$$\begin{split} \frac{\partial \rho}{\partial t} + \frac{\partial u}{\partial x} + \frac{\partial v}{\partial y} + \frac{\partial w}{\partial z} &= 0 \\ \frac{\partial u}{\partial t} + R \frac{\partial u^2}{\partial x} + R \frac{\partial uv}{\partial y} + R \frac{\partial uw}{\partial z} &= -\frac{\partial p}{\partial x} + \frac{\partial^2 u}{\partial x^2} + \frac{\partial^2 u}{\partial y^2} + \frac{\partial^2 u}{\partial z^2} \\ \frac{\partial v}{\partial t} + R \frac{\partial vu}{\partial x} + R \frac{\partial v^2}{\partial y} + R \frac{\partial w}{\partial z} &= -\frac{\partial p}{\partial y} + \frac{\partial^2 v}{\partial x^2} + \frac{\partial^2 v}{\partial y^2} + \frac{\partial^2 v}{\partial z^2} \\ \frac{\partial w}{\partial t} + R \frac{\partial wu}{\partial x} + R \frac{\partial wv}{\partial y} + R \frac{\partial w^2}{\partial z} &= -\frac{\partial p}{\partial x} + \frac{\partial^2 w}{\partial x^2} + \frac{\partial^2 w}{\partial y^2} + \frac{\partial^2 w}{\partial z^2} \\ p &= \rho/\delta \\ \\ \frac{u_{i,j,k}^{n+1} - u_{i,j,k}^n}{\Delta t} &= -R \frac{(u_{i+1,j,k}^n)^2 - (u_{i,j,k}^n)^2}{\Delta x} \\ - R \frac{u_{i,j+1,k}^n v_{i,j+1,k}^n - u_{i,j,k}^n v_{i,j,k}^n}{\Delta y} \\ - R \frac{u_{i,j+1,k}^n v_{i,j+1,k}^n - u_{i,j,k}^n v_{i,j,k}^n}{\Delta x} \\ + \frac{u_{i+1,j,k}^n + u_{i,1,j,k}^n - u_{i,j,k}^n - u_{i,j,k}^{n+1}}{\Delta x^2} \\ + \frac{u_{i,j+1,k}^n + u_{i,j-1,k}^n - u_{i,j,k}^n - u_{i,j,k}^{n+1}}{\Delta x^2} \\ + \frac{u_{i,j+1,k}^n + u_{i,j-1,k}^n - u_{i,j,k}^n - u_{i,j,k}^{n+1}}{\Delta x^2} \\ - \frac{1}{\delta \Delta x} (\rho_{i+1,j}^n - \rho_{i,j}^n) \\ \frac{v_{i,j,k}^{n+1} - v_{i,j,k}^n}{\Delta t} &= -R \frac{v_{i+1,j,k}^n u_{i,j,k}^n - v_{i,j,k}^n u_{i,j,k}^n}{\Delta x} \\ - R \frac{(v_{i,j+1,k}^n)^2 - (v_{i,j,k}^n)^2}{\Delta y} \\ + \frac{v_{i,j+1,k}^n + v_{i,j+1,k}^n - v_{i,j,k}^n - v_{i,j,k}^{n+1}}{\Delta x^2} \\ + \frac{v_{i,j+1,k}^n + v_{i,j+1,k}^n - v_{i,j,k}^n - v_{i,j,k}^{n+1}}}{\Delta x^2} \\ + \frac{v_{i,j+1,k}^n + v_{i,j+1,k}^n - v_{i,j,k}^n - v_{i,j,k}^{n+1}}}{\Delta x^2} \\ - R \frac{v_{i,j,k+1}^n + v_{i,j+1,k}^n - v_{i,j,k}^n - v_{i,j,k}^{n+1}}}{\Delta x^2} \\ - R \frac{v_{i,j,k+1}^n + v_{i,j+1,k}^n - v_{i,j,k}^n - v_{i,j,k}^n - v_{i,j,k}^n}}{\Delta x} \\ - R \frac{v_{i,j,k+1}^n + v_{i,j+1,k}^n - v_{i,j,k}^n - v_{i,j,k}^n - v_{i,j,k}^n}}{\Delta x^2} \\ + \frac{v_{i,j,k+1}^n + v_{i,j+1,k}^n - v_{i,j,k}^n - v_{i,j,k}^$$

