Form 24 for 12/14/08

Radiogram No. 9216u CREW OFF DUTY

GMT	CREW	ACTIVITY
06:00-06:10		Morning Inspection
06:10-06:20	FE-2	Post-sleep
06:10-06:40	FE-1,CDR	Post-sleep
06:20-07:10	FE-2	BREAKFAST
06:40-07:30	FE-1,CDR	BREAKFAST
07:10-07:30	FE-2	Nutrition and Repository - Urine Sample Collection
07:30-07:50	FE-2	Post-sleep
07:30-07:50	CDR	Nutrition and Repository - Urine Sample Collection
07:50-08:00	FE-2	Nutrition and Repository - Insert First Urine Samples Into MELFI
07:50-07:55	CDR	Nutrition and Repository - Urine Sample MELFI Insertion
08:00-08:15	CDR	Nutrition and Repository - blood sampling operator
08:00-08:20	FE-2	Nutrition and Repository - blood samples
08:15-10:30	CDR	Weekly Housekeeping
08:20-08:30	FE-2	Nutrition and Repository FE2 - Refrigerated Centrifuge Setup
08:30-08:40	FE-2	Nutrition and Repository- Refrigerated Centrifuge Config
09:10-09:30	FE-2	Nutrition and Repository - Blood Sample Insertion into MELFI
09:30-09:40	FE-2	Nutrition and Repository - Stow Blood Sample Collection and Processing Hardware
09:40-11:10	FE-1	Physical Exercise (TVIS), day 3
10:00-11:30	FE-2	Physical Exercise (RED)
10:30-10:50	CDR	Nutrition and Repository - Urine Sample Collection
10:50-10:55	CDR	Nutrition and Repository - Urine Sample MELFI Insertion
10:55-11:25	CDR	Weekly Housekeeping
11:20-11:40	FE-1	Private Family Conference (Ku + S-band)
11:30-11:50	CDR	Filling WSTA with pretreated urine from EDV
11:30-11:50	FE-2	Nutrition and Repository - Urine Sample Collection
11:50-11:55	FE-2	Nutrition and Repository - Urine Sample MELFI Insertion
11:55-12:55	FE-2	Physical Exercise (CEVIS)
12:00-13:00	CDR	Physical Exercise (RED)
12:00-12:10	FE-1	Finish charge of the first 825M3 battery pack and initiate charge of the second pack
13:00-14:00		LUNCH
14:00-14:15	FE-1	IRIDIUM phone charging, configuration setup, start charge. Tagup with specialists as necessary (S-band)
14:00-14:20	CDR	Environmental Health System (EHS)- T + 2 water sample analysis
14:20-14:25	CDR	Power on Utility DC to DC Converter Unit (UDC) and Microgravity Measurement Apparatus (MMA)
14:25-14:30	CDR	JPM and LAB window shutter closure
14:30-14:35	FE-1	IRIDIUM phone charging - status check
14:50-15:10	FE-2	Nutrition and Repository - Urine Sample Collection
14:50-14:55	FE-1	IRIDIUM phone charging - status check
15:10-15:15	FE-1	IRIDIUM phone charging - status check

15:10-15:15	FE-2	Nutrition and Repository - Urine Sample MELFI Insertion
15:15-15:25	FE-1	IRIDIUM phone charge - terminate charge, cleanup
15:15-16:45	CDR	Physical Exercise (TVIS)
16:35-17:35	FE-1	Physical Exercise (VELO + RED), day 3
16:35-16:50	FE-2	Private Psychological Conference (Ku + S-band)
17:25-17:40	CDR	Private Psychological Conference (Ku + S-band)
17:35-18:15	FE-1	COЖ Maintenance. Flush Counter (СП), Water Supply System (СВО), POTOK Air Purification System Data Calldowns
18:10-18:25	FE-2	Private Family Conference (Ku + S-band)
18:15-19:00	FE-1,CDR	Evening Work Prep
18:25-19:00	FE-2	
19:00-19:15		Daily Planning Conference (S-band)
19:15-19:30		Evening Work Prep
19:30-20:35	CDR	Presleep (dinner, daily food prep, evening toilet)
19:30-21:30	FE-1,FE-2	
20:35-20:50	CDR	Private Family Conference (Ku + S-band)
20:50-21:30	CDR	Presleep (dinner, daily food prep, evening toilet)
21:30-06:00		SLEEP
Task List	FE-1	DIATOMEA. World Ocean Observations
		ECON. Observations and photography
		PLANTS-1. Payload Status Check

Notes:

- SM Window #9 shutter opening is at crew discretion with Report to MCC
 See OSTP for references to US activities.
 End of Radiogram