## Routine Ops with SM Audio Subsystem [CTTC]. ATV Single Burn ISS Reboost

GMT	CREW	ACTIVITY
06:00-06:10		Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:40		Prep for Work
07:40-07:55		Daily Planning Conference (S-band)
08:00-08:15		ISS Crew and ГОГУ (RSA Flight Control Team) Weekly Conference (Sband)
08:15-08:35	FE-2	Prep for Work
08:15-11:15	FE-1, CDR	CTTC routine ops (LF link and VHF receiver health check). <i>Tagup with specialists (S-band, VHF)</i>
08:35-08:45	FE-2	CSLM2 SPU8 Data Transfer with Crew
08:50-09:20		CSLM2 SPU 8 Exchange
09:20-09:25		Payload status check
09:25-09:35		IWIS data transfer
09:35-09:50		Set up video equipment to record TVIS exercise
10:00-11:00		Physical Exercise (TVIS)
11:00-12:30		Physical Exercise (RED)
11:15-11:30	CDR	CTTC comm assets switchover to a backup string
11:15-12:45	FE-1	Physical Exercise (TVIS), day 2
11:30-12:30	CDR	Crew time for ISS adaptation and orientation
12:30-12:35	FE-2	MSG - power down
12:35-12:50		PSC Installation
12:45-13:00	CDR, FE-1	IMS tagup (S-band)
12:50-13:00	FE-2	Power up
13:00-14:00		LUNCH
14:00-15:00		Medical Emergency Training using CHeCS
15:00-15:10	FE-2	PCS Post-Patch Reconfiguration
15:00-15:30	CDR	Bracelet questionnaire
15:10-15:20		PCS power down
15:20-15:25	FE-2	PAO hardware setup
15:25-15:35		Crew prep for PAO
15:30-16:00	FE-1	Bracelet questionnaire
15:30-17:00	CDR	Physical Exercise (TVIS), day 2
15:35-15:55		PAO Event (Ku + S-band)
15:55-16:00	FE-2	MPC Voltage Converter Powerdown
16:00-16:15		IWIS removal
16:00-17:00	FE-1	Crew time for ISS adaptation and orientation
16:15-17:00	FE-2	Scheduled maintenance of Compound Specific Analyzer- Combustion Products (CSA-CP)
17:00-17:40	FE-1	СОЖ Maintenance

17:00-17:30	FE-2	Psychological Evaluation Program (WinSCAT)
17:00-18:00	CDR	Physical Exercise (VELO + RED), day 2
17:30-17:35	FE-2	Food frequency questionnaire
17:35-17:50		Stow video equipment used to record TVIS exercise
17:40-18:40	FE-1	Physical Exercise (VELO+RED), day 2
17:50-17:55	FE-2	VTR Recording
17:55-18:00		O2 level check
18:00-18:20	CDR	IMS Delta file prep
18:00-18:05		OCA SSC router reboot
18:05-18:10	FE-2 CDR FE-1	SSC file server reboot
18:10-18:50		Evening Work Prep
18:20-18:55		
18:40-18:55		
18:50-18:55	FE-2	Transfer of TVIS, RED, and HRM data to MEC
18:55-19:10		Daily Planning Conference (S-band)
19:10-19:30		Flight Director / ISS Crew Tagup (Ku + S-band)
19:30-20:00		DINNER
20:00-20:30		Daily Food Prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

## Notes:

- 1. See OSTP for references to US activities.
- 2. SM Window #9 shutter opening is at crew discretion w/ Report to MCC End of Radiogram