

Radiogram No. 8637u  
**Weekly Housekeeping**

Form 24 for 09/27/08

GMT	CREW	ACTIVITY
06:00-06:10		Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:45	CDR	Nutrition and Repository - blood sampling operator
07:30-07:45	FE-1	Blood sample photography for the Nutrition Experiment
07:30-07:50	FE-2	Nutrition and Repository - blood samples
07:45-10:45	CDR, FE-1	Weekly Housekeeping. Screen cleaning in ВПхО, ФС5, ФС6, ВПрК, В3 DC1, FGB ЦБ2
07:50-08:00	FE-2	Nutrition and Repository - Refrigerated Centrifuge Setup
08:00-08:10	FE-2	Nutrition and Repository- Refrigerated Centrifuge Config
08:40-09:00	FE-2	Nutrition and Repository - MELFI Blood Sample Insertion
09:00-09:10	FE-2	Nutrition and Repository - Blood Sample Collection And Processing Hardware Stow
10:30-12:00	FE-2	Physical Exercise (RED)
10:45-12:15	CDR	Physical Exercise (TVIS), day 2
10:50-11:10	FE-1	Private Family Conference ( <i>S + Ku-band</i> )
12:00-13:00	FE-1	Physical Exercise (TVIS), day 2
12:00-13:00	FE-2	Physical Exercise (CEVIS)
12:20-12:40	CDR	Private Family Conference ( <i>S + Ku-band</i> )
12:55-13:00	CDR	POTOK-150MK Air Purification System Pre-Filter Cleaning ( <i>use vacuum cleaner with narrow slit nozzle attachment with POTOK powered down</i> )
13:00-14:00	.	LUNCH
14:00-14:30	.	Weekly planning conference ( <i>S-band</i> )
14:30-18:00	FE-2	Experimental satellite testing
14:55-15:25	CDR	<b>TV-ISS-MCC.</b> TV greeting to Arkhangelskoye Health Resort on the 75 <sup>th</sup> Anniversary. TV
15:10-15:25	FE-1	Greeting to the Third Science Festival in Moscow <b>To=14:56, T1, T2, T3 from СПП</b>
16:20-17:50	FE-1	Physical Exercise (TVIS), day 2
17:50-18:50	CDR	Physical Exercise (TVIS), day 2
18:40-19:00	FE-2	Nutrition and Repository - equipment configuration for urine sample collection
18:45-19:25	FE-1	COX Maintenance
19:15-19:30	FE-2	Remove cable from Human Research Facility (HRF) Portable Computer 2 (PC2)
19:25-19:30	FE-1	Transfer of TVIS, RED, and HRM data to MEC
19:30-20:00		DINNER
20:00-20:30		Daily Food Prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
<b>Task List</b>	CDR	ECON. Observations and photography
	FE-1	URAGAN. Observations and photography

**Notes:**

- 1.SM Window #9 shutter opening is at crew discretion with **Report to MCC**
  - 2.See OSTP for references to US activities.
- End of Radiogram