

Radiogram No. 8914u

Form 24 for 10/26/08

CREW OFF-DUTY

GMT	CREW	ACTIVITY
06:00-06:10	.	Morning Inspection
06:10-06:40	.	Post-sleep
06:40-07:30	.	BREAKFAST
07:30-10:30	FE-2	Weekly Housekeeping
07:30-07:50	CDR	Nutrition and Repository - urine sample collection
07:50-07:55		Nutrition and Repository - urine sample MELFI insertion
07:55-08:15		Nutrition and Repository - stow urine sampling hardware
08:15-09:45		Physical Exercise (RED)
09:45-12:45	CDR,FE-1	Weekly Housekeeping ВПхО, ФC5, ФC6, ФC9, ВПpK, FGB ЦB2 Screen Cleaning
10:35-12:05	FE-2	Physical Exercise (RED)
12:05-13:05	FE-2	Physical Exercise (CEVIS)
12:45-13:05	FE-1	Private Family Conference (<i>Ku + S-band</i>)
13:05-14:05	.	LUNCH
14:05-14:20	FE-2	Private Family Conference (<i>Ku + S-band</i>)
14:05-14:45	FE-1	COЖ Maintenance
15:00-16:15	FE-2	SPHERES. Test Session
15:45-17:15	FE-1	Physical Exercise (TVIS), day 2
15:45-16:00	CDR	Private Psychological Conference (<i>Ku + S-band</i>)
16:05-16:25		SPHERES. Procedure Review
16:15-16:30	FE-2	Private Psychological Conference (<i>Ku + S-band</i>)
16:25-16:40	CDR	SPHERES. Camcorder setup
16:30-18:45	FE-2	SPHERES. Test Session
16:40-17:05	CDR	SPHERES. Crew Experiment Discussion
17:05-17:15		SPHERES. Equipment stow.
17:15-18:15	FE-1	Physical Exercise (VELO + RED), day 2
17:15-18:15	CDR	Physical Exercise (CEVIS)
18:15-19:00	CDR,FE-1	Prep for Work
18:45-19:00	FE-2	Prep for Work
19:00-19:15	.	Daily Planning Conference (<i>S-band</i>)
19:15-19:30	.	Prep for Work
19:30-19:35	CDR	Presleep (Dinner, Daily Food Prep, Evening Toilet)
19:30-21:30	FE-1,FE-2	
19:35-19:50	CDR	Private Family Conference (<i>Ku + S-band</i>)
19:50-21:30		Presleep (Dinner, Daily Food Prep, Evening Toilet)
21:30-06:00	.	SLEEP
Task List	FE-1	ISS RS Laptop Cables / Power Supply Audit

Note

1. SM Window #9 shutter opening is at crew discretion with Report to MCC
2. See OSTP for references to US activities.

End of Radiogram