CREW OFF DUTY

GMT	CREW	ACTIVITY
02:00-02:10		Morning inspection
02:10-02:40		Post-sleep
02:40-03:30		BREAKFAST
07:10-08:40	CDR	Physical Exercise (CEVIS)
07:10-08:40	FE-1	Physical Exercise (TVIS), day 2
07:40-08:40	FE-2	Physical Exercise (RED)
08:40-09:40		LUNCH
09:40-09:45	CDR	ALTEA. Restarting the Data Acquisition Unit (DAU) – Part 1
09:45-10:15	FE-2	СОЖ Maintenance.
09:55-10:00	CDR	ALTEA. Restarting the Data Acquisition Unit (DAU) - Part 2
11:45-13:15	FE-2	Physical Exercise (TVIS)
12:45-13:45	CDR	Physical Exercise (RED)
13:15-14:15	FE-1	Physical Exercise (VELO+RED) day 2
14:15-15:15		Evening work prep
15:15-15:30		Daily Planning Conference (S-band)
15:30-16:00		DINNER
16:00-16:30	CDR,FE-1	Daily food prep
16:00-16:15	FE-2	Private Family Conference (Ku + S-band)
16:15-16:30	FE-2	Daily food prep
16:30-17:30		Pre-sleep
17:30-02:00		SLEEP
Task List	FE-1	ТБУ (Universal Bioengineering Thermostat). Temperature check
		PLANTS-2. Payload status check

Note: See OSTP for references to US activities.

End of Radiogram