

Radiogram No. 3023nu

Form 24 for 05/09/2010 (UPDATED)

CREW OFF DUTY

GMT	CREW	ACTIVITY
06:00-06:10	CDR,FE-1	Morning Inspection
06:00-06:05	FE-3	Elektron-VM Aerosol Filter Inspection
06:00-06:05	FE-5	Bisphosphonates Pill Ingestion
06:00-06:05	FE-2,FE-6	SLEEP Data Log Entry
06:05-06:10	FE-2, FE-3 , FE-5,FE-6	Morning Inspection
06:10-06:40	.	Post-sleep
06:40-07:30	CDR,FE-1,FE-6	BREAKFAST
06:40-07:35	FE-2, FE-3 ,FE-5	BREAKFAST
07:30-07:35	FE-1	TBU (Universal Bioengineering Thermostat) Temperature Check. Report to MCC TBU temperature
07:35-07:50	FE-2	Private Family Conference
08:30-09:30	CDR	Physical Exercise (ARED)
08:30-09:30	FE-1	Physical Exercise (VELO), Day 1
09:00-09:30	FE-2	Securing T2 MTL Jumpers and Reconfiguring Grounding Strap
09:30-11:00	CDR	Physical Exercise (TVIS), Day 4
10:30-12:00	FE-6	Physical Exercise (ARED)
10:30-12:00	FE-3	Physical Exercise (TVIS), Day 2
12:00-13:00	FE-6	Physical Exercise (TVIS)
12:30-12:45	CDR	Private Family Conference (<i>Ku+S-band</i>)
13:00-14:00	.	LUNCH
14:00-14:40	FE-3	COЖ Maintenance. SM and FGB CP (Flush Counter), CBO (Water Supply System), Potok Air Purification Unit Data Calldowns Inspection of CPB-K2M hoses (from MΦ-P up to БРПК separator)
15:00-16:00	FE-3	Physical Exercise (ARED)
15:00-16:30	FE-1	Physical Exercise (TVIS), Day 1
15:40-15:55	FE-5	Private Family Conference
16:05-17:35	FE-5	Physical Exercise (ARED)
16:35-17:35	FE-2	Physical Exercise (TVIS)
16:50-17:05	CDR,FE-1,FE-3	Ham Radio Session (Sudzha)
17:05-18:35	CDR,FE-1,FE-3	Video Footage for Channel One
17:20-17:35	FE-6	Private Family Conference
17:35-18:35	FE-5	Physical Exercise (TVIS)
17:35-19:05	FE-2	Physical Exercise (ARED)
18:35-18:40	FE-3	Elektron-VM Aerosol Filter Inspection
18:35-19:00	CDR	Evening Work Prep
18:35-19:05	FE-1,FE-5 , FE-6	Evening Work Prep
18:40-19:05	FE-3	Evening Work Prep
19:00-19:05	CDR	MPC Activation
19:05-19:30	.	Daily Planning Conference (<i>S-band</i>)
19:30-19:40	FE-2	Pre-sleep

19:30-21:25	CDR	Pre-sleep
19:30-21:30	FE-1,FE-3, FE-5,FE-6	Pre-sleep
19:40-19:55	FE-2	Private Family Conference
19:55-21:30	FE-2	Pre-sleep
21:25-21:30	CDR	MPC Deactivation
21:30-06:00	.	SLEEP
Task List	CDR	ECON. Observations and Photography
	FE-1	SEINER Ocean Observations
	FE-3	URAGAN. Observations and Photography
	FE-1,FE-3	Video Footage for Channel One

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep ops: dinner, daily food prep, evening toilet
- End of Radiogram