Test of ЛКТ1Б2 ● ВД-СУ Disable/Enable Without БИТС Powerdown

GMT	CREW	Activity
06:00-06:10		Morning inspection
06:10-06:30	FE-2	Post-sleep
06:10 06:20	CDR	Calf volume measurement
06:10-06:20	FE-1	MO-8 setup
06:20-06:30		Calf volume measurement
06:20-06:35	CDR	Body mass measurement
06:30-06:40	FE-2	Calf volume measurement
06:35-06:50	FE-1	Body mass measurement
06:35-07:05	CDR	-Post-sleep
06:50-07:10	FE-1	
06:50-07:05	FE-2	Body mass measurement
07:05-08:05	CDR, FE-2	BREAKFAST
07:10-07:20	FE-1	MO-8: closeout ops
07:20-08:05		BREAKFAST
08:05-08:35		Work prep
08:35-08:50		Daily planning conference (S-band)
08:50-09:50	CDR	DC-1 fans B1 & B2: mesh screen cleanup
08:50-10:10	FE-1	FGB battery 800A Ab1 R&R
08:50-08:55		ACS CDMK CO2 read
08:55-09:35	FE-2	Maintenance of СОЖ
09:40-11:10		Physical exercise (RED)
09:50-10:30	CDR	Cleanup of DC-1 air ducts ВД1 & ВД2
10:10-11:10	FF 4	Physical exercise (VELO + Load Trainer-1 / active rest)
	FE-1	Removal of FGB СУД boxes: preparatory ops
11:10-12:40	CDR	Physical exercise (RED)
	FE-2	MSG troubleshooting
12:40-13:40	İ	LUNCH
13:40-15:10	FE-1	Removal of M34-03-B (A4) unit
13:40-15:25	FE-2	MSG troubleshooting
13:40-13:50		EVARM IV CPDS activation
14:00-14:30	CDB	Consumables tagup (S-band)
14:30-14:55	CDR	EVARM IV read
15:15-15:25		Setup for PAO
15:25-15:35		Prep for PAO
15:35-15:55		PAO: interview with Indianapolis Star and KPAM radio station (Portlant) (Ku+S-band)
15:55-16:55	CDR	FGB ΓЖΤ Gas-Liquid Heat Exchangers (1, 2, 3): cleanup of removable grilles
16:00-17:00	FE-2	Physical exercise (CEVIS)
16:10-17:40	FE-1	Physical exercise (TVIS / active rest)

16:55-17:20	CDR	Daily plan review
17:00-17:15	FE-2	Private medical conference (S-band)
17:15-17:55		IMS file prep
17:20-17:35	CDR	Private medical conference (S-band)
17:35-18:35		Physical exercise (TVIS)
17:40-17:55	FE-1	Private medical conference (S-band)
18:00-18:05	FE-2	ACS CDMK CO2 read
18:05-18:35	FE-1, FE-2	Daily plan review
18:35-18:40	CDR	Weekly maintenance of TVIS
18:45-18:55		Prep for work
18:55-19:10		Daily planning conference (S-band)
19:10-19:30		Prep for work
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

Note: See OSTP for references to US procedures

End of radiogram