

## Allgemeines

- MRI = Magnetic resonance imaging (MRT = Magnetresonanztomographie)
- bildgebendes Verfahren, vor allem für die Medizin genutzt
- **Funktionsweise:** Resonanzfrequenz proportional zum Magnetfeld  
⇒ durch Änderung des Magnetfeldes (linear in einer Achse) ändert sich auch die Resonanzfrequenz linear zur Position auf der Achse (solches lineare Feld auch Gradientenfeld genannt)
- MRI meist 3 Gradientenspulen für jede Achse, oft nur einige Milisekunden ⇒ wird als gepulst bezeichnet
- $B_0$  is the main magnetic field 1.5T
- das Gradientenfeld besitzt oft nur  $10 \text{ bis } 40 \text{ mT/m}$ , welches klein ist im Vergleich zu  $B_0$
- area under spectrum tells the amount of magnetisation after prepolarising pulse
- it is also possible to do measurements not in kartesian coordinates but in a radial component and azimuth component -  $\hookrightarrow$  filtered back projection (fourier transform in polar manner)(artifacts in image occur probably because of small off resonant signal)
- it's

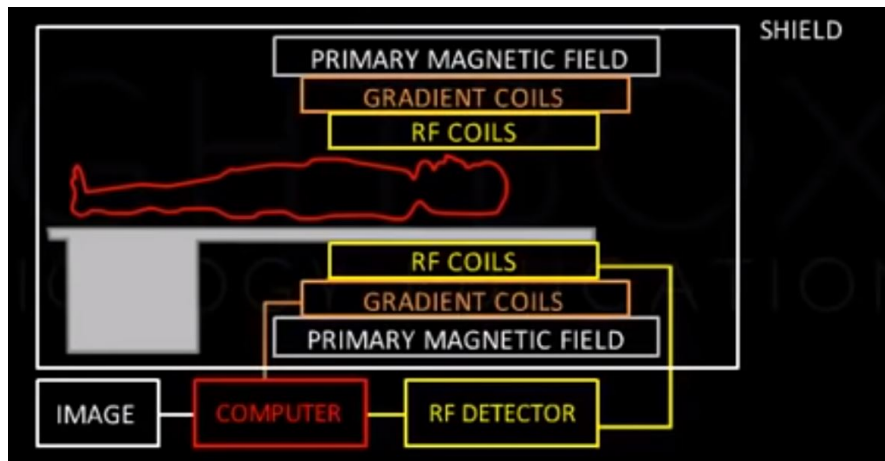


Figure 1: Theoretical construction of a MRI <https://www.youtube.com/watch?v=0k9ILIYzmaY>

### 1.) Kernspin, magnetisches Moment, gyromagnetisches Verhältnis

- spin is an intrinsic form of angular momentum carried by elementary particles, composite particles (hadrons), and atomic nuclei.
- spin is like a vector quantity: it has a definite magnitude, and it has a direction.
- Spin quantum number  $\frac{1}{2} \leq I$  ( $I = \sum_{i=1}^A (\overline{s_i} + \overline{l_i})$ ). In this experiment only  $I = \frac{1}{2}$ , because it is easier. ( $^{23}\text{Na}$  is spin  $\frac{3}{2} \rightarrow$  multiple quantum coherence)
- Number of discrete orientations (with ext. field):  $2I + 1$  ( $m = -I, \dots, I$ )
- with  $I = \frac{1}{2}$  two possible orientations ( $\pm \frac{1}{2}$ ; spin up preferred  $\rightarrow$  lower energy)  $\Rightarrow E_m = -\gamma \hbar m B_0$   $\gamma$  is gyromagnetic ratio (ratio of its magnetic moment to its angular momentum)
- Protons, neutrons, and many nuclei carry nuclear spin, which gives rise to a gyromagnetic ratio  $\gamma = \frac{e}{2m_p} g_n = g_n \frac{\mu_N}{\hbar}$ ;  $\mu_N$  is the nuclear magneton, and  $g_n$  is the g-factor of the nucleon or nucleus in question. The ratio of  $\frac{\gamma_n}{2\pi g_n}$ , equal to  $\frac{\mu_N}{\hbar} = 7622593285 \frac{\text{MHz}}{\text{T}}$
- The gyromagnetic ratio of a nucleus plays a role in nuclear magnetic resonance (NMR) and magnetic resonance imaging (MRI). These procedures rely on the fact that bulk magnetization due to nuclear spins precess in a magnetic field at a rate called the Larmor frequency, which is simply the product of the gyromagnetic ratio with the magnetic field strength. With this phenomenon, the sign of  $\gamma$  determines the sense (clockwise vs counterclockwise  $\gamma \leq 0$ ) of precession.  $^1\text{H}$   $\frac{\gamma_n}{2\pi} = 42577478518 \frac{\text{MHz}}{\text{T}}$
- Boltzmann statistic (distribution of spin up and down):  $\frac{P_{\frac{1}{2}}}{P_{-\frac{1}{2}}} = \exp\left(\frac{\gamma \hbar B_0}{k_B T}\right)$ ; without thermal movement - i. spin up; population differences results in bulk magnetisation (linearized with  $k_B T$  way bigger then  $\gamma \hbar m B_0$ ;  $M = \frac{N \gamma^2 \hbar^2 I(I+1) B_0}{3 k_B T}$ ) parallel to the ext. mg. field

