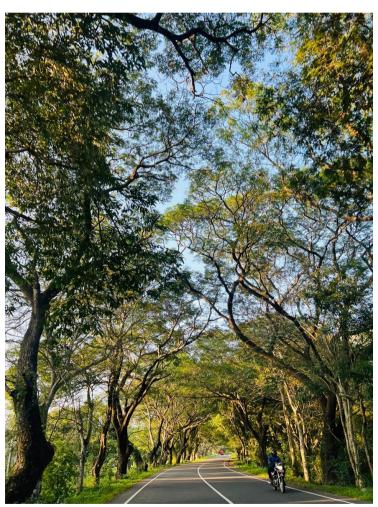




Mandala Ceylon Travels -Travel the Universe





Introduction

Mandala – The Universe, is more than a travel company; it is a gateway to self-exploration and an expedition into nature. Sri Lanka, our home base, is not merely a destination to visit but a land of profound

self-discovery. With its stunning natural landscapes, deep-rooted community values, and unparalleled hospitality, Sri Lanka invites travellers to embark on journeys that touch the soul and awaken the senses.

Our core team at Mandala Travels has over 15 years of experience in cultural and community-based tourism. Our unique offerings have enabled countless travelers from across the globe to immerse themselves in the vibrant cultures of Sri Lanka and India. As passionate travelers ourselves, we ensure that every experience we offer is infused with heart and authenticity. Following a hiatus during the COVID-19 pandemic, we have rebranded and revitalized Mandala Travels with a newly developed homely villa in Colombo, ready to welcome the world once again.

Our Vision To provide personalized, soul-stirring travel experiences that connect people to the essence of Sri Lanka—its culture, nature, and spirituality—in a way that is both affordable and memorable.

Our Mission To stand apart in today's competitive travel industry by offering tailor-made, heartfelt travel experiences that prioritize meaningful connections, community engagement, and sustainability. We aim to create lasting memories while preserving the beauty and integrity of Sri Lanka's cultural and natural heritage.

Our story:



Yasintha is a passionate advocate for soulful travel, mental wellness, and cross-cultural relationships. A dedicated yoga practitioner, she incorporates yoga as a method of relaxation and mental health management. She is also a big fan of laughter yoga, a joyful practice she learned during her remarkable



time in India. Her experiences in India significantly shaped her approach to wellness and cross-cultural learning.

Coming from humble beginnings in a Sri Lankan village, Yasintha worked tirelessly to realize her dream of exploring the world. She established and successfully ran a community volunteerism program for 12 years, connecting the UK, Sri Lanka, and India. This initiative created meaningful experiences for thousands of participants while showcasing Sri Lanka's magical beauty through a cultural lens.

As a social worker and mental health practitioner, Yasintha has traveled extensively across the globe, sharing knowledge and building bridges between diverse cultures. Her journey reflects resilience and determination, overcoming gender-based discrimination and inspiring others. She excels in creating opportunities for travelers to gain new perspectives, ensuring they return with a relaxed mind and a renewed outlook, carrying the essence of Sri Lanka with them.



Building on her passion and expertise, Yasintha is now creating "Mandala - The Universe Travel with Soul Journey." This initiative is designed to help people reconnect and regain balance after the forced breaks imposed by COVID-19 and its aftermath. Through this journey, Yasintha aims to offer transformative travel experiences that foster mental wellness, cultural understanding, and personal growth.



Indika comes from a background in security and aviation management, bringing a unique perspective to the travel industry. With

a deep passion for travel, he views exploration as an opportunity to connect with the world beyond the surface. Indika's professional experiences have instilled in him a strong sense of discipline, adaptability, and attention to detail—all qualities that enhance the travel experiences he curates.

His love for travel stems from a desire to explore with purpose and immerse himself in diverse cultures and traditions. Indika has played a key role in creating seamless and enriching journeys for travelers, ensuring that every detail contributes to a meaningful experience. His commitment to fostering cross-cultural understanding and his enthusiasm for showcasing Sri Lanka's beauty make him an invaluable member of the Mandala Travels team.

Why Sri Lanka?



