

**ORLAN DRYING AND POST-EVA REST**

GMT	CREW	ACTIVITY
11:00-11:10		Morning inspection
11:10-11:40		Post-sleep
11:40-12:30		BREAKFAST
12:30-12:40		Removing БК-3 and battery from БРТА
12:40-12:50	FE-1	1st Orlan Battery Pack 825M3 discharge (start)
12:50-13:40		Orlan feedwater bladder refill
13:00-13:20	CDR	PromISS Hardware Stow Part 1
13:40-13:50	.	Orlan drying
13:50-15:20	FE-1	Physical Exercise (TVIS) day 3
14:00-14:10	CDR	Activate the Repeater Mode on the Sputnik-SM Ham Radio (for the RADOSCAF experiment)
14:10-15:10		Physical Exercise (RED)
15:10-16:40		Physical Exercise (TVIS)
15:45-15:50	FE-1	Orlan drying
16:40-17:40	.	LUNCH
17:40-17:45	CDR	<b>On MCC Go</b> ISS O2 repress from Progress 354 CpПK (start)
17:50-18:00		Orlan drying
18:00-18:30		Orlan and БСC storage mode ops
18:45-18:50	CDR	ISS O2 repress from Progress 354 CpПK (terminate)
18:50-19:05		Private family conference ( <i>S+Ku-band</i> )
19:00-19:15	FE-1	БМП Ф1 cartridge regeneration (start)
19:15-19:45		COЖ maintenance
19:45-20:45		Physical Exercise (VELO+RED) day 3
20:45-21:45	CDR	EarthKAM: setup, activation
21:55-22:25	FE-1	DINNER
21:55-22:00	CDR	O2 and CO2 status check.
22:00-22:30		DINNER
22:25-22:55	FE-1	Daily food prep
22:30-23:00	CDR	
22:55-23:55	FE-1	Pre-sleep
23:00-00:00	CDR	
23:55-00:00	FE-1	1st Orlan Battery Pack 825M3 discharge (terminate)
00:00-08:30	.	SLEEP
<b>Task List</b>	FE-1	GCF-JAXA. TBY incubator temperature check
		PLANTS-2. Payload status check
		PLANTS-2. Recharging water tank

**Note:** See OSTP for references to US activities.

End of Radiogram