

heritage@uct



Cissy Gool Plaza and Molly Blackburn Hall

Zainu-Nissa (Cissy) Gool (1897-1963) was the first black woman to graduate from UCT with an MA, in 1932. She subsequently completed her LLB and at the age of 65 - was admitted to the Supreme Court as an advocate. The daughter of Dr Abdullah Abdurahman (leader of the African People's Organisation), Cissy grew up in a highly political environment, and was at the forefront of the national campaign against racial oppression and social injustice.

Molly Blackburn represented the Progressive Federal Party in the Cape Provincial Council during the 1980s, and was also a leading member of the Black Sash. She particularly spoke out against the abuses experienced by people of the Eastern Cape during the State of Emergency, defending their rights to justice. She is especially remembered for her dedication to obtaining the truth about the murder of the 'Cradock Four'. She died under suspicious circumstances, in a car accident in 1985, while on a journey in the Eastern Cape to take statements and record events.

In the Molly Blackburn Hall is a 3D visualisation of the history of the University of Cape Town since its creation out of the SA College in 1918. The 3D visualisation can also be seen at the following website: <http://www.cs.uct.ac.za/heritage> and people are invited to send their own photographic memorabilia with clear dates to the following address: heritage@cs.uct.ac.za



Afri queezeen

Verbatim
 Umingqusho - samp and beans
 Ulusu / Likahare - ox tripe / omoduor / upense
 Morogo / Umtino - spinach or monwoor or sukumai

Afri Veg Platter

Vegetarian Options

- 2 starch and 2 veg
- 2 starch and 1 veg
- Half Portion
- 1 starch and 2 veg

Meat Options

	Full	Half
Chicken Curry	R20.00	R10.00
Peanut Chicken Curry	R20.00	R10.00
Fish Stew	R20.00	R10.00
Mutton Stew	R20.00	R10.00
Beef Stew	R20.00	R10.00
Ulusu Stew	R20.00	R10.00
Mince Stew	R20.00	R10.00

Special Meals

- Rice and Beans
- Jollof Rice
- Xhosa Chicken (free range) & Augusi



R40.00

R55.00

R43.00

	Full	Half
Rice	R25.00	R12.50
Spiced Rice	R25.00	R12.50
Pap	R25.00	R12.50
Samp and Beans	R25.00	R12.50
Jappati (Roti)	R4.00	R2.00

Takeaways

Additional Portions of Meat

	FULL	HALF
Chicken Curry	R22.00	R11.00
Peanut Chicken Curry	R22.00	R11.00
Fish Stew	R22.00	R11.00
Mutton Stew	R22.00	R11.00
Beef Stew	R22.00	R11.00
Ulusu Stew	R22.00	R11.00

Additional Portions of Starch

Rice	R25.00	
Spiced Rice	R25.00	
Pap	R25.00	
Samp and Beans	R25.00	
Jappati (Roti)	R4.00	R2.00

Additional Portions of Veg

Black Eyed Beans	R14.00	
Butternut	R14.00	
Spinach	R14.00	
Mushrooms	R14.00	
Sauce	R3.00	

Beverages

Sodas	R12.00	
Appletiser	R15.00	
Mineral Water	R10.00	
Fruit Juice	R13.00	
Coffee	R13.00	
Iced Tea	R17.00	
Grapefruit	R15.00	
Powderade	R15.00	
Just Juice	R13.00	
Energade		
Tea		
Herbal Tea (weight loss)		

Coca-Cola

afriqueen

Coca-Cola

Halaal

Vegetarian Options

Afri Veg Platter

- 2 Starch & 2 Veg
- 2 Starch & 1 Veg

Half Portion

- 1 Starch & 2 Veg

Meat Options

Served with white or spiced rice or samp and beans or jappati

Chicken Curry

Peanut Chicken Curry

Fish Stew

Mutton Stew

Beef Stew

Ulusu Stew

Mince Stew

FULL	HALF
R80.00	R42.00

Rice & Beans

Jollof Rice

Xhosa Chicken (free range) & Augusie

Additional Portions of Meat

Chicken Curry

Peanut Chicken Curry

Fish Stew

Mutton Stew

Beef Stew

Ulusu Stew

Additional Portions of Starch

Rice

Spiced Rice

Pap

Samp & Beans

Jappati (Roti)

R00.00

R40.00

R08.00

R26.00

R26.00

R29.00

R29.00

R26.00

R26.00

Additional Portions of Veg

Black-eyed Beans

Butter Lettuce

Spinach

Mushrooms

Sauerkraut

R 12.88 Fruit Juice R 13.00

R 15.88 Coffee R 88.88

R 15.88 Tea R 88.88

R 88.88 Power

R 88.88 Play 250ml R 20.00

R 88.88 Power

R 15.88 Play 440ml R 25.00

R 88.88 Just Juice

R 88.88 Bonaqua Pump 750ml R 330ml R 13.00

Drink Viola. Drink Life.

