

Radiogram No. 4515u

Form 24 for 11/03/2010

Preparation For EVA

GMT	CREW	ACTIVITY
06:00-06:10	FE-1	Morning Inspection
06:00-06:05	FE-2	Elektron-VM Aerosol Filter Inspection
06:00-06:10	FE-5	SONOCARD Experiment Termination
06:05-06:10	FE-2	Morning Inspection
06:10-06:40	FE-1,FE-2,FE-5	Post-sleep
06:40-07:30	FE-1,FE-2,FE-5	BREAKFAST
07:30-07:40	FE-1	Work Prep
07:30-07:55	FE-2,FE-5	Work Prep
07:40-07:55	FE-1	Cardiomed Holter ECG Standalone Test. <i>Tagup with specialists (S-band)</i>
07:55-08:15	.	Daily Planning Conference (S-band)
08:15-09:15	FE-1	Changeout of SM ПФ1-4 dust filter cartridges (ФГБ1ПГО_2_224_1 bag 405-33 or bag 406-25) Update IMS
08:15-08:30	FE-5	SONOCARD Data Copy to RSE-MED Laptop and Data Downlink Using OCA
08:30-10:30	FE-2,FE-5	Preparation of spacesuit replaceable elements, service and personal gear. <i>Tagup with specialists (S-band, VHF)</i>
09:15-10:45	FE-1	Physical Exercise (TVIS), Day 1
10:30-11:30	FE-2,FE-5	Video for Roskosmos Channel
10:45-11:50	FE-1	COULOMB CRYSTAL Experiment Ops
11:30-11:50	FE-2	COULOMB CRYSTAL Experiment Photos
11:30-13:00	FE-5	Physical Exercise (TVIS), Day 4
11:50-12:10	FE-1	ISS-MCC-M TV. COULOMB CRYSTAL Cassette 1 video downlink. To = 11:44, T1, T2, T3 from СПП (VHF)
11:50-12:00	FE-2	КОБ2 4ГБ4 Half-Coupling Shell Coolant Leak Check
12:00-13:00	FE-2	Physical Exercise (VELO), Day 1
12:10-13:10	FE-1	Soyuz 701 Neptune ME ИНПУ Log Review. <i>Tagup with specialists (S-band)</i>
13:00-14:00	FE-2,FE-5	LUNCH
13:10-14:10	FE-1	LUNCH
14:00-16:00	FE-2,FE-5	Configuring ПХО AND DC1 For EVA. Science Payload Relocation.
14:10-14:50	FE-1	КОЖ Maintenance
14:50-15:15	FE-1	ISS-MCC-M TV. COULOMB CRYSTAL Cassette 2 video downlink. To = 14:48, T1, T2, T3 from СПП (VHF)
15:15-15:45	FE-1	COULOMB CRYSTAL Closeout Ops
16:00-16:20	FE-2	IMS Update
16:10-17:10	FE-5, FE-1- assists	Orthostatic Stability Evaluation with LBNP. To=16:37. Tagup with specialists (VHF)
16:20-16:35	FE-2	Verify ИП-1 Flow Meter Configuration
17:05-18:35	FE-2	Physical Exercise (TVIS), Day 1
17:10-18:10	FE-1	Physical Exercise (VELO), Day 1
18:05-19:05	FE-5	Physical Exercise (ARED)

18:10-18:25	FE-1	URISIS Hardware Setup
18:25-19:05	FE-1	Evening Work Prep
18:35-18:40	FE-2	Elektron-VM Aerosol Filter Inspection
18:40-19:05	FE-2	Evening Work Prep
19:05-19:30	.	Daily Planning Conference (<i>S-band</i>)
19:30-21:30	FE-1,FE-2,FE-5	Pre-sleep
21:30-06:00	.	SLEEP

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep ops: dinner, daily food prep, evening toilet
- End of Radiogram