CONFIGURING TIXO AND DC1 FOR EVA

GMT	CREW	ACTIVITY
02:00-02:10		Morning inspection
02:10-02:40		Post-sleep
02:40-03:30	-	BREAKFAST
03:30-04:00		Prep for Work
04:05-04:20		Daily Planning Conference (S-band)
04:20-04:35	FE-1	Regeneration of Micropurification Unit (БМП) Absorption Cartridge Φ1 (start)
04:35-05:05		PL relocation from ΠxO and DC1 before EVA
05:05-07:05	000	DC1 comm config ΠxO and DC1 config for EVA and IMS update
05:05-07:30	CDR	
	FE-1	
07:00-07:05	FE-2	Connect ER1 MTL QD's to the UIP
07:05-07:45	ODD	Post-EVA Airlock Reconfig
07:05-08:35	CDR	Physical Exercise (TVIS + CEVIS)
07:30-09:00	FE-1	Physical Exercise (TVIS), Day 4
07:45-08:45	FE-2	Physical Exercise (RED)
09:00-09:05		HAM radio setup
09:00-10:00	CDR,FE-1	LUNCH
09:05-09:15	FE-2	HAM radio session
09:15-10:00		LUNCH
10:00-12:05	FE-1	ΠxO and DC1 config for EVA and IMS update Return to nominal comm. configuration
10:55-11:25	FE-2	СОЖ Maintenance
11:25-12:55	- I L Z	Physical Exercise (TVIS)
12:00-13:00	CDR	Physical Exercise (RED)
12:05-12:55	FE-1	Evening work prep
12:55-13:55		Physical Exercise (VELO + RED) day 4
12:55-13:15	FE-2	IMS Update
13:00-13:55	CDR	Evening work prep
13:15-13:55	FE-2	Evening work prep
13:55-14:10		Daily Planning Conference (S-band)
14:10-15:10		Crew EVA report (S-band)
15:10-15:40	CDR	DINNER
15:15-15:45	FE-1	DINNER
15:20-15:25		Payload status check
15:25-15:30	FE-2	Transfer TVIS/RED/CEVIS/HRM data to MEC
15:30-16:00		DINNER
15:40-16:30	CDR	Pre-sleep
15:45-16:15	FE-1	
16:00-16:30	FE-2	Daily Food Prep
16:15-16:30	FE-1	Pre-sleep

16:30-17:30	CDR	Crew discretionary conference (S-band)
16:30-16:45	FE-1	Regeneration of Micropurification Unit (БМП) Absorption Cartridge Φ1 (termination)
16:30-17:30	FE-2	Pre-sleep
16:45-17:30	FE-1	
17:30-02:00		SLEEP
Task List	FE-1	ТБУ (Universal Bioengineering Thermostat). Temperature check
		PLANTS-2. Payload status check
		PLANTS-2. Recharging water tank

See OSTP for references to US activities. End of Radiogram