Replacement of ПЗУА [ROM]. Replacement of БПА [Nitrogen Purge Unit]. ВД-СУ Mode Deactivation/Activation And БИТС Power Off/On.

GMT	CREW	d БИТС Power Oπ/On. ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40	-	Post-sleep
	FE-1	MO-8. Set-up
06:40-06:50	CDR	
06:50-07:00	FE-1	Calf volume measurement
06:50-07:05	CDR FE-1	Body mass measurement
07:05-07:20		
07:05-07:55	CDR	BREAKFAST
07:20-07:30	FE-1	MO-8. Closeout ops
07:30-07:35		Elektron switch off
07:35-08:25		BREAKFAST
07:55-08:15	CDR	Work prep
08:15-08:30		Condensate transfer (start)
08:25-08:45	FE-1	Preparations for replacement of ПЗУА-1М in БИТС2-12 ТА968МА(ПЦБ) and БПА [Nitrogen Purge Unit]
08:45-09:00		Daily planning conference (S-band)
09:00-09:35	FE-1	Replacement of ПЗУА-1M in БИТС2-12 ТА968МА(ПЦБ) and БПА. <i>Tagup with specialists (S-band)</i>
09:00-09:30	CDR	On-orbit hearing assessment using EarQ s/w
09:30-10:00		Portable Breathing Apparatus (PBA) and Portable Fire Extinguisher (PFE) inspection
09:35-10:15	FE-1	Portable repress tank (БНП) installation in PO [Working Compartment] (b/c 001473R, CO1BΠC_2) SM IFM IVA
10:00-10:10	CDR	RED bolt maintenance
10:15-10:45	FE-1, CDR(assist s)	Hand ergometry To=10:18:00
10:45-12:15	FE-1	Physical exercise (TVIS), day 3
10:45-11:00		Condensate transfer (end)
11:15-11:45	CDR	Preparation of US tools for EVA-12
11:45-12:05		IMS file prep
12:15-13:15		DC1 set up for EVA
13:20-13:50	CDR, FE- 1(assists)	Hand ergometry To=13:28:00
13:50-14:50		LUNCH
14:50-15:05	FE-1	Replacement of БПА (backup)
14:50-15:20	CDR	Installation of additional Portable Repress Unit (БΗΠ) in DC1 (b/c 002011R, ΤΠΚ215БΟ)
15:20-16:05		TVIS Monthly Maintenance
15:30-15:55	FE-1	On-orbit hearing assessment using EarQ s/w
15:55-16:05		Elektron switch on / r/g 9153, steps 1-8 (skip step 3)

16:05-17:35		Replacement of 5K 5KB [Water Conditioning Unit Water Purification Column] in CPBK-2M (#306004 b/c 009855R, CM1PO_3_339_1, white bag 350-25. Removed unit - to trash)
16:05-16:10	CDR	TVIS Weekly Maintenance
16:10-17:10		Physical Exercise (TVIS)
17:10-17:25	CDK	RED routine inspection
17:25-18:55		Physical Exercise (RED)
17:35-18:35		Physical exercise (VELO+Load Trainer/Cycle 1), day 3
18:35-18:45	FE-1	Daily plan review
18:45-18:55		Report prep
18:55-19:10		Daily planning conference (S-band)
19:10-19:15	CDR	Transfer TVIS, RED, and HRM data to MEC.
19:10-19:30	FE-1	Depart prop
19:20-19:30	CDR	Report prep
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task list	FE-1	Plants. Payload status check

Note. See OSTP for references to US activities. End of Radiogram