

GMT	CREW	ACTIVITY
06:00-06:10	.	Morning Inspection
06:10-06:40	.	Post-sleep
06:40-07:30	.	Breakfast
07:30-07:45	FE-2	Video setup for ARED installation footage
09:30-11:00	FE-2	Physical Exercise (TVIS)
11:00-12:30	CDR	Physical Exercise (CEVIS)
11:00-12:00	FE-2	Physical Exercise (CEVIS)
11:30-13:00	FE-1	Physical Exercise (TVIS), day 1
12:40-12:50	FE-2	Video set up for Holiday Meal footage
12:50-13:00	CDR,FE-2	Holiday Meal Video
13:00-14:00	.	LUNCH
14:00-14:15	CDR,FE-2	Holiday Meal Video
14:15-14:30	FE-2	Stow Video Equipment
14:15-16:05	CDR	ARED activation and checkout Part 1
14:55-16:05	FE-2	ARED activation and checkout Part 1
15:35-16:15	FE-1	COX Maintenance
16:15-17:15		Physical Exercise (VELO), day 1
17:15-18:15	CDR	Physical Exercise (TVIS)
17:45-18:00	FE-2	Private Family Conference (<i>Ku + S-band</i>)
18:10-18:15	FE-2	Stow video equipment for ARED installation and checkout footage: VIS testing and sensor calibration
18:15-18:40	.	Evening Work Prep
18:40-18:55	.	Daily Planning Conference (<i>S-band</i>)
18:55-19:20	CDR	Evening Work Prep
18:55-19:30	FE-2,FE-1	
19:20-19:35	CDR	Private Family Conference (<i>Ku + S-band</i>)
19:30-21:30	FE-2,FE-1	Presleep (dinner, daily food prep, evening toilet)
19:35-21:30	CDR	
21:30-06:00		SLEEP

HAPPY NEW YEAR 2009!

Notes:

1. SM Window #9 shutter opening is at crew discretion with **Report to MCC**
2. See OSTP for references to US activities.

End of Radiogram