

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
10:00-10:35	FE-1	HRF and Laptop setup
10:35-10:45		HRF OCA data search
10:45-11:45		HRF ELC software load
11:00-12:00	CDR	Physical Exercise (TVIS) day 3
12:00-12:30		Physical Exercise (RED) day 3
12:30-13:30		LUNCH
14:00-14:30	FE-1	PHS equipment set up and UROLUX hardware prep
14:30-15:10		HRF ELC software load – closeout ops
15:15-15:30	FE-1	PFC (<i>Ku + S-band</i>)
15:45-17:15	FE-1	Physical Exercise (RED)
16:45-17:15	CDR	COЖ maintenance (<i>CBO and CП counter data calldown</i>)
17:15-18:15		Physical Exercise (VELO + Force Loader/cycle 1) day 3
17:15-18:15	FE-1	Physical Exercise (TVIS)
18:15-18:35		Daily plan review
18:35-18:50		DPC (<i>Ku + S-band</i>)
18:50-19:00		Daily plan review
19:00-19:30		Report prep
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	CDR	URAGAN. Observation and photo imagery
		PLASMA CRYSTAL. Prep for IFM and removal of turbo pump with electronics unit
		Photo imagery of БКДО

Note: See OSTP for references to US activities
 End of radiogram-