Morning Menu

Organic Porridge (v) 1A,1,7 Organic porridge oats, banana, toasted seeds, cinnamon, maple syrup, pouring cream	€6.50
104's Granola (v) 1A,1,7 Homemade granola, summer berries, greek yogurt, honey	€6.50
Belgian Waffles (v) 1A,3 Strawberries & whipped cream, strawberry coulis	€8.90
Avocado Smash & Poached Egg (v) 1A,3,12 toasted sourdough, roast tomato, soft poached egg	€9.90
104's Proper Irish Breakfast 1A,1,3,7,9,12 gourmet sausage, smoked gammon bacon, egg, toast, grilled tomato, clonakilty black pudding, relish	€11.90
Eggs Benedict 1A,1,3,7,12 English muffin, poached eggs, streaky bacon, spinach, hollandaise	€9.90
Eggs Florentine (v) 1A,3,12 English muffin, poached eggs, spinach, hollandaise	€9.50
Mexican Eggs ??????? Chilli beef, poached egg, avocado salsa, pico de gallo, fresh jalapeno pickle, homemade nachos	€???
House Omelette ??????? Choose 2 ingredients: Bacon Mature Irish cheddar Spinach Goats cheese Mushroom	€8.50
Veggie Benedict (v) 1A,1,3,7,12 English muffin, poached eggs, avocado, grilled mushroom, hollandaise sauce, watercress	€9.90
Brekkie Bap 1A,3,12 brioche bap, streaky bacon, gourmet sausage, clonakilty black pudding, fried egg, relish	€8.90
<u>Sides</u>	€4.00
Skinny Fries Sweet Potato Fries Hand Cut Chunky Chips Mash Potato Baby Leaf Salad	

Head Chef Vicky with his team of chefs has created a menu based on seasonal ingredients from local producers. Please see our supplier list for details. We hope you enjoy!