

**Preparation for Orbiter Undocking**

GMT	CREW	ACTIVITY
02:40-02:50	CDR, FE-1	Morning inspection
02:50-03:20		Post-sleep
03:20-04:10		BREAKFAST
04:10-04:25		Daily planning conference ( <i>S-band</i> )
04:25-04:55	CDR	Work prep
04:25-04:50	FE-1	
04:50-04:55	FE-1	Prep for repress from the Shuttle
04:55-05:10		Rebooting all PCS (weekly)
05:10-05:25	CDR	Egress from MPLM
05:10-07:10	STS, FE-1	EMU transfer
05:40-07:10	CDR, STS	MPLM vestibule reconfig for undocking
07:10-09:40		N1/MPLM vestibule depress
07:25-08:25	FE-1	Protein Crystal Growth Experiment: STES transfer
08:25-09:25		Physical exercise (TVIS)
09:40-10:40	FE-1, CDR	LUNCH
10:40-11:15	FE-1, STS	Removal of nitrogen transfer system
10:40-11:55	CDR	Mid-deck transfers
11:15-13:40	FE-1	
11:55-12:55	CDR	Physical Exercise (VELO + Load Trainer-1), day 2
13:10-13:40		COX maintenance AOK ГАНК-4М gas analyzer checkout.
13:40-14:10	FE-1, CDR	Work prep
14:10-15:40	CDR	Physical Exercise (TVIS) Day 2
	FE-1	Physical Exercise (RED)
15:40-15:55	FE-1, CDR	Daily planning conference ( <i>S-band</i> )
15:55-16:10	CDR, STS	Transfer ops tagup ( <i>S-band</i> )
15:55-16:10	FE-1	Questionnaire - FE-1 journal entry
16:10-16:40	CDR, FE-1	DINNER
16:40-17:10	FE-1	Daily food prep
16:45-17:10	CDR	
17:10-18:10	FE-1, CDR	Pre-sleep
18:10-02:40	FE-1, CDR	SLEEP
<b>Task List</b>	CDR	DVCAM battery charge. Video ops "Discovery Crew at Work and Rest" (any module). Use Russian DVCAM.

**Note:** See OSTP for references to US activities.

End of radiogram