$$\begin{split} & \left[1 + 2\left(\frac{\Delta t}{\Delta x^2} + \frac{\Delta t}{\Delta y^2} + \frac{\Delta t}{\Delta z^2}\right)\right]u_{i,j,k}^{n+1} + \frac{\Delta t}{\Delta x^2}\left[u_{i+1,j,k}^{n+1} + u_{i-1,j,k}^{n+1}\right] + \frac{\Delta t}{\Delta y^2}\left[u_{i,j+1,k}^{n+1} + u_{i,j-1,k}^{n+1}\right] + \frac{\Delta t}{\Delta z^2}\left[u_{i,j,k-1}^{n+1} + u_{i,j,k-1}^{n+1}\right] \\ = & u_{i,j,k}^n - \frac{R\Delta t}{\Delta x}\left[(u_{i+1,j,k}^n)^2 - (u_{i,j,k}^n)^2\right] - \frac{R\Delta t}{\Delta y}\left[u_{i,j+1,k}^n v_{i,j+1,k}^n - u_{i,j,k}^n v_{i,j,k}^n\right] - \frac{R\Delta t}{\Delta z}\left[u_{i,j,k+1}^n w_{i,j,k+1}^n - u_{i,j,k}^n w_{i,j,k}^n\right] - \frac{\Delta t}{\delta \Delta x}(\rho_{i+1,j}^n - \rho_{i,j}^n) \end{split}$$

$$\begin{split} & \left[1 + 2\left(\frac{\Delta t}{\Delta x^2} + \frac{\Delta t}{\Delta y^2} + \frac{\Delta t}{\Delta z^2}\right)\right]v_{i,j,k}^{n+1} + \frac{\Delta t}{\Delta x^2}\left[v_{i+1,j,k}^{n+1} + v_{i-1,j,k}^{n+1}\right] + \frac{\Delta t}{\Delta y^2}\left[v_{i,j+1,k}^{n+1} + v_{i,j-1,k}^{n+1}\right] + \frac{\Delta t}{\Delta z^2}\left[v_{i,j,k+1}^{n+1} + v_{i,j,k-1}^{n+1}\right] \\ = & v_{i,j,k}^n - \frac{R\Delta t}{\Delta x}\left[v_{i+1,j,k}^n u_{i+1,j,k}^n - v_{i,j,k}^n u_{i,j,k}^n\right] - \frac{R\Delta t}{\Delta y}\left[(v_{i,j+1,k}^n)^2 - (v_{i,j,k}^n)^2\right] - \frac{R\Delta t}{\Delta z}\left[v_{i,j,k+1}^n w_{i,j,k+1}^n - v_{i,j,k}^n w_{i,j,k}^n\right] - \frac{\Delta t}{\delta \Delta y}\left[\rho_{i,j+1,k}^n - \rho_{i,j,k}^n\right] \end{split}$$

$$\left[1 + 2\left(\frac{\Delta t}{\Delta x^2} + \frac{\Delta t}{\Delta y^2} + \frac{\Delta t}{\Delta z^2}\right)\right]w_{i,j,k}^{n+1} + \frac{\Delta t}{\Delta x^2}\left[w_{i+1,j,k}^{n+1} + w_{i-1,j,k}^{n+1}\right] + \frac{\Delta t}{\Delta y^2}\left[w_{i,j+1,k}^{n+1} + w_{i,j-1,k}^{n+1}\right] + \frac{\Delta t}{\Delta z^2}\left[w_{i,j,k+1}^{n+1} + w_{i,j,k-1}^{n+1}\right] \\ = w_{i,j,k}^n - \frac{R\Delta t}{\Delta x}\left[w_{i+1,j,k}^n u_{i+1,j,k}^n - w_{i,j,k}^n u_{i,j,k}^n\right] - \frac{R\Delta t}{\Delta y}\left[w_{i,j+1,k}^n v_{i,j+1,k}^n - w_{i,j,k}^n v_{i,j,k}^n\right] - \frac{R\Delta t}{\Delta z}\left[(w_{i,j,k+1}^n)^2 - (w_{i,j,k}^n)^2\right] - \frac{\Delta t}{\delta \Delta z}\left[\rho_{i,j,k+1}^n - \rho_{i,j,k}^n\right].$$

