

**Post-docking Crew Ops. Leak Check**

GMT	CREW	ACTIVITY
11:00-11:10		Morning inspection
11:10-11:40		Post-sleep
11:40-12:30		BREAKFAST
12:30-12:45		Daily planning conference ( <i>S-band</i> )
12:45-13:15		Work prep
13:40-14:10	CDR	COX maintenance
14:00-15:00	FE-1	Physical exercise (VELO+Load Trainer/Cycle 1), day 3
14:40-15:40	CDR	Physical Exercise (TVIS)
15:00-15:15	FE-1	Private psychological conference ( <i>VHF</i> )
15:40-16:40		LUNCH
16:50-18:05		Progress 351 / SM AO [Propulsion Compartment] interface leak check
18:05-18:25		Open TKF-CY and CY-CM transfer hatches
18:25-18:45		Installing quick disconnect screw clamps
18:45-19:00	FE-1	Progress air sampling using AK-1M sampler
19:00-19:30		Progress deactivation, air duct installation
19:00-20:30	CDR	Physical exercise (RED)
19:35-20:30	FE-1	Installation of local temperature sensor switching unit ЛКТ (TA251MБ) and ROM in Progress <i>Install TA251M1Б, part No. 1419531954, with TA765Б, part No. 1417726939 (CM1PO_3_338_1), mounted on TA251M1Б</i>
20:30-21:00		DINNER
21:00-21:30		Daily food prep
21:30-22:30		Pre-sleep
22:30-07:00		SLEEP

**Note:** See OSTP for references to US activities.  
End of Radiogram