Baseline

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 0.00113345 sec^2

Power in the low frequency band: 0.00350988 sec^2

Power in the high frequency band: 0.00605757 sec^2

Power in the very high frequency band: 0.00098279 sec^2

Sympathetic: 0.366857

Vagal: 0.633143

Sympathetic-vagal balance: 0.579421

HR 77.84828

Stressor

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 5.83293e-06 sec^2

Power in the low frequency band: 2.15156e-05 sec^2

Power in the high frequency band: 5.07812e-05 sec^2

Power in the very high frequency band: 0.000180264 sec^2

Sympathetic: 0.297601

Vagal: 0.702399

Sympathetic-vagal balance: 0.423692

HR 81.06146

R1

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 0.000150009 sec^2

Power in the low frequency band: 0.00186697 sec^2

Power in the high frequency band: 0.00577023 sec^2

Power in the very high frequency band: 0.000750564 sec^2

Sympathetic: 0.244458

Vagal: 0.755542

Sympathetic-vagal balance: 0.323553

HR 76.14433

R2

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 0.000446472 sec^2

Power in the low frequency band: 0.005913 sec^2

Power in the high frequency band: 0.00781347 sec^2

Power in the very high frequency band: 0.00139227 sec^2

Sympathetic: 0.430774

Vagal: 0.569226

Sympathetic-vagal balance: 0.756771

HR 78.35630

R3

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 0.000813297 sec^2

Power in the low frequency band: 0.00581303 sec^2

Power in the high frequency band: 0.00990878 sec^2

Power in the very high frequency band: 0.00105226 sec^2

Sympathetic: 0.369743

Vagal: 0.630257

Sympathetic-vagal balance: 0.586654

HR 77.83496

R4

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 0.000180647 sec^2

Power in the low frequency band: 0.00232957 sec^2

Power in the high frequency band: 0.00434143 sec^2

Power in the very high frequency band: 0.000978581 sec^2

Sympathetic: 0.349209

Vagal: 0.650791

Sympathetic-vagal balance: 0.536591

HR 78.15374

R5

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 0.00010949 sec^2

Power in the low frequency band: 0.00118985 sec^2

Power in the high frequency band: 0.00223653 sec^2

Power in the very high frequency band: 0.000422929 sec^2

Sympathetic: 0.347262

Vagal: 0.652738

Sympathetic-vagal balance: 0.532008

HR 79.55379

R6

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 0.00023209 sec^2

Power in the low frequency band: 0.00457657 sec^2

Power in the high frequency band: 0.00748994 sec^2

Power in the very high frequency band: 0.000896959 sec^2

Sympathetic: 0.379279

Vagal: 0.620721

Sympathetic-vagal balance: 0.611029

HR 80.43487

R7

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 0.000156424 sec^2

Power in the low frequency band: 0.00191351 sec^2

Power in the high frequency band: 0.00730439 sec^2

Power in the very high frequency band: 0.00173263 sec^2

Sympathetic: 0.207586

Vagal: 0.792414

Sympathetic-vagal balance: 0.261966

HR 79.43488

R8

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 0.000587038 sec^2

Power in the low frequency band: 0.00368741 sec^2

Power in the high frequency band: 0.00315324 sec^2

Power in the very high frequency band: 0.0011671 sec^2

Sympathetic: 0.539044

Vagal: 0.460956

Sympathetic-vagal balance: 1.1694

HR 82.48952

R9

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 0.000479807 sec^2

Power in the low frequency band: 0.00439971 sec^2

Power in the high frequency band: 0.00514943 sec^2

Power in the very high frequency band: 0.000774866 sec^2

Sympathetic: 0.460744

Vagal: 0.539256

Sympathetic-vagal balance: 0.854408

HR 88.53188

R10

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 0.000798972 sec^2

Power in the low frequency band: 0.00603168 sec^2

Power in the high frequency band: 0.00792665 sec^2

Power in the very high frequency band: 0.00227974 sec^2

Sympathetic: 0.432121

Vagal: 0.567879

Sympathetic-vagal balance: 0.760938

HR83.26548

R11

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 0.000409417 sec^2

Power in the low frequency band: 0.00394131 sec^2

Power in the high frequency band: 0.00680249 sec^2

Power in the very high frequency band: 0.00113274 sec^2

Sympathetic: 0.366845

Vagal: 0.633155

Sympathetic-vagal balance: 0.579392

HR 79.11313

R12

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 0.000352476 sec^2

Power in the low frequency band: 0.00381654 sec^2

Power in the high frequency band: 0.00498643 sec^2

Power in the very high frequency band: 0.000504917 sec^2

Sympathetic: 0.433551

Vagal: 0.566449

Sympathetic-vagal balance: 0.765385

HR 83.05534

R13

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 0.000301422 sec^2

Power in the low frequency band: 0.0028074 sec^2

Power in the high frequency band: 0.0053522 sec^2

Power in the very high frequency band: 0.00125597 sec^2

Sympathetic: 0.344061

Vagal: 0.655939

Sympathetic-vagal balance: 0.524533

HR 80.01698

R14

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 0.000783156 sec^2

Power in the low frequency band: 0.00536409 sec^2

Power in the high frequency band: 0.00810755 sec^2

Power in the very high frequency band: 0.00077246 sec^2

Sympathetic: 0.398176

Vagal: 0.601824

Sympathetic-vagal balance: 0.661616

HR 77.44424

R15

HRV Analysis, CH1, PPG (Pulse)

Power in the very low frequency band: 0.000785679 sec^2

Power in the low frequency band: 0.00477719 sec^2

Power in the high frequency band: 0.00967623 sec^2

Power in the very high frequency band: 0.00107451 sec^2

Sympathetic: 0.330523

Vagal: 0.669477

Sympathetic-vagal balance: 0.493703

HR 78.30264