# Applications of Supervised Learning to Parkinson's Disease Discrimination from Vocal Dysphonia Measurements

Michael Walton
Department of Computer Science, Georgia Institute of Technology
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#### Abstract

In this work we explore the application of supervised Machine Learning algorithms to Parkinson's Disease (PD) speech pathology datasets. Our objectives include the development of models capable of discriminating unseen Parkinsonian voice samples from normative controls and the classification of known PD+ samples into one of five distinct stages of disease progression. Generalization performance is estimated using both cross-validation and a disjoint test set. We conclude with an analysis of the suitability of each algorithm as a potentially clinically significant diagnostic tool.

### 1 Introduction

Parkinson's disease (PD) is a neurodegeneritive central nervous system disorder characterized by progressive loss in motor control, speech and cognitive function. Common symptoms include tremor, difficulty speaking (dysphonia) and dementia. Most treatments for PD are effective only in the early motor stages of the disease which makes early detection crucial for improving patients' quality of life and long-term prognosis.

Today, the majority of PD cases are diagnosed using the Unified Parkinson's Disease Rating Scale (UPDRS). This behavioral test panel assigns a numeric value which encodes the progression of the disease. The observation tests must be administered by a qualified neurologist making PD detection a time consumptive and costly procedure. The desire for a rapid, low-cost pre-screening diagnostic has motivated a number of studies which attempt to distinguish early and difficult to detect PD symptoms such subtle aperiodic fluctuations in voice recordings. Although a thorough

description of these metrics is beyond the scope of this study, it suffices to understand that clinical speech pathology literature has identified vocal acoustic irregularities such as turbulent non-Gaussian noise in early stage PD patients. Determining if variability in these phonations will yield a robust PD diagnostic remains a subject of active research.

The supervised learning algorithms considered in the present study are k-Nearest Neighbor, Support Vector Machines, Artificial Neural Networks, Decision Trees and Boosting. The python modules scipy, numpy, and scikit-learn [2] [3] are used extensively throughout our implementation; the GPU-accelerated math compiler Theano [1] is used in conjunction with convenience wrappers lasagne and nolearn for ANNs.

### 2 Methods

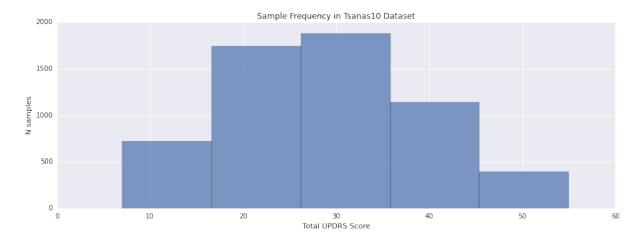
In the sections that follow, we will provide a brief overview of the dysphonia datasets used in this study and the assumptions made in working with these data. In addition, we will briefly discuss the implementation details for each considered algorithm and highlight any model-specific transformations of the data or optimization procedures.

#### 2.1 Data

The two datasets considered in this study originate from Parkinson's Disease clinical diagnostic literature from a research domain interested in correlating vocal dysphonia metrics with the disease. In the first study, Sakar et al.[4] collected voice recordings from 20 persons with Parkinson's (PWP) and 20 otherwise healthy adults. Multiple types of sound recordings were collected from each participant (including sustained vowels, words, numbers and short sentences). The raw audio samples were then processed into a set of 26 features using various linear and time-frequency based metrics such as jitter, shimmer and pitch. The input data  $X \in \mathbb{R}^{n \times m}$  where n is the number of audio samples (n = 1040) and m is the dimensionality of the feature space (m = 26); target labels are contained in a binary vector  $\mathbf{y} \in \mathbb{R}^n$ . We therefore define our instance space as the 26 dimensional space of vocal dysphonia features sampled in [4]. The target hypothesis is a data-consistent function  $h: x \in \mathbb{R}^m \mapsto y \in \{+, -\}$ . The objective is some tbd. 'best' function which partitions the instance space by mapping each example  $x \in X$  to a corresponding binary classification label

 $y \in y$  denoting Parkinson's Disease (PD+) or cognitively normative (PD-).

