PLASMA CRYSTAL-3 / Disabling & Enabling ??-?? Mode (TM-cnctr ??-1)

GMT	Crew	Activity / ODF or R/G
06:00-06:10		Morning inspection
06:10-06:40		Personal hygiene (post-sleep)
06:40-07:00	FE-1, PLT	PHARMA: starting ops / ? ?, item 6.1, pages 6-2 to 6-6
06:40-07:30	CR-2, CDR	BREAKFAST
07:00-07:30	CR-3, CR-1	PLASMA CRYSTAL-3: video downlink / r/g 2161u
07:10-07:25	FE-1, PLT	PHARMA: collecting saliva samples / ? ?, item 6.2, page 6-7
07:10-07:25	CR-2	CR-2/Cite de l'Espace conference
07:30-08:10	CR-3, CR-1	BREAKFAST
07:30-08:00	CDR	Work prep
07:30-07:35	FE-1, PLT	PHARMA: collecting saliva samples / ? ?, item 6.2, page 6-7
07:45-07:50		
07:50-08:00	PLT	Dreamtime: battery installation
08:00–08:15	CDR	Daily planning conference
08:00-08:05	FE-1, PLT	PHARMA: collecting saliva samples / ? ?, item 6.2, page 6-7
08:05–08:45	,	BREAKFAST
08:10-08:50	CR-3	PLASMA CRYSTAL-3: pre-run vacuum purge (start) / r/g 2161u
08:10-08:30	CR-1	Prep for TV conference / ??? ??, pages 2-5 to 2-6, item 2.4
08:15–08:25	CDR	HRF Rack powerup
08:25-08:40	CDR	ICE: hammer test
08:30-09:10	CR-1, CR-2	TV Bridge with the head of the French Ministry For Research
08:40-08:55	CDR	Experiment of Physics of Colloids in Space (EXP PCS)
08:45–08:55	FE-1	Regeneration of ? 2 absorption cartridge in ??? (end) / ??????, item 7.3, steps 2, 4, pages 7-4, 7-5
08:55–09:20	CDR	LAB payload daily status check
09:00-09:05	FE-1, PLT	PHARMA: collecting saliva samples / ? ?, item 6.2, page 6-7
09:05–09:25	FE-1, PLT	PHARMA: Reflotron analysis / ? ?, item 6.3, page 6-8 ?? 6-14
09:10-09:20	CR-1	PHARMA: payload photography / r/g 2165u
09:10-09:30	CR-2	AQUARIUS: embryo fixation / SM ANDROMEDE, item 1.3 + r/g2174u
09:25–09:45	CDR	ICE: hammer test
09:25–09:45	FE-1, PLT	PHARMA: Reflotron concluding ops / ? ?, item 6.4, page 6-15
09:30–13:10	VC ¹	Symbolic PAO activity. Recording symbolic activity
09:45–11:45	CDR	SSC network test / r/g 1938u + OCA
09:45–10:15	PLT	Sound level meter (SLM) test
09:45–11:00	FE-1	SSC network test / r/g 1938u + OCA
10:15–10:30	CR-2	Private medical conference
10:15–10:30	PLT	Transfer of SLM data to MEC
10:30–10:40		Recording audiogram with MEC and EARQ (hardware setup)

¹ VC – Visiting Crew (*translator's note*)

10.40-11:00 Recording audiogram with EARQ s/w	10.10.11.00		D " " FADO /
11:05-11:45 FE-1 SSC network test / r/g 1938u + OCA 11:05-11:15 PLT		 	
11:05-11:15			
Installation of directional air flow sensors ??-1 on hatch ???-?? (-Y) / r/g 2155u		FE-1	
11:20-11:50	11:05–11:15	PLT	
11:45-12:05 FE-1 Recording audiogram with EARQ s/w 11:50-12:00 PLT Mating ?? ?-connectors to ????2-12 / r/g 2155u 12:00-13:00 FE-1 Physical exercise (active rest) 12:45-12:55 CDR Weekly TVIS maintenance 13:00-13:10 FE-1, PLT PHARMA: collecting saliva samples / packing for return / ??, item 6.2, page 6-7 13:00-13:10 CDR HRF Rack powerdown 13:10-14:10 LUNCH 14:10-16:10 CDR, FE-1 SSRMS ops 14:10-14:40 PLT Installation of ????-1 sensors (2 items) / r/g2170u 14:10-16:55 CR-2 Recording video documentary: life onboard ISS / r/g2157u 14:40-15:20 PLT INTERACTIONS: data collection (PLT) 15:15-16:10 CR-3 PLASMA CRYSTAL-3: experiment setup / r/g 2161u 15:30-15:40 PLT Dreamtime: battery stowage Maintenance of ??? 