## Orlan Prep for EVA (Day 2)

GMT	Crew	Activity
12:30–12:40		Morning inspection
12:40–13:10		Personal hygiene (post-sleep)
13:10–14:00	CDR, FE-1	BREAKFAST
13:10–13:50		BREAKFAST
13:50–14:04	FE-2	Prep for PAO media event
14:04–14:12		PAO media event (TV stations in Cleveland and New York)
14:05–14:20	CDR, FE-1	Daily planning conference (S-band)
14:12–14:20	FE-2	Daily planning conference (S-band)
14:20–15:10		Prep for SSRMS ops
14:25–14:45	FE-1, CDR	Work prep
14:45–15:45		Update of DC-1 EVA procedure / tagup with ground expert
15:10–15:45	FE-2	Maintenance of ???
15:45–16:45		Review of EVA timeline
16:52–17:27		Tagup with EVA expert (S-band)
17:30–17:40	CDR	GLISSER-M video camera battery charge
17:40–18:50	ODIN	Physical exercise (active rest)
17:50–18:20	FE-1, FE-2 (assist)	Hand cycle ergometry ? <sub>0</sub> =18:02
18:20–19:20	FE-2	Physical exercise (TVIS)
18:20–19:25	FE-1	Physical exercise (RED)
18:50–19:25	CDR	Pressure check: station-side O2 tanks (??-3) and Portable Repress Tank (???)
19:20–19:35		Test of BETA-08 ECG lead cable belt using GAMMA system  Orlan/??? telemetry test. Orlan comm test
19:25–19:35		
19:25–19:55	FE-2	
19:35–19:55	FE-1, CDR	
20:00–21:00		LUNCH
21:00–21:15	FE-2	Increment 4 payload status check
21:00–21:30	FE-1, CDR	Orlan/??? telemetry test. Orlan comm test
21:15–21:35	FE-2	CEVIS pedal check
21:35–21:55		Monthly maintenance of CEVIS
21:30–22:30	FE-1	Orlan/??? leak check. Valve functional test
21:30–22:00		
22:00–22:17		Astronaut office tagup
22:25–23:55		Physical exercise (RED)
22:30–23:10	FE-1	????-2? Multifiltration unit R&R
22:30–23:30	CDR	GLISSER-M Video System: EVA prep
23:20-00:20	FE-1	Physical exercise (TVIS)
23:30-00:20	CDR	Physical exercise (active rest)
23:55–00:20	FE-2	Delta file prep

00:20-00:40	Test of pressure equalization valve (???) function from EVA support panels (???) in ??? and DC-1
00:40-00:55	Daily plan review
00:55–01:10	Daily planning conference (S-band)
01:30-02:00	Work prep
02:00-02:30	DINNER
02:30-03:00	Daily food ration prep
03:00-04:00	Personal hygiene (pre-sleep)
04:00-12:30	SLEEP

## NOTES:

See OSTP for references to US activities As a part of EVA prep, CDR and FE-1 will perform hand and arm exercises

End of radiogram