

Radiogram No. 2965u

Form 24 for 05/02/2010

**CREW OFF DUTY**

GMT	CREW	ACTIVITY
13:30-13:35	CDR	Elektron-VM Aerosol Filter Inspection
13:30-13:40	FE-1,FE-2, FE-3	Morning Inspection
13:30-13:35	FE-5	Bisphosphonates Pill Ingestion
13:30-13:35	FE-6	PROK- PH Urine Test
13:35-13:40	CDR	Morning Inspection
13:35-13:50	FE-5	Post-sleep
13:35-13:55	FE-6	Urine Sample Collection
13:40-14:10	CDR,FE-1, FE-2,FE-3	Post-sleep
13:50-13:55	FE-5	Morning Inspection
13:55-14:00		Nutrition Experiment Photography
13:55-14:05	FE-6	HRF Urine Sample MELFI Insertion
14:00-14:20	FE-5	Post-sleep
14:05-14:25	FE-6	
14:10-15:00	CDR,FE-1, FE-2,FE-3	BREAKFAST
14:20-15:00	FE-5	
14:25-15:00	FE-6	
15:00-16:00	FE-2	Physical Exercise (TVIS)
15:00-16:30	FE-5	Physical Exercise (ARED)
15:30-15:40	CDR	CTTC comm assets switchover to a backup string
15:45-16:00	FE-6	IVGEN Battery Check
15:55-16:10	FE-1	Private Family Conference ( <i>Ku+S-band</i> )
16:00-17:30	CDR	Physical Exercise (TVIS), Day 1
16:00-16:05	FE-6	PROK Diet Logging Day 2 - Day 4
16:05-16:25		Urine Sample Collection
16:25-16:30		HRF Urine Sample Insertion into MELFI
16:30-17:30		Physical Exercise T 2
16:45-17:45	FE-1	Physical Exercise (ARED)
17:25-18:25	FE-3	Physical Exercise (VELO), Day 3
17:45-18:25	FE-1	COX Maintenance <b><i>SM and FGB SVO, CП (Flush Counter), and POTOK Air Purification System Data Calldowns</i></b> Inspection of CPB-K2M hoses from MΦP filter to БПТК separator.
18:00-18:05	CDR	Elektron-VM Aerosol Filter Inspection
18:15-18:25	FE-5	Closing USOS Window Shutters
18:15-18:25	FE-6	HRF Blood Collection Hardware Setup
18:20-18:25	CDR	CRYOGEM-03 Monitoring. <b><i>Report to MCC display temperature</i></b>
18:25-18:50	.	Daily Planning Conference ( <i>S-band</i> )
18:50-19:30	CDR,FE-1,FE-2,	Evening Work Prep

	<b>FE-3,FE-5</b>	
18:50-19:10	<b>FE-6</b>	Urine Sample Collection
19:10-19:15		HRF Urine Sample Insertion into MELFI
19:15-19:30		Evening Work Prep
19:30-21:30		Pre-sleep
21:30-06:00		SLEEP
<b>Task List</b>	<b>CDR</b>	Roskosmos Photos Preparation

**Notes:**

1. SM Window #9 shutter opening is at crew discretion with **Report to MCC**
2. See OSTP for references to US activities.
3. Pre-sleep ops: dinner, daily food prep, evening toilet
4. 22:00-03:00 no TLM reception, no commanding capability or file transmission using OCA.

End of Radiogram