

CREW OFF DUTY

GMT	CREW	ACTIVITY
06:00-06:10	CDR	Morning inspection
	FE-1	Morning inspection. <i>Check ACY CM-Y cnctr behind pnl 139 for moisture</i>
06:10-06:40	.	Post-sleep
06:40-07:30	.	BREAKFAST
11:00-12:00	CDR	Physical Exercise (TVIS)
12:00-13:30		Physical exercise (RED)
12:00-13:30	FE-1	Physical Exercise (TVIS), day 1
13:35-14:35	.	LUNCH
16:45-17:15	FE-1	COЖ maintenance <i>CBO, CП calldowns</i>
17:00-17:15	CDR	Private family conference (<i>Ku + S-band</i>)
17:15-18:15	FE-1	Physical Exercise (VELO + Force Loader /Cycle 1), day 1
18:15-18:45	.	Daily plan review
18:45-19:00	.	Report prep
19:00-19:15	.	Daily planning conference (<i>S-band</i>)
19:15-19:30	.	Report prep
19:30-20:00	.	DINNER
20:00-20:30	.	Daily food prep
20:30-21:30	.	Pre-sleep
21:30-06:00	.	SLEEP
Task List	FE-1	On MCC GO: ISS repress with O2 from Progress 354 CpПK
		PROFILAKTIKA. Experiment setup

Note: See OSTP for references to US activities.

End of radiogram