

Radiogram 6574u

Form 24 for 09/08/2014

**LBNP Exercise. Charging Soyuz №712 Prime and Backup Batteries**

TIME	CREW	ACTIVITY
06:00-06:05	CDR	Reading REMINDER
06:00-06:55	<b>FE-1</b>	PARODONT-2. Sampling
06:00-06:10	<b>FE-2</b>	Morning Inspection. Laptop RS1(2) Reboot Laptop RSS2 Reboot
06:00-06:10	<b>FE-4</b>	Inspection of CM-Y Connector on MHP-HC separator pump behind ACY panel 139 SM ПСС (Caution & Warning Panel) Test
06:00-06:05	FE-6, FE-5	Reading REMINDER
06:05-06:10	CDR, FE-6	Reading REMINDER
06:05-06:10	FE-5	IVA - Reading Routine Clothes REMINDER
06:10-06:25	CDR	HRF- Generic Sample Operations
06:10-06:40	<b>FE-2, FE-4</b>	Post-Sleep
06:10-06:15	FE-5	IVA - Reading Exercise Clothes Reminder
06:10-06:15	FE-6	Urine Collection Reminder
06:15-06:25	FE-5	Morning Inspection
06:15-06:20	FE-6	IVA - Reading Exercise Clothes Reminder
06:20-06:25	FE-6	IVA - Reading Routine Clothes REMINDER
06:25-06:30	CDR	HRF- MELFI Sample Insertion
06:25-06:45	FE-5	Post-Sleep
06:25-06:40	FE-6	HRF- Generic Sample Operations
06:30-06:40	CDR	Morning Inspection
06:40-07:15	CDR	Post-Sleep
06:40-07:15	<b>FE-2, FE-4</b>	BREAKFAST
06:40-06:45	FE-6	HRF- MELFI Sample Insertion
06:45-07:15	FE-5	BREAKFAST
06:45-07:05	FE-6	HRF – Urine Sample Collection
06:55-07:15	<b>FE-1</b>	BREAKFAST
07:05-07:10	FE-6	HRF- MELFI Sample Insertion
07:10-07:15	FE-6	Morning Inspection
07:15-07:40	.	Daily Planning Conference ( <i>S-band</i> )
07:40-08:15	CDR	BREAKFAST
07:40-08:20	<b>FE-1</b>	BREAKFAST
07:40-08:00	<b>FE-2</b>	Work Prep
07:40-07:55	<b>FE-4</b>	BREAKFAST
07:40-07:45	FE-5	SPHERES – Battery Charge
07:40-07:45	FE-6	ENERGY – Diet Log (Breakfast)
07:45-08:00	FE-5	BREAKFAST
07:45-08:00	FE-6	Post-Sleep

07:55-08:15	<b>FE-4</b>	Work Prep
08:00-08:15	<b>FE-2</b>	<b>On MCC GO</b> Regeneration of БМП Ф1 Micropurification Cartridge (start)
08:00-08:30	FE-6	BREAKFAST
08:10-08:55	FE-5	Station Support Computer (SSC) Version 4 Cleanup
08:15-08:30	CDR	Private Medical Conference
08:15-08:45	<b>FE-2</b>	Counter Measure System (CMS) Harmful Contaminant Measurements in SM
08:15-09:15	<b>FE-4</b>	ПФ1-4 Dust Filter Cartridge Replacement in SM ( <b>ФГБ1ПГО_4_419_1, Zone 28E enclosure</b> ). <b>Reflect changes in IMS</b>
08:20-08:50	<b>FE-1</b>	Post-Sleep
08:30-09:00	CDR	USND2 – Setup and Hardware Activation
08:30-09:50	FE-6	ARED Exercise
08:45-09:00	<b>FE-2</b>	ISS RS Atmosphere Analysis Using AOK ГАНК-4М
08:50-09:00	<b>FE-1</b>	Work Prep
08:55-09:00	FE-5	3DA1 – Battery Charge
09:00-11:05	CDR	SPRINT – Scanning Ops
09:00-09:40	<b>FE-1, FE-2</b>	Crew Departure Prep
09:10-09:25	FE-5	SPHERES – Procedure Review
09:15-11:35	<b>FE-4</b>	MATRYOSHKA-R. De-Install Detectors from Fantom. <i>Tagup with specialists as necessary</i>
09:25-09:45	FE-5	SPRINT – Assisting with the Experiment
09:40-11:10	<b>FE-2</b>	LBNP Exercise (FINAL). <i>Tagup with specialists</i>
09:40-11:10	<b>FE-1</b>	Assisting with LBNP Exercise
09:50-09:55	FE-5	SPHERES - Battery Charge
09:55-11:15	FE-5	ARED Exercise
09:55-10:55	FE-6	T2 Exercise
10:55-11:00	FE-6	IVA- Fill In Questionnaire
11:05-11:10	CDR	CUBESAT – Hardware Photo
11:05-11:25	FE-6	ENERGY – Urine Sample Collection
11:10-12:40	<b>FE-1</b>	LBNP Exercise (FINAL). <i>Tagup with specialists</i>
11:10-12:40	<b>FE-2</b>	Assisting with LBNP Exercise
11:15-11:35	CDR	DECLIC – Removable Hard Disk Drive (RHDD) Exchange
11:25-11:30	FE-6	ENERGY – Water Sample Collection
11:30-11:50	FE-5	ENERGY – Urine Sample Collection
11:30-11:50	FE-6	ESA – Weekly Crew Conference
11:35-12:30	<b>FE-4</b>	CALCIUM. Experiment Session 8. <i>Tagup with specialists</i>
11:50-12:05	CDR	USND2 – Experiment Deactivation and Stowage
11:50-12:50	FE-6	LUNCH
11:55-12:00	FE-5	3DA1 - Battery Charge
12:00-13:00	FE-5	LUNCH
12:05-13:05	CDR	LUNCH

