

Soyuz Descent Training. ACH Hardware Test

GMT	Crew	Activity
06:00-06:10		Morning inspection
06:10-06:25	FE-1	Post-sleep
	CDR	Urine biochemistry
06:25-06:40		Post-sleep
	FE-1	Urine biochemistry
06:40-07:30		BREAKFAST
	FE-1	
07:30-08:00		Prep for work
07:30-07:40		UROLUX hardware stowage
07:40-07:55	CDR	Prep for work
07:55-08:00		PLANTS-2: Equipment monitoring
08:00-08:15		Daily planning conference (<i>S-band</i>)
08:15-08:45	CDR, FE-1 (helping)	Periodic health status evaluation
08:45-09:15	FE-1, CDR (helping)	
09:15-10:15	CDR	Physical exercise (TVIS-1)
09:15-09:40	FE-1	Periodic health status assessment data logging
09:40-10:55		Physical exercise (CEVIS)
10:15-10:30		PHS hardware storage
10:50-10:55	CDR	БРПК-1 separator inspection
10:55-11:35		Maintenance of COX
10:55-11:15	FE-1	T + 2 microbial analysis
11:15-11:35		Download of microbial sample data to MEC
11:35-12:35		LUNCH
12:35-15:35		Soyuz Descent Training. Discussions with experts (<i>S-band</i>)
15:35-17:05	CDR	Physical exercise (TVIS-1)
15:40-16:55	FE-1	Physical exercise (RED)
17:10-17:30		Expedition 7 crew conference with Kent Rominger, Astronaut Office (<i>S-band</i>)
17:35-17:45	FE-1	EMU battery discharge
17:35-18:15	CDR	IMS file prep
17:45-18:05	FE-1	EMU battery charge: start
18:05-18:15		Increment 7 daily payload status
18:15-18:45		Daily plan review
18:45-19:00		Daily planning conference (<i>S-band</i>)
19:00-19:30		Prep for work
19:30-20:00		DINNER
20:00-20:30		Daily food prep

20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

NOTE: See OSTP for references to US activities **Task List:** CDR - Noise meter checkout

End of radiogram