CREW OFF DUTY

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:35	CDR	PCMCIA card formatting
07:55-08:00	CDR	PCMCIA card formatting
08:05-08:40		TV conference with Soyuz-19 and Apollo crews on the 30th anniversary of the mission (To=08:02 T1, T2, T3 from CΠΠ)
08:40-08:45	CDR	PCMCIA card formatting
09:05-09:10	FE-1	Mass Constituents Analyzer (MCA) valve open
09:05-09:10	CDR	PCMCIA card formatting
09:30-09:35	CDR	PCMCIA card formatting
09:35-10:35	FE-1	Physical exercise (TVIS)
09:40-09:50	CDR	Camcorder config for RPM maneuver
09:50-10:35	CDR	Camera config for RPM maneuver
10:35-12:05	CDR	Physical Exercise (TVIS) day 1
10:35-12:05	FE-1	Physical Exercise (RED)
12:05-13:05		LUNCH
13:05-13:10	FE-1	Mass Constituents Analyzer (MCA) valve close
13:15-13:45	CDR	COЖ maintenance. CO sensor B coefficient adjustment in ГАНК-4М. Tagup with specialists (S-band)
13:45-14:15	FE-1	IHA removal and prepack for return
14:15-14:20	CDR	On MCC GO: ISS O2 repress from Progress 353 CpΠK (Oxygen Supply Facility) (start)
14:15-15:15	FE-1	PMA2 pressurization
14:20-15:20	CDR	Physical Exercise (VELO + Force Loader 1) day 1
15:15-15:30	FE-1	Questionnaire - log entry
15:20-15:25	CDR	ISS O2 repress from Progress 353 CpΠK (terminate)
15:50-15:55	FE-1	Transfer TVIS, RED, and HRM data to MEC
15:55-16:25		Daily plan review
16:25-16:55		Report prep
16:55-17:05		Daily planning conference (S-band)
17:10-17:40		DINNER
17:40-18:10		Daily food prep
18:10-19:10		Pre-sleep
19:10-03:40		SLEEP
Task List	CDR	URAGAN Observation and photo imagery
		PLASMA CRYSTAL -3 Experiment ops. Tagup with specialists (S-band)
		PLASMA CRYSTAL -3. Equipment disassembly

Note: See OSTP for references to US activities.

End of Radiogram