## **Invertible Adjoint Normal Paths**

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In this paper I prove that when the normal path of an adjoint path is invertible, the adjoint operators are logically equivalent to the identity function.

An adjoint path is defined as following:

$$f[g_0 \times id \rightarrow id] \le f[id \times g_1 \rightarrow id]$$

When this normal path is invertible, one can prove the following:

$$g_0 <=> g_1 <=> id$$

As a consequence, the adjoint normal path of `f` is `f`:

$$f[id] \ll f$$

Proof:

```
\begin{split} f[g_0 \times id &\rightarrow id] <=>h \\ h^{-1} \cdot f[g_0 \times id &\rightarrow id] <=>h^{-1} \cdot h \\ f[g_0 \times id &\rightarrow h^{-1} \cdot id] <=>id \\ f[g_0 \times id &\rightarrow h^{-1}] <=>id \\ g_0 \times id <=>id \\ f[g_0 \times id &\rightarrow id] <=>f[id \times g_1 &\rightarrow id] \\ f[id \times id &\rightarrow id] <=>f[id \times g_1 &\rightarrow id] \\ f[id] <=>id \end{split}
```

Q.E.D.