

Radiogram No. 1892nu

Form 24 for 12/13/2009 (**Updated**)**CREW OFF DUTY**

<b>GMT</b>	<b>CREW</b>	<b>ACTIVITY</b>
06:00-06:20	CDR	Nutrition and Repository Crew Urine Sample Collection
06:00-06:05	<b>FE-1</b>	Elektron-VM Aerosol Filter Inspection
06:05-06:10	<b>FE-1</b>	Morning Inspection
06:10-06:40	<b>FE-1</b>	Post-sleep
06:25-06:40	CDR	Post-sleep
06:20-06:25	CDR	Nutrition and Repository MELFI Urine Sample Insertion
06:40-07:30	.	BREAKFAST
07:30-07:35	CDR	SLEEP Questionnaire
07:35-07:40	CDR	Bisphosphonates Pill Ingestion
10:30-11:30	CDR	Physical Exercise (T2)
11:30-13:00	CDR	Physical Exercise (ARED)
11:30-13:00	<b>FE-1</b>	Physical Exercise (T2) Day 4
13:00-14:00	.	LUNCH
14:00-14:05	CDR	Advanced Plant Experiments on Orbit (APEX) Plant Status Check
14:05-14:15	CDR	MERLIN Desiccant Replace
15:15-15:35	<b>FE-1</b>	RUSALKA Experiment Footage Downlink For TBL TV Channel ( <i>Ku-band</i> )
16:00-16:10	CDR	Nutrition and Repository Blood Collection Hardware Stow
16:10-16:30	CDR	Nutrition and Repository Blood Collection Hardware Stow
16:15-16:55	<b>FE-1</b>	COX Maintenance. <b>SM and FGB CP (Flush Counter), CBO (Water Supply System), Potok Air Purification Unit Data Calldowns</b>
16:55-17:55	<b>FE-1</b>	Physical Exercise (ARED ) Day 4
18:00-18:05	<b>FE-1</b>	Elektron-VM Aerosol Filter Inspection
18:20-18:55	.	Evening Work Prep
18:55-19:10	.	Daily Planning Conference ( <i>S-band</i> )
19:10-19:30	.	Weekly Crew Conference with the ISS Program Management ( <i>S-band</i> )
19:30-21:30	.	Pre-sleep
21:30-06:00	.	SLEEP
<b>Task List</b>	<b>FE-1</b>	PLANTS-2. Payload Status Check
		ECON. Observations and Photography
		SEINER Ocean Observations
		Tightening 3B5 (Quick Release Screw Clamps) at the SM AO-Soyuz 226 Interface

**Notes:**

1. SM Window #9 shutter opening is at crew discretion with **Report to MCC**
  2. See OSTP for references to US activities.
- End of Radiogram