

Radiogram No. 3421u

Form 24 for 06/26/2010

Crew Off Duty. Testing Video Downlink Via Ku-Band

GMT	CREW	ACTIVITY
06:00-06:05	FE-4	PRO K Urine PH Test
	CDR	Elektron-VM Aerosol Filter Inspection
06:00-06:10	FE-2, FE-3, FE-6	Morning Inspection
	FE-5	SONOCARD Experiment Termination
06:05-06:10	CDR, FE-4	Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:45	FE-5	SONOCARD Data Copy to RSE-MED Laptop and Data Downlink Using OCA
07:30-10:30	FE-4, FE-6	Weekly Housekeeping
07:30-09:20	FE-2	
07:30-10:30	FE-3	Weekly Housekeeping
07:30-08:45	CDR	SM Ventilation System Preventive Maintenance, Group E, Cleaning FGB
07:45-10:45	FE-5	LJB2
08:45-09:00	CDR	Private Family Conference (<i>S+Ku-band</i>)
09:00-10:30		Weekly Housekeeping SM Ventilation System Preventive Maintenance, Group E, Cleaning FGB LJB2
09:20-09:35	FE-2	Private Family Conference
09:35-10:30		Weekly Housekeeping
10:30-11:30	FE-3	Physical Exercise (ARED)
10:30-11:30	FE-4	Physical Exercise T 2
10:30-10:45	FE-2	CSLM2 Vacuum Vent Stop 2
10:45-12:15	CDR	Physical Exercise (TVIS), Day 1
11:30-13:00	FE-4	Physical Exercise (ARED)
11:45-12:00	FE-2	CSLM2 Vacuum Vent Start 3
12:00-12:40	FE-3	COX Maintenance
12:05-12:10	FE-6	Connect DCP RWS Cable in Cupola"
12:10-12:30		Testing Ku-band TV Downlink (prep)
12:30-13:00	CDR, FE-5, FE-6	Ku-band TV Downlink Test (TVS config for Soyuz 229 relocation)
13:00-13:30		Weekly Planning Conference
13:30-14:30		LUNCH
14:30-14:35	FE-4	PROK Diet Logging (Day 2-4)
14:30-14:35	FE-6	Photo/TV: A31P Laptop Deactivation
14:30-14:45	FE-2	Food Frequency Questionnaire
14:35-14:55	FE-4	Urine Sampling Kit Prep
15:35-17:05	FE-3	Physical Exercise (TVIS), Day 2
15:45-16:00	CDR	Private Psychological Conference (<i>VHF</i>)
16:00-17:00		Physical Exercise (VELO), Day 1

16:30-18:00	FE-2	Physical Exercise (ARED)
17:00-18:30	FE-5	Physical Exercise (TVIS), Day 3
17:00-18:00	FE-6	Physical Exercise T 2
17:20-17:35	FE-3	Private Psychological Conference (<i>VHF</i>)
18:00-18:15	FE-2	CSLM2 Vacuum Vent Stop 3
18:00-19:30	FE-6	Physical Exercise (ARED)
18:15-19:15	FE-2	Physical Exercise T 2
18:30-19:30	FE-5	Physical Exercise (VELO), Day 3
19:15-19:30	FE-2	CSLM2 Vacuum Vent Start 4
19:25-19:30	CDR	Elektron-VM Aerosol Filter Inspection
19:30-19:45	FE-6	Private Family Conference
19:30-21:30	CDR, FE-3, FE-4, FE-5	Pre-sleep
19:45-21:30	FE-6	
19:30-20:45	FE-2	
20:45-21:00		Private Family Conference
21:30-06:00		SLEEP

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep ops: dinner, daily food prep, evening toilet
- End of Radiogram