Radiogram No.0 811u Form 24 for 07/30/2009 **Leak Check of Progress 367 Fuel and Oxidizer Refilling Systems [3УΓ, 3УО] (SM AO). Pressurization and Opening of Refueling Tanks** 

GMT	CREW	ACTIVITY
06:00-06:15	FE-4	Nutrition and Repository - Blood Draw Operator
06:00-06:15	FE-1	Morning Inspection
06:00-06:10	CDR, FE-5	
06:00-06:20	FE-2	Nutrition and Repository - Blood Samples
06:00-06:10	FE-3	Morning Inspection
06:10-06:40	CDR	Post-sleep
06:10-06:50	FE-5	
06:10-06:20	FE-3	MO-8. Setup
06:15-06:35	FE-4	Post-sleep
06:15-06:20	FE-1	Nutrition and Repository. Photography
06:20-06:50	FE-1	Post-sleep
06:20-06:30	FE-2	Nutrition and Repository FE2 Refrigerated Centrifuge Setup
06:20-06:35	FE-3	Body Mass Measurement
06:30-06:40	FE-2	Nutrition and Repository Refrigerated Centrifuge Config
06:35-07:05	FE-3	Post-sleep
06:35-06:50	FE-4	Body Mass Measurement
06:40-07:30	CDR	BREAKFAST
06:40-07:10	FE-2	Post-sleep
06:50-07:05	FE-5	Body Mass Measurement
06:50-07:45	FE-4	DDE ALCA OT
06:50-07:35	FE-1	BREAKFAST
07:05-07:45	FE-5	Post-sleep
07:05-07:15	FE-3	MO-8. Cleanup
07:10-07:30	FE-2	Nutrition and Repository Blood Sample Insertion into MELFI
07:15-07:45	FE-3	BREAKFAST
07:30-07:45	FE-2	DREANFAST
07:45-08:05		Daily Planning Conference (S-band)
08:05-08:35	FE-1, FE-5	DOUG Software Review
08:05-08:35	FE-3	GINSENG-2. Transfer from Progress 367 to DC1, Setup for Exposure, Photography. Tagup with specialists (S-band + VHF) / r/g 827
08:05-08:10	FE-2	Video Setup for PFE Footage
08:05-09:05	CDR	Progress 367 Unloading with IMS support
08:10-09:40	FE-2	Periodic Fitness Evaluation Nom Ops (subject)
08:35-09:35	FE-1, FE-5	SSRMS Ops
08:35-09:05	FE-3	CMO Proficiency Training
08:45-09:15	FE-4-assists	Periodic Fitness Evaluation Nom Ops
09:05-09:15	CDR	Set up Video Equipment to Record ARED Exercise
09:15-10:15	FE-4	Physical Exercise (TVIS)
09:40-09:45	FE-2	Stowage of Equipment Used for PFE Video Shoot

09:45-10:00	FE-2	Food Frequency Questionnaire
10:00-11:00	FE-2	Physical Exercise (CEVIS)
10:15-11:45	FE-4	Physical Exercise (ARED)
10:30-11:30	CDR	Physical Exercise (ANED)  Physical Exercise (TVIS), day 2
11:00-11:20	FE-2, FE-3,	Crew Weekly Conference With ESA (S-band)
11.00-11.20	FE-5	, , , , , , , , , , , , , , , , , , ,
11:00-12:00	FE-1	Physical Exercise (CEVIS)
11:30-12:00	CDR	Hygiene Procedures
11:30-13:00	FE-2	Physical Exercise (ARED)
11:30-12:30	FE-3	Physical Exercise (TVIS), day 1
12:00-13:00	CDR	ODF Replacement / r/g 834
12:00-12:30	FE-1,FE-5	SSRMS Ops
12:30-13:00	FE-3	Hygiene Procedures
13:00-14:00		LUNCH
14:00-14:50	CDR	Installing YC-21 Matching Unit Container in Progress 367
14:00-14:20	FE-1, FE-2, FE-3, FE-4, FE-5	ISS Crew / Kent Rominger Tagup (Astronaut Office) (S-band)
14:20-14:30	FE-1	Start EMU Metox Regeneration
14:20-14:30	FE-2	Stow Earlier Installed Formaldehyde Monitoring Kit (FMK)
14:20-14:30	FE-4	SLAMMD Hardware Retrieval and Setup
14:30-14:40	FE-4	CLAMMD Fire arise and One
14:40-14:50	FE-1	SLAMMD Experiment Ops
14:40-14:55	FE-4	Fill a CWC-I from PWD, Part 1
14:50-15:00	CDR	On MCC Go: Mating УС-21 and БИТС2-12 Telemetry Connectors
14:55-15:05	FE-2	SLAMMD Experiment Ops
15:00-16:00	FE-3	Install ЛКТ (ТА251М1Б) <i>Mfr</i> #1417726329 and ROM (ТА765Б) <i>Mfr</i> #1417726937 (СМ1РО 3 313 1) in Progress 367. <i>Update the IMS</i>
15:05-15:15	FE-5	SLAMMD Experiment Ops
15:15-15:35	FE-4	SLAMMD Equipment Stow
15:25-16:55	FE-1	Physical Exercise (ARED)
15:35-15:50	FE-4	Fill a CWC-I from PWD, Part 2
15:40-16:40	FE-5	Physical Exercise (TVIS)
15:55-16:00	FE-4	HAM Radio Setup
16:00-16:10	CDR	On MCC Go: Monitoring Temperature of Secondary Purification Unit after Elektron Activation / r/g 144
16:00-16:10	FE-4	HAM Radio Session.
16:10-16:20	FE-4	CWC Audit
16:30-17:50	FE-4	Waste and Hygiene Compartment (WHS) Urine Receptacle and Insert Filter Changeout
16:40-17:10	CDR	СОЖ Maintenance
16:40-18:10	FE-5	Physical Exercise (ARED)
16:55-17:55	FE-3	Physical Exercise (VELO), day 1

17:10-18:00	CDR	Evening Work Prep
17:15-18:15	FE-2	Crew time for ISS adaptation and orientation
17:20-17:25	FE-1	HAM Radio Setup
17:25-17:35	FE-1	HAM Radio Session
17:50-18:10	FE-4	Nutrition and Repository Crew Urine Collection Hardware Setup
17:55-18:15	FE-3	IMS Update
18:00-19:00	CDR	Physical Exercise (ARED)
18:10-19:00	FE-4	Evening Work Prep
18:15-19:05	FE-1, FE-2, FE-3, FE-5	
19:00-19:05	CDR	Stow Video Equipment Used for ARED Exercise Video.
19:00-19:05	FE-4	Transfer TVIS, CEVIS, and HRM data to MEC
19:05-19:15		Pre-sleep
19:15-19:40		Daily Planning Conference (S-band)
19:40-21:20	FE-3	Pre-sleep
19:40-21:30	CDR, FE-1, FE-2, FE-4, FE-5	
21:20-21:30	FE-3	SONOCARD Experiment Start
21:30-06:00		SLEEP
TASK LIST	CDR	URAGAN. Observations and photography

## Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
   See OSTP for references to US activities
   End of Radiogram