Form 24 for 09/16/02

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30	i.	BREAKFAST
07:30-08:00	i.	Work prep
08:00-08:25	CDR, FE -2	Stowage and inventory of deorbit items in Progress M-46
08:00-08:20	FE -1	ISS Repress with O2 from Progress CPПК (On MCC Go)
08:25-08:40	Ï.	Daily planning conference (S-band)
08:40-11:45	CDR, FE -2	Stowage and inventory of deorbit items in Progress M-46
09:15-09:25	FE -1	Payload status check
09:25-09:40		ADVASC – fluid removal
09:40-10:10		IVCPDS – loading of software
10:15-11:45		Physical exercise (RED)
11:45-12:45		Physical exercise (CEVIS)
11:45-12:45	CDR	Physical exercise (TVIS, day 4)
	FE -2	Physical exercise (VELO + Load Trainer 1, day 4)
12:45-13:45		LUNCH
13:45-15:45	CDR, FE -1	CDRA removal
13:45-14:20	FE -2	Photo/video imaging of Progress deorbit items (using DVCAM AC)
14:20-14:45		Photo/TV images downlink of Progress deorbit items (Ku-band)
14:45-15:45		Inspection of Smoke detectors in DC-1. Tagup with the specialist (S-band)
15:45-16:45	FE -1	CDRA leak detection and elimination
	CDR	Physical exercise (TVIS, day 4)
15:45-16:10	FE -2	СОЖ maintenance
16:10-16:45		IMS file prep
16:45-17:15	CDR	Physical exercise (Active Rest)
16:45-17:45	FE -2	Physical exercise (TVIS, day 4)
16:45-18:15	FE -1	CDRA installation
17:15-18:15	CDR	CDRA installation
17:45-18:15	FE -2	Physical exercise (Active Rest)
18:15-18:45	CDR, FE -2	Daily plan review
18:15-18:30	FE -1	Work prep
18:30-18:40		Setup for PAO event
18:40-18:50		Prep for PAO event
18:45-19:15	CDR, FE -2	Work prep
18:50-19:10	= FE -1	PAO event (Ku-band)
19:10-19:15		120 V battery charge
19:15-19:30		Daily planning conference (S-band)
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP