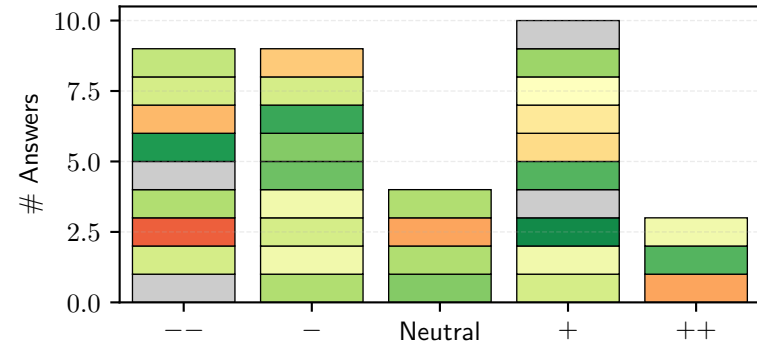


The speed recommendations are reliable.



The speed recommendations are useful.

