

Radiogram No. 3988u

Form 24 for 08.02.02

**PLASMA CRYSTAL-3**

GMT	Crew	Activity
06:00–06:10	FE-1, CDR	Morning inspection
06:00–06:05	FE-2	
06:05–06:10		PLASMA CRYSTAL-3: turbo pump activation
06:10–06:25	FE-1	Biochemical urine test
	CDR	Post-sleep
06:10–06:30	FE-2	
06:25–07:05	FE-1	PCBA blood test (CMO)
06:25–06:45	CDR	
06:30–06:45	FE-2	Biochemical urine test
06:45–07:00	CDR	
06:45–07:05	FE-2	PCBA blood test (CMO)
07:05–07:25	CDR, FE-1	
07:05–07:15	FE-2	UROLUX stowage
07:25–08:20	FE-2, CDR	BREAKFAST
07:25–07:35	FE-1	PCBA stowage
07:35–07:40		EMU battery charge (init)
07:40–07:55		Post-sleep
07:55–08:20		BREAKFAST
08:20–08:25		Setup for ham radio pass
08:20–08:45	FE-2, CDR	Prep for work
08:25–08:35	FE-1	Ham radio pass
08:35–08:45		Prep for work
08:45–09:00		Daily planning conference ( <i>S-band</i> )
09:00–09:30	FE-2	Periodic Health Status: subject
09:00–10:00	CDR	Periodic Health Status: CMO
09:30–10:00	FE-1	Periodic Health Status: subject
09:45–10:05	FE-2	ISS repress with O2 from Progress CППK system ( <b>on MCC-M GO</b> )
10:00–10:30	FE-1, CDR	Hand cycle ergometry
10:15–11:45	FE-2	Physical exercise (VELO + Load Trainer day 2)
10:30–11:00	CDR	Periodic Health Status: subject
	FE-1	Periodic Health Status: CMO
11:00–11:30	CDR	Loading PHS data to MEC
11:05–11:45	FE-1	SUBSA: removal of specimen ampoules
11:30–11:45	CDR	PHS stowage
11:45–12:00	FE-1	SUBSA: data transfer to microdrive
11:45–13:15	CDR	Physical exercise (VELO + Load Trainer day 2)
11:55–12:35	FE-2	IMS file prep
12:00–12:10	FE-1	SUBSA: videotape removal
12:10–12:20		Microgravity Science Glovebox (MSG) powerdown

12:20–12:30		Payload status check
12:30–13:00		Psychological evaluation (WinSCAT)
12:35–13:15	FE-2	PLASMA CRYSTAL-3: payload setup. Tagup w/ ground specialist ( <i>S-band</i> )
13:15–14:15	CDR, FE-1	LUNCH
13:15–13:50	FE-2	PLASMA CRYSTAL-3: (activation and experiment run). TELESCEANCE real-time video downlink. Tagup w/ ground specialist ( <i>VHF</i> )
13:50–14:40		LUNCH
14:15–14:50	CDR	Maintenance of COX
14:40–15:00	FE-2	PLASMA CRYSTAL-3: experiment ops (end)
14:40–15:20	FE-1	Transfer of TVIS/RED/CVIS files to MEC
14:50–15:50	CDR	Removal of Fluids Unit (БЖ) №003
15:00–15:30	FE-2	PLASMA CRYSTAL-3: experiment ops (copying data & deactivating the payload). Tagup w/ ground specialist ( <i>VHF</i> )
15:20–16:20	FE-1	Physical exercise (TVIS)
15:50–16:50	CDR, FE-2	Installation of Fluids Unit (БЖ) №004
16:20–17:50	FE-1	Physical exercise (RED)
16:50–17:50	FE-2	Physical exercise (VELO- 2)
17:20–17:50	CDR	Daily plan review
17:50–18:50	CDR	Physical exercise (VELO- 2)
18:20–18:50	FE-2, FE-1	Daily plan review
18:50–19:05		Daily planning conference ( <i>S-band</i> )
19:05–19:30		FD/ISS crew conference ( <i>S-band</i> )
19:30–19:40	FE-1	EMU battery charge (term)
19:30–20:00	FE-2, CDR	DINNER
19:40–20:00	FE-1	
20:00–20:30		Daily food prep
20:30–21:30		Pre-sleep
21:30–06:00		SLEEP

**Note:**

See OSTP for references to US activities and physical exercise plan for FE-1

End of radiogram