Radiogram No. 3519u Form 24 for 07/07/2010 SM БО1 ОДУ (SM INTEGRATED PROPULSION SYSTEM OXIDIZER TANK 1) REFILLING FROM PROGRESS 406 СД (REFUELING SYSTEM)

GMT	CREW	ACTIVITY
06:00-06:05	CDR	Elektron-VM Aerosol Filter Inspection
06:00-06:05	FE-6	REACTION Self Test
06:00-06:05	FE-2	SLEEP Data Log Entry
06:00-06:10	FE-3	Morning Inspection
06:00-06:05	FE-4	REACTION Self Test
06:00-06:10	FE-5	SONOCARD Experiment Termination
06:05-06:10	FE-6	SLEEP Data Log Entry
06:05-06:10	FE-4	SLEEP Data Log Entry
06:05-06:10	FE-2	Morning Inspection
06:05-06:10	CDR	PLASMA CRYSTAL-3 PLUS. ПК-3 PLUS EB Turbo-Pump Activation
06:10-06:40	CDR, FE-2, FE-3, FE-4, FE-5	Post-sleep
06:10-06:25	FE-6	Post-sleep
06:25-07:15	FE-6	BREAKFAST
06:40-07:30	CDR, FE-2, FE-3,FE-5	BREAKFAST
06:40-06:45	FE-4	BREAKFAST
06:45-06:50	FE-4	HAM radio setup
06:50-07:00	FE-4	HAM Radio Session
07:00-07:30	FE-4	BREAKFAST
07:15-07:30	FE-6	Crew Acoustic Dosimeters Data Transfer
07:30-08:00	CDR, FE-3	Work Prep
07:30-07:35	FE-5	Partially Dampen Sorbent
07:30-07:35	FE-6	VO2 Video of Operations
07:30-07:35	FE-4	Work Prep
07:30-07:45	FE-2	CSLM2 Vacuum Vent Stop 1
07:35-07:55	FE-4	Water Recovery System (WRS)
07:35-07:45	FE-5	ГФИ-1 [Geophysical Studies]. Start SONY DCR-TRV900E Camcorder Battery Charge
07:35-07:55	FE-6	VO2 Crew Portable Pulmonary Function System Setup
07:45-08:00	FE-5	SONOCARD Data Copy to RSE-MED Laptop and Data Downlink Using OCA
07:45-07:55	FE-2	VO2 Crew Portable Pulmonary Function System Setup Assistance
07:55-08:00	FE-2, FE-4, FE-6	Work Prep
08:00-08:20		Daily Planning Conference (S-band)
08:20-10:20	CDR	Progress 406 Transfers and IMS Updates
08:20-09:20	FE-2	Physical Exercise T 2
08:20-09:20	FE-5	Relocation of Russian Cargo from FGB ΓA to MRM1 with IMS support / r/g 3520
08:20-09:30	FE-3	Progress 406 Transfers and IMS Updates

08:20-08:30 08:30-09:45 08:40-08:50	FE-4	Work Prep
08:30-09:45		Crew Portable Pulmonary Function System Power Up
		SLEEP. Battery Swap/Data Download & Initialization
00.40 00.00		Water Recovery System (WRS)
09:10-09:20		CIR Alignment Guide Removal
09:10-09:20		T2 Snubber Arm Inspection
09:20-09:23		Physical Exercise (ARED)
09:25-09:30		
		Partially Dampen Sorbent Physical Exercise T 2
09:25-10:25		
09:30-10:00	FE-5, FE-3 assists	Study of Cardiac Bioelectric Activity at Rest. To=09:38. Tagup with specialists (VHF)
09:45-11:35	FE-6	VO2 Crew Portable Pulmonary Function System Protocol Preparation
10:00-10:40	FE-5	Relocation of Russian Cargo from FGB ΓA to MRM1 with IMS support
10:00-11:00	FE-3	Physical Exercise (TVIS), Day 1
10:20-10:35	CDR	Verify ИП-1 Flow Meter Configuration
10:25-10:30	FE-4	T2 Snubber Arm Inspection
10:30-10:35	FE-4	Bioprocessor and CGBA 5 Status Check
10:40-11:20	CDR, FE-5	Intermodular TORU Test with Mated Progress 406
10:50-11:05	FE-2	CSLM2 Vacuum Vent Start 3
11:00-12:45	FE-3	On MCC GO Replace 800A Unit (A72) with #2397641201 (005397R, ΦΓ51ΠΓΟ_1_104) and БУПТ-2 (A82) with #43010001 (00039024R, ΦΓ51ΠΓΟ_4_417_1) in FBG SEP Module 2. Discard the removed boxes. Update IMS
11:05-11:15	FE-2, FE-4	Crew cabin removal in support of CDRA maintenance
11:15-11:20	FE-4	CDRA IFM Access
11:20-11:50	FE-2, FE-4	IFM CDRA Frame Removal
11:20-12:20	CDR	Physical Exercise (VELO), Day 4
11:30-12:10	FE-5	СОЖ Maintenance
11:35-12:20	FE-6	VO2 Crew Portable Pulmonary Function System Protocol
11:50-12:10	FE-2, FE-4	Crew Cabin Installation
12:10-13:00	FE-5	RELAXATION Hardware Setup. Tagup with specialists (S-band)
12:10-13:20	FE-2, FE-4	IFM Component Group Removal
12:20-12:25	CDR	MRM2 Comm Config
12:20-12:35	FE-6	VO2 Crew Portable Pulmonary Function System - Termination
	CDR	Plasma Crystal-3 Plus. Experiment setup and start. Tagup with specialists (S-band)
12:25-13:05	FE-6	VO2 Crew Portable Pulmonary Function System Data Downlink
12:25-13:05 12:35-12:40	EE-3	PLASMA CRYSTAL-3 PLUS. Monitoring TV signal on display
	L-3	1 2 total total of 2001 Monitoring 1 to ignar on diopia;
12:35-12:40	FE-3 , FE-5 , FE-6	LUNCH
12:35-12:40 12:45-12:50	FE-3 , FE-5 , FE-6	
12:35-12:40 12:45-12:50 13:00-14:00 13:05-14:05	FE-3 , FE-5 , FE-6	LUNCH
11:20-11:50 11:20-12:20 11:30-12:10 11:35-12:20 11:50-12:10 12:10-13:00 12:10-13:20 12:20-12:25 12:20-12:35	FE-2, FE-4 CDR FE-5 FE-6 FE-2, FE-4 FE-2, FE-4 CDR FE-6 CDR	IFM CDRA Frame Removal Physical Exercise (VELO), Day 4 COX Maintenance VO2 Crew Portable Pulmonary Function System Protocol Crew Cabin Installation RELAXATION Hardware Setup. Tagup with specialists (S-band) IFM Component Group Removal MRM2 Comm Config VO2 Crew Portable Pulmonary Function System - Termination Plasma Crystal-3 Plus. Experiment setup and start. Tagup with specialists (S-band) VO2 Crew Portable Pulmonary Function System Data Downlink

