Form 24 for 04/19/2010

TVIS R&R PREPARATION

GMT	CREW	ACTIVITY
06:00-06:10	CDR,FE-3 , FE-5	Morning Inspection
06:00-06:05	FE-2	PROK- PH Urine Test
	FE-1	Elektron-VM Aerosol Filter Inspection
06:00-06:20	FE-6	Audio Dosimeter Preparation
06:05-06:25	FE-2	Urine collection
06:05-06:15	FE-1	Morning Inspection
06:10-06:40	CDR,FE-3 , FE-5	Post-sleep
06:15-06:45	FE-1	
06:20-06:30	FE-6	Morning Inspection
06:25-06:30	FE-2	HRF Urine Sample Insertion into MELFI
06:30-06:40	FE-2	Morning Inspection
06:30-07:00	FE-6	Post-sleep
06:40-07:30	CDR,FE-3 , FE-5	BREAKFAST
06:40-07:10	FE-2	Post-sleep
06:45-07:35	FE-1	
07:00-07:50	FE-6	BREAKFAST
07:10-08:00	FE-2	
07:40-08:00	FE-3	
07:55-08:15	CDR,FE-1 ,FE- 5, FE-6	Work Prep
08:00-09:30	FE-3	Physical Exercise (ARED)
08:00-08:20	FE-2	Work Prep
08:15-08:35	FE-5	Myo Lab Fixation Gathering
08:15-11:05	CDR	PILOT-M Experiment Using Neurolab
08:15-08:30	FE-6	BLB Exchange of Biolab Glovebox Gloves
08:30-08:40	FE-6	CIR Alignment Guide Removal
08:35-09:35	FE-5	Reconfigure SSPCM software to shutdown the secondary power channel on the T2 SSPCM
08:50-09:00		MELFI Stage 19A Ice Brick Insert
09:00-09:10	FE-6	MELFI Stage 19A Ice Brick Insert
09:20-09:30		EHS GC/DMS Ops Start
09:25-09:35	FE-2	TOCA Preparation
09:30-10:15	FE-3	ECON Observations And Photography (test)
09:35-09:50	FE-5	Private Psychological Conference
09:35-09:45	FE-2	WRS Water Sample Analysis
09:45-11:15	FE-1	Physical Exercise T 2
	FE-2	Physical Exercise (ARED)
10:50-11:10	FE-6	DECLIC Activation
11:00-12:00	FE-3	Physical Exercise (VELO), Day 2

11:10-11:20	FE-6	DECLIC Removable Hard Disk Drive Installation
11:15-12:15	FE-2	Physical Exercise (CEVIS)
11:30-13:00	FE-6	Physical Exercise (ARED)
11.00 10.00	FE-1	Physical Exercise (VELO), Day 1
12:00-13:00	FE-5	Physical Exercise T 2
12:10-12:50	CDR	COX Maintenance
12:15-12:25	FE-2	TOCA 2 Data Recording
13:00-14:00	L Z	LUNCH
14:00-14:30	-	Weekly Planning Conference (S-band)
14:30-14:35	FE-6	EHS GC/DMS Ops Terminate
	FE-2	PRO K Diet Logging Day 2 - Day 4
14:35-14:45	FE-6	Begin METOX regeneration
14:35-14:45	FE-2	Urine Sample Collection
14:50-16:20	FE-3	TVIS R&R Procedure Printout
	FE-2	
14:55-15:00	FE-5	HRF Urine Sample Insertion into MELFI
14:55-15:35	FE-5	WHC ЕДВ-CB Manual Fill
15:00-15:30	CDR,FE-1	Increment 23 comm check using Soyuz 227 and Soyuz 228 assets (S-band, YKB1)
15:35-15:50	FE-5	VHF Comm Check Through US Ground Sites (VHF)
15:50-16:05	FE-6	Private Medical Conference
15:50-17:20	FE-5	Physical Exercise (ARED)
16:05-16:15	FE-6	Cupola Corner Panel Installation Conference
16:05-17:35	CDR	Physical Exercise T 2
16:20-16:50	FE-1,FE-3	TVIS R&R Procedure Review
16:50-17:05	L-1,1 L-3	TVIS R&R Conference (S-band)
17:05-17:20	FE-1	TVIS R&R Tools Preparation
17:05-17:35	FE-3	Evening Work Prep
17:20-17:30	FE-1	TVIS SBS Inspection
17:25-17:50	FE-2	Evening Work Prep
17:30-17:35	FE-1	Deactivating TVIS Power Circuit Breaker
17:35-18:50	FE-1,FE-3	TVIS R&R Preparation
17:35-18:35	CDR	Physical Exercise (ARED)
	FE-6	Physical Exercise T 2
17:50-18:10	FE-2	Urine collection
18:10-18:15	FE-2	HRF Urine Sample Insertion into MELFI
18:15-19:05	FE-5	Evening Work Prep
18:15-18:25	FE-2	HRF Blood Collection Hardware Setup
18:25-18:40	FE-2	
18:35-19:05	CDR,FE-6	Evening Work Prep
18:40-18:45	FE-2	HAM Radio Setup
18:45-18:55	FE-2	HAM Radio Session
18:50-19:05	FE-3	
18:50-19:00	FE-1	Evening Work Prep

19:00-19:05	FE-1	Elektron-VM Aerosol Filter Inspection
19:05-19:30		Daily Planning Conference (S-band)
19:30-19:35	FE-6	MPC Power Up
19:30-21:30	CDR,FE-1 , FE-2, FE-3 , FE-5	Pre-sleep
19:35-21:25	FE-6	
21:25-21:30	FE-6	MPC Power Down
21:30-06:00		Crew Sleep
Task LIST	FE-1	IMS Update

Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
 See OSTP for references to US activities
 Pre-sleep ops: dinner, daily food prep, evening toilet End of Radiogram