r/g 5984u Form 24 for 06.30.2014 [CTTC] maintenance check. Stowage of equipment into Progress 427 (DC1) for disposal

TIME	CREW	ACTIVITY
06:00-06:10	CDR	Morning Inspection
06:00-06:10	FE-2	Morning Inspection Laptop RS1(2) Reboot RSS1,2 reboot
06:00-06:05	FE-4	Morning Inspection. SM ΠCC (Caution & Warning Panel) Test
06:00-06:05	FE-5,FE-6	REMINDER – reading reminder
06:00-06:10	FE-1	Morning Inspection [МНР-НС] [СМ-У] receptacle inspection behind [АСУ] pnl 139
06:05-06:10	FE-5	REMINDER - reading reminder
06:05-06:15	FE-4	MO-8. Configuration setup
06:05-06:35	FE-6	Postsleep
06:10-06:15	FE-5	PROK - Urine Sample Collection Operations
06:10-06:30	CDR	Postsleep
06:10-06:20	FE-1	Postsleep
06:10-06:25	FE-2	Postsleep
06:15-06:40	FE-4	Postsleep
06:15-06:20	FE-5	Pady Mass Massurament
06:20-06:25	FE-1	Body Mass Measurement
06:20-06:40	FE-5	HRF - Urine Sample Collection Operations
06:25-06:30	FE-2	Body Mass Measurement
06:25-06:40	FE-1	Postsleep
06:30-06:40	FE-2	Postsleep
06:30-06:35	CDR	Dody Moss Massurement
06:35-06:40	FE-6	Body Mass Measurement
06:35-06:55	CDR	Breakfast
06:40-06:45	FE-4	Body Mass Measurement
06:40-07:30	FE-1,FE-2	Breakfast
06:40-07:40	FE-6	Breakfast
06:40-06:45	FE-5	HRF - Sample MELFI Insertion Operations
06:45-07:20	FE-5	HRF – Blood Sample Collection
06:45-06:55	FE-4	MO-8. Closeout ops
06:55-07:10	CDR	HRF – Assistance in Blood Sample Collection
06:55-07:30	FE-4	Breakfast
07:10-07:40	CDR	Breakfast
07:20-07:25	FE-5	REMINDER – reading reminder
07:25-07:40	FE-5	Postsleep
07:30-07:40	FE-1,FE-2, FE-4	Work prep

07:40-08:05	CDR, FE-1 , FE-2 , FE-4	Daily planning conference (S-band)
07:40-08:00	FE-6	
07:40-07:50	FE-5	HRF - Refrigerated Centrifuge set up
07:50-08:05	FE-5	Daily planning conference (S-band)
08:00-09:00	FE-6	T2 Exercise
08:05-08:15	FE-1,FE-2, FE-4	Work prep
08:05-08:20	FE-5	Breakfast
08:05-08:15	CDR	Postsleep
08:15-08:45	FE-1,FE-2, FE-4	THE GREAT BEGINNING. "Ask ISS crew" show. Script review. Tag-up with specialists
08:15-08:20	CDR	Work prep
08:20-09:55	CDR	CDRA – BED deinstall
08:20-08:25	FE-5	HRF – blood samples retrieval and Refrigerated Centrifuge power down
08:25-08:30	FE-5	HRF - Sample MELFI Insertion Operations
08:30-09:00	FE-5	Breakfast
08:45-09:10	FE-2	HMS On-Orbit Hearing Assessment with EarQ Software Setup and Test
08:45-09:20	FE-1,FE-4	ECON-L. Observations and photo
09:00-09:15	FE-5	HRF – closeout ops and stowage
09:00-10:30	FE-6	ARED Exercise
09:15-09:35	FE-5	HRF – urine sample collection
09:20-09:30	FE-4	VIRU. Battery charge (start)
09:20-12:20	FE-1	CTTC functional check (Low Frequency band check and ПА and VHF
09:20-10:40	FE-2	receivers check). Headsets audit. Tag-up with specialist
09:30-09:40	FE-4	OBSTANOVKA. Data arrays downlink from БСΠΗ to laptop RSS1 БСΠΗ (start)
09:35-09:40	FE-5	HRF – Sample Stowage in MELFI
09:40-09:55	FE-5	IFM - Vacuum Cleaner Bag Remove and Replace
09:40-10:05	FE-4	Elektron-VM pressurization prior to activation Connect 3Π28-2 cnctr to H2line 3Π27cnctr. Tag-up with specialists.
09:55-10:55	FE-5	T2 Exercise
10:05-11:05	FE-4	VELO Exercise, Day 1
10:30-12:15	CDR,FE-6	CDRA – Node 3 mesh filter removal and cleaning
10:40-10:45	FE-2	VHF 2д (УКВ2д) comm check from SM (using prime comm sets)
10:45-12:10	FE-2	CTTC functional check (Low Frequency band check and ΠA and VHF receivers check). Headsets audit. <i>Tag-up with specialists.</i>
10:55-12:25	FE-5	ARED Exercise
11:05-12:35	FE-4	БД-2 Exercise, Day 1
12:10-12:20	FE-2	CTTC comm assets switchover to a backup set
12:15-13:15	FE-6	LUNCH
12:20-12:25	FE-2	VHF 2д (УКВ2д) comm check from SM (using backup comm sets)