Sri Lanka is a treasure trove of experiences. From its serene beaches and lush rainforests to its majestic mountains and ancient temples, the island is a paradise for nature lovers and seekers of spiritual growth. It's warm and welcoming people uphold values of community and hospitality, making every traveler feel at home. Sri Lanka is not just a place to see; it is a destination to feel and to be transformed by.

Our Offerings

1. Scenic Tours

- Explore Sri Lanka's breath-taking landscapes, including tea plantations, waterfalls, and pristine beaches.
- o Immerse yourself in the island's vibrant biodiversity and serene countryside.

2. Self-Spiritual Tours

• Reconnect with your inner self through curated spiritual journeys.

 Visit ancient temples, participate in meditation retreats, and experience traditional healing practice





Learn traditional crafts, cooking, and cultural practices directly from the local

4. Adventure Expeditions

- Embark on thrilling activities such as hiking, wildlife safaris, and water sports.
- Discover hidden trails and off-thebeaten-path destinations.

3. **Cultural Immersion Experiences**OEngage with local communities through workshops, festivals, and home stays.





- 5. Experiencesin Yoga andBuddhism as aphilosophy
- O Dive into
 the philosophy of
 Buddhism through
 temple visits,
 guided teachings,
 and discussions
 with monks.
- Participate

in yoga retreats designed to harmonize mind, body, and soul, often held in serene natural settings.

- Explore the intersection of mindfulness and movement, learning techniques that you can carry forward in your life.
- 6. Exploration of Sri Lankan Martial Arts Angampora



- O Discover the ancient martial art of Angampora, unique to Sri Lanka.
- Participate in workshops and demonstrations that reveal the art's deep cultural roots and its focus on discipline and harmony.
- Engage with practitioners who preserve this centuries-old tradition and share its stories.



7. Ayurveda Treatments and Sathvic Food

Experience the healing power of Ayurveda, Sri Lanka's ancient medical



- Rejuvenate your body and mind with massages, herbal remedies, and detoxifying
- rituals tailored to your needs.
- Enjoy the benefits of Sathvic food, a diet rooted in balance and purity, crafted using fresh, local, and organic ingredients to nourish your soul.

8. Customized Travel Packages



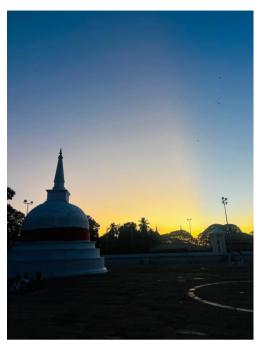
- Tailor your travel experience to suit your unique interests and needs.
- Whether you seek relaxation, adventure, or cultural exploration, we craft itineraries just for you.

Why Choose Mandala Travels?

Authenticity: We focus on creating genuine, meaningful connections between travelers and the places they visit







• **Sustainability:** Our tours are designed to support local communities and preserve Sri Lanka's natural and cultural heritage.





 Personalization: Every traveller is unique, and so are our offerings. We provide personalized options that cater to individual preferences.





• **Affordability:** We believe that soul-enriching travel should be accessible to all, and we strive to offer competitive pricing without compromising on quality.

Expertise: With years of experience and a deep love for travel, our team ensures every

journey is meticulously planned and executed.







Our Promise: At Mandala Travels, we don't just offer travel; we offer transformative experiences that linger in your heart and mind long after the journey ends. Let us take you beyond the ordinary to discover the extraordinary beauty and spirit of Sri Lanka.

Our Commitment to Social Responsibility

At Mandala, - At Universe, we take our social responsibility seriously, striving to create a positive impact on the communities around us. We ensure that our business benefits the local community in meaningful ways—whether it's by supporting tuk-tuk drivers, fruit sellers, or local dressmakers.

We also deeply value the well-being of our staff and their families. Through our annual and quarterly wellness programs, we focus on building happy families and happy teams, fostering a supportive and joyful environment for everyone involved.

Contact Us Join us at Mandala Ceylon Travels and start your journey of a lifetime. Explore the universe within and around you with us.

(Working in progress)

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