

**Activation of Elektron. Restart of БСПН and Matryoshka**

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:45		Daily planning conference ( <i>S-band</i> )
07:45-08:15		Work prep
08:15-08:55		Kazbek fit check. Tagup with specialists ( <i>S-band</i> )/ r/g 748
08:55-09:35	CDR	Equipment search for МБРЛ
08:55-09:25		Scopemeter transfer
09:35-10:05	FE-1	Inspection of Portable Breathing Apparatus (PBA) and Portable Fire Extinguisher (PFE)
09:35-11:05	CDR	ТБУ. Test activation of ТБУ03, 04 and temperature check Tagup with specialists ( <i>S-band</i> )/ r/g 754
10:25-11:25	FE-1	Physical Exercise (TVIS)
11:10-11:25	CDR	IMS tagup ( <i>S-band</i> )
11:25-12:55	FE-1	Physical Exercise (RED)
	CDR	Physical Exercise (TVIS) Day 4
12:55-13:55		LUNCH
13:55-14:10	FE-1	Food questionnaire
13:55-14:25	CDR	БСПН software replacement from ISS Winner. Tagup with specialists ( <i>S-band</i> )
14:10-14:30	FE-1	IMS file prep
14:30-15:30		ISS emergency fire drill. Tagup with specialists ( <i>S-band</i> )
15:30-17:00	FE-1	Centerline Berthing Camera System (CBCS) install and Checkout
15:35-16:15	CDR	<b>On MCC Go</b> Activation of Elektron-VM system on Liquid Unit # 007. Tagup with specialists ( <i>S-band</i> )
16:15-17:15		Physical exercise (VELO + Load Trainer/Cycle 1), day 4
17:00-17:30	FE-1	COЖ maintenance
17:15-17:30	CDR	WIENER. System data and Wiener БСПН log file dump
17:30-17:35	FE-1	Transfer TVIS, RED, and HRM data to MEC
17:35-17:40	CDR	<b>On MCC GO</b> ISS repress with O2 from Progress 353 CpПК (start)
17:40-18:40		LF1 timeline review
18:40-18:55	FE-1	Questionnaire - FE-1 log entry
18:40-18:45	CDR	ISS O2 repress from Progress 353 CpПК (terminate)
18:45-19:15		Report prep
19:15-19:30		Daily planning conference ( <i>S-band</i> )
19:30-19:50		Flight Director/ISS Crew Tagup ( <i>S-band</i> )
19:50-20:20		DINNER
20:20-20:50		Daily food prep
20:50-21:30		Pre-sleep
21:30-06:00		SLEEP
<b>Task List</b>	CDR	PLANTS-2. Payload status check

**Note:** See OSTP for references to US activities.

End of radiogram