Radiogram No. 1123 u Form 24 for 09/11/09 **Stowing Hardware for Disposal in Progress. SM and Progress TORU Test**

GMT	CREW	ACTIVITY
06:00-06:10	FE-1, FE-3 , FE-4, FE-5	Morning Inspection
06:00-06:10	CDR	SONOCARD Experiment Termination
06:00-06:30	FE-2	
06:10-06:40	FE-1, FE-3 , FE-5	Post-sleep
06:10-06:50	FE-4	
06:10-06:15	CDR	Morning Inspection
06:15-06:45	CDR	Post-sleep
06:30-07:20	FE-2	
06:40-07:30	FE-1, FE-3 , FE-5	BREAKFAST
06:45-07:35	CDR	
06:50-07:50	FE-4	Physical Exercise (CEVIS)
07:20-07:30	FE-2	EHS Sampling Start
07:30-07:40	FE-5	
07:30-07:50	FE-1, FE-2, FE-3	Work Prep
07:35-07:50	CDR	SONOCARD Copy Data to RSE-MED Laptop
07:40-07:45	FE-5	MPC Deactivation
07:45-07:50	FE-5	JEMRMS Backup Controller (BUC) Power on
07:50-08:15		Daily Planning Conference (S-band)
08:15-08:30		ISS Crew and ГОГУ (RSA Flight Control Team Management) Weekly Conference (S-band)
08:30-10:00	FE-5	Physical Exercise (ARED)
08:30-08:35	FE-1	Video Setup for PFE Footage
08:30-09:10	FE-4	BREAKFAST
08:30-09:30	FE-3	Physical Exercise (VELO), day 4
08:30-10:00	FE-2	Periodic Fitness Evaluation - Nom Ops (subject)
08:30-08:45	CDR	IMS Tagup (S-band)
08:35-08:45	FE-1	Terminate EMU Metox Regeneration
08:45-09:00	FE-1	N2 Port Hatch Unlatch
08:45-10:00	CDR	Hardware Stowage for Disposal in Progress 367 and IMS updates
09:05-09:35	FE-1	Periodic Fitness Evaluation - Nom Ops (assistance)
09:10-09:30	FE-4	Work Prep
09:30-09:35	FE-4	JPM Vibration Measurement
09:30-10:00	FE-3	Hygiene Procedures
09:35-09:45	FE-4	Clock Adjustment
10:00-10:30	CDR	Installation of ЮА114M ROM into primary БИТС2-12 system V4Б.Т БЦБ [Central Processor Subsystem] String
10:00-11:30	FE-2	Physical Exercise (ARED)

	FE-3 , FE-4, FE-5	Soyuz 225 Descent OBT. Tagup with specialists (S-band)
10:05-10:25 I	FE-1	WHC Seat R&R
10:25-11:25 I	FE-1	Waste and Hygiene Compartment (WHC) R&R
10:30-11:00	CDR	Changeout of CPB-K2M purification column assembly
11:00-11:30	CDR	СОЖ Maintenance
11:30-11:35 I	FE-2	Stowage of Equipment Used for PFE Video Shoot
11:30-12:30	CDR	Physical Exercise (TVIS), day 1
11:30-13:00 I	FE-1	Physical Exercise (ARED)
11:35-12:20 I	FE-2	Scheduled Maintenance of Compound Specific Analyzer- Combustion Products (CSA-CP)
12:20-12:25 I	FE-2	EHS Sampling Termination
12:25-12:30 I	FE-2	Using the Node 2 Camcorder
12:30-13:00 I	FE-2	Setup for Robotics OBT
12:30-13:00	CDR	Hygiene Procedures
13:00-13:20		Crew Conference with Astronaut Office Management (S-band)
13:20-14:20		LUNCH
14:20-15:20	CDR, FE-3	Hardware stowage for Disposal in Progress 367 and IMS updates
	FE-2, FE-4, FE-5	HTV OBT
14:20-17:15 I	FE-1	US EVA Tool Gathering
15:20-16:00	CDR, FE-3	SM and Progress TORU test with no Progress Approach & Attitude Control Thrusters [ДПО] commanding (Intermodular test) / Tagup with specialists (VHF)
16:00-16:10	CDR	Monitoring Temperature of Secondary Combustion Unit after Elektron Activation / r/g 144
16:10-17:10 I	FE-3	Physical Exercise (TVIS), day 4
16:10-17:10	CDR	Physical Exercise (VELO), day 1
	FE-2, FE-4, FE-5	HTV OBT Debrief
17:10-18:10	CDR	Hardware Stowage for Disposal in Progress 367 and IMS updates
17:15-17:25 I	FE-1	Nutrition and Repository Crew Blood Collection Hardware Setup
17:20-17:25 I	FE-4	JPM Tapping Measurement
17:20-17:25 I	FE-5	JEMRMS Backup Controller (BUC) Power off
17:20-17:35	FE-2	Teardown ROBoT after Training Session
17:25-17:30 I	FE-5	MPC Reconnect
17:25-18:50 I	FE-4	Physical Exercise (ARED)
17:25-17:45	FE-1	Nutrition and Repository Crew Urine Collection Hardware Setup
17:30-18:30 I	FE-5	Physical Exercise (CEVIS)
17:30-17:35 I	FE-3	On MCC Go ISS repress from Progress 367 CpΠK (start)
17:35-17:40 I	FE-2	Stow Video Equipment Used during ROBoT
17:40-18:00 I	FE-3	IMS Update
17:40-18:00 I	FE-2	Evening Work Prep
17.40-16.00	' - -	

18:00-19:00	FE-2	Pre-sleep	
18:00-18:30	FE-3	SEINER Ocean Observation	
18:00-19:00	FE-1	Physical Exercise (TVIS)	
18:20-19:00	CDR	Evening Work Prep	
18:30-18:55	FE-5		
18:35-18:40	FE-3	ISS Repress from Progress 367 CpΠK (terminate)	
18:40-19:00	FE-3	Evening Work Prep	
18:50-19:00	FE-4		
18:55-19:00	FE-5	Transfer TVIS, CEVIS, and HRM data to MEC	
19:00-19:25		Daily Planning Conference (S-band)	
19:25-19:45	CDR, FE-2, FE-3, FE-4, FE-5	Pre-sleep	
19:25-19:30	FE-1	MPC Power Up	
19:30-19:45	FE-1	Pre-sleep	
19:45-20:05		Flight Director / ISS Crew Tagup (Ku + S -band)	
20:05-21:25	FE-1	Pre-sleep	
20:05-20:30	FE-2		
20:05-21:20	FE-3		
20:05-21:30	CDR, FE-4, FE-5		
20:30-21:30	FE-2	Physical Exercise (CEVIS)	
21:20-21:30	FE-3	SONOCARD Experiment Start	
21:25-21:30	FE-1	MPC Power Down	
21:30-06:00		SLEEP	

Notes:

- 1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC** 2. See OSTP for references to US activities
- 3. Pre-sleep: dinner, daily food prep, evening toilet End of Radiogram