USOS A/L EVA ◆ Attitude Transition from OCK (Orbital Coordinate System) to PCO (Solar Equilibrium Orientation)

GMT	CREW	ACTIVITY
06:00-06:30		Post-sleep
06:30-07:00	FE-2 CDR, FE-1 BREAKFAST	BREAKEAST
06:30-06:55		- DIVLANI AOT
06:55-07:05	CDR	LAB payload status check
06:55-07:00	FE-1	PLANTS-2. Equipment monitoring
07:00-07:05		2B channel comm. config check
07:05-08:35		EVA prep
07:05-10:25	CDR, FE-2	L V/Y prop
08:35-08:45	= = FE-1	A/L ingress
08:45-08:55		A/L hatch closure
08:55-09:10		A/L depress to 10.2 psi
09:10-10:25		Assist with EMU donning
10:25-10:40	CDR, FE-2	EMU purge
10:30-10:35	FE-1	A/L repress to 14.7 psi
10:35-10:40		A/L hatch opening
10:40-11:40		Pre-breathe in EMU
11:40-12:25		A/L crew lock depress
12:25-12:30		Post A/L depress ops (when preparing for egress and EVA)
12:30-12:45	CDR, FE-2	ISS Egress. Depressurization.
12:30-13:05	FE-1	EVA support
12:45-18:50	CDR, FE-2	EVA
13:10-15:05	FE-1	EVA support
15:05-15:10		Video-data recorder videocassette changeout
15:10-17:05		EVA support
17:05-17:10		Video-data recorder videocassette changeout
17:10-19:05		EVA support
18:50-19:05	CDR, FE-2	Post-EVA A/L ingress
19:05-19:15		A/L pressurization
19:15-20:15	CDR, FE-2	Post-EVA ops
19:15-20:10	FE-1	
20:10-20:15		1A comm config checkout
20:15-20:40		DINNER
20:40-20:55	CDR, FE-2	Private medical conference (S-band)
20:40-20:55	FE-1	UROLUX equipment set-up
20:55-21:30		Pre-sleep
21:30-07:00		SLEEP

See OSTP for reference to US activities.

End of radiogram