

Systems Monitoring. Crew Off-Time

TIME	CREW	ACTIVITY / <i>procedure or R/G</i>
06:00 - 06:10	.	MORNING INSPECTION
06:10 - 06:40	.	POST-SLEEP
06:40 - 07:30	.	BREAKFAST
07:30 - 08:10	FE-1	? ? ? MAINTENANCE
07:30 - 07:40	CDR	???? -1 (Condensate separation and evacuation unit) status check
08:15 - 08:40	FE -2	LAB Payload Status Check
11:00 - 12:30	FE -1	EXERCISE - IRED
11:30 - 12:30	FE -2	EXERCISE (TVIS)
12:20 - 12:30	CDR	CAMCORDER battery charging / <i>Video-Audio procedures / page. 2-2 / par.2.2</i>
12:30 - 13:30	.	LUNCH
13:30 - 13:45	FE -1	Private psychological conference
13:45 - 14:00	FE -2	
14:35 - 15:05	CDR	PRIVATE FAMILY CONFERENCE, TV activation / <i>Video-Audio procedures / par .2.4 pages 2-5---2-6</i>
16:25 - 16:35	CDR	Water Supply System [? ? ?] and Food Provisioning [? ?] data dump
16:30 - 16:45	FE -2	PRIVATE FAMILY CONFERENCE
16:45 - 18:15	FE -2	EXERCISE - IRED
17:00 - 17:15	FE -1	PRIVATE FAMILY CONFERENCE
17:15 - 18:15	FE -1	EXERCISE - TVIS
18:00 - 18:15	CDR	Private psychological conference.
18:15 - 18:45	.	Work prep
18:45 - 19:15	.	Familiarization with next day's flight plan
19:15 - 19:30	.	Daily planning conference.
19:30 - 20:00	.	DINNER
20:00 - 20:30	.	Daily food ration prep
20:30 - 21:30	.	Pre-sleep
21:30 - 06:00	.	SLEEP

End of Radiogram