## **CREW OFF DUTY**

GMT	CREW	ACTIVITY
06:00-06:10		Morning Inspection
06:10-06:15	CDR	PLASMA CRYSTAL-3. Turbopump Activation
06:10-06:40	FE-1	Post-Sleep
06:15-06:40	CDR	
06:40-07:30		Breakfast
10:00-11:00	FE-1	Physical Exercise - TVIS
11:00-12:30	FE-1	Physical Exercise - RED
11:10-12:40	CDR	Physical Exercise – TVIS – Day 2
12:40-13:40		Lunch
15:45-16:00	FE-1	Private Family Conference (Ku+S-band)
16:35-17:05	CDR	СОЖ Maintenance
17:05-18:05	CDR	Physical Exercise – TVIS – Day 2
18:05-18:35		Review of Next Day's Plan
18:35-18:50		Daily Planning Conference (S-band)
19:00-19:30		Report Prep
19:30-20:00		Dinner
20:00-20:30		Food Prep
20:30-21:30	FE-1	Pre-Sleep
20:30-21:25	CDR	
21:25-21:30	CDR	PLASMA CRYSTAL-3. Turbopump Deactivation
21:30-06:00		Sleep
Task List	CDR	PLANTS-2. Equipment Monitoring (Morning)
		PLASMA CRYSTAL. S/W Install
		Uragan

Note. cf. OSTP for missing references to US activities

End of Radiogram