

Handover to ISS-12. Transition from Barbeque to OCK

GMT	CREW	ACTIVITY
07:30-07:40		Morning inspection
07:40-08:10		Post-sleep
08:10-09:00		BREAKFAST
09:00-09:20		Work prep
09:20-09:35		Daily planning conference (<i>S-band</i>)
09:35-09:45		Work prep
09:45-09:50	FE-1, CDR-12	HVO2 valve open and close
09:50-11:50		ISS11-ISS12 Handover
09:55-10:20	VC SFP	SAMPLE-sampling (Session 1)
10:10-10:25	CDR, FE-1-12	Regeneration of Micropurification unit [БМП] Φ1 cartridge (start)
10:25-10:55	CDR, VC SFP	Installing removable HDD on RSE Laptop . Tagup with specialists (<i>S-band</i>)
10:25-10:55	FE-1-12	BIOECOLOGY. Transfer and exposure of kits 4, 7 in SM
10:55-11:35	CDR, FE-1-12	ISS11-ISS12 handover
11:35-12:35	CDR	Physical exercise (TVIS), day 4
11:55-12:25	CDR-12, FE-1	Coolant sampling from the moderate temperature loop
12:00-13:00	VC SFP	ISS Photo/Video
12:25-12:40	CDR-12, FE-1	Multimeter Familiarization
12:35-12:40	FE-1-12	Private medical conference (for the Bracelet questionnaire) (<i>S-band</i>)
12:40-12:50	CDR	Verify ИП-1 sensor installation
12:40-13:00	CDR-12, FE-1	CEVIS monthly maintenance
12:50-13:00	FE-1-12	CONJUGATION. Removing Recomb-K from Biocont-T container
13:00-13:20	CDR	INTERCELLULAR INTERACTIONS. Photography of operations during the second part of the experiment
13:00-14:00	FE-1-12	INTERCELLULAR INTERACTIONS. Deactivation of the bio-object cultivation process <i>Tagup with specialists (S-band)</i>
13:20-13:50	CDR	COЖ maintenance
13:25-14:25	FE-1	Physical Exercise (TVIS)
13:30-13:45	VC SFP	Private medical conference (<i>S-band</i>)
13:50-14:10	CDR	PLANTS-2. Data downlink
14:00-14:30	FE-1-12	CONJUGATION. Process activation, placing in Cryogem-03M at +37 degrees. <i>Tagup with specialists (S-band)</i>
14:20-14:25	CDR, CDR-12	TVIS Weekly Maintenance
14:25-14:30	CDR-12, FE-1	
14:30-15:30	.	LUNCH
15:30-15:35	FE-1	On MCC GO: ISS O2 repress from Progress 354 CpПК (Oxygen Supply Facility) (start)
15:30-16:00	CDR, FE-1-12	Soyuz airduct installation
15:35-16:35	CDR-12, FE-1	DOUG software review
16:00-16:40	CDR	ECON. Installing ABP hardware on window #9. <i>Tagup with specialists (S-band)</i>
16:00-16:30	FE-1-12	INTERCELLULAR INTERACTIONS. Glove Box dismantling
16:35-16:40	FE-1	ISS O2 repress from Progress 354 CpПК (terminate)
16:35-17:05	FE-1-12	CONJUGATION. Close out of activation ops, placement into Biocont-T

		container. <i>Tagup with specialists (S-band)</i>
16:40-17:00	FE-1	IMS file prep
16:40-16:55	CDR	CONJUGATION. Photography of Recomb-K ops
16:55-17:00	CDR	REGENERATION. Self-Contained Temperature Logger [APT] temperature check
17:00-17:10	FE-1	PAO hardware setup
17:10-17:20	.	PAO prep
17:20-17:50	.	US and Russian media PAO event (<i>Ku + S-band</i>)
17:50-18:05	CDR	USOS Backup PAO TV hardware setup
17:50-18:00	FE-1-12	CONJUGATION. Setting up in Cryogem-03M at +4 degrees
17:50-19:20	CDR-12	Install Radiation Area Monitors and photo documentation
18:00-18:20	VC SFP	Earth photo ops (start at 18:07)
18:00-19:30	FE-1-12	Installation of Local Temperature Sensor Switching Unit [ЛКТ] (TA251МБ) #1419532185 and ROM # 1419531907 in the Soyuz 217 Habitation Module (<i>Stowage: CM1PO_3_338_1, soft container 3</i>)
18:00-18:15	FE-1	Private medical conference (<i>S-band</i>)
18:05-18:35	CDR	ECON. Observation and photo imagery using High Resolution Equipment [ABP]. <i>Tagup with specialists (S-band)</i>
18:25-19:25	FE-1	Physical Exercise (RED)
18:30-18:40	VC SFP	LOW BACK PAIN (MUSCLE) -Back Pain Questionnaire
18:35-19:35	CDR	Physical exercise (TVIS), day 4
18:40-18:55	VC SFP	MOP. Log entry
18:55-19:15		Transfer data from flash card to RSE Laptop HDD
19:20-19:45		Pre-sleep
19:25-19:40	FE-1	Questionnaire - journal entry
19:35-20:00	CDR	Daily plan review
19:40-19:45	FE-1	Transfer TVIS, RED, and HRM data to MEC
19:40-19:55	ISS12	Private medical conference (<i>S-band</i>)
19:45-20:15	FE-1,VC SFP	Daily plan review
19:55-20:15	ISS12	
20:00-20:15	CDR	Private medical conference (<i>S-band</i>)
20:15-20:45	.	Report prep
20:45-21:00		Daily planning conference (<i>S-band</i>)
21:00-21:30		DINNER
21:30-22:00		Daily food prep
22:00-22:25	FE-1-12	Pre-sleep
22:00-22:10	VC SFP, CDR	
22:00-23:00	CDR-12, FE-1	
22:10-22:25	CDR,VC SFP	Prep for TV coverage (To = To:22:11, T1, T2, T3 activation from СПП)
22:25-22:40	FE-1-12	Regeneration of Micropurification unit [БМП] Φ1 cartridge (terminate)
22:25-22:40	CDR-assists, VC SFP	TV-PAO ISS-MCC (LIV SECAM) Backup: (Ku-band passes = 22:29-22:35; 22:55-23:10)
22:40-23:00	FE-1-12, CDR, VC SFP	Pre-sleep
23:00-07:30		SLEEP

Task List	CDR	PLANTS-2. Recharging water tank
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Note: See OSTP for references to US activities.
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