

SM Ventilation System Preventive Maintenance. Medical Monitoring

GMT	CREW	ACTIVITY
06:00-06:10	FE-1,FE-2	Morning inspection
06:00-06:10	CDR	SONOCARD. Experiment (termination)
06:10-06:20		Morning inspection
06:10-06:40	FE-2,FE-1	Post-sleep
06:20-06:40	CDR	Post-sleep
06:40-07:30	.	BREAKFAST
07:30-07:40	CDR	Post-sleep
07:30-07:50	FE-1,FE-2	Prep for work
07:40-08:00	CDR	Prep for work
07:50-08:20	FE-1	Harmful contaminant measurements using CMS in SM
07:50-08:05	FE-2	SPHERE sample cooling
08:00-08:10	CDR	Elektron activation and temperature monitoring via БД
08:05-08:20	FE-2	Food questionnaire
08:20-08:35	.	Daily planning conference (<i>S-band</i>)
08:35-08:45	FE-1	Prep for work
08:35-08:50	CDR	SONOCARD. Copy Data to RSE-MED Laptop
08:40-10:10	FE-2	Physical exercise (RED)
08:50-09:20	FE-1	FGB protective enclosure transfer to ATV
08:50-10:50	CDR	SM Ventilation System Preventive Maintenance (BB1PO, BB2PO)
09:20-11:20	FE-1	Installation of protective enclosures in zones 16+19 (panels 224+225)
10:10-11:10	FE-2	Physical exercise (CEVIS)
10:50-11:10	CDR	HAM radio station test using RSK2 computer. <i>Tagup with specialists (as necessary) (S-band)</i>
11:10-12:40	CDR	Physical Fitness Evaluation (on treadmill)
11:20-11:35	FE-1	[AOK] ГАНК-4М data readout
11:30-11:50	FE-2	JPM – laptop deactivation
11:35-11:50	FE-1	ИП-1 position verification
11:50-12:50	FE-1	Physical exercise (CEVIS+RED)
11:50-12:10	FE-2	Intermodule ventilation jumper removal
12:10-12:50		Node2/JPM vestibule leak-check (start)
12:40-12:45	CDR	TVIS weekly bearings maintenance
12:50-13:50	.	LUNCH
13:50-15:40	FE-1	Installation of protective enclosures in zones 16+19 (panels 224+225)
13:50-14:20	FE-2,CDR	DOUG software review
14:20-14:50	CDR	Crew Medical Officer proficiency training
14:20-14:25	FE-2	PAO equipment prep
14:25-14:35		PAO crew prep
14:35-14:55		PAO event (<i>Ku+S-band</i>)

14:50-16:35	CDR	SM ventilation preventative maintenance
14:55-15:00	FE-2	PAO equipment powerdown
15:10-15:20		MSG – activation
15:20-15:40		SHERE – powerup
15:40-15:55		SHERE - CGBA access prior to run
15:50-16:20	FE-1	Stowage of dry cargo items in ATV
15:55-16:30	FE-2	SHERE – installation of module with liquid, run 1
16:20-16:40	FE-1	IMS update
16:35-17:00	FE-2	SHERE – retrieval of module with liquid
16:35-17:35	CDR	Physical exercise (CEVIS+RED)
16:40-18:10	FE-1	Physical Fitness Evaluation (on treadmill)
17:00-17:15	FE-2	SHERE - CGBA access after run
17:15-17:20		SHERE – data transfer
17:20-18:20		OUM-PFE – equipment installation
17:35-18:10	CDR	COЖ maintenance
18:10-18:15	FE-1	TVIS/RED/HRM data transfer to MEC
18:10-18:15	CDR	On MCC Go O2 repress from Progress No. 364 CPГK (start)
18:15-19:10	CDR	Prep for work
18:15-19:15	CDR,FE-1	Prep for work
18:20-18:35	FE-2	SHERE – powerdown
18:35-18:40		Downlink of SHERE files via OCA
18:40-18:45		HAM radio equipment setup
18:45-18:55		HAM radio session
18:55-19:00		MSG – powerdown
19:00-19:15		Prep for work
19:10-19:15	CDR	O2 repress from Progress No. 364 CPГK (starend)
19:15-19:30	.	Daily planning conference (<i>S-band</i>)
19:30-20:00	.	DINNER
20:00-20:30	.	Daily food prep
20:30-21:30	.	Pre-sleep
21:30-06:00	.	SLEEP

Notes:

1. SM Window #9 shutter opening is at crew discretion with **Report to MCC**
 2. See OSTP for references to US activities.
 3. ***Tagups with specialists (as necessary) during all enclosure installation activities over S-band – See OSTP***
- End of Radiogram