

TORU TRAINING

GMT	CREW	ACTIVITY
06:00-06:10		Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:45		Daily Planning Conference (<i>S-band</i>)
07:45-08:05		Prep for Work
08:05-11:05	CDR,FE-1	TORU Training. <i>Tagup with specialists (S-band)</i>
08:05-09:35	FE-2	Physical Exercise (TVIS)
09:35-10:35		Physical Exercise (RED)
10:35-10:55		CDRA tagup (<i>S-band</i>)
10:55-13:05		Hardware prepack for return on Shuttle flight 13A.1
11:05-12:05	CDR	Physical Exercise (RED), day 3
	FE-1	Physical Exercise (VELO), day 3
12:05-13:05	CDR,FE-1	Install Progress 359 Docking Mechanism
13:05-14:05	.	LUNCH
14:05-14:10	FE-1	On MCC Go ISS O2 repress from Progress 359 CpПK (start)
14:05-14:45	CDR	COЖ Maintenance
14:05-15:15	FE-2	Hardware prepack for return on Shuttle flight 13A.1
14:10-15:10	FE-1	
15:10-16:10	CDR	Deinstallation of Local Temperature Sensor Switching Unit ЛКТ (TA251МБ) and ROM from Progress 359
15:10-15:15	FE-1	ISS O2 repress from Progress 359 CpПK (terminate)
15:15-16:15	FE-2	13A.1 Timeline Review
15:15-15:35	FE-1	PLANTS-1. Data collection and downlink
15:35-15:50		UROLUX hardware setup
16:10-16:50	CDR,FE-1	Study of cardiac bioelectric activity at rest. (CDR is the first subject, To=16:23) <i>Tagup with specialists (VHF)</i>
16:40-17:40	FE-2	RED cable replacement
16:50-18:20	FE-1	Physical Exercise (CEVIS), day 3
	CDR	Physical Exercise (TVIS), day 3
17:40-18:25	FE-2	On-orbit calibration of RED
18:20-19:00	FE-1	Evening work prep
18:20-18:40	CDR	IMS Update
18:25-18:30	FE-2	Transfer TVIS/RED/CEVIS data to MEC
18:30-19:00		Evening work prep
18:40-19:00	CDR	
19:00-19:15		Daily Planning Conference (<i>S-band</i>)
19:15-19:30		Evening work prep
19:30-20:00		DINNER
20:00-20:30		Daily Food Prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

Task List	CDR,FE-1	RS ISS Audit in the current day work area
		RS ISS Module Photo/Video

Note: See OSTP for references to US activities.

End of Radiogram