

Noise Measurements in Crew Quarters

| GMT | CREW | ACTIVITY |
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| 06:00-06:10 | FE-1,FE-2 | Morning Inspection |
| 06:00-07:30 | CDR | FOOT: CDR operations with video imagery |
| 06:10-06:40 | FE-1 | Post-Sleep |
| 06:10-06:30 | FE-2 | |
| 06:30-06:45 | | FOOT: Photo imagery |
| 06:40-07:30 | FE-1 | Breakfast |
| 06:45-07:15 | FE-2 | Post-Sleep |
| 07:15-07:30 | | FOOT: Photo imagery |
| 07:30-08:00 | CDR,FE-2 | Breakfast |
| | FE-1 | Work Prep |
| 08:00-08:15 | | Daily Planning Conference (<i>S-band</i>) |
| 08:15-08:40 | FE-2 | Work Prep |
| 08:15-09:15 | CDR | FOOT: Electromyographic Calibration |
| | FE-1 | Installation of Cabin Doors |
| 08:40-08:55 | FE-2 | FOOT: Photo imagery |
| 08:55-10:20 | | Physical Exercise RED |
| 09:15-10:15 | FE-1 | Noise Measurement in Cabins (<i>S-band</i>) |
| | CDR | Post-Sleep |
| 10:15-10:45 | | Work Prep |
| 10:15-10:25 | FE-1 | PLANTS-2. Planting |
| 10:20-11:20 | FE-2 | Physical Exercise TVIS |
| 10:25-10:35 | FE-1 | PLANTS-2. Cultivation Mode Configuration |
| 11:15-12:15 | | Physical Exercise (VELO+HC-1) – 4 |
| 11:20-11:25 | FE-2 | Weekly Treadmill Maintenance (TVIS) |
| 11:25-12:25 | CDR | Physical Exercise TVIS |
| 11:30-11:45 | FE-2 | FOOT: Photo imagery |
| 11:45-12:00 | | Planned RED Inspection |
| 12:25-13:25 | | Lunch |
| 13:25-13:40 | FE-2 | FOOT: Photo imagery |
| | FE-1 | Private Medical Conference (<i>S-band</i>) |
| 13:40-13:55 | FE-2 | |
| 13:45-14:45 | FE-1 | Replacement of ПФ1-4 Dust Filter Cartridge on SM |
| 13:45-14:15 | CDR | Crew Medical Officer Training |
| 14:15-14:45 | FE-2 | |
| 14:45-14:55 | | PAO: Prep |
| 14:55-15:05 | | PAO Event Prep |
| 15:05-15:25 | | PAO. Christmas Greeting |
| 15:25-15:55 | FE-1 | Cabin Door Removal |
| 15:25-16:55 | CDR | Physical Exercise RED |
| 15:45-16:00 | FE-2 | FOOT: Photo imagery |
| 15:55-17:00 | FE-1 | SM Ventilation Preventive Maintenance. Group A |

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| 16:00-16:30 | FE-2 | ADVASC Hardware Transfer |
| 16:55-17:35 | | COX Maintenance |
| 16:55-17:10 | CDR | Private Medical Conference (<i>S-band</i>) |
| 17:00-18:30 | FE-1 | Physical Exercise (TVIS) - 4 |
| 17:35-18:15 | FE-2 | Delta File Downlink Prep |
| 17:35-17:45 | CDR | LAB PL Status Check and Verification |
| 17:45-18:15 | | FOOT: CDR Hardware Stowage |
| 18:30-19:30 | FE-1 | RS Noise Measurement Data Download to Laptop 3 |
| 19:30-20:00 | | Dinner |
| 20:00-20:30 | | Daily Food Prep |
| 20:30-21:30 | | Pre-Sleep |
| 21:30-06:00 | | Sleep |

Note: Cf. OSTP for missing references to US tasks.
END OF RADIOGRAM