

CREW OFF DUTY

GMT	CREW	ACTIVITY
12:00-12:10	.	Morning inspection
12:10-12:40		Post-sleep
12:40-13:30		BREAKFAST
13:30-13:35	FE-1	BCAT-3: camera checkout
13:35-13:55		Terminate BSA battery charge
14:15-14:30		Private Psychological Conference (<i>Ku+S-band</i>)
16:20-17:50		Physical Exercise (TVIS)
17:50-19:20	CDR	Physical exercise (TVIS), Day 2
17:50-18:50	FE-1	Physical Exercise (RED)
19:20-19:25	CDR	On MCC GO ISS O2 repress from Progress CpПК (start)
19:00-20:00	FE-1	LUNCH
19:25-20:25	CDR	LUNCH
20:00-20:15	FE-1	Private Family Conference (<i>S+Ku-band</i>)
20:25-20:30	CDR	ISS O2 repress from Progress CpПК (terminate)
22:10-22:40		COX maintenance
22:40-23:40		Physical Exercise (VELO + Load Trainer/Cycle 1), Day 2
23:40-23:55	.	Daily Planning Conference (<i>S-band</i>)
00:25-00:30	FE-1	O2 and CO2 monitoring
00:30-01:30	.	Evening work prep
01:30-02:00		DINNER
02:00-02:30		Daily Food Prep
02:30-03:30		Pre-sleep
03:30-12:00		SLEEP
Task List	CDR	Monitoring RSK1, RSE1 hard drives

Note: See OSTP for references to US activities.

End of Radiogram