Form 24 for 09/22/03

Radiogram No. 6527u Transition from [OCK] to [PCO]

GMT	Crew	Activity
06:00-06:10		Morning inspection
06:10-06:20	CDR	MO-8. Hardware setup
06:10-06:20	FE -1 CDR	Calf volume measurement
06:20-06:30		
06:20-06:35	FE -1 CDR	Body mass measurement
06:35-06:50		
06:35-07:05	FE -1	Post-sleep
06:50-07:00	CDR	MO-8. Closeout operations
07:00-07:15		Post-sleep
07:05-07:55	FE -1	BREAKFAST
07:15-07:55	CDR	BREARFAST
07:55-08:25		Prep for work
08:25-08:40		Daily planning conference (S-band)
08:40-09:25		FGB hardware and structure surface sampling
09:25-10:30	CDR	[CB] cleaning, group A
09:25-10:55	FE -1	Fluid dynamics experiment training
10:30-11:30	CDR	ΠΦ1-4 cartridge replacement in SM (Stowed in bags behind FGB pan. 113, Report to MCC-M numbers of the installed ones)
11:00-11:05	FE -1	Connecting UOP bypass cable to RWS indicator and command panel
11:05-11:15		Expedition 7 daily payload status check
11:15-12:30		Physical exercise (TVIS)
11:35-12:35	CDR	Physical exercise (Velo + Load Trainer-1/Day 2)
12:30-12:35	FE -1	TVIS weekly maintenance
12:35-13:35		LUNCH
13:35-14:05	CDR	Maintenance of СОЖ
13:35-16:15	FE -1	Node 1 – fire port inspection and photographing
14:05-15:35	CDR	"Pillet" hardware setup and activation / Tagup with a specialist (S-band)
15:40-16:00		IMS file prep
16:00-17:30		Physical exercise (TVIS), day 2
16:15-17:30	FE -1	Physical exercise (RED)
17:30-18:15		DOUG review
18:15-18:45		Daily plan review
18:45-19:00		Daily planning conference (S-band)
19:00-19:30		Prep for work
19:30-20:00		Daily food prep
20:00-20:30		DINNER
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

Note: See OSTP for references to US activities

End of radiogram