SR\_157

Baseline

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 5.98418e-06 sec^2

Power in the low frequency band: 5.9999e-06 sec^2

Power in the high frequency band: 4.78523e-06 sec^2

Power in the very high frequency band: 6.71946e-07 sec^2

Sympathetic: 0.556312

Vagal: 0.443688

Sympathetic-vagal balance: 1.25384

HR 98.00745

Stressor:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 1.19814e-08 sec^2

Power in the low frequency band: 4.42522e-08 sec^2

Power in the high frequency band: 1.05437e-07 sec^2

Power in the very high frequency band: 4.22131e-07 sec^2

Sympathetic: 0.295626

Vagal: 0.704374

Sympathetic-vagal balance: 0.419701

HR 98.31052

R1:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 2.94005e-06 sec^2

Power in the low frequency band: 6.74085e-06 sec^2

Power in the high frequency band: 3.93447e-06 sec^2

Power in the very high frequency band: 4.34822e-07 sec^2

Sympathetic: 0.631442

Vagal: 0.368558

Sympathetic-vagal balance: 1.71328

HR 99.54132

R2:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 5.33175e-06 sec^2

Power in the low frequency band: 9.16597e-06 sec^2

Power in the high frequency band: 2.40373e-06 sec^2

Power in the very high frequency band: 3.29197e-07 sec^2

Sympathetic: 0.792239

Vagal: 0.207761

Sympathetic-vagal balance: 3.81323

HR 102.08325

R3:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 9.38193e-06 sec^2

Power in the low frequency band: 6.0512e-06 sec^2

Power in the high frequency band: 5.32402e-06 sec^2

Power in the very high frequency band: 6.63695e-06 sec^2

Sympathetic: 0.531963

Vagal: 0.468037

Sympathetic-vagal balance: 1.13659

HR 101.29700

SR\_158

Baseline

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 0.00010381 sec^2

Power in the low frequency band: 8.43089e-05 sec^2

Power in the high frequency band: 4.95699e-05 sec^2

Power in the very high frequency band: 1.39669e-05 sec^2

Sympathetic: 0.62974

Vagal: 0.37026

Sympathetic-vagal balance: 1.70081

HR 94.27452

Stressor:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 3.46734e-07 sec^2

Power in the low frequency band: 1.28171e-06 sec^2

Power in the high frequency band: 3.07039e-06 sec^2

Power in the very high frequency band: 1.24089e-05 sec^2

Sympathetic: 0.294503

Vagal: 0.705497

Sympathetic-vagal balance: 0.417441

HR 91.27169

R1:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 1.0157e-05 sec^2

Power in the low frequency band: 4.87901e-05 sec^2

Power in the high frequency band: 2.84952e-05 sec^2

Power in the very high frequency band: 4.34711e-06 sec^2

Sympathetic: 0.631299

Vagal: 0.368701

Sympathetic-vagal balance: 1.71222

HR 94.69794

R2:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 1.32663e-05 sec^2

Power in the low frequency band: 5.26399e-05 sec^2

Power in the high frequency band: 3.10805e-05 sec^2

Power in the very high frequency band: 7.0812e-06 sec^2

Sympathetic: 0.628758

Vagal: 0.371242

Sympathetic-vagal balance: 1.69366

HR 97.83337

R3: (ended at 1787.47600)

