

PREP FOR DEPARTURE

GMT	CREW	ACTIVITY
06:00-06:10	.	Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:50	CDR	Renal Stone: urine collection
07:30-07:45	FE-1	Work prep
07:45-08:05		Renal Stone: urine collection
07:50-08:05	CDR	Work prep
08:05-08:20	.	Daily Planning Conference (<i>S-band</i>)
08:20-08:30	CDR	Work prep
08:20-08:30	FE-1	NOA (ESANO1). Hardware setup and activation
08:30-09:00	.	KENTAVR fit check. <i>Tagup (S--band)</i>
09:00-09:15	CDR	Renal Stone: diet log
09:00-09:15	FE-1	NOA (ESANO1). Measurements and close out ops
09:15-09:25	.	Tagup with Descent And Landing Specialist (<i>VHF</i>)
09:25-10:25	CDR	Physical Exercise (TVIS)
09:25-09:45	FE-1	Renal Stone: urine collection
09:45-10:00		ИПД air sampling for CO in SM
10:00-10:25		SM and FGB air sampling using AK-1M
10:25-10:45	CDR	Renal Stone: urine collection
10:25-10:35	FE-1	SM air sampling for FREON using AK-1M sampler
10:35-10:50	FE-1	Renal Stone: diet log
10:45-11:45	CDR	Crew departure prep
10:50-12:20	FE-1	Physical Exercise (TVIS), day 3
11:45-12:15	CDR	Air sampling using DST
12:15-12:30		Air sampling using GSC
12:20-12:35	FE-1	VC Emergency Procedure update
12:30-12:55	CDR	COЖ maintenance
12:35-12:55	FE-1	Renal Stone: urine collection
12:55-13:55	.	LUNCH
13:55-15:55	FE-1	Hardware pre-pack for return and disposal in Soyuz. <i>Tagup as necessary (S-band)</i>
13:55-14:55	CDR	Crew departure prep
14:55-15:55		Hardware pre-pack for return and disposal in Soyuz. <i>Tagup as necessary (S-band)</i>
15:55-16:15		Renal Stone: urine collection
15:55-16:55	FE-1	Crew departure prep
16:15-17:45	CDR	Physical Exercise (RED)
16:55-17:15	FE-1	Renal Stone: urine collection
17:15-18:15		Physical Exercise (TVIS), day 3

17:45-17:50	CDR	O2 and CO2 monitoring
17:50-18:10		Renal Stone: urine collection
18:10-18:20		Formaldehyde Monitoring Kit (FMK) removal
18:15-18:45	FE-1	Daily Plan Review
18:20-18:25	CDR	Transferring TVIS, RED, and HRM data to MEC
18:25-18:45		Daily Plan Review
18:45-19:00		Daily Planning Conference (<i>S-band</i>)
19:00-19:30		Report prep
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	FE-1	GCF-JAXA. TBY temperature check
		PLANTS-2. Payload status check

Note: See OSTP for references to US activities.

End of Radiogram