

Radiogram No. 2078u

Form 24 for 01/10/2010

CREW OFF DUTY

GMT	CREW	ACTIVITY
06:00-06:05	CDR, FE-5	Bisphosphonates Pill Ingestion
06:00-06:05	FE-1	Elektron-VM Aerosol Filter Inspection
06:00-06:10	FE-4, FE-6	Morning Inspection
06:05-06:15	CDR, FE-1, FE-5	
06:10-06:40	FE-4, FE-6	Post-sleep
06:15-06:45	CDR, FE-1, FE-5	
06:40-07:30	FE-4, FE-6	BREAKFAST
06:45-07:35	CDR, FE-1, FE-5	
09:00-10:30	FE-4	Physical Exercise (TVIS), Day 1
09:00-10:00	FE-6	Physical Exercise T 2
10:00-10:15	FE-1	Private Family Conference (<i>S+Ku-band</i>)
10:00-11:30	FE-6	Physical Exercise (ARED)
10:30-11:30	CDR	Physical Exercise T 2
10:30-11:30	FE-4	Physical Exercise (VELO), Day 1
11:30-13:00	CDR	Physical Exercise (ARED)
11:30-13:00	FE-1	Physical Exercise (TVIS), Day 4
11:30-12:30	FE-5	Physical Exercise T 2
11:35-11:50	FE-4	Private Family Conference (<i>S+Ku-band</i>)
13:00-14:00	.	LUNCH
15:00-16:00	FE-1	Physical Exercise (ARED)
15:30-16:00	CDR	T2 Inspection
16:00-16:15	FE-1	Replacement of ИK0501 CO2 Filter [БФ CO2]. Install: #099 (00048550R, CM1PO_4_449_1 bag 363-25). Discard the removed filter. Update IMS
16:05-16:45	FE-4	COЖ Maintenance. SM and FGB SVO, ЦП (Flush Counter), and ПОТОК Air Purification System Data Calldowns. Inspection of CPB-K2M hoses from МФ-Р up to БРПК separator
16:05-16:20	FE-5	Private Family Conference
16:15-16:30	FE-1	Deactivation of Soyuz 226 Gas Analyzer
16:30-18:00	FE-5	Physical Exercise (ARED)
18:05-18:15	FE-6	CIR Alignment Guide Removal
18:10-18:15	FE-1	Elektron-VM Aerosol Filter Inspection
18:15-18:30	.	Evening Work Prep
18:30-18:55	.	Daily Planning Conference (<i>S-band</i>)
18:55-19:30	.	Evening Work Prep
19:30-19:45	CDR	Private Family Conference
19:30-21:30	FE-4, FE-5	Pre-sleep
19:30-21:20	FE-1	
19:30-21:05	FE-6	
19:45-21:30	CDR	
21:05-21:20	FE-6	Private Family Conference

21:20-21:30	FE-1	SONOCARD Experiment Start
21:20-21:30	FE-6	Pre-sleep
21:30-06:00	.	SLEEP
Task List	FE-1,FE-4	ECON. Observations and Photography
		URAGAN. Observations and Photography
		SEINER Ocean Observations
	FE-1	PLANTS-2. Payload Status Check

Notes:

1. SM Window #9 shutter opening is at crew discretion with **Report to MCC**
2. See OSTP for references to US activities.
3. Pre-sleep: dinner, daily food prep, evening toilet

End of Radiogram