

TIME	CREW	ACTIVITY/ ODF or RADIOGRAM
06:00-06:05	FE-5	Elektron-VM Aerosol Filter Inspection
06:00-06:10	CDR	Morning Inspection
06:00-06:05	FE-6	REACTION: reaction self-test
06:05-06:10	FE-5, FE-6	Morning Inspection
06:10-06:40	.	Post-Sleep
06:40-07:30	.	Breakfast
07:30-10:00	FE-5	Weekly Housekeeping SM Ventilation System Preventive Maintenance, Group E; FGB LJB2 Fan Cleaning
07:30-10:30	CDR, FE-6	Weekly Housekeeping
10:00-11:00	FE-5	Physical Exercise - ARED
11:00-12:30	FE-5	Physical Exercise - TVIS, Day 2
12:30-13:00	.	Weekly Planning Conference ( <i>S-band</i> )
13:00-14:00	.	Lunch
14:00-14:40	FE-5	COX Maintenance. <b>Potok Filter Cleaning: SM and FGB (using vacuum cleaner with uholstery nozzle with Potok off)</b> <b>Usage Counter (СП), Water Supply System (CBO), and SM and FGB Potok On Time Calldowns, MΦP Hse Inspection</b>
14:40-14:55	FE-5	Private Family Conference ( <i>Ku+S-band</i> )
14:55-15:10	FE-5	Soyuz 229 Gas Analyzer Deactivation
15:00-16:30	FE-6	Physical Exercise - ARED
15:30-15:45	CDR	Private Family Conference
16:30-18:00	CDR	Physical Exercise - ARED
16:30-17:30	FE-6	Physical Exercise - ARED
17:35-17:50	FE-6	Private Family Conference
18:00-19:00	CDR	Physical Exercise - T2
18:20-18:25	FE-5	Elektron-VM Aerosol Filter Inspection
18:30-18:35	FE-6	SSC File Server Reboot
18:35-18:40	FE-6	OCA SSC Router Reboot
18:40-18:45	FE-6	ISS Server Router Reboot
18:45-19:15	FE-5, FE-6	Evening Work Prep
19:00-19:15	CDR	Evening Work Prep
18:15-19:30	.	Daily Planning Conference ( <i>S-band</i> )
19:30-21:25	FE-6	Pre-Sleep
19:30-21:30	FE-5	Pre-Sleep
19:30-20:20	CDR	Pre-Sleep
20:20-20:35	CDR	Private Family Conference ( <i>Ku+S-band</i> )
20:35-21:30	CDR	Pre-Sleep
21:25-21:30	FE-6	REACTION: reaction self-test
21:30-06:00	.	Sleep
<b>Task List</b>	<b>FE-5</b>	URAGAN. Observation and Imagery

**Notes**

1. SM Window 9 shutter opening is at crew discretion w/ **Report to MCC**
  2. See OSTP for missing references to US Activities
  3. Pre-Sleep: dinner, daily food prep, evening ablutions
- End of Radiogram