The second dataset, collected by Tsanas et al.[5] contains similar dysphonia features to Sakar, however instances are associated with continuous, real-valued UPDRS labels. These data may be readily modeled as a regression problem; in order to render the data suitable for classification we generate proxy labels from the original distribution of UPDRS scores which represent the continuous scale as discrete 'stages' (the number of stages may be arbitrary, 5 has been selected so as to maintain consistency with the Parkinson's literature). In the associated study, researchers gathered a total of 5,875 voice recordings from 42 PWP. The vocal dysphonia metrics used are largely overlapping with [4], however fewer metrics are considered. We define our target hypothesis as a consistent function  $h: x \in \mathbb{R}^m \mapsto y \in [1, 5]$  where x, y, m are defined similarly to the previous study (m = 16).



Although the two datasets are very similar in their methods of data collection and overall approach, there are several key differences worth bearing in mind. The shape of these data is interesting in that: the Sakar study possesses less samples and a higher dimensional instance space when compared to Tsanas; it is possible that insufficient data and the curse of dimensionality play a significant factor in the generalization error of algorithms applied to Sakar. However, the sample distribution over classes in Sakar is perfectly uniform (20 in both PD+ and PD- classes), as opposed to the roughly gaussian distribution of UPDRS scores in Tsanas leading to imbalanced classes after partitioning the samples.

Taking these observations further, given the low occurrence of Parkinsons, the real-world performance of a model trained on uniformally distributed samples will be far lower than the estimated generalization error during training and validation. This is due to the fact that the a-priori distribution is only artificially uniform, when in fact the true probability of a randomly selected individual having Parkinson's is only about 0.00013. Though this is still a significant portion, it is difficult to make strong assertions about clinical significance and diagnostic value in this context. In the Tsanas study, however, participants are assumed to be PD+ and the learning task is simply the prediction of the progression of the disease from voice samples. In this context, it seems much more likely that the prior distribution of the collected samples more closely match the true distribution of PWP.

#### 2.2 Training

To derive maximum a-posteriori hypotheses given the aforementioned datasets, we apply the following preprocessing and training procedures which are roughly the same for all algorithms used:

- ullet Separate the raw-data feature columns X from the label column  $oldsymbol{y}$
- Randomly shuffle and split the data into distinct training and testing sets (1/3 held out for testing)
- Scale the data to zero mean and unit variance using StandardScaler (the transformation is computed only from the training set, then applied to all data)
- Train each algorithm using stratified k-folds cross validation. In this method, the algorithm is iteratively evaluated on one of each of the k folds, after using the other k-1 folds for training.  $(k=5 \text{ in Sakar experiments}, k=3 \text{ for Tsanas})^1$

For several algorithms we also applied an exhaustive, cross-validated parameter search using GridSearchCV. In this method, every combination of a specified parameter range is iteratively trained and evaluated using the cross-validation method previously described. The optimal parameter set is determined by the parameters that perform best over the average over the associated cross-validation runs.

 $<sup>^{1}</sup>$ A smaller k was used on Tsanas data to ensure that each fold could preserve the label distribution of the complete set

#### 2.3 Algorithms and Evaluation

In general, the performance measure we will assume is the F1 score. This metric defines accuracy as the harmonic mean of precision<sup>2</sup> and recall<sup>3</sup>. In the case of binary classification, given precision p, recall r and true positive, false positive and false negative rates denoted tp, fp and fn respectively; F1 is defined as

$$F1 = 2\frac{pr}{p+r} \text{ where } p = \frac{tp}{tp+fp}, \ r = \frac{tp}{tp+fn}$$
 (1)

This definition of accuracy was chosen because an algorithm that optimizes f1 treats precision and recall equally; that is, the learners' ability to correctly label the data is maximized while the occurrence of false positives is minimized. In the case of multi-class classification, as we have defined for the Tsanas dataset, individual scores are computed for each class using a one-vs-rest method and the total F1 score is defined by the average of the individual scores weighted by the frequency of true instances of each label.

