## PLASMA CRYSTAL-3 / Disabling & Enabling ??-?? Mode (TM-cnctr ??-1)

TV Coverage: TV downlink 07:08-07:23 TV AOS (ISS/MCC) 08:44-08:59

TV AOS (ISS/MCC reserve) 10:14-10:29

GMT	Crew	Activity / ODF or R/G
06:00-06:10		Morning inspection
06:10-06:40		Personal hygiene (post-sleep)
06:40-07:30	FE-1VC <sup>1</sup>	BREAKFAST
07:00-07:30	FE-2VC, CDR(S) <sup>2</sup>	PLASMA CRYSTAL-3: video downlink / r/g 2161u
07:10-07:25	FE-1VC	Conference with Cite de l'Espace
07:30-08:10	FE-2VC, CDR(S)	BREAKFAST
08:10-08:50	FE-2VC	PLASMA CRYSTAL-3: pre-run vacuum purge (start) / r/g 2161u
08:10-08:30	CDR(S)	Prep for TV conference / ??? ??, pages 2-5 to 2-6, item 2.4
08:30-09:10	CDR(S), FE-1VC	TV conference with the head of the French Ministry Of Research
09:10-09:20	CDR(S)	PHARMA: payload photography / r/g 2165u
09:10-09:30	FE-1VC	AQUARIUS: embryo fixation / SM ANDROMEDE, item 1.3 + r/g2174u
09:30–13:10		Symbolic PAO activity. Recording symbolic activity
10:15–10:30	FE-1VC	Private medical conference
13:10–14:10		LUNCH
14:10–16:55	FE-1VC	Video recording: life onboard ISS / r/g2157
14:10–17:10	CDR(S)	
15:15–16:10	FE-2VC	PLASMA CRYSTAL: experiment setup / r/g 2161u
16:10–17:35		PLASMA CRYSTAL-3: experiment run / r/g 2161u
16:55–17:55	FE-1VC	EAC: determining cosmonaut health status by alternative methods
17:35–18:05	CDR(S)	DIATOMEA: study of world's oceans / r/g2173
17:35–18:05	FE-2VC	PLASMA CRYSTAL-3: concluding ops / r/g 2161u
17:55–18:15	FE-1VC	AQUARIUS: embryo fixation / SM ANDROMEDE, item 1.3 + r/g2174u
18:05–18:15	CDR(S)	Charging camcorder battery / ??? ??, item 3.2, page 3-2
18:15–18:50		Review of plan for the next day
18:50–19:05		Daily planning conference
19:05–19:30		Report prep
19:30–20:00		DINNER
20:00–20:30		Daily food ration prep
20:30–21:00	FE-2VC	Personal hygiene (pre-sleep)
20:30–21:30	CDR(S), FE-1VC	
21:00–21:30	FE-2VC	PLASMA CRYSTAL-3: vacuum purge (end) / r/g 2161u
21:30-06:00		SLEEP

Note: see OSTP for reference to US activities

End of radiogram

<sup>&</sup>lt;sup>1</sup> VC – Visiting Crew (*translator's note*) <sup>2</sup> CDR(S) – Soyuz CDR (*translator's note*)