

**CREW OFF-DUTY**

| GMT              | CREW | ACTIVITY   |
|------------------|------|--|
| 11:00-11:10      | .    | Morning inspection   |
| 11:10-11:40      | .    | Post-sleep   |
| 11:40-12:30      | .    | BREAKFAST  |
| 13:00-13:10      | CDR  | PromISS, Tape 11 changeout                                       |
| 14:10-15:40      | CDR  | Physical Exercise (TVIS)   |
| 14:50-15:40      | FE-1 | Search for and configure condensate and water sampling equipment |
| 15:40-16:40      | CDR  | Physical Exercise (RED)  |
| 15:40-17:10      | FE-1 | Physical exercise (TVIS), day 1                                  |
| 16:40-16:45      | CDR  | BCAT-3: camera checkout  |
| 17:10-18:10      | .    | LUNCH  |
| 20:40-20:55      | CDR  | Private family conference ( <i>Ku + S-band</i> )                 |
| 21:40-22:40      | FE-1 | Physical Exercise (VELO+RED) day 1                               |
| 22:10-22:40      | CDR  | COЖ maintenance (CBO, CП calldowns, БРПК inspection)             |
| 22:40-23:10      | .    | Daily plan review  |
| 23:10-23:25      | .    | Daily planning conference ( <i>S-band</i> )                      |
| 00:00-00:30      | .    | Report prep  |
| 00:30-01:00      | .    | DINNER   |
| 01:00-01:30      | .    | Daily food prep  |
| 01:30-02:30      | .    | Pre-sleep  |
| 02:30-11:00      | .    | SLEEP  |
| <b>Task List</b> | FE-1 | GCF-JAXA. TBY incubator temperature check                        |
|                  |      | PLANTS-2. Payload status check                                   |
|                  |      | DC1 and ПxO preparation for EVA (final, without updating IMS)    |

**Note:** See OSTP for references to US activities.

End of radiogram