

Soyuz 216 БИЛУ [Linear Acceleration Measurement Unit] Calibration

GMT	CREW	ACTIVITY
07:30-07:40		Morning inspection
07:40-08:10		Post-sleep
08:10-09:00		BREAKFAST
09:00-09:15		Daily planning conference (<i>S-band</i>)
09:15-09:45		Work prep
09:45-09:50	CDR	REGENERATION. Self-Contained Temperature Logger [APT] temperature check
10:00-10:35		Videoconference with Russian Prime-Minister (<i>Ku + S-band</i>)
10:35-11:05	FE-1, CDR-12	Inspection of A/L emergency light power supply
10:35-12:45	VC SFP	SAMPLE-sampling
10:35-10:45	FE-1-12	Verify ИП-1 sensor installation
10:35-12:05	CDR	MATRYOSHKA-R. Hardware disassembly and transfer to Soyuz
10:50-11:30	FE-1-12	NOA (ESANO1). Hardware setup and activation
11:05-11:20	CDR-12, FE-1	CWC inventory
11:20-12:20	FE-1	Physical exercise (TVIS)
12:00-12:20	FE-1-12	NOA (ESANO1). Measurement and close out ops
12:10-12:20	CDR	NOA (ESANO1). Photography during measurement ops
12:20-13:20		Physical exercise (TVIS), day 2
12:20-13:35	FE-1, CDR-12	ISS11-ISS12 handover
13:30-14:00	FE-1-12, CDR	Elektron activation
13:30-13:45	VC SFP	Private medical conference (<i>S-band</i>)
13:35-14:35	FE-1, CDR-12	Inspection of Node 1 emergency light power supply
14:00-14:35	FE-1-12, CDR	ISS11-ISS12 handover
14:35-15:35	ISS-11, ISS12	LUNCH
14:55-15:05	VC SFP	ARISS. HAM radio session set up
15:05-15:15		ARISS: HAM radio session
15:15-16:15		LUNCH
15:35-15:45	CDR	Taking readings from Real-Time Harmful Contaminant Gas Analyzer ГАНК-4М [AOK]
15:45-16:40	ISS-11, ISS12	ISS11-ISS12 handover
16:40-16:55	FE-1	Food questionnaire
16:40-17:40	VC SFP	ISS Photo/Video
16:40-17:40	CDR	Assistance in photo & video imagery
16:40-17:10	FE-1-12	COЖ maintenance
16:55-17:10	CDR-12	HRF2 - System config for gas mixture feed
17:00-18:00	FE-1	Physical Exercise (RED)
17:10-17:30	FE-1-12	IMS file prep
17:10-17:25	CDR-12	Possum P/L photography
17:30-18:10	FE-1-12	SPACE CUP NOODLE. Prep ops for experiment

17:40-18:40	CDR	Physical exercise (TVIS), day 2
18:00-18:30	FE-1, CDR-12	Inspection of Lab emergency light power supply
18:15-18:25	VC SFP	LOW BACK PAIN (MUSCLE) -Back Pain Questionnaire
18:25-18:40		MOP. Questionnaire
18:30-18:40	CDR-12	PAO hardware setup
18:40-18:50	ISS-11, ISS12	PAO prep
18:50-19:10		PAO event (<i>Ku + S-band</i>)
19:10-19:25	FE-1	USOS Backup PAO TV hardware setup
19:10-19:35	CDR	Daily plan review
19:10-19:25	CDR-12, FE-1-12	Private medical conference (<i>S-band</i>)
19:25-19:30	FE-1	Transfer TVIS, RED, and HRM data to MEC
19:25-19:45	VC SFP	Pre-sleep
19:30-20:00	FE-1-12	Daily plan review
19:30-19:45	FE-1	Questionnaire - journal entry
19:30-19:45	CDR-12	Questionnaire - journal entry
19:35-19:50	CDR	SPACE CUP NOODLE. Prep ops for experiment
19:45-20:15	FE-1, VC SFP, CDR-12	Daily plan review
19:50-20:05	CDR assists	Prep for SCN Experiment TV downlink
20:00-20:05	FE-1-12	Prep for SCN Experiment TV downlink Tagup with specialists (<i>S-band</i>)
20:05-20:20	CDR assists	SCN Experiment TV downlink
20:05-20:15	FE-1-12	SCN Experiment TV downlink
20:15-20:45		Report prep
20:15-20:30	FE-1	Report prep
20:20-20:45	CDR	Report prep
20:30-20:45	FE-1	Conference with NASA JPL (<i>S-band</i>)
20:45-21:00		Daily planning conference (<i>S-band</i>)
21:00-21:30	FE-1, ISS-12	DINNER
21:00-21:25	CDR, VC SFP	
21:25-21:40		PAO TV coverage prep. To=21:28, To=21.28, T2, T3 from CПП
21:30-22:00	ISS-12, FE-1	Daily food prep
21:40-21:55	CDR, VC SFP	TV bridge with USA Backup <i>Ku+S-band</i> using DVCAM AC
21:55-23:00	CDR, VC SFP	Pre-sleep
22:00-23:00	ISS-12, FE-1	
23:00-07:30		SLEEP
Task List	CDR	Processing condensate from CWC 1027

Note: See OSTP for references to US activities.

End of radiogram