Removal Of Docking Mechanism From MRM2 ACA-Γ Hatch

GMT	CREW	ACTIVITY
06:00-06:05	CDR	Morning Inspection
06:00-06:10	FE-1	Post-sleep
06:00-06:05	FE-4	Elektron-VM Aerosol Filter Inspection
06:00-06:10	FE-5,FE-6	Morning Inspection
06:05-06:20	CDR	Post-sleep
06:05-06:10	FE-4	Morning Inspection
06:10-06:20	FE-1	MO-8. Setup
06:10-06:40	FE-4 ,FE-5,FE-6	Post-sleep
06:20-06:25	CDR	MO-8. Body Mass Measurement
06:20-06:25	FE-1	Post-sleep
06:25-06:40	CDR	Post-sleep
06:25-06:30	FE-1	MO-8. Body Mass Measurement
06:30-06:40	FE-1	MO-8. Cleanup
06:40-07:30	CDR, FE-4 , FE-5,FE-6	BREAKFAST
06:40-07:30	FE-1	BREAKFAST
07:30-07:55		Daily Planning Conference (S-band)
07:55-08:15	CDR	Work Prep
07:55-08:05	FE-1	Work Prep
07:55-08:00	FE-4	Work Prep
07:55-09:20	FE-5	Physical Exercise (ARED)
07:55-08:55	FE-6	Physical Exercise T 2
08:00-09:00	FE-4	Replacement of CPBK-2M Gas-Liquid Mixture Filter [ΦΓC]
08:05-08:15	FE-1	RUSALKA. Battery charge (start)
08:15-08:45	CDR, FE-1	Sokol Suit Leak Check in Soyuz 226
08:45-09:00	CDR, FE-1	Drying Sokol Suits - Set up Suits 1 and 2 for Drying
08:55-09:00	FE-6	JEMRMS RLT Activation
09:00-09:20	CDR	Crew Departure Prep
09:00-09:40	FE-1,FE-4	Troubleshooting MBC Intermodule Communication Channel. <i>Tagup with specialists (S-band)</i>
09:00-09:15	FE-6	G1 Camcorder Setup
09:15-09:20	FE-6	JEMRMS RLT Laptop Activation
09:20-10:45	CDR	Physical Exercise (ARED)
09:20-13:00	FE-5	JEM Airlock Vacuum Pump Driver (VPDR), AL Vacuum Pump and AL Muffler Installation
09:20-09:30	FE-6	JEMRMS Robotics Laptop (RLT) Dectivation
09:30-12:30	FE-6	JEM Airlock Vacuum Pump Driver (VPDR), AL Vacuum Pump and AL Muffler Installation
09:40-10:00	FE-1,FE-4	Work Prep
10:00-11:30	FE-1	Physical Exercise (TVIS), Day 1
10:00-10:10	FE-4	Maintenance closures of Vozdukh [ABK] valves

