

Radiogram No. 4946u

Form 24 for 12/25/2010

CREW OFF DUTY

GMT	CREW	ACTIVITY
06:00-06:05	CDR	MELF1 Freezer Status Check
06:00-06:10	FE-1,FE-2, FE-5,FE-6	Morning Inspection
06:00-06:05	FE-4	Elektron-VM Aerosol Filter Inspection
06:05-06:10	CDR	MELF3 Freezer Status Check
06:05-06:10	FE-4	Morning Inspection
06:10-06:40	.	Post-sleep
06:40-07:30	.	BREAKFAST
09:00-10:30	FE-4	Physical Exercise (TVIS), Day 2
09:50-10:05	FE-5	Private Family Conference
10:30-11:30	CDR	Physical Exercise T 2
10:30-11:30	FE-4	Physical Exercise (ARED)
11:00-12:00	FE-1	Physical Exercise (VELO), Day 1
11:30-13:00	CDR	Physical Exercise (ARED)
12:00-13:00	FE-2	Physical Exercise (VELO), Day 1
13:00-14:00	.	LUNCH
14:00-14:40	FE-1	COX Maintenance
14:20-14:35	FE-2	Private Psychological Conference (VHF)
14:30-14:45	CDR	Private Family Conference
15:55-16:10	FE-1	Private Psychological Conference (VHF)
16:05-16:20	FE-6	Private Family Conference
16:30-18:00	FE-6	Physical Exercise (ARED)
16:30-18:00	FE-1	Physical Exercise (TVIS), Day 1
17:00-18:00	FE-5	Physical Exercise T 2
17:25-17:40	FE-4	Private Psychological Conference (VHF)
18:00-19:30	FE-5	Physical Exercise (CEVIS)
18:00-19:30	FE-2	Physical Exercise (TVIS), Day 1
18:00-18:05	FE-4	Elektron-VM Aerosol Filter Inspection
18:00-19:00	FE-6	Physical Exercise T 2
19:30-21:20	CDR	Pre-sleep
19:30-21:30	FE-1,FE-2, FE-4,FE-5,FE-6	
21:20-21:25	CDR	MELF1 Freezer Status Check
21:25-21:30	CDR	MELF3 Freezer Status Check
21:30-06:00	.	SLEEP

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep ops / dinner, daily food prep, evening toilet
- End of Radiogram