

**CREW OFF-DUTY**

GMT	CREW	ACTIVITY
06:00-06:10	.	Morning Inspection
06:10-06:40	.	Post-sleep
06:40-07:30	.	BREAKFAST
08:00-08:15	CDR	Photo/video of Malaysia for VC13
08:30-08:50		Private Family Conference (S+Ku-band)
09:50-11:20	FE-1	Physical Exercise (TVIS), day 1
11:20-11:40		Private Family Conference (S+Ku-band)
12:00-13:00	CDR	Physical Exercise (TVIS), day 1
13:00-14:00	.	LUNCH
14:00-14:40	CDR	COX Maintenance
15:45-16:45	FE-2	Physical Exercise (CEVIS)
	FE-1	Physical Exercise (TVIS), day 1
16:45-18:15	CDR	Physical Exercise (TVIS), day 1
	FE-2	Physical Exercise (RED)
18:15-18:45	.	Prep for Work
18:45-19:00	.	Daily Planning Conference (S-band)
19:00-19:30	.	Prep for Work
19:30-20:00	.	DINNER
20:00-20:30	.	Daily Food Prep
20:30-21:30	.	Pre-sleep
21:30-06:00	.	SLEEP
<b>Task List</b>	FE-1	GSF-JAXA. TBY temperature monitoring (in the morning)
		PLANTS-1. Payload status check (in the morning)

See OSTP for references to US activities.

End of Radiogram