Radiogram No. 8207u

Form 24 for 07/22/08

CARDIO-LBNP. REGUL-OC STRING 3 TEST

GMT	CREW	ACTIVITY
06:00-06:10		Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:45	FE-1	БМП Ф1 Absorption Cartridge Regeneration (start)
07:30-07:45	CDR, FE-2	Prep for Work
07:45-08:00		Daily Planning Conference (S-band)
08:00-08:30	FE-1	Prep for Work
08:00-08:40	CDR	Filling two EDV's from ATV1WDS1 Using Compressor
08:00-09:30	FE-2	Physical Exercise (RED)
08:30-09:00	FE-1	MATRYOSHKA-R. Second repositioning of AST spectrometer and photography. <i>Tagup with specialists (S-band)</i>
08:40-09:20	CDR	СОЖ Maintenance
09:20-10:50	FE-1	Physical Exercise (TVIS), day 3
09:30-10:30	FE-2	Physical Exercise (CEVIS)
10:30-11:00		BLB. Changeout
10:50-12:20	CDR	Physical Exercise (TVIS), day 3
10:50-13:40	FE-1	SM Ventilation System Preventive Maintenance
11:00-12:30	FE-2	Caution and Warning Book Update
12:20-14:20	CDR	EVA tool stow, update IMS
12:30-12:40	FE-2	Inspection of RED and additional equipment
12:40-12:50		CSA-CP battery replacement
12:50-13:50		FSL. OPT TGT reconfig after test 1
13:40-14:00	FE-1	IMS update
13:50-14:20	FE-2	FSL. Activation of OPT TGT for optical monitoring
14:05-14:20	FE-1	Private Medical Conference (Ku + S-band)
14:20-15:20		LUNCH
15:20-15:35	FE-1	Verify ИП-1 Flow Meter Positions
15:20-15:35	FE-2	Ops LAN Reload Procedure Preparation
15:35-16:05		Ops LAN Reload Procedure Review
15:40-16:40	CDR, FE-1 (assists)	CARDIO-LBNP. Experiment setup. Tagup with specialists (S-band)
16:05-16:20	FE-2	OPS LAN S/W Load tagup with specialists. (S-band)
16:20-17:40	L-Z	Caution and Warning Book Update
16:40-17:00	CDR, FE-1 (assists)	CARDIO-LBNP. Taking measurements during comm. session To=16:38. <i>Tagup with specialists (VHF)</i>
17:00-17:30	CDR, FE-1	CARDIO-LBNP. Close-out ops. Tagup with specialists (S-band)
17:30-18:30	FE-1	Physical Exercise (VELO+RED), day 3
17:30-17:45	CDR	Private Medical Conference (Ku + S-band)

17:50-18:05	FE-2	Private Medical Conference (Ku + S-band)
18:05-18:30	CDR	MO-21 set up. Ecosphere battery charging and Cryogem activation
18:05-18:15	FE-2	MEC. Log-File Dump
18:25-18:40	L-Z	SSC IPV Reload Prep
18:30-18:35	FE-1	Transfer TVIS, RED, and HRM data to MEC
18:30-19:05	CDR	Evening Work Prep
18:35-19:05	FE-1	
18:40-19:05	FE-2	
19:05-19:20		Daily Planning Conference (S-band)
19:20-19:30		Evening Work Prep
19:30-20:00		DINNER
20:00-20:30	CDR, FE-2	Daily Food Prep
20:00-20:15	FE-1	
20:15-20:40	L-1	Pre-sleep
20:30-21:25	FE-2	Pre-sleep
20:30-21:30	CDR	
20:40-20:55	FE-1	БМП Ф1 Absorption Cartridge Regeneration (termination)
20:55-21:30	L-1	Pre-sleep
21:25-21:30	FE-2	Reminder to keep log
21:30-06:00		SLEEP

Notes:

- SM Window #9 shutter opening is at crew discretion with Report to MCC
 See OSTP for references to US activities.

End of Radiogram