Scheduled Maintenance of Elektron Liquid Unit #056 (Spare Part Kit)

GMT	CREW	ACTIVITY
06:00-06:10		Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:40	-	Prep for Work
07:40-07:55		Daily Planning Conference (S-band)
07:55-08:10		ISS Crew and ГОГУ (RSA Flight Control Team) Weekly Conference (S-band)
08:10-08:25	FE-1	IMS Tagup (S-band)
08:10-08:25	CDR,FE-2	Prep for Work
08:25-09:55	FE-2	Physical Exercise (ARED)
08:25-08:45	FE-1	Prep for Work
08:25-08:30	CDR	PAO Hardware Setup
08:30-08:40		MSG Visual Inspection And Activation
08:40-09:10		SPICE - exchanging the gas bottle with a new type of fuel
08:45-10:05	FE-1	SVS. Hardware Test. Tagup with specialists (S-band)
09:10-09:20	CDR	CSA-CP Battery Changeout
09:20-10:20	CDK	SPICE Test Activation
09:55-10:55	FE-2	Physical Exercise (TVIS)
10:05-10:20		Maintenance closures of Vozdukh [ABK] valves
10:20-10:30	FE-1	Crew prep for PAO
10:30-10:40		ISS-MCC TV. Greeting to the Electronics and Systems Engineering Dept. of the Moscow State Forestry University on their 50 th Anniversary, International Women's Day Greeting (S+Ku-band) / r/g 9668
10:40-11:10		RSE1 Laptop Installation and Testing. Tagup with specialists (S-band)
11:00-11:20	CDR	WPA RIP sample collection for analysis on the ground
11:10-11:50	FE-1	RSK1 laptop installation and loading RSE-Med S/W on this laptop / Tagup with specialists (S-band)
11:15-11:25	FE-2	SPICE Burner Replacement
11:20-11:30	CDR	TOCA Water Analysis
11:25-12:25	FE-2	SPICE Test Activation
11:30-11:35	CDR	VOA Power Down
11:35-11:40		ARED Flywheel Cylinder Removal
11:40-11:50		ARED Rail Inspection
11:50-13:20	FE-1	Physical Exercise (TVIS), day 2
11:50-13:20	CDR	Physical Exercise (ARED)
12:45-13:15	FE-2	BP Cuff Labeling
13:20-14:20	-	LUNCH
14:20-16:20	FE-1	Scheduled Maintenance of Elektron Liquid Unit #056 (Spare Part Kit). <i>Tagup with specialists (S-band)</i>
14:20-14:30	CDR	TOCA 2 Sample Data Recording
14:45-14:55		SPICE Burner Replacement
14:55-15:55		SPICE Test Activation
16:00-17:00		Physical Exercise (CEVIS)

16:20-16:50	FE-1	СОЖ Maintenance
16:50-17:50	FE-1	Physical Exercise (VELO), day 2
17:00-17:10		SPICE MSG Recorder Videotape Exchange
17:10-17:20	CDR	SPICE Microdrive Exchange
17:20-17:25	CDK	MSG Power Off
17:25-17:40		Questionnaire - journal entry
17:25-17:40	FE-2	Food Frequency Questionnaire
17:40-18:10	CDR,FE-2	Crew Conference with Astronaut Office Management (S-band)
17:50-18:10	FE-1	IMS Update
18:10-18:20	FE-2	Evening Work Prep
18:10-18:20	CDR,FE-1	BRASLET Post Scan Review
18:20-18:35		Daily Planning Conference (S-band)
18:35-19:10		Evening Work Prep
19:10-19:30		Flight Director / ISS Crew Tagup (Ku+S-band)
19:30-21:00	FE-2	Presleep (dinner, daily food prep, evening toilet)
19:30-21:30	CDR,FE-1	
21:00-21:15	FE-2	Private Family Conference (Ku+S-band)
21:15-21:30	L-Z	Presleep (dinner, daily food prep, evening toilet)
21:30-06:00		SLEEP

Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
 See OSTP for references to US activities.
 End of Radiogram