

## Appendix B: Learning Styles Test [<http://www.emtrain.eu/learning-styles/>]

EMTRAIN WP 8 Learning and teaching concepts and methodology (Emtrain, 2020)

### Learning Style **Match**

- |                    |       |
|--------------------|-------|
| • Pragmatist Style | 0.316 |
| • Theorist Style   | 0.250 |
| • Reflector Style  | 0.250 |
| • Activist Style   | 0.136 |

Your primary learning style. Match: 0.316 – Pragmatist Style.

Pragmatists need to be able to see how to put the learning into practice in the real world. Abstract concepts and games are of limited use unless they can see a way to put the ideas into action. Pragmatists are likely to be experimenters, trying out new ideas, theories and techniques to see if they work. They may act quickly and confidently on ideas, getting straight to the point, and may lose patience with lengthy discussions.

Learning methods especially suited to pragmatists include:

- Practicals
- Case studies
- Problem setting.

Your secondary learning style. Match: 0.250 – Theorist Style

Theorists like to think through problems in a logical manner. They value rationality and objectivity and want to assimilate disparate facts into coherent theories. They are disciplined, aiming to fit things into a rational order. They are often keen on basic assumptions, principles, theories, models and systems thinking.

Learning methods especially suited to theorists include:

- Models
- Classroom response systems (get one of the theorists in the classroom to be responsible for the stats!)
- Storytelling
- Quotes
- Tutorials (these may then be coupled to practicals for applying the theory learned in the tutorials)

Your tertiary learning style. Match: 0.250 – Reflector Style

Reflectors prefer to stand back and observe. They tend to be cautious, preferring to take a back seat. They like to collect and analyse information to help them reach their conclusions, which they may take considerable time and effort to develop. Reflectors see the big picture by using data gathered from previous experience as well as the here and now.

- Learning methods especially suited to reflectors include:
- Paired discussions
- Self-analysis questionnaires
- Time out [simply build in sufficient breaks to make space for the reflectors]
- Showcase / Demonstrations
- Feedback from others
- Coaching

Your quaternary learning style. Match: 0.136 – Activist Style

Activists like to immerse themselves fully in new experiences. They enjoy the 'here and now', and tend to be open-minded, enthusiastic and flexible. They tend to act first and consider the consequences later, and they often seek to centre activities around themselves.

- Learning methods especially suited to activists include:
- Brainstorming
- Problem setting
- Group discussions
- Roleplaying