R/G 7046u Form 24 for 12/08/03

## Transition to OCK • Installation of Sputnik-SM Hardware

GMT	Crew	Activity
06:00-06:10		Morning inspection
06:10-06:20	FE-1	MO-8: setup
06:10-06:20	CDR	Calf volume measurement
06:20-06:30	FE-1	
06:20-06:35	CDR	Body mass measurement
06:35-06:50	FE-1	
06:35-07:05	CDR	Post-sleep
06:50-07:00	FE-1	MO-8: closeout ops
07:00-07:25	FE-1	Post-sleep
07:05-07:55	CDR	·
07:25-08:15	FE-1	BREAKFAST
07:55-08:15	CDR	Acoustic dosimeters: setup
08:15-08:30		Daily planning conference (S-band)
08:30-08:45	FE-1	Work prep
08:30-08:35	CDR	Microgravity Science Glovebox (MSG): activation
08:35-09:00	CDR	Work prep
08:45-09:00	FE-1	Removal of yellow tags from certified Sputnik hardware
09:00-11:00	FE-1	
09:00-10:30	CDR	Installation of Sputnik-SM hardware. Photo ops. <i>Tagup (S-band)</i>
11:00-11:15	FE-1	Regeneration of БМП absorbent bed Φ1 (init)
11:00-12:30	CDR	Physical exercise (RED)
11:15-12:15	FE-1	Physical exercise (VELO+Load Trainer-1 / day 1)
12:30-13:30		LUNCH
13:30-14:30	FE-1	Audit of CTB #1003: network accessories
13:30-13:55	CDR	Pore Formation and Mobility Investigation (PFMI): sample installation
13:55-14:25	CDR	PFMI Ops: steps 1-6
14:25-14:40	CDR	PFMI Ops: step 7
14:30-15:55	FE-1	Preventive maintenance of SM ventilation system: Group C
14:40-14:45	CDR	EXPRESS Rack 2: laptop activation
14:45-14:50	CDR	ISS-8 (Soyuz 7) payload status check
14:50-15:50	CDR	Physical exercise (TVIS)
15:50-17:05	CDR	SSK sample collection and culture
15:55-17:25	FE-1	Physical exercise (TVIS / day 1)
17:05-18:05	CDR	Microbial sample collection
17:25-17:45	FE-1	IMS file prep
17:45-18:15	FE-1	СОЖ maintenance
18:15-18:45	FE-1	Daily plan review
18:15-18:45	CDR	Work prep
18:45-19:00		Daily planning conference (S-band)
19:00-19:30	FE-1	Work prep
19:00-19:15	CDR	Daily plan review

19:15-19:45	CDR	DINNER (Renal – pill ingestion)
19:30-20:00	FE-1	
19:45-20:15	CDR	Daily food prep
20:00-20:30	FE-1	
20:15-21:10	CDR	Pre-sleep
20:30-21:30	FE-1	
21:10-21:30	CDR	Acoustic dosimeters: data record
21:30-06:00		SLEEP
Task list	FE-1	Equipment search

Note: See OSTP for US procedure references

End of radiogram