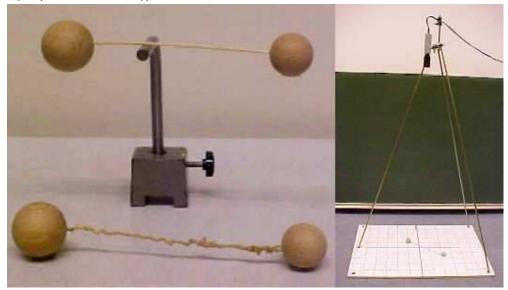
Aim: To show that a free rotating body rotates around its centre of mass.

Subjects: 1D40 (Motion of the Center of Mass)

1Q60 (Rotational Stability)

Diagram:



Equipment:

- Two different wooden spheres (d_1 =5cm and d_2 =4cm), connected by a light stick.
- Two different wooden spheres (d₁=5cm and d₂=4cm), connected by a rubber band (unstretched length around 50cm).
- Board with square grid (10×10 cm²).
- Video camera on tripod (see Diagram).
- Beamer to project image of square grid.



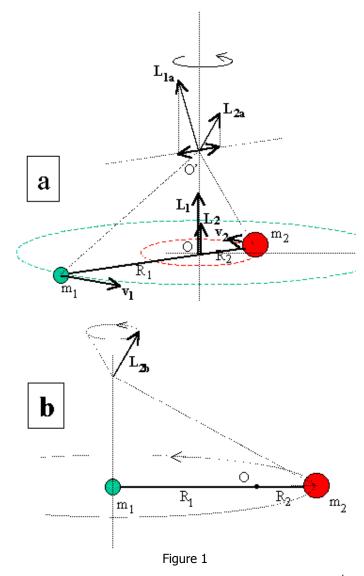
Presentation: The two spheres connected to each other by means of the light stick are balanced (see

Diagram) to show where the centre of mass (CM) is located. As can be observed, the location of the CM divides the distance (d) between the two centres of the spheres in $^{1}/_{3}d$ and $^{2}/_{3}d$.

Then the system of the two spheres connected by the rubber band is taken. The rubber band is twisted (see Diagram and Remarks). The system is placed on the board with the grid and then left by itself. The combination starts to rotate while unwinding the twisted rubber band. As can be observed, the combination rotates around its CM.

Explanation: 1.

The total mass is located at the CM. No external forces are acting, so the CM has to remain at its position on the board as Newton's first law tells us. (When the system should rotate around any other point but the CM, the CM performs a rotation and an external torque should be needed for that.)





 $\underline{2}$. When the body rotates it does so around an axis perpendicular to d. When no external forces are acting, the angular momentum vector \bar{L} remains constant. The body in our demonstration consists of two masses: m_1 and m_2 (see Figure 1a).

$$\vec{L} = \vec{L}_1 + \vec{L}_2$$
; $\vec{L} = \vec{R}_1 \times m_1 \vec{v}_1 + \vec{R}_2 \times m_2 \vec{v}_2$.

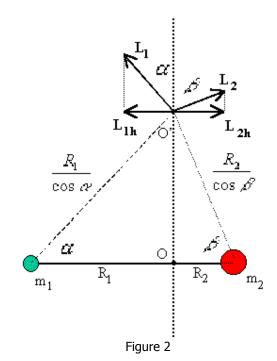
The axis of rotation characterizes itself by the fact that, at any position on this axis, \bar{L} will have the same magnitude and direction (at O' the horizontal components of L_{1a} and L_{2a} cancel, and their vertical components add up to \bar{L} : see Sources). This means that only one axis of rotation is possible. When, for instance, an axis of rotation is chosen passing through the centre of m_1 , then the total angular momentum adds up to L_{2b} (see Figure1b). And so, being constant in magnitude, its direction constantly changes (describing a cone). Such a situation needs an external torque. In our demonstration, there is no external torque and the two sphere-system rotates around an axis somewhere between the two spheres (Figure2). At O,

 $\vec{L} = \vec{R}_1 \times m_1 \vec{v}_1 + \vec{R}_2 \times m_2 \vec{v}_2$, directed along the axis of rotation. At O', the horizontal components of \mathcal{L}_1 and \mathcal{L}_2 need to cancel in order to keep \mathcal{L} along the axis of rotation.

$$\left| \vec{L}_1 \right| = \frac{R_1 m_1 v_1}{\cos \alpha}$$

$$L_{1k} = \frac{R_1 m_1 v_1}{\cos \alpha} \sin \alpha = R_1 m_1 v_1 \tan \alpha = m_1 v_1 y$$

In the same way: $L_{2k}=m_2v_2y$. $v=\omega R_{\rm r}$ so $L_{1k}=m_1\omega R_1y$ and $L_{2k}=m_2\omega R_2y$. These two are equal when $m_1R_1=m_2R_{2{\rm r}}$ and this is so when the axis of rotation passes through the CM.





Remarks:

- The most easy way to wind the rubber band is done by holding the small sphere in your hand and whirling the large sphere round over the ground.
- The wooden spheres having diameters of 4- and 5cm will have a mass ratio of 1 to 1.95, so very close to a factor 2.
- See also the demonstration "Dumbbell" in this database.

Sources:

- Mansfield, M and O'Sullivan, C., Understanding physics, pag. 139-141
- PSSC, College Physics, pag. 352-354

