

**PROGRESS 359 - DC1 INTERFACE LEAK CHECK**

GMT	CREW	ACTIVITY
15:30-15:40	.	Morning inspection
15:40-16:10	.	Post-sleep
16:10-16:55	.	BREAKFAST
16:55-17:10	.	Daily Planning Conference ( <i>S-band</i> )
17:10-17:40	FE-2	Prep for Work
17:10-17:35	CDR	Prep for Work
17:10-18:25	FE-1	Progress 359 - DC1 Interface Leak Check
17:35-17:55	CDR	TRAC - hardware setup
17:40-17:45	FE-2	Connect DCP power cable
17:45-19:45	FE-2	SVO (Water Supply System) equipment audit
17:55-18:05	CDR	TRAC - video equipment set up
18:05-18:40	CDR	TRAC - data
18:25-18:45	FE-1	Open DC1-CY and Progress-CY transfer hatches
18:40-19:40	CDR	Physical Exercise (RED)
18:45-19:05	FE-1	Installing quick release screw clamps
19:05-19:40	FE-1	Progress 359 deactivation, air duct installation
19:40-20:20	FE-1 CDR- assists	Orthostatic Stability Evaluation with LBNP <b>To=19:59</b> . <i>Tagup with specialists (S-band)</i>
19:45-21:10	FE-2	OUM-PFE – hardware installation
20:20-21:20	FE-1	LBNP Exercise (PRELIMINARY). <i>Tagup with specialists (S-band)</i>
20:20-20:40	CDR- assists	
20:40-20:55	CDR	UROLUX hardware setup
20:55-21:10	CDR	Verify that Email for ISS Crew Accounts Works Properly
21:10-21:40	FE-2	OUM-PFE – evaluation protocol
21:10-21:40	CDR	OUM-PFE - operator
21:20-21:30	FE-1	Progress 359 deactivation, air duct installation
21:30-22:10	FE-1	CKB1 Condensate Transfer Recovery
21:40-22:10	CDR	TVIS Accessory Kit Consolidation
21:40-22:15	FE-2	OUM-PFE deactivation and stowage 1
22:15-23:15	CDR	LUNCH
22:20-23:20	FE-1, FE-2	LUNCH
23:15-23:35	CDR	Crew departure prep
23:20-00:20	FE-1	Equipment prepack for return on Soyuz
23:20-23:50	FE-2	SVO-ZV [CBO-3B] water sampling to Russian drink bags (CM1PO_4_434_1)
23:35-23:40	CDR	HAM radio setup
23:40-23:50	CDR	HAM radio session
23:50-00:30	CDR	Crew departure prep
23:50-00:20	FE-2	COЖ Maintenance
00:20-00:55	FE-1	TRAC - data

00:20-00:40	FE-2	IMS Update
00:30-02:00	CDR	Physical Exercise (TVIS + CEVIS)
00:40-01:15	FE-2	PHS Hardware and Blood Lab Setup
00:55-02:25	FE-1	Physical Exercise (TVIS), day 4
01:15-01:25	FE-2	OUM-PFE Laptop power down
01:25-02:10	FE-2	Download Internal Wireless Integrated System (IWIS) data from the RSUs
02:00-03:30	CDR	Gathering equipment to be stowed in PMA2
02:10-03:40	FE-2	Physical Exercise (RED)
02:40-03:40	FE-1	Crew departure prep
03:30-03:45	CDR	TRAC - equipment stow
03:40-03:45	FE-2	Transfer TVIS/RED/CEVIS/HRM data to MEC
03:40-04:00	FE-1	Evening work prep
03:45-04:00	CDR, FE-2	Evening work prep
04:00-04:15	.	ISS14/ISS15 Crew Conference ( <i>S-band</i> )
04:20-04:40	.	Evening work prep
04:40-04:55	.	Daily Planning Conference ( <i>S-band</i> )
05:00-05:30	.	DINNER
05:30-06:00	.	Daily Food Prep
06:00-07:00	.	Pre-sleep
07:00-15:30	.	SLEEP
<b>Task List</b>	FE-1	TBY (Universal Bioengineering Thermostat). Temperature check
		URAGAN. Observations and photography
		PLANTS-2. Payload Status Check

**Note:** See OSTP for references to US activities.

End of Radiogram