Radiogram No. 1915u Form 24 for 12/16/2009 **ELEKTRON INSPECTION. TVIS Maintenance**

GMT	CREW	ACTIVITY
06:00-06:10	CDR	Morning Inspection
06:00-06:10	FE-1	SONOCARD Experiment Termination
06:10-06:40	CDR	Post-sleep
06:10-06:15	FE-1	Elektron-VM Aerosol Filter Inspection
06:15-06:40	FE-1	Post-sleep
06:40-07:30		BREAKFAST
07:30-07:45		Daily Planning Conference (S-band)
07:45-08:05	CDR	Work Prep
07:45-07:55	FE-1	Work Prep
07:55-08:05	FE-1	Oxygen and CO2 Status Check Using CDM
08:05-08:10	CDR	Connect LAB1D6 Rack to LTL loop prior to CDRA Activation
08:05-08:20	FE-1	SONOCARD Copy Data to RSE-MED Laptop
08:10-08:20	CDR	EHS Monitor Swap
08:20-13:05		TVIS Port Roller Bearing Maintenance
13:05-13:35		ISS Crew / Kent Rominger tagup (Astronaut Office) (S-band)
13:35-14:35		LUNCH
14:35-14:55	CDR	LAB1D1 QD Maintenance Preparation
14:35-15:15	FE-1	СОЖ Maintenance
14:55-15:00	CDR	LAB1D1 QD Safe and Demate
15:00-15:20	CDR	LAB1D1 QD Maintenance
15:20-15:30	CDR	APXC Payload MELFI Insertion
15:30-16:30	CDR	Physical Exercise T 2
15:55-16:55	FE-1	Physical Exercise (VELO), Day 3
16:30-18:00	CDR	Physical Exercise (ARED)
16:55-18:25	FE-1	Physical Exercise T 2
18:00-18:10	CDR	ALTEA Dosimeter Activation
18:10-18:25	CDR	Private Psychological Conference (S-band)
18:25-18:40	CDR	Private Medical Conference (S-band)
18:40-18:45	CDR	Transfer TVIS, CEVIS, and HRM data to MEC
18:40-18:45	FE-1	Elektron-VM Aerosol Filter Inspection
18:45-18:55	FE-1	Evening Work Prep
18:45-18:50	CDR	SAMS ICU Activation, Section 1
18:55-19:10		Daily Planning Conference (S-band)
19:10-19:30		Evening Work Prep
19:30-21:30	FE-1	Pre-sleep
19:30-19:35	CDR	MPC Power Up
19:35-21:25	CDR	Pre-sleep
21:25-21:30	CDR	MPC Power Down
21:30-06:00		SLEEP

Task List		Video for ТВЦ TV Channel. New Year Preparations Episode
		PLANTS-2. Payload Status Check
		IMS Update

Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
 See OSTP for references to US activities
- 3. Pre-sleep: dinner, daily food prep, evening toilet End of Radiogram