12:40-13:40	<b>FE-1, FE-2, FE-4</b>	LUNCH
12:50-12:55	FE-6	ENERGY - Diet Log (Lunch)
12:55-13:05	FE-6	Dried Clothes Stowage
13:00-13:05	FE-5	SPHERES - Battery Charge
13:05-14:35	CDR, FE-5, FE-6	EVA Procedure Review
13:40-14:00	<b>FE-1, FE-2</b>	Crew Departure Prep
13:40-15:00	<b>FE-4</b>	Inventory Management of CMS Kits
14:00-15:35	<b>FE-1</b>	Soyuz №712 Stowage Ops
14:00-14:45	<b>FE-2</b>	Filling (Separation) of EDV (KOB) <i>№10 from Progress №423 5B2</i> for Elektron
14:35-14:45	FE-5	RWS Power Off
14:35-14:45	FE-6	PAO Hardware Setup
14:45-14:55	CDR, FE-5, FE-6	Crew Prep for PAO
14:45-15:25	<b>FE-2</b>	COЖ Maintenance
14:55-15:15	CDR, FE-5, FE-6	PAO Event
15:15-16:35	CDR	ARED Exercise
15:15-15:20	FE-5	SPHERES - Battery Charge
15:15-15:35	FE-6	HRF - Urine Sample Collection
15:20-15:25	FE-5	3DA1 - Battery Charge
15:20-15:50	<b>FE-4</b>	VZAIMODEISTVIYE Experiment Ops
15:25-16:05	<b>FE-2</b>	Microbial Sample Collection (Sampling for Kit 1)
15:25-16:35	FE-5	CEVIS Exercise
15:35-16:35	<b>FE-1</b>	T2 Exercise, Day 4
15:35-15:40	FE-6	HRF- Urine Sample MELFI Insertion
15:40-15:50	FE-6	Private Conference with Exercise Specialist
15:50-16:50	<b>FE-4</b>	БД-2 Exercise, Day 3
16:05-16:25	<b>FE-2</b>	Preparation for MO-21. Charging of Ekosfera Battery Pack
16:20-16:40	FE-6	HRF – Stow Urine Collection Equipment
16:25-16:45	<b>FE-2</b>	IMS Delta File Prep
16:35-17:45	CDR	T2 Exercise
16:35-18:10	<b>FE-1</b>	Soyuz №712 Stowage Ops
16:35-16:40	FE-5	IVA - Fill In Questionnaire
16:40-16:45	FE-6	IVA - Fill In Questionnaire
16:45-17:00	<b>FE-2</b>	Exercise Data Downlink
16:50-18:20	<b>FE-4</b>	ARED Exercise
16:50-18:20	FE-5, FE-6	OBT – Dragon Rendezvous and Berthing Procedures Review - Session 1
17:00-18:00	<b>FE-2</b>	БД-2 Exercise, Day 3

17:45-18:45	CDR	Crew Departure Prep
18:10-18:50	<b>FE-1, FE-2</b>	Evening Work Prep
18:20-18:50	<b>FE-4</b>	Evening Work Prep
18:20-18:30	FE-5, FE-6	ROBoT – OBT Debrief
18:30-18:40	FE-5	Dried Clothes Stowage
18:30-18:50	FE-6	HAM Radio Session
18:40-18:45	FE-5	IVA - Fill In Questionnaire
18:45-18:50	CDR	Evening Work Prep
18:45-18:50	FE-5	SPHERES – Battery Stowage
18:50-19:15	.	Daily Planning Conference ( <i>S-band</i> )
19:15-19:30	CDR, <b>FE-1, FE-2, FE-4, FE-5</b>	Evening Work Prep
19:15-19:25	FE-6	Evening Work Prep
19:25-19:30	FE-6	ENERGY – Diet Log (Midday Meal)
19:30-21:25	CDR	Pre-Sleep
19:30-21:30	<b>FE-1, FE-4</b>	Pre-Sleep
19:30-21:15	<b>FE-2, FE-6</b>	Pre-Sleep
19:30-21:20	FE-5	Pre-Sleep
21:15-21:30	<b>FE-2</b>	<b>On MCC GO</b> Regeneration of Micropurification Unit (БМП) Ф1 Cartridge (finish)
21:15-21:20	FE-6	IVA - Reading Routine Clothes Reminder
21:20-21:25	FE-5	IVA - Reading Routine Clothes Reminder
21:20-21:25	FE-6	IVA – Reading Exercise Clothes Reminder
21:25-21:30	CDR, FE-6	Reading REMINDER
21:25-21:30	FE-5	IVA - Reading Exercise Clothes Reminder
21:30-06:00	.	SLEEP
<b>Task List</b>	<b>FE-2, FE-4</b>	Preparation of Reports for Roscosmos Site
	<b>FE-4</b>	ECON-M. Observations and Photography

**Примечания:**

1. See OSTPV for references to US activities.
2. Pre-sleep Ops: Dinner, Daily Food Prep, Pre-Sleep).
3. Russian crew uses US exercise equipment strictly per F24 or OSTPV.
4. No T2 Exercise is allowed at: **21:15 - 21:55.**