PREMIUM WATER



OCCUPATIONAL HEALTH & S

SANDWICHES	
CHEESE	15
CHEESE & TOMATO	20
CHICKEN & MAYO	25
STEAK	25
CHEESE & VIENNA	25
STEAK & EGG	30
STEAK & CHEESE	35
STEAK & CHIPS	45
FULL HOUSE	50

BURGERS	
PLAIN BEEF	30
BEEF WITH CHIPS	45
ZINGER CHICKEN FILLET WITH CHIPS	45
MASALA CHICKEN & CHIPS	45
CRUMBED BURGER & CHIPS	35

COLLECT HERE

WRAPS	
CHICKEN	38
STEAK	40
GOOD MORNING	30
ADD CHIPS TO WRAP	12

STRIPS & CHIPS	
CHICKEN	48
HOT CHIPS	
MEDIUM	30
LARGE	35

BUILD-A-GATSBY ADD ON	
WORZ GATSBY	65
VIENNA GATSBY	65
CHICKEN GATSBY	70
STEAK GATSBY	75
ADD CHEESE	6
ADD EGG	10

ORDER HERE

ROLLS (ALL MEALS COME ON A ROLL)	
PLAIN WORZ	30
WORZ & CHIPS	35
CHICKEN ROLL & CHIPS	45
SINGLE HOT DOG	35
STEAK ROLL & CHIPS	45
CHIP ROLL	25



COMBOS



BURGERS

CHICKEN	R 35
STEAK	R 36
ZINGER	R 35
VEGETARIAN	R 35



CHICKEN BURGER CHIPS	R 45
BEEF RIB BURGER CHIPS	R 35
DOUBLE BEEF BURGER + CHIPS	R 45

2 SINGLE BEEF BURGERS CHIPS	R 45
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CIABATTA TOASTED

CHICKEN	R 40
STEAK	R 50
VEGETARIAN	R 40



SHWARMAS

CHICKEN	R 40
STEAK	R 50



SUBS

CHICKEN	R 40
STEAK	R 50



HOT DOGS

DOUBLE	R 35
SINGLE	R 30
PLUS CHIPS	



WRAPS

CHICKEN	R 38
STEAK	R 50
ZINGER WRAPS	R 38



PIES

ASSORTED

R 22



PIE CHIPS 28

HOT CHIPS

MEDIUM	R 28
LARGE	R 35
CHIP ROLL	R 28



BURGER + FRIES

R 45

R 20

VEGGIE SUB

R 40

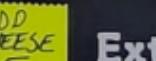
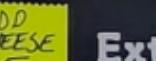
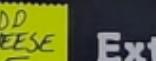
FALAFAL WRAP

R 38

OR
PITA R 38

VEGETARIAN

Always Fresh



ADD
CHEESE
R 5

12

Extras: Chips R 12

TRY ME I'M NEW



BUDGET ROLLS

Muffins

Samosas

Coffee

Hot Chocolate

SUPER BIG BEEF BURGER & CHEESE - R32.00

TOasted SUBS
① FILLING R35.00
② FILLINGS R40.00
③ FILLINGS R45.00
White Brown

FILLING CHOICES
Chicken Mayo
Tikka Chicken
Beef Pastrami
Chicken Pastrami
Cheese Russian
Chicken Livers

SUPER RIB BURGER R40.00

LARGE SEEDED ROLL
Chicken Avo R40.00
Tikka Avo R40.00
Chili Mayo R35.00

HOT DRINKS
Filter Coffee
Hot Chocolate
Chocolate
Five Roots
Rooibos
Chai Latte

DRINKS
Samosas x2 large R16.00
Chicken / Mince / Potato / Veg
R15.00
R9.00
R1.00
R5.00

UCT Staff & Students are all special to us!

Red Bull

Snapscan

Pay Connex

ROLLS

Coffee

Hot Chocolate

R 35.00

TOASTED SUBS

-White
-Brown



R 40.00

R 45.00

FILLING CHOICES

Chicken Mayo
Tikka Chicken
Beef Pastrami
Chicken Pastrami
Cheese Russian
Chicken Livers

MINI STEAK

Tuna Mayo
Egg Mayo
Cheese
Avocado

SUPER RIB BURGER

R 40.00



CT Staff & Students
all special to us!

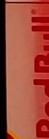


HOT DRINKS

Filter Coffee R 18.00
Hot Chocolate R 25.00
Chocochino R 25.00
Five Roses Tea R 10.00
Rooibos Tea R 10.00
Chai Latte R 10.00

LARGE SEEDED ROLL

Chicken Avo R 40.00
Tikka Avo R 40.00
Chicken Mayo R 45.00



DAN'S HEALTH SHOP

SANDWICHES

- Cheese and Tomato R25
- Cheese and Avo R25
- Panini R40
- Lo Gi Bread R25



DRINKS

- Soft Drinks R12 - R14
- Energy Drinks R12
- Red Bull R20
- Water R10
- Juice R14
- Drinking Yoghurt R14



