Disabling/Enabling ВД-СУ Mode • БИТС Power ON/OFF

GMT	CREW	ACTIVITY
08:30-08:40		Morning inspection
08:40-08:55	FE-1	Post-sleep
08:40-09:10	FE-2	
08:40-08:55	CDR	Discharging Lyging analysis
08:55-09:10	FE-1	Biochemical urine analysis
08:55-09:25	CDR	Post-sleep
09:10-09:25	FE-1	
09:10-09:25	FE-2	Biochemical urine analysis
09:25-09:35		UROLUX stowage
09:25-10:15	CDR, FE-1	BREAKFAST
09:35-10:25	FE-2	
10:15-10:45	CDR	Work prep
10:15-10:25	FE-1	EMU METOX regeneration (term)
10:25-10:45	FE-2	Work prep
10:25-10:35	= FE-1	CCAA duct reconfig
10:35-10:45		EMU battery charge (init)
10:45-11:00		Daily planning conference (S-band)
11:00-11:30	CDR	INTERACTIONS: data entry
11.00-11.30	FE-2 subject	
11:00-12:00	FE-1	Periodic health status (CMO)
11:30-12:00	CDR subject	
11.30-12.00	FE-2	INTERACTIONS: data entry
12:00-13:30		Physical exercise (TVIS + active rest / day 1)
12:00-12:30	CDR	Periodic health status (CMO)
12.00-12.50	FE-1 subject	
12:30-13:00	FE-1	Periodic health status: data registration
12:30-13:30	CDR	Physical exercise (VELO + Load Trainer-1 / day 1)
13:00-13:15	FE-1	Periodic health status: equipment stowage
13:15-14:45		Microbial sample test (T+5)
13:30-15:00	CDR, FE-2	Changeout of replaceable pump panel 4CПH1 in KOE2 heating loop (setup and removal of 4CПH1)
14:45-15:05	FE-1	Transfer of microbial sample test data into MEC
15:00-15:10	FE-2	On MCC Go: demating of telemetry connectors (ТМИ) from БИТС2-12 (S-band)
15:10-16:10		LUNCH
16:10-16:40		ISS 5 / STS-113 crew conference (S-band)
16:40-18:10	CDR, FE-2	Changeout of replaceable pump panel 4СПН1 in КОБ2 heating loop (4СПН1 installation)
16:45-16:55	FE-1	CSA-CP data dump
17:05-17:15		EVARM badge reader activation
17:15-17:45		INTERACTIONS: data entry and backup

