

Radiogram No. 4442u

Form 24 for 01/02/2014

CREW OFF-DUTY

TIME	CREW	ACTIVITY
06:00-06:15	CDR	KHROMATOMASS. Experiment setup
06:00-06:10	FE-2	Morning Inspection. RSS1,2 Reboot
06:00-06:10	FE-5	Morning Inspection
06:00-06:10	FE-4	Morning Inspection Laptop RS1(2) Reboot
06:00-06:05	FE-3,FE-6	Reading REMINDER
06:05-06:10	FE-3	Morning Inspection
06:05-06:10	FE-6	Reaction Self Test
06:10-06:40	FE-2,FE-3, FE-4,FE-5, FE-6	Post-sleep
06:15-06:45	CDR	KHROMATOMASS. Saliva and Blood Collection
06:40-07:30	FE-2,FE-3, FE-4,FE-5, FE-6	BREAKFAST
06:45-06:50	CDR	Morning Inspection
06:50-07:20	CDR	Post-sleep
07:20-08:10	CDR	BREAKFAST. SM ПСС (Caution & Warning Panel) Test (after breakfast)
07:30-07:40	FE-2	BRI Log Dump from RSS1
07:30-08:00	FE-3,FE-5, FE-6	Work Prep
07:40-09:05	FE-2	Checking COT hardware connectors in SM PO Work Compartment usingYKP-50 - part 1. <i>Tagup with specialist if needed. (S-band)</i>
08:00-08:15	FE-3,FE-5, FE-6	Daily Planning Conference (<i>S-band</i>)
08:10-09:05	CDR	Checking COT hardware connectors in SM PO Work Compartment usingYKP-50 - part 1. <i>Tagup with specialist if needed. (S-band)</i>
08:15-08:35	FE-6	ISS Crew / SSIPC FD Conference
08:25-09:55	FE-3	Periodic Fitness Evaluation - Nom Ops (subject)
08:45-09:00	FE-6	Private Psychological Conference
09:00-09:30	FE-6	Periodic Fitness Evaluation - Nom Ops (assistance)
09:20-09:30	FE-5	T2 Monthly Inspection
09:25-10:10	CDR, FE-2	Checking COT hardware connectors in SM PO Work Compartment usingYKP-50 - part 1. <i>Tagup with specialist if needed. (S-band)</i>
09:30-10:30	FE-5	T2 Exercise
09:40-10:05	FE-6	On-orbit Hearing Assessment using EARQ
10:00-10:05	FE-3	Set up video equipment to record ARED exercise

10:05-10:30	FE-6	Crew Medical Officer (CMO) proficiency training
10:05-11:30	FE-3	ARED Exercise
10:30-11:30	FE-6	T2 Exercise
10:30-10:55	FE-5	WHC Fill
10:45-12:15	FE-4	БД-2 Exercise, Day 2
11:00-11:45	FE-5	Optical Coherence Tomography (OCT) - Equipment Setup
11:30-11:50	FE-3	EXPRESS Rack 7 Clean Up Activity
11:30-11:35	FE-6	Photo/TV Camcorder Setup Verification for ARED Exercise
11:35-13:00	FE-6	ARED Exercise
11:45-11:55	FE-5	PAO Hardware Setup
11:55-12:05	FE-3,FE-5	Crew Prep for PAO
12:00-12:15	CDR	KHROMATOMASS. Closeout Ops
12:05-12:25	FE-3,FE-5	PAO
12:15-13:15	CDR,FE-2,FE-4	LUNCH
12:30-13:00	FE-5	WETLAB - WetLab Hardware Cleanup and Relocate
12:45-13:00	FE-3	EXPR2 - Panel Removal
13:00-14:00	FE-3	Optical Coherence Tomography (OCT) - Subject
13:00-14:00	FE-6	Optical Coherence Tomography (OCT) - OBT
13:05-13:30	FE-5	Crew Medical Officer (CMO) proficiency training
13:30-14:30	FE-5	LUNCH
13:45-14:25	FE-2	COЖ Maintenance
14:00-14:15	CDR	Charging TK 710 IRIDIUM Phone - setup, start charge
14:00-14:25	FE-4	On-orbit Hearing Assessment using EARQ
14:00-15:00	FE-3,FE-6	LUNCH
14:25-14:30	FE-2	Photo/TV Camcorder Setup Verification for ARED Exercise
14:25-14:30	CDR	Charging TK 710 IRIDIUM Phone - Battery Charge Status
14:30-15:40	FE-2	ARED Exercise
14:30-15:00	FE-5	NANORACK - Procedure Review
14:30-14:40	CDR	TK 710 IRIDIUM Phone Charging - Terminate Charge
14:40-14:50	FE-4	Charging TK 711 IRIDIUM Phone - setup, start charge
15:00-16:00	FE-6	Optical Coherence Tomography (OCT) - Subject
15:00-16:00	FE-3	Optical Coherence Tomography (OCT) OBT
15:00-16:00	FE-5	NANORACK - Centrifuge Troubleshooting
15:05-15:10	FE-4	Charging TK 711 IRIDIUM Phone - Battery Charge Status
15:10-15:25	FE-4	Charging TK 711 IRIDIUM Phone - terminate charge, tear down the setup
15:40-17:10	FE-2	БД-2 Exercise, Day 1
15:40-15:45	CDR	Photo/TV Camcorder Setup Verification for ARED Exercise
15:45-17:10	CDR	ARED Exercise
16:00-16:15	FE-6	BODYM - Gather equipment in preparation for Body Measurements data collection operations
16:00-16:20	FE-3	Optical Coherence Tomography (OCT) - Equipment Stowage

