

Radiogram No. 3725u

Form 24 for 07/31/2010

CREW OFF DUTY

GMT	CREW	ACTIVITY
06:00-06:05	CDR	Elektron-VM Aerosol Filter Inspection
06:00-06:05	FE-2	SLEEP Data Log Entry
06:00-06:10	FE-3, FE-5	Morning Inspection
06:00-06:05	FE-4, FE-6	REACTION Self Test
06:05-06:10	CDR, FE-2	Morning Inspection
06:05-06:10	FE-4, FE-6	SLEEP Data Log Entry
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-10:30	CDR, FE-3, FE-5	Weekly Housekeeping. SM Ventilation System Preventive Maintenance Group E, FGB LJB2 Fan Cleaning
07:30-10:30	FE-2, FE-4, FE-6	Weekly Housekeeping
10:30-11:30	CDR	Physical Exercise (ARED)
10:30-11:30	FE-2	Physical Exercise (CEVIS)
10:30-10:40	FE-3	Terminate 3rd Orlan Battery Pack 825M3 discharge
10:30-12:00	FE-5	Physical Exercise (TVIS), Day 1
11:15-11:30	FE-3	Private Family Conference (<i>Ku+S-band</i>)
11:30-13:00	FE-2	Physical Exercise (ARED)
11:30-13:00	FE-3	Physical Exercise (TVIS), Day 1
12:00-12:15	CDR	Private Family Conference (<i>Ku+S-band</i>)
12:00-13:00	FE-4	Physical Exercise T 2
12:00-13:00	FE-5	Physical Exercise (VELO), Day 1
13:00-13:30		Weekly Planning Conference (<i>S-band</i>)
13:35-14:35		LUNCH
14:35-14:50	FE-6	Food Frequency Questionnaire
14:55-15:35	FE-5	COX Maintenance
15:00-15:15	FE-2	Food Frequency Questionnaire
15:05-15:15	FE-3	Cleaning Potok-150MK Air Purification System Pre-filters in SM and FGB / (Use vacuum cleaner and narrow slit nozzle attachment; POTOK must be powered down)
16:20-16:25	FE-6	OCA SSC Router Reboot
16:25-17:55	FE-4	Physical Exercise (ARED)
16:25-16:30	FE-6	SSC File Server Reboot
16:30-18:00	CDR	Physical Exercise (TVIS), Day 4
16:40-16:45	FE-6	ISS File Server Reboot
16:45-17:45	FE-6	Physical Exercise T2
17:45-17:55	FE-6	T2 Snubber Arm Inspection
17:55-19:25	FE-6	Physical Exercise (ARED)
18:00-18:05	CDR	Elektron-VM Aerosol Filter Inspection
18:00-19:00	FE-3	Physical Exercise (VELO), Day 1
18:15-18:20	FE-4	HAM Radio Setup

18:20-18:35	FE-4	HAM Radio Session
19:10-19:25	FE-4	Food Frequency Questionnaire
19:25-19:30	FE-4, FE-6	REACTION Self Test
19:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	CDR	ECON. Observations and Photography
	FE-5	URAGAN Observation and Photography Using FSS

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep ops: dinner, daily food prep, evening toilet
- End of Radiogram