

CREW OFF-DUTY

GMT	CREW	ACTIVITY
06:00-06:10	CDR	Morning Inspection
06:00-06:05	FE-1	Elektron-VM Aerosol Filter Inspection
06:05-06:10	FE-1	Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-10:30	FE-1	Weekly Housekeeping. SM Ventilation Subsystem Preventive Maintenance, Group E; Cleaning FGB LQB2 Ventilation System
07:30-07:35	CDR	REACTION Self Test
07:35-10:35	CDR	Weekly Housekeeping
10:35-11:35	CDR	Physical Exercise T 2
11:35-13:05	FE-1	Physical Exercise (TVIS), Day 2
11:35-13:05	CDR	Physical Exercise (ARED)
13:05-14:05		LUNCH
14:05-14:20	CDR	Food Frequency Questionnaire
14:20-14:50		Weekly planning conference
14:50-15:30	FE-1	COX Maintenance
14:50-14:55	CDR	APEX Crew Conference
17:00-18:00	FE-1	Physical Exercise (ARED) Day 2
18:00-18:05	FE-1	Elektron-VM Aerosol Filter Inspection
19:00-19:05	CDR	Transfer TVIS, CEVIS, and HRM data to MEC
19:05-19:10	CDR	SSC File Server Reboot
19:15-19:20	CDR	OCA SSC Router Reboot
19:20-19:25	CDR	SSC File Servers Reboot
19:25-19:30	CDR	REACTION Self Test
19:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	FE-1	URAGAN. Observations and Photography
		ECON. Observations and Photography
		PLANTS-2 Recharging Water Tank

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep: dinner, daily food prep, evening toilet
- End of Radiogram