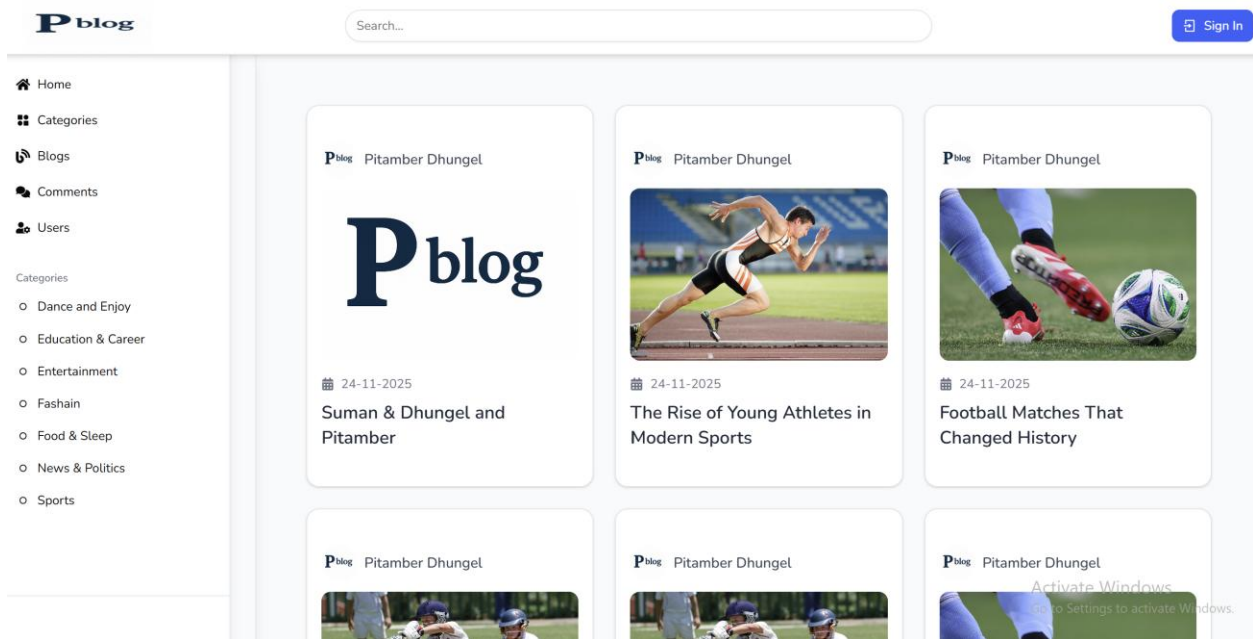
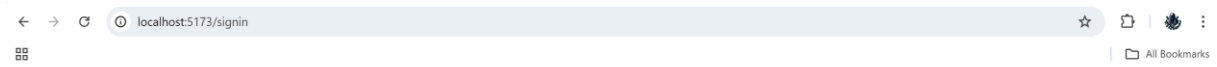



Home Page



Login With Google Account



Enter Your Login Id

 Continue With Google

Email:

Enter your email here

Password:

Enter your password here

Sign In

Don't have account? [Sign Up](#)

Activate Windows
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Category Details with add, edit and delete

localhost:5173/categories

P blog

Search...

Home

Categories

Blogs

Comments

Users

Categories

- Dance and Enjoy
- Education & Career
- Entertainment
- Fashain
- Food & Sleep
- News & Politics
- Sports

Add Category

Category	Slug	Action
Dance and Enjoy	dance-and-enjoy	
Education & Career	education-and-career	
Entertainment	entertainment	
Fashain	fashain	
Food & Sleep	food-and-sleep	
News & Politics	news-and-politics	
Sports	sports	

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CommetBlog detail with add,edit and delete

localhost:5173/blog

P blog

Search...

Home

Categories

Blogs

Comments

Users

Categories

- Dance and Enjoy
- Education & Career
- Entertainment
- Fashain
- Food & Sleep
- News & Politics
- Sports

Add Blog

Author	Category	Title	Slug	Date	Action
Pitamber Dhungel	Sports	Suman & Dhungel and Pitamber	suman-and-dhungel-and-pitamber	24-11-2025	
Pitamber Dhungel	Entertainment	The Rise of Young Athletes in Modern Sports	the-rise-of-young-athletes-in-modern-sports	24-11-2025	
Pitamber Dhungel	Entertainment	Football Matches That Changed History	football-matches-that-changed-history	24-11-2025	
Pitamber Dhungel	Entertainment	Why Regular Sports Improve Mental Health	why-regular-sports-improve-mental-health	24-11-2025	
Pitamber Dhungel	Food & Sleep	The Evolution of Cricket in the T20 Era	the-evolution-of-cricket-in-the-t20-era	24-11-2025	
Pitamber Dhungel	Fashain	Fitness Tips from Professional Athletes	fitness-tips-from-professional-athletes	24-11-2025	

