

Radiogram No. 2521u

Form 24 for 03/06/10

**CREW OFF DUTY**

GMT	CREW	ACTIVITY
06:00-06:05	CDR	SLEEP Questionnaire
06:00-06:10	<b>FE-1</b>	Morning Inspection
06:00-06:05	<b>FE-4</b>	Elektron-VM Aerosol Filter Inspection
06:00-06:05	FE-5	REACTION Self Test
06:00-06:05	FE-6	SLEEP Data Log Entry
06:05-06:10	CDR,FE-6	REACTION Self Test
06:05-06:10	<b>FE-4</b> , FE-5	Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:40-10:00	CDR	Weekly Housekeeping
07:40-09:50	FE-5	
07:40-10:40	<b>FE-1, FE-4</b>	Weekly Housekeeping SM Ventilation System Preventive Maintenance Group E, Cleaning FGB LQB2
07:40-10:30	FE-6	Weekly Housekeeping
09:50-10:20	FE-5	Try Zero-G. Experiment
10:00-11:30	CDR	Physical Exercise (ARED)
10:20-11:00	FE-5	Try Zero-G. Experiment
10:30-11:30	FE-6	Physical Exercise T 2
11:15-11:20	FE-5	Voluntary Science Try. Data Downlink Start
11:30-12:30	CDR	Physical Exercise T 2
11:30-12:10	<b>FE-4</b>	Recover Operational Pressure In KOБ2 Loop
11:30-13:00	<b>FE-1</b>	Physical Exercise (TVIS), Day 3
11:30-13:00	FE-6	Physical Exercise (ARED)
11:40-11:55	FE-5	Private Family Conference ( <i>Ku+S-band</i> )
12:45-13:00	CDR	Food Frequency Questionnaire
12:45-12:55	<b>FE-4</b>	Pre-filter cleaning in POTOK-150MK Air Purification System in SM and FGB ( <b><i>Use vacuum cleaner equipped with narrow nozzle attachment with POTOK unit powered down</i></b> )
12:55-13:00	<b>FE-4</b>	<b>On MCC Go</b> ISS O2 Repress from Progress 404 CPПK (start)
12:55-13:00	FE-5	JEM. Laptop Reboot
13:00-14:00		LUNCH
14:00-14:05	<b>FE-4</b>	ISS O2 Repress from Progress 404 CpПK (terminate)
14:05-14:35		Weekly Planning Conference ( <i>S-band</i> )
14:35-14:50	<b>FE-1</b>	Private Family Conference ( <i>Ku+S-band</i> )
14:35-14:50	CDR,FE-6	SPHERES Payload Review
14:35-14:55	FE-5	Voluntary Science Try. Data Downlink, closeout
14:55-15:10	FE-5	Food Frequency Questionnaire
15:05-18:35	CDR,FE-6	SPHERES Session
15:10-15:40	FE-5	Psychological evaluation program
15:20-16:00	<b>FE-1</b>	COЖ Maintenance

16:00-17:00	<b>FE-1</b>	Physical Exercise (TVIS), Day 3
16:00-17:00	<b>FE-4</b>	Physical Exercise (ARED)
16:25-17:25	FE-5	Physical Exercise T 2
17:00-18:30	<b>FE-4</b>	Physical Exercise (TVIS), Day 4
17:25-18:55	FE-5	Physical Exercise (ARED)
18:30-18:35	<b>FE-4</b>	Elektron-VM Aerosol Filter Inspection
18:35-19:05	FE-6	Psychological evaluation program
18:55-19:25	FE-5	BIORHYTHM Data Save
19:05-19:20	FE-6	Food Frequency Questionnaire
19:25-19:30	FE-6, FE-5	REACTION Self Test
19:30-19:35	CDR	
19:30-21:30	<b>FE-1, FE-5,</b>	Pre-sleep
19:30-21:20	<b>FE-4</b>	
19:35-21:30	CDR	
19:35-19:50	FE-6	Private Family Conference ( <i>Ku+S-band</i> )
19:50-21:30	FE-6	Pre-sleep
21:20-21:30	<b>FE-4</b>	RUSALKA. Battery charge (start)
21:30-06:00		SLEEP
<b>Task List</b>	<b>FE-1, FE-4</b>	E21/22 Photo/Video
		Video Footage For TBL TV Channel
		URAGAN. Observations and Photography
		ECON. Observations and Photography
	<b>FE-1</b>	PLANTS-2. Box A (KM 22) Pump Activation
	<b>FE-4</b>	MATRYOSHKA-R. Monitoring Lulin-5 readings

**Notes:**

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
  2. See OSTP for references to US activities
  3. Pre-sleep ops: dinner, daily food prep, evening toilet
- End of Radiogram