

GMT	CREW	ACTIVITY
10:35-10:45	CDR,FE-1	Morning Inspection
10:35-11:05	FE-2	Post-sleep
10:45-11:15	CDR,FE-1	Post-sleep
11:05-11:55	FE-2	BREAKFAST
11:15-12:05	CDR,FE-1	BREAKFAST
11:55-12:25	FE-2	EVA - pause/pre-breathe
12:05-12:10	CDR,FE-1	Prep for Work
12:10-12:25		Daily Planning Conference ( <i>S-band</i> )
12:25-12:50		Prep for Work
12:25-13:55	FE-2	Prep for EVA
12:50-12:55	CDR	HAM radio powerdown in FGB
13:20-14:50	FE-1	Physical Exercise (TVIS), Day 1
13:35-13:50	CDR	PWR transfer to Shuttle
13:50-15:20		Hardware transfers
13:55-14:10	FE-2	EMU purge
14:10-15:00		Pre-breathe in EMU
14:50-15:50	FE-1	Physical Exercise (VELO), Day 1
15:05-15:30	FE-2	Crew Lock depress
15:20-16:50	CDR	Installation of Radiation Area Monitors
15:30-15:35	FE-2	Terminate pre-breathe
15:40-15:50		Terminate BSA battery charge.
15:50-17:35		CMG R&R
16:15-16:30	FE-1	Water sampling
16:30-17:10		
17:10-17:20		
17:35-18:35	.	LUNCH
18:35-21:55	FE-2	CMG R&R
18:35-19:15	FE-1	COЖ Maintenance CBO, СП, Potok [Air Purification System] data calldowns. ИП-1 position verification
18:35-18:50	CDR	Motorola phone charging: setup, start charge. <i>Tagup with specialists as necessary (S-band)</i>
19:05-19:10		Motorola phone charging - status check
19:15-20:15	FE-1	Inspection of areas behind panel 206-220 in DC1
19:25-19:30	CDR	Motorola phone charging - status check
19:45-19:50		Motorola phone charging - status check
19:50-20:00		Motorola phone charging - terminate charging, cleanup
20:10-21:40		Physical Exercise (TVIS), Day 1
20:15-21:15	FE-1	Inspection of areas behind DC1 panel 301
21:15-21:35		IMS update
21:40-22:40	CDR	Physical Exercise (VELO), Day 1
21:35-22:00	FE-1	Pre-EVA Crew Health Status - prep
21:55-22:00	FE-2	Preliminary Crew Lock repress
22:00-22:15		Crew Lock Repress
22:00-22:20	FE-1	Evening work prep
22:15-23:40	FE-2	Post-EVA ops

22:20-22:50	FE-1	PDGF2 transfer on SSRMS
22:40-22:45	CDR	Transfer TVIS/RED/CEVIS/HRM data to MEC
22:45-23:05		Evening work prep
22:50-23:00	FE-1	Evening work prep
23:00-23:30		Daily Food Prep
23:05-23:20	CDR	Evening work prep
23:20-23:50		Daily Food Prep
23:30-23:50	FE-1	EMU battery charge (start)
23:40-23:45	FE-2	EVA photo downlink
23:50-00:05	.	Daily Planning Conference ( <i>S-band</i> )
00:05-00:35	CDR,FE-1	DINNER
00:05-00:20	FE-2	Daily Food Prep
00:20-00:40		Crew requested event ( <i>Ku+S-band</i> )
00:40-01:05		DINNER
00:35-01:35	CDR,FE-1	Pre-sleep
01:05-01:35	FE-2	Pre-sleep
01:35-10:05	.	SLEEP
<b>Task list</b>	FE-1	GCF-JAXA. TBY temperature monitoring, report to MCC (to be conducted in the morning)

**Note:** See OSTP for references to US activities.  
End of Radiogram