

SPI Pro X Quick Start Guide

Getting hardware up and running

Upon receiving your new SPI Pro X units you should complete the following steps:

Charging

Before your SPI Pro X units will operate, they must be charged. SPI Pro X units are fully charged when they leave our factory, however partial discharge of the units can be expected during shipping.

The SPI Pro X Docking Case should be connected to mains power, using the supplied Power Supply. All SPI Pro X units should be firmly inserted into the Docking Station and all units will be charged simultaneously (shown by the top red light on each unit). Please make sure your SPI Pro units are turned off to obtain full charge. Initial charging will take approximately 3 hours. Once fully charged the red light will turn off. If a unit is not showing a red light at charging, it is fully charged. A fully charged unit will give you a minimum of 5 hours of logging time.



SPI Pro X Docking Station

Using your SPI Pro X units

Note: The SPI Pro X can only operate outdoors.

Turning the SPI Pro X On:

- Press the On/Off button.
- The lower indicator light will flash Red and Green and the unit will sound 4 sets of double beeps.
- The unit will perform a self-test and then sound 2 beeps to confirm it is functioning correctly.
- The lower indicator light will remain a steady Green while the SPI Pro X attempts to establish its location. When the SPI Pro X establishes its location the lower Green indicator light will sound 5 beeps and then flash once a second. Satellite acquisition may take up to ten minutes.



Turning on SPI Pro X



Turning the SPI Pro X Off

- Press and hold the On/Off button for a period of 5 seconds
- A sequence of low pitched beep will sound at the five second mark, indicating the On/Off button can now be released.
- The SPI Pro X will store information to its memory then sound a series of beeps then switch off leaving the indicator lights extinguished

Wearing the Heart Rate Sensor

- The heart rate sensor must be worn directly on the skin. Adjust the elastic strap so the sensor is pressed firmly against your chest. To achieve better skin contact, moisten the sensor pads and wear the sensor for a few minutes before capturing performance data.
- When the SPI Pro X is recording heart rate data from the strap the right hand Yellow indicator light will flash.



Downloading SPI Pro X Data

Once you have collected data from a session, you can now download the data for analysis.

- Place all SPI Pro X units into the docking station
- Turn each unit on
- Connect the docking station to your laptop using your USB cable
- Click on your SPI Ezy icon
- Ensure "Enable Docking Station" is selected.
- SPI Ezy will automatically detect the docking station and all units (this could take a minute or so).
- Then follow the prompts in the top left corner of the screen.
 - Download
 - Rename
 - Split
 - Generate Reports.



WARNINGS

- Don't turn your SPI Pro X units on indoors – they need to clearly see the sky to track GPS satellites
- Give your SPI Pro X units time to acquire a signal first time you use them – could be up to 10 minutes
- Don't wear your SPI Pro X units in a water environment (pool, surf) unless encased in a zip locked water tight plastic bag.
- Don't try to charge your SPI Pro X units with any other charger than the one supplied with your kit
- Ensure you use new heart rate chest straps, old straps lose signal strength