

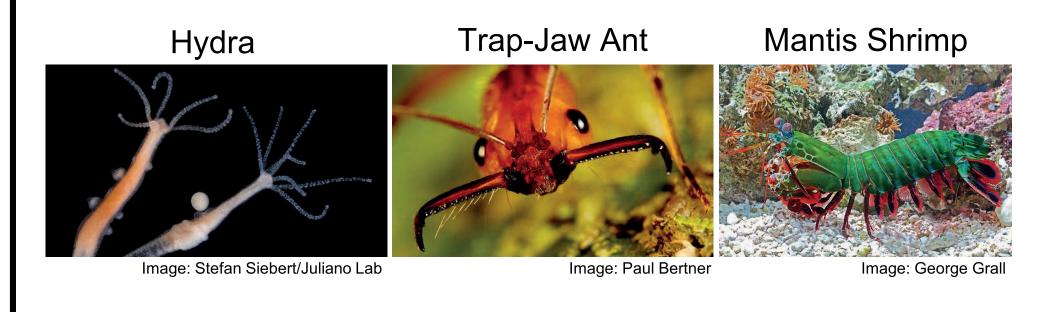
Understanding the Elastic Efficiency of Biological Springs

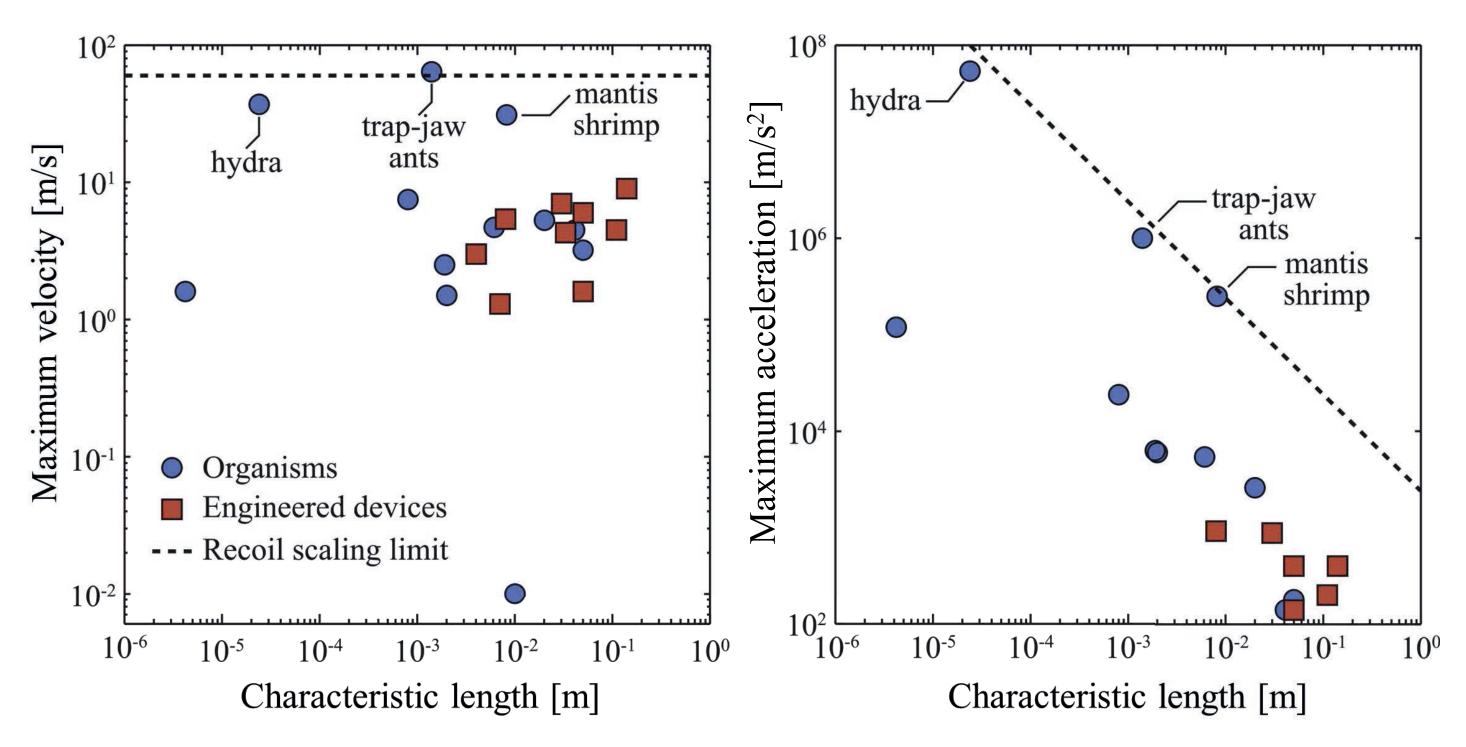
