

Radiogram 1176u Form 24 for 01.02.2013

Reconditioning of SM Interior. BAR Experiment

GMT	Crew	Activity
06:00-06:10	CDR,FE-5,FE-6	Morning Inspection.
06:00-06:10	FE-1	Morning Inspection Reboot RSS1, RSS2, БПИ Temperature Check
06:00-06:10	FE-2	Morning Inspection. Reboot Laptop RS2(1)
06:00-06:15	FE-4	HROMATOMASS. Experiment prep
06:10-06:40	CDR, FE-1,FE-2, FE-5,FE-6	Post-sleep
06:15-06:45	FE-4	HROMATOMASS. Blood draw and saliva sample collection
06:40-07:30	CDR, FE-1,FE-2, FE-5,FE-6	BREAKFAST
06:45-06:55	FE-4	Morning Inspection. SM ПСС (Caution & Warning Panel) Test
06:55-07:30	FE-4	Post-sleep
07:30-07:55	.	Daily Planning Conference (<i>S-band</i>)
07:55-08:15	CDR, FE-1,FE-2, FE-5	Work prep
07:55-08:40	FE-4	BREAKFAST
07:55-08:05	FE-6	Work prep
08:05-09:05	FE-6	Crew time for adaptation and familiarization with ISS
08:15-08:30	FE-1	Hardware search for drill tool fit check activity
08:15-08:30	FE-2	Audit of CCBП (Docking and Internal Transfer System) in Soyuz 707
08:15-08:35	FE-5	FMK Deployment ops
08:20-08:30	CDR	Camcorder activation for recording Robonaut ops in Node 2
08:30-08:50	CDR	Robonaut - work site prep
08:30-09:30	FE-1	Physical Exercise (TVIS) - Day 2
08:30-09:30	FE-2	Physical Exercise (VELO) – Day 1
08:35-09:05	FE-5	EHS - AQM ops start
08:40-08:55	FE-4	HROMATOMASS. Closeout ops
08:50-09:50	CDR	Hardware setup for Robonaut
08:55-09:10	FE-4	Work prep
09:05-09:15	FE-5	MARES. Reading Overview
09:05-10:35	FE-6	Physical Exercise (ARED)
09:10-09:35	FE-4	Audiogram recording using EARQ SW
09:15-09:45	FE-5	Psychological Evaluation Program WinSCAT
09:30-12:00	FE-2	Maintenance ops: overlay pane installation on SM interior panel (panel.121) – day 1. <i>Tagup with specialists (S-band)</i>
09:30-13:15	FE-1	
09:35-10:35	FE-4	Crew time for adaptation and familiarization with ISS
09:45-10:10	FE-5	CMO skills refresh
09:50-09:55	CDR	MPC camcorder setup in LAB module
09:55-10:25	CDR	Robonaut power on
10:10-10:30	FE-5	Sampling in container GSC

