R/g № 8596u Crew rest

Form 24 for 09/21/08

TIME	CREW	ACTIVITY / RODF or r/g
06:00-06:10		ISS inspection
06:10-06:40		Postsleep
06:40-07:30		Breakfast
07:30-10:30	CDR,FE-1	Weekly station cleaning [BΠxO, ΦC5, ΦC6, ΦC9, BΠpK, B3CO1, ЦB2 (ΦΓБ)] screen cleaning
09:35-10:35	FE-2	Exercise (TVIS)
10:30-12:00	CDR	Exercise (TVIS) -4
10:35-12:05	FE-2	Exercise (RED)
12:00-13:00	FE-1	Exercise (VELO+RED) -4
13:00-14:00		Midday meal
14:15-14:45		Weekly planning conference / (S-band)
14:45-17:15	FE-2	Weekly station cleaning
15:45-16:45	CDR	Exercise (VELO+RED) -4
16:05-16:45	FE-1	SOZh maintenance [water and ACY data d/l, POTOK total time-on d/l
16:45-18:15	FE-1	Exercise (TVIS) -4
18:15-19:00		Evening work prep
19:00-19:15		Daily planning conference (S-band)
19:15-19:30		Work prep
19:30-20:00		Dinner
20:00-20:30		Daily ration prep
20:30-21:30		Presleep
21:30-06:00		Sleep
Task List	CDR	EKON. Observation and imaging
		DIATOMEA. World ocean water area research
	FE-1	URAGAN. Observation and imaging
		[CKK] cassettes imaging
		RASTENYA-2. Payload status check

Notes:

1. Opening the cover of Window #9 – per crew preference with report to MCC 2. Missing links to US activities see in OSTP End of $\rm r/g$