Radiogram No. 1749u CREW OFF DUTY

Form 24 for 03/09/2013

TIME	CREW	ACTIVITY
06:00-06:10	CDR, FE-5, FE-6	Morning Inspection
06:00-06:10	FE-1	Morning Inspection. Reboot Laptop RS2(1)
06:00-06:10	FE-2	Morning Inspection. RSS1, 2 Reboot
06:00-06:10	FE-4	Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30	CDR, FE-1 , FE-2 , FE-5, FE-6	BREAKFAST
06:40-07:30	FE-4	BREAKFAST. SM ΠCC (Caution & Warning Panel) Test (after breakfast)
07:30-07:50	CDR	Urine Sample Collection
07:30-08:00	FE-5, FE-6	Work Prep
07:50-08:00	CDR	HRF - Urine Sample MELFI Insertion
08:00-08:15	CDR, FE-5, FE-6	Daily Planning Conference (S-band)
08:20-10:00	FE-6	Node 3 CDRA Component Replacement
08:25-11:10	CDR	Node 3 CDRA Component Replacement
08:30-08:50	FE-2, FE-1, FE-4	Ham Radio Session
09:20-10:15	FE-1, FE-2 assists	LBNP Exercise (PRELIMINARY). Tagup with specialists (S-band)
10:15-11:15	FE-4	Physical Exercise (TVIS), Day 3
11:15-12:10	FE-2, FE-1 assists	LBNP Exercise (PRELIMINARY). Tagup with specialists (S-band)
11:30-13:00	CDR	Physical Exercise (ARED)
11:40-12:00	FE-5	HAM Radio Session from Columbus
12:20-13:00	FE-1	СОЖ Maintenance
12:30-12:45	FE-2	Private Family Conference (Ku + S-band)
13:30-14:30		LUNCH
14:30-14:50	CDR	Urine Sample Collection
14:30-17:30	FE-1	Weekly Housekeeping SM Ventilation Subsystem Preventive Maintenance, Group E FGB ЦВ2 Fan Cleaning Inspection of Air Conditioner Inspection and Cleaning of Auxiliary Computer System (ВКС) Laptops
14:30-17:30	FE-2	Weekly Housekeeping Inspection and Cleaning of Auxiliary Computer System (BKC) Laptops
14:30-17:30	FE-4	Weekly Housekeeping Inspection and Cleaning of Auxiliary Computer System (BKC) Laptops Cleaning Potok-150MK Air Purification System Pre-filter

14:30-14:45	FE-6	AMS Software Load/Swap Start
14:45-15:45	FE-6	ACE. Camera separator setup
14:50-14:55	CDR	HRF - Urine Sample MELFI Insertion
14:55-15:00	CDR	CGBA Status Check and Maintenance
15:40-15:55	CDR	Private Medical Conference
15:40-17:10	FE-5	Physical Exercise (ARED)
15:45-16:05	FE-6	AMS Software Load/Swap Finish
15:55-16:55	CDR	Physical Exercise T2
16:05-16:15	FE-6	Food Frequency Questionnaire
16:15-16:30	FE-6	JRNL - Journal Entry
16:50-17:50	FE-6	Physical Exercise (CEVIS)
16:55-17:10	CDR	JRNL - Journal Entry
17:30-18:30	FE-2	Physical Exercise (TVIS), Day 3
17:30-19:00	FE-4	Physical Exercise (VELO), Day 3
17:50-19:20	FE-6	Physical Exercise (ARED)
18:05-18:15	FE-5	CSLM2. Crew SPU Exchange
18:30-19:30	FE-1	Physical Exercise (TVIS), Day 1
18:30-18:50	FE-5	Evening Work Prep
18:35-19:05	CDR	Evening Work Prep
18:50-19:25	FE-5	CSLM2. SPU Exchange
19:05-19:25	CDR	Urine Sample Collection
19:20-19:30	FE-6	Evening Work Prep
19:25-19:30	CDR	MELFI Urine Sample Insertion
19:25-19:40	FE-5	CSLM2-– Activation in the required mode
19:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	FE-1, FE-2, FE-4	Preparation of reports for Roskosmos site
		Search for missing Elektron-VM Equipment
		SEINER Ocean Observations
		ECON-M. Observations and Photography
		URAGAN Observations and Photography

Notes:

- 1. SM Window #9 shutter opening is at crew discretion w/ Report to MCC
- 2. See OSTP for references to US activities.
- 3. Pre-sleep ops: daily food prep, dinner, pre-sleep
- **4.** Russian crew uses US exercise equipment strictly per F24 or OSTPV End of Radiogram