

CREW OFF DUTY. Test Comm Session Using Regul-OS String 2. Attitude Control Thruster [DO] Inhibit

GMT	CREW	ACTIVITY
06:00-06:05	CDR, FE-2,FE-5	SLEEP Data Log Entry
06:00-06:10	FE-3	Morning Inspection
06:00-06:10	FE-1	Morning Inspection. <i>Inspection of CM-Y connector on MHP-HC separator pump behind ACY panel 139</i>
06:00-06:05	FE-4	Pill Ingestion
06:05-06:10	CDR,FE-2, FE-5	Morning Inspection
	FE-4	SLEEP Data Log Entry
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-10:30	FE-5	Weekly Housekeeping
07:30-08:45	FE-4	
07:30-10:15	FE-1,FE-3	Weekly Housekeeping Cleaning ВПхО,ФC5,ФC6,ФC9,ВПpK, FGB ЦB2 screens
07:30-09:20	CDR	Weekly Housekeeping
07:30-07:35	FE-2	MSRR Laptop Activation
07:35-07:40	FE-2	MSRR VAS Check Part 1
07:40-10:30	FE-2	Weekly Housekeeping
08:45-10:15	FE-4	Physical Exercise (ARED)
09:20-10:10	CDR	BLB. Installation of REC on Rotor A and B
10:15-10:30	FE-1,FE-3	Telephone Conference with Russian Space Journal Editor (<i>S-band</i>)
10:15-12:00	FE-4	Weekly Housekeeping
10:15-11:45	CDR	Physical Exercise (ARED)
10:30-10:40	FE-5	EHS Sampling Start
10:30-11:30	FE-3	Physical Exercise (VELO), day 3
10:30-11:30	FE-1	Physical Exercise (TVIS), day 2
10:40-10:45	FE-5	WSTA fill from EDV-U
10:50-11:00	FE-5	Terminate BSA Battery Charge
11:30-12:00	FE-1	Hygiene Procedures
11:30-11:40	FE-2	SDTO TVIS Harness Setup
11:40-12:40	FE-2	Physical Exercise (TVIS)
11:45-12:45	CDR	BLB. Replacement of Bio-filters
11:55-12:05	FE-5	ICV Materials Overview
12:00-13:00	FE-1	Physical Exercise (ARED)
12:05-12:35	FE-5	Procedure Review prior to Experiment First Run
12:40-12:50	FE-2	SDTO Data Downlink
12:50-13:00	FE-3	Cleaning Potok-150MK Air Purification System Pre-filters in SM and FGB (<i>Using vacuum cleaner equipped with narrow nozzle attachment</i>)
12:50-13:00	FE-2	TVIS Inspection
13:00-14:00		LUNCH
14:00-15:10	CDR	Weekly Housekeeping
14:00-14:20	FE-1	BCMM [Multi-Channel Matching Unit]. Hardware Relocation from Soyuz

		226 to SM
14:00-14:40	FE-3	ECMM. Familiarization and Tagup with specialists (<i>S-band</i>)
14:00-14:25	FE-2	MDS Potable Water Fill
14:20-15:00	FE-1	COX Maintenance
14:50-15:15	FE-5	Private Family Conference (<i>S+Ku-band</i>)
15:00-15:30	FE-1	Counter Measure System (CMS) Harmful Contaminant Measurements in SM
15:20-15:30	FE-4	SDTO TVIS Harness Setup
15:25-15:30	FE-5	EHS Sampling Termination
15:25-15:30	FE-2	MSRR VAS Check Part 2
15:30-16:00	FE-1	Unit II Installation in Soyuz 226
15:30-16:30	FE-4	Physical Exercise (TVIS)
15:30-16:55	FE-5	Physical Exercise (ARED)
15:30-15:35	FE-2	MSRR Laptop Deactivation
15:45-15:50	FE-2	SNFM EXPRESS Rack 4 Serial Network Flow Monitor
16:00-16:10	FE-3	USOS hardware setup for PAO via <i>S-band, Ku-band</i>
16:10-16:20	FE-1,FE-3	PAO prep
16:20-16:35	FE-1,FE-3	PAO Event: «ISS Crew Address to AK-47 Chief Designer M. T. Kalashnikov on his 90 th birthday”, “Greeting to the Participants of the Tenth Youth Tsiolkovsky Readings” (<i>S+Ku-band</i>)
16:30-16:40	FE-4	SDTO Data Downlink
16:40-16:50	FE-4	TVIS Inspection
16:40-17:40	FE-3	Physical Exercise (TVIS), day 3
17:05-17:10	CDR	LAB Window Shutter Closure
17:10-18:10	CDR	Physical Exercise (CEVIS)
17:15-17:40	FE-5	Evening Work Prep
17:15-18:40	FE-2	Physical Exercise (ARED)
17:40-18:10	FE-3	Hygiene Procedures
17:40-18:40	FE-5	Physical Exercise (TVIS)
18:10-18:35	CDR	Evening Work Prep
18:10-18:25	FE-3	Switch Vozdukh to Automatic Mode
18:15-18:40	FE-1,FE-4	Evening Work Prep
18:25-18:40	FE-3	
18:35-18:40	CDR	Evening Work Prep
18:40-19:05		Daily Planning Conference (<i>S-band</i>)
19:05-19:25	CDR	Evening Work Prep
19:05-19:30	FE-2,FE-4,FE-5	
19:05-21:00	FE-1,FE-3	Evening Work Prep
19:25-19:40	CDR	Private Family Conference (<i>S-band</i>)
19:30-21:30	FE-4,FE-5	Pre-sleep
19:30-19:35	FE-2	MPC Power Up
19:35-21:25	CDR	Pre-sleep
19:35-21:30	FE-2	
21:00-05:30	FE-1,FE-3	SLEEP

21:25-21:30	CDR	MPC Power Down
21:30-06:00	CDR,FE-2,FE-4, FE-5	SLEEP
Task List	FE-3	PLANTS Payload Status Check

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
2. See OSTP for references to US activities
3. Pre-sleep: dinner, daily food prep, evening toilet

End of Radiogram