

T10M1 post training notes:

Clinical Theory

- The Principles
 - Choice
 - Self Regulation-the Pause
 - Self Care
 - Modes of contact
 - Brief Frequent Eye Contact
 - Touch and attention
 - Confidentiality
- Conceptual Constructs
 - Conception Triad
 - Continuum of Circles
- The Form
 1. Willingness to begin
 2. Discovery and Affirmation of the Turn Person
 3. Intention setting
 4. Relevant history
 5. Activity
 6. Review Intention
 7. Sharing
- Two layers of support
- Recapitulation of early experience in present time
- Experience is based on perception
- Social Nervous System / Mirror Neuronal System

Exercises

- Midline, Mother Earth/Father Sky
- Intention Setting
- Support
- Preconception narrative
- Implantation Exercise

Clinical Skills

- Orienting to self, Mid lining—mother earth/father sky
- Placement of attention
- Perceiving over coupled systems, perceiving, naming and differentiating layers
- Accurate cognitive reflection
- Accurate somatic reflection
- Self regulation skills, practitioner job to take charge of the tempo
- Tracking self in relationship to others.
- Tracking the energy in the relationships

- Tuning one self to the long tide
- Establishing harmonic resonance
- Translating ones own activation and counter transferences into useful behavior that supports self and others
- Giving and receiving verbal and physical support
- Working from the inside out
- Discovering and creating a coherent preconception and conception journey narrative
- Translating questions and wonderments into statements

PPN Content

- Conception Journey
- Implantation
- Conception Journey Triad
- Continuum of Circles
- Rhythms, tempo tracking them

Homework

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Kenyon:	Patricia Thaler, Lisa, Edward, Julia Duthie
Kristin:	Shanon, Angelika, Jill, Shannon
Scott:	Rebecca, Ariel, Shayla, Nikole
Charisse:	Kimberly, Klaus, Bronwyn, Kevin
Tara:	Sudhir, Patricia Selbert, Victoria, Sarah
Keri:	Jeremiah, David, Ann, Cheryl