CREW OFF DUTY

GMT	CREW	ACTIVITY
06:00-06:05	CDR	Elektron-VM System Monitoring
06:00-06:05	FE-5,FE-	Reaction Self Test
06:05-06:10		Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-10:20	CDR	Weekly Housekeeping SM Ventilation Subsystem Preventive Maintenance, Group E; FGB ЦВ2 Fan Cleaning БМП (Harmful Contaminants Removal System) Fan Grille Cleaning
07:30-10:30	FE-6	Weekly Housekeeping
07:30-08:30	FE-5	Weekly Housekeeping
08:30-08:35		ISS HAM Radio Setup in Service Module
08:35-08:50		ISS HAM Radio Session from SM
08:50-10:50		Weekly Housekeeping
10:20-10:35	CDR	Private Psychological Conference (VHF)
10:55-11:00	FE-5	ERB2 European Recording Binocular Battery Charge
12:35-13:05		Weekly Planning Conference (S-band)
13:05-14:05		LUNCH
14:05-14:15	FE-5	FSL GEOFLOW-2 Experiment Container (EC) Transfer
14:15-14:20		ERB2 European Recording Binocular Battery Charge
14:20-14:35		Private Family Conference
14:35-14:40		VCA Adjustment
14:40-16:20		FSL GEOFLOW-2 Experiment Container (EC) Installation
15:30-16:30	CDR	Physical Exercise (ARED)
16:20-16:40	FE-5	FSL - Facility Core Element (FCE) Configuration in Preparation for Scientific Operations
16:30-18:00	FE-6	Physical Exercise (ARED)
16:30-18:00	CDR	Physical Exercise (TVIS), Day 2
17:00-18:00	FE-5	Physical Exercise (CEVIS)
18:00-18:40	CDR	СОЖ Maintenance
18:00-19:00	FE-6	Physical Exercise T 2
18:00-19:30	FE-5	Physical Exercise (ARED)
19:25-19:30	CDR	Elektron-VM System Monitoring
19:30-21:30	CDR	Pre-sleep
19:30-21:25	FE-5,FE-	Pre-sleep
21:25-21:30	6	Reaction Self Test
21:30-06:00		SLEEP
T1- "-1	CDR	URAGAN Observation and Photography Using FSS
Task list	CDC	or treating ration and ratiography coming rec

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ Report to MCC

- 2. See OSTP for references to US activities
- 3. Pre-sleep ops: (daily food prep, dinner, pre-sleep) End of Radiogram