

Radiogram No. 1116u

Form 24 for 09/12/09

**CREW OFF DUTY**

<b>GMT</b>	<b>CREW</b>	<b>ACTIVITY</b>
06:00-06:10	<b>CDR, FE-4, FE-5</b>	Morning Inspection
06:00-06:20	FE-2	Nutrition and Repository Urine Sample Collection
06:00-06:25	FE-1	Post-sleep
06:00-06:10	<b>FE-3</b>	SONOCARD Experiment Termination
06:10-06:40	<b>CDR, FE-3, FE-4, FE-5</b>	Post-sleep
06:20-06:30	FE-2	Nutrition and Repository MELFI Urine Sample First Insertion
06:25-06:30	FE-1	Nutrition and Repository. Photography
06:30-06:50	FE-2	Nutrition and Repository - Blood Samples
06:30-06:45	FE-1	Nutrition and Repository - Blood Draw Operator
06:40-07:30	<b>CDR, FE-3, FE-4, FE-5</b>	BREAKFAST
06:45-06:50	FE-1	Nutrition and Repository. Photography
06:50-07:40	FE-1	BREAKFAST
06:50-07:00	FE-2	Nutrition and Repository. Refrigerated Centrifuge Setup
07:00-07:10	FE-2	Nutrition and Repository - Refrigerated Centrifuge Config
07:10-07:40	FE-2	Post-sleep
07:30-07:45	<b>FE-3</b>	SONOCARD Copying Data to RSE-MED Laptop and OCA Data Downlink
07:30-10:20	FE-5	Weekly Housekeeping
07:30-10:30	<b>CDR</b>	Weekly Housekeeping FGB LQB2 Grille Cleaning
07:30-10:05	FE-4	Weekly Housekeeping
07:40-08:00	FE-2	Nutrition and Repository Blood Sample Insertion into MELFI
07:40-07:45	FE-1	Nutrition and Repository Photography
07:45-08:00	FE-1	BREAKFAST
07:45-10:45	<b>FE-3</b>	Weekly Housekeeping FGB LQB2 Grille Cleaning
08:00-08:10	FE-1	Nutrition and Repository - Stow Blood Sample Collection and Processing Hardware
08:00-08:35	FE-2	BREAKFAST
08:20-08:25	FE-1	HAM Radio Setup
08:25-08:35	FE-1	HAM Radio Session
08:35-10:05	FE-2	Physical Exercise (ARED)
08:35-11:05	FE-1	Weekly Housekeeping
10:05-12:30	FE-2	
10:05-11:35	FE-4	Physical Exercise (ARED)
10:35-11:35	FE-5	Physical Exercise (TVIS)
11:15-11:35	FE-1	Bodies in the Space Environment (BISE) Software File Update
11:35-11:50	FE-1	Camera Set up for BISE Experiment
11:35-13:05	FE-5	Physical Exercise (ARED)

11:35-12:00	FE-4	Weekly Housekeeping
11:35-11:50	<b>FE-3</b>	Private Psychological Conference ( <i>VHF</i> )
11:35-12:35	<b>CDR</b>	Physical Exercise (TVIS), day 2
11:50-12:30	FE-1	BISE SW Prep
12:00-12:15	FE-4	Private Psychological Conference ( <i>Ku + S-band</i> )
12:05-13:05	<b>FE-3</b>	Physical Exercise (VELO), day 1
12:15-13:05	FE-4	Monitor Setup for HTV Operations
12:30-13:05	FE-1	BISE Experiment
12:30-12:35	FE-2	BISE Photo Documentation.
12:35-13:05	<b>CDR</b>	Hygiene Procedures
12:35-13:05	FE-2	Weekly Housekeeping
13:05-13:35		Weekly Planning Conference ( <i>S-band</i> )
13:35-14:35		LUNCH
14:35-14:50	FE-4	ARED Flywheel Cylinder Evacuation
14:35-14:50	<b>CDR</b>	Private Psychological Conference ( <i>VHF</i> )
14:35-14:55	FE-2	Nutrition and Repository Urine Sample Collection
14:45-15:00	FE-5	Setup DOUG for ROBO ops
14:50-15:50	FE-4	ARED Lubrication
14:50-15:30	<b>CDR</b>	COX Maintenance
14:55-15:00	FE-2	Nutrition and Repository Urine Sample MELFI Insertion
15:00-17:00	FE-2, FE-5	SSRMS Ops
15:35-15:50	FE-1	Private Psychological Conference ( <i>Ku + S-band</i> )
15:50-16:10	FE-4	TEPC Relocation from Columbus to SM ( <b>panel 327</b> )
16:00-17:00	FE-1	Physical Exercise (CEVIS)
16:10-17:10	FE-4	Physical Exercise (TVIS)
16:20-16:35	<b>CDR, FE-3</b>	Telephone Conference with Rossiyskiy Cosmos [Russian Cosmos] Magazine Editor ( <i>S-band</i> )
17:00-17:10	<b>FE-3</b>	TVIS Weekly Maintenance
17:00-18:30	FE-1	Physical Exercise (ARED)
17:00-17:05	FE-5	Deactivation of SSC Monitor for HTV Operations Viewing
17:05-17:20	FE-2	Private Psychological Conference ( <i>Ku + S-band</i> )
17:10-18:00	<b>FE-3</b>	TVIS Monthly Maintenance
17:55-18:15	FE-2	Nutrition and Repository Urine Sample Collection
18:00-19:00	<b>FE-3</b>	Physical Exercise (TVIS), day 1
18:00-18:15	FE-5	Private Psychological Conference ( <i>S-band</i> )
18:15-18:20	FE-2	Nutrition and Repository Urine Sample MELFI Insertion
18:20-19:20	FE-2	Physical Exercise (CEVIS)
18:30-19:30	<b>CDR</b>	Physical Exercise (ARED)
19:00-19:30	<b>FE-3</b>	Hygiene Procedures
19:15-19:20	FE-1	OCA SSC Router Reboot
19:20-19:25	FE-1	SSC File Server Reboot
19:25-19:30	FE-1	Transfer TVIS, CEVIS, and HRM data to MEC

19:30-21:30		Pre-sleep
21:30-06:00		SLEEP
<b>Task List</b>	<b>CDR,FE-3</b>	ECON. Observations and Photography

**Notes:**

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
2. See OSTP for references to US activities
3. Pre-sleep: dinner, daily food prep, evening toilet

End of Radiogram