PIRP Principles

For Group Sharing and Harvesting and Skill Building for Debriefing Sessions Castellino Prenatal and Birth Training T13 M5 Surgical Imprinting

When we do whole group sharing or harvesting from exercises and practice sessions, we want you to follow a set of principles. These principles not only focus the discussion, they also build precursor skills for debriefing sessions for private clients and for debriefing sessions in Womb Surround workshops.

Other precursor skill building activities for debriefing sessions is to write summaries of the sessions. It is important that each of us keep regular session notes. Schedule time after each session you do to write summaries of that session. Writing session summaries is a key to being able to give clear, concise debriefs for parents after family sessions with babies or children present and for Womb Surround sessions.

Here are the **PIRP Principles**:

- Parameters: Ray, Mary and Tara will set parameters for each discussion. Follow those parameters.
 For example: We will ask you to focus on certain aspects of your experience. These could include sequencing, sensations, observations and/or qualities of energy, etc. When we ask you to focus your comments on specific areas of your experience we want you to do that.
- 2. "I" statements: Talk about yourself and your own experience.
- 3. **Roles:** State what role you are speaking from
- 4. **Permission:** When you want to reference someone in the room, get their permission before you begin referencing them.
- 5. **Conflict Resolution:** If a conflict arises during the sharing we will set up a time to resolve the conflict out side of class.