

BIO-5023YB

2020

Spring term – week 6

Multiple Predictors & Interaction effects

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Learning outcomes

- Multiple predictors
- Interaction terms
- Results Bias

Introduction

In previous weeks we have learned about linear regression by ordinary least squares

$$y = \beta_0 + \beta_1 * x$$

Introduction

In previous weeks we have learned about linear regression by ordinary least squares

$$y = \beta_0 + \beta_1 x + \varepsilon$$

The diagram illustrates the components of the linear regression equation $y = \beta_0 + \beta_1 x + \varepsilon$. Four orange arrows point from descriptive text to the corresponding terms in the equation:

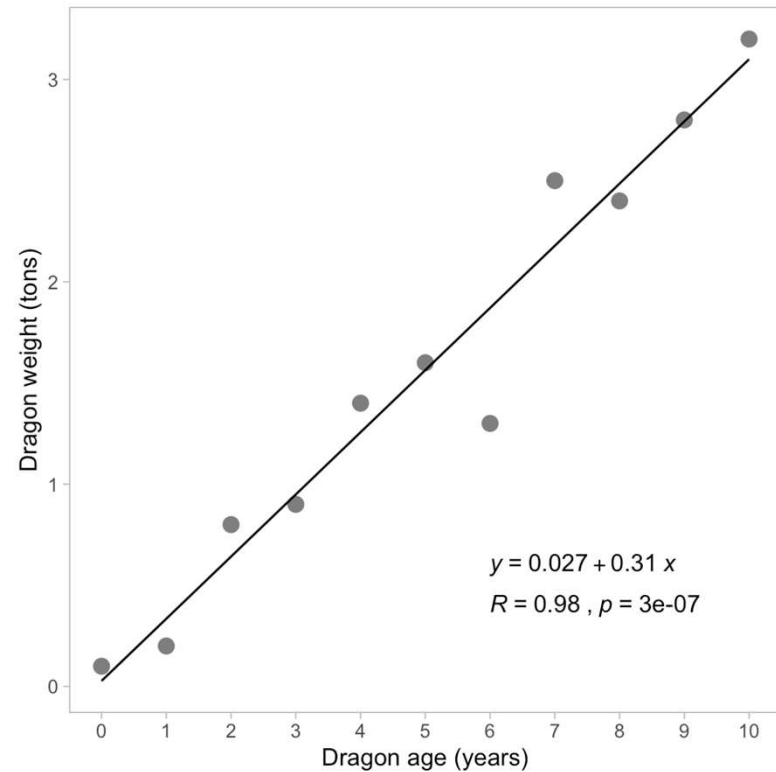
- An arrow points from "Expected value of the dependent variable (outcome)" to y .
- An arrow points from "**y intercept** – value of y when x is zero and/or mean of first factor" to β_0 .
- An arrow points from "The slope/coefficient Amount by which y changes for every unit change in x " to $\beta_1 x$.
- An arrow points from "The error" to ε .

Introduction

At age zero/birth we expect dragon weight to be _____

For each 1 year increase in dragon age we expect weight to increase by an *average* of _____ tons

At 4 years old we expect an average weight of a dragon to be _____ ?

