

**SINGLE-BURN ISS REBOOST USING FOUR PROGRESS 354 ДПО THRUSTERS AND YC-21**

GMT	CREW	ACTIVITY
06:00-06:10	.	Morning inspection
06:10-06:40		Post-sleep
06:40-07:30	FE-1	BREAKFAST
06:40-07:25	CDR	
07:25-07:35		PAO hardware setup
07:35-07:50	.	Daily Planning Conference ( <i>S-band</i> )
07:50-08:00		Crew prep for PAO
08:00-08:25		PAO ( <i>Ku+S-band</i> )
08:25-10:25	CDR	FOOT - Video Ops
08:25-08:30	FE-1	JAXA 3D-PCGF. Equipment status check
08:30-11:55		Stowing hardware in Progress M-354 for disposal and IMS update
10:25-11:25	CDR	FOOT- calibration w/video
11:25-11:30		LAB window shutter closure
11:30-11:35		Video tape changeout in VTR
11:45-11:55		Formaldehyde Monitoring Kit (FMK) stow ops
11:55-13:25		Physical Exercise (RED)
11:55-13:25	FE-1	Physical exercise (TVIS), day 4
13:25-14:25	.	LUNCH
15:05-15:55	FE-1	IMS audit of CCBП kits. <i>Tagup at the beginning of activity (S-band)</i>
15:05-15:15	CDR	Post-PAO equipment stowage
15:15-17:00		Gathering of US trash to be loaded into Progress 354
15:55-16:25	FE-1	Filling EDV [KOB] for Electron
16:25-16:55		COЖ maintenance
16:55-17:55		Physical Exercise (VELO+RED) day 4
17:00-17:05	CDR	O2 and CO2 status check.
17:05-17:20		FOOT. Pedals Setup
17:20-18:20		Physical Exercise (CEVIS)
17:55-18:00	FE-1	FOOT. Historical documentation photography
18:00-18:20		IMS update
18:20-18:25		Transferring TVIS, RED, and HRM data to MEC
18:25-18:55	CDR	FOOT - equipment stow
18:25-18:55	FE-1	Daily Plan Review
18:55-19:10	.	Daily Planning Conference ( <i>S-band</i> )
19:10-19:30		Report prep
19:30-20:00		DINNER
20:00-20:30	CDR	Daily food prep
	FE-1	Daily Food Prep
20:30-21:30	.	Pre-sleep

21:30-06:00		SLEEP
<b>Task List</b>	FE-1	GCF-JAXA. TBY temperature check
		PLANTS-2. Payload status check

**Note:** Note: See OSTP for references to US activities.

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