Test of REGUL-OS String 1

GMT	Crew	Activity
06:00-06:10		Morning inspection
06:10-06:40		Personal hygiene (post-sleep)
06:40-07:30		BREAKFAST
07:30-08:00		Work prep
08:05-08:20		Morning DPC (S-band)
08:20-09:05	FE-2	Prep for On-Orbit Hearing Assessment (OHA)
08:20-08:40	FE-1	GSC ops
09:00-10:00		Physical exercise (TVIS)
09:05-09:25	FE-2	On-Orbit Hearing Assessment (OHA)
09:35–10:10		Maintenance of ???
09:50-10:10	CDR	On-Orbit Hearing Assessment (OHA)
10:00-11:30	FE-1	Physical exercise (RED)
10:10–12:00	CDR	PROFILAKTIKA: TVIS run (start)
10:10–11:25	FE-2 (assist)	PROFILAKTIKA: TVIS run (start)
11:30–11:50	FE-1, FE-2	PuFF: on-orbit training (FE-1)
11:50–12:15	FE-2	Daily payload status check
11:50–12:10	FE-1	SSAS ops
12:00-12:10	CDR	Inspection of ????-1 separator
12:10-12:30	FE-1	FMK deployment
12:30–13:30		LUNCH
13:30–13:50	FE-1	On-Orbit Hearing Assessment (OHA)
13:45–13:55	FE-2	BSTC: prep for historical photo 1
13:50–16:50	CDR	Replacement of ????-1? (? 306)
13:55–14:40	FE-1	Biotechnology Specimen Temperature Controller (BSTC): refrigeration of biological specimens
13:55–14:10		BSTC: historical photo 1 & 3
14:10–14:40	FE-2	Delta file downlink prep
14:40–14:55		BSTC: historical photo 1 & 3
14:40–15:40	FE-1	BSTC: specimen analysis
14:55–15:40	FE-2	On-Orbit Hearing Assessment (OHA): packing and stowage
15:40–16:10	FE-1	BSTC: fixation of cell culture with EM fixative
15:40–16:40	FE-2	Physical exercise (TVIS)
16:10–17:30	FE-1	BSTC: cell culture fixation
16:40–18:10	FE-2	Physical exercise (RED)
17:25–18:15	CDR	INTERACTIONS: data collection and backup (CDR)
17:30–18:15	FE-1	BSTC: deactivation
18:15–18:45		Review of plan for upcoming day
18:45–19:00		Evening DPC (S-band)

19:00–19:30	CDR	Report prep
19:00–19:30	FE-1, FE-2	Work prep
19:30–20:00		DINNER
20:00–20:30		Daily food ration prep
20:30–21:30		Personal hygiene (pre-sleep)
21:30-06:00		SLEEP

NOTE: See OSTP for references to US activities

End of radiogram