User Report

Username: admin

Date Generated: 2025-01-16 23:11:06

My Diets:

Day: Monday

  - Breakfast: test

  - Second Breakfast: test

  - Lunch: test

  - Dinner: test

  - Snack: test

My Training Plans:

Day: Monday

  - Time: 11:11:00 - 12:11:00

  - Category: test

  - Exercise: test

  - Sets: 2, Reps: 12

  - Notes: trening cardio