## **CREW OFF DUTY**

GMT	CREW	ACTIVITY
06:00-06:10		Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30	CDR, <b>FE-2,FE-</b> <b>4</b> , FE-5,FE-6	BREAKFAST
06:40-07:30	FE-1	BREAKFAST. SM TICC [Caution & Warning Panel] Test (after breakfast)
07:30-08:40	CDR	Weekly Housekeeping
07:30-09:30	FE-1	Weekly Housekeeping
07:30-10:30	FE-2,FE-4	SM Ventilation Subsystem Preventive Maintenance, Group E FGB ЦВ2 Fan Cleaning
07:30-10:30	FE-5,FE-6	Weekly Housekeeping
08:40-10:10	CDR	Physical Exercise (ARED)
09:30-10:30	FE-1	Physical Exercise (VELO), Day 1
10:10-11:10	CDR	Physical Exercise T 2
10:30-12:00	FE-2	Physical Exercise (TVIS), Day 1
10:30-12:00	FE-6	Physical Exercise (ARED)
11:10-11:15	CDR	CGBA Status Check
11:15-12:05	CDR	Weekly Housekeeping
11:15-11:30	FE-4	Private Family Conference (Ku+S-band)
11:55-12:05	FE-4	PAO Hardware Setup
12:05-12:15		Crew Prep for PAO
12:15-12:30		ISS-MCC-M TV Cosmonautics Day TV Greeting (Ku+S-band)
12:50-13:20		Weekly Planning Conference (S-band)
13:20-13:35	CDR	Pluto Conference
13:35-14:35		LUNCH
14:35-15:35	CDR	Weekly Housekeeping
14:35-15:35	FE-1	Weekly Housekeeping SM Ventilation Subsystem Preventive Maintenance, Group E FGB UB2 Fan Cleaning Cleaning Potok Air Purification System Pre-filters in SM and FGB
14:35-14:40	FE-5	MPC Power Up
14:35-14:50	FE-2	Private Family Conference (Ku+S-band)
14:40-14:50	FE-5	Food Frequency Questionnaire
15:25-16:05	FE-2	СОЖ Maintenance
15:35-15:45	CDR	Food Frequency Questionnaire
15:40-15:45	FE-5	MPC Power Down
16:05-17:35	FE-4	Physical Exercise (ARED)
16:05-17:05	FE-2	Physical Exercise (VELO), Day 1
17:00-18:30	FE-1	Physical Exercise (TVIS), Day 1
17:00-18:00	FE-5	Physical Exercise (CEVIS)
18:00-19:30	FE-5	Physical Exercise (ARED)

18:30-19:30	FE-6	Physical Exercise T 2
18:30-19:30	FE-4	Physical Exercise (TVIS), Day 1
19:15-19:30	CDR	Journal Entry
19:30-21:30	-	Pre-sleep
21:30-06:00		SLEEP
Task List	FE-1, FE-2, FE-4	Preparation of reports for Roskosmos site
		URAGAN. Observations and Photography
		ECON. Observations and Photography
		SEINER Ocean Observations

## Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
   See OSTP for references to US activities
   Pre-sleep ops: daily food prep, dinner, pre-sleep
   End of Radiogram