

Radiogram No. 3691u, Form 24 for 06/16/02

Crew Rest / Video Imaging for Crew Medical Examination

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:45		Prep for work
07:45-08:00		Daily planning conference (<i>S-band</i>)
08:00-08:15		Prep for work
08:15-08:20	FE-2	Calldown of ?? counter data
08:20-08:25		Calldown of ??? water supply data
08:35-09:10	CDR, FE-2	HDTV. Video Imaging for Crew Medical Examinations. Session 1 (TV link ISS-MCC)
10:00-11:30	FE-1	Physical Exercise (RED)
10:10-10:45	CDR, FE-2	HDTV. Video Imaging for Crew Medical Examinations. Session 2 (TV link ISS-MCC)
10:45-11:45	CDR	Physical Exercise (TVIS day 3)
11:00-12:30	FE-2	Physical Exercise (VELO + RED day 3)
11:30-12:30	FE-1	ARCTIC Freezer 2 – installation and configuration on EXPRESS Rack 4
11:55-12:10	CDR	Private family conference (<i>VHF</i>)
12:30-13:30		LUNCH
13:30-13:45	FE-2	Private family conference (<i>VHF</i>)
13:40-13:55	FE-1	Private family conference (<i>S-band</i>)
14:40-14:55		
15:00-16:00	FE-2	Physical exercise (TVIS day 3)
15:20-16:00	CDR	Maintenance of ???
15:50-16:10	FE-1	ARCTIC Freezer 2- activation and checkout
16:00-17:30	CDR	Physical Exercise (???? +RED day 3)
16:20-16:30	FE-1	Off-day LAB P/L status check
16:30-17:30		Physical Exercise (TVIS)
18:15-18:30		Daily planning conference (<i>S-band</i>)
18:30-19:00		Daily plan review
19:00-19:30		Report prep
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

Note: See OSTP for references to US activities.

End of radiogram