

Radiogram No ? 2498u

Form 24 for 12.10.01

??? "LIV" training

TIME	CREW	ACTIVITY
12:20 - 15:20	ISS3	Post-sleep
12:50 - 14:20	ISS4	Personal hygiene (post-sleep)
14:20 - 14:35		Daily planning conference (S-band)
14:35 - 15:05		Work prep
15:05 - 15:25	FE-2-4	Orbiter daily payload status check
15:05 - 17:35	FE-1-4	Transfer ops
15:05 - 15:25	CDR-4	
15:20 - 15:35	CDR	Orbiter middeck payload status check
15:20 - 17:20	PLT	Physical exercise
15:25 - 16:35	FE-2-4	Transfer ops
15:25 - 15:40	CDR-4	Private medical conference
15:40 - 16:20		??? maintenance
16:20 - 16:55		Transfer ops
16:35 - 17:35	FE-2-4	Physical exercise TVIS
16:50 - 18:50	FE-1	Physical exercise
16:55 - 17:10	CDR-4	??? ? 1 regeneration (end)
17:10 - 18:25		Transfer ops
17:35 - 18:35	FE-1-4	Physical exercise TVIS
17:35 - 19:40	FE-2-4	Transfer ops
18:20 - 20:20	CDR	Physical exercise
18:25 - 18:40	CDR-4	??? ? 2 regeneration (start)
18:35 - 19:40	FE-1-4	Transfer ops
18:40 - 19:40	CDR-4	Physical exercise TVIS
19:40 - 20:40	ISS4	MEAL
20:20 - 21:20	ISS3	
20:40 - 23:00	FE-2-4	Transfer ops
20:40 - 21:10	FE-1-4	SAFER checkout, serial number ? 1005
20:40 - 22:40	CDR-4	Transfer ops
21:10 - 23:00	FE-1-4	

22:40 - 23:00	CDR-4	ISS ingress
22:50 - 23:00	CDR	Orbiter middeck payload status check
23:00 - 00:30	FE-1-4	Handover
23:00 - 01:20	CDR	Transfer ops
23:00 - 00:30	PLT	Handover
23:00 - 23:55	FE-1	
	FE-2-4	
	CDR-4	Transfer ops
23:55 - 01:20	FE-1, CDR-4	??? "LIV" training
23:55 - 00:05	FE-2-4	EMU water tank refilling (start)
00:30 - 01:20	PLT	Transfer ops
00:30 - 00:40	FE-2-4	EMU water tank refilling (end)
01:20- 02:20	CDR-4	Report prep
01:20 - 04:20	ISS3	Pre-sleep
01:35 - 01:50	FE-1-4	Transfer items data downlink to MCC-H
01:50 - 02:20	ISS4	Report prep
02:20 - 02:35	ISS4	Daily planning conference (S-band)
02:35 - 02:50	FE-2-4,FE-1-4	Private medical conference (S-band)
02:50 - 04:20	ISS4	Personal hygiene (pre-sleep)
04:20 - 12:50		SLEEP
04:20 - 12:20	ISS3	

**Note:** See OSTP for references to US activities.

**Crewmember designations:**

ISS3        - FE-1, CDR, PLT  
ISS4        - FE-1-4, FE-2-4, CDR-4

End of radiogram