

**Refueling FGB low-pressure fuel and oxidizer tanks БНДГ and БНДО 1, 2, 3 from Progress 354 refueling system via SM**

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:35		Work prep
07:35-07:50		Daily planning conference ( <i>S-band</i> )
07:50-08:15		Work prep
08:15-11:15	FE-1	Changeout of FGB replaceable pump panel in internal hydraulic loop СПН ВГК1-(1) (#612013 b/c 00037080R ФГБ1ПГО_1_110, discard removed panel #904014. Update the IMS). <i>Tagup with specialists (S-band)</i>
08:15-08:50	CDR	HRF 2: Refrigerated Centrifuge Checkout Setup
08:50-09:20		COЖ maintenance
09:20-09:35		HRF2: Closeout ops with centrifuge
09:40-11:10		Physical Exercise (TVIS)
11:10-12:10		Physical Exercise (RED)
11:15-12:45	FE-1	Physical Exercise (TVIS) Day 3
12:10-12:40	CDR	Ventilation system preventive maintenance. Groups B and C (start)
12:40-12:50		HRF 2: Refrigerated Centrifuge Cleaning
12:45-12:50	FE-1	<b>On MCC</b> Go ISS O2 repress from Progress 354 CpПК (start)
12:50-13:50	.	LUNCH
13:50-13:55	FE-1	ISS O2 repress from Progress 354 CpПК (terminate)
13:50-18:10	CDR	Ventilation system preventive maintenance. Groups B and C (continued)
13:55-14:35	FE-1	Troubleshooting ДКЦ2B37 and ЛКЦ2B34, БГЛ5188 (1). <i>Tagup with specialists as necessary (S-band)</i>
14:35-17:05		Progress 354 transfers with IMS updates
17:05-17:25		IMS update
17:25-18:25		Physical Exercise (VELO+RED) day 3
18:20-18:25	CDR	Transferring TVIS, RED, and HRM data to MEC
18:25-18:35		Daily plan review
18:35-18:50		Daily planning conference ( <i>S-band</i> )
18:50-19:00		Daily plan review
19:00-19:30		Report prep
19:30-20:00		DINNER
20:00-20:30	CDR	Daily food prep
20:00-20:30	FE-1	Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

**Note:** See OSTP for references to US activities.

End of Radiogram