

Radiogram No. 9838u

Form 24 for 03/27/2009

Soyuz Descent Procedure Training

GMT	CREW	ACTIVITY
09:30-09:40	CDR, FE-1	Morning Inspection
09:30-09:35	FE-2	SLEEP: FE2 Data Log
09:35-09:40		Morning Inspection
09:40-10:10		Post-sleep
10:10-11:00		BREAKFAST
11:00-11:30		Prep for Work
11:30-11:45		ISS Crew and ГOFY (RSA Flight Control Team) Weekly Conference (S-band)
11:45-12:00	FE-2	ARED: Flywheel Cylinder Removal
12:00-12:10		ARED Inspection
12:10-13:40		Physical Exercise (ARED)
12:20-13:15	FE-1, CDR-assists	LBNP Exercise (PRELIMINARY). To=12:39. <i>Tagup with specialists (VHF)</i>
13:15-13:45	FE-1	Pille dosimeter readings dump. <i>Tagup with specialists (as necessary) (S-band)</i>
13:35-13:40	CDR	HAM Radio Setup
13:40-13:50		HAM Radio Session
13:40-14:40	FE-2	Physical Exercise (CEVIS)
13:45-14:00	FE-1	IZGIB (BEND)-DAKON. DAKON Hardware Activation
14:05-14:15	CDR	HAM Radio Session
14:40-15:20	FE-2	COX Maintenance
14:40-16:40	CDR, FE-1	Soyuz Descent Procedure Training/Briefing. <i>Tagup with Soyuz stowage specialist (S-band)</i>
16:40-17:40		LUNCH
17:40-17:55	FE-2	Food Frequency Questionnaire
17:55-18:00		HAM Radio Powerdown
18:00-18:05		TVIS bearings maintenance
18:05-18:10		SSC file server reboot
18:10-18:15		OCA SSC router reboot
18:15-18:20		Volatile Organic Analyzer (VOA) deactivation
19:25-20:55	FE-1	Physical Exercise (TVIS), day 4
	CDR	Physical Exercise (ARED)
20:55-21:55	CDR	Physical Exercise (TVIS)
21:40-21:50	FE-2	CSA-CP battery replacement
21:50-21:55		JPM and LAB window shutter closure
21:55-22:10		Daily Planning Conference (S-band)
22:10-22:40		Evening Work Prep
22:40-23:00		Flight Director / ISS Crew Tagup (S-band)
23:00-01:00		Pre-sleep ops
01:00-09:30		SLEEP

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
2. See OSTP for references to US activities.
3. **Pre-sleep ops:** Dinner, Daily food prep, pre-sleep)

End of Radiogram