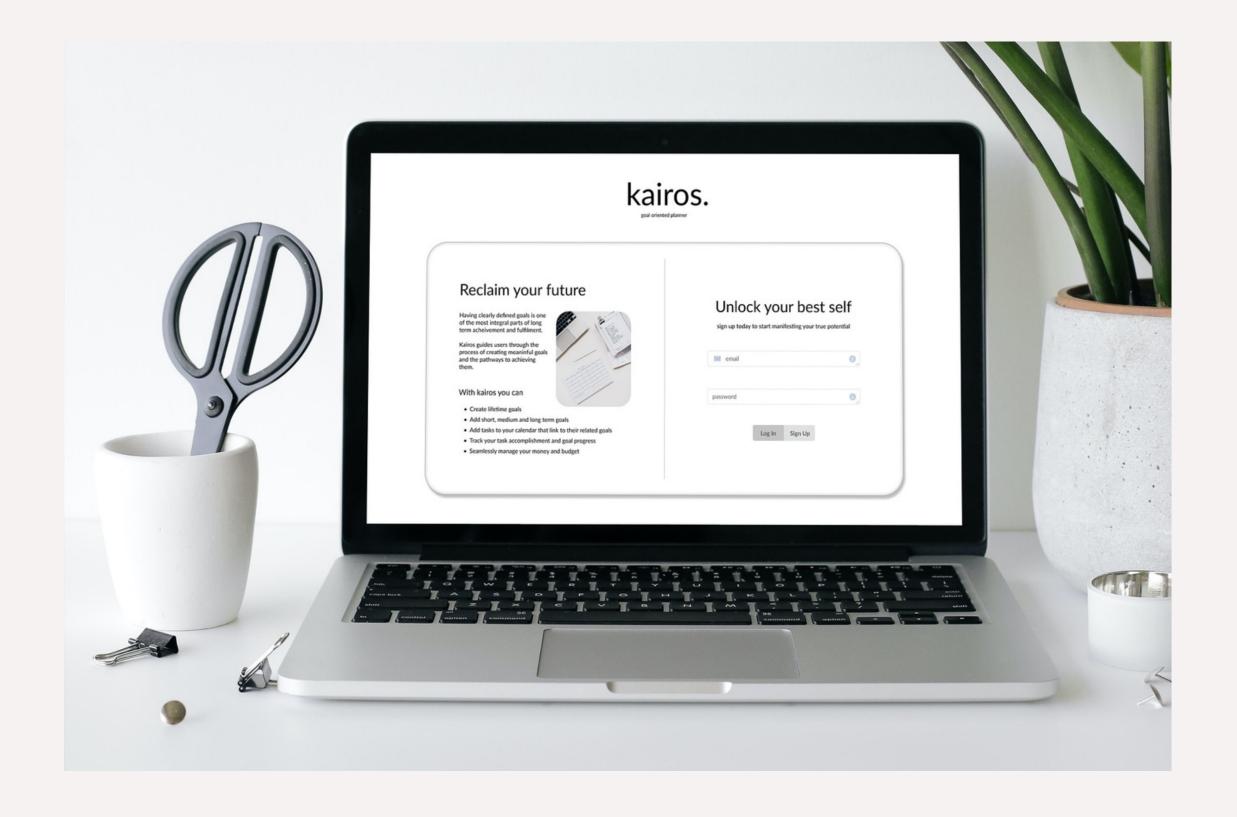
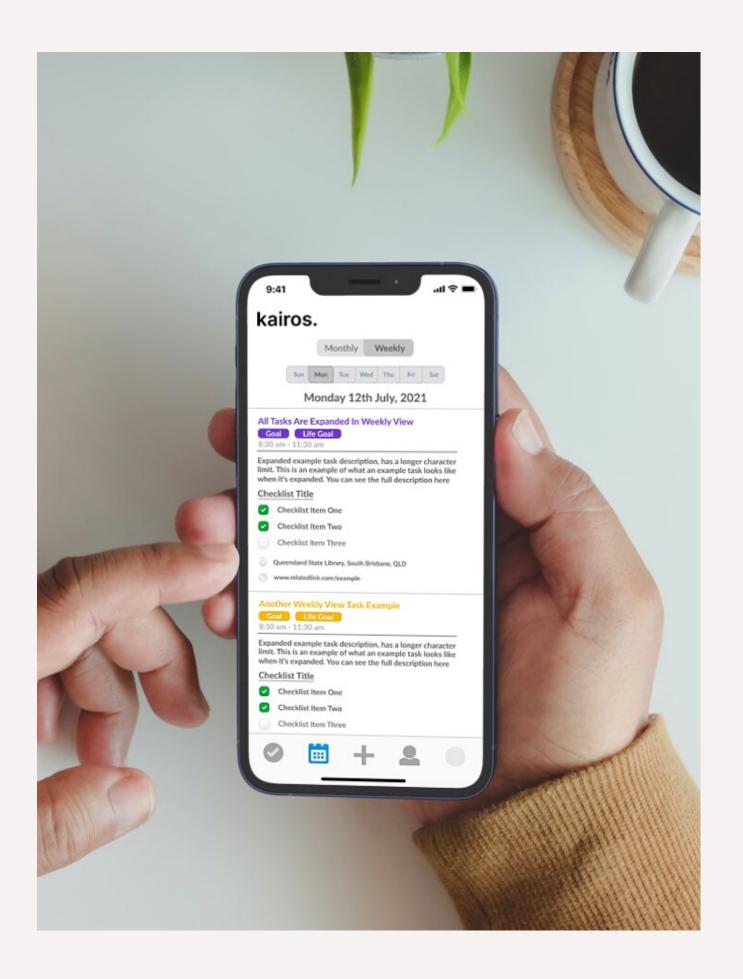
## DERICK YEARNSMITH & PHILIPPE CANTREL

## kairos.

A goal oriented scheduler





## What is kairos?

Goal and habit tracking meets calendar

"Research has shown that you are 2x to 3x more likely to stick to your goals if you make a specific plan for when, where, and how you will perform the behavior."

- Set life, long, medium and short term goals
- Create goal oriented events
- Track desired habits
- Monthly and weekly calendars





Semantic UI

React Calendar

Moment.js

JWT

jwt-decode

bcrypt

Mongoose Autopopulate

Pluralize



Express



kairos.