

Radiogram No. 8704u

Form 24 for 10/09/08

**LBNP Exercise**

GMT	CREW	ACTIVITY
06:00-06:10	CDR, FE-2	Morning Inspection
06:00-06:10	FE-1	SONOCARD. Experiment termination
06:10-06:40	CDR, FE-2	Post-sleep
06:10-06:20	FE-1	Morning Inspection
06:20-06:40	FE-1	Post-sleep
06:40-07:30		BREAKFAST
07:30-08:00		Prep for Work
08:00-08:15		Daily Planning Conference ( <i>S-band</i> )
08:15-09:45	FE-2	Physical Exercise (RED)
08:15-08:55	CDR	Replacement of CPB-K2M A-H hoses in БРП
08:15-08:30	FE-1	SONOCARD. Copy Data to RSE-MED Laptop
08:30-08:50	FE-1	MATRYOSHKA-R. Monitoring Lulin-5 Readings
08:55-09:55	CDR, FE-1 assistance	LBNP Exercise (PRELIMINARY). <b>To=09:20.</b> Tagup w/ specialists (VHF)
09:45-10:45	FE-2	Physical Exercise (CEVIS)
09:55-10:15	CDR	Air Heater Fan [БВН] Cleaning in Soyuz
10:00-10:20	FE-1	Copy Matryoshka data from БСПН and downlink service data
10:15-10:30	CDR	Verify ИП-1 Flow Meter Positions
10:30-11:30	FE-1, CDR assistance	LBNP Exercise (PRELIMINARY). <b>To=10:50.</b> Tagup w/ specialists (VHF)
10:45-11:25	FE-2	Rack/Corridor Configuration
11:25-11:45	FE-2	Relocate Lab Robotics Work Station (RWS)
11:35-12:05	CDR, FE-1	Crew departure prep
11:45-12:05	FE-2	Relocate Cupola Robotics Work Station (RWS)
12:05-13:05		LUNCH
13:05-13:15	FE-2	CWC audit
13:05-15:40	FE-1	BIODEGRADATION. Taking samples from specimen surfaces and photography. Tagup with specialists (S-band)
13:05-13:35	CDR	Crew departure prep
13:15-13:25	FE-2	Removal of JPM1F6 panel Z flex hose to install ZSR rack
13:25-13:40	FE-2	JEM AVCO panel reconfig
13:40-14:35	CDR, FE-2	Relocation of ZSR from Lab to JPM
14:35-15:30	CDR, FE-2	Relocation of ZSR from Node2 to JLP
15:30-16:25	CDR, FE-2	Relocation of RSR
15:40-17:10	FE-1	Physical Exercise (TVIS), day 4
16:25-16:45	FE-2	Relocate Lab Robotics Work Station (RWS)
16:45-17:05	FE-2	Relocate Cupola Robotics Work Station (RWS)
16:50-17:05	CDR	Ham Radio Session with Schoolchildren from Montreal
17:05-18:30	CDR	Physical Exercise (TVIS), day 4
17:05-17:25	FE-2	Rack/Corridor Configuration
17:25-17:40	FE-2	BCAT-4 Video Setup

17:45-17:55	FE-2	PAO Hardware Setup
17:45-18:15	FE-1	Crew departure prep
17:55-18:05	FE-2	Crew Prep for PAO
18:05-18:25	FE-2	PAO Event ( <i>S + Ku-band</i> )
18:15-18:30	FE-1	Prep for Work
18:25-18:30	FE-2	Daily Diet Monitoring
18:30-18:45		Daily Planning Conference ( <i>S-band</i> )
18:45-19:15	FE-1	Prep for Work
18:45-18:50	CDR	Transfer of TVIS, RED, and HRM data to MEC
18:45-18:50	FE-2	Lab Window Shutter Close
18:50-18:55	FE-2	Closing JEM window shutters
18:50-19:15	CDR	Prep for Work
18:55-19:55	FE-2	Installation of BCAT4 with EarthKAM
19:15-19:45	CDR, FE-1	DINNER
19:45-20:00	CDR, FE-1	Daily Food Prep
19:55-20:55	FE-2	BCAT4 experiment ops
20:00-20:50	CDR	Pre-sleep
20:00-21:00	FE-1	Pre-sleep
20:50-21:00	CDR	SONOCARD. Experiment Start
20:55-21:00	FE-2	DINNER
21:00-05:30		SLEEP
<b>Task List</b>	CDR	COJK Maintenance
	FE-1	IMS Update

**Notes:**

1. SM Window #9 shutter opening is at crew discretion with **Report to MCC**
2. See OSTP for references to US activities.

End of Radiogram