

Radiogram No. 4511u

Form 24 for 10/30/02

**TV Transmission Test • MO-4 Medical Ops**

GMT	CREW	ACTIVITY
08:30-08:40		Morning inspection
08:40-09:10		Post-sleep
09:10-10:00		BREAKFAST
10:00-10:30		Work prep
10:30-10:45		Daily planning conference ( <i>S-band</i> )
10:45-11:00	FE-2	Regeneration of Φ2 absorption bed in БМП (end)
10:45-11:15	CDR, FE-1	Ku-band configuration for TV transmission of Soyuz docking
11:15-13:15	CDR, FE-2	Preparation of work sites for VC-4. Tagup w/ specialists ( <i>S-band</i> )
11:15-11:25	FE-1	EMU battery charge (init)
11:30-12:30		Physical exercise (TVIS)
12:30-14:00		Physical exercise (RED)
13:15-14:30	CDR	Physical exercise (TVIS – 4)
14:00-15:00	FE-2	Physical exercise (VELO + Load Trainer-1) – 4
14:00-14:10	FE-1	EVARM badge reader activation
14:10-14:20		Daily payload status check
14:20-14:25		CDRA activation
14:30-15:00	CDR, FE-1	Ku-band TV transmission test (prep for Soyuz docking)
15:00-15:30		Flight prep tagup ( <i>S-band</i> )
15:30-15:45	FE-1	EVARM: pre-EVA background read
15:30-15:35	CDR	Inspection of БРПК separator
15:35-15:40		Inspection of [BP] fan in CKB1(2)
15:40-15:45		PLANTS-2: payload status check
15:45-16:45		LUNCH
16:45-17:15		ISS 5 / ISS-6 crew conference ( <i>S-band</i> )
17:15-18:15	CDR, FE-2	Prep for crew departure
17:15-17:55	FE-1	
17:55-19:55		PFMI stowage
18:15-18:55	CDR	COЖ maintenance
18:30-20:00	FE-2	Physical exercise (TVIS – 4)
19:30-20:00	CDR	IMS file prep
19:55-20:40	FE-1	Glove Box (MSG) cleanup
20:00-21:00	CDR, FE-2 (assist)	Orthostatic stability evaluation in LBNP. Tagup w/ specialists ( <i>VHF</i> ). To= 20.22
20:40-20:45	FE-1	Glove Box (MSG): powerdown
20:55-21:20		Daily plan review
21:00-21:20	CDR, FE-2	
21:20-21:35		Daily planning conference ( <i>S-band</i> )
21:35-22:00		Work prep
22:00-22:30		DINNER
22:30-23:00		Daily food prep

23:00-00:00		Pre-sleep
00:00-08:30		SLEEP

**Note:**

1. See OSTP for references to US activities
2. Task List: Review of Soyuz TMA-1 procedures

End of radiogram