Unless otherwise specified, we have attempted to keep the learning algorithm implementation as consistent with the course material as possible; though some liberties have been taken with certain modular components that are particular to our application or the scikit-learn library. In the implementation of k-NN, we used the Minkowski distance defined over normed vector spaces which is the generalization of both Euclidian and Manhattan distance. Specifically, given points  $X = (x_1, x_2, ...x_n), Y = (y_1, y_2, ...y_n) \in \mathbb{R}^n$ 

$$\delta_m(X,Y) = \left(\sum_{i=1}^n |x_i - y_i|^p\right)^{\frac{1}{p}} \tag{2}$$

We chose to use the Minkowski distance measure to allow straightforward manipulation of the power parameter  $p^4$ . In the implementation of decision trees and the boosted version using the AdaBoost algorithm, the attribute selection criterion normally defined by entropy and corresponding information gain measures was replaced with the GINI impurity<sup>5</sup>; given data D divided into

<sup>&</sup>lt;sup>2</sup>ratio of true positives to all predicted positives

<sup>&</sup>lt;sup>3</sup>ratio of true positives to all actual positives

 $<sup>^4</sup>p$  may take on any positive non-zero value, when p=1, the measure is equivalent to the Manhattan distance, when p=2 the measure is equivalent to the Euclidean distance

<sup>&</sup>lt;sup>5</sup>In practice, we observed little to no difference between GINI impurity and information gain with regards to attribute selection and overall performance.

n subsets  $d_i$  by an attribute A we define:

$$gini_A(D) = \sum_{i=1}^n \frac{|d_i|}{|D|} (1 - \sum_{j=1}^m p(c_j|d_i)^2)$$
(3)

Which is the sum of the relative probabilities p of label  $c_j$  given the subset  $d_i$  taken over m classes, weighted by size of the subset in proportion to the total size of the data.

In our neural network implementation, we elected to use the tangent hyperbolic function tanh in place of the generic sigmoid transfer function. This was based on its comparable non-linearity and less compute intensive calculation allowing larger networks and faster updates. Weight updates were performed with stochastic gradient descent using the weight update rule:

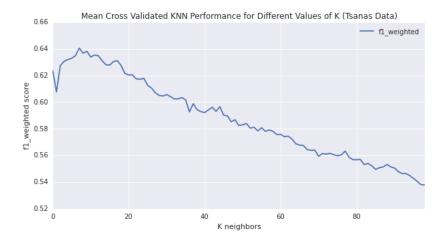
$$\omega_i^n \leftarrow \omega_i^{n-1} - \eta \frac{\partial \epsilon_n(\omega)}{\partial \omega_i} = \omega_i^{n-1} - \eta \frac{\partial y_\omega(x_n)}{\partial \omega_i} (y_\omega(x_n) - t_n)$$
(4)

We update the weight vector  $\omega$  of layer i, on the  $n^th$  iteration by computing the old  $\omega_i^{n-1}$  less the error  $\epsilon$  gradient with respect to  $\omega$  approximated given n scaled by some learning constant  $\eta$ . The second equation is an expansion where the error gradient is explicitly denoted in terms of the input vector x, target output t and network transformation  $y_{\omega}(x)$  assuming parameters  $\omega$ .

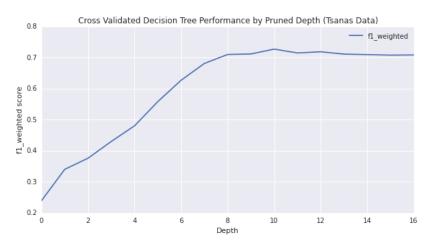
## 3 Results

#### 3.1 Model Evaluation

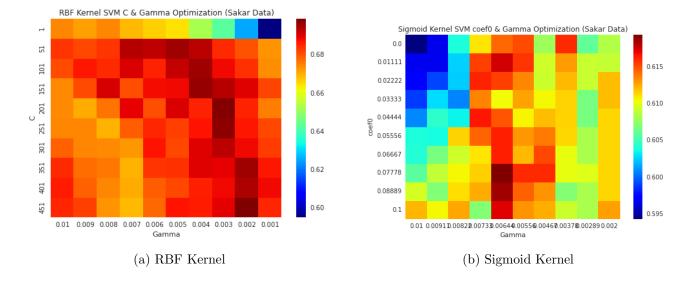
The k-NN models trained on these datasets were tested over a range of values for k, with cross-validation applied to each unique value. In the Tsanas dataset, we observed a strong correlation between classification performance and k; specifically, for k > 8, classifier f1 scores decrease linearly in k. In the Sakar dataset, however, we observed no such trend. f1 variance across cross validation folds, however, was much higher ( $\sigma^2 = 0.0004$ ) averaged over all k vs the Tsanas dataset ( $\sigma^2 = 0.0001$ ). In these experiments we observe the expected behavior that as elements that are increasingly distant in feature space are incorporated into the prediction, classification performance decreases.