SNACKS

- Dried Fruit
- Smoothies
- Fruit Cups
- Muesli Cups
- Fruit Packets

R10 - R25
R35 - R45
R20 - R45
R25 - R40
R10 - R50

COFFEE

- Hot Chocolate R25(Large)
- Espresso R20
- Cappuccino R25(Small) R30(Large)
- Americano R22
- Ginger and Lemon Tea R20
- Chai Latte R25

DAN'S HEALTH SHOP

SANDWICHES

- Cheese and Tomato R25
- Cheese and Avo R25
- Panini R40
- Lo Gi Bread R25



DRINKS

- Soft Drinks R12 - R14
- Energy Drinks R12
- Red Bull R20
- Water R10
- Juice R14
- Drinking Yoghurt R14



SNACKS

- Dried Fruit R10 - R25
- Smoothies R35 - R45
- Fruit Cups R20 - R40
- Muesli Cups R25 - R40
- Fruit Packets R10 - R50

COFFEE

- Hot Chocolate R25(Large)
- Espresso R20
- Cappuccino R25(Small) R30(Large)
- Americano R22
- Ginger and Lemon Tea R20
- Chai Latte R25

Campus *Cafe*

COFFEE TO GO



WINTER TEA \$1.20

CHAMOMILE \$1.20

HONEY TEA \$1.20

DAIRY FREE \$1.20

STRAWBERRY \$1.20

GREEN TEA \$1.20

LEMON \$1.20

ICE TEA \$1.20

SOY LACTE \$1.20

LADY

TEA

\$1.20

ADD MILK

\$0.20

ADD SUGAR

\$0.20

ADD CREAM

\$0.20

ADD HONEY

\$0.20

ADD COFFEE

\$0.20

ADD MILK & SUGAR

\$0.20

ADD CREAM & SUGAR

\$0.20

ADD HONEY & SUGAR

\$0.20

ADD COFFEE & SUGAR

\$0.20

ADD CREAM & HONEY

\$0.20

ADD COFFEE & HONEY

\$0.20

ADD COFFEE & CREAM

\$0.20

ADD COFFEE & CREAM & HONEY

\$0.20

ADD COFFEE & MILK

\$0.20

ADD COFFEE & MILK & SUGAR

\$0.20

ADD COFFEE & MILK & HONEY

\$0.20

ADD COFFEE & MILK & CREAM

\$0.20

ADD COFFEE & MILK & CREAM & HONEY

\$0.20

ADD COFFEE & MILK & CREAM & SUGAR

\$0.20

ADD COFFEE & MILK & CREAM & HONEY & SUGAR

\$0.20

ADD COFFEE & MILK & CREAM & HONEY & SUGAR & CREAM

\$0.20

Campus Cafe

COFF

INSTANT LARGE	R 10
JACOBS LARGE	R 12
FILTER COFFEE LARGE	R 14
ICED COFFEE LARGE	R 16
NESCAFE CAPPUCCINO LARGE	R 15
BARISTA CAPPUCCINO SMALL	R 20
HOT CHOCOLATE LARGE	R 14
MOCHA COFFEE LARGE	R 25
BARISTA CAPPUCCINO LARGE	R 25

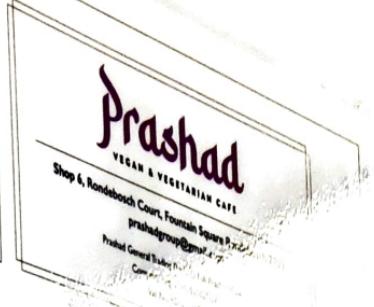
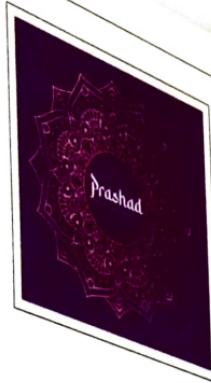
GINGER TEA	R 10
CHAMOMILE	R 10
HONEY TEA	R 10
EARL GREY	R 10
ROOIBOS	R 10
GREEN TEA	R 10
FIVE ROSES	R 10
CHAI	R 10
CHAI LATTE	R 25

Cappuccino R20

FILTER COFFEE
R 14

FILTER COFFEE
R 14

GINGER TEA	R 10
CHAMOMILE	R 10
HONEY TEA	R 10
EARL GREY	R 10
ROOIBOS	R 10
GREEN TEA	R 10
FIVE ROSES	R 10
CHAI	R 10
CHAI LATTE	R 25



MENU

SNACKS

- Potato and Coriander Samoosa - R8
Vegan Mince Samoosa - R8
SAMOOSA SPECIAL - R30 (Five Samosas or Chilibites)
Mix Veg Springrolls - R12
Chilibites - R8

SWEETS / DESSERTS

- Muffins - R15
Biscuits - Individuals - R8
Biscuits - Box - R75
Chocolate Brownies - R25

MAIN MEALS

- Wraps - R45
Curry and Rice - R45
Special of the Day - R55

BEVERAGES

- Cooldrinks - R18
Water - Still / Sparkling - R12
Energade - R20