

Radiogram 7210u Form 24 for 01/10/04

| GMT              | CREW | ACTIVITY  |
|------------------|------|---|
| 06:00-06:15      |      | Renal: urine collection   |
| 06:15-06:25      |      | Morning inspection  |
| 06:25-06:50      |      | Post-sleep  |
| 06:50-07:40      |      | BREAKFAST   |
| 07:40-07:45      |      | Renal: diet log   |
| 07:45-09:15      | FE-1 | Weekend housekeeping  |
| 07:45-10:45      | CDR  |   |
| 09:15-09:45      | FE-1 | Verification of handle position on valves KBД, KCД, KKT in compartments: ГА, ПхО, ПрК, СО(DC) |
| 09:45-10:45      |      | Physical Exercise (VELO + Load setting device/ cycle1) day 2                                  |
| 10:45-11:00      |      | <b>On MCC go</b> SFOG candle burning  |
| 11:00-11:30      |      | Soyuz isolation and pressure integrity monitoring.  |
| 11:30-12:00      |      | Progress isolation and pressure integrity monitoring.   |
| 12:00-13:00      | .    | LUNCH   |
| 13:00-13:05      | .    | Renal: diet log   |
| 13:05-13:20      | FE-1 | Private family conference (VHF)   |
| 13:30-14:00      |      | Test ops with Electron. <i>Tagup (S-band)</i>   |
| 14:00-14:15      |      | <b>On MCC go</b> SFOG candle burning  |
| 14:05-14:15      | CDR  | Renal: photo ops  |
| 14:35-15:05      | .    | Weekly planning conference (S-band)   |
| 15:05-15:55      | .    | Renal: urine collection   |
| 16:15-16:45      | CDR  | COЖ maintenance ( <i>Inspection of БРПК separator</i> )                                       |
| 16:45-17:45      | CDR  | Physical Exercise (CEVIS)   |
| 16:30-18:00      | FE-1 | Physical Exercise (TVIS) day 2  |
| 17:45-19:00      | CDR  | Physical Exercise (RED)   |
| 18:00-18:30      | FE-1 | Nominal systems reconfig after leak check in Progress   |
| 18:40-19:10      | FE-1 | Daily food prep   |
| 19:10-19:40      | CDR  |   |
| 19:10-19:40      | FE-1 | Dinner (RENAL: pill ingestion)  |
| 19:40-20:10      | FE-1 | Nominal systems reconfig after leak check in Soyuz  |
| 19:40-20:10      | CDR  | DINNER (RENAL: pill ingestion)  |
| 20:10-21:10      |      | Pre-sleep   |
| 21:10-21:25      |      | Renal: urine collection   |
| 21:25-21:30      |      | Renal: diet log   |
| 21:30-06:00      |      | SLEEP   |
| <b>Task List</b> | FE-1 | Equipment search  |
|                  |      | MOLNIYA-SM. LSO hardware dismantling and stowage  |

**Note:** See OSTP for references to US activities

End of radiogram