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 6.07854e-05 sec^2

Power in the low frequency band: 6.60788e-05 sec^2

Power in the high frequency band: 2.17335e-05 sec^2

Power in the very high frequency band: 3.49058e-06 sec^2

Sympathetic: 0.7525

Vagal: 0.2475

Sympathetic-vagal balance: 3.04041

HR 94.64834

SR\_159

Baseline

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 1.8271e-05 sec^2

Power in the low frequency band: 6.0436e-05 sec^2

Power in the high frequency band: 8.63781e-05 sec^2

Power in the very high frequency band: 5.44319e-06 sec^2

Sympathetic: 0.41165

Vagal: 0.58835

Sympathetic-vagal balance: 0.699669

HR 66.41134

Stressor:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 5.21666e-08 sec^2

Power in the low frequency band: 1.9206e-07 sec^2

Power in the high frequency band: 4.48142e-07 sec^2

Power in the very high frequency band: 1.77477e-06 sec^2

Sympathetic: 0.299998

Vagal: 0.700002

Sympathetic-vagal balance: 0.428568

HR 62.31954

R1:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 1.63029e-05 sec^2

Power in the low frequency band: 0.00015115 sec^2

Power in the high frequency band: 0.000176704 sec^2

Power in the very high frequency band: 7.53656e-06 sec^2

Sympathetic: 0.461029

Vagal: 0.538971

Sympathetic-vagal balance: 0.855388

HR 63.06139

R2:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 2.15629e-05 sec^2

Power in the low frequency band: 0.000142175 sec^2

Power in the high frequency band: 0.000133046 sec^2

Power in the very high frequency band: 7.72955e-06 sec^2

Sympathetic: 0.516586

Vagal: 0.483414

Sympathetic-vagal balance: 1.06862

HR 61.81912

R3:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 4.54792e-05 sec^2

Power in the low frequency band: 0.000214164 sec^2

Power in the high frequency band: 0.000217946 sec^2

Power in the very high frequency band: 7.92734e-06 sec^2

Sympathetic: 0.495623

Vagal: 0.504377

Sympathetic-vagal balance: 0.982643

HR 61.39354

SR\_160

Baseline

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 0.000159484 sec^2

Power in the low frequency band: 0.000460015 sec^2

Power in the high frequency band: 0.000458243 sec^2

Power in the very high frequency band: 2.40017e-05 sec^2

Sympathetic: 0.500965

Vagal: 0.499035

Sympathetic-vagal balance: 1.00387

HR 69.64437

Stressor:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 9.19642e-07 sec^2

Power in the low frequency band: 3.3908e-06 sec^2

Power in the high frequency band: 7.97837e-06 sec^2

Power in the very high frequency band: 2.73033e-05 sec^2

Sympathetic: 0.298245

Vagal: 0.701755

Sympathetic-vagal balance: 0.424999

R1:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 0.000146403 sec^2

Power in the low frequency band: 0.00049307 sec^2

Power in the high frequency band: 0.000376219 sec^2

Power in the very high frequency band: 2.50255e-05 sec^2

Sympathetic: 0.567211

Vagal: 0.432789

Sympathetic-vagal balance: 1.31059

HR 67.98511

R2:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 0.000216529 sec^2

Power in the low frequency band: 0.00043341 sec^2

Power in the high frequency band: 0.000452807 sec^2

Power in the very high frequency band: 3.40599e-05 sec^2

Sympathetic: 0.489057

Vagal: 0.510943

Sympathetic-vagal balance: 0.957164

HR 68.40378

R3:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 0.000205709 sec^2

Power in the low frequency band: 0.000482118 sec^2

Power in the high frequency band: 0.000439946 sec^2

Power in the very high frequency band: 2.1305e-05 sec^2

Sympathetic: 0.522868

Vagal: 0.477132

Sympathetic-vagal balance: 1.09586

HR 67.97058

SR\_161

Baseline

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 0.0001827 sec^2

Power in the low frequency band: 0.000344865 sec^2

Power in the high frequency band: 0.000248183 sec^2

Power in the very high frequency band: 9.86587e-06 sec^2

Sympathetic: 0.581513

Vagal: 0.418487

Sympathetic-vagal balance: 1.38956

HR 80.74439

Stressor:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 1.09434e-07 sec^2

Power in the low frequency band: 4.03665e-07 sec^2

Power in the high frequency band: 9.52734e-07 sec^2