16:10-16:35	FE-5	On-orbit Hearing Assessment using EARQ
16:15-16:30	FE-6	Private Medical Conference
16:20-16:25	FE-3	Ocular Health (OH) - prep
16:35-16:50	FE-5	Private Psychological Conference
16:40-16:55	FE-6	Fundoscope Setup
16:55-17:25	FE-6	Ocular Health (OH) - CMO
16:55-17:25	FE-3	Ocular Health (OH) - Subject
17:10-17:15	FE-5	Photo/TV Camcorder Setup Verification for ARED Exercise
17:10-18:10	CDR	БД-2 Exercise, Day 2
17:15-18:40	FE-5	ARED Exercise
17:30-17:35	FE-6	Ocular Health (OH) - Prep
17:45-18:45	FE-4	VELO Exercise, Day 2
17:50-18:05	FE-3	Private Medical Conference
18:05-18:35	FE-6	Ocular Health (OH) Exam
18:05-18:35	FE-3	Ocular Health (OH) - CMO
18:15-18:45	CDR	SPLANH. Experiment setup. Tagup with specialists as necessary (<i>S-band as necessary</i>)
18:35-18:50	FE-6	Evening Work Prep
18:35-18:50	FE-3	Health Maintenance System (HMS) - Fundoscope Troubleshooting
18:40-18:45	FE-5	Stow Video Equipment Used for ARED Exercise Video
18:50-19:15	.	Daily Planning Conference (<i>S-band</i>)
19:15-19:30	CDR,FE-2, FE-3,FE-4, FE-5	Evening Work Prep
19:15-19:25	FE-6	Fundoscope Stow
19:30-21:20	FE-3	Pre-sleep
19:30-21:30	CDR,FE-2, FE-4,FE-5	Pre-sleep
19:30-21:15	FE-6	Pre-sleep
21:15-21:20	FE-6	Reaction Self Test
21:20-21:25	FE-3,FE-6	Reading REMINDER
21:25-21:30	FE-3,FE-6	Reading REMINDER
21:30-06:00	.	SLEEP
Task List	CDR	Progress 420 Transfers and IMS Ops
Task List	CDR,FE-2, FE-4	Preparation of reports for Roscosmos site
		URAGAN Observations and Photography
		ECON-M. Observations and Photography

Note:

1. SM Window No. 9 shutter opening is at crew discretion w/ **Report to MCC**
2. Pre-sleep ops: daily food prep, dinner, pre-sleep
3. See OSTP for references to US activities.

4. Russian crew uses US exercise equipment strictly per F24 or OSTPV

5. Reference times for ВД-СУ mode ON/OFF during activities per

08:10-08:25

08:30-08:45

08:50-09:05

09:35-09:50

09:55-10:10

6. For the duration of the solar orbit, turn OFF all BKC laptops that are not being used.

End of r/g