

Radiogram 7159u Form 24 for 12/30/03  
**Dismantling CУД units. Transfer of Medical Kit.**

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:45		Daily planning conference ( <i>S-band</i> )
07:45-08:15		Prep for work
08:15-10:10	FE-1	Dismantling CУД units behind panel 307 (area 24A)
08:15-09:00	CDR	Monthly maintenance of TVIS
09:00-09:05		Weekly maintenance of TVIS
09:05-11:20		Physical Exercise (TVIS + RED)
10:10-10:25	FE-1	Regeneration of БМП absorption bed #1 (end)
10:25-10:40		Regeneration of БМП absorption bed #2 (start)
10:40-12:10		Physical Exercise (TVIS) day 3
11:30-11:40	CDR	TVIS/RED/CVIS transfer to MEC
11:40-12:10		ISSI (soldering in space): prep for experiment (soldering of a reference sample)
12:10-13:10	.	LUNCH
13:10-14:50	CDR	ISSI: prep for soldering experiment
13:10-15:15	FE-1	Dismantling of CУД units behind panel 307 (area 24A)
14:50-15:20	CDR	Work are set up with protection for PFMI experiment
15:15-15:30	FE-1	<b>On MCC go:</b> Progress ops
15:20-17:20	CDR	Transfer of medical kit with medications delivered on Soyuz
15:30-16:30	FE-1	Physical Exercise (VELO + Load Trainer /cycle1) day 3
16:35-17:05		COЖ maintenance
17:10-17:25		Private medical conference ( <i>S-band</i> )
17:25-17:35		Prep for PAO
17:35-17:55		PAO with space.com developers ( <i>S-band</i> )
17:55-18:15	FE-1	IMS file prep
18:00-18:15	CDR	Questionnaire: log entry
18:15-18:45		Daily plan review
18:45-19:00		Daily planning conference ( <i>S-band</i> )
19:00-19:20	FE-1	<b>On MCC go:</b> SFOG changeout
19:00-19:15	CDR	Private medical conference ( <i>S-band</i> )
19:15-19:30		Prep for work
19:20-19:30	FE-1	
19:30-20:00		DINNER (RENAL: pill ingestion)
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
<b>Task List</b>	FE-1	Search for equipment

**Note:** See OSTP for references to US activities  
 End or radiogram