## **CREW OFF-DUTY**

GMT	CREW	ACTIVITY
06:00-06:05	CDR	Elektron-VM Aerosol Filter Inspection
06:00-06:10	FE-1,FE-3	Morning Inspection
06:00-06:05	FE-2,FE-5,FE- 6	REACTION Self Test
06:00-06:05	FE-6	PROK Urine PH Test
06:05-06:10	CDR,FE-5	Morning Inspection
06:05-06:10	FE-2	SLEEP Data Log Entry
06:10-06:40	<b>CDR,FE-1</b> ,FE-2, <b>FE-3</b> ,FE-5	Post-sleep
06:10-06:15	FE-6	SLEEP Data Log Entry
06:15-06:40	FE-6	Post-sleep
06:40-07:30		BREAKFAST
07:30-07:35	FE-1	Temperature Check. Report TBU temperature to MCC
07:30-07:40	FE-5	MELF2 Ice Brick Insertion
08:15-08:55	FE-2	EXPRESS Software Load
08:15-08:20	FE-5	HMS Defibrillator Inspection
08:40-09:05	FE-1,FE-3	ISS-MCC-M TV. TV Greetings to Artek and 55th Birthday Wishes to A. S. Chebotarev (To= 08:40, T1, T2, T3 activated from Daily Flight Program [CΠΠ])
08:40-09:05	CDR	55th Birthday Wishes to A. S. Chebotarev
08:50-09:00	FE-5	EHS GC/DMS Ops Start
09:20-09:25	FE-2	EXPRESS Software Load Termination
09:20-10:50	FE-3	Physical Exercise (TVIS), Day 1
09:35-09:50	FE-5	ARED Flywheel Cylinder Evacuation
09:50-11:20	FE-5	Physical Exercise (ARED)
10:20-11:20	FE-2	Physical Exercise (CEVIS)
10:30-10:40	FE-6	TOCA Hardware Setup
11:00-12:30	FE-1	Physical Exercise (TVIS), Day 4
11:20-12:50	FE-2	Physical Exercise (ARED)
11:20-12:20	FE-5	Physical Exercise T 2
12:20-12:30	FE-3	TVIS Weekly Maintenance
12:40-12:50	FE-6	TOCA Hardware Stowage
12:50-13:00	FE-6	TOCA HI TIC Hardware Setup
13:00-14:00		LUNCH

14:00-14:40	FE-1	СОЖ Maintenance
	FE-5	Terminate EHS GC/DMS Ops
	FE-6	PROK Diet Logging (Day 1)
	FE-5	Private Medical Conference
	FE-6	Private Medical Conference
	FE-6	TOCA HI TIC Hardware Stowage
	FE-3	Physical Exercise (VELO), Day 1
	FE-6	TOCA Gas Analyzer Calibration
15:25-16:25	CDR	Physical Exercise (ARED)
	FE-6	Physical Exercise T 2
16:25-17:55	CDR	Physical Exercise (TVIS), Day 3
16:25-17:55	FE-6	Physical Exercise (ARED)
17:55-18:55	FE-1	Physical Exercise (ARED)
17:55-18:05	FE-6	TOCA Gas Analyzer Calibration
18:05-18:15	FE-6	Integrated Immune: Hardware Setup for Crew Saliva Sampling
19:25-19:30	CDR	Elektron-VM Aerosol Filter Inspection
19:30-21:30	CDR,FE-1,FE-	Pre-sleep
19:30-19:35	FE-2,FE-5	REACTION Self Test
19:30-19:35	FE-6	MPC Power Up
19:35-21:30	FE-2,FE-5	Pre-sleep
19:35-19:40	FE-6	REACTION Self Test
19:40-20:30	FE-6	Pre-sleep
20:30-20:45	FE-6	Private Family Conference
20:45-21:25	FE-6	Pre-sleep
21:25-21:30	FE-6	MPC Power Down
21:30-06:00		SLEEP
Task List	CDR	ECON. Observations and Photography
	FE-3	URAGAN. Observations and Photography
	FE-1	SEINER Ocean Observations

## Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
  See OSTP for references to US activities
- 3. Pre-sleep ops: dinner, daily food prep, evening toilet End of Radiogram