TIME	CREW	ACTIVITY
06:00-06:10	CDR	Morning inspection
06:00-06:10	FE-4	Morning Inspection. Laptop RS1(2) Reboot SM ΠCC (Caution & Warning Panel) Test RSS1,2 Reboot
06:00-06:10	FE-5	Morning Inspection
06:10-07:00	CDR, <b>FE-4</b> , FE-5	Post-sleep
07:00-07:15	CDR, <b>FE-4</b> , FE-5	Daily Planning Conference (S-band)
07:15-07:50	CDR	Breakfast
07:15-07:45	<b>FE-4</b> ,FE-5	Breakfast
07:45-07:55	<b>FE-4</b> ,FE-5	Work Prep
07:50-07:55	CDR	Work Prep
07:55-08:10	CDR, <b>FE-4</b> , FE-5	X2R12.1 software review
08:10-08:30	CDR	SSIPC flight director - ISS crew conference
08:10-08:25	FE-4	БМП F2 absorption cartridge regeneration (start)
08:10-08:20	FE-5	Work Prep
08:20-08:30	FE-5	WRS – water sampling
08:25-08:35	FE-4	BACKUP. Voice channel check on S/G1 with «Baikonur»
08:30-10:00	FE-5	Exercise ARED
08:35-08:55	CDR	HAM radio pass
08:35-08:45	FE-4	OBSTANOVKA. «Obstanovka» P/L data transfer from БСПН to RSS1 laptop (start)
08:45-08:55	FE-4	ИК0501 CO2 filter unit replacement <i>Install 147 (00060463R</i> , <i>CM1PO_4_449_1</i> , <i>Container filter units ГА (00060383R))</i>
08:55-09:55	CDR	Remove Ice Cell 2 from SCOF hw
08:55-10:45	FE-4	Hardware stow in Progress #422 (DC1) for disposal with IMS update
09:55-10:25	CDR	Thermo-module 4, Ice Crystal 2: troubleshooting, part 2
10:45-10:55	FE-4	OBSTANOVKA. «Obstanovka» P/L data transfer from БСΠΗ to RSS1 laptop (end)
10:55-11:10	CDR	Private Psychological Conference
10:55-11:05	FE-4	SEISMOPROGNOZ. Date downlink from БСΠΗ via RSS1 (start). <i>Tagup with specialists</i>
11:05-12:30	FE-4	Hardware stow in Progress #422 (DC1) for disposal with IMS update
11:10-12:40	FE-5	WHC - Urine Receptacle (UR) and Insert Filter Remove and Replace
11:25-11:35	CDR	PAO setup
11:35-11:45	CDR	Crew preparation for PAO
11:45-12:05	CDR	PAO event
12:10-13:40	CDR	Exercise T2

12:30-12:50	FE-4	IMS update
12:40-12:55	FE-5	Journal Entry
12:50-14:20	FE-4	Exercise БД-2 - 4
12:55-13:00	FE-5	TOCA – data recording
13:00-13:15	FE-5	Private Psychological Conference
13:15-13:30	FE-5	Private Medical Conference
13:30-14:30	FE-5	Exercise T2
13:40-13:50	CDR	FPEF – cable connect
13:50-14:05	CDR	Private Medical Conference
14:20-14:30	FE-4	SEISMOPROGNOZ. Date downlink from БСΠΗ via RSS1 (end). <i>Tagup with specialists</i>
14:20-14:30	CDR	USOS shutter close
14:30-15:30	CDR, <b>FE-4</b> , FE-5	LUNCH
15:30-19:30	CDR, <b>FE-4</b> , FE-5	Sleep
19:30-21:00	CDR, <b>FE-4</b> , FE-5	Post-sleep (food, hygiene)
21:00-21:15	CDR, <b>FE-4</b> , FE-5	DPC (S-band)
21:15-21:30	FE-5	Welcome Message Print out for arriving crew
21:15-03:30	<b>FE-1,FE-2</b> , FE-3	Operation using ΤΠΚ onbord datafiles. Soyuz Space Suit- 1,2 dry - start
21:15-21:30	FE-4	37S Gas-Analyzer Activation
21:30-21:45	FE-4	Regenegation of Micropurification unit (БМП) Φ2 cartridge (finish)
21:45-22:00	FE-4	Private Medical Conference (Ku+S-band)
21:55-22:05	FE-5	ISS HAM Radio Power down
22:00-22:20	FE-4	Procedure review of TV reports "Transfer Hatch Opening from MRM2" and "ISS-39 Arrival from SM". <i>Tagup with specialists</i>
22:05-22:20	FE-5	Exercise Equipment Setup
23:10-23:40	FE-4	Crew Quarters Outfitting for New Crewmembers
23:20-23:30	FE-5	USOS window shutters close
23:30-01:00	FE-5	Exercise ARED
23:40-00:20	FE-4	СОЖ Maintenance
00:20-00:50	FE-4	Soyuz Docking preparation to MRM2
00:50-01:00	FE-4	Test coder MPEG-2 multicast activation/deactivation
01:00-01:10	FE-4	CTTC configuration for TK 712 dock to MRM2
01:15-01:40	CDR	NightPod in Cupola - install
01:40-02:00	CDR	NightPod - night earth photography
01:45-02:00	FE-4	Monitoring of TK rendezvous to ISS

