

Radiogram No. 1916u

Form 24 for 12/31/05



CREW OFF DUTY

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-09:10	CDR FE-1	Weekly Housekeeping
07:30-10:30		
09:10-09:15	CDR	Setting up HAM radio
09:15-09:25		HAM radio session
09:25-10:30		Weekly Housekeeping
10:30-12:00		Physical Exercise (TVIS)
12:00-13:00		Physical Exercise (RED)
12:30-14:00	FE-1	Physical Exercise (TVIS) day 3
13:55-14:00	CDR	On MCC Go ISS O2 repress from Progress 354 CpΠK (start)
14:00-15:00		LUNCH
15:00-15:05	CDR	ISS O2 repress from Progress 354 CpΠK (terminate)
15:15-15:30		Fluid Dynamics Investigation (FDI) ops review
15:30-18:30		Removing bubbles during Fluid Dynamics Investigation (FDI) ops
18:00-18:30	FE-1	СОЖ maintenance
18:30-19:30		Physical Exercise (VELO+RED) day 3
19:25-19:30	CDR	Transferring TVIS, RED, and HRM data to MEC
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	FE-1	GCF-JAXA. TБУ temperature check
		STATOKONIA. Self-Contained Temperature Logger [APT] temperature check

Note: See OSTP for references to US activities.

End of Radiogram

