

Radiogram No. 2948u

Form 24 for 04/30/10

Progress Docking Conference. CREW OFF-DUTY

| GMT | CREW | ACTIVITY |
|-------------|------------------------------------|--|
| 06:00-06:05 | CDR | Elektron-VM Aerosol Filter Inspection |
| 06:00-06:10 | FE-1, FE-3, FE-5 | Morning Inspection |
| 06:00-06:05 | FE-2, FE-6 | PROK - Urine PH Test |
| 06:05-06:10 | CDR, FE-6 | Morning Inspection |
| 06:05-06:20 | FE-2 | Urine collection |
| 06:10-06:35 | FE-6 | Post-sleep |
| 06:10-06:40 | CDR, FE-1, FE-3, FE-5 | Post-sleep |
| 06:20-06:25 | FE-2 | HRF - Urine Sample Insertion Into MELFI |
| 06:25-06:35 | FE-2 | HRF Refrigerated Centrifuge Setup |
| 06:35-06:50 | FE-6 | HRF Blood Draw Operator |
| 06:35-06:55 | FE-2 | HRF Blood Sample Draw from Subject |
| 06:40-06:45 | FE-5 | Nutrition Photography |
| 06:40-07:15 | CDR | BREAKFAST |
| 06:40-07:30 | FE-1, FE-3 | BREAKFAST |
| 06:45-07:30 | FE-5 | BREAKFAST |
| 06:50-07:30 | FE-6 | BREAKFAST |
| 06:55-07:05 | FE-2 | Post-sleep |
| 07:05-07:15 | FE-2 | HRF Refrigerated Centrifuge Configuration |
| 07:15-07:30 | CDR | On MCC Go БМП Φ1 cartridge regeneration (start) |
| 07:15-07:30 | FE-2 | BREAKFAST |
| 07:30-07:55 | | Daily Planning Conference (<i>S-band</i>) |
| 07:55-08:10 | CDR, FE-1, FE-3, FE-5, FE-6 | ISS Crew and ГОГУ (RSA Flight Control Team Management) Weekly Conference (<i>S-band</i>) |
| 07:55-08:00 | FE-2 | HRF Refrigerated Centrifuge Configuration |
| 08:00-08:10 | FE-2 | Nutrition and Repository Blood Sample Insertion into MELFI |
| 08:10-08:25 | CDR, FE-1, FE-2, FE-3, FE-6 | Work Prep |
| 08:10-08:20 | FE-5 | Work Prep |
| 08:25-08:45 | FE-2 | HRF Urine Collection Hardware Stowage |
| 08:30-09:30 | FE-3 | Set up TBU and Cryogen-03 thermostatic containers (Installation and Connection) |
| 08:30-09:30 | CDR, FE-1 | Conference on Progress Docking Specifics |
| 08:35-09:35 | FE-5 | Physical Exercise (TVIS) |
| 08:40-08:55 | FE-6 | Station Support Computer (SSC) Hard Drive reboot |
| 08:45-09:00 | FE-2 | HRF Blood Sample Draw Subject |
| 09:00-09:05 | FE-2 | PRO K Photography |
| 09:30-09:40 | FE-1 | TVIS Exercise Video Equipment Setup |

