CREW OFF DUTY

GMT	CREW	ACTIVITY
06:00-06:10	CDR,FE-4 ,FE-3, FE-5,FE-6	Morning Inspection
06:00-06:10	FE-1	Morning Inspection. SM ПСС [Caution & Warning Panel] Test
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:40	FE-4	Terminate 2nd Orlan 825M3 Battery Pack discharge
09:00-10:00	FE-3	Physical Exercise (CEVIS)
09:35-09:50	FE-5	Private Family Conference
10:00-11:30	FE-3	Physical Exercise (ARED)
10:00-11:00	FE-1	Physical Exercise (VELO), Day 2
10:00-11:15	FE-6	Physical Exercise (CEVIS)
11:00-12:00	FE-4	Physical Exercise (VELO), Day 3
11:30-11:35	FE-6	ISSAC Lab Window Shutter Open
11:30-13:00	CDR	Physical Exercise (ARED)
11:55-12:05	FE-6	Disconnecting ERB2 from EDR and unmounting ERB2
12:05-12:15	FE-6	Installing new batteries for ERB2
12:15-12:30	FE-6	Lights ON and ERB2 camera setting adjustments
12:30-12:55	FE-6	Taking video with ERB2 camera
12:30-12:45	FE-1	Private Family Conference (Ku+S-band)
12:55-13:00	FE-6	Checking ERB2 disk space on display and switching OFF ERB2 camera
13:00-14:00		LUNCH
14:10-14:30	FE-6	ERB2 Connection To EDR
14:10-14:50	FE-4	СОЖ Maintenance. SM and FGB Flush Counter (СП), Water Supply System (СВО), and POTOK Air Purification System Data Calldowns
14:25-14:40	CDR	Private Family Conference (Ku+S-band)
14:50-15:30	CDR,FE-1,FE-4	Video Footage For Carousel Channel
15:30-17:00	FE-1	Physical Exercise (TVIS), Day 2
15:55-17:25	FE-5	Physical Exercise (ARED)
16:30-18:00	FE-4	Physical Exercise (TVIS), Day 3
17:25-18:40	FE-6	Physical Exercise (ARED)
17:25-18:25	FE-5	Physical Exercise (CEVIS)
17:30-18:30	CDR	Physical Exercise (TVIS), Day 2
18:40-19:05		Daily Planning Conference (S-band)
19:05-19:30		Evening Work Prep
19:30-20:15	FE-6	Pre-sleep
19:30-21:30	CDR,FE-1,FE-4 , FE-3,FE-5	Pre-sleep
20:15-20:30	FE-6	Private Family Conference
20:30-21:25	FE-6	Pre-sleep
21:25-21:30	FE-6	USOS Window Shutter Close
21:30-06:00		SLEEP

Task List	CDR	CKK Cassette Photography
	CDR,FE-1,FE-4	Preparation of reports for Roskosmos site
		SEINER Ocean Study / r/g 6946
		ECON. Observations and Photography
		URAGAN. Observations and Photography

Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
 See OSTP for references to US activities
 Pre-sleep ops: daily food prep, dinner, pre-sleep
 End of Radiogram