

Radiogram No. 2512u

Form 24 for 03/05/2010

LBNP Exercises. Hardware pre-pack for return and disposal on Soyuz 226

GMT	CREW	ACTIVITY
06:00-06:05	CDR	SLEEP Questionnaire
06:00-06:05	FE-1	Elektron-VM Aerosol Filter Inspection
06:00-06:10	FE-4, FE-5	Morning Inspection
06:00-06:05	FE-6	SLEEP Data Log Entry
06:05-06:10	CDR, FE-1 , FE-6	Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:40		Work Prep
07:40-08:05		Daily Planning Conference (<i>S-band</i>)
08:05-08:20		ISS Crew and FOFY (RSA Flight Control Team Management) Weekly Conference (<i>S-band</i>)
08:20-09:20	CDR	Physical Exercise (CEVIS)
08:20-11:10	FE-4	PILOT-M. FE-4 Runs the Experiment Using Neurolab. <i>Tagup with specialists (S-band)</i>
08:20-08:40	FE-6	Start EMU battery charge
08:25-08:40	FE-5	Nanoskeleton - MEU-A Retrieval
08:40-09:00	FE-1	PILOT-M. FE-4 Runs the Experiment Using Neurolab. <i>Tagup with specialists (S-band)</i>
08:40-09:00	FE-5	Nanoskeleton post -Experiment 1 Preparation
08:40-11:05	FE-6	Microbial Air Sampler (MAS) Kit Sample Collection
09:00-11:25	FE-1	Hardware pre-pack for return and disposal on Soyuz 226. <i>Tagup with specialists as necessary (S-band) /</i>
09:00-10:10	FE-5	Nanoskeleton post-Experiment 1 Ops
09:20-10:50	CDR	Physical Exercise (ARED)
10:10-10:20	FE-5	Nanoskeleton - Sample Insertion into MELFI
10:20-11:20	FE-5	Physical Exercise T 2
10:50-11:50	CDR	Crew Departure Prep
11:05-12:35	FE-6	Physical Exercise (ARED)
11:20-11:30	FE-5	Waste and Hygeine Compartment (WHC) Solid Waste Receptacle R&R
11:25-11:40	FE-1, FE-4	IMS Tagup (<i>S-band</i>)
11:30-12:10	FE-5	Replacing SLT Hard Drive with A31p 60 GB Hard Drive S/N 1301
11:40-12:35	FE-1, FE-4 (assists)	LBNP Exercise (PRELIMINARY). <i>Tagup with specialists (VHF)</i>
11:50-12:45	CDR	USOS Hatch Seal Inspection
12:10-12:40	FE-5	Fluids Science Laboratory (FSL) Video Management Unit (VMU) Hardware Update
12:40-13:40	FE-6	LUNCH
12:45-12:50	FE-4	On MCC Go ISS O2 repress from Progress CpTK (start)
12:50-13:50	CDR, FE-1 , FE-4 , FE-5	LUNCH

13:40-15:25	FE-6	Microbial Air Sampler (MAS) Kit Sample Collection
13:50-14:00	CDR	EHS GC/DMS Ops Start
13:50-15:20	FE-1	Preperation for intermodule communication test
13:50-13:55	FE-4	ISS O2 repress from Progress CpПK (terminate)
13:50-14:20	FE-5	JEMRMS Small Fine Arm (SFA) Conference with SSIPC (<i>S-band</i>)
13:55-16:25	FE-4	EXPERT Experiment Ops (Microbial Samples)
14:00-14:50	CDR	USOS Hatch Seal Inspection
14:20-14:50	FE-5	BIORHYTHM Data Save
14:50-15:00	CDR, FE-5	FD Conference
15:00-15:25	CDR	USOS Hatch Seal Inspection
15:00-15:15	FE-5	WRS UPA Processing
15:15-15:25	FE-5	PAO Hardware Setup
15:25-15:35	CDR, FE-5, FE-6	Crew Prep for PAO
15:25-16:55	FE-1	Physical Exercise (TVIS), Day 2
15:35-15:55	CDR, FE-5, FE-6	PAO Event (<i>Ku+S-band</i>)
15:55-16:10	CDR	ICV Monitoring End
15:55-16:05	FE-5	PAO Hardware Deactivation
16:10-17:20	CDR	ICV ECHO Setup
16:10-16:25	FE-6	IMS Tagup (<i>S-band</i>)
16:10-17:30	FE-5	EHS MCD Water Processing
16:25-17:25	FE-4	Physical Exercise (VELO), Day 3
16:25-17:25	FE-6	Physical Exercise T2
16:55-17:35	FE-1	COЖ Maintenance
17:20-18:20	CDR	Integrated Cardiovascular Crew Resting Echo Scan
17:25-18:55	FE-4	Physical Exercise (TVIS), Day 3
17:25-18:15	FE-6	ICV Assistance During Experiment
17:30-19:00	FE-5	Physical Exercise (ARED)
17:35-17:55	FE-1	IMS Update
17:55-18:55	FE-1	Crew Departure Prep
18:15-18:50	FE-6	Audit of Waste and Hygiene Compartment (WHC) previously used EДB-Y for offloading and future disposal
18:20-18:40	CDR	ICV Hardware Stow
18:40-19:15	CDR	Evening Work Prep
18:50-19:15	FE-6	
18:55-19:00	FE-1	Elektron-VM Aerosol Filter Inspection
18:55-19:15	FE-4	Evening Work Prep
19:00-19:15	FE-1, FE-5	
19:15-19:40		Daily Planning Conference (<i>S-band</i>)
19:40-19:45	CDR	MPC Power Up
19:40-20:15	FE-1, FE-4, FE-5, FE-6	Pre-sleep

19:45-20:15	CDR	Pre-sleep
20:15-20:35		Конференция между экипажем МКС и руководителем полета (<i>S-band</i>)
20:35-21:25	CDR	Pre-sleep
20:35-21:30	FE-1, FE-4, FE-5, FE-6	
21:25-21:30	CDR	MPC Power Down
21:30-06:00		SLEEP
Task List	FE-1, FE-4	E21/22 Photo/Video
		Video Footage For TBL TV Channel
	FE-1	PLANTS-2. Payload Status Check
		PLANTS-2. Box A (KMM 22) Pump Activation

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep ops: dinner, daily food prep, evening toilet
- End of Radiogram