

**Medical Hardware Setup. Maneuver Back to Standard Attitude PCO(+X,+Y).**

GMT	CREW	ACTIVITY
06:00-06:10		Morning Inspection
06:10-07:00	FE-1, FE-2 assist	Study of Cardiovascular Conditioning Under Controlled Load on VELO (To=06.28). Conference with Experts (VHF)
06:10-06:40	CDR	Post Sleep
06:40-07:30		Breakfast
07:00-07:30	FE-1,FE-2	Post-Sleep
07:30-08:20		Breakfast
08:15-08:25	CDR	LAB Payload Check and Monitoring
11:00-12:30		Physical Exercise (RED)
11:00-12:30	FE-1	Physical Exercise (TVIS) – 1
12:30-13:30		Lunch
14:10-14:25	FE-2	Private Family Conference (KU+S-band)
14:55-15:55		Physical Exercise CEVIS
15:45-16:00	CDR	Private Family Conference (KU+S-band)
15:45-16:25	FE-1	COX Maintenance
15:55-17:25	FE-2	Physical Exercise RED
16:25-17:25	FE-1	Physical Exercise (VELO+HC) – 1
17:15-18:15	CDR	Physical Exercise CEVIS
17:30-17:45	FE-1	Private Family Conference (S-band)
18:00-18:15		UROLUX Hardware Setup
18:15-18:45		Review of Next Day's Plan
18:45-19:00		Daily Planning Conference (S-band)
19:00-19:30		Work Prep
19:30-20:00		Dinner
20:00-20:30		Daily Food Prep
20:30-21:30		Pre-Sleep
21:30-06:00		Sleep

**Note:** Cf. OSTP for missing references to US tasks.  
END OF RADIOGRAM