

Crew Handover. Stowage of Return Hardware.

CMT	Crew	Activity
05:00-05:10	ISS7,ISS8	Morning inspection
05:00-05:10	FE1VC	BMI: Data collection and questionnaire fill out
05:10-05:35	FE-1-8,FE-1VC	Post-sleep
05:10-05:40	ISS7,CRD-8	
05:35-05:50	FE1VC,FE-1-8	TV PAO setup (To= 05:36, T1, T2, T3 from СПП)
05:40-06:30	ISS7,CRD-8	Breakfast
05:50-06:05	FE1VC,FE-1-8(assist.)	TV PAO with Germany
06:05-06:40	FE-1-8,FE1VC	Breakfast
06:30-06:40	ISS7,CRD-8	Work prep
06:40-06:55	.	DPC (<i>S-band</i>)
06:55-07:15	ISS7,CRD-8	Work prep
06:55-07:10	FE-1-8,FE1VC	Post-sleep
07:10-07:25	FE-1-8,FE1VC	TV PAO setup (To= 07:12, T1, T2, T3 from СПП)
07:15-07:55	CRD	Monitoring of environment micro-ecosphere (sample collection)
07:15-07:35	FE1	HRF file transfer
07:25-07:40	FE1VC, FE-1-8(assist.)	TV PAO with Germany
07:45-08:05	FE1VC	BMI: Disassembly and data transfer to EGE
08:05-08:15	FE1VC	APIS: Installation
08:05-09:35	CRD,FE-1(assist.)	LBNP: Exercise (final)
08:15-09:05	FE1VC,FE-1-8	APIS experiment
08:30-09:30	CRD-8	Physical Exercise: RED
09:05-09:20	FE-1-8	Air sample collection with AK-1M
09:05-09:35	FE1VC	APIS: Disassembly
09:20-09:35	FE-1-8	Air sample collection with ИПД ammonia samples
09:35-11:00	CRD	Removal of ЛКТ (TA251МБ) and ПЗУ from Soyuz Orbital Module TK212. <i>Stow removed ЛКТ and ПЗУ. Report to MCC stowage location</i>
09:35-10:00	FE-1-8	COЖ maintenance
09:35-10:30	FE1VC	EGE-2: Data transfer to HDD
09:45-11:00	FE-1	Physical exercise: TVIS
10:00-10:05	FE-1-8	Voice down СП counter data
10:05-10:10	FE-1-8	Voice down CBO data
10:10-10:15	FE-1-8	Air monitoring in Electron-VM gas/liquid system ГЖС
10:30-11:00	FE1VC	3D-CAMERA ops
10:30-10:45	FE-1-8	Post VC-5 EGE2 nominal reconfig
11:00-12:00	.	LUNCH
12:00-14:00	FE-1,CRD-8	Crew handover from ISS7 to ISS8
12:00-12:10	CRD,FE-1-8	Signing operations and PC ISS control handover act
12:10-14:00	FE-1-8	Crew handover from ISS7 to ISS8
12:00-12:05	FE1VC	Ham radio prep

12:05-12:15	FE1VC	Ham radio session
12:15-14:15	CRD	Stowage of return hardware
12:45-15:00	FE1VC	
14:00-15:00	FE-1-8	Physical Exercise: TVIS
14:00-15:30	FE-1	Preparation of return hardware for stowage
14:15-15:30	CRD	BIORISK: Kit removal and transfer to Soyuz
15:00-16:00	CRD-8	Physical Exercise: TVIS
15:00-15:10	FE1VC	PromISS 2: tape changeout
15:10-15:40	FE1VC	Phot and Video ops
15:30-16:00	CRD	BIOECOLOGIA: Removal of kit #1, APT replacement and transfer to Soyuz
15:40-16:10	FE1VC	Email ops
15:45-17:00	FE-1	Physical Exercise: RED
16:00-17:00	CRD	Physical Exercise: TVIS - 4
16:25-16:40	ISS8	PMC (<i>S-band</i>)
17:00-17:15	ISS7	
17:05-17:15	FE-1-8	A5 DVCAM battery charge
17:15-17:45	.	Daily plan review
17:45-18:00	.	DPC (<i>S-band</i>)
18:00-18:20	CRD	Data transfer from Laptop TP1 to SM-FOTO-HDD-02.
18:00-18:30	ISS8,FE-1,FE1VC	Prep for work
18:20-18:30	CRD	Report prep
18:30-19:00	.	DINNER
19:00-19:30	.	Daily food prep
19:30-20:30	.	Pre-sleep
20:30-07:00	.	SLEEP

Note: See OSTP for references to USOS activities
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