## Form 24 for 10/21/04

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:45		Daily planning conference (S-band)
07:45-08:15	FE-1, ISS10, VCFE2	Prep for work
07:45-07:50	CDR	PLANTS-2. Data downlink
07:50-08:15		Prep for work
08:15-09:35		BIOECOLOGY. Disassembly of kit #3, replacement of [APT] and transfer to Soyuz
08:15-08:35	FE-1-10	KUBIC. Hardware set up. Tagup with specialists (S-band)
08:15-08:20	FE-1	EXPRESS rack 5: Laptop activation
08:20-10:20	FE-1, CDR-10	ISS9 / ISS10 handover
08:35-09:35	FE-1-10	KUBIC. Repair and recover ops
09:00-09:10	VCFE2	TOXICITY. Experiment prep. 2 <sup>nd</sup> session
09:10-09:40	VCFEZ	TOXICITY. Prep for sample collection
00.25 00.45	CDR	PLANTS-2. Kit transfer to Soyuz
09:35-09:45	FE-1-10	ИП-1 sensor installation check
09:40-10:10	VCFE2	DIATOMEA. Ocean observation
09:45-11:00	CDR, FE-1-10	ISS9 / ISS10 handover
10:10-10:40	VCFE2	DIATOMEA. Ocean observation
10:20-11:00	FE-1	Interaction: data collection and backup
10:40-10:50	VCFE2	TOXICITY. Replacement of water collection bag. Tagup with specialists (S-band)
11:00-11:30	FE-1-10, CDR	Filling EDV (KOB) for Elektron system
11:00-12:00	CDR-10	Physical Exercise (RED)
	FE-1	Physical Exercise (TVIS)
11:30-11:45	CDR	БВН2 fan screen cleaning (Soyuz 214)
11:30-12:00	FE-1-10	СОЖ maintenance
11:50-12:05	VCFE2	TOXICITY. Close out ops
12:00-13:00	CDR	Physical Exercise (TVIS) day 4
12:10-12:20	FE 4	Interaction: File prep for downlink
12:20-12:25	= FE-1	SNFM: LAN-1 data recording
12:25-13:00	CDR-10, FE-1	ISS9 / ISS10 handover
12:55-13:00	FE-1-10	KUBIC. Repair and recovery ops. Tagup with specialists (S-band)
13:00-14:00		LUNCH
14:00-15:30	VCFE2, FE-1-10, CDR	Symbolic activity. Signing and stamping envelopes.
14:50-15:00	FE-1	HRF: rack power off
	CDR-10	Equipment prep for PAO
15:00-15:10	CDD 10 FF 1	Crew prep for PAO
15:10-15:30	CDR-10, FE-1	PAO event (Ku+ S-band)

15:30-16:00	CDR	BRADOZ. Hardware teardown and transfer to Soyuz
15:30-16:30	FE-1-10	Physical Exercise (VELO + Force Loader/cycle 1) day 2
15:30-15:50	FE-1	HRF laptop HD replacement
	VCFE2	BRADOZ. Photo imagery of kits before teardown
15:50-16:15	FE-1, CDR-10	Crew handover
15:55-16:40	VCFE2	EKON. Observation and photo imagery
16:05-17:35	CDR	LBNP exercise (Closeout) Tagup with specialists (S-band)
16:15-17:15	CDR-10	Familiarization of Increment 10 crew with the ISS
16:15-16:20	-FE-1	SNFM: registration file 5 transfer
16:20-16:25		SNFM: registration file 4 transfer
16:25-17:20	FE-1 (assist)	LBNP exercise (CLOSEOUT)
16:40-16:50	VCFE2	CONJUGATION. Placement of ice packs in Cryogem -03
16:40-17:00	FE-1-10	IMS file prep
17:00-18:00		KUBIC. Repair and recovery ops. Tagup with specialists (S-band)
17:20-17:30	VCFE2	KUBIC. Photo imagery
17:35-18:35	FE-1	Physical Exercise (RED)
17:35-18:20	CDR	BIORISK. Disassembly of tablet and container and transfer of kit to Soyuz
17:40-18:00	VCFE2	BIORISK. Photo imagery
17:45-18:00	CDR-10	Questionnaire: journal entry
18:00-18:30	ISS10	
18:15-18:45	VCFE2	Daily plan review
18:20-18:45	CDR	
18:30-18:45	ISS10	Private medical conference (S-band)
18:35-18:40	= FE-1	EXPERESS rack 5 Laptop deactivation.
18:40-18:55	-	Questionnaire: journal entry
18:45-19:10	FE-1-10	
18:45-19:15	CDR, CDR-10, VCFE2,	Report prep
18:55-19:15	FE-1	
19:10-19:15	FE-1-10	CRYOGEM -03 temperature monitoring Report to MCC
19:15-19:30		Daily planning conference (S-band)
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

Note: See OSTP for references to US activities

End of radiogram