

# Shadow IT Mindsets of Corporate Employees

PhDs in Computer Security Workgroup meeting

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Image credits: David Revoy

See table on page 25 for attributions

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# Definitions

## Definition

### MINDSET:

- (mental) representation of concepts or ideas
- shorthand for reality  $\implies$  reducing complexity

## Definition

### SHADOW IT:

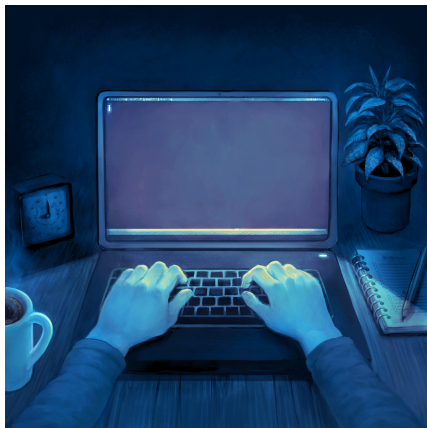
“hardware, software, or services built, introduced and/or used for the job without explicit approval or even knowledge of the organisation.” [Haag and Eckhardt, 2017]



# Shadow IT topology

| Type                        | Description   |
|-----------------------------|---|
| Unapproved cloud services   | Use of Internet-based Software and Software as a Service (SaaS) that are not approved or unknown by the IT department. (...)  |
| Self-made solutions         | Use of solutions developed by employees on the company's computers to perform their work tasks. For example, an Excel spreadsheet or an application developed by employees.   |
| Self-installed applications | Use of software installed by employees to perform their work tasks on the company's computers. For example, downloading and installing software available free of charge on the internet.   |
| Self-acquired devices       | Use of devices owned by employees. These devices are purchased directly from retail rather than being ordered through the official catalog of the IT department. It includes the use of applications in the employee's personal devices at the workplace. |

# Motivation



## Shadow IT

- Not a new trend!
- Present in corporate settings as well as higher education [Gadellaa, 2023]

## Shadow IT as a threat?!

Search & destroy approach  $\implies$  reduction of threats *for now*

## Questions:

- Can we handle this differently?
- Should we handle this differently?

# PhD School on Empirical Research Methods in Software Engineering and Informatic - **Cybersecurity Edition**

## ERMSEI

**When:** May 13-17, 2024

**Where:** Utrecht

- deep dive into controlled experiments, qualitative methods, study design
- 2EC course, sponsored by SIKS & ACCCS
- possibility to work on your case/data!
- cosy class, max 25 participants
- instructors: Harald Störrle & Kate Labunets



# PhD School ERMSEI - Cybersecurity Edition

## Program & details



## Sign-up



## Related publication preview

Who is the IT Department Anyway: An Evaluative Case Study of Shadow IT Mindsets Among Corporate Employees (*under submission*)



(a) Jan van  
Acken



(b) Floris  
Jansen



(c) Slinger  
Jansen



(d) Kate  
Labunets

**Focus:** implications of shadow IT mental models for/in a large organization

# Study context

- Dutch branch of a large professional services organisation, 5k+ employees
- Departments:
  - Client-facing, Support, IT, Management
- Ranks:
  - Junior, Senior, Manager, Senior Manager, Management
- Survey on shadow IT usage ( $n = 450$ )
- Follow-up interviews ( $n = 32$ )





## Questioning shadow IT in companies:

### Research Question I – SURVEY

How does SHADOW IT usage differ between DEPARTMENTS and RANKS?

### Research Question II – INTERVIEW

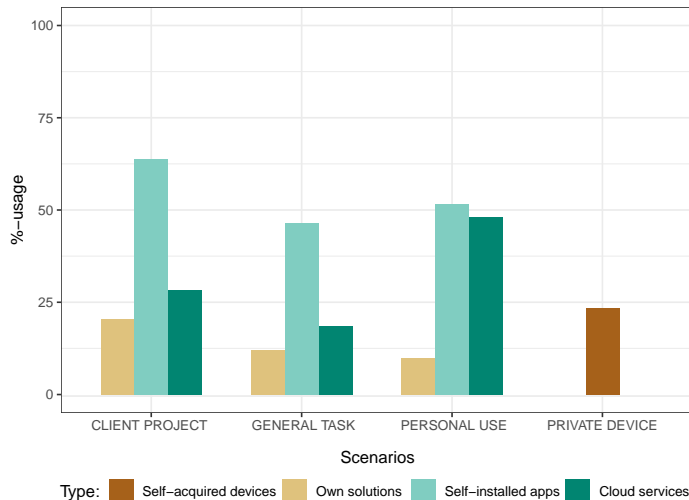
How do employees perceive SHADOW IT and risks associated with its usage?

### Research Question III – INTERVIEW

Which MINDSET motivates employees to opt for (or against) SHADOW IT usage in an organisational context?



