

**CREW OFF DUTY**

GMT	CREW	ACTIVITY
12:00-12:10	.	Morning inspection
12:10-12:40	.	Post-sleep
12:40-13:30	.	BREAKFAST
14:35-14:50	CDR	Private Family Conference ( <i>Ku + S-band</i> )
17:10-18:40	CDR	Physical Exercise (TVIS + CEVIS)
17:20-18:20	FE-2	Physical Exercise (RED)
17:30-19:00	FE-1	Physical Exercise (TVIS), day 1
18:25-18:40	FE-2	Private Family Conference ( <i>Ku + S-band</i> )
18:40-18:45	CDR	Disconnect LTL jumper from LAB1D6 rack after CDRA Deactivation
19:00-20:00	.	LUNCH
20:00-20:15	FE-1	Motorola phone charging: setup, start charge. <i>Tagup with specialists (as necessary) (S-band)</i>
20:00-20:30	FE-2	COX Maintenance.
20:30-20:35	FE-1	Motorola phone charging - status check
20:50-20:55	FE-1	Motorola phone charging - status check
21:10-21:15	FE-1	Motorola phone charging - status check
21:15-21:25	FE-1	Motorola phone charging - terminate charge, setup tear down
22:00-23:00	FE-1	Physical Exercise (VELO+RED) day 1
22:45-00:15	FE-2	Physical Exercise (TVIS)
23:15-00:15	CDR	Physical Exercise (RED)
00:15-00:45	.	Evening work prep
00:45-01:00	.	Daily Planning Conference ( <i>S-band</i> )
01:00-01:30	.	Evening work prep
01:30-02:00	.	DINNER
02:00-02:30	.	Daily Food Prep
02:30-03:30	.	Pre-sleep
03:30-12:00	.	SLEEP
<b>Task List</b>	FE-1	TBY (Universal Bioengineering Thermostat). Temperature check
		PLANTS-2. Status check
		DIATOMEA. World ocean observations
		ECON. Observation and photo imagery

**Note:** See OSTP for references to US activities.

End of Radiogram