02:00-02:30	CDR	NightPod - teardown
02:00-02:15	FE-4	Test coder MPEG-2 multicast activation. <b>On MCC Go</b> MPEG2 multicast video recording activation
02:15-03:15	FE-4	Monitoring of TK rendezvous to ISS
03:15-03:20	FE-4	On MCC Go Switch КВД DC-TK to electrical control mode
03:20-03:40	FE-4	Application closeout and MPEG2 multicast data d/l via OCA
03:30-04:45	<b>FE-1,FE-2</b> , FE-3	On MCC Go TK 712 – MRM2 Interface leak check
03:40-03:50	FE-4	Comm reconfig after TK 712 dock to MRM2
04:15-04:30	FE-4	Installation of H/W in SM to support TV coverage of ISS-39 Arrival from SM
04:30-04:45	FE-4	КСПЭ equipment setup for TV report "Transfer Hatch Opening" from MRM2
04:45-05:15	CDR,FE-3, FE-5	TK-MRM2 hatches open, PAO-TV-rep "ISS-39 Arrival" (Ku+S-band)
04:45-05:15	FE-1,FE-2, FE-4	TK-MRM2 hatches open, PAO-TV-rep "ISS-39 Arrival" (Ku+S-band)
05:15-05:45	CDR,FE-3, FE-5	MIDDAY MEAL
05:15-05:40	FE-1,FE-2, FE-4	MIDDAY MEAL
05:40-05:45	FE-1,FE-4	Spacesuit 3 handover for drying in TK 711
05:45-05:55	FE-5	ISS HAM Radio Power up
05:45-05:50	FE-3	Work prep
05:45-05:55	FE-4	Drying Soyuz Space Suit 3 in TK 711 – start
05:45-05:55	CDR	ICE-SCOF Cable Connection
05:50-05:55	FE-3	CEVIS USB connection to SSC
05:55-06:40		ISS Safety Briefing post TK 712 dock
06:40-07:05		Daily planning conference (S-band)
07:05-07:15	FE-2	Drying Soyuz Space suit 1,2 – termination
07:05-07:20	FE-4	On MCC Go [TBC] deactivation. Application closeout and TV-data controls deactivation
07:05-07:30	CDR	Evening work prep
07:05-07:20	FE-5	Evening work prep
07:05-07:35	FE-3	Crew Quarters Outfitting for New Crewmembers
07:15-07:20	FE-2	Drying the 1-st pair of gloves – start
07:20-09:20	FE-5	Pre-sleep
07:20-08:30	FE-4	Pre-sleep
07:20-08:20	FE-1	TK 712 Deactivation (no GA deactivation)
07:30-09:30	CDR	Pre-sleep
07:35-07:50	FE-3	SHD1ST - Daily Questionnaire
07:50-07:55	FE-2	Drying the 1-st pair of gloves – term, drying the 2-nd pair of gloves – start

07:50-09:30	FE-3	Pre-sleep
07:55-08:25	FE-2	Pre-sleep
08:20-09:10	FE-1	Pre-sleep
08:25-08:30	FE-2	Drying the 2-nd pair of gloves – term
08:30-08:45	FE-4	Drying the 3-d space suit – term, drying the 3-rd pair of gloves in TK 711 - start
08:30-09:10	FE-2	Pre-sleep
08:45-09:15	FE-4	Pre-sleep
09:10-09:20	FE-1,FE-2	Soyuz Space suits 1, 2 and 1 <sup>st</sup> and 2 <sup>nd</sup> pair of gloves stowage after dry
09:15-09:20	FE-4	Drying the third pair of Soyuz Space gloves in TK 711 – term
09:20-09:30	FE-5	USOS Window Shutter Close
09:20-09:25	FE-4	Soyuz Space Suit 3 and 3 <sup>rd</sup> pair of gloves handover for stowage after dry
09:20-09:30	FE-1	Soyuz Space suit 3 and 3 <sup>rd</sup> pair of gloves stowage after dry
09:30-06:00		Sleep

## Notes:

- SM Window No. 9 shutter opening is at crew discretion w/ Report to MCC
   Pre-sleep ops: Dinner, Daily food prep, pre-sleep)
- 3. See OSTPV for references to US activities.
- 4. Russian crew uses US exercise equipment strictly per F24 or OSTPV
- 5. No T2 Exercises -

<u>03.25.14</u> - 17:00 - 18:42; <u>03.26.14</u> - 00:40 - 01:15; 03:04 - 03:37; 13:15 - 14:52

6. No ARED Exercises - 03:04 - 03:17

End of Radiogram