GMT	CREW	ACTIVITY
21:15-21:25	FE-1,FE-4	Morning Inspection
21:25-21:55	FE-1,FE-4	Post-sleep
21:55-22:45	FE-1,FE-4	BREAKFAST
22:45-22:50	FE-4	Elektron-VM Aerosol Filter Inspection
22:50-23:05	FE-1,FE-4	Daily Planning Conference (S-band)
23:05-23:35	FE-4	Work Prep
23:05-23:45	FE-1	IZGIB-DAKON Data downlink and reload
23:45-00:40	FE-1	Node 3 Bolt Removal
00:05-00:20	FE-4	Verify ИП-1 Flow Meter Configuration
00:20-00:40	FE-4	IMS Update
00:40-01:05	FE-1,FE-4	ISS-MCC TV Greetings to the Siberian State University. <i>To= 00:38, T1, T2, T3 from CΠΠ (VHF)</i>
01:05-04:40	FE-1	Node 3 Bolt Removal
01:05-02:35	FE-4	Physical Exercise (TVIS), Day 1
02:35-04:35	FE-4	Medical Support System Audit
04:35-05:35	FE-4	LUNCH
04:40-05:40	FE-1	LUNCH
05:35-07:05	FE-4	Replacement of E-K Pre-treat Container and E-K Hose in ACY System. <i>E-K #811053 (00044639R, CM1PO_4_ACY_454_1). Discard the removed equipment. Update IMS</i>
07:05-07:35	FE-4	Replacement of Urine Receptacle [MΠ] and Filter-Insert [Φ-B] in the toilet [ACУ]. <i>ΜΠ #0190200 (00048874R, CM1PO_1_138_1); Φ-B #810107 (00044646R, CM1PO_1_138_1, bag 362-21, 00046580R). Discard the removed equipment. Update IMS</i>
07:05-08:05	FE-1	Physical Exercise (VELO), Day 4
07:35-08:50	FE-4	SM Ventilation System Preventive Maintenance. Group
08:05-08:40	FE-1	СОЖ Maintenance
08:40-10:10	FE-1	Physical Exercise (TVIS), Day 4
08:50-09:50	FE-4	Physical Exercise (VELO), Day 1
10:05-10:10	FE-4	Elektron-VM Aerosol Filter Inspection
10:10-10:25	FE-1,FE-4	Daily Planning Conference (S-band)
10:25-10:45	FE-1,FE-4	Evening Work Prep
10:45-12:45	FE-1,FE-4	Pre-sleep
12:45-21:15	FE-1,FE-4	SLEEP
Task List	FE-1,FE-4	E21/22 Photo/Video

Note:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
 See OSTP for references to US activities
- 3. Pre-sleep ops: dinner, daily food prep, evening toilet End of Radiogram