TIME	CREW	ACTIVITY
06:00-06:05	CDR	Exercise Overview Reminder
06:00-06:10	FE-1	Morning Inspection. Laptop RS1(2) Reboot
06:00-06:10	FE-2	Morning Inspection. Laptop RSS2 Reboot
06:00-06:10	<b>FE-4</b> , FE-5, FE-6	Morning Inspection
06:05-06:10	CDR	Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30	CDR, <b>FE-</b> <b>1</b> , <b>FE-2</b> , FE-5, FE-6	BREAKFAST
06:40-07:30	FE-4	BREAKFAST. SM ΠCC (Caution & Warning Panel) Test
09:00-10:10	CDR	T2 Exercise
09:00-09:15	FE-1, FE-2	Review of T2 Exercise Procedures
09:20-09:30	FE-2	CASKAD. Manual Mixing in Bioreactor
10:10-11:30	CDR	ARED Exercise
10:30-11:40	FE-5	T2 Exercise
11:30-13:00	FE-4	ARED Exercise
11:40-12:00	FE-2	Setting up 825M3 Unit 1 for Charging and Starting Charge
12:00-13:00	FE-2	БД-2 Exercise, Day 2
12:00-13:00	FE-6	T2 Exercise
12:05-12:20	FE-1	Private Family Conference (Ku+S-band)
12:40-13:40	FE-5	LUNCH
13:00-14:00	CDR, FE- 6, <b>FE-1</b> , <b>FE-2</b> , <b>FE-4</b>	LUNCH
13:40-13:55	FE-5	Private Family Conference
14:00-14:30	FE-1, FE- 2, FE-4	Video Footage for Roscosmos Press Service
14:30-15:10	FE-1	СОЖ Maintenance. SM and FGB CBO, СГО, АСУ СПКУ Counter, POTOK Air Purification System Data Calldowns
14:45-14:55	FE-6	WRS – Recycle Tank Fill from EDV
15:00-15:10	FE-6	SPHERES - Battery Stow
15:10-16:40	FE-2	ARED Exercise
15:40-15:50	CDR	Cable Reconfiguration (Ku-band)
15:40-16:40	FE-1	VELO Exercise, Day 3
16:40-18:10	FE-1	БД-2 Exercise, Day 3
17:40-18:40	FE-4	БД-2 Exercise, Day 2
18:00-18:20	FE-2	ABOUT GAGARIN FROM SPACE. HAM Radio Session with MARS-500 Investigators
18:10-19:30	FE-5	ARED Exercise
18:20-18:30	FE-2	CASKAD. Manual Mixing in Bioreactor
18:30-18:45	FE-2	Private Family Conference (Ku+S-band)

18:45-19:15	FE-1, FE- 2, FE-4	Evening Work Prep
19:15-19:30	FE-1, FE- 2, FE-4	Daily Planning Conference (S-band)
19:15-20:50	FE-6	Pre-sleep
19:30-21:30	CDR, <b>FE-</b> <b>1</b> , <b>FE-2</b> , <b>FE-4</b> , FE-5	Pre-sleep
20:50-21:05	FE-6	Private Family Conference
21:05-21:30	FE-6	Pre-sleep
21:30-06:00		SLEEP
Task List	FE-2	MIS SW Test onboard ISS RS
		Earth Imagery
	FE-1, FE- 2, FE-4	Preparation of reports for Roscosmos site
		ECON-M. Observations and Photography

## Notes:

- 1. See OSTPV for references to US activities
- 2. Pre-sleep ops: daily food prep, dinner, pre-sleep
- 3. Russian crew uses US exercise equipment strictly per F24 or OSTPV End of Radiogram