

# Chapter 1 Linear Regression

## Introduction

- ERM
- Gradient Descent

- Ridge Regression ( $L_2$  regularization)
- Lasso Regression ( $L_1$  regularization)

## 1.1 Basic Knowledge

### Example 1.1 Linear Regression

Settings.

- Dataset:  $D = \{(x_i, y_i)\}_{i=1}^n$ , where  $x_i \in \mathbb{R}^d$  and  $y_i \in \mathbb{R}$ . Here,  $y_i$  denotes the regression target, while  $x_i$  represents the input features used to predict  $y_i$ .
- Linear Model:  $f(x) = w^\top x + b$ , with weight  $w \in \mathbb{R}^d$  and bias  $b \in \mathbb{R}$ .

 **Note** This definition is equivalent to an inner product:  $\hat{y} = w^\top x + b$ .

#### Definition 1.1 (Learnable / Trainable Parameters)

Learnable parameters are those that can be updated during the training process.

**Quiz.** How to determine whether a parameter is learnable? Quiz: How to determine  $w$  and  $b$ ?

Ans: **ERM** (Empirical Risk Minimization)

- Loss function. Squared Loss (SE) is commonly used during optimization. The training objective can be written as:

$$\operatorname{argmin}_{w, b} \frac{1}{n} \sum_{i \in [n]} (y_i - (w^\top x_i + b))^2 \quad (1.1)$$


The blue factor  $1/n$  can be omitted in theoretical analysis, but is often kept in practice to stabilize the loss function during implementation.

Quiz: How to optimize the parameters?

Ans: **Gradient Descent** (as a traditional ML method). In the case of linear regression:


$$\frac{\partial \mathcal{L}}{\partial b} = -2 \sum_{i \in [n]} (y_i - w^\top x_i - b) \quad (1.2)$$

$$\frac{\partial \mathcal{L}}{\partial w} = -2 \sum_{i \in [n]} (y_i - w^\top x_i - b) x_i \quad (1.3)$$

 **Note** In the field of machine learning, the gradient of a scalar with respect to a vector is itself a vector (**not a covector**). This means:

$$\frac{\partial \mathcal{L}}{\partial w} = \begin{pmatrix} \frac{\partial \mathcal{L}}{\partial w_1} \\ \frac{\partial \mathcal{L}}{\partial w_2} \\ \vdots \\ \frac{\partial \mathcal{L}}{\partial w_d} \end{pmatrix} = \left( \frac{\partial \mathcal{L}}{\partial w_1}, \frac{\partial \mathcal{L}}{\partial w_2}, \dots, \frac{\partial \mathcal{L}}{\partial w_d} \right)^\top \quad (1.4)$$

See the definition of matrix derivatives (assuming no special structure in the matrix) in *Matrix Cookbook* Chapter 2.

 **Note** Here are some commonly used derivative formulas:

$$\frac{\partial x^\top x}{\partial x} = 2x \quad (1.5)$$

$$\frac{\partial a^\top x}{\partial x} = a, \quad \frac{\partial Ax}{\partial x} = A^\top \quad (1.6)$$

$$\frac{\partial x^\top Ax}{\partial x} = (A + A^\top)x \quad (1.7)$$

**Remark** Both sides of an equation must have the same dimension. This principle can be used as a consistency check.

We optimize the parameters by subtracting a scalar multiple of the gradient from the parameters, considering the physical meaning of the gradient: the direction of the steepest **increase**.

### Definition 1.2 (Hyperparameter)

A parameter that is fixed during optimization and specified before the training process.

That is:

$$w' = w - \alpha \frac{\partial \mathcal{L}}{\partial w}, \quad b' = b - \alpha \frac{\partial \mathcal{L}}{\partial b} \quad (1.8)$$

Optimization will stop when the norm of the parameter update becomes smaller than a given hyperparameter.

## 1.2 Closed-Form of Linear Regression

### Proposition 1.1

Linear Regression has **Closed-Form** solution.


Settings.

- Matrix  $X_0 := (x_1, \dots, x_n)^\top$ ;
- Matrix  $X := (X_0, \mathbb{1}) \in \mathbb{R}^{n \times (d+1)}$ ;
- $y = (y_1, \dots, y_n)^\top \in \mathbb{R}^n$ ;
- $\hat{w} = (w^\top, b)^\top \in \mathbb{R}^{d+1}$ .

Then the loss function of  $\hat{w}$  can be written as:

$$\mathcal{L}(\hat{w}) = (y - X\hat{w})^\top (y - X\hat{w}) = \|y - X\hat{w}\|_2^2 \quad (1.9)$$

Here,  $\|\cdot\|_p$  denotes the  $p$ -norm of a vector.

