

CREW OFF DUTY

GMT	CREW	ACTIVITY
06:00-06:10	.	Morning Inspection
06:10-06:40	.	Post-Sleep
06:40-07:30	.	Breakfast
09:00-10:30	CDR	Physical Exercise – RED
10:05-10:25	FE-1	Private Family Conference (<i>Ku+S-band</i>)
10:30-11:30	CDR	Physical Exercise – TVIS
11:30-13:00	FE-1	Physical Exercise – TVIS – Day1
13:05-14:05	.	Lunch
16:00-16:30	FE-1	COX Maintenance
16:30-17:30	FE-1	Physical Exercise (VELO + FL1) – Day 1
16:45-16:50	CDR	TVIS, RED, and HRM Data Transfer to MEC
16:50-17:05	CDR	Reboot of All PCS
17:05-17:10	CDR	OCA SSC Router Reboot
17:10-17:15	CDR	CO2 Monitoring
17:15-17:30	CDR	EVA Hardware Battery Charge Check Out
17:30-18:00	.	Review of Next Day's Plan
18:00-18:15	.	Daily Planning Conference (<i>S-band</i>)
18:15-18:35	CDR	Report Prep
18:15-18:45	FE-1	Report Prep
19:30-20:00	FE-1	Dinner
19:35-20:05	CDR	Dinner
20:00-20:30	FE-1	Food Prep
20:05-20:35	CDR	Food Prep
20:30-21:30	FE-1	Pre-Sleep
20:35-21:30	CDR	Pre-Sleep
21:30-06:00	.	Sleep
Task List	FE-1	PROFILAKTIKA. Experiment setup.

Note: cf. OSTP for missing references to US activities

End of Radiogram