

SM and Progress 358 TORU Test. Crew Ops with Progress 357

GMT	CREW	ACTIVITY
06:00-06:10		Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-08:00		Prep for Work
08:00-08:40	CDR, FE-1	SM and Progress TORU test without commanding Progress Approach & Attitude Control Thrusters [ДПО] (vehicle-to-vehicle test)
08:00-08:10	FE-2	O2 level check
08:10-08:15		OCA SSC router reboot
08:15-08:20		SSC file server reboot
08:25-08:40		MEC Anti-Virus Program Upgrade
08:40-09:25	CDR	RED Hardmount Plate removal
08:40-09:25	FE-1, FE-2	Progress 357 transfers with IMS ops
09:25-09:40		Daily Planning Conference (<i>S-band</i>)
09:40-09:55		ISS crew and ГОГУ (RSA Flight Control Team) weekly conference (<i>S-band</i>)
09:55-10:00	CDR	Hatch opening to Z1
09:55-11:10	FE-1	Progress 357 transfers with IMS ops
09:55-11:50	FE-2	
10:00-13:00	CDR	Z1 Stowage Removal
11:10-11:25	FE-1	IMS tagup (S-band)
11:25-12:55		Physical Exercise (TVIS), day 1
11:50-13:20	FE-2	Physical Exercise (CEVIS)
13:00-13:20	CDR	Install CBM Center Disk Cover
13:00-13:05	FE-1	On MCC Go ISS O2 repress from Progress 357 CpПК (start)
13:05-14:05		LUNCH
13:20-14:20	CDR, FE-2	LUNCH
14:05-14:10	FE-1	ISS O2 repress from Progress 357 CpПК (terminate)
14:10-14:40		Stow bags with Ventilation Equipment into stowage Location
14:20-14:40	CDR	USOS hatch seal inspection
14:20-14:35	FE-2	Questionnaire - journal entry
14:40-14:45		Payload status check
14:40-14:45	CDR	Closing Node 1 Z1 hatch
14:45-15:30	CDR, FE-2	Installation of RED Hardmount Plate
15:10-16:10	FE-1	Dismantle YC-21 container 11Φ615.Б1824-А59-0 from Progress 357 /
15:30-16:30	FE-2	RFCA reconfig before NIRA installation
	CDR	Physical Exercise (RED)
16:10-17:10	FE-1	Physical Exercise (VELO+RED) day 1
16:30-17:00	FE-2	ITCS sample collection
16:30-18:00	CDR	Physical Exercise (TVIS + CEVIS)
17:00-17:45	FE-2	NiRA set up (Ni filter)

17:10-18:10	FE-1	Deinstallation of Local Temperature Sensor Switching Unit (ЛКТ) (TA251M1Б) and ROM from Progress 357
17:45-18:45	FE-2	Physical Exercise (RED)
18:00-18:20	CDR	IMS update
18:10-18:40	FE-1	COЖ maintenance
18:20-18:50	CDR	Evening work prep
18:40-18:55	FE-1	Evening work prep
18:45-18:55	FE-2	Evening work prep
18:50-18:55	CDR	Transfer TVIS/RED/CEVIS/HRM data to MEC
18:55-19:10		Daily Planning Conference (<i>S-band</i>)
19:10-19:30		Flight Director / ISS Crew Tagup (<i>S-band</i>)
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-08:30		SLEEP
Task List	FE-1	PLANTS-2. Payload status check

Note: See OSTP for references to US activities.
End of Radiogram