

高中英语常用重点句型总结 (145 条)

1. So+be/have 等助动词/情态动词+主语 “某人情况也是如此:

He has been to Britain. So have I. 他曾去过英国。我也去过。

I went swimming yesterday afternoon. So did my sister.
昨天下午我去游泳了。我妹妹也去了。

2. What about/How about+ 名词/代词/doing sth./副词/状语从句

“.....该怎么办?做什么?” (用来征求对方意见或询问消息、提出建议等)

What/How about going to France this summer? 夏天到法国去度假怎么样?

What/How about a walk in the woods? 到林间散散步怎么样?

3.do as sb. does..... “照某人那样去做”

如: You should do as the teacher tells you to . 你应该照你老师讲的那样去做。

When in Rome do as the Romans do. 入乡随俗。

4. None of +名词/代词+do/does..... “在.....中没有任何一个做.....”

如：None of the telephones can work. 所有的电话都不能工作了。

None of them are/is interested in physics. 他们中没有一个人对物理感兴趣。

5. Not +all+复数名词/不可数名词+are/is..... “并非全部.....”；“并不是所有的.....”

如：Not all the parts of the car will be made in the factory.
并不是所有的汽车部件都在这家工厂制造。

Not all the students can pass the exam. 并非所有的同学都能通过考试。

Not all factories here produce shirts. 这儿的工厂不都生产衬衣。

6. 主 语 + 系 动 词 +the same as /the same..... as “和.....一样”

如：The English teacher is the same age as my father. 英语老师的年龄跟我父亲的一般大。

My friend looks the same as before. 我朋友看起来没有多大变化。

7. It is /was+形容词+不定式 “做某事是.....”

如: It is wonderful to travel in that great forest.

在那片大森林里旅行, 真是太美了。

It is very nice to meet you. 见到你真高兴。

8. 主语+be about to do.....+when... “.....正要做某事时.....”

如: This afternoon I was just about to go swimming when luckily our guide saw me and shouted at me.....今天下午我正要下水去游泳, 这时幸亏我们的向导看见我, 对我大声喊道.....

I was about to go to bed when there was a ring.

我正要睡觉, 这时忽然电话铃响了。

9. What (a/an) +名词+主语+谓语! How+形容词/副词+主语+谓语!

“多么.....;.....真是.....” 如:

What a bad sight it was! 多么凄惨的一幅景象啊!

What dangerous fish they are! 这些鱼真凶恶!

What fine weather (it is)! /What a fine day (it is)! 多好的天气啊!

How silly the questions were! 那些问题真愚蠢!

10. Isn't it.....? /Don't you do.....? (否定疑问句用来表示对某事感到吃惊或责备)

如: Isn't it comfortable to sit in the Chinese chair?

坐在这把中国式的椅子上难道不舒服吗?

Don't you see I'm one of yours? 难道你看不出我是你们的同类吗?

11. There is nothing but/except..... “除了.....外别无其他”

如: Under the soil there is nothing but/except sand. 土壤下面尽是沙子。

For miles and miles I could see nothing but/except a great fire and lots of smoke.

绵延数英里, 我们看到的尽是大火和浓烟。

12. It takes /took/will take+sb+some time+to do sth.

“某人花多少时间做某事”

如：It took 100 workers one month to complete the bridge.

100 个工人花了一个月的时间建成了这座大桥。

It will take me an hour to do my homework.

我将花一小时的时间来做完家庭作业。

13. A is.....times +形容词比较级/副词比较级+than B “A 比 B (大、小、高、低等)倍”

如：The population in and around San Francisco is now ten times more than it was in 1906.

现在旧金山市区和郊区的人口是 1906 年的 10 倍以上了。

The plane can travel many times faster than the train.

飞机飞行的速度是火车的好几倍。

14. A istimes as+形容词/副词+as B “A 是 B 的.....倍”

如：This year they produced ten times as much grain as they did 5 years ago.

