

CREW OFF DUTY

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-09:05		Weekly housekeeping
09:05-09:30		TV conference for the youth's COSMOPORT project (To= 09:09, T1, T2, T3 from СПП)
09:30-10:55		Weekly housekeeping
10:55-11:10	FE-1	URAGAN. Observation and photo imagery
11:20-12:50	CDR	Physical Exercise (RED)
11:20-12:50	FE-1	Physical Exercise (TVIS) day 1
12:50-13:20		Weekly planning conference (<i>S-band</i>)
13:20-14:20		LUNCH
14:20-14:40	CDR	Reboot all PCS (once a week)
14:40-14:45		Reboot SSC OCA router
14:40-14:45		Carbon dioxide level monitoring
16:00-16:35		Miscible fluids in microgravity, Experiment 3
17:15-18:15		Physical Exercise (CEVIS)
18:00-18:30	FE-1	COЖ maintenance / Inspection of БРПК separator
18:15-18:20	CDR	TVIS/RED/HRM data transfer to MEC
18:25-18:35		Miscible fluids in microgravity, Experiment 3 – stow equipment
18:30-19:30	FE-1	Physical Exercise (TVIS) day 1
19:30-20:00		DINNER
20:00-20:30		Daily ration prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	FE-1	PULSE. Experiment ops

Note: See OSTP for reference to US activities

End of radiogram