 **Note** Vectors can sometimes be treated as scalars, since linearity ensures that the validity of a proposition can be extended to any finite dimension.

Notice that the optimization stops when  $\partial \mathcal{L}(\hat{w}) / \partial \hat{w} = 0$ . Under this condition, the parameters can be solved from the above constraint by following steps:

$$\frac{\partial \mathcal{L}(\hat{w})}{\partial \hat{w}} = -2X^\top (y - X\hat{w}) \quad (1.10)$$

 **Note** Both dimensional analysis and calculation using Leibniz's rule lead to the same result as the formula above:

$$\begin{aligned} \mathcal{L}(\hat{w}) &= y^\top y - 2y^\top X\hat{w} + \hat{w}^\top X^\top X\hat{w} \\ \partial_{\hat{w}} \mathcal{L}(\hat{w}) &= -2X^\top y + 2X^\top X\hat{w} \\ &= -2X^\top (y - X\hat{w}) \end{aligned}$$

**Remark** More matrix formulas are available in **Matrix Cookbook**.

Thus, the target of the optimization satisfied:

$$X^\top y = X^\top X\hat{w} \quad (1.11)$$

That is:

$$\hat{w} = (X^\top X)^{-1} X^\top y \quad (1.12)$$

when  $X^\top X$  invertible (non-singular / full-rank).

**Example 1.2** When does  $X^\top X$  not invertible?

**Solution**  $X \in \mathbb{R}^{n \times (d+1)}$ :

- $d + 1 > n$ . *Brief Proof:*  $\text{rank}(X^\top X) = \text{rank}(X) \leq \min(n, d + 1) = n < d + 1$ .
- $X$  has repeated columns. *Proof is trivial.*

When  $X^\top X$  isn't invertible:

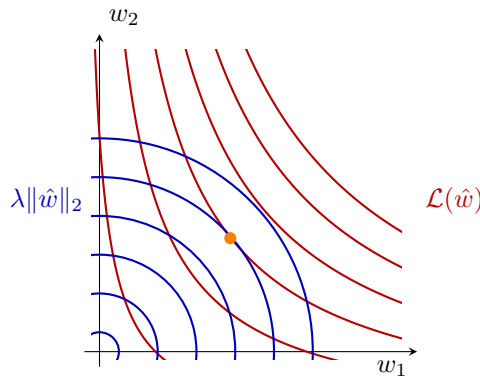
1. If  $\text{rank}(X^\top X, X^\top y) > \text{rank}(X^\top X)$ ,  $\hat{w}$  has no solution;
2.  $\hat{w}$  has infinity solution o.w.

Situation 1 is **impossible** because both  $X^\top X$  and  $X^\top y$  can be represented in the column space of  $X^\top$ . Therefore, the optimization problem must have a solution, which may be either unique or infinite.

As an infinite set of solutions makes it difficult to determine which estimate of  $\hat{w}$  to choose, we apply  $L_2$  **regularization** to linear regression, which is commonly referred to as **Ridge Regression**. That is:

$$\mathcal{L}_{L_2} := \mathcal{L}(\hat{w}) + \lambda \|\hat{w}\|_2^2, \quad (1.13)$$

where  $\lambda > 0$  is a hyperparameter. Notice that  $\|\hat{w}\|_2^2 = \sum_{i=1}^{d+1} \hat{w}_i^2$ ,  $L_2$  regularization prevents any single dimension from being assigned an excessively large weight, and encourages the model to make use of more dimensions during training.



**Figure 1.1:** Illustration of  $L_2$  regularization. The contours represent level sets of the regularized loss  $\mathcal{L}(\hat{w}) + \lambda \|\hat{w}\|_2^2$ , which take the form of concentric ellipses (circle in the plot).

During ridge regression, we minimize the  $\mathcal{L}_{L_2}$ :

$$\underset{\hat{w}}{\text{argmin}} (y - X\hat{w})^\top (y - X\hat{w}) + \lambda \hat{w}^\top \hat{w} \quad (1.14)$$

The optimization stops when:

$$\frac{\partial \mathcal{L}_{L_2}}{\partial \hat{w}} = -2X^\top y + 2X^\top X \hat{w} + 2\lambda \hat{w} = 0 \quad (1.15)$$

$$\Rightarrow (X^\top X + \lambda I) \hat{w} = X^\top y \quad (1.16)$$

### Proposition 1.2

$X^\top X + \lambda I$  always invertible.

