

ACH test. Medical Experiments

GMT	Crew	Activity
06:00-06:10		Morning inspection
06:10-06:40	CDR	Post-sleep
06:10-06:30	FE-1	
06:30-06:45		
06:40-07:30	CDR	BREAKFAST
06:45-07:30	FE-1	SPRUT. Research on liquid media in human body
07:30-08:00	CDR	Work prep
07:30-07:40	FE-1	Post-sleep
07:40-08:00		BREAKFAST
08:00-08:15		DPC (<i>S-band</i>)
08:15-08:45	FE-1	BREAKFAST
08:20-08:25	CDR	HAM Radio setup
08:25-08:35		HAM Radio session
08:35-08:45		TVIS/RED/CVIS data transfer to MEC
08:45-09:15	FE-1	Motorola telephone charge: setup
09:15-09:45		Work prep
09:30-09:35	CDR	DCP panel power cable connect
09:35-09:50		TVIS monthly maintenance
09:45-09:55	FE-1	Motorola telephone charge: monitoring
09:50-12:05	CDR	Physical exercise TVIS+RED
10:20-10:40	FE-1	Motorola telephone charge: tear down
10:40-12:10		Physical exercise VELO+ HC-1 (day 4)
12:05-12:10	CDR	Scopemeter battery charge
12:10-13:10		LUNCH
13:10-13:20	CDR	PAO setup
13:20-13:30		PAO prep
13:30-13:50		Educational program for the city of Matsuyama, Japan (<i>KU+S-band</i>)
13:50-14:30	FE-1	Fan grid cleaning in air duct BB2PO
13:50-14:05	CDR	PMC (<i>S-band</i>)
14:05-16:35		MSS system proficiency training
14:30-15:00	FE-1	COЖ maintenance
15:00-15:40		DVCAM recording of inter-module ventilation air ducts (DCR PD-150P)
15:40-16:10		DVCAM recording of inter-module ventilation air ducts on RS: downlink (DSR PD-1P) (To=15.41, T1, T2, T3 from CПП)
16:10-16:40		CMO Proficiency training
16:35-17:35	CDR	USOS hatch seals inspection
16:40-16:55	FE-1	PMC (<i>S-band</i>)
16:55-17:15		IMS file prep
17:15-18:15		Physical exercise VELO (day 4)

17:35-18:05	CDR	CMO Proficiency training
18:05-18:20		RED routine inspection
18:15-18:45	FE-1	Daily plan review
18:20-18:35	CDR	Questionnaire: log entry
18:40-18:45		DCP panel power cable disconnect
18:45-19:00		DPC (<i>S-band</i>)
19:00-19:30		Work prep
19:30-20:00		DINNER (RENAL – pill ingestion)
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	FE-1	Search for lost equipment

Note: See OSTP for references to US activities
End of radiogram