

Routine Ops with SM Audio Subsystem [CTTC]

GMT	CREW	ACTIVITY
06:00-06:10	.	Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:50	CDR	Work prep
07:30-07:45	FE -1	
07:45-07:50	FE -1	Elektron power down
07:50-08:05	.	Daily planning conference (<i>S-band</i>)
08:05-08:20	FE -1	Work prep
08:05-08:50	CDR	TVIS monthly maintenance
08:20-08:40	FE -1	Elektron power down
08:40-08:55		Regeneration of Micropurification unit [БМП] Φ1 cartridge (start)
08:50-09:50	CDR	Physical Exercise (TVIS)
08:55-09:00	FE -1	On MCC GO: ISS O2 repress from Progress 354 CpПК (Oxygen Supply Facility) (start)
09:00-09:55		Adaptation and station familiarization
09:50-11:20	CDR	Physical Exercise (RED)
09:55-10:00	FE -1	ISS O2 repress from Progress 354 CpПК (end)
10:00-12:30		PROFILAKTIKA. Cycle ergometer experiment. <i>Tagup with specialists (S-band)</i>
11:35-11:40	CDR	Ham radio session: hardware setup
11:40-11:50		Ham radio session
11:50-12:20		Adaptation and station familiarization
12:20-12:30		PAO hardware setup
12:30-13:00	.	A/L prep
13:00-13:05	FE -1	TVIS, RED, and HRM data transfer to MEC
13:05-14:05	.	Lunch
14:05-14:15		Crew PAO prep
14:15-14:30		Teleconference with representatives of US Congress (<i>Ku+S-band</i>)
14:30-17:15		CTTC routine ops (LF link and VHF receiver health check). <i>Tagup with specialists (S-band)</i>
17:15-17:35	FE -1	IMS data editing
17:35-17:50	.	PAO event (<i>Ku+S-band</i>)
17:55-18:10	FE -1	CTTC comm assets switchover to a backup string
17:55-18:05	CDR	BSA battery charge (end)
18:05-18:25		BSA battery charge (start)
18:10-18:35	FE -1	Daily plan review
18:25-18:35	CDR	
18:35-18:50	.	Daily planning conference (<i>S-band</i>)
18:50-19:15	FE -1	Report prep
18:50-19:00	CDR	Daily plan review

19:00-19:30		Report prep
19:15-19:30	FE -1	Daily food prep
19:30-20:00	.	Dinner
20:00-20:30	CDR	Daily food prep
20:05-20:20	FE -1	Regeneration of Micropurification unit [БМП] Φ1 cartridge (end)
20:20-20:30		Daily food prep
20:30-21:30	.	Pre-sleep
21:30-06:00		SLEEP
Task List	FE -1	COЖ. Maintenance. <i>БРПК separator inspection</i>

Note: See OSTP for references to US activities.

End of radiogram