这一年他们生产的粮食是 5 年前的 10 倍。

15 . 主 语 +don' t +think/believe/expect/imagine/suppose+宾语从句

“认为.....不会..... ” 这类动词用来引导一个否定概念时，通常是把这类动词变成否定，

而不是把其后宾语从句中的谓语动词变成否定。这在语法上叫做否定的转移。

如：I don' t think I will see Mary this morning.

我认为今天早上我见不到玛丽。

I don' t suppose she will marry her daughter to you .

我认为她不会把女儿嫁给你。

16. 主语+prefer+A to B “...喜欢 A 而不喜欢 B” ； “...喜欢 A 胜过喜欢 B”

如：主语+prefer to do sth.....喜欢做某事

主语+prefer to do sth1.+rather than do sth ...喜欢做事 1
胜过喜欢做事 2

主语+prefer doing sth1 to doing sth2...喜欢做事 1 胜过喜欢做事 2

主语+prefer sb to do st.....喜欢某人做某事

I prefer walking along the country road to staying at home watching TV all the time.

我喜欢沿着乡村道路散步，不喜欢呆在家中守着电视看个不停。

She prefers chemistry to maths.他喜欢化学胜过数学。

17. Would you please do...? “请你干某事好吗？”（委婉、客气地表示请求）

如：Would you please read the letter in public? 你当众读这封信，好吗？

Would you please pass me the pictures? 请你递给我那些图片好吗？

18. 主语+谓语+形容词比较级/副词比较级+and+形容词比较级/副词比较级

“.....越来越.....”（这种双重比较的结构，表示持续不断的变化）

如：When spring comes, the day is getting longer and longer.

春天来了，白天变得越来越长。

The kite is flying higher and higher. 风筝飞得越来越高了。

19. Why don' t you do.....? “为什么你不.....?”

Why not do.....? “为什么不.....?” You had better do..... “你最好还是.....”

这三个句型用来向朋友提出忠告或建议。

如：Why don' t you use your knife? 为什么不用你的刀子呢？

Why not just wear a flower? 为什么不只戴一朵花呢？

You' d better stay here for the night. 你最好在这里过

夜。

20. 主语+find+it/it' s+形容词+不定式（短语） “.....发现做某事是.....的”

如：He found it /it' s important to study the situation in Russia.

他发现研究俄国的形势是很重要的。

I find it/it' s very funny to wear such a hat

21. I' d like to do sth. “我很想做某事（用来礼貌地提出请求或表示愿意提供帮助）”

如：Would you like to help me with my English? 你能帮我学英语吗？

22. I' d like to give you a description about the scene. 我想为你们描述一下那场景。

---Would you like to go to the cinema with me?
你想跟我去看电影吗？

---I' d like to . 我愿意。

23. It is hoped that..... “希望.....”

It is said / believed / supposed / reported /that.....据说...人们相信.....”

如: It is believed that at least 20 buildings were damaged or destroyed.

人们相信至少有 20 座楼房遭到破坏或彻底摧毁。

It was reported that more than 100 people had been killed in/by the fire.

据报道, 有 100 多人在那场大火中丧生。

24. That' s why..... “那就是为什么.....”

That' s what/ when/ where..... “那就是.....的事情/的时候/的地方”

如: That' s why she was praised. 那就是她受到表扬的原因。

That' s where we' re asked to go. 这就是要求我们去的地方。

25. It is+形容词+for sb. to do sth. “某人做某事是.....”

如: It is very easy for me to work out the chemistry problem.

解出这道化学题对我来说很容易。

It is important for us to master a foreign language.
我们掌握一门外语是很重要的。

26. It' s kind /silly /good /wrong of sb. to do sth.

“某人做某事是好心的/愚蠢的/好的/错的”

如：It' s wrong of you to look down upon the poor.. 你看不起穷人是错误的。

It' s kind of you to say so.你这么说真是太好了。

How are you getting on (with your work /studies/ business /your classmates / your sister) ?

你的工作/学习/生意怎么样？ 你与..... (某人) 相处得怎么样？

如：How are you getting on with your studies?你的学习情况如何？

How are you getting on with XiaoWang? 你与小王相处得怎么样？

27. 主语+find+名词+形容词+不定式（短语） “ 觉得/发现.....”

