

Radiogram No. 2467u

Form 24 for 12.05.2001

Crew Rest

GMT	Crew	Activity
12:30–12:40		Morning inspection
12:40–13:00		Personal hygiene (post-sleep)
13:00–13:45		BREAKFAST
13:45–14:00		Daily planning conference (S-band)
14:00–14:30	CDR	Work prep
14:00–14:20	FE-1	Replacement of INTEL network adapter
14:05–14:15	PLT	Prep for video conference with family
14:15–14:30		Private family conference (ISS/MCC TV)
14:30–14:55	CDR	Daily status check of US payloads
15:00–15:30	PLT, FE-1	Post-EVA conference (S-band)
15:00–15:30	CDR	Prep for UF-1
15:30–17:00	CDR	Physical exercise (RED)
17:00–18:00	CDR	Prep for UF-1
15:40–15:50	PLT	Prep for video conference with family
15:50–16:05	FE-1	Private family conference (ISS/MCC TV)
16:00–17:00	PLT	Physical exercise (TVIS)
17:00–18:00	FE-1	
17:15–17:30	PLT	Regeneration of ? 1 absorption cartridge in ? ? ? (end)
18:00–18:30	PLT, FE-1	Transfer of DC-1 docking mechanism ? ? ?-? from FGB instrumentation cargo compartment (? ? ?) to DC-1
18:00–18:30	CDR	IMS file prep
18:30–19:19	CDR	LUNCH
18:30–19:30	FE-1, PLT	LUNCH
19:30–20:00		KENTAVT setup
19:19–19:30	CDR	Ham radio session
20:00–22:30	CDR	Packing for UF-1
20:20–20:35	PLT	Regeneration of ? 2 absorption cartridge in ? ? ? (start)
21:00–22:30	CDR	Physical exercise (RED)
21:30–22:30	FE-1	ODF swap (as part of Progress transfer ops)
	PLT	Physical exercise (TVIS)
22:30–23:30	CDR	
22:35–22:45	PLT	? ?? conference (S-band)
23:30–00:10		Maintenance of ? ? ?
23:30–00:30	FE-1	Physical exercise (TVIS)
00:45–01:15		Review of plan for upcoming day
01:15–01:40		Report prep
01:40–01:55		Daily planning conference (S-band)
02:00–02:30		DINNER
02:30–03:00		Daily food ration prep
03:00–04:00		Personal hygiene (pre-sleep)
04:00–12:20		SLEEP