CREW OFF DUTY

GMT	CREW	ACTIVITY
06:00-06:10	CDR, FE- 1,FE-2, FE-5,FE-6	Morning Inspection
06:00-06:05	FE-4	Elektron-VM Aerosol Filter Inspection
06:05-06:10		Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
08:30-09:30	FE-6	Physical Exercise (CEVIS)
09:00-10:30	FE-4	Physical Exercise (TVIS), Day 4
09:30-11:00	FE-6	Physical Exercise (ARED)
10:15-11:45	FE-2	Physical Exercise (TVIS), Day 3
10:30-11:30	FE-4	Physical Exercise (VELO), Day 4
10:30-11:30	CDR	Physical Exercise T 2
11:25-12:55	FE-1	Physical Exercise (TVIS), Day 3
11:30-13:00	CDR	Physical Exercise (ARED)
12:00-13:00	FE-5	Physical Exercise (CEVIS)
12:55-13:00	FE-1	On MCC Go ISS O2 repress from Progress 407 CpΠK (start)
13:00-14:00		LUNCH
14:00-14:05	FE-1	ISS O2 repress from Progress 407 CpΠK (terminate)
14:00-14:05	CDR	Waste & Hygiene Compartment (WHC) EDV-U (902, 936, 966) Transfer to RS
14:05-17:05	FE-1	Pumping Urine from EDV-U's to Progress 407 Rodnik Water Tank 2
14:50-15:05	FF 0	Private Family Conference (Ku+S-band)
15:30-16:30	FE-2	Physical Exercise (VELO), Day 3
15:40-17:10	FE-5	Physical Exercise (ARED)
16:25-16:40	CDR	Private Family Conference
17:05-18:05	FE-1	Physical Exercise (VELO), Day 3
18:00-18:40	FE-2	СОЖ Maintenance. SM and FGB СП (Flush Counter), CBO (Water Supply System), Potok Air Purification Unit Data Calldowns
18:05-18:20	FF 6	SLAMMD Stowage
18:20-18:35	FE-5	HRF1 SLAMMD Setup and Connection
18:25-18:50	FE-6	Evening Work Prep
18:35-18:40	CDR	Waste & Hygiene Compartment (WHC) EDV-U Retrieval
18:35-18:40	FE-4	Elektron-VM Aerosol Filter Inspection
18:35-18:40	FE-5	Daily Diet Monitoring
18:40-18:50	CDR, FE- 1,FE-2, FE-4, FE-5	Evening Work Prep
18:50-19:15		Daily Planning Conference (S-band)
19:15-19:30	CDR, FE- 1,FE-2, FE-4 ,FE-5	Evening Work Prep

19:15-21:15	FE-6	Pre-sleep
19:30-21:20	FE-2	
19:30-21:30	CDR, FE- 1,FE-4, FE-5	
21:15-21:30	FE-6	Private Family Conference
21:20-21:30	FE-2	SONOCARD Experiment Start
21:30-06:00		SLEEP

Notes:

- SM Window #9 shutter opening is at crew discretion w/ Report to MCC
 See OSTP for references to US activities
- 3. Pre-sleep ops: daily food prep, dinner, pre-sleep

End of Radiogram