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Comment in blog

The screenshot shows a web browser at localhost:5173/blog/entertainment/the-rise-of-young-athletes-in-modern-sports. The blog post is titled "The rise of young athletes in modern sports" and features an image of a person on a track. The text discusses the rise of young athletes and the role of social media. A comment section is visible with a "Comment" button and a "Submit" button. A notification "Comment added successfully." is shown at the top right. The left sidebar contains a navigation menu with "Home", "Categories", "Blogs", "Comments", and "Users". The "Categories" section lists various topics like "Dance and Enjoy", "Education & Career", "Entertainment", "Fashion", "Food & Sleep", "News & Politics", and "Sports".

localhost:5173/blog/entertainment/the-rise-of-young-athletes-in-modern-sports

P blog

Search...

Comment added successfully.

The world of sports is experiencing a remarkable shift as young athletes rise to stardom at an unprecedented pace. Whether it's football, tennis, or track and field, teenagers and early 20-somethings are breaking records and redefining the limits of human performance. Unlike previous generations, today's young athletes start professional training early — often before the age of ten. With improved coaching, nutrition science, and technology-driven training, they mature faster and play with confidence far beyond their age. Social media also plays a significant role in amplifying their reach. Platforms like Instagram, TikTok, and YouTube turn young athletes into global icons overnight. The future of sports is undoubtedly youthful, dynamic, and full of exciting new possibilities.

Comment

Comment:

Type your comment

Submit

1 Comments

P Pitamber Dhungel
24-11-2025
wice pitamber

Activate Windows
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User Profile with edit and Logout option

The screenshot shows a web browser at localhost:5173/profile. The user profile page displays the user's name "Pitamber Dhungel", email "sumandhungel9@gmail.com", and bio "suman is a perosn". There is a "Password" field with the placeholder "Enter a new password". A "Save Changes" button is at the bottom. A dropdown menu is open on the right, showing options: "Profile", "Create Blog", and "Logout". The left sidebar is identical to the previous screenshot.

localhost:5173/profile

P blog

Search...