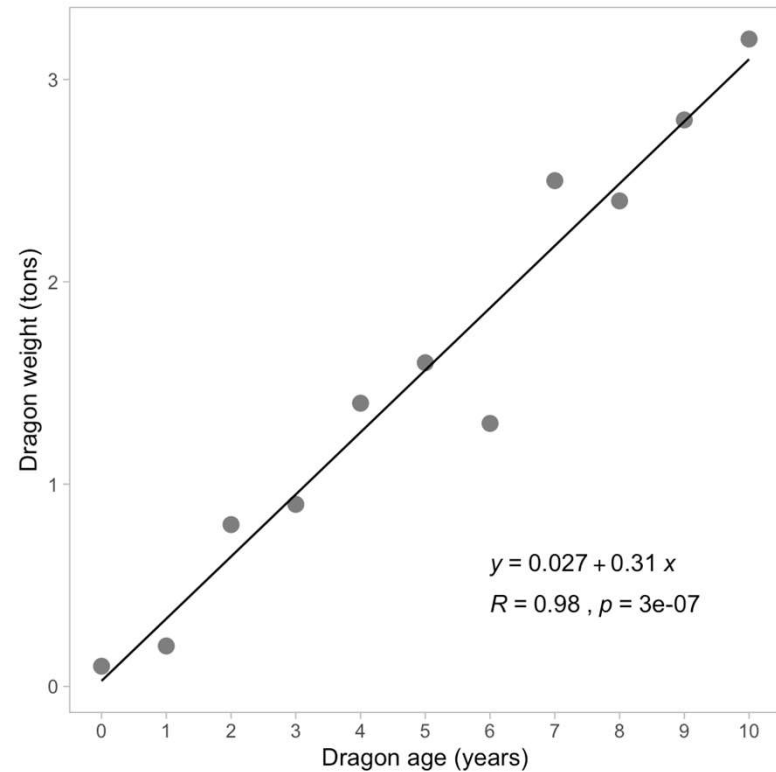


Making predictions

At age zero/birth we expect dragon weight to be **0.027 tons**

For each 1 year increase in dragon age we expect weight to increase by an *average* of **0.31 tons**

At 4 years old we expect an average weight of a dragon to be **1.267 tons**



Single predictor, single outcome

In that example, we could consider dragon age as a single predictor variable, and dragon weight as a single continuous outcome variable.

But often, we don't just have a single predictor variable that influences a single continuous outcome variable - we can imagine that the outcome variable **dragon weight** might be influenced by a number of variables, like: age, species, and diet.

When we are trying to explore relationships between **multiple predictor variables** (continuous or categorical) and a **single continuous outcome variable**, we might use *multiple linear regression*.

Multiple linear regression

Now let's consider one continuous **outcome** variable (**dependent**) and **two** continuous independent **predictor** variables.

```
dragon_mlr <- lm(dragon_wt ~ dragon_age + dragon_diet, data = dragon_df_2)
```

Coefficients:	dragon_age	dragon_diet	dragon_wt
	0	20.2	0.1
Intercept 0.061444	1	30.6	0.2
	2	40.2	0.8
Dragon_age 0.308176	3	31.6	0.9
	4	19.2	1.4
	5	45.6	1.6
Dragon_diet -0.001235	6	26.1	1.3
	7	20.4	2.5
	8	31.8	2.4
	9	50.4	2.8

Multiple predictors

Multiple linear regression

Written as an equation

```
dragon_mlr <- lm(dragon_wt ~ dragon_age + dragon_diet, data = dragon_df_2)
```

Coefficients:

Intercept
0.061444

Dragon_age
0.308176

Dragon_diet
-0.001235

$$\text{weight}(\text{age}, \text{diet}) = 0.0614 + 0.3082 * (\text{age}) - 0.0012 * (\text{diet})$$

Multiple linear regression

$$\text{weight}(\text{age, diet}) = 0.0614 + 0.3082 * (\text{age}) - 0.0012 * (\text{diet})$$

Based on our model what weight would we expect for a dragon that is 8.5 years old and eats 45 pounds of food per day

Example: $\text{weight}(8.5, 45) = 0.0614 + 0.3082 * (8.5) - 0.0012 * (45) = \underline{2.6254 \text{ tons}}$

Based on our model, what weight would we expect for a dragon that is 2.2 years old and eats 18.3 pounds of food per day?

Example: $\text{weight}(2.2, 18.3) = 0.0614 + 0.3082 * (2.2) - 0.0012 * (18.3) = \underline{0.7168 \text{ tons}}$

Interpret coefficients

How do we **interpret** the individual coefficients associated with each of the predictor variables?

Coefficients for continuous predictor variables in multiple linear regression can be interpreted as

*the expected change in value of the outcome variable with each 1-unit increase in the predictor variable, **if everything else is held constant.***

For each one year increase in dragon age we expect dragon weight to increase by 0.3082 tons on average, if dragon diet is held constant.

