

Radiogram No. 2870u

Form 24 for 04/18/2010

**CREW OFF DUTY**

<b>GMT</b>	<b>CREW</b>	<b>ACTIVITY</b>
06:00-06:05	<b>CDR</b>	Elektron-VM Aerosol Filter Inspection
06:00-06:10	<b>FE-1,FE-3</b>	Morning Inspection
06:00-06:05	FE-2	PROK- PH Urine Test
06:00-06:05	FE-5	Bisphosphonates Pill Ingestion
06:00-06:05	FE-6	SLEEP Data Log Entry
06:05-06:15	FE-5,FE-6	Morning Inspection
06:05-06:10	FE-2	SLEEP Data Log Entry
06:05-06:15	<b>CDR</b>	Morning Inspection
06:10-06:40	<b>FE-1,FE-3</b>	Post-sleep
06:10-06:15	FE-2	Morning Inspection
06:15-06:45	<b>CDR,FE-5,FE-6</b>	Post-sleep
06:15-06:50	FE-2	Post-sleep
06:40-07:30	<b>FE-1,FE-3</b>	BREAKFAST
06:45-07:35	<b>CDR,FE-5,FE-6</b>	BREAKFAST
06:50-07:40	FE-2	BREAKFAST
07:30-09:05	<b>FE-1</b>	Weekly Housekeeping SM Ventilation System Preventive Maintenance Group E, Cleaning FGB LQB2
07:30-10:00	<b>FE-3</b>	Weekly Housekeeping SM Ventilation System Preventive Maintenance Group E, Cleaning FGB LQB2
07:35-07:45	FE-6	Myo Lab MELFI Retrieve
07:40-08:15	FE-2	Weekly Housekeeping
07:45-08:05	FE-6	Myo Lab Culture Change Gathering
08:05-08:20	FE-6	Myo Lab Culture Exchange Setup
08:15-08:30	FE-2	Private family conference ( <i>S-band</i> )
08:20-08:40	FE-6	Myo Lab Clean Bench (CB) Setup
08:30-10:00	<b>CDR</b>	Physical Exercise T 2
08:30-10:00	FE-5	Physical Exercise (ARED)
08:30-08:40	FE-2	Formaldehyde Monitoring Kit (FMK) Stow Operations
08:40-10:30	FE-6	Weekly Housekeeping
08:40-11:00	FE-2	Weekly Housekeeping
09:05-09:20	<b>FE-1</b>	Private Family Conference ( <i>Ku+S-band</i> )
09:20-10:45	<b>FE-1</b>	Weekly Housekeeping SM Ventilation System Preventive Maintenance Group E, Cleaning FGB LQB2
10:00-11:00	<b>CDR</b>	Physical Exercise (VELO), Day 3
10:00-11:00	FE-5	Physical Exercise T 2
10:00-10:15	<b>FE-3</b>	Private Family Conference ( <i>Ku+S-band</i> )
10:15-10:45	<b>FE-3</b>	Weekly Housekeeping SM Ventilation System Preventive Maintenance Group E, Cleaning FGB LQB2
10:30-10:45	FE-6	Myo Lab Micro-G Canisters 1 and 3 Detachment
10:45-11:00	FE-6	Myo Lab 1G Canisters 2 and 4 Detachment
11:00-12:00	FE-2	Physical Exercise T 2

11:00-13:00	FE-5	Myo Lab Culture Change
11:00-12:10	FE-6	Weekly Housekeeping
11:40-11:55	<b>CDR,FE-1,FE-3</b>	Telephone Conference with Rossiyskiy Cosmos Magazine Editor ( <i>S-band</i> )
12:00-13:30	FE-2	Physical Exercise (ARED)
12:00-13:30	<b>FE-3</b>	Physical Exercise T 2
12:15-12:30	<b>CDR</b>	Private Family Conference ( <i>Ku+S-band</i> )
12:30-13:30	<b>FE-1</b>	Physical Exercise (VELO), Day 4
13:00-13:15	FE-6	MYO Canister 2 and 4 Attachment
13:15-13:30	FE-6	MYO Canister 1 and 3 Attachment
13:30-14:30	.	LUNCH
14:30-15:20	<b>CDR</b>	Weekly Housekeeping
14:30-14:35	FE-2	PRO K Diet Logging Day 2 - Day 4
14:30-17:30	FE-5	Weekly Housekeeping
14:40-14:55	FE-6	Private Family Conference ( <i>S-band</i> )
14:50-15:30	<b>FE-3</b>	COX Maintenance. <b><i>SM and FGB ЦП (Flush Counter), and POTOK Air Purification System Data Calldown / r/g 1113</i></b> <b><i>Inspection of CPB-K2M hoses from MΦP filter to БРПК separator.</i></b>
15:20-15:30	<b>CDR</b>	Setting up hardware for TV greetings /
15:30-15:45	<b>FE-1,FE-3</b>	TV Greeting to participants of <i>The First Steps In Science</i> Conference. TV Greeting to participants of the Constellation Russian National Olympiad. TV Greeting on the occasion of opening an observatory on the Cosmonautics Day ( <i>Ku+S-band</i> )
15:30-15:50	<b>CDR</b>	TV Greeting to participants of <i>The First Steps In Science</i> Conference. TV Greeting to participants of the Constellation Russian National Olympiad. TV Greeting on the occasion of opening an observatory on the Cosmonautics Day. TV Greeting to the citizens of the City of Alushta on the 65 <sup>th</sup> Anniversary of the Great Victory ( <i>Ku+S-band</i> )
15:30-17:00	FE-6	Physical Exercise (ARED)
15:50-17:30	<b>CDR</b>	Weekly Housekeeping
16:00-17:00	<b>FE-3</b>	Physical Exercise (VELO), Day 1
16:30-16:35	FE-2	SSC File Server Reboot
16:35-16:40	FE-2	OCA SSC Router Reboot
17:00-18:00	FE-6	Physical Exercise T 2
17:10-18:40	<b>FE-1</b>	Physical Exercise (ARED)
18:05-18:20	FE-5	Private Family Conference ( <i>S-band</i> )
18:20-18:40	FE-2	HRF Urine Collection Hardware Setup
18:40-19:00	<b>CDR</b>	Evening Work Prep
18:40-19:05	<b>FE-1,FE-2,FE-3, FE-5,FE-6</b>	Evening Work Prep
19:00-19:05	<b>CDR</b>	Elektron-VM Aerosol Filter Inspection
19:05-19:30	.	Daily Planning Conference ( <i>S-band</i> )
19:30-21:15	FE-2	Pre-sleep
19:30-21:30	<b>CDR,FE-1,FE-3, FE-5,FE-6</b>	Pre-sleep

21:15-21:30	FE-2	Private Family Conference ( <i>S-band</i> )
21:30-06:00	.	SLEEP

**Notes:**

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC** / r/g 6083, 6004
  2. See OSTP for references to US activities
  3. Pre-sleep ops: dinner, daily food prep, evening toilet
- End of Radiogram