Radiogram 7834

Form 24 for04/20/04

Morning inspection	GMT	CREW	ACTIVITY
Post-sleep		0.0.2.11	
Date	04:10-04:25	FF ₋ 1	
FE-1 CDR Post-sleep		<u> </u>	r ost-sieep
CDR	04:25-04:40	-	Biochemical Urine Test
D4:40-05:30 CDR BREAKFAST D4:40-04:50 FE -1 URILUX hardware stowage ops		-	Poet sleen
D4:40-04:50 D4:50-05:30 D4:50-05:30 D5:30-06:00 D7:30-06:25 D7:30-06:45 D7:30-06:45 D7:30-06:45 D7:30-07:45 D7:30-07:45 D7:30-07:45 D7:45-08:30	04:40 05:30		·
December 2015 December 20			
Prep for work DPC (S-band)			<u> </u>
DPC (S-band)			
06:30-06:45 FE -1 БСПН time sync with ISS Wiener Tagup with specialists (S-band) 07:00-07:30 Kentavr suit adjustment 07:30-07:45 Private medical conference with a return specialist (VHF) 07:45-08:30 CDR 07:45-08:15 PE -1 08:30-09:30 CDR (assist) 08:30-09:25 CDR (assist) 09:25-09:40 CDR CCAA activation in A/L 10:45-11:00 CDR Private medical conference (S-band) 11:20-11:50 FE -1 COЖ maintenance 11:40-11:50 CDR TVIS data download to MEC 11:50-13:20 FE -1 Physical Exercise (TVIS) day 4 11:55-13:25 CDR Physical Exercise (RED) 13:20-13:25 FE -1 TVIS weekly maintenance 13:25-13:55 . Daily plan review 13:55-14:10 . DPC (S-band) 14:10-14:40 . Report prep 14:40-15:10 . Daily food prep 15:40-16:40 . Pre-sleep		_	·
Kentavr suit adjustment			
Private medical conference with a return specialist (VHF)		FE -1	
CDR			-
Glove box set up Glove box s			, ,
D8:30-09:30		CDR	
Daily plan review Daily food prep		CDR	Glove box set up
Daily plan review Daily food prep Dre-sleep Daily food prep Dre-sleep Daily plan for the pre-sleep Daily plan for the pre-sleep Daily food prep Dre-sleep Daily plan pre-sleep Dre-sleep Dre-sle	08:30-09:30		LBNP-training (preliminary) <i>To=09:06</i>
LUNCH CDR Private medical conference (S-band) COX maintenance TVIS data download to MEC TVIS weekly maintenance TVIS weekly maintenance TVIS data download to MEC TVIS weekly maintenance TVIS data download to MEC TVIS weekly maintenance TVIS weekly mainte	08:30-09:25		
10:45-11:00 CDR	09:25-09:40	CDR	CCAA activation in A/L
11:20-11:50 FE -1 COX maintenance	09:40-10:40		LUNCH
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11:50-11:55 TVIS weekly maintenance 11:50-13:20 FE -1 Physical Exercise (TVIS) day 4 11:55-13:25 CDR Physical Exercise (RED) 13:20-13:25 FE -1 TVIS weekly maintenance 13:25-13:55 . Daily plan review 13:55-14:10 . DPC (S-band) 14:10-14:40 . Report prep 14:40-15:10 . DINNER 15:10-15:40 . Daily food prep 15:40-16:40 . Pre-sleep	11:40-11:50	CDR	TVIS data download to MEC
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Note: See OSTP for references to US activities End of radiogram