Radiogram No. 2710 u BRI Checkout. MO-2-1

Form 24 for 03/30/10

GMT	CREW	ACTIVITY
06:00-06:05	CDR	Elektron-VM Aerosol Filter Inspection
06:00-06:05	FE-5, FE-6	Reaction Self Test
06:05-06:10		Morning Inspection
06:10-06:20	CDR	Post-sleep
06:10-06:40	FE-5, FE-6	Post-sleep
06:20-06:45	CDR	ISS-MCC TV Lake Baikal Video Downlink for Roskosmos TV Studio <i>To=06:18</i> , <i>T1,T2,T3 activation from CΠΠ (VHF)</i>
06:40-07:30	FE-5, FE-6	BREAKFAST
06:45-07:35	CDR	BREAKFAST
07:30-07:40	FE-5, FE-6	Work Prep
07:35-07:40	CDR	Work Prep
07:40-07:55		Daily Planning Conference (S-band)
07:55-08:15		Work Prep
08:15-09:15	CDR	Cardiovascular System Evaluation based on 24 hr Holter monitoring. <i>Tagup with specialists (S-band)</i>
08:15-08:30	FE-5	Crew / Astronaut Office Conference
08:15-08:20	FE-6	HRF2 Hardware Relocation
08:20-09:20	FE-6	Physical Exercise (CEVIS)
08:30-09:30	FE-5	Physical Exercise T 2
09:20-10:00	CDR	Cable BRI-SSC1 Lane Test. Ethernet Plug-in Audit in SM. Tagup with specialists (S-band)
09:20-10:50	FE-6	Physical Exercise (ARED)
09:30-10:00	FE-5	EXPRESS 2 Rack VCAM Preparation
10:00-12:20	CDR, FE-5	TVIS Gyro Wire Rope R&R
10:50-11:50	FE-6	WPA Troublehooting
11:50-11:55	FE-6	Connecting DCP Power Cable
11:55-12:05	FE-6	T2 Monthly Inspection
12:05-12:20	FE-6	MELF2 Electronics Box Removal
12:20-12:30	CDR, FE-5	TVIS Installation
12:20-13:20	FE-6	WPA Troublehooting
12:30-13:15	CDR	TVIS Contoller and Power Cable R&R
12:30-13:15	FE-5	Airlock Video Tour
13:15-14:15	CDR	LUNCH
13:20-14:20	FE-5, FE-6	LUNCH
14:15-15:05	CDR	VIS Contoller and Power Cable R&R
14:20-14:50	FE-5, FE-6	EMU Transfer
15:00-17:00	FE-5, FE-6	QD Troublehooting
15:05-15:40	CDR	СОЖ Maintenance
15:40-16:40	CDR	Physical Exercise (ARED)
16:40-18:10	CDR	Physical Exercise (TVIS), Day 4

18:10-18:25 18:35-18:40		Private Medical Conference (S-band) Elektron-VM Aerosol Filter Inspection
18:40-18:55		Daily Planning Conference (S-band)
18:55-19:30		Evening Work Prep
19:30-21:30	CDR	Pre-sleep
19:30-19:35	FE-5	Reaction Self Test
19:30-19:35	FE-6	MPC Power Up
19:35-21:30	FE-5	Pre-sleep
19:35-19:40	FE-6	Reaction Self Test
19:40-21:25	FE-6	Pre-sleep
21:25-21:30	FE-6	MPC Power Down
21:30-06:00		SLEEP
Task List	CDR	IMS Update
		Lake Baikal Video

Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
 See OSTP for references to US activities
- 3. Pre-sleep ops: dinner, daily food prep, evening toilet End of Radiogram