

Radiogram No. 3990u

Form 24 for 09/05/2010

**CREW OFF-DUTY**

<b>GMT</b>	<b>CREW</b>	<b>ACTIVITY</b>
06:00-06:05	<b>CDR</b>	Elektron-VM Aerosol Filter Inspection
06:00-06:10	<b>FE-3,FE-5,FE-6</b>	Morning Inspection
06:00-06:05	<b>FE-2,FE-4</b>	REACTION Self Test
06:05-06:15	<b>CDR,FE-2,FE-4</b>	Morning Inspection
06:10-06:40	<b>FE-3,FE-5,FE-6</b>	Post-sleep
06:15-06:45	<b>CDR,FE-2,FE-4</b>	Post-sleep
06:40-07:30	<b>FE-3,FE-5,FE-6</b>	BREAKFAST
06:45-07:35	<b>CDR,FE-2,FE-4</b>	BREAKFAST
07:35-07:50	<b>FE-2</b>	Private Family Conference
09:00-10:30	<b>CDR</b>	Physical Exercise (TVIS), Day 4
09:00-10:00	<b>FE-6</b>	Physical Exercise T 2
10:00-11:30	<b>FE-6</b>	Physical Exercise (ARED)
10:30-11:30	<b>FE-2</b>	Physical Exercise T 2
10:30-12:00	<b>FE-3</b>	Physical Exercise (TVIS), Day 1
10:40-10:55	<b>CDR</b>	Private Family Conference ( <i>Ku+S-band</i> )
11:30-13:00	<b>FE-2</b>	Physical Exercise (ARED)
12:00-12:15	<b>FE-5</b>	Private Family Conference ( <i>Ku+S-band</i> )
13:00-14:00	.	LUNCH
14:00-14:40	<b>FE-3</b>	COX Maintenance. <b><i>SM and FGB Flush Counter (CП), Water Supply System (CBO), Potok Air Purification System Data Calldowns</i></b>
15:15-15:30	<b>FE-4</b>	Private Family Conference
15:55-16:00	<b>FE-4</b>	Daily Diet Monitoring
16:00-17:00	<b>CDR</b>	Physical Exercise (ARED)
16:00-17:00	<b>FE-4</b>	Physical Exercise T 2
16:00-17:30	<b>FE-5</b>	Physical Exercise (TVIS), Day 1
17:00-18:30	<b>FE-4</b>	Physical Exercise (ARED)
17:25-17:40	<b>FE-2</b>	Private Family Conference
17:30-18:30	<b>FE-3</b>	Physical Exercise (TVIS), Day 1
17:30-18:30	<b>FE-5</b>	Physical Exercise (VELO), Day 1
18:00-18:05	<b>CDR</b>	Elektron-VM Aerosol Filter Inspection
18:35-18:40	<b>FE-6</b>	Daily Diet Monitoring
18:40-19:05	.	Evening Work Prep
19:05-19:30	.	Daily Planning Conference ( <i>S-band</i> )
19:30-21:30	<b>CDR,FE-3,FE-5,FE-6</b>	Pre-sleep
19:30-21:25	<b>FE-2,FE-4</b>	Pre-sleep
21:25-21:30	<b>FE-2,FE-4</b>	REACTION Self Test
21:30-06:00	.	SLEEP
<b>Task List</b>	<b>CDR</b>	SEINER World Ocean Observations
	<b>FE-3</b>	URAGAN. Observations and Photography
	<b>CDR,FE-5</b>	ECON. Observations and Photography

**Notes:**

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC** 2. See OSTP for references to US activities
  3. Pre-sleep ops: dinner, daily food prep, evening toilet
- End of Radiogram