

CREW OFF-DUTY • ISS O2 REPRESS FROM PROGRESS No. 248

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
10:15-12:30	CDR	Physical exercise (TVIS + RED)
11:50-11:55	FE-1	On MCC Go: ISS O2 repress using the 1 st CpPK section in Progress No. 248 (init)
11:55-12:55		Physical exercise (VELO + Load Setting Device/cycle 1) day 1
12:55-13:00		On MCC Go: ISS O2 repress using the 1 st CpPK section in Progress No. 248 (term)
13:00-14:00		LUNCH
14:55-15:15		New Year eve crew/PPGY conference (<i>Ku+S-band</i>)
15:20-15:50	FE-1	COЖ maintenance (Report to MCC data on CBO water supply system, CP counter, results on gas-liquid mixture check for air presence in Elektron –VM)
15:50-17:20		Physical exercise (TVIS) day1
17:20-17:35		Private psychological conference (<i>VHF</i>)
17:55-18:10		Daily plan review
18:10-18:25		Daily planning conference (<i>S-band</i>)
18:25-18:40		Daily plan review
19:00-19:30		Report prep
19:30-20:00		DINNER (RENAL: pill ingestion)
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	FE-1	Search for equipment

Note: See OSTP for references to US activities

End of radiogram