16:10-16:30 CDR Recording audiogram with EARQ s/w 16:10-17:35 CR-3 PLASMA CRYSTAL-3: experiment run / r/g 2161u 16:10-17:35 CR-3 PLASMA CRYSTAL-3: experiment run / r/g 2161u 16:10-18:15 CR-1 PLASMA CRYSTAL-3: experiment run / r/g 2161u 16:10-18:15 CR-2 Physical exercise (RED) 16:55-17:55 CR-2 EAC: determining cosmonaut health status by alternative methods / R/G 17:35-18:15 CR-2 EAC: determining cosmonaut health status by alternative methods / R/G 17:35-18:15 CR-2 AQUARIUS: embryo fixation / SM ANDROMEDE, Item 1.3 + r/g2174u 17:35-18:15 CR-2 AQUARIUS: embryo fixation / SM ANDROMEDE, Item 1.3 + r/g2174u 18:05-18:15 CR-1 Charging camcorder battery / ?????, item 3.2, page 3-2 18:15-18:50 Reviewing plan for the next day 18:05-19:30 Report prep Daily food ration prep	11:20–11:50		
Mating ?? ?-connectors to ?????-12 / r/g 2155u	11:45–12:45	CDR	Physical exercise (TVIS)
Physical exercise (active rest) 12:05-13:00 FE-1 PHARMA: collecting saliva samples / packing for return / ? ? , item 6.2, page 6:7 13:00-13:10 CDR HRF Rack powerdown 13:10-14:10 LUNCH LUNCH 14:10-16:10 CDR, FE-1 SSRMS ops 14:10-14:40 PLT Installation of ????-1 sensors (2 items) / r/g2170u 14:10-16:55 CR-2 Recording video documentary: life onboard ISS / r/g2157u 14:10-17:10 CR-1 INTERACTIONS: data collection (PLT) 15:15-16:10 CR-3 PLASMA CRYSTAL-3: experiment setup / r/g 2161u 15:30-15:40 PLT Maintenance of ??? 16:10-16:30 CDR Recording audiogram with EARQ s/w 16:10-17:30 CR-3 PLASMA CRYSTAL-3: experiment run / r/g 2161u 16:10-17:30 CR-3 PLASMA CRYSTAL-3: experiment run / r/g 2161u 16:10-17:35 CR-3 PLASMA CRYSTAL-3: experiment run / r/g 2161u 16:15-18:15 CDR Physical exercise (RED) 16:55-17:55 CR-2 EAC: determining cosmonaut health status by alternative methods / R/G 17:00-18:15 FE-1 Physical exercise (active rest) 17:15-18:15 PLT Physical exercise (active rest) 17:35-18:05 CR-1 DIATOMEA: study of world's oceans / r/g2173u 17:35-18:05 CR-2 AQUARIUS: embryo fixation / SM ANDROMEDE, item 1.3 + r/g2174u 17:55-18:15 CR-2 AQUARIUS: embryo fixation / SM ANDROMEDE, item 1.3 + r/g2174u 18:05-18:30 Reviewing plan for the next day 18:05-19:30 Report prep 19:30-20:00 DINNER 20:00-20:30 VC, FE-1, Daily food ration prep	11:45–12:05	FE-1	Recording audiogram with EARQ s/w
12:00-13:00 Physical exercise (active rest) 12:05-13:00 FE-1 Physical exercise (active rest) 12:45-12:55 CDR Weekly TVIS maintenance 13:00-13:10 FE-1, PLT PHARMA: collecting saliva samples / packing for return / ? ?, item 6.2, page 6-7 13:00-13:10 CDR HRF Rack powerdown 13:10-14:10 LUNCH SSRMS ops 14:10-16:10 CDR, FE-1 SSRMS ops 14:10-16:55 CR-2 Recording video documentary: life onboard ISS / r/g2157u 14:10-17:10 CR-1 INTERACTIONS: data collection (PLT) 15:15-16:10 CR-3 PLASMA CRYSTAL-3: experiment setup / r/g 2161u 15:30-15:40 PLT Maintenance of ? ? ? 