

CREW OFF DUTY

GMT	CREW	ACTIVITY
07:30-07:40		Morning Inspection
07:40-08:10		Post-sleep
08:10-09:00		BREAKFAST
10:35-10:55	CDR	Private Family Conference (<i>Ku + S-band</i>)
10:40-12:10	FE-1	Physical Exercise (TVIS), day 1
11:15-12:45	FE-2	Physical Exercise (RED)
12:10-12:30	FE-1	Private Family Conference (<i>Ku + S-band</i>)
12:15-13:45	CDR	Physical Exercise (TVIS), day 1
12:45-13:45	FE-2	Physical Exercise (CEVIS)
13:45-14:15		Weekly Planning Conference (<i>S-band</i>)
14:15-15:15		LUNCH
15:15-15:25	CDR	IWIS Data Download
15:40-15:55	FE-2	SSC Laptop Wi-Fi test in JEM
15:55-16:05		SSC Laptop Wi-Fi test in Columbus
15:30-15:40		Power on Utility DC to DC Converter Unit (UDC) and Microgravity Measurement Apparatus (MMA)
16:05-16:15		SSC 11 Laptop Wi-Fi deactivation
16:15-16:25		JSL transition to Wi-Fi
16:25-19:25		SPHERES – session
17:25-17:35	CDR	IWIS Deactivation
17:30-18:30	FE-1	Physical Exercise (VELO + RED), day 1
18:30-19:30	CDR	
18:50-19:30	FE-1	COX Maintenance
19:25-19:30	FE-2	Transfer of TVIS, RED, and HRM data to MEC
19:30-20:00		DINNER
20:00-20:30		Daily Food Prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	CDR	ECON. Observations and photography
	FE-1	URAGAN. Observations and photography
	CDR,FE-1	MBE-15. Pilot-M Experiment

Notes:

1. SM Window #9 shutter opening is at crew discretion with **Report to MCC**
2. See OSTP for references to US activities.

End of Radiogram