

Categorisation

Working document

1 Reporting of eight main categories

Query:

```
SELECT COUNT(*) AS Instances, Categories.category
  FROM Activities
  JOIN Categories
  ON Categories.tuc = Activities.tuc
  GROUP BY Categories.category
  ORDER BY Instances DESC;
```

category	Instances
food	2208
care_self	1427
recreation	1409
care_house	597
work	573
other_category	447
care_other	438
travel	76

2 Food

Query: The 'a' term returns tuc and number of occurrences in all reported activities. The 'Join Legend' adds the meaning column

```
SELECT Code, meaning, count FROM
  (SELECT COUNT(*) AS count, Activities.tuc AS Code
  FROM Activities
  JOIN Categories
  ON Categories.tuc = Activities.tuc
  WHERE Categories.category = 'food'
  GROUP BY Activities.tuc) as a
```

```

JOIN Legend
ON value = a.Code
WHERE col = 'tuc'
ORDER BY count DESC;

```

The results have been regrouped in different ways"

2.1 Option 1: By meal phase

Hot drink

count	meaning	Code
429	Hot drink	214

Prepare meal

count	meaning	Code
179	Oven	8531
157	Kettle	8535
136	Cook on hob	8532
67	Microwave	8533
54	Prepare cold meal	3111
50	Toaster	8534
40	Lay table	3135
28	Prepare hot meal	3112
28	Prepare hot meal	3112
5	Baking	3120
2	Getting a takeaway	6003
1	Toaster	3124

Eating

count	meaning	Code
406	Eating hot meal	212
173	Eating	211
95	Eat	210
95	Eat	210
79	Snack	213
8	Outdoors eating	6001

Generic

count	meaning	Code
64	Food	3191
2	Food or drink	3100
1	BBQ	6004

After meal

count	meaning	Code
102	Wash dishes	3132
73	Clear away meal	3131
34	Dish washer	3133
20	Dish washing	3134
1	Lay or clear table	3136
2	Lay or clear table	3130

2.2 Option 2 - by energy relation

2.3 Energy intensive

count	meaning	Code
429	Hot drink	214
406	Eating hot meal	212
179	Oven	8531
157	Kettle	8535
136	Cook on hob	8532
67	Microwave	8533
50	Toaster	8534
34	Dish washer	3133
28	Prepare hot meal	3112
28	Prepare hot meal	3112
5	Baking	3120
1	Toaster	3124

2.4 Not energy intensive

count	meaning	Code
173	Eating	211
102	Wash dishes	3132
95	Eat	210

count	meaning	Code
95	Eat	210
79	Snack	213
73	Clear away meal	3131
64	Food	3191
54	Prepare cold meal	3111
40	Lay table	3135
20	Dish washing	3134
8	Outdoors eating	6001
2	Food or drink	3100
2	Getting a takeaway	6003
1	BBQ	6004
1	Lay or clear table	3136
2	Lay or clear table	3130

3 Care self

3.1 By phase of day

Bed related

count	meaning	Code
243	Sleep	110
155	In bed, not asleep	111
14	Sick in bed	120
3	Rest or sleep	5311

Hygiene

count	meaning	Code
212	Shower	311
147	Getting dressed	314
54	Getting ready	302
43	Wash	313
35	Personal care	0
26	Bathing	321
17	Hygiene / Beauty	315
3	Wash and dress	310
2	Shave	8574
14	Running a bath	320
12	Brush teeth	8572

count	meaning	Code
6	Wash	316
5	Hair dryer	8571
4	Do hair	8575

Time for oneself

count	meaning	Code
89	Got home	304
82	Me time	303
56	Resting	5310
79	Exercise	6100
41	Pottering	3242
16	Exercise	9610
16	Sport	9610
3	Me time	300

Other

count	meaning	Code
64	Shopping	3600
35	quick list	0
2	Work break	1120