

CREW OFF DUTY

GMT	CREW	ACTIVITY
06:00-06:05	FE-1, FE-2, FE-4, FE-5	SLEEP Data Log Entry
06:00-06:10	CDR, FE-3	Morning Inspection
06:05-06:10	FE-1, FE-2, FE-4, FE-5	Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:55		Daily Planning Conference (<i>S-band</i>)
07:55-08:05		Work Prep
08:05-09:05	FE-4	Physical Exercise (CEVIS)
08:05-08:45	CDR	COX Maintenance
08:20-09:20	FE-1	A/L Cooling Loop Scrubbing to Eliminate Biomass and Particulate Matter
09:20-10:20	FE-1	Physical Exercise (TVIS)
09:25-09:40	FE-4	Water Recovery System, filling a CWC-I from PWD Aux Port – Part 1
10:00-11:00	FE-5	Physical Exercise (CEVIS)
10:05-11:05	FE-2	Crew Departure Prep
10:05-10:20	FE-4	Water Recovery System, filling a CWC-I from PWD Aux Port – Part 2
10:25-11:00	FE-4	LTL and ITCS Sample Collection in NODE2
10:45-11:05	FE-3	IMS Update
11:00-11:50	FE-5	Columbus ITCS Sampling
11:00-11:35	FE-4	MTL and ITCS Sample Collection in NODE2
11:05-12:05	FE-3	Physical Exercise (CEVIS)
11:05-12:05	CDR	Physical Exercise (VELO), day 4
11:05-12:05	FE-2	Physical Exercise (TVIS)
11:20-12:05	FE-1	A/L Cooling Loop Scrubbing to Eliminate Biomass and Particulate Matter
11:35-12:05	FE-4	LAB ITCS Sampling
12:05-12:30		Daily Planning Conference (<i>S-band</i>)
12:30-12:35	FE-5	Transfer TVIS, CEVIS, and HRM data to MEC
12:30-12:35	FE-2	MPC Power Up
12:30-14:00	CDR, FE-1, FE-3, FE-4	Pre-sleep
12:35-14:00	FE-5	Pre-sleep
12:35-13:55	FE-2	Pre-sleep
13:55-14:00	FE-2	MPC Power Down
14:00-22:30		SLEEP

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep: dinner, daily food prep, evening toilet
- End of Radiogram