

VC-3 FD-4 Joint Ops

TIME	CREW	ACTIVITY
06:00-06:10	ISS-4	Morning Inspection
06:00-06:30	VCSFP	Morning Inspection. Post-Sleep
06:00-06:20	VCCDR, VCFE1	Morning Inspection. Post-Sleep
06:10-06:40	FE-1, FE-2	Post-Sleep
06:10-06:35	CDR	Post-Sleep
06:20-06:30	VCCDR, VCFE1	TV- Event Prep
06:30-06:50		ESA TV Session (educational program)
06:30-06:40	VCSFP	D1X Camera Battery Charge
06:35-06:40	CDR	DIURESIS. Completion of Urine Collection Ops
06:40-07:25	VCSFP	Breakfast
06:40-07:10	FE-2	
06:40-07:30	FE-1	
06:40-07:10	CDR	DIURESIS. Equipment Prep and Blood Analysis on ? 1100
06:50-07:30	VCCDR, VCFE1	Breakfast
07:10-07:30	CDR, FE-1	DIURESIS. Venous Blood Sampling. Second Sample for BIOTEST
07:25-07:30	VCSFP	CCE. Recording of Food and Liquid Intake in Station Log
07:30-07:35	VCCDR	PLASMA CRYSTAL-3. Turbopump Activation
07:30-07:50	CDR	DIURESIS. Venous Blood Sample Centrifuge Processing
07:30-07:50	FE-1, FE-2, VCFE1, VCSFP	Work Prep
07:35-07:50	VCCDR	Work Prep
07:50-08:00	VCFE1	DPC (<i>S-band</i>)
07:50-07:55	VCCDR, VCSFP	
07:50-08:05	ISS-4	
07:55-08:05	VCCDR, VCSFP	TV Session Prep
08:00-08:10	VCFE1	Italy Regional Photo Imagery
08:05-08:20	VCCDR, VCSFP	SAR Media TV Session
08:05-08:50	CDR	Breakfast
08:15-08:45	FE-2	H-Reflex – Hardware Activation and Setup
08:25-08:40	FE-1, VCSFP	E-Mail Ops
08:35-09:40	VCFE1	CHIRO. Crew Health Survey for Possible Reduced Performance
08:50-09:20	CDR	DIURESIS. Urine Sampling from U-ceptacles and final ops
09:00-09:25	FE-2	H-Reflex Test
09:05-09:35	VCSFP	Photo/video Imagery for SAR
09:05-09:15	VCCDR	Photo/video Imagery for SAR
09:10-09:25	FE-1	Assistance in H-Reflex Test
09:20-10:00	CDR	??? Sampling for Ammonia

09:25-09:50	FE-1	H-Reflex Test
09:35-09:50	FE-2	Assistance in H-Reflex Test
09:35-09:45	VCCDR,VCSFP	TV Session Prep
09:40-10:10	VCFE1	E-Mail Ops
09:45-10:00	VCCDR,VCSFP	SAR Media TV Session
09:50-10:05	FE-1	H-Reflex Hardware Stowage
09:50-11:20	FE-2	Periodic Fitness Assessment
10:00-10:15	CDR	? 1 ? ? ? Canister Regeneration (Conclusion)
10:00-11:30	VCCDR,VCSFP	CCE. ??-3 and Quiescent Test
10:05-10:25	FE-1	HRF - HRF RACK Vent Inspection
10:15-10:30	CDR	? 2 ? ? ? Canister Regeneration (Initial)
10:30-11:00	FE-1	Periodic Fitness Assessment
10:30-10:35	CDR	Conference with Experts on HDTV Tape Return (<i>S-band</i>)
10:35-10:40		???-1 Inspection
10:40-11:00		??-1? Air Sampling
11:00-12:00		Physical Exercise TVIS - 2
11:00-11:10	FE-1	Standby Hardware Setup for PAO Events
11:15-12:45		Periodic Fitness Assessment
11:20-12:00	FE-2	Delta File Downlink Prep
11:30-11:40	VCCDR	Photo/Video Imagery for Italy
11:30-12:00	VCFE1	
11:30-11:50	VCSFP	CCE. Final Operations
12:00-12:15	CDR	PMC (<i>S-band</i>)
12:00-12:28	FE-2	Periodic Fitness Assessment
12:00-12:50	VCFE1	Lunch
12:00-13:00	VCCDR	
12:00-12:55	VCSFP	
12:15-12:45	CDR	Transfer of Portable Survival Kit Components from Soyuz-33 to SM
12:28-12:33	FE-2	HAM Radio Session Prep
12:33-12:43		HAM Radio Session
12:45-13:45	ISS-4	Lunch
12:50-13:00	VCFE1	Italy Regional Photo Imagery
12:55-13:00	VCSFP	CCE. Recording of Food and Liquid Intake in Station Log
13:00-15:00		ESCD. Nutrient Replacement
13:00-14:20	VCCDR	
13:45-13:55	ISS-4	PAO Event Prep
13:55-14:15		PAO Event (Space Congress in Cocoa Beach, FL)
14:00-14:20	VCFE1	VEST. Clothing Destow and Don
14:15-16:15	CDR	? ? ? and Medical Support Equipment Inventory Using IMS
14:15-14:30	FE-1	ISS-4 Daily PL Status Check
14:20-15:50	VCFE1	VEST. Physical Exercise Using ??-3 Ergometer and

