## **CREW OFF-DUTY**

GMT	CREW	ACTIVITY
06:00-06:05	CDR	Reaction Self Test
06:00-06:05	FE-1	Elektron-VM Aerosol Filter Inspection
06:00-06:10	FE-2	Morning Inspection
06:05-06:15	CDR, <b>FE-1</b>	Morning Inspection
06:10-06:40	FE-2	Post-sleep
06:15-06:45	CDR, <b>FE-1</b>	Post-sleep
06:40-07:30	FE-2	BREAKFAST
06:45-07:35	CDR, <b>FE-1</b>	BREAKFAST
10:30-11:30	FE-2	Physical Exercise (ARED)
10:30-11:30	CDR	Physical Exercise T 2
11:30-13:00	CDR	Physical Exercise (ARED)
11:30-13:00	FE-1	Physical Exercise (TVIS), Day 4
13:00-14:00		LUNCH
14:00-14:40	FE-1	COЖ Maintenance. SM and FGB СП (Flush Counter), CBO (Water Supply System), Potok Air Purification Unit Data Calldowns
14:10-14:25	FE-2	Private Family Conference (Ku+S-band)
16:00-17:00	FE-1	Physical Exercise (VELO), Day 4
17:00-18:30	FE-2	Physical Exercise (TVIS), Day 4
17:00-17:15	CDR	Private Family Conference (Ku+S-band)
17:15-17:20	CDR	SSC File Server Reboot
17:45-17:50	CDR	JPM-PROX Activation
17:50-17:55	CDR	SSC ISS Server Reboot
17:55-18:00	CDR	OCA SSC Router Reboot
18:40-18:45	FE-1	Elektron-VM Aerosol Filter Inspection
18:45-19:00		Daily Planning Conference (S-band)
19:00-19:30		Evening Work Prep
19:30-21:25	CDR	Pre-sleep
19:30-21:30	FE-1,FE-2	Pre-sleep
21:25-21:30	CDR	Reaction Self Test
21:30-06:00		SLEEP
Task List	FE-1	SEINER Ocean Observations
	FE-2	URAGAN. Observations and Photography
	FE-1,FE-2	ECON. Observations and Photography

## Notes:

- SM Window #9 shutter opening is at crew discretion with Report to MCC
  See OSTP for references to US activities.
- 3. Pre-sleep ops: dinner, daily food prep, evening toilet End of Radiogram