

Radiogram No. 9384 u

Form 24 for 01/10/09

CREW OFF-DUTY

GMT	CREW	ACTIVITY
06:00-06:10	CDR, FE-1	Morning Inspection
06:10-06:40		Post-sleep
06:15-06:20	FE-2	Morning Inspection
06:20-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:50	FE-2	Nutrition and Repository - Urine Sample Collection
07:30-10:30	FE-1	Weekly Housekeeping Cleaning FGB ВПхО,ФC5,ФC6,ФC9,ВПpK,ЦB2 screens Cleaning Fan B3 screen in DC1
07:50-08:00	FE-2	Nutrition and Repository - insertion of first urine samples into MELFI
07:50-08:00	CDR	Visual inspection and activation of MSG
08:00-08:20	FE-2	Nutrition and Repository - blood samples
08:00-08:15	CDR	Nutrition and Repository - blood sampling operator
08:15-08:35		SHERE Activation
08:20-08:30	FE-2	Nutrition and Repository FE2 - Refrigerated Centrifuge Setup
08:30-08:40		Nutrition and Repository- Refrigerated Centrifuge Config
08:35-08:50	CDR	Retrieval of SHERE Fluid Module
08:50-09:25		Installation of SHERE Fluid Module
09:10-09:30	FE-2	Nutrition and Repository - Blood Sample Insertion into MELFI
09:30-09:55	CDR	Removal of SHERE Fluid Module
09:30-09:40	FE-2	Nutrition and Repository - Stow Blood Sample Collection and Processing Hardware
09:55-10:10	CDR	Stow old and retrieve new SHERE Fluid Module
10:05-10:20	FE-2	LOCAD-PTS OBT Review
10:10-10:45	CDR	Install SHERE Fluid Module
10:20-11:50	FE-2	Physical Exercise (RED)
10:30-12:00	FE-1	Physical Exercise (TVIS), day 2
10:50-11:15	CDR	SHERE Fluid Module Removal
11:15-11:30		Stow old and retrieve new SHERE Fluid Module
11:30-12:05		Install SHERE Fluid Module
11:50-12:50	FE-2	Physical Exercise (TVIS)
12:00-12:05	FE-1	Pre-filter cleaning in POTOK-150MK Air Purification System in SM (Use vacuum cleaner equipped with narrow nozzle attachment and POTOK unit powered down)
12:10-12:35	CDR	SHERE Fluid Module Removal
12:35-12:50		Stow old and retrieve new SHERE Fluid Module
12:45-13:00	FE-1	Telephone Conference with Russian Cosmos Magazine Editor (<i>S-band</i>)
12:50-13:25	CDR	Install SHERE Fluid Module
12:55-13:00	FE-2	EXPRESS Rack 6 potable water dispenser flush. Iodinated Ambient Water flush

13:00-13:20		Nutrition and Repository - Urine Sample Collection
13:20-13:25		Nutrition and Repository - Urine Sample MELFI Insertion
13:25-14:25		LUNCH
14:25-14:55		Weekly Planning Conference (<i>S-band</i>)
15:00-15:25	CDR	SHERE Fluid Module Removal
15:05-15:10		OCA SSC router reboot
15:10-15:15	FE-2	SSC file server reboot
15:15-15:35		LOCAD - Setting up experimental equipment
15:20-16:00	FE-1	COX Maintenance
15:25-15:40	CDR	Stow SHERE Fluid Module after completing the experiment
15:35-15:45	FE-2	LOCAD swab ops with video
15:40-15:45		SHERE Data Transfer to MLC for downlink
16:05-16:20	CDR	Closeout of SHERE experiment and power down
16:05-16:10		LOCAD Data recording ops for portable test system, phase 2
16:10-16:20	FE-2	LOCAD swab ops with video
16:20-17:50	CDR	Physical Exercise (RED)
16:40-16:45		LOCAD Data recording ops for portable test system, phase 2
16:45-16:55		LOCAD swab ops with video
17:15-17:20	FE-2	LOCAD Data recording ops for portable test system, phase 2
17:20-17:30		LOCAD swab ops with video
17:50-17:55		LOCAD Data recording ops for portable test system, phase 2
17:50-18:50	CDR	Physical Exercise (CEVIS)
17:55-18:05		LOCAD swab ops with video
18:25-18:30	FE-2	LOCAD Data recording ops for portable test system, phase 2
18:30-18:40		LOCAD - Portable test system stowage, post-experiment phase 2
18:30-19:30	FE-1	Physical Exercise (VELO), day 2
18:50-18:55	CDR	MSG deactivation
19:05-19:25	FE-2	Nutrition and Repository Urine Sample Collection
19:15-19:30	CDR	Questionnaire - journal entry
19:25-19:30	FE-2	Nutrition and Repository - Urine Sample MELFI Insertion
19:30-21:30		Presleep (Dinner, Daily Food Prep, Evening Toilet)
21:30-06:00		SLEEP
Task List	FE-1	URAGAN. Observations and Photography
		ECON. Observations And Photography
		MATRYOSHKA-R. Monitoring Lulin-5 readings

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities.
- End of Radiogram