16:10-16:30 CDR Recording audiogram with EARQ s/w 16:10-17:30 CR-3 PLASMA CRYSTAL-3: experiment run / r/g 2161u 16:10-17:35 CR-3 PLASMA CRYSTAL-3: experiment run / r/g 2161u 16:10-17:35 CR-3 PLASMA CRYSTAL-3: experiment run / r/g 2161u 16:15-17:55 CR-2 EAC: determining cosmonaut health status by alternative methods / R/G 17:00-18:15 FE-1 Physical exercise (active rest) 17:15-18:15 PLT Physical exercise (active rest) 17:35-18:05 CR-3 PLASMA CRYSTAL-3: concluding ops / r/g2173u 17:35-18:05 CR-3 PLASMA CRYSTAL-3: concluding ops / r/g2173u 17:35-18:05 CR-3 PLASMA CRYSTAL-3: concluding ops / r/g2173u 17:35-18:05 CR-1 DIATOMEA: study of world's oceans / r/g2173u 17:35-18:05 CR-2 AQUARIUS: embryo fixation / SM ANDROMEDE, item 1.3 + r/g2174u 18:05-18:15 CR-2 Charging camcorder battery / ?????, item 3.2, page 3-2 18:15-18:50 Daily planning conference 19:00-20:20 DINNER 20:00-20:30 PLT Daily food ration prep	11:50–12:00	PI T	Mating ?? ? -connectors to ?????2-12 / r/g 2155u
12:45-12:55 CDR Weekly TVIS maintenance 13:00-13:10 FE-1, PLT PHARMA: collecting saliva samples / packing for return / ? ?, item 6.2, page 6-7 13:00-13:10 CDR HRF Rack powerdown 13:10-14:10 LUNCH 14:10-16:10 CDR, FE-1 SSRMS ops 14:10-14:40 PLT Installation of ????-1 sensors (2 items) / r/g2170u 14:10-16:55 CR-2 Recording video documentary: life onboard ISS / r/g2157u 14:10-17:10 CR-1 INTERACTIONS: data collection (PLT) 15:15-16:10 CR-3 PLASMA CRYSTAL-3: experiment setup / r/g 2161u 15:30-15:40 PLT Dreamtime: battery stowage Maintenance of ??? 16:10-16:30 CDR Recording audiogram with EARQ s/w 16:10-17:00 FE-1 PLASMA CRYSTAL-3: experiment run / r/g 2161u 16:10-17:35 CR-3 PLASMA CRYSTAL-3: experiment run / r/g 2161u 16:155-17:55 CR-2 EAC: determining cosmonaut health status by alternative methods / R/G 17:00-18:15 FE-1 Physical exercise (active rest) 17:15-18:15 PLT Physical exercise (active rest) 17:35-18:05 CR-3 PLASMA CRYSTAL-3: concluding ops / r/g 2173u 17:35-18:05 CR-1 DIATOMEA: study of world's oceans / r/g2173u 17:35-18:05 CR-3 PLASMA CRYSTAL-3: concluding ops / r/g 2161u 17:55-18:15 CR-1 Charging camcorder battery / ?????, item 3.2, page 3-2 18:15-18:50 Reviewing plan for the next day 18:05-18:15 CR-1 Charging camcorder battery / ?????, item 3.2, page 3-2 18:15-18:50 Reviewing plan for the next day 19:30-20:00 DINNER 20:00-20:25 CDR Daily food ration prep	12:00-13:00		Physical exercise (active rest)
13:00-13:10 FE-1, PLT PHARMA: collecting saliva samples / packing for return / ? ?, item 6.2, page 6.7 13:00-13:10 CDR HRF Rack powerdown 13:10-14:10 LUNCH LUNCH 14:10-16:10 CDR, FE-1 SSRMS ops 14:10-14:40 PLT Installation of ????-1 sensors (2 items) / r/g2170u 14:10-16:55 CR-2 Recording video documentary: life onboard ISS / r/g2157u 14:10-17:10 CR-1 INTERACTIONS: data collection (PLT) 15:15-16:10 CR-3 PLASMA CRYSTAL-3: experiment setup / r/g 2161u 15:30-15:40 PLT Dreamtime: battery stowage Maintenance of ??? 16:10-16:30 CDR Recording audiogram with EARQ s/w 16:10-17:00 FE-1 PLASMA CRYSTAL-3: experiment run / r/g 2161u 16:10-17:35 CR-3 PLASMA CRYSTAL-3: experiment run / r/g 2161u 16:155-17:55 CR-2 EAC: determining cosmonaut health status by alternative methods / R/G 17:00-18:15 FE-1 Physical exercise (active rest) 17:15-18:15 PLT Physical exercise (active rest) 17:35-18:05 CR-3 PLASMA CRYSTAL-3: concluding ops / r/g 2161u 17:35-18:05 CR-3 PLASMA CRYSTAL-3: concluding ops / r/g 2161u 17:35-18:15 CR-2 AQUARIUS: embryo fixation / SM ANDROMEDE, item 1.3 + r/g2174u 18:05-18:15 CR-1 Charging camcorder battery / ??? ?? , item 3.2, page 3-2 18:15-18:50 Reviewing plan for the next day 18:05-19:30 Report prep 19:30-20:00 DINNER 20:00-20:25 CDR Daily food ration prep	12:05–13:00	FE-1	Physical exercise (active rest)
