

Castellino Prenatal and Birth Foundation Training

Birth Video Project

T13M3

Ojai, CA February 2017

Homework Assignment

During M3 each of you made a video of your birth with the doll and model of the pelvis. Use the doll and pelvis, video and notes to write, draw, chart or diagram your birth. Remember, you only have to present what you know. In the process, you may find some creative way to present your birth. During this process, you may discover new material about your birth.

In your project, look at and describe what you know about your birth sequence, movement patterns, your mother's pelvic shape, body positions, cranial molding, conjunct sites, birth-induced vector patterns, conjunct pathways, cranial lesion patterns and places in your birth where you may have gotten stuck or overwhelmed.

I suggest that you do this project relatively soon after the training. Your mind may be fresher with the material than if you wait to do it later in the year.

Send a copy of your project to your reader by the date announced in class. That way we will have time to give them full consideration before the next training module.

Be aware that there are two kinds of information. One is the narrative about what happened, the family story, the emotional story. The second is about how you actually moved through your mom's pelvis and how you were born. What is the sequence of events that happened from before, the beginning, the middle, the end and after or

1. before your head engaged the pelvic brim—moving through the false pelvis;
2. Moving through the pelvic brim—engaging;
3. Moving through the mid-pelvis—mid-pelvic dynamics;
4. Outlet dynamics;
5. Immediate post birth period.

If you were born by CS or with other interventions write what you know about that.

Keep working with the doll and pelvic model to help you give words to your journey.

Course reading for M4 – Chemical Interventions: You may prepare for the next module by reading:

- Oxorn-Foot, *Human Labor and Birth*., 5th Edition, Ch. 31, “Obstetric Analgesia and Anesthesia.” Ch. 40, “Uterotonic Agents: Oxytocin, Ergot, Prostaglandin” Ch. 41, “Induction of Labor”
- Bennett, Brown, *Myles Textbook for Midwives*, 12th Edition Ch. 13 – “Pain relief and comfort in labour.” Ch. 28 – “Obstetric anaesthesia” (pp. 442 – 451). Ch. 38 – The section titled, “Drug dependency” (pp. 620 – 621). Ch. 25 – The section titled, “Induction of Labour” (pp. 389 – 396).
- Reeder, Martin, Koniak, *Maternity Nursing*: 17th Edition, Ch. 24 – “Analgesia and Anesthesia During Childbirth.” Ch. 36 – “Addictive Disorders in Pregnancy.”