Crew Off Duty. [ACH-M] TEST.

GMT	CREW	ACTIVITY
06:00-06:10	CDR	Morning inspection
	FE-1	Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
10:20-10:25	FE-1	EMU battery charge status
10:25-11:25		Physical Exercise (TVIS)
11:25-12:55		Physical Exercise (RED)
11:25-12:55	CDR	Physical Exercise (TVIS), day 4
12:55-13:55		LUNCH
13:55-14:05	FE-1	PAO setup
14:05-14:15		PAO prep
14:15-14:30		TV downlink in honor of the 50th anniversary of Disneyland (Ku+S-band)
16:20-16:35	CDR	UROLUX hardware setup
16:35-16:40		On MCC GO ISS repress with O2 from Progress 353 CpΠK (Oxygen Supply Facility) (start)
16:40-17:40		Physical exercise (VELO + Load Trainer/Cycle 1), day 4
17:40-17:45		ISS O2 repress from Progress 353 CpΠK (terminate)
17:45-18:15		СОЖ maintenance
18:15-18:45		Daily plan review
18:45-19:00		Daily planning conference (S-band)
19:00-19:30		Report prep
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	CDR	PLANTS-2. Payload status check
		KROMKA. Photo imagery
		Photo of CKK2, 3 cassettes
		ECON. Observation and imagery

Note: See OSTP for references to US activities. END OF RADIOGRAM