

CREW OFF DUTY

GMT	CREW	ACTIVITY
06:00-06:10		Morning Inspection
06:10-06:40		Post-Sleep
06:40-07:30		Breakfast
09:30-10:30	CDR	Physical Exercise – TVIS
10:30-12:00		Physical Exercise – RED
10:30-12:00	FE-1	Physical Exercise – TVIS – Day 3
12:00-13:00	.	Lunch
16:15-16:45	FE-1	COX Maintenance
16:45-17:45		Physical Exercise (VELO + FL1) – Day 3
18:00-18:15	.	Daily Planning Conference (<i>S-band</i>)
18:15-18:30	CDR	Private Family Conference (<i>S-band</i>)
18:30-19:00		Review of Next Day's Plan
19:00-19:30		Report Prep
19:30-20:00		Dinner
20:00-20:30		Food Prep
20:30-21:30		Pre-Sleep
21:30-06:00		Sleep
Task List	FE-1	PULSE. Experiment Ops
		PLANTS-2. Equipment Monitoring

Note: cf. OSTP for missing references to US activities

End of Radiogram