GMT	CREW	ACTIVITY
13:00-13:10		Morning inspection
13:10-13:40		Post-sleep
13:40-14:20		BREAKFAST
14:20-14:45	CDR	Work prep
14:20-14:50	FE-1	Work prop
14:45-14:50	CDR	PLANTS-2. Payload status check
14:50-15:05		Daily planning conference (S-band)
15:05-15:15		Removing БК-3 and battery from БРТА
15:15-15:45	CDR	Orlan feedwater bladder refill
15:35-15:50	FE-1	Private psychological conference (S-band)
15:45-15:55	CDR	Stowing Urolux hardware
15:50-16:20	FE-1	Orlan feedwater bladder refill
16:05-16:20	CDR	Private medical conference (Ku+S-band)
16:20-16:30		Orlan drying
16:30-16:40	CDR	Sputnik-CM [Спутник-CM] hardware activation
16:40-16:55		Post-EVA Pille dosimeter reading
	FE-1	Private medical conference (Ku+S-band)
17:10-18:10		LUNCH
18:10-18:40	FE-1	СОЖ maintenance (Inspection of БРПК)
18:30-18:35	CDR	Orlan drying
18:35-18:55		Cryogem-03M Transfer from SM to DC1
18:40-18:55	FE-1	Transfer ODF books and Crew Toxic Contamination Protection Kit
18:55-19:10		Rebooting all PCS (weekly)
19:10-19:15		Rebooting OCA SSC router
19:15-19:20		Disconnect DCP power cable
19:30-20:00		Saturday science program. HEAT review
19:45-20:05	CDR	Daily food prep
20:00-20:15	FE-1	Saturday science program. Tagup with developers (S-band)
20:05-20:35	CDR	DINNER
20:15-20:35	FE-1	
20:35-20:45		Orlan drying
20.45-21:30	CDR	Pre-sleep
20:45-21:05	FE-1	Daily food prep
21.05-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	CDR	PLANTS-2. Water tank topoff

Note: See OSTP for references to US activities. End of Radiogram