

CREW OFF – DUTY

GMT	CREW	Activity
06:00-06:10	.	Morning inspection
06:10-06:40	.	Post-sleep
06:40-07:30	.	BREAKFAST
07:55-08:00	FE-1	Set up for HAM radio session
08:00-08:10	FE-1	HAM radio session
10:30-11:30	FE-1	Physical Exercise (TVIS)
11:30-13:00	K3	Physical Exercise (TVIS) day 3
11:30-13:00	FE-1	Physical Exercise (RED)
13:00-14:00	.	LUNCH
15:05-15:25	.	TVIS tagup with specialists (<i>S-band</i>)
16:25-17:25	CDR	Physical Exercise (VELO + Force Loader/ Cycle 1) day 3
17:00-17:05	FE-1	Installation of SLIB interface unit
17:05-17:35	FE-1	Video recorder routing cable assembly
17:25-17:55	CDR	COX maintenance
17:35-17:50	FE-1	Questionnaire – log entry
17:50-17:55	FE-1	Transfer TVIS, RED, and HRM data to MEC
17:55-18:25	.	Daily plan review
18:25-18:40	.	DPC (<i>S-band</i>)
18:40-19:10	.	Report prep
19:30-20:00	.	DINNER
20:00-20:30	.	Daily food prep
20:30-21:30	.	Pre-sleep
21:30-06:00	.	SLEEP
Task List	CDR	ECON. Observation and photo imagery

Note: See OSTP for reference to USOS activities.

End of radiogram