

PROGRESS 358 UNDOCKING FROM ISS SM AO

GMT	CREW	ACTIVITY
12:00-12:10		Morning inspection
12:10-12:40		Post-sleep
12:40-13:05	CDR	BREAKFAST
12:40-13:30	FE-1, FE-2	
13:05-13:20	CDR	Crew Discretionary TV PAO with the Mayor of Badajos, Spain (<i>Ku+S-band</i>)
13:20-13:30		BREAKFAST
13:30-13:55		Prep for Work
13:30-13:40	FE-1, FE-2	
13:40-13:45	FE-2	HAM radio setup
13:40-13:55	FE-1	БМП Φ2 Absorption Cartridge Regeneration (start)
13:45-13:55	FE-2	HAM radio session
13:55-14:10		Daily Planning Conference (<i>S-band</i>)
14:10-17:10		Relocation training. <i>Tagup with specialists (S-band)</i>
17:10-17:40	FE-2	Retracted 4B Solar Array Container Photography
17:10-18:00	FE-1	RELAXATION. Equipment setup. <i>Tagup with specialists (S-band)</i>
17:10-18:40	CDR	Physical Exercise (CEVIS)
17:40-18:10	FE-2	SAFER Video Downlink
18:00-18:25	FE-1	Monitoring Progress 358 undocking from SM AO
18:10-18:25	FE-2	Private Medical Conference (<i>Ku + S-band</i>)
18:25-18:40		RED inspection and access evaluation
18:30-18:35	FE-1	On MCC-M Go: Switch ПpK-TK PEV to CLOSED position (<i>S-band</i>)
18:35-19:35		Physical Exercise (TVIS) day 2
18:40-19:40	FE-2	Physical Exercise (RED)
18:40-18:55	CDR	Private Medical Conference (<i>Ku + S-band</i>)
18:55-19:25		On-Orbit Hearing Assessment with EarQ Software
19:25-19:30		Disconnecting Express Rack 1 (ER1) from the LAB Internal Thermal Control System (ITCS) on RIP LAO2
19:35-20:35	CDR, FE-1	LUNCH
19:40-20:00	FE-2	Crew Discretionary Conference With Satellite Radio (<i>Ku+ S -band</i>)
20:00-20:50		LUNCH
20:35-20:50	CDR	Soyuz Crew E-Mail Check-Out
20:35-20:50	FE-1	Liquid Unit БЖ #056 (Elektron-VM) pressure monitoring
20:50-21:10		On-Orbit Hearing Assessment with EarQ Software
20:50-21:20	FE-2	COЖ Maintenance
21:00-22:00	CDR	Personal items and equipment prepack for return
21:15-21:30	FE-1	Private medical conference (<i>S-band</i>)
21:20-21:45	FE-2	On-Orbit Hearing Assessment with EarQ Software
21:30-22:30	FE-1	Personal items and equipment prepack for return
21:45-22:15	FE-2	Scheduled maintenance of Compound Specific Analyzer- Combustion Products

		(CSA-CP)
22:00-22:20	CDR	IMS Update
22:15-23:45	FE-2	Physical Exercise (CEVIS)
22:20-23:20	CDR	Physical Exercise (RED)
22:35-22:50	FE-1	RELAXATION. Progress thruster performance study. <i>Tagup (S-band)</i>
22:50-00:20		Physical Exercise (VELO +Load Trainer 2)
23:30-23:45	CDR	Educational Payload Ops (EPO): camcorder set up
23:45-00:10	CDR, FE-2	EPO - comm system demonstration
00:10-00:15	FE-2	CSA-CP Sensor Deactivation
00:10-00:20	CDR	Hardware stow after EPO
00:15-00:20	FE-2	Transfer TVIS/RED/CEVIS/HRM data to MEC
00:20-00:45	.	Evening work prep
00:45-01:00		Daily Planning Conference (<i>S-band</i>)
01:00-01:15	FE-1	Evening work prep
01:00-01:30	CDR, FE-2	
01:15-01:45	FE-1	DINNER
01:30-02:00	CDR, FE-2	
01:45-02:15	FE-1	Daily Food Prep
02:00-02:30	CDR, FE-2	
02:15-02:30	FE-1	БМП Φ2 Absorption Cartridge regeneration (termination)
02:30-03:30	.	Pre-sleep
03:30-12:00		SLEEP
Task List	FE-1	TBY (Universal Bioengineering Thermostat). Temperature check
		URAGAN. Observations and photography

Note: See OSTP for references to US activities. End of Radiogram