14:00-14:15	FE-5	RELAXATION Setting Up Hardware
14:05-15:50	FE-3	Replace 800A Unit (A72) with #2397641201 (005397R, ΦΓБ1ΠΓΟ_1_104) and БУПТ-2 (A82) with #43010001 (<i>00039024R, ΦΓБ1ΠΓΟ_4_417_1</i>) in FBG SEP Module 2. <i>Discard the removed boxes. Update IMS</i>
14:15-14:35	CDR	PLASMA CRYSTAL-3 PLUS. Experiment Termination
14:15-14:20	FE-5	RELAXATION Observation
14:20-14:50	FE-2, FE-4	IFM CDRA Desiccant Installation
14:20-15:00	FE-5	RELAXATION Closeout and hardware stow
14:35-15:05	CDR	PLASMA CRYSTAL-3 PLUS. Copy Data from the Hard Drive
14:45-14:50	FE-6	VO2 Exercise Video Equipment Stow
14:50-15:10	FE-6	VO2 Crew Portable Pulmonary Function System - Termination
14:50-15:30	FE-2, FE-4	IFM Component Grapple Replace Part 1
15:05-15:10	CDR	Comm reconfig for nominal ops
15:15-16:45	FE-6	Physical Exercise (ARED)
15:20-16:00	CDR, FE-5	Intermodular TORU Test with Mated Progress 406 (With Klest activation)
15:30-16:10	FE-2, FE-4	IFM Component Grapple Replace Part 2
15:50-16:50	FE-3	Physical Exercise (VELO), Day 1
16:00-16:40	CDR	IDENTIFICATION. Сору ИМУ-Ц micro-accelerometer data to laptop
16:00-17:30	FE-5	Physical Exercise (TVIS), Day 1
16:10-16:25	FE-2	CSLM2 Vacuum Vent Stop 3
16:10-16:15	FE-4	CDRA IFM Closeout
16:15-16:35	FE-4	CDRA IFM Hardware Stowage
16:25-16:40	FE-2	Private Psychological Conference
16:40-17:00	CDR	IMS Update
16:40-16:45	FE-4	KIDS-MPC Activation
16:45-17:00	FE-6	Private Medical Conference
16:45-18:15	FE-4	Physical Exercise (ARED)
17:00-18:00	FE-6	Physical Exercise (CEVIS)
17:05-17:10	FE-2	Video Camera Assembly 1 (VCA1) Adjustment
17:05-17:10	CDR	Elektron-VM Aerosol Filter Inspection
17:10-17:25	FE-2	CSLM2 Vacuum Vent Start 4
17:10-18:40	CDR	Physical Exercise (TVIS), Day 4
17:25-17:30	FE-2	European Modular Cultivation System (EMCS) Degas Module Replacement
17:30-18:30	FE-5	Physical Exercise (VELO), Day 1
17:30-18:15	FE-2	Genara A Experiment Preperation
18:00-18:05	FE-6	VO2 Crew Portable Pulmonary Function System Stow
18:15-18:20	FE-4	KIDS-MPC Deactivation
18:15-18:40	FE-2	GENARA A Experiment Container Replace
18:15-18:40	FE-3	Evening Work Prep
18:15-18:40	FE-6	Evening Work Prep
18:25-18:40	FE-4	Private Medical Conference
18:30-18:40	FE-5	Evening Work Prep
18:40-19:05		Daily Planning Conference (S-band)

19:05-19:30		Evening Work Prep
19:30-21:25	CDR, FE-5	Pre-sleep
19:30-19:35	FE-6	REACTION Self Test
19:30-19:35	FE-4	REACTION Self Test
19:30-21:30	FE-3	Pre-sleep
19:30-19:35	FE-2	MPC Power Up
19:35-21:30	FE-4, FE-6	Pre-sleep
19:35-21:25	FE-2	Pre-sleep
21:25-21:30	FE-5	Partially Dampen Sorbent
21:25-21:30	FE-2	MPC Power Down
21:25-21:30	CDR	PLASMA CRYSTAL-3 PLUS. Deactivate ΠΚ-3 PLUS Experiment Box Turbo Pump
21:30-06:00		SLEEP

Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
 See OSTP for references to US activities
- 3. Pre-sleep ops: dinner, daily food prep, evening toilet End of Radiogram