Another way to think about this: If we have two dragons that eat the same daily amount (diet is constant) but are separated in age by one year, then we'd expect the older dragon to weigh 0.3082 tons more than the younger dragon, on average.

For each one pound increase in dragon daily diet we expect dragon weight to decrease by 0.0012 tons, if dragon age is held constant.

Another way to think about this: If we have two dragons that are the same exact age, if Dragon A eats one pound of food more daily than Dragon B, we'd expect Dragon A to weigh 0.0012 tons LESS than Dragon B, on average

Coefficients for categorical predictors

We are already familiar with *factors* for categories

If we have **three levels** to a factor – by default R will code the levels in alphabetical order so that:

For 3 species of dragon:

- FriendlyGreen
- GiantPurple
- MiniBlue

FriendlyGreen will be coded as the reference level and set as the Intercept value

Coefficients for categorical predictors

We are already familiar with *factors* for categories

$$\text{weight}(\text{age}, \text{diet}) = 0.0614 + 0.3082 * (\text{age}) - 0.0012 * (\text{diet})$$

$$\text{weight}(\text{age}, \text{diet}, \text{species}) = 0.41 + 0.283 * (\text{age}) + 0.019 * (\text{diet}) - 0.056 * (\text{MiniBlue}) + 0.077 * (\text{GiantPurple})$$

Why have the estimates for age and diet changed?

Why isn't FriendlyGreen in the equation?

Coefficients for categorical predictors

We are already familiar with *factors* for categories

$$\text{weight}(\text{age}, \text{diet}) = 0.0614 + 0.3082 * (\text{age}) - 0.0012 * (\text{diet})$$

$$\text{weight}(\text{age}, \text{diet}, \text{species}) = 0.41 + 0.283 * (\text{age}) + 0.019 * (\text{diet}) - 0.056 * (\text{MiniBlue}) + 0.077 * (\text{GiantPurple})$$

Why have the estimates for age and diet changed? – **Because these are now the estimates for a FriendlyGreen**

Why isn't FriendlyGreen in the equation? – **FriendlyGreen is our species reference the other values represent deviation from these values by species**

Coefficients for categorical predictors

$$\text{weight}(\text{age}, \text{diet}, \text{species}) = 0.41 + 0.283 * (\text{age}) + 0.019 * (\text{diet}) - 0.056 * (\text{MiniBlue}) + 0.077 * (\text{GiantPurple})$$

0.283*age - For each one year increase in dragon age we expect dragon weight to increase by 0.283 tons on average, if dragon diet is held constant.

0.019*diet - For each one pound increase in dragon daily diet we expect dragon weight to increase by 0.019 tons, if dragon age is held constant.

-0.056*(MiniBlue) – If everything about the dragons is the same (age,diet) then we expect a MiniBlue to weigh less than a FriendlyGreen by -0.056 tons on average

0.019*(GiantPurple) - If everything about the dragons is the same (age,diet) then we expect a GiantPurple to weigh more than a FriendlyGreen by 0.019 tons on average

Coefficients for categorical predictors

$$\text{weight}(\text{age, diet, species}) = 0.41 + 0.283 * (\text{age}) + 0.019 * (\text{diet}) - 0.056 * (\text{MiniBlue}) + 0.077 * (\text{GiantPurple})$$

Based on our model what weight would we expect for a MiniBlue dragon that is 5.7 years old and eats 25.1 pounds of food per day

Example: $\text{weight}(5.7, 25.1, \text{MiniBlue}) = 0.41 + 0.283 * (5.7) + 0.019 * (25.1) - 0.056 * (1) + 0.077 * (0) =$

2.44 tons

Note Categorical Predictors are mutually exclusive – a dragon can be *either* FriendlyGreen, MiniBlue or GiantPurple

Multiple linear regressions

- **These are probably the most used types of regression you will come across**
- **Our standard assumptions of linear models must be considered**
 - Linear Relationship – Normality of Residuals – Homoscedasticity
 - Independence of Residuals

Practice questions

There are some practice questions for you to try on this week's worksheet. Complete and check them to test your understanding

Interactions

Interaction terms in Multiple Linear Regression

Why?