如：I find idioms and expressions hard to learn. 我觉得惯用语和成语难学。

He found her hard to deal with. 他觉得她很难对付。

28. so+形容词/副词+that-clause=.....such(a/an) +名词+that-clause) “如此..以致”

如: She is so fast that none of us can match her.

她跑得如此快, 我们当中没有人能和她匹敌。

It was such hot weather that all of us went swimming in the nearby lake.

天气如此炎热, 我们都到附近的湖里去游泳。

29. There used to be..... “过去曾有过.....”

如: There used to be a lot of coal mines in the south, but many of them have been closed ,or are about to be closed.

南部曾经有许多煤矿, 但是不少煤矿现在已经关闭了, 或濒临关闭。

There used to be an old temple on the top of the mountain. 原来这座山顶上曾有一座古庙。

30. Can' t we /you do sth.? “我们(你们)做某事不好吗?”

Won' t you do sth.? / Don' t you do sth.? “你们做某事不好吗?”

上述句型用来表示征求意见或提出邀请, 希望得到肯定的回答。

如: Won' t you come in for a cup of coffee? 你不进来喝杯

咖啡吗?

Can' t we take a boat to visit the temple?我们乘小船去看看那座寺庙不好吗?

31. I feel like doing sth. (=I' d like to do sth.) “我很想干某事 (用来表示意愿或希望) ”

I feel like paying a visit to the Great Wall of China.

我很想去参观中国的万里长城。

I feel like giving a talk on how to learn English well to all of you.

我想给大家作一次关于如何学好英语的报告。

32. not.....but..... “不是.....而是.....

He is not a Japanese, but a Chinese. 他不是日本人,而是中国人。

We don' t need money but good advece. 我们不需要钱,而需要好的建议。

33. Don't take it for granted that... 别认为.....理所当然.

Don't take it for granted that your parents should support

you all your life.

34. For one thing,... For another,... 一方面.....;另一方面.....

For one thing, these shoes don't suit you. For another, they are too expensive.

一方面,这双鞋子并不适合你;另一方面,这太贵了

.

35. Hardly...when... 一.....就..... [倒装句型]

Hardly had she begun speaking when there was a knock on the door.她刚开始说话就听到敲门声.

36. I can't stand it when... 我无法忍受.....

I can't stand it when people talk with their mouth full. 我无法忍受别人说话的时候满嘴食物.

37. I don't think it is necessary to... 我认为没有必要.....

I don't think it is necessary to leave so early.我认为没有必要

这么早走.

38. I doubt that /if /whether... 我怀疑或不相信.....

I doubt if what he said is true. 我不相信他所说的是真的.

39. In general, ... 一般而言,.....

In general, graduates who speak good English will have more chances than those who don't.

一般而言,会讲流利英语的毕业生比英语不好的毕业生机会更多.

40. It depends on whether... 这取决于.....是否.....

It depends on whether you are determined to do it or not.
这取决于你是否决心要做这件事情.

41. It doesn't make sense to.....没有任何意义.

It doesn't make sense to argue with him. 和他争论没有任何意义

42. It occurred to me that... ..浮现于我的脑中.俄想起.....

It suddenly occurred to me that 'I knew how to solve that problem.

我突然想起我知道怎样解决那个问题.

43. It is essential that... 有必要..... [主语从句使用虚拟语气]

It is essential that effective measures be taken to protect our civil rights.

有必要采取有效的措施来保障我们的公民权利.

44. It is good manners to do.....是有礼貌的表现.

It is good manners to bring along a small gift or some flowers when you are invited to dinner by a foreign friend.

如果外国友人邀请你共进晚餐,去的时候带上一份小礼物或者鲜花是有礼貌的表现.

45. It is high time ... 现在是.....的时候了./早就应该.....了. [从句使用虚拟语气]

It is high time we stopped talking about this silly question.

46. It is no use doing sth. 做某事是毫无用处的.

It is no use talking without doing. 光说不做是没有用的.

47. It's my great honor to.....是我莫大的荣幸.

It's my great honor to introduce the governor. 我很荣幸向大家介绍我们的州长.