Power in the very high frequency band: 3.36739e-06 sec^2

Sympathetic: 0.297601

Vagal: 0.702399

Sympathetic-vagal balance: 0.423691

HR 75.98800

R1:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 0.000147797 sec^2

Power in the low frequency band: 0.000602091 sec^2

Power in the high frequency band: 0.000312965 sec^2

Power in the very high frequency band: 1.14624e-05 sec^2

Sympathetic: 0.657982

Vagal: 0.342018

Sympathetic-vagal balance: 1.92383

HR 80.11106

R2:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 0.00019877 sec^2

Power in the low frequency band: 0.000484499 sec^2

Power in the high frequency band: 0.000308817 sec^2

Power in the very high frequency band: 1.41668e-05 sec^2

Sympathetic: 0.610726

Vagal: 0.389274

Sympathetic-vagal balance: 1.56889

HR 81.20101

R3:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 0.000133362 sec^2

Power in the low frequency band: 0.000704332 sec^2

Power in the high frequency band: 0.000237585 sec^2

Power in the very high frequency band: 1.61411e-05 sec^2

Sympathetic: 0.747764

Vagal: 0.252236

Sympathetic-vagal balance: 2.96455

HR 79.66251

SR\_162

Baseline:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 0.000250169 sec^2

Power in the low frequency band: 0.000274161 sec^2

Power in the high frequency band: 0.000225021 sec^2

Power in the very high frequency band: 2.33893e-05 sec^2

Sympathetic: 0.549221

Vagal: 0.450779

Sympathetic-vagal balance: 1.21838

HR 66.96085

Stressor:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 9.91265e-08 sec^2

Power in the low frequency band: 3.66916e-07 sec^2

Power in the high frequency band: 8.81775e-07 sec^2

Power in the very high frequency band: 2.41986e-06 sec^2

Sympathetic: 0.293841

Vagal: 0.706159

Sympathetic-vagal balance: 0.416111

HR 75.51829

R1:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 0.00012928 sec^2

Power in the low frequency band: 0.000237071 sec^2

Power in the high frequency band: 0.000219204 sec^2

Power in the very high frequency band: 1.91404e-05 sec^2

Sympathetic: 0.519579

Vagal: 0.480421

Sympathetic-vagal balance: 1.08151

HR 67.99885

R2:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 0.00032027 sec^2

Power in the low frequency band: 0.000330862 sec^2

Power in the high frequency band: 0.00053548 sec^2

Power in the very high frequency band: 3.82818e-05 sec^2

Sympathetic: 0.381907

Vagal: 0.618093

Sympathetic-vagal balance: 0.61788

HR 72.24493

R3:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 0.000276135 sec^2

Power in the low frequency band: 0.000651759 sec^2

Power in the high frequency band: 0.000822028 sec^2

Power in the very high frequency band: 0.000134444 sec^2

Sympathetic: 0.442234

Vagal: 0.557766

Sympathetic-vagal balance: 0.792867

HR 72.19984

SR\_163

Baseline:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 4.23983e-05 sec^2

Power in the low frequency band: 0.000186302 sec^2

Power in the high frequency band: 0.000151619 sec^2

Power in the very high frequency band: 5.77227e-06 sec^2

Sympathetic: 0.551318

Vagal: 0.448682

Sympathetic-vagal balance: 1.22875

HR 73.96771

Stressor:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 1.79145e-07 sec^2

Power in the low frequency band: 6.60602e-07 sec^2

Power in the high frequency band: 1.55575e-06 sec^2

Power in the very high frequency band: 5.39122e-06 sec^2

Sympathetic: 0.298058

Vagal: 0.701942

Sympathetic-vagal balance: 0.42462

HR 71.14675

R1:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 7.79655e-05 sec^2

Power in the low frequency band: 0.000147983 sec^2

Power in the high frequency band: 0.000108595 sec^2

Power in the very high frequency band: 5.30325e-06 sec^2

Sympathetic: 0.576756

Vagal: 0.423244

Sympathetic-vagal balance: 1.3627

HR 72.08596

R2:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 5.63252e-05 sec^2

Power in the low frequency band: 0.000199382 sec^2

Power in the high frequency band: 0.000147985 sec^2

Power in the very high frequency band: 6.24238e-06 sec^2

Sympathetic: 0.573981

Vagal: 0.426019

Sympathetic-vagal balance: 1.34731

HR 75.32960

R3: (ended at 1805.29000)

