MBI-8 "Profilaktika". Robotics Ops.

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:40		Prep for work
07:40-07:55		DPC (S-band)
07:55-08:00	FE-1	DCP power cable connect
07:55-08:10	CDR	Prep for work
08:00-09:40	FE-1	Potable water sample collection for chemical/microbial analysis
08:10-08:40	CDR	MAS air sampler – Petri dish sterilization
08:40-08:55		Regeneration of Φ2 БМП cartridge (end)
09:00-11:30		PROFILAKTIKA. Perform experiment on veloergometer
09:40-10:40	FE-1	CEVIS Physical exercise
10:40-11:55		RED physical exercise
11:35-12:05	CDR	СОЖ maintenance (ИП-1 installation check)
11:55-12:05	FE-1	Doug s/w launch for SSRMS ops support
12:05-13:05		LUNCH
13:05-14:35		Robotics Ops
14:35-16:05	CDR	SM air analysis using the AOK FAHK-4M real-time gas analyzer
14:35-15:55	FE-1	Sample collection and culturing using the SSK sampler
15:55-16:40		WMK – in-flight water processing
16:05-16:50	CDR	Air sampling in SM using ИПД samplers; in SM and FGB using AK-1M samplers
16:55-17:05	FE-1	PAO equipment setup
17:05-17:15		PAO crew prep
17:15-17:35		PAO with Washington Post editorial board (Ku+S-band)
17:35-18:35	CDR	Sample collection for microbial analysis
17:35-18:00	FE-1	Microbiology water analysis kit – in-flight coliform detection
18:10-18:15		EXPRESS rack #5 laptop – deactivation.
18:15-18:45		Daily plan review
18:35-18:55		
18:45-18:55	FE-1	Report prep
18:55-19:10		DPC (S-band)
19:10-19:30		Report prep
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	CDR	IMS file downlink prep
		Payload status check (Expedition 9)
		DC 1 airduct 1 and 2 cleaning

Note: See OSTP for references to US activities End of r/g