Form 24 for 10/28/09

Radiogram No. 1529u **ACH-M HΠM Modules 1,2 Reconfiguration**

GMT CREW ACTIVITY 06:00-06:05 CDR, FE-2, FE-4, FE-5 SLEEP Data Log Entry 06:00-06:05 FE-1 Elektron-VM Aerosol Filter Inspection 06:00-06:10 FE-3 Morning Inspection 06:05-06:10 CDR, FE-1, FE-2, FE-5 Post-sleep 06:10-06:40 FE-2, FE-3, FE-5, FE-5 Post-sleep 06:25-07:05 FE-4 BREAKFAST 06:40-07:30 FE-2, FE-3, FE-3, FE-5 BREAKFAST 07:05-07:10 FE-4 HAM Radio Setup 07:10-07:20 FE-4 HAM Radio Session 07:20-07:30 FE-4 BREAKFAST 07:30-07:55 Daily Planning Conference (S-band)	
06:00-06:05 FE-4, FE-5 SLEEP Data Log Entry 06:00-06:05 FE-1 Elektron-VM Aerosol Filter Inspection 06:00-06:10 FE-3 Morning Inspection 06:05-06:25 FE-4 Post-sleep 06:10-06:40 FE-2, FE-3, FE-5, FE-5 Post-sleep 06:25-07:05 FE-4 Post-sleep 06:40-07:30 FE-4, FE-1, FE-2, FE-3, FE-5, FE-5, FE-5 BREAKFAST 07:05-07:10 FE-4 HAM Radio Setup 07:10-07:20 FE-4 HAM Radio Session 07:20-07:30 FE-4 BREAKFAST	
06:00-06:10	
06:05-06:10 CDR, FE-1, FE-2, FE-5 Morning Inspection 06:05-06:25 FE-4 FE-2, FE-1, FE-2, FE-3, FE-5 Post-sleep 06:10-06:40 CDR, FE-1, FE-2, FE-3, FE-5 Post-sleep 06:25-07:05 FE-4 BREAKFAST 06:40-07:30 FE-2, FE-3, FE-5, FE-5 BREAKFAST 07:05-07:10 FE-4 HAM Radio Setup 07:10-07:20 FE-4 HAM Radio Session 07:20-07:30 FE-4 BREAKFAST	
06:05-06:10 FE-2, FE-5 06:05-06:25 FE-4 06:10-06:40 FE-2, FE-3, FE-5 06:25-07:05 FE-4 06:40-07:30 FE-2, FE-3, FE-5 07:05-07:10 FE-4 HAM Radio Setup 07:10-07:20 FE-4 HAM Radio Session 07:20-07:30 FE-4 BREAKFAST	
06:10-06:40 CDR, FE-1, FE-2, FE-3, FE-5 Post-sleep 06:25-07:05 FE-4 BREAKFAST 06:40-07:30 CDR, FE-1, FE-2, FE-3, FE-5 BREAKFAST 07:05-07:10 FE-4 HAM Radio Setup 07:10-07:20 FE-4 HAM Radio Session 07:20-07:30 FE-4 BREAKFAST	
06:10-06:40 FE-2, FE-3 , FE-5 06:25-07:05 FE-4 06:40-07:30 CDR, FE-1 , FE-2, FE-3 , FE-5 07:05-07:10 FE-4 HAM Radio Setup 07:10-07:20 FE-4 HAM Radio Session 07:20-07:30 FE-4 BREAKFAST	
06:40-07:30 CDR, FE-1, FE-2, FE-3, FE-5 BREAKFAST 07:05-07:10 FE-4 HAM Radio Setup 07:10-07:20 FE-4 HAM Radio Session 07:20-07:30 FE-4 BREAKFAST	
06:40-07:30 FE-2, FE-3, FE-5 BREAKT AST 07:05-07:10 FE-4 HAM Radio Setup 07:10-07:20 FE-4 HAM Radio Session 07:20-07:30 FE-4 BREAKFAST	
07:10-07:20 FE-4 HAM Radio Session 07:20-07:30 FE-4 BREAKFAST	
07:20-07:30 FE-4 BREAKFAST	
07:30-07:55 Daily Planning Conference (S-band)	
07:55-08:15 CDR, FE-2, FE-5 Work Prep	
08:00-11:00 FE-1, FE-3 ACH-M HΠM Modules 1,2 Reconfiguration	
08:00-09:30 FE-4 Physical Exercise (ARED)	
08:15-08:25 CDR FMK Deployment Ops	
08:15-08:35 FE-2 VO2max Crew Portable Pulmonary Function System Setup	
08:30-11:30 FE-5 SSC T61P Laptop Software Load	
08:35-08:45 FE-2 V02max Crew Portable Pulmonary Function System (PPFS) Power Up	
08:45-09:00 FE-2 V02max Equipment Setup	
09:00-09:15 FE-2 Space Seed Air Sampling.2	
09:05-09:10 CDR EPM Laptop Setup and Activation	
09:10-09:15 CDR Insertion of the Flywheel PCMCIA card in EPM laptop	
09:15-09:20 CDR FWED Configuration File Transfer	
09:30-11:00 CDR Physical Exercise (ARED)	
09:30-10:00 FE-4 IWIS Installation	
09:30-09:55 FE-2 V02max Equipment Setup	
09:55-10:35 FE-2 VO2max Crew Experiment Protocol	
10:00-12:00 FE-4 HTV Cargo Transfer Operations	
10:35-10:40 FE-2 VO2max PPFS Data Downlink	
10:40-11:05 FE-2 VO2max Crew Mixing Bag System Stow	
11:00-12:00 FE-1 Physical Exercise (TVIS), day 2	
11:00-12:00 FE-3 Physical Exercise (VELO), day 3	
11:10-12:00 CDR Subject Specific Configuration & 5 Exercise Modes	

