

CREW OFF DUTY

GMT	CREW	ACTIVITY
06:00-06:10	FE-2	Morning Inspection
06:00-06:10	CDR	Morning Inspection. <i>Inspection of CM-Y connector on MHP-HC pump behind ACY panel 139</i>
06:00-06:05	FE-3	Reaction Self Test
06:05-06:10	FE-3	Morning Inspection
06:10-06:40	.	Post-Sleep
06:40-07:30	FE-2,FE-3	BREAKFAST
06:40-07:30	CDR	BREAKFAST. <i>SM ПСС [Caution & Warning Panel] Test (after breakfast)</i> <i>Inspection of Circuit Breakers [A3C] on DC1 Power Switch Panel (БВП) and Fuses in DC1 Fuse Boxes БПП-30, БПП-36</i>
07:30-10:30	CDR	Weekly Housekeeping Maintenance of SM Ventilation System Group E Inspection of Air Conditioner [CKB] FGB LJB2 Fan Cleaning
07:30-10:00	FE-2	Weekly Housekeeping
10:25-10:40	FE-3	Daily Planning Conference (<i>S-band</i>)
10:30-11:45	FE-2	Physical Exercise (ARED)
10:30-10:40	CDR	iPad Battery Recharge Prior to Onboard Emergency Simulator Test
10:40-10:55	FE-3	Work Prep
10:55-11:00	FE-3	Lab Window Shutter Open for ISSAC ops
11:00-11:10	FE-3	HAM Radio Activation
11:10-11:20	FE-3	CIR Rack Alignment Guide Removal
11:20-11:30	FE-3	MDLT. Copy and Store
11:30-13:00	FE-3	SPHERES. Smartphone comm. test
11:30-13:00	CDR	Physical Exercise (TVIS), Day 3
12:00-12:30	FE-2	Weekly Housekeeping Cleaning Potok Air Purification System Pre-filters in SM and FGB
12:30-13:00	FE-2	SSC Anti-Virus Update
13:00-14:00	.	LUNCH
14:00-14:10	FE-3	EHS Air Quality Monitoring (AQM) Start
14:10-14:25	FE-3	Print out crew welcome message
14:15-14:25	CDR	PAO Hardware Setup
14:25-14:40	FE-3	Journal Entry
14:25-14:35	CDR,FE-2	Crew Prep for PAO

14:35-14:55	CDR,FE-2	ISS-MCC-M TV. TV PAO Event. Conference with Roskosmos TV Studio correspondent (S + Ku-band)
14:40-14:55	FE-3	ALTEA – Label R/R on the fire extinguishing outlets
14:55-15:35	FE-2	COЖ Maintenance
14:55-15:25	FE-3	InSPACE3 – inspection of test tubes
15:40-17:10	FE-3	Physical Exercise (ARED)
15:45-16:45	CDR	Physical Exercise (VELO), Day 3
16:45-18:00	FE-2	Physical Exercise (TVIS), Day 2
17:10-17:40	CDR	OBT ISS Emergency Drill Dry Run
17:10-18:05	FE-3	Physical Exercise T2
18:05-18:10	FE-3	Shutting down T2 software to transfer data
18:10-18:55	FE-3	Evening Work Prep
18:55-19:10	FE-3	Daily Planning Conference (<i>S-band</i>)
19:10-19:15	FE-3	EHS - Air Quality Monitor (AQM) End
19:15-19:20	FE-3	Display Power down
19:20-19:30	FE-3	Evening Work Prep
19:30-19:35	FE-3	P/TV Playback Start
19:30-21:30	CDR,FE-2	Pre-sleep
19:35-21:20	FE-3	Pre-sleep
21:20-21:25	FE-3	Reaction Self Test
21:25-21:30	FE-3	P/TV Playback Stop
21:30-06:00	.	SLEEP
Task List	CDR	ECON. Observations and Photography
	FE-2	SEINER Ocean Observations
	CDR,FE-2	Preparation of reports for Roskosmos site

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep ops: daily food prep, dinner, pre-sleep
- End of Radiogram