Radiogram No. 9493u Form 24 for 01/29/09 Refueling FGB Low-Pressure Fuel and Oxidizer Tanks БНДГ(О) 3 from Progress 401 Refueling System Fuel (Oxidizer) Tanks 1, 2 via DC1

GMT	CREW	ACTIVITY
06:00-06:10		Morning Inspection
06:10-06:25		Post-sleep
06:25-07:20	FE-1	BREAKFAST
06:25-07:15	CDR, FE-2	
07:15-07:20	CDR, FE-2	SLEEP Data Logging
07:20-07:35		Daily Planning Conference (S-band)
07:35-07:50		Post-sleep
07:50-08:15		Prep for Work
08:15-09:45	FE-2	Physical Exercise (ARED)
08:15-08:40	CDR	TVIS Monthly Maintenance
08:15-08:30	FE-1	БМП Ф1 Absorption Cartridge Regeneration (start)
08:30-09:30	FE-1	Visual inspection of bearings and functionality check of DC1 ACA-Γ transfer hatch cover.
08:40-09:40	CDR	Physical Exercise (TVIS)
09:30-10:05	FE-1	UFO. Prep for TV conference, conduct TV conference. ISS-MCC TV (To=9:30, T2, T3 from CΠΠ)
09:40-09:50	CDR	CWC audit
09:45-10:45	FE-2	Physical Exercise (CEVIS)
10:05-10:25	FE-1	UFO. Post-Experiment Debrief (S-band)
10:30-12:00	FE-1	Physical Exercise (TVIS) day 1
10:35-12:05	CDR	Physical Exercise (ARED)
10:45-10:50	FE-2	Disconnect Display and Control Panel (DCP) power cable
10:50-10:55		EXPRESS Rack 6 Potable Water Dispenser Iodinated Ambient Water flush
10:55-11:00		Label Change for CWC-I (Iodinated Contingency Water Container) filled with Potable Water Dispenser (PWD) flush water
11:30-11:35		Biolab. Open LSM gas container for density test
11:35-12:15		СОЖ Maintenance
12:00-13:00	FE-1	LUNCH
12:11-12:16	CDR	HAM Radio Setup
12:15-13:15	FE-2	LUNCH
12:16-12:28	CDD	HAM RADIO Ground Station Checkout
12:30-13:30	CDR	LUNCH
13:00-16:55	FE-1	Loading discarded hardware onto Progress 401
13:15-14:15	FE-2	Perform additional flush of WHC to attempt to clear Dose Pump LED Indications
13:30-13:40	CDR	Terminate EMU Metox Regeneration
13:40-14:55		Repack ESA equipment
14:55-15:00		HAM Radio Setup
15:00-15:10		HAM Radio Session
15:05-15:15	FE-2	PAO Hardware Setup

15:15-15:35	CDR	OCA router reconfig
15:15-15:25	FE-2	Crew Prep for PAO
15:25-15:45		PAO event (Ku + S-band)
15:35-15:50	CDR	Questionnaire - journal entry
15:45-15:50	FE-2	PAO Hardware Deactivation
15:50-18:50	CDR, FE-2	EMU Re-sizing
16:55-17:15	FE-1	IMS Update
17:15-18:15		Physical Exercise (TVIS), day 1
18:15-18:50		Evening Work Prep
18:50-19:05		Daily Planning Conference (S-band)
19:05-19:30		Evening Work Prep
19:30-19:47	FE-2	Presleep (dinner, daily food prep, evening toilet)
19:30-21:15	FE-1	Presleep (dinner, daily food prep, evening toilet)
19:30-21:30	CDR	Presleep (dinner, daily food prep, evening toilet)
19:47-20:02	FE-2	Private Family Conference (S-band, Ku-band)
20:02-20:15		Presleep (dinner, daily food prep, evening toilet)
20:15-20:35		VHF Comm Check Through US Ground Sites (VHF) /
20:35-21:30		Presleep (dinner, daily food prep, evening toilet)
21:15-21:30	FE-1	БМП Ф1 Absorption Cartridge Regeneration (termination)
21:30-06:00		SLEEP

Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
 See OSTP for references to US activities.

End of Radiogram