P Pitamber Dhungel
sumandhungel9@gmail.com

Profile

Create Blog

Logout

Name
Pitamber Dhungel

Email
sumandhungel9@gmail.com

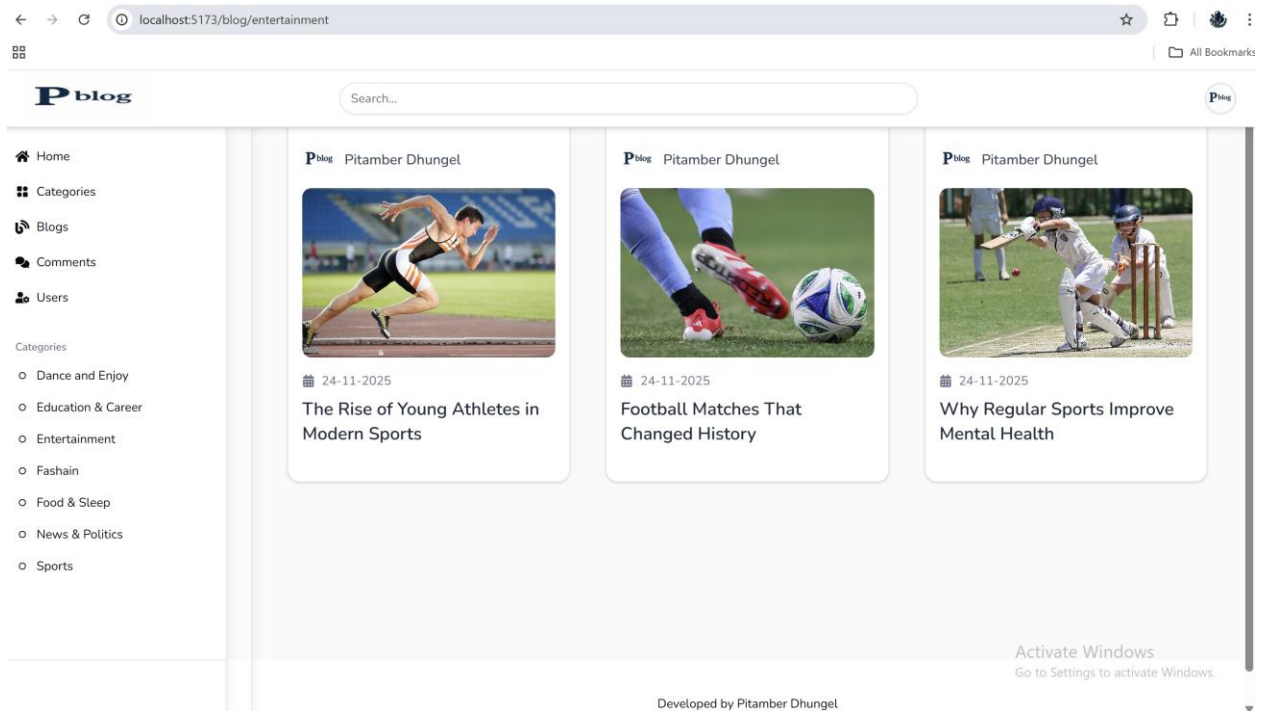
Bio
suman is a perosn

Password
Enter a new password

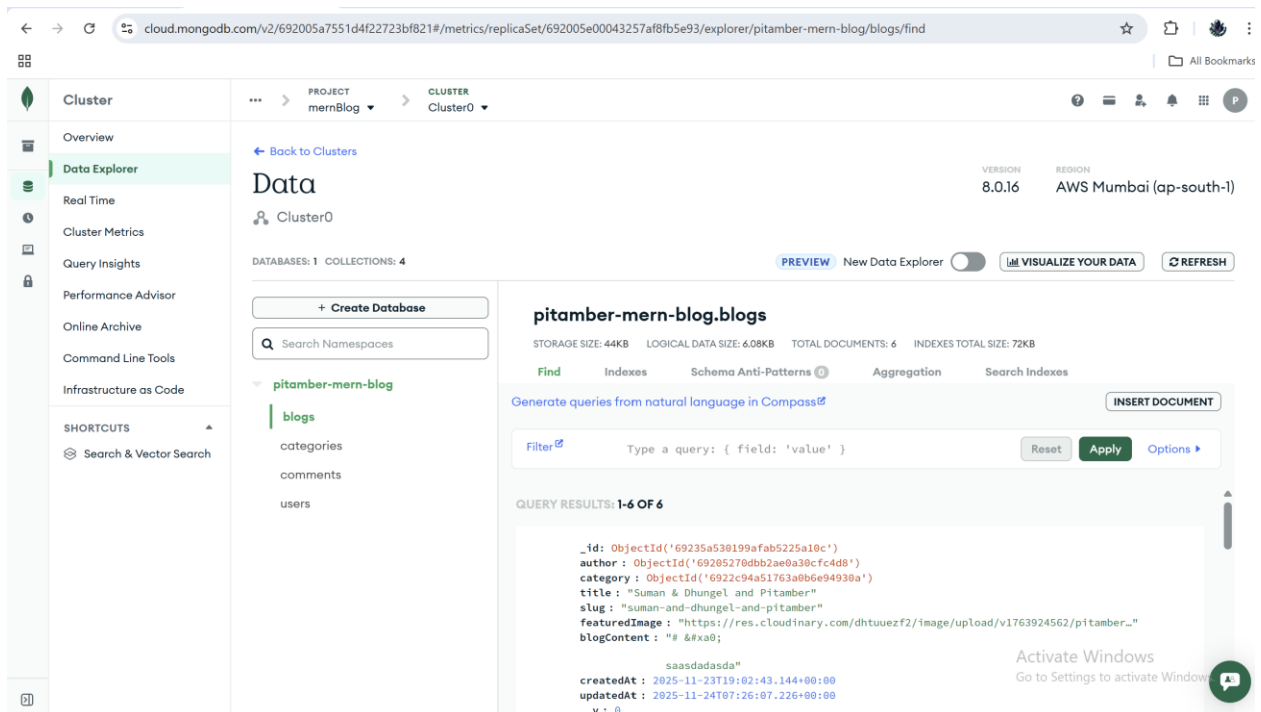
Save Changes

Activate Windows
Go to Settings to activate Windows.

