Radiogram No. 3900u   Form 24 for 11/04/2013
Transfer of two Pressurized Orlan Suits to ПхО. LBNP Exercise. MO-5

TIME	CREW	ACTIVITY
06:00-06:10	**CDR**	Morning Inspection. Laptop RS2(1) Reboot Inspection of CM-У connector on MHP-HC separator pump behind АСУ panel 139
06:00-06:10	**FE-1**	Morning Inspection. SM ПСС (Caution & Warning Panel) Test
06:00-06:10	**FE-2**	Morning Inspection, Laptop RSS1,2, Reboot
06:00-06:10	FE-5,FE-6	Morning Inspection
06:00-06:15	FE-3	HRF Saliva Sample Collection
06:10-06:40	**CDR**,**FE-1**,**FE-2**, FE-5,FE-6	Post-sleep
06:15-06:20	FE-3	HRF - MELFI Sample Insertion
06:20-06:50	FE-3	Post-sleep
06:40-07:30	**CDR**,**FE-1**,**FE-2**, FE-5,FE-6	BREAKFAST
06:50-07:30	FE-3	BREAKFAST
07:30-07:40	.	Work Prep
07:40-08:05	.	Daily Planning Conference *(S-band)*
08:05-08:15	**CDR**,**FE-1**,**FE-2**	Work Prep
08:05-08:25	FE-5	Work Prep
08:05-08:20	FE-6	NANORACK - Closeout ops and pre-pack for return
08:05-09:35	FE-3	ARED Exercise
08:15-09:05	**FE-2** **FE-1**помощь	Study of Cardiovascular System Under Graded Physical Load on VELO. *Tagup with specialists (S-band)*
08:20-08:35	**CDR**,FE-6	FPS equipment handover to be stowed into 35S
08:35-09:55	**CDR**	TK 709 Stowage Ops
08:35-08:45	FE-6	Work Prep
09:05-09:55	**FE-2**	VELO Exercise, Day 3
09:15-09:55	**FE-1**	СОЖ Maintenance
09:35-10:35	FE-3	T2 Exercise
09:55-10:50	**CDR** **FE-2**помощь	LBNP Exercise (PRELIMINARY) / *Tagup with specialists (S-band)*
09:55-11:25	FE-5	ARED Exercise
09:55-10:35	**FE-1**	Portable repress tank (БНП) set up in [PO] (Working Compartment) ***No. 3 п.1*** (***001473R, МИМ2_ПТ_302***)
10:35-10:50	FE-3	SPHERES Payload Review
10:50-11:35	**FE-1**,**FE-2**	Review EVA Translation Paths and Work Zones using DOUG Application. *Tagup with specialists (S-band)*
10:50-13:00	**CDR**	TK 709 Stowage Ops
10:50-11:05	FE-3	SPHERES - Review
11:05-11:20	FE-3	SPHERES - Payload Conference
11:25-12:25	FE-5	T2 Exercise
11:35-12:05	**FE-1**	Installation of additional portable repress tank (БНП) in DC1
11:35-11:50	**FE-2**	Medical Kits Preparation for EVA

11:45-13:00	FE-3	SPHERES - Camera Setup and Video Recording
12:10-13:00	**FE-1** **FE-2 assistance**	Study of Cardiovascular System Under Graded Physical Load on VELO. *Tagup with specialists (S-band)*
13:00-14:00	.	LUNCH
14:00-14:20	FE-5	HAM Radio Session
14:00-15:00	FE-6	Crew Departure Prep
14:00-17:00	FE-3	SPHERES - Experiment Ops
14:00-14:15	**FE-1,FE-2**	ПхО Config for Training Exercise *Tagup with specialists*
14:15-15:45	**FE-1,FE-2**	Transfer of two Pressurized Orlan Suits to ПхО. ***(Orlan Pressurization -***
14:15-15:15	**CDR**-помощь	***On MCC Go)*** *Tagup with specialists*
14:20-14:40	FE-5	HAM Radio Session
15:15-16:15	**CDR**	TK 709 Packing with Hardware for Disposal
15:25-15:40	FE-6	Private Medical Conference
15:40-17:10	FE-6	ARED Exercise
15:45-16:00	**FE-1,FE-2**	Configuring ПхО to Initial State after EVA Training
16:00-17:30	**FE-1**	БД-2 Exercise, Day 4
16:00-16:30	**FE-2**	Auxiliary Laptop Anti-Virus Update
16:15-17:15	**CDR**	Crew Departure Prep
16:30-16:50	**FE-2**	IMS Update
17:00-18:30	**FE-2**	БД-2 Exercise, Day 3
17:00-17:20	FE-3	SPHERES - Deactivation, Checkout, and Stowage
17:10-18:10	FE-6	T2 Exercise
17:15-18:30	**CDR**	ARED Exercise
17:20-17:50	FE-3	Verification of Orlan-MK Light installation
17:30-18:30	**FE-1**	VELO Exercise, Day 4
18:15-19:05	FE-3,FE-5, FE-6	Evening Work Prep
18:30-19:05	**FE-1,FE-2**	Evening Work Prep
18:30-18:45	**CDR**	Exercise data downlink
18:45-18:55	**CDR**	Soyuz 709 Transfers Complete Report
18:55-19:05	**CDR**	Evening Work Prep
19:05-19:30	.	Daily Planning Conference *(S-band)*
19:30-20:00	.	Pre-sleep
20:00-20:20	.	Crew conference with Astronaut Office
20:20-21:30	**CDR,FE-1,FE-2**, FE-6	Pre-sleep
20:20-21:25	FE-3	Pre-sleep
20:20-21:30	FE-5	Pre-sleep
21:25-21:30	FE-3	Reading REMINDER
21:30-06:00	.	SLEEP
Task List	**CDR,FE-1,FE-2**	ECON-M. Observations and Photography
		URAGAN. Observations and Photography

Notes:

1. SM Window No. 9 shutter opening is at crew discretion w/ **Report to MCC** 2. Pre-sleep ops: daily food prep, dinner, pre-sleep

3. See OSTP for references to US activities.

4. Russian crew uses US exercise equipment strictly per F24 or OSTPV

5. No T2 exercise is allowed at time interval of 21:35 - 22:05 GMT

End of Radiogram