Radiogram No. 6011nu Form 24 for 08/29/07 (**Updated**) **CREW HEALTH STATUS. Audit of CJ Lamp Units in RS**

GMT	CREW	ACTIVITY
06:00-06:10		Morning Inspection
06:10-06:30	FE-1	Post-sleep
06:10-06:20	FE-2	
06:10-06:20	CDR	Hematocrit. Hematocrit test
06:20-06:30	FE-2	
06:30-06:40	FE-1	
06:20-06:40	CDR	Post-sleep
06:30-06:45	FE-2	
06:40-06:45	FE-1	Hematocrit. Hardware stowage
06:40-07:25	CDR	BREAKFAST
06:45-07:25	FE-1, FE-2	
07:25-07:40		Daily Planning Conference (S-band)
07:40-07:50	FE-2	
07:40-08:00	CDR	Morning work prep.
07:40-08:10	FE-1	
07:50-08:20	FE-2	Defibrillator Checkout
08:00-08:15	CDR	On MCC Go: Regeneration of БМП absorbent bed #2 (start)
08:10-08:30	FE-1	PLANTS-1. Data collection and downlink
08:15-10:00	CDR	Progress 361 transfers and IMS updates
08:20-08:50	FE-2	Airlock Bacteria Filter Remove and Replace
08:30-09:30	FE-1	SM Ventilation System Preventive Maintenance. Group A
08:50-09:10	FE-2	Emergency, Warning Book Update
09:30-09:40		MELFI - hardware teardown
09:40-09:50	FE-1	Node 1 Hatch to Unlatch Position
09:50-10:20		TV Downlink, The Day of Knowledge PAO Event (To=09:57, T1,T2,T3 from
10:05-10:20	CDR, FE-2	СПП)
10:20-11:20	CDR	Progress 361 transfers and IMS updates
	FE-1	RS Lights Audit. Checking СД1-7 Light Units and Power Supplies
10:35-12:05	FE-2	Physical Exercise (TVIS)
11:25-12:05	CDR, FE-1	Study of cardiac bioelectric activity at rest (To=11:40). <i>Tagup w/specialists</i> (<i>VHF</i>)
12:05-13:05	CDR	Physical Exercise (VELO+RED), Day 1
12:05-13:05	FE-1	RS Lights Audit. Checking СД1-7 Light Units and Power Supplies
12:05-12:35	FE-2	Stow MSG leak test hardware
12:35-13:05		CGBA5 ops
13:05-13:50		Emergency Response to Fire On-board ISS drill. Tagup with specialists (S-band)
13:50-14:50		LUNCH
14:50-15:30	FE-1	СОЖ Maintenance. ИП-1 position verification
14:50-15:25	FE-2	PMA3- – depress prep

15:30-15:45		Fire Emergency Procedure Conference (S-band)
15:45-16:45	FE-1	Evening work prep
15:45-16:00	FE-2	EPO - Plant Photos
16:00-17:30	CDR	Physical Exercise (TVIS), Day 1
16:00-16:05	FE-2	HAM radio setup
16:05-16:15		HAM radio session
16:15-17:15		Centerline Berthing Camera System (CBCS) install and Checkout
16:45-17:15	FE-1	Physical Exercise (RED)
17:15-18:15	FE-2	Physical Exercise (RED)
17:15-17:45	FE-1	Physical Exercise (VELO), Day 1
17:30-17:50	CDR	IMS update
17:45-19:15	FE-1	Physical Exercise (TVIS), Day 1
17:50-18:10	CDR	ALTCRISS. OCA data downlink. Tagup with specialists as necessary (Sband)
18:15-19:15	FE-2, CDR	Evening work prep
19:15-19:30		Daily Planning Conference (S-band)
19:30-19:35	CDR	Transfer TVIS/RED/CEVIS/HRM data to MEC
19:30-20:00	FE-1	
19:30-19:40	FE-2	Daily Food Prep
19:35-20:00	CDR	
19:40-20:10	FE-2	DINNER
20:00-20:30	CDR, FE-1	
20:10-20:25	FE-2	Crew Discretionary Conference (Ku +S-band)
20:25-21:30	FE-2	Pre-sleep
20:30-21:30	FE-1	
20:30-21:15	CDR	Pre-sleep
21:15-21:30	CDR	Regeneration of БМΠ absorbent bed #2 (terminate)
21:30-06:00		SLEEP
Task List	FE-1	GCF-JAXA. ТБУ temperature check and calldown (in the morning)

Note: See OSTP for references to US activities. End of Radiogram