

Radiogram 7996u

Form 24 for 05/07/04

**Routine Ops with Telephone/Telegraph Communication System [CTTC]**

GMT	CREW	ACTIVITY/
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:55	FE-1	Prep for work
07:30-07:50	CDR	
07:50-08:00		Soyuz Form 03 parameter calldown ( <i>S-band</i> )
07:55-08:00	FE-1	LAB window leak check
08:00-08:15		DPC ( <i>S-band</i> )
08:15-11:15		Routine ops with [CTTC] (LF-link, VHF receiver health check)
11:15-12:45	CDR	Physical Exercise (TVIS) day 4
	FE-1	Physical Exercise (RED)
12:45-13:45		LUNCH
13:45-14:05	CDR	IMS file prep
13:45-13:50	FE-1	Soyuz 7 payload status check (Increment 9)
13:50-14:50		Inspection of Node 1 emergency lights power sources
14:05-14:20	CDR	IMS tagup ( <i>S-band</i> )
14:20-14:50		COX maintenance
14:50-15:20	.	Crew time for adaptation and station familiarization
15:30-15:40	FE-1	Equipment set up for PAO
15:40-15:50		PAO prep
15:50-16:00		Greeting to the University of South Dakota ( <i>S + Ku-band</i> )
16:00-16:30		Crew time for adaptation and station familiarization
16:30-17:30	CDR	Physical Exercise (VELO + Force Loader/ cycle 1) day 4
16:40-16:45	FE-1	Weekly TVIS maintenance
16:45-17:45		Physical Exercise (TVIS)
17:30-18:30	CDR	Laptop 1 performance check
17:45-17:50		Weekly TVIS maintenance
17:55-18:05	FE-1	EMU cartridge regeneration (end)
18:05-18:15		BSA battery charging (end)
18:15-18:30		SSC reconfig for EMU battery ops
18:30-18:50		BSA battery discharge (start)
18:30-18:40	CDR	Soyuz Form 03 parameter calldown ( <i>S-band</i> )
18:40-18:50		Carbon dioxide level monitoring
18:50-19:05		Questionnaire: journal entry
	FE-1	SSC reconfig to nominal ops
19:10-19:25		DPC ( <i>S-band</i> )
19:25-19:35		Daily food prep
19:35-19:55		FD/ISS crew conference ( <i>S-band</i> )
19:55-20:30		DINNER
20:30-21:30		Pre-sleep

21:30-06:00		SLEEP
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**Note:** See OSTP for references to US activities

End of radiogram