10:10-11:00	FE-4	Download Pille Dosimeter Readings
10:45-10:55	CDR	
		EHS GC/DMS Ops Start
10:55-11:00	CDR	Camera positioning in the A/L for METOX monitoring from the ground
11:00-11:15	CDR	Start EMU Metox Regeneration
11:00-11:10	FE-4	Replace PILLE Flash Card
11:10-11:30	FE-4	CBO-3B water sampling to drink bags
11:15-11:25	CDR	EMU Battery Recharge Terminate
11:25-11:45	CDR	Start EMU Battery Charge
11:30-11:40	FE-1	Terminate Drying Suits 1,2
11:30-12:00	FE-4	Changeout of replaceable CPBK-2M sediment trap-insert
11:40-11:45	FE-1	Start drying the first pair of gloves
11:45-12:15	FE-1	Crew Departure Prep
11:55-12:55	CDR	ICV Data Load
12:00-13:00	FE-4	Changeout of cartridges in SM Dust Filters ПФ1-4. Pre-pack dust filter fragment for return
12:15-12:20	FE-1	Terminate drying the second pair of gloves
12:50-12:55	FE-1	Terminate drying the second pair of gloves
12:55-13:10	CDR, FE-1	Stow suits and gloves after drying
13:00-13:05	FE-4	On MCC Go ISS O2 Repress From Progress 404 CpΠK (start)
13:00-13:20	FE-5	JEM Airlock Depressurization Start
13:05-14:05	FE-4	LUNCH
13:10-14:10	CDR, FE-1 ,FE-6	LUNCH
13:20-14:20	FE-5	LUNCH
14:05-14:10	FE-4	ISS O2 Repress From Progress 404 CpΠK (terminate)
14:10-14:25	CDR	Integrated Cardiovascular Ambulatory Monitoring Data Download
14:10-15:10	FE-6	ARED Lubrication
14:10-15:10	FE-1,FE-4	Removal of Docking Mechanism from MRM2 ACA-F Transfer Hatch
14:20-14:50	FE-5	JEM Airlock Bag Restow
14:25-14:40	CDR	MPC Relocate
14:40-14:55	CDR	FOREST G1 Camcorder and MPC Setup
14:55-15:10	CDR	Set up video equipment to record ARED exercise
15:10-15:40	FE-1	Crew Departure Prep
15:10-15:50	FE-4	СОЖ Maintenance
15:10-15:15	FE-6	FSS Utility Outlet Panel (UOP) Connect
15:15-15:20	FE-6	FSS Setup
15:20-16:50	FE-6	Drain and purge the Fluid System Servicer (FSS) and FSS jumpers
15:20-16:35	CDR	Private Psychological Conference (S-band)
15:30-16:30	FE-5	Physical Exercise T 2
15:35-15:50	CDR	Tropism Procedure Review
15:40-16:00	FE-1	IMS Update
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15:50-15:55	CDR	EHS GC/DMS Ops Terminate
15:55-16:05	CDR	MELFI 2 Stage 20A Ice Brick Insert 1
16:00-17:00	FE-1	Physical Exercise (TVIS), Day 1
16:00-17:00	FE-4	Physical Exercise (ARED)

16:05-16:15	CDR	MELFI 2 Stage 20A Ice Brick Insert 2
16:15-16:55	CDR	EHS T+2 Analysis
16:30-17:00	FE-5	JEM Airlock Pressurization Start
16:50-17:05	FE-6	Private Psychological Conference (S-band)
16:55-17:30	CDR	Crew Departure Prep
17:00-18:00	FE-1	RUSALKA Setup, photo/video, and cleanup
17:00-18:30	FE-4	Physical Exercise (TVIS), Day 2
17:00-17:20	FE-5	Forest Garden Creation
17:05-17:30	FE-6	Evening Work Prep
17:20-17:30	FE-5	FOREST Video 1
17:30-17:45	CDR,FE-5,FE-6	FOREST Video 2
17:45-18:00	FE-5	FOREST Garden Closeout Ops
17:45-19:00	FE-6	Physical Exercise (ARED)
17:45-18:00	CDR	Stow Video Equipment Used for ARED Exercise Video
18:00-19:00	CDR	Physical Exercise (CEVIS)
18:00-18:20	FE-1	Evening Work Prep
18:00-18:25	FE-5	FOREST G1 Camcorder and MPC Closeout Ops
18:20-18:30	FE-1	TVIS Weekly Maintenance
18:25-18:50	FE-5	Evening Work Prep
18:30-18:50	FE-1	RUSALKA. Closeout Ops, Data Copy
18:30-18:35	FE-4	Elektron-VM Aerosol Filter Inspection
18:35-19:00	FE-4	Evening Work Prep
18:50-19:00	FE-1	Evening Work Prep
18:50-19:00	FE-5	JEM AL Repress Verification
19:00-19:25		Daily Planning Conference (S-band)
19:30-21:30	CDR, FE-1 , FE-4 ,FE-6	Pre-sleep
19:30-19:35	FE-5	MPC Power Up
19:35-21:25	FE-5	Pre-sleep
21:25-21:30	FE-5	MPC Power Down
21:30-06:00		SLEEP
Task List	FE-1,FE-4	E21/22 Photo/Video
	FE-1	PLANTS-2. Box A (KM 22) Pump Activation
		PLANTS-2 Payload Status Check
	FE-4	Transferring Urine to Progress 403 BB2 Tank

Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
 See OSTP for references to US activities
 Pre-sleep ops: dinner, daily food prep, evening toilet End of Radiogram