

**Test of KURS System (SM Aft) • Refill of FGB Oxidizer Tank БНДГ(О) 2 From Progress-10 КДУ
Tank БГ(О) • Attitude Transition ([PCO] to [OCK])**

GMT	Crew	Activity
06:00–06:10		Morning inspection
06:10–06:40		Post-sleep
06:40–07:30		BREAKFAST
07:30–07:45		Daily planning conference (<i>S-band</i>)
07:45–08:15		Prep for work
08:15–11:15		Transfer and IMS tracking of deorbit items
11:15–12:30	FE-1	Physical exercise (RED)
11:20–11:30	CDR	On MCC GO: pressurization of ISS with O2 from Progress-247 CpПK system
11:30–12:30		Physical exercise (VELO + Load Trainer-1 / day 1)
12:30–13:30		LUNCH
13:30–15:30	CDR	Transfer and IMS tracking of deorbit items
13:30–13:35	FE-1	Microgravity Science Glovebox (MSG): activation
13:35–13:50		Pore Formation and Mobility Investigation (PFMI): installation of sample tube 3
13:50–14:10		Pore Formation and Mobility Investigation (PFMI): payload activation (steps 1-6)
14:10–14:20		Pore Formation and Mobility Investigation (PFMI): sample check, initiation of sample processing, computer activation
14:20–14:30		Increment 7 daily payload status check
14:30–15:00		SSC4 laptop config for A/L ops
15:00–15:20		EMU battery discharge
15:20–15:30		Setup for PAO event
15:30–15:40		Prep for PAO event
15:40–16:00		PAO event: Interview w/ astronaut website creator (<i>Ku+S-band</i>)
16:00–16:30	FE-1	SSC4 laptop reconfig to nominal
16:05–16:45	CDR	IMS file prep
16:30–17:00	FE-1	Maintenance of COЖ
16:45–18:15	CDR	Physical exercise (TVIS-1)
17:00–18:15	FE-1	Physical exercise (CEVIS)
18:15–18:45		Daily plan review
18:45–19:15	CDR	Prep for work
18:45–19:05	FE-1	
19:05–19:15		Pore Formation and Mobility Investigation (PFMI): videotape removal
19:15–19:30		Daily planning conference (<i>S-band</i>)
19:30–20:00		DINNER
20:00–20:30		Daily food prep
20:30–21:30		Pre-sleep
21:30–06:00		SLEEP

NOTE: See OSTP for references to US activities.

End of radiogram