## **REST**

Time	Crew	Activity / Reference to ODF or r/g
06:00-06:10		Morning inspection of the station
06:10-06:40		Post-sleep - Personal hygiene
06:55-07:10	PLT,FE-1	Private family conference /?????? item3.4 p?.3-5 through 3-7 (item1 except item 7, item 2, except Laptop commands, item3 to full extent)
07:10-08:00		Breakfast
08:00-08:15	FE-1	? 2 ?? ? Cartridge renewal (completion) /? ? ?? item 7.3p?. 7-4,7-5, steps 2,4
08:00-09:00	CDR	BSTC – samples evaluation
08:25-08:40	PLT,FE-1	Private family conference
08:40-09:20	PLT	ECLSS (???) maintenance upon Ground Go
09:00-09:10	CDR	BSTC – medium exchage
09:10-09:40	CDR	Daily check up of the US payloads
10:00-10:10	FE-1	?? meter and ??? data downlink
10:35-11:30	CDR	BSTC – Media exchange
11:30-11:35	CDR	BSTC – gas lines purge
12:30-13:30		Lunch
16:15-16:30	CDR	Private family conference through S-band
19:30-20:00		Dinner
20:00-20:30		Daily food ration prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

?????????: 1 See OSTP for missing references to US activities 2. Complete Radiogram #1799 activities if possible

End of R/G