

**CREW OFF DUTY**

TIME	CREW	ACTIVITY
06:00-06:10	<b>CDR</b>	Morning Inspection. Laptop RS1(2) Reboot
06:00-06:10	<b>FE-2,FE-3, FE-5</b>	Morning Inspection
06:00-06:10	<b>FE-4</b>	Morning Inspection. RSS1,2 Reboot
06:00-06:05	FE-6	Reading REMINDER
06:05-06:10	FE-6	Morning Inspection.
06:10-06:40	.	Post-sleep
06:40-07:30	<b>CDR</b>	BREAKFAST. SM ПСС (Caution & Warning Panel) Test
06:40-07:30	<b>FE-2,FE-3, FE-4,FE-5, FE-6</b>	BREAKFAST
09:05-09:45	FE-3	RGN-REC TK - Recycle Tank R&R
10:00-11:30	FE-3	ARED Exercise
10:30-11:30	FE-6	CEVIS Exercise
11:00-12:30	<b>FE-4</b>	БД-2 Exercise, Day 1
11:00-11:15	<b>FE-2</b>	Private Family Conference ( <i>Ku + S-band</i> )
11:30-12:30	FE-3	T2 Exercise
11:30-13:00	<b>FE-2</b>	ARED Exercise
12:10-12:25	<b>CDR</b>	Private Family Conference ( <i>Ku + S-band</i> )
12:45-13:00	<b>FE-4</b>	Private Family Conference ( <i>Ku + S-band</i> )
13:00-14:00	.	LUNCH
14:00-14:40	<b>CDR</b>	СОЖ Maintenance. <b>SM and FGB CBO, СГО, АСУ СПКУ Counter, POTOK Air Purification System Data Calldowns</b>
14:00-14:15	FE-3	RGN - Initiate drain into EDV
14:45-15:00	FE-3	RGN - Terminate drain into EDV
15:30-15:45	FE-5	Private Family Conference
16:10-17:40	FE-5	ARED Exercise
16:15-17:45	<b>CDR</b>	БД-2 Exercise, Day 1
16:45-17:45	<b>FE-4</b>	VELO Exercise, Day 1
17:40-18:40	FE-5	T2 Exercise
17:40-19:10	FE-6	ARED Exercise
17:45-18:45	<b>CDR</b>	VELO Exercise, Day 1
17:45-18:45	<b>FE-2</b>	БД-2 Exercise, Day 4
18:40-18:55	FE-3	Private Family Conference

18:45-19:00	CDR,FE-2, FE-4	Daily Planning Conference ( <i>S-band</i> )
19:00-19:30	CDR,FE-2, FE-4	Evening Work Prep
19:10-19:30	FE-6	HRF - Urine Sample Insertion
19:30-21:30	CDR,FE-2, FE-4	Pre-sleep
19:30-21:30	FE-3,FE-5	Pre-sleep
19:30-20:55	FE-6	
20:55-21:10	FE-6	Private Family Conference
21:10-21:15	FE-6	Pre-sleep
21:15-21:20	FE-6	PFE- Reading Reminder
21:20-21:25	FE-6	REMINDER - Urine Collection Reminder
21:25-21:30	FE-6	REMINDER - Reading Reminder
21:30-06:00	.	SLEEP
<b>Task List</b>	CDR	Packing Equipment for disposal in TKF 420 and IMS Ops
	CDR,FE-2, FE-4	Preparation of reports for Roscosmos site
		URAGAN Observations and Photography / <i>r/g</i>
		ECON-M. Observations and Photography

**Note:**

1. SM Window No. 9 shutter opening is at crew discretion w/ **Report to MCC**
  2. Pre-sleep ops: daily food prep, dinner, pre-sleep
  3. See OSTP for references to US activities.
  4. **Russian crew uses US exercise equipment strictly per F24 or OSTPV**
  5. **At high beta angles power off all Auxiliary Computer System (BKC) Laptops which are not in use**
- End of Radiogram