

Radiogram No. 9165u Form 24 for 10/29/04
Regus-OS Test Sessions. Crew Familiarization with the Station

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:20		Hematocrit. Hematocrit determination
06:20-06:25	FE-1	Hematocrit. Stowage
06:20-06:50	CDR	Post-sleep
06:25-06:55	FE-1	
06:50-07:40	CDR	BREAKFAST
06:55-07:45	FE-1	
07:40-08:10	CDR	Prep for work
07:45-08:15	FE-1	
08:15-08:30		Daily planning conference (<i>S-band</i>)
08:30-08:45	CDR	Video equipment set up for PFE imagery
08:30-09:20	FE-1	ПФ1, ПФ2 dust filters replacement (<i>stowed in ФГБ1ПГО_3_303_1, white bag, b/c 009898R, note a replacement in IMS. Removed items – for disposal</i>) and B1, B2 vent grid maintenance in DC1
08:45-10:15	CDR	Periodic fitness evaluation – nominal ops
09:20-09:50	FE-1 assist	
09:50-10:10	FE-1	Test operation of Vozdukh emergency vacuum valves [ABK]
10:10-10:25		IMS tagup (<i>S-band</i>)
10:15-10:30	CDR	Video equipment stowage for PFE imagery
10:30-12:00	FE-1	Physical Exercise (TVIS) day 2
	CDR	Physical Exercise (RED)
12:00-12:30		Expedition 9/10 crew conference (<i>S-band</i>)
12:30-13:30		LUNCH
13:30-14:15	CDR	TVIS monthly maintenance
13:35-14:05	FE-1	DIATOMEYA. Ocean observation
14:05-15:05		Adaptation and familiarization with the station
14:15-14:45	CDR	WinSCAT initial session
14:45-15:05		CEVIS monthly maintenance
15:05-15:35	FE-1	COЖ maintenance
15:05-15:35	CDR	On-board hearing assessment with EARQ s/w support
15:35-16:00	FE-1	
15:35-15:40	CDR	CO2 level monitoring
15:40-15:45		TVIS/RED exercise data download to MEC
15:50-16:05		Reboot all PCS (once a week)
16:00-17:00	FE-1	Physical Exercise (VELO Force Loader/cycle 1) day 2
16:05-16:10	CDR	SSC OCA router reboot
16:10-16:40		Inspection of power supply units for emergency lighting in the Lab
16:40-17:40		Crew time for adaptation and familiarization with the station
17:00-17:20	FE-1	IMS file prep
17:30-17:45	FE-1	LIV TV system test To=17:26:00 (<i>T1=17.31.30, T2=17.39.30, T3=17.51.00 – activation by Automated daily cyclogram</i>) Tagup with specialists / Video/Audio , item 2.7.1, page 2-23, 2-24

17:40-17:55	CDR	Questionnaire: journal entry
17:50-18:10	FE-1	Report prep
18:10-18:25		Daily planning conference (<i>S-band</i>)
18:25-18:45		FD / ISS crew conference (<i>S-band</i>)
18:45-19:05	FE-1	Bracelet questionnaire fillout
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	FE-1	PLANTS. Hardware status monitoring

Note: See OSTP for references to US activities
End of radiograms