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 4.37168e-05 sec^2

Power in the low frequency band: 0.000159507 sec^2

Power in the high frequency band: 0.000120701 sec^2

Power in the very high frequency band: 6.10507e-06 sec^2

Sympathetic: 0.569245

Vagal: 0.430755

Sympathetic-vagal balance: 1.3215

SR\_164

Baseline:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 5.56437e-05 sec^2

Power in the low frequency band: 9.04111e-05 sec^2

Power in the high frequency band: 1.76226e-05 sec^2

Power in the very high frequency band: 2.84332e-06 sec^2

Sympathetic: 0.836879

Vagal: 0.163121

Sympathetic-vagal balance: 5.13042

HR 78.70306

Stressor:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 5.35731e-08 sec^2

Power in the low frequency band: 1.97982e-07 sec^2

Power in the high frequency band: 4.73444e-07 sec^2

Power in the very high frequency band: 1.88618e-06 sec^2

Sympathetic: 0.294868

Vagal: 0.705132

Sympathetic-vagal balance: 0.418174

HR 87.92080

R1:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 3.94293e-05 sec^2

Power in the low frequency band: 6.79151e-05 sec^2

Power in the high frequency band: 1.7888e-05 sec^2

Power in the very high frequency band: 3.63741e-06 sec^2

Sympathetic: 0.791522

Vagal: 0.208478

Sympathetic-vagal balance: 3.79668

HR 76.65901

R2:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 8.06194e-05 sec^2

Power in the low frequency band: 0.00010247 sec^2

Power in the high frequency band: 1.43924e-05 sec^2

Power in the very high frequency band: 2.7601e-06 sec^2

Sympathetic: 0.876843

Vagal: 0.123157

Sympathetic-vagal balance: 7.11975

HR 78.83762

R3:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 7.74746e-05 sec^2

Power in the low frequency band: 0.000109996 sec^2

Power in the high frequency band: 1.28893e-05 sec^2

Power in the very high frequency band: 2.02111e-06 sec^2

Sympathetic: 0.895111

Vagal: 0.104889

Sympathetic-vagal balance: 8.53393

HR 79.17053

SR\_165

Baseline:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 0.000127915 sec^2

Power in the low frequency band: 0.000288592 sec^2

Power in the high frequency band: 0.000196727 sec^2

Power in the very high frequency band: 1.18073e-05 sec^2

Sympathetic: 0.594644

Vagal: 0.405356

Sympathetic-vagal balance: 1.46697

HR 61.36740

Stressor:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 2.24928e-08 sec^2

Power in the low frequency band: 8.28503e-08 sec^2

Power in the high frequency band: 1.9399e-07 sec^2

Power in the very high frequency band: 8.04141e-07 sec^2

Sympathetic: 0.299271

Vagal: 0.700729

Sympathetic-vagal balance: 0.427086

HR 60.55242

R1:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 9.31272e-05 sec^2

Power in the low frequency band: 0.000202808 sec^2

Power in the high frequency band: 0.000176807 sec^2

Power in the very high frequency band: 8.79635e-06 sec^2

Sympathetic: 0.534247

Vagal: 0.465753

Sympathetic-vagal balance: 1.14706

HR 60.61516

R2:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 0.000115858 sec^2

Power in the low frequency band: 0.000270552 sec^2

Power in the high frequency band: 0.000185654 sec^2

Power in the very high frequency band: 1.09378e-05 sec^2

Sympathetic: 0.593048

Vagal: 0.406952

Sympathetic-vagal balance: 1.45729

HR 63.24267

R3:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 2.72527e-05 sec^2

Power in the low frequency band: 0.000171573 sec^2

Power in the high frequency band: 0.000156639 sec^2

Power in the very high frequency band: 6.18837e-06 sec^2

Sympathetic: 0.522751

Vagal: 0.477249

Sympathetic-vagal balance: 1.09534

HR 59.27564

SR\_166

Baseline:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 3.24815e-05 sec^2

Power in the low frequency band: 6.63518e-05 sec^2

Power in the high frequency band: 7.50795e-05 sec^2

Power in the very high frequency band: 7.43379e-06 sec^2

Sympathetic: 0.469145

Vagal: 0.530855

Sympathetic-vagal balance: 0.883754

HR 69.46843

Stressor:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 7.90966e-08 sec^2

Power in the low frequency band: 2.91657e-07 sec^2

Power in the high frequency band: 6.86632e-07 sec^2

Power in the very high frequency band: 2.37012e-06 sec^2

Sympathetic: 0.29813

Vagal: 0.70187

Sympathetic-vagal balance: 0.424765

HR 68.99935

R1:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 7.06966e-05 sec^2

Power in the low frequency band: 7.29018e-05 sec^2

Power in the high frequency band: 0.000117707 sec^2

Power in the very high frequency band: 7.3981e-05 sec^2

Sympathetic: 0.382468

Vagal: 0.617532

Sympathetic-vagal balance: 0.619348

HR 70.58745

R2:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 1.74672e-05 sec^2

Power in the low frequency band: 4.06121e-05 sec^2

Power in the high frequency band: 8.39277e-05 sec^2

Power in the very high frequency band: 5.95631e-05 sec^2

Sympathetic: 0.326098

Vagal: 0.673902

Sympathetic-vagal balance: 0.483894

HR 72.33249

R3:

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 1.74672e-05 sec^2

Power in the low frequency band: 4.06121e-05 sec^2

Power in the high frequency band: 8.39277e-05 sec^2

Power in the very high frequency band: 5.95631e-05 sec^2

Sympathetic: 0.326098

Vagal: 0.673902

Sympathetic-vagal balance: 0.483894

HR 69.61236