13:00-13:10 FE-1, PL1 6-7 13:00-13:10 CDR HRF Rack powerdown 13:10-14:10 LUNCH LUNCH SSRMS ops 14:10-14:40 PLT Installation of ????-1 sensors (2 items) / r/g2170u 14:10-16:55 CR-2 Recording video documentary: life onboard ISS / r/g2157u 14:10-17:10 CR-1 INTERACTIONS: data collection (PLT) 15:15-16:10 CR-3 PLASMA CRYSTAL-3: experiment setup / r/g 2161u 15:30-15:40 PLT Dreamtime: battery stowage Maintenance of ??? Maintenance of ??? Maintenance of ??? Maintenance of ??? PLASMA CRYSTAL-3: experiment run / r/g 2161u 16:10-17:30 CR-3 PLASMA CRYSTAL-3: experiment run / r/g 2161u 16:10-17:35 CR-3 PLASMA CRYSTAL-3: experiment run / r/g 2161u 16:10-17:35 CR-3 PLASMA CRYSTAL-3: experiment run / r/g 2161u 16:55-17:55 CR-2 EAC: determining cosmonaut health status by alternative methods / R/G 17:00-18:15 FE-1 Physical exercise (active rest) 17:15-18:15 PLT Physical exercise (active rest) 17:35-18:05 CR-3 PLASMA CRYSTAL-3: concluding ops / r/g 2161u 17:35-18:05 CR-3 PLASMA CRYSTAL-3: concluding ops / r/g 2161u 17:55-18:15 CR-2 AQUARIUS: embryo fixation / SM ANDROMEDE, item 1.3 + r/g2174u 18:05-18:15 CR-1 Charging camcorder battery / ??? ?? , item 3.2, page 3-2 18:15-18:50 Reviewing plan for the next day 18:05-19:30 Report prep Daily planning conference 19:05-19:30 Report prep Daily food ration prep Da	12:45–12:55	CDR	Weekly TVIS maintenance
13:10-14:10	13:00–13:10	FE-1, PLT	
14:10–16:10 CDR, FE-1 SSRMS ops 14:10–14:40 PLT Installation of ????-1 sensors (2 items) / r/g2170u 14:10–16:55 CR-2 Recording video documentary: life onboard ISS / r/g2157u 14:10–17:10 CR-1 INTERACTIONS: data collection (PLT) 15:15–16:10 CR-3 PLASMA CRYSTAL-3: experiment setup / r/g 2161u 15:30–15:40 PLT Dreamtime: battery stowage Maintenance of ??? Maintenance of ??? 16:10–17:30 CDR Recording audiogram with EARQ s/w 16:10–17:35 CR-3 PLASMA CRYSTAL-3: payload photography / r/g 2161u 16:10–17:35 CR-3 PLASMA CRYSTAL-3: experiment run / r/g 2161u 16:45–18:15 CDR Physical exercise (RED) 16:55–17:55 CR-2 EAC: determining cosmonaut health status by alternative methods / R/G 17:00–18:15 FE-1 Physical exercise (active rest) 17:15–18:15 PLT Physical exercise (active rest) 17:35–18:05 CR-1 DIATOMEA: study of world's oceans / r/g2173u 17:35–18:15 CR-2 AQUARIUS: embryo fixation / SM ANDROMEDE, item 1.3 + r/g2174u 18:0	13:00–13:10	CDR	HRF Rack powerdown
