Radiogram No. 4908u Form 24 for 12/21/2010

TRANSFERRING NITROGEN FROM FGB HIGH-PRESSURE OXIDIZER TANK [БВДО]. HARDWARE TRANSFERS. ATTITUDE CONTROL THRUSTER [ДО] INHIBIT

| _ | CREW | ACTIVITY |
|-------------|----------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 06:00-06:05 | CDR | Reaction Self Test |
| 06:00-06:05 | FE-1 | Elektron-VM Aerosol Filter Inspection |
| 06:00-06:10 | FE-2, FE-5, FE-6 | Morning Inspection |
| 06:00-06:10 | FE-4 | SONOCARD Experiment Termination |
| 06:05-06:10 | CDR, FE-1 | Morning Inspection |
| 06:10-06:40 | | Post-sleep |
| 06:40-07:30 | | BREAKFAST |
| 07:30-07:35 | | Work Prep |
| 07:35-08:00 | | Daily Planning Conference (S-band) |
| 08:00-08:20 | FE-6 | Work Prep |
| 08:00-08:15 | FE-1, FE-4 | Work Prep |
| 08:00-11:30 | FE-2 | PILOT-M. Running the experiment with Neurolab. Tagup with specialists (S-band) |
| 08:00-08:20 | FE-5 | Acoustic Dosimeter Equipment Setup (operation 4 of 5) |
| 08:15-08:30 | FE-4 | SONOCARD Copy Data to RSE-MED Laptop |
| 08:20-08:40 | FE-6 | ISS Crew Adaptation |
| 08:20-08:40 | FE-1 | PILOT. Assistance with the experiment using Neurolab |
| 08:20-09:30 | FE-5 | ISS Crew Adaptation |
| 08:30-09:20 | FE-4 | 24-hour ECG Holter Monitoring (init) |
| 08:40-10:10 | FE-1 | Install and connect jumper cables 17KC.10HO 8210A-8940, 8950. Tagup with specialists (S-band) |
| 08:45-09:15 | CDR | Crew Medical Officer (CMO) Proficiency Training |
| 08:45-08:50 | FE-6 | JEMRMS Robotics Laptop (RLT) Activation |
| 08:50-09:00 | FE-6 | DOUG Startup |
| 09:00-09:15 | FE-6 | JEMRMS Final Activation Part 1 |
| 09:15-10:15 | CDR, FE-6 | JEMRMS Checkout |
| 09:20-09:50 | FE-4 | Removal of Two KΠ-152 TV Cameras and Light Units from Soyuz 230 Descent Module. Stow the removed TV cameras (ΦΓΕ1ΠΓΟ_2_217_1 Container 407-9), Light Units - for Disposal in Soyuz. Update Soyuz Stowage in the IMS |
| 09:30-10:30 | FE-5 | Crew time for ISS adaptation and orientation |
| 09:50-10:10 | FE-4 | Photo imagery of a scuff mark left by the Active Docking Mechanism Probe on the MRM1 Passive Mechanism Receiving Cone |
| 10:10-10:30 | FE-4 | Downlink photos of the MRM1 Docking Cone internal surface via OCA |
| 10:10-11:40 | FE-1 | Physical Exercise (TVIS), Day 1 |
| 10:15-10:20 | CDR | HRF1 Hardware Setup |
| 10:15-10:30 | FE-6 | JEMRMS Deactivation Preparation |
| 10:20-10:30 | CDR | HRF Body Mass Measurement |
| 10:30-10:45 | FE-5, FE-6 | Physical Exercise Overview |
| 10:30-11:30 | FE-4 | Physical Exercise (ARED) |
| 10:30-11:30 | CDB | Physical Exercise (CEVIS) |

| 10:45-11:05 | FE-6 | ISS Crew Adaptation |
|-------------|--------------------|------------------------------------------------------------------------------------------------------------------------|
| 10:45-11:30 | | ISS Crew Adaptation |
| 11:10-11:20 | | HRF Body Mass Measurement |
| 11:20-11:30 | | EHS Sampling Start |
| 11:30-13:00 | | Unloading Soyuz 230 delivered hardware |
| 11:30-12:30 | | Physical Exercise (VELO), Day 1 |
| | CDR, FE-5, | |
| 11:30-12:30 | FE-6 | ISS-25/ISS-26 Crew Handover |
| 11:40-12:00 | FE-1 | БСПН Software Upgrade on БСПН HDD Backup Partition. <i>Tagup with specialists</i> (S-band) |
| 12:00-12:40 | FE-1 | СОЖ Maintenance |
| 12:30-12:40 | CDR | FMK Deployment Ops |
| 12:30-13:20 | FE-6 | ISS Crew Adaptation |
| 12:30-12:45 | FE-2 | SM air sampling using ИПД samplers |
| 12:35-12:45 | FE-5 | HRF Body Mass Measurement |
| 12:45-13:05 | FE-5 | GSC Sampling Operations |
| 12:45-13:05 | CDR | SLAMMD Equipment Stow |
| 12:45-13:10 | FE-2 | Collect SM and FGB Air Samples Using AK-1M Sampler |
| 12:55-13:15 | FE-1 | БСПН Software Upgrade on БСПН HDD Primary Partition. <i>Tagup with specialists</i> (S-band) |
| 13:05-13:20 | CDR | SLAMMD Stow |
| 13:10-14:10 | FE-2, FE-4 | LUNCH |
| 13:15-14:15 | FE-1 | LUNCH |
| 13:20-14:20 | CDR, FE-5, FE-6 | LUNCH |
| 14:10-15:10 | FE-2 | Replacing RSK2 ThinkPad A31p laptop with ThinkPad T61, a new generation laptop. <i>Tagup with specialists (S-band)</i> |
| 14:10-14:40 | FE-4 | Crew time for ISS adaptation and orientation |
| 14:15-15:15 | FE-1 | Stowing disposal hardware in Progress 408 and IMS updates |
| 14:20-14:35 | FE-5 | Private Medical Conference |
| 14:20-14:50 | FE-6 | ISS Crew Adaptation |
| 14:20-14:40 | CDR | BCAT5 Camera Check Without SSC |
| 14:35-14:50 | FE-5 | ISS Crew Adaptation |
| 14:40-14:55 | FE-4 | Private Medical Conference (Ku+S-band) |
| 14:40-14:50 | CDR | PAO Hardware Setup |
| 14:50-15:00 | CDR, FE-5, FE-6 | Crew Prep for PAO |
| 14:55-15:25 | FE-4 | Photo Hardware Preparation |
| 15:00-15:20 | CDR, FE-5, FE-6 | PAO Event |
| 15:20-15:25 | CDR | PAO Hardware Deactivation |
| 15:25-15:35 | | Crew photos with the flag and logo of the International Association of Astronautics |
| 15:35-16:00 | FE-1 | ISS-MCC TV COULOMB CRYSTAL. Preparation and TV Downlink (To 15:29, T1, T2, T3 from CΠΠ) |

