

Radiogram No. 2048u
Preparation for EVA

Form 24 for 01/05/2010

GMT	CREW	ACTIVITY
06:00-06:10	FE-1	Morning Inspection
06:00-06:05	FE-4	Elektron-VM Aerosol Filter Inspection
06:00-06:05	CDR, FE-5	REACTION Self Test
06:00-06:05	FE-6	Urine pH Test
06:05-06:15	CDR, FE-4, FE-5	Morning Inspection
06:05-06:25	FE-6	Nutrition and Repository Urine Collection
06:10-06:40	FE-1	Post-sleep
06:15-06:45	CDR, FE-4, FE-5	Post-sleep
06:25-06:30	FE-6	Nutrition and Repository Urine Sample MELFI Insertion
06:30-06:55	FE-6	Post-sleep
06:40-07:30	FE-1	BREAKFAST
06:45-07:05	CDR	BREAKFAST
06:45-07:35	FE-4, FE-5	BREAKFAST
06:55-07:05	FE-6	Nutrition and Repository Refrigerated Centrifuge Setup
07:05-07:25	FE-6	Nutrition and Repository Blood Samples
07:05-07:20	CDR	Nutrition and Repository Blood Draw Operator
07:20-07:50	CDR	BREAKFAST
07:25-07:35	FE-6	Post-sleep
07:30-07:50	FE-1	Work Prep
07:35-07:45	FE-6	Nutrition and Repository Refrigerated Centrifuge Config
07:35-07:50	FE-4, FE-5	Work Prep
07:45-07:50	FE-6	REACTION Self Test
07:50-08:15		Daily Planning Conference (<i>S-band</i>)
08:15-08:55	FE-4	DC1 Configuration for EVA. Deactivation of Lulin-5 and relocation of Phantom and Lulin-5
08:15-08:25	CDR	WRS Water Sample Analysis
08:15-08:35	FE-1	PLANTS-2. Data Downlink
08:15-08:25	FE-6	Nutrition and Repository- Refrigerated Centrifuge Closeout
08:15-08:40	FE-5	Crew time for ISS adaptation and orientation
08:25-08:40	CDR	G1 Camcorder Setup
08:25-08:35	FE-6	Nutrition and Repository Blood Sample Insertion into MELFI
08:35-08:40	FE-6	Urine Log
08:35-08:45	FE-1	PLANTS-2. Photography
08:40-09:40	FE-6	BREAKFAST
08:40-10:20	CDR, FE-5	JEMRMS Small Fine Arm (SFA) Electronics and SFA Mechanism Assembly
08:55-11:25	FE-1, FE-4	ПхО and DC1 Preparation for EVA and IMS Update
09:40-09:50	FE-6	TVIS Exercise Video Equipment Setup
09:50-11:20	FE-6	Physical Exercise (ARED)

10:20-12:20	CDR, FE-5	JEMRMS Small Fine Arm (SFA) Electronics and SFA Mechanism Assembly Part.2
11:20-12:20	FE-6	Physical Exercise T 2
11:25-12:55	FE-1	Physical Exercise (TVIS), Day 3
11:25-11:40	FE-4	Setting Up EVA Medical Pack
11:40-12:40	FE-4	Physical Exercise (ARED)
12:20-12:40	FE-6	Nutrition and Repository Urine Collection
12:20-12:25	CDR	TOCA Data Transfer
12:20-12:50	FE-5	JEMRMS Small Fine Arm (SFA) Checkout Prep
12:40-12:55	FE-4	Private Medical Conference (<i>Ku+S-band</i>)
12:40-12:45	FE-6	Nutrition and Repository Urine Sample MELFI Insertion
12:40-12:55	CDR	MELFI - verify MELFI items inside each box module of Dewar1
12:55-13:55		LUNCH
13:55-15:55	FE-1, FE-4	Preparation of spacesuit replaceable elements, service, and personal gear. <i>Tagup with specialists (as necessary) (S-band)</i>
13:55-14:05	CDR	PAO Hardware Setup
14:10-14:20	CDR, FE-5, FE-6	Crew Prep for PAO
14:20-14:40	CDR, FE-5, FE-6	PAO Event (<i>Ku+S-band</i>)
14:40-15:05	FE-5	JEMRMS Deactivation
14:40-15:35	FE-6	Crew time for ISS adaptation and orientation
14:40-14:50	CDR	PAO Hardware Deactivation
14:50-15:05	CDR	Private Medical Conference (<i>Ku+S-band</i>)
15:05-15:20	FE-5	JEMRMS Small Fine Arm (SFA) Checkout in JPM
15:10-16:40	CDR	Physical Exercise (ARED)
15:25-15:35	FE-5	JEMRMS Deactivation Prep
15:35-16:05	FE-6	EMU Helmet Light Inspection
15:40-16:40	FE-5	Physical Exercise T 2
15:55-17:25	FE-4	Physical Exercise (TVIS), Day 4
15:55-16:10	FE-1	Private Medical Conference (<i>Ku+S-band</i>)
16:05-16:15	FE-6	Terminate EMU Metox Regeneration
16:10-16:50	FE-1	Installation of Portable Repress Tank (БНП) #3 п.1 In Working Compartment (001473R, БО ТПК №227)
16:15-16:25	FE-6	Start EMU Metox Regeneration
16:25-16:40	FE-6	Private Medical Conference (<i>Ku+S-band</i>)
16:40-17:40	FE-6	CIR Hardware Setup
16:40-18:10	FE-5	Physical Exercise (ARED)
16:40-17:40	CDR	Physical Exercise T 2
16:50-17:50	FE-1	Physical Exercise (VELO), Day 3
17:25-18:25	FE-4	Crew time for ISS adaptation and orientation
17:40-18:10	CDR	Program Science Lead / Crew Conference (<i>S-band</i>)
17:40-18:10	FE-6	Evening Work Prep

17:50-18:20	FE-1	COX Maintenance
18:10-18:30	FE-6	Nutrition and Repository Stow Urine Sampling Equipment
18:10-18:15	CDR	Transfer TVIS, CEVIS, and HRM data to MEC
18:10-18:40	FE-5	Crew time for ISS adaptation and orientation
18:15-18:20	CDR	G1 Camcorder Deactivation
18:20-18:40	CDR	Evening Work Prep
18:20-18:40	FE-1	IMS Update
18:25-18:35	FE-4	Evening Work Prep
18:30-18:40	FE-6	Evening Work Prep
18:35-18:40	FE-4	Elektron-VM Aerosol Filter Inspection
18:40-19:05	.	Daily Planning Conference (<i>S-band</i>)
19:05-19:30	CDR, FE-1 , FE-4 , FE-5	Evening Work Prep
19:05-19:20	FE-6	Nutrition and Repository - Stow Blood Sample Collection and Processing Hardware
19:20-19:30	FE-6	Stow video equipment used to record TVIS exercise
19:30-21:30	FE-1, FE-4	Pre-sleep
19:30-21:25	FE-5, FE-6	Pre-sleep
19:30-19:35	CDR	MPC Power Up
19:35-21:20	CDR	Pre-sleep
21:20-21:25	CDR	REACTION Self Test
21:25-21:30	CDR	MPC Power Down
21:25-21:30	FE-5,FE-6	REACTION Self Test
21:30-06:00		SLEEP

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report To MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep: dinner, daily food prep, evening toilet
- End of Radiogram