

Crew Off Duty

GMT	Crew	Activity
06:00-06:10	.	Morning inspection
06:10-06:40	.	Post-sleep
06:40-07:30	.	BREAKFAST
08:30-08:50	FE-1	Scopemeter battery charge
10:30-11:30	FE-1	Physical exercise (CEVIS)
11:30-13:00	CDR	Physical exercise (VELO+Force Loader 1) Day 1
11:30-13:00	FE-1	Physical exercise (RED)
13:00-14:00	.	LUNCH
14:00-14:05	CDR	On MCC Go 10 mm O2 repress from CpПК Oxygen Supply Facility section 2 on Progress №352 (start)
14:50-14:55	CDR	On MCC Go 10 mm O2 repress from CpПК Oxygen Supply Facility section 2 on Progress №352 (end)
16:45-17:15	CDR	COЖ maintenance
17:15-18:15	CDR	Physical exercise (RED)
18:20-18:50	.	Daily plan review
18:50-19:05	.	DPC (<i>S-band</i>)
19:05-19:30	.	Report prep
19:30-20:00	.	Dinner
20:00-20:30	.	Daily food prep
20:30-21:30	.	Pre-sleep
21:30-06:00	.	SLEEP
Task List	CDR	DIATOMEA. World ocean observations
		URAGAN. Observation and photo imagery
		Laptop-Paket repairs

Note: See OSTP for references to USOS activities.

End of radiogram