12:25-13:25	FE-5	LUNCH
12:25-13:55	CDR	ARED Exercise
12:35-13:35	FE-1,FE-2, FE-4	LUNCH
13:15-13:25	FE-6	Columbus equipment set up for PAO
13:25-13:30	FE-5	Nanoracks Platform-3 Enable
13:25-13:35	FE-6	Crew prep for PAO
13:30-13:50	FE-5	HRF – Stowage of Urine Collection Equipment
13:35-13:55	FE-6	PAO event
13:35-14:15	FE-2	SOZh maintenance
13:35-14:10	FE-1,FE-4	ECON-L. Observations and photo
13:55-14:10	FE-5	JRNL – Long entry
13:55-14:55	CDR	LUNCH
14:10-14:55	FE-4 , FE-5,FE-6	OBT CHeCS Contingency Drill Training
14:10-15:40	FE-1	SPLANH. Prep for experiment
14:15-15:35	FE-2	Stowing equipment for disposal in PROGRESS # 427(DC1) and IMS update
14:55-16:25	CDR,FE-6	CDRA – Node 3 mesh filter repairs
14:55-15:05	FE-5	Pro K Diet And PH Log Photos
14:55-15:05	FE-4	OBSTANOVKA. Data arrays downlink from БСΠΗ to laptop RSS1 БСΠΗ (termination)
15:10-15:20	FE-4	VIRU. Battery charge (term)
15:20-15:40	FE-4	VIRU. Software update. Tag-up with specialists
15:35-16:05	FE-2	Connect TV camera КЛ-153M to MRM1 TV system
15:40-16:05	FE-1	HMS On-Orbit Hearing Assessment with EarQ Software Setup and Test
15:40-16:40	FE-4	VIRU. Equipment setup for RELAXATION experiment. Tag-up with specialists
16:05-17:05	FE-2	ARED Exercise
16:05-17:05	FE-1	БД-2 Exercise, Day 2
16:25-17:55	CDR,FE-6	CDRA - Reassembly
16:40-17:10	FE-4	VIRU. Setting equipment parameters for RELAXATION. Tag-up with specialists
17:05-18:20	FE-2	БД-2 Exercise, Day 1
17:05-18:35	FE-1	ARED Exercise
17:10-17:30	FE-4	VIRU. Earth observation as part of RELAXATION. Tag-up with specialists
17:30-18:10	FE-4	VIRU. Close-out ops and post RELAXATION equipment deinstall. <i>Tag-up with specialists</i>
17:40-17:55	FE-5	IFM - Vacuum Cleaner Bag Stowage
17:55-18:25	FE-5	HMS - Vision Test
17:55-18:25	FE-6	Evening Work Prep
17:55-18:05	CDR	Evening Work Prep

Task List	FE-2,FE-4	URAGAN. Photo and observation
I ask List	FE-4	ECON-M. Observations And Photography
Task List	FE-1,FE-2,	Preparation of reports for Roscosmos site
21:30-06:00		Sleep
21:25-21:30	FE-6	REMINDER – reading reminder
19:40-21:25	FE-6	Presleep
19:40-21:30	CDR, FE-1 , FE-2,FE-4 , FE-5	Presleep
19:15-19:40		Daily Planning Conference (S-band)
19:05-19:15		Presleep
19:00-19:05	FE-6	HMS - Vision Questionnaire
18:35-19:05	FE-1,FE-2, FE-4	Evening Work Prep
18:30-19:05	FE-5	Evening Work Prep
18:25-18:30	FE-5	HMS – Vision Questionnaire
18:25-19:00	FE-6	HMS - Vision Test
18:20-18:35	FE-2	Exercise data downlink
18:10-18:20	FE-4	VIRU. Filling out VURU registration sheet and downlink
18:05-19:05	CDR	T2 Exercise

Notes:

- 1. SM Window No. 9 shutter opening is at crew discretion w/ Report to MCC
- 2. Pre-sleep ops: daily food prep, dinner, pre-sleep
- 3. See OSTPV for references to US activities.
- 4. Russian crew uses US exercise equipment strictly per F24 or OSTPV
- 5. 21:35-22:15 GMT Do not use T2 exerciser