

**Crew Rest**

GMT	Crew	Activity / <i>ODF or R/G</i>
06:00–06:10		Morning inspection
06:10–06:40		Personal hygiene (post-sleep)
06:40–07:30		BREAKFAST
08:00–08:25	FE-2	LAB payload status monitoring
08:30–08:55		PAO: 65 <sup>th</sup> anniversary of the Russian Traffic Police / RODF ??? ?? , pages 3-5, 3-6, item 3.4 + <i>r/g 1437</i>
9:00–09:10	CDR	Camcorder battery recharging / ??? ?? , page 3-2, item 3.2
10:10–10:30	CDR	Downlink of ??? and ?? counter data
11:30–11:50	CDR	ISS ? 2 repress from Progress ??? (per MCC go)
11:50–12:30	CDR	Maintenance of ???
12:30–13:30		LUNCH
14:00–14:15	FE-2	Private family conference
16:05–16:20	FE-1	Private family conference (HMS-PFC)
18:20–18:40	FE-2	Delta file downlink prep
18:50–19:05		Daily planning conference
19:05–19:30		Work prep
19:30–20:00		DINNER
20:00–20:30		Daily food ration prep
20:30–21:30		Personal hygiene (pre-sleep)
21:30–06:00		SLEEP

Note: See OSTP for references to US activities

End of radiogram