

Kvant-P КПС-П HPTK System Test • TVIS IFM

GMT	Crew	Activity
06:00-06:20	CDR	Acoustic dosimeter ops: static measurements
06:00-06:10	FE-1	Morning inspection
06:10-06:40		Post-sleep
06:20-07:00	CDR	
06:40-07:30	FE-1	BREAKFAST
07:00-07:50	CDR	
07:30-08:00	FE-1	Work prep
07:50-08:00	CDR	
08:00-08:15	.	Daily planning conference (<i>S-band</i>)
08:15-09:20	FE-1	Preventive maintenance of SM ventilation system: Group A
08:15-08:30	CDR	Work prep
08:30-08:35		ISS-8 (Soyuz 7) payload status check
08:35-09:05		RED bolt maintenance
09:05-09:20		Routine RED inspection
09:20-10:35		Physical exercise (RED)
09:20-09:35	FE-1	Regeneration of БМП absorbent cartridge Φ2 (end)
09:35-10:05		COЖ maintenance
10:05-11:05		Physical exercise (VELO+Load Trainer-1 / day 3)
10:35-11:35	CDR	Physical exercise (CEVIS)
11:05-12:35	FE-1	Physical exercise (VELO / day 3)
11:35-12:35	CDR	DOUG s/w review
12:35-13:35	.	LUNCH
13:35-18:05		TVIS IFM
18:05-18:20	FE-1	IMS file prep
18:15-18:45	CDR	Daily plan review
18:20-18:45	FE-1	
18:45-19:00	.	Daily planning conference (<i>S-band</i>)
19:00-19:30		Work prep
19:30-20:00		DINNER (Renal – pill ingestion)
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

Task List	FE-1	Equipment search
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Note: See OSTP for all US procedure references
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