## 2.) Kern-Zeeman-Effekt, Energiedifferenz der Zustände, Vergleich mit anderen Anregungszuständen im Atom

- Zeeman effect: effect of splitting of a spectral line into several components in the presence of a static magnetic field; Zeeman sub-levels is a function of magnetic field strength
- $\Delta E = \gamma \Delta m \hbar B_0$
- NMR usually for us  $\Delta m = 1$

## 3.) Drehimpuls, $B_0$ , $B_1$ , Drehmoment, Präzession, Larmor-Frequenz

- angular momentum  $L = r \times p$
- torque, rotation force  $\tau = r \times F$

- with the torque the angular momentum can be reduced or raised and the rotation axis of the body can be changed
- $B_0$  is the external Magnetic field; the lowest energie level is, when the magnetic moments are parallel to  $B_0$
- on other atoms, there is an angular momentum, which causes the precession(Lamor frequency) because of the angular momentum preservation
- Precession is the change in the orientation of the rotation axis
- if you get the item out of the angular axis(with force), the body rotates around another axis, because of the anguar momentum.
- lamor frequency  $f_{Lamor} = \frac{2\gamma}{2\pi} B$ ;  $\omega_{Lamor} = 2\pi f_{Lamor} = \gamma B = g_j \frac{q}{2m} B$
- $B_1$  is the magnetic field which is detected in the  $B_1$  coil (is the most inner coil in the set up). This coil is used to detect the Signal with a LCR-circuit;  $B_1$  is the magnetic field, which gets generated, if the magnetic mometum occure in the x-y axis

**4.)Rotierendes Koordinatensystem (Zerlegung von linear polar.  $B_1$  in 2 gegenläufig zirkular polarisierte Komponenten, die um z-Achse rotieren),  
<sub>0</sub> verschwindet in Resonanz**

**5.)  $90^\circ$  - bzw.  $\frac{\pi}{2}$ - und  $180^\circ$  - bzw.  $\pi$  -Puls**

- angular momentum:  $|I| = \hbar \sqrt{I(I+1)}$
- I do not actuall know what it is ment by  $B_0$  and  $B_1$ , but might be the coils in the experiment.  $B_1$  coil (also gradient coil) is called the innerst coil (use: excite and detect precession) and with  $B_0$  is probably ment the ext. field (Measurements about EFNMR  $B_0 = B_E$  of the earth)
- lamor frequency  $\omega_L = \gamma B_0$
- in conventional NMR  $B_0$  is high so that  $\omega_L$  is radio frequency (RF puls)
- also known under the word „Gradient echoes“

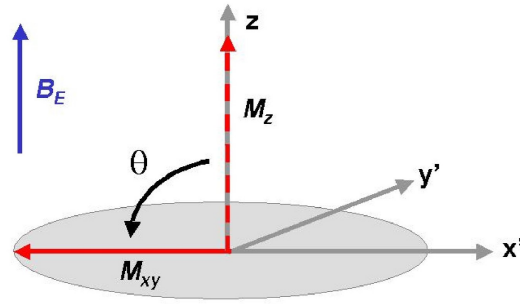


Figure 2: usually the spin is in the direction of the earth's field  $B_E$  or in case  $B_0$  is applied in the direction of  $B_0$ . In our experiment we try to manipulate this direction. We produce a RF puls so the spin flips to  $M_{xy}$  with the tip angle  $\theta$ . The greyed circle shows the precession (longitudinal and transversal component; phase is random, thats why the net transversal components cancel -i net magnetisation along longitudinal axis). WE DETECT ONLY THE TRANSVERSAL COMPONENT thats why with a tip angle of  $\theta = 90^\circ$  we get the best output. At  $\theta = 180^\circ$  there is now output at all (best conditions)

