## **CREW OFF DUTY**

GMT	CREW	ACTIVITY
06:00-06:10		Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30	<b>CDR</b> ,FE- 3, <b>FE-4</b> , FE-5,FE-6	BREAKFAST
06:40-07:30	FE-1	BREAKFAST After breakfast, SM ПСС [Caution & Warning Panel] test
07:55-10:55	CDR	
08:00-09:50	FE-4	Weekly Housekeeping SM Ventilation System Group E Maintenance
08:00-11:00	FE-1	
08:30-10:00	FE-5	Physical Exercise (ARED)
09:00-10:00	FE-3	Physical Exercise T 2
09:50-10:20	FE-4	ISS-MCC TV Greetings (To=09:53,T1, T2, T3 from CΠΠ)
10:00-11:30	FE-3	Physical Exercise (ARED)
10:00-11:00	FE-5	Physical Exercise (CEVIS)
10:20-11:35	FE-4	Physical Exercise (TVIS), Day 2
10:55-11:10	CDR	Private Family Conference (Ku+S-band)
11:30-13:00	FE-1	Physical Exercise (ARED)
11:30-12:45	FE-6	Physical Exercise (CEVIS)
11:35-12:30	FE-4	Weekly Housekeeping. FGB ЦВ2 Fan Cleaning Potok-150MK Air Purification System Pre-filter Cleaning
12:00-13:00	CDR	Physical Exercise (T2) Day 1
12:00-12:20	FE-5	EHS MCD Water Processing
12:30-12:45	FE-4	Private Family Conference (Ku+S-band)
13:00-14:00		LUNCH
14:00-14:15	FE-1	Private Family Conference (Ku+S-band)
14:00-14:15	FE-4	PLANTS-2. Watering
15:00-15:40	FE-4	COЖ Maintenance. SM and FGB Flush Counter (СП), Water Supply System (SVO), POTOK Air Purification System Data Calldowns
15:25-15:40	FE-3	Private Family Conference
15:40-16:40	FE-1	Physical Exercise (TVIS), Day 4
15:55-17:10	FE-4	Physical Exercise (ARED)
17:10-18:40	CDR	Physical Exercise (TVIS), Day 1
17:10-18:25	FE-6	Physical Exercise (ARED)
18:40-18:55		Evening Work Prep
18:55-19:20		Daily Planning Conference (S-band)
19:20-19:30		Evening Work Prep
19:30-20:15	FE-5	Pre-sleep
19:30-21:30	CDR,FE-1, FE-4,FE-6	Pre-sleep
20:15-20:30	FE-5	Private Family Conference (Ku+S-band)

20:30-21:30	FE-5	Pre-sleep
21:30-06:00		SLEEP
	CDR,FE- 1,FE-4	Preparation of reports for Roskosmos site
Task List		ECON. Observations and Photography
		URAGAN. Observations and Photography

## Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
   See OSTP for references to US activities
- 3. Pre-sleep ops: daily food prep, dinner, pre-sleep End of Radiogram