## **CREW OFF-DUTY**

GMT	CREW	ACTIVITY
06:00-06:10	CDR	Morning Inspection. Checking MRM2 Circuit Breakers [A3C] and Fuses
06:00-06:05	FE-3	Elektron-VM Aerosol Filter Inspection
06:00-06:10	FE-5	Morning Inspection
06:05-06:10	FE-3	Morning Inspection
06:10-06:40	CDR,FE- 3,FE-5	Post-sleep
06:40-07:30	CDR,FE- 3,FE-5	BREAKFAST
09:25-10:55	FE-3	Physical Exercise (TVIS), Day 4
10:55-11:55	FE-3	Physical Exercise (ARED)
11:55-12:55	CDR	Physical Exercise (VELO), Day 3
11:55-12:55	FE-5	Physical Exercise (ARED)
12:55-13:55		LUNCH
13:55-14:35	CDR	СОЖ Maintenance. SM and FGB Flush Counter (СП), Water Supply System (СВО), Potok Air Purification System Data Calldowns
15:10-15:25	FE-2, <b>FE-3</b>	Setting up Pille dosimeters for EVA
15:10-16:40	FE-5	Physical Exercise (TVIS), Day 4
16:40-18:10	CDR	Physical Exercise (TVIS), Day 3
18:05-18:35	FE-3,FE-5	Evening Work Prep
18:10-18:35	CDR	Evening Work Prep
18:35-19:00	CDR,FE- 3,FE-5	Daily Planning Conference (S-band)
19:00-19:30	CDR,FE-5	Evening Work Prep
19:00-19:05	FE-3	Elektron-VM Aerosol Filter Inspection
19:05-19:30	FE-3	Evening Work Prep
19:30-21:30	CDR,FE- 3,FE-5	Pre-sleep
21:30-06:00	CDR,FE- 3,FE-5	SLEEP
Task List	CDR,FE-5	ECON. Observations and Photography
	CDR	SEINER World Ocean Observations
	FE-3	URAGAN. Observations and Photography

## Notes:

- SM Window #9 shutter opening is at crew discretion with Report to MCC
  See OSTP for references to US activities.
  Pre-sleep ops: dinner, daily food prep, evening toilet End of Radiogram