10:35-11:35	CDR,FE-6, FE-5	Handover
10:35-11:35	FE-4	Physical Exercise (ARED)
11:35-11:50	CDR,FE-5, FE-6	ARED – flywheel cylinder removal
11:35-13:25	FE-4	CCBП audit. <i>Tagup with specialists (S-band)</i>
11:50-13:20	CDR	Physical Exercise (ARED)
11:50-12:50	FE-5	Crew time for adaptation and familiarization with ISS
11:50-12:40	FE-6	ICV- setup for monitoring
12:00-12:45	FE-2	Second downlink of sound level data using Sound Level Meter of the Russian Segment
12:40-13:10	FE-6	Psychological Evaluation Program WinSCAT
12:45-13:25	FE-2	COЖ Maintenance
13:00-13:15	FE-5	Private Medical Conference
13:10-13:15	FE-6	Open Lab window shutter for ISSAC ops
13:15-13:30	FE-1	Drill tool fit check for making openings in SM
13:15-13:30	FE-5	Private Psychological Conference
13:20-13:45	CDR	WRM – condensate transfer start
13:20-14:20	FE-6	LUNCH
13:25-14:25	FE-4	LUNCH
13:30-14:30	FE-1,FE-2,FE-5	LUNCH
13:45-14:45	CDR	LUNCH
14:20-14:30	FE-6	Food questionnaire
14:25-15:25	FE-4	Cleaning ventilation grids on FGB interior panels (panels 201, 301, 401)
14:30-17:00	FE-1,FE-2	BAR. Experiment ops. <i>Tagup with specialists (S-band)</i>
14:30-14:40	FE-5	EHS – AQM ops stop
14:35-14:50	FE-6	JRNL- journal entry
14:40-15:25	FE-5	PODCAST. Living in Zone A
14:45-14:55	CDR	Robonaut power off
14:50-15:05	FE-6	Private Psychological Conference
14:55-15:00	CDR	Robonaut: Camcorder config in Lab module
15:00-15:45	CDR	WHC – EDV-U R&R
15:05-15:10	FE-6	Pro K – Urine kit removal
15:10-15:35	FE-6	CMO skills refresh
15:25-16:55	FE-4	Physical Exercise (TVIS) - Day 1
15:30-17:00	FE-5	Physical Exercise (ARED)
15:40-15:50	FE-6	Crew prep for PAO
15:45-16:05	CDR	WHC pipeline assembly
15:50-16:00	FE-6	Equipment prep for PAO
16:00-16:20	FE-6	PAO
16:05-17:05	CDR	Physical Exercise T2
16:25-16:40	FE-6	Private Medical Conference
16:40-16:55	FE-6	Crew time for adaptation and familiarization with ISS

16:55-17:55	FE-4	Cleaning removable grids ГЖТ 1, 2, 3 in FGB
16:55-17:15	FE-6	Evening Work Prep
17:00-18:30	FE-1	Physical Exercise (ARED)
17:00-17:35	FE-2	Evening Work Prep
17:00-18:00	FE-5	Physical Exercise (CEVIS)
17:05-17:25	CDR	Evening Work Prep
17:15-18:15	FE-6	Physical Exercise T2
17:25-17:40	CDR	Private Medical Conference
17:35-19:05	FE-2	Physical Exercise (TVIS) - Day 1
17:40-18:10	CDR	WRM – condensate transfer stop
17:55-18:15	FE-4	IMS ops
18:10-19:05	FE-5,CDR	Handover
18:15-19:05	FE-4	Evening Work Prep
18:15-19:05	FE-6	Handover
18:30-19:05	FE-1	Evening Work Prep
19:05-19:30	.	Daily Planning Conference (<i>S-band</i>)
19:30-19:35	CDR	P/TV playback start
19:30-19:50	FE-1	Pre-sleep
19:30-20:05	FE-2	Pre-sleep
19:30-20:45	FE-4	Pre-sleep
19:30-21:30	FE-5	Pre-sleep
19:30-21:25	FE-6	Pre-sleep
19:35-21:25	CDR	Pre-sleep
19:50-20:05	FE-1	Private Medical Conference (<i>S+Ku-band</i>)
20:05-21:30	FE-1	Pre-sleep
20:05-20:20	FE-2	Private Medical Conference (<i>S+Ku-band</i>)
20:20-21:30	FE-2	Pre-sleep
20:45-21:00	FE-4	Private Medical Conference (<i>S+Ku-band</i>)
21:00-21:30	FE-4	Pre-sleep
21:25-21:30	FE-6	REMINDER. Familiarization
21:25-21:30	CDR	P/TV playback stop
21:30-06:00	.	SLEEP
Task List	FE-1FE-2, FE-4	ECON-M. Observation and photography
		URAGAN. Observation and photography
		Report prep for Roskosmos site

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
2. See OSTP for references to US activities.
3. Pre-sleep ops: daily food prep, dinner, pre-sleep
4. **Russian crew members: use of USOS exercise equipment strictly per F24 or OSTPV**
5. **22:00 - 23:15 (during 10-15min) - NO S/G, OCA, IP Phone, mail sync, MPC, file upload/ download capability**
6. **00:30 - 02:30 (03.01.13) - no OCA access, Ku-band LOS possible**

End of Radiogram