Preparing Orlans for EVA / Suited Exercise

GMT	Crew	Activity / ODF or R/G
06:00–06:10		Morning inspection
06:10–06:40		Personal hygiene (post-sleep)
06:40-07:30		BREAKFAST
07:30-08:00		Work prep
08:00–08:10	PLT, FE-1	Configuring comm for suited exercise / r/g 1995u
08.00-08.10	CDR	Configuring comm for suited exercise (assist)
08:10-08:25		Daily planning conference
08:30–08:40	CDR	Comm test / vital signs monitoring (assist)
	PLT, FE-1	Comm test / vital signs monitoring (mating/demating of medical belt cnctr ?9 requires Orlan powerdown from EVA Support Panel (???)) / ?? ??? ?? ?? 1, item 3.5, page 3-5 +r/g 1995u
08:40-09:00	PLT, FE-1	Checkout of Orlan systems during suited exercise / ?? ??? ??? ?? 1, item 3-1, pages 3-1, 3-2
	CDR	Checkout of Orlan systems during suited exercise (assist)
09:00–09:15	PLT, FE-1	Checkout of Orlan interface unit (???) / ?? ??? ???? 1, item 3.2, page 3-3
	CDR	Checkout of Orlan interface unit (???) (assist)
09:15–10:35	PLT	Physical exercise (TVIS+IRED day 1)
09:15–09:40	CDR	LAB payload daily status check
09:15–10:15	FE-1	Physical exercise (cycle-1)
09:50–10:50	CDR	EVA CREWMEMBER HEALTH EVALUATION
10:15–11:35	FE-1	Physical exercise (TVIS+IRED day 1)
10:35–11:35	PLT	Physical exercise (cycle-1)
10:50–11:30	CDR	Transfer of TVIS/RED/CVIS files to MEC
11:35–11:45	PLT, FE-1	Comm test / vital signs monitoring / ?? ??? ?? ?? 1, item 3.5, page 3-5 +r/g 1995u
	CDR	Comm test / vital signs monitoring (assist)
11:45–12:05	PLT, FE-1	Removal of ?3 fan and ventilation ducts in DC1 / ?? ??? ?? ?? 1, item 3.3, page 3-4
	CDR	Removal of ?3 fan and ventilation ducts in DC1 (assist)
12:05–12:30	FE-1	Delta file downlink prep
12:05–12:30	CDR, PLT	Ku-band TV test
12:30–13:30		LUNCH
13:30–14:00	PLT, FE-1	Donning equipment / ?? ??? ?? ?? 1, item 3.4, page 3-5
	CDR	Donning equipment (assist)
14:00–14:15	PLT, FE-1	Ingressing Orlans / closing backpacks / ?? ??? ??? 1, item 3.6, page 3-6
	CDR	Ingressing Orlans / closing backpacks (assist)
14:15–14:20	PLT, FE-1	Test of Orlan & ??? controls / ?? ??? ?? ?? 1, item 3.7, page 3-7
	CDR	Test of Orlan & ??? controls (assist)
14:20–14:25	PLT, FE-1	Initial leak check of Orlans and ??? / ?? ??? ??? 1, item 3.8, page 3-7
	CDR	Initial leak check of Orlans and ??? (assist)

14:25–14:40	PLT, FE-1	Orlan fit check at P _{Orlan} =0.4 / ?? ??? ???? 1, item 3.9, page 3-7
	CDR	Orlan fit check at P _{Orlan} =0.4 (assist)
14:40–15:20	PLT, FE-1	Testing ability to move in Orlans and evaluating crewmember positioning in ??? / ?? ??? ??? 1, item 3.10, page 3-8
	CDR	Testing ability to move in Orlans and evaluating crewmember positioning in ??? (assist)
15:20–15:35	PLT, FE-1	Doffing Orlans / ?? ??? ?? ?? 1, item 3.11, page 3-9
	CDR	Doffing Orlans (assist)
15:35–16:05	PLT, FE-1	Installation of ?3 fan and ventilation ducts in DC1 / ?? ??? ?? ?? 1, item 3.13, page 3-10
15:35–16:35	CDR	Physical exercise (TVIS)
16:05–18:05	FE-1, PLT	Post-exercise cleanup / ?? ??? ?? ?? 1, item 3.12, page 3-10
16:35–18:05	CDR	Physical exercise (RED)
18:05–18:35		Review of plan for the next day
18:35–18:55		Report prep
18:55–19:10		Daily planning conference
19:10–19:30		Report prep
19:30–20:00		DINNER
20:00–20:35		Daily food ration prep
20:35–21:00		FD/ISS crew conference
21:00–21:30		Personal hygiene (pre-sleep)
21:30-06:00		SLEEP

Note: see OSTP for references to US activities

End of radiogram