

Progress 248 cargo transfer and IMS tracking

GMT	Crew	Activity
06:00-06:10	.	Morning inspection
06:10-06:40	.	Post-sleep
06:40-07:30	.	BREAKFAST
07:30-08:00	.	Prep for work
08:15-08:30	.	Daily planning conference (<i>S-band</i>)
08:30-10:15	CDR	Progress M-48 cargo transfer and IMS tracking
08:30-08:40	FE-1	Video tape transfer
08:40-10:15		Progress M-48 cargo transfer and IMS tracking
10:15-11:15		RED transfer from Progress and reconfig for the mounting in the future
10:20-10:30	CDR	10 mm repress from ЦРПК ТКГ №248 Section 2
10:30-11:30		SM toilet (ACY) E-K tank and E-K hose replacement (install №205080, storage location CM1PO_4_ACY_452_1)
11:15-12:30	FE-1	Physical exercise RED
11:30-12:30	CDR	Physical exercise (VELO + Load Trainer-1 / Day 3)
12:30-13:30	.	LUNCH
13:30-14:00	CDR	PBA and PFE inspection
13:30-13:50	FE-1	CEVIS monthly maintenance
13:50-14:00		PAO hardware setup
14:00-14:10	.	PAO event prep
14:10-14:30	.	TV-broadcast for KCAU-TV (<i>Ku+S-band</i>)
14:30-16:15	CDR	Progress M-48 cargo transfer and IMS tracking
14:35-14:45	FE-1	Caution and Warning system and internal communication system checkup
14:45-14:50		Comparison of the prime and backup CSA-CP sensors readings.
14:50-15:20		Express Rack 3 connector mating

15:20-16:30		Progress M-48 cargo transfer and IMS tracking
16:15-16:45	CDR	COЖ maintenance / <i>r/g 6488</i>
16:30-16:40	FE-1	Videotape downlink. Mr. Suffredini’s presentation “Return to Flight” (<i>Ku-band</i>)
16:40-16:50	FE-1	IMS file prep
16:45-18:15	CDR	Physical exercise TVIS – 3
16:50-17:00	FE-1	EMU battery discharge completion
17:00-18:15		Physical exercise CEVIS
18:15-18:30	.	Daily plan review
18:30-18:45	.	Daily planning conference (<i>S-band</i>)
18:45-19:15	CDR	PLASMA CRYSTAL-3. Video downlink.
18:45-19:15	FE-1	Prep for work
19:15-19:30	.	Daily plan review
19:30-20:00	.	DINNER
20:00-20:30	CDR	Daily food prep
20:00-20:10	FE-1	
20:20-20:30		
20:30-21:30	.	Pre-sleep
21:30-06:00	.	SLEEP

See OSTP for references to US activities.
End of Radiogram