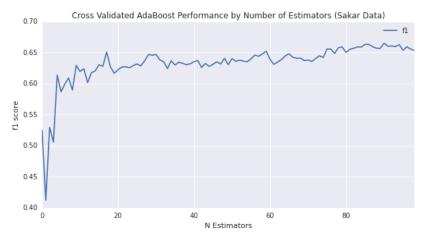


The development of decision trees proceeded similarly, cross validated f1 scores were measured for classifiers with different pruning depths. It was observed in both the Tsanas and and Sakar datasets that performance first increased as a function of maximum depth, then remained unchanged. After the tree reaches some optimum depth increasing the pruned depth has no effect as the algorithm will continue to generate the same optimized tree irrespective of the depth limitation.



Boosting optimization was conducted by testing over a range of values for the maximum number of sub-estimators that could be generated by AdaBoost. On both the Tsanas and Sakar datasets, around 5 weak learners was sufficient to achieve performance better than uniform random guessing and 20-30 was enough to achieve comparable performance to a classifier with double the number of estimators.



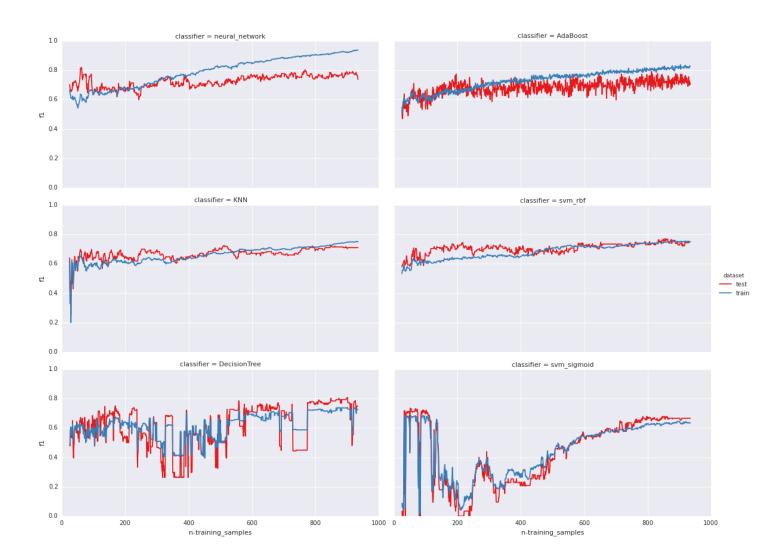


Two Support vector machines were implemented one with a sigmoid kernel and another with a Radial Basis Function (RBF) kernel. Cross validated grid search was performed over hyper-parameters C and either  $\gamma$  or  $x_0$  for sigmoid and RBF kernels respectively.<sup>6</sup> Where C is the misclassification penalty term defined such that large values of C allow smaller margin hyper-planes to be selected if more training points are classified correctly. Conversely, for small values of C, the optimizer will prefer higher-margin separating hyperplanes at the cost of increased training error. In general, the RBF kernel performed better across most observed values of  $\gamma$  and C on both datasets.

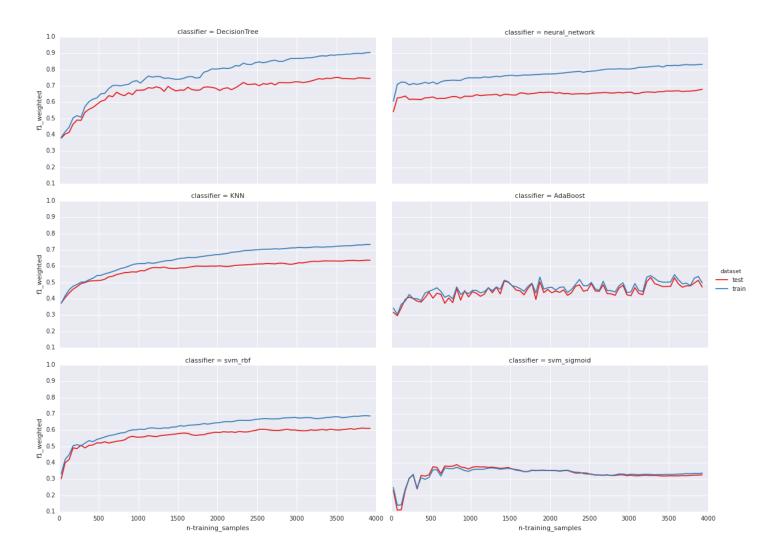
<sup>&</sup>lt;sup>6</sup>Kernel coefficients  $\gamma$  = the kernel coefficient of the radial basis function.  $x_0$  = the constant term of the sigmoid function

