## Radiogram No. 1979u CREW OFF DUTY

## Form 24 for 04/06/2013

TIME	CREW	ACTIVITY
06:00-06:05	CDR	CRHYT-REMINDER-CH – Experiment Reminder
06:00-06:10	FE-3	PROK - Urine Spot Test
06:00-06:10	FE-1	Morning Inspection Reboot Laptop RS2(1)
06:00-06:10	<b>FE-4</b> , FE-6	Morning Inspection
06:00-06:10	FE-2	Morning Inspection Reload Laptop RSS1, RSS2
06:05-06:15	CDR	Morning Inspection
06:10-06:40	FE-1, FE-2, FE-4, FE-6	Post-sleep
06:10-06:20	FE-3	Morning Inspection
06:15-06:40	CDR	Post-sleep
06:20-06:40	FE-3	Post-sleep
06:40-07:30	FE-4	BREAKFAST. SM ΠCC (Caution & Warning Panel) Test (after breakfast)
06:40-07:30	CDR, <b>FE-1</b> , <b>FE-2</b> , FE-3, FE-6	BREAKFAST
07:30-10:30	FE-3, FE-6	Weekly Housekeeping
07:30-10:10	CDR	Weekly Housekeeping
07:30-07:40	FE-2	CASKAD. Manual Mixing in Bioreactor
07:40-08:40	FE-4	Weekly housekeeping Cleaning Auxiliary Computer System (BKC) Laptops
07:40-10:00	FE-1	Weekly Housekeeping SM Ventilation Subsystem Preventive Maintenance, Group E FGB ЦВ2 Fan Cleaning Inspection of Air Conditioner Cleaning Auxiliary Computer System (ВКС) Laptops
07:40-10:30	FE-2	Weekly Housekeeping Cleaning Auxiliary Computer System (BKC) Laptops
08:40-09:40	FE-4	Filling (separation) of EDV [KOB] for Elektron
09:40-11:10	FE-4	Physical Exercise (TVIS), Day 3
10:00-10:15	FE-1	Private Family Conference (Ku + S-band, S/G2, S/G1 - backup)
10:10-11:40	CDR	Physical Exercise (ARED)
10:30-10:40	FE-3	MELFI - Video Viewing
10:30-11:10	FE-6	NANORACK-MOD9 – Re-activation
10:35-10:50	FE-2	Private Family Conference (Ku + S-band, S/G2, S/G1 backup)
10:40-11:20	FE-3	HRF - Hardware Setup
11:00-11:10	FE-1	PAO Hardware Setup
11:10-11:30	FE-6	NANORACK Data Collection
11:20-11:30	FE-1, FE-2,	Crew Prep for PAO

	FE-4	
11:30-11:55	FE-1, FE-2, FE-4	TV-ISS-MCC. TV Greetings Downlink (Ku + S-band)
11:40-13:10	FE-6	Physical Exercise (ARED)
11:40-12:40	CDR	Physical Exercise (CEVIS)
12:00-12:05	FE-1	On MCC GO ISS N2 Repress from the 2 <sup>nd</sup> section of TKΓ 417 (AO)CpΠK (start)
12:00-13:00	FE-2	Physical Exercise (VELO), Day 1
12:00-13:00	FE-4	Weekly housekeeping Cleaning Potok-150 MK Air Purification System Pre-filters Cleaning Auxiliary Computer System (BKC) Laptops
12:05-13:05	FE-1	Physical Exercise (TVIS), Day 2
12:10-13:10	FE-3	Physical Exercise T 2
12:40-12:45	CDR	CGBA Status Check and Maintenance
12:45-13:05	CDR	Weekly Housekeeping
13:05-13:10	FE-1	ISS N2 Repress from ΤΚΓ 417 (AO) CpΠK Section 1 (terminate)
13:10-13:40		Weekly Planning Conference (S-band)
13:40-14:40		LUNCH
14:40-15:40	FE-4	TKΓ 417 US Trash Stowage and IMS Ops
14:40-14:50	FE-3	PROK - Diet Log (Day 2-4)
14:40-14:50	FE-6	Food Frequency Questionnaire
15:40-17:00	FE-1	Removal of two handles from the front of TГК 417 hatch cover,
16:00-17:00	FE-2	installation of TKF 417 docking mechanism
16:00-16:15	FE-6	JRNL - Journal Entry
16:05-17:35	FE-3	Physical Exercise (ARED)
17:20-18:50	FE-2	Physical Exercise (TVIS), Day 1
17:35-19:05	FE-1	Physical Exercise (ARED)
18:00-19:00	FE-6	Physical Exercise (CEVIS)
18:20-19:20	FE-4	Physical Exercise (VELO), Day 3
18:55-19:05	FE-2	CASKAD. Manual Mixing in Bioreactor
19:10-19:30	CDR	Thermolab - Instrumentation Ops for Circadian Rhythms
19:30-19:45	FE-6	Pre-sleep
19:30-21:30	FE-1, FE-2, FE-4	Pre-sleep
19:30-20:20	CDR	Pre-sleep
19:30-21:25	FE-3	Pre-sleep
19:45-20:00	FE-6	Crew Discretionary Conference
20:00-21:30	FE-6	Pre-sleep
20:20-20:40	CDR	ISS - HAM Radio Session
20:40-21:30	CDR	Pre-sleep
21:25-21:30	FE-3	REMINDER - Urine Sample Collection

21:30-06:00		SLEEP
Task List	FE-4	URAGAN. Observations and Photography
		СОЖ Maintenance
	FE-1, FE-2, FE-4	Preparation of reports for Roskosmos site
I ask List		Video for Roskosmos TV Studio
	FE-1, FE-4	ECON-M. Observations and Photography
	FE-2	SEINER Ocean Observations

## Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
   See OSTP for references to US activities.

- 3. Pre-sleep ops: daily food prep, dinner, pre-sleep4. Russian crew uses US exercise equipment strictly per F24 or OSTPV End of Radiogram