

Radiogram No. 9855u Form 24 for 07/30/2012

TKF 415 UNDOCKING FROM DC1

GMT	CREW	ACTIVITY
06:00-06:05	FE-5	Urine Spot Test
06:00-06:05	FE-3, FE-6	Reaction Self Test
06:05-06:10	FE-5	Reaction Self Test
06:05-06:15	FE-3, FE-6	Morning Inspection
06:10-06:20	FE-5	Morning Inspection
06:15-06:45	FE-3, FE-6	Post-sleep
06:20-06:50	FE-5	Post-sleep
06:45-07:35	FE-6, FE-3	BREAKFAST
06:50-07:40	FE-5	BREAKFAST
07:35-08:05	FE-3, FE-6	Work Prep
07:40-08:10	FE-5	Work Prep
08:15-09:45	FE-5	Physical Exercise (ARED)
09:30-09:40	CDR	Morning Inspection. <i>SM ПСС [Caution & Warning Panel] Test Inspection of CM-Y connector on MHP-HC pump behind ACY panel 139.</i>
09:30-09:40	FE-2	Morning Inspection.
09:30-09:45	FE-4	БМП Ф1 Absorption Cartridge regeneration (start)
09:40-10:10	CDR, FE-2	Post-sleep
09:45-10:10	FE-4	Post-sleep
10:00-11:00	FE-3	Physical Exercise T2
10:10-11:00	CDR, FE-2, FE-4	BREAKFAST
11:00-12:30	FE-3	Physical Exercise (ARED)
11:10-12:05	FE-6	Physical Exercise T2
11:25-12:30	FE-2	PNEUMOCARD Experiment
12:05-12:10	FE-6	Shutting down software to transfer data
12:10-13:10	FE-6	LUNCH
12:25-12:35	FE-5	Ham Radio Deactivation
12:30-13:00	FE-2	Auxiliary Laptop Anti-Virus Update
12:30-12:45	FE-3	Private Psychological Conference
12:35-13:35	FE-5	LUNCH
12:45-12:55	FE-3	Closing USOS Window Shutters
12:55-13:55	FE-3	LUNCH
13:00-14:00	FE-2	B3 Fan Screen Cleaning in MRM2
13:10-13:15	FE-6	Display Power down
13:15-13:20	FE-6	G1 Camcorder Setup
13:20-15:40	FE-6	NANO STEP Cartridge Installation
13:30-14:30	FE-4	Physical Exercise (VELO) Day 3

13:35-13:40	FE-5	PROK Diet Logging (Day 1)
13:40-13:55	FE-5	Private Psychological Conference
13:55-16:55	FE-5	HTV Cargo Transfer
13:55-17:10	FE-3	HTV Cargo Transfer
14:00-14:30	FE-2	COЖ MAINTENANCE
14:30-15:30	CDR, FE-2, FE-4	LUNCH
15:40-15:50	FE-6	SCOF-Cable Connection
15:50-15:55	FE-6	G1 Camcorder Closeout Activities
15:55-16:55	FE-6	Crew Time for ISS Adaptation and Familiarization
16:20-17:00	FE-2	IDENTIFIKATSIYA. Copy ИМУ-Ц micro-accelerometer data to laptop
16:35-17:35	CDR	Physical Exercise (VELO), Day 3
16:55-18:25	FE-6	Physical Exercise (ARED)
16:55-17:55	FE-5	Physical Exercise (CEVIS)
17:00-17:30	FE-2	SEINER Ocean Observations
17:10-17:25	FE-3	Private Medical Conference
17:30-18:30	FE-2	Physical Exercise (TVIS), Day 2
17:40-17:50	FE-3	HTV1 Cargo Transfers Conference
17:55-18:15	FE-5	YTSL –Deactivation of CGBA-5 and Equipment Setup
18:05-18:15	FE-3	CSA-CP Battery Changeout
18:15-18:35	FE-3, FE-5	Evening Work Prep
18:25-18:35	FE-6	Evening Work Prep
18:35-19:00		Daily Planning Conference (<i>S-band</i>)
19:00-19:15	CDR, FE-4	Evening Work Prep
19:00-19:30	FE-2, FE-3	Evening Work Prep
19:15-19:25	FE-5	Evening Work Prep
19:00-19:15	FE-5	Journal Entry
19:00-19:10	FE-6	Pre-sleep
19:10-19:30	FE-6	CIRCADIAN RHYTHMS Hardware Installation and Connection
19:15-20:55	CDR	Pre-sleep
19:15-21:15	FE-4	Pre-sleep
19:25-21:25	FE-5	Pre-sleep
19:30-21:30	FE-2	Pre-sleep
19:30-21:20	FE-6	Pre-sleep
19:35-21:20	FE-3	Pre-sleep
19:30-19:35	FE-3	P/TV Playback Start
20:55-21:20	CDR	Photography of ТКГ415 Docking Assembly from SM Window #7 after Undocking
21:15-21:30	FE-4	БМП Ф1 Absorption Cartridge regeneration (end)
21:20-21:40	CDR	Prepare ТКГ Docking Assembly (СТА) Photo files for downlink via РСПИ or OCA

21:20-21:25	FE-6	REMINDER-SPRINT – Reading Reminders
21:20-21:25	FE-3	Reaction Self Test
21:25-21:30	FE-5	Reaction Self Test
21:25-21:30	FE-6	Reaction Self Test
21:25-21:30	FE-3	P/TV Playback Stop
21:30-21:35	FE-4	On MCC Go Set DC-Progress PEV to CLOSE
21:30-06:00	FE-6, FE-3, FE-5	SLEEP
21:30-06:00	FE-2	SLEEP
21:30-06:00	FE-4	SLEEP
21:30-06:00	CDR	SLEEP
Task List	CDR, FE-4	ECON. Observations and Photography
	CDR, FE-2, FE-4	Preparation of reports for Roskosmos site

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep ops: daily food prep, dinner, pre-sleep
 4. T2 Physical Exercise Prohibited **20:30-21:47**
- End of Radiogram