GMT	CREW	ACTIVITY
10:45-10:55		Morning inspection
10:55-11:25		Post-sleep
11:25-12:15		BREAKFAST
12:15-12:20	FE-1	RASTENIYA-2. Hardware status check
12:20-12:35		DPC (S-band)
12:35-13:00		Prep for work
13:00-14:00		EVA timeline update. Tagup with specialists (S-band)
14:00-14:30	FE-1	On MC go: EDV fill (KBO) for Elektron per
14:00-14:40	CDR	TCS reconfig for EVA
14:30-14:45	FE-1	PILLE sensors set up for EVA
14:40-15:00	CDR	Video camera set up for EVA
14:45-15:15	FE-1	Wiener and БРИ set up for MATRYOSHKA experiment. Tagup with specialists (S-band)
15:00-15:15	CDR	PMC (S-band)
15:15-15:25	CDR	Mating of UOP bypass cable to DCP
15:15-16:45	FE-1	Physical Exercise (TVIS) day 4
15:25-15:30	CDR	EPS ops before transfer hatch closure (ЗПЛ) in USOS prior to EVA
15:30-15:35		Soyuz 7 payload status check (Increment 8)
15:35-15:50		Questionnaire: journal entry
16:40-17:00		Orlan drinking bag (DIDB) refill and installation
16:45-17:00	FE-1	PMC (S-band)
17:00-18:00		LUNCH
19:15-20:15	CDR	Physical Exercise (CEVIS)
20:15-21:45	CDR	Physical Exercise (RED)
20:45-21:45	FE-1	Physical Exercise (VELO + Force Loader/ cycle 1) day 4
21:45-22:15		Daily plan review
22:15-22:25		Prep for work
22:25-22:40		DPC (S-band)
22:40-23:00		Prep for work
23:05-23:35	CDR	SSC network reconfig for EVA and transfer of procedures to micro drive
23:10-23:20	FE-1	FGB/Node airduct disassembly (on MCC go after Central Fan ЦВ1 deactivation via Command Radio Link disconnect flex air duct (77КМ-7660-330) from the inlet of rigid air duct (РМА1))
23:20-23:50	FE-1	СОЖ maintenance
23:35-00:05	CDR	USOS transfer hatch closure (ЗПЛ) before EVA
23:50-00:05	FE-1	UROLUX hardware set up
00:05-00:15	FE-1	ΓA-PMA1 hatch closure
00:15-00:45		Daily food prep
00:45-01:15		DINNER: pill ingestion
01:15-02:15		Pre-sleep
02:15-10:55		SLEEP
Task List	FE-1	Equipment search

See OSTP for references to US activities End of radiogram