

Radiogram No. 1973u

Form 24 for 12/26/09

**HOUSEKEEPING. CREW OFF DUTY**

GMT	CREW	ACTIVITY
06:00-06:10	CDR, <b>FE-4</b> , FE-5, FE-6	Morning Inspection
06:00-06:05	<b>FE-1</b>	Elektron-VM Aerosol Filter Inspection
06:05-06:15	<b>FE-1</b>	Morning Inspection
06:10-06:40	CDR, <b>FE-4</b> , FE-5, FE-6	Post-sleep
06:15-06:45	<b>FE-1</b>	Post-sleep
06:40-07:30	CDR, <b>FE-4</b> , FE-5, FE-6	BREAKFAST
06:45-07:35	<b>FE-1</b>	BREAKFAST
07:30-07:35	CDR	REACTION Self Test
07:35-10:35	CDR, FE-5, FE-6	Weekly Housekeeping
07:35-10:35	<b>FE-1, FE-4</b>	Weekly Housekeeping. SM Ventilation Subsystem Preventive Maintenance, Group E; Cleaning FGB LJB2 Ventilation System
10:35-12:05	<b>FE-1</b>	Physical Exercise (TVIS), Day 1
12:05-12:15	<b>FE-1</b>	Pre-filter cleaning in POTOK-150MK Air Purification System in SM and FGB ( <i>Use vacuum cleaner equipped with narrow nozzle attachment with POTOK unit powered down</i> )
12:30-12:45	CDR	Food Frequency Questionnaire
12:45-13:45		LUNCH
13:45-14:00	FE-6	Food Frequency Questionnaire
13:50-14:05	<b>FE-1</b>	Private Psychological Conference ( <i>VHF</i> )
14:05-14:35		Weekly Planning Conference ( <i>S-band</i> )
14:35-14:50	FE-5	Food Frequency Questionnaire
14:35-15:00	FE-6	Medical Accessory Kit Unpack
15:20-15:35	<b>FE-4</b>	Private Psychological Conference ( <i>VHF</i> )
16:45-17:45	<b>FE-1</b>	Physical Exercise (VELO), Day 1
16:50-17:50	CDR	Physical Exercise (T2)
17:00-17:15	FE-5	Private Medical Conference ( <i>Ku+S-band</i> )
17:40-17:55	FE-6	Private Medical Conference ( <i>Ku+S-band</i> )
17:45-18:25	<b>FE-4</b>	COX Maintenance
17:50-19:20	CDR	Physical Exercise (ARED)
18:20-18:25	<b>FE-1</b>	Elektron-VM Aerosol Filter Inspection
18:35-18:50	FE-5	Private Medical Conference ( <i>Ku+S-band</i> )
19:00-19:15	FE-6	Private Medical Conference ( <i>Ku+S-band</i> )
19:20-19:25	CDR	REACTION Self Test
19:25-19:30	CDR	Transfer TVIS, CEVIS, and HRM data to MEC
19:30-21:30		Presleep (dinner, daily food prep, evening toilet)
21:30-06:00		SLEEP
<b>Task List</b>	<b>FE-1</b>	Audit of Cargo Bags from MRM2 K1 and K2
		ECON. Observations and Photography
	<b>FE-1, FE-4</b>	URAGAN. Observations and Photography

**Notes:**1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**

2. See OSTP for references to US activities

End of Radiogram