48. My point of view is that... 我的观点是.....

My point of view is that everybody should have the right to get an education.

我的观点是每个人都应该有权利接受教育.

49. no matter what... ...无论什么.....

No matter what happens, I'll always stand by you. 不论发生什么事,我都永远支持你

.

50. no one can deny that... 没有人能够否认.....

No one can deny that the accident was caused by carelessness.

没有人能够否认这起事故是由粗心造成的。

51. no sooner...than... 一.....就..... [倒装句型]

No sooner had he closed his eyes than he fell asleep. 他一合眼就睡着了。

52. Not until...did... 直到.....才..... [倒装句型]

Not until I began to work did I realize how much time I had wasted.

直到我开始工作,我才意识到我已蹉跎了很多岁月。

53. There's no point in...是无意义的.

There's no point in getting angry when things have happened. 对已发生的事生气是没有意义的。

54. We must take action / measures to... 我们必须采取行动/措施以.....

1) We must take action to keep up with new developments.
我们必须采取行动跟上新的发展形势.

2) We must take measures to better the traffic. 我们必须采取措施改善交通状况.

55. We should make every effort to... 我们应该竭尽全力.....

We should make every effort to protect our valuable drinking water.

我们应该竭尽全力保护我们宝贵的淡水.

56. Sb. can do nothing but do... 除了做.....,某人什么也做不了.

Their neighbors can do nothing but envy their new pool.
他们的邻居只能羡慕他们的新泳池.

57. Sb. have / has / had no choice but to do... 某人除了做.....别无选择.

We had no choice but to take a taxi for we'd missed the last bus.

由于错过了最后一班公共汽车,除了乘坐的士,我们别无选择.

58. It takes / took / will take sb. some time / money to do sth.

某人花/花了/将花多长时间/多少钱做某事.

It took me years of hard work to speak good English.

为了讲一口流利的英语,我花了多年时间刻苦操练.

59. It wasn't until...that... 直到.....才.....

It wasn't until yesterday that I got your letter. 我直到昨天才收到你的来信.

60. It is (not) necessary to.....是(没)有必要的.

1) I think it is necessary to look before you leap. 我觉得三思而后行是有必要的.

2) When invited, it is not necessary for you to bring anything with you. 去做客不一定非要带礼物

.

61. It is no use doing sth. 做某事是毫无用处的.

It is no use talking without doing. 光说不做是没有用的.

62. It makes a / no difference (to sb.) ... (对某人来说).....很重要/无所谓.

It makes no difference to me whether you go or not. 你去不去对我来说都无所谓.

63. It appears that... 看来...,/ 似乎...

It appears that great progress has been made in the IT industry.

看来信息产业取得了巨大的进步.

64. Is there any chance you could possibly... 你有没有可能.....

Is there any chance you could possibly come to China 你有没有可能来中国

65. I'm fed up with... 我厌倦了.....我受够了.....

I'm fed up with all these traffic jams. 我讨厌老是交通堵塞.

66. I'm sick and tired of... 我对.....感到厌烦.

I'm sick and tired of the same old routine every day. 我对每天同样的呆板的日常生活感到厌倦.

67. As is known to us all, ... 众所周知,.....

As is known to us all, Hong Kong is one of the financial centers of Asia.

众所周知,香港是亚洲金融中心之一.

68. As long as...只要....

As long as we work together, we can make the impossible possible.

只要我们一起努力,我们就能把不可能变为可能.

69. As far as I'm concerned/...就我而言,.....

As far as I'm concerned,I think we should pay more attention to the safety of schoolchildren.

就我而言,我认为我们应该更关注在校儿童的安全问题.

70. It is essential that... 有必要..... [主语从句使用虚拟语气]

It is essential that effective measures be taken to protect our civil rights.

有必要采取有效的措施来保障我们的公民权利.

71. To be frank / honest, ...老实说,.....说实话,.....

To be honest, I don't think we have a chance of winning.

说实话,我认为我们没有获胜的可能.

72. As I just mentioned...正如我刚才提到过的,.....

As I just mentioned, nobody should drop out of school unless they believe they face the opportunity of a lifetime.