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| 09:40-11:10 | FE-1 | Physical Exercise (TVIS), Day 4 |
| 09:55-11:25 | FE-5 | Physical Exercise (ARED) |
| 10:10-10:20 | FE-2 | SDRM Powerup |
| 10:25-11:25 | FE-2 | Physical Exercise (CEVIS) |
| 10:45-11:45 | FE-6 | Pre-pack USOS Trash for Disposal in Progrees 404 |
| 10:45-11:00 | CDR | Soyuz 227 IRIDIUM Phone Charging Setup, Start Charge |
| 11:10-11:15 | CDR | Soyuz 227 IRIDIUM Phone Charging Status Check |
| 11:15-11:25 | CDR | Soyuz 227 IRIDIUM Phone Charging - Terminate Charge |
| 11:25-12:55 | FE-2 | Physical Exercise (ARED) |
| 11:25-11:30 | FE-3 | P/TV video cable configuration to support TVIS video |
| 11:30-13:00 | FE-3 | Physical Exercise (TVIS), Day 1 |
| 11:40-11:45 | FE-1 | Soyuz 228 IRIDIUM Phone Charging Setup, Start Charge |
| 11:45-11:55 | FE-6 | Station Support Computer (SSC) Hard Drive reboot |
| 11:55-12:00 | FE-1 | Soyuz 228 IRIDIUM Phone Charging Status Check |
| 12:00-12:15 | FE-1 | Soyuz 228 IRIDIUM Phone Charging - Terminate Charge, Cleanup |
| 12:05-12:55 | FE-6 | WHC Fillup |
| 12:55-13:00 | FE-6 | PROK Diet Logging Day 2 - Day 4 |
| 13:00-14:00 | | LUNCH |
| 14:00-14:30 | | Weekly Planning Conference (<i>S-band</i>) |
| 14:30-15:10 | FE-3 | COX Maintenance |
| 14:30-14:40 | FE-5 | Battery Stowage Assembly (BSA) Battery Recharge Terminate |
| 14:40-15:40 | FE-5 | Water Recovery System Recycle Filter Tank Assembly (RFTA) R&R |
| 15:00-15:15 | FE-6 | Food Frequency Questionnaire |
| 15:05-15:10 | FE-2 | SDRM EXP Power Down |
| 15:25-16:25 | CDR | Physical Exercise (VELO), Day 3 |
| 15:30-16:30 | FE-6 | Physical Exercise (TVIS) |
| 15:30-16:30 | FE-1 | Physical Exercise (ARED) |
| 15:50-16:05 | FE-5 | IMS Tagup (<i>S-band</i>) |
| 16:10-16:55 | FE-5 | WRS RFTA Fill |
| 16:25-16:30 | CDR | P/TV video cable configuration to support TVIS video |
| 16:30-18:00 | FE-6 | Physical Exercise (ARED) |
| 16:30-18:00 | CDR | Physical Exercise (TVIS), Day 3 |
| 17:25-17:40 | FE-5 | RFTA Access |
| 17:35-18:25 | FE-2 | MSL Cartridge Exchange |
| 17:40-18:00 | FE-5 | RFTA Reconfiguration For Urine Processing |
| 17:45-18:45 | FE-3 | Physical Exercise (VELO), Day 1 |
| 18:00-18:20 | FE-5 | WRS Closeout Ops |
| 18:00-18:05 | CDR | Elektron-VM Aerosol Filter Inspection |
| 18:00-18:25 | FE-6 | Evening Work Prep |
| 18:20-18:25 | FE-5 | Configure Waste and Hygiene Compartment (WHC) for integration with UPA |
| 18:20-18:45 | CDR, FE-1 | Evening Work Prep |
| 18:25-18:40 | FE-6 | HMS PanOptic Installation |

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| 18:25-18:45 | FE-2, FE-5 | Evening Work Prep |
| 18:40-18:45 | FE-6 | HMS PanOptic Installation |
| 18:45-19:10 | | Daily Planning Conference (<i>S-band</i>) |
| 19:10-19:30 | | Flight Director / ISS Crew Tagup (<i>S-band</i>) |
| 19:30-21:15 | CDR | Pre-sleep |
| 19:30-21:30 | FE-1 | Pre-sleep |
| 19:30-19:45 | FE-3 | Stow video equipment used to record TVIS exercise |
| 19:30-19:35 | FE-5 | MPC Power Up |
| 19:30-20:00 | FE-2, FE-6 | Periodic Health Status - Medical Support System [CMO] |
| 19:35-21:25 | FE-5 | Pre-sleep |
| 19:45-21:30 | FE-3 | Pre-sleep |
| 20:00-21:30 | FE-6 | Pre-sleep |
| 20:00-20:15 | FE-2 | Pan Optic Hardware Stowage and Data Downlink |
| 20:15-21:30 | FE-2 | Pre-sleep |
| 21:15-21:30 | CDR | БМП Φ1 Absorption Cartridge Regeneration (termination) |
| 21:25-21:30 | FE-5 | MPC Power Down |
| 21:30-13:30 | | SLEEP |
| Task List | CDR | ECON. Observations and Photography |
| | FE-1 | SEINER Ocean Observations / <i>r/g</i> |
| | FE-3 | URAGAN. Observations and Photography |

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep ops: dinner, daily food prep, evening toilet
- End of Radiogram