

CREW OFF-DUTY

GMT	CREW	ACTIVITY
06:00-06:05	FE-1	Elektron-VM Aerosol Filter Inspection
06:00-06:10	FE-2,FE-5	Morning Inspection
06:05-06:10	FE-1	Morning Inspection
06:10-06:40	FE-1,FE-2,FE-5	Post-sleep
06:40-07:30	FE-1,FE-2,FE-5	BREAKFAST
09:30-11:00	FE-2	Physical Exercise (TVIS), Day 1
11:00-12:00	FE-1	Physical Exercise (VELO), Day 1
12:20-12:35	FE-5	Private Family Conference (<i>Ku+S-band</i>)
13:00-14:00	.	LUNCH
14:00-14:40	FE-1	COX Maintenance. <i>Flush Counter (CП), Water Supply System (CBO), POTOK Air Purification System Data Calldowns for SM and FGB Inspection of hoses from MΦP to БРПК-2 separator</i>
14:35-14:50	FE-2	Private Family Conference (<i>Ku+S-band</i>)
15:15-16:15	FE-2	Physical Exercise (VELO), Day 1
15:50-16:50	FE-5	Physical Exercise (ARED)
15:50-17:20	FE-1	Physical Exercise (TVIS), Day 1
16:50-18:20	FE-5	Physical Exercise (TVIS), Day 4
17:30-17:35	FE-1	Elektron-VM Aerosol Filter Inspection
18:40-19:05	.	Evening Work Prep
19:05-19:30	.	Daily Planning Conference (<i>S-band</i>)
19:30-21:30	.	Pre-sleep
21:30-06:00	.	SLEEP
Task List	FE-5	Saving RSS2 [MKO] software in case of hard drive failure

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep ops: dinner, daily food prep, evening toilet
- End of Radiogram