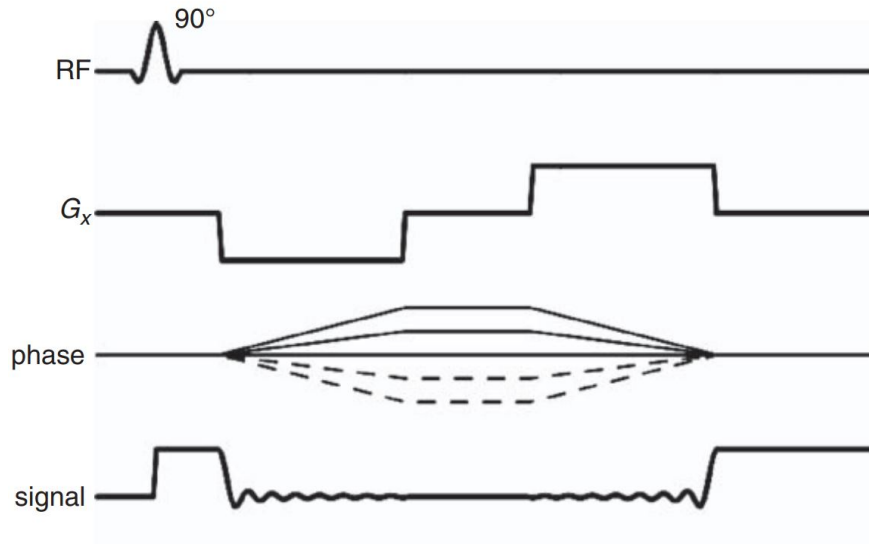


Figure 3: RF-Pulse with  $90^\circ$

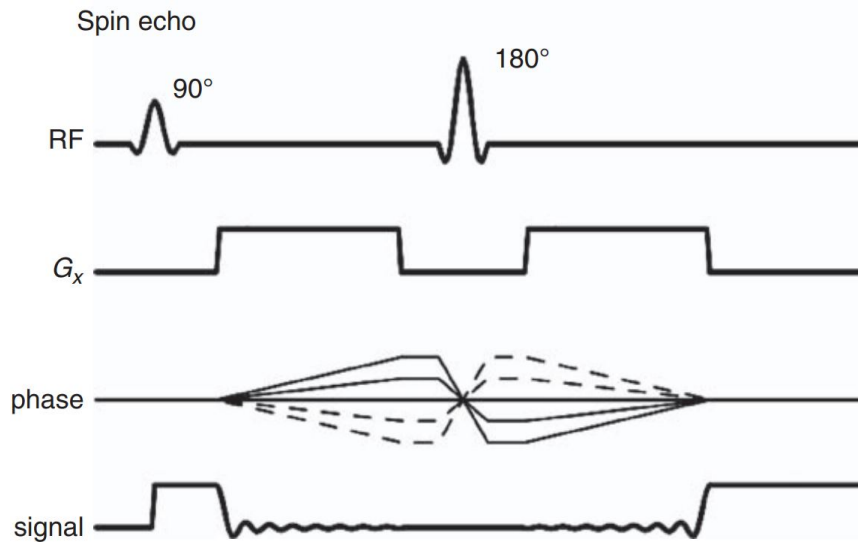
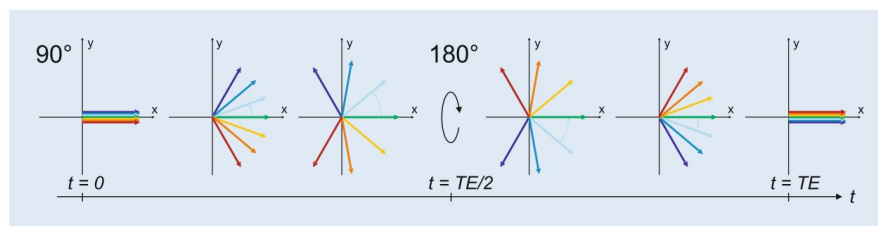


Figure 4: RF-Pulse first with  $90^\circ$  and then  $180^\circ$



**Abb. 3** ▲ Erzeugung eines Spinechos (SE) durch Refokussierung der Transversalmagnetisierungsvektoren: Nach der Anregung durch einen  $90^\circ$ -Puls laufen die Vektoren auseinander. Der  $180^\circ$ -Puls spiegelt die Vektoren an der x-Achse, sodass sie bis zum Echozeitpunkt  $TE$  refokussiert sind und das SE bilden

Figure 5: Veranschaulichung des Gradientenechos

**6.) Fourier-Transformation: Beispiele im Zeit- und Frequenzraum (Sinus (un-)endlicher Dauer, Rechteck-Puls und sinc-Funktion, exponentielles Abklingen, Voigt-Profil, Schwebung). Hier ist ein grundlegendes Verständnis der Zusammenhänge wichtig, nicht so sehr die Mathematik dahinter: wie wirken sich Änderungen im Signal auf das Spektrum aus und umgekehrt. Time Domain Filters [5.3.2]**

**7.) Bloch-Gleichungen, Free Induktion Decay FID**

- the bloch-equation is a macroscopic equation to calculate the nuclear magnetisation  $M = (M_x, M_y, M_z)$  as a function of the relaxation time  $T_1$  and  $T_2$  (empirical research)(also known as equation of motion of nuclear magnetization)

- Bloch equations are for liquid and in some cases are also for solid states

$$\frac{d\vec{M}}{dt} = \gamma \vec{M} \times \vec{H}_a - \vec{e}_x \frac{M_x}{T_2} - \vec{e}_y \frac{M_y}{T_2} - \vec{e}_z \frac{M_z - M_0}{T_1} \quad (1)$$

$$\gamma \vec{M} \times \vec{H}_a = \text{is the magnetisation in the magnetic field} \quad (2)$$

- FID was first measured 1946 from Felix Bloch
- FID fourier transform nuclear magnetic resonance spectroscopy; observable NMR signal, which is generated by non-equilibrium nuclear spin; this signal gets measured in the detection coil, caused by the induction; Throughout the measuring process there is no high frequency exchange field, so this is called a „free“ degeneration; this degeneration is an exponential decay; the magnetisation can be produced by applying a short pulsed radio frequency close to the Larmor frequency of the nuclear spin; the spin is precessing, so that the induced potential in the coil is oscillating; the measured data is then often digitised and then Fourier transformed to get an NMR frequency spectrum

- the enveloping  $S(t)$  from the amplitudes is described in the following

$$S(t) = S(0) \exp\left(\frac{-t}{T_2}\right) \quad (3)$$

- often the amplitude decays much faster, because of  $T_2^*$

## 8.) Longitudinale Spin-Gitter- sowie transversale Spin-Spin-Relaxation, $T_1$ [3.3], $T_2$ , $T_2^*$ [4.3]

- measure the time until the equilibrium state (GG-Lage)
- measure in 2 directions,  $T_1$  &  $T_2$
- $T_1$ : longitudinal; parallel to  $B_0$  (in the z-Axis): time until the thermal equilibrium state (spin lattice relaxation); describes from the magnetisation  $M_{x,y}$  to the  $M_0$  state and as a result an longitudinal magnetisation  $M_z$ ;  $T_1$  depends on the current state and the thermal equilibrium state, molecular dynamics and the strength of the magnetic field; exponentially process; the time when 63% of the magnetisation reached  $M_0$  is called as the  $T_1$ -relaxation time