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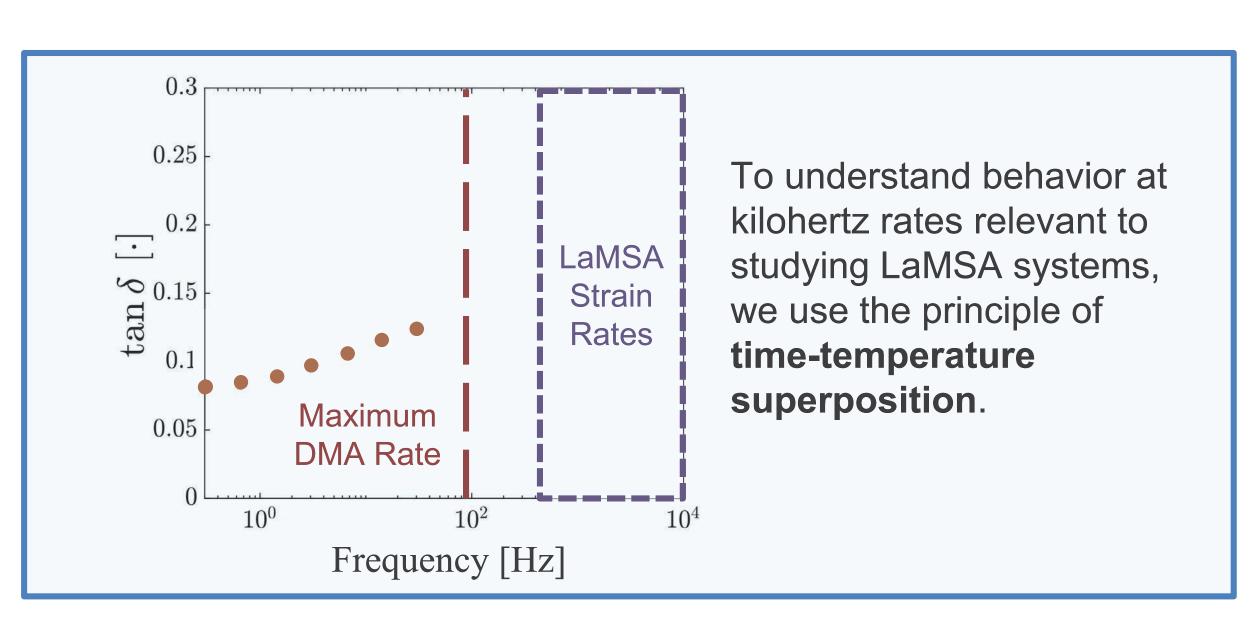
Introduction

