Kurs-A System Units Removal from Progress-257

As FE-1's work time had been oversubscribed by 15 min, we propose the following changes to his schedule (*changes highlighted in italics*)

TIME	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:45		Daily morning planning conference
07:45-08:15		Work prep
08:15-10:45	CDR	Label SM panels with barcodes
08:15-08:45	FE-1, FE-2	Destow ZSR 187
08:45-09:15		Deinstall ZSR 187
09:15-10:00		Inventory audit of panel NOD104
10:00-10:30	FE-1	IMS file prep
10:00-10:05	FE-2	Install ARIS guides
10:15-11:15	L-Z	Prepare panel LAB103 for ARIS install
10:40-12:10	FE-1	Physical exercise (RED)
11:00-12:00	CDR	Physical exercise (TVIS) active rest
11:15-11:30		Increment 4 daily P/L status check
11:30-11:45	FE-2	BPS: System water fill (NDS tank)
11:45-12:00	L-Z	BPS: Pump transfer for system water fill
12:00-12:15		BPS: System water fill (HCS tank)
12:00-12:30	CDR	IMS tagup (audio, via S-band)
12:15-12:30	FE-1, FE-2	ZSR: Replace ZSR 115 with ZSR 112
12:30-13:30		LUNCH
13:30-16:30	CDR, FE-1	Kurs-A system units removal from Progress-257
13:30-14:00		BPS: Gas sampling in chamber 2
14:00-14:30		BPS: Gas sampling in chamber 4
14:30-14:45	FE-2	BPS. Replace chamber 2 with chamber 4
14:45-14:50	F L - Z	IV-CPDS activation
15:00-16:00		Physical exercise (TVIS)
16:00-17:30		Physical exercise (RED)
16:30-16:45	CDR	Prep for archival video recording of ZCG payload
16:30-17:30	FE-1	Physical exercise (TVIS)
16:45-17:00	CDR	Destow ZCG furnace
17:15-18:45		Physical exercise (VELO+RED) active rest
17:40-18:10	FE-1, FE-2	Destow ZSR 115 rack
18:10-18:40	FE-1	??? maintenance
18:10-18:45	FE-2	Transfer ?VIS and IRED data to ? ??.

18:45-19:15	CDR	Report prep
	FE-1, FE-2	Daily plan review
19:15-19:30		Daily planning conference (S-band)
19:30-20:00		Dinner
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		Sleep

Notes: See OSTP for references to US activities

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