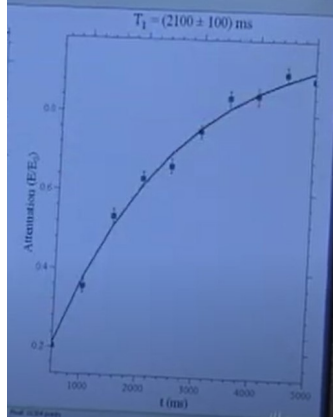


Figure 6: area under spectrum (tells the amount of MAGNETISATION after prepolarising pulse) against the DURATION of polarising pulse. Plateau value exists. single exp. fit -; decay constant ( $T_1$ )

$$M_z(t) = M_p(1 - \exp(-t/T_1)) \quad (4)$$

$$\text{in the earth magnetic field} \quad (5)$$

$$M_z(0) \text{ equal to } M_p \quad (6)$$

$$M_z(t) = M_p \exp(-t/T_1) \quad (7)$$

- $T_2$ : transverse (transversale Spin-Spin-Relaxation); perpendicular to  $B_0$  (in the x-y plane)
- $T_2$  is one factor of the phase coherence loss, spin-spin relaxation
- spin-spin-relaxation: caused by magnetic dipole coupling between the two neighbour-spins (in homogeneous fields, this is the main reason for phase coherence loss)

$$S(t) = S_0 \exp(-t/T_2) \quad (8)$$

$$S_0 = \text{initial magnitude at } t = 0 \quad (9)$$

for water the  $T_2$  time constant is in the order of couple seconds

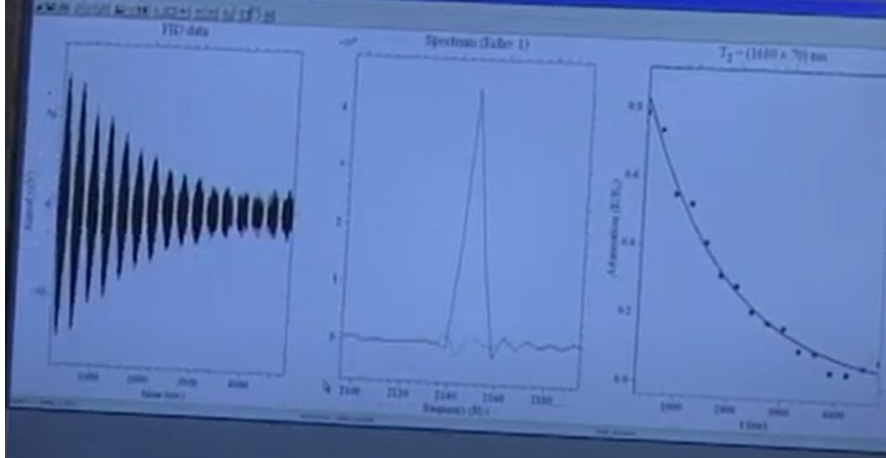


Figure 7: each echo is fourier transformed. area under spectrum (tells the size of each individual echo) at different echo times against the time. single exp. fit -; decay constant ( $T_2$ )

- in reality, the phase coherence losses come from spin-spin relaxation and the homogeneity of the magnetic field. Local homogeneity  $\Rightarrow$  a range of Larmor frequency. each nucleus has to the position associated frequency; the overall phase coherence depends of all nuclei precessing at the same frequency; frequency dispersion  $\Rightarrow$  loss of phase coherence and hence signal decay (weakens)
- $T_2^* = T_2 \text{ relaxation} + \text{field inhomogeneities}$

$$\frac{1}{T_2^*} = \frac{1}{T_2} + \gamma \Delta B_0 \quad (10)$$

$$T_2^* = \text{combined relaxation effect time} \quad (11)$$

$$S(t) = S_0 \exp(-t/T_2^{ast}) \quad (12)$$



Figure 8: Visualisation of the  $T_1$  and  $T_2$  equilibrium state



9.)Relaxationskontrast; Einfluss paramagnetischer Ionen auf T1 und T2 [6.3]  
Der Kontrast zwischen einzelnen Gewebetypen (Muskeln, Bänder, Fett- und Bindegewebe) spielt in der klinischen Bildgebung eine große Rolle. Da die  $1H$ -Konzentration überall nahezu gleich ist, muss der Kontrast über die Unterschiede in den Relaxationszeiten T1 und T2 generiert werden. Die Unterschiede beruhen einerseits auf der Struktur der Gewebetypen, können jedoch auch durch die Einnahme von Kontrastmitteln verstärkt werden.

10.)Hahn bzw. Spin-Echo, Carr-Purcell- und CPMG-Pulsfolge,  $180^\circ x$ ,  $180^\circ y$ , Phase

- spin echo trick: produce inhomogeneous field  $\rightarrow$  different  $\omega_L$ . At certain time flip spins over (turn magnetisation vectors (slow spins at the front and fast spins in the back)) using transvers oscillating magnetic field  $\rightarrow$  at the startpoint they are at the same place again. ; start with  $90^\circ$  pulse and wait till the magnetisation decay away (spins are out of phase again) then apply  $180^\circ$  pulse

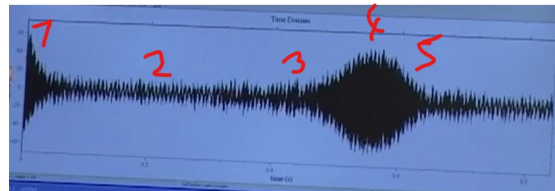


Figure 9: spin echo trick: point 1 (1ms)  $90^\circ$  pulse. Fast decay due to inhomogeneous magnetic field. At point 2  $180^\circ$  pulse (this is the point when the spin flips and get in sync again). at point 3 the spins (slow and fast) have different precession frequencies. At point 4 (echo) both spins are back in step. At point 5 the fast ones are at the front and the slow in the back  $\rightarrow$  out of phase again.

