



Directorate General of Shipping - STCW Courses

Student Learning Report

Name	Email ID	INDoS		
VIKASH KUMAR	panchalnavigator@gmail.com	03NL0802		
Batch	Start Date	End Date	Session Count	Login time
Batch 1	11/10/2024	08/04/2025	9	16h 24m
Course	100% of Topics Accessed			Course content access time
Refresher Course in Medical First Aid (RMFA) (Capt.K Devadas)				16h 17m 19s

E-Book Content Access

Topics and Subtopics	Exercise		Quiz		Course content access time	Videos Watched
	Date	Marks	Date	Marks		
Introduction					0h 01m 29s	
Casualty handling			14/10/2024 5:41 PM	8/10	0h 08m 16s	
Basic Life Support					0h 01m 18s	
Cardio Pulmonary Resuscitation (CPR)					0h 07m 55s	2/2
CPR with Help of Second Person					0h 00m 52s	
Special Situations					0h 01m 16s	
CPR for Children and Infants					0h 05m 23s	1/1



Directorate General of Shipping - STCW Courses

Student Learning Report

Name	Email ID	INDoS
VIKASH KUMAR	panchalnavigator@gmail.com	03NL0802
Use of Oxygen resuscitator		0h 03m 51s
Airway Obstruction		0h 10m 02s 1/1
Bleeding		0h 04m 43s 1/1
Management of Shock		0h 01m 51s 1/1
Actions for Accident or Illness on board		0h 00m 51s
First Aid Kit		0h 01m 48s 1/1
Location of first aid kits		0h 01m 29s
Contents of lifeboat first aid kit		0h 02m 20s
Body structure and functions	14/10/2024 6:17 PM	5/10 0h 19m 40s
Structure of the human body		0h 02m 17s
Functions of important parts and systems		0h 03m 43s 1/1
Skeletal System		0h 15m 07s
Muscular System		0h 04m 16s



Directorate General of Shipping - STCW Courses

Student Learning Report

Name	Email ID	INDoS
VIKASH KUMAR	panchalnavigator@gmail.com	03NL0802
Cardiovascular System		0h 14m 19s 6/6
Respiratory System		0h 07m 51s 2/2
Nervous System		0h 04m 03s
Digestive system and abdomen		0h 27m 57s 12/12
Toxicological hazards aboard ship	14/10/2024 7:52 PM	4/10 0h 17m 09s
Hazards of Transport of dangerous cargo		0h 05m 15s 1/1
Use of Medical First Aid Guide		0h 01m 46s
TWA/TLV levels		0h 02m 34s
Poisoning		0h 01m 40s 1/1
Acid and caustic burns		0h 05m 45s
Cardiac arrest		0h 06m 55s
Examination of patient		0h 05m 08s
Observations of a casualty		0h 00m 29s



Directorate General of Shipping - STCW Courses

Student Learning Report

Name	Email ID	INDoS
VIKASH KUMAR	panchalnavigator@gmail.com	03NL0802
Forming diagnosis		0h 04m 52s
Wound Dressing		0h 01m 59s
Disinfection of surgical instruments		0h 01m 08s
Dressing wounds, Care of cuts, wounds, burns and scalds		0h 30m 32s
Suturing		0h 40m 24s 1/1
Intravenous Therapy		0h 14m 53s 1/1
Fractures, dislocation and muscular injuries		0h 20m 50s 2/2
Apply practical first aid procedures		0h 13m 54s 1/1
Describes types of fracture		0h 13m 03s
Open (or compound) Fractures		0h 13m 03s
Closed (or simple) Fractures		0h 13m 03s
Complicated		0h 13m 09s
Treatment for injured parts		0h 02m 35s



