CREW OFF DUTY

GMT	CREW	ACTIVITY
06:00-06:10		Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
08:40-10:10	FE-2	Physical Exercise (RED)
08:45-09:20	FE-1	TV Greetings to: Personnel of the Reutov City Garrison Military Court on 40th Anniversary; the Military Counterintelligence Department of the Petrograd-Leningrad Military District on their 90th Anniversary; the FSB Academy Science & Education Department on the Russia's National Security Service Personnel Day; New Year's wishes to the personnel of Operational-Investigative Department #8 of the Ministry of Interior of Russia. (To=08:44, T1, T2, T3 activation from CΠΠ)
10:10-11:10	FE-2	Physical Exercise (TVIS)
11:00-12:30	FE-1	Physical Exercise (TVIS), day 4
11:25-12:25	CDR	Physical Exercise (RED)
12:30-12:50	CDR	Water Recovery System (WRS) Urine Pretreat Assembly (UPA) Processing
13:00-14:00		LUNCH
15:30-17:00	CDR	Physical Exercise (TVIS)
16:35-17:35	FE-1	Physical Exercise (VELO+RED), day 4
17:35-18:15		COЖ Maintenance. Flush Counter (СП), SVO, POTOK Air Purification System Data Calldowns
18:00-18:05	CDR	Water Recovery System (WRS) Urine Pretreat Assembly (UPA) Processing
18:15-19:00		Evening Work Prep
19:00-19:15	•	Daily Planning Conference (S-band)
19:15-19:30		Evening Work Prep
19:30-19:50	CDR	Presleep (dinner, daily food prep, evening toilet)
19:30-21:30	FE-1	Presleep (dinner, daily food prep, evening toilet)
19:30-20:35	FE-2	Presleep (dinner, daily food prep, evening toilet)
19:50-20:05	CDR	Private Family Conference (S + Ku-band)
20:05-21:30	CDR	Presleep (dinner, daily food prep, evening toilet)
20:35-20:50	FE-2	Private Family Conference (S + Ku-band)
20:50-21:30	FE-2	Presleep (dinner, daily food prep, evening toilet)
21:30-06:00		SLEEP
Task List	FE-1	DIATOMEA. World Ocean Observations
		ECON. Observations and photography
		PLANTS-1. Payload Status Check
		Verify RF cable connections to SM KURS-Π container

Notes:

- SM Window #9 shutter opening is at crew discretion with Report to MCC
 See OSTP for references to US activities.
 End of Radiogram