

**Progress 421 (h/w compartment) removable items stow**

TIME	CREW	ACTIVITY
06:00-06:05	CDR,FE-6	REMINDER – reminder review
06:00-06:10	FE-1	Morning inspection RSS1,2 reboot CM-Y connection inspection at MHP-HC behind ACY panel 139
06:00-06:10	FE-2	Morning inspection. Laptop RS1(2) reboot
06:00-06:10	FE-4	Morning inspection. SM ПСС Test
06:00-06:10	FE-5	Morning inspection
06:05-06:20	CDR	Morning inspection
06:05-06:10	FE-6	Morning inspection
06:10-06:40	FE-1	Post-sleep
06:10-06:20	FE-2	MO-8. Setup
06:10-06:35	FE-4	Post-sleep
06:10-06:30	FE-5	Post-sleep
06:10-06:25	FE-6	Post-sleep
06:20-06:25	CDR	Body mass measurement
06:20-06:45	FE-2	Post-sleep
06:25-06:30	FE-6	Body mass measurement
06:25-06:50	CDR	Post-sleep
06:30-06:35	FE-5	Body mass measurement
06:30-07:30	FE-6	Morning meal.
06:35-06:40	FE-4	Body mass measurement
06:35-07:30	FE-5	Morning meal.
06:40-06:45	FE-1	Body mass measurement
06:40-07:35	FE-4	Morning meal.
06:45-07:35	FE-1	Morning meal.
06:45-06:50	FE-2	Body mass measurement
06:50-07:30	CDR	Morning meal.
06:50-07:00	FE-2	MO-8. Close-out ops
07:00-07:35	FE-2	Morning meal.
07:30-07:35	CDR,FE-5, FE-6	Work prep
07:35-08:00	.	DPC ( <i>S-band</i> )
08:00-08:45	CDR	Ocular Health (OH) – ocular health examination
08:00-08:20	FE-1,FE-4, FE-5,FE-6	Work prep
08:00-08:20	FE-2	Morning meal.
08:20-10:20	FE-1	Stow returnable equipment into Soyuz 421 (h/w compartment) and update the IMS
08:20-09:00	FE-4	Daily electrocardiography (start)
08:20-08:50	FE-6	Working CB camera setup
08:20-08:40	FE-2	Work prep

08:20-08:30	FE-5	FMK atmospheric formaldehyde monitor deployment
08:40-08:50	FE-5	ACE. Science program review
08:45-08:50	CDR	Ocular health questionnaire
08:50-09:30	FE-5	ACE. Sample stirring for 40 min.
09:00-10:30	<b>FE-4</b>	ARED exercise
09:15-09:45	FE-6	Ocular Health (OH) – ocular health examination
09:20-09:40	<b>FE-2</b>	NAPOR-mini PCA. [B3Y-M] s/w upgrade. <i>Specialist conference</i>
09:20-09:30	CDR	SLT reboot
09:30-10:30	FE-5	CEVIS exercise
09:30-09:45	CDR	Ocular Health (OH). Tonometer setup
09:45-09:50	FE-6	Ocular health questionnaire
09:45-10:05	CDR	Ocular Health (OH). Tonometer – agent
09:50-12:05	<b>FE-2</b>	MOTOKARD. Experiment run. <i>Specialist conference</i>
09:50-10:05	FE-6	Ocular Health (OH). Tonometer – subject
10:05-10:25	FE-6	Ocular Health (OH). Tonometer – agent
10:10-10:25	CDR	Ocular Health (OH). Tonometer – subject
10:20-10:35	<b>FE-1</b>	MOTOKARD. Science ops assistance
10:25-10:35	CDR	Ocular Health (OH). Tonometer stow
10:30-11:30	FE-6	CEVIS exercise
10:30-10:35	<b>FE-4</b>	BIOSIGNAL. Cryogem-03 temperature monitoring
10:30-11:10	FE-5	ACE. Sample stirring for 40 min.
10:35-11:15	<b>FE-1</b>	COЖ maintenance
	<b>FE-4-handover</b>	
10:35-12:05	CDR	ARED exercise
11:10-11:40	FE-5	Crew adaptation and station review time
11:15-11:35	<b>FE-1</b>	BBH grid cleaning in Soyuz 712 [B0] maintenance compartment
11:15-12:45	<b>FE-4</b>	Transfer into Progress 713 with IMS updates
11:45-12:45	<b>FE-1</b>	BEЛO-3 exercise
11:45-12:00	FE-6	CB mode adjustment
11:50-12:05	FE-5	Sampling into GSC container
12:00-12:15	FE-6	CB xenon lamp c/o
12:05-12:45	FE-5	ACE. Sample stirring for 40 min.
12:05-12:25	CDR	BSA battery cycling start
12:15-12:30	FE-6	CB – closeout prep
12:25-12:30	CDR	VEG – daily vegetation check
12:30-12:45	CDR	VEG-01 – fill in water to water the vegetation
12:35-12:45	<b>FE-2</b>	REMOTE RS LAPTOP setup
12:45-13:45	.	Midday meal
13:45-14:45	.	Emergency roles and responsibilities review
14:45-16:15	<b>FE-2</b>	Adjust water separation safety valve and perform test separation into EДB via [MФP]. <i>Specialist conference</i>

