

Radiogram 6710u

Form 24 for 10/21/03

**Crew Handover. Visiting Crew 5 Timeline**

GMT	CREW	ACTIVITY
05:00-05:10	.	Morning inspection
05:10-05:40	ISS 7, CDR 8	Post-sleep
05:10-05:25	FE-8, FE1 VC	Post-sleep
05:25-05:55	FE1VC	SIMPATHO: Blood sample
05:25-05:40	FE-1-8 (assist)	SIMPATHO: Blood sample
05:40-06:30	ISS7, ISS 8	LUNCH
05:55-06:05	FE1VC	BMI: assembly
06:05-06:55	FE1VC	BREAKFAST
06:30-07:00	ISS7, ISS 8	Prep for work
07:00-07:15	.	Daily planning conference ( <i>S-band</i> )
07:15-07:25	FE1 VC	BMI: Data collection and questionnaire fill out
07:15-08:15	FE-1	ISS7 to ISS8 handover
07:15-09:20	CDR-8	ISS7 to ISS8 handover
07:15-08:45	FE-1-8	Installation of ЛКТ (ТА251МБ) and ПЗУ (ROM) in Habitation Compartment of Soyuz TMA-3
07:25-07:40	CDR, FE1 VC	Set up for TV event ( <b>Start 07:25, T1, T2, T3 on Automatic Daily Cyclogram- СПП</b> )
07:40-08:05	FE1 VC	VIP TV event. Docking and P/L video downlink
07:55-08:00	CDR	Inspection of БРПК separator
08:00-09:20	CDR	ISS7 to ISS8 crew handover
08:15-08:25	FE-1, FE1 VC	PAO equipment set up
08:25-09:20	FE-1	ISS7 to ISS8 crew handover
08:25-08:35	FE1 VC	VIP Event (US assets) ( <i>Ku + S-band</i> )
08:35-09:30	FE1 VC	CARDIOCOG: prep for experiment
09:20-10:35	FE-1	Physical Exercise (RED)
09:30-09:50	FE-1-8	CARDIOCOG: Experiment
09:30-10:00	FE1 VC	
09:50-10:50	CDR-8	Physical Exercise (CEVIS)
09:50-10:50	FE 1-8	Soyuz cargo transfers and IMS ops
10:00-10:10	FE1 VC	CARDIOCOG: Blood pressure measurement
10:10-11:10	CDR	Physical Exercise (TVIS) day 3
10:10-10:50	FE1 VC	CARDIOCOG: Close out ops.
10:50-11:00	FE1 VC	MESSAGE:
10:50-11:10	FE-1, CDR-8	EMU battery charge (initial)
10:50-10:55	FE-1-8	Private medical conference [ <i>YKB</i> ] <i>VHF</i> (for Bracelet questionnaire)
11:10-12:10	.	LUNCH
12:10-13:35	CDR, FE 1-8	Commemorative activity. Signing and stamping envelopes from kit СИМВОЛИКА 6Р (Simvolika 6P)
12:10-12:20	FE1 VC	NANOSLAB: Activation of hardware
12:15-12:30	FE-1	Private medical conference ( <i>Ku + S-band</i> )
12:20-13:20	FE1 VC	Commemorative activity. Signing and stamping envelopes

12:30-13:00	CDR-8, FE-1	De-configuring TV system for Ku-band downlink
13:00-13:30	CDR-8	CDR-8 personal data entry into SSC
13:20-13:30	FE1 VC	BMI: measurement
13:25-13:35	FE-1	Hardware set up for PAO
13:30-13:40	FE1 VC	BMI: data collection and questionnaire fill out
13:35-13:45	ISS 7, ISS 8	Set up for TV event
13:40-13:45	FE1 VC	
13:45-14:05	.	US TV PAO ( <i>Ku + S-band</i> )
14:05-14:40	FE-1	Technical maintenance of COЖ
14:05-14:45	CDR	INTERACTION: data collection and back up
14:05-14:35	FE1 VC, FE1-8	Photo and video imagery
14:05-14:35	CDR-8	CDR ISS 8 personal data entry into SSC
14:35-14:45	FE1 VC	AGE: Video set up
14:40-15:00	CDR-8	Bio sample cultivation: Deactivation. Day two ops
14:40-16:10	FE-1-8	
14:40-14:50	FE-1	TVIS/RED data transfer to MEC
14:45-15:00	CDR	Private medical conference ( <i>S-band</i> )
14:45-15:15	FE1 VC	E-mail ops
14:50-15:00	FE-1	INTERACTION: Data downlink
15:00-16:15	FE-1	Physical Exercise (TVIS)
15:00-15:05	CDR-8	Weekly maintenance of TVIS
15:05-16:15	CDR-8, CDR	ISS7 to ISS8 crew handover
15:15-15:35	FE1 VC	AGE: Video ops and bio containers swap
15:40-16:10	FE1 VC	Close out ops and stowage into KRIOGEM-03
16:10-16:20	FE1 VC	AGE: video ops
16:15-16:20	FE-1	Weekly maintenance of TVIS
16:15-17:15	CDR	Physical Exercise (TVIS) day 3
16:20-16:30	FE1 VC	PromISS 2: tape changeout
16:30-16:45	ISS 8	Private medical conference ( <i>Ku + S-band</i> )
16:30-17:00	FE1 VC	3D-CAMERA: Ops
16:40-16:45	FE 1	CDMK readings
16:45-17:00	FE 1-8 (assistance)	3D-CAMERA: Ops
16:45-17:05	FE-1	IMS file prep
17:00-17:10	FE1 VC	BMI: data collection and questionnaire fill out
17:05-17:35	FE-1	Daily plan review
17:05-17:15	FE 1-8	DVCAM battery charge
17:10-17:20	FE1 VC	BMI: measurement
17:15-17:45	ISS 8, CDR	Daily plan review
17:20-17:45	FE1 VC	Daily plan review
17:35-17:45	FE-1	HRF: power off
17:45-18:05	.	Prep for work
18:05-18:20	.	Daily planning conference ( <i>S-band</i> )
18:20-18:30	.	Prep for work

18:30-19:00	.	DINNER
19:00-19:30	.	Daily food prep
19:30-20:20	FE1 VC	Pre-sleep
19:30-20:30	ISS 7, ISS 8	Pre-sleep
20:20-20:30	FE1 VC	BMI: data collection and questionnaire fill out
20:30-05:00	.	SLEEP

**Note:** See OSTP for references to US activities  
End of radiogram