- You think that one of the predictor variables *changes the WAY that ANOTHER predictor variable influences the* outcome variable
- Increase understanding/exploration of predictor variable effects
- Test for an interaction between predictor variables

Why not?

- Complicates interpretation of coefficients
- Increased model complexity

Example:

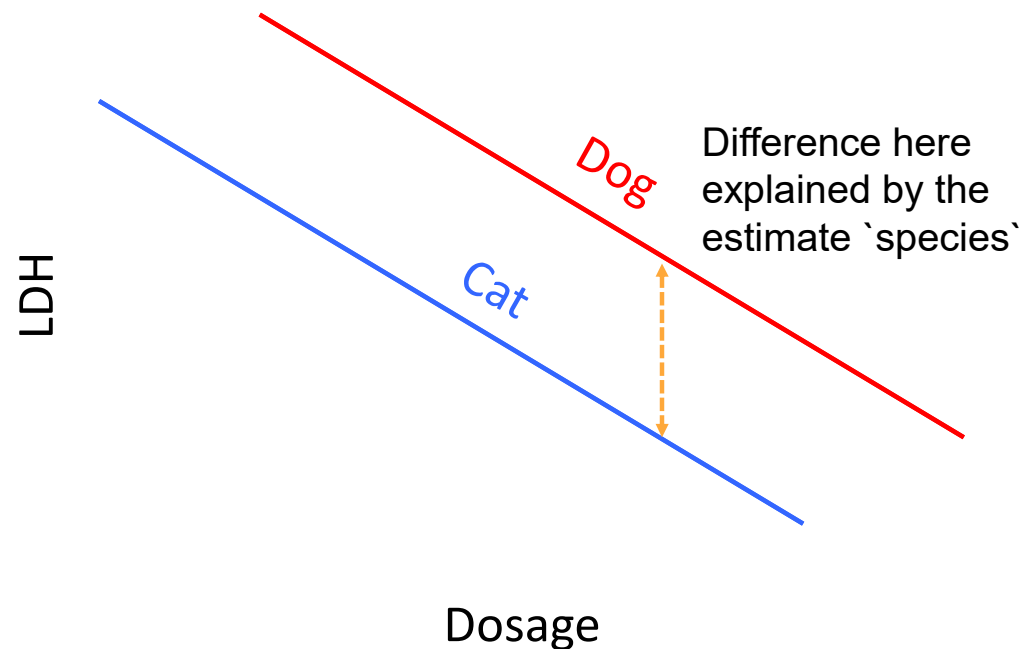
You are investigating the effects of drug dosage on LDH levels in cats and dogs (using Species and Dosage as the predictor variables).

You perform multiple linear regression, which looks something like this:

$$\text{LDH} = \beta_0 + \beta_1 * \text{Species} + \beta_2 * \text{Dose}$$

LDH – Lactate dehydrogenase – used as an indicator of tissue damage

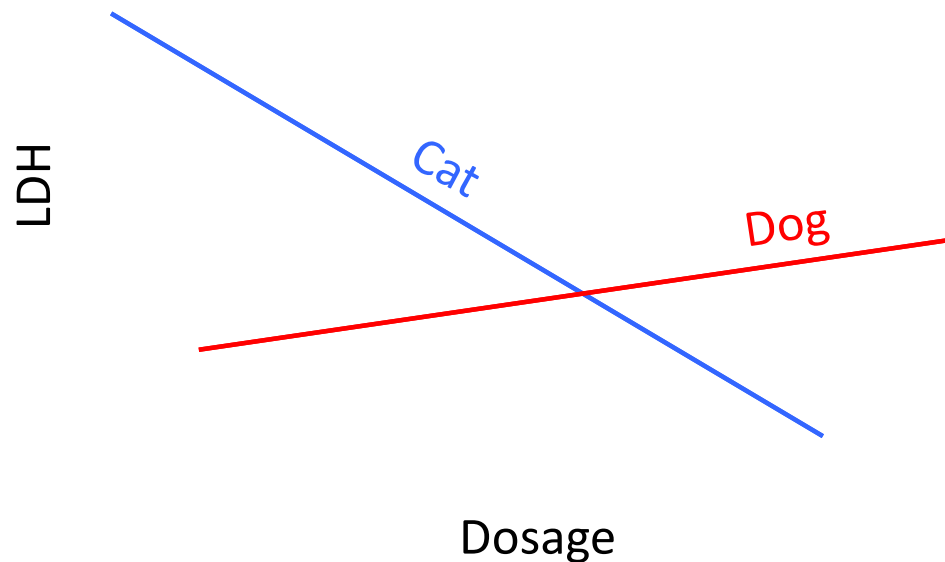
If there was NO interactive effect of Species on DOSAGE (i.e., we do not expect that Species will change the way DOSAGE influences LDH levels), we could expect something like this:



