## Form 24 for 07/05/2010 **Updated**

GMT	CREW	ACTIVITY
09:00-09:10	FE-3	Morning Inspection
09:00-09:05	FE-4	SLEEP Data Log Entry
09:00-09:05	FE-2	REACTION Self Test
09:00-09:05	FE-5	Elektron-VM Aerosol Filter Inspection
09:00-09:05	FE-6	SLEEP Data Log Entry
09:00-09:05	CDR	Plasma Crystal-3 Plus. Activate ΠΚ-3 PLUS Experiment Box Turbo-Pump
09:05-09:15	FE-4,FE-6	
09:05-09:10	CDR,FE-5	Morning Inspection
09:05-09:10	FE-2	SLEEP Data Log Entry
09:10-09:40	CDR,FE-2, FE-3,FE-5	Post-sleep
09:15-09:45	FE-4,FE-6	Post-sleep
09:40-10:30	CDR,FE-2, FE-3,FE-5	BREAKFAST
09:45-10:35	FE-4,FE-6	BREAKFAST
10:30-12:00	CDR	Weekly Housekeeping. SM Ventilation System Preventive Maintenance
10:30-11:50	FE-5	Group E, FGB ЦВ2 Fan Cleaning
10:30-11:30	FE-2	Physical Exercise (CEVIS)
11:00-11:30	FE-6	Weekly Housekeeping.
11:30-12:30	FE-6	Physical Exercise T 2
11:30-13:00	FE-2	Physical Exercise (ARED)
11:30-13:00	FE-3	Physical Exercise (TVIS), Day 3
11:30-13:00	FE-4	Weekly Housekeeping.
11:50-12:50	FE-5	Physical Exercise (VELO), Day 3
12:20-13:00	CDR	СОЖ Maintenance
12:30-12:35	FE-6	T2 Snubber Arm Inspection
12:50-13:00	FE-5	TVIS Weekly Maintenance
13:00-14:00		LUNCH
14:00-15:15	FE-6	Wealthalleanning
14:00-15:30	FE-4	Weekly Housekeeping.
14:00-15:30	CDR	Weekly Housekeeping. SM Ventilation System Preventive Maintenance
14:00-15:25	FE-5	Group E, FGB ЦВ2 Fan Cleaning
14:00-14:20	FE-3	Water transfer from Progress 406 BB1 tank to Progress 405 BB1 tank (configure, start)
14:00-15:00	FE-2	Weekly Housekeeping
14:50-14:55	FE-3	Water transfer from Progress 406 BB1 tank to Progress 405 BB1 tank (compressor restart)
15:10-15:15	FE-2	KUBIK-3 eBox Exchange
15:15-15:30	FE-2	Activate KUBIK-3 for checkout
15:15-16:45	FE-6	Physical Exercise (ARED)
15:25-15:30	FE-3	Water transfer from Progress 406 BB1 tank to Progress 405 BB1 tank (compressor restart)

15:25-16:25	FE-5	ODF Books Update
15:30-17:30	FE-2	Weekly Housekeeping
15:40-16:40	FE-4	Physical Exercise T 2
15:45-16:45	CDR	Physical Exercise (TVIS)
16:00-16:05	FE-3	Water transfer from Progress 406 BB1 tank to Progress 405 BB1 tank (compressor restart)
16:20-17:10	FE-3	Water transfer from Progress 406 BB1 tank to Progress 405 BB1 tank (termination, Progress 406 BB1 tank bladder compression)
16:40-16:45	FE-4	T2 Snubber Arm Inspection
16:45-18:15	FE-4	Physical Exercise (ARED)
16:45-18:15	FE-5	Physical Exercise (TVIS), Day 3
16:45-18:15	CDR	Physical Exercise (CEVIS)
16:45-18:00	FE-6	Weekly Housekeeping.
17:10-18:10	FE-3	Physical Exercise (VELO), Day 3
18:05-18:10	FE-2	Kubik-3 Checkout
18:15-18:20	FE-5	Elektron-VM Aerosol Filter Inspection
18:15-19:05	<b>CDR</b> ,FE-2, <b>FE-3</b> , FE-4,FE-6	Evening Work Prep
18:20-19:05	FE-5	Evening Work Prep
19:05-19:30		Daily Planning Conference (S-band)
19:30-19:35	FE-2	MPC Power Up
19:30-21:30	FE-4,FE-5, FE-6	Pre-sleep
19:30-21:25	CDR,FE-3	
19:35-19:40	FE-2	REACTION Self Test
19:40-21:25	FE-2	Pre-sleep
21:25-21:30	FE-2	MPC Power Down
21:25-21:30	FE-3	Water transfer from Progress 406 BB1 tank to Progress 405 BB1 tank (cleanup)
21:25-21:30	CDR	Plasma Crystal-3 Plus. Deactivate ПК-3 Plus Electronics Box Turbo-Pump
21:30-06:00		SLEEP
Took I ist	CDR	ECON. Observations and Photography
Task List	FE-3	URAGAN. Observations and Photography

## Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
  See OSTP for references to US activities
- 3. Pre-sleep ops: dinner, daily food prep, evening toilet End of Radiogram