

Radiogram No. 6545u

Form 24 for 09/26/03

**Orlan Checkout**

<b>GMT</b>	<b>CREW</b>	<b>ACTIVITY</b>
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:40		Prep for work
07:40-07:55		Daily planning conference ( <i>S-band</i> )
07:55-08:15		Prep for work
08:15-08:55		Activation and inspection of Orlan suits No. 12, 23, 14. Tagup with ground specialists ( <i>S-band 08:20-08:30</i> )
08:55-09:55		Orlan and ECC Orlan interface unit water system degassing in DC1 (suits No. 14 and №23)
09:55-10:25	FE-1	Orlan system degassing without ECC (suit No. 12 in DC1). <i>Tagup with ground specialists (S-band 10:00-10:10)</i>
10:25-10:55	CDR	ECC fluid umbilical degassing
		ΠxO thermoelectric cooling device (TOY) degassing
10:25-10:35	FE-1	CWC audit
10:45-11:00		Food warmer inspection and maintenance
11:00-11:15	CDR	IMS tagup ( <i>S-band</i> )
11:15-11:25	FE-1	Daily payload status check during ISS-7
11:45-13:00		Physical exercise (TVIS)
12:00-13:00	CDR	Physical exercise (VELO + Load Trainer – 1)-2
13:00-13:55		LUNCH
13:55-14:55		Transition Orlan and ECC-4 to stowage mode
14:55-15:15	FE-1	Microbial analysis T + 2
14:55-15:25	CDR	PLASMA CRYSTAL-3. <b>Video downlink</b> (to a ground site).
15:15-15:35	FE-1	Microbial sample data entry into MEC
15:25-15:45	CDR	IMS file prep
15:35-15:55	FE-1	TVIS/RED file download to MEC
15:45-16:25	CDR	COX maintenance
15:55-16:15	FE-1	HRM file download into MEC
16:15-16:30		HRM file deletion
16:25-16:50	CDR	<b>Video downlink</b> of fuel line purge
16:30-17:00	FE-1	Filling CWC from condensate tank
16:50-18:20	CDR	Physical exercise (TVIS-2)
17:05-18:20	FE-1	Physical exercise (RED)
18:20-18:35		Daily planning conference ( <i>S-band</i> )
18:35-19:05		Daily plan review
19:05-19:30		FD/ ISS crew conference ( <i>S-band</i> )
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

**Note:** See OSTP for references to US activities

End of radiogram