GMT	CREW	ACTIVITY
05:30-05:35	CDR	Morning Inspection
05:30-05:40	FE-1	
05:30-05:35	FE-2	SLEEP - data logging
05:35-05:45	CDR,FE-2	Post-sleep
05:40-06:00	FE-1	
05:45-06:00	CDR,FE-2	BREAKFAST
06:00-07:10	CDR,FE-2	EVA - Break/Pre-breathe
06:00-06:25	FE-1	BREAKFAST
06:25-06:30	FE-1	LAB Window Shutter Closure
06:30-06:40	FE-1	Comm config for EVA
06:40-07:10	FE-1	EVA - Break/Pre-breathe
07:10-07:20		BREAKFAST
07:20-08:50		EVA Prep
08:50-09:05		EMU purge
09:05-09:55		EMU pre-breathe
09:55-10:25		Crew Lock depress
10:25-10:30		Terminate pre-breathe
10:30-11:00	CDR,FE-2	Crewlock Egress and EVA 9 Setup
11:00-11:45	FE-2	EVA: VSSA (Video Stanchion Support Assambly) Installation
11:00-12:00	CDR	EVA: VSSA (Video Stanchion Support Assembly) Installation
11:10-11:15	FE-1	Connect LTL QDs
11:15-11:40	FE-1	Post-EVA Crew Health Status - prep
11:40-15:30	FE-1	EVA IVA support
11:45-12:15	FE-2	EVA: SASA (S-band Antenna Structural Assembly) power reconfig
12:00-12:45	CDR	EVA: RPCM R&R
12:15-12:30	FE-2	SSRMS setup and foot restraint ingress
12:30-14:00	FE-2	EVA: VSSA Flight Support Equipment (FSE) Release
12:45-13:15	CDR	
13:15-14:00	CDR	EVA: EAS Cable Stow
14:00-15:30	FE-2	EVA: EAS Release and Jettison
14:00-15:00	CDR	EVA: Early Ammonia Servicer (EAS) Release
15:00-15:45	CDR	EVA
15:30-15:45	FE-1	Video Tape Recorder (VTR) - tape exchange for continued recording of EVA activities
15:30-15:45	FE-2	SSRMS - Foot restraint egress and closeout ops
15:45-16:15	FE-1	EVA IVA support
15:45-16:30	CDR,FE-2	EVA: Cleaning CBM
16:15-16:55	FE-1	СОЖ Maintenance
16:30-16:45	CDR,FE-2	EVA Closeout ops
16:45-17:00	CDR,FE-2	Crew Lock Ingress

17:00-17:05		Crewlock Pre-Repress
17:05-17:15		Crew Lock Repress
17:15-18:35		Post-EVA cleanup ops
18:35-18:45	FE-1	CTTC reconfig for nominal ops
18:35-19:05	CDR,FE-2	Daily food prep
18:45-19:05	FE-1	EVA Cameras Reconfiguration
19:05-19:35		DINNER
19:35-20:30		Pre-sleep
20:30-07:00		SLEEP

Note: See OSTP for references to US activities.

End of Radiogram