

Radiogram No. 4489u

Form 24 for 01/13/07

CREW OFF DUTY

GMT	CREW	ACTIVITY
08:30-08:40		Morning inspection
08:40-09:10		Post-sleep
09:10-10:00		BREAKFAST
10:00-13:00	CDR, FE-2	Weekly Housekeeping
	FE-1	Weekly housekeeping (FGB ventilation system preventive maintenance)
13:10-13:40		Weekly planning conference (<i>S-band</i>)
13:40-15:10	CDR	Physical Exercise (CEVIS)
13:45-13:55	FE-2	Microgravity countermeasures
13:50-14:50	FE-1	Physical Exercise (VELO+RED) day 2
14:10-15:10	FE-2	Physical Exercise (RED)
14:50-15:10	FE-1	Private Family Conference (<i>Ku + S-band</i>)
15:15-16:15		LUNCH
16:15-16:40	FE-2	Disconnect SSC from ROBOT simulator
16:30-16:50	CDR	Human Research Facility 1 Ultrasound Lite Setup
16:40-17:00	FE-2	Moving the ROBOT equipment from the Lab Rack face to the Node Rack face for temporary stowage
17:00-17:20	CDR, FE-2	Education Payload Operations Activity Review
17:20-17:35	CDR	Camcorder set up for Education Payload Operations
17:35-18:00	CDR, FE-2	ECLSS demonstration for EPO (<i>Ku+S-band</i>)
19:00-20:30	FE-1	Physical Exercise (TVIS), day 2
19:30-19:40	CDR	Human Research Facility 1 Ultrasound Lite, Closeout ops
20:15-20:30	FE-2	Food frequency questionnaire
20:30-22:00		Physical exercise (TVIS)
20:40-20:55	CDR	Food frequency questionnaire
20:55-21:55		Physical Exercise (RED)
20:55-21:25	FE-1	COX Maintenance
21:55-22:00	CDR	Transfer TVIS/RED/CEVIS/HRM data to MEC
22:00-22:30		DINNER
22:30-23:00		Daily food prep
23:00-00:00		Pre-sleep
00:00-08:30		SLEEP
Task List	FE-1	URAGAN. Observations and photography
		ECON. Observations and photography

Note: See OSTP for references to US activities. End of Radiogram