

Radiogram No. 2266u

Form 24 for 05/04/2013

LBNP EXERCISE. CREW OFF DUTY

TIME	CREW	ACTIVITY
06:00-06:10	CDR	Morning Inspection
06:00-06:10	FE-1	Morning Inspection. Laptop RS2(1) Reboot
06:00-06:10	FE-2	Morning Inspection. RSS1, RSS2 Reboot
06:00-06:10	FE-3	BCAT. Camera Battery Changeout
06:00-06:10	FE-4	Morning Inspection
06:00-06:10	FE-6	ICV Battery Replacement
06:10-06:40	CDR, FE-1, FE-2, FE-4	Post-sleep
06:10-06:20	FE-3	Morning Inspection
06:10-06:20	FE-6	Morning Inspection
06:20-06:40	FE-3, FE-6	Post-sleep
06:40-07:30	CDR, FE-1, FE-2, FE-3, FE-6	BREAKFAST
06:40-07:30	FE-4	BREAKFAST. SM ПСС (Caution & Warning Panel) Test (after breakfast)
07:30-10:30	FE-1	Weekly Housekeeping Cleaning Auxiliary Computer System (BKC) Laptops
07:30-09:30	CDR	Weekly Housekeeping
07:30-09:15	FE-2	Weekly Housekeeping Cleaning Auxiliary Computer System (BKC) Laptops
07:30-10:30	FE-3	Weekly Housekeeping
07:30-09:15	FE-4	Weekly Housekeeping SM Ventilation Subsystem Preventive Maintenance, Group E FGB ЛВ2 Fan Cleaning Inspection of Air Conditioner Cleaning Auxiliary Computer System (BKC) Laptops
07:30-09:00	FE-6	Weekly Housekeeping
09:00-09:10	FE-6	ICV Battery Replacement
09:10-10:10	FE-6	Physical Exercise (CEVIS)
09:20-10:15	FE-4, FE-2 assists	LBNP Exercise (PRELIMINARY). <i>Tagup with specialists (S-band)</i>
09:30-11:00	CDR	Physical Exercise (ARED)
10:20-10:35	FE-2	Private Psychological Conference (VHF)
10:30-11:30	FE-1	Physical Exercise (TVIS), Day 2
10:30-10:35	FE-6	CGBA - Status Check and Monitor Cleaning
10:35-11:25	FE-2	Weekly Housekeeping Cleaning Auxiliary Computer System (BKC) Laptops
10:35-11:30	FE-6	Weekly Housekeeping
11:00-12:00	CDR	Physical Exercise (CEVIS)
11:00-12:30	FE-3	Physical Exercise (ARED)
11:15-12:30	FE-4	Weekly Housekeeping Cleaning Auxiliary Computer System (BKC) Laptops Cleaning Potok-150 MK Air Purification System Pre-filters (after 12:00)

11:25-12:25	FE-2	Physical Exercise (VELO), Day 1
11:30-11:40	FE-6	ICV Battery Replacement
11:40-12:15	FE-6	Weekly Housekeeping
11:55-12:10	FE-1	Private Psychological Conference (<i>VHF</i>)
12:30-13:00		Weekly Planning Conference (<i>S-band</i>)
13:30-13:45	FE-4	Private Psychological Conference (<i>VHF</i>)
13:40-14:40	CDR, FE-1, FE-2 , FE-3, FE-6	LUNCH
13:45-14:45	FE-4	LUNCH
14:40-14:50	FE-3	BCAT3 - Camera Checkout
14:40-15:00	FE-6	ICV - End of Data Collection
14:45-15:25	FE-1	COX Maintenance
14:55-16:30	CDR	Microbiological Analysis T + 5
14:55-15:00	FE-3	P/L Video Playback Start
15:05-15:20	FE-6	NANORACK -Powerdown
15:20-15:50	FE-6	NANORACK - Camcorder Setup
16:10-17:40	FE-1	Physical Exercise (ARED)
16:30-17:30	CDR	Weekly Housekeeping
16:30-18:00	FE-2	Physical Exercise (TVIS), Day 1
16:45-17:00	FE-6	JRNL - Journal entry
17:30-18:30	FE-4	Physical Exercise (TVIS), Day 3
17:40-18:40	FE-3	Physical Exercise (CEVIS)
18:00-19:30	FE-6	Physical Exercise (ARED)
19:00-19:05	FE-3	Payload Playback Stop
19:30-21:30	CDR, FE-1, FE-2, FE-4 , FE-6	Pre-sleep
19:30-21:20	FE-3	Pre-sleep
21:20-21:30	FE-3	BCAT. Camera Battery Changeout
21:30-06:00		SLEEP
Task List	FE-1, FE-2, FE-4	Preparation of reports for Roskosmos site
	FE-1, FE-4	ECON-M. Observations and Photography
	FE-1, FE-2	URAGAN Observations and Photography
	FE-2	SEINER Ocean Observations

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ Report to MCC
2. See OSTP for references to US activities.
3. Pre-sleep ops: daily food prep, dinner, pre-sleep
4. Russian crew uses US exercise equipment strictly per F24 or OSTPV