## 3.2 Performance Comparison

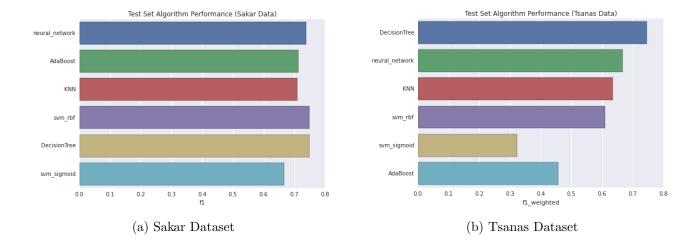
Performance on the Sakar dataset was similar for all the assessed algorithms. Surprisingly, generalization performance did not improve much as the size of the training set increased (though there is a clear upward trend in both training and testing f1 scores). That is, most models converged to a level of performance that did not vary much after the training set size exceeded 200 examples. The exceptions to this observation were the sigmoid SVM and the decision tree, which exhibited relatively erratic performance as a function of training set size.



The majority of algorithms trained on the Tsanas dataset exhibit the characteristic logarithmic increase in performance as a function of training set size. The variation in the types of trends we observe however is worth noting.

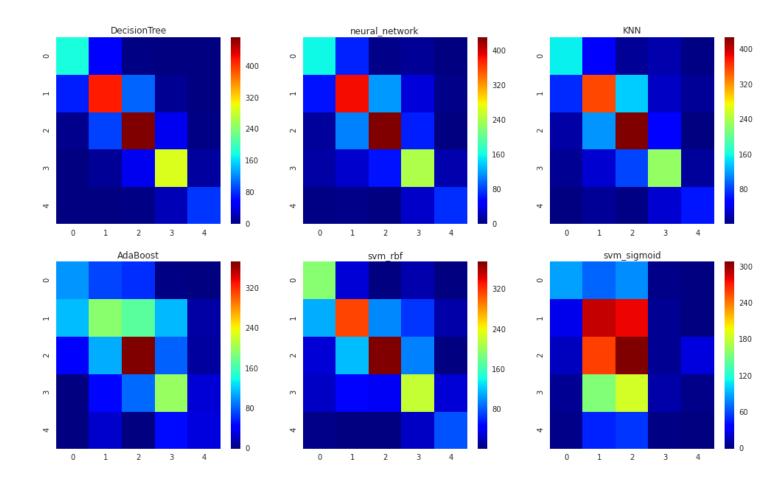


In the case of AdaBoost and the sigmoid SVM, there is tight agreement and overall poor performance on both the training and testing sets. This may indicate that the algorithms are failing to learn a good approximation to the target hypothesis regardless of the size of the training set. This may be indicative of an incompatibility of the algorithms' representational bias with respect to the data. That is, the target hypothesis  $h_t$  does not exist in the hypothesis space of the algorithm  $h_t \notin H$ . This may be the case for the AdaBoost models. We draw this conclusion by investigating the structure of a single decision tree trained on the Tsanas dataset. The attributes closest to the root of the decision tree separate the data based primarily on patient metadata such as age and gender. It may be that only after these assumptions do the vocal dysphonia measures carry much statistical significance with respect to the labels. Therefore a collection of weak learners correlating simple rule sets to the labels may not be sufficient to aggregate into a coherent hy-



pothesis. There may be some inductive bias of the algorithm impacting performance as well. For example, kernel function selection often relies on some a-priori knowledge of the data; judging from its behavior it is likely that the sigmoid SVM suffers from poor kernel selection.

A more expressive means of visualizing multi-class performance on the Tsanas dataset is in the form of Confusion Matrices. Each column of each matrix represents the instances in the predicted stage label, each row indicates the actual stage label. Interestingly, from this arrangement we can directly observe that the learners that fit the data well have a distribution along the diagonal that roughly follows the actual distribution of labels. This follows from the fact that the algorithms all seek to maximize the weighted f1 score, which assigns weighted importance to samples as a function of the probability of their corresponding label.



## 4 Conclusion

## References

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