Form 24 for 04/13/2013

Radiogram No. 2047u **Orlan Suit Preparation for EVA**

ВРЕМЯ	CREW	ACTIVITY
06:00-06:05	CDR	Reading REMINDER
06:00-06:10	FE-1	Morning Inspection. Reboot Laptop RS2(1)
06:00-06:10	FE-2	Осмотр станции. Reboot Laptop RSS1, RSS2
06:00-06:10	FE-3, FE-4 , FE-6	Morning Inspection
06:05-06:10	CDR	Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30	CDR, FE-1 , FE- 2 , FE-3	BREAKFAST
06:40-07:25	FE-6	BREAKFAST
06:40-07:30	FE-4	BREAKFAST. SM ΠCC (Caution & Warning Panel) Test (after breakfast)
07:25-07:30	FE-6	CIRCADIAN RHYTHMS Experiment Reminder
07:30-10:30	FE-6	Weekly Housekeeping
07:30-10:30	FE-3	Weekly Housekeeping
07:30-07:35	CDR	ENERGY Diet Log of Breakfast
07:30-07:40	FE-2	CASKAD. Manual Mixing in Bioreactor
07:35-09:30	CDR	Weekly Housekeeping
07:40-09:30	FE-2	SM Ventilation System Preventive Maintenance. Group B1
09:00-09:50	FE-1, FE-4 assists	Assessment of Cardiovascular Function on Cycle Ergometer <i>Tagup</i> with specialists (S-band, VHF)
09:30-11:00	CDR	Physical Exercise (ARED)
09:50-10:30	FE-1	Physical Exercise (VELO), Day 1
10:00-10:40	FE-2	СОЖ Maintenance
10:30-10:35	FE-6	P/L Playback Start
10:30-11:20	FE-4, FE-1 assists	Assessment of Cardiovascular Function on Cycle Ergometer <i>Tagup</i> with specialists (S-band, VHF)
10:40-11:20	FE-2	IDENTIFIKATSIYA. Сору ИМУ-Ц micro-accelerometer data to laptop
11:00-12:30	FE-6	Physical Exercise (ARED)
11:25-12:55	FE-2	Physical Exercise (TVIS), Day 4
11:55-12:55	FE-3	Physical Exercise (CEVIS)
11:55-12:55	CDR, FE-1 , FE-	Review airlock ops procedure per RODF "EVA from DC1. Orlan-MK Operations. Tagup with specialists /
12:55-13:25		Weekly Planning Conference (S-band)
13:25-14:25		LUNCH
14:25-14:35	CDR, FE-3, FE-6	Food Frequency Questionnaire

14:25-15:15	FE-2	Replacing filters in FGB dust collectors ΠC1, ΠC2 (ΦΓБ1ΠΓΟ_2_224_1 bag 413-38, (00054837R)). Reflect changes in IMS
14:25-14:55	FE-1	Space Suit Comm and Telemetry Config, Tranzit-B Activation
14:35-14:40	CDR	CGBA Status Check and Maintenance
14:40-14:45	CDR	ENERGY Diet Log of Lunch
14:45-15:50	CDR	Weekly Housekeeping
14:55-15:25	FE-1, FE-4	Checkout of Beta-08 Data Output Device (УСИ) using Gamma-1M. Tagup with specialists (S-band, VHF)
15:25-15:55	FE-1, FE-4	Orlan and BCC Telemetry Check. Orlan comm check and medical parameter test / Tagup with specialists (S-band, VHF)
15:25-15:40	FE-6	Private Family Conference
15:55-16:10	FE-1	Comm reconfig after Orlan Comm. Check
16:00-17:00	FE-2	Physical Exercise (ARED)
17:00-18:30	FE-1	Physical Exercise (TVIS), Day 1
17:00-18:00	CDR	Physical Exercise (CEVIS)
17:00-18:00	FE-4	Physical Exercise (ARED)
17:50-17:55	FE-6	P/L Closeout Ops
17:55-18:55	FE-6	Physical Exercise T2
18:00-19:30	FE-3	Physical Exercise (ARED)
18:00-19:30	FE-4	Physical Exercise (TVIS), Day 2
18:30-18:40	FE-2	CASKAD. Manual Mixing in Bioreactor
18:55-19:10	FE-6	JRNL - Journal Entry
19:10-19:15	FE-6	PROK - Equipment Setup
19:15-19:35	FE-6	Thermolab - Instrumentation Ops for Circadian Rhythms
19:25-21:25	CDR	Pre-sleep
19:30-21:30	FE-1 , FE-2 , FE-3, FE-4	Pre-sleep
19:35-20:20	FE-6	Pre-sleep
20:20-20:35	FE-6	Special Private Conference
20:35-21:25	FE-6	Pre-sleep
21:25-21:30	FE-6	Reading REMINDER
21:25-21:30	CDR	ENERGY Diet Log of Dinner
21:30-06:00		SLEEP
Task List	FE-1	ТК 708 (34 S) Docking Video Downlink via РСПИ
	FE-1, FE-4	ECON-M. Observations and Photography
	FE-1, FE-2, FE- 4	Preparation of reports for Roskosmos site
	FE-2	URAGAN Observations and Photography
		SEINER Ocean Observations

Notes:

- 1. SM Window #9 shutter opening is at crew discretion w/ Report to MCC
- 2. See OSTP for references to US activities.
- 3. Pre-sleep ops: daily food prep, dinner, pre-sleep
- 4. Russian crew uses US exercise equipment strictly per F24 or OSTPV
- 5. Do not use RS windows during LCS Experiment at 16:40 16:55 and 19:55 20:10
- **6. 22:00-00:30 (04/14/13)** No access to KU-band (IP-telephony, OCA, video), S-band service No commanding, TLM via USOS, or S/G 1,2,3,4 capabilities End of Radiogram