EVA-11 Equipment Preparation And Video Imagery

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-08:00	FE-1	Work prep
07:30-07:55	CDR	- Work prep
07:55-08:00	CDR	PLANTS-2. Payload status check
08:00-08:15		Daily planning conference (S-band)
08:15-11:15		Preparation and video imagery (DVCAM AC) of EVA-11 hardware and tools. Tagup with specialists (S-band)
11:15-12:15	CDR	Physical Exercise (VELO+Load Trainer/cycle 1) day 2
11:15-12:15	FE-1	Physical Exercise (TVIS)
12:15-12:40		Flight Director/ISS Crew Tagup (S-band)
12:40-13:40		LUNCH
13:40-13:45	FE-1	Set up for HAM radio session
13:45-14:00	CDR	IMS tagup (S-band)
13:45-13:55		HAM radio session
13:55-14:00	FE-1	Increment 9 - Payload status check
14:00-14:05		CO2 level monitoring
14:00-14:15	CDR	BIOECOLOGY. Replacing APT batteries
14:05-14:20	FE-1	Configuring SSC computer for EMU battery ops
14:15-14:45	CDR	Filling EDV (KOB) for Elektron
14:20-14:45	FE-1	BSA battery discharge: start
14:45-15:15	CDR	СОЖ maintenance
16:15-16:45	FE-1	Report prep
16:45-17:15	= FE-1	RED bolt maintenance
16:55-17:15	CDR	Downlink video imagery (DVCAM AC) about equipment prep and tagup with specialists (<i>Ku+S-band</i>)
17:15-17:25	FE-1	RED routine inspection
17:25-17:40		Daily planning conference (S-band)
17:40-18:00	FE-1	IMS file prep
17:50-18:20	CDR	Report prep
18:00-18:15	FE-1	Questionnaire - journal entry
18:15-18:45	FE-1	DINNER
18:20-18:50	CDR	Daily food prep
18:45-18:55	FE-1	
18:50-19:20	CDR	Pre-sleep
18:55-19:10	=FE-1	Private family conference (Ku + S -band)
19:10-19:20		Daily food prep
19:20-20:10	CDR, FE-1 assists	A study of cardiovascular system response to graded cycle ergometer exercise (To=19.37). Tagup with specialists (<i>VHF</i>)

20:10-20:50	FE-1	Pre-sleep
20:10-20:40	CDR	DINNER
20:40-20:50		Pre-sleep
1.7(1.4(1.7)		A study of cardiovascular system response to graded cycle ergometer exercise (To=21.13). Tagup with specialists (<i>VHF</i>)
21:40-22:00		Pre-sleep
22:00-06:30		SLEEP

Note: See OSTP for references to US activities.

End of radiogram