

Radiogram No. 0372u

Form 24 for 09/29/2012

CREW OFF DUTY. ALBEDO EXPERIMENT

| TIME | CREW | ACTIVITY |
|-------------|--------------------|---|
| 10:30-10:35 | CDR | PROK - K Urine PH Spot Test and Log-file Ops |
| 10:30-10:40 | FE-6, FE-4 | Morning Inspection. Reload Laptop RS2(1) and RSS1,2 |
| 10:35-10:55 | CDR | HRF – Urine Collection - step 1 |
| 10:40-11:10 | FE-4 , FE-6 | Post-sleep |
| 10:55-11:05 | CDR | HRF MELFI Urine Sample Insertion, step 1 |
| 11:05-11:10 | CDR | Morning Inspection |
| 11:10-12:00 | FE-4 | BREAKFAST. SM ПСС (Caution & Warning Panel) Test (<i>after breakfast</i>) |
| 11:10-12:00 | FE-6 | BREAKFAST |
| 11:10-11:30 | CDR | Post-sleep |
| 11:30-12:00 | CDR | BREAKFAST |
| 12:00-12:30 | FE-4 | LCS (LASER COMMUNICATION SYSTEM). Copying data from RSE-LCS laptop to RSS2 and data downlink |
| 12:00-12:05 | CDR | CGBA Status Check |
| 12:00-13:00 | FE-6 | Physical Exercise T2 |
| 12:05-13:00 | CDR | Weekly Housekeeping |
| 12:30-13:00 | FE-4 | Weekly Housekeeping. SM Ventilation Subsystem Preventive Maintenance, Group E FGB ЛВ2 Fan Cleaning БМП (Micropurification Unit) Fan Grille Cleaning Inspection of Air Conditioner [CKB] |
| 13:00-13:30 | | Weekly Planning Conference (<i>S-band</i>) |
| 13:30-15:00 | CDR | Physical Exercise (ARED) |
| 13:30-15:30 | FE-6 | Weekly Housekeeping |
| 13:30-14:00 | FE-4 | Weekly Housekeeping SM Ventilation Subsystem Preventive Maintenance, Group E FGB ЛВ2 Fan Cleaning БМП (Micropurification Unit) Fan Grille Cleaning Inspection of Air Conditioner [CKB] |
| 14:00-15:30 | FE-4 | Physical Exercise (TVIS), Day 4 |
| 15:00-15:20 | CDR | HRF - Urine Collection - step 2 |
| 15:20-15:25 | CDR | HRF MELFI Urine Sample Insertion, step 2 |
| 15:35-16:35 | | LUNCH |
| 16:35-16:40 | CDR | PROK – DIET Logging |
| 16:35-17:05 | FE-4 | COЖ Maintenance |
| 16:35-17:35 | FE-6 | Weekly Housekeeping |
| 16:40-16:50 | CDR | HMS Food Frequency Questionnaire |
| 16:50-17:50 | CDR | Weekly Housekeeping |
| 17:05-18:30 | FE-4 | Weekly Housekeeping. SM Ventilation Subsystem Preventive Maintenance, Group E |

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| | | FGB LJB2 Fan Cleaning БМП (Micropurification Unit) Fan Grille Cleaning Inspection of Air Conditioner [CKB] |
| 17:50-18:50 | CDR | Physical Exercise T2 |
| 18:00-19:30 | FE-6 | Physical Exercise (ARED) |
| 18:30-19:30 | FE-4 | Physical Exercise (VELO), Day 4 |
| 18:50-19:00 | CDR | HRF Blood Collection Hardware Setup |
| 19:00-19:20 | CDR | HRF - Urine Collection - Closeout Ops |
| 19:20-19:25 | CDR | HRF MELFI Urine Sample Insertion, step 2 |
| 19:25-19:40 | CDR | Private Family Conference |
| 19:30-21:30 | FE-6 | Pre-sleep |
| 19:30-21:20 | FE-4 | Pre-sleep |
| 19:40-21:25 | CDR | Pre-sleep |
| 21:20-21:30 | FE-4 | LCS (LASER COMMUNICATION SYSTEM). Activate RSE-LCS laptop to start data recording |
| 21:25-21:30 | CDR | REMINDER – Reading Experiment Time Reminder |
| 21:30-06:00 | | SLEEP |
| Task List | FE-4 | ECON Observations and Photography |
| | | URAGAN Observations and Photography |
| | | TV greetings (video recording) |

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities.
 3. Pre-sleep ops: daily food prep, dinner, pre-sleep
 4. **No use of ISS RS windows for all crew members from 01:20 to 01:53**
- End of Radiogram