

GMT	Crew	Activity/ <i>ODF or R/G</i>
07:30 - 07:40	.	Morning inspection
07:40 - 08:10	.	Post sleep
08:10 - 09:00	.	Breakfast
09:00 - 09:15	CDR,FE-2	Daily planning conference
09:00 - 09:08	FE-1	
09:08 - 09:18	FE-1	Ham radio activity
09:15 - 09:35	CDR	Daily ECG procedure (end) / ? ? ??2/?3.3.3 ?? ?3-15
09:15 - 09:45	FE-2	Work prep
09:18 - 09:45	FE-1	
09:45 - 11:20	CDR	Items prep to be returned on 7? .1
09:45 - 11:35	FE-1, FE-2	Items prep to be returned on 7? .1
11:20 - 12:20	CDR	Physical exercise TVIS-2
11:35 - 13:05	FE-2	Physical exercise RED
11:35 - 12:10	FE-1	DOSMAP. Installation MDU after charging
12:10 - 13:10	FE-1	Physical exercise TVIS
12:20 - 12:30	CDR	Camcorder battery charge / ??? ?? ?? ?3-2 ?3.2
12:30 - 13:10	CDR	ICLSS system maintenance
13:10 - 14:10	.	Lunch
14:10 - 14:40	.	PAO event
14:40 - 15:40		Stowing items to be disposed in Progress (using the inventory system) + video recording / ??? 1592
15:40 - 16:00		Conference on discussing the mission results
16:00 - 17:00		Stowing items to be disposed in Progress (using the inventory system) + video recording / ??? 1592
17:00 - 17:15	CDR	Conference with family and friends through Sband
17:00 - 17:30	FE-1, FE-2	Conference with family and friends through Sband
17:15 - 18:15	CDR	Visual inspection of installation area, fit check and installation of Transit-B system ??? in ?? ? ?? / R/G 1615
17:30 - 19:00	FE-1	Physical exercise RED
17:30 - 18:30	FE-2	Physical exercise TVIS
18:15 - 18:30	CDR	PAO
18:30 - 19:10	FE-2	Data collection within the scope of “Vzaimodeistviye” experiment
18:45 - 20:15	CDR	Physical exercise TVIS+IRE-2
19:00 - 19:20	FE-1	TORSO. Power sources replacement
19:10-19:25	FE-2	Check payload equipment in LAB
19:25 - 19:40	FE-1	Private medical conference

19:40 - 19:55	FE-2	Private medical conference
19:45 - 20:15	FE-1	Transfer DOSMAP DOSTEL data to HRF computer for subsequent downlink
19:55 - 20:15	FE-2	Prepare Delta file for downlink
20:15 - 20:45	.	Report prep
20:45 - 21:15	.	Dinner
21:15 - 21:45	.	Daily food ration prep.
21:45 - 22:00	.	Daily planning conference
22:00 - 23:00	.	Pre-sleep
23:00 - 07.30	.	Sleep

NOTE: See ? S?? for absent references to U.S. operations.

End of radiogram