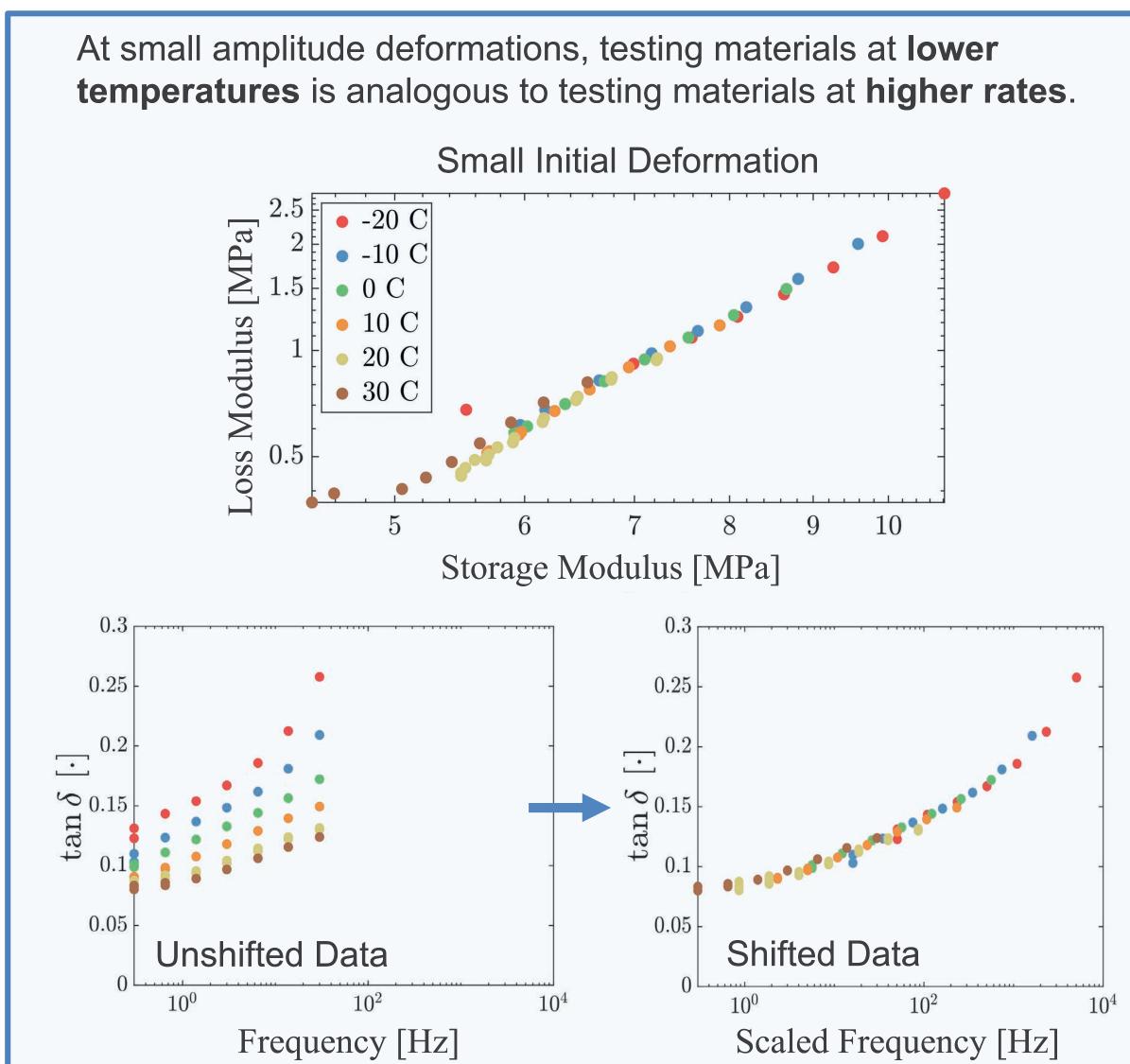
Latch-mediated spring actuated (LaMSA) systems store and rapidly release energy to drive motion^[1,2]. Example organisms include hydra, trap-jaw ants, and mantis shrimp, which have impressive kinematics compared to engineered micro-robotic devices of the same characteristic size. Performance in these systems depends on size and the material properties of components such as the elastic/spring^[3].

