R/G 7587u Form 24 for 03/14/04

CREW OFF DUTY

GMT	CREW	ACTIVTY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
10:55-11:00	FE-1	RASTENIYA-2. Hardware status check
11:00-12:30	FE-1	Physical Exercise (TVIS) day 2
12:30-13:30		LUNCH
13:30-14:00	FE-1	Solid Oxygen Generator (TГК) Operation (2 units) On MCC Go
15:15-17:30	CDR	Physical Exercise (TVIS + RED)
16:45-17:15	FE-1	СОЖ maintenance (Data calldown on [CBO] and СП counter)
17:15-18:15	FE-1	Physical Exercise (VELO + Force Loader/ cycle 1) day 2
18:20-18:35		DPC (S-band)
18:35-19:00		Daily plan review
19:00-19:30		Prep for work
19:30-20:00		Daily food prep
20:00-20:30		DINNER. RENAL: pill ingestion
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	FE-1	Equipment search

Note: See OSTP for references to US activities

End of radiogram