Blog with category



Blog database



Category Database

The screenshot shows the MongoDB Compass interface for the 'pitamber-mern-blog.categories' collection. The left sidebar contains navigation options like Overview, Data Explorer, Real Time, Cluster Metrics, Query Insights, Performance Advisor, Online Archive, Command Line Tools, and Infrastructure as Code. The main panel displays the collection name and its statistics: STORAGE SIZE: 36KB, LOGICAL DATA SIZE: 549B, TOTAL DOCUMENTS: 7, and INDEXES TOTAL SIZE: 72KB. Below this, there's a search bar and a list of collections under 'pitamber-mern-blog': blogs, categories, comments, and users. The 'categories' collection is selected, and the query results show two documents:

```
{ "_id": ObjectId('6922c94a51763a0b6e94930a'), "name": "Sports", "slug": "sports", "__v": 0 }
{ "_id": ObjectId('6922c95551763a0b6e94930c'), "name": "Education & Career", "slug": "education-and-career", "__v": 0 }
```

Comment Database

The screenshot shows the MongoDB Compass interface for the 'pitamber-mern-blog.comments' collection. The left sidebar is the same as in the previous screenshot. The main panel displays the collection name and its statistics: STORAGE SIZE: 36KB, LOGICAL DATA SIZE: 1.44KB, TOTAL DOCUMENTS: 11, and INDEXES TOTAL SIZE: 36KB. Below this, there's a search bar and a list of collections under 'pitamber-mern-blog': blogs, categories, comments, and users. The 'comments' collection is selected, and the query results show two documents:

```
{ "_id": ObjectId('6923ec22b9d4f464e9379bddd'), "author": ObjectId('69205270dbb2ae0a30cfc4d8'), "blogId": ObjectId('69233cbb04ed5637f6f8bba3'), "comment": "very nice", "createdAt": 2025-11-24T05:24:50.678+00:00, "updatedAt": 2025-11-24T05:24:50.678+00:00, "__v": 0 }
{ "_id": ObjectId('6923ec5cb9d4f464e9379bdeb'), "author": ObjectId('69205270dbb2ae0a30cfc4d8'), "blogId": ObjectId('69233cbb04ed5637f6f8bba3'), "comment": "Very nice", "createdAt": 2025-11-24T05:25:48.131+00:00, "updatedAt": 2025-11-24T05:25:48.131+00:00, "__v": 0 }
```

User Database

The screenshot displays the MongoDB Cloud interface for a project named 'mernBlog' on 'Cluster0'. The left sidebar contains navigation options: Cluster, Overview, Data Explorer (selected), Real Time, Cluster Metrics, Query Insights, Performance Advisor, Online Archive, Command Line Tools, Infrastructure as Code, and SHORTCUTS (Search & Vector Search). The main panel shows the 'pitamber-mern-blog' database with four collections: blogs, categories, comments, and users. The 'users' collection is selected, displaying its details: STORAGE SIZE: 36KB, LOGICAL DATA SIZE: 896B, TOTAL DOCUMENTS: 3, and INDEXES TOTAL SIZE: 72KB. The 'Find' tab is active, showing a query filter bar with the text 'Type a query: { field: 'value' }'. Below this, the 'QUERY RESULTS: 1-3 OF 3' are displayed, showing three user documents. The first document is an admin user, and the second is a regular user. The third document is partially visible. The interface also includes buttons for '+ Create Database', 'Search Namespaces', 'VISUALIZE YOUR DATA', and 'REFRESH'.

cloud.mongodb.com/v2/692005a7551d4f22723bf821#/metrics/replicaSet/692005e00043257af8fb5e93/explorer/pitamber-mern-blog/users/find

Cluster0

DATABASES: 1 COLLECTIONS: 4

+ Create Database

Search Namespaces

pitamber-mern-blog

- blogs
- categories
- comments
- users

pitamber-mern-blog.users

STORAGE SIZE: 36KB LOGICAL DATA SIZE: 896B TOTAL DOCUMENTS: 3 INDEXES TOTAL SIZE: 72KB

Find Indexes Schema Anti-Patterns Aggregation Search Indexes

Generate queries from natural language in Compass

INSERT DOCUMENT

Filter Type a query: { field: 'value' } Reset Apply Options

QUERY RESULTS: 1-3 OF 3

```
{
  "_id": ObjectId("69205270dbb2ae0a30cfc4d8"),
  "roles": "admin",
  "name": "Pitamber Dhungel",
  "email": "sumandhungel9@gmail.com",
  "password": "$2b$10$J0w1RADX5afhLDPmRvcJVOZVhjkVxpcKBxeHh/.Zp.y59u0QJdk",
  "_v": 0,
  "bio": "suman is a perosn",
  "avatar": "https://res.cloudinary.com/dhtuuezf2/image/upload/v1763834224/xzqoks39..."
}
```

```
{
  "_id": ObjectId("692122629a5780ea7a958477"),
  "roles": "user",
  "name": "Suman Dhungel",
  "email": "sumandhungel1688@ms41.com"
}
```

Activate Windows
Go to Settings to activate Windows