Radiogram No. 0020u CREW OFF DUTY

Form 24 for 08/18/2012

GMT	CREW	ACTIVITY
06:00-06:10	FE-3, FE-2, CDR, FE-4	Morning Inspection
06:00-06:05	FE-5	Reaction Self Test
06:00-06:05	FE-6	Urine Spot Test
06:05-06:10	FE-5	Morning Inspection
06:05-06:10	FE-6	Reaction Self Test
06:10-06:40	FE-5, CDR, FE-4, FE-3, FE-2	Post-sleep
06:10-06:20	FE-6	Morning Inspection
06:20-06:50	FE-6	Post-sleep
06:40-07:30	CDR	BREAKFAST. SM TICC [Caution & Warning Panel] Test (after breakfast)
06:40-07:30	FE-4, FE- 2, FE-5, FE-3	BREAKFAST
06:50-07:30	FE-6	BREAKFAST
07:30-10:30	CDR	Weekly Housekeeping SM Ventilation Subsystem Preventive Maintenance, Group E FGB ЦВ2 Fan Cleaning БМП (Micropurification Unit) Fan Grille Cleaning Inspection of Air Conditioner [CKB]
07:30-08:10	FE-2	Cleaning ВД1 and ВД2 Air Ducts in DC-1
07:30-10:30	FE-3	Weekly Housekeeping
07:30-10:30	FE-4	Weekly Housekeeping
07:30-09:00	FE-5	Physical Exercise (ARED)
07:30-10:30	FE-6	Weekly Housekeeping
08:10-09:10	FE-2	B3 Fan Screen Cleaning in DC1
09:00-12:00	FE-5	Weekly Housekeeping
09:10-10:00	FE-2	Replacement of Dust Collector Filters ΠΦ1, ΠΦ2 (ΦΓБ1ΠΓΟ_2_224_1 bag 00050788R. Update IMS) and B1, B2 fan grille cleaning in DC1
10:30-12:00	FE-6	Physical Exercise (ARED)
10:30-11:30	FE-4	Physical Exercise (VELO), Day 2
10:30-10:35	FE-3	CGBA Status Check
10:30-11:45	CDR	Physical Exercise (TVIS), Day 2
10:50-11:20	FE-2	TV-ISS-MCC TV Address to MIET freshmen /
11:30-12:30	FE-2	Physical Exercise (VELO), Day 1
12:30-13:30		LUNCH
13:30-14:00		Weekly Planning Conference (S-band)
14:00-14:10	FE-3	Food Frequency Questionnaire
14:00-14:10	FE-5	Food Frequency Questionnaire

14:00-14:05	FE-6	PROK Diet Logging (Day 2-4)
14:20-15:00	CDR	СОЖ Maintenance
14:25-14:40	FE-6	Private Family Conference
16:30-18:00	FE-4	Physical Exercise (TVIS), Day 2
16:45-18:00	CDR	Physical Exercise (ARED)
17:00-18:00	FE-3	Physical Exercise (CEVIS)
17:15-18:15	FE-6	Physical Exercise T2
18:00-19:30	FE-2	Physical Exercise (TVIS), Day 1
18:00-19:30	FE-3	Physical Exercise (ARED)
18:15-18:30	FE-5	Journal Entry
18:30-19:30	FE-5	Physical Exercise (CEVIS)
19:10-19:30	FE-6	HRF Urine Collection Hardware Setup
19:30-21:20	FE-6	Pre-sleep
19:30-21:30	CDR, FE-2, FE-4, FE-3	Pre-sleep
19:30-21:25	FE-5	Pre-sleep
21:20-21:25	FE-6	HRF Urine Collection Hardware Stowage
21:25-21:30	FE-5, FE-6	Reaction Self Test
21:30-06:00		SLEEP
TASK LIST	CDR, FE-2, FE-4	Preparation of reports for Roskosmos site
	CDR, FE-4	ECON Observations and Photography

Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
 See OSTP for references to US activities
 Pre-sleep ops: Dinner, Daily food prep, pre-sleep)
 End of Radiogram