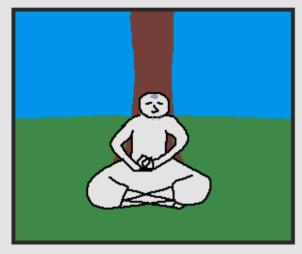
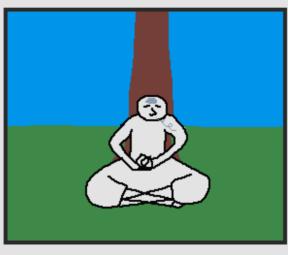
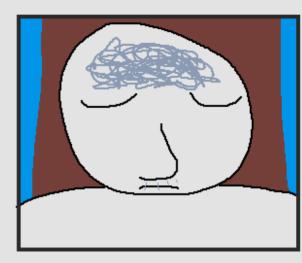
Thought Distraction



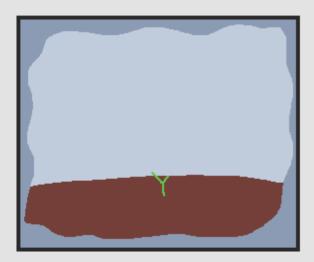
Ambient wind *Inhale noise*



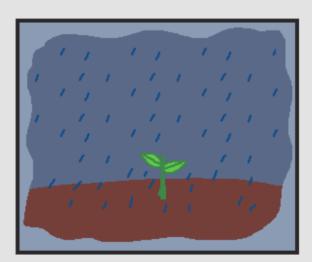
Exhale noise



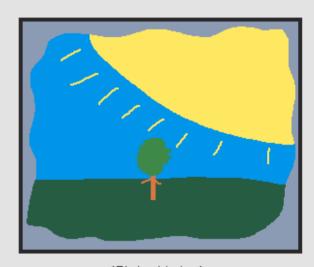
Inhale noise, closer and louder



Stop all noise



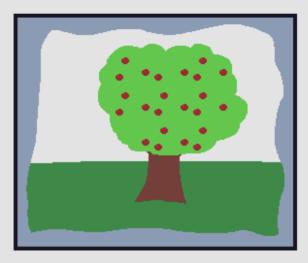
Rain



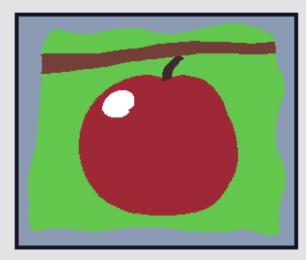
Birds chirping



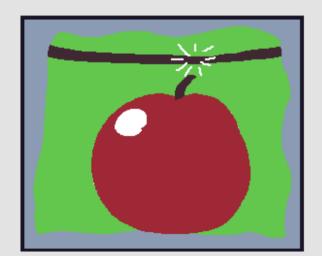
Harsh winter wind



light wind *birds chirping*

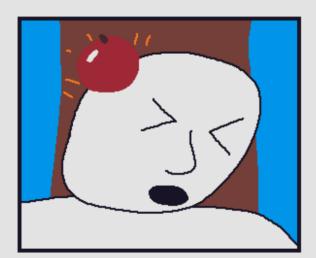


Alert-ish noise



branch snap

Falling noise



Bonk

