

Radiogram No. 8831u

Form 24 for 10/20/08

Soyuz Descent Training. LBNP Exercise.

GMT	CREW	ACTIVITY
05:00-05:05	SFPVC	SLEEP - SFP Log Entry
05:00-05:10	ISS-17,CDR-18,FE-1-18	Morning Inspection
05:05-05:15	SFPVC	Morning Inspection
05:10-05:40	ISS-17,CDR-18,FE-1-18	Post-sleep
05:15-05:40	SFPVC	Post-sleep
05:40-06:30	ISS-17,ISS-18	BREAKFAST
05:40-06:10	SFPVC	BREAKFAST
06:10-06:20	SFPVC	Private Medical Conference (VHF)
06:20-06:35	SFPVC	BREAKFAST
06:30-06:45	ISS-17,FE-1-18,CDR-18	Prep for Work
06:35-07:05	SFPVC	Prep for Work
06:45-07:00	ISS-17,CDR-18,FE-1-18	Daily Planning Conference (S-band)
07:00-08:30	FE-2	Physical Exercise (RED)
07:00-07:15	CDR,FE-1,FE-1-18,CDR-18	Prep for Work
07:15-08:25	FE-1-18	PILOT-M. Experiment Setup (launch the application, install sensors, test signals)
07:15-07:20	CDR	IZGIB (BEND)-DAKON. Payload Status Check. <i>Tagup with specialists (S-band)</i>
07:15-08:05	FE-1	PILLE Dosimeter Readings
07:25-08:50	CDR-18	JPM Rack Outfitting
07:50-08:00	SFPVC	Tagup with Consultants Team using VHF1
07:55-08:25	CDR	PILOT. Assistance during the experiment w/ Neurolab
08:05-08:15	FE-1	Replace Pille Flash Card
08:25-09:25	FE-1-18	PILOT-M. FE1 runs the experiment using Neurolab. <i>Tagup with specialists (S-band)</i>
08:30-09:30	FE-2	Physical Exercise (CEVIS)
08:50-09:05	CDR-18	Start Filling CWC
08:50-11:50	CDR,FE-1,SFPVC	Soyuz 222 Descent Procedure Training/Briefing. <i>Tagup with specialists (S-band)</i>
09:25-10:05	FE-1-18	PILOT-M. Closeout Ops (deactivate sensors and teardown the configuration)
09:30-10:00	FE-2	JEMRMS DOUG Review
09:45-10:00	CDR-18	Terminate Filling CWC
10:00-12:00	CDR-18,FE-2	Node1 Rack Flow Control Assembly (RFCA) Flowmeter Test
10:05-10:20	FE-1-18	CEVIS Functional Handover
10:20-11:20	FE-1-18	Physical Exercise (VELO+RED)
11:20-12:00	FE-1-18	COЖ Maintenance
11:50-11:55	CDR	IZGIB (BEND)-DAKON. Start Copying Data

11:55-12:00	CDR	On MCC Go ISS O2 repress from Progress CpПK (start)
12:00-13:00	.	LUNCH
13:00-16:00	CDR-18,FE-2	EMU Re-sizing
13:00-14:15	SFPVC	Symbolic Activity. VC Program
13:00-13:05	CDR	ISS O2 Repress from Progress CpПK (terminate)
13:05-13:30	CDR	IZGIB (BEND)-DAKON. Closeout ops
13:30-13:55	FE-1	MATRYOSHKA-R. Pre-pack BUBBLE-dosimeter and Lulin-5 memory cards for return
13:30-13:40	FE-1-18,CDR	Maintenance Closures of Vozdukh [ABK] Valves
13:40-14:00	CDR	IZGIB (BEND)-DAKON. DAKON Hardware Teardown
13:45-14:15	FE-1-18(assists)	Symbolic Activity per VC plan
14:10-15:40	CDR, FE-1(assists)	LBNP Exercise (FINAL) To=15:05 (GMT). <i>Tagup with specialists (S-band)</i>
14:15-15:00	SFPVC	HRF SFP Eye Exam (PRK)
14:50-15:05	FE-1-18	Verify ИП-1 Flow Meter Positions
15:00-15:20	SFPVC	VC15 HAM Radio Session (school backup session)
15:05-15:25	FE-1-18	IMS Update
15:20-15:45	SFPVC	VC15 HAM Radio Session With Pinehurst School USA
15:40-17:10	FE-1, CDR(assists)	LBNP Exercise (FINAL) To=16:35 (GMT). <i>Tagup with specialists (S-band)</i>
16:00-17:00	CDR-18	Physical Exercise (RED)
16:15-16:30	FE-2	Station Support Computer (SSC) NetMeeting Test
16:30-16:50	SFPVC	Internet Conference with the Challenger Center
16:40-16:50	FE-1-18	BIO4. KUBIK1 Ventilation
16:50-16:55	SFPVC	MUSCLE-G (LOW BACK PAIN) -Low Back Pain Questionnaire
16:55-17:10	SFPVC	MOP-G. Questionnaire
16:55-17:00	FE-2	Disconnect Display and Control Panel (DCP) power cable
17:00-17:10	FE-2	PAO Hardware Setup
17:10-17:20	.	Crew prep for PAO
17:20-17:40	.	PAO Event (<i>Ku + S-band</i>)
17:40-18:30	SFPVC	Prep for Work
17:40-17:55	FE-1-18,CDR,FE-1	Prep for Work
17:40-17:50	FE-2,CDR-18	Prep for Work
17:50-17:55	CDR-18,FE-2	Transfer TVIS/RED/HRM data to MEC
17:55-18:10	ISS-17,FE-1-18,CDR-18	Daily Planning Conference (<i>S-band</i>)
18:10-18:30	ISS-17,CDR-18,FE-1-18	Prep for Work
18:30-20:25	FE-2	Presleep (Dinner, Daily Food Prep, Evening Toilet)
18:30-20:10	FE-1-18	Presleep (Dinner, Daily Food Prep, Evening Toilet)
18:30-20:30	SFPVC,FE-1,CDR,CDR-18	Presleep (Dinner, Daily Food Prep, Evening Toilet)
20:10-20:30	FE-1-18	SONOCARD. PLANTS-2. Experiment Start
20:25-20:30	FE-2	Questionnaire - journal entry
20:30-05:00	.	SLEEP

Task List	SFPVC	Earth photography and copying photos to HDD for return
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Note

1. SM Window #9 shutter opening is at crew discretion with **Report to MCC**
2. See OSTP for references to US activities.

End of Radiogram