

**CREW OFF DUTY**

GMT	CREW	ACTIVITY
06:00-06:10	<b>CDR, FE-5</b>	Morning Inspection
06:00-06:05	<b>FE-3</b>	Elektron-VM Aerosol Filter Inspection
06:05-06:10	<b>FE-3</b>	Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-09:50	<b>CDR</b>	Weekly Housekeeping. SM Ventilation System Preventive Maintenance Group E,
07:30-10:00	<b>FE-3, FE-5</b>	FGB LJB2 Fan Cleaning
09:50-10:00	<b>CDR</b>	(PAO) Event in Standard Definition (SD) Setup /
10:00-10:10		Crew Prep For PAO
10:10-10:30		<b>ISS-MCC-M TV.</b> Telebridge "Exercise on Orbit" ( <i>S+Ku-band</i> )
10:30-11:10	<b>CDR</b>	Weekly Housekeeping. SM Ventilation System Preventive Maintenance Group E,
		FGB LJB2 Fan Cleaning
10:30-10:45	<b>FE-3</b>	Private Family Conference ( <i>S+Ku-band</i> )
10:30-11:00	<b>FE-5</b>	Weekly Housekeeping. SM Ventilation System Preventive Maintenance Group E,
10:45-11:15	<b>FE-3</b>	FGB LJB2 Fan Cleaning
11:15-11:30	<b>CDR</b>	Private Family Conference ( <i>S+Ku-band</i> )
12:00-13:30	<b>FE-3</b>	Physical Exercise (TVIS), Day 3
12:30-13:30	<b>CDR</b>	Physical Exercise (ARED)
13:20-13:30	<b>FE-5</b>	Cleaning Potok-150MK Air Purification System Pre-filters in SM and FGB / ( <b><i>Use vacuum cleaner and narrow slit nozzle attachment; POTOK must be powered down</i></b> )
13:30-14:30		LUNCH
14:30-14:50		Conference with the Editor of Rossiyski Kosmos magazine / ( <i>S-band</i> )
15:20-16:00	<b>FE-3</b>	COЖ Maintenance
16:30-18:00	<b>CDR</b>	Physical Exercise (TVIS), Day 2
17:00-18:00	<b>FE-5</b>	Physical Exercise (VELO), Day 3
18:00-19:30	<b>FE-5</b>	Physical Exercise (TVIS), Day 3
18:25-18:30	<b>FE-3</b>	Elektron-VM Aerosol Filter Inspection
18:30-19:30	<b>FE-3</b>	Physical Exercise (VELO), Day 3
19:30-21:30		Pre-sleep
21:30-06:00		SLEEP
<b>Task LIST</b>	<b>FE-3</b>	URAGAN. Observations and Photography
	<b>CDR, FE-5</b>	ECON. Observations and Photography

**Notes:**

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
  2. See OSTP for references to US activities
  3. Pre-sleep ops: dinner, daily food prep, evening toilet
- End of Radiogram