GMT	CREW	ACTIVITY
06:00-06:10		Morning Inspection
06:10-06:40		Post-Sleep
06:40-07:30		Breakfast
07:40-07:45	FE-1	PLANTS-2. Equipment monitoring
08:15-08:25	CDR	P/L Status Check
08:20-08:25	FE-2	IMS Automatic File Import/Export
08:25-10:25	CDR,FE-2	Weekly Station Housecleaning
08:25-08:45	FE-1	БРПК-1 R&R Setup
08:45-08:55		On Ground Go FETC2-12 TLM Connector Demate
08:55-10:25		СРВК-2М БРПК-1 R&R
10:25-10:35		On Ground Go FETC2-12 TLM Connector Mate
10:30-10:45	CDR	CCAA Switch Over
10:35-10:50	FE-1	СРВК-2М БРПК-1 R&R Closeout Operations
11:30-12:30	CDR	PHYSICAL EXERCISE CEVIS
11:30-12:30	FE-1	PHYSICAL EXERCISE (VELO+HC-1) – AO
12:30-13:30		Lunch
14:10-14:40		Weekly Planning Conference (S-band)
15:00-16:30	CDR	PHYSICAL EXERCISE RED
15:15-16:15	FE-2	PHYSICAL EXERCISE CEVIS
15:20-15:35	FE-1	Private Psychological Conference (VHF)
15:40-17:10		PHYSICAL EXERCISE TVIS – AO
16:15-17:45	FE-2	PHYSICAL EXERCISE RED
16:30-17:00	CDR	COЖ Maintenance
17:20-18:00		EVA Conference
17:45-17:55	FE-2	PAO Equipment Setup
18:20-18:30		TV Downlink Prep
18:30-18:45		TV Station-MCC. TV Greeting for the Security, Defense, and Law Enforcement Academy
18:51-19:01	CDR, FE-2	PAO Prep
19:01-19:17	CDR, FE-2	PAO – Educational Programming
19:30-20:00		Dinner
20:00-20:30		Daily Food Prep
20:30-21:30		Pre-Sleep
21:30-06:00		Sleep

## Note:

- 1. Cf. OSTP for missing references to US activities
- 2. Task List : FE-1: URAGAN

DIATOMEIA KROMKA-1