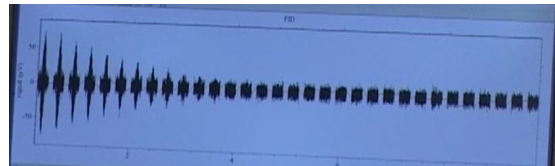
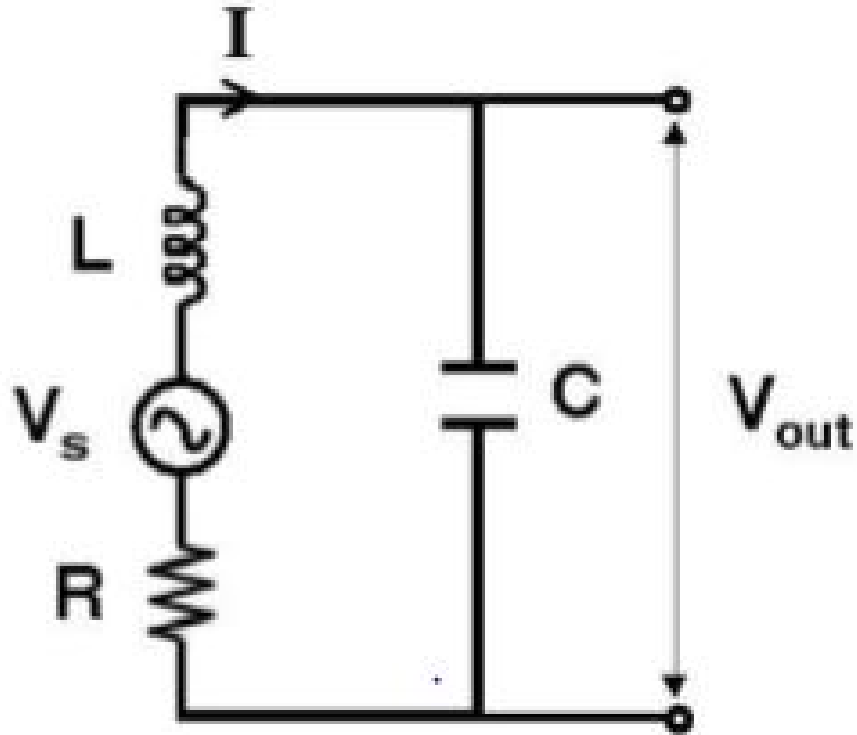


Figure 10: (Carr-Purcell) CPMG: This spin echo trick can be produced several times (more  $180^\circ$  pulses (Gaps: because have to turn off the receiver). Amplitude dies away with time (T2 relaxation; irreversible effect); T1 is the relaxation into thermal equilibrium

11.) Resonanzbedingung im LCR-Schwingkreis (Empfang des NMR-Signals)  
[1.3.2]



*Figure 1- 5. Circuit diagram for the  $B_1$  coil in receive mode.*

Figure 11: The structural setup for the measuring method

- A LCR-circuit is the measure methode in the inner cooil of the set up
- $B_1$  coil an inductor with inductance  $L$ , and internal resistance  $R$ ; connected to a fixed capacitance  $C$  in spectrometer
- resonate frequency  $\omega_0 = \frac{1}{\sqrt{LC}}$
- $V_s$  is the induced voltage through the  $B_1$  magnetic field, because of the precessing

nuclear magnetism of the sample;

$$Z_{eq} = Z_R + Z_L + Z_C = R + i(\omega L - \frac{1}{\omega C}) \quad (13)$$

$$I = \frac{V_s}{Z_{eq}} = \frac{V_s}{R + i(\omega L - \frac{1}{\omega C})} \quad (14)$$

$$\xrightarrow{\omega_0 = \frac{1}{\sqrt{LC}}} I = \frac{V_s}{RS} \quad (15)$$

therefore the output voltage  $V_{out}$  at resonance of  $\omega_0$  ist

$$|V_{out}| = |IZ_C| = \frac{|V_s|}{R\omega_0 C} = \frac{|V_s|\omega_0 L}{R} = |V_s|Q \quad (16)$$

where Q is the quality factor  $\Rightarrow$  the LCR circuit amplifies the input/signal voltage with the factor Q.

$$Q = \frac{f_0}{\Delta f} = \frac{\omega_0}{\Delta \omega} \quad (17)$$

$$= \frac{\omega_0 L}{R} \quad (18)$$

Q factor describes the width of the resonance peak

higher Q  $\rightarrow$  narrower the peak  $\rightarrow$  bigger the amplification of the LCR

- in the NMR the signal to ratio (Verhältnis vom Signal zum Rauschen) is often more interesting than the signal level. The reason for this is, that beside the fact, that the signal is getting tuned by Q, also the noise gets tuned by the LCR. (Only the case by resonance).

