

Radiogram No. 6235u

Form 24 for 10/05/07

**CREW HEALTH STATUS. PREP FOR DEPARTURE**

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:30	FE-2	Post-sleep
06:10-06:25	FE-1	
06:10-06:25	CDR	MO-8. Configuration Set-up
06:25-06:40	FE-1	Biochemical urine test
06:25-06:40	CDR	Body mass measurement
06:30-06:40	FE-2	Calf volume measurement
06:40-06:45	FE-1	Post-sleep
06:40-06:55	CDR	Biochemical urine test
06:40-06:55	FE-2	Body mass measurement
06:45-06:55	FE-1	Calf volume measurement
06:55-07:05	CDR	
06:55-07:10	FE-2	Biochemical urine test
06:55-07:10	FE-1	Body mass measurement
07:05-07:35	CDR	Post-sleep
07:10-07:20	FE-2	
07:10-07:20	FE-1	
07:20-07:55	FE-2, FE-1	BREAKFAST
07:35-07:55	CDR	
07:55-08:10		Daily Planning Conference ( <i>S-band</i> )
08:10-08:15		BREAKFAST
08:15-08:30		ISS crew and FOY (RSA Flight Control Team) weekly conference ( <i>S-band</i> )
08:30-08:50	CDR	BREAKFAST
08:30-08:40	FE-1, FE-2	
08:40-09:05	FE-2	TVIS Monthly Maintenance
08:45-09:45	FE-1	Crew departure prep
08:50-09:05	CDR	Photo/video of Malaysia for VC13
09:05-09:10	CDR	BREAKFAST
09:05-10:05	FE-2	Physical Exercise (TVIS)
09:10-09:20	CDR	MO-8. Close-out ops
09:20-09:45	CDR	Prep for Work
09:45-10:00	CDR, FE-1	IMS tagup ( <i>S-band</i> )
10:00-10:30	CDR, FE-1 assistance	Periodic Health Status
10:05-11:35	FE-2	Physical Exercise (RED)
10:30-12:00	FE-1	Physical Exercise (TVIS), Day 3
10:30-11:20	CDR	Crew departure prep
11:20-11:25	CDR	Switch VOZDUKH to Automatic Control Mode
11:35-11:45	FE-2	CWC audit
11:45-12:00	FE-2	Rebooting all PCS (weekly)
11:55-12:00	CDR	Switch VOZDUKH to Automatic Control Mode
12:00-12:30	FE-1, FE-2 assistance	Periodic Health Status

12:00-13:00	CDR	Physical Exercise (TVIS), Day 3
12:30-13:00	FE-2, FE-1 assistance	Periodic Health Status
13:00-14:00		LUNCH
14:00-15:00	FE-1, CDR	Tagup w/specialists regarding external inspection of Soyuz 220 ( <i>S-band</i> )
14:00-14:10	FE-2	Prep steps to install Centerline Berthing Camera System (CBCS) in NODE1
14:10-15:40	FE-2	Centerline Berthing Camera System (CBCS) installation and Checkout
15:00-15:30	CDR	Elektron activation and БД temperature monitoring
15:00-17:05	FE-1	BIODEGRADATION. Taking samples from specimen surfaces and photo imaging
15:30-16:00	CDR	COX Maintenance
15:40-15:55	FE-2	Tagup w/specialists regarding Shuttle (R-Bar Pitch) maneuver photo/video ( <i>S-band</i> )
16:00-16:10	CDR	Switching Vozdukh to Manual Mode 5
16:20-16:35	CDR	Evening work prep
16:35-17:05	CDR	BIODEGRADATION. Photography of structure surface sampling
16:50-17:35	FE-2	IWIS installation
17:05-17:25	CDR	IMS Update
17:05-18:05	FE-1	Physical Exercise (TVIS), Day 3
17:25-17:45	CDR	Daily Food Prep
17:35-18:15	FE-2	PHS -Close-out ops
17:45-19:15	CDR	Physical Exercise (TVIS), Day 3
18:15-18:25	FE-2	O2 level check
18:25-18:30	FE-2	MSG - daily shutdown of the SAME experiment
18:25-18:55	FE-1	Evening work prep
18:30-18:50	FE-2	
18:50-19:10	FE-2	Daily Food Prep
18:55-19:15	FE-1	
19:10-19:15	FE-2	Transfer TVIS/RED/CEVIS/HRM data to MEC
19:15-19:30		Daily Planning Conference ( <i>S-band</i> )
19:30-20:00		DINNER
20:00-20:10		Daily Food Prep
20:10-20:40		Pre-sleep
20:40-21:00		FD / ISS crew conference ( <i>S-band</i> )
21:00-21:30		Pre-sleep
21:30-06:00		SLEEP
<b>Task List</b>	CDR	Computer Network Audit
	FE-1	GSF-JAXA. TBY temperature monitoring (in the morning)
		PLANTS-1. Payload status check (in the morning)

**Note:** See OSTP for references to US activities.

End of Radiogram