

Medical Experiments

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:50	CDR	Post-sleep
06:10-06:40	FE-1	
06:40-06:50		HEMATOCRIT. Hematocrit test
06:50-07:10	FE-1 CDR-assists	Blood test using Portable Clinical Blood Analyzer (PCBA)
07:10-07:30	CDR FE-1 assists	
07:30-07:40	CDR	HEMATOCRIT. Hematocrit test
07:30-08:20	FE-1	BREAKFAST
07:40-08:20	CDR	
08:20-08:35		Daily planning conference (<i>S-band</i>)
08:35-08:50	CDR	GASMAP HRF - routine health check power up
08:40-09:40	FE-1	Search for TV-cable and set up work site before routing TV-cable to FGB. Tagup with specialists (<i>S-band</i>)
08:50-08:55	CDR	Disconnect Display and Control Panel (DCP) power cable
08:55-09:00		RED bolt maintenance
09:00-09:15		Routine inspection of RED
09:15-09:30		Set up video equipment for video imagery of exercise on TVIS
09:40-10:10	FE-1 CDR assists	Periodic Health Status
10:10-10:40	CDR FE-1 assists	
10:40-11:10	FE-1 CDR assists	MO-1. Study of cardiac bioelectric activity at rest To=10:52. Tagup w/specialists (VHF)
11:10-12:10		De-installing Progress 354 docking mechanism
12:10-13:10	CDR	Physical Exercise (RED)
12:10-13:40	FE-1	Physical Exercise TVIS-3
13:10-13:40	CDR	COX maintenance
13:40-14:40		LUNCH
14:40-16:10	FE-1	Preventive maintenance of SM ventilation system. Group B
14:40-14:45	CDR	On MCC GO ISS O2 repress using Progress 354 CpПK (start)
14:55-15:10		Private medical conference (<i>S-band</i>)
15:15-15:20		Set up for HAM radio session
15:20-15:30		HAM radio session
15:30-15:35		GASMAP HRF - routine health check power down
15:35-15:40		ISS O2 repress from Progress 354 CpПK (terminate)
15:40-16:05		Periodic health status (PHS): data logging
16:05-17:30		Physical Exercise (TVIS)
16:10-16:40		FE-1
16:40-16:55		UROLUX hardware setup

16:55-17:10		Private medical conference (<i>Ku + S-band</i>)
17:10-18:10		Physical Exercise (VELO+RED) - 3
17:30-17:35	CDR	TVIS Weekly Maintenance
17:35-17:50		Stow video equipment used for video imagery of exercise on TVIS
17:50-17:55		Conference with US Space Commander (<i>S-band</i>)
17:55-18:10		PHS and MO-10 hardware stow
18:10-18:15	FE-1	Transfer TVIS, RED, and HRM data to MEC
18:15-18:45		Daily plan review
18:45-19:00		Daily planning conference (<i>S-band</i>)
19:00-19:30		Report prep
19:30-20:00		DINNER
20:00-20:30	CDR	Daily food prep
20:00-20:30	FE-1	Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

Note: See OSTP for references to US activities.

End of radiogram