

GMT	CREW	ACTIVITY
12:00-12:05	CDR	SLEEP - data logging
12:00-12:10	FE-1,FE-2	Morning inspection
12:05-12:10	CDR	Morning inspection
12:10-12:40	.	Post-sleep
12:40-13:30	CDR,FE-1	BREAKFAST
12:40-13:00	FE-2	BREAKFAST
13:00-13:05		HAM radio setup
13:05-13:15		HAM radio session
13:15-13:45		BREAKFAST
13:30-13:45	CDR,FE-1	Prep for Work
13:45-14:00	.	Daily Planning Conference (<i>S-band</i>)
14:00-14:15	CDR,FE-1	Prep for Work
14:00-14:30	FE-2	Prep for Work
14:15-14:30	CDR	Renal Stone: diet log
14:15-14:30	FE-1	Liquid Unit БЖ #056 (Elektron-VM) pressure monitoring
14:30-15:00		PLASMA CRYSTAL-3 PLUS. Telescience hardware setup in SM. <i>Tagup with specialists (S-band)</i>
14:30-14:50	FE-2	Swap RSU IWIS and power cable
14:30-14:35	CDR	LAB Camcorder to SVG data cable connect and SVG power up.
14:35-16:05		IMV hardware search. <i>Tagup with specialists as necessary (S-band)</i>
15:00-15:25	FE-1	PLASMA CRYSTAL-3 PLUS. Preparation for БСПН digital video transmission
15:00-15:05	FE-2	On MCC Go ISS O2 repress from Progress 358 CpПK (start)
15:05-15:50		IWIS installation
15:25-16:25	FE-1	Physical Exercise (VELO+RED) day 2
16:05-16:10	CDR	Configure Space Video Gateway (SVG) for downlink
16:10-16:20		Downlink Safer Check-out Video through Space Video Gateway (SVG) in Ku-band
16:10-16:15	FE-2	ISS O2 repress from Progress 358 CpПK (terminate)
16:15-17:45		Physical Exercise (CEVIS)
16:25-16:30	CDR	Power off and deactivate the LAB Camcorder from the SVG.
16:25-16:55	FE-1	Hardware preparation for Air Purification Unit "Vozdukh" backup pressure sensor installation
16:45-17:45	CDR	Physical Exercise (RED)
16:55-17:45	FE-1	Satellite Navigation System [ACH] Antenna Protection RF Link Test. <i>Tagup with specialists (S-band)</i>
17:45-18:45	.	LUNCH
18:45-20:45	FE-2	ISL router installation
18:45-21:15	FE-1	Satellite Navigation System [ACH] Antenna Protection RF Link Test. <i>Tagup with specialists (S-band)</i>
18:50-20:50	CDR	Reactivation of condensate transfer from CKB1. <i>Tagup with specialists (S-band)</i>
20:45-21:45	FE-2	Physical Exercise (RED)
20:50-20:55	CDR	Connect MTL QD's to Express Rack 1
21:15-22:45	CDR	Physical Exercise (TVIS + CEVIS)

21:30-23:00	FE-1	Physical Exercise (TVIS), day 2
21:45-22:15	FE-2	ISL-A/L stowage clearing
22:15-23:45	FE-2	ISL cable installation in A/L
23:10-23:40	FE-1	COX maintenance
23:30-00:00	CDR	Nutrition: hardware setup
23:40-00:00	FE-1	IMS update
23:45-00:15	FE-2	Reconfiguring A/L1D0 stowage.
00:00-00:15	FE-1	PLASMA CRYSTAL-3.Terminate БСПН digital video transmission. <i>Tagup with specialists (S-band)</i>
00:00-00:30	CDR	Renal Stone: hardware setup
00:15-00:55	FE-1	Evening work prep
00:30-00:40	CDR	Activate Space Acceleration Measurement System (SAMS) Panel 1
00:40-00:55		Evening work prep
00:40-00:45	FE-2	Transfer TVIS/RED/CEVIS/HRM data to MEC
00:45-00:55		Report prep
00:55-01:10		Daily Planning Conference (<i>S-band</i>)
01:10-01:30		Evening work prep
01:30-02:00		DINNER
02:00-02:30		Daily Food Prep
02:30-03:30		Pre-sleep
03:30-12:00		SLEEP
Task List	FE-1	TBY (Universal Bioengineering Thermostat). Temperature check
		PLANTS-2. Status check
		Searching for BB2PO 17KC.53Ю 1340-151-1 fan flange
		URAGAN. Observations and photography

Note: See OSTP for references to US activities. End of Radiogram