

LBNP-drill (final). ISTOCHNIK-M CПP telemetry test (part 2)

TIME	CREW	ACTIVITY
06:00-06:05	CDR	Integrated Immune - wet saliva samples
06:00-06:05	FE-1	Inspection of aerosol filters in Electron-VM
06:00-06:05	FE-5	Integrated Immune - wet saliva samples
06:00-06:10	FE-3	Station inspection
06:00-06:05	FE-4	Integrated Immune - wet saliva samples
06:05-06:10	CDR, FE-1 , FE-4,FE-5	Station inspection
06:10-06:40	.	Post-sleep
06:40-07:30	CDR, FE-1 , FE-3 ,FE-4	Breakfast
06:40-07:25	FE-5	Breakfast
07:25-07:30	FE-5	REACTION – reaction self-check test
07:30-07:55	.	DPC (<i>S-band</i>)
07:55-08:15	FE-1,FE-3 , FE-4	Work prep
07:55-08:05	FE-5	CIR – guides install
08:00-08:05	CDR	Laptop ESA battery charge
08:05-08:25	CDR	Work prep
08:05-09:05	FE-5	ICV. ECHO install
08:15-09:15	FE-4	Prep for return
08:15-08:30	FE-3	Soyuz 225 “Iridium” phone charging – connections, charging
08:40-08:45	FE-3	Soyuz 225 “Iridium” phone charging – monitoring charge
08:45-08:55	FE-3	Soyuz 225 “Iridium” phone charging – turning off charge, packing phone, disconnecting components
09:05-09:20	FE-1	PPC (<i>VHF</i>)
09:05-09:15	FE-5	Crew member updates software option TDI USND
09:15-09:25	FE-5	ICV. ECHO install
09:25-10:20	FE-5	ICV – echo-scanning1
09:25-09:30	FE-4	ICV – video install
09:30-10:20	FE-4	ICV – assistance in running experiment
09:35-11:05	FE-3 , FE-1(помощь)	Lower Body Negative Pressure drill (FINAL). Tagup with specialists (VHF) To=10.24 / RODF
10:20-10:45	FE-4	ECLS - CSA-CP calibration
10:20-10:45	FE-5	ICV – taping PE
10:35-11:05	CDR	Psychological evaluation (WinSCAT)
10:45-11:20	FE-5	ICV - echo-scanning 2
10:45-11:15	FE-4	ICV - assistance in running experiment
11:05-12:05	CDR	Prep for return
11:05-12:05	FE-1	PE TVIS - 1
11:15-12:15	FE-3	Prep for return

11:15-11:25	FE-4	TVIS – preparing SLD for SDTO test
11:20-11:40	FE-5	ICV. Post experiment hw stowage
11:25-12:25	FE-4	PE (T2)
11:45-12:45	FE-5	ULF3 cargo unpacking and stowage
12:05-12:35	FE-1	Hygiene
12:05-13:05	CDR	PE TVIS
12:25-12:35	FE-4	TVIS – SDTO SLD data downlink
12:40-13:00	FE-3	BIORISK. Removing and transferring tray to Soyuz for return
12:45-13:05	FE-5	CEVIS – stabilizer check
12:45-13:05	FE-4	Weekly CSA conference (<i>S-band</i>)
13:05-13:35	.	Weekly planning conference (<i>S-band</i>)
13:35-14:35	.	Midday meal
14:35-14:45	FE-1	SM and FGB Air filtration system " Поток-150МК" dust filter cleaning. (Use vacuum cleaner with slot adapter; deactivate system during cleaning)
14:35-16:05	FE-5	ULF3 cargo unpacking and stowing
14:35-17:35	FE-3	Packing return items in Soyuz. <i>Tagup with specialists (S-band)</i>
14:35-14:50	CDR	WEAR – database update
14:35-14:50	FE-4	PPC (<i>S-band</i>)
14:45-17:05	FE-1	ISTOCHNIK-M. Test check СПП telemetry (part1). <i>Tagup with specialists (S-band)</i>
14:50-15:15	CDR	WEAR – execution
15:10-15:30	FE-4	Ku-band power supply transfer from LAB1 to JEM
15:15-15:40	CDR	WEAR – final steps and hw stowage
15:30-16:30	FE-4	PE TVIS
15:45-15:50	CDR	WEAR – data download using SSC USB
15:50-16:05	CDR	PFC (<i>S-band</i>)
16:05-17:35	CDR	PE ARED
16:30-16:40	FE-4	Glove box (MSG) – powerup
16:35-17:35	FE-5	PE (T2)
16:40-17:55	FE-4	IVDL- flash-disk replacement
17:05-17:45	FE-1	COЖ maintenance
17:35-19:05	FE-5	PE ARED
17:35-17:55	FE-3	MO-21 prep. "Ecosphere" power charging / RODF
17:45-18:05	FE-1	IMS update /RODF
17:50-18:05	CDR	PPC
17:55-18:55	FE-3	PE TVIS - 2
17:55-18:00	FE-4	Glovebox (MSG) - powerdown
18:00-18:10	FE-4	BCAT5 – video configuration
18:05-19:05	FE-1	PE VELO - 1
18:05-18:45	CDR	Evening work prep
18:10-18:40	FE-4	BCAT5 – sample homogenization
18:40-19:05	FE-4	Evening work prep
18:45-18:50	CDR	SSC file server reboot

18:50-18:55	CDR	OCA SSC router reboot
18:55-19:05	CDR, FE-3	Evening work prep
19:05-19:30	.	DPC (<i>S-band</i>)
19:30-19:35	FE-1	Inspection of aerosol filters in Electron-VM
19:30-19:35	FE-5	REACTION – reaction self-check test
19:30-19:35	CDR	TVIS CEVIS HRM data transfer to MEC
19:30-21:30	FE-3,FE-4	Pre-sleep
19:35-21:30	CDR, FE-1 , FE-5	Pre-sleep
21:30-06:00	.	Sleep
Task List	FE-1,FE-3	Video recording onboard ISS

Notes:

1. SM window No. 9 shutter opening is at crew discretion w/**Report to Ground**
2. See OSTP for references to US activities
3. Pre-sleep: dinner, daily food prep, evening toilet

End of rg