Radiogram No. 8019u Form 24 for 06/24/08 Soyuz Orbital Compartment Emergency Suited Ingress Training

GMT	CREW	ACTIVITY
06:00-06:10		Morning Inspection
06:10-06:20	FE-1	Hematocrit. Hematocrit test
06:10-06:20	FE-2	
06:10-06:40	CDR FE-1	Post-sleep
06:20-06:50		
06:20-06:30	FE-2	Hematocrit. Hematocrit test
06:30-06:50		Post-sleep
06:40-06:50	CDR	Hematocrit. Hematocrit test
06:50-07:40	FE-2, FE-1	BREAKFAST
06:50-06:55	CDD	Hematocrit. Equipment stow
06:55-07:45	CDR	BREAKFAST
07:40-08:10	FE-1	Prep for Work
07:40-08:05	FE-2	SLEEP - data downlink
07:45-08:00	CDD	БМП Ф2 Absorption Cartridge Regeneration (start)
08:00-08:20	CDR	Testing КВД (Pressure Equalization Valve) from DC1 ПОВ (EVA Support Panel)
08:05-08:20	FE-2	Prep for Work
08:15-08:20	FE-1	Comm config from DC1
08:20-08:35		Daily Planning Conference (S-band)
08:35-09:05		Kazbek Fit Check
09:05-09:35	FE-1	DC1 Config for EVA. Deactivation of Lulin-5 and transfer of Phantom and Lulin-5
09:05-10:35	FE-2	Physical Exercise (RED)
09:05-09:35	CDR	Replacing Urine Receptacle (ΜΠ) #0380171, (CM1PO_1_139_1, b/c 00045062R) and Filter-Insert (Φ-B) #605072 (CM1PO_1_138_1, in bag 0570069, b/c 00044339R) in ACY
09:35-11:35	CDR, FE-1	Soyuz Orbital Compartment Emergency Suited Ingress Training. <i>Tagup with specialists (S-band)</i>
10:35-11:35	FE-2	Physical Exercise (CEVIS)
11:35-12:35	FE-1	Physical Exercise (CEVIS + RED)
	CDR	Physical Exercise (VELO)
11:35-11:45	FE-2	Sleep - Initialization
11:45-12:05		TEPC transfer
12:05-12:35		Crew time for ISS adaptation and orientation
12:35-13:35		LUNCH
13:35-13:40	FE-1	Restore nominal comm config
13:35-13:45	CDR	PAO Hardware Setup
13:45-14:05	CDR, FE-1	TV-Greetings to M. Germashevski, the first Polish cosmonaut, on the 30th anniversary of his flight / (S+Ku-band)
13:50-14:05	FE-2	Start Filling CWC
14:05-14:35		Crew time for ISS adaptation and orientation
14:05-15:05	CDR, FE-1	Installation of US add-on hardware on Orlan-M and photography

14:35-14:50		Terminate Filling CWC
14:50-14:55	FE-2	Inspection of Columbus RGSH hardware
14:55-15:10		RED inspection and access evaluation
15:05-15:20	CDR	Private Medical Conference (S + Ku-band)
15:05-15:25	FE-1	Removal of quick-release screw clamps from DC1
15:10-15:25	FE-2	SLM Setup
15:20-16:50	CDR	Physical Exercise (TVIS), day 2
15:25-17:25	FE-2	US SLM: setup and measurements
15:25-15:45		IMS Update
15:55-16:10	FE-1	Private Medical Conference (S + Ku-band)
16:10-16:40		Prep for Work
16:40-18:10		Physical Exercise (TVIS), day 2
16:50-17:00	CDR	Set up 825M3 pack No. 1265570173 (ΦΓБ1ΠΓΟ_4_422_1, b/c 00046460R) for charge. Start charge
17:25-17:40		SLM data transfer to MEC
17:40-17:55	FE-2	Private Medical Conference (S + Ku-band)
17:55-18:15		CEVIS monthly maintenance
18:10-18:50	FE-1	СОЖ Maintenance
18:10-18:45	CDR	Prep for Work
18:15-18:50	FE-2	riep ioi vvoik
18:45-18:50	CDR	Transfer of TVIS, RED, and HRM data to MEC
18:50-19:05		Daily Planning Conference (S-band)
19:05-19:30		Prep for Work
19:30-20:00		DINNER
20:00-20:15		Daily Food Prep
20:15-20:35		Crew Conference with Astronaut Office Management (S-band)
20:35-21:30	FE-2 FE-1	Pre-sleep
20:35-21:20		
20:35-20:50	CDR	БМП Ф2 Absorption Cartridge Regeneration (termination)
20:50-21:30	ODK	Pre-sleep
21:20-21:30	FE-1	SONOCARD. Experiment Start
21:30-06:00		SLEEP
Task List	CDR, FE-1	Expedition-16 Food Ration Containers prep for disposal (Food Ration Container repack)

Note:

1. SM Window #9 shutter opening is at crew discretion with **Report to MCC**2. See OSTP for references to US activities.
End of Radiogram