## **CREW OFF DUTY**

| GMT         | CREW | ACTIVITY  |
|-------------|------|---|
| 06:00-06:10 | CDR  | Morning inspection. Check cnctr СМ-У (АСУ) behind pnl 139 for moisture                    |
|             | FE-1 | Morning inspection  |
| 06:10-06:40 |      | Post-sleep  |
| 06:40-07:30 |      | BREAKFAST   |
| 07:30-08:05 | CDR  | SFOG Candle Replacement and Activation. <b>Report to MCC</b> number of candle to be used. |
| 10:40-11:40 | FE-1 | Physical exercise (CEVIS)   |
| 11:05-11:40 | CDR  | SFOG Candle Replacement and Activation. <b>Report to MCC</b> number of candle to be used. |
| 11:40-13:10 | FE-1 | Physical Exercise (RED)   |
| 11:40-13:10 | CDR  | Physical Exercise (TVIS) Day 1  |
| 13:10-14:10 |      | LUNCH   |
| 15:10-15:20 | CDR  | Leak check of Elektron Liquid Unit. Tagup with specialists (S-band) / r/g 621             |
| 16:45-17:15 | FE-1 | СОЖ maintenance / CBO, СП counter calldowns   |
| 17:15-18:15 | CDR  | Physical Exercise (VELO+Load Trainer/cycle 1) day 1                                       |
| 18:00-18:15 | FE-1 | Questionnaire - log entry   |
| 18:15-18:45 |      | Daily plan review   |
| 18:45-19:00 |      | Daily planning conference (S-band)  |
| 19:00-19:30 |      | Report prep   |
| 19:30-20:00 |      | DINNER  |
| 20:00-20:30 |      | Daily food prep   |
| 20:30-21:30 |      | Pre-sleep   |
| 21:30-06:00 |      | SLEEP   |
| Task List   | CDR  | URAGAN Observations and photo imagery + r/g 635   |
|             |      | PLANTS-2. Payload status check / BE, item 5.14, page 5-28, steps 3 through 7              |

See OSTP for references to US activities.

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