Form 24 for 12/21/07

Radiogram No.6745u Progress 361 Undocking from DC1

GMT	CREW	ACTIVITY
Givi i	CDR	ACTIVITY
06:00-06:20	operator	Nutrition: blood sample collection for analysis
06:00-06:15	FE-2	
06:00-06:10	FE-1	Morning inspection
06:10-06:40	FE-1	Post-sleep
06:15-06:25	FE-2	Morning inspection
06:20-06:30	CDR	Nutrition: setting up and loading refrigerator centrifuge
06:25-06:55	FE-2	Post-sleep
06:30-06:40	CDR	Nutrition: refrigerator centrifuge config
06:40-06:50	CDR	Morning inspection
06:40-07:30	FE-1	BREAKFAST
06:50-07:10	CDR	Post-sleep
06:55-07:45	FE-2	BREAKFAST
07:10-07:30	CDR	Nutrition: blood sample insertion in MELFI
07:30-07:45	CDR	Post-sleep
07:30-07:45	FE-1	Prep for Work
07:45-08:00		Daily Planning Conference (S-band)
08:00-08:45	CDR	BREAKFAST
08:00-08:30	FE-2	Prep for Work
08:00-08:15	FE-1	Prep for Work
08:20-08:35	FE-1	IMS tagup (S-band)
08:30-09:00	FE-2	EMU cooling loop scrub (start)
08:35-09:35	FE-1	Progress M-361 Loading and IMS Updates
08:45-09:15	CDR	Prep for Work
09:00-09:20	FE-2	LOCAD - Setting up experimental equipment
09:15-10:15	CDR	Physical Exercise (TVIS), Day 4
09:20-09:30	FE-2	LOCD - swab ops with video
09:30-09:35	FE-2	BCAT-3. Camera checkout
09:35-09:40	FE-2	Closing LAB window shutter
09:35-09:45	FE-1	Progress Stowage Completion Report (S-band)
09:45-10:30	FE-1	Progress 361 activation, air duct dismantling
09:50-09:55	FE-2	LOCD - Phase 2, Data Record Operations
09:55-10:05	FE-2	Terminate EMU Metox Regeneration
10:10-10:20	FE-2	LOCD - swab ops with video
10:15-10:25	CDR	Nutrition: Cleaning/stowage of Refrigerator Centrifuge
10:20-10:35	FE-2	EMU cooling loop scrub (terminate)
10:30-10:50	CDR, FE-1	On MCC Go: Removal of quick-release screw clamps from DC1
10:35-10:45	FE-2	EMU Cooling Loop config
10:45-10:50	FE-2	LOCD - Phase 2, Data Record Operations
10:50-12:20	FE-2	Physical Exercise (RED)

10:50-11:00	CDR	TV downlink showing DC1-Progress interface before closing hatch (Ku + S-band)
11:00-11:20	CDR, FE-1	DC1-Progress transfer hatch closure
11:20-12:20	FE-1	DC1-CY and CY-Progress hatch leak check
12:20-12:35		ISS crew and ГОГУ (RSA Flight Control Team) weekly conference (S-band)
12:35-13:35	CDR, FE-1	LUNCH
12:35-13:05	FE-2	LUNCH
13:05-13:20	FE-2	Private family conference (Ku + S-band)
13:20-13:35	FE-2	LUNCH
13:35-15:35	CDR	Environmental Health System (EHS) - Sound Level Meter Setup and Acoustic Survey
13:35-14:05	FE-1	Counter Measure System (CMS) Harmful Contaminant measurements in SM. Tagup with specialists as necessary (S-band)
13:35-13:45	FE-2	LOCD - swab ops with video
13:45-14:15	FE-2	EMU cooling loop config - terminate
14:05-14:45	FE-1	Elektron activation with Liquid Unit pressurization and temperature measurement in Secondary Purification Unit [БД]
14:15-14:20	FE-2	LOCD - Phase 2, Data Record Operations
14:45-15:15	FE-1	СОЖ maintenance ИП-1 position verification
15:15-16:05	FE-1	Pille dosimeter reading
15:20-16:20	FE-2	Physical Exercise (TVIS)
15:35-15:40	CDR	Sound Level Meter (SLM) Data Transfer to MEC
15:50-17:20	CDR	Physical Exercise (RED)
16:05-17:35	FE-1	Physical Exercise (TVIS), Day 4
16:25-16:35	FE-2	LOCD - swab ops with video
16:40-16:50	FE-2	Connect ER1 MTL QD's to the UIP
16:55-17:00	FE-2	LOCD - Phase 2, Data Record Operations
17:00-17:10	FE-2	LOCD - swab ops with video
17:20-17:40	CDR	HRD battery replacement
17:30-17:35	FE-2	LOCD - Phase 2, Data Record Operations
17:35-17:45	FE-2	LOCD - Experiment Phase 2 Stow
17:35-18:35	FE-1	Physical Exercise (VELO + RED), Day 4
17:45-18:00	FE-2	Food frequency questionnaire
17:50-18:10	CDR	Nutrition - setting up hardware for urine collection
18:00-18:05	FE-2	Disconnect LTL jumper from LAB1D6 rack after CDRA Deactivation
18:10-18:25	CDR	CSLM2 - ops prep
18:10-18:15	FE-2	Lab Window Shutter Close
18:15-18:20	FE-2	HAM Radio deactivation
18:20-18:25	FE-2	Transfer TVIS/RED/CEVIS/HRM data to MEC
18:25-18:35	CDR	Activation of CSLM2
18:25-18:35	FE-2	Evening work prep
18:35-18:50	i.	Daily Planning Conference (S-band)

18:50-19:10	FE-2	Evening work prep
18:50-19:10	FE-1	IMS Update
18:50-19:10	CDR	Battery Stowage Assembly (BSA) Battery Recharge Terminate
19:10-19:45	CDR	DINNER
19:10-19:40	FE-1, FE-2	DINNER
19:40-20:10	FE-1, FE-2	Daily Food Prep
19:45-20:00	CDR	Private Family Conference (Ku + S-band)
20:00-20:20	CDR	Daily Food Prep
20:10-20:40	FE-1, FE-2	Pre-sleep
20:20-20:40	CDR	Pre-sleep
20:40-21:00		FD / ISS crew conference (S + Ku-band)
21:00-21:30		Pre-sleep
21:30-06:00		SLEEP

Notes:

- See OSTP for references to US activities.
 SM Window #9 shutter opening is at crew discretion / r/g 6083, 6004

End of Radiogram