

CREW OFF DUTY

GMT	CREW	Activity
06:00-06:10	CDR	Morning Inspection. Laptop RS2(1) Reboot
06:00-06:10	FE-2	Morning Inspection. RSS1 and RSS2 Laptops Reboot
06:00-06:10	FE-3,FE-4	Morning Inspection
06:00-06:05	FE-5	Reaction self test
06:00-06:05	FE-6	REACTION self test
06:05-06:15	FE-5,FE-6	Morning Inspection
06:10-06:40	CDR,FE-2, FE-3,FE-4	Post-sleep
06:15-06:40	FE-5,FE-6	Post-sleep
06:40-07:30	CDR, FE-2, FE-3,FE-5, FE-6	BREAKFAST
06:40-07:30	FE-4	BREAKFAST SM ПСС (Caution & Warning Panel) Test (after breakfast)
09:30-10:30	FE-4	VELO Exercise - Day 1
10:00-11:30	FE-3	ARED Exercise
10:30-11:30	CDR	БД-2 Exercise -Day 2
10:30-11:30	FE-2	VELO Exercise - Day 1
10:30-11:30	FE-6	CEVIS Exercise
10:40-10:55	FE-4	Private Family Conference (<i>Ku+S-band</i>)
11:30-13:00	FE-6	ARED Exercise
11:40-12:25	CDR,FE-2, FE-4	EKON-M. Earth observation and photography
12:25-12:40	CDR	Private Family Conference (<i>Ku+S-band</i>)
13:00-14:00	.	Midday Meal
14:00-14:40	FE-4	COЖ maintenance. <i>Voice down CBO, CГО, СПКУ ACY counter and YOB POTOK data in SM and FGB</i>
14:00-14:15	FE-5	Private Family Conference
15:00-15:30	CDR,FE-2, FE-4	Video recording of greetings
15:30-17:00	CDR	ARED Exercise
15:30-17:00	FE-2	БД-2 Exercise - Day 1
15:40-15:55	FE-6	Private Family Conference
16:05-17:05	FE-5	T2 Exercise
16:30-16:40	FE-4	LCS. RSE-LCS laptop activation to start information recording
17:05-18:35	FE-5	ARED Exercise
17:05-18:35	FE-4	БД-2 Exercise - Day 1
17:05-18:05	FE-3	T2 Exercise
18:35-19:05	.	Evening Work Prep

19:05-19:30	.	Daily Planning Conference (<i>S-band</i>)
19:30-21:20	FE-5	Pre-sleep
19:30-21:25	FE-6	Pre-sleep
19:30-21:30	CDR,FE-3, FE-4	Pre-sleep
19:30-21:20	FE-2	Pre-sleep
21:20-21:30	FE-2	RELAKSATSIYA. Battery charge for Relaksatsiya experiment
21:20-21:25	FE-5	Reaction self test
21:25-21:30	FE-5	Reaction self test
21:25-21:30	FE-6	REACTION self test
21:30-06:00	.	Sleep
Task List	CDR,FE-2, FE-4	SEYNER. World Ocean Research
		EKON-M. Observation and photography
		Preparation of reports for Roskosmos site
		URAGAN Observations and Photography

Notes:

1. SM Window No. 9 shutter opening is at crew discretion w/ **Report to MCC**
2. See OSTPV for references to US activities.
3. Pre-sleep ops: daily food prep, dinner, pre-sleep
- 4. The exercise sessions on USOS trainers for the Russian crew members are to be performed strictly in accordance with Form 24 or OSTPV.**

End of r/g