

Radiogram 2113u Form 24 for 10/22/01
Maneuver from ??? Attitude to ??? . Rest.

TIME	CREW	ACTIVITY / <i>Procedure or Radiogram</i>
07:00-07:10		Morning Inspection
07:10-07:40		Post-Sleep
07:40-08:30		Breakfast
08:30-09:00		Work Prep
09:00-09:15		Morning DPC
09:15-09:25	CDR	TV Event Prep
09:15-09:45	FE-1	PLASMA CRISTALL-3. Leak Check/ <i>Radiogram 2119u</i>
09:45-09:55		PAO Event Prep
09:54-10:12		TV Event. International Space Olympiad / <i>Radiogram 2121u</i>
10:15-11:15	CDR	Physical Exercise – TVIS
10:15-11:00	PILOT	Elektron MFU R & R / <i>Radiogram 2129u</i>
11:00-11:40		??? Maintenance
11:15-12:45	CDR	Physical Exercise – RED
11:25-11:40	FE-1	??? ? 1 Cartridge Regeneration (Start) / <i>SM ??? Item 7.3 step 1 p.7-3</i>
12:00-13:30	PILOT	Physical Exercise - (TVIS+IRED)-1
12:30-13:30	FE-1	Physical Exercise – VELO-1
13:30-14:30	.	Lunch
14:30-14:55	CDR	US Payload Daily Status Check
15:51-16:01		VHF Checkout Through WAL
16:45-18:15	FE-1	Physical Exercise - (TVIS+IRED)-1
17:15-18:15	PILOT	Physical Exercise – VELO-1
17:27-17:37	CDR	VHF Checkout Through WAL
18:15-18:30		Next Day's Plan Review
18:30-18:45		Evening DPC
18:45-19:30		Report Prep
19:30-20:00		Dinner
20:00-20:30		Daily Food Rations
20:30-21:15	FE-1	Pre-Sleep
20:30-21:30	CDR, PILOT	
21:15-21:30	FE-1	PLASMA CRISTALL-3. Leak Check/ <i>Radiogram 2119u</i>
21:30-06:00	.	Sleep