

RS Thrusters Inhibits. RS windows inspection

GMT	CREW	ACTIVITY
06:00-06:10	CDR	Morning inspection
06:00-06:30	FE-1	SPRUT-2. Assembling setup, measuring body mass, final steps
06:00-06:05	FE-3	Self-inspection for reaction
06:05-06:10	FE-3	Morning inspection
06:10-06:40	CDR,FE-3	Post-sleep
06:30-07:30	FE-1	SRUT-2. Experiment run
06:40-06:55	CDR	Breakfast
06:40-07:30	FE-3	Breakfast
06:55-07:10	CDR	On MCC Go Ф2 БМП absorption cartridge regen (start)
07:10-07:45	CDR	Breakfast
07:30-07:50	FE-3	Work prep
07:30-08:00	FE-1	Post-sleep
07:45-07:55	CDR	BAR. PIREN charging - end
07:50-08:00	FE-3	Powerup
08:00-08:15	.	DPC (<i>S-band</i>)
08:15-08:30	.	Weekly conference – Real-Time Operation Management Team (ГОГУ) (<i>S-band</i>)
08:30-08:45	CDR,FE-1	TLF-inventory tagup (<i>S-band</i>)
08:30-08:40	FE-3	TOCA – Liquid waste container replace
08:40-08:50	FE-3	WRS – water sample analysis
08:45-09:25	FE-1	Breakfast
08:45-11:00	CDR	Rastenia-2. Greenhouse checkup and water container fill. <i>Tagup with specialist. (S-band)</i>
08:50-09:00	FE-3	VO2max - video equipment setup
09:00-09:25	FE-3	VO2 -- protocol prep
09:25-11:55	FE-1	RS windows inspection and photographing
09:25-10:05	FE-3	VO2. Settings and checkup
10:05-10:45	FE-3	VO2max. Experiment protocol
10:45-10:55	FE-3	VO2. Final steps
10:55-11:00	FE-3	VO2 - Data downlink
11:00-11:35	FE-3	VO2. restow
11:00-11:25	CDR-assist	RS windows inspection and photographing
11:25-12:00	CDR	IZGIB-DAKON Copying data to USB, archive cleanup, downlink
11:35-11:45	FE-3	TOCA 2 - recording data
11:55-12:05	FE-1,FE-3	PAO – equipment prep
12:05-12:15	CDR,FE-1	PAO – crew prep
12:10-12:30	FE-3	Printing out procedure for loading Version 4 on SSC
12:15-12:35	CDR,FE-1	TV comm. session. Interview with the host of the program “Life: User manual” (<i>Ku+S-band</i>)
12:40-13:40	FE-1,FE-3	Midday meal
12:40-12:45	CDR	IZGIB-DAKON. DAKON hw turnoff
12:45-13:40	CDR	Midday meal
13:40-13:55	FE-1	CPB-K2M – inspecting residue filter insert

13:40-14:00	FE-3	VO2max - PPFS restow
13:40-14:20	CDR	IDENTIFIKATSIA. Copying ИМЫ-Л measurement results to laptop
13:55-14:10	FE-1	Correcting Gas Analyzer (ИК0501) results for O2 channel Uout=3v
14:00-14:05	FE-3	Monitoring O2 levels using CSA-CP
14:05-14:10	FE-3	HMS - defibrillator inspection
14:10-14:20	FE-3	RFTA - access
14:10-14:20	FE-1	БПИ – downlinking monitoring protocols
14:20-14:40	FE-3	RFTA reconfig for urine processing
14:30-16:00	CDR	PE ARED
14:40-14:50	FE-3	RFTA – final steps
14:50-15:20	FE-3	Reviewing procedure for loading Version 4 on SSC
14:50-16:20	FE-1	PE T2 - 1
16:20-17:20	FE-1	PE БЕЛО-1
15:20-15:45	FE-3	Conference for loading Version 4 on SSC
15:45-15:50	FE-3	VO2max - PPFS – final steps
15:50-16:00	FE-3	MELF1 – ice install
16:00-16:20	FE-3	MELF3 – ice install
16:00-16:20	CDR	IMS edit
16:20-16:35	CDR	Checking installation of ИП-1 sensors
16:20-16:30	FE-3	High frequency dosimeter battery swap
16:40-17:10	CDR	SEINER. World Ocean study
16:40-18:10	FE-3	PE ARED
17:10-18:10	CDR	PE T2 - 1
17:20-17:30	FE-1	Previously installed FMK-monitors removal
17:30-18:10	FE-1	Maintenance COЖ
18:10-18:30	.	Crew conference with Flight Director (<i>S-band</i>)
18:30-19:05	.	Evening work prep
19:05-19:20	.	DPC (<i>S-band</i>)
19:20-19:30	.	Evening work prep
19:30-21:30	FE-1	Pre-sleep ops
19:30-19:35	FE-3	MPC - powerup
19:30-21:15	CDR	Pre-sleep ops
19:35-21:20	FE-3	Pre-sleep ops
21:15-21:30	CDR	Φ2 БМП absorption cartridge regen (end)
21:20-21:25	FE-3	Self-inspection for reaction
21:25-21:30	FE-3	MPC -- powerdown
21:30-06:00	.	Sleep
Task List	CDR,FE-1	Preparing reports for Roscosmos website
	CDR	SFOG hw inventory and photographing

Notes:

1. SM Window #9 cover opening is at crew discretion with report to MCC
 2. See OSTP for references to US activities
 3. Pre-sleep ops: dinner, daily food prep, pre-sleep
- End of r/g