

**CREW OFF DUTY**

GMT	CREW	ACTIVITY
08:30-08:40	.	Morning inspection
08:40-09:10	.	Post-sleep
09:10-10:00	.	BREAKFAST
13:30-15:00	CDR	Physical Exercise (CEVIS)
13:30-15:00	FE-1	Physical Exercise (TVIS), day 3
14:00-15:00	FE-2	Physical Exercise (RED)
15:05-16:05	.	LUNCH
16:07-16:22	FE-2	Private Family Conference ( <i>Ku + S-band</i> )
18:45-19:45	FE-1	Physical Exercise (VELO+RED) day 3
19:05-19:10	FE-2	EXPRESS Rack 3 - Laptop power up
19:10-19:15	FE-2	EMCS: changeout of gas removal module
19:15-20:45	FE-2	Physical exercise (TVIS)
19:15-19:45	CDR	COX maintenance
19:45-20:45	CDR	Physical Exercise (RED)
20:45-21:15	.	Evening work prep
21:15-21:30	.	Daily Planning Conference ( <i>S-band</i> )
21:30-22:00	.	Evening work prep
22:00-22:30	.	DINNER
22:30-23:00	.	Daily Food Prep
23:00-00:00	.	Pre-sleep
00:00-08:30	.	SLEEP
<b>Task List</b>	FE-1	PLANTS-2. Payload status check
		DIATOMEA. World Ocean Observations

**Note:** See OSTP for references to US activities.  
End of Radiogram