

CREW OFF DUTY. FOUR-WEEK ACH-M TEST. TEX-15-П.

GMT	CREW	ACTIVITY
12:00-12:10	.	Morning inspection
12:10-12:40	.	Post-sleep
12:40-13:30	.	BREAKFAST
15:55-17:25	FE-1	Physical Exercise (TVIS)
17:25-18:25	FE-1	Physical Exercise (RED)
17:25-18:55	CDR	Physical Exercise (TVIS), day 1
18:55-19:00	CDR	On MCC Go ISS O2 repress from Progress 356 CpПК (start)
19:00-20:00	.	LUNCH
20:00-20:05	CDR	ISS O2 repress from Progress 356 CpПК (terminate)
20:05-20:20	FE-1	Private Family Conference (<i>S+Ku-band</i>)
22:40-23:10	CDR	COЖ maintenance
23:10-00:10	CDR	Physical Exercise (VELO+Force Loader/Cycle 1) day 1
00:05-00:10	FE-1	BCAT-3: camera checkout
00:10-00:15	FE-1	O2 and CO2 monitoring
00:15-00:45	.	Evening work prep
00:45-01:00	.	Daily Planning Conference (<i>S-band</i>)
01:00-01:30	.	Evening work prep
01:30-02:00	.	DINNER
02:00-02:30	.	Daily food prep
02:30-03:30	.	Pre-sleep
03:30-12:00	.	SLEEP
Task List	CDR	MATRYOSHKA. MOSFET-dosimeter reading
		Removable Cassette Containers [CKK]. Photography of cassettes #5 and #2
		Search for fan

Note: See OSTP for references to US activities.

End of Radiogram