# Survey result: Usage percentage of *any* Shadow IT per scenario



**Figure:** Rate of participants using at least one form of shadow IT. Grouped by scenarios, plus the rate of reported private device usage overall. (n=450)

## Interview components:

|                    | <i>Jun.</i> | <i>Sen.</i> | <i>Mngr</i> | <i>Sen. mngr</i> | <i>Mngmnt</i> | <b>Total</b> |
|--------------------|-------------|-------------|-------------|------------------|---------------|--------------|
| <i>Client-fac.</i> | 6           | 4           | 5           | 6                | -             | 21           |
| <i>Support</i>     | 1           | 2           | 3           | 1                | -             | 7            |
| <i>Mngmnt</i>      | -           | -           | -           | -                | 4             | 4            |
| <i>IT</i>          | 0           | 0           | 0           | 0                | -             | 0            |
| <b>Total</b>       | 7           | 6           | 8           | 7                | 4             | <b>32</b>    |

### Topics covered

- ① understanding of shadow IT
- ② reasons for using shadow IT
- ③ perception of shadow IT usage implications
- ④ awareness of relevant org policies
- ⑤ how shadow IT is discussed amongst colleagues
- ⑥ how well-informed about shadow IT

# General observations on what drives Shadow IT usage

- Approved solutions fail to meet functional needs
- Work requirement / client project demand
- Existing habits, convenience
- Overcoming *limitations* of current IT environment



# The 10 mindsets elicited by Floris Jansen

## Risk-Averse

- 1 Consequence Avoidance Orientation
- 2 Knowledge-Based Conservatism
- 3 Risk Transfer Mindset
- 4 Cautious-Seasoned Judgement

## Risk-Taking

- 5 Common Sense Fallacy
- 6 Illusion of Self-Sufficiency
- 7 Misguided Sense of Protection
- 8 Performance-Driven Rule Bending
- 9 Longevity-Based Invincibility
- 10 Cost-Driven Compromise



# Risk-Averse Mindsets 1-2

## CONSEQUENCE AVOIDANCE ORIENTATION

*"Think about all the consequences. I think those hold the biggest risks. Which is also the reason I don't have anything external"* –P19

## KNOWLEDGE-BASED CONSERVATISM

*"I am very aware of all sorts of risks. It is because of my role as [role]. So, therefore, I am aware of certain things that the average Joe here won't think of"* –P7



# Risk-Averse Mindsets 3-4

## RISK TRANSFER MINDSET

*"I would try and let the client take responsibility for the risk. Because they are the ones asking for this tool.(...)" –P22*

## CAUTIOUS-SEASONED JUDGEMENT

*"I have seen it all, but actually you should go through a data breach once just to see how bad it really is. After that, you'll think twice about your actions. You learn this through trial and error over the years"*  
–P30

# Risk-Taking Mindsets 5-6



## COMMON SENSE FALLACY

*"Look, in our department, they just expect you to know this stuff. (...)" –P18*

## ILLUSION OF SELF-SUFFICIENCY

*"(...) we have everything taken care of"*  
–P6

*"(...) we have everything that we need"*  
–P19



# Risk-Taking Mindsets 7

## Misguided Sense of Protection

*“( . . . ) I think they watch what you downloaded, and if it is not okay then maybe it will go through a system that detects this, or maybe there is a team that reads everything, and you then get a message to delete it from your machine” –P15*

*“And also you get a warning I think at [organisation] if you have something on your system which is not good [...]” –P5*



# Risk-Taking Mindsets 8



## Performance-Driven Rule Bending

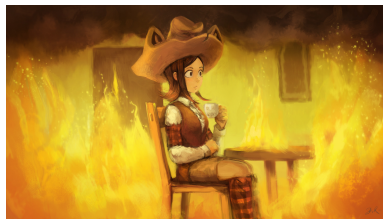
*"I cannot explain to a client that certain tasks have not been completed. This means that sometimes employees enter a grey area, perhaps even cross it by doing what they shouldn't. "* –P20

*"The main issue with that is that the show must go on"* –P20

# Risk-Taking Mindsets 9-10

## Longevity-Based Invincibility

*"We've used it for so long without any issues (...) sometime a while ago it was introduced and it has stayed up until now (...) over time it has grown to what it is now for us." –P12*



## Cost-Driven Compromise

*"I wonder about, for example [tool], since we used it because it provides a free package. One might wonder how good that is (...)" –P5*

# What to do about Shadow IT? 1/2

- Transparent communication
  - safe space for employees to communicate their tech needs
- Targeted Shadow IT awareness training
  - tailor training to the need of roles, departments, mindsets
- Shadow IT protocols
  - how to navigate *rule bending* situations



# What to do about Shadow IT? 2/2

- Track long-term instances
  - Once found: try uncovering the reasons for adoption!
- Make security policies visible
  - targeting people influenced by mindsets like COMMON SENSE FALLACY and/or MISGUIDED SENSE OF PROTECTION
- Accommodate employees' perspective and needs
  - usable software, usable security, useful training



# Future work

## What's on your mind concerning mindsets?

Current set of mindsets are not validated yet, some seem close to established BIASES.

