



XTD Reports

To generate an XTD report:

1. Open Team AMS
2. Go to the 'sessions' tab
3. Use the 'custom filter builder' to retrieve desired session for XTD report

The screenshot shows the GPSports Team AMS R2 2010 interface. The 'Sessions' tab is selected in the left sidebar. The main window displays a table of sessions with columns: View, Player, Session Name, Session Time, Interval, Download Time, Position, Squad, Round, Opposition, and Ground. A red circle highlights the 'Sessions' tab in the sidebar. A red arrow points to the 'Custom filter builder' button in the top toolbar. Another red arrow points to the 'Custom Filter Builder' dialog box, which is open. The dialog has three tabs: 'Only Sessions On or Before', 'Only Sessions On or After', and 'Show Only These Sessions'. The 'Show Only These Sessions' tab is selected. It contains a list of sessions with columns: 1, 2, 3, 4, 5, Session Name, Session Time, Interval, Download Time, Position, Squad, Round, Opposition, and Ground. A red arrow points to the 'UConn T2' session in the list. A red arrow points to the 'Use the Custom Filter to retrieve a session for the XTD report' text.

4. Right click on desired session and select 'XTD report'.

The screenshot shows the 'Sessions' table with a right-click context menu open. The menu options are: Collapse Grid, Copy, Delete, Expand Grid, Export, Google Earth, Refresh, Group Rename Sessions, Rename, Create Splits, Apply This Player's Realtime Splits, Apply This Player's RT Splits for Every, Apply Each Player's RT Splits, Summary, View, Clear Overlay, Overlay, Clear Layers, Layer 1, Layer 2, Layer 3, Layer 4, and XTD Report. A red arrow points to the 'XTD Report' option.



5. The XTD report generator will appear
6. The day that the session was completed on is indicated by the blue date in box 1 in the illustration below
7. Complete the intended distances for the month in box 2
8. Hold down the 'control' button on your keyboard and select desired reporting variables in the 'Table Metrics' (box 3)
9. Box 4 displays saved templates
10. Box 5 allows you to save/rename report templates
11. You can generate an XTD report by selecting 'Create report' (box 6)

Session: NYJ 10 TC P17 Date: 11/08/2010

Intended Average Distances

August 2010

Mon	Tue	Wed	Thu	Fri	Sat	Sun
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5

Today: 1/04/2011

Month's Intended Distances

Day	Intended Distance
1	2000.00
2	3000.00
3	4000.00
4	5000.00
5	3000.00
6	4000.00
7	5000.00
8	6000.00
9	3000.00
10	4000.00
11	5000.00
12	6000.00
13	7000.00
14	0.00
15	4000.00
16	5000.00
17	6000.00
18	7000.00
19	8000.00
20	5000.00
21	6000.00
22	7000.00
23	0.00
24	6000.00
25	7000.00
26	8000.00
27	9000.00

Table Metrics:

- Distance in speed zone 5
- Distance in speed zone 6
- Entries in speed zone 1
- Entries in speed zone 2
- Entries in speed zone 3
- Entries in speed zone 4
- Entries in speed zone 5
- Entries in speed zone 6
- Percent of distance in speed zone 1
- Percent of distance in speed zone 2
- Percent of distance in speed zone 3
- Percent of distance in speed zone 4
- Percent of distance in speed zone 5
- Percent of distance in speed zone 6
- Percent of time within speed zone 1
- Percent of time within speed zone 2
- Percent of time within speed zone 3
- Percent of time within speed zone 4
- Percent of time within speed zone 5
- Percent of time within speed zone 6
- Time in speed zone 1
- Time in speed zone 2
- Time in speed zone 3
- Time in speed zone 4
- Time in speed zone 5
- Time in speed zone 6
- Speed Exertion
- Speed Exertion per minute
- Sprints
- Fastest Sprint

Saved Templates:

Default

Save Add Rename Delete

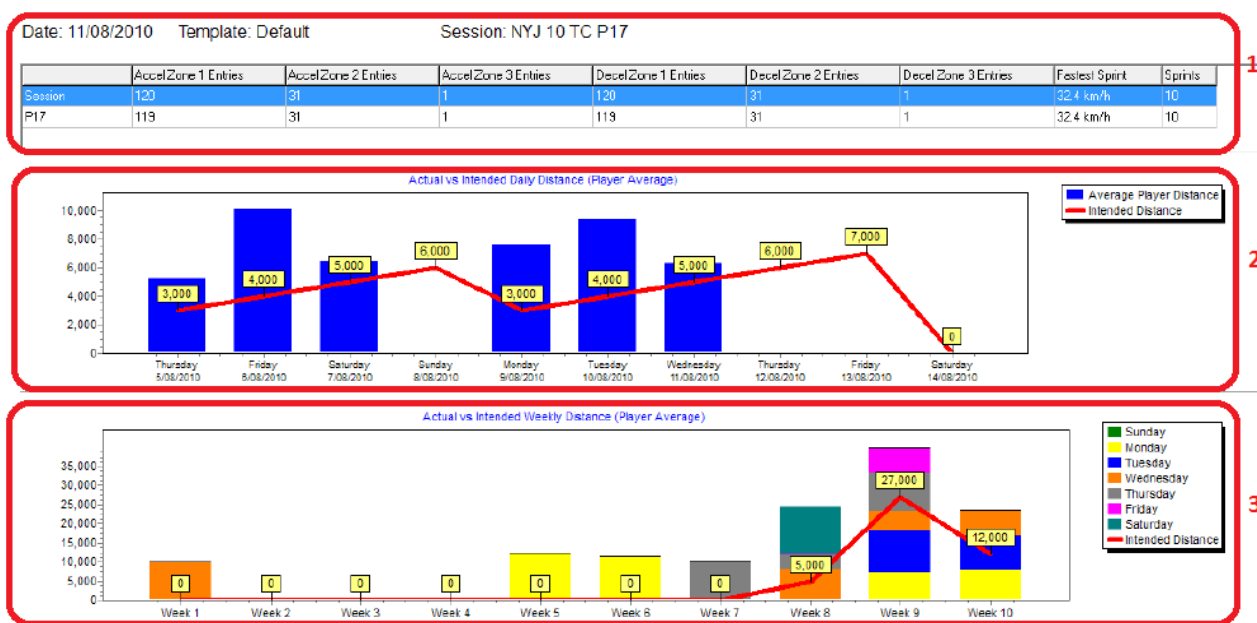
Create Report



Please note:

Intended distances are a global value applying to any athletes and sessions recorded for that day, and do not need to be reset or changed for each report template. They will be saved automatically as you enter them. The distances are expressed in the same distance-units used elsewhere in Team AMS (this is configured in the "File" menu ? "Configure" ? "Unit").

After selecting generate report, an XTD report will appear.



The top section shows a group summary for the selected session (1). It includes all players and splits for that session.

The second section shows a graph for the intended vs actual distances over the last 7 days, and the intended distance for the next 3 days (2).

The third section shows the actual vs intended average distance for each week, for the last 10 weeks (3).

For further information or support please contact Damien Hawes at damien.hawes@gpsports.com or your GPSports product supplier.