**Proof** Since  $X^\top X$  is a real symmetric matrix, we have the eigen-decomposition  $X^\top X = U\Lambda U^\top$ , where  $\Lambda = \text{diag}(\lambda_1, \dots, \lambda_{d+1})$ . Moreover, as  $X^\top X \succeq 0$  (positive semi-definite), it follows that  $\forall i \in [d + 1]$ ,  $\lambda_i \geq 0$ . Note that:

$$\lambda I = \lambda U U^\top \quad (1.17)$$

since  $U$  is an orthogonal matrix. Hence:

$$X^\top X + \lambda I = U(\Lambda + \lambda I)U^\top \quad (1.18)$$

For all  $i \in [d + 1]$ , we have:

$$\lambda_i + \lambda > \lambda_i \geq 0 \quad (1.19)$$

Thus,  $X^\top X + \lambda I$  is a full-rank matrix.

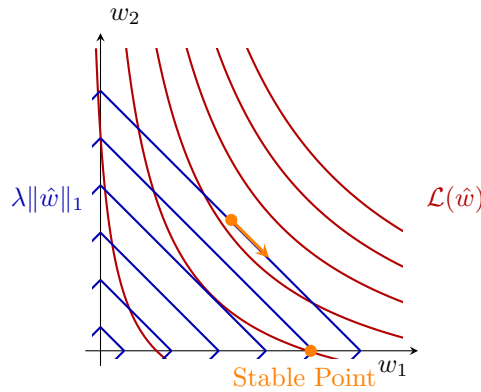
**Remark** Numerical issues may still occur even if  $X^\top X$  is full rank (e.g., when eigenvalues  $\lambda_k$  are close to zero). The  $L_2$  regularization factor  $\lambda$  mitigates this issue by shifting the eigenvalues upward, thereby improving numerical stability during training.

Another regularization method often used is  $L_1$  regularization, where the loss function is defined as:

$$\mathcal{L}_{L_1} := \mathcal{L}(\hat{w}) + \lambda \|\hat{w}\|_1 \quad (1.20)$$

$L_1$  regularization can induce sparsity in  $\hat{w}$ , which works in contrast to  $L_2$  regularization. Specifically,  $L_1$  regularization encourages the model to rely on only a small subset of input features, effectively performing **feature selection**.

Linear regression with  $L_1$  regularization is called **Lasso Regression** (Least Absolute Shrinkage and Selection Operator).



**Figure 1.2:** Illustration of  $L_1$  regularization. The contours represent level sets of the regularized loss  $\mathcal{L}(\hat{w}) + \lambda \|\hat{w}\|_1$ , which take the form of nested diamonds (squares rotated by  $45^\circ$  in the plot).

### 1.3 Geomeric View of LR

Ideally, we would like to solve  $X\hat{w} = y$ . If  $y$  lies on the hypersurface

$$\mathcal{M}(X) := \text{Span}(X) = \{Xw : w \in \mathbb{R}^{d+1}\} \subset \mathbb{R}^n \quad (1.21)$$

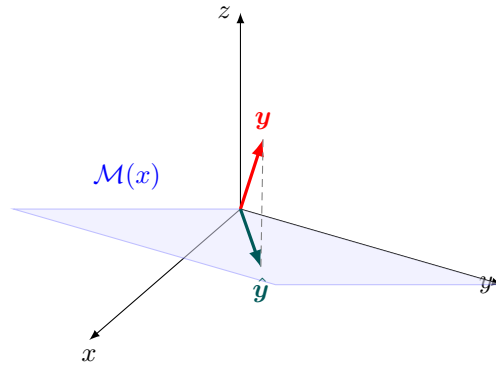
then the equation admits an exact solution. In most cases, however,  $y \notin \mathcal{M}(X)$ , so no exact solution exists. Nevertheless, we can always find an estimator  $\hat{w}$  such that  $\mathcal{P}_{\mathcal{M}(X)}y = X\hat{w}$ , where  $\mathcal{P}_{\mathcal{M}(X)}$  denotes the orthogonal projection onto the hypersurface  $\mathcal{M}(X)$ .

#### Proposition 1.3

$$\hat{y} = X\hat{w} \quad \Rightarrow \quad \hat{w} \text{ is solution to LR.} \quad (1.22)$$

**Proof**

$$\begin{aligned} y - \hat{y} \perp \mathcal{M}(X) &\Rightarrow y - X\hat{w} \perp \mathcal{M}(X) \\ &\Rightarrow X^\top(y - X\hat{w}) = 0 \quad \Rightarrow \quad \hat{w} = (X^\top X)^{-1}X^\top y \end{aligned}$$



**Figure 1.3:** Orthogonal projection interpretation of linear regression. The predicted vector  $X\hat{w}$  is obtained as the projection of  $y$  onto the hypersurface  $\mathcal{M}(X) = \{Xw : w \in \mathbb{R}^{d+1}\}$ , which is a linear subspace in the classical case.