

Radiogram No. 2120u

Form 24 for 01/16/10

**CREW OFF-DUTY**

GMT	CREW	ACTIVITY
06:00-06:10	CDR, <b>FE-4</b> , FE-5, FE-6	Morning Inspection
06:00-06:05	<b>FE-1</b>	Elektron-VM Aerosol Filter Inspection
06:05-06:10	<b>FE-1</b>	Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:40	<b>FE-1</b>	Terminate 825M3 Battery Pack 1 Charging And Start Charging 825M3 Battery Pack 2
07:30-10:30	FE-6	Weekly Housekeeping
07:30-08:15	FE-5	
07:30-10:15	CDR	
07:30-10:30	<b>FE-4</b>	Weekly Housekeeping. SM Ventilation System Preventive Maintenance Group E, Cleaning FGB LJB2
07:40-10:40	<b>FE-1</b>	
08:15-09:45	FE-5	Physical Exercise (ARED)
09:45-10:45	FE-5	Physical Exercise T 2
10:15-11:40	CDR	Physical Exercise (ARED)
10:30-10:45	FE-6	Food Frequency Questionnaire
10:40-10:55	<b>FE-1, FE-4</b>	Telephone Conference with Rossiyskiy Cosmos Magazine Editor ( <i>S-band</i> )
10:45-11:45	FE-6	Physical Exercise T2
10:45-13:00	FE-5	Weekly Housekeeping
11:40-11:50	CDR	SDTO T2 Harness Setup
11:40-13:10	<b>FE-1</b>	Physical Exercise (TVIS), Day 2
11:45-13:10	FE-6	Physical Exercise (ARED)
11:50-12:50	CDR	Physical Exercise T2
12:50-13:00	CDR	SDTO T2 Harness Data Downlink
13:00-13:10	CDR	SDTO T2 Inspection
13:10-14:10		LUNCH
14:10-14:40		Weekly Planning Conference ( <i>S-band</i> )
14:40-14:55	CDR	Food Frequency Questionnaire
14:40-14:55	<b>FE-1, FE-4</b>	HAM Radio Session with Kursk Technical University Students
14:55-15:25	<b>FE-1</b>	Pressurization of spare Elektron Liquid Unit #056
14:55-15:35	<b>FE-4</b>	Filling (separation) EDV (KOV) for Elektron <i>from CWC #1030</i>
15:00-15:15	FE-5	Food Frequency Questionnaire
15:25-15:35	<b>FE-1</b>	Maintenance closures of Vozdukh [ABK] valves
15:35-16:15	<b>FE-4</b>	COX Maintenance
15:40-16:00	CDR, <b>FE-1</b> , FE-5, FE-6	Weekly ISS crew conference with the Program Management ( <i>S-band</i> )
16:00-16:15	FE-6	Fluids Integrated Rack (FIR) Photo/TV Video Setup
16:15-16:30	<b>FE-1, FE-4</b>	HAM Radio Session with Kursk Technical University Students

16:15-16:20	FE-6	FIR Door Open to Configure the System
16:20-16:35	FE-6	FCF Fluids Integrated Rack (FIR) Optics Bench Translation to Configure the System
16:30-18:00	<b>FE-4</b>	Physical Exercise (TVIS), Day 3
16:35-17:40	FE-6	LMM WIP: Connecting Hose
17:05-17:20	FE-5	JAXA Video Preparation
17:20-18:20	FE-5	JAXA Video Footage
17:35-17:50	<b>FE-1</b>	Earth Photo (Photography of Haiti disaster area)
17:40-18:35	FE-6	Light Microscopy Module (LMM) Final Preparation Steps
17:50-18:50	<b>FE-1</b>	Physical Exercise (ARED)
18:00-19:00	<b>FE-4</b>	Physical Exercise (VELO), Day 3
18:20-18:30	FE-5	JAXA Video Closeout
18:35-18:50	FE-6	FIR Door Close to Configure the System
18:50-18:55	<b>FE-1</b>	Elektron-VM Aerosol Filter Inspection
18:50-19:05	FE-6	Installation of Fluids Integrated Rack (FIR) Microgravity Rack Barrier (MRB)
19:10-19:15	FE-5	OCA SSC Router Reboot
19:15-19:20	FE-5	SSC File Server Reboot
19:25-19:30	CDR	Transfer TVIS, CEVIS, and HRM data to MEC
19:30-21:20	<b>FE-1</b>	Pre-sleep
19:30-20:05	CDR	
19:30-21:30	<b>FE-4, FE-5, FE-6</b>	
20:05-20:20	CDR	Private Family Conference ( <i>Ku+S-band</i> )
20:20-21:30	CDR	Pre-sleep
21:20-21:30	<b>FE-1</b>	Stop discharging the first Orlan 825M3 Battery Pack
21:30-06:00		SLEEP

**Notes:**

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
  2. See OSTP for references to US activities
  3. Pre-sleep: dinner, daily food prep, evening toilet
- End of Radiogram