

**CREW OFF DUTY**

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-10:00	FE-1	Weekly housekeeping
07:30-10:30	CDR	PLASMA CRYSTAL. Electronics unit vacuum ops. Tagup ( <i>VHF</i> )
10:00-10:40		Weekly housekeeping
10:40-11:10	FE-1	Prep for Saturday science
10:40-11:00		Set up of CAMCORDER for Saturday science
11:00-11:15	CDR	<b>TV PAO</b> "Meeting with Friends" ( <i>S + Ku-band</i> )
11:00-11:30	FE-1	Physical Exercise (RED)
11:30-13:00	CDR	HAM radio session
11:35-11:45		Physical Exercise (TVIS) day 1
12:00-13:30	FE-1	HV02 valve opening to ensure full-scale MCA calibration
13:05-13:10		PCS reboot (once a week)
13:10-13:25		SSC OCA router reboot
13:25-13:30		Weekly planning conference ( <i>S-band</i> )
13:30-14:00		LUNCH
14:00-15:00	FE-1	Food questionnaire
15:00-15:15		HV02 valve closure following completion of MCA calibration
15:15-15:30		Demonstration: PUZZLE experiment
15:15-15:55		Demonstration: WATER DROP Experiment
16:00-16:25		Demonstration: HARP-BLUES Experiment
16:55-17:35	CDR	Physical Exercise (TVIS) day 1
17:55-18:55		PPC ( <i>Ku+ S-band</i> )
17:55-18:10	FE-1	Physical Exercise (CEVIS)
18:25-19:25		COX maintenance
18:55-19:25		DINNER
19:25-19:55		Daily food prep
19:55-20:25		Pre-sleep
20:25-21:25	CDR	PLASMA CRYSTAL. -3. Turbo pump shut down.
21:25-21:30		SLEEP
21:30-06:00	CDR	RASTENIYA-2. Water container toffoff
Task List		PLASMA CRYSTAL. Monitoring vacuum ops (in 3-4 hours)
		ETD ops
		URAGAN. Observation and photo imagery

**Note:** See OSTP to reference US activities  
End of radiogram