CREW REST

GMT	CREW	ACTIVITY
06:00- 06:10		Morning inspection
06:10- 06:40		Post sleep
06:40- 07:30	•	Breakfast
07:30- 09:29		Weekly station clean-up
09.29- 09.44		Weekly planning conference (VHF)
09.44- 10.45		Weekly station clean-up
10:45- 11:45	FE-1	Physical exercise TVIS
11:45- 13:15		Physical exercise RED
11:45- 13:15	CDR	Physical exercise TVIS-1
13:15- 14:15		Lunch
14:15- 14:20	CDR	[KAB] condensate sampling upstream gas-liquid mixture filter ΦΓC CPB-K2M – deactivation of CKB 2
14:50- 15:20		KAB] condensate sampling upstream gas-liquid mixture filter ΦΓC CPB-K2M – installation of separator (№209001) and sampler (№306007)
18:25- 19:25		Physical exercise TVIS-1
19:25- 19:30	FE-1	TVIS, RED and HRM data transfer to MEC
19:30- 20:00		Dinner
20:00- 20:30		Daily food prep
20:30- 21:30	•	Pre-sleep
21:30- 06:00		Sleep
Task list	CDR	ECON experiment imagery Statokonia. Temperature monitoring with use of [APT]
		ETD

End of r/g