

Radiogram No. 838u

Form 24 for 08/02/09

**CREW OFF DUTY**

<b>GMT</b>	<b>CREW</b>	<b>ACTIVITY</b>
06:00-06:10	CDR,FE-2,FE-3, FE-4,FE-5	Morning Inspection
06:00-06:20	FE-1	Nutrition and Repository Urine Sample Collection
06:10-06:40	CDR,FE-3, FE-4,FE-5	Post-sleep
06:10-06:25	FE-2	
06:20-06:25	FE-1	Nutrition and Repository Urine Sample MELFI Insertion
06:25-06:40	FE-2	Nutrition and Repository - Blood Draw Operator
06:25-06:45	FE-1	Nutrition and Repository - Blood Samples
06:40-07:30	CDR,FE-2,FE-3, FE-4,FE-5	BREAKFAST
06:45-06:55	FE-1	Nutrition and Repository - Refrigerated Centrifuge Setup
06:55-07:05	FE-1	Nutrition and Repository - Refrigerated Centrifuge Config
07:05-07:35	FE-1	BREAKFAST
07:35-07:55	FE-1	Nutrition and Repository Blood Sample Insertion into MELFI
07:55-08:15	FE-1	LOCAD Hardware Setup
08:15-08:35	FE-1	LOCAD Portable Test System Media Preparation
08:30-09:30	FE-2	Physical Exercise (CEVIS)
08:35-08:45	FE-1	LOCAD Swab Ops With Video
08:45-08:55	FE-1	Nutrition and Repository - Stow Blood Sample Collection and Processing Hardware
09:00-09:05	FE-1	LOCAD Portable Test System (PTS) Data Recording Operations Phase 1
09:05-09:15	FE-1	LOCAD Swab Ops With Video
09:30-11:00	FE-2	Physical Exercise (ARED)
09:30-09:35	FE-1	LOCAD Portable Test System (PTS) Data Recording Operations Phase 1
09:35-09:45	FE-1	LOCAD Swab Ops With Video
10:00-10:05	FE-1	LOCAD Portable Test System (PTS) Data Recording Operations Phase 1
10:05-10:15	FE-1	LOCAD Swab Ops With Video
10:30-10:35	FE-1	LOCAD Portable Test System (PTS) Data Recording Operations Phase 1
10:30-11:30	FE-4	Physical Exercise (CEVIS)
10:35-10:50	FE-1	LOCAD Portable Test System (PTS) Experiment Phase 1 Stow
10:45-11:45	FE-3	Physical Exercise (ARED)
11:30-12:30	CDR	Physical Exercise (TVIS), day 1
11:30-13:00	FE-4	Physical Exercise (ARED)
11:30-11:45	FE-2	Private Psychological Conference ( <i>S-band</i> )
11:45-12:00	FE-3	Private Family Conference ( <i>S+Ku-band</i> )
12:15-13:00	FE-2	CCISS - data download and equipment stowage

12:30-13:00	CDR	Hygiene Procedures
12:30-12:45	FE-1	Private Psychological Conference ( <i>S-band</i> )
12:45-13:45	FE-5	LUNCH
13:00-14:00	CDR,FE-1,FE-2, FE-3,FE-4	
13:45-14:00	FE-5	Private Family Conference ( <i>S+Ku-band</i> )
14:20-15:00	FE-3	COX Maintenance. <b><i>Flush Counter (CPI), Water Supply System (CBO), Potok Air Purification System Data Calldowns</i></b>
14:35-14:55	FE-1	Nutrition and Repository Urine Sample Collection
14:55-15:00	FE-1	Nutrition and Repository Urine Sample MELFI Insertion
14:55-15:10	FE-4	Private Family Conference ( <i>S+Ku-band</i> )
15:00-15:20	FE-1	Nutrition and Repository: Stow Urine Sampling Equipment
15:20-16:50	FE-5	Physical Exercise (ARED)
15:45-16:45	FE-1	Physical Exercise (CEVIS)
16:45-18:15	FE-1	Physical Exercise (ARED)
16:45-17:45	FE-3	Physical Exercise (TVIS), day 1
16:50-17:50	FE-5	Physical Exercise (CEVIS)
17:15-18:15	CDR	Physical Exercise (VELO), day 1
17:45-18:15	FE-3	Hygiene Procedures
18:15-18:50	.	Evening Work Prep
18:50-19:15		Daily Planning Conference ( <i>S-band</i> )
19:15-19:30	CDR,FE-1,FE-3, FE-4,FE-5	Evening Work Prep
19:15-19:35	FE-2	Pre-sleep
19:30-21:30	CDR,FE-1,FE-3, FE-4,FE-5	
19:35-19:50	FE-2	Private Family Conference ( <i>S+Ku-band</i> )
19:50-21:30	FE-2	Pre-sleep
21:30-06:00	.	SLEEP
<b>Task List</b>	FE-3	SEINER Ocean Observations
	CDR	Removable Cassette Container [CKK]. Cassette Photography
		URAGAN Observations and Photography
		ECON Observations and Photography

**Notes:**

- 1.SM Window #9 shutter opening is at crew discretion with **Report to MCC**
2. See OSTP for references to US activities..
- 3.Pre-sleep: dinner, daily food prep, evening toilet

End of Radiogram