正如我刚才提到过的,任何人都不应该辍学,除非他们相信他们面临着一生中难得的机会,尽管那样。

73. Can you imagine... 你能想像.....吗

Can you imagine how she lived through all these

difficulties

你能想像她是怎么捱过种种困难的吗

74. ...doesn't make sense. 没有道理/没有意义/不清楚

What you say doesn't make sense. I don't agree with you.
你说的话没有道理.我不同意你的看法.

75. Don't take it for granted that... 别认为.....理所当然.

Don't take it for granted that your parents should support you all your life.
别以为你父母养你一辈子是天经地义的事.

76. Don't waste time doing... 不要浪费时间做.....

Don't waste time learning a lot of useless words in isolation.
The best way of learning English words is to blurt out as many authentic sentences as you can.
不要浪费时间孤立地学习没有用的单词.学习英语单词最好的方法就是脱口而出尽量多的地道句子.

77. For one thing,... For another,... 一方面.....;另一方

面.....

For one thing, these shoes don't suit you. For another, they are too expensive.

一方面,这双鞋子并不适合你;另一方面,这太贵了.

78. From my point of view,... 在我看来,.....

From my point of view, Crazy English is the most effective way to learn English.

在我看来,"疯狂英语"是学习英语最有效的方法.

79. Generally speaking,... 总的来说,.....

Generally speaking, people like to hear compliments from others.

总的来说,人们都喜欢听到别人的称赞.

80. Hardly...when... 一.....就..... [倒装句型]

Hardly had she begun speaking when there was a knock on the door. 她刚开始说话就听到敲门声.

81. no sooner...than... 一.....就..... [倒装句型]

No sooner had he closed his eyes than he fell asleep. 他一合眼就睡着了.

82. I prefer... to.....我喜欢.....甚于.....

I prefer working as a manager in a small company to working as a clerk in a big one.

我喜欢当个小公司的经理甚于在大公司做小职员.

83. I prefer to... rather than...我宁愿.....而不愿....".

I prefer to stay at home rather than go out 我宁愿呆在家里而不愿出去.

84. I would rather...than... 我宁愿.....,而不愿.....

I would rather stay at home than go shopping on such humid day.

在这样潮湿的天气里,我宁愿呆在家里,也不愿去购物.

85. I would appreciate it if... 如果.....,我会非常感激.

I would appreciate it if you call me back this evening. 如果你晚上给我回电话,我会非常感激.

86. It's delightful to.....令人很高兴.

It's delightful to play by the seashore. 在海滨玩令人很高兴.

87. It's my great honor to.....是我莫大的荣幸.

It's my great honor to introduce the governor. 我很荣幸向大家介绍我们的州长.

88. It's (not) good to.....(不)好.

It's not good to get into the habit of telling lies. 养成说谎的习惯不好.

89. It's our duty to...是我们的责任.

It's our duty to protect the forests from destruction. 保护森林免遭破坏是我们的责任.

90. It's wrong to.....是不对的.

It's wrong to read people's private letters without permission.未经允许看别人的私人信件是不对的.

91. It's a shame / pity that... 可惜/遗憾.....

It's a shame that you cannot make it to the party tonight.
今晚你不能来参加聚会,真可惜.

92. It is (really) unbelievable that.....(真)让人难以置信.

It's really unbelievable that such an honest fellow should have betrayed his friends!
这样一个老实人竟会出卖朋友,真让人难以置信.

93. Last but not least,最后但同样重要的是.....

Last but not least, I'd love to thank all my teachers and friends.

最后但同样重要的是,我要感谢我所有的老师和朋友. [经典演讲句型]

94. I feel very honored to... 我觉得很荣幸.....

I feel very honored to be a member of this team. 能成为这个队的一员我深感荣幸。

95. Not until...did... 直到.....才..... [倒装句型]

Not until I began to work did I realize how much time I had wasted.

直到我开始工作,我才意识到我已蹉跎了很多岁月.

96. It wasn't until...that... 直到.....才.....

It wasn't until yesterday that I got your letter. 我直到昨天才收到你的来信..