Notice: Species doesn't *change the WAY that* dosage influences LDH levels. There is NO interactive effect between species and dosage.


$$\text{LDH} = \beta_0 + \beta_1 * \text{Species} + \beta_2 * \text{Dose}$$

If there IS AN interactive effect between Species and Dosage (i.e., Species will change the way DOSAGE influences LDH levels), we could expect something like this:



Notice: Species *CHANGES the WAY that* dosage influences LDH levels. There *is* an interactive effect between species and dosage.

If you suspect an interactive effect and/or want to test for it, you might consider adding an interaction term to your regression model:

$$\text{LDH} = \beta_0 + \beta_1 * \text{Species} + \beta_2 * \text{Dose} + \beta_3 * (\text{Species} * \text{Dose})$$


Interaction
Term

Interpreting interaction terms

A researcher uses multiple linear regression to model algae concentration (mg/L) as a function of water temperature (Temp, °C) and phosphate concentration (mg/L).

First, let's consider a model without an interaction term:

$$\text{Algae} = 4.2 + 0.5 * \text{Temp} + 1.2 * \text{Phosphate}$$

How do we interpret these coefficients?

But what if we add an interaction term?

$$\text{Algae} = 4.2 + 0.7 * \text{Temp} + 1.2 * \text{Phosphate} + 0.4 * \text{Temp} * \text{Phosphate}$$

Then we can't just interpret **Temp** as “on average, algae concentration is expected to increase by 0.7 mg/L for each 1 degree increase in temperature” because **Temp** *also shows up in the interactive term*.

We'd have to interpret it, for example, at a specific phosphate concentration of 10 mg/L: “If phosphate is 10 mg/L, we expect algae concentration to increase by $(0.7 + 0.4 * 10)$ mg/L for each degree increase in temperature.”

So, when it comes to interaction terms:

- Have a conceptual basis for why you'd expect an interaction between Explanatory Variables (and visualize it)
- Know that your coefficients will CHANGE when you add an interaction term, and you HAVE to consider the interaction when you are interpreting the coefficients
- You can add the interaction term as a way to TEST the hypothesis that there is no significant interaction between Explanatory Variables and THEN remove it

Results Bias

Bias: a systematic difference between an estimator (e.g. value, coefficient, etc.) and a true population parameter

(1) Selection bias: Bias created by the non-random collection of observations – Planning stage and/or data collection stage

(2) Omitted-variable bias (OVB): Bias created when one or more predictor variables are incorrectly left out of a model – Analysis stage

Selection Bias:

- Sampling bias – Non-random collection of observations
- Data bias – Arbitrary and/or incorrect group of or omission of observations
- Study bias – Reporting only ‘favorable’ results
- Time interval bias – Ending (or beginning) trials or observations at times that might non-randomly influence the outcome

Omitted Variable Bias (OVB):

Bias created when one or more predictor variables are incorrectly left out of a model

...i.e., it *should* be included as a predictor variable because you expect it to influence the outcome.

