Radiogram No. 4713u Form 24 for November 20-21, 2002 **(updated)**

CREW OFF-DAY

GMT	CREW	ACTIVITY
16:00-16:10		Morning inspection
16:10-16:40		Post-sleep
16:40-17:30		BREAKFAST
17:30-18:00		Prep for work
18:00-18:05	FE-1	Glove Box (MSG): activation
18:05-18:15		PFMI – photo-chamber install
18:15-18:30	.	Daily planning conference *(S-band)*
18:30-19:00	FE-1	PROMISS – file copying from hard drive
18:30-18:55	CDR, FE-2	Vozdukh vacuum valve group (БВК1) checkout
18:55-19:10		**On MCC Go** Vozdukh system cnctr demate
19:10-19:40		Vozdukh vacuum valve group (БВК1) checkout
19:40-20:30		Vozdukh vacuum valve group (БВК1) changeout
18:55-19:00	FE-1	PROMISS – file copying from hard drive
19:00-21:00		PFMI – experiment run prep
20:30-21:30	CDR	IMS update
20:30-21:15	FE-2	
21:00-21:10	FE-1	PFMI – photo-documentation
21:10-21:20		PFMI – verify S/W load
21:15-21:30	FE-2	БМП Ф2 absorbent cartridge regeneration (term)
21:20-22:50	FE-1	Physical exercise (RED)
21:30-23:00	FE-2	DC1 Message Acquisition Equipment: ТА251МБ (ЛКТ1Т2) R&R
21:30-23:00	CDR	Physical exercise (TVIS + Active Rest, day 1)
22:50-23:50	FE-1	LUNCH
23:00-00:00	CDR, FE-2	
00:00-00:40	FE-2	СОЖ maintenance
00:00-01:00	CDR, FE-1	EMU suit check
00:40-00:45	FE-2	БРПК separator inspection
00:45-02:15		Ventilation system cleaning: groups (A, B)
01:00-02:30	CDR	
01:00-02:00	FE-1	Physical exercise (TVIS)
02:00-02:15		Pore formation (PFMI)
02:15-03:45	FE-2	Physical exercise (TVIS + Active Rest, day 1)
02:15-02:35	FE-1	PFMI – videotape loading, activation
02:35-02:45		EPF selection, check sample, setting, start processing, and start computer
02:45-03:15		EarthKAM deactivation
03:15-03:25		Lab daily payload status check (work day)
03:15-04:15	CDR	Physical exercise (TVIS, day 1)
03:45-04:15	FE-2	IMS file prep
04:15-04:40		Daily plan review
04:40-04:55		Daily planning conference *(S-band)*

04:55-05:30		Work prep
05:30-06:00		DINNER
06:00-06:30		Daily food prep
06:30-07:30		Pre-sleep
07:30-16:00		SLEEP

Note: See OSTP for references to US activities.

End of r/g