

Radiogram No. 9960u

Form 24 for 03/10/05

Progress Transfers. Medical Studies

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:55	FE-1	Post-sleep
06:10-06:40	CDR	Post-sleep
06:40-06:55		Urine biochemistry
06:55-07:45		BREAKFAST
06:55-07:10	FE-1	Urine biochemistry
07:10-07:20		UROLUX hardware stowage
07:20-07:55		BREAKFAST
07:45-07:55	CDR	Removal of Formaldehyde Monitoring Kit (FMK) deployed earlier.
07:55-08:15	FE-1	Prep for work
07:55-08:20	CDR	
08:15-08:20	FE-1	STATOKONIA. Temperature monitoring using Automatic Temperature Recorder [APT]
08:20-08:35		Daily planning conference (<i>S-band</i>)
08:35-09:05		Upgrade of personal protection gear ИПК-1М. TV downlink (<i>Ku-band</i>). <i>Tagup w/specialists as necessary (S-band)</i>
09:05-09:20	CDR	Set up v/camera to monitor repair and recovery of Heat Exchanger in Airlock
09:05-11:20	FE-1	Progress 352 cargo transfers and IMS ops
09:20-10:50	CDR	Physical Exercise (RED)
10:50-11:20		Procedure printout for SPCU repair and recovery in Airlock
11:20-11:50	FE-1 CDR-assist	Study of bioelectric cardio activity at rest (To=11:36). <i>Tagup w/specialists. (VHF)</i>
11:50-12:50	CDR	Physical Exercise (CEVIS)
11:50-13:20	FE-1	Physical Exercise (TVIS) day 1
12:50-13:05	CDR	Food frequency questionnaire
13:05-13:20		Scanning ops debrief w/ground specialists
13:20-14:20		DINNER
14:20-14:40		Procedure review for SPCU R&R in A/L
14:40-15:40		Training prep for SPCU R&R in A/L
15:40-16:10		Familiarization w/equipment delivered on 17P (TKГ 352) for SPCU R&R
16:10-16:40	CDR	Tagup on SPCU R&R in A/L
16:10-16:15	FE-1	PLANTS-2. Data downlink
16:15-17:15		Physical Exercise (VELO + Force Loader/ cycle 1) day 1
16:40-18:10	CDR	FSS set up in Airlock
17:15-17:30	FE-1	TV downlink on ИПК-1 upgrade (<i>Ku-band</i>). Backup
17:45-18:15		COЖ maintenance
18:10-18:15	CDR	TVIS/RED/HRM data transfer to MEC
18:15-18:20		Display and control panel (DCP) power cable demate
18:15-18:35	FE-1	Daily plan review
18:20-18:35	CDR	

18:35-18:50		Daily planning conference (<i>S-band</i>)
18:50-19:15	CDR	Report prep
18:50-19:00	FE-1	Daily plan review
19:00-19:30		Report prep
19:15-19:35	CDR	Conference w/ Calhoun high school students (<i>Ku + S-band</i>)
19:30-20:00	FE-1	Daily ration prep
19:35-20:00	CDR	
20:00-20:30		DINNER
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	FE-1	PLANTS-2. Water tank top-off
		PLANTS -2. Data downlink
		IMS file prep

Note: See OSTP for references to US activities

End of radiogram