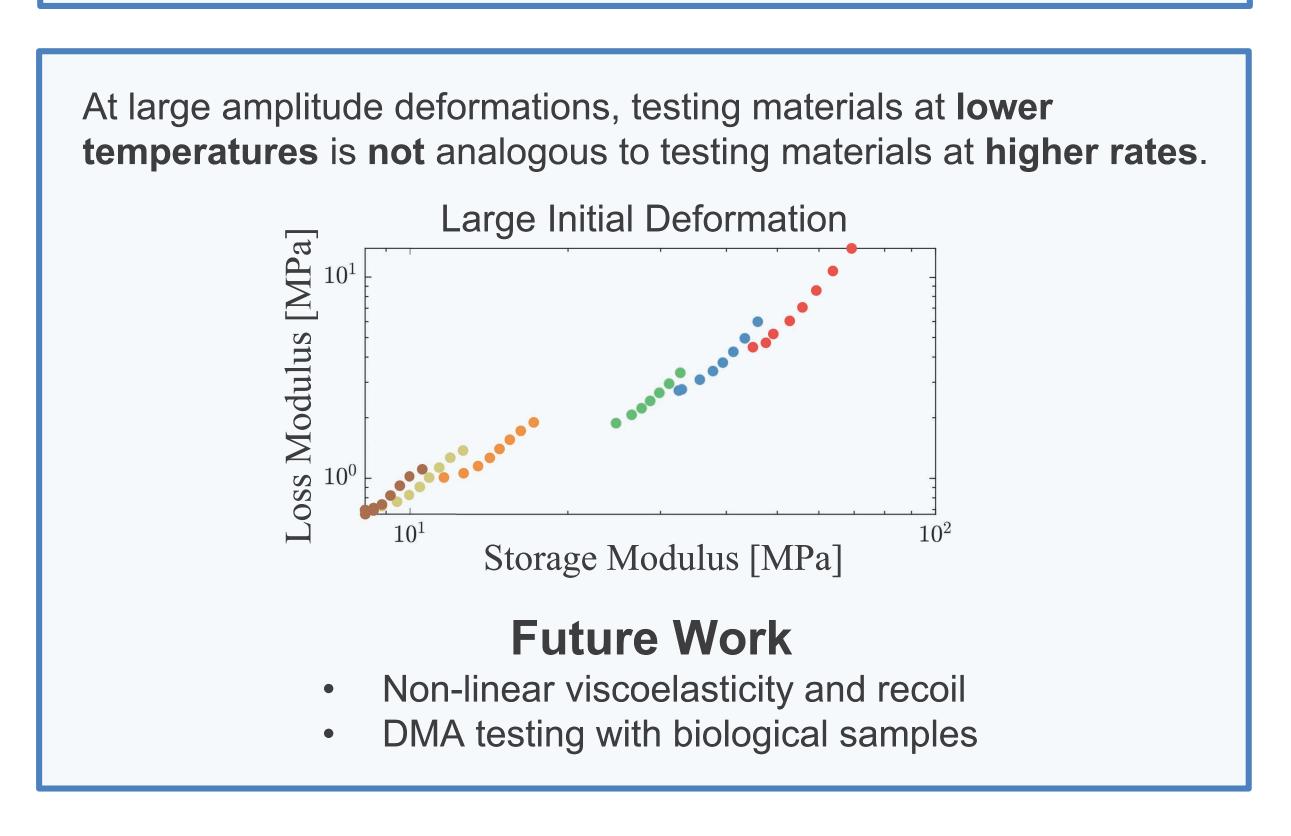




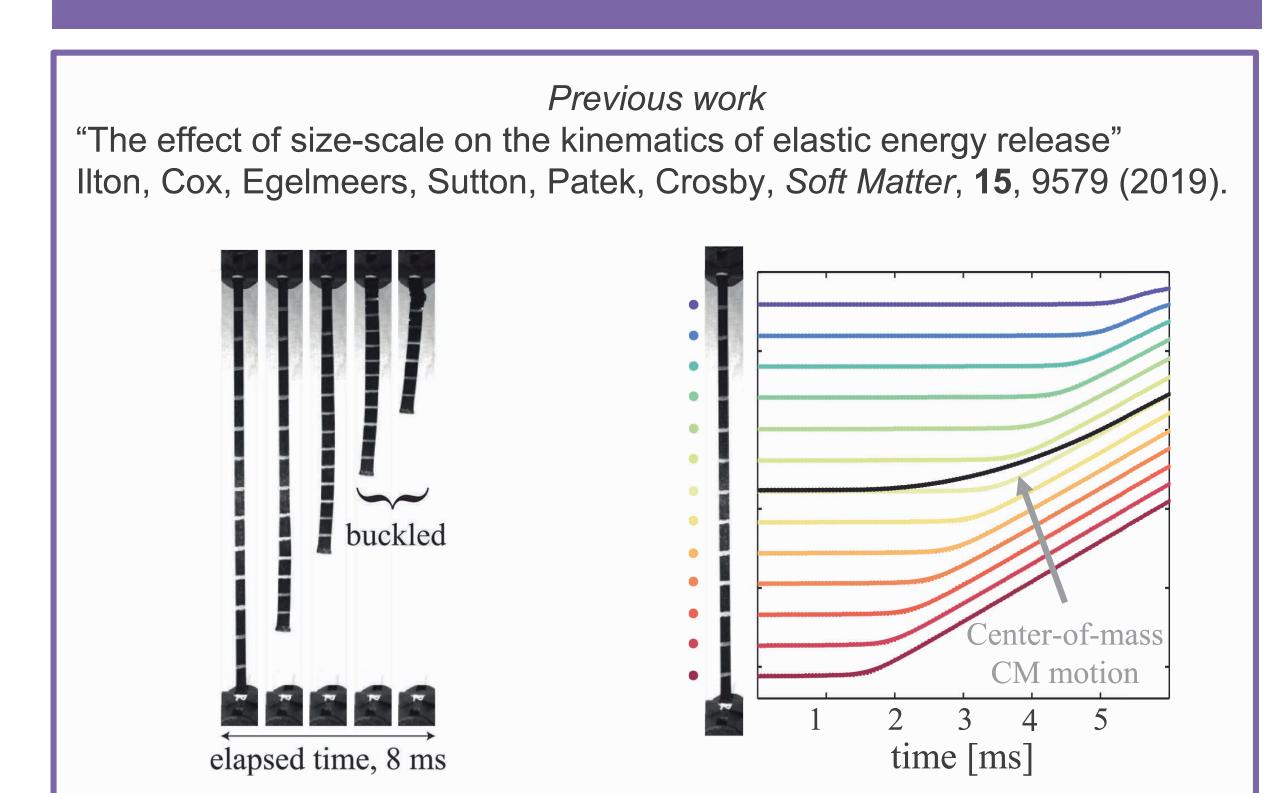
Using tan(δ) to Predict Efficiency of Spring Material Recoil

