

CREW OFF DUTY. SWITCHING FROM ОДУ (INTEGRATED PROPULSION SYSTEM) TANKS TO FGB БВД (HIGH PRESSURE) TANKS

GMT	CREW	ACTIVITY
06:00-06:10	.	Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:45-08:45	FE-2	SCI-CFE. Setup
08:45-10:45		SCI-CFE. Test Ops
09:05-10:35	CDR	Physical Exercise (TVIS), day 4
10:35-12:05	FE-1	
11:05-12:05	FE-2	Physical Exercise (RED)
11:35-11:50	CDR	Private Psychological Conference (<i>VHF</i>)
12:05-13:05	.	LUNCH
13:05-13:35	FE-2	SCI-CFE. Hardware dismantling
13:10-13:25	FE-1	Private Psychological Conference (<i>VHF</i>)
14:45-15:45	CDR	Physical Exercise (VELO + RED) day 4
15:10-15:25	FE-2	Private Family Conference (<i>S+Ku-band</i>)
15:45-16:45	FE-1	Physical Exercise (VELO + RED) day 4
16:15-16:45	CDR	COЖ Maintenance
16:45-18:15	FE-2	Physical Exercise (TVIS)
18:15-18:45	.	Evening work prep
18:45-19:00		Daily Planning Conference (<i>S-band</i>)
19:00-19:30		Evening work prep
19:30-20:00		DINNER
20:00-20:30		Daily Food Prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	CDR	URAGAN. Observations and photography
	FE-1	DIATOMEA. World Ocean Observations

Note: See OSTP for references to US activities.

End of Radiogram