

Radiogram No. 1612u

Form 24 for 11/08/09

CREW OFF DUTY

GMT	CREW	ACTIVITY
06:00-06:10	CDR,FE-2, FE-3 , FE-4,FE-5	Morning Inspection
06:00-06:05	FE-1	Elektron-VM Aerosol Filter Inspection
06:05-06:15	FE-1	Morning Inspection
06:10-06:40	CDR,FE-2, FE-3 , FE-4,FE-5	Post-sleep
06:15-06:45	FE-1	Post-sleep
06:40-07:30	CDR,FE-2, FE-3 , FE-4,FE-5	BREAKFAST
06:45-07:35	FE-1	BREAKFAST
07:30-07:35	FE-5	Bisphosphonates Pill Ingestion
07:35-07:40	FE-5	REACTION Self Test
09:00-10:30	FE-5	Physical Exercise (ARED)
09:50-10:05	FE-1	Private Family Conference (<i>S+Ku-band</i>)
10:00-11:00	FE-2	Physical Exercise (CEVIS)
10:30-12:00	FE-4	Physical Exercise (ARED)
11:00-12:00	FE-5	Physical Exercise (CEVIS)
11:05-11:20	FE-3	Private Family Conference (<i>S+Ku-band</i>)
11:30-12:30	FE-1	Physical Exercise (TVIS), day 1
12:00-13:00	FE-3	Physical Exercise (ARED)
12:00-13:00	FE-4	Physical Exercise (CEVIS)
12:30-13:00	FE-1	Hygiene Procedures
12:55-13:00	FE-2	Water Dispenser External Section Flush
13:00-14:00	.	LUNCH
14:00-14:40	FE-3	COЖ Maintenance. <i>SM and FGB Flush Counter (CП), Water Supply System (CBO), Potok Air Purification System Data Calldowns</i>
15:10-15:40	CDR	Microgravity Science Laboratory SCA Exchange 2 during Commissioning
15:25-16:55	FE-2	Physical Exercise (ARED)
15:45-16:45	CDR	Physical Exercise (TVIS)
16:45-17:45	FE-3	Physical Exercise (TVIS), day 2
16:55-18:25	CDR	Physical Exercise (ARED)
17:20-18:20	FE-1	Physical Exercise (VELO), day 1
17:30-17:45	FE-2	Private Family Conference (<i>S+Ku-band</i>)
17:45-18:15	FE-3	Hygiene Procedures
17:55-18:00	FE-2	MSRR Laptop Deactivation
18:15-18:25	FE-3	ГФИ-1 [Geophysical Studies]. Start SONY DCR-TRV900E Camcorder Battery Charge

18:20-18:25	FE-1	Elektron-VM Aerosol Filter Inspection
18:25-18:50	.	Daily Planning Conference (<i>S-band</i>)
18:50-19:25	FE-5	Evening Work Prep
18:50-19:30	CDR, FE-1 ,FE-2, FE-3 ,FE-4	Evening Work Prep
19:25-19:30	FE-5	REACTION Self Test
19:30-21:30	CDR, FE-1 ,FE-2, FE-3 ,FE-5	Pre-sleep
19:30-19:45	FE-4	Pre-sleep
19:45-20:00	FE-4	Private Family Conference (<i>S+Ku-band</i>)
20:00-21:30	FE-4	Pre-sleep
21:30-06:00	.	SLEEP
Task List	FE-1,FE-3	URAGAN. Observations and Photography
		ECON. Observations and Photography
		SEINER Ocean Observations
	FE-1	PLANTS-2. Payload Status Check

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep: dinner, daily food prep, evening toilet
- End of Radiogram