

Cardiocog Experiment Ops

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:50		Work prep
07:50-08:05		Daily planning conference (<i>S-band</i>)
08:05-08:15		Work prep
08:15-08:45	CDR	On-orbit hearing assessment using EarQ
08:20-08:35	FE-1	VOLNY [WAVES]. Hardware deactivation
08:35-08:45		NOA (ESANO1). Hardware setup and activation
08:45-09:10		On-orbit hearing assessment using EarQ
09:10-09:30	CDR	Stowage of EMU batteries
09:15-09:40	FE-1	NOA (ESANO1). Measurement and close out ops
09:30-10:00	CDR	RSU battery cover replacement
09:40-09:55	FE-1	IMS tagup (<i>S-band</i>)
09:55-11:55		CARDIOCOG. Experiment ops. <i>Tagup with specialists (S-band)</i>
10:10-11:40	CDR	Physical Exercise (TVIS)
11:40-11:50		TVIS Weekly Maintenance
11:50-12:50		Physical Exercise (RED)
11:55-13:25	FE-1	Physical Exercise (TVIS) day 1
12:50-13:00	CDR	Disconnecting LTL
13:00-13:30		De-mating MTL supply and return Express Rack1 QD
13:25-13:30	FE-1	On MCC Go ISS O2 repress from Progress 354 CpПК (start)
13:30-14:30		LUNCH
14:30-14:35	FE-1	ISS O2 repress from Progress 354 CpПК (terminate)
14:35-15:10		ALTCRISS. Installation of protective shields on AST spectrometer
14:45-16:15	CDR	US SLM: installation and measurements
15:10-16:20	FE-1	PLANTS-2. Hardware transfer and installation. Tagup with specialists (<i>S-band</i>)
16:15-16:30	CDR	SLM data transfer to MEC
16:20-17:05	FE-1	PLASMA CRYSTAL-3. Familiarization with experiment timeline and replacement of TE ODF pages. Tagup with specialists (<i>S-band</i>)
16:30-17:00	CDR	COЖ maintenance
17:00-17:05		BCAT-3: camera checkout
17:05-17:25	FE-1	IMS update
17:05-17:30	CDR	Routine maintenance of Compound Specific Analyzer- Combustion Products (CSA-CP)
17:25-17:40	FE-1	Taking readings from AOK ГАНК-4M gas analyzer
17:30-17:35	CDR	Carbon dioxide monitoring
17:35-17:50		Food questionnaire
17:40-18:40	FE-1	Physical Exercise (VELO+RED) day 1
17:50-18:05	CDR	Rebooting all PCS (weekly)
18:05-18:10		Rebooting OCA SSC router
18:30-18:35		Compound Specific Analyzer- Combustion Products (CSA-CP) data log

18:35-18:40		Transferring TVIS, RED, and HRM data to MEC
18:40-18:55		Daily planning conference (<i>S-band</i>)
18:55-19:10		Flight Director/ISS Crew Tagup (<i>S-band</i>)
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	FE-1	GCF-JAXA. TBY incubator temperature check
		Search for CKB2 Power Supply Unit [БП]

Note: See OSTP for references to US activities.
End of Radiogram