OVB Effects:

- Other variable coefficients are incorrectly over- or underestimated (and it's not always clear which will occur)
- Standard errors and variances are wrong, and there's no way to know which direction they're wrong in
- Significance tests & CIs biased and can lead to wrong decisions
- Predictions based on model will be wrong (biased)


```
Growth1 <- lm(Seaweed ~ Sunlight)
Growth2 <- lm(Seaweed ~ Sunlight + Temp)
```

```
> Growth1 <- lm(Seaweed ~ Sunlight)
> summary(Growth1)
```

```
Call:
lm(formula = Seaweed ~ Sunlight)
```

```
Residuals:
    Min       1Q   Median       3Q      Max
-1.2163 -0.5086 -0.1817  0.7164  1.3501
```

```
Coefficients:
            Estimate Std. Error t value Pr(>|t|)
(Intercept)  11.2603     0.7806  14.426 5.21e-07 ***
Sunlight      0.6231     0.1312   4.751 0.00144 **
---

```

```
Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
```

```
Residual standard error: 0.9226 on 8 degrees of freedom
Multiple R-squared: 0.7383, Adjusted R-squared: 0.7056
F-statistic: 22.57 on 1 and 8 DF, p-value: 0.001443
```

```
> Growth2 <- lm(Seaweed ~ Sunlight + Temp)
> summary(Growth2)
```

```
Call:
lm(formula = Seaweed ~ Sunlight + Temp)
```

```
Residuals:
    Min       1Q   Median       3Q      Max
-0.9620 -0.5559 -0.1060  0.3900  1.5007
```

```
Coefficients:
            Estimate Std. Error t value Pr(>|t|)
(Intercept)   6.4453     3.8147   1.690  0.1350
Sunlight      0.4877     0.1642   2.971  0.0208 *
Temp          0.2739     0.2127   1.287  0.2389
---

```

```
Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
```

```
Residual standard error: 0.8868 on 7 degrees of freedom
Multiple R-squared: 0.7884, Adjusted R-squared: 0.728
F-statistic: 13.04 on 2 and 7 DF, p-value: 0.004357
```

In the absence of “temperature,” the influence of sunlight on kelp growth is overestimated

A special case:

Simpson's Paradox: A similar trend occurring in different groups (levels) can disappear or reverse when the groups are combined (i.e., when one of the variables is removed).

Simpson's Paradox Example:

You are trying to understand the relationship between bill length and bill depth in the Palmer Penguins dataset.

Imagine two hypotheses

- 1) Bill length and depth are correlated
- 2) Bill length and depth are correlated, but we need to take species into consideration

Which of these hypotheses do we test?

Which hypothesis do we test first?

