Radiogram 8393u

FGB T Γ (O)1-4 (fuel-oxidizer resupply tanks) refill from Γ (O)1,2 Progress 249 refueling system tanks.

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-08:00		Prep for work
08:00-08:15		DPC (S-band)
08:15-08:30	FE-1	Foam: P/L familiarization
08:15-09:15	CDR	СГО and СПНДН consumables inventory and disposal
08:30-08:45	FE -1	FOAM: battery check
08:45-10:30		Prep for disposal of used US equipment
09:15-11:45	CDR	PROFILAKTIKA. Force Loader –1 experiment run. <i>Tagup with</i> specialists
10:30-10:35	FE -1	HAM radio set up
10:35-10:45		HAM radio session
10:45-11:45		Prep for disposal of used US equipment
11:45-12:30	CDR	Updated Emergency Procedures print out
11:45-11:55	FE -1	Foam: Photographing set up
11:55-12:50	= FE -1	FOAM: operations 1
12:30-12:50	CDR	REGUL PACKET channel cable reconnect
12:50-13:50		LUNCH
13:50-14:20	CDR	СОЖ maintenance
13:50-14:05	FE -1	PMC (S-band)
14:05-15:05		Transfer of medical kit with medications delivered in Soyuz
14:25-14:40	CDR	PMC (S-band)
14:20-14:40		IMS file prep
15:00-15:15		Questionnaire: journal entry
15:05-16:35	FE -1	Physical Exercise (RED)
15:15-17:35	CDR	BFK2 panel change out in FGB / FGB IFM IVA, item
16:35-17:35	FE -1	Physical Exercise (TVIS)
17:35-18:35		TVIS monthly maintenance
17:35-18:05	CDR	MSD КЦП1 cartridge replacement prep
18:15-18:45		Daily plan review
18:35-18:40	FE -1	TVIS weekly maintenance
18:40-18:45		Daily plan review
18:45-19:00		DPC (S-band)
19:00-19:30		Report prep
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

Note: See OSTP for references to US activities End of radiogram