Transition to OCK Attitude (Barbeque) • Test of REGUL-OS Antenna Feeder Unit (АФУ) • Test of СУБА-БСКУ

GMT	Crew	Activity
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:50	FE-1	Prep for work
07:30-07:45	CDR	Frep for work
07:45-07:50		PLANTS-2: payload status check
07:50-08:05		Daily planning conference (S-band)
08:05-08:15		Prep for work
08:15-08:30	FE-1	Food questionnaire
08:15-08:45	CDR	Common Power Switching Unit ECKY5-12: prep for fuse link/plug R&R
08:30-08:40	FE-1	CSA-CP data collection
08:40-09:10		Weekly PCS reboot
08:45-10:15	CDR	Common Power Switching Unit ECKY5-12: fuse link/plug R&R. Tagup w/ ground specialist
09:10-10:10	FF 4	PAO - Life on ISS video
10:10-11:25	FE-1	Physical exercise (TVIS)
10:15-10:30	ĺ	IMS tagup (S-band)
10:30-10:50	CDR	Air sampling in SM & FGB (AK-1M sampler)
10:50-11:00		Air sampling in SM (ИПД samplers)
11:00-11:35	CDR	IMS file prep
11:25-11:55	FE-1	NGL (SSC) new generation laptop: file registry/data collection
11:35-12:35	CDR	Physical exercise (TVIS, day 1)
11:55-12:15	FE-1	Check proper MCG cable connection
12:35-13:35		LUNCH
13:35-15:05	FE-1	Audit and inspection of fire ports in NODE1
13:35-14:35	CDR	Connecting of REGUL-OS Antenna Feeder Unit (АФУ) to СБ II antenna path
14:35-14:50		MOLNIYA-SM. LSO disassembly
14:50-15:25		PAO-TV. Conference with schoolchildren (T_0 =14:55, T_1 , T_2 , T_3 per automated daily plan $C\Pi\Pi$)
15:05-15:25	FE-1	PAO-TV. Conference with schoolchildren
15:25-16:05	CDR	Check dimensions of ПКФ-Т electric heater. <i>Tag-up with specialists</i> (S-band)
15:30-15:40	FE-1	Daily payload status check
15:40-16:10		EKAM- ECAM deactivation and stowage
16:05-16:45	CDR	Replacement of filters in FGB dust collectors ΠC1 and ΠC2
16:10-16:30	FE-1	Transfer of TVIS/RED files to MEC
16:30-16:50		Transfer of HRM files to MEC
16:45-16:50	CDR	Inspection of БРПК-1 separator
16:50-18:20		Physical exercise (TVIS-1)

16:50-17:05	FE-1	HRM file deletion
17:05-18:20		Physical exercise (RED)
18:20-18:35		Daily planning conference (S-band)
18:35-19:05		Daily plan review
19:05-19:30		FD/ISS crew conference (S-band)
19:30-20:00	CDR	Daily food prep
19:30-19:55	FE-1	
19:55-20:10		Tagup with students from Los Alamos University (S-band)
20:00-20:30	CDR	DINNER
20:10-20:30	FE-1	
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

See OSTP for references to US activities.

End of radiogram