

**CONNECTING SPHERICAL TANKS (ШБ) AND PROGRESS M-55 COMBINED PROPULSION SYSTEM
[КДУ] PROPELLANT TANKS. CREW OFF DUTY**

GMT	CREW	ACTIVITY
06:00-06:10	.	Morning inspection
06:10-06:40	.	Post-sleep
06:40-07:30	.	BREAKFAST
10:30-12:00	FE-1	Physical Exercise (TVIS)
12:00-13:00	FE-1	Physical Exercise (RED)
12:00-13:30	CDR	Physical Exercise (TVIS), day 4
13:30-14:30	.	LUNCH
14:30-14:55	FE-1	Setting up PHS equipment.
14:30-15:00	CDR	COX maintenance
15:15-15:30	FE-1	Private Psychological Conference (<i>Ku+S-band</i>)
17:05-18:05	CDR	Physical Exercise (VELO + Load Trainer/Cycle 1), day 4
17:50-17:55	FE-1	O2 and CO2 monitoring
17:55-18:40	FE-1	Evening work prep
18:15-18:40	CDR	Evening work prep
18:40-18:55	.	Daily Planning Conference (<i>S-band</i>)
18:55-19:30	CDR	Evening work prep
18:55-19:10	FE-1	Evening work prep
19:10-19:25	FE-1	Private Family Conference (<i>Ku + S-band</i>)
19:30-20:00	.	DINNER
20:00-20:30	.	Daily Food Prep
20:30-21:30	.	Pre-sleep
21:30-06:00	.	SLEEP
Task List	CDR	URAGAN. Observation and photography
		DIATOMEA. World Ocean observations
		BMI -9 PULSE. Experiment ops

Note: See OSTP for references to US activities.
End of Radiogram