

Radiogram No. 5237u

Form 24 for 04/05/2014

CREW OFF-DUTY

| TIME | CREW | ACTIVITY |
|-------------|-----------------------------------|--|
| 06:00-06:10 | FE-1 | Morning Inspection Laptop RS1(2) Reboot |
| 06:00-06:05 | CDR | Crew reminder about Circadian Rhythms constraints |
| 06:00-06:05 | CDR | Reaction Self Test |
| 06:00-06:10 | FE-5 | Morning Inspection |
| 06:00-06:05 | FE-3 | Saliva Sample Collection Reminder |
| 06:00-06:10 | FE-2 | Morning Inspection |
| 06:00-06:10 | FE-4 | Morning Inspection RSS1,2 Reboot |
| 06:05-06:20 | FE-3 | HRF - Sample collection in preparation for cold stowage insertion. |
| 06:10-06:15 | CDR | Morning Inspection |
| 06:10-06:40 | FE-1, FE-2, FE-4, FE-5 | Post-sleep |
| 06:15-06:40 | CDR | Post-sleep |
| 06:20-06:25 | FE-3 | HRF - MELFI Sample Insertion |
| 06:25-06:35 | FE-3 | Morning Inspection |
| 06:35-07:05 | FE-3 | Post-sleep |
| 06:40-07:30 | CDR, FE-2, FE-4, FE-5 | BREAKFAST |
| 06:40-07:30 | FE-1 | BREAKFAST. SM ПСС (Caution & Warning Panel) Test |
| 07:05-07:55 | FE-3 | BREAKFAST |
| 07:30-07:35 | FE-5 | Atmosphere Control and Supply (ACS) Nitrogen (N2) and Oxygen (O2) System Leak Characterization |
| 07:30-10:30 | CDR | Weekly Housekeeping |
| 07:35-09:00 | FE-5 | Weekly Housekeeping |
| 07:30-10:30 | FE-1 | Weekly Housekeeping Cleaning Auxiliary Computer System (BKC) Laptops |
| 07:30-10:30 | FE-2 | Weekly Housekeeping / MO, Book 1, 1.2.1, p. 1-2 Cleaning Auxiliary Computer System (BKC) Laptops БМП (Micropurification Unit) Fan Screen Cleaning |
| 07:30-10:30 | FE-4 | Weekly Housekeeping SM Ventilation Subsystem Preventive Maintenance, Group E FGB QB2 Fan Cleaning Inspection of Air Conditioner Cleaning Auxiliary Computer System (BKC) Laptops БМП (Micropurification Unit) Fan Grille Cleaning |
| 07:55-10:55 | FE-3 | Weekly Housekeeping |
| 09:00-10:00 | FE-5 | T2 Exercise |
| 10:00-11:30 | FE-5 | ARED Exercise |
| 10:30-11:30 | CDR | T2 Exercise |

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| 10:30-10:45 | FE-1, FE-2, FE-4 | Weekly Planning Conference (<i>S-band</i>) |
| 10:45-12:15 | FE-2 | БД-2 Exercise, Day 3 |
| 11:30-13:00 | FE-5 | Weekly Housekeeping |
| 11:30-11:40 | CDR | CGBA - Status Check and Monitor Cleaning |
| 11:30-13:00 | FE-3 | ARED Exercise |
| 11:50-12:50 | FE-4 | VELO Exercise, Day 3 |
| 11:50-12:50 | FE-1 | БД-2 Exercise, Day 4 |
| 12:15-12:35 | FE-2 | Photography of Batavia lettuce sample |
| 12:50-13:50 | FE-1, FE-2, FE-4 | LUNCH |
| 13:00-14:00 | CDR, FE-3, FE-5 | LUNCH |
| 13:50-14:30 | FE-4 | COЖ Maintenance |
| 14:00-14:05 | FE-3 | SHD - Weekly Questionnaire |
| 14:00-14:15 | FE-5 | Private Family Conference |
| 14:15-15:15 | FE-1, FE-2 | Crew time for ISS adaptation and orientation |
| 15:55-16:55 | FE-2 | VELO Exercise, Day 3 |
| 16:25-17:55 | FE-1 | ARED Exercise |
| 17:00-18:00 | FE-3 | T2 Exercise |
| 17:30-17:50 | CDR | Thermolab - Instrumentation Ops for Circadian Rhythms |
| 18:00-19:30 | CDR | ARED Exercise |
| 18:00-19:30 | FE-4 | БД-2 Exercise, Day 3 |
| 18:45-19:05 | FE-3 | HRF Urine Collection Hardware Setup |
| 19:30-21:15 | FE-3 | Pre-sleep |
| 19:30-21:20 | CDR | Pre-sleep |
| 19:30-21:30 | FE-1, FE-2, FE-4, FE-5 | Pre-sleep |
| 21:15-21:20 | FE-3 | MELFI Inserts Reminder |
| 21:20-21:25 | CDR | Crew reminder about Circadian Rhythms constraints |
| 21:20-21:25 | FE-3 | REMINDER - Urine Collection Reminder |
| 21:25-21:30 | FE-3 | Saliva Sample Collection Reminder |
| 21:25-21:30 | CDR | Reaction Self Test |
| 21:30-06:00 | | SLEEP |
| Task List | FE-4 | Preparation of reports for Roscosmos site |
| | | URAGAN Observations and Photography |
| | FE-1, FE-4 | ECON-M. Observations and Photography |

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ Report to MCC
2. Pre-sleep ops: daily food prep, dinner, pre-sleep
3. See OSTPV for references to US activities.
4. Russian crew uses US exercise equipment strictly per F24 or OSTPV