

CREW OFF DUTY

| GMT | CREW | ACTIVITY |
|------------------|-----------|---|
| 06:00-06:10 | . | Morning Inspection |
| 06:10-06:40 | . | Post-sleep |
| 06:40-07:30 | . | BREAKFAST |
| 09:00-10:30 | FE-2 | Physical Exercise (RED) |
| 10:30-11:30 | FE-2 | Physical Exercise (TVIS) |
| 11:00-11:20 | FE-1 | Private Family Conference (<i>Ku + S-band</i>) |
| 11:30-13:00 | FE-1 | Physical Exercise (TVIS), day 4 |
| 11:30-13:00 | CDR | Physical Exercise (RED) |
| 12:00-13:00 | FE-2 | EHS Water Analysis T+2 Days |
| 13:00-14:00 | . | LUNCH |
| 14:00-15:20 | CDR | Surface Sample Analysis (T+5) |
| 14:00-14:05 | FE-2 | Flush 100mL of deiodinated ambient water through PWD |
| 14:00-15:35 | FE-1 | RSK1 Laptop Troubleshooting. <i>Tagup with specialists (S-band)</i> |
| 15:35-16:15 | FE-1 | COX Maintenance. CBO, CП, and Potok Air Purification System data calldowns |
| 16:15-17:15 | FE-1 | Physical Exercise (VELO), day 4 |
| 17:15-18:15 | CDR | Physical Exercise (TVIS) |
| 17:30-17:45 | FE-2 | Private Family Conference (<i>Ku+S-band</i>) |
| 18:15-19:05 | . | Evening Work Prep |
| 19:05-19:20 | . | Daily Planning Conference (<i>S-band</i>) |
| 19:20-19:30 | . | Evening Work Prep |
| 19:30-19:45 | CDR | Private Family Conference (<i>Ku+S-band</i>) |
| 19:30-21:30 | FE-1,FE-2 | Presleep (dinner, daily food prep, evening toilet) |
| 19:45-21:30 | CDR | Presleep (dinner, daily food prep, evening toilet) |
| 21:30-06:00 | . | SLEEP |
| Task List | FE-1 | DIATOMEA. World Ocean Observations |
| | | ECON. Observations And Photography |
| | | PLANTS-1. Payload Status Check |

Notes:

1. SM Window #9 shutter opening is at crew discretion with **Report to MCC**
2. See OSTP for references to US activities.

End of Radiogram