97. On the condition that... ...条件是.....

You can leave school early, on the condition that you finish your assignment first.

你可以早点离校,条件是你得先做完作业.

98. On the contrary, ... 正好相反,.....

Their criticism did not discourage me. On the contrary, I worked even harder.

他们的批评并没有使我感到气馁,相反,我比以前更加努力了.

99. On (the) one hand..., on the other (hand), ... 一方面.....,另一方面.....

On (the) one hand I admire your ability, but on the other (hand) I distrust your judgment.

一方面我钦佩你的才能,但另一方面我不相信你的判断力.

100. One of the +形容词最高级+名词+is... 最.....之一的就是.....

One of the most impressive pieces of writing is Hamlet.

给人印象最深的著作之一就是《哈姆雷特》.

101. Personally, I think / believe / feel... 我个人认为/相信/感觉.....

Personally, I think that women play an increasingly important role in society now.

我个人认为女性在社会中发挥着越来越重要的作用.;

102. Please don't hesitate to... 请随时.....

Please don't hesitate to contact us if you are in need of assistance. 如果你需要协助,请随时联系我们.

103. Please feel free to... ..请随时.....

Please feel free to visit me when you are in Guangzhou. 在广州的时候,请随时来找我.

104. Please forgive me for... ..请原谅我.....

Please forgive me for being late. 请原谅我来晚了.

105. Please give my best wishes to.....请代我问候.....

Please give my best wishes to your parents. 请代我问候你的父母.

106. Recent studies show that... 最近研究表明.....

Recent studies show that an increasing number of students go abroad at an early age.

最近调查表明,越来越多的学生在年纪尚小的时候就出国留学了.

107. Sb. can do nothing but do... 除了做.....,某人什么也做不了.

Their neighbors can do nothing but envy their new pool.
他们的邻居只能羡慕他们的新泳池.

108. Sb. have / has / had no choice but to do... 某人除了做.....别无选择.

We had no choice but to take a taxi for we'd missed the last bus.

由于错过了最后一班公共汽车,除了乘坐的士,我们别无选择.

109. Sb. look(s) as if... 某人看上去好像.....

She looks as if she is unfriendly at first. 她起初看上去好像

一点都不友好.

110. Something must be done to.....必须采取措施.....

Something must be done to change our current examination system.

必须采取措施来改革我们现行的考试制度.

111. Sorry to bother you, but... ...很抱歉打扰你,可是.....

Sorry to bother you, but I have a question to ask you.

很抱歉打扰你,可是我有个问题要问你.

112. Thanks to... 由于.../多亏....

Thanks to his parents' encouragement and support, he finally realized his dream.

多亏了他父母的鼓励与支持,他终于实现了他的梦想.

113. The point is... 重点/关键是.....

The point is that you have to keep your promise to help

her with her English.

关键是你得遵守诺言,帮她学习英语.

114. The problem / question is that / whether... 问题是.....

1) The problem now is that we're locked out of the house.
现在的问题是我们被锁在门外了.

2) The question is whether they will be able to help us. 问题是他们能否帮助我们.

115. The reason why... is.....的原因就是.....

The reason why he made such a great achievement is his perseverance.

他之所以取得如此伟大的成就,原因是他坚持不懈.[perseverance n.坚持;坚定不移] [坚持创造辉煌!]

116. There are signs that... 有.....的迹象/征兆.有迹象表明/显示.....

There are signs that you have made a significant improvement.

有迹象表明你有了显著的进步.

117. There is no doubt that... 毫无疑问,.....

There is no doubt that health is better than wealth. 毫无疑问,健康胜于财富.

118. There seems to be... ...看起来好像.....

There seems to be a little misunderstanding between them. 看起来他们之间好像有点小误会.

119. There used to be... ...过去曾有...../曾经有过.....

There used to be many forests in our country. 以前我们国家有很多森林.

120. There's no point in...是无意义的.

There's no point in getting angry when things have happened. 对已发生的事生气是没有意义的.

121. To a great/some extent, ... 在很大/某种程度

上,.....

