

**ВД-СУ Power Down/Up. KCK Cable Mate. MO-5.**

GMT	CREW	ACTIVITY
06:00-06:10	.	Morning Inspection
06:10-06:40	.	Post-Sleep
06:40-07:30	.	Breakfast
07:30-08:00	.	Work Prep
08:00-08:15	.	Daily Planning Conference ( <i>S-band</i> )
08:20-08:55	CDR	SFOG Candle Replacement and Activation
08:40-08:55	FE-1	FMVM – Workstation Install
08:55-09:55		Physical Exercise – CEVIS
08:55-10:55	CDR	KCK (A-42) Install and Cable Mate. <i>Tagup w/specialists. (S-band + VHF)</i>
09:55-11:25	FE-1	Physical Exercise – RED
10:55-11:05	CDR	<b>On MCC Go</b> KCK TLM Connector (X03) Mate to БИТС2-12
11:05-11:25		KCK (A-42) Hardware Install Closeout Ops. <i>Tagup w/specialists. (S-band)</i>
11:25-12:15	CDR, FE-1 (Assist)	Cardiovascular Status Assessment Under Controlled Physical Exercise Using VELO ( <b>To=11:45</b> ). <i>Tagup w/specialists. (VHF)</i>
12:15-12:45	FE-1	COЖ Maintenance
12:20-12:30	CDR	CTTC Comm Asset Transition to Primary String
12:30-13:30	CDR	Physical Exercise (VELO + FL1) – Day 2
13:00-13:20	FE-1	EMU Battery Install in Charger
13:20-13:30		PAO Hardware Setup
13:30-13:40	.	PAO Crew Prep
13:40-14:00	.	PAO Event w/ABC News ( <i>Ku+S-band</i> )
14:00-15:00	.	Lunch
15:00-15:35	CDR	SFOG Cande Replacement and Activation
15:00-16:00	FE-1	FMVM – Hardware Install
15:35-16:05	CDR	Sound Level Meter Setup and Measurements. <i>Tagup w/specialists. (S-band)</i>
16:00-17:15	FE-1	FMVM – Experiment Ops
16:05-16:20	CDR	Sound Level Meter Closeout Ops
16:20-17:50		Physical Exercise – TVIS – Day 2
17:15-17:30	FE-1	FMVM - Stow
17:30-18:00		Water Transfer from Mid-Temperature Loop (MTL)
17:50-18:10	CDR	IMS File Prep
18:00-18:05	FE-1	TVIS, RED, and HRM Data Transfer to MEC
18:05-18:20		Questionnaire – Journal Entry
18:10-18:40	CDR	Review of Next Day's Plan
18:20-18:40	FE-1	
18:40-18:55	.	Daily Planning Conference ( <i>S-band</i> )
18:55-19:25	CDR	Report Prep
18:55-19:10	FE-1	Report Prep
19:10-19:25		UHF Ops Using US Ground Sites
19:30-20:00	.	Dinner
20:00-20:30	.	Food Prep
20:30-21:30	.	Pre-Sleep
21:30-06:00	.	Sleep
<b>Task List</b>	CDR	URAGAN. Observation and Photo Imagery

**Note:** cf. OSTP for missing references to US activities

End of Radiogram