

CREW OFF DUTY

GMT	CREW	ACTIVITY
06:00-06:05	FE-2	REACTION Self Test
06:00-06:10	FE-3	Morning Inspection
06:00-06:05	CDR	Elektron-VM Aerosol Filter Inspection
06:05-06:10	CDR,FE-2	Morning Inspection
06:10-06:40	.	Post-sleep
06:40-07:30	.	BREAKFAST
09:00-10:30	CDR	Physical Exercise (TVIS), Day 4
09:50-10:05	FE-2	Private Family Conference (<i>Ku+S-band</i>)
10:30-12:00	FE-3	Physical Exercise (TVIS), Day 1
12:00-12:05	FE-2	OGC Temperature Equalization
12:05-12:10	FE-2	OGA HOPA Deactivation
12:05-12:20	CDR	Private Family Conference (<i>Ku+S-band</i>)
13:00-14:00	.	LUNCH
15:30-16:30	FE-2	Physical Exercise T 2
15:30-16:30	CDR	Physical Exercise (ARED)
15:50-16:30	FE-3	COЖ Maintenance. <i>Inspection of CPB-K2M hose between MΦ-P and БПЖ separator SM and FGB Flush Counter (СП), Water Supply System (CBO), Potok Air Purification System Data Calldowns</i>
16:30-17:30	FE-3	Physical Exercise (VELO), Day 1
16:30-18:00	FE-2	Physical Exercise (ARED)
18:00-18:05	CDR	Elektron-VM Aerosol Filter Inspection
18:50-19:15	.	Evening Work Prep
19:15-19:30	.	Daily Planning Conference (<i>S-band</i>)
19:30-21:25	FE-2	Pre-sleep
19:30-21:30	CDR,FE-3	Pre-sleep
21:25-21:30	FE-2	REACTION Self Test
21:30-06:00	.	SLEEP
Task List	CDR	ECON. Observations and Photography
		SEINER Ocean Observations
	FE-3	URAGAN. Observations and Photography

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep ops: dinner, daily food prep, evening toilet
- End of Radiogram