

Preparation for return on Soyuz 5. Farma

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:35	FE-1	Post-sleep
06:10-06:40	CDR, FE-2	
06:35-06:55	FE-1	FARMA. Prep for work of REFLOTRON-4 analyzer and Saliva kit
06:40-07:30	CDR, FE-2	BREAKFAST
06:55-07:00	FE-1	PLANTS-2. Hardware monitoring
07:05-07:10		Farma. Saliva samples.
07:15-07:20		
07:25-07:30		
07:30-07:35		BCMM SW upgrade, step1. Tagup with specialists. (<i>S-band</i>)
07:30-08:00	CDR, FE-2	Work prep
07:40-07:45	FE-1	FARMA. Saliva collection. /
07:55-08:00		
08:00-08:55		BREAKFAST
08:05-08:20	CDR, FE-2	Daily planning conference (<i>S-band</i>)
08:20-09:50	CDR	Exercise (RED)
08:30-09:25	FE-2	Troubleshooting of ARCTIC #1 freezer
08:55-09:00	FE-1	FARMA. Saliva samples.
09:00-09:20		ΦAPMA. Blood parameter measurement using Reflotron
09:20-09:40		FARMA. Close-out ops
09:25-09:50	FE-2	IMS file prep
09:40-09:45	FE-1	PLANTS-2. Downlink
09:45-09:50		Inspection of БРПК separator
09:50-10:20		Kentavr fit check.
10:20-10:30		Kentavr fit check conference. (<i>S-band</i>)
10:30-10:35	FE-1	BCMM SW upgrade, step2. Tagup with specialists. (<i>S-band</i>)
10:35-11:10	CDR	Prep for return on Soyuz 5.
10:40-10:55	FE-2	Food questionnaire
10:55-11:00	FE-1	FARMA. Saliva samples.
10:55-11:55	FE-2	ARCTIC #1 troubleshooting
11:00-12:00	FE-1	Exercise (TVIS-2)
11:10-11:55	CDR	Assistance in troubleshooting
11:55-12:55	CDR, FE-2	LUNCH
12:00-12:55	FE-1	
12:55-13:00		FARMA. Saliva samples.
12:55-13:55	FE-2	Prep for return on Soyuz 5
13:00-13:25	CDR	Prep for return on Soyuz 5
13:10-13:25	FE-1	Telephone-IMS conference (<i>S-band</i>)
13:25-13:55	CDR, FE-1	Crew debrief

13:55-14:25		Test closing of spare ABK Vozdukh valves
13:55-14:25	FE-2	CMS – HRM file transfer to MEC
14:25-14:45		CMS – deletion of HRM files
14:25-14:45	FE-1	Test closing ABK Vozdukh valves
14:45-16:15		FGB prep for Increment 7
16:15-17:15	FE-1	Prep for return on Soyuz 5
16:15-17:15	FE-2	Exercise (TVIS)
16:15-16:55	CDR	COX maintenance
16:55-17:55		Exercise (CEVIS)
17:15-18:45	FE-1	Exercise (TVIS-2)
17:15-18:45	FE-2	Exercise (RED)
17:55-18:45	CDR	NDC on emergency ODF pages
18:45-19:15		Work prep
19:15-19:30		Daily planning conference (<i>S-band</i>)
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

NOTE: See OSTP for references to US activities
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