14:10–14:40 PLT Installation of ?????-1 sensors (2 items) / r/g2170u 14:10–16:55 CR-2 Recording video documentary: life onboard ISS / r/g2157u 14:10–17:10 CR-1 INTERACTIONS: data collection (PLT) 15:15–16:10 CR-3 PLASMA CRYSTAL-3: experiment setup / r/g 2161u 15:30–15:40 PLT Dreamtime: battery stowage 16:10–16:30 CDR Recording audiogram with EARQ s/w 16:10–17:00 FE-1 PLASMA CRYSTAL-3: payload photography / r/g 2161u 16:45–18:15 CDR Physical exercise (RED) 16:55–17:55 CR-2 EAC: determining cosmonaut health status by alternative methods / R/G 17:00–18:15 FE-1 Physical exercise (active rest) 17:15–18:15 PLT Physical exercise (active rest) 17:35–18:05 CR-1 DIATOMEA: study of world's oceans / r/g2173u 17:55–18:15 CR-2 AQUARIUS: embryo fixation / SM ANDROMEDE, item 1.3 + r/g2174u 18:05–18:15 CR-1 Charging camcorder battery / ??? ??, item 3.2, page 3-2 18:15–18:50 Reviewing plan for the next day 18:50–19:05 Daily planning conference 19:05–19:30 Report prep 19:30–20:00 DINNER 20:00–20:25 CDR 20:00–20:30 VC, FE-1, PLT	13:10–14:10		LUNCH
14:10–16:55 CR-2 Recording video documentary: life onboard ISS / r/g2157u 14:10–17:10 CR-1 INTERACTIONS: data collection (PLT) 15:15–16:10 CR-3 PLASMA CRYSTAL-3: experiment setup / r/g 2161u 15:30–15:40 PLT Dreamtime: battery stowage 15:40–16:20 Maintenance of ? ? ? 16:10–16:30 CDR Recording audiogram with EARQ s/w 16:10–17:00 FE-1 PLASMA CRYSTAL-3: payload photography / r/g 2161u 16:10–17:35 CR-3 PLASMA CRYSTAL-3: experiment run / r/g 2161u 16:45–18:15 CDR Physical exercise (RED) 16:55–17:55 CR-2 EAC: determining cosmonaut health status by alternative methods / R/G 17:00–18:15 FE-1 Physical exercise (active rest) 17:15–18:15 PLT Physical exercise (active rest) 17:35–18:05 CR-1 DIATOMEA: study of world's oceans / r/g2173u 17:35–18:05 CR-2 AQUARIUS: embryo fixation / SM ANDROMEDE, item 1.3 + r/g2174u 18:05–18:15 CR-2 AQUARIUS: embryo fixation / SM ANDROMEDE, item 1.3 + r/g2174u 18:05–18:15 CR-1 Charging camcorder battery / ??? ? , item 3.2, pa	14:10–16:10	CDR, FE-1	SSRMS ops
14:10-17:10 CR-1 14:40-15:20 PLT INTERACTIONS: data collection (PLT) 15:15-16:10 CR-3 PLASMA CRYSTAL-3: experiment setup / r/g 2161u 15:30-15:40 PLT Dreamtime: battery stowage 15:40-16:20 Maintenance of ? ? ? 16:10-16:30 CDR Recording audiogram with EARQ s/w 16:10-17:00 FE-1 PLASMA CRYSTAL-3: payload photography / r/g 2161u 16:10-17:35 CR-3 PLASMA CRYSTAL-3: experiment run / r/g 2161u 16:45-18:15 CDR Physical exercise (RED) 16:55-17:55 CR-2 EAC: determining cosmonaut health status by alternative methods / R/G 17:00-18:15 FE-1 Physical exercise (active rest) 17:15-18:15 PLT Physical exercise (active rest) 17:35-18:05 CR-1 DIATOMEA: study of world's oceans / r/g2173u 17:55-18:15 CR-2 AQUARIUS: embryo fixation / SM ANDROMEDE, item 1.3 + r/g2174u 18:05-18:15 CR-1 Charging camcorder battery / ??? ?? , item 3.2, page 3-2 18:15-18:50 Reviewing plan for the next day 18:50-19:30 Report prep 19:05-	14:10–14:40	PLT	Installation of ????-1 sensors (2 items) / r/g2170u