| 15:35-15:55 | FF-5 | ISS Crew Adaptation |
|-------------|-----------------------------|---------------------------------------------------------------------------------------|
| 15:35-15:45 | | Post-photo Ops Cleanup |
| 15:35-15:50 | | ISS Crew Adaptation |
| 15:40-16:20 | | Inflight Maintenance (IFM) Utility Outlet Panel 8 (UOP8) Installation |
| 15:45-17:15 | | Physical Exercise (TVIS), Day 2 |
| 15:50-16:50 | | Search for and mating of MRM1 TBC cnctr #29IO=X5 |
| 15:50-16:05 | | Private Medical Conference |
| 15:55-16:00 | | EPM Powering EPM Laptop (28V) from EPM Left Utility Distribution Panel |
| 16:00-16:10 | | NES Hardware Setup |
| 16:00-17:00 | | Stowing disposal hardware in Progress 408 and IMS updates |
| 16:10-17:10 | | Installation of EEG cap and electrodes |
| 16:20-17:50 | | Physical Exercise (ARED) |
| 16:50-18:20 | | Physical Exercise (ANED) Physical Exercise (TVIS), Day 1 |
| 17:10-17:20 | | NES Photo Modelling |
| 17.10-17.20 | FE-5, FE-6 | 5 |
| 17:10-17:35 | FE-1 | ISS-MCC TV COULOMB CRYSTAL. Preparation and TV Downlink (To=17:04, T1, T2, T3 om CΠΠ) |
| 17:20-18:35 | FE-5 | Experiment Ops |
| 17:20-17:35 | FE-6 | ISS Crew Adaptation |
| 17:30-17:50 | FE-4 | IMS Update |
| 17:35-17:50 | FE-1 | Private Medical Conference (Ku+S-band) |
| 17:35-17:40 | FE-6 | EHS Sampling Termination |
| 17:40-17:50 | FE-6 | Glove Box (MSG) Activation |
| 17:50-18:10 | CDR | WHC Pre-Treat Tank Retrieval |
| 17:50-18:50 | FE-1 | Physical Exercise (VELO), Day 1 |
| 17:50-18:20 | FE-4 | INTERACTION Experiment Ops |
| 17:50-18:50 | FE-6 | Crew time for ISS adaptation and orientation |
| 18:15-19:05 | CDR | Evening Work Prep |
| 18:20-18:35 | FE-2 | Private Medical Conference (Ku+S-band) |
| 18:20-18:50 | FE-4 | Crew time for ISS adaptation and orientation |
| 18:35-19:05 | FE-2 | Evening Work Prep |
| 18:35-18:45 | FE-5 | NES Stow |
| 18:45-19:05 | FE-5 | Evening Work Prep |
| 18:50-19:05 | FE-4 | Evening Work Prep |
| 18:50-18:55 | FE-1 | Elektron-VM Aerosol Filter Inspection |
| 18:55-19:05 | FE-1 , FE-6 | Evening Work Prep |
| 19:05-19:30 | | Daily Planning Conference (S-band) |
| 19:30-19:35 | CDR | MPC Power Up |
| 19:30-21:30 | FE-1, FE-4 , FE-5 | Pre-sleep |
| 19:30-21:20 | FE-2 | Pre-sleep |
| 19:30-19:35 | FE-6 | Glove Box (MSG) Powerdown |
| 19:35-21:20 | CDR | Pre-sleep |
| 19:35-21:30 | FE-6 | Pre-sleep |

| 21:20-21:30 | FE-2 | SONOCARD Experiment Start |
|-------------|------|---------------------------|
| 21:20-21:25 | CDR | Reaction Self Test |
| 21:25-21:30 | CDR | MPC Power Down |
| 21:30-06:00 | | SLEEP |

Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
 See OSTP for references to US activities
 Pre-sleep ops: (daily food prep, dinner, pre-sleep)
 End of Radiogram