

Radiogram No. 5868u

Form 24 for 04/13/2011

**DISPOSED HARDWARE STOWAGE. RS ATTITUDE CONTROL THRUSTERS (ДО) INHIBIT**

<b>GMT</b>	<b>CREW</b>	<b>ACTIVITY</b>
06:00-06:10	<b>FE-2, FE-3, FE-6</b>	Morning Inspection
06:00-06:20	<b>FE-5</b>	HRF Urine Sample Collection Subject
06:00-06:05	<b>FE-1</b>	Elektron-VM System Monitoring
06:00-06:10	<b>CDR</b>	SONOCARD Experiment Termination
06:05-06:10	<b>FE-1</b>	Morning Inspection
06:10-06:40	<b>FE-1, FE-2, FE-3, FE-6</b>	Post-sleep
06:10-06:20	<b>CDR</b>	Morning Inspection
06:20-06:25	<b>FE-5</b>	Urine Spot Test
06:20-06:45	<b>CDR</b>	Post-sleep
06:25-06:35	<b>FE-5</b>	HRF Blood Sample Insertion into MELFI
06:35-06:45	<b>FE-5</b>	Morning Inspection
06:40-07:30	<b>FE-1, FE-2, FE-3, FE-6</b>	BREAKFAST
06:45-07:15	<b>FE-5</b>	Post-sleep
06:45-07:30	<b>CDR</b>	BREAKFAST
07:15-07:45	<b>FE-5</b>	BREAKFAST
07:30-07:45	<b>CDR</b>	TVIS Video Setup
07:30-07:45	<b>FE-1, FE-2, FE-3, FE-6</b>	Work Prep
07:45-08:10		Daily Planning Conference ( <i>S-band</i> )
08:10-08:25	<b>CDR</b>	SONOCARD Copy Data to RSE-MED Laptop
08:10-08:30	<b>FE-5</b>	BREAKFAST
08:10-08:25	<b>FE-2</b>	Work Prep
08:10-08:20	<b>FE-3</b>	WRS Water Sample Analysis
08:10-10:30	<b>FE-1</b>	TYPOLOGY Experiment Run. <i>Tagup with specialists (S-band)</i>
08:20-08:30	<b>FE-3</b>	PHS Evaluation Setup
08:25-08:45	<b>CDR</b>	Work Prep
08:30-09:00	<b>FE-3</b>	Periodic Health Status - Subject
08:30-09:00	<b>FE-5</b>	Periodic Health Status - Assistance
08:40-08:55	<b>FE-2</b>	TYPOLOGY Experiment Assistance
08:40-08:50	<b>FE-6</b>	Biolab Tools Gathering
08:50-08:55	<b>FE-6</b>	Video Camera Assembly Adjustment
08:55-11:25	<b>FE-6</b>	Removing the Biolab subsystems Microscope and Spectrophotometer in preparation for download with ULF6
08:55-09:10	<b>FE-2</b>	TYPOLOGY Photography
09:00-09:25	<b>FE-3</b>	Periodic Health Status (PHS) Data Entry and Hardware Stowage
09:00-10:30	<b>FE-5</b>	Physical Exercise (ARED)
09:10-09:50	<b>CDR, FE-2</b>	Filling EDV [KOV] for Elektron <i>from CWC #1083</i>
09:25-10:25	<b>FE-3</b>	Physical Exercise T2
09:50-10:30	<b>CDR</b>	Loading disposal hardware to Progress ЛБ and IMS updates

