

Radiogram No. 0931u

Form 24 for 08/15/09

CREW OFF DUTY

| GMT | CREW | ACTIVITY |
|-------------|------------------|--|
| 06:00-06:10 | CDR, FE-3 | Morning Inspection |
| 06:00-06:05 | FE-1, FE-2, | SLEEP Data Log Entry |
| 06:05-06:10 | FE-4, FE-5 | Morning Inspection |
| 06:10-06:40 | | Post-sleep |
| 06:40-07:30 | | BREAKFAST |
| 07:30-08:20 | FE-1 | Weekly Housekeeping |
| 07:30-09:50 | FE-2 | |
| 07:30-10:30 | CDR, FE-3 | Weekly Housekeeping. Screen cleaning in ВПхО, ФС5, ФС6, ФС9, ВПрК, FGB ЛВ2 fan |
| 07:30-10:30 | FE-5 | Weekly Housekeeping |
| 07:30-08:20 | FE-4 | |
| 08:20-09:20 | FE-4 | Physical Exercise (TVIS) |
| 08:50-10:20 | FE-2 | Physical Exercise (ARED) |
| 09:20-10:20 | FE-1 | Physical Exercise (TVIS) |
| 09:20-11:30 | FE-4 | Weekly Housekeeping |
| 10:20-11:20 | FE-2 | Physical Exercise (CEVIS) |
| 10:20-11:50 | FE-1 | Physical Exercise (ARED) |
| 10:30-11:10 | CDR | Candle Installation/Replacement in ТГК1 and ТГК2; Activation of two ТГК (SFOG) |
| 10:35-11:35 | FE-5 | Physical Exercise (TVIS) |
| 10:50-11:05 | FE-3 | Private Family Conference (<i>Ku + S-band</i>) |
| 11:20-11:50 | FE-2 | Weekly Housekeeping |
| 11:35-13:05 | FE-5 | Physical Exercise (ARED) |
| 11:35-11:50 | FE-4 | Equipment Setup for BISE Experiment Video |
| 11:35-12:35 | CDR | Physical Exercise (TVIS), day 2 |
| 11:50-12:20 | FE-4 | BISE Session |
| 11:50-12:30 | FE-2 | VOLSCI Hardware Setup for the Experiment |
| 12:05-13:05 | FE-3 | Physical Exercise (VELO), day 1 |
| 12:30-13:05 | FE-2 | BISE Experiment OCHART Data Collection |
| 12:35-13:05 | CDR | Hygiene Procedures |
| 12:50-13:05 | FE-1 | Waste & Hygiene Compartment (WHC) Cabin Removal |
| 13:05-13:35 | | Weekly Planning Conference (<i>S-band</i>) |
| 13:35-14:35 | | LUNCH |
| 14:35-15:15 | FE-3 | COЖ Maintenance |
| 14:35-14:40 | CDR | SFOG (ТГК) Fan Deactivation |
| 14:40-17:10 | FE-2 | SPHERES Session |
| 14:40-18:10 | FE-1 | SPHERES Session |
| 14:40-15:05 | CDR | ТГК Candle Replacement and Activation of One ТГК (SFOG) |
| 14:50-15:05 | FE-4 | Private Psychological Conference (<i>Ku + S-band</i>) |
| 16:30-18:00 | FE-4 | Physical Exercise (ARED) |

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| 17:00-18:00 | FE-3 | Physical Exercise (TVIS), day 1 |
| 17:05-17:10 | CDR | SFOG (TTK) Fan Deactivation |
| 17:10-17:40 | FE-2 | SPHERES Session |
| 17:20-17:35 | FE-5 | Private Family Conference (<i>Ku + S-band</i>) |
| 17:40-18:10 | FE-2 | SPHERES Session |
| 18:00-19:00 | CDR | Physical Exercise (ARED) |
| 18:00-18:30 | FE-3 | Hygiene Procedures |
| 18:15-18:30 | FE-1 | Waste & Hygiene Compartment (WHC) Cabin Replace |
| 18:40-18:50 | FE-1 | MELFI Insert 11 |
| 18:50-18:55 | FE-1 | SOLO Diet Monitoring |
| 18:55-19:00 | FE-1 | Transfer TVIS, CEVIS, and HRM data to MEC |
| 19:00-19:30 | | ARED Crew Conference |
| 19:30-21:30 | | Presleep (dinner, daily food prep, evening toilet) |
| 21:30-06:00 | | SLEEP |
| Task List | CDR, FE-3 | URAGAN Observations and Photography |
| | | ECON. Observations and Photography |

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep: dinner, daily food prep, evening toilet
- End of Radiogram