

Radiogram No. 4023u

Form 24 for 09/10/2010

**CREW OFF-DUTY**

<b>GMT</b>	<b>CREW</b>	<b>ACTIVITY / ODF or r/g</b>
06:00-06:10	<b>FE-3, FE-5</b>	Morning Inspection
06:00-06:05	FE-2	SLEEP Data Log for FE2
06:00-06:05	<b>CDR</b>	Elektron-VM Aerosol Filter Inspection / r/g 1466, step 4
06:00-06:05	FE-6	SLEEP Data Log for FE6
06:00-06:05	FE-4	SLEEP Data Log for FE4
06:05-06:15	<b>CDR, FE-2</b>	Morning Inspection
06:05-06:25	FE-4	SOLO - 24 hour urine collection
06:05-06:10	FE-6	REACTION Self Test
06:10-06:20	FE-6	SLAMMD - partial stowage
06:10-06:40	<b>FE-3, FE-5</b>	Post-sleep
06:15-06:45	<b>CDR, FE-2</b>	Post-sleep
06:20-06:50	FE-6	Post-sleep
06:25-06:35	FE-4	SOLO Urine Sample Insertion into MELFI
06:35-06:45	FE-4	SLAMMD Body Mass Measurement
06:40-07:30	<b>FE-3, FE-5</b>	BREAKFAST
06:45-07:05	FE-4	SLAMMD - Stowage
06:45-07:35	<b>CDR, FE-2</b>	BREAKFAST
06:50-07:40	FE-6	BREAKFAST
07:05-07:25	FE-4	Post-sleep
07:25-07:55	FE-4	BREAKFAST
07:30-10:30	<b>FE-3, FE-5</b>	Weekly Housekeeping Maintenance of SM Ventilation System Group E Cleaning FGB LQB2
07:35-09:15	<b>CDR</b>	Weekly Housekeeping Maintenance of SM Ventilation System Group E Cleaning FGB LQB2
07:35-07:55	FE-2	Work Prep
07:40-07:55	FE-6	Work Prep
07:55-08:15	FE-2, FE-4, FE-6	Daily Planning Conference ( <i>S-band</i> )
08:15-09:15	FE-4	Physical Exercise (CEVIS)
08:35-08:45	FE-2	CIR Alignment Guide Installation
08:45-08:55	FE-6	MSG SAME Experiment Daily Startup, Step 1
08:50-09:50	FE-2	Crew Departure Prep
08:55-09:25	FE-6	SAME Videotape Changeout
09:15-10:45	<b>CDR</b>	Physical Exercise (TVIS) day 1
09:15-10:45	FE-4	ARED Physical Exercise
09:25-09:35	FE-6	SAME Sample Carousel Setup
09:35-10:35	FE-6	Physical Exercise (T2)
09:55-10:05	FE-2	CSA-CP Battery Changeout
10:05-10:35	FE-2	Psychological Evaluation Program (WinSCAT)

10:35-10:40	FE-2	Video Camera Assembly 1 (VCA1) Adjustment
10:45-11:15	<b>CDR, FE-3, FE-4, FE-5, FE-6</b>	<b>TV (ISS-MCC)</b> TV Greetings for I. P. Pavlov Physiological Society TV Greetings for V. A. Lopota <b>To=10:45, T1, T2, T3 from CПП</b>
11:05-11:15	FE-2	ERB2. Disconnect from EDR
11:15-11:25	FE-2	ERB2 Battery Installation
11:25-11:40	FE-2	ERB2 Activation
11:35-11:45	FE-6	VCAM - Close Helium Valve
11:40-11:50	FE-2	ERB2. Start Replay
11:45-12:00	FE-4	Marangoni - Disconnect Cable
11:50-11:55	FE-2	ERB2 Deactivation
12:00-13:00		LUNCH
13:00-14:00	<b>CDR, FE-3</b>	Audit of soft kit with fluid adapters behind SM panel 230
13:00-13:55	FE-2	Kids in Micro-G Experiment Prep
13:00-15:00	FE-6	RSR Rack Stowage Configuration
13:00-13:40	<b>FE-5</b>	COЖ Maintenance / r/g 1113 step 1
13:00-13:45	FE-4	Marangoni. Silicon Filter Cleaning
13:55-14:00	FE-2	Kids in Micro-G Video Setup
14:00-14:10	<b>FE-3</b>	Update ODF TORU
14:00-15:20	<b>CDR</b>	Weekly housekeeping Maintenance of SM Ventilation System Group E Cleaning FGB LБ2
14:00-15:00	FE-2	Kids in Micro-G Experiment Ops
14:00-14:40	FE-4	Kids in Micro-G Experiment Assistance
14:15-15:15	<b>FE-3</b>	ARED Physical Exercise
14:50-15:05	FE-4	Marangoni Maintenance Work Area (MWA) Transfer
15:00-15:15	FE-2, FE-6	IMS Tagup ( <i>S-band</i> )
15:05-15:30	FE-4	Marangoni Inside (MI) Interface Preparation
15:15-16:45	<b>FE-3</b>	Physical Exercise (TVIS), day 2
15:15-16:45	FE-6	ARED Physical Exercise
15:20-15:35	FE-2	COL1F4 Stow Replace
15:30-17:30	FE-4	Marangoni - FPEF Removal
15:35-15:50	FE-2	Food Frequency Questionnaire
15:50-15:55	FE-2	PROK. Container Unstow
15:55-16:55	FE-2	Physical Exercise (T2)
16:45-18:15	FE-6	RSR Rack Stowage Configuration
16:50-17:50	<b>CDR</b>	Physical Exercise (VELO), day 1
16:55-18:25	FE-2	ARED Physical Exercise
16:55-18:25	<b>FE-5</b>	Physical Exercise (TVIS), day 2
17:30-18:15	FE-4	Marangoni - Core Removal
18:15-18:20	<b>CDR</b>	Elektron-VM Aerosol Filter Inspection / r/g 1466, step 4
18:25-19:25	<b>FE-5</b>	ARED Physical Exercise
18:30-18:35	FE-6	MSG/Smoke Aerosol Measurement Experiment Daily Shutdown

18:40-19:05	FE-2, FE-4, FE-6	Evening Work Prep
19:05-19:25	FE-2, FE-4, FE-6	Daily Planning Conference ( <i>S-band</i> )
19:25-19:45		Flight Director/ISS Crew Tagup
19:45-21:30	<b>CDR, FE-3, FE-5</b>	Pre-Sleep
19:45-19:50	FE-4	Pre-Sleep
19:45-20:55	FE-2	Pre-Sleep
19:45-21:25	FE-6	Pre-Sleep
19:50-20:05	FE-4	Private Family Conference
20:05-21:30	FE-4	Pre-Sleep
20:55-21:15	FE-2	Crew Discretionary Conference
21:15-21:30	FE-2	Pre-Sleep
21:25-21:30	FE-6	REACTION Self Test
21:30-06:00		SLEEP
<b>Task List</b>	<b>FE-5</b>	АБП-СМ #017 SWAP WITH АБП #016 To assess АБП #016 performance (after HDD replacement in SSC) / r/g 4045

## Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC** / r/g 6083, 6004
  2. See OSTP for references to US activities
  3. Pre-sleep ops: dinner, daily food prep, evening toilet
- End of Radiogram