

Radiogram No. 1838 u
CREW OFF DUTY

Form 24 for 12/05/09

| GMT | CREW | ACTIVITY |
|-------------|------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 06:00-06:05 | FE-1 | Elektron-VM Aerosol Filter Inspection |
| 06:00-06:20 | CDR | Nutrition and Repository Urine Sample Collection |
| 06:05-06:10 | FE-1 | Morning Inspection |
| 06:10-06:40 | FE-1 | Post-sleep |
| 06:20-06:30 | CDR | Nutrition and Repository MELFI Urine Sample First Insertion |
| 06:30-06:35 | CDR | Morning Inspection |
| 06:35-07:05 | CDR | Post-sleep |
| 06:40-07:30 | FE-1 | BREAKFAST |
| 07:05-07:55 | CDR | BREAKFAST |
| 07:50-09:05 | FE-1 | Weekly Housekeeping. SM Ventilation System Preventive Maintenance Group E, Cleaning FGB LJB2 |
| 07:55-10:55 | CDR | Weekly Housekeeping |
| 09:05-09:10 | FE-1 | RS1 LOG-file Dump |
| 09:10-10:55 | FE-1 | Weekly Housekeeping. SM Ventilation System Preventive Maintenance Group E, Cleaning FGB LJB2 |
| 10:55-11:05 | CDR | Waste and Hygiene Cabin Installation |
| 11:10-11:25 | CDR | SPHERES Crew Conference (<i>S-band</i>) |
| 11:25-11:45 | CDR | Nutrition and Repository Urine Sample Collection |
| 11:45-11:50 | CDR | Nutrition and Repository Urine Sample MELFI Insertion |
| 11:50-12:50 | CDR | Physical Exercise T 2 |
| 11:50-12:50 | FE-1 | Physical Exercise ARED Day 4 |
| 12:50-13:50 | . | LUNCH |
| 13:50-14:20 | . | Weekly Planning Conference (<i>S-band</i>) |
| 14:20-17:15 | CDR | SPHERES Session |
| 15:40-15:50 | FE-1 | Pre-filter cleaning in POTOK-150MK Air Purification System in SM and FGB (<i>Use vacuum cleaner equipped with narrow nozzle attachment with POTOK unit powered down</i>) |
| 15:50-16:30 | FE-1 | COX Maintenance |
| 17:15-17:30 | CDR | Waste and Hygiene Cabin Installation |
| 17:30-17:35 | FE-1 | Elektron-VM Aerosol Filter Inspection |
| 17:30-17:50 | CDR | Nutrition and Repository Urine Sample Collection |
| 17:35-19:05 | FE-1 | Physical Exercise T 2 |
| 17:50-17:55 | CDR | Nutrition and Repository Urine Sample MELFI Insertion |
| 17:55-19:25 | CDR | Physical Exercise (ARED) |
| 19:25-19:30 | CDR | Transfer TVIS, CEVIS, and HRM data to MEC |
| 19:30-21:30 | . | Pre-sleep |
| 21:30-06:00 | . | SLEEP |

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| Task List | FE-1 | URAGAN Observations and Photography |
| | | MATRYOSHKA-R. Monitoring Lulin-5 Readings |
| | | ECON. Observations and Photography |
| | | Life On ISS Video Recording |

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep: dinner, daily food prep, evening toilet
- End of Radiogram