

**Regeneration of ? 1 absorption cartridge in ???**

GMT	Crew	Activity
06:00-06:10		Morning inspection
06:10-06:40		Personal hygiene (post-sleep)
06:40-07:30		BREAKFAST
08:00-08:40	FE-2	Maintenance of ???
08:30-08:55	FE-1	Daily payload status check during ISS-4 (including UF-1 and 8? payloads)
09:00-10:00		Physical exercise (TVIS)
09:10-09:20	CDR	Configuring LIV Video Camera 2 For Live TV Feed
09:20-09:35		PFC (?? ?-?)
10:00-11:30	FE-1	Physical exercise (RED)
10:50-11:05	CDR	Regeneration of ? 1 absorption cartridge in ??? (start)
12:25-12:30		??? data downlink
12:30-12:35		??-counter data downlink
12:45-13:45		LUNCH
15:00-15:30	FE-1	CWC technical water fill
15:00-16:00	FE-2	Physical exercise (TVIS)
16:00-17:30		Physical exercise (RED)
17:55-18:25		Familiarization with next day's work schedule
18:25-18:40		Daily planning conference (S-band)
18:45-19:00	FE-2	Work set-up
19:00-19:30	FE-1, CDR	
19:00-19:15	FE-2	PFC (S-band)
19:15-19:30		Work set-up
19:30-20:00		DINNER
20:00-20:30		Daily food ration prep
20:30-21:30		Personal hygiene (pre-sleep)
21:30-06:00		SLEEP

NOTE: See OSTP for references to US activities

End of radiogram