

**CREW OFF DUTY**

GMT	CREW	ACTIVITY
06:00-06:10		Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-08:00	FE-2	Prep for Work
08:00-08:15		Daily planning conference ( <i>S-band</i> ).
08:45-09:00		Set up video equipment to record exercise on TVIS
09:00-10:30		Physical Exercise (TVIS)
09:35-10:15	FE-1	Microbial sample collection (T+2)
10:15-11:45		Physical Exercise (TVIS) day 2
10:30-11:15	FE-2	EMCS water pump line installation
11:15-11:25		CWC audit
11:25-11:30	CDR	<b>On MCC GO</b> ISS O2 repress using Progress 359 CPГK (start)
11:35-12:35	FE-2	Changeout of PCS HDDs
11:45-12:00	FE-1	Soyuz 220 Gas Analyzer Deactivation
11:50-12:00	CDR	PAO TV hardware setup
12:00-12:10	CDR,FE-1	PAO crew prep
12:10-12:30		<b>TV PAO.</b> TV conference between ISS-15 and German delegation lead by Minister of Economics of Bavaria Erwin Hubert ( <i>S+Ku-band</i> )
12:30-12:35	CDR	ISS O2 repress from Progress 359 CpГK (terminate)
12:35-13:35	.	LUNCH
13:35-13:45	FE-2	PAO hardware setup
13:35-14:15	CDR	COЖ maintenance
13:45-13:55	FE-2	Crew prep for PAO
13:55-14:15		PAO event ( <i>S+Ku-band</i> )
14:15-15:45		US SLM: installation and measurements
15:05-16:05	CDR	Physical Exercise (VELO+RED) day 2
15:45-16:00	FE-2	SLM data transfer to MEC
16:00-17:00		Physical Exercise (RED)
16:05-17:35	CDR	Physical Exercise (TVIS) day 2
17:00-17:10	FE-2	Nutrition: hardware setup
17:10-17:30		Nutrition - Hardware set up for urine collection
17:30-18:00		PCS deactivation and stowage
17:35-18:35	FE-1	Physical Exercise (VELO+RED) day 2
18:00-18:10	FE-2	Terminate BSA battery charge
18:10-18:30		Start BSA battery charge
18:30-18:35		Transfer TVIS/RED/CEVIS/HRM data to MEC
18:35-18:50	.	Daily Planning Conference ( <i>S-band</i> )
18:50-19:15	FE-2	Prep for Work
18:50-19:30	CDR,FE-1	Prep for Work
19:15-19:30	FE-2	Stow video equipment used to record exercise on TVIS
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

See OSTP for references to US activities.

End of Radiogram