

Crew Off-Duty, Disable/Enable ВД-СУ mode and БИТС power on/off

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
09:55-10:00	FE-1	RASTENIYA-2. Hardware status monitoring
10:00-10:15	FE-1	Regeneration of БМП Ф1 cartridge (terminate)
10:15-12:30	CDR	Physical Exercise (TVIS + RED)
10:15-10:30	FE-1	Nitrogen Purge Unit (БПА) R&R prep
10:30-11:30	FE-1	Installation of УС-21 container on Progress 260
11:30-11:40	FE-1	On MCC go: mating telemetry connectors to БИТС2-12 On MCC go: mating/demating БПА telemetry connectors to БИТС2-12
11:40-11:45	FE-1	Closeout ops with БПА unit R&R
11:45-12:45	FE-1	Physical Exercise (VELO + Force Loader/ cycle 1) day 4
12:45-13:00	FE-1	Regeneration of БМП Ф2 cartridge (start)
13:00-14:00	.	LUNCH
16:00-17:30	FE-1	Physical Exercise (TVIS) day 4
17:55-18:10	FE-1	PFC (VHF, home phone)
19:00-19:30	CDR	СОЖ maintenance (calldown on СВО and СП counter)
19:30-20:00		DINNER (Renal: pill ingestion)
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		Sleep
Task List	FE-1	Photo imagery of videometer target and retroreflector (ЛСВ-М) attachment fixture
		LSO activation and NARAD parameter input

See OSTP for references to US activities

End of radiogram