

Radiogram No. 3210u

Form 24 for 05/30/2010

Soyuz 227 СУД Test Before Undocking. LBNP Exercise.

GMT	CREW	ACTIVITY
06:00-06:10	CDR,FE-1	Morning Inspection
06:00-06:10	FE-2	Closing USOS Window Shutters
06:00-06:05	FE-3	Elektron-VM Aerosol Filter Inspection
06:00-06:05	FE-5	Bisphosphonates Pill Ingestion
06:00-06:05	FE-6	PRO K Urine Test
06:05-06:10	FE-3,FE-5	Morning Inspection
06:05-06:10	FE-6	SLEEP Data Log Entry
06:10-06:15	FE-2	SLEEP Data Log Entry
06:10-06:40	CDR,FE-1,FE-3,FE-5,FE-6	Post-sleep
06:15-06:40	FE-2	Post-sleep
06:40-07:30	.	BREAKFAST
07:30-07:35	FE-1	TBU (Universal Bioengineering Thermostat). Temperature Check. Report TBU temperature to MCC
07:30-07:40	FE-5	Historical Documentation Photography of All Pills
07:40-08:40	CDR	Soyuz 227 СУД Test Prior To Undocking
08:00-08:20	FE-3	MEMBRANE Removal of capsules from thermostatic container and stowage
08:10-08:20	FE-1	MEMBRANE Photography
08:20-08:40	FE-3	MEMBRANE Hardware Removal and Stowage
08:35-09:25	FE-1	Physical Exercise (ARED)
08:45-10:15	CDR, FE-3-assists	LBNP Exercise (FINAL). <i>Tagup with specialists (VHF)</i>
09:00-09:15	FE-5	Private Family Conference
09:25-10:55	FE-1	ИДЭ-2 Fire Detection System Smoke Detector Needle Cleaning in MRM2
09:50-11:20	FE-5	Physical Exercise (ARED)
10:15-10:25	CDR	ACH-M Test in ISS+MRM2/No Vehicle Configuration – disconnect laptop from the configuration. <i>Tagup with specialists (as necessary) (S-band)</i>
10:15-10:30	FE-3	ИК0501 Gas Analyzer O2 channel adjustment using Analyzer Status Indicator [ИГ3]
10:20-11:20	FE-6	Physical Exercise T 2
10:25-10:35	CDR	Downlink 4-day ACH-M test data via OCA
10:40-11:40	FE-2	Unpack and stow items brought up on Shuttle Flight ULF4
10:55-11:55	FE-1	RUSALKA Setup, photo/video, and cleanup
11:00-11:45	CDR	MATRYOSHKA-R. Remove and prepare for return Lulin-5 detector unit
11:10-11:50	FE-3	COЖ Maintenance / SM and FGB CBO, СП, and POTOK Air Purification System Data Calldowns Inspection of CPB-K2M hoses from МФ-Р up to БРПК separator
11:20-12:20	FE-5	Physical Exercise T 2
11:20-12:50	FE-6	Physical Exercise (ARED)
11:40-12:10	FE-2	Water Microbiology Analysis Kit Audit
11:50-12:50	FE-3	Physical Exercise (VELO), Day 3

11:55-12:10	FE-1	Private Family Conference (<i>Ku+S-band</i>)
12:00-12:40	CDR	Microbial sample collection (sampling for Kit 1). <i>With POTOK Air Purification System Powered Down</i>
12:10-12:30	FE-2	Internal Wireless Integrated System (IWIS) Swap Remote Sensor Units (RSU) 1028 and 1027
12:20-12:35	FE-1	RUSALKA Terminate Data Copy and Downlink via OCA
12:30-12:50	FE-2	IWIS RSU Replacement
12:50-13:50	.	LUNCH
13:50-16:50	CDR,FE-5,FE-6	Soyuz 227 Descent OBT. <i>Tagup with specialists (S-band)</i>
13:50-15:50	FE-1,FE-3	MRM1 Unloading and IMS Updates <i>Report activity status</i>
13:50-14:20	FE-2	CSLM2 Procedure Review
14:20-15:20	FE-2	CSLM2 Equipment Setup for the Ops
15:20-16:20	FE-2	Physical Exercise T 2
15:50-17:20	FE-1	Physical Exercise (TVIS), Day 2
16:20-17:50	FE-2	Physical Exercise (ARED)
16:50-17:05	CDR	Soyuz 227 IRIDIUM Phone Charging Setup, Start Charge
16:50-18:20	FE-3	Physical Exercise (TVIS), Day 3
16:50-17:05	FE-5	Private Family Conference
17:05-17:35	FE-6	US Equipment Prepack for Return on Soyuz 21S
17:15-17:20	CDR	Soyuz 227 IRIDIUM Phone Charge Status Check
17:20-17:30	CDR	Soyuz 227 IRIDIUM Phone Charging, Terminate Charge, Stow Phone
17:30-17:40	FE-1	Soyuz 226 IRIDIUM Phone Charging, Phone Setup, Charge Start
17:35-17:40	FE-6	PROK Diet Log Day 2 -Day 4
17:40-17:55	FE-6	PRO K Daily Food Prep
17:50-18:50	CDR	Physical Exercise (TVIS), Day 1
17:50-17:55	FE-1	Soyuz 228 IRIDIUM Phone Charge Status Check
17:55-18:10	FE-1	Soyuz 228 IRIDIUM Phone Charging, Terminate Charge, Stow Telephone, Cleanup
18:10-18:25	FE-5	Private Medical Conference
18:20-18:40	FE-3	IMS Update
18:35-18:50	FE-6	Private Medical Conference
18:40-19:05	FE-1,FE-2,FE-5	Evening Work Prep
18:45-18:50	FE-3	Elektron-VM Aerosol Filter Inspection
18:50-19:05	CDR,FE-3,FE-6	Evening Work Prep
19:05-19:30	.	Daily Planning Conference (<i>S-band</i>)
19:30-21:10	CDR	Pre-sleep
19:30-21:30	FE-1,FE-2,FE-3,FE-5,FE-6	Pre-sleep
21:10-21:30	CDR	MO-21 Prep. Ecosphere Battery Charge
21:30-06:00	.	SLEEP

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**

2. See OSTP for references to US activities
 3. Pre-sleep ops: dinner, daily food prep, evening toilet
- End of Radiogram