

| GMT | CREW | ACTIVITIES |
|-------------|-----------|---|
| 09:00-09:10 | | Morning inspection |
| 09:10-09:40 | | Post-sleep |
| 09:40-10:30 | | BREAKFAST |
| 10:30-11:00 | | Work prep |
| 11:15-11:45 | FE-1 | USOS hatch seal inspection |
| 11:10-11:15 | CDR | ??? water supply data calldown |
| 11:15-11:20 | | ?? counter data calldown |
| 11:20-11:25 | | ????-2 separator inspection |
| 12:00-12:40 | | ??? maintenance |
| 12:00-12:20 | FE-1 | EMU PSA battery charge (start) |
| 12:30-13:30 | | TVIS physical exercise |
| 13:30-15:00 | | RED physical exercise |
| 12:15-13:45 | FE-2 | RED physical exercise |
| 14:00-15:00 | CDR | TVIS physical exercise – day 3 |
| 14:25-14:35 | FE-2 | Express rack cable installation |
| 14:35-14:45 | | ???? relocation. Power down and relocation |
| 14:45-15:00 | | Inc. 4 daily payload status check (including 8A payloads) |
| 15:00-16:00 | | LUNCH |
| 16:00-18:00 | | 6-month TVIS maintenance |
| 18:00-19:30 | CDR | Physical exercise (TVIS+RED)- day 3 |
| 18:00-18:15 | FE-1,FE-2 | PBA inspection in Node 1 |
| 18:15-18:30 | | PFE inspection in Node 1 |
| 18:30-18:50 | | A/L emergency lighting power source inspection |
| 18:50-19:10 | | Lab emergency lighting power source inspection |
| 19:10-19:30 | | Node 1 emergency lighting power source inspection |
| 19:30-20:10 | FE-2 | Video recording of TVIS cable |
| 20:10-21:10 | | TVIS physical exercise |
| 20:40-21:10 | CDR | Delta file downlink prep |
| 20:50-21:10 | FE-1 | EMU PSA battery charge (end) |
| 21:10-21:40 | | Daily plan review |
| 21:40-21:55 | | Daily planning conference (<i>S-band</i>) |
| 22:00-22:30 | | Report prep |
| 22:30-23:00 | | DINNER |
| 23:00-23:30 | | Daily food prep |
| 23:30-00:30 | | Pre-sleep |
| 00:30-09:00 | | SLEEP |

Note: See OSTP for references to US activities.

End of radiogram