09:50-10:30	<b>FE-2</b>	COX Maintenance
10:25-10:35	FE-3	TOCA Data Transfer
10:30-10:40	FE-5	Treadmill T2 Monthly Inspection
10:30-10:50	<b>CDR</b>	RADIOSKAF. Hardware Deactivation and Closeout. <i>Tagup with specialists (S-band)</i>
10:30-11:30	<b>FE-2</b>	CONTOUR Removing Joints from REU and pre-pack for return. <i>Tagup with specialists (S-band)</i>
10:30-11:30	<b>FE-1</b>	CONTOUR Photo/Video - Joints Removal from REU. <i>Tagup with specialists (S-band)</i>
10:35-12:05	FE-3	Physical Exercise (ARED)
10:40-11:40	FE-5	Physical Exercise T2
10:50-12:20	<b>CDR</b>	Physical Exercise (TVIS), Day 3
11:25-11:40	FE-6	Stowing Microscope and Spectrophotometer in preparation for download with ULF6
11:30-12:20	<b>FE-1</b>	24-hour ECG monitoring (start)
11:40-11:50	FE-5	T2 Snubber Arm Inspection
11:40-11:50	FE-6	CSPN Unit B Attachment
11:50-12:50	FE-6	Physical Exercise T2
11:50-13:20	<b>FE-2</b>	Physical Exercise (TVIS), Day 2
11:50-12:20	FE-5	Crew Medical Officer (CMO) Proficiency Training
12:05-12:20	FE-3	ARED Flywheel Cylinder Evacuation
12:20-12:35	FE-3	Food Frequency Questionnaire
12:20-12:40	FE-5	HRF Urine Sample Collection Subject
12:20-13:20	<b>CDR</b>	Physical Exercise (ARED)
12:20-13:20	<b>FE-1</b>	Physical Exercise (VELO), Day 2
12:40-12:45	FE-5	HRF Blood Sample Insertion into MELFI
12:50-13:20	FE-3, FE-5, FE-6	Transfer Conference for ULF6
13:20-14:20		LUNCH
14:20-17:00	<b>CDR</b>	Progress 409 Stowage Operations with the Use of IMS
14:20-15:20	<b>FE-1</b>	Crew time for ISS adaptation and orientation
14:20-14:25	FE-5	PROK Diet Logging (Day 2-4)
14:20-15:50	<b>FE-2</b>	Soyuz 231 Transfers and IMS updates
14:25-15:25	FE-3, FE-5, FE-6	ULF6 EVA Task Review
15:25-15:40	FE-6	VO2max PPFS Stowage
15:25-15:35	FE-3	FMK Deployment Ops
15:25-15:35	FE-5	Installation of REBA batteries
15:30-17:00	<b>FE-1</b>	Physical Exercise (TVIS), Day 2
15:35-15:55	FE-3	GSC Air Sampling
15:50-16:20	<b>FE-2</b>	Removing two KJ-152 TV cameras and light units from Soyuz 231 Descent Module
15:50-16:05	FE-6	Private Psychological Conference
15:55-16:00	FE-5	ISS HAM Radio Setup in Service Module
16:05-17:35	FE-6	Physical Exercise (ARED)

16:05-16:20	FE-3	Private Psychological Conference
16:10-16:15	FE-5	ISS HAM Radio Session from SM
16:20-17:20	<b>FE-2</b>	Crew time for ISS adaptation and orientation
16:20-16:35	FE-3	Private Medical Conference
16:25-16:45	FE-5	HRF Urine Sample Collection Subject
16:35-17:35	FE-3	Crew time for ISS adaptation and orientation
16:45-16:50	FE-5	HRF - Urine Sample Insertion Into MELFI
17:00-17:40	FE-5, <b>CDR</b> assists	Accommodation in Kazbek coach in Sokol-KV-2 space suit
17:00-17:40	<b>FE-1</b>	IDENTIFICATION. Copy IMY-LQ micro-accelerometer data to laptop
17:20-17:50	<b>FE-2</b>	INTERACTION Experiment Ops
17:35-17:40	FE-6	ARED Guide Rail Inspection
17:40-17:55	<b>FE-1</b>	Stowing Equipment Used for TVIS Video Shoot
17:40-18:10	FE-3, FE-5, FE-6	ULF6 EVA Task Conference
17:50-18:20	<b>CDR</b>	INTERACTION Experiment Ops
17:55-18:00	<b>FE-1</b>	TVIS Video (prep for downlink)
17:55-18:55	<b>FE-2</b>	Physical Exercise (ARED)
18:10-19:05	FE-3, FE-6	Handover
18:10-18:25	FE-5	MABE Videotape Exchange
18:10-18:15	<b>FE-1</b>	Elektron-VM System Monitoring
18:15-18:35	<b>FE-1</b>	IMS Update
18:20-18:25	<b>CDR</b>	Hematocrit Hardware Setup
18:25-18:35	FE-5	HRF Blood Collection Hardware Setup
18:25-19:05	<b>CDR</b>	Evening Work Prep
18:35-19:05	<b>FE-1</b>	Evening Work Prep
18:35-18:55	FE-5	HRF Urine Sample Collection Subject
18:55-19:05	<b>FE-2</b>	Evening Work Prep
18:55-19:00	FE-5	HRF - Urine Sample Insertion Into MELFI
19:00-19:05	FE-5	Evening Work Prep
19:05-19:30	.	Daily Planning Conference ( <i>S-band</i> )
19:30-21:20	<b>FE-2</b>	Pre-sleep
19:30-19:35	FE-6	MPC Power Up
19:30-21:30	<b>CDR, FE-1,</b> FE-3, FE-5	Pre-sleep
19:35-19:50	FE-6	Private Medical Conference
19:50-21:25	FE-6	Pre-sleep
21:20-21:30	<b>FE-2</b>	SONOCARD Experiment Start
21:25-21:30	FE-6	MPC Power Down
21:30-06:00		SLEEP

**Notes:**

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
  2. See OSTP for references to US activities
  3. Pre-sleep ops: daily food prep, dinner, pre-sleep
  4. **HAM radio use is prohibited for the duration of RADIOSCAF experiment**
- End of Radiogram