

Test Correction of БИНС (СД+ИКВ) • Crew Off Duty

GMT	Crew	Activity
06:00-06:10	.	Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:35	CDR	PLANTS-2: payload status check
08:15-11:15	.	Weekly housecleaning
11:15-11:20	CDR	Inspection of БРПК separator
11:15-12:15	FE-1	Physical exercise (TVIS)
11:30-12:30	CDR	Physical exercise (VELO + Load Trainer-1 / day 4)
12:30-13:30	.	LUNCH
14:00-14:30		Weekly planning conference (<i>S-band</i>)
14:30-14:50		Weekly ISS crew conference w/ Program management (<i>S-band</i>)
16:00-16:35	CDR	COЖ maintenance
16:35-18:05	FE-1	Physical exercise (RED)
16:40-18:10	CDR	Physical exercise (TVIS-4)
19:00-19:15		Private family conference (<i>S+Ku-band</i>)
19:25-19:30	FE-1	IMS auto import/export
19:30-20:00	.	DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

Note: 1. See OSTP for US procedure references
 2. Task List: STARMAIL
 Diatomea

End of radiogram