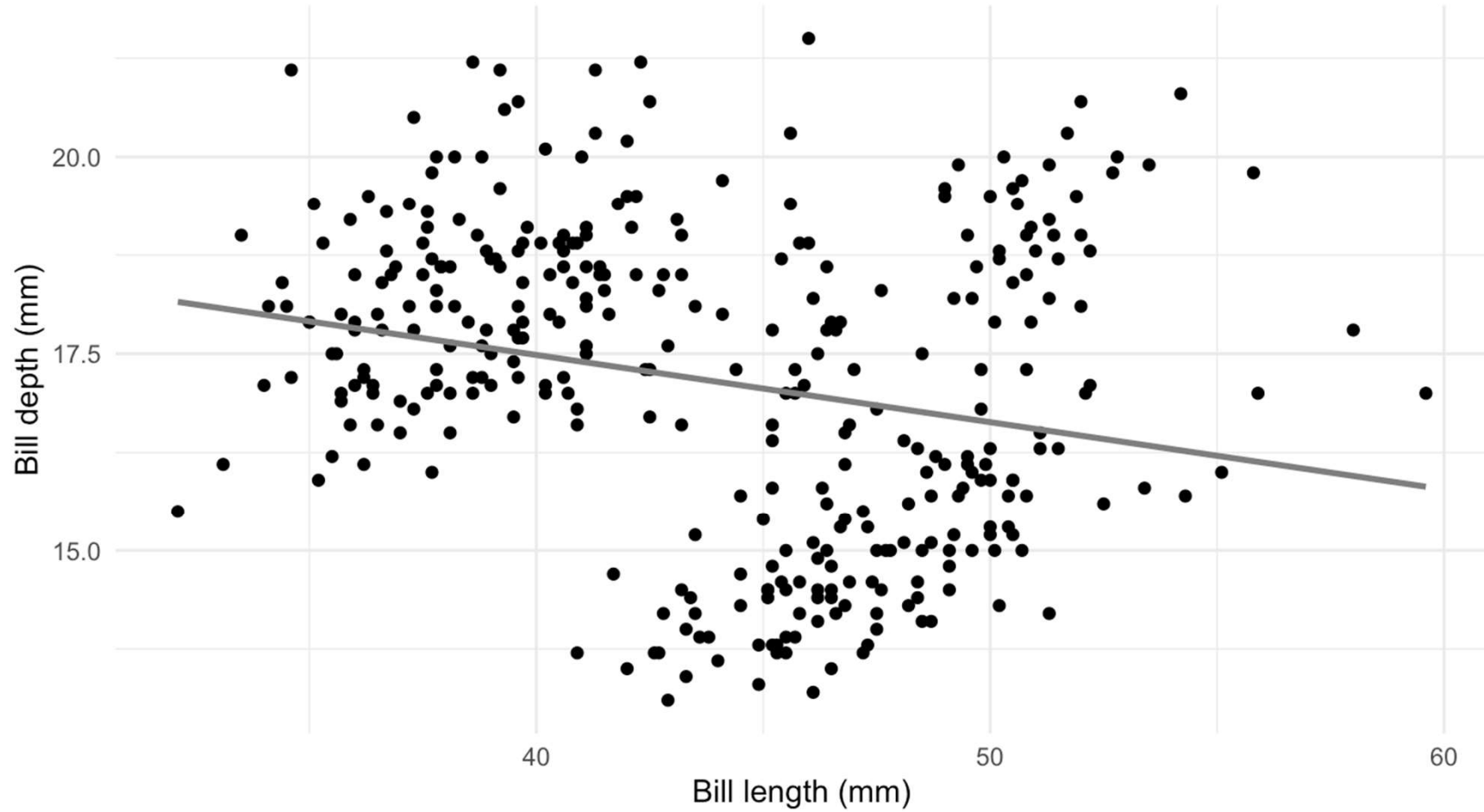
```
penguins %>% select(bill_length_mm,
bill_depth_mm, species)
```

	bill_length_mm	bill_depth_mm	species
	<dbl>	<dbl>	<fct>
1	39.1	18.7	Adelie
2	39.5	17.4	Adelie
3	40.3	18	Adelie
4	NA	NA	Adelie
5	36.7	19.3	Adelie
6	39.3	20.6	Adelie
7	38.9	17.8	Adelie
8	39.2	19.6	Adelie
9	34.1	18.1	Adelie
10	42	20.2	Adelie

Penguin bill dimensions (omit species)

