

Radiogram No. 0377u

Form 24 for 09/30/2012

CREW OFF DUTY

TIME	CREW	ACTIVITY
06:00-06:05	CDR	REMINDER – Reading Reminder
06:00-06:10	FE-4	Morning Inspection. <i>Reload Laptop RS2(1) and RSS1,2</i>
06:00-06:10	FE-6	Morning Inspection
06:05-06:10	CDR	PROK-URN. Urine PH Spot Test
06:10-06:30	CDR	HRF Urine Sample Collection
06:10-06:45	FE-6	Post-sleep
06:10-06:40	FE-4	
06:30-06:35	CDR	HRF Urine Sample Insertion Into MELFI
06:35-07:05		HRF - Generic Blood Collection and Processing
06:40-07:30	FE-4	BREAKFAST. <i>SM ITCC [Caution & Warning Panel] Test (after breakfast)</i>
06:45-07:00	FE-6	HRF - Blood Draw Operations
07:00-07:45	FE-6	BREAKFAST
07:05-07:10	CDR	PROK-LOG- Photo
07:15-07:25		HRF Refrigerated Centrifuge Configuration A
07:25-07:35		Morning Inspection
07:35-07:55		Post-Sleep
07:55-08:00		HRF-SPIN – Configuration of Refrigerated Centrifuge
08:00-08:10		HRF - Sample Blood MELFI Insertion
08:10-08:25		HRF Blood Collection Hardware Stowage
08:25-08:35		Post-sleep
08:35-09:25		BREAKFAST
09:00-09:15	FE-6	Crew Discretionary Conference
09:00-09:30	FE-4	LCS. Copy data from RSE-LCS laptop to RSS2 and downlink
09:25-10:25	CDR	Physical Exercise T2
09:30-11:00	FE-6	Physical Exercise (ARED)
10:15-10:30	FE-4	Private Family Conference (<i>Ku+S-band, 8 S/G2, S/G1-back-up</i>)
11:00-11:10	FE-6	QD reconfig equipment unstow
11:10-11:40		WSTA – fill. Use EDV 1029 to fill the processing tank prior to QD reconfig. Then re-fill WSTA to 70% for processing
11:30-13:00	FE-4	Physical Exercise (TVIS), Day 1
11:40-12:20	FE-6	UPA – remove pressure release hose for nominal ops
12:05-12:25	CDR	HRF Urine Sample Collection
12:20-12:30	FE-6	Equipment stow after QD reconfig
12:25-12:30	CDR	HRF Urine Sample Insertion Into MELFI
13:00-14:00	CDR	LUNCH
14:25-14:45	CDR	HRF - Stow Urine Collection Equipment

14:45-15:25	FE-4	COЖ Maintenance. <i>SM and FGB SVO, Sanitary and Hygienic Equipment (CFO), CПKY ACY Counter, POTOK Air Purification System Data Calldowns</i>
15:35-17:05	CDR	Physical Exercise (ARED)
15:45-16:00	FE-6	Private Family Conference
17:35-18:35		Physical Exercise T2
17:45-18:45	FE-4	Physical Exercise (VELO), Day 1
18:45-19:00		Daily Planning Conference (<i>S-band</i>)
19:30-21:30	КЭ,БИ-4	Pre-sleep
19:30-21:25	БИ-6	
21:25-21:30		ICV - Reminder of Echo Scan
21:30-06:00		SLEEP
Task List	FE-4	Preparation of reports for Roskosmos site
		SEINER Ocean Observations
		URAGAN. Observations and Photography
		ECON. Observations and Photography

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities.
 3. Pre-sleep ops: dinner, daily food prep, evening toilet
- End of Radiogram