Radiogram No. 9195u CREW OFF DUTY

Form 24 for 05/12/2012

GMT	CREW	ACTIVITY
06:00-06:10	CDR	Morning Inspection
06:00-06:05	FE-5, FE-6	Reaction Self Test
06:05-06:15	FE-5, FE-6	Morning Inspection
06:10-06:40	CDR	Post-sleep
06:15-06:45	FE-5, FE-6	Post-sleep
06:40-07:30	CDR	BREAKFAST. SM TICC [Caution & Warning Panel] Test (after breakfast)
06:45-07:30	FE-5, FE-6	BREAKFAST
07:30-07:35	FE-5	ENERGY Diet Log of Breakfast
07:30-10:30	FE-6	Weekly Housekeeping
07:30-10:30	CDR	Weekly Housekeeping SM Ventilation Subsystem Preventive Maintenance, Group E FGB ЦВ2 Fan Cleaning Cleaning БМП (Micropurification Unit) Fan Grille
07:35-10:30	FE-5	Weekly Housekeeping
10:30-12:00	CDR	Physical Exercise (TVIS), Day 2
10:30-10:35	FE-6	CGBA Status Check
11:00-11:20	FE-6	Urine Collection for ENERGY Experiment
11:20-11:40	FE-5	Urine Collection for ENERGY Experiment
11:25-12:55	FE-6	Physical Exercise (ARED)
11:40-11:50	FE-5	Water Sample Collection from PWD in LAB1 for ENERGY Experiment
12:55-13:25		Weekly Planning Conference (S-band)
13:25-14:25		LUNCH
14:25-14:30	FE-5	ENERGY Diet Log of Lunch
14:30-15:10	CDR	СОЖ Maintenance
14:30-15:00	FE-5, FE-6	Crew handover conference (S-band)
15:05-15:10	FE-6	Payload MPC Video Playback Start
16:15-17:15	CDR	Physical Exercise (VELO), Day 2
16:50-17:50	FE-5	Physical Exercise (CEVIS)
17:50-17:55	FE-5	SHD - Daily Questionnaire
17:55-19:25	FE-5	Physical Exercise (ARED)
18:00-18:15	FE-6	Journal Entry
18:15-19:15	FE-6	Physical Exercise (CEVIS)
19:25-19:30	FE-6	Payload MPC Video Playback Stop
19:25-19:30	FE-5	ENERGY Diet Log of Dinner
19:30-21:30	CDR	Pre-sleep
19:30-21:25	FE-5, FE-6	Pre-sleep
21:25-21:30	FE-5, FE-6	Reaction Self Test
21:30-06:00		SLEEP
Task List	CDR	Preparation of reports for Roskosmos site
		ECON. Observations and Photography

Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
 See OSTP for references to US activities
 Pre-sleep ops: daily food prep, dinner, pre-sleep
 End of Radiogram