

**PLASMA CRYSTAL-3.**

GMT	CREW	ACTIVITY
06:00-06:05	FE -1	Morning inspection
06:00-06:10	CDR	
06:05-06:10	FE -1	PLASMA CRYSTAL-3. Turbo-pump activation
06:10-06:40	.	Post-sleep
06:40-07:30	.	BREAKFAST
07:30-07:55	.	Prep for work
07:55-08:10	.	Daily planning conference ( <i>S-band</i> )
08:10-08:15	CDR	Expedition 8 payload status check (Soyuz 7 stage)
08:15-09:45	FE -1	Pressurization of Rodnik ullage on Progress
08:15-08:30	CDR	PFMI - reconfiguration
08:30-09:20	CDR	MSG – video circuit assembly
09:20-09:40	CDR	PFMI – equipment tune up
09:40-10:40	CDR	IWIS data transfer to hard drive card
09:45-10:00	FE -1	ЗУП-86-II labeling
10:40-11:20	CDR	Microbial analysis.
10:45-11:00	FE -1	IMS tag up ( <i>S-band</i> )
11:00-12:30	FE -1	Physical Exercise (TVIS) day 2
11:20-11:40	CDR	Download of microbial samples data to MEC
11:40-12:10	CDR	Interaction – data collection
12:30-13:30	.	LUNCH
13:30-13:50	CDR	TVIS/RED/CVIS data transfer to MEC
13:30-13:45	FE -1	PCS reboot (once a week)
13:45-13:50	FE -1	SSC OCA router reboot
13:50-14:10	CDR	Transfer of heart rate data to MEC
14:05-14:35	FE -1	PLASMA CRYSTAL -3. Experiment set up. <i>Tag up with the specialist. (S-band)</i>
14:10-14:25	CDR	Deletion of files with HRM data
14:25-14:35	CDR	Removal of earlier installed FMK monitors
14:35-15:10	FE -1	PLASMA CRYSTAL. Experiment (start) <b>TV downlink</b> <i>Tag up with specialist (S-band)</i>
14:45-14:50	CDR	Ham radio set up
14:50-15:00	CDR	Ham radio session
15:00-15:15	CDR	Questionnaire: log entry (CDR)
15:20-15:45	CDR	CBOSS FDI - crew/experiment developers conference
15:40-15:45	FE -1	Carbon dioxide level monitoring
15:45-16:15		Tag up with TVIS R&R procedure specialists ( <i>S-band</i> )
16:15-18:30	CDR	Physical Exercise (RED + TVIS)
16:15-16:35	FE -1	IMS file prep
16:35-16:45	FE -1	PLASMA CRYSTAL -3. Experiment (completion) <i>Tag up with specialists (S-band)</i>

16:45-17:15	FE -1	PLASMA CRYSTAL -3. Copying data from hard drive, stowage of videocassettes, <i>Tag up with specialists (S-band)</i>
17:15-17:45	FE -1	COЖ maintenance (БРПК separator inspection)
17:45-18:45	FE -1	Physical Exercise (VELO + Load trainer 1) – day 2
18:30-18:40	CDR	EMU battery discharge
18:45-19:00	.	Daily planning conference ( <i>S-band</i> )
19:00-19:15	.	FD/ISS crew conference ( <i>S-band</i> )
19:15-19:25	CDR	Conference with K. Rominger ( <i>S-band</i> )
19:15-19:30	FE -1	Daily plan review
19:30-20:00	.	DINNER (Renal: pill ingestion)
20:00-20:30	.	Daily food prep
20:30-21:30	CDR	Pre-sleep
20:30-21:25	FE -1	
21:25-21:30	FE -1	PLASMA CRYSTAL -3. Turbo-pump deactivation
21:30-06:00		SLEEP

<b>Task List</b>	FE -1	Search for equipment
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**Note:** See OSTP for references to US activities  
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