Fully-explicit Scheme

$$\left(1 + \frac{\Delta t}{\Delta x^2} + \frac{\Delta t}{\Delta y^2} + \frac{\Delta t}{\Delta z^2}\right) u_{i,j,k}^{n+1} = u_{i,j,k}^n - \frac{R\Delta t}{\Delta x} \left[(u_{i+1,j,k}^n)^2 - (u_{i,j,k}^n)^2 \right] - \frac{R\Delta t}{\Delta y} \left[u_{i,j+1,k}^n v_{i,j+1,k}^n - u_{i,j,k}^n v_{i,j,k}^n \right] - \frac{R\Delta t}{\Delta z} \left[u_{i,j,k+1}^n w_{i,j,k+1}^n - u_{i,j,k}^n w_{i,j,k}^n \right] \\ + \frac{\Delta t}{\Delta x^2} \left[u_{i+1,j,k}^n + u_{i-1,j,k}^n - u_{i,j,k}^n \right] + \frac{\Delta t}{\Delta y^2} \left[u_{i,j+1,k}^n + u_{i,j-1,k}^n - u_{i,j,k}^n \right] + \frac{\Delta t}{\Delta z^2} \left[u_{i,j,k-1}^n + u_{i,j,k-1}^n - u_{i,j,k}^n \right] \\ - \frac{\Delta t}{\delta \Delta x} (\rho_{i+1,j}^n - \rho_{i,j}^n) \\ \left(1 + \frac{\Delta t}{\Delta x^2} + \frac{\Delta t}{\Delta y^2} + \frac{\Delta t}{\Delta z^2} \right) v_{i,j,k}^{n+1} = v_{i,j,k}^n - \frac{R\Delta t}{\Delta x} \left[v_{i+1,j,k}^n u_{i+1,j,k}^n - v_{i,j,k}^n u_{i,j,k}^n \right] - \frac{R\Delta t}{\Delta y} \left[(v_{i,j+1,k}^n)^2 - (v_{i,j,k}^n)^2 \right] - \frac{R\Delta t}{\Delta z} \left[v_{i,j,k+1}^n w_{i,j,k+1}^n - v_{i,j,k}^n w_{i,j,k}^n \right] \\ + \frac{\Delta t}{\Delta x^2} \left[v_{i+1,j,k}^n + v_{i-1,j,k}^n - v_{i,j,k}^n u_{i,j,k}^n \right] + \frac{\Delta t}{\Delta y^2} \left[v_{i,j+1,k}^n + v_{i,j-1,k}^n - v_{i,j,k}^n \right] + \frac{\Delta t}{\Delta z^2} \left[v_{i,j,k+1}^n + v_{i,j,k-1}^n - v_{i,j,k}^n \right] \\ - \frac{\Delta t}{\delta \Delta y} \left(\rho_{i,j+1,k}^n - \rho_{i,j,k}^n \right) + \frac{\Delta t}{\Delta y^2} \left[w_{i,j+1,k}^n + w_{i,j+1,k}^n - w_{i,j,k}^n v_{i,j+1,k}^n - w_{i,j,k}^n v_{i,j+1,k}^n \right] - \frac{R\Delta t}{\Delta z} \left[(w_{i,j,k+1}^n - w_{i,j,k}^n v_{i,j+1}^n - w_{i,j,k}^n v_{i,j+1,k}^n \right] \\ - \frac{\Delta t}{\Delta x^2} \left[w_{i,j+1,k}^n + w_{i-1,j,k}^n - w_{i,j,k}^n v_{i,j,k}^n \right] - \frac{R\Delta t}{\Delta y^2} \left[w_{i,j+1,k}^n - w_{i,j,k}^n v_{i,j+1,k}^n - w_{i,j,k}^n v_{i,j+1,k}^n \right] \\ - \frac{\Delta t}{\delta \Delta z} \left[w_{i,j+1,j,k}^n - w_{i,j,k}^n v_{i,j,k}^n \right] + \frac{\Delta t}{\Delta y^2} \left[w_{i,j+1,k}^n - w_{i,j,k}^n v_{i,j+1,k}^n - w_{i,j,k}^n v_{i,j+1,k}^n - w_{i,j,k}^n v_{i,j+1,k}^n - w_{i,j,k}^n v_{i,j+1,k}^n \right] \\ - \frac{\Delta t}{\delta \Delta z} \left[w_{i,j+1,j,k}^n - w_{i,j,k}^n v_{i,j,k}^n \right] - \frac{R\Delta t}{\Delta y^2} \left[w_{i,j+1,k}^n - w_{i,j,k}^n v_{i,j+1,k}^n - w_{i,j,k}^n v_{i,j+1,k}^n v_{i,j+1,k}^n - w_{i,j,k}^n v_{i,j+1,k}^n - w_{i,j,k}^n v_{i,j+1,k}^n v_{i,j+1,k}^n$$

For boundary nodes, we have: