Form 24 for 05/01/09

CREW OFF-DUTY

GMT	CREW	ACTIVITY / ODF or r/g
06:00-06:05	FE-1	SLEEP Data Log Entry
06:00-06:10	CDR	Morning Inspection Inspection of DC1 Power Panel (БВП) Circuit Breaker [A3C] fuses in DC1 Fuse Boxes БПП-30, БПП-36 / r/g 6629
06:00-06:10	FE-2	Morning Inspection
06:05-06:15	FE-1	
06:10-06:40	CDR, FE-2	Post-sleep
06:15-06:45	FE-1	
06:40-07:30	CDR, FE-2	BREAKFAST
06:45-07:35	FE-1	
07:30-07:35	FE-2	CBEF Door Closure
07:50-07:55	FE-1	Set up video equipment to film ARED exercise
08:00-09:30	FE-1	Physical Exercise (ARED)
08:30-09:30	FE-2	Physical Exercise (TVIS)
09:30-11:00	FE-2	Physical Exercise (ARED)
10:00-11:30	CDR	Physical Exercise (TVIS), day 4
10:55-11:00	FE-1	Video Installation for Crew Medical Officer (CMO) Contingency Drill Training
11:00-11:30	FE-1, FE-2	Crew Medical Officer (CMO) Proficiency Training
11:30-12:30		CHeCS Medical Emergency Training
12:30-12:35	FE-1	CHeCS Post-CBT Stowage of Video Equipment
12:30-12:50	CDR	MATRYOSHKA-R. Monitoring Lulin-5 readings / r/g 0178
13:00-14:00		LUNCH
14:30-15:10	CDR	СОЖ Maintenance / r/g 8916, step 1
15:00-15:15	FE-1, FE-2	Science Program Management Conference (S-band)
15:10-15:25	CDR	URAGAN. Observations and Photography / r/g 0187
16:00-17:00	CDR	Physical Exercise (ARED), day 4
16:55-17:05	FE-2	Potable Water Dispenser (PWD) Daily Ambient Flush
17:10-18:10	FE-1	Physical Exercise (TVIS)
18:10-18:30		Flight Director / ISS Crew Tagup (S-band)
18:30-18:35	FE-1	Transfer TVIS, CEVIS, and HRM data to MEC
18:35-18:40	FE-1	Stow video equipment used for ARED exercise video
19:00-19:20		Weekly crew conference with the ISS Program Management (S-band)
19:25-19:30	FE-2	CBEF Door Opening
19:30-21:20	FE-1	Pre-sleep
19:30-21:30	CDR	
19:30-21:00	FE-2	
21:00-21:15	FE-2	Private Family Conference (Ku + S-band)
21:15-21:30	FE-2	Pre-sleep

21:20-21:30	FE-1	IWIS ACL removal
21:30-06:00		SLEEP
Task List	CDR	Fan Replacement / r/g 0155
		Stowing hardware for disposal in Progress 366 (with IMS support)

Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC / r/g 6083, 6004
 See OSTP for references to US activities
 Pre-sleep: Dinner, Daily food prep, pre-sleep
 End of Radiogram