Radiogram No. 5106u CREW OFF-DUTY

Form 24 for 01/15/2011

GMT	CREW	ACTIVITY
06:00-06:10	CDR, FE-2 , FE-5	Morning Inspection
	FE-1	Morning Inspection. Checking status of MRM2 circuit breakers [A3C] and fuses Checking status of MRM1 circuit breakers [A3C] and fuses
06:00-06:05	FE-4	Elektron-VM Aerosol Filter Inspection
06:00-06:20	FE-6	HRF Urine Sample Collection Subject
06:05-06:10	FE-4	Morning Inspection
06:10-06:40	CDR, FE-1 , FE-2 , FE-4 , FE-5	Post-sleep
06:20-06:30	FE-6	HRF Urine Sample Insertion Into MELFI
06:30-06:40	FE-6	Morning Inspection
06:40-07:30	CDR, FE-1, FE-2, FE-4 , FE-5	BREAKFAST
06:40-07:10	FE-6	Post-sleep
07:10-08:00	FE-6	BREAKFAST
07:30-08:55	FE-5	Weekly Housekeeping
07:30-10:20	FE-2	Weekly Housekeeping
07:30-09:25	FE-1	Preventive Maintenance of SM Ventilation System Group E Cleaning FGB ЦВ2 Fan
07:30-10:30	CDR	Weekly Housekeeping
08:00-11:00	FE-6	Weekly Housekeeping
08:55-09:00	FE-5	ISS HAM Radio Setup in Service Module
09:00-09:15	FE-5	ISS HAM Radio Session from SM
09:10-09:25	FE-4	Private Psychological Conference (VHF)
09:15-11:00	FE-5	Weekly Housekeeping
09:25-10:25	FE-4, FE-1 assists	Troubleshooting blown fuse in Soyuz 230 GA circuits. <i>Tagup with specialists</i> (S-band)
10:25-13:00	FE-4	Weekly Housekeeping Preventive Maintenance of SM Ventilation System Group ECleaning FGB ЦВ2 Fan/ FGB System Ops, 4.3.2, step 2, р. 4-7 Cleaning SM and FGB Potok Air Purification System Pre-filters with Deactivated Potok
10:20-10:30	FE-2	Start charging 825M3 pack #1262431132 (00053522R)
10:30-11:30	FE-2	Physical Exercise (ARED)
10:30-11:30	CDR	Physical Exercise T 2
10:40-10:55	FE-1	Private Psychological Conference (VHF)
11:30-13:00	CDR	Physical Exercise (ARED)
11:30-13:00	FE-1	Physical Exercise (TVIS), Day 2
12:00-13:00	FE-5	Physical Exercise (CEVIS)
12:15-12:30	FE-2	Private Psychological Conference (VHF)

12:35-12:55	FE-6	HRF Urine Sample Collection Subject
12:55-13:00	FE-6	HRF Urine Sample Insertion Into MELFI
13:00-14:00		LUNCH
14:05-14:35		Weekly Planning Conference (S-band)
14:35-14:50	FE-4	Soyuz 230 IRIDIUM Phone Charging, Phone Setup, Charge Start
14:35-14:50	CDR	Food Frequency Questionnaire
14:50-15:05	FE-1, FE-2, FE-4	Telephone Conference with Rossiyskiy Cosmos Magazine Editor (S-band)
15:05-15:10	FE-4	Soyuz 230 IRIDIUM Phone Charge Status Check
15:10-15:20	FE-4	Soyuz 230 IRIDIUM Phone Charging, Terminate Charge, Stow Phone
15:20-15:30	FE-1	Soyuz 701 IRIDIUM Phone Charging - setup phone, start charge
15:20-16:20	FE-4	Physical Exercise (ARED)
15:40-15:45	FE-1	Soyuz 701 IRIDIUM Phone Charge Status Check
15:40-16:20	FE-2	СОЖ Maintenance
15:45-16:05	FE-1	Soyuz 701 IRIDIUM Phone Charging, Terminate Charge, Stow Phone, Dismantle the Setup / r/g 1073
16:05-18:05	FE-1	Stow discarded US items in Progress 408
16:20-17:50	FE-4	Physical Exercise (TVIS), Day 3
16:25-17:55	FE-6	Physical Exercise (ARED)
17:20-18:50	FE-2	Physical Exercise (TVIS), Day 2
17:55-19:25	FE-5	Physical Exercise (ARED)
17:55-18:55	FE-6	Physical Exercise T 2
18:00-18:05	FE-4	Elektron-VM Aerosol Filter Inspection
18:30-19:30	FE-1	Physical Exercise (VELO), Day 2
19:05-19:25	FE-6	HRF Urine Sample Collection Subject
19:25-19:30	FE-6	HRF Urine Sample Insertion Into MELFI
19:25-19:30	FE-5	SOLO Daily Monitoring
19:30-21:30		Pre-sleep
21:30-06:00		SLEEP

Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
 See OSTP for references to US activities
 Pre-sleep ops: daily food prep, dinner, pre-sleep

End of Radiogram