Directorate General of Shipping - STCW Courses

Student Learning Report

Name	Email ID	INDoS
VIKASH KUMAR	panchalnavigator@gmail.com	03NL0802
Immobilization of injured parts		0h 06m 33s
Pelvic and spinal injuries		0h 01m 27s
Sprains, strains and dislocations		0h 01m 34s
Pneumatic splints		0h 04m 01s
Spinal injuries		0h 01m 40s
Recognise symptoms		0h 02m 27s
Bladder control in spinal injuries		0h 02m 01s
Complications when unconscious		0h 03m 26s
Apply first aid measures		0h 00m 02s
Treatment of suspected fracture of spine		0h 00m 12s
Head injuries		0h 00m 08s
Levels of consciousness/unconsciousness		0h 05m 29s
Treatment and care in case of eye injury		0h 00m 16s



Directorate General of Shipping - STCW Courses

Student Learning Report

Name	Email ID	INDoS
VIKASH KUMAR	panchalnavigator@gmail.com	03NL0802
Burns, scalds and effects of heat and cold	15/10/2024 12:10 AM	5/10 0h 19m 29s
Burns		0h 12m 29s 2/2
Scalds		0h 10m 08s
Heatstroke		0h 10m 06s
Effects of heat		0h 10m 08s
Hypothermia		0h 10m 06s
How Heat is Lost from the Body		0h 10m 07s
How the Body defends itself against Cold		0h 10m 06s
Survival in Cold Water		0h 11m 43s 1/1
Frostbite		0h 11m 44s 1/1
Care in case of accidents involving Dangerous Goods		0h 10m 46s
Medical care of rescued persons, including distress, hypothermia and cold exposure		0h 10m 07s



Directorate General of Shipping - STCW Courses

Student Learning Report

Name	Email ID	INDoS
VIKASH KUMAR	panchalnavigator@gmail.com	03NL0802
Treatment for Hypothermia		0h 10m 07s
Treatment for cold injury		0h 10m 11s
Seasickness		0h 10m 08s
Sunburn		0h 10m 07s
Dehydration		0h 10m 07s
Radio Medical Advice	15/10/2024 12:20 AM	1/1 0h 13m 08s
Using GMDSS		0h 10m 09s
Helicopter evacuation		0h 10m 12s
Pharmacology	15/10/2024 12:28 AM	5/10 0h 18m 26s
Drugs on board		0h 10m 36s
Injections IM/IV/SC		0h 10m 06s
Test dose for penicillin		0h 10m 07s



Directorate General of Shipping - STCW Courses

Student Learning Report

Name	Email ID	INDoS
VIKASH KUMAR	panchalnavigator@gmail.com	03NL0802
Drug Abuse		0h 10m 06s
Amphetamine		0h 10m 45s 1/1
Anabolic steroids		0h 10m 49s 1/1
Cocaine		0h 10m 32s 1/1
Heroin		0h 10m 38s 1/1
Inhalants		0h 10m 08s
Marijuana		0h 10m 41s 1/1
Morphine		0h 10m 35s 1/1
Psychological/Psychiatric Problems	15/10/2024 12:44 AM	4/10 0h 24m 40s
Stay healthy		0h 14m 03s 2/2
Maintaining Good Health		0h 10m 17s 1/1
Eating Disorders		0h 11m 21s 1/1
Anorexia Nervosa		0h 10m 07s



Directorate General of Shipping - STCW Courses

Student Learning Report

Name	Email ID	INDoS
VIKASH KUMAR	panchalnavigator@gmail.com	03NL0802
Bulimia Nervosa		0h 11m 06s 1/1
Norovirus		0h 11m 55s 2/2
HIV / AIDS	15/10/2024 8:36 AM	7/10 0h 28m 53s
Prevention of AIDS		0h 10m 10s
About the Virus		0h 10m 09s
HIV Life Cycle		0h 11m 24s 1/1
HIV Transmission		0h 10m 10s
Signs and Symptoms		0h 10m 06s
Diagnosis		0h 13m 45s 2/2
Treatment		0h 11m 20s 1/1
SARS		0h 10m 04s
Hepatitis		0h 01m 13s
Assessments		



Directorate General of Shipping - STCW Courses

Student Learning Report

Name VIKASH KUMAR		Email ID panchalnavigator@gmail.com		INDoS 03NL0802		
Description		Show From	Submit Before	Submitted On	Attempt	Marks
Refresher Course in Medical First Aid		15 Hour(s)	08/04/2025 11:59 PM			