11:30-13:00	FE-5	Physical Exercise (ARED)
11:35-11:45		VO2max PPFS Conclude
12:00-12:30		SAMS. Sensor Stow
12:00-12:30	FE-1	Hygiene Procedures
12:00-13:00	FE-3	RUSALKA. Hardware preparation and hand-held observation without the use of Three-Stage Rate Sensor [TИУС]
12:00-13:00	FE-4	Physical Exercise (TVIS)
12:10-12:15	FE-2	Mice Drawer System Muffler Removal and Stowage
12:30-13:00	FE-1	Counter Measure System (CMS) Harmful Contaminant Measurements in SM
12:30-12:35	CDR	FWED. Data Downlink Preparation
12:35-13:00	CDR	Copying files for downlink, hardware powerdown and dismantling
12:40-12:50	FE-2	Battery Stowage Assembly (BSA) Battery Recharge Terminate
13:00-14:00		LUNCH
14:00-14:05	CDR	EPM MPPLL Power Cable Reconnect
14:00-14:20	FE-1	IMS Update
14:00-14:05	FE-2	VO2max PPFS Stowage
14:00-14:15	FE-3	RUSALKA. Terminate Data Copy and Downlink via OCA. <i>Tagup with specialists</i> (S-band)
14:00-14:15	FE-5	Private Medical Conference (S + Ku-band)
14:05-14:15	CDR	EHS Sampling Start
14:15-16:15	FE-4, FE-5	CDRA R&R
14:35-15:00	FE-1, FE-3	TV Greeting to the State University of Management on the 90th Anniversary (To=14:34, T1, T2, T3 - activated from Daily Flight Program [CΠΠ])
15:00-15:40	FE-1	СОЖ Maintenance / r/g 1113, step 1
15:35-15:50	FE-2	Private Medical Conference (S + Ku-band)
16:05-16:45	FE-1, FE-3	Study of Cardiac Bioelectric Activity at Rest. To=16:21. Tagup with specialists (VHF, S-band)
16:15-17:15	FE-4	HTV Cargo Transfer Operations
16:15-17:15	FE-5	Hardware Prepack for Return on ULF3
16:20-17:50	FE-2	Physical Exercise (ARED)
16:30-17:30	CDR	Physical Exercise (CEVIS)
16:45-17:45	FE-3	Physical Exercise (TVIS), day 3
17:10-17:25	FE-1	SM air sampling for CO using ИПД samplers
17:15-17:30	FE-4	HTV1 Transfers Conference (S-band)
17:25-17:50	FE-1	Collect SM and FGB Air Samples Using AK-1M Sampler
17:30-17:35	FE-4	BCAT5 Sample Check / Photography
17:30-17:50	FE-5	Pre-sleep
17:30-17:50	CDR	Grab Sample Container (GSC) Ops
17:35-18:10	FE-4	Evening Work Prep
17:45-18:15	FE-3	Hygiene Procedures
17:50-18:30	CDR	IMV Flow Measurement
17:50-18:50	FE-1	Physical Exercise (ARED)
	FE-5	Physical Exercise (CEVIS)

17:55-18:00		CGBA 5 Bioprocessor Status Check
18:00-18:15	FE-2	Evening Work Prep
18:15-18:35	FE-3	
18:15-18:50	FE-2	Pre-sleep
18:25-18:35	FE-4	Evening Work Prep
18:30-18:45	CDR	Pre-sleep
18:35-18:50	FE-3 , FE-4	
18:45-18:50	CDR	Transfer TVIS, CEVIS, and HRM data to MEC
18:50-19:15		Daily Planning Conference (S-band)
19:15-19:20	CDR	EHS Sampling Termination
19:15-19:30	FE-1	Evening Work Prep
19:15-19:25	FE-2	PAO Hardware Setup
19:15-19:45	FE-3	INTERACTION Experiment Ops (FE- 3)
19:15-19:25	FE-4, FE-5	Pre-sleep
19:25-19:35	CDR, FE-2, FE-4, FE-5	Crew Prep for PAO
19:30-19:35	FE-1	Elektron-VM Aerosol Filter Inspection
19:35-19:55	CDR, FE-2, FE-4, FE-5	PAO Event (S+Ku-band)
19:35-21:30	FE-1	Pre-sleep
19:45-21:30	FE-3	
19:55-20:05	FE-2	PAO Hardware Deactivation
19:55-20:00	FE-5	MPC Power Up
19:55-21:30	CDR, FE-4	Pre-sleep
20:00-21:25	FE-5	Dro cloop
20:05-21:30	FE-2	Pre-sleep
21:25-21:30	FE-5	MPC Power Down
21:30-06:00		SLEEP

Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
 See OSTP for references to US activities
 Pre-sleep: dinner, daily food prep, evening toilet
 End of Radiogram