

Equipment prep before EVA, enable/disable ВД-СУ mode and БИТС power on/off

GMT	CREW	ACTIVITY
10:45-10:55		Morning inspection
10:55-11:25		Post-sleep
11:25-12:15		BREAKFAST
12:15-12:40	FE-1	Prep for work
12:15-12:45	CDR	Prep for work
12:40-12:45	FE-1	RASTENIYA-2. Hardware status check
12:45-13:00	.	DPC (<i>S-band</i>)
13:00-15:00	.	MATRYOSHKA: Equipment set up before EVA. <i>Tagup with specialists. (S-band)</i>
15:00-16:30	FE-1	R&R of SM battery #8 800A
15:00-17:15	CDR	Physical Exercise (TVIS + RED)
16:30-16:50	FE-1	Changeout of unit 800 in Soyuz [CA] for used up unit.800
16:50-17:50	FE-1	Physical Exercise (VELO + Force Loader) day 2
17:15-17:20	CDR	7S payload status check (Increment 8)
17:20-17:50	CDR	Elektron IFM. System set up
17:50-18:50	.	LUNCH
18:50-19:00	FE-1	On MCC go: Demate YC-21 (matching device) TLM connector from БИТС2-12
18:50-19:00	CDR	Camera battery replacement
19:00-20:00	FE-1	Removal of YC-21 in Progress 260
20:00-21:00	.	Installation of Progress 260 docking mechanism
21:00-22:30	FE-1	Physical Exercise (TVIS) day 2
22:30-23:00	FE-1	Prep of medical kit for EVA
23:00-23:30	.	Daily plan preview
23:30-23:45	.	DPC (<i>S-band</i>)
23:45-23:55	CDR	Printout of EVA emergency guidelines (this activity is performed when emergency procedure is concurred with the Russian side)
23:55-00:15	FE-1	Prep for work
23:45-00:15	CDR	
00:15-00:45		DINNER. (Renal: pill ingestion)
00:45-01:15		Daily food prep
01:15-02:15	.	Pre-sleep
02:15-10:45	.	SLEEP
Task List	FE-1	Equipment search

Note: See OSTP for references to US activities

End of radiogram