

Radiogram No. 2589 u

Form 24 for 03/14/10

**CREW PROGRESS/DC1 ACTIVITIES. ATTITUDE CONTROL THRUSTER [DO] INHIBIT FOR DC1-PROGRESS TRANSFER HATCH CLOSURE.**

GMT	CREW	ACTIVITY
06:00-06:05	CDR,FE-5	Bisphosphonates Pill Ingestion
06:00-06:10	<b>FE-4,FE-6</b>	Morning Inspection
06:00-06:05	<b>FE-1</b>	Elektron-VM Aerosol Filter Inspection
06:05-06:25	CDR,FE-5	HRF Urine Collection
06:05-06:10	<b>FE-1</b>	Morning Inspection
06:10-06:40	<b>FE-1,FE-4</b>	Post-sleep
06:10-06:30	FE-6	Post-sleep
06:25-06:30	CDR,FE-5	Nutrition and Repository Urine Sample MELFI Insertion
06:30-06:40	FE-6	Reaction Photo Documentation
06:30-06:35	CDR	REACTION Self Test
06:35-06:40	FE-5	REACTION Self Test
06:35-07:15	CDR	Post-sleep
06:40-06:45	FE-5,FE-6	Reaction Photo Documentation
06:40-07:30	<b>FE-1,FE-4</b>	BREAKFAST
06:45-06:55	FE-6	Post-sleep
06:45-07:15	FE-5	Post-sleep
06:55-07:45	FE-6	BREAKFAST
07:15-07:30	CDR	BREAKFAST
07:15-08:15	FE-5	BREAKFAST
07:30-08:30	<b>FE-4</b>	Removing Local Temperature Sensor Switching Unit ЛКТ (TA251M1Б) in Progress 403. <b><i>Stow the removed unit in bag 353-8, b/c 00037141, behind SM panel 314</i></b>
07:30-07:40	CDR	BISE Historical Photo Documentation
07:40-08:15	CDR	BREAKFAST
07:45-09:15	FE-6	Physical Exercise (ARED)
08:15-09:15	FE-5	Physical Exercise T 2
08:30-10:00	<b>FE-1</b>	Physical Exercise (TVIS), Day 3
08:30-09:30	<b>FE-4</b>	Installing Progress 403 Docking Mechanism
08:55-09:00	CDR	Setting up camera in A/L for Metox regeneration monitoring from the ground
09:00-09:30	CDR	Start EMU Metox Regeneration
09:15-10:45	FE-5	Physical Exercise (ARED)
09:15-10:15	FE-6	Physical Exercise T 2
09:30-10:15	<b>FE-4</b>	Progress 403 Activation
10:05-10:25	CDR	HRF Urine Collection
10:15-10:35	<b>FE-4</b>	Removal and inspection of DC1 quick-release screw clamps
10:25-10:30	CDR	Nutrition and Repository Urine Sample MELFI Insertion
10:30-11:30	CDR	Physical Exercise T 2
10:30-10:45	<b>FE-1</b>	Private Family Conference ( <i>Ku+S-band</i> )
10:35-10:55	<b>FE-4</b>	DC1-Progress Transfer Hatch Closure

10:55-11:55	FE-4	DC1-CY and CY-Progress Hatch Leak Check
11:30-13:00	CDR	Physical Exercise (ARED)
11:55-12:05	FE-4	DC1/Progress 403 interface video downlink prior to hatch closure ( <i>Ku-band</i> )
12:35-12:45	FE-6	CARD HOLTER BLOOD PRESSURE - Battery Installation
12:35-12:55	FE-5	HRF Urine Collection
12:45-13:00	FE-4	Private Family Conference ( <i>Ku+S-band</i> )
12:45-13:00	FE-6	JPM Lab and Cupola Window Shutter Close
12:55-13:00	FE-5	Nutrition and Repository Urine Sample MELFI Insertion
13:00-14:00	.	LUNCH
14:00-14:10	CDR	Discarding expired items from the VO2max consumable kit
14:00-14:25	FE-6	Caution & Warning Book Update
14:00-14:40	FE-1	COЖ Maintenance. <b>Inspection of CPB-K2M hoses from MΦP filter to БРПК separator. SM and FGB CBO, ЦП, and POTOK Air Purification System Data Calldowns</b>
15:00-15:20	CDR	Nutrition and Repository Stow Urine Sampling Equipment
15:40-15:45	FE-6	OCA SSC Router Reboot
15:45-15:50	FE-6	SSC File Server Reboot
16:00-17:30	FE-4	Physical Exercise (TVIS), Day 4
16:35-16:50	FE-6	Private Family Conference
17:30-18:30	FE-1	Physical Exercise (TVIS), Day 3
17:30-18:30	FE-4	Physical Exercise (ARED)
17:50-18:05	FE-5	Private Family Conference
18:15-19:05	CDR,FE-5,FE-6	Evening Work Prep
18:30-18:35	FE-1	Elektron-VM Aerosol Filter Inspection
18:30-19:05	FE-4	Evening Work Prep
18:35-19:05	FE-1	Evening Work Prep
19:05-19:20	.	Pre-sleep
19:20-19:45	.	Daily Planning Conference ( <i>S-band</i> )
19:45-21:30	FE-1,FE-4	Pre-sleep
19:45-21:25	CDR,FE-5,FE-6	Pre-sleep
21:25-21:30	CDR,FE-5,FE-6	REACTION Self Test
21:30-06:00	.	SLEEP
Task List	FE-1,FE-4	E21/22 Photo/Video
		ECON. Observations and Photography
	FE-1	PLANTS-2. Box A (KM 22) Pump Activation
		PLANTS-2. Payload Status Check
	FE-4	URAGAN. Observations and Photography
		SEINER Ocean Observations

**Notes:**

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
  2. See OSTP for references to US activities
  3. Pre-sleep ops: dinner, daily food prep, evening toilet
- End of Radiogram