

Radiogram No. 9608u

Form 24 for 01/12/05

CYBA Cable Installation And Mating (Phase 3). Health Status.

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:25	FE-1	Post-sleep
	CDR	Urine biochemistry
06:25-06:40	FE-1	
06:25-06:55	CDR	Post-sleep
06:40-06:55	FE-1	
06:55-07:45		BREAKFAST
07:45-07:55		Prep for work
07:55-08:10		Daily planning conference (<i>S-band</i>)
08:10-08:30		Prep for work
08:30-09:00	FE-1, CDR (assist)	Periodic Health Status
09:00-09:30	CDR, FE-1(assist)	
09:30-09:55	CDR	Periodic health status (PHS): data logging
09:30-11:40	FE-1	CYBA cable installation and mating (Phase 3). <i>Tagup with specialists (S-band)</i>
09:55-10:10	CDR	PHS and MO-9 hardware stow
10:15-10:35		CSA-CP zero calibration
10:35-10:45		CSA-CP data take
10:45-12:15		Physical exercise (RED)
11:40-12:10	FE-1	Filling EDV (KOV) for Elektron
12:10-12:40		COЖ maintenance
12:15-13:15	CDR	Physical exercise (CEVIS)
12:45-13:15	FE-1	PROFILAKTIKA. Experiment ops with Force loader HC-1 (set up)
13:15-14:15		LUNCH
14:15-14:55	FE-1	Microbial sample collection
14:15-14:20	CDR	Transfer TVIS, RED, and HRM data to MEC.
14:20-14:30		Terminate charging of the EMU battery
14:30-14:45		CDR mid-increment questionnaire
14:50-15:05		Reconfiguring SSC laptop to nominal operations
14:55-15:15	FE-1	IMS file prep
15:05-15:20	CDR	Food questionnaire
15:15-15:55	FE-1	Maintenance closures of Vozdukh Emergency Vacuum Valves in the spare kit
15:55-16:25	FE-1 CDR (assist)	Study of cardiac bioelectric activity at rest. <i>Tagup with specialists (VHF)</i> To=16.01
16:25-16:55	CDR	PCS hard drive swap and reconnect
16:30-18:00	FE-1	PROFILAKTIKA. Experiment ops with Force loader HC-1 (set up)
16:55-17:45	CDR	SODF books update
17:45-18:35	CDR	Printout CCS R4 procedures
18:25-18:45	FE-1	Daily plan review
18:35-18:45	CDR	
18:45-19:00		Daily planning conference (<i>S-band</i>)

19:00-19:30		Report prep
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

Note: See OSTP for references to US activities.

End of radiogram