## Form 24 for 12/19/2010

## **CREW OFF DUTY**

GMT	CREW	ACTIVITY
06:00-06:05	CDR	SLEEP Data Log Entry
06:00-06:10	<b>FE-1,FE-4</b> , FE-5,FE-6	Morning Inspection
06:00-06:05	FE-2	Elektron-VM Aerosol Filter Inspection
06:05-06:10	CDR	Reaction Self Test
06:05-06:10	FE-2	Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-10:30	FE-1	Weekly Housekeeping.
07:30-10:15	FE-2	SM Ventilation Subsystem Preventive Maintenance, Group E FGB ЦВ2 Fan Cleaning
07:30-10:30	CDR,FE- 5,FE-6	Weekly Housekeeping
10:30-11:30	CDR	Physical Exercise T 2
10:30-11:30	FE-2	Physical Exercise (VELO), Day 3
10:30-13:00	<b>FE-4</b> ,FE- 5,FE-6	ISS Crew Adaptation
11:25-11:30	FE-1	Charging SONY HVR-Z7E Camcorder Battery (start)
11:30-13:00	CDR	Physical Exercise (ARED)
11:30-13:00	FE-1	Physical Exercise (TVIS), Day 3
12:15-12:30	FE-2	Weekly Housekeeping. Cleaning SM and FGB Potok Air Purification System Pre-filters
13:00-14:00		LUNCH
14:00-14:30		Weekly Planning Conference (S-band)
14:30-15:10	FE-1	СОЖ Maintenance
14:30-14:35	FE-5	HAM Radio Power Up
15:00-15:15	FE-3	Private Medical Conference
15:00-15:20	CDR	BCAT5 Camera Check Without SSC
15:15-15:30	FE-4	Private Medical Conference (Ku+S-band)
15:30-16:10	FE-1,FE- 2,FE-4	Video recording for a press conference about motion picture Yelki (Christmas Trees) Charging SONY HVR-Z7E Camcorder Battery (terminate) Saving to CF Card
16:00-16:15	FE-6	Private Medical Conference
16:10-17:10	FE-1	Physical Exercise (VELO), Day 3
16:35-16:50	FE-5	Private Family Conference
17:00-18:30	FE-2	Physical Exercise (TVIS), Day 3
17:00-17:15	FE-4	Familiarization with Physical Exercise and TVIS Procedures
17:20-17:35	FE-6	Private Family Conference
18:30-18:35	FE-2	Elektron-VM Aerosol Filter Inspection
18:40-19:05		Evening Work Prep
19:05-19:30		Daily Planning Conference (S-band)

19:30-21:25	CDR	Pre-sleep
19:30-21:30	<b>FE-1,FE-2</b> , <b>FE-4</b> ,FE- 5,FE-6	Pre-sleep
21:25-21:30	CDR	Reaction Self Test
21:30-06:00		SLEEP
Task list	FE-2	Inspection of windows 1, 2, 3, 5, 13, 14, 26, EVA1 and EVA2 hatches (MRM2) (downlink files via OCA)
		CKK Cassette Photography

## Note:

- SM Window #9 shutter opening is at crew discretion with Report to MCC
   See OSTP for references to US activities.
   Pre-sleep ops / (daily food prep, dinner, pre-sleep)
   End of Radiogram