

PLASMA CRYSTAL-3 PLUS Experiment

GMT	CREW	ACTIVITY
06:00-06:10	CDR	Morning inspection
06:00-06:10	FE-1	Morning inspection
06:10-06:40		Post-sleep
06:40-06:50	FE-1	MO-8. Set-up
06:40-06:50	CDR	Calf measurement
06:50-07:00	FE-1	
06:50-07:05	CDR	Body mass measurement
07:05-07:20	FE-1	
07:05-07:55	CDR	BREAKFAST
07:20-07:30	FE-1	MO-8. Close-out ops
07:30-08:05		BREAKFAST
07:55-08:05	CDR	Work prep
08:05-08:20		Daily planning conference (<i>S-band</i>)
08:20-10:20	CDR	FOOT - Video Ops
08:20-08:35	FE-1	BREAKFAST
08:35-09:05		Work prep
09:05-09:45		PK-3 PLUS. Evacuation of Lines and Working Chamber in the Experimental Unit [ЭБ]. <i>Tagup with specialists (S-band)</i>
09:45-11:15		PK-3 PLUS. Hardware calibration and testing. <i>Tagup with specialists (S-band)</i>
10:20-11:20	CDR	FOOT- calibration w/video
11:15-11:55	FE-1	PK-3 PLUS. Experiment setup. <i>Tagup with specialists (S-band)</i>
11:20-12:20	CDR	Physical Exercise (TVIS)
11:55-12:35	FE-1	Electron activation. <i>Tagup with specialists (VHF, S-band)</i>
12:20-13:20	CDR	Unstow items in US Airlock
12:45-13:15	FE-1	COЖ maintenance
13:15-13:20	FE-1	PK-3 PLUS. Evacuation of Experimental Unit (ЭБ) Lines and Working Chamber - status check
13:20-14:20		LUNCH
14:20-15:05	CDR	Transfer of IMAK
14:20-14:50	FE-1	Tagup with specialists regarding lights audit (<i>S-band</i>)
15:00-15:05		MATRYOSHKA-R. Checking sensor data on the Control Panel.
15:05-15:45		Microbial sample collection
15:35-15:40	CDR	BCAT-3: camera checkout
15:40-15:45		Connect DCP power cable
15:45-15:50	FE-1	PK-3 PLUS. Evacuation of Experimental Unit (ЭБ) Lines and Working Chamber - status check
15:55-18:25		PROFILAKTIKA. Cycle Ergometer experiment. <i>Tagup with specialists (S-band)</i>
16:05-17:35	CDR	Physical Exercise (RED)
17:35-17:40		Transferring TVIS, RED, and HRM data to MEC
17:40-18:00		Daily plan review
18:00-18:05		Setting up HAM radio
18:05-18:15		HAM radio session

18:20-18:45		Report prep
18:25-18:40	FE-1	Daily plan review
18:40-18:45		ПК-3 PLUS. Evacuation of Experimental Unit (ЭБ) Lines and Working Chamber - status check
18:45-19:00		Daily planning conference (<i>S-band</i>)
19:00-19:30	CDR	FOOT - equipment stow
19:00-19:30	FE-1	Report prep
19:30-20:00		DINNER
20:00-20:30	CDR	Daily food prep
	FE-1	Daily food prep
20:30-21:30	CDR	Pre-sleep
20:30-21:20	FE-1	Pre-sleep
21:20-21:25		ПК-3 PLUS. Evacuation of Experimental Unit (ЭБ) Lines and Working Chamber - status check
21:25-21:30		ПК-3 PLUS. Turbo pump deactivation
21:30-06:00		SLEEP
Task List	FE-1	GCF-JAXA. TBY incubator temperature check
		IMS update

Note: See OSTP for references to US activities.
End of Radiogram