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## Original Paper

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## Abstract

**Background:**

**Objective:**

**Methods:**

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**Conclusions:**

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## Introduction

This section can include background information such as theories, prior work, and hypotheses.

If this section is quite lengthy, use of subheadings (use Word Heading 3) are encouraged to break up the material logically, e.g. Background, Prior Work, Goal of This Study etc. Subheadings should be consistent; therefore a subheading for the first part of the Methods section, for example, is also necessary (see below).

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## Methods

### Recruitment

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### Statistical Analysis

#### Power

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Try to avoid having only one sentence after a subheading. For example, describe the key findings of a Table that you refer to in that sentence.

## Results

### User Statistics

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### Evaluation Outcomes

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## Discussion

### Principal Results

### Limitations

### Comparison with Prior Work

### Conclusions

### Acknowledgements

Please include all authors’ contributions, funding information, financial disclosure, role of sponsors, and other acknowledgements here. This description should include the involvement, if any, in review and approval of the manuscript for publication and the role of sponsors. Omit if not applicable.

### Conflicts of Interest

Disclose any personal financial interests related to the subject matters discussed in the manuscript here. For example, authors who are owners or employees of Internet companies that market the services described in the manuscript will be disclosed here. If none, indicate with “none declared”.

### Abbreviations

JMIR: Journal of Medical Internet Research

RCT: randomized controlled trial

## Multimedia Appendix 1

Multimedia appendices are supplementary files, such as a PowerPoint presentation of a conference talk about the study, additional screenshots of a website, mpeg/Quicktime video/audio files, Excel/Access/SAS/SPSS files containing original data (very long tables), and questionnaires. See <https://jmir.zendesk.com/hc/en-us/articles/115003396688> for further information. Do not include copyrighted material unless you obtained written permission from the copyright holder, which should be uploaded together with your Publication Agreement form as supplementary file.

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## References

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