

The term “filled” means you are inspired or you allowed an expression. This is as a function of your will.

**1 Corinthians 14: 14-15** says: “For if I pray in a tongue, my spirit prays, but my understanding is unfruitful. **15** What is the conclusion then? I will pray with the spirit, and I will also pray with the understanding. I will sing with the spirit, and I will also sing with the understanding”.

When we speak in tongues, our spirit prays but our understanding is unfruitful because it is not a man’s language. These verses also emphasize on “I will” which shows that you can do it. It is as you will.

#### **Acts 9:11**

“And Ananias went his way and entered the house; and laying his hands on him he said, “Brother Saul, the Lord Jesus, who appeared to you on the road as you came, has sent me that you may receive your sight and be filled with the Holy Spirit.”

It is God’s desire for all of us to be filled with the Spirit, that is, to speak with tongues.

**Acts 2:4** says, “And they were all filled with the Holy Ghost, and began to speak with other tongues, as the Spirit gave them utterance”

The spirit of God who is already in you gives you the utterance, you just have to open your mouth to speak.

We are filled with the Spirit by Speaking. Speaking with Tongues! When someone says “I am so full of the Holy Ghost” This implies that the person has done a lot of speaking; a lot of speaking in tongues. This is what it means to pray in tongues or pray in the spirit.

#### **Praying In the Spirit**

**Jude 1:20** says, “But you, beloved, building yourselves up on your most holy faith, praying in the Holy Spirit” When you pray in tongues, you are building up yourself.

As a believer, you have to learn to speak/pray in tongues a whole lot.

**Ephesians 6:18** says, “praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints”

The very best way to pray for ourselves and other believers is to pray in the spirit.

#### **1 Thessalonians 5:17** “pray without ceasing”

When you speak in tongues, ensure to keep the flow. Keep a constancy to it, this is how to remain full of the Spirit and be in continual communication with your father.

There is nothing wrong in waking up in the morning and setting yourself to pray in tongues for 30 minutes or up to an hour everyday. There are things the Holy Spirit wants to speak to your heart about and you will hear him via praying in tongues a lot.

Recall, **1 Corinthians 14:39** “forbid not to speak with tongues”

So brethren, do not reject or disbelieve speaking with tongues. It is of God. This is how to pray to God. This is how to be full of the Spirit. This is how to remain in constant fellowship and communication with the Father.

**I hope you learned something!**

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# Praying in the Spirit





here are a lot of good things in us through Christ Jesus that we need to come to the discovery of.

**Philemon 1:6** says: "that the sharing of your faith may become effective by the acknowledgment of every good thing which is in you in Christ Jesus".

Our faith is only effective to the degree at which we come to an acknowledgement or precise understanding of what we have received through Christ Jesus. One of such things we have received is the ability to speak with Tongues.

**Ephesians 1:13** says: "In Him you also trusted, after you heard the word of truth, the gospel of your salvation; in whom also, having believed, you were sealed with the Holy Spirit of promise"

Anyone who believes the gospel – the good news that Jesus Christ died for us; was buried and was risen from the dead has the Spirit of God dwelling in him. It is the resurrected life of Christ that has come to dwell in us.

**Romans 8:9** says: "But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you"

Because you believe in Jesus, you are in the spirit. The spirit of God dwells in you.

### Speaking With Tongues

We have established that by believing in Jesus, we have the indwelling of his spirit. ' Jesus therefore made a statement as written in **Mark 16:17** – "And these signs will follow those who believe: In My name they will cast out demons; they will speak with new tongues"

This means that a sign that shows that we believe in Jesus and that we have his spirit dwelling in us is that we can speak with tongues.

The very first instance of when tongues was spoken was written in **Acts 2:1-4** which says: "When the Day of Pentecost had fully come, they were all with one accord in one place.

**2** And suddenly there came a sound from heaven, as of a rushing mighty wind, and it filled the whole house where they were sitting.

**3** Then there appeared to them divided tongues, as of fire, and one sat upon each of them.

**4** And they were all filled with the Holy Spirit and began to speak with other tongues, as the Spirit gave them utterance".

On this day, the disciples of Jesus had gathered together and it was not only the twelve disciples who spoke with tongues but one hundred and twenty men as seen in

#### **Acts 1:15**

"And in those days Peter stood up in the midst of the disciples (altogether the number of names was about a hundred and twenty)"

The emphasis to note is that all of them were filled with the Holy Spirit and spoke with tongues, not some of them.

Another instance is seen in **Acts 10:44-46** which says: "While Peter was still speaking these words, the Holy Spirit fell upon all those who heard the word.

**45** And those of the circumcision who believed were astonished, as many as came with Peter, because the gift of the Holy Spirit had been poured out on the Gentiles also.

**46** For they heard them speak with tongues and magnify God"

In this instance, Peter went to preach in Cornelius' house and all those who heard him and believed were filled with the Holy spirit. Hence, they spoke with tongues immediately.

#### **Acts 19:6**

"And when Paul had laid hands on them, the Holy Spirit came upon them, and they spoke with tongues and prophesied".

In this instance, Paul had met twelve disciples while passing through Ephesus and after his conversation with them, Paul laid his hands on them and all of them spoke with tongues.

***This is to say, every believer has the right to speak with tongues.***

#### **1 Corinthians 14:18,**

"I thank my God, I speak with tongues more than ye all"

Paul, the writer of the book of Corinthians thanked God that he spoke in tongues more than the whole Corinthians church. One thing to note here is that he said "more than ye all". This implies that the whole church was actually speaking in tongues.

#### **1 Corinthians 14:39**

"Wherefore, brethren, covet to prophesy, and forbid not to speak with tongues".

The same writer admonished us here to not forbid speaking with tongues.

### Tongues

Tongues are spiritual communication in the spirit. Tongue is used in fellowship with the father and in the development of our spiritual life.

#### **1 Corinthians 14:2** says

"For he who speaks in a tongue does not speak to men but to God, for no one understands him; however, in the spirit he speaks mysteries".

When you speak with tongues, you are speaking to God. Tongues are at no point a medium of communication to men.

**Mark 16:17** says "...they shall speak with new tongues".

It says new tongues. It is not speaking in someone else's language. It is speaking by the spirit. It is what is referred to as praying in the spirit.

### How Do You Speak With Tongues?

#### **Ephesians 5:18**

"And do not be drunk with wine, in which is dissipation; but be filled with the Spirit"

The Word of God admonished us to be filled with the Spirit.