

GMT	Crew	ACTIVITY
08:30-08:40		Morning Inspection
08:40-08:50	VCCDR,VCFE1	VIRUS. Saliva Sampling
08:40-08:55	VCFE2	Post-Sleep
08:50-09:10	VCCDR,VCFE1	Post-Sleep
08:55-09:10	VCFE2	URAGAN. Observation and imagery
09:10-10:00		Breakfast
10:00-10:15	VCFE2,VCCDR	SLEEP. Completion of Questionnaire
10:00-10:10	VCFE1	NANOSLAB – power down
10:15-10:25		MESSAGE. Biological strain incubation
10:15-10:30	VCCDR,VCFE2	Work Prep
10:30-10:45		Daily Planning Conference (<i>S-band</i>)
10:45-11:00	VCFE1	SLEEP. Completion of Questionnaire
10:45-12:30	VCCDR	Stowage of Return Cargo on Soyuz -TM34
11:05-11:35	VCFE1	NANOSLAB – equipment stowage
11:35-12:00	VCFE2	COSMIC – imagery
11:35-12:15	VCFE1	COSMIC – hardware installation
12:00-12:30	VCFE2	NEUROCOG. Equipment Prep
12:15-12:35	VCFE1	COSMIC – MSG operations
12:30-13:15	VCCDR,VCFE2	NEUROCOG. Halley Hardware Prep for FE2
12:50-12:55	VCFE1	COSMIC – Equipment Power Down
12:55-13:10		COSMIC – Operations 2 with MSG
13:10-13:20		COSMIC - MSG Operations
13:15-13:40	VCFE2	NEUROCOG. Virtual Turns in Free Float
13:30-13:40	VCCDR	NEUROCOG. Virtual Turns in Free Float for FE2
13:35-13:40	VCFE1	COSMIC – Equipment Power Down
13:40-13:55		COSMIC – Operations 3 with MSG
13:40-14:05	VCFE2,VCCDR	NEUROCOG. Virtual Turns in Free Float for FE2
13:55-14:05	VCFE1	COSMIC – MSG Operations
14:05-14:35	VCFE2	НЕЙРОКОГ. Заключительные операции
14:10-14:20	VCFE1	PROMISS - замена пленки
14:20-14:25		COSMIC – Equipment Power Down
14:25-14:40		COSMIC - Operations 4 with MSG Chamber
14:35-15:00	VCFE2,VCCDR	NEUROCOG. Orientation free-float for FE2
14:40-14:50	VCFE1	COSMIC – MSG box operations
15:00-15:20	VCFE2	NEUROCOG. Orientation from a fixed position for FE2
15:00-15:10	VCCDR	NEUROCOG. Orientation from a fixed position for FE2
15:05-15:10	VCFE1	COSMIC – Equipment Power Down
15:15-15:30		E-mail Ops
15:20-15:40	VCFE2	NEUROCOG. Final Operations, Equipment Power Down, Tear Down for FE2
15:30-16:30	VCCDR,VCFE1	Lunch
15:40-16:35	VCFE2	

16:30-19:30	VCCDR	Transfer of Return Hardware to Soyuz-TM34
16:30-16:45	VCFE1	COSMIC – Operations 5 with MSG
16:35-17:05	VCFE2	URAGAN. Operations and Imagery
16:45-16:55	VCFE1	COSMIC – MSG Box Operations
17:05-17:35	VCFE2	Imagery
17:10-17:15	VCFE1	COSMIC – Equipment Power Down
17:15-17:30		COSMIC – Operations 6 with MSG
17:30-17:40		COSMIC –MSG Box Operations
17:55-18:10		COSMIC – Film Removal
18:00-19:20	VCFE2	Stowage of Return Cargo
18:10-18:30	VCFE1	COSMIC – Equipment Stowage
18:30-19:10		CARDIOCOG-NEUROCOG. Transfer of Data from EGE2 HDD
19:20-19:35		Private Medical Conference (<i>VHF2</i>)
19:20-19:45	VCFE2	DIATOMEIA. Ocean Observations
19:30-19:45	VCCDR	PAO TV Downlink Prep
19:35-19:45	VCFE1	
19:45-20:00		TV PAO Event. Conference with Belgian Prime Minister (<i>Ku-band</i>)
20:40-20:55	VCFE2	Belgian TV PAO Prep (T₀=20:40, T1, T2, T3 from CПП Automated Timeline)
20:55-21:10	VCFE1	Daily Planning Conference (<i>VHF2</i>)
20:55-21:05	VCFE2	Belgian TV PAO
21:05-21:45		LSO. Equipment Installation. Measurement Start
21:25-21:40	VCFE1	Private Conference Using IP-Phone (<i>Ku-band</i>)
21:45-22:15		Review o Next Day's Plan
22:15-22:35		Report Prep
22:35-22:50		Daily Planning Conference (<i>VHF</i>)
22:50-23:00		Report Prep
23:00-23:30		Supper
23:30-23:40	VCCDR	Daily Food Prep
23:30-00:00	VCFE2,VCFE1	
23:40-00:00	VCCDR	SYMPATO. Equipment Prep
00:00-00:50	VCFE2	Pre-Sleep
00:00-01:00	VCFE1,VCCDR	
00:50-01:00	VCFE2	Camcorder Battery Charging for VC (for DVCAM or DSR PD-150P).
01:00-09:30		Sleep

Note: Cf. OSTP for any missing references to US activities
End of Radiogram