

Radiogram No. 231u

Form 24 for 05/10/09

**CREW OFF DUTY**

GMT	CREW	ACTIVITY
06:00-06:10	CDR,FE-2	Morning Inspection
06:00-06:20	FE-1	Nutrition and Repository Urine Sample Collection
06:10-06:25	FE-2	Post-sleep
06:10-06:40	CDR	
06:20-06:25	FE-1	Nutrition and Repository Insertion of Urine Sample into MELFI
06:25-06:45		Nutrition and Repository Blood Samples
06:25-06:40	FE-2	Nutrition and Repository Blood Draw Operator
06:40-06:55		Private Family Conference ( <i>Ku+S-band</i> )
06:40-07:30	CDR	BREAKFAST
06:45-06:55	FE-1	Nutrition and Repository Refrigerated Centrifuge Setup
06:55-07:10	FE-2	Post-sleep
06:55-07:05	FE-1	Nutrition and Repository Refrigerated Centrifuge Config
07:05-07:20		Morning Inspection
07:10-08:00	FE-2	BREAKFAST
07:35-07:55	FE-1	Nutrition and Repository Insertion of Blood Sample into MELFI
07:55-08:05		Nutrition and Repository - Stow Blood Sample Collection and Processing Hardware
08:00-08:20	FE-2	Nutrition and Repository Urine Sample Collection
08:05-08:30	FE-1	Post-sleep
08:15-08:30	CDR	БМП Φ1 Absorption Cartridge Regeneration (start)
08:20-08:25	FE-2	Nutrition and Repository Insertion of Urine Sample into MELFI
08:25-09:55		Physical Exercise (ARED)
08:30-09:20	FE-1	BREAKFAST
09:55-10:55	FE-2	Physical Exercise (TVIS)
10:50-10:55	FE-1	HAM Radio Setup
10:55-11:05		HAM Radio Session
11:30-13:00	CDR	Physical Exercise (TVIS), day 1
12:30-12:35	FE-1	BCAT-4 Camera Checkout
12:35-12:55		Nutrition and Repository Urine Sample Collection
12:55-13:00		Nutrition and Repository Urine Sample MELFI Insertion
13:00-14:00	.	LUNCH
14:00-14:20	FE-2	Nutrition and Repository Urine Sample Collection
14:20-14:25		Nutrition and Repository Urine Sample MELFI Insertion
15:10-15:30	FE-1	Nutrition and Repository Stow Urine Sampling Hardware
15:25-15:40	FE-2	Private Family Conference ( <i>Ku+S-band</i> )
15:30-16:30	FE-1	Physical Exercise (TVIS)
16:30-18:00		Physical Exercise (ARED)

16:35-17:35		Physical Exercise (VELO), day 1
17:35-18:15	CDR	COЖ Maintenance. <b>SM and FGB СП, CBO, and POTOK Air Purification System Data Calldowns</b> <b>Inspection of CM-Y connector on MHP-HC separator pump behind ACY panel 139</b>
18:05-18:15	FE-2	Potable Water Dispenser (PWD) Daily Ambient Flush
18:15-18:35	FE-2	Evening Work Prep
18:15-18:45	CDR,FE-1	
18:35-18:45	FE-2	Connecting Rack Umbilical
18:45-19:00		Daily Planning Conference ( <i>S-band</i> )
19:00-19:30		Evening Work Prep
19:30-21:15	CDR	Presleep (dinner, daily food prep, evening toilet)
19:30-20:15	FE-1	
19:30-21:30	FE-2	
20:15-20:30	FE-1	Private Family Conference ( <i>Ku+S-band</i> )
20:30-21:30		Presleep (dinner, daily food prep, evening toilet)
21:15-21:30	CDR	БМП Ф1 Absorption Cartridge Regeneration (termination)
21:30-06:00	CDR,FE-2	SLEEP
21:30-23:30	FE-1	
23:30-23:45	FE-1	Crew Discretionary Conference ( <i>Ku+S-band</i> )
23:45-06:00		SLEEP
<b>Task List</b>	CDR	PILOT-M
		ECON. Observations And Photography
		PLANTS-2. Payload Status Check
		Audit of СД1-7, СД1-6, СД1-5M, CP-2, СПП Lights
		Audit of Medical Locker Containers 1 and 6

**Notes:**

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
  2. See OSTP for references to US activities
- End of Radiogram