14:10–17:10 CR-1 14:40–15:20 PLT INTERACTIONS: data collection (PLT) 15:15–16:10 CR-3 PLASMA CRYSTAL-3: experiment setup / r/g 2161u 15:30–15:40 15:40–16:20 PLT Dreamtime: battery stowage 16:10–16:30 CDR Recording audiogram with EARQ s/w 16:10–17:00 FE-1 PLASMA CRYSTAL-3: payload photography / r/g 2161u 16:10–17:35 CR-3 PLASMA CRYSTAL-3: experiment run / r/g 2161u 16:45–18:15 CDR Physical exercise (RED) 16:55–17:55 CR-2 EAC: determining cosmonaut health status by alternative methods / R/G 17:00–18:15 FE-1 Physical exercise (active rest) 17:15–18:15 PLT Physical exercise (active rest) 17:35–18:05 CR-1 DIATOMEA: study of world's oceans / r/g2173u 17:35–18:05 CR-3 PLASMA CRYSTAL-3: concluding ops / r/g 2161u 17:55–18:15 CR-2 AQUARIUS: embryo fixation / SM ANDROMEDE, item 1.3 + r/g2174u 18:05–18:15 CR-1 Charging camcorder battery / ??? ?? , item 3.2, page 3-2 18:15–18:50 Reviewing plan for the next day 18:50–19:05 Daily planning conference 19:05–19:30 Report prep 19:30–20:00 DINNER 20:00–20:25 CDR 20:00–20:30 VC, FE-1, PLT	14:10–16:55	CR-2	Recording video documentary: life onboard ISS / r/g2157u
15:15-16:10 CR-3 PLASMA CRYSTAL-3: experiment setup / r/g 2161u 15:30-15:40 PLT Dreamtime: battery stowage Maintenance of ??? 16:10-16:30 CDR Recording audiogram with EARQ s/w 16:10-17:00 FE-1 PLASMA CRYSTAL-3: payload photography / r/g 2161u 16:10-17:35 CR-3 PLASMA CRYSTAL-3: experiment run / r/g 2161u 16:45-18:15 CDR Physical exercise (RED) 16:55-17:55 CR-2 EAC: determining cosmonaut health status by alternative methods / R/G 17:00-18:15 FE-1 Physical exercise (active rest) 17:15-18:15 PLT Physical exercise (active rest) 17:35-18:05 CR-1 DIATOMEA: study of world's oceans / r/g2173u 17:35-18:05 CR-2 AQUARIUS: embryo fixation / SM ANDROMEDE, item 1.3 + r/g2174u 18:05-18:15 CR-1 Charging camcorder battery / ??? ??, item 3.2, page 3-2 18:15-18:50 Reviewing plan for the next day 18:50-19:05 Daily planning conference 19:05-19:30 Report prep 19:30-20:00 DINNER 20:00-20:25 CDR Daily food ration prep	14:10–17:10	CR-1	
15:30-15:40 PLT	14:40–15:20	PLT	INTERACTIONS: data collection (PLT)
15:40-16:20 Maintenance of ??? 16:10-16:30 CDR Recording audiogram with EARQ s/w 16:10-17:00 FE-1 PLASMA CRYSTAL-3: payload photography / r/g 2161u 16:10-17:35 CR-3 PLASMA CRYSTAL-3: experiment run / r/g 2161u 16:45-18:15 CDR Physical exercise (RED) 16:55-17:55 CR-2 EAC: determining cosmonaut health status by alternative methods / R/G 17:00-18:15 FE-1 Physical exercise (active rest) 17:15-18:15 PLT Physical exercise (active rest) 17:35-18:05 CR-1 DIATOMEA: study of world's oceans / r/g2173u 17:35-18:05 CR-3 PLASMA CRYSTAL-3: concluding ops / r/g 2161u 17:55-18:15 CR-2 AQUARIUS: embryo fixation / SM ANDROMEDE, item 1.3 + r/g2174u 18:05-18:15 CR-1 Charging camcorder battery / ??? ??, item 3.2, page 3-2 18:15-18:50 Reviewing plan for the next day 18:50-19:05 Daily planning conference 19:05-19:30 Report prep 19:30-20:00 DINNER 20:00-20:30 VC, FE-1, PLT Daily food ration prep	15:15–16:10	CR-3	PLASMA CRYSTAL-3: experiment setup / r/g 2161u