At other frequency there is a attenuation and therefore the signal to noise ratio is boosted, of the detected signal (important: detection bandwidth is bigger than linewidth NMR)

**12.) Aufbau der Terranova-Spule(n) [1.2]; Kompensation von Magnetfeldinhomogenitäten: Shimming; Gradientenfelder (WICHTIG: ein Gradient in x-,y-,z-Richtung bedeutet, dass der Betrag von  $B_0$  bei Bewegung parallel zur x-, y- oder z-Achse linear variiert, nicht aber, dass  $B_0$  zusätzliche Anteile in diese Richtung erhält!  $B_0$  zeigt immer in dieselbe Richtung. Gradient  $G_i = dB_z/di$ ,  $i = x, y, z$ ) [7.3]**

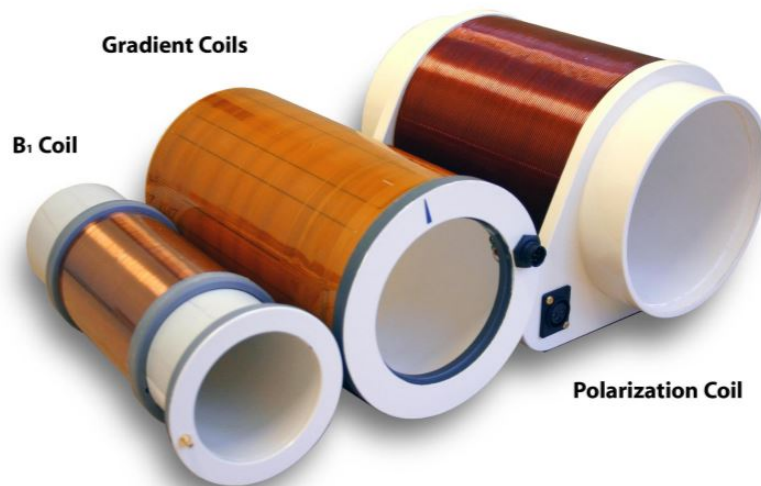


Figure 1-2. A view of the three EFNMR/MRI coils

Figure 12: This is the set up for the experiment. There are three solenoids, but in the experiment they are in the biggest coil with the sample

- 2 coaxial solenoids(Magnetspulen) and a third tube, which are 4 coils to generate a x,y,z gradients.(there are 2 x-coils, one for imaging an shimming; one for pulsed gradient NMR)
- the biggest coil has got a high current; which provides a  $B_p$  polarising magnetic field, where the nuclear magnetisation from the sample is established; The middle/gradient coil makes an linear magnetic field gradient; the inner coil is used to excite and detect the precessing magnetisation
- shimming: adjust current in gradient coil to improve homogeneity of magnetic field (narrower peak in the spectrum)

13.)Erdmagnetfeld: Dipolfeld, Flussdichte, Orientierung; Ausrichtung der Terranova-Spule im Erdmagnetfeld [1.4]

14.) Besonderheiten EFNMR: Vorpolarisierung (pre-polarisation) [2.3.2], Empfindlichkeit, Probenvolumen

15.) MRI – Magnetic Resonance Imaging, Magnetresonanz-Bildgebung [7.3]

- Variiert das Magnetfeld  $B_z$  linear entlang der x-Achse, so hängt die Larmor-Frequenz jedes  $^1\text{H}$ -Atoms von dessen Position entlang der x-Achse ab. Jedem Frequenzwert im Spektrum kann deshalb eine x-Position zugeordnet werden. Das Spektrum zeigt dann das Profil der  $^1\text{H}$ -Verteilung entlang der x-Achse.

16.) k-Raum, Fouriertransformation in den realen Raum [7.3.2]

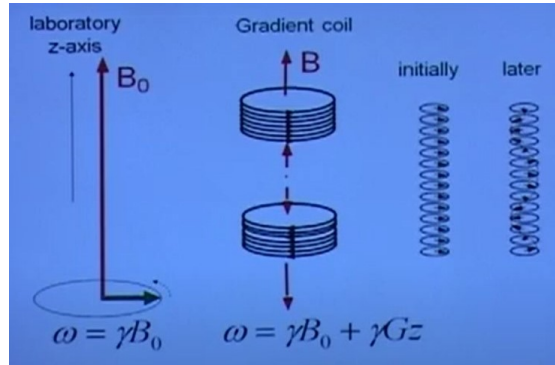


Figure 13: Additional el. mg. field to  $B_0$ , therefore  $\omega_L = \gamma B_0 + \gamma Gz$ .  $G$  units in  $\frac{T}{m}$ .  $\gamma Gz$  angular frequency. In 3 dimensions  $G = \vec{G} = \Delta B$  and  $z = \vec{r}$ ; simply write all with vectors

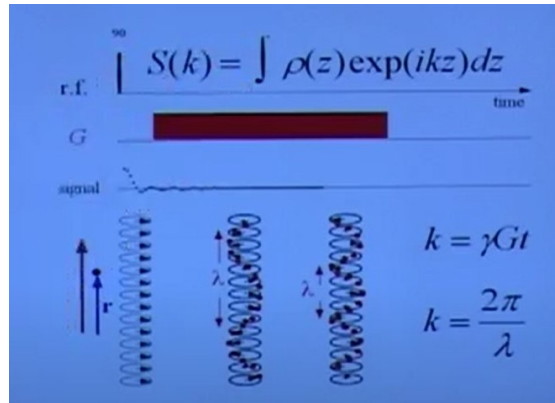


Figure 14: MRI k-space.  $\lambda$  gets smaller by time and  $k$  gets bigger.  $\rho(z)$  says how many nuclei are at position  $z$ .  $S(k)$  is the signal. 3 dimensions simply write vectors everywhere

