

PROGRESS 354 TRANSFERS (DC-7A SENSORS AND B5-3 CYCLE ERGOMETER HARDWARE). CREW HEALTH STATUS.

GMT	CREW	ACTIVITY
06:00-06:10	.	Morning inspection
06:10-06:40	.	Post-sleep
06:40-06:50	FE-1	MO-8. Set-up
06:40-06:50	CDR	Calf measurement
06:50-07:05	CDR	Body mass measurement
06:50-07:00	FE-1	Calf measurement
07:05-07:55	CDR	BREAKFAST
07:05-07:20	FE-1	Body mass measurement
07:20-07:30	FE-1	MO-8. Close-out ops
07:30-08:20	FE-1	BREAKFAST
07:55-08:25	CDR	Work prep
08:30-08:45	.	Daily planning conference (<i>S-band</i>)
08:45-09:15	FE-1	Work prep
08:45-09:00	CDR	Set up video equipment to record RED exercise
09:20-09:50	FE-1	Changeout of CPB-K2M purification column unit. <i>Install BKO #401015 (b/c 00037821R, ФГБ1ПГО_4_418_1), discard the removed unit) Update the IMS.)</i>
09:20-10:20	CDR	Physical exercise (CEVIS)
09:50-10:20	FE-1	COЖ maintenance
10:20-11:20	.	Prep for TCCS R&R
11:20-12:50	FE-1	Physical exercise (TVIS), day 2
11:20-12:50	CDR	Physical Exercise (RED)
12:50-13:50	.	LUNCH
13:50-15:50	FE-1	Trace Contaminant Control Subassembly (TCCS) R&R
13:50-17:50	CDR	
15:50-17:50	FE-1	Progress 354 transfers with IMS support
17:50-18:20	CDR	Report prep
17:50-18:50	FE-1	Physical Exercise (VELO)-2 (see OSTP for additional RED information)
18:20-18:35	CDR	SAMS: replacement of hard drive.
18:35-18:50	CDR	Daily plan review
18:50-19:05	.	Daily planning conference (<i>S-band</i>)
19:05-19:10	CDR	Transfer TVIS, RED, and HRM data to MEC
19:10-19:30	FE-1	Report prep
19:10-19:25	CDR	Stow video equipment used to record the RED exercise
19:30-20:00	.	DINNER
20:00-20:30	.	Daily food prep
20:30-21:30	.	Pre-sleep
21:30-06:00	.	SLEEP
Task list	FE-1	On MCC GO: ISS O2 repress from Progress 354 CpПK (Oxygen Supply Facility)
		IMS update

Note: See OSTP for references to US activities.

End of radiogram