

**OPENING DC1-CY AND PROGRESS-CY TRANSFER HATCHES. LEAK CHECK**

GMT	CREW	ACTIVITY
08:30-08:40	.	Morning inspection
08:40-09:10	.	Post-sleep
09:10-10:00	.	BREAKFAST
10:00-10:10	CDR	The second Orlan battery pack 825M3 discharge
10:00-10:35	FE-1	LAB Bacteria Filter and Smoke Detector Inspection
10:15-10:55	CDR	Filling EDV [KOB] for Elektron
10:35-10:45	FE-1	MSG: activation
10:50-11:30	FE-1	INSPACE: Experiment ops
10:55-11:25	CDR	COЖ maintenance
11:25-12:25	CDR	Physical Exercise (VELO + Force Loader-1) day 2
11:45-11:55	FE-1	INSPACE. Monitoring set up
12:10-12:25	FE-1	InSPACE - monitoring
12:30-12:40	FE-1	InSPACE. Monitoring set up
12:40-14:10	FE-1	Physical Exercise (TVIS)
13:55-15:25	CDR	Physical Exercise (TVIS) Day 2
14:10-15:10	FE-1	Physical Exercise (RED)
15:10-15:25	FE-1	InSPACE - tape changeout
15:25-15:30	CDR	<b>On MCC Go</b> ISS O2 repress from Progress 356 CpПK (start)
15:30-16:30	.	LUNCH
16:30-16:35	CDR	ISS O2 repress from Progress 356 CpПK (terminate)
16:35-17:50	CDR	Progress -DC1 interface leak check
16:35-16:45	FE-1	InSPACE - power down
16:45-16:50	FE-1	MSG - power down
16:50-17:20	FE-1	Node bacteria filter / smoke detectors inspection
17:20-17:50	FE-1	A/L bacteria filter / smoke detectors inspection
17:50-18:10	.	Opening DC1-CY and CY-Progress Transfer Hatches
18:10-18:30	.	Installing quick disconnect screw clamps
18:30-19:15	CDR	Progress deactivation, Progress ventilation reconfig. <b><i>Due to low temperature after the activity, do not stay in Progress 355 longer than 2 hours</i></b>
18:40-18:55	FE-1	Private psychological conference ( <i>Ku+S-band</i> )
19:05-19:10	FE-1	Transferring TVIS, RED, and HRM data to MEC
19:10-19:15	FE-1	O2 and CO2 monitoring
19:15-19:50	FE-1	Daily Food Prep
19:25-19:55	CDR	
19:50-20:05	FE-1	Private Family Conference (Ku + S-band)
19:55-20:25	CDR	DINNER
20:05-20:30	FE-1	DINNER
20:25-21:25	CDR	Pre-sleep
20:30-21:30	FE-1	Pre-sleep
21:25-21:30	CDR	The second Orlan battery pack 825M3 discharge
21:30-06:00	.	SLEEP

<b>Task List</b>	CDR	STATOKONIA. APT temperature check
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**Note:** See OSTP for references to US activities.  
End of Radiogram