

Crew Activity with CYBA, COTP. Equipment Stowage in Progress

GMT	CREW	ACTIVITY
06:00-06:05	CDR	Elektron-VM Aerosol Filter Inspection
06:00-06:10	FE-3, FE-5	Morning Inspection
06:05-06:10	CDR	Morning Inspection
06:10-06:40	CDR, FE-3, FE-5	Post-sleep
06:40-07:40	FE-5	BREAKFAST
06:40-07:30	CDR, FE-3	BREAKFAST
07:30-07:50	FE-3	Work Prep
07:35-07:50	CDR	Work Prep
07:40-07:50	FE-5	Work Prep
07:50-08:15	CDR, FE-3, FE-5	Daily Planning Conference (<i>S-band</i>)
08:15-09:15	CDR	Stowing disposal hardware in Progress 406 and IMS updates
08:15-10:15	FE-5	Changeout of Replaceable Condensate Removal Lines [CMOK]
08:15-09:15	FE-3	Life On The Station Photo and Video
09:15-10:45	FE-3	Physical Exercise (TVIS), Day 2
09:30-10:30	CDR	Physical Exercise (VELO), Day 1
10:30-12:10	CDR	Audit of RS Light Fixtures [C _D]. Checking lights and power supplies
10:45-12:50	FE-3	Stowing disposal hardware in Progress 406 and IMS updates
12:10-12:50	CDR	COX Maintenance
12:50-13:50	CDR, FE-3, FE-5	LUNCH
13:50-15:50	FE-5	Changeout of Replaceable Condensate Removal Lines [CMOK]
13:50-15:20	FE-3	Relocate RS Equipment from Unauthorized FGB stowage locations
14:25-14:55	CDR	SEINER Ocean Observations
15:05-16:35	CDR	Physical Exercise (TVIS), Day 1
15:50-16:50	FE-5	Physical Exercise (ARED)
16:05-17:00	FE-3	Stowing disposal hardware in Progress 406 and IMS updates
16:35-18:55	CDR	Audit of RS Light Fixtures [C _D]. Checking lights and power supplies
16:50-18:20	FE-5	Physical Exercise (TVIS), Day 2
17:00-17:20	FE-3	IMS Update
17:20-18:20	FE-3	Physical Exercise (ARED)
18:20-18:55	FE-5	ASEPTIC Retrieve Samples from thermostatic container, photograph, and stow
18:20-18:55	FE-3	Photo/Video Chronicle of ISS Payloads
18:55-19:20	CDR, FE-3, FE-5	Daily Planning Conference (<i>S-band</i>)
19:20-19:25	CDR	Elektron-VM Aerosol Filter Inspection
19:20-19:30	FE-3, FE-5	Evening Work Prep
19:30-21:30	FE-3, FE-5	Pre-sleep
19:30-21:20	CDR	Pre-sleep
21:20-21:30	CDR	RUSALKA Battery Charge
21:30-06:00		SLEEP

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
2. See OSTP for references to US activities
3. Pre-sleep ops: dinner, daily food prep, evening toilet