Form 24 for 03/07/08

Radiogram No. 7213u Form 24 Medical Experiments. Progress 363 Loading

GMT	CREW	ACTIVITY
06:00-06:10	FE-1	SONOCARD. Experiment Closeout ops
06:00-06:10	FE-2	Morning Inspection
06:00-06:10	CDR	Morning Inspection
06:10-06:20	FE-1	MO-8.Configuration set up
06:10-06:25	FE-2	Post-sleep
06:10-06:20	CDR	Calf volume measurement
06:20-06:35		Body mass measurement
06:20-06:30	FE-1	Morning Inspection
06:25-06:35	FE-2	Calf volume measurement
06:30-06:40	FE-1	Post-sleep
06:35-06:50	FE-2	Body mass measurement
06:35-07:05	CDR	Post-sleep
06:40-06:50	FE-1	Calf volume measurement
06:50-07:05		Body mass measurement
06:50-07:05	FE-2	Post-sleep
07:05-07:15	FE-1	MO-8. Close-out ops
07:05-07:55	CDR, FE-2	BREAKFAST
07:15-07:55	FE-1	BREAKFAST
07:55-08:10		Daily Planning Conference (S-band)
08:10-08:25		ISS Crew and ГОГУ (RSA Flight Control Team) Weekly Conference (S-band)
08:25-08:30	FE-2	ERNO. SW Transfer
08:25-08:55	FE-1	Post-sleep
08:25-09:25	CDR	Physical Exercise (CEVIS)
08:30-09:00	FE-2	ERNO. Connect via Utility Interface Panel (UIP)
08:55-09:05	FE-1	Prep for Work
09:00-09:05	FE-2	ERNO. SW Installation
09:05-09:20	FE-1	SONOCARD. Copy data to RSE-MED Laptop
09:20-11:20	FE-1	Progress 363 Loading and IMS Updates
09:25-09:40	CDR	CEVIS teardown
09:25-10:40	FE-2	Physical Exercise (TVIS)
09:40-09:50		Elite-S2 – Camcorder set up
09:50-10:35	CDR	Elite-S2 – test camera installation
10:35-12:05		Physical Exercise (RED)
10:40-11:10	FE-2	Elite-S2 – test preparation
11:10-11:25		Elite-S2 – calibration
11:20-11:50	FE-1	Replacement of U-receptacle (ΜΠ # 1070167, b/c 00044733R, CM1PO_1_139_1) and filter insert (Φ-B #605065, b/c 00046419R, CM1PO_1_138_1, in pouch #0570057) ACY
11:25-12:55	FE-2	Elite-S2 – test ops

11:50-13:20	FE-1	Physical Exercise (TVIS), day 1
12:05-12:15	CDR	Elite-S2 - history photo
12:55-13:15	CDR, FE-2	ESA / ISS Crew Conference on Columbus (S-band)
13:15-14:15	FE-2, CDR	LUNCH
13:20-14:20	FE-1	LUNCH
14:20-14:40		ISS Crew conference with Astronaut Office representative (S-band)
14:40-15:10	FE-2	Elite-S2 – test camera stowage
14:40-15:00	FE-1, CDR	Viewing RPM video
15:00-15:30	FE-1, CDR	Photo skills training for the Shuttle R-Bar Pitch Maneuver
15:15-15:35	FE-2	Nutrition - setting up hardware for urine collection
15:30-15:45	CDR	CEVIS set up
15:30-16:10	FE-1	Cleaning ВД1 and ВД2 air ducts in DC-1
15:35-15:45	FE-2	Nutrition: hardware setup
15:45-16:45	CDR, FE-2	EVA task review by Shuttle and ISS crews
16:10-17:00	FE-1	Replacement of ΠΦ1, ΠΦ2 Dust Collectors and cleaning B1, B2, fan grills in DC1(ΦΓΕ1ΠΓΟ_2_224_1, 0.5 CTB #1050 or 0.5 CTB #1097).
16:45-17:15	CDR, FE-2	Shuttle and ISS crew conference on EVA tasks (Ku + S-band)
17:00-17:55	FE-1	Physical Exercise (VELO+RED), day 1
17:15-18:30	FE-2	Physical Exercise (CEVIS)
17:15-17:35	CDR	DCS blank photos
17:35-18:35	CDR	EVA System Configuration
17:55-18:05	FE-1	Greetings to the President of Russian Tennis Federation (VHF)
18:15-18:35	FE-1	IMS update
18:35-18:50		Daily Planning Conference (S-band)
18:50-19:00	CDR	Evening work prep
18:50-19:10	FE-1, FE-2	Evening work prep
19:00-19:05	CDR	P/TV Image downlink
19:05-19:10	CDR	Transferring TVIS, RED, and HRM data to MEC
19:10-19:40		DINNER
19:40-19:50		Daily food prep
19:50-20:10		Flight Director / ISS Crew Weekly Tagup (Ku + S-band)
20:10-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	FE-1	ТБУ (Universal Bioengineering Thermostat). Temperature check
		PLANTS-2. Recharging water tank
		PLANTS-2. Payload Status Check and Photography
		СОЖ Maintenance

Notes:

- See OSTP for references to US activities.
 SM Window #9 shutter opening is at crew discretion w/ Report to MCC End of Radiogram