

Radiogram No. 3621u

Form 24 for 07/18/2010

**CREW OFF-DUTY. TV GREETING.**

<b>GMT</b>	<b>CREW</b>	<b>ACTIVITY</b>
06:00-06:10	<b>CDR,FE-5,FE-2,FE-4,FE-6</b>	Morning Inspection
06:00-06:05	<b>FE-3</b>	Elektron-VM Aerosol Filter Inspection
06:05-06:10	<b>FE-3</b>	Morning Inspection
06:10-06:40	.	Post-sleep
06:40-07:30	.	BREAKFAST
07:40-08:40	<b>FE-3</b>	URAGAN Experiment Historical Video Documentation
07:50-08:40	<b>FE-5</b>	URAGAN Observation and Photography Using FSS
08:55-09:00	FE-2	CFE Powerup
09:30-10:00	<b>CDR,FE-3,FE-5</b>	<b>TV-ISS-MCC.</b> Downlink greetings to Soyuz-19 and Apollo-18 crews, to Wings Of Russia Festival, and a greeting on Airborne Forces Day. <b>To=09:30 ,T1,T2,T3 from CПП</b>
09:45-10:00	FE-2,FE-4,FE-6	Downlink a greeting to Soyuz-19 and Apollo-18 crews
10:00-11:30	<b>FE-3</b>	Physical Exercise (TVIS), Day 4
10:00-11:30	FE-4	Physical Exercise (ARED)
10:30-11:30	FE-6	Physical Exercise T 2
10:30-10:45	<b>CDR</b>	Private Family Conference ( <i>Ku+S-band</i> )
11:30-12:30	FE-4	Physical Exercise (T2)
11:30-13:00	FE-6	Physical Exercise (ARED)
11:30-13:00	<b>CDR</b>	Physical Exercise (TVIS), Day 3
11:50-11:55	FE-2	CFE Powerdown
13:00-14:00	.	LUNCH
14:00-14:10	<b>CDR</b>	URAGAN FSS Battery Charge (start)
14:10-14:50	<b>CDR</b>	COЖ Maintenance. <b><i>SM and FGB Flush Counter (CП), Water Supply System (CBO), Potok Air Purification System Data Calldowns Inspection of CPB-K2M hose from MΦ-P to БРПК separator</i></b>
14:55-15:10	FE-4	Private Family Conference
15:10-16:10	<b>FE-5</b>	Physical Exercise (ARED)
15:55-16:10	FE-6	ICV Monitoring End
16:00-16:15	FE-4	Water Recovery System, Filling a CWC-I from PWD Aux Port
16:00-16:10	<b>CDR</b>	URAGAN FSS Battery Charge (terminate)
16:10-17:40	<b>FE-5</b>	Physical Exercise (TVIS), Day 4
16:10-17:10	<b>FE-3</b>	Physical Exercise (ARED)
16:10-17:10	FE-2	Physical Exercise T 2
16:50-17:05	FE-4	Water Recovery System, Filling a CWC-I from PWD Aux Port
17:10-17:20	FE-2	T2 Snubber Arm Inspection
17:20-18:50	FE-2	Physical Exercise (ARED)
17:35-18:35	<b>CDR</b>	Physical Exercise (VELO), Day 3
18:15-18:20	<b>FE-3</b>	Elektron-VM Aerosol Filter Inspection
18:20-18:30	<b>FE-3</b>	BAR Start Charging Pyren-B
18:35-18:50	<b>CDR,FE-3,FE-5,FE-4,FE-6</b>	Evening Work Prep

18:50-19:15	.	Daily Planning Conference ( <i>S-band</i> )
19:15-19:30	.	Evening Work Prep
19:30-21:30	.	Pre-sleep
21:30-06:00	.	SLEEP

**Notes:**

1. SM Window #9 shutter opening is at crew discretion w/ Report to MCC
  2. See OSTP for references to US activities
  3. Pre-sleep ops: dinner, daily food prep, evening toilet
- End of Radiogram