

Radiogram No. 7950u

Form 24 for 06/14/08

**CREW OFF-DUTY**

| GMT         | CREW      | ACTIVITY   |
|-------------|-----------|--|
| 06:00-06:10 |           | Morning Inspection   |
| 06:10-06:20 | FE-2      | Post-sleep   |
| 06:10-06:40 | CDR, FE-1 |  |
| 06:20-06:40 | FE-2      | Nutrition and Repository - blood samples   |
| 06:40-07:30 | CDR, FE-1 | BREAKFAST  |
| 06:40-06:50 | FE-2      | Nutrition and Repository - Refrigerated Centrifuge Config assembly               |
| 06:50-07:00 | FE-2      | Nutrition and Repository- Refrigerated Centrifuge Config                         |
| 07:00-07:30 | FE-2      | BREAKFAST  |
| 07:30-10:30 | CDR       | Weekly Housekeeping  |
| 07:30-07:55 | FE-1      | Grille cleaning in ВПхО, ВПрК, DC1 B3 and FGB ЦБ ЦБ2 fan                         |
| 07:30-07:50 | FE-2      | Placement of blood samples in MELFI  |
| 07:50-08:10 |           | BREAKFAST  |
| 07:55-08:10 | FE-1      | БМП Ф2 Absorption Cartridge Regeneration (start)                                 |
| 08:10-10:45 |           | Weekly Housekeeping  |
|             |           | Grille cleaning in ВПхО, ВПрК, DC1 B3 and FGB ЦБ ЦБ2 fan                         |
| 08:10-08:30 | FE-2      | Post-sleep   |
| 08:30-08:40 |           | Nutrition and Repository - blood collection sample collection and processing kit |
| 08:40-11:40 |           | Weekly Housekeeping  |
| 10:30-12:00 | CDR       | Physical Exercise (TVIS) day 4   |
| 11:00-11:20 | FE-1      | Private Family Conference ( <i>S + Ku-band</i> )                                 |
| 12:00-13:00 |           | Physical Exercise (VELO+RED), Day 4  |
| 12:40-13:00 | CDR       | Private Family Conference ( <i>S + Ku-band</i> )                                 |
| 13:15-13:45 |           | Weekly planning conference (S-band)  |
| 13:45-14:45 |           | LUNCH  |
| 14:45-15:25 | CDR       | COЖ Maintenance  |
| 14:45-15:00 | FE-2      | Food frequency questionnaire   |
| 16:15-17:45 |           | Physical Exercise (RED)  |
| 16:15-17:45 | FE-1      | Physical Exercise (TVIS), day 4  |
| 17:45-18:45 | FE-2      | Physical Exercise (CEVIS)  |
| 17:45-18:45 | CDR       | Physical Exercise (VELO+RED), day 4  |
| 18:50-19:05 | FE-2      | Questionnaire - journal entry  |
| 19:05-19:25 |           | Nutrition and Repository - equipment configuration for urine sample collection   |
| 19:15-19:30 | FE-1      | Pre-sleep  |
| 19:25-19:30 | FE-2      | Transfer of TVIS, RED, and HRM data to MEC                                       |
| 19:30-20:00 |           | DINNER   |
| 20:00-20:30 |           | Daily Food Prep  |
| 20:30-21:15 | FE-1      | Pre-sleep  |
| 20:30-21:30 | CDR, FE-2 |  |

|             |      |  |
|-------------|------|--|
| 21:15-21:30 | FE-1 | БМП Φ2 Absorption Cartridge Regeneration (terminate) |
| 21:30-06:00 |      | SLEEP  |
| Task List   | FE-1 | ECON. Observations and photography                   |
|             | CDR  | URAGAN. Observations and photography                 |
|             |      | DIATOMEA. World ocean observations                   |

**Notes:**

1. SM Window #9 shutter opening is at crew discretion with **Report to MCC**
  2. See OSTP for references to US activities.
- End of Radiogram