

Progress 354 Docking to ISS (SM +X)

GMT	CREW	ACTIVITY
07:30-07:40		Morning Inspection
07:40-08:10		Post-Sleep
08:10-09:00		Breakfast
09:00-09:20		Work Prep
09:20-09:35		Daily Planning Conference (<i>S-band</i>)
09:35-09:45		Work Prep
09:45-10:00	FE-1	Questionnaire – FE-1 Journal Entry
09:45-09:55	CDR	"Cryogem-03M". Hardware Activation in Thermostat Mode at +20 degrees.
10:00-11:00	FE-1	Physical Exercise - CEVIS
10:35-10:55	CDR	Private Family Conference (<i>Ku+S-band</i>)
11:00-12:30	FE-1	Physical Exercise - RED
11:05-12:35	CDR	Physical Exercise – TVIS – Day 4
12:30-12:35	FE-1	TVIS, RED, and HRM Data Transfer to MEC
12:35-12:50	FE-1	A31P Laptop Activation
12:50-13:20	.	Prep for Progress 354 Docking
13:20-14:50	.	Progress 354 Docking to SM aft. TV (<i>Ku-band</i>)
14:50-15:20	CDR	Replay of Video from LIV VCR via Ku-band (w/o mixing) (<i>S+Ku-band</i>)
15:00-16:00	FE-1	Lunch
15:20-15:30	CDR	Post-Progress Dock Comm Reconfig
15:30-16:30	CDR	Lunch
16:00-16:30	FE-1	Teardown of Ku-band Relay Hardware
16:30-17:45	.	SM(AFT)-Progress Interface Leak Check
17:45-18:05	.	ΠpK-CY and Progress-CY Hatch Opening
18:05-18:25	.	Quick-Disconnect Clamp Install
18:25-18:40	CDR	Progress Air Sampling Using AK-1M
18:40-18:55	FE-1	Private Family Conference (<i>Ku+S-band</i>)
18:40-19:10	CDR	Progress Deactivation, Air Duct Install
19:00-19:10	FE-1	Removal of Previously Installed FMKs
19:10-20:10		Progress 354 Docking Mechanism Disassembly
20:10-20:25		Daily Planning Conference (<i>S-band</i>)
20:25-20:45		Review of Next Day's Plan
20:45-21:00		Report Prep
21:00-21:30		Dinner
21:30-22:00		Daily Food Prep
22:00-23:00		Pre-Sleep
23:00-07:30		Sleep
Task List	CDR	STATOKONIA. Temperature Monitoring Using APT

Note: Cf. OSTP for any missing references to US Activities.

End of Radiogram