1) To a great extent, you will be on your own. 在很大程度上,你要靠自己.

2) To some extent, from self-confidence comes success and from success comes more self-confidence.

在某种程度上,成功源于自信,而成功又能带来更多的自信.

122. To be frank / honest, ...老实说,.....说实话,.....

To be honest, I don't think we have a chance of winning.
说实话,我认为我们没有获胜的可能.

123. To one's delight / joy / surprise,... 让某人高兴/惊奇的是,.....

1) To my delight, there's a sale on clothes on Beijing Road, 让我高兴的是,北京路的衣服正在大减价.

2) To my surprise, I got a new computer for my birthday.
令我惊奇的是,我得到一台电脑作为生日礼物.

124. To start with,首先,.....

To start with, let's talk about how much money we need.首

先,让我们讨论一下我们需要多少资金.

125. To sum up... 总之,.....总而言之,.....

To sum up, life in the future will certainly be very different from that of today.

总之,未来的生活肯定会和当前的很不一样.

126. To tell (you) the truth,... ...说实话,.....

To tell you the truth, I used to make a lot of trouble when I was young.不瞒你说,我小时候老是闯祸.

127. We hold the opinion that... 我们认为.....

We hold the opinion that miracles sometimes occur, but one has to work terribly hard for them.

我们认为奇迹有时候是会发生的,但是你得为之拼搏.

128. It is/ was obvious/clear that... 很明显.....

It is obvious / clear that she is terribly nervous on stage.

很明显她在台上非常紧张.

129. It seems / seemed that... 好像.....似乎.....

It seemed that no one knew what had happened. 似乎无人知道发生了什么事.

130. It's really a challenge for me to.....对我来说确实是一个挑战.

It's really a challenge for me to take this job, and I think I will appreciate working with you.

做这份工作对我来说确实是一个挑战,我想我会很高兴和你们一起工作的.

131. What do you mean by... 你.....是什么意思

What do you mean by telling me a lie 你跟我撒谎是什么意思

132. We must take action / measures to... 我们必须采取行动/措施以.....

1) We must take action to keep up with new developments.

我们必须采取行动跟上新的发展形势.

2) We must take measures to better the traffic. 我们必须采取措施改善交通状况.

We should make every effort to protect our valuable drinking water.

我们应该竭尽全力保护我们宝贵的淡水.

133. You should make good use of... 你应该充分利用.....

You should make good use of your spare time to practice English.

你应该充分利用空余时间操练英语.

134. What do you think of... 你认为.....怎么样=How do you like?

What do you think of the relationship between China and America 你认为中美关系如何

135. What is more serious is that... 更严重的是.....

What is more serious is that you didn't realize your mistake.
更严重的是你没有意识到自己的错误.

136. What surprised me is that...令我吃惊的是.....

What surprised me is that everybody seemed to be very indifferent to her.

让我吃惊的是每个人似乎对她都很冷淡. [indifferent adj.不关心的;冷漠的]

137. When it comes to... 谈到.....,/涉及到.....

When it comes to English, he's an expert. 在英语方面,他是个专家.

138. Would you be so kind as to... 能否请你.....

Would you be so kind as to get our board and lodging ready

能否请你帮我们安排好食宿 [board and lodging:食宿]

139. Would you like to... 你想.....吗

Would you like to join us We're sure you'll have a good time.

你想加入我们吗 我们相信你会玩得很开心的.

140. You are expected to... 你要//应该.....

You are expected to work late tonight. 你今晚要加班.

141. You are (not) allowed to... (不)允许你.....

You are not allowed to use my computer when I'm away.
我不在的时候不许用我的电脑.

142. You are (not) permitted to... (不)允许你.....

You are not permitted to park your car here. 你不能把车停在这.

143. You are required to.....要求你.....

You are required to show the ticket. 你必须出示门票.

144. You are supposed to... 你应该.....

You are supposed to have finished reading this novel by now. 到现在你应该看完这本小说了.

145. You don't need to... ...你没必要.....

You don't need to do all that was required of us. 你没必要做要求我们做的一切.