

**Cardiocog Experiment. COX maintenance**

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:55		Work prep
07:55-08:10		Daily planning conference ( <i>S-band</i> )
08:10-10:10	CDR	FOOT - CDR video ops,
08:15-08:25	FE-1	NOA (ESANO1). Hardware setup and activation
08:25-08:40		Taking readings from AOK ΓAHK-4M gas analyzer
08:40-08:55		IMS tagup ( <i>S-band</i> )
08:55-09:20		NOA (ESANO1). Measurement and close out ops
09:20-11:20		CARDIOCOG. Experiment ops
10:10-11:10	CDR	FOOT: CDR - calibration w/video
11:10-12:40		Physical Exercise (RED)
11:20-12:50	FE-1	Physical Exercise (TVIS) day 4
12:50-13:50	.	LUNCH
13:50-15:50	FE-1	Urine transfer from EDV-U to Progress №354 Rodnik Water Tanks 1 and 2
13:50-15:20	CDR	TVIS IFM procedure printout
15:20-16:50		TVIS IFM procedure review
15:50-16:30	FE-1	TVIS IFM procedure review
16:30-17:00		Filling EDV [KOB] for Electron
16:50-17:50	CDR	Physical Exercise (TVIS)
17:00-17:30	FE-1	COX maintenance
17:50-18:05		Daily planning conference ( <i>S-band</i> )
18:05-18:20		Flight Director / ISS Crew Tagup ( <i>S-band</i> )
18:20-19:20	FE-1	Physical Exercise (VELO+RED) day 4
18:40-18:45	CDR	O2 and CO2 status check.
18:45-18:50		Transferring TVIS, RED, and HRM data to MEC
18:50-19:20		FOOT - CDR equipment stow
19:20-19:30		ISS Crew / Kent Rominger tagup (Astronaut Office) ( <i>S-band</i> )
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
<b>Task List</b>	FE-1	GCF-JAXA. TBY incubator temperature check
		PLANTS-2. Payload status check
	CDR	IMS update

**Note:** See OSTP for references to US activities.

End of Radiogram