Is the set EXHAUSTIVE?

Can we use established models from the SECURITY BEHAVIOUR field to validate?

What about STABILITY OVER TIME?

How can we model INTERACTION between mindsets?

That's all for now

Questions welcome



# If you want to stay in touch:



Get in touch for an authors copy!  
Especially get in touch with ideas  
for model validation or  
enrichment!  
Did we miss anything?

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# Sources

- Submission based on the Master thesis of Floris Jansen
- Slide content inspired by the “Enhancing Information Security” slide deck by Kate Labunets from the 2023 Meetup “Resilience against ransomware”
- Content furthermore based on the “Cybersecurity Mental Models and Shadow IT Mindsets” slide deck by Jan van Acken from the 2023/24 edition of the Utrecht University course “Software Ecosystem Security”
- Slide themed after the  $\LaTeX$  template from the UU NLP group, cf. [github.com/Yupei-Du/uunlp-group-meeting/tree/main/UU\\_unofficial\\_LaTeX\\_template](https://github.com/Yupei-Du/uunlp-group-meeting/tree/main/UU_unofficial_LaTeX_template)





# Image sources

| Slide | Reference  |
|-------|--|
| 4     | “The mediocre programmer” by David Revoy - CC-BY 4.0             |
| 7     | authors’ personal files  |
| 8     | “F5 CHATONS” by David Revoy, Framasoft.org - CC-BY 4.0           |
| 14    | “Ninja Carrot” by David Revoy - CC-BY 4.0                        |
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| 19    | “This is not fine” by David Revoy, CC-BY 4.0                     |
| 23    | “Des Livres En Commun” by David Revoy, Framasoft.org - CC-BY 4.0 |



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In *Information Systems for Industry 4.0*, Lecturenotes in information systems and organisation, pages 63–79. Springer International Publishing.



# Appendix

# Shadow IT and related but different concepts

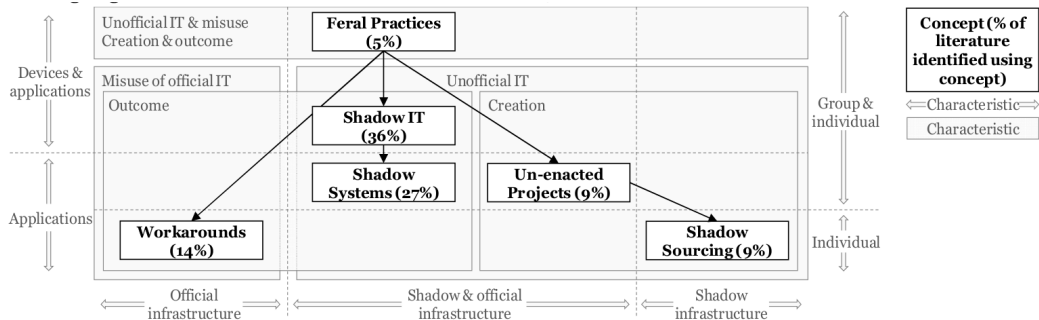
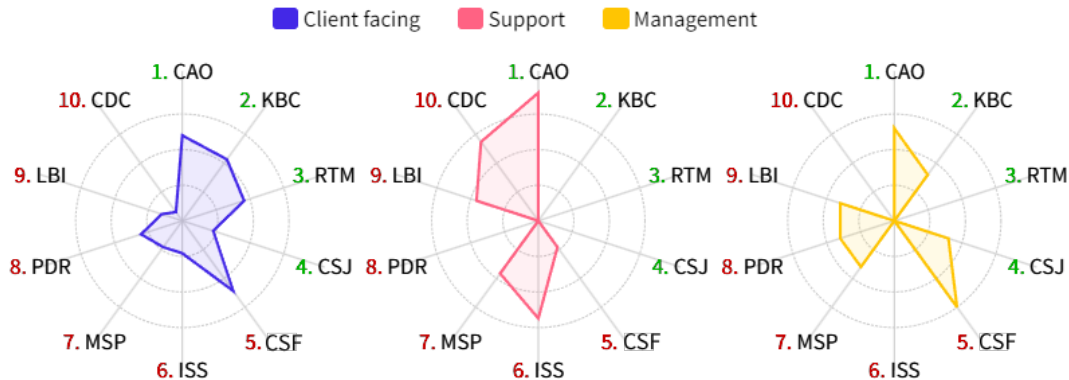


Figure source: [Kopper and Westner, 2016]



# Mental models by department



# Mental models by rank