		Bungees
14:20-14:30	VCCDR	VEST. Photography
14:30-15:10	FE-1	CWC Servicing
14:30-14:40	VCCDR	VEST. Video Imagery
14:45-16:15	FE-2	Physical Exercise – RED
15:05-15:20	VCSFP	IP-Phone Private Conference
15:30-15:40	VCCDR	VEST. Photography
15:40-15:50		VEST. Video Imagery
15:40-16:10	VCSFP	"PLANKTON-LENS"-? . Study of Oceans' Bioproductivity Factors
15:50-16:05	VCFE1	VEST. Conclusion. Replacement (doffing) and stowage of clothes
16:05-16:50	VCCDR	ALTEINO. Halley Ops - 90 minutes
16:05-18:50	VCFE1	
16:15-16:20	VCSFP	HAM Radio Session Prep
16:15-16:45	FE-2	BPS. Pollination
16:15-17:45	CDR	Physical Exercise (RED+TVIS)-2
16:20-16:30	VCSFP	HAM Radio Session
16:20-16:35	FE-1	PMC (<i>S-band</i>)
16:45-18:15		Physical Exercise RED
16:50-17:50	VCCDR	PLASMA CRYSTAL-3. S/W Loading
17:15-17:45	VCSFP	"PLANKTON-LENS"-? . Study of Oceans' Bioproductivity Factors
17:15-17:45	FE-2	BPS. Gas Sampling
17:45-18:00		PMC (<i>S-band</i>)
17:45-18:15	CDR	? ? ? Maintenance
18:00-18:15	FE-2,VCSFP	E-Mail Ops
18:15-18:45	ISS4,VCCDR,VCSFP	Next Day's Plan Review
18:45-19:00	ISS-4, VCCDR,VCSFP	DPC (<i>S-band</i>)
18:50-19:00	VCFE1	DPC (<i>S-band</i>)
19:00-19:30	.	Work Prep
19:05-19:15	VCSFP	PFC (<i>S-band</i>)
19:30-20:00	.	Dinner
20:00-20:05	VCSFP	CCE. Recording of Food and Liquid Intake in Station Log
20:00-20:10	VCCDR	VC3 Camcorder Battery Charge (for DVCAM or DSR PD-150P)
20:00-20:20	VCFE1	Daily Food Prep
20:00-20:30	ISS4	
20:05-20:30	VCSFP	
20:10-20:30	VCCDR	
20:20-20:30	VCFE1	VEST. Completion of Questionnaire

20:30-21:30	ISS-4, VCFE1, VC SFP	Pre-Sleep
20:30-21:10		
21:10-21:15	VCCDR	PLASMA CRYSTAL-3. Turbopump powerdown
21:15-21:30		PLASMA-03-Prep
21:30-06:00	FE1, FE2, VCFE1, VCSFP	Sleep
21:30-05:50	CDR, VC CDR	

Notes: 1. See OSTP for missing links to US activities
 2. CDR - LSO as per R/G 3377 (Task List).

End of R/G