

Radiogram No. 0225u
CREW OFF-DUTY

Form 24 for 05/09/09
HAPPY MAY 9 HOLIDAY!

GMT	CREW	ACTIVITY
06:00-06:10	CDR	Morning Inspection
06:00-06:20	FE-1	Post-sleep
06:00-06:20	FE-2	Nutrition and Repository Urine Collection
06:10-06:40	CDR	Post-sleep
06:20-06:30	FE-2	Nutrition and Repository MELFI Urine Sample First Insertion
06:20-06:25	FE-1	Nutrition and Repository Photography
06:30-06:45	FE-1	Nutrition and Repository Blood Draw Operator
06:30-06:50	FE-2	Nutrition and Repository Blood Samples
06:40-07:30	CDR	BREAKFAST
06:45-06:50	FE-1	Nutrition and Repository Photography
06:50-07:00	FE-2	Nutrition and Repository FE2 Refrigerated Centrifuge Setup
06:50-07:00	FE-1	Post-sleep
07:00-07:10	FE-2	Nutrition and Repository Refrigerated Centrifuge Config
07:00-07:20	FE-1	Nutrition and Repository Urine Collection
07:10-07:40	FE-2	Post-sleep
07:20-07:30	FE-1	Nutrition and Repository MELFI Urine Sample First Insertion
07:30-07:40	FE-1	BREAKFAST
07:30-10:30	CDR	Weekly Housekeeping Grille Cleaning in Fans: ВПpK, ВПxO, ΦC5, ΦC6, ΦC9, FGB ЦB2
07:40-07:45	FE-1	Nutrition and Repository Photography
07:40-08:00	FE-2	Nutrition and Repository Blood Sample Insertion into MELFI
07:45-08:00	FE-1	BREAKFAST
08:00-11:00	FE-1,FE-2	Weekly Housekeeping
10:30-11:10	CDR	COЖ Maintenance
11:00-12:30	FE-2	Physical Exercise (ARED)
11:25-12:55	CDR	Physical Exercise (TVIS), day 4
12:00-12:20	FE-1	Nutrition and Repository Urine Collection
12:20-12:25	FE-1	Nutrition and Repository Insertion of Urine Sample into MELFI
12:50-12:55	FE-1	BCAT-4 Camera Checkout
12:55-13:55		LUNCH
13:55-14:25		Weekly planning conference (S-band)
15:00-15:20	FE-2	Nutrition and Repository Urine Collection
15:20-15:25	FE-2	Nutrition and Repository Insertion of Urine Sample into MELFI
16:05-17:05	FE-2	Physical Exercise (TVIS)
16:30-16:50	FE-1	Nutrition and Repository Urine Collection
16:50-16:55	FE-1	Nutrition and Repository Insertion of Urine Sample into MELFI
16:55-18:25	FE-1	Physical Exercise (ARED)
18:25-19:25	FE-1	Physical Exercise (TVIS)
18:30-19:30	CDR	Physical Exercise (ARED)

18:35-18:55	FE-2	Nutrition and Repository Urine Collection
18:55-19:00	FE-2	Nutrition and Repository Insertion of Urine Sample into MELFI
19:10-19:20	FE-2	Potable Water Dispenser (PWD) Daily Ambient Flush
19:20-19:25	FE-2	OCA SSC Router Reboot
19:25-19:30	FE-1	Transfer TVIS, CEVIS, and HRM data to MEC
19:25-19:30	FE-2	SSC File Server Reboot
19:30-21:00	CDR	Presleep (dinner, daily food prep, evening toilet)
19:30-21:30	FE-1, FE-2	Presleep (dinner, daily food prep, evening toilet)
21:00-21:05	CDR	HAM radio session set up
21:05-21:15	CDR	HAM Radio Session with WWII Veterans and Kursk University Students
21:15-21:30	CDR	Presleep (dinner, daily food prep, evening toilet)
21:30-06:00		SLEEP
Task List	CDR	PILOT-M
		ECON. Observations and Photography
		Audit of Lights CД1-7, CД1-6, CД1-5M, CP-2, CПP
		Audit of Medical Locker Container 1 and 6

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
2. See OSTP for references to US activities

End of Radiogram