

Radiogram No. 1122u

Form 24 for 09/13/09

**CREW OFF-DUTY**

<b>GMT</b>	<b>CREW</b>	<b>ACTIVITY</b>
06:00-06:10	.	Morning Inspection
06:10-06:40	.	Post-sleep
06:40-07:30	.	BREAKFAST
07:30-07:35	FE-4	JPM Tapping Measurement
07:30-07:50	FE-2	Nutrition and Repository Urine Sample Collection
07:45-07:50	<b>FE-3</b>	MATRYOSHKAR. BUBBLE-Dosimeter Control Panel Setup
07:50-08:35	FE-4	RADIN Experiment with Bubble-Dosimeters
07:50-07:55	FE-2	Nutrition and Repository Urine Sample MELFI Insertion
07:55-09:25	FE-2	Physical Exercise (ARED)
08:20-08:35	<b>FE-3</b>	MATRYOSHKAR. Assisting FE-4 with BUBBLE Dosimeter Activity
08:35-08:45	<b>FE-3</b>	MATRYOSHKAR. BUBBLE-Dosimeter Control Panel Cleanup and Stowage
09:25-10:25	FE-2	Physical Exercise (TVIS)
10:30-11:30	FE-4	Physical Exercise (CEVIS)
10:30-11:30	<b>FE-3</b>	Physical Exercise (ARED)
10:35-10:50	<b>CDR</b>	Private Family Conference ( <i>Ku+S-band</i> )
11:30-13:00	FE-4	Physical Exercise (ARED)
11:30-12:30	<b>CDR</b>	Physical Exercise (TVIS), day 3
12:10-12:25	<b>FE-3</b>	Private Family Conference ( <i>Ku+S-band</i> )
12:30-13:00	<b>CDR</b>	Hygiene Procedures
12:40-13:40	FE-5	LUNCH
13:00-14:00	<b>CDR,FE-1,FE-2 FE-3,FE-4</b>	LUNCH
13:40-13:55	FE-5	Private Family Conference ( <i>Ku+S-band</i> )
14:00-14:20	FE-2	Nutrition and Repository Urine Sample Collection
14:05-14:45	<b>FE-3</b>	COX Maintenance. <b>Flush Counter (CPI), Water Supply System (CBO), POTOK Air Purification System Data Calldowns for SM and FGB</b>
14:20-14:25	FE-2	Nutrition and Repository Urine Sample MELFI Insertion
14:25-14:45	FE-2	Nutrition and Repository: Stow Urine Sampling Equipment
14:45-16:15	FE-5	Physical Exercise (ARED)
15:15-16:15	FE-1	Physical Exercise (CEVIS)
15:55-16:10	FE-2	Private Family Conference ( <i>Ku+S-band</i> )
16:15-17:45	FE-1	Physical Exercise (ARED)
16:15-17:15	FE-5	Physical Exercise (CEVIS)
16:45-17:45	<b>FE-3</b>	Physical Exercise (TVIS), day 2
17:15-18:15	<b>CDR</b>	Physical Exercise (VELO), day 3
17:45-18:15	<b>FE-3</b>	Hygiene Procedures
18:15-19:00	.	Evening Work Prep
19:00-19:25	.	Daily Planning Conference ( <i>S-band</i> )
19:25-19:30	<b>CDR,FE-1,FE-2 FE-3,FE-5</b>	Evening Work Prep

19:25-19:40	FE-4	Private Family Conference ( <i>Ku+S-band</i> )
19:30-21:30	FE-2	Pre-sleep
19:30-21:30	<b>CDR,FE-3,FE-5</b>	Pre-sleep
19:30-20:35	FE-1	Pre-sleep
19:40-21:30	FE-4	Pre-sleep
20:35-20:50	FE-1	Private Family Conference ( <i>Ku+S-band</i> )
20:50-21:30	FE-1	Pre-sleep
21:30-06:00	.	SLEEP
<b>Task List</b>	<b>CDR,FE-3</b>	ECON. Observations and Photography
	<b>FE-3</b>	SEINER World Ocean Observations

**Notes:**

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
  2. See OSTP for references to US activities
  3. Pre-sleep: dinner, daily food prep, evening toilet
- End of Radiogram