

TIME	CREW	ACTIVITY
06:00-06:10	CDR	Morning Inspection. Laptop RS2(1) Reboot
06:00-06:10	FE-4	Morning Inspection. RSS1, RSS2 Reboot
06:00-06:10	FE-2,FE-3, FE-5,FE-6	Morning Inspection
06:10-06:40	.	Post-sleep
06:40-07:30	CDR,FE-3, FE-4,FE-5, FE-6	BREAKFAST
06:40-07:30	FE-2	BREAKFAST. SM ПСС (Caution & Warning Panel) Test (after breakfast)
07:30-10:30	FE-5,FE-6	Weekly Housekeeping
07:30-07:40	FE-2	KASKAD. Manual Mixing in Bioreactor
07:30-10:00	FE-3	Weekly Housekeeping
09:10-10:10	CDR	VELO Exercise, Day 1
10:00-11:30	FE-3	ARED Exercise
10:10-11:10	FE-4	БД-2 Exercise - Day 4
10:30-11:30	FE-6	CEVIS Exercise
11:10-12:30	FE-2	БД-2 Exercise - Day 4
11:30-12:00	FE-3	Weekly Housekeeping
11:30-13:00	FE-5	ARED Exercise
11:55-12:10	CDR	Private Family Conference (<i>Ku+S-band</i>)
12:00-12:05	FE-3	CGBA - Status Check and Monitor Cleaning
12:30-13:30	CDR,FE-2, FE-4	LUNCH
13:00-14:00	FE-3,FE-5, FE-6	LUNCH
13:30-14:10	FE-2	COЖ Maintenance. SM and FGB SVO, Sanitary and Hygienic Equipment (CFO), СПКУ ACY Counter, POTOK Air Purification System Data Calldowns
13:35-13:50	FE-4	Private Family Conference (<i>Ku+S-band</i>)
14:10-14:20	FE-4	825M3 battery pack 1 set up for charging and charging start
14:55-16:05	FE-2	ARED Exercise
15:05-16:05	FE-5	CEVIS Exercise
15:05-15:20	FE-6	Private Family Conference
16:05-17:05	CDR,FE-2, FE-4	Video for Roskosmos TV Studio Video of TV Greetings
16:05-17:35	FE-6	ARED Exercise
16:40-16:55	FE-5	Private Family Conference
17:05-17:35	FE-4	Evening Work Prep

17:05-18:35	CDR	БД-2-1 Exercise
17:25-18:25	FE-3	T2 Exercise
17:35-19:05	FE-4	ARED Exercise
18:25-18:55	FE-2	Evening Work Prep
18:25-18:35	FE-3	JEMRMS - Monitoring Start
18:35-18:50	FE-3	Private Family Conference
18:35-19:05	CDR	Evening Work Prep
18:55-19:05	FE-2	KASKAD. Manual Mixing in Bioreactor
19:05-19:20	CDR,FE-2, FE-4	Daily Planning Conference (<i>S-band</i>)
19:30-21:30	.	Pre-sleep
21:30-06:00	.	SLEEP
Task List	CDR,FE-2, FE-4	ECON-M. Observations and Photography
		URAGAN. Observations and Photography
		SEINER. Ocean Observations
		Preparation of reports for Roskosmos site

Notes:

1. SM Window No. 9 shutter opening is at crew discretion w/ **Report to MCC**
2. See OSTPV for references to US activities.
3. Pre-sleep ops: daily food prep, dinner, pre-sleep
4. Russian crew uses US exercise equipment strictly per F24 or OSTPV

End of Radiogram