## ??-?? Mode ON/OFF • ???? ON/OFF

06:00 00:40		Activity
06:00–06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-08:00		Work prep
08:00-08:15		Daily planning conference (S-band)
08:15-09:30	CDR, FE-1	Tool panel 1 stow
08:15-08:45	FE-2	Urine collection (FE-2)
08:45-09:00		Payload status check
09:00–10:30		Physical exercise (RED)
09:30–10:00	CDR, FE-1	Study of bioelectrical activity of heart at rest (?0=09:50 GMT)
10:00–11:15	CDR	Tool panel 1 stow
10:15–11:45	FE-1	Physical exercise (RED)
10:30–11:30	FE-2	Physical exercise (TVIS)
11:15–12:45	CDR	Physical exercise (TVIS+IRED - active rest)
11:30–11:40	FE-2	PAO setup
11:40–12:10	1 L-Z	Urine collection (FE-2)
11:45–12:45	FE-1	Tool panel 1 stow
12:10–12:30	FE-2	ARIS pushrod calibration
12:30–12:45	1 L-Z	RENAL STONE: data entry
12:45–13:45		LUNCH
13:45–14:15	CDR	Tool panel 1 stow
13:45–14:30	FE-1	
13:45–14:15	FE-2	Urine collection (FE-2)
14:15–14:55		IMS file prep
14:30–14:45	CDR, FE-1	????2-12: cable 17??42? 8242?-150 continuity check (setup)
14:45–15:30	CDR	Physical exercise (cycle - active rest)
15:00–15:10	FE-1, FE-2	Prep for PAO media event
15:10–15:30		PAO media event (Ku-band)
15:30–15:45		Ultrasonic Leak Detector (ULD) training
15:30–15:45	CDR	Demating ?? ?-cnctrs of cbl 17?? 42? 8242?-3160 from ?????2-12 (S-band)
15:45–16:10	FE-1	End of urine collection (FE-2)
15:45–16:25	FE-2	PuFF: deactivation and stowage
16:10–17:10	CDR, FE-1	????2-12: cable 17??42? 8242?-150 continuity check
16:25–17:05		Maintenance of ???
17:05–17:35		Urine collection (FE-2)
17:10–17:20	CDR	Mating ?? ?-cnctrs of cbl 17?? 42? 8242?-3160 to ?????2-12 (S-band)
17:15–18:15	FE-1	Physical exercise (TVIS)
17:20–17:40	CDR	VOZDUKH: redundant Emergency Vacuum Valve (???) test
17:35–18:05	FE-2	Study of bioelectrical activity of heart at rest (? <sub>0</sub> = 17:40:00 GMT)

17:40–17:55	CDR	Study of bioelectrical activity of heart at rest (assist)
17:55–18:35		INTERACTIONS: data entry (CDR)
18:15–18:45	FE-1, FE-2 CDR	Daily plan review
18:35–18:45		
18:45–19:00		Daily planning conference (S-band)
19:00–19:30		Work prep
19:30–20:00		DINNER
20:00–20:30		Daily food prep
20:30–21:30		Pre-sleep
21:30–06:00		SLEEP

Notes:

- See OSTP for references to US activities
  CDR: URAGAN Earth Observations (Task List)

End of radiogram