

TIME	CREW	ACTIVITY
06:00-06:10	<b>CDR</b>	Morning Inspection. Laptop RS1(2) Reboot Laptop RSS2 Reboot
06:00-06:10	FE-5, FE-6	Morning Inspection
06:10-06:40	.	Morning Inspection
06:40-07:30	<b>CDR</b>	BREAKFAST. SM ПСС
06:40-07:30	FE-5, FE-6	BREAKFAST
07:30-07:35	FE-6	ISERV- Opening Window Shutter
10:25-11:25	FE-6	T2 Exercise
11:20-11:35	<b>CDR</b>	Private Family Conference ( <i>Ku+S-band</i> )
11:25-12:35	FE-5	T2 Exercise
12:00-13:00	<b>CDR</b>	VELO Exercise, Day 1
12:55-13:00	FE-5	CUBESAT - Hardware Photo
13:00-14:00	.	LUNCH
14:00-14:40	<b>CDR</b>	COЖ Maintenance. <b>SM and FGB CBO, CГО, АСУ СПКУ Counter, POTOK Air Purification System Data Calldowns</b>
14:00-14:15	FE-5	JRNL - Journal Entry
14:35-14:50	FE-5	Private Family Conference
17:00-18:30	<b>CDR</b>	БД-2 Exercise, Day 1
17:00-18:20	FE-5	ARED Exercise
18:45-19:00	<b>CDR</b>	Daily Planning Conference ( <i>S-band</i> )
19:15-19:40	FE-6	Pre-sleep
19:30-21:20	<b>CDR</b>	Pre-sleep
19:30-21:30	FE-5	Pre-sleep
19:40-19:55	FE-6	Private Family Conference
19:55-21:30	FE-6	Pre-sleep
21:20-21:25	<b>CDR</b>	IVA - Reading Routine Clothes Reminder
21:25-21:30	<b>CDR</b>	IVA - Reading Exercise Clothes Reminder
21:30-06:00	.	SLEEP
<b>Task List</b>	<b>CDR</b>	Preparation of reports for Roscosmos site
		ECON-M. Observations and Photography

**Notes:**

1. See OSTPV for references to US activities
  2. Pre-sleep ops: Dinner, Daily food prep, pre-sleep
  3. Russian crew uses US exercise equipment strictly per F24 or OSTPV
- End of Radiogram