

Radiogram No. 3983u

Form 24 for 09/04/2010

OFF-DUTY

GMT	CREW	ACTIVITY
06:00-06:10	FE-2, FE-3, FE-4, FE-5, FE-6	Morning Inspection
06:00-06:05	CDR	Elektron-VM Aerosol Filter Inspection
06:05-06:10	CDR	Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30	.	BREAKFAST
07:30-09:50	CDR	Weekly Housekeeping Maintenance of SM Ventilation System Group E Cleaning FGB LJB2
07:30-10:30	FE-2, FE-4, FE-6	Weekly Housekeeping
07:30-10:30	FE-3, FE-5	Weekly Housekeeping Maintenance of SM Ventilation System Group E Cleaning FGB LJB2
09:50-10:05	CDR	Private Psychological Conference (<i>VHF</i>)
10:05-10:45	CDR	Weekly Housekeeping Maintenance of SM Ventilation System Group E Cleaning FGB LJB2
10:30-11:30	FE-3	Physical Exercise (ARED)
10:30-11:30	FE-2	Physical Exercise (CEVIS)
11:30-13:00	FE-2	Physical Exercise (ARED)
11:30-13:00	CDR	Physical Exercise (TVIS), Day 3
11:30-11:55	FE-3	Private Psychological Conference (<i>VHF</i>)
12:00-12:15	FE-3	Private family conference (<i>S + Ku-band, S/G2, S/G1-backup</i>)
13:00-14:00		LUNCH
14:00-14:30		Weekly Planning Conference (<i>S-band</i>)
14:30-15:10	FE-3	COX Maintenance
14:30-14:45	FE-4	Food Frequency Questionnaire
14:35-14:50	FE-5	Private Psychological Conference (<i>VHF</i>)
14:45-15:00	FE-6	Food Frequency Questionnaire
15:30-15:35	FE-4	KIDS-MPC Activation
15:30-16:30	CDR	Physical Exercise (TVIS), Day 3
15:30-16:30	FE-5	Physical Exercise (ARED)
15:30-16:30	FE-6	Physical Exercise T 2
16:05-16:10	FE-4	KIDS-MPC Deactivation
16:30-18:00	FE-5	Physical Exercise (TVIS), Day 4
16:30-18:00	FE-6	Physical Exercise (ARED)
16:50-17:50	FE-4	Physical Exercise T 2
17:50-18:00	FE-4	T2 Snubber Arm Inspection
18:00-18:05	CDR	Elektron-VM Aerosol Filter Inspection
18:00-19:30	FE-4	Physical Exercise (ARED)

18:00-19:30	FE-3	Physical Exercise (TVIS), Day 4
19:30-21:30	CDR, FE-2, FE-3, FE-5, FE-6	Pre-sleep
19:30-19:45	FE-4	
19:45-20:00	FE-4	Private Family Conference
20:00-21:30	FE-4	Pre-sleep
21:30-06:00		SLEEP
Task List	FE-5	URAGAN. Observations and Photography
	FE-3	URAGAN. Observations and Photography
	CDR,FE-5	ECON. Observations and Photography

Note:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep ops: dinner, daily food prep, evening toilet
- End of Radiogram