In the letters i will never send, TikTok poet Isabella Dorta urges you to leave nothing unsaid and take comfort in moving poems on love, heartbreak, mental health and self-discovery.

With beautiful line illustrations and over 100 poems written in the form of confessional letters addressed to the most influential figures in your life:

Your younger self Your future self Your lover Your body Your family and more

Take the ultimate step. Read, rip out, burn or send the letters out into the world. Write your own and share them with the people in your life. Just don't hold back!