

Radiogram No. 5003u

Form 24 for 01/12/03

CREW OFF-DAY

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:20	FE-1	MO-8. Set-up
	CDR	Calf volume measurement
06:20-06:35		Body mass measurement
06:10-06:40	FE-2	Post-sleep
06:20-06:25		
06:25-06:35	FE-1	Calf volume measurement
06:35-06:50		Body mass measurement
06:35-07:20	CDR	Post-sleep
06:40-06:50	FE-2	Calf volume measurement
06:50-07:05		Body mass measurement
06:50-07:10	FE-1	Post-sleep
07:05-07:20	FE-2	
07:10-07:20	FE-1	MO-8. Close-out ops
07:20-08:10		BREAKFAST
08:10-08:15	FE-1	PLANTS-2. Equipment performance monitoring
09:20-09:25	FE-2	IMS: auto import/export
09:25-09:30		Take CO ₂ level reading using carbon dioxide monitor
09:30-09:40	CDR	LAB payloads status check
09:40-10:00	FE-2	EMU fit-check
10:00-11:00		Physical exercise (TVIS)
10:50-11:30	FE-1	COX maintenance
11:00-12:30	FE-2	Physical exercise (RED)
11:30-12:30	FE-1	Physical exercise (VELO + Load Trainer, day 1)
12:30-13:30		LUNCH
15:15-16:15	CDR	Physical exercise (TVIS)
15:15-15:30	FE-2	CCAA switch
15:55-16:00		Elektron-VM system separator: air bubble size monitoring
16:00-16:05	FE-1	CBO data calldown (YKB)
16:05-16:10		CP counter data calldown (YKB)
16:15-17:45	CDR	Physical exercise (RED)
16:25-16:40	FE-2	Private family conference (KU + S-band)
16:30-18:00	FE-1	Physical exercise (TVIS, day 1)
17:30-17:45	FE-2	Pre-EVA crewmember health assessment - prep
18:05-18:20	CDR	Private family conference (KU + S-band)
18:15-18:45	FE-1, FE-2	Daily plan review
18:20-18:45	CDR	
18:45-19:05	FE-1	Work prep

18:45-19:20	CDR, FE-2	
19:05-19:20	FE-1	Private family conference (<i>YKB</i>)
19:20-19:35		Daily planning conference (<i>S-band</i>)
19:35-20:05		DINNER
20:05-20:35		Daily food prep
20:35-21:30		Pre-sleep
21:30-06:00		SLEEP

Note:

1. See OSTP for references to US activities.
2. Task List : FE-1: URAGAN
DIATOMEA

End of radiogram