r/g ? 2300u Form 24 for 10.11.01

Crew rest.

TIME	CREW MEMBER	ACTIVITY on-board instruction or r/g
13:30-13:40		ISS inspection
13:40-14:10		POST-SLEEP
14:10-15:00		BREAKFAST
15:15-16:15		EVA timeline verification, tagup with specialists (S-band)
16:31-16:50		Weekly planning conference (S-band) / R/G 2297
17:10-19:00		Weekly housekeeping / ?? vol.1, Item.2.2.1 p. 2-2
19:00-20:30	FE-1	PE (TVIS+IRED)-2
19:00-19:15	PLT (assist), CDR	Crew health periodic assessment prior to EVA
19:30-20:30	PLT	PE (VELO)-2
19:30-19:55	CDR	US payloads daily status check
20:30-21:30		Midday meals
21:30-22:40		Weekly ISS housekeeping / ?? vol.1, Item.2.2.1 p. 2-2
22:40-23:20	CDR, PLT	Updating "Egress from DC" instruction/ r/g 2309
22:40-23:20	FE-1	???-MAINT
23:20-23:50	FE-1, PLT	Closing ??? valves on VOZDUKH
00:00-01:30	CDR	PE TVIS
01:30-03:00	PLT	PE (TVIS+RED)-2
01:30-02:30	CDR	PE (RED)
02:00-03:00	FE-1	PE (VELO)-2
03:00-03:30		MEAL
03:30-04:00		Daily food ration prep
04:00-05:00		PRE-SLEEP
05:00-13:30		SLEEP

Note: See OSTP for USOS activities references.

End of r/g