Baseline

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 3.21876e-05 sec^2

Power in the low frequency band: 3.37014e-05 sec^2

Power in the high frequency band: 2.3376e-05 sec^2

Power in the very high frequency band: 7.56825e-06 sec^2

Sympathetic: 0.590451

Vagal: 0.409549

Sympathetic-vagal balance: 1.44171

HR 72.87859

Stressor

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 6.03052e-09 sec^2

Power in the low frequency band: 2.22047e-08 sec^2

Power in the high frequency band: 5.18522e-08 sec^2

Power in the very high frequency band: 2.07645e-07 sec^2

Sympathetic: 0.299833

Vagal: 0.700167

Sympathetic-vagal balance: 0.428231

HR 72.23358

R1

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 2.27081e-06 sec^2

Power in the low frequency band: 2.33431e-05 sec^2

Power in the high frequency band: 2.89544e-05 sec^2

Power in the very high frequency band: 6.8318e-06 sec^2

Sympathetic: 0.446352

Vagal: 0.553648

Sympathetic-vagal balance: 0.806201

HR 72.50137

R2

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 1.35412e-06 sec^2

Power in the low frequency band: 1.15003e-05 sec^2

Power in the high frequency band: 1.92985e-05 sec^2

Power in the very high frequency band: 7.07004e-06 sec^2

Sympathetic: 0.373401

Vagal: 0.626599

Sympathetic-vagal balance: 0.595918

HR 70.14652

R3

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 3.59751e-06 sec^2

Power in the low frequency band: 2.27081e-05 sec^2

Power in the high frequency band: 1.90852e-05 sec^2

Power in the very high frequency band: 7.09342e-06 sec^2

Sympathetic: 0.543342

Vagal: 0.456658

Sympathetic-vagal balance: 1.18982

HR 71.71786

R4

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 1.44773e-05 sec^2

Power in the low frequency band: 7.69811e-05 sec^2

Power in the high frequency band: 2.95997e-05 sec^2

Power in the very high frequency band: 8.24081e-06 sec^2

Sympathetic: 0.722279

Vagal: 0.277721

Sympathetic-vagal balance: 2.60074

HR 71.80975

R5

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 1.80031e-06 sec^2

Power in the low frequency band: 1.78686e-05 sec^2

Power in the high frequency band: 2.22221e-05 sec^2

Power in the very high frequency band: 7.13638e-06 sec^2

Sympathetic: 0.445705

Vagal: 0.554295

Sympathetic-vagal balance: 0.804093

HR 71.11330

R6

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 1.34881e-06 sec^2

Power in the low frequency band: 1.18571e-05 sec^2

Power in the high frequency band: 3.80698e-05 sec^2

Power in the very high frequency band: 8.55506e-06 sec^2

Sympathetic: 0.237488

Vagal: 0.762512

Sympathetic-vagal balance: 0.311456

HR 71.70392

R7

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 1.57393e-06 sec^2

Power in the low frequency band: 1.46258e-05 sec^2

Power in the high frequency band: 1.9186e-05 sec^2

Power in the very high frequency band: 6.0048e-06 sec^2

Sympathetic: 0.432564

Vagal: 0.567436

Sympathetic-vagal balance: 0.762313

HR 71.06364

R8

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 5.67283e-07 sec^2

Power in the low frequency band: 8.49732e-06 sec^2

Power in the high frequency band: 3.32591e-05 sec^2

Power in the very high frequency band: 9.89894e-06 sec^2

Sympathetic: 0.203497

Vagal: 0.796503

Sympathetic-vagal balance: 0.255489

HR 73.72246

R9

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 7.28296e-06 sec^2

Power in the low frequency band: 5.51903e-05 sec^2

Power in the high frequency band: 4.04798e-05 sec^2

Power in the very high frequency band: 5.02781e-06 sec^2

Sympathetic: 0.576881

Vagal: 0.423119

Sympathetic-vagal balance: 1.3634

HR 71.96625

R10

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 3.7207e-06 sec^2

Power in the low frequency band: 1.92432e-05 sec^2

Power in the high frequency band: 3.55027e-05 sec^2

Power in the very high frequency band: 9.27715e-06 sec^2

Sympathetic: 0.3515

Vagal: 0.6485

Sympathetic-vagal balance: 0.54202

HR 72.97645

R11

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 6.09662e-06 sec^2

Power in the low frequency band: 3.80497e-05 sec^2

Power in the high frequency band: 2.9748e-05 sec^2

Power in the very high frequency band: 6.06885e-06 sec^2

Sympathetic: 0.561224

Vagal: 0.438776

Sympathetic-vagal balance: 1.27907

HR 71.15341

R12

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 3.02436e-05 sec^2

Power in the low frequency band: 0.000142514 sec^2

Power in the high frequency band: 4.06829e-05 sec^2

Power in the very high frequency band: 5.61437e-06 sec^2

Sympathetic: 0.777928

Vagal: 0.222072

Sympathetic-vagal balance: 3.50304

HR 71.47930

R13

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 2.72574e-06 sec^2

Power in the low frequency band: 2.07673e-05 sec^2

Power in the high frequency band: 2.66241e-05 sec^2

Power in the very high frequency band: 6.16466e-06 sec^2

Sympathetic: 0.438208

Vagal: 0.561792

Sympathetic-vagal balance: 0.780017

HR 74.76521

R14

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 4.44851e-06 sec^2

Power in the low frequency band: 3.3978e-05 sec^2

Power in the high frequency band: 2.27292e-05 sec^2

Power in the very high frequency band: 8.05814e-06 sec^2

Sympathetic: 0.599183

Vagal: 0.400817

Sympathetic-vagal balance: 1.4949

HR 74.14841

R15

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 1.61847e-06 sec^2

Power in the low frequency band: 2.76718e-05 sec^2

Power in the high frequency band: 2.97975e-05 sec^2

Power in the very high frequency band: 5.76702e-06 sec^2

Sympathetic: 0.481506

Vagal: 0.518494

Sympathetic-vagal balance: 0.928663

HR 72.23283