

Radiogram No. 4341u

Form 24 for 10/16/2010

CREW OFF DUTY

| GMT | CREW | ACTIVITY |
|-------------|-------------------------------|--|
| 06:00-06:10 | FE-1,FE-2 | Morning Inspection |
| 06:00-06:05 | CDR | SLEEP Data Log Entry |
| 06:00-06:05 | FE-3 | SLEEP Data Log Entry |
| 06:00-06:05 | FE-6 | SLEEP Data Log Entry |
| 06:05-06:10 | CDR,FE-3, FE-5,FE-6 | Morning Inspection |
| 06:10-06:40 | . | Post-sleep |
| 06:40-07:30 | . | BREAKFAST |
| 07:30-10:30 | CDR,FE-3 | Weekly Housekeeping |
| 07:30-10:30 | FE-1,FE-2,FE-5 | Weekly Housekeeping SM Ventilation Subsystem Preventive Maintenance, Group E; Cleaning FGB LJB2 Fan and БМП (Harmful Contaminants Removal System) Fan Grille |
| 07:30-07:35 | FE-6 | Discharge Init for Battery 1 |
| 07:35-08:00 | FE-6 | Weekly Housekeeping |
| 08:00-08:05 | FE-6 | Discharge Term for Battery 1 and 1 hr cool off. Discharge Init for Battery 2 |
| 08:05-08:30 | FE-6 | Weekly Housekeeping |
| 08:30-08:35 | FE-6 | Discharge Term for Battery 2 and 1 hr cool off |
| 08:35-09:05 | FE-6 | Weekly Housekeeping |
| 09:05-09:10 | FE-6 | Charge Init for Battery 1 |
| 09:10-10:35 | FE-6 | Weekly Housekeeping |
| 10:30-10:45 | FE-1,FE-2,FE-5 | Telephone Conference with Rossiyskiy Cosmos Magazine Editor (<i>S-band</i>) |
| 10:30-11:30 | CDR | Physical Exercise T 2 |
| 10:30-10:45 | FE-3 | Treadmill 2 (T2) Physical Exercise Overview |
| 10:35-10:40 | FE-6 | Charge Term for Battery 1. Discharge Init for Battery 1. Charge Init for Battery 2. |
| 10:45-11:45 | FE-5 | Physical Exercise (ARED) |
| 10:45-11:45 | FE-1 | Physical Exercise (VELO), Day 3 |
| 11:05-11:10 | FE-6 | Discharge Term for Battery 1 and 1 hr cool off |
| 11:15-11:25 | FE-6 | EHS - Formaldehyde Monitoring Kit (FMK) Stow |
| 11:45-12:15 | . | Weekly Planning Conference (<i>S-band</i>) |
| 12:15-13:15 | FE-2 | Physical Exercise (VELO), Day 3 |
| 12:15:12:20 | FE-6 | Charge Term for Battery 2. Discharge Init for Battery 2. Charge Init for Battery 1. |
| 12:40-14:10 | FE-5 | Physical Exercise (TVIS), Day 2 |
| 12:40-14:10 | CDR | Physical Exercise (ARED) |
| 12:45-12:50 | FE-6 | Discharge Term for Battery 2 and 1 hr cool off |
| 13:45-13:50 | FE-6 | Charge Term for Battery 1. Discharge Init for Battery 1. Charge Init for Battery 2. |
| 14:05-14:10 | FE-1 | On MCC GO ISS O2 repress from Progress 405 CpPK Section 1 (start) / Open valves PPK3, PPK1 in two steps |
| 14:10-15:10 | CDR,FE-1,FE- | LUNCH |

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| | 2 FE-3,FE-5 | |
| 14:20-15:10 | . | LUNCH |
| 14:15-14:20 | FE-6 | Discharge Term for Battery 1 and 1 hr cool off |
| 15:10-15:25 | CDR | Food Frequency Questionnaire |
| 15:10-15:15 | FE-1 | ISS O2 repress from Progress 405 CpПК Section 1 (terminate) |
| 15:15-15:30 | FE-1 | Private Psychological Conference (<i>VHF</i>) |
| 15:20-15:25 | FE-6 | Charge Term for Battery 2. Discharge Init for Battery 2. Charge Init for Battery 1. |
| 15:30-15:45 | FE-3 | Food Frequency Questionnaire |
| 15:30-16:10 | FE-5 | COЖ Maintenance |
| 15:50-15:55 | FE-6 | Discharge Term for Battery 2 and 1 hr cool off |
| 16:30-18:00 | FE-2 | Physical Exercise (TVIS), Day 3 |
| 16:30-18:00 | FE-3 | Physical Exercise (ARED) |
| 16:45-17:00 | FE-5 | Private Psychological Conference (<i>VHF</i>) |
| 16:45-16:55 | FE-6 | BCAT-5 Photo Operations |
| 16:55-17:00 | FE-6 | Charge Term for Battery 1. Charge Init for Battery 2. |
| 17:00-18:00 | FE-6 | Physical Exercise (CEVIS) |
| 17:05-17:10 | CDR | ISS HAM Radio Setup in Service Module |
| 17:10-17:25 | CDR | ISS HAM Radio Session from SM |
| 18:00-19:30 | FE-6 | Physical Exercise (ARED) |
| 18:00-19:30 | FE-1 | Physical Exercise (TVIS), Day 3 |
| 18:00-19:00 | FE-3 | Physical Exercise T 2 |
| 18:20-18:35 | CDR | Private Family Conference (<i>S-band</i>) |
| 19:30-19:40 | FE-5 | Pre-sleep |
| 19:30-19:55 | FE-1,FE-2 | Pre-sleep |
| 19:30-21:30 | CDR,FE-3, FE-6 | Pre-sleep |
| 19:40-20:10 | FE-5 | ISS-MCC TV. TV greetings To = 19:41, T1, T2, T3 - from СПП |
| 19:55-20:10 | FE-1,FE-2 | ISS-MCC TV. TV greetings |
| 20:10-21:30 | FE-1,FE-2, FE-5 | Pre-sleep |
| 21:30-06:00 | . | SLEEP |
| Task List | FE-2 | ECON. Observations and Photography |
| | FE-1 | SEINER Observation and photography |
| | FE-5 | URAGAN. Observations and Photography |
| | | Answers to questions from Russia Today web site readers |

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep ops: dinner, daily food prep, evening toilet
- End of Radiogram