

GMT	CREW	Activity
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-08:00		Prep for work
08:00-08:15		DPC (<i>S-band</i>)
08:15-08:20	FE -1	LAB window leak check
08:20-10:50		EMU don training
10:50-13:50		EMU prebreathe dry run
13:50-15:20		EMU doff training
15:20-16:20		LUNCH
16:20-16:30	FE -1	ISS EMU umbilical (IEU) leak check
16:45-17:15	CDR	COX maintenance
17:10-17:15	FE -1	PCG-STES 010 payload status check (Increment 9)
17:15-17:45		Daily plan review
17:45-18:45	CDR	Physical exercise (VELO+Force Loader-1), day 4
17:45-18:45	FE -1	Physical Exercise (CEVIS)
18:45-19:00		DPC (<i>S-band</i>)
19:00-19:30		Report prep
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	CDR	New MATRIOSKA hardware parameter table download to ISS WIENER
		Evaluation of FGB AND DC1 stowage area free spaces

NOTE: See OSTP for references to US activities

End of r/g