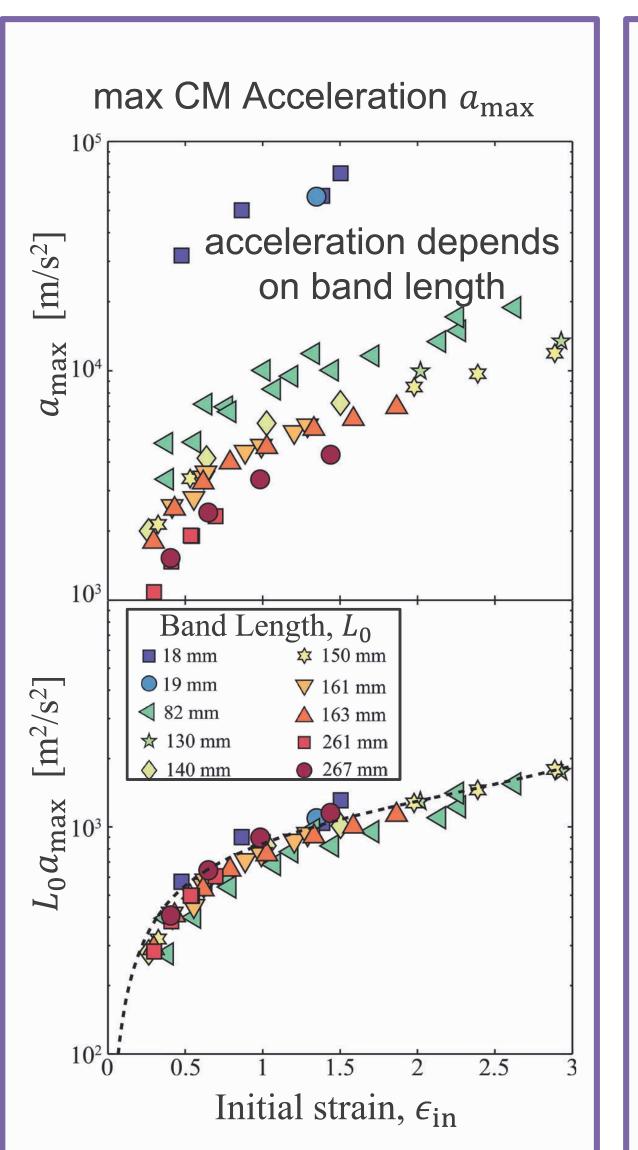


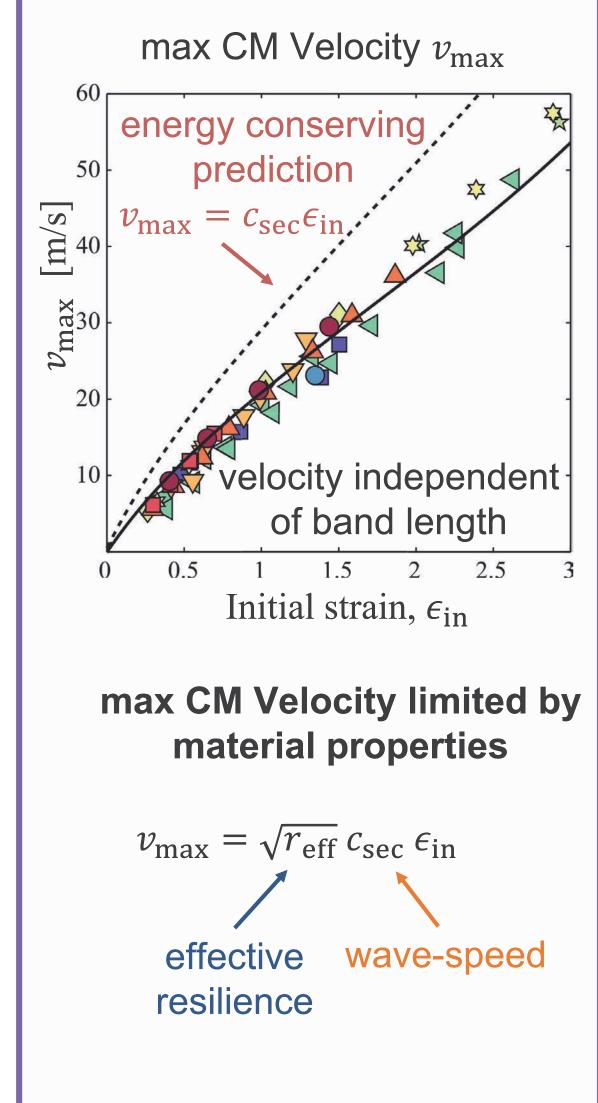




Size-scaling of Elastic Energy Release



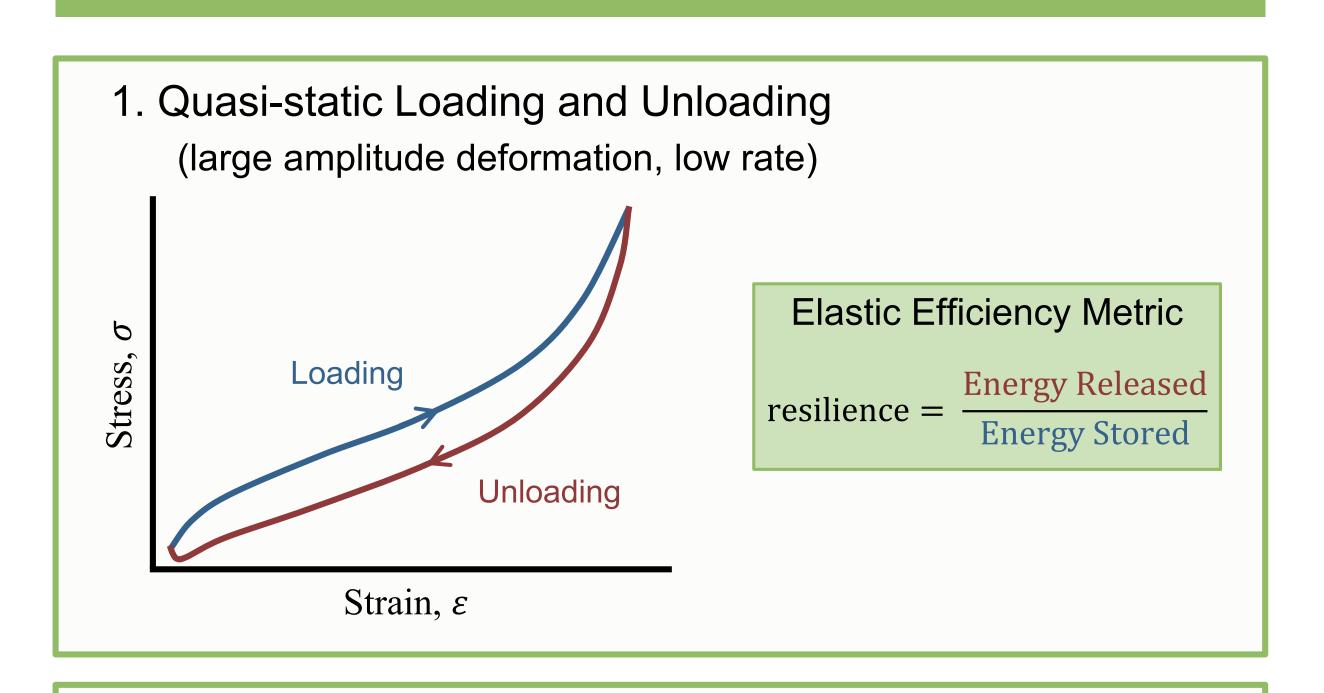


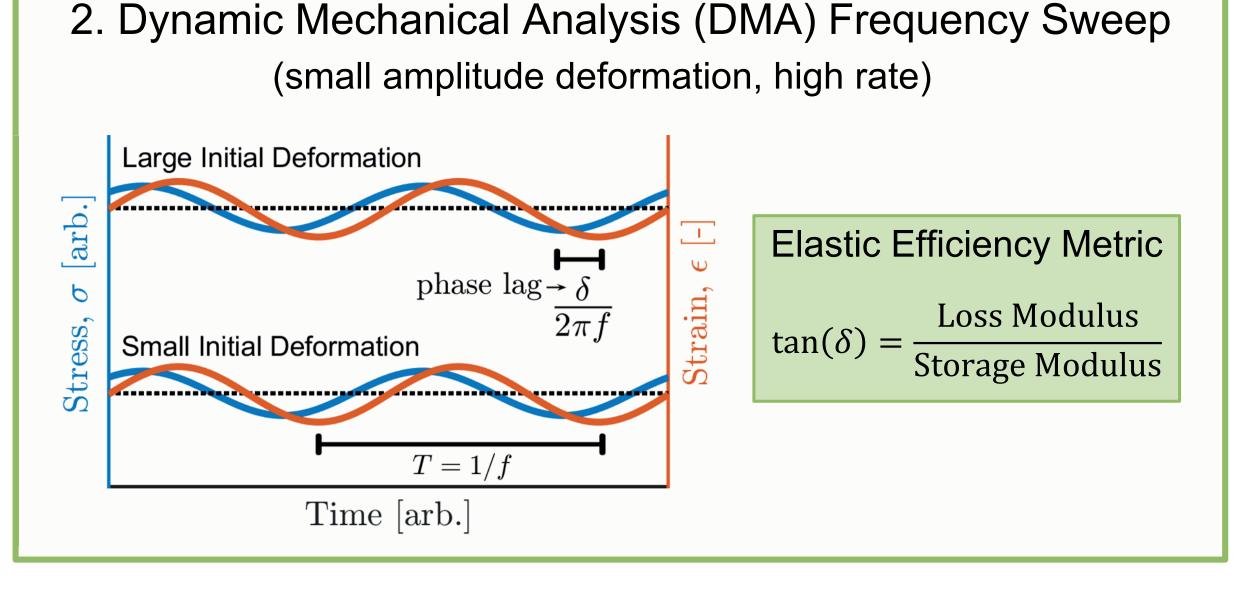


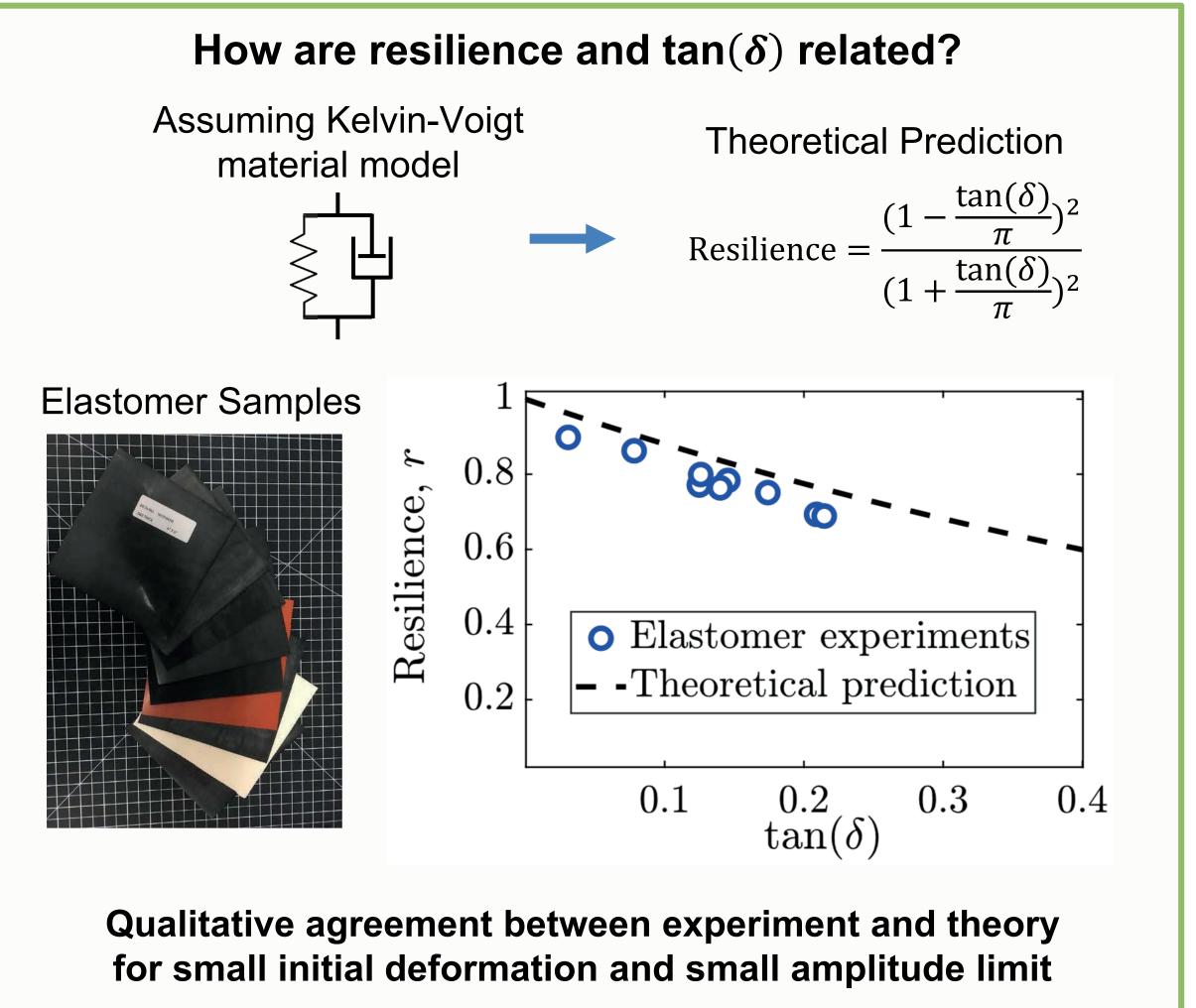
Size-scaling of elastomer recoil consistent with size-scaling observed in nature Recoil Organisms Devices

| | Recoil | Organisms | Devices |
|--------------------------|------------------------------|-------------------------------------|------------------------------------|
| Velocity Acceleration | $\sim L_c^0$ $\sim L_c^{-1}$ | $\sim L_c^{-0.1}$ $\sim L_c^{-0.9}$ | $\sim L_c^{0.2}$ $\sim L_c^{-0.5}$ |

Measuring Elastic Efficiency of Materials







References

- [1] Ilton, Bhamla, Ma, Cox, Fitchett, Kim, Koh, Krishnamurthy, Kuo, Temel, Crosby, Prakash, Sutton, Wood, Azizi, Bergbreiter, Patek
 - "The principles of cascading power limits in small, fast biological and engineered systems" Science 360, eaao1082(2018).
- [2] Longo, Cox, Azizi, Ilton, Olberding, St. Pierre, Patek "Beyond power amplification: latch-mediated spring actuation is an emerging framework for the study of diverse elastic systems" The Journal of Experimental Biology 222 (15), jeb197889 (2019).
- [3] Ilton, Cox, Egelmeers, Sutton, Patek, Crosby "The effect of size-scale on the kinematics of elastic energy release" Soft Matter 15 (46), 9579 (2019).