## Radiogram No. 6315u Joint Flight Day Three

## Form 24 for 10/15/07

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-07:00	FE-1	Post-sleep
06:10-06:40	FE2, ISS16, SFPVC	Post-sleep
06:10-06:20	CDR	IMMUNO. Saliva test
06:20-06:45		Post-sleep
06:40-07:30	FE2, ISS16, SFPVC	BREAKFAST
06:45-06:50	CDR	IMMUNO. Log entry, morning use of АСУ as a start
06:50-07:00	CDK	IMMUNO. First stress test, questionnaire data entry
07:00-07:15	CDR, FE-1	IMMUNO. Venous blood collection
07:15-07:35	FE-1	IMMUNO. Processing of venous blood on centrifuge, insertion in Cryogem
07:15-07:35	CDR	IMMUNO. Venous blood sample processing (smear), transfer to stowage
07:30-07:45	FE2, ISS16, SFPVC	Prep for Work
07:35-07:45	CDR,FE-1	BREAKFAST
07:45-08:00	ISS15, CDR-16, FE-1-16	Daily Planning Conference (S-band)
08:00-08:05	CDR-16	Connect DCP power cable
08:00-08:40	CDR	BREAKFAST
08:00-08:15	FE-1	BREAKFAST
08:00-08:15	FE-2	Prep for Work
08:05-08:15	CDR-16	PAO hardware setup
08:05-08:15	FE-1-16	CONJUGATION. Replace cold packs in Biocont-T
08:05-08:15	SEDVC	Tagup with Consultants Team via VHF1
08:15-08:45	SFPVC	ETD. Head Unit R&R. Part 2. Tagup with specialists (VHF)
08:15-09:15	FE-1, FE-1-16	E15 to E16 Crew Handover
08:15-09:00	FE-2, CDR-16	DOUG Software Review
08:40-08:55	CDR	IMMUNO. Urine sample collection and fluid / medications intake log entry
08:50-09:50	SFPVC	Photo/video ops
09:00-10:00	FE-2, CDR-16	SSRMS ops
09:15-09:45	FE-1-16	Skills training for the Shuttle R-Bar Pitch Maneuver
09:20-09:50	CDR	Photo/Video Ops Assistance
09:45-09:50	FE-1-16	Downlink images obtained during RPM OBT
09:50-10:50	FE-1, FE-1-16	E15 to E16 Crew Handover
09:50-11:50	SFPVC	ETD. Experiment ops. Tagup with specialists
09:55-10:55	CDR	Physical Exercise (TVIS), Day 1
10:00-10:15	FE-2, CDR-16	RWS power up in LAB
10:15-10:45		Health Maintenance System (HMS) Crew Medical Restraint System (CMRS) - Checkout

10:50-11:50	FE-1	Physical Exercise (TVIS), Day 1
11:00-11:10	FE-1-16	ETD. Experiment Photography
11:15-11:30	CDR	IMMUNO. Urine sample collection and fluid / medications intake log entry
11:15-11:30	FE-2, CDR-16	SSRMS ops
11:50-12:00	L 2, ODIC 10	Crew prep for PAO
12:00-12:30		Joint US, RS and Malaysian PAO (S + Ku-band)
12:30-12:45	FE-2, CDR-16	SSRMS ops
12:35-13:00	FE-1, FE-1-16, SFPVC	VC TV PAO (To=12:31, T1, T2, T3 - Automated daily timeline) [CΠΠ]
12:45-13:00	CDR	Verify ИП-1 sensor installation
12:45-13:00	CDR-16	CMS exercise overview
13:00-14:00		LUNCH
14:00-14:15	CDR	IMMUNO. Urine sample collection and fluid / medications intake log entry
14:00-16:00	FE-1, FE-1-16, SFPVC	Symbolic activity. Envelope signing and stamping
14:00-15:00	FE-2, CDR-16	SSRMS ops
14:15-16:00	CDR	Symbolic activity. Envelope signing and stamping
15:20-15:30		Crew prep for PAO
15:30-15:50	FE-2, CDR-16	USOS PAO event (S + Ku-band)
15:50-16:45		E15 to E16 Crew Handover
16:00-16:15	SFPVC	VC13 HAM radio session
16:00-17:00	FE-1, FE-1-16	E15 to E16 Crew Handover
16:00-17:00	CDR	Physical Exercise (TVIS), Day 1
16:45-17:05	CDR-16	Terminate BSA battery charge
16:45-18:15	FE-2	Physical Exercise (RED)
17:00-17:55	CDR	Evening work prep
17:00-17:25	FE-1-16	Evering work prep
17:00-18:00	FE-1	Physical Exercise (TVIS), Day 1
17:05-17:25	CDR-16	Start BSA battery charge
17:25-17:40	CDR-16, FE-1-16	Private Medical Conference (S-band)
17:25-17:35	SFPVC	Tagup with Consultant Team via VHF1
17:40-17:55	FE-1-16	Evening work prep
17:50-17:55	CDP-16	Disconnect Display and Control Panel (DCP) power cable
17:55-18:10	CDR-16	Questionnaire - first journal entry
17:55-18:05	CDR	IMMUNO. Saliva test
17:55-18:15	FE-1-16	IMS update
17:55-18:10	SFPVC	MOP-M. Questionnaire
18:05-18:30	FE-1	Evening work prep
18:05-18:35	CDR	Replacement of U-receptacle [M-Π] and filter-insert [Φ-Β] in ACY (Install M-Π # 0370158 b/c 00046776R CM1PO_1_138_1 in pouch 0170067; Φ-Β #605059 b/c 00043723R ΦΓΕ1ΠΓΟ_3_303_1 in bag 359-10. Discard removed units)
	CDR-16	Evening work prep

18:10-18:15	SFPVC	MUSCLE-M (LOW BACK PAIN) -Lower Back Pain Questionnaire
18:15-19:15	FE-2	Physical Exercise (CEVIS)
18:15-18:20	FE-1-16	BIOEMULSION. Activate mixing mode Day 3.
18:20-18:45		BIOEMULSION. Deactivate KT, remove bioreactor and set up in BIOCONT-T. <i>Temp stow bioreactor near Cryogem-03. Tagup with specialists (S-band)</i>
18:30-18:40	FE-1	BIOEMULSION. Photography during bioreactor set up
18:35-19:15	CDR	СОЖ Maintenance
18:40-19:15	FE-1	Evening work prep
18:45-19:05	FE-1-16	BIOEMULSION. Unplug KT from PEC power outlet and stow
19:05-19:15		CONJUGATION. Replace cold packs in Biocont-T
19:10-19:15	CDR-16	Transfer TVIS/RED/CEVIS/HRM data to MEC
19:15-19:30	ISS15, ISS16	Daily Planning Conference (S-band)
19:30-20:00	CDR,FE-1, SFPVC, CDR-16, FE-1-16	DINNER
19:35-19:50	FE-2	Crew Discretionary Conference (S + Ku-band)
19:50-20:00		DINNER
20:00-20:15	CDR	IMMUNO. Urine sample collection and fluid / medications intake log entry
20:00-20:30		Daily food prep
20:15-20:30	CDR	IMMUNO. First urine sample collection from Urine receptacles
20:30-21:30	FE-2, FE-1, SFPVC, CDR-16, N-1-16	Pre-sleep
20:30-21:20	CDR	Pre-sleep
21:20-21:30		IMMUNO. First stress test, questionnaire data entry.
21:30-06:00		SLEEP
Task List	FE-1-16	On MCC GO ISS O2 repress from Progress 361 CpΠK

Note: See OSTP for references to US activities. End of Radiogram