

GMT	CREW	ACTIVITY
17:30-17:35	FE-1	PLASMA CRYSTAL-3 PLUS. Turbo-pump activation
17:30-17:35	FE-2	Integrate Immune - FE-2 1J/A Liquid Saliva Sample Collection
17:30-17:40	FE-2-16, CDR	Morning Inspection
17:35-17:40	FE-1	
17:35-17:40	FE-2	
17:40-18:10		Post-sleep
18:10-19:00	FE-1, CDR, FE-2-16	BREAKFAST
18:10-19:05	FE-2	BREAKFAST
19:00-19:20	FE-1	Prep for Work
19:00-19:25	CDR	
19:00-19:30	FE-2-16	
19:05-19:35	FE-2	
19:20-20:00	FE-1	ISS-MCC TV. PLASMA CRYSTAL-3 PLUS. Experiment (start)
19:25-19:40	CDR	Post-EVA DCS 760 camera reconfig
19:30-19:35	FE-2-16	DCS 760 battery charging
19:55-21:25	CDR	Physical Exercise (RED)
20:00-21:00	FE-1	PLASMA CRYSTAL. Manual experiment ops
20:05-21:15	FE-2, FE-2-16	Handover
21:00-21:10	FE-1	PLASMA CRYSTAL-3 PLUS. Experiment (end)
21:10-21:45	FE-1	PLASMA CRYSTAL-3 PLUS. Copy and downlink data from the hard drive
21:15-21:55	FE-2	COЖ Maintenance
21:15-21:25	FE-2-16	Columbus A1 Cover Removal
21:25-01:10	CDR, FE-2-16	EXPRESS 3 rack transfer from LAB to COLUMBUS
21:45-22:00	FE-1	PLASMA CRYSTAL-3 PLUS. Hardware deactivation
22:00-23:30	FE-1	Physical Exercise (TVIS), day 3
23:15-00:15	FE-2	Physical Exercise (TVIS)
23:30-23:40	FE-1	Internal Wireless Instrumentation System (IWIS) Accelerometer Installation in the Shuttle and RSU Connection
00:15-01:15	FE-2	Physical Exercise (RED)
00:15-01:15	FE-1	Physical Exercise (VELO) day 3
01:10-02:10	FE-2-16, CDR	LUNCH
01:15-02:15	FE-1, FE-2	
02:10-02:55	FE-2-16, CDR	Connecting Cables to Express Rack 3
02:15-02:20	FE-2	VTR cap removal and Camcorder set up in NODE2 to troubleshoot video downlink
02:15-02:30	FE-1	Verify ИП-1 Flow Meter Positions
02:30-04:00	FE-1	Compression of Progress 363 Rodnik Tank ББ1
02:55-03:55	CDR	Physical Exercise (CEVIS)
02:55-03:55	FE-2-16	Physical Exercise (RED)

03:25-04:00	FE-2	Installation of PHS and lab equipment /
03:55-04:00	CDR	DCS battery charging
03:55-04:00	FE-2-16	Loading TVIS/RED/CEVIS/HRM data to MEC
04:00-04:45	CDR	Post-EVA DCS 760 camera reconfig
04:00-05:00	FE-1, FE-2, FE-2-16	Prep for Work
04:45-05:00	CDR	
05:00-06:00		EVA procedure review
06:00-06:30		DINNER
06:30-07:00		Daily food prep
07:00-08:00	FE-2, CDR, FE-2-16	Pre-sleep
07:00-07:55	FE-1	
07:55-08:00	FE-1	PLASMA CRYSTAL-3. Turbo-pump deactivation
08:00-16:30		SLEEP
Task List	FE-1	TBY (Universal Bioengineering Thermostat). Temperature check
		PLANTS-2. Payload status check and Photography

Notes:

1. See OSTP for references to US activities.
 2. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 3. There is a PLASMA CRYSTAL-3 PLUS tag up scheduled with specialists
- End of Radiogram