

**Spacesuits preparation for training exercise, BCC test (dry run)**

<b>GMT</b>	<b>CREW</b>	<b>ACTIVITY</b>
06:00-06:10	.	Morning inspection
06:10-06:40	.	Post-sleep
06:40-07:30	.	BREAKFAST
07:30-07:45	.	Daily planning conference ( <i>S-band</i> )
07:45-08:15	CDR	Prep for work
07:45-08:05	FE-1	DC1 EVA support panel ( <i>ΠOB</i> ) check out. Connect EVA support panel to SM audio subsystem ( <i>CTTC</i> )
08:05-08:15		Reconfig CTTC to primary string
08:15-08:25	.	S/S No.23 and 14 destow and inspection. Tag up with specialists ( <i>S-band</i> )
08:25-09:05	FE-1	Onboard interface unit ( <i>BCC</i> ) check in DC1. Tag up with specialists (if needed) ( <i>S-band</i> )
09:05-09:25	CDR	CSA-CP O2 readings
09:20-09:25	.	Personal gear. Tag up with specialists (if needed) ( <i>S-band</i> )
09:25-09:45	.	S/S consumables ops. Tag up with specialists (if needed) ( <i>S-band</i> )
09:45-10:55	CDR	Psychological program (WinSCAT)
10:55-11:25	FE-1	TVIS+HC-1-4 Physical exercise
11:25-11:55	CDR	COЖ maintenance
11:55-12:10		PMC ( <i>S-band</i> )
12:10-12:25	.	Questionnaire – journal entry
12:25-12:30	FE-1	TVIS weekly check
12:25-12:30	CDR	Payload status check during Soyuz 7 flight (Expedition 8)
12:30-13:30	.	LUNCH
13:30-14:30	.	S/S sizing
14:30-15:30	.	S/S and BCC water cooling system separation in DC1
15:30-16:30	.	S/S and BCC leak check, and valve check
16:30-16:35	FE-1	ΠOB-2 DC1 disconnect from CTTC
16:30-18:45	CDR	TVIS + RED Physical exercise
17:10-17:25	FE-1	PMC ( <i>S-band</i> )
17:25-17:45		IMS file prep
17:45-18:45	.	TVIS-4 Physical exercise
18:45-19:15	.	Prep for work
19:15-19:30	.	Daily planning conference ( <i>S-band</i> )
19:30-20:00	.	Dinner (RENAL – pill ingestion)
20:00-20:30	.	Daily food prep
20:30-21:30	.	Pre-sleep
21:30-07:50	.	SLEEP
<b>Task List</b>	FE-1	Equipment search

**Note:** See OSTP for references to US activities

End of radiogram