CREW OFF DUTY. SM 6Г2 TANK REFILLING FROM FGB PROPELLANT TANK USING K3.

GMT	CREW	ACTIVITY
06:00-06:10	FE-1,FE-2	Morning Inspection
06:00-06:05	CDR	BCAT Nikon D2Xs Battery Changeout
06:05-06:10	CDR	Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30	FE-2,CDR	BREAKFAST
06:40-07:30	FE-1	BREAKFAST SM TICC [Caution & Warning Panel] Test (after breakfast)
07:30-07:40	CDR	CIR Alignment Guide Installation
09:15-10:45	FE-2	Physical Exercise (ARED) Day 2
09:45-10:45	CDR	Physical Exercise (CEVIS)
10:45-12:15	CDR	Physical Exercise (ARED)
12:00-13:00	FE-1	Physical Exercise (TVIS), Day 2
12:50-13:00	CDR	BCAT6 Camera Check
13:00-14:00		LUNCH
14:00-14:40	FE-2	СОЖ Maintenance
16:00-17:00	FE-2	Physical Exercise (TVIS), Day 2
16:00-17:30	FE-1	Physical Exercise (ARED) Day 2
18:05-18:10	CDR	BCAT6 Hardware Stowage
18:10-18:20	CDR	ICV Reference Material Overview
18:20-18:30	CDR	ICV Reference Material Overview
18:30-18:45	CDR	Journal Entry
18:45-19:15		Evening Work Prep
19:15-19:30		Daily Planning Conference (S-band)
19:30-19:35	CDR	Start Video
19:30-21:30	FE-1,FE-2	Pre-sleep
19:35-20:10	CDR	Pre-sleep
20:10-20:25	CDR	Private Family Conference
20:25-21:25	CDR	Pre-sleep
21:25-21:30	CDR	Terminate Video
21:30-06:00		SLEEP

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
 See OSTP for references to US activities
- 3. Pre-sleep ops: daily food prep, dinner, pre-sleep End of Radiogram