

Radiogram No. 6268u

Form 24 for 10/10/07

**Hardware Prepack for Return. LBNP Exercise**

GMT	CREW	ACTIVITY
06:00-06:10	CDR, FE-1	Morning Inspection
06:00-06:25	FE-2	Nutrition: urine collection and sample insertion into MELFI
06:10-06:40	CDR, FE-1	Post-sleep
06:25-06:35	FE-2	Morning Inspection
06:35-07:05		Post-sleep
06:40-07:30	CDR, FE-1	BREAKFAST
07:05-07:55	FE-2	BREAKFAST
07:30-08:00	FE-1	Prep for Work
07:30-07:45	CDR	Prep for Work
07:45-08:00		Regeneration of БМП Absorption Cartridge Ф1 (start)
07:55-08:00	FE-2	Prep for Work
08:00-08:15		Daily Planning Conference ( <i>S-band</i> )
08:15-08:35	CDR	24-hour ECG (termination)
08:15-08:45	FE-2	Prep for Work
08:15-08:30	FE-1	ИПД air sampling for CO in SM
08:30-08:55		SM and FGB air sampling using AK-1M sampler
08:35-09:20	CDR	Sampling condensate water [KAB] to drink bags from CPB-K2M upstream of Gas-Liquid Mixture Filter (ФГС)
08:45-09:45	FE-2	Physical Exercise (CEVIS)
08:55-09:25	FE-1	CBO-3B water sampling to Russian drink bags
09:20-10:20	CDR	Crew departure prep
09:25-10:05	FE-1	БРП-M water sampling to drink bags
09:45-11:15	FE-2	Physical Exercise (RED)
10:05-10:25	FE-1	БРП-M water sampling to sampling containers [ЕДП]
10:25-11:25	CDR, FE-1 (assistance)	LBNP Exercise (PRELIMINARY). <b>(To=10:54)</b> <i>Tagup with specialists (VHF)</i>
11:15-11:35	FE-2	NUTR. Stowing urine sampling kit
11:25-11:55	FE-1	Copying data from RSE1 Laptop to return disk
11:35-11:40	FE-2	Payload status check
11:40-13:40		Hardware Pre-pack for Return on Shuttle flight 10A
11:55-12:55	FE-1, CDR (assistance)	LBNP Exercise (PRELIMINARY). <b>(To=12:26)</b> <i>Tagup with specialists (VHF)</i>
12:55-13:25	FE-1	Copying data from RSE1 Laptop to return disk
13:25-14:05		COЖ Maintenance
14:15-15:15	.	LUNCH
15:15-16:15	FE-1	Equipment pre-pack for return or disposal on Soyuz 220
15:15-15:45	CDR	Transfer data from RSK1 Laptop to return disk
15:15-15:20	FE-2	Connect DCP power cable
15:20-16:00		System config for TV downlink via Ku-band (set up for docking)

16:00-16:30	CDR, FE-2	Ku-band TV Downlink Test (TV System config for Soyuz docking/undocking)
16:30-17:30	CDR	Equipment pre-pack for return or disposal on Soyuz
16:30-18:00	FE-1	Physical Exercise (TVIS), Day 4
16:30-16:40	FE-2	Photo/TV: Laptop A31P deactivation
16:40-18:10		Hardware Pre-pack for Return on Shuttle flight 10A
17:30-18:00	CDR	Transfer data from RSK1 Laptop to return disk
18:00-19:30		Physical Exercise (TVIS), Day 4
18:25-19:25	FE-1	Crew departure prep
18:25-18:30	FE-2	HAM radio setup
18:30-18:40		HAM radio session
18:45-19:15		On-Orbit Hearing Assessment with EarQ Software
19:30-19:45	CDR	Regeneration of БМП Absorption Cartridge Φ1 (terminate)
19:45-20:05		On-Orbit Hearing Assessment with EarQ Software
20:05-20:30	FE-1	On-Orbit Hearing Assessment with EarQ Software
20:15-20:35	FE-2	Grab Sample Container (GSC) ops
20:35-20:40		Transfer TVIS/RED/CEVIS/HRM data to MEC
20:45-21:00		Daily Planning Conference ( <i>S-band</i> )
21:00-22:00		Prep for Work
22:00-22:30		DINNER
22:30-23:00		Daily Food Prep
23:00-00:00		Pre-sleep
00:00-09:00		SLEEP
<b>Task List</b>	FE-1	GSF-JAXA. TBY temperature monitoring (in the morning)
		IMS Update

**Note:** See OSTP for references to US activities.

End of Radiogram