

Radiogram No. 1444u

Form 24 for 10/17/09

PROGRESS 403 DOCKING TO DC1

GMT	CREW	ACTIVITY
06:00-06:10	CDR, FE-1 , FE-2, FE-3	Morning Inspection
06:00-06:05	FE-5	REACTION Self Test
06:00-06:05	FE-4	Morning Inspection
06:05-06:35	FE-4	Post-sleep
06:05-06:25	FE-5	Nutrition and Repository Urine Sample Collection
06:10-06:40	CDR, FE-1 , FE-2, FE-3	Post-sleep
06:25-06:35	FE-5	Nutrition and Repository MELFI Urine Sample First Insertion
06:35-06:50	FE-4	Nutrition and Repository - Blood Draw Operator
06:35-06:55	FE-5	Nutrition and Repository - Blood Samples
06:40-07:30	CDR, FE-1 , FE-2, FE-3	BREAKFAST
06:50-07:30	FE-4	
06:55-07:05	FE-5	Nutrition and Repository Refrigerated Centrifuge Setup
07:05-07:15	FE-5	Nutrition and Repository - Refrigerated Centrifuge Config
07:15-07:45	FE-5	Post-sleep
07:30-09:00	CDR	Physical Exercise (ARED)
07:30-08:30	FE-4	Physical Exercise (TVIS)
07:30-08:30	FE-1	Crew time for ISS adaptation and orientation
07:30-08:30	FE-2	Physical Exercise (CEVIS)
07:45-08:05	FE-5	Nutrition and Repository Blood Sample Insertion into MELFI
08:05-08:15	FE-5	Nutrition Stowing Blood Draw Kit
08:15-08:35	FE-5	Nutrition and Repository Urine Sample Collection
08:30-08:40	FE-2	SEED MELFI. Transfer
08:30-09:30	FE-1	Physical Exercise (TVIS), day 3
08:35-08:40	FE-5	Nutrition and Repository Urine Sample MELFI Insertion
08:40-09:55	FE-4	Food Container Transfer from HTV
08:40-09:35	FE-5	Crew time for ISS adaptation and orientation
08:45-08:50	FE-2	Urine Processor Assembly (UPA) Fill
08:50-09:00	FE-2	Disconnect Empty EDV-U from the Pre-Treated Urine Transfer Hose
09:00-10:00	FE-3	Physical Exercise (ARED)
09:00-09:10	CDR	JPM and LAB Window Shutter Closure
09:15-11:15	CDR	HTV1. Transfer Ops
09:30-10:00	FE-1	Hygiene Procedures
09:35-09:55	FE-5	Nutrition and Repository Urine Sample Collection
09:55-11:10	FE-4	Food Container Transfer from HTV
09:55-10:00	FE-5	Nutrition and Repository Urine Sample MELFI Insertion
10:00-11:30	FE-5	Physical Exercise (ARED)
10:15-10:30	FE-3	Private Family Conference (S + Ku-band)

10:30-11:10	FE-3	COX Maintenance
10:45-11:00	FE-1	Private Family Conference (<i>S + Ku-band</i>)
11:15-11:30	CDR	Transfer Conference for HTV1
11:25-11:30	FE-4	Transfer TVIS, CEVIS, and HRM data to MEC
11:30-12:30		Meal
12:30-12:55	FE-5	Pre-sleep
12:30-13:00	CDR, FE-1 , FE-2, FE-3 , FE-4	
12:55-13:00	FE-5	REACTION Self Test
13:00-21:30		SLEEP

Notes:

1. Pre-sleep: dinner, daily food prep, evening toilet
2. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
3. See OSTP for references to US activities

End of Radiogram