GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:15	БИ-1	KKT3 (large volume control valve 3) valve shut off
06:10-06:40	КЭ	Post-sleep
06:15-06:40	БИ-1	
06:40-07:30		BREAKFAST
07:30-07:35	БИ-1	Pressure gauge readings on KKT3 valve
07:30-08:00	кэ	Prep for work
07:35-08:00	N.J	
08:00-08:15		DPC (S-band) Report to MCC pressure gauge readings on KKT3 valve
08:15-09:45	КЭ	FOOT: video ops
08:15-09:15		Inspection of SM aft cone condition behind panels 137, 138, and 139
09:15-09:30	БИ-1	FOOT: photo ops
09:30-10:30		EDV-3B (water stores) swap
09:45-11:15	КЭ	FOOT: calibration with video ops
10:30-10:40	БИ 1	FOOT: photo ops
10:40-11:40	БИ-1	Physical Exercise (VELO + Load Training- cycle 1) day 4
11:15-12:40	КЭ	Potable water sample collection for chemical/microbial analysis on orbit
11:40-12:35	БИ-1	PLASMA CRYSTAL-3. Evacuation of lines and electronic unit work chamber of. Tag up with specialists (S-band)
12:35-12:55		PLASMA CRYSTAL. SW up-load. Tag up with specialists (S-band)
12:40-12:50	кэ	Deployment of FMK monitors
12:55-13:00		Expedition 8 payload status check (Soyuz 7 stage)
13:00-14:00		LUNCH
14:00-14:10	кэ	EMU battery discharge
14:10-14:30		EMU battery charge (start)
14:15-14:25	БИ-1	PLASMA CRYSTAL -3. Experiment (completion). Tag up with specialists
14:30-15:25	КЭ	WMK: in-flight water treatment
14:55-15:35	БИ-1	Interaction: data collection and backup
15:30-17:45	КЭ	Physical Exercise (TVIS + RED)
15:40-16:10		СОЖ maintenance
16:10-16:30	БИ-1	IMS file prep
16:30-16:45		FOOT: photo ops
16:45-18:15		Physical Exercise (TVIS) day 4
17:45-18:15	кэ	Daily plan review
18:15-18:45		FOOT: hardware stow
	БИ-1	Daily plan review
18:45-19:15		Prep for work
19:15-19:30		DPC (S-band)
19:30-20:00		DINNER (RENAL: pill ingestion)
20:00-20:30		Daily food prep

20:30-21:25		Pre-sleep
21:25-21:30	БИ-1	PLASMA CRYSTAL -3. Deactivation of turbo-pump
21:30-06:00		SLEEP

Task list	БИ-1	Search for equipment

Note: See OSTP for references to US activities

End of radiogram