

Radiogram No. 0831u

Form 24 for 08/01/09

ISS REBOOST USING 8 PROGRESS (AO) ДПО THRUSTERS, RESUPPLY SYSTEM FUEL

GMT	CREW	ACTIVITY
06:00-06:10	FE-1, FE-3 , FE-4, FE-5	Morning Inspection
	CDR	Morning Inspection. <i>Inspection of Circuit Breakers [A3C] on DC1 Power Switch Panel (ББП) and fuses in DC1 Fuse Boxes БПП-30, БПП-36</i>
06:00-06:20	FE-2	Nutrition and Repository Urine Sample Collection
06:10-06:40	CDR, FE-3 , FE-4, FE-5	Post-sleep
06:10-06:50	FE-1	
06:20-06:25	FE-2	Nutrition and Repository Urine Sample MELFI Insertion
06:25-06:50	FE-2	Post-sleep
06:40-07:30	CDR, FE-3 , FE-4, FE-5	BREAKFAST
06:50-07:30	FE-2	
06:50-07:10	FE-1	Nutrition and Repository Urine Sample Collection
07:10-07:20	FE-1	Nutrition and Repository MELFI Urine Sample First Insertion
07:20-07:30	FE-1	BREAKFAST
07:30-10:30	FE-3 , FE-4	Weekly Housekeeping. ВПхО, ФC5, ФC6, ФC9, ВПpK, FGB ЦB2 Screen Cleaning
07:30-09:10	CDR	
07:30-08:30	FE-1	Weekly Housekeeping
07:30-09:25	FE-2	
07:30-10:15	FE-5	
08:30-09:30	FE-1	Physical Exercise (CEVIS)
09:10-09:25	CDR	Private Psychological Conference (<i>Ku+S-band</i>)
09:25-10:45	CDR	Weekly Housekeeping. ВПхО, ФC5, ФC6, ФC9, ВПpK, FGB ЦB2 Screen Cleaning
09:25-11:20	FE-2	CCISS Hardware Setup
09:30-11:00	FE-1	Physical Exercise (ARED)
10:15-10:25	FE-5	CCISS Hardware Setup
10:35-11:35	FE-4	Physical Exercise (TVIS)
10:45-11:00	FE-3	Private Psychological Conference (<i>Ku+S-band</i>)
11:10-11:15	FE-5	CCISS Hardware Setup
11:15-11:25	FE-5	CCISS Photo Documentation
11:20-11:55	FE-2	CCISS Data Collection
11:25-11:40	FE-1	Food Frequency Questionnaire
11:30-12:30	CDR	Physical Exercise (TVIS) Day 4
11:35-13:05	FE-4	Physical Exercise (ARED)
11:55-12:05	FE-1	CCISS Stow Equipment after Day 1 Ops
12:05-13:05	FE-3	Physical Exercise (VELO), day 3
12:05-13:05	FE-2	Physical Exercise (CEVIS)

12:15-12:35	FE-1	Nutrition and Repository Urine Sample Collection
12:30-13:00	CDR	Hygiene Procedures
12:35-12:40	FE-1	Nutrition and Repository Urine Sample MELFI Insertion
13:05-13:35		Weekly Planning Conference (<i>S-band</i>)
13:35-14:35		LUNCH
14:35-14:55	FE-2	Nutrition and Repository Urine Sample Collection
14:35-14:45	FE-5	Glove Box (MSG) Activation
14:45-15:25	FE-5	InSPACE2 Experiment Run 50
14:50-15:30	FE-3	COX Maintenance
14:55-15:00	FE-2	Nutrition and Repository Urine Sample MELFI Insertion
15:00-16:00	FE-2	Weekly Housekeeping
15:25-16:55	FE-5	Physical Exercise (ARED)
16:45-17:45	FE-3	Physical Exercise (TVIS), day 3
16:55-17:55	CDR	Physical Exercise (ARED)
16:55-17:05	FE-5	InSPACE2 Video Cassette Changeout
17:05-17:45	FE-5	InSPACE2 Experiment Run 59
17:45-18:45	FE-5	Physical Exercise (TVIS)
17:45-18:15	FE-3	Hygiene Procedures
18:00-19:30	FE-2	Physical Exercise (ARED)
18:30-18:45	FE-4	Private Psychological Conference (<i>Ku+S-band</i>)
19:00-19:20	FE-1	Nutrition and Repository Urine Sample Collection
19:05-19:45	FE-5	Pre-sleep
19:20-19:25	FE-1	Nutrition and Repository Urine Sample MELFI Insertion
19:20-19:25	FE-4	OCA SSC Router Reboot
19:25-19:30	FE-1	Transfer TVIS, CEVIS, and HRM data to MEC
19:25-19:30	FE-4	SSC File Server Reboot
19:30-21:30	CDR, FE-1, FE-2, FE-3, FE-4	Pre-sleep
19:45-19:55	FE-5	InSPACE2 Video Cassette Changeout
19:55-20:05	FE-5	InSPACE2 Vial Exchange
20:05-20:10	FE-5	Glove Box (MSG) Powerdown
20:10-21:30	FE-5	Pre-sleep
21:30-06:00		SLEEP
Task List	CDR	URAGAN Observations and Photography
		ECON Observations and Photography

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep: dinner, daily food prep, evening toilet
- End of Radiogram