Radiogram No. 2453u Form 24 for 02/26/10 MRM2 TBY1(2) Terminal Computing Device Firmware Upgrade

GMT	CREW	ACTIVITY
06:00-06:05	CDR, FE-5	REACTION Self Test
06:00-06:05	FE-6	Urine pH Test
06:00-06:10	FE-1	SONOCARD Experiment Termination
06:00-06:10	FE-4	Morning Inspection
06:05-06:15	CDR, FE-5	Morning Inspection
06:05-06:10	FE-6	REACTION Self Test
06:10-06:40	FE-4	Post-sleep
06:10-06:15	FE-1	Elektron-VM Aerosol Filter Inspection
06:10-06:15	FE-6	Morning Inspection
06:15-06:45	CDR, FE-1 , FE-5, FE-6	Post-sleep
06:40-07:30	FE-4	BREAKFAST
06:45-07:35	CDR, FE-1 , FE-5, FE-6	BREAKFAST
07:35-08:00		Daily Planning Conference (S-band)
08:00-08:15	FE-1, FE-4, FE-5, FE-6	Work Prep
08:15-08:30		ISS Crew and ГОГУ (RSA Flight Control Team Management) Weekly Conference (S-band)
08:30-08:40	FE-5	Terminate EMU Metox Regeneration
08:30-08:45	FE-1	SONOCARD Copy Data to RSE-MED Laptop
08:30-10:30	FE-4	CARDIOMED Hardware Setup. Tagup with specialists as necessary (S-band)
08:45-09:25	FE-1	Filling (separation) EDV (KOV) for Elektron from CWC #1083, 1065 (43L)
08:50-09:10	CDR	VO2- Crew Portable Pulmonary Function System Setup
08:55-09:10	FE-6	Biolab EC6 Replacement with WAICO 2 EC
08:55-09:00	FE-5	Search for MLC 1553 Laptop
09:00-09:05	FE-5	MSG Laptop Checkout
09:05-09:15	FE-5	Glove Box (MSG) Activation
09:10-10:35	FE-6	Physical Exercise (ARED)
09:10-09:20	CDR	VO2- Crew Portable Pulmonary Function System Activation
09:15-10:00	FE-5	SODI. Hardware checkout
09:20-09:50	CDR	BIORHYTHM. Data Load
09:25-10:00	FE-1	СОЖ Maintenance
09:50-11:00	CDR	VO2max Crew Protocol Preparation
10:00-10:15	FE-1	IMS Tagup (S-band)
10:15-10:20	FE-1	Laptop RS1 Commanding after MRM2 TBY1(2) Firmware Upgrade
10:20-11:10	FE-1	Inspection and Photography of Soyuz 226 Blister Window / r/g 2467
10:30-12:00	FE-4	Physical Fitness Evaluation (on treadmill)
10:35-11:35	FE-6	Physical Exercise T 2
10:35-12:00	FE-5	Physical Exercise (ARED)

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11:00-11:40		VO2max Crew Experiment Protocol
11:20-12:00		Installation of new RSS1 Laptop s/w version 2.1. Tagup with specialists (S-band)
11:35-11:50		Removal of WAICO ECs from Rotor A and B
11:40-11:50		VO2max Crew Thermolab Conclude
11:50-12:05		Food Frequency Questionnaire
11:50-11:55		VO2max Crew Portable Pulmonary Function System Data Collection
12:00-13:00	FE-4	Physical Exercise (ARED)
12:00-13:00	FE-1	Physical Exercise (TVIS), Day 3
12:00-13:00	FE-5	Physical Exercise T 2
12:00-12:25	CDR	VO2- Crew Portable Pulmonary Function System Stowage
12:05-12:20	FE-6	Urine Processor Assembly (UPA) Fill
12:25-13:00	CDR	VO2max Crew Protocol Preparation
12:30-12:45	FE-6	ABRS. MWA prep
12:45-13:00	FE-6	ABRS. Prep for video
13:00-14:00		LUNCH
14:00-14:15		Crew Conference with Astronaut Office Management (S-band)
14:15-14:20	FE-6	Questionnaire Data Entry
14:15-14:20	CDR	VO2max Crew Portable Pulmonary Function System Stow
14:15-16:45	FE-1	ACH-M HΠM Navigation Receiver Module Hardware Setup. <i>Tagup with specialists as necessary (S-band)</i>
14:15-17:45	FE-4	CARDIOMED Hardware Setup. Tagup with specialists as necessary (S-band)
14:15-14:35	FE-5	TEPC Relocation
14:20-14:50	CDR,FE-6	ABRS. Hardware setup
14:35-15:35	FE-5	Waste and Hygiene Compartment (WHS) Pre-Treat Tank and Pre-Treat Tank Hose Remove & Replace
14:50-15:05	FE-6	ABRS. Video Set Up
14:50-15:05	CDR	IMS and Stowage Conference
15:05-17:20	FE-6	ABRS. Equipment Remove and Replace
15:05-15:50	CDR	CCAA Swapover
15:35-15:55	FE-5	CEVIS Monthly Maintenance
15:50-17:15	CDR	Physical Exercise (ARED)
16:05-16:20	FE-5	PanOptic Hardware Setup
16:20-16:50	FE-5	A/L Smoke Detector Inspection
16:45-17:05	FE-1	IMS Update
16:50-17:20		Node-1 Smoke Detector Inspection
17:15-17:20		PanOptic Exam Preparation
17:20-17:50		ABRS. Hardware Setup
17:20-17:50		Node-2 Smoke Detector Inspection
17:20-17:25		Elektron-VM Aerosol Filter Inspection
17:25-18:55		Physical Exercise (TVIS), Day 3
17:45-18:45		ASEPTIC Sample Removal from thermostatic container and preparation for return
17:50-18:20	FE-5	PanOptic Eye Exam
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17:50-18:25	FE-6	APEX Harvest 3A
17:50-18:20	CDR	PanOptic Exam Subject
18:20-18:50	CDR	Evening Work Prep
18:20-18:40	FE-5	PanOptic Hardware Stow and Data Downlink
18:25-18:45	FE-6	Tropism in Plants Microgravity Work Area Configuration
18:40-18:55	FE-5	Evening Work Prep
18:45-18:55	FE-6	Tropism in Plants Microgravity Work Area Configuration
18:45-18:55	FE-4	TVIS Weekly Maintenance
18:55-19:20		Daily Planning Conference (S-band)
19:20-19:40		MCC-H Flight Director / ISS Crew Tagup (S-band)
19:40-19:45	FE-6	MPC Power Up
19:40-21:25	CDR, FE-5	Pre-sleep
19:40-21:30	FE-1, FE-4,	Pre-sleep
19:45-21:20	FE-6	Pre-sleep
21:25-21:30	FE-6	MPC Power Down
21:25-21:30	CDR, FE-5, FE-6	REACTION Self Test
21:30-06:00		SLEEP
Task List	FE-1, FE-4	E21/22 Photo/Video
	FE-1	Video Footage For ТВЦ TV Channel
	FE-1	PLANTS-2. Payload Status Check

Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
 See OSTP for references to US activities
 Pre-sleep ops: dinner, daily food prep, evening toilet
 End of Radiogram