

Radiogram No. 2556u

Form 24 for 03/09/2010

RS ATTITUDE CONTROL THRUSTER (DO) INHIBIT. LBNP EXERCISES. COMMAND GENERATOR [БФК] ACTIVITIES.

GMT	CREW	ACTIVITY
06:00-06:10	CDR, FE-1 , FE-5, FE-6	Morning Inspection
06:00-06:05	FE-4	Elektron-VM Aerosol Filter Inspection
06:05-06:10	FE-4	Morning Inspection
06:10-06:40	.	Post-sleep
06:40-07:30	CDR, FE-1 , FE-4 , FE-6	BREAKFAST
06:40-07:25	FE-5	BREAKFAST
07:25-07:30	FE-5	HAM Radio Setup
07:30-07:40	FE-5	HAM Radio Session
07:30-07:40	CDR, FE-1 , FE-4 , FE-6	Work Prep
07:40-08:05	.	Daily Planning Conference (<i>S-band</i>)
08:05-10:05	.	Safety Handover
10:05-11:05	CDR	Physical Exercise T 2
10:15-10:20	FE-6	JEMRMS RLT Activation
10:15-10:35	FE-5	Connect Video Cable To JEM SSC
10:15-10:25	FE-1	PLANTS-2. Photography
10:15-11:45	FE-4	Physical Exercise (TVIS), Day 3
10:20-11:50	FE-6	Physical Exercise (ARED)
10:25-10:45	FE-1	PLANTS-2. Data Downlink
10:35-11:35	FE-5	JEMRMS DOUG Review
10:45-11:45	FE-1	Crew Departure Prep
11:05-11:20	CDR	CARD Crew Refrigerated Centrifuge Setup and Configure
11:20-11:50	CDR	CARD Blood Sample Collection
11:35-11:50	FE-5	JEMRMS Final Activation Part 1
11:45-12:40	FE-1 , FE-4 (assists)	LBNP Exercise (PRELIMINARY). <i>Tagup with specialists (VHF)</i>
11:50-11:55	FE-5	JEMRMS ACU Mode Error Detection Inhibit
11:50-11:55	CDR	CARD Refrigerated Centrifuge Blood Sample Load
11:55-12:00	CDR	Return camera to Node 1
11:55-12:20	FE-6	Maneuvering JEMRMS Main Arm (MA) from Stowed Position to SAM Hover position
11:55-12:35	FE-5	Maneuvering JEMRMS Main Arm (MA) from Stowed Position to SAM Hover position
12:10-12:15	CDR	CARD Crew Refrigerated Centrifuge Setup and Configure
12:20-12:30	FE-6	Routine Servicing of Columbus Video Cassette Recorder
12:30-12:50	CDR	CARD Crew MELFI Blood Sample Insertion and Refrigerated Centrifuge Conclude
12:35-12:40	FE-5	JEMRMS Deactivation Activities Part 1
12:35-12:45	FE-6	Waste Water Bag (WWB) Replace

12:45-12:50	FE-5	Connecting DCP Power Cable
12:45-13:45	FE-4	LUNCH
12:45-12:55	FE-6	WRS Water Sample Analysis
12:50-13:50	CDR, FE-1	LUNCH
12:50-12:55	FE-5	Disconnect Video Cable From JEM SSC
12:55-13:55	FE-5,FE-6	LUNCH
13:50-14:00	CDR	Tropism in Plants
13:50-14:20	FE-1,FE-4	Symbolic Activity. Envelope signing and stamping (preparation)
13:55-14:05	FE-6	Terminate EMU Metox Regeneration
13:55-14:00	FE-5	Robotic Workstation (RWS) Display and Control Panel (DCP) Power Cable Connect in LAB
14:00-14:15	CDR	Тропизм Plants Experiment Run. Closeout Ops
14:15-15:15	FE-5,FE-6	SSRMS Operations Review
14:15-14:50	CDR	EMCS Container Changeout
14:20-14:35	FE-1	Private Medical Conference (<i>Ku+S-band</i>)
14:35-15:50	FE-1	SM Ventilation System Preventive Maintenance. Group A
14:35-14:50	FE-4	Private Medical Conference (<i>Ku+S-band</i>)
14:50-15:50	CDR	Tropism in Plants - Sample Relocation and Processing
14:55-15:25	FE-4	SM ОДУ СУ A11 Command Generator (БФК) Activities. <i>Tagup with specialists (as necessary) (S-band)</i>
15:15-15:25	FE-6	TOCA 2 Data Recording
15:25-16:00	FE-4	COЖ Maintenance
15:25-15:40	FE-6	ARED Flywheel Cylinder Evacuation
15:45-16:45	FE-5,FE-6	SSRMS Lab PDGF Release
15:50-17:20	FE-1	Physical Exercise (TVIS), Day 4
15:50-16:00	CDR	Tropism in Plants - Sample MELFI Insertion
16:00-17:30	CDR	Physical Exercise (ARED)
16:00-16:30	FE-4	Counter Measure System (CMS) Harmful Contaminant Analysis
16:30-17:00	FE-4	SM ОДУ СУ A11 Command Generator (БФК) Activities
16:45-17:30	FE-6	Prepack USOS hardware for return/disposal on Soyuz 226
16:45-17:45	FE-5	Physical Exercise (CEVIS)
17:00-18:00	FE-4	Physical Exercise (VELO), Day 3
17:30-17:45	CDR	Private Medical Conference (<i>Ku+S-band</i>)
17:30-17:35	FE-6	T2 Monthly Inspection
17:35-17:40	FE-1	MPC Power Up
17:40-18:00	FE-1	"News From Microgravity" Video Footage Downlink for TBL Channel/ (<i>Ku+S-band</i>)
17:40-18:40	FE-6	Physical Exercise T 2
17:45-18:45	CDR	Crew Departure Prep
17:45-19:00	FE-5	Physical Exercise (ARED)
18:00-18:05	FE-1	MPC Power Down
18:05-18:35	FE-1	INTERACTION Experiment Ops FE-1
18:05-18:10	FE-4	Elektron-VM Aerosol Filter Inspection
18:10-18:40	FE-4	Clean FGB ЦБ1 Fan Guard Screen

18:35-19:00	FE-1	Evening Work Prep
18:40-18:45	FE-6	Disconnect Display and Control Panel (DCP) Power Cable
18:40-19:00	FE-4	Evening Work Prep
18:45-19:00	FE-6	WRS UPA Processing
18:45-19:00	CDR	Evening Work Prep
19:00-19:25	.	Daily Planning Conference (<i>S-band</i>)
19:25-19:30	CDR,FE-5	Evening Work Prep
19:25-21:20	FE-1	Pre-sleep
19:25-21:15	FE-4	Pre-sleep
19:30-21:30	FE-5,FE-6	Pre-sleep
19:30-19:35	CDR	MPC Power Up
19:35-21:25	CDR	Pre-sleep
21:20-21:30	FE-1	SONOCARD Setup Photography
21:20-21:30	FE-4	SONOCARD Experiment Start
21:25-21:30	CDR	MPC Power Down
21:30-06:00	.	SLEEP
Task List	FE-1,FE-4	E21/22 Photo/Video
	FE-1	PLANTS-2. Box A (KM 22) Pump Activation
	FE-4	IMS Update
		Transferring Urine to Progress 403 5B2 Tank

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep ops: dinner, daily food prep, evening toilet
- End of Radiogram