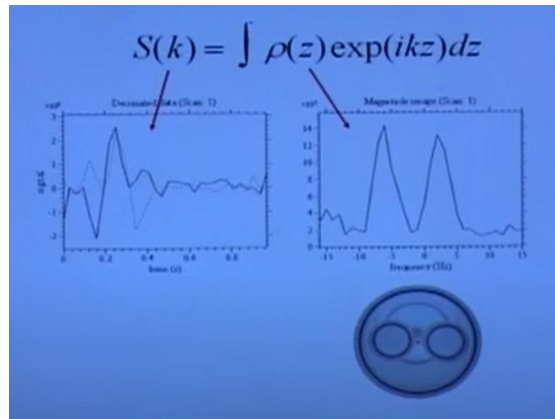


Figure 15: Relation between  $S(k)$  and the Fourier transformed (MRI image for 2 water-tubes).

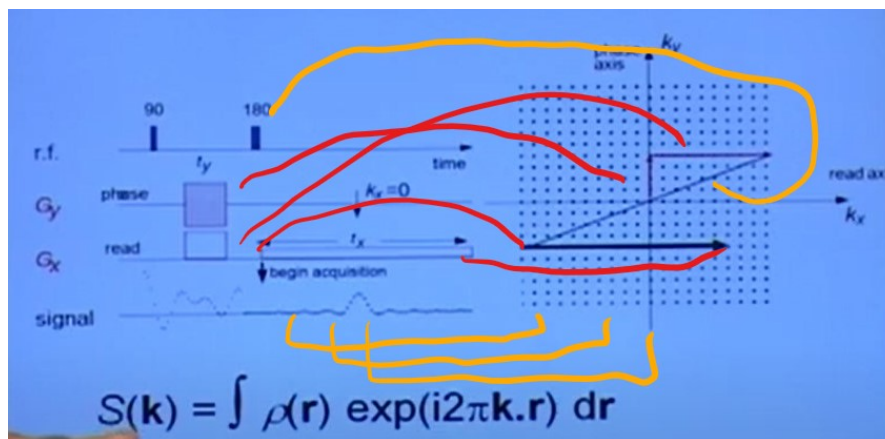


Figure 16: Principle of MRI. vary  $G_y$  so that every point at the grid is scanned. After Fourier transform image is visible.

**!Question:** why do we need the inversion? Couldn't we apply negative  $G_y$  and  $G_x$  ???  $S(k)$  Signal looks like diffraction pattern, only after Fourier transformation the image appears.

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### 17.) J-Kopplung; Strukturanalyse; Spektrum von 2,2,2-Trifluorethanol (CAS 75-89-8) [12.3]

- Die Wechselwirkung der Kernspins benachbarter Atome ermöglicht es, die Struktur von Molekülen aufzuklären. Jedes magnetische Moment eines an der Wechselwirkung beteiligten Kerns mit Kernspin I beeinflusst das lokale Magnetfeld  $B_0$  des anderen Kerns derart, dass  $2I+1$  mögliche Flussdichten für  $2I+1$  mögliche Larmorfrequenzen sorgen. Im Spektrum, über alle Kerne integriert, erscheinen also  $2I+1$

Linien. Sind mehr als zwei Kerne an der Wechselwirkung beteiligt, ergeben sich zusätzliche Linien und die Linienintensitäten sind nicht mehr gleich





# 1 Usermanual zusammenfassung Seite 1-21 in der Pdf

setup earth's field NMR & to acquire 1H nuclear magnetic resonance (NMR)  $\hookrightarrow$  free induction decay (FID)

Terumo-MRI EFNMR: 2 coaxial solenoid + 1 solenoid (4 coils:  $x, y, z$  imaging & shimming)

$B_0$  (polarising)  $\hookrightarrow$  provides initial polarising field  $\rightarrow$  large current  $\rightarrow$  nuclear magnetisation

gradient coils  $\hookrightarrow$  linear magnetic field gradients

$B_1$  coil  $\hookrightarrow$  excite & detect precessing magnetisation ( $\perp B_0$ )

EFNMR controlled by digital signal processor (DSP)  $\cdot$  PC  $\rightarrow$  PROSP  $\rightarrow$  DSP

coils  $\rightarrow$  Spectrometer  $\rightarrow$  PC

multiple quantum coherence ( $^{23}\text{Na}$  (spin  $\frac{3}{2}$ );  $^{17}\text{O}$  (spin  $\frac{5}{2}$ ))

nuclei with spin quantum number  $I \geq \frac{1}{2}$  possess magnetic field  $B_0$

Number of discrete orientations (with ext. field)  $\cdot 2I+1$   $m = -I, \dots, I$

This experiment  $I = \frac{1}{2} \Rightarrow 2$  possible orientations (spin up  $m = \frac{1}{2}$  & spin down  $m = -\frac{1}{2}$ )

$\Rightarrow E_m = -\gamma \hbar m B_0 \Rightarrow$  spin up preferred low energy state

$\Rightarrow$  Boltzmann statistic:  $\frac{P_{+1/2}}{P_{-1/2}} = \exp\left(\frac{\gamma \hbar B_0}{kT}\right)$  without T motions  $\rightarrow$  spin-up