(S-band) CDR, FE-2 Changeout of replaceable pump panel 4CΠH1 in KOB2 heating loop (closeout ops and tests)			
18:10-18:20 FE-2 On MCC Go: mating of 4СПН1 telemetry connectors (ТМИ) to БИТС2-12 (S-band) 18:20-19:00 CDR, FE-2 Changeout of replaceable pump panel 4СПН1 in KOБ2 heating loop (closeout ops and tests) 19:00-19:30 FE-2 COЖ maintenance 19:00-20:30 FE-1 Physical exercise (RED) 19:10-19:15 CDR PLANTS-2: payload status Physical exercise (TVIS + active rest / day 1) 19:30-20:30 FE-1 Physical exercise (VELO + Load Trainer 1 / day 1) REFLOTRON setup FE-1 Daily payload status check 20:45-21:15 Daily plan review Report prep 21:30-21:45 Payload Status check Payload Status Check Daily planning conference (S-band) Report prep DiNNER Daily food prep 22:30-23:00 23:00-00:00 Pre-sleep	17:45-18:00		EVARM: pre-EVA background read
18:20-19:00 CDR, FE-2 Changeout of replaceable pump panel 4CΠH1 in KOb2 heating loop (closeout ops and tests) 19:00-19:30 FE-2 COЖ maintenance 19:00-20:30 FE-1 Physical exercise (RED) 19:10-19:15 CDR PLANTS-2: payload status 19:30-20:30 FE-2 Physical exercise (TVIS + active rest / day 1) 19:30-20:30 FE-2 Physical exercise (VELO + Load Trainer 1 / day 1) REFLOTRON setup FE-1 Daily payload status check 20:45-21:15 Daily payload status check 21:15-21:30 Physical exercise (S-band) Report prep Daily planning conference (S-band) Report prep Daily planning conference (S-band) Report prep Daily food prep Daily food prep Pre-sleep Pre-sleep	18:00-19:00		Physical exercise (CEVIS)
CDR, FE-2 (closeout ops and tests) 19:00-19:30 FE-2 COX maintenance 19:00-20:30 FE-1 Physical exercise (RED) 19:10-19:15 CDR PLANTS-2: payload status 19:30-20:30 FE-2 Physical exercise (TVIS + active rest / day 1) 19:30-20:30 FE-2 Physical exercise (VELO + Load Trainer 1 / day 1) REFLOTRON setup FE-1 Daily payload status check 20:45-21:15 Daily plan review 21:15-21:30 Physical exercise (VELO + Load Trainer 1 / day 1) REFLOTRON setup FE-1 Daily payload status check Daily plan review Report prep Daily planning conference (S-band) Report prep Daily planning conference (S-band) Report prep Daily food prep Daily food prep Pre-sleep	18:10-18:20	FE-2	
19:00-20:30 FE-1 Physical exercise (RED) 19:10-19:15 CDR PLANTS-2: payload status 19:15-20:45 Physical exercise (TVIS + active rest / day 1) 19:30-20:30 FE-2 Physical exercise (VELO + Load Trainer 1 / day 1) 20:30-20:45 REFLOTRON setup FE-1 Daily payload status check 20:45-21:15 Daily plan review 21:15-21:30 Report prep 21:30-21:45 Daily planning conference (S-band) 22:30-22:30 DINNER Daily food prep Pre-sleep	18:20-19:00	CDR, FE-2	
19:10-19:15 CDR	19:00-19:30	FE-2	СОЖ maintenance
19:15-20:45	19:00-20:30	FE-1	Physical exercise (RED)
19:15-20:45 Physical exercise (TVIS + active rest / day 1) 19:30-20:30 FE-2 Physical exercise (VELO + Load Trainer 1 / day 1) REFLOTRON setup REFLOTRON setup 5 Daily payload status check 19:30-20:45 Daily plan review 19:45-21:30 Report prep 19:45-21:45 Daily planning conference (S-band) 19:40-20:45 Report prep 19:40-20:45 10:40-20:45 </td <td>19:10-19:15</td> <td>CDB</td> <td>PLANTS-2: payload status</td>	19:10-19:15	CDB	PLANTS-2: payload status
FE-2 REFLOTRON setup	19:15-20:45	ODIX	Physical exercise (TVIS + active rest / day 1)
REFLOTRON setup	19:30-20:30	FF_2	Physical exercise (VELO + Load Trainer 1 / day 1)
Daily payload status check	20:30-20:45		REFLOTRON setup
21:15-21:30 21:30-21:45 21:45-22:00 22:00-22:30 22:30-23:00 23:00-00:00 Report prep Daily planning conference (S-band) Report prep DINNER Daily food prep Pre-sleep	20.30-20.43	FE-1	Daily payload status check
Daily planning conference (S-band)	20:45-21:15		Daily plan review
21:45-22:00 22:00-22:30 22:30-23:00 23:00-00:00 Report prep DINNER Daily food prep Pre-sleep	21:15-21:30		Report prep
22:00-22:30 DINNER 22:30-23:00 Daily food prep 23:00-00:00 Pre-sleep	21:30-21:45		Daily planning conference (S-band)
22:30-23:00 Daily food prep 23:00-00:00 Pre-sleep	21:45-22:00		Report prep
23:00-00:00 Pre-sleep	22:00-22:30		DINNER
·	22:30-23:00		Daily food prep
00:00-08:30 SLEEP	23:00-00:00		Pre-sleep
	00:00-08:30		SLEEP

Note: See OSTP for references to US activities

End of radiogram