

CREW OFF DUTY

GMT	Crew	Activity
06:00-06:10	CDR	Morning inspection. Monitor [CM_Y] SM urine connector of [ACY] toilet for liquid presence behind Panel 454.
06:00-06:10	FE-1	Morning inspection
06:10-06:40	.	Post-sleep
06:40-07:30	.	BREAKFAST
10:15-11:45	CDR	Physical Exercise TVIS-3
10:30-12:00	FE-1	Physical Exercise RED
11:45-12:00	CDR	Setup for TV downlink (To=12.47, T1, T2, T3 by Daily Flight Program)
12:00-12:20	CDR	ISS/MCC TV downlink (if M1 is available) Private Family Conference (Ku+S-band as backup)
12:00-13:00	FE-1	Physical Exercise TVIS
13:35-13:50	CDR	Private Psychological Conference (VHF)
13:50-14:50	.	LUNCH
16:30-17:30	CDR	Physical Exercise (VELO + Force Loader 1) Day 3
17:30-18:00	CDR	COX maintenance/ WCS flush counter, Water Supply System information call down
18:00-18:30	.	Daily plan review
18:30-18:45	.	DPC (S-band)
19:00-19:30	.	Report prep
19:30-20:00	.	DINNER
20:00-20:30	.	Daily food prep
20:30-21:30	.	Pre-sleep
21:30-06:00	.	SLEEP
Task List	CDR	URAGAN. Observation and photo imagery
		DIATOMEA. World ocean observations

Note: See OSTP for references to USOS activities

End of radiogram