Radiogram No. 6509u

Form 24 for 11/08/07

| GMT | CREW | ACTIVITY |
|-------------|-----------|--|
| 06:00-06:10 | | Morning inspection |
| 06:10-06:25 | CDR | Biochemical urine test |
| 06:10-06:25 | FE-1 | Post-sleep |
| 06:10-06:40 | FE-2 | Post-sleep |
| 06:25-06:55 | CDR | Post-sleep |
| 06:25-06:40 | FE-1 | Biochemical urine test |
| 06:40-06:55 | FE-1 | Post-sleep |
| 06:40-07:30 | FE-2 | BREAKFAST |
| 06:55-07:10 | FE-1 | БСПН S/W upgrade. Tagup with specialists (S-band) |
| 06:55-07:45 | CDR | BREAKFAST |
| 07:10-08:00 | FE-1 | BREAKFAST |
| 07:30-08:00 | FE-2 | Prep for Work |
| 07:45-08:00 | CDR | Prep for Work |
| 08:00-08:15 | | Daily Planning Conference (S-band) |
| 08:15-08:30 | FE-1 | Prep for Work |
| 08:15-08:30 | FE-2 | Crew discretionary conference (S-band) |
| 08:30-09:30 | CDR | Physical Exercise (TVIS) |
| 08:55-09:55 | FE-2 | Crew time for adaptation and ISS orientation |
| 09:30-11:00 | CDR | Physical Exercise (RED) |
| 09:50-10:30 | FE-1 | СОЖ maintenance |
| 09:55-10:55 | FE-2 | Physical exercise (CEVIS) |
| 10:30-12:00 | FE-1 | Physical Exercise (TVIS), day 1 |
| 10:55-12:25 | FE-2 | Physical Exercise (RED) |
| 12:00-13:00 | FE-1 | Physical Exercise (VELO + RED), Day 1 |
| 12:55-13:00 | FE-2 | Transfer TVIS/RED/CEVIS/HRM data to MEC |
| 13:00-14:00 | | LUNCH |
| 14:00-14:45 | CDR, FE-1 | Equipment Lock config |
| 14:45-15:30 | | EVA tagup with MCC (S-band) |
| 15:30-16:00 | FE-2 | DCS 760 photo camera config for EVA |
| 15:45-16:15 | FE-1 | Replacement of ACY urine receptacle and filter insert (Install urine receptacle #0370160 (CM_PO_1_138_1 in pouch 0170067) and filter insert #605060 (ΦΓБ1_ΠΓΟ_3_303_1 in bag 359-10). Removed urine receptacles and filter inserts - for disposal) / Update IMS) |
| 16:25-16:40 | FE-1 | Private medical conference before EVA from USOS. Health Status (Ku+S-band) |
| 16:40-16:50 | CDR | CWC audit |
| 16:50-17:05 | CDR | Private medical conference before EVA from USOS. Health Status (Ku + S-band) |
| 17:00-17:05 | FE-2 | HAM Radio Powerdown in SM |
| 17:00-17:15 | FE-1 | Setting up PILLE dosimeters for EVA |
| 17:05-17:40 | CDR | Evening work prep |
| 17:05-17:10 | FE-2 | CDRA deactivation |

| FE-2 | Evening work prep |
|-----------|--|
| FE-1 | Evening work prep |
| | Daily Planning Conference (S-band) |
| | Evening work prep |
| | Flight Director / ISS Crew Tagup (Ku + S-band) |
| CDR, FE-1 | DINNER |
| FE-2 | DCS battery charging |
| FE-2 | DINNER |
| CDR, FE-1 | Daily Food Prep |
| FE-2 | Daily Food Prep |
| CDR, FE-1 | Pre-sleep |
| FE-2 | Start pre-breathe |
| CDR, FE-1 | Start pre-breathe |
| FE-2 | Pre-sleep |
| CDR, FE-1 | Pre-sleep |
| | SLEEP |
| | FE-1 |

Note: 1. See OSTP for references to US activities.
2. SM Window #9 shutter opening is at crew discretion

End of Radiogram