## **Navigation System Hardware [ACH] Test (continued)**

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40	•	Post-sleep
06:40-06:50	CDR	MO-8. Equipment setup
	FE-1	Calf volume measurement
06:50-07:00	CDR	Can volume measurement
06:50-07:05		Body mass measurement
07:05-07:20		
07:05-07:15	FE-1	HEMATOCRIT. Determining hematocrit
07:15-08:05		BREAKFAST
07:20-07:30	CDR	MO-8. Closeout operations
07:30-07:40		HEMATOCRIT. Determining hematocrit
07:40-07:45		HEMATOCRIT. Stowage
07:45-08:35		BREAKFAST
08:05-08:35	FE-1	Work prep
08:35-08:40	ГĽ-1	LAB window leak check
08:35-08:45	CDR	Work prep
08:45-09:00		Daily planning conference (S-band)
09:00-09:15	FE-1	SSC computer configuration for EMU battery ops
09:00-12:30	CDR	Replacing toilet [ACY] equipment
09:15-09:35		EMU battery charge (start)
09:35-09:50		SSC laptop reconfiguration for nominal operations
09:50-10:50	FE-1	Crew time for adaptation and station familiarization
10:50-11:20		Initial WinSCAT session
11:20-11:50		Defibrillator checkout
12:00-13:30		Physical exercise (RED)
12:30-13:30	CDR	Physical exercise (VELO + Load Trainer-1), day 4
13:30-14:30		LUNCH
14:30-15:00	CDR	СОЖ maintenance (БРПК separator inspection)
17.50-15.00	FE-1	Inspect portable respirators and fire extinguishers
15:00-15:05		Expedition 9 payload status check
15:00-16:00	CDR	Crew time for adaptation and station familiarization
15:05-15:25	FE-1	IMS file prep
15:25-15:35		PFE video equipment setup
15:35-17:05		Periodic fitness evaluation: nominal ops

GMT	CREW	ACTIVITY
16:05-16:35	CDR (assist)	
16:35-18:05	CDR	Physical exercise TVIS, day 4
17:05-17:15	FE-1	PFE video equipment stow
17:35-17:50		Questionnaire: journal entry
17:50-18:05		Daily plan review
18:05-18:20		Daily planning conference (S-band)
18:25-18:40	FE-1	Private family conference (S-band)
18:30-19:00		Daily plan review
18:45-19:00		
19:00-19:30		Report prep
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	CDR	EGE2 reconfiguration
		NEUROCOG: Equipment prep

**Note:** See OSTP for references to US activities End of radiogram