

Day-off

TIME	CREW	ACTIVITY
06:00-06:10	CDR	BCAT – camera battery R&R
06:00-06:10	FE-1	Morning inspection. RSS1, RSS2 restart
06:00-06:10	FE-2	Morning inspection. Laptop RS2(1) reboot
06:00-06:10	FE-3, FE-4 FE-6	Morning inspection
06:10-06:40		Post-sleep
06:40-07:30	CDR, FE-1 , FE-2 , FE-3 FE-6	Breakfast
06:40-07:30	FE-4	Breakfast. ПСС CM c/o (after breakfast)
07:30-07:40	FE-2	KASKAD. Manual stirring in bioreactor
07:30-09:55	FE-3	Weekly station cleanup
07:30-08:30	CDR	
07:30-10:30	FE-6	
07:30-08:40	FE-1	Weekly station cleanup. BKC laptop inspection and cleanup
07:30-08:50	FE-4	
07:40-08:50	FE-2	
08:30-09:55	CDR	ARED exercise
08:40-08:50	FE-1	Equipment preparation for PAO event
08:50-09:00	FE-1, FE-2 , FE-4	Crew preparation for PAO event
09:00-09:15	FE-1, FE-2 , FE-4	TV address (S+Ku-band)
09:15-10:10	FE-4	TVIS-2 exercise
09:15-10:55	FE-2	Weekly station cleanup. BKC laptop inspection and cleanup
09:15-10:15	FE-1	
09:55-10:55	CDR	T2 exercise
09:55-11:25	FE-3	ARED exercise
10:10-11:30	FE-4	Weekly station cleanup. BKC laptop inspection and cleanup
10:15-10:30	FE-1	PFC (S+Ku-band)
10:55-11:10	FE-2	PFC (S+Ku-band)
10:55-12:55	CDR	Weekly station cleanup
11:25-12:25	FE-3	T2 exercise
11:30-12:30	FE-1	VELO-1 exercise
12:00-13:00	FE-2	ARED exercise
12:00-12:15	FE-4	PFC (S+Ku-band)
12:25-13:00	FE-3	Weekly station cleanup
12:30-13:00	FE-1	Weekly station cleanup. SM and FGB POTOK-150 MK prefilter cleaning

13:00-14:00		Midday meal
14:00-14:30		WPC (<i>S-band</i>)
14:30-14:40	CDR	BCAT3 – camera c/o
14:30-15:10	FE-2	COЖ maintenance. <i>SM and FGB's CBO, CГО, СПКУ АСУ counter, ПОТОК data dumps.</i>
15:15-15:30	CDR	PFC
15:30-17:00	FE-4	ARED exercise
16:00-17:30	FE-2	TVIS-4 exercise
16:05-17:05	FE-6	CEVIS exercise
17:00-18:30	FE-1	TVIS-1 exercise
17:05-17:20	FE-6	Crew conference
17:20-18:50	FE-6	ARED exercise
18:05-18:55	FE-2	Evening work prep
18:15-19:05	CDR, FE-3, FE-4	
18:30-19:05	FE-1	
18:50-19:05	FE-6	
18:55-19:05	FE-2	KASKAD. Manual stirring in bioreactor
19:05-19:30		DPC (<i>S-band</i>)
19:30-21:30	FE-1, FE-2, FE-3, FE-4, FE-6	Pre-sleep
19:30-21:20	CDR	Pre-sleep
21:20-21:30	CDR	BCAT – camera battery R&R
21:30-06:00		Sleep.
Task List	FE-2	URAGAN. Observation and photography
		SEYNER. Ocean study
	FE-1, FE-2, FE-4	Prepare reports for Roskosmos web-site
	FE-1, FE-4	EKON-M. Observation and photography
	FE-2, FE-4	РСПИ. Prepare RSS2 data for downlink via РСПИ

Comments:

1. Window shutter #9 opening will be at crew discretion on **Go from MCC**
2. Refer to OSTPV for the missing USOS activity links
3. Pre-sleep: evening meal, food preparation, evening hygiene
4. **Russian crew shall use US exercisers in strict compliance with F24 or OSTPV.**
5. **Do not use ISS ROS windows during СЛС ops: 13:10-13:25, 16:25-16:40**

End of r/g