15:40-16:20 Maintenance of ? ? ? 16:10-16:30 CDR Recording audiogram with EARQ s/w 16:10-17:00 FE-1 PLASMA CRYSTAL-3: payload photography / r/g 2161u 16:10-17:35 CR-3 PLASMA CRYSTAL-3: experiment run / r/g 2161u 16:45-18:15 CDR Physical exercise (RED) 16:55-17:55 CR-2 EAC: determining cosmonaut health status by alternative methods / R/G 17:00-18:15 FE-1 Physical exercise (active rest) 17:15-18:15 PLT Physical exercise (active rest) 17:35-18:05 CR-1 DIATOMEA: study of world's oceans / r/g2173u 17:35-18:05 CR-3 PLASMA CRYSTAL-3: concluding ops / r/g 2161u 17:55-18:15 CR-2 AQUARIUS: embryo fixation / SM ANDROMEDE, item 1.3 + r/g2174u 18:05-18:15 CR-1 Charging camcorder battery / ??? ?? , item 3.2, page 3-2 18:15-18:50 Reviewing plan for the next day 18:50-19:05 Daily planning conference 19:05-19:30 Report prep 19:30-20:00 DINNER 20:00-20:30 VC, FE-1, PLT Daily food ration prep	15:30–15:40	DLT	Dreamtime: battery stowage
16:10–17:00 FE-1 PLASMA CRYSTAL-3: payload photography / r/g 2161u 16:10–17:35 CR-3 PLASMA CRYSTAL-3: experiment run / r/g 2161u 16:45–18:15 CDR Physical exercise (RED) 16:55–17:55 CR-2 EAC: determining cosmonaut health status by alternative methods / R/G 17:00–18:15 FE-1 Physical exercise (active rest) 17:15–18:15 PLT Physical exercise (active rest) 17:35–18:05 CR-1 DIATOMEA: study of world's oceans / r/g2173u 17:35–18:05 CR-3 PLASMA CRYSTAL-3: concluding ops / r/g 2161u 17:55–18:15 CR-2 AQUARIUS: embryo fixation / SM ANDROMEDE, item 1.3 + r/g2174u 18:05–18:15 CR-1 Charging camcorder battery / ??? ?? , item 3.2, page 3-2 18:15–18:50 Reviewing plan for the next day 18:50–19:05 Daily planning conference 19:05–19:30 Report prep 19:30–20:00 DINNER 20:00–20:25 CDR 20:00–20:30 VC, FE-1, PLT Daily food ration prep	15:40–16:20	PLI	Maintenance of ???
16:10–17:35 CR-3 PLASMA CRYSTAL-3: experiment run / r/g 2161u 16:45–18:15 CDR Physical exercise (RED) 16:55–17:55 CR-2 EAC: determining cosmonaut health status by alternative methods / R/G 17:00–18:15 FE-1 Physical exercise (active rest) 17:15–18:15 PLT Physical exercise (active rest) 17:35–18:05 CR-1 DIATOMEA: study of world's oceans / r/g2173u 17:35–18:05 CR-3 PLASMA CRYSTAL-3: concluding ops / r/g 2161u 17:55–18:15 CR-2 AQUARIUS: embryo fixation / SM ANDROMEDE, item 1.3 + r/g2174u 18:05–18:15 CR-1 Charging camcorder battery / ??? ??, item 3.2, page 3-2 18:15–18:50 Reviewing plan for the next day 18:50–19:05 Daily planning conference 19:05–19:30 Report prep 19:30–20:00 DINNER 20:00–20:30 VC, FE-1, PLT Daily food ration prep	16:10–16:30	CDR	Recording audiogram with EARQ s/w
16:45–18:15 CDR	16:10–17:00	FE-1	PLASMA CRYSTAL-3: payload photography / r/g 2161u
16:55–17:55 CR-2 EAC: determining cosmonaut health status by alternative methods / R/G 17:00–18:15 FE-1 Physical exercise (active rest) 17:15–18:15 PLT Physical exercise (active rest) 17:35–18:05 CR-1 DIATOMEA: study of world's oceans / r/g2173u 17:35–18:05 CR-3 PLASMA CRYSTAL-3: concluding ops / r/g 2161u 17:55–18:15 CR-2 AQUARIUS: embryo fixation / SM ANDROMEDE, item 1.3 + r/g2174u 18:05–18:15 CR-1 Charging camcorder battery / ??? ??, item 3.2, page 3-2 18:15–18:50 Reviewing plan for the next day 18:50–19:05 Daily planning conference 19:05–19:30 Report prep 19:30–20:00 DINNER 20:00–20:30 VC, FE-1, PLT Daily food ration prep	16:10–17:35	CR-3	PLASMA CRYSTAL-3: experiment run / r/g 2161u
17:00-18:15 FE-1	16:45–18:15	CDR	Physical exercise (RED)
17:00-18:15 FE-1	16:55–17:55	CR-2	EAC: determining cosmonaut health status by alternative methods / R/G
