

CREW OFF DUTY. ACH [Satellite Navigation Equipment] (HBM1 and HBM2) Test Using New Software 01.06

GMT	CREW	ACTIVITY
06:00-06:10	CDR, FE-1	Morning Inspection
06:00-06:05	FE-2	SLEEP - data logging
06:05-06:10	FE-2	Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-08:30	FE-1	Weekly Housekeeping Cleaning Fan B3 grilles in DC1, grilles in ВПpK and ВПxO and ВдПpK
07:30-10:30	CDR, FE-2	
08:30-08:45	FE-1	Regeneration of Micropurification Unit (БМП) Absorption Cartridge Φ2 (start)
08:45-10:30	FE-1	Weekly Housekeeping Cleaning Fan B3 grilles in DC1, grilles in ВПpK and ВПxO and ВдПpK
10:30-12:00	FE-1	Physical Exercise (TVIS), Day 2
10:30-11:30	FE-2	Physical Exercise (RED)
11:50-11:55	CDR	Treadmill Vibration Isolation Stabilization (TVIS) inspection to check condition of roller bearings.
11:55-13:25	CDR	Physical Exercise (TVIS), Day 2
12:00-12:40	FE-2	COЖ Maintenance /
12:40-12:55	FE-2	Food frequency questionnaire
12:55-13:10	FE-2	Questionnaire - log entry
13:25-13:55		Weekly Planning Conference (<i>S-band</i>)
13:55-14:55		LUNCH
14:55-15:10	CDR	Temporarily Relocate any Stowage on the NOD1S4 and NOD1P5 Rack Fronts to Support Connector Mating in NODE1
15:00-15:15	FE-2	Private family conference (<i>S + Ku-band</i>)
15:10-15:30	CDR	Connector mating in NODE 1 to power feeders to support CHT3 and CHT4 activation
15:30-15:45	CDR	Return stowage to initial configuration after mating connectors in NODE1
16:10-16:40	CDR	Test of window #9 shutter drive operation duration with safety coupling
16:15-16:30	FE-1	Private Psychological Conference (<i>VHF</i>)
16:25-17:55	FE-2	Physical Exercise (CEVIS)
16:55-17:55	FE-1	Physical Exercise (VELO+RED), Day 2
17:50-18:05	CDR	Private Psychological Conference (<i>VHF</i>)
18:15-18:30	FE-2	Private family conference (<i>S + Ku-band</i>)
18:30-19:30	CDR	Physical Exercise (VELO+RED), Day 2
19:00-19:30	FE-1	Pre-EVA Crew PFE - prep
19:25-19:30	FE-2	Transfer TVIS data / RED/ CEVIS data to MEC
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:15	FE-1	Pre-sleep
20:30-21:30	CDR,FE-2	Pre-sleep

21:15-21:30	FE-1	БМП Φ2 Absorption Cartridge Regeneration (termination)
21:30-06:00		SLEEP

Note: See OSTP for references to US activities.
End of Radiogram