

ISS Reboost Using ATV Thrusters. BITS Tests

GMT	CREW	ACTIVITY
06:00-06:20	FE-5	HRF Urine Sample Collection Subject
06:00-06:10	CDR, FE-1, FE-3, FE-4, FE-6	Morning Inspection
06:10-06:40		Post-sleep
06:10-06:35	FE-3	Post-sleep
06:20-06:25	FE-5	HRF Urine Sample Insertion into MELFI
06:25-06:35		HRF Refrigerated Centrifuge Setup
06:35-06:50	FE-3	HRF Blood Draw - Operator
06:35-06:55	FE-5	HRF Blood Sample Draw - Subject
06:40-07:30	CDR, FE-1, FE-4, FE-6	BREAKFAST
06:50-07:30		
06:55-07:05	FE-5	Post-sleep
07:05-07:15		HRF Refrigerated Centrifuge Configure
07:15-07:30		Post-sleep
07:30-07:45	CDR, FE-3, FE-5, FE-6	Daily Planning Conference (<i>S-band</i>)
07:45-07:50	FE-5	HRF Refrigerated Centrifuge Spin Terminate
07:45-08:00	FE-6	Work Prep
07:45-08:10	FE-3	
07:50-08:00	FE-5	Nutrition and Repository Blood Sample Insertion into MELFI
08:00-09:00	FE-6	Crew time for ISS adaptation and orientation
08:00-09:00	FE-5	BREAKFAST
08:10-08:30	FE-3	REBR Experiment OBT
08:45-09:00	CDR, FE-1, FE-4	IMS Tagup (<i>S-band</i>)
09:00-09:15		ISS Crew and ГОГУ (RSA Flight Control Team Management) Weekly Conference (<i>S-band</i>)
09:15-10:15	FE-3	Physical Exercise (CEVIS)
09:15-09:25	FE-5	ICV-MAKITA Battery Installation
09:15-09:20	FE-4	Setting up video equipment to record T2 physical exercise
09:15-09:25	FE-6	USOS Window Shutter Close
09:15-10:15	FE-1	Physical Exercise (T2) Day 3
09:20-10:20	FE-4	Physical Exercise (VELO), Day 3
09:25-09:40	FE-5	HRF Blood Collection Hardware Stowage
09:30-11:00	FE-6	Physical Exercise (ARED)
09:40-10:40	FE-5	Crew time for ISS adaptation and orientation
10:15-10:20	CDR	PAO Hardware Setup
10:20-10:30	CDR, FE-1, FE-4	Crew Prep for PAO
10:30-10:50		TV Greetings (<i>Ku + S-band</i>)
10:45-10:50	FE-5	ICV-MAKITA Battery Replacement
10:50-12:20	CDR	Physical Exercise (T2) Day 3
10:50-11:10	FE-5	Work Prep

11:00-11:30	FE-6	US EVA Tool Preparation
11:10-13:10	FE-3	ATV2 Transfers
11:10-12:40	FE-5	Physical Exercise (ARED)
11:25-12:10	FE-1, FE-4	ATV2 Undocking OBT. <i>Tagup with specialists (S-band)</i>
11:30-13:00	FE-6	US EVA Tool Preparation
12:20-13:20	CDR, FE-1, FE-4	LUNCH
12:40-12:50	FE-5	ICV. Crew Reviews Reference Material
12:50-13:00	FE-5	ICV. Crew Reviews Reference Material
13:00-14:00	FE-5,FE-6	LUNCH
13:10-14:10	FE-3	
14:00-14:40	CDR	COX Maintenance
14:00-14:05	FE-5	ICV-MAKITA Battery Replacement
14:05-14:25	FE-5	HRF - Stow Urine Collection Equipment
14:10-14:20	FE-3	MELF1. Box Insert into MELFI 1
14:10-14:30	FE-6	EXPRESS Rack 8 – Locker Removal
14:20-14:35	FE-3	Food Frequency Questionnaire
14:35-15:20	FE-5	Hardware Prepack for Return on ULF7
14:40-15:20	FE-6	Adding new SODF sheets
14:45-14:55	FE-3	PAO Hardware Setup
14:50-16:20	FE-4	Physical Exercise (T2) Day 4
14:50-16:20	FE-1	Physical Exercise (ARED)
14:55-15:05	FE-3	Crew Prep For PAO
15:05-15:25		PAO Event
15:20-15:50	FE-5,FE-6	Skills training for the Shuttle R-Bar Pitch Maneuver
15:25-15:30	FE-3	PAO Hardware Deactivation
15:30-16:00		WRS Maintenance
15:50-15:55	FE-6	Downlink images obtained during RPM OBT
15:55-16:50		Adding new SODF sheets
16:00-16:30	FE-3	WRS Maintenance
16:10-16:15	FE-5	ICV-MAKITA Battery Replacement
16:15-17:45		Hardware Prepack for Return on ULF7
16:20-16:25	FE-4	Stow video equipment used to record TVIS exercise
16:30-17:15	FE-3	Space Station Computer Version 4 - Client Recovery
17:10-17:40	FE-6	Exercise Initial Preparation
17:30-19:00	FE-3	Physical Exercise (ARED)
17:40-18:40	FE-6	Physical Exercise T 2
17:45-17:50	FE-5	ICV-MAKITA Battery Retrieval
17:50-18:50		Physical Exercise (CEVIS)
18:00-19:00	CDR	Physical Exercise (VELO), Day 3
18:40-18:50	FE-6	TREAD. End of Exercise
18:50-19:00	FE-5, FE-6	Evening Work Prep
19:00-19:15	CDR, FE-3, FE-5, FE-6	Daily Planning Conference (<i>S-band</i>)
19:15-19:30	FE-3, FE-5	Evening Work Prep

19:15-19:25	FE-6	Battery Stowage Assembly (BSA) Battery Recharge Terminate
19:30-20:05	CDR, FE-1, FE-4, FE-5, FE-6	Pre-sleep
19:30-19:35	FE-3	MPC Power Up
19:35-20:05	FE-3	Pre-sleep
20:05-20:25		Flight Director/ISS Crew Tagup
20:25-21:25	FE-3	Pre-sleep
20:25-21:30	CDR, FE-1, FE-4, FE-5, FE-6	
21:25-21:30	FE-3	MPC Power Down
21:30-06:00		SLEEP
Task List	CDR, FE-1, FE-4	Preparation of reports for Roskosmos site

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep ops: daily food prep, dinner, pre-sleep
 4. **During evening DPC: Deactivate all Laptops except RS1(RS2), RSS1, RSS2, for sleep period**
(because of solar orbit)
- End of Radiogram