

CREW OFF DUTY

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
10:30-12:00	CDR	Physical Exercise (TVIS)
12:00-13:30	FE-1	Physical Exercise (TVIS) Day 3
12:00-13:00	CDR	Physical Exercise (RED)
13:30-14:30		LUNCH
16:45-17:15	FE-1	COX maintenance
17:15-17:30	CDR	Private family conference (<i>S + Ku-band</i>)
17:15-18:15	FE-1	Physical Exercise (VELO+RED) day 3
18:10-18:15	CDR	O2 and CO2 level check
18:15-18:45		Daily plan review
18:45-19:15		Report prep
19:15-19:30		Daily Planning Conference (<i>S-band</i>)
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	FE-1	GCF-JAXA. TBY temperature check
		PLANTS-2. Payload status check
		DIATOMEA. World ocean observations
		Photography of CKK cassettes

Note. Note: See OSTP for references to US activities.

End of Radiogram