PROGRESS 364 UNDOCKING FROM FGB

GMT	CREW	ACTIVITY
06:00-06:10	CDR	Morning Inspection Inspection of DC1 Power Panel (БВП) Circuit Breakers [A3C] and fuses in DC1 Fuse Boxes БПП-30, БПП-36
06:00-06:10	FE-1,FE-2	Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
10:00-11:30	CDR	Physical Exercise (TVIS), day 4
10:30-12:00	FE-2	Physical Exercise (RED)
11:30-13:00	FE-1	Physical Exercise (TVIS), day 4
12:00-13:00	FE-2	Physical Exercise (CEVIS)
13:00-14:00		LUNCH
14:00-14:20	FE-2	CSA-CP, probe replacement
14:00-14:30	CDR	Reprogramming IWIS for Reboost Ops
14:20-15:00		JPM and JLP ELPS Inspection
15:00-15:05		JEM Window Shutter Closure
15:05-15:15	FE-2	ELPS Inspection
15:15-15:20	FE-2	HAM Radio Setup
15:20-15:30		HAM Radio Session
15:35-15:40		LAB Window Shutter Closure
16:15-17:15	FE-1	
17:15-18:15	CDR	Physical Exercise (VELO + RED), day 4
17:35-18:15	FE-1	СОЖ Maintenance
18:10-18:15	FE-2	Transfer of TVIS, RED, and HRM data to MEC
18:15-18:30		Evening Work Prep
18:30-18:45	<u> </u>	Daily Planning Conference (S-band)
18:45-19:05	CDR	Daily Food Prep
18:45-19:10	FE-1	Evening Work Prep
18:45-19:30	FE-2	
19:05-19:35	CDR	
19:10-19:35	FE-1	DINNER
19:30-20:00	FE-2	
19:35-20:15	CDR	Photography of Progress 364 Docking Assembly after ISS Separation
19:35-19:55	FE-1	Monitoring Progress 364 Separation from the ISS Using BKY Video Monitor
19:55-20:25	FE-1	
20:00-20:25	FE-2	Daily Food Prep
20:15-20:20	CDB	On MCC GO Move FA-Soyuz PEV to CLOSED position
20:20-20:30	CDR	Daily Food Prep
20:25-21:30	FE-1	
20:25-21:25	FE-2	Pre-sleep
20:30-21:30	CDR	
21:25-21:30	FE-2	Questionnaire - journal entry

21:30-06:00		SLEEP
Task List	FE-1	PLANTS-2. Payload status check

Note:

- SM Window #9 shutter opening is at crew discretion with Report to MCC
 See OSTP for references to US activities.
 End of Radiogram