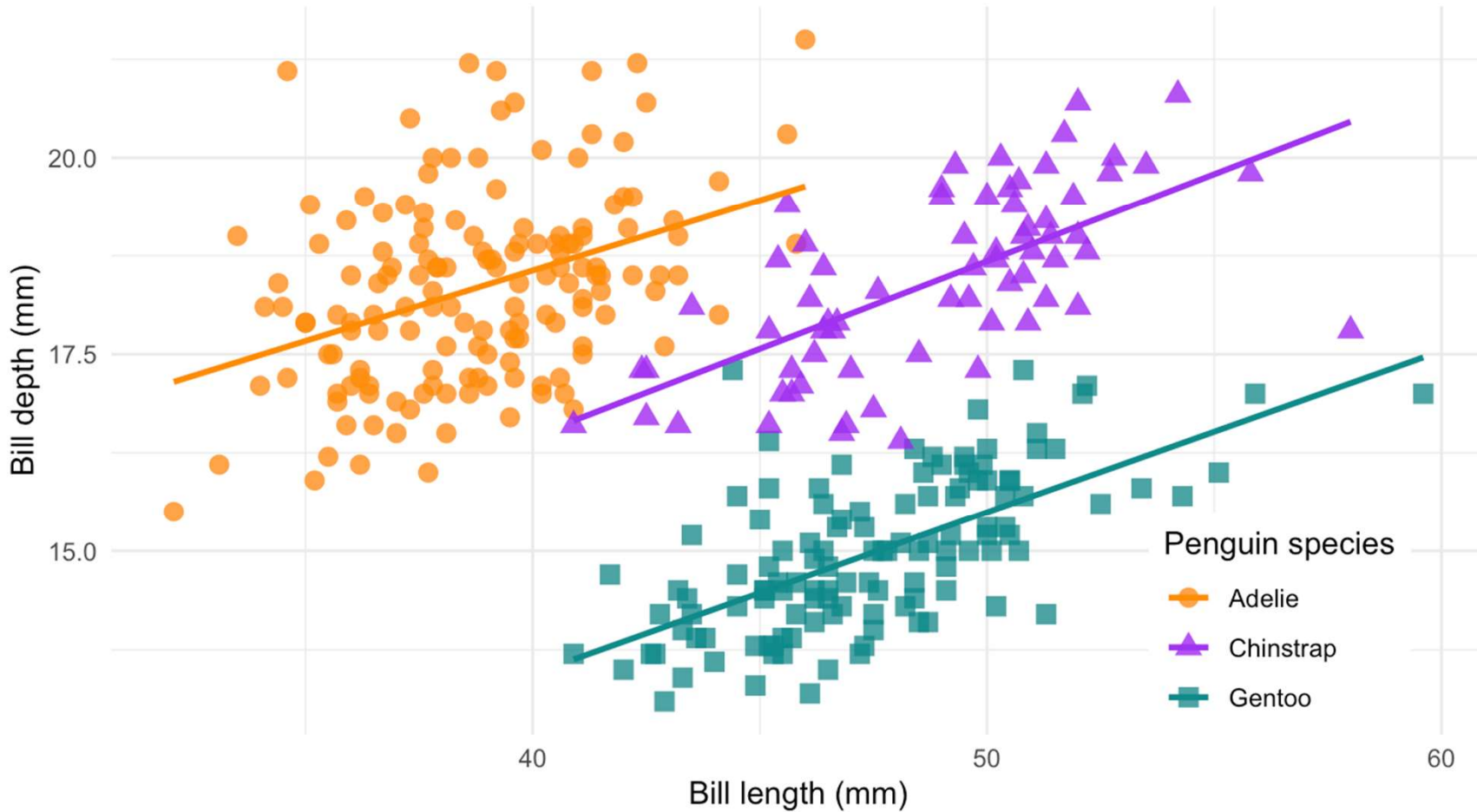
Palmer Station LTER

*Penguin bill length
decreases with
increasing bill depth*



Penguin bill dimensions

Bill length and depth for Adelie, Chinstrap and Gentoo Penguins at Palmer Station LTER



Penguin bill length increases with increasing bill depth

If you omit an important predictor variable, your interpretation can be completely wrong.

Which means a really important part of doing regression is THINKING REALLY HARD about what data you'll need to collect/record in order to avoid omitted variable bias.

The other side of the coin – Including irrelevant variables/overfitting

- Estimates will be unbiased but perhaps inefficient (greater variances, SEs)
- Hypothesis testing, CI results are valid
- Greater sample size can help reduce inconsistency and selection bias issues

So: it's better to INCLUDE an irrelevant predictor variable than to OMIT a relevant one.

BUT – not a substitute for having a hypothesis

Overview of Regression Pitfalls/Considerations:

- Omitted Variable Bias (OVB) (*experimental design & conceptual understanding*)
- Inclusion of erroneous variables (not as bad) (*experimental design & conceptual understanding*)
- Assumption violation (*pretty robust, but check diagnostic plots in R for normality & variances*)

Next time

- Multicollinearity

Next time

- Poisson & Binomial models
- Model fitting – balancing between over and underfitting
- Testing & Avoiding Multicollinearity
- Stats test essential checklists