17:35–18:05 CR-1 DIATOMEA: study of world's oceans / r/g2173u 17:35–18:05 CR-3 PLASMA CRYSTAL-3: concluding ops / r/g 2161u 17:55–18:15 CR-2 AQUARIUS: embryo fixation / SM ANDROMEDE, item 1.3 + r/g2174u 18:05–18:15 CR-1 Charging camcorder battery / ??? ?? , item 3.2, page 3-2 18:15–18:50 Reviewing plan for the next day 18:50–19:05 Daily planning conference 19:05–19:30 Report prep 19:30–20:00 DINNER 20:00–20:25 CDR 20:00–20:30 VC, FE-1, PLT Daily food ration prep	17:00–18:15	FE-1	
17:35–18:05 CR-3 PLASMA CRYSTAL-3: concluding ops / r/g 2161u 17:55–18:15 CR-2 AQUARIUS: embryo fixation / SM ANDROMEDE, item 1.3 + r/g2174u 18:05–18:15 CR-1 Charging camcorder battery / ??? ??, item 3.2, page 3-2 18:15–18:50 Reviewing plan for the next day 18:50–19:05 Daily planning conference 19:05–19:30 Report prep 19:30–20:00 DINNER 20:00–20:25 CDR 20:00–20:30 VC, FE-1, PLT Daily food ration prep	17:15–18:15	PLT	Physical exercise (active rest)
17:55–18:15 CR-2 AQUARIUS: embryo fixation / SM ANDROMEDE, item 1.3 + r/g2174u 18:05–18:15 CR-1 Charging camcorder battery / ??? ??, item 3.2, page 3-2 18:15–18:50 Reviewing plan for the next day 18:50–19:05 Daily planning conference 19:05–19:30 Report prep 19:30–20:00 DINNER 20:00–20:25 CDR 20:00–20:30 VC, FE-1, PLT Daily food ration prep	17:35–18:05	CR-1	DIATOMEA: study of world's oceans / r/g2173u
18:05–18:15 CR-1 Charging camcorder battery / ??? ??, item 3.2, page 3-2 18:15–18:50 Reviewing plan for the next day 18:50–19:05 Daily planning conference 19:05–19:30 Report prep 19:30–20:00 DINNER 20:00–20:25 CDR 20:00–20:30 VC, FE-1, PLT Daily food ration prep	17:35–18:05	CR-3	PLASMA CRYSTAL-3: concluding ops / r/g 2161u
18:15–18:50 Reviewing plan for the next day 18:50–19:05 Daily planning conference 19:05–19:30 Report prep 19:30–20:00 DINNER 20:00–20:25 CDR 20:00–20:30 VC, FE-1, PLT Daily food ration prep	17:55–18:15	CR-2	AQUARIUS: embryo fixation / SM ANDROMEDE, item 1.3 + r/g2174u
18:15–18:50 Reviewing plan for the next day 18:50–19:05 Daily planning conference 19:05–19:30 Report prep 19:30–20:00 DINNER 20:00–20:25 CDR 20:00–20:30 VC, FE-1, PLT Daily food ration prep	18:05–18:15	CR-1	Charging camcorder battery / ??? ??, item 3.2, page 3-2
18:50–19:05 Daily planning conference 19:05–19:30 Report prep 19:30–20:00 DINNER 20:00–20:25 CDR 20:00–20:30 VC, FE-1, PLT Daily planning conference Dinner Daily food ration prep	18:15–18:50		
19:05–19:30 Report prep 19:30–20:00 DINNER 20:00–20:25 CDR 20:00–20:30 VC, FE-1, PLT Daily food ration prep	18:50–19:05		
19:30–20:00 DINNER 20:00–20:25 CDR 20:00–20:30 VC, FE-1, PLT Daily food ration prep	19:05–19:30		· · · · ·
20:00–20:25 CDR 20:00–20:30 VC, FE-1, PLT Daily food ration prep			
20:00–20:30 VC, FE-1, PLT Daily food ration prep		CDR	
20:25–20:40 CDR Ham radio session		VC, FE-1,	Daily food ration prep
	20:25–20:40	CDR	Ham radio session

20:30–21:00	CR-3	
20:30–21:30	CR-2, CR-1, FE-1, PLT	Personal hygiene (pre-sleep)
20:40–21:30	CDR	
21:00–21:30	CR-3	PLASMA CRYSTAL-3: vacuum purge (end) / r/g 2161u
21:30-06.00		SLEEP

Note: see OSTP for references to US activities

End of radiogram