Radiogram No. 0650 u CREW OFF DUTY

Form 24 for 11/04/2012

TIME	CREW	ACTIVITY
06:00-06:05	CDR	Reaction Self Test
06:00-06:10	FE-1, FE-4	Morning Inspection
06:00-06:10	FE-2	Morning Inspection. Reboot Laptop RS2(1) RSS1, RSS2 Reboot
06:00-06:05	FE-3, FE-6	Reaction Self Test
06:05-06:10	CDR, FE-6	Morning Inspection
06:05-06:25	FE-3	HRF Urine Sample Collection
06:10-06:40	CDR, FE-1 , FE-2 , FE-4 , FE-6	Post-sleep
06:25-06:35	FE-3	HRF Urine Sample MELFI Insertion
06:35-06:45	FE-3	Morning Inspection
06:40-07:30	FE-2	BREAKFAST. SM ПСС (Caution & Warning Panel) Test (after breakfast)
06:40-07:30	CDR, FE-1 , FE-4 , FE-6	BREAKFAST
06:45-07:00	FE-3	Post-sleep
07:00-07:30	FE-3	BREAKFAST
09:00-10:30	CDR	Physical Exercise (ARED)
09:00-09:05	FE-4	PLAZMENNIY KRISTALL. Pressure Check
09:05-09:20	FE-4	Private Psychological Conference (VHF)
09:15-09:30	FE-6	Private Family Conference
09:20-10:50	FE-4	Physical Exercise (TVIS), Day 4
10:05-10:20	FE-1	Private Family Conference (Ku + S-band) (S/G2, S/G1 backup)
10:30-11:30	FE-2	Physical Exercise (ARED)
10:45-11:45	FE-3	Physical Exercise (CEVIS)
11:30-13:00	FE-6	Physical Exercise (ARED)
11:30-13:00	FE-1	Physical Exercise (TVIS), Day 3
12:35-12:55	FE-3	HRF Urine Sample Collection
12:55-13:00	FE-3	HRF Urine Sample MELFI Insertion
13:00-14:00		LUNCH
14:00-14:20	FE-1	BIF Transfer ТБУ-В container (Mfr #04) at +4 deg С
14:00-14:40	FE-4	СОЖ Maintenance. SM and FGB CBO, СГО, СПКУ АСУ Counter, POTOK Air Purification System Data Calldowns
14:00-14:20	FE-3	HMS Visual Testing Activity
14:00-14:15	CDR	NANORACK. Module 9 Activation
15:00-16:00	FE-1	Physical Exercise (VELO), Day 3
15:15-15:35	CDR	HMS Visual Testing Activity

15:35-16:35	CDR	Physical Exercise T2
16:05-17:05	FE-4	Physical Exercise (TVIS), Day 4
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16:15-16:45	FE-6	MELFI. Ice Brick Insertion
16:30-18:00	FE-3	Physical Exercise (ARED)
17:05-18:35	FE-2	Physical Exercise (TVIS), Day 2
17:15-17:35	FE-6	HMS Visual Testing Activity
17:35-18:35	FE-6	Physical Exercise (CEVIS)
18:00-18:20	FE-3	HRF Urine Sample Collection
18:20-18:25	FE-3	HRF Urine Sample MELFI Insertion
18:25-18:35	FE-3	HRF Blood Draw
18:35-19:00		Daily Planning Conference (S-band)
19:00-19:30		Evening Work Prep
19:30-21:25	CDR, FE-4	Pre-sleep
19:30-21:00	FE-3	Pre-sleep
19:30-21:20	FE-6	Pre-sleep
19:30-21:30	FE-1, FE-2	Pre-sleep
21:00-21:15	FE-3	Private Family Conference
21:15-21:20	FE-3	Pre-sleep
21:20-21:25	FE-6	ICV ECHO-2 Experiment Reminder
21:20-21:25	FE-3	REMINDER-HRF. Blood Draw
21:25-21:30	CDR, FE-3, FE-6	Reaction Self Test
21:25-21:30	FE-4	PLAZMENNIY KRISTALL. Pressure Check
21:30-06:00		SLEEP
Task List	FE-4	Videotaping for Roskosmos TV Studio
		URAGAN Observations and Photography
		ECON Observations and Photography
		Preparation of reports for Roskosmos site
		SEINER Ocean Observations

Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
 See OSTP for references to US activities.
 Pre-sleep ops: daily food prep, dinner, pre-sleep
 End of Radiogram