

Crew Preparation For EVA.

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:45		Daily planning conference (<i>S-band</i>)
07:45-08:15		Work prep
08:15-08:25	FE-1	Stop charging the first Orlan battery pack 825M3 and start charging the second pack(#1267830132, b/c 009680R, ФГБ1ПГО_4_408_1, white bag 249-2)
08:25-09:40		Staging EVA equipment and tools. <i>Tagup with specialists (S-band)</i>
09:40-10:10		Testing ПОВ [EVA support panel] in DC1 and ПхО [Transfer Compartment]
10:10-11:40	FE-1	Physical exercise (TVIS), day 1
10:10-11:40	CDR	Physical exercise (RED)
11:40-12:40		LUNCH
12:40-15:40		Staging EVA equipment and tools. <i>Tagup with specialists (S-band)</i>
15:40-16:20	FE-1	Microbial sample collection (medium 2)
15:40-15:55		Connecting PCS laptops
15:55-16:25	CDR	COЖ maintenance
16:25-17:25		Physical exercise (CEVIS)
16:25-17:25	FE-1	Physical Exercise (VELO + Load Trainer/cycle 1) day 1
17:25-17:30	CDR	Transfer TVIS, RED, and HRM data to MEC.
17:35-17:45		PAO hardware setup
17:45-17:55		PAO prep
17:55-18:15		Day of remembrance PAO event (<i>Ku+S-band</i>)
18:15-18:30		Daily planning conference (<i>S-band</i>)
18:30-19:00		Report prep
19:00-19:35		DINNER
19:35-19:55		Prep and TV downlink of 250 th anniversary of Moscow State University (<i>Ku + S-band</i>)
19:55-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	FE-1	PLANTS-2. Payload status check

Note: See OSTP for references to US activities.

End of Radiogram