

Radiogram No. 5729u

Form 24 for 05.08.03

Medical Tests

GMT	Crew	Activity
06:00–06:10		Morning inspection
06:10–06:20	FE-1	Calf volume measurement
	CDR	MO-8: medical test setup
06:20–06:30		Calf volume measurement
06:20–06:35	FE-1	Body mass measurement
06:35–06:50	CDR	
06:35–06:45	FE-1	HEMATOCRIT
06:45–07:15		Post-sleep
06:50–07:05	CDR	HEMATOCRIT: hematocrit value determination
07:05–07:15		MO-8: closeout ops
07:15–07:45		Post-sleep
07:15–08:10	FE-1	BREAKFAST
07:45–08:35	CDR	
08:10–08:35	FE-1	Prep for work
08:35–08:50		Daily planning conference (<i>S-band</i>)
08:50–09:30	FE-1	Maintenance of CO ₂
08:50–09:10	CDR	Prep for work
09:10–09:25		Laptop 3 config
09:25–10:20		PULSE: experiment ops
09:30–10:30	FE-1	FGB Gas-Fluid Heat Exchangers 1, 2, 3: removable grille cleanup
10:20–10:30	CDR	Laptop 3 reconfig
10:30–11:30		Physical exercise (VELO+Load Trainer-1 / day 4)
10:30–12:00	FE-1	Physical exercise (RED)
11:30–11:50	CDR	IMS tagup (<i>S-band</i>)
11:50–11:55		PLANTS-2: data downlink
12:00–13:00		LUNCH
13:00–13:10	FE-1	Setup for PAO event
13:10–13:20		Prep for TV pass
13:20–13:40		PAO TV pass: Los Angeles Channel 1 News (<i>Ku+S-band</i>)
13:40–14:40		ISS crew orientation
14:40–16:10	CDR	Cleanup of FGB ventilation panel grilles
14:40–15:40	FE-1	Cleanup of L ₂ B fan safety screens
15:40–16:35		Laptop troubleshooting in SM
16:10–17:40	CDR	Physical exercise (TVIS-4)
16:35–17:15	FE-1	IMS file prep
17:15–18:15		Physical exercise (CEVIS)
18:00–18:15	CDR	DIATOMEA: tagup w/ ground specialist
18:15–18:45		Daily plan review
18:45–19:00		Daily planning conference (<i>S-band</i>)

19:00–19:30		Report prep
19:30–20:00		DINNER
20:00–20:30		Daily food prep
20:30–21:30		Pre-sleep
21:30–06:00		SLEEP

NOTE: See OSTP for references to US procedures

End of radiogram