

Drill on ISS Hardware Readiness Check for Emergency Egress

GMT	CREW	ACTIVITY
06:00-06:10		Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:45		Work prep
07:45-08:00		Daily Planning Conference (<i>S-band</i>)
08:00-08:15		Work prep
08:15-09:15	FE-1	Changeout of SM ПФ1-4 dust filter cartridge (ФГБ1ПГО_4_404 bag 354-5, ФГБ1ПГО_2_221_1 bag 353-22 or ФГБ1ПГО_2_226_1 bag 352-2. Update IMS)
08:15-10:45	CDR	Transfer urine from EDV-U to Progress #355 Rodnik Water Tanks 1 and 2
09:15-10:15	FE-1	Preventive maintenance of SM ventilation system. Group A
10:15-11:45		Physical Exercise (TVIS)
10:45-11:45	CDR	Crew time for adaptation and ISS orientation
11:45-13:15		Physical Exercise (TVIS) day 1
11:45-12:45	FE-1	Physical Exercise (RED)
12:45-13:15		COЖ maintenance
13:15-14:15		LUNCH
14:15-16:15		Drill on ISS Hardware Readiness Check for Emergency Egress (S-band)
16:15-17:05	CDR	PILLE dosimeter reading
16:15-17:15	FE-1	Crew time for adaptation and ISS orientation
17:05-18:05	CDR	Physical Exercise (VELO + Force Loader / Cycle 1), day 1
17:15-17:35	FE-1	IMS update
17:35-17:40		Monitoring O2 and CO2 readings
17:40-17:45		Rebooting OCA SSC router
17:45-18:00		Food frequency questionnaire
18:00-18:15		Questionnaire - journal entry
18:05-18:35	CDR	Evening work prep
18:15-18:20	FE-1	Transferring TVIS, RED, and HRM data to MEC
18:35-18:50		Daily Planning Conference (<i>S-band</i>)
19:15-19:30		Flight Director / ISS Crew Tagup (<i>S-band</i>)
19:30-20:00		DINNER
20:00-20:30		Daily Food Prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

Note: Note: See OSTP for references to US activities.

End of Radiogram