

Radiogram No. 2619u

Form 24 for 03/17/2010

STOWING RETURN EQUIPMENT IN SOYUZ 226

GMT	CREW	ACTIVITY
03:00-03:05	CDR	Immune Dry Saliva Sample Collection
03:00-03:10	FE-1	Morning Inspection
03:00-03:05	FE-4	Elektron-VM Aerosol Filter Inspection
03:00-03:05	FE-5	Integrated Immune Experiment Historical Documentation Photography
03:00-03:05	FE-6	Integrated Immune - Dry Saliva Sample Collection
03:05-03:10	CDR, FE-6	Integrated Immune Liquid Saliva Sample Collection
03:05-03:10	FE-4	Morning Inspection
03:05-03:10	FE-5	Integrated Immune Experiment Historical Documentation Photography
03:10-03:40		Post-sleep
03:40-03:55		Daily Planning Conference (<i>S-band</i>)
03:55-04:30	CDR, FE-4	BREAKFAST
03:55-04:25	FE-1 , FE-5, FE-6	BREAKFAST
04:25-04:40	FE-1	Removal of CD1-5M Light from Soyuz 226 Orbital Compartment for SM Spare Part Kit
04:25-04:40	FE-5	Crew Discretionary Conference
04:25-04:30	FE-6	CEVIS Exercise Protocol Swap
04:30-06:00	FE-6	Periodic Fitness Evaluation - Nom Ops (subject)
04:30-06:00	CDR	E 22/ E 23 Crew Handover
04:30-06:00	FE-4	ISS-22/ISS-23 Crew Handover. <i>Transfer Emer-1 Book from Soyuz 226 to ISS</i>
04:40-05:00	FE-1	Removal and inspection of quick-release screw clamps in MRM2
04:50-05:05	FE-5	VHF Comm Check Using US Ground Sites
05:00-05:10	FE-1	MRM2-Soyuz Interface Video Downlink After Clamp Removal (<i>Ku-band</i>)
05:05-05:35	FE-5	Periodic Fitness Evaluation - Nom Ops (assistance)
05:10-06:00	FE-1	Stow return equipment in Soyuz 226
06:00-06:30		E22/E23 Crew Handover Conference (<i>S-band</i>)
06:30-07:30	CDR	Crew Departure Prep
06:30-08:10	FE-1	Stowing Return Hardware in Soyuz 226. <i>Tagup with specialists (S-band)</i>
06:30-08:05	FE-4	Stow Disposal Hardware in Soyuz 226
06:30-07:30	FE-5	Physical Exercise T 2
06:30-08:00	FE-6	Physical Exercise (ARED)
07:35-07:50	FE-5	ISS Crew and Flight Management Weekly Conference (<i>Ku-band</i>)
07:55-08:10	FE-5	Private Medical Conference (<i>Ku+S-band</i>)
07:55-08:05	CDR	MELFI 1 Stage 20A Ice Brick Insert 1
08:05-08:10	CDR	CGBA 5 and CGBA 6 Bioprocessor Status Check
08:10-08:40	.	LUNCH
08:40-09:40	FE-1	Stowing Return Hardware in Soyuz 226. <i>Tagup with specialists (S-band)</i>
08:40-10:35	FE-4	Stow Disposal Hardware in Soyuz 226
08:40-08:50	FE-5	IPU VRU3 Hard Disk Exchange
08:50-09:15	FE-5	USOS Hatch Seal Inspection

09:00-09:10	CDR	SLAMMD Hardware Retrieval and Setup
09:10-09:20	CDR	SLAMMD Body Mass Measurement
09:00-10:00	FE-6	Hardware Pre-pack for Return on Shuttle Flight 19A
09:20-10:50	CDR	Physical Exercise (ARED)
09:20-10:50	FE-5	Hardware Pre-pack for Return on Shuttle Flight 19A
09:40-10:20	FE-1	COX Maintenance
10:00-10:10	FE-6	SLAMMD Body Mass Measurement
10:10-10:20	FE-6	SLAMMD Equipment Temp Stow
10:20-11:50	FE-6	Hardware Pre-pack for Return on Shuttle Flight 19A
10:30-11:20	FE-1	Sanitary & Epidemiological Status Monitoring
10:35-10:45	FE-4	Sanitary & Epidemiological Status Monitoring
10:50-11:50	CDR	Physical Exercise T 2
10:50-12:20	FE-5	Physical Exercise (ARED)
10:55-11:55	FE-4	Physical Exercise (VELO), Day 3
11:20-12:20	FE-1	Physical Exercise (TVIS), Day 2
11:50-12:10	CDR	Evening Work Prep
11:50-12:10	FE-6	WRS UPA Processing
11:55-12:00	FE-4	Elektron-VM Aerosol Filter Inspection
12:00-12:20	FE-4	IMS Update
12:10-12:20	CDR	PAO Hardware Setup
12:10-12:20	FE-6	Evening Work Prep
12:20-12:45	.	Daily Planning Conference (<i>S-band</i>)
12:45-13:00	.	Change of Command Ceremony (<i>Ku+S-band</i>)
13:00-13:10	FE-5	PAO Hardware Deactivation
13:00-13:10	FE-1	Pre-sleep
13:00-14:00	CDR, FE-4 , FE-6	Pre-sleep
13:10-14:00	FE-5	Pre-sleep
13:10-13:25	FE-1	Private Medical Conference (<i>Ku+S-band</i>)
13:25-14:00	FE-1	Pre-sleep
14:00-00:00	.	SLEEP

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep ops: dinner, daily food prep, evening toilet
- End of Radiogram