

Crew OFF-DUTY

TIME	CREW	ACTIVITY / odf or r/g
06:00-06:10	CDR,FE-5, FE-6	Morning inspection
06:00-06:10	FE-4	Morning inspection, visual check in DC1 of A3C position in БВП CO and of fuses in БПП- 30, БПП-36 per LCD lights
06:00-06:10	FE-2	Morning inspection, Laptop RS1(2) reboot
06:00-06:10	FE-1	Morning inspection, RSS1,2 reboot
06:10-06:40	.	Post sleep
06:40-07:30	CDR, FE-2 , FE-5,FE-6, FE-4	Breakfast
06:40-07:30	FE-1	Breakfast, SM Caution and Warning Panel (ПСС) test (after breakfast
07:45-08:00	FE-6	PMC
08:30-08:45	FE-6	PFC
09:00-10:00	FE-6	EXERCISE CEVIS
09:00-10:00	CDR	EXERCISE T2
09:00-10:30	FE-4	EXERCISE БД-2 -1
09:50-10:50	FE-2	EXERCISE Velo - 1
10:00-11:30	FE-6	EXERCISE ARED
10:15-10:30	FE-1	PFC (<i>Ku+S-band</i>)
10:30-10:35	FE-4	BIOSIGNAL. Temp monitoring in Kriogem-03
10:50-12:20	FE-2	EXERCISE БД-2 - 1
12:00-13:00	FE-5	EXERCISE T2
12:20-12:35	FE-2	PFC (<i>Ku+S-band</i>)
12:45-13:00	FE-4	Gas analyzer deactivation in Soyuz 713
12:45-13:00	FE-1	Gas analyzer deactivation in Soyuz 712
13:00-14:00	.	Lunch
14:00-14:05	CDR	VEG-daily visual inspection of plants
14:00-14:15	FE-4	PFC (<i>Ku+S-band</i>)
14:10-14:20	FE-5	MELFI – procedure review
14:15-14:55	FE-2	COЖ maintenance. <i>Data downlink for CBO, CГО, СПКУ АСУ counter , YOB Potok in SM and FGB</i>
14:20-14:50	FE-5	MELF2 - installing ice blocks
15:00-16:30	CDR	EXERCISE ARED
15:15-15:30	FE-5	PFC
15:30-16:30	FE-1	EXERCISE БД-2 - 2
16:30-18:00	FE-1	EXERCISE ARED
16:55-17:10	FE-5	PMC
17:45-18:45	FE-4	EXERCISE VELO - 1
17:55-18:00	FE-5	SHD- daily headache questionnaire
18:00-19:30	FE-5	EXERCISE ARED
18:45-19:15	FE-1,FE-2 ,	Evening work prep

	FE-4	
19:15-19:30	FE-1,FE-2, FE-4	DPC (<i>S-band</i>)
19:25-19:30	FE-6	SHD - daily questionnaire
19:30-21:25	CDR,FE-6	Pre-sleep
19:30-21:30	FE-1,FE-2, FE-4,FE-5	Pre-sleep
21:25-21:30	CDR,FE-6	REMINDER - reading reminder
21:30-06:00	.	Sleep
Task List	FE-1,FE-2, FE-4	Preparing reports for Roscosmos site
	FE-1,FE-2	RS onboard testing of СПО МИС
		EKON-M. Observation and photography
	FE-1	SEYNER. World Ocean study
	FE-4	Removing GoPro camera in Soyuz 713. Copying video to HD. Deleting files on flash cards. Charging batteries. Stowage. Tagup with specialist if needed (<i>S-band</i>)

Notes:

1. SM Window No. 9 shutter opening is at crew discretion w/ **Report to MCC**
 2. Pre-sleep ops: daily food prep, dinner, pre-sleep
 3. See OSTPV for references to US activities
 4. Russian crew uses US exercise equipment strictly per F24 or OSTPV
- End of r/g