14:45-16:00	CDR,FE-5, FE-6	Handover
14:45-16:15	<b>FE-1,FE-4</b>	Handover
16:00-16:15	CDR	JRNL – log update
16:00-16:05	FE-5	SHD – daily headache monitoring questionnaire
16:00-17:30	FE-6	ARED exercise
16:05-16:20	FE-5	PMC
16:15-17:15	CDR	CEVIS exercise
16:15-16:35	<b>FE-1</b>	IMS update
16:15-17:15	<b>FE-2</b>	Monthly vacuuming of БПИ h/w surface with power OFF and cable network connected. <i>Specialist conference</i>
16:15-17:10	<b>FE-4</b>	Crew adaptation and station review time
16:20-16:45	FE-5	WRM – condensate transfer start
16:35-17:20	<b>FE-1</b>	Evening work prep
16:45-17:15	FE-5	Crew adaptation and station review time
17:10-18:10	<b>FE-4</b>	БД-2 (2) exercise
17:15-17:30	<b>FE-2</b>	Exercise data dump
17:15-17:40	CDR	Evening work prep
17:20-17:40	<b>FE-1</b>	<b>On MCC Go</b> Soyuz 712 [CтА] cover seal drive action c/o. <i>Specialist conference</i>
17:25-17:35	FE-5	WRM – condensate transfer completion
17:30-18:30	<b>FE-2</b>	VELO-2 exercise
17:30-17:35	FE-6	SHD – daily headache monitoring questionnaire
17:35-19:05	FE-5	ARED exercise
17:35-18:35	FE-6	Crew adaptation and station review time
17:40-18:40	CDR	JEM protective grid cleaning
18:10-19:10	<b>FE-1</b>	БД-2 (3) exercise
18:30-19:10	<b>FE-2,FE-4</b>	Evening work prep
18:40-19:05	CDR	Evening work prep
18:40-18:55	FE-6	Evening work prep
18:55-19:05	FE-6	HRF – h/w setup
19:05-19:15	CDR,FE-5, FE-6	Pre-sleep
19:15-19:35	.	DPC ( <i>S-band</i> )
19:35-21:30	<b>FE-1,FE-2, FE-4,FE-5</b>	Pre-sleep
19:35-21:20	FE-6	Pre-sleep
19:35-21:25	CDR	Pre-sleep
21:20-21:25	FE-6	REMINDER – reminder review
21:25-21:30	CDR,FE-6	REMINDER – reminder review
21:30-06:00	.	Sleep.
<b>Task List</b>	<b>FE-1,FE-2, FE-4</b>	Prepare features for Roskosmos web-site
		EKON-M. Observation and photography

**Comments:**

1. Window shutter #9 opening will be at crew discretion and **report to MCC**
  2. Pre-sleep: evening meal, food preparation, evening hygiene
  3. Refer to OSTP for the missing USOS activity links
  4. Russian crew shall use US exercisers in strict compliance with F24 or OSTPV.
  5. **Network communication will be unavailable for the activity duration for RS laptops, TV-coder, [РСПИ], [БПИ-НЧ], ГЦН instruments**
- End of r/g