

Post-EVA Orlan Ops

GMT	CREW	ACTIVITY
06:00-06:10	CDR, FE-1	Morning inspection. <i>Inspection of Circuit Breaker [A3C] on DC1 Power Switch Panel (ББП) and fuses in DC1 Fuse Boxes БПП-30, БПП-36</i>
06:00-06:20	FE-2	Nutrition: urine collection
06:10-06:40	CDR	Post-sleep
06:10-06:20	FE-1	Post-sleep
06:20-06:30	FE-2	Nutrition - insertion of urine sample 1 in MELFI
06:20-06:25	FE-1	Nutrition - history photo
06:25-06:35	FE-1	Post-sleep
06:30-06:45	FE-2	Nutrition: blood sample collection for analysis
06:35-06:40	FE-1	Nutrition - history photo
06:40-06:50	FE-1	Post-sleep
06:40-07:30	CDR	BREAKFAST
06:45-07:05	FE-2	Post-sleep
06:50-07:40	FE-1	BREAKFAST
07:05-07:15	FE-2	Nutrition: setting up and loading refrigerator centrifuge
07:15-07:25	FE-2	Nutrition: refrigerator centrifuge config
07:25-07:40	FE-2	Post-sleep
07:30-08:00	CDR	Prep for Work
07:40-08:00	FE-2	Nutrition: blood sample insertion in MELFI
07:40-07:45	FE-1	Nutrition - history photo
07:45-08:00	FE-1	Prep for Work
08:00-08:15		Daily Planning Conference (<i>S-band</i>)
08:15-08:30		ISS Crew and ГОУ (RSA Flight Control Team) Weekly Conference (<i>S-band</i>)
08:30-09:00	CDR, FE-1	Post-EVA debrief. <i>Tagup with specialists (S-band) /</i>
08:30-09:20	FE-2	BREAKFAST
09:00-09:10	CDR, FE-1	Removing БК-3 and battery from Orlan Telemetry Unit [БТА]
09:10-09:20	FE-1	Prep for Work
09:10-09:20	CDR	First Orlan battery pack 825M3 discharge (#1262760161, b/c 00043413R)
09:20-10:20	CDR, FE-1	Orlan feedwater bladder refill
09:20-10:00	FE-2	Prep for Work
10:00-10:05	FE-2	Disconnect Display and Control Panel (DCP) power cable
10:05-10:15	FE-2	Nutrition: Cleaning Refrigerator Centrifuge and Equipment Stow
10:20-10:30	CDR, FE-1	Orlan drying
10:30-12:00	CDR	Physical Exercise (TVIS), day 1
11:15-11:35	FE-2	Nutrition: urine collection
11:35-11:40	FE-2	Nutrition: urine sample insertion in MELFI
11:40-12:40	FE-2	Physical Exercise (RED)
12:00-12:30	CDR, FE-1	Post-EVA Orlan debrief with specialists (<i>S-band</i>)

12:35-12:40	CDR	Orlan drying
12:40-13:40		LUNCH
14:10-14:30	FE-2	Nutrition: urine collection
14:10-14:40	CDR	COX Maintenance
14:25-14:40	FE-1	Taking readings from AOK ГАНК-4М gas analyzer
14:30-14:35	FE-2	Nutrition: urine sample insertion in MELFI
14:40-14:50	CDR,FE-1	Orlan drying
14:50-15:50	FE-1	Physical Exercise (VELO+RED) day 1
14:55-16:25	FE-2	Physical Exercise (CEVIS)
15:25-16:25	CDR	Physical Exercise (VELO+RED) day 1
15:50-16:10	FE-1	IMS update
16:15-17:45	FE-1	Physical Exercise (TVIS), day 1
16:25-16:45	FE-2	Nutrition: urine collection
16:45-16:50	FE-2	Nutrition: urine sample insertion in MELFI
16:50-17:00	FE-2	O2 level check
17:00-17:20	FE-2	Terminate BSA battery charge
17:45-18:15		Expedition crew / STS-117 crew conference (<i>S-band</i>)
18:15-18:45	CDR	Evening work prep
18:25-18:55	FE-1	Evening work prep
18:45-19:15	CDR	Daily food prep
18:50-18:55	FE-2	Transfer TVIS/RED/CEVIS/HRM data to MEC
18:55-19:15	FE-1, FE-2	Daily food prep
19:15-19:30		Daily Planning Conference (<i>S-band</i>)
19:30-19:40		Daily food prep
19:40-20:00		Flight Director / ISS Crew Tagup (<i>S-band</i>)
20:00-20:30		DINNER
20:30-21:20	CDR	Pre-sleep
20:30-21:30	FE-1, FE-2	Pre-sleep
21:20-21:30	CDR	Stop discharging first Battery Pack 825M3 and start discharging second Battery Pack 825M3 (1262760162, b/c 00043415R)
21:30-06:00	.	SLEEP

Note: See OSTP for references to US activities.

End of Radiogram