

Transfer trash items. Medical Experiments.

GMT	Crew	Activity
06:00-06:10	.	Morning inspection
06:10-06:20	CDR	HEMATOCRIT: obtain Hematocrit result
06:10-06:20	BN-1	Post-sleep
06:20-06:30		HEMATOCRIT: obtain Hematocrit result
06:20-06:30	CDR	Post-sleep
06:30-06:50	CDR, FE –1 assist	Blood test using PCBA
06:50-07:10	FE –1, CDR assist	
07:10-07:30	.	Post-sleep
07:30-08:20	.	BREAKFAST
08:20-08:35	.	Work prep
08:35-08:50	.	Daily planning conference (<i>S-band</i>)
08:50-09:05	CDR	Work prep
08:50-09:00	FE –1	
09:00-09:05		On MCC go SM pressurization from Progress 248, start
09:05-09:35	CDR, FE –1 assist	Periodic health status
09:35-10:05	CDR assist, FE –1	
10:05-10:35	CDR	Periodic health status: record results
10:05-10:10	FE –1	On MCC go SM pressurization from Progress 248, end
10:15-10:45		COX maintenance
10:35-10:45	CDR	PHS hardware stow
10:45-	CDR	MO-1. Study of cardiac bioelectric activity at rest To=10.58. Taq up with the

11:15	assist, FE -1	<i>specialist (VHF)</i>
11:15- 11:45	CDR	DOUG s/w review
11:15- 13:45	FE -1	PROFILAKTIKA: Load Trainer-1 (HC-1) experiment ops. <i>Tag up with the specialist (S-band)</i>
11:45- 13:45	CDR	MSS robotics proficiency training
13:45- 14:45	.	LUNCH
14:45- 15:45	CDR	PCS - 6095 hard drive ghost imaging
14:45- 18:45	FE -1	Transfer trash items to Progress M-48 (use IMS)
15:55- 16:00	CDR	Display & control panel (DCP) power cable disconnect (as necessary)
16:00- 18:15		ΦΥ TVIS+RED
18:15- 18:45		Daily plan review
18:45- 18:55	.	Report prep
18:55- 19:10	.	Daily planning conference (<i>S-band</i>)
19:10- 19:30	.	Report prep
19:30- 20:00	.	Dinner (RENAL: pill ingestion)
20:00- 20:30	.	Daily food prep
20:30- 21:30	.	Pre-sleep
21:30- 06:00	.	SLEEP
Task list	FE -1	Equipment search

Note: See OSTP for all US procedure references
End of radiogram