USOS EVA12 PREPARATION

USOS EVA12		
GMT	CREW	ACTIVITY
06:00-06:10		Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:55	FE-1	Prep for Work
07:30-08:00	CDR,FE-2	·
07:55-08:00	FE-1	БСР-ТМ Test
08:30-08:50		ALTCRISS. OCA Data Downlink
08:30-09:30	FE-2	Crew time for ISS adaptation and orientation
08:30-09:30	CDR	Physical Exercise (TVIS)
08:55-09:10	FE-1	IMS tagup (S-band)
09:30-11:00	CDR	Physical Exercise (RED)
09:55-10:55	FE-2	Physical Exercise (TVIS)
10:55-12:25	_ L-Z	Physical Exercise (RED)
10:55-12:25	FE-1	Physical Exercise (TVIS), day 4
12:25-13:25		Physical Exercise (VELO+RED), day 4
13:10-13:25	CDR	O2 Level Check
13:25-14:25		LUNCH
14:25-14:40	CDR	DCS 760 camera config for EVA
14:25-14:40	FE-2	Pre-EVA Private Medical Conference (S-band)
14:25-15:05	FE-1	Water Sampling Downstream of Elektron Multifiltration Unit (БКО)
14:40-14:55	CDR	Pre-EVA Private Medical Conference (S-band)
14:55-15:40	CDR,FE-2	AL Config
15:40-16:25		EVA tagup with MCC (Ku + S-band)
16:25-17:05	FE-1	СОЖ Maintenance
16:25-16:35	CDR	Terminate EMU Metox Regeneration
16:25-16:40	FE-2	Food frequency questionnaire
16:35-16:40		HAM Radio Powerdown in SM
16:40-16:45	CDR	Transfer TVIS/RED/CEVIS/HRM data to MEC
16:45-17:30	FE-2	
16:55-17:30	CDR	Evening work prep
17:05-17:30	FE-1	
17:30-17:45		Daily Planning Conference (S-band)
17:45-17:55	CDR	
17:45-18:10	FE-1	Evening work prep
17:45-18:00	FE-2	
17:55-18:00	CDR	DCS battery charging
18:00-18:30	CDR,FE-2	Daily Food Prep
18:10-18:25	FE-1	Setting up PILLE dosimeters for EVA
18:25-18:45		Daily Food Prep
18:30-18:45	CDR,FE-2	Pre-sleep
1	ODN,FE-Z	·
18:45-19:05		FD / ISS Crew Conference (S-band)

19:05-19:35		DINNER
19:35-19:50		Pre-sleep
19:50-20:35	FE-1	EVA Campout Prebreathe
19:50-21:00	CDR,FE-2	
20:35-21:25	FE-1	Pre-sleep
21:00-21:30	CDR,FE-2	
21:25-21:30	FE-1	Pre-EVA Node2 Egress
21:30-06:00		SLEEP
Task List	FE-1	IMS update

Note: 1. See OSTP for references to US activities.

2. SM Window #9 shutter opening is at crew discretion End of Radiogram