$\hookrightarrow$  population difference  $\rightarrow$  bulk magnetisation  $\parallel$  ext. mag. field

$$M = N \gamma \hbar \frac{\sum_{m=-I}^I m \exp\left(\frac{\gamma \hbar B_0 m}{kT}\right)}{\sum_{m=-I}^I \exp\left(\frac{\gamma \hbar B_0 m}{kT}\right)}$$

linear  $= \frac{N \gamma^2 \hbar^2 \pm (I+1) B_0}{3kT}$   $\leftarrow$   $\frac{\hbar \gamma}{kT} \gg 1$  approx.  $\Rightarrow$  (gibbs)

Spin precession (like a spinning top)  $\rightarrow$  longitudinal & transverse component

$\hookrightarrow$  phase is random  $\Rightarrow$  net transverse components cancel

$\Rightarrow$  net magnetisation along longitudinal axis

NMR: 1. bulk magnetisation vector is manipulated (alternating el. mag. field, pulse)

2. transitions between energy levels ( $m = \pm \frac{1}{2}$ )  $\Rightarrow \Delta E = \gamma \hbar B_0$

$\Rightarrow$  Larmor frequency  $\omega = \gamma B_0$

$\bullet$  rotational NMR  $B_0 \uparrow \rightarrow \omega$  is Radio frequency (RF pulse)

Earth's field NMR: ultra low  $\omega \Rightarrow$  (ULF) 30-30kHz

EFNMR: ext. field is  $B_E \parallel z$

$B_1$  RF pulse disturbs  $M_z \rightarrow$  tip angle  $\theta \rightarrow$  excited mag. vector along precesses with  $\omega$

$B_1$  detects precessing magnetisation  $\rightarrow$  free induction decay (FID) (transverse component)

Figure 17

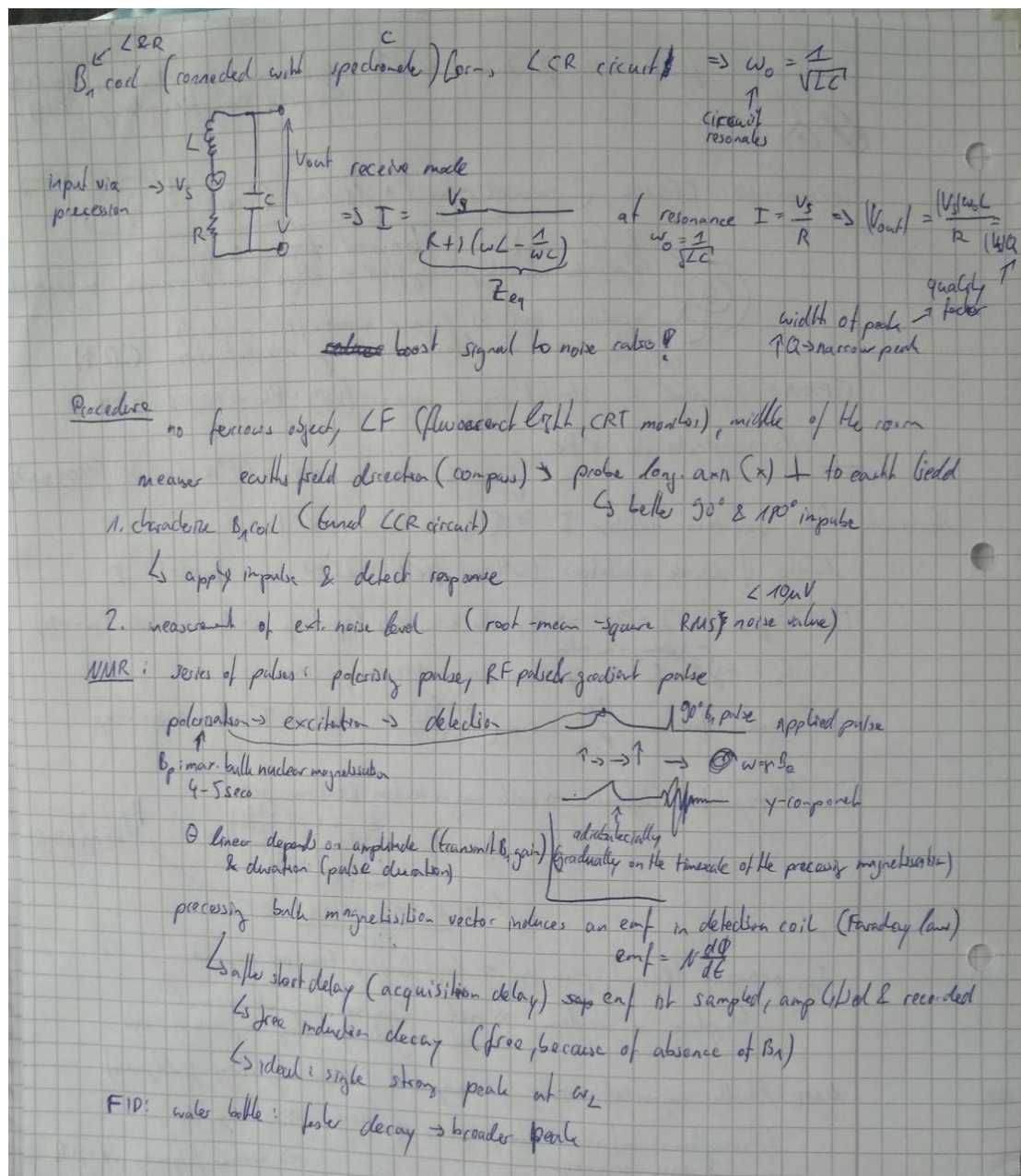


Figure 18