

Radiogram 7231u

Form 24 for 01/13/04

Medical Examination. Preventive Maintenance of SM Ventilation Equipment

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-08:00		Prep for work
08:00-08:15		Daily planning conference (<i>S-band</i>)
08:15-10:15	CDR	FOOT: Video ops
08:15-09:15	FE1	ΠΦ1-4 dust collector cleaning in the SM
09:15-10:20		Preventive maintenance of SM ventilation equipment. Group A
10:15-11:15	CDR	FOOT: calibration with video imagery
10:20-10:30	FE1	TVIS wire rope inspection
10:30-12:00		Physical Exercise (TVIS) day 1
11:15-11:25	CDR	EMU battery charge (termination)
11:25-11:55		SSC reconfiguration for EMU battery ops
11:55-12:15		EMU battery discharge
12:00-12:05	FE1	Weekly TVIS maintenance
12:05-13:05		LUNCH
12:15-12:45	CDR	SSC7 nominal reconfig
12:45-13:45		LUNCH
13:10-13:25	FE1	Private medical conference (<i>S-band</i>)
13:45-14:00	CDR	
13:50-14:00	FE1	Equipment set up for educational PAO
14:00-14:10		TVIS data download to MEC
14:20-15:20	FE1 - CDR (assist)	Orthostatic endurance assessment while applying LBNP To = 14:43 <i>Tag-up with specialists (VHF)</i>
15:20-15:30		Prep for educational event
15:30-15:50		Educational PAO with Seabrook intermediate school students (<i>Ku + S-band</i>)
15:50-18:05	CDR	Physical Exercise (TVIS + RED)
16:00-16:30	FE1	COЖ maintenance
16:30-16:50		IMS file prep
16:50-17:50		Physical Exercise (VELO + Force Loader/cycle 1) day 1
17:50-18:15		Prep for MO-21. Ecosphere (Экосфера) power unit charging and Cryogem (Криогем) activation
18:05-18:15	CDR	Daily plan review
18:15-18:45	FE1	
18:15-18:45	CDR	FOOT: hardware stowage
18:45-19:05		Prep for work
19:05-19:20		Daily planning conference (<i>S-band</i>)
19:20-19:30		Prep for work
19:30-20:00		DINNER (Renal: pill ingestion)
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep

21:30-06:00		SLEEP
Task List	FE1	Equipment search

Note: See OSTP for references to US activities
End of radiogram