Form 24 for 03/28/08

Radiogram No. 7318u Form 24 ATV Approach and Docking Training. LBNP Exercise

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:45	FE-1	БМП Ф2 Absorption Cartridge Regeneration (start)
07:30-08:00	CDR, FE-2	Prep for Work
07:45-08:05	FE-1	
08:05-08:20		Daily Planning Conference (S-band)
08:20-08:35		ISS Crew and ГОГУ (RSA Flight Control Team) Weekly Conference (S-band)
	FE-1	Crew departure prep
08:35-09:05	CDR, FE-2	Health Maintenance System (HMS) Crew Medical Restraint System (CMRS) - Checkout
09:05-09:20	FE-1	IMS tagup (S-band)
	FE-2	Respiratory support pack checkout
09:05-10:35	CDR	Physical Exercise (RED)
09:20-10:20	FE-1	Transfer urine from EDV-U to Progress 363 Rodnik Water Tank [68] 1
09:45-10:15	FE-2	EMCS cable installation
10:15-10:30	FE-2	EXPRESS 3 (ELC) Laptop deployment
10:20-11:50	FE-1	Physical Exercise (TVIS), day 4
10:35-11:35	CDR	Physical Exercise (CEVIS)
10:40-12:10	FE-2	Physical Exercise (RED)
11:45-11:50	CDR	Connect LAB1D6 rack to LTL loop prior to CDRA activation
11:50-12:50	CDR, FE-1	ATV Approach and Docking OBT-1. Tagup with specialists (S-band)
12:10-12:50	FE-2	СОЖ Maintenance
12:50-13:50	FE-1	LUNCH
12:50-13:00	CDR, FE-2	LUNCH
13:00-13:15	CDR, FE-2	Private family conference (Ku + S-band)
13:15-13:50	CDR, FE-2	LUNCH
13:50-14:10		Weekly crew conference with the ISS Program Management (S-band)
14:10-14:30	CDR	On-Orbit Hearing Assessment with EarQ Software
14:10-14:40	FE-2	ISS crew orientation
14:10-14:50	FE-1	Maintenance closures of spare Vozdukh [ABK] valves b/c 007223R
14:30-14:50	CDR	(CM1PO_3_321_1, bag II-1/256-1, yellow pouch b/c 004173R) /
14:45-14:50	FE-2	PAO hardware setup
14:50-15:10	FE-1	On-Orbit Hearing Assessment with EarQ Software
14:50-15:00	CDR, FE-2	Crew prep for PAO
15:00-15:20		PAO Event (Ku + S-band)
15:10-15:40	FE-1	Crew departure prep
15:20-15:35	CDR, FE-2	CDRA R&R
15:35-16:05	FE-2	ISS crew orientation

15:35-15:40	CDR	Deactivation of Multipurpose Converter (MPC) after PAO
15:40-16:40	FE-1, CDR assistance	Orthostatic stability evaluation with LBNP (To=16:01). <i>Tagup with specialists</i> (<i>VHF</i>)
16:05-16:30	FE-2	TVIS Monthly Maintenance
16:30-17:30		Physical Exercise (TVIS)
16:40-17:00	CDR	Ku-band video downlink set up (preparation for ATV docking)
	FE-1	IMS update
17:00-17:30	CDR,FE-1	TV PAO. Testing analog and digital video downlink via Ku-band. <i>Tagup with specialists</i> (S-band)
17:30-18:30	FE-1	Physical Exercise (TVIS), day 4
17:30-17:55	FE-2	On-Orbit Hearing Assessment with EarQ Software
17:30-17:35	CDR	Photo/TV- Laptop A31P power down
17:35-18:00		Lab IMV RMO Actuator Gross Adjustment
18:00-18:05	FE-2	EMCS-switch configuration to ВКЛ [ON] position
18:00-18:25	CDR	Lab IMV RMO Actuator Fine Adjustment
18:05-18:10		European Modular Cultivation System (EMCS) degas module replacement
18:10-18:30	FE-2	Nutrition - setting up hardware for urine collection
18:30-18:40		Nutrition: hardware setup
18:30-18:40	FE-1	Evening work prep
18:35-18:40	CDR	Transferring TVIS, RED, and HRM data to MEC
18:40-18:55		Daily Planning Conference (S-band)
18:55-19:25	FE-1	DINNER
18:55-19:10	CDR, FE-2	Evening work prep
19:10-19:40		DINNER
19:25-19:55	FE-1	Daily food prep
19:40-20:10	CDR, FE-2	
19:55-20:10	FE-1	Pre-sleep
20:10-20:30		Flight Director / ISS Crew Tagup (Ku + S-band)
20:30-21:30	CDR, FE-2	Pre-sleep
20:30-20:45	FE-1	БМП Ф2 Absorption Cartridge Regeneration (termination)
20:45-21:30	FE-1	Pre-sleep
21:30-06:00		SLEEP
Task List	FE-1	ТБУ (Universal Bioengineering Thermostat). Temperature check
		PLANTS-2. Payload Status Check and Photography

- 1. See OSTP for references to US activities.
- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
 16.00 -19:00 No access to OCA

End of Radiogram