

Changeout of DC1 TCS Replaceable Unit Panel [ПАК СТР]

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-08:00		Work prep
08:00-08:20	FE-1	Renal Stone: urine collection
08:10-08:25	CDR	Renal Stone: diet log
08:20-08:35	FE-1	
08:25-08:45	CDR	Renal Stone: urine collection
08:35-08:45	FE-1	Comm config to provide comm from DC1
08:45-09:00		Daily planning conference (<i>S-band</i>)
09:00-12:00		Changeout of DC1 TCS Replaceable Unit Panel [ПАК СТР]. <i>Tagup (S-band)</i>
12:00-13:00	CDR	Physical Exercise (TVIS)
12:00-12:20	FE-1	Renal Stone: urine collection
12:20-13:20		Physical Exercise (VELO + Force Loader /Cycle 1), day 1
13:00-13:20	CDR	Renal Stone: urine collection
13:20-13:30	FE-1	Restore nominal comm config
13:20-13:30	CDR	Crew time for adaptation and ISS familiarization
13:30-14:30		LUNCH
14:30-14:50	FE-1	Renal Stone: urine collection
14:30-15:20	CDR	Crew time for adaptation and ISS familiarization
14:50-15:50	FE-1	
15:20-15:40	CDR	Renal Stone: urine collection
15:40-16:30		New software installation on the Medical Equipment Computer (MEC)
15:50-17:20	FE-1	Physical Exercise (TVIS), day 1
16:30-16:45	CDR	Questionnaire - journal entry
16:45-17:05		Renal Stone: urine collection
17:05-18:35		Physical Exercise (RED)
17:30-18:00	FE-1	Heart Rate Monitor (HRM) – software preparation
18:00-18:20		Renal Stone: urine collection
18:20-18:25		Transfer TVIS, RED, and HRM data to MEC
18:25-18:50		Daily plan review
18:40-18:50	CDR	Daily plan review
18:50-19:15		Report prep
19:15-19:30		Daily planning conference (<i>S-band</i>)
19:30-20:00		DINNER
20:00-20:30	CDR	Daily food prep
	FE-1	Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	CDR	IMS file prep
	FE-1	On MCC GO: ISS repress with O2 from Progress 354 CpПК

		COX maintenance
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Note: See OSTP for references to US activities.
End of Radiogram