

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40	FE-1	Post-sleep
06:10-06:25	CDR	
06:25-06:40		GASMAP HRF: routine health status check w/power up
06:40-06:50		Post-sleep
06:40-07:30	FE-1	BREAKFAST
06:50-07:30	CDR	
08:30-08:40		ADUM Experiment file management
08:55-09:00	FE-1	DVCAM PD0-1P battery charge. Set up config
09:00-09:55	FE-1 CDR (assist)	LBNP exercise (preliminary). Tagup w/specialists. (S-band)
09:55-10:55	CDR	Physical Exercise (TVIS)
09:55-10:05	FE-1	AQUARIUS-B. AQUA-B setting to +37 C (connecting to cnctr X2(3A) P5C 10/3 (A333) floor near Central Post1
10:05-10:15		KUB-AMB hardware setting to+ 28 C
10:15-10:25		BTX. Relocation of Luch kit from Cryogem-03M to SM
10:25-10:55		COX maintenance
10:55-11:10	CDR	Reboot all PCS (once a week)
10:55-11:00	FE-1	DVCAM PD-1P battery charge. Set up tear down
11:10-11:15	CDR	SSC OCA router reboot
11:15-11:20		Carbon dioxide status check
11:40-12:10		DINNER
11:45-12:15	FE-1	
12:10-12:40	CDR	Daily ration prep
12:15-12:45	FE-1	
12:40-13:40	CDR	Pre-sleep
12:45-13:45	FE-1	
13:40-13:45	CDR	GASMAP HRF: routine health status check w/power down
13:45-22:15		SLEEP

Note: See OSTP for references to US activities

End of radiogram