


# Packing *list*

## Clothes

- 3 t-shirts
- 3 tank tops
- 1 nice shirt
- 1 long sleeve
- 1 light sweater
- 1 fleece
- 1 puffer jacket
- 4 pairs of shorts
- 1 flowy pants
- 2 pairs of jeans
- 1 hiking pants
- 1 pair of leggings
- Thermal wear
- 1 swimsuit
- 1 pyjama
- 12 pairs of underwear
- 2 bras
- 1 sports bra
- 5 pairs of socks
- Head band
- Half balaclava
- Rain jacket
- Hiking shoes
- Flip flops

## Toiletries

- Face cream
- Toothbrush
- Toothpaste
- Showergel
- Shampoo
- Nail scissors
- Sunscreen
- Mosquito spray
- Tampons
- Deodorant
- Medication
- Razor
- or shaving machine
- Shaving cream
- Comb
- Desinfecting liquid

## Pills for

- Fever
- Cold
- Sore throat
- Nausea/vomitting
- Cramps
- Diarrhoea
- Plasters

## Random

- Tote bag
- Towel
- Lock
- Water bottle
- Hair ties
- Snacks
- Face masks
- Wet wipes
- Sunglasses

## Electronics

- Phone
- Phone charger
- Powerbank
- Laptop
- Laptop charger
- Book reader
- Book reader charger
- Camera
- Camera charger
- Adapter
- Headphones
- Headphones charger
- Aux cable (for airplane)

## *Documents*

- Passport
- ID
- Drivers licence
- Student card (for discounts)
- Vaccination passport
- Visas
- Credit/debit card
- Cash

