

Radiogram No. 993u Form 24 for 08/07/05

Weekly Housekeeping. Crew Off Duty.

GMT	CREW	ACTIVITY
06:00-06:10	.	Morning inspection. Check [ACY] cnctr CM-Y behind pnl 139 for moisture
06:10-06:40	.	Post-sleep
06:40-07:30	.	BREAKFAST
08:05-11:05	.	Weekly housekeeping
11:05-12:35	CDR	Physical exercise (TVIS), day 4
12:35-13:05	.	Weekly planning conference (S-band)
13:05-13:10	CDR	On MCC GO: ISS O2 repress from Progress 353 CpПK (Oxygen Supply Facility) (start)
13:10-14:10	.	LUNCH
14:10-14:15	CDR	ISS O2 repress from Progress 353 CpПK (terminate)
15:45-16:45	FE-1	Physical Exercise (TVIS)
16:45-18:15		Physical Exercise (RED)
16:45-17:45	CDR	Physical exercise (VELO + Load Trainer/Cycle 1), day 4
17:45-18:15		COЖ maintenance <i>CBO, CП counter calldowns</i>
18:15-18:45	.	Daily plan review
18:45-19:15	.	Report prep
19:15-19:30	.	Daily planning conference (<i>S-band</i>)
19:30-20:00	.	DINNER
20:00-20:30	.	Daily food prep
20:30-21:30	.	Pre-sleep
21:30-06:00	.	SLEEP

Note: See OSTP for references to US activities.
End of Radiogram