Radiogram No. 8200u Form 24 for 07/21/08 ACTIVATION OF REGUL-OC STRING 3 AND ELEKTRON SYSTEM. MEDICAL MONITORING.

GMT	CREW	ACTIVITY
06:00-06:10		Morning Inspection
06:10-06:25	FE-2	Post-sleep
06:10-06:20	CDR	MO-8. Setup
06:10-06:20	FE-1	Calf volume measurement
06:20-06:35		Body mass measurement
06:20-06:40	CDR	Post-sleep
06:25-06:35	FE-2	Calf volume measurement
06:35-06:50		Body mass measurement
06:35-07:05	FE-1	Post-sleep
06:40-06:50	CDR	Calf volume measurement
06:50-07:05		Body mass measurement
06:50-07:05	FE-2	Post-sleep
07:05-07:40	FE-1,FE-2	BREAKFAST
07:05-07:15		MO-8. Close-out ops
07:15-07:40	CDR	BREAKFAST
07:40-07:55		Daily Planning Conference (S-band)
07:55-08:10		BREAKFAST
08:10-08:25	FE-2	Start Filling CWC from the Lab Condensate Tank
08:10-08:40	FE-1	Prep for Work
08:10-08:20	CDR	Prep for Work
08:20-09:50		Physical Exercise (TVIS), day 2
08:25-08:55		Prep for Work
08:55-09:10	FE-2	Terminate filling CWC from Lab Condensate Tank
09:10-11:50	FE-1	Post- EVA DC1 Reconfig. Put bag of container #III-1 S/N 363-24 with Korean kits in Progress 364 for disposal
09:10-10:40	FE-2	Physical Exercise (RED)
09:50-11:15	CDR	Post- EVA DC1 Reconfig. Put bag of container #III-1 S/N 363-24 with Korean kits in Progress 364 for disposal
10:40-11:40	FE-2	Physical Exercise (CEVIS)
11:15-11:55	CDR	Activate Elektron and monitor Elektron Secondary Purification Unit temperature after activation. <i>Tagup with specialists (VHF)</i>
11:50-12:50	FE-1	Physical Exercise (VELO + RED), day 2
11:50-12:40	FE-2	Cell Biology Experiment Facility Reconfiguration (CBEF) 1
11:55-12:30	CDR	Post-EVA DC1 Reconfig
12:45-12:50	FE-2	Replace EXPRESS Rack Power Indicator
12:50-13:50	· 	LUNCH
13:50-15:10	FE-1	Post-EVA DC1 Reconfig
13:50-15:50	CDR	Post-EVA DC1 Reconfig
13:50-13:55	FE-2	SAMS - ICU Activation, Section 1
13:55-14:40		Reconfigure Cell Biology Experiment Facility (CBEF) 2
14:40-15:25		Reconfigure Cell Biology Experiment Facility (CBEF) 3
15:10-15:50	FE-1	Post-EVA DC1 Reconfig. Install Phantom and Activate LULIN-5
10.10-10.00	L-1	1 031-LVA DOT Neconing. Install Finantoni and Activate Locily-3

FE-2	JEM - Housekeeping
CDR,FE-1	Study of cardiac bioelectric activity at rest. To=16:15. <i>Tagup with specialists</i> (VHF)
FE-2	SOLAR Troubleshooting
FE-1	Physical Exercise (TVIS), day 2
CDR	Physical Exercise (CEVIS)
	IMS Update
FE-2	MEC Hard Drive Swap
	MEC Hard Drive Reload Part One
FE-1	СОЖ Maintenance
FE-2	MEC Hard Drive Reload Part Three
CDR	Evening Work Prep
	Daily Planning Conference (S-band)
	Evening Work Prep
	DINNER
FE-2	Daily Food Prep
CDR,FE-1	
FE-2	Pre-sleep
CDR,FE-1	
FE-2	Transfer TVIS, RED, and HRM data to MEC
	SLEEP
	CDR,FE-1 FE-2 FE-1 FE-2 FE-1 FE-2 CDR FE-2 CDR FE-2 CDR,FE-1 FE-2 CDR,FE-1

- Note:
 1. 1. SM Window #9 shutter opening is at crew discretion with Report to MCC
 2. See OSTP for references to US activities.
 End of Radiogram