

Activation of Elektron-VM. STARTING ACH-M Test

GMT	CREW	ACTIVITY
08:30-08:40		Morning inspection
08:40-08:55	CDR	Biochemical urine test
08:40-09:10	FE-1	Post-sleep
08:40-08:55	FE-2	
08:55-09:10	FE-2	Biochemical urine test
08:55-09:25	CDR	Post-sleep
09:10-09:20	FE-1	Stowing UROLUX hardware
09:10-09:25	FE-2	Post-sleep
09:20-10:10	FE-1	BREAKFAST
09:25-10:15	CDR, FE-2	
10:10-10:15	FE-1	Prep for Work
10:15-10:30		Daily Planning Conference (<i>S-band</i>)
10:30-11:00	CDR, FE-2	Prep for Work
10:30-10:55	FE-1	
10:55-11:10	FE-1	Taking readings from AOK ГАНК-4M gas analyzer
11:10-11:25		ISS crew and ГОВУ (RSA Flight Control Team) weekly conference (<i>S-band</i>)
11:25-11:35	FE-2	PCS powerdown
11:25-12:25	FE-1	Activation of Elektron-VM (Liquid Unit 009). <i>Tagup with specialists (S-band)</i>
11:35-11:50	FE-2	SSC set up teardown for prebreathe
11:50-12:15	CDR	Post-EVA crew health status - prep
12:15-12:35	CDR assistance, FE-2	Post-EVA crew health status
12:25-12:55	FE-1	COЖ Maintenance
12:35-12:55	CDR, FE-2 assistance	Post-EVA crew health status
12:55-13:10	FE-1	IMS tagup (<i>S-band</i>)
12:55-13:15	FE-2	Post-EVA crew health status – data transfer
12:55-14:25	CDR	Physical Exercise (TVIS + CEVIS)
13:15-14:45	FE-1	Physical Exercise (TVIS) day 1
13:15-13:30	FE-2	Food frequency questionnaire
13:30-13:35		Payload status check /
13:35-13:45		RED bolt maintenance
13:45-14:45		Physical Exercise (RED)
14:25-14:40	CDR	Food frequency questionnaire
14:45-15:45		LUNCH
15:45-16:05	FE-2	Start BSA battery charge
15:45-15:55	CDR	O2 level check

15:50-16:50	FE-1	Testing ПОВ [EVA support panel] in DC1 and ПхО [Transfer Compartment]
16:05-16:20	CDR, FE-2	Post-EVA PMC (<i>Ku + S-band</i>)
16:20-16:25	CDR	OCA SSC router reboot
16:35-16:55	CDR, FE-2	EVA water refill
16:50-17:15	FE-1	Installing ИП-1 flow meters on DC1-[CY] hatch ИП-1 position verification
16:55-17:05	CDR	CWC audit
17:05-18:35	FE-2	Physical Exercise (CEVIS)
17:05-17:10	CDR	Deactivation of CHECS equipment
17:10-17:15		Connecting LTL adapter to LAB1D6 rack to support CDRA activation
17:15-18:15		Physical Exercise (RED)
17:15-17:35	FE-1	Fan Replacement in CO Gas Analyzer. <i>Install fan 1Г2.964.012-02 S/N 203</i> (<i>expected stowage location CM1PO_4_449_1, bag 3ИП ГА. The removed filter – disposal</i>). <i>Note all moves in the IMS</i>
17:40-18:40	FE-1	Physical Exercise (VELO+RED) day 1
18:20-18:40	CDR	IMS Update
18:35-18:40	FE-2	Transfer TVIS/RED/CEVIS/HRM data to MEC
18:40-18:55		Daily Planning Conference (<i>S-band</i>)
18:55-19:10		Evening work prep
19:10-19:20		Daily food prep
19:20-19:40		Flight Director / ISS Crew Tagup (<i>S-band</i>)
19:40-20:00		Daily food prep
20:00-20:30		DINNER
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	FE-1	Search for CO2 Filter Unit
		ТБУ (Universal Bioengineering Thermostat). Temperature check
		RASTENIYA-2. Payload status check

Note: See OSTP for references to US activities.

End of Radiogram