

Transition from PCO to OCKpurging and vacuuming fuel/oxidizer refilling device 3YГ(3YO) on 12Progress

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-10:30		Weekend housekeeping
10:30-11:30	FE-1	Physical Exercise (VELO + Force Loader/ cycle 1) day 4
11:45-12:30		RELAKSATSIYA. Hardware setup. <i>Tagup with specialists. (S-band)</i>
12:30-13:30		LUNCH
13:30-14:00		DPC (S-band)
14:05-14:50	FE-1	RELAKSATSIYA: Study of SM thrusters. <i>Tagup with specialists (VHF)</i>
15:00-15:20		Weekly ISS crew/program management conference <i>(S-band)</i>
15:45-16:00	FE-1	PFC <i>(VHF, home phone)</i>
16:10-16:25	CDR	PPC <i>(S-band)</i>
16:25-16:55		COЖ maintenance
16:55-17:55		Physical Exercise (CEVIS)
17:55-19:10		Physical Exercise (RED)
18:00-19:30	FE-1	Physical Exercise (TVIS) day 4
19:15-19:30	CDR	Questionnaire: journal entry
19:30-20:00		DINNER (RENAL: pill ingestion)
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	FE-1	Equipment search

Note: See OSTP for references to US activities

End of radiogram