

**RELOCATION TRAINING. SM-PROGRESS HATCH CLOSING.**

| GMT         | CREW | ACTIVITY  |
|-------------|------|---|
| 06:00-06:10 | .    | Morning inspection  |
| 06:10-06:40 | .    | Post-sleep  |
| 06:40-07:30 | .    | BREAKFAST   |
| 07:30-07:40 | FE-1 | NOA (ESANO1). Hardware setup and activation                                     |
| 07:30-07:40 | CDR  | Work prep   |
| 07:40-07:55 | .    | Daily planning conference ( <i>S-band</i> )                                     |
| 07:55-08:10 | FE-1 | Work prep   |
| 07:55-08:25 | CDR  | Routine maintenance of Compound Specific Analyzer- Combustion Products (CSA-CP) |
| 08:10-08:35 | FE-1 | NOA (ESANO1). Measurements and close out ops                                    |
| 08:30-08:50 | CDR  | IMS update  |
| 08:40-09:10 | FE-1 | Progress activation, air duct deinstallation                                    |
| 08:50-09:05 | CDR  | Food questionnaire  |
| 09:05-09:35 | CDR  | Installation of Radiation Area Monitors   |
| 09:10-09:35 | FE-1 | Removal of quick-release screw clamps   |
| 09:35-09:55 | .    | Closing Progress-SM transfer hatches  |
| 09:55-10:55 | .    | SM(AO)-Progress hatch leak check  |
| 10:55-12:25 | FE-1 | Physical Exercise TVIS-1  |
| 10:55-11:05 | CDR  | CWC inventory   |
| 11:05-12:35 | CDR  | Physical Exercise (RED)   |
| 12:35-13:35 | .    | LUNCH   |
| 13:35-16:35 | .    | RELOCATION TRAINING. <i>Tagup with specialists (S-band + VHF)</i>               |
| 16:35-16:45 | FE-1 | SCORPIO. Hardware deactivation(before Soyuz 217 relocation)                     |
| 16:35-17:05 | CDR  | COЖ maintenance   |
| 16:45-17:45 | FE-1 | Physical Exercise (VELO+RED)-1  |
| 17:05-18:05 | CDR  | Physical Exercise (TVIS)  |
| 17:50-18:20 | FE-1 | Daily plan review   |
| 18:05-18:10 | CDR  | Transfer TVIS, RED, and HRM data to MEC   |
| 18:15-18:30 | CDR  | Daily plan review   |
| 18:20-18:30 | FE-1 | TV downlink showing SM(AO)-to-Progress interface ( <i>Ku-band</i> )             |
| 18:30-18:45 | .    | Daily planning conference ( <i>S-band</i> )                                     |
| 18:45-18:55 | CDR  | Daily plan review   |
| 18:55-19:00 | CDR  | Set up for HAM radio session  |
| 19:00-19:30 | FE-1 | Report prep   |
| 19:00-19:10 | CDR  | HAM radio session   |
| 19:10-19:30 | CDR  | Report prep   |
| 19:30-20:00 | .    | DINNER  |
| 20:00-20:30 | .    | Daily food prep   |
| 20:30-21:30 | .    | Pre-sleep   |
| 21:30-06:00 | .    | SLEEP   |

**Note:** See OSTP for references to US activities.  
End of radiogram