

**Crew Rest**

GMT	Crew	Activity / ODF or R/G
06:00–06:10		Morning inspection
06:09–06:39		Personal hygiene (post-sleep)
06:39–07:29		BREAKFAST
07:30–07:40	CDR	Charge camcorder battery / RODF ??? ?? (April 20, 2001) page 3-2, item 3.2
07:55–08:00	CDR	Downlink of ??? data
08:00–08:05	CDR	Downlink of ?? counter data
08:59–09:24	FE-2	LAB payload status monitoring
09:28–09:47	CDR	Private family conference (TV) / RODF ??? ?? (April 20, 2001) item 3.4, pages 3-5, 3-6 + r/g
10:49–10:59	CDR	Inspection of ???-1 separator
10:59–11:19	CDR	Repressing ISS with O2 from Progress ??? / RODF ??? ?? item 3.7, pages 3-2 & 3-3
11:19–11:59	CDR	Maintenance of ???
12:30–13:30		LUNCH
14:30–14:45	FE-1	Private psychological conference
15:05–15:20	FE-2	Private psychological conference
16:10–16:25	FE-1	Private family conference
16:40–16:55	FE-2	Private family conference
18:40–19:15		Review plan for the next day
19:15–19:30		Daily planning conference (evening)
19:29–19:59		DINNER
20:00–20:30		Daily food ration prep
20:30–21:30		Personal hygiene (pre-sleep)
21:30–06:00		SLEEP

End of radiogram