CREW OFF DUTY

| GMT | CREW | ACTIVITY |
|-------------|---|--|
| 06:00-06:10 | CDR | Morning Inspection. SM ΠCC [Caution & Warning Panel] Test |
| 06:00-06:10 | FE-1 ,FE-3, FE-4 , FE-5,FE-6 | Morning Inspection |
| 06:10-06:40 | | Post-sleep |
| 06:40-07:30 | | BREAKFAST |
| 07:30-07:35 | CDR | Plants-2 Payload Status Check |
| 08:45-10:00 | FE-6 | Physical Exercise (CEVIS) |
| 09:05-10:20 | FE-4 | Physical Exercise (TVIS), Day 2 |
| 09:55-10:00 | FE-5 | Super Sensitive HDTV deactivation after recording |
| 10:00-11:30 | FE-5 | Physical Exercise (ARED) |
| 10:20-11:20 | CDR | Physical Exercise (TVIS), Day 1 |
| 10:25-10:30 | FE-3 | Oxygen Level Check |
| 10:30-11:30 | FE-3 | Physical Exercise (CEVIS) |
| 10:30-10:45 | FE-4 | Private Family Conference (Ku+S-band) |
| 11:30-13:00 | FE-3 | Physical Exercise (ARED) |
| 11:30-12:30 | FE-5 | Physical Exercise (CEVIS) |
| 12:00-13:00 | FE-1 | Physical Exercise (TVIS), Day 1 |
| 12:15-12:30 | CDR | Private Family Conference (Ku+S-band) |
| 12:55-13:00 | FE-4 | On MCC Go ISS O2 Repress from Progress 411 CpΠK (start) |
| 13:00-14:00 | | LUNCH |
| 14:00-14:15 | FE-1 | Private Family Conference (Ku+S-band) |
| 14:00-14:05 | FE-4 | ISS O2 Repress from Progress 411 CpΠK (terminate) |
| 14:05-14:45 | FE-4 | COЖ Maintenance. SM and FGB Flush Counter (СП), Water Supply System (CBO), and POTOK Air Purification System Data Calldowns |
| 14:45-15:15 | CDR | TV Greetings to Tatarstan Educators. Answer to the question from Roskosmos website visitor. <i>To=14:46, T1, T2, T3 from CΠΠ</i> |
| 15:00-15:15 | FE-1,FE-4 | TV Greetings to Tatarstan Educators. Answer to the question from Roskosmos website visitor |
| 15:00-16:15 | FE-6 | Physical Exercise (ARED) |
| 16:00-17:30 | CDR | Physical Exercise (VELO), Day 1 |
| 16:15-17:45 | FE-1 | Physical Exercise (ARED) |
| 16:40-16:55 | FE-3 | Private Family Conference |
| 17:45-19:00 | FE-4 | Physical Exercise (ARED) |
| 18:40-19:05 | CDR,FE-1 , FE-3,FE-5,FE-6 | Evening Work Prep |
| 19:05-19:30 | | Daily Planning Conference (S-band) |
| 19:30-21:25 | FE-6 | Pre-sleep |
| 19:30-21:30 | CDR,FE-1,FE-4, FE-3 | Pre-sleep |
| 19:30-20:30 | FE-5 | Pre-sleep |
| 20:30-20:45 | FE-5 | Private Family Conference (Ku+S-band) |
| 20:45-21:30 | FE-5 | Pre-sleep |

| 21:30-06:00 | | SLEEP |
|-------------|---------------|---|
| Task List | CDR,FE-1,FE-4 | Preparation of reports for Roskosmos site |
| | | SEINER World Ocean Study / r/g 7016 |
| | | ECON. Observations and Photography |
| | | URAGAN. Observations and Photography |

Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
 See OSTP for references to US activities
- 3. Pre-sleep ops: daily food prep, dinner, pre-sleep End of Radiogram