5	Nutrition and Repository Urine Sample MELFI Insertion
09:25-09:45	FE-5	Nutrition and Repository: Stow Urine Sampling Equipment
09:30-09:55	FE-4	On-orbit Hearing Assessment using EARQ
09:35-10:35	FE-1	Physical Exercise (ARED)
09:35-10:00	FE-3	Hygiene Procedures
09:40-09:45	CDR	Transfer TVIS, CEVIS, and HRM data to MEC
09:45-10:10	FE-5	Evening Work Prep
09:45-10:35	CDR,FE-2	
09:55-10:10	FE-4	Food Frequency Questionnaire
10:00-10:35	FE-3	Evening Work Prep
10:10-10:25	FE-5	Food Frequency Questionnaire
10:10-10:35	FE-4	Evening Work Prep
10:25-10:35	FE-5	
10:35-11:00	.	Daily Planning Conference (<i>S-band</i>)
11:00-13:00	FE-1,FE-2, FE-3,FE-4	Pre-sleep
11:00-11:15	CDR	Private Family Conference (<i>S-band</i>)
11:00-12:15	FE-5	Pre-sleep
11:15-13:00	CDR	
12:15-12:30	FE-5	Private Family Conference (<i>S-band</i>)
12:30-12:55	FE-5	Pre-sleep
12:55-13:00	FE-5	REACTION Self Test
13:00-06:00	.	SLEEP
Task List	FE-